

2001 Polk County Youth Risk Behavior Survey



Coordinated by:
Polk County VISION 2010
and the Arkansas
Department of Health
Center for Health Statistics

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August, 2001

2001-2002 Polk County Youth Risk Behavior Survey

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What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During March, 2001, 745 ninth through twelfth grade students throughout Polk County public schools completed usable YRBS questionnaires. The information provided by those students is presented in this report.

Why did Polk County conduct the YRBS?

Polk County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Polk County HHI is working to assess the specific health needs of Polk County residents. In order to collect information on the health behaviors of the community's youth, the Polk County VISION 2010 Quality of Life Steering Committee requested that the Youth Risk Behavior Survey be administered to the students in the ninth through twelfth grades at Polk County schools.

The YRBS will help Polk County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Polk County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2001-2002 YRBS also provides Polk County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Polk County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

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- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During March, 2001, ninth through twelfth grade students enrolled in Polk County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Polk County schools' students participated in the survey:

- Mena High School
- Acorn High School
- Hatfield High School
- Cove High School
- Wickes High School

About This Report

This report entitled "2001-2002 Polk County Youth Risk Behavior Survey" summarizes the overall answers Polk County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Polk County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Polk County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

How Results Can Be Interpreted

Polk County's 2001-2002 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Polk County students in March, 2001. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response. Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

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Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Polk County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Polk County students who completed the YRBS questionnaires;
- The Polk County VISION 2010 Quality of Life Steering Committee and YRBS work group;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Polk County's 2001-2002 YRBS data may request additional data from:

Polk County Hometown Health Improvement
Mary Cannell
702 Hornbeck
Mena, AR 71953

501-394-2707
mcannell@HealthyArkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

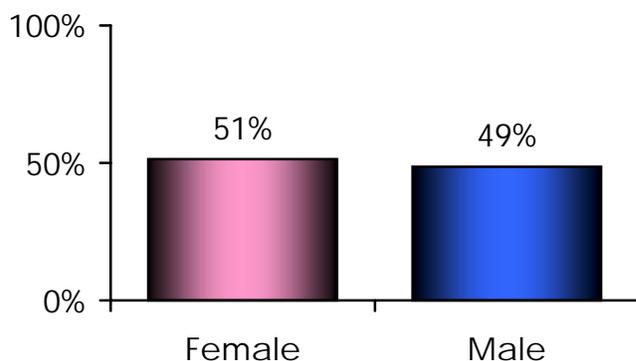
Arkansas Center for Health Statistics
Tara Clark-Hendrix, Lead Programmer Analyst
Ph. (501) 661-2194
tlclark@HealthyArkansas.com

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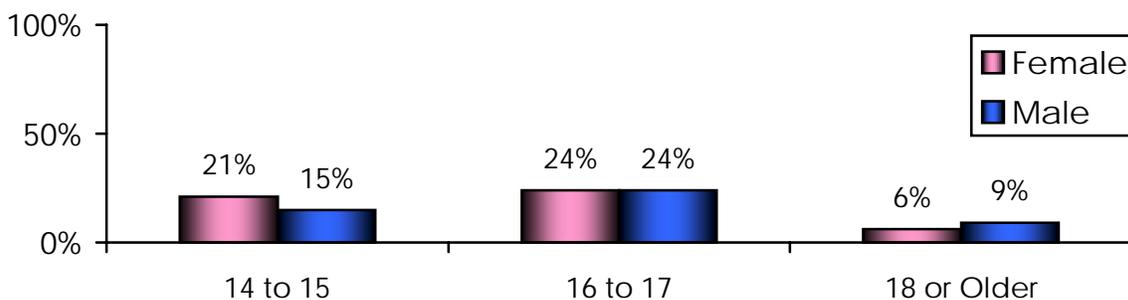
Demographics of survey participants:

Total number of survey participants = 745

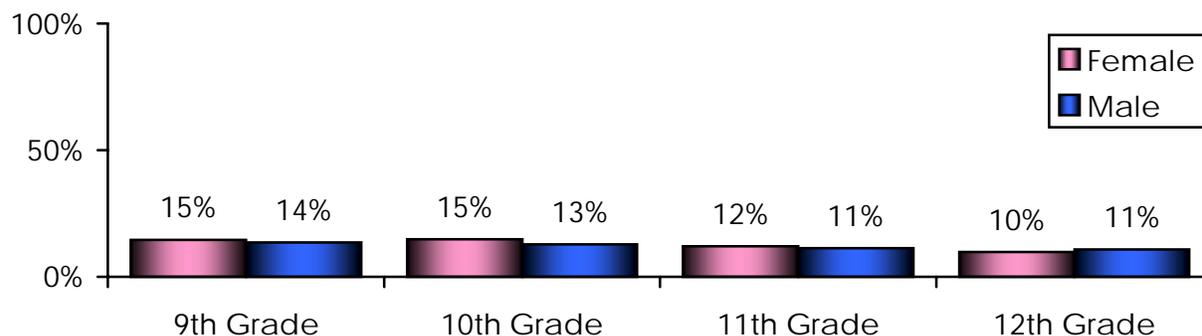
Gender



Age



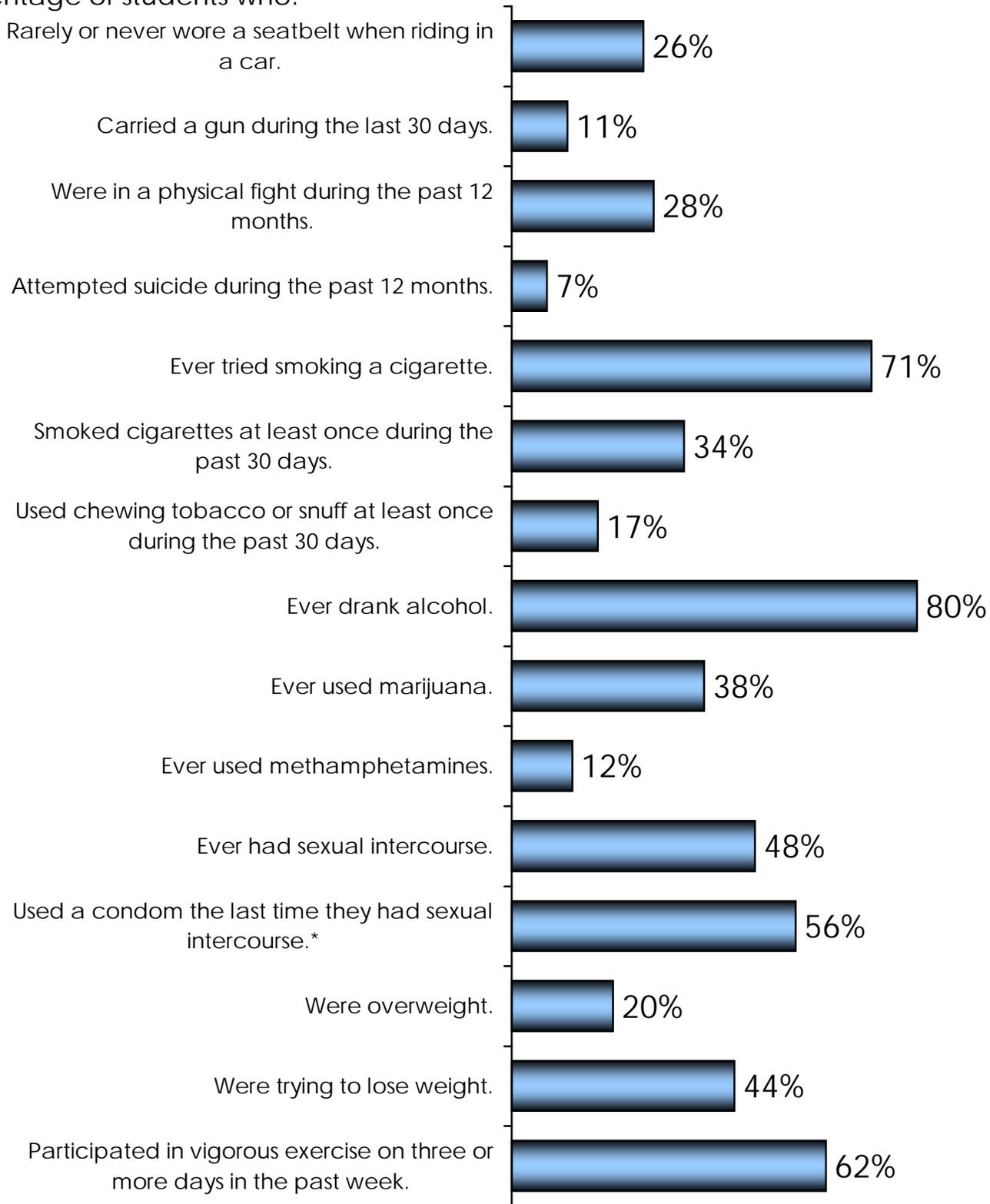
Grade



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Summary of Polk County YRBS Findings

Percentage of students who:

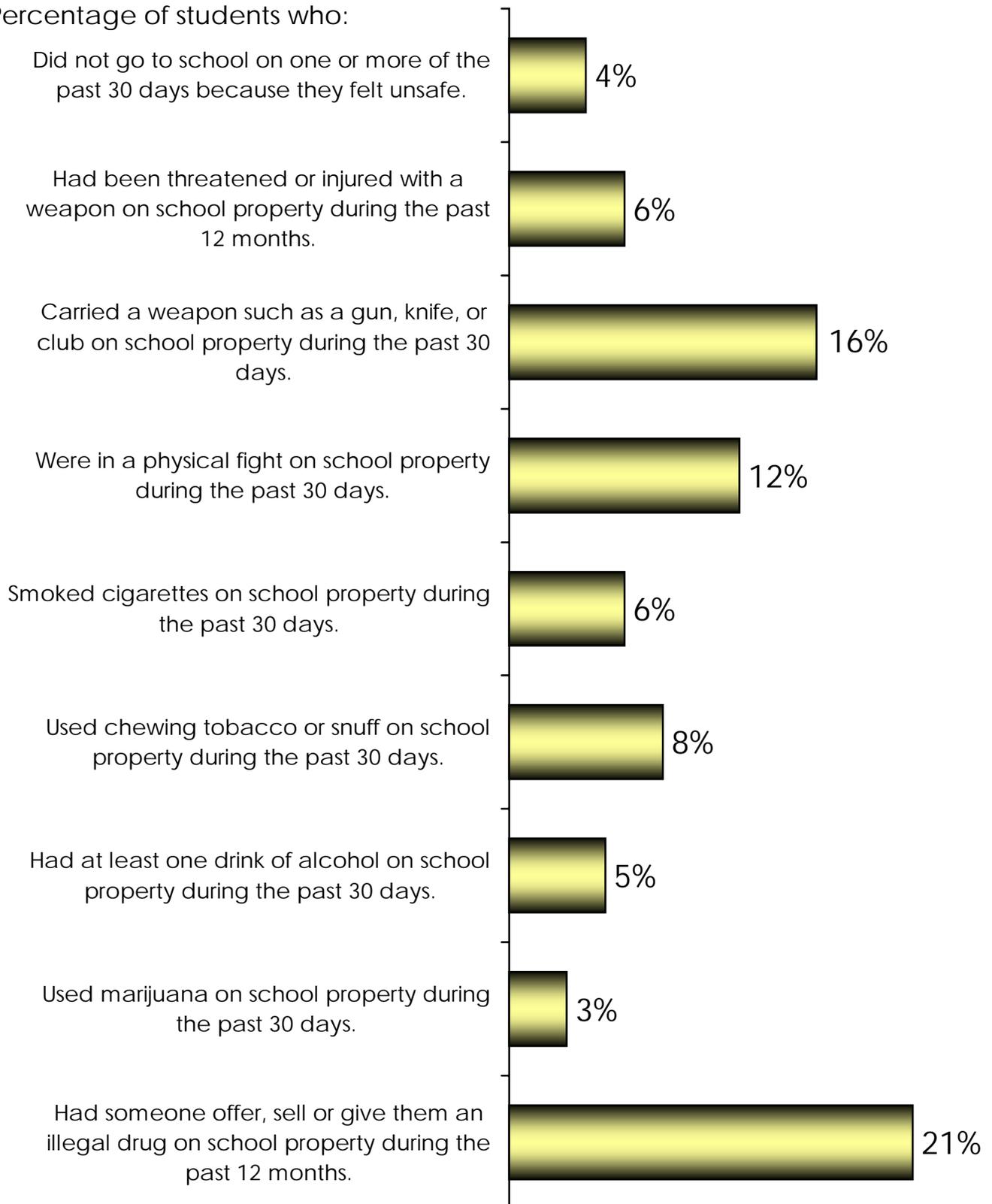


* of those who had ever had sexual intercourse.

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Summary of Behaviors Relating to School Property

Percentage of students who:



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Key Findings

The following summaries highlight Polk County students' responses on the Youth Risk Behavior Survey in key areas and provide an overview of Polk County students' current activities which impact their health.

Behaviors that Result in Injuries

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 49% said they rarely or never wore a helmet. Ninety-five percent(95%) of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-one percent(31%) of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Fifteen percent(15%) indicated that during the past 30 days they had driven a vehicle after drinking.
- Twenty-nine percent(29%) of students carried a weapon such as a gun, knife, or club in the past 30 days, and 16% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 28% of the students had been in a physical fight at least once. Of those students who had been in a physical fight, 8% had to be treated for injuries sustained while fighting.
- Eleven percent(11%) of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent(10%) of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

Depression and Suicide

- Twenty-eight percent(28%) of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 19% of students had seriously considered attempting suicide, 16% had made a plan about how they would attempt suicide, and 7% actually attempted suicide. Two percent(2%) reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

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Tobacco Use

- Seventy-one percent(71%) of the students surveyed said they had tried smoking a cigarette. Thirty-four percent(34%) reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 73% said they usually smoked two or more cigarettes on the days they smoked, and 32% said they usually bought their cigarettes at a store. Fifty percent(50%) of those who purchased cigarettes in a store in the month before the survey were not asked to show proof of age.
- Seventeen percent(17%) of the students had used chewing tobacco or snuff at least once in the past 30 days, and 8% had used it on school property.
- Sixteen percent(16%) of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

Alcohol and Other Drug Use

- Eighty percent(80%) of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 36% had taken their first drink by the age of 13.
- Forty-four percent(44%) had taken at least one drink of alcohol in the month before the survey, and 33% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-eight percent(38%) said they had used marijuana at least once during their lives. Eighteen percent(18%) said they had smoked marijuana at least once during the last month.
- Seventeen percent(17%) said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Five percent(5%) had done so during the past month.
- Twelve percent(12%) of the students surveyed had tried methamphetamines, 2% tried heroin, and 7% had tried cocaine at least once during their lives. Two percent(2%) had used a needle to inject an illegal drug at least once.
- Four percent(4%) had taken steroid pills or shots without a doctor's prescription.

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Sexual Activity

- Forty-eight percent(48%) of the students who completed the survey said they had sexual intercourse. Sixteen percent(16%) reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 26% had used drugs or alcohol before their most recent sexual encounter, and 56% used a condom the last time they had sex.
- Six percent(6%) of the students surveyed reported that they had been or had gotten someone pregnant.

Dietary Behaviors

- Twenty percent(20%) of the students surveyed were overweight, as measured by Body Mass Index. The Body Mass Index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 20% of the students are considered overweight as measured by BMI, 32% of the students perceived themselves as slightly to very overweight, and 44% reported that they were trying to lose weight.
- Forty-two percent(42%) of the students ate less during the past 30 days to lose or keep from gaining weight, and 59% exercised, 5% vomited or took laxatives, 11% took diet pill, and 16% went without eating for at least 24 hours.

Physical Activity

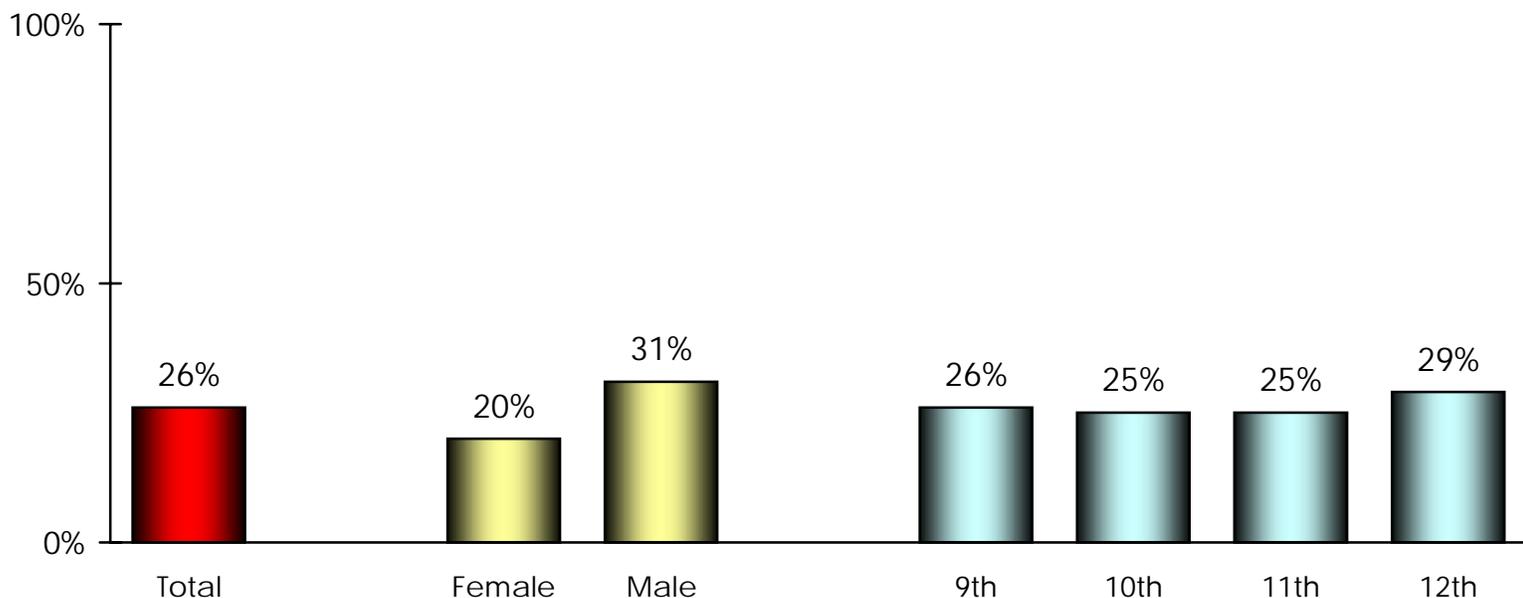
- Sixty-two percent(62%) of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Forty-five percent(45%) said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Thirty-six percent(36%) of the students attended a physical education class at least once during an average school week, and 55% said they had played on one or more sports teams during the past year.
- Fifty-nine percent(59%) of the students indicated they had sustained an injury while exercising or being physically active that had to be treated by a doctor or nurse during the past year.

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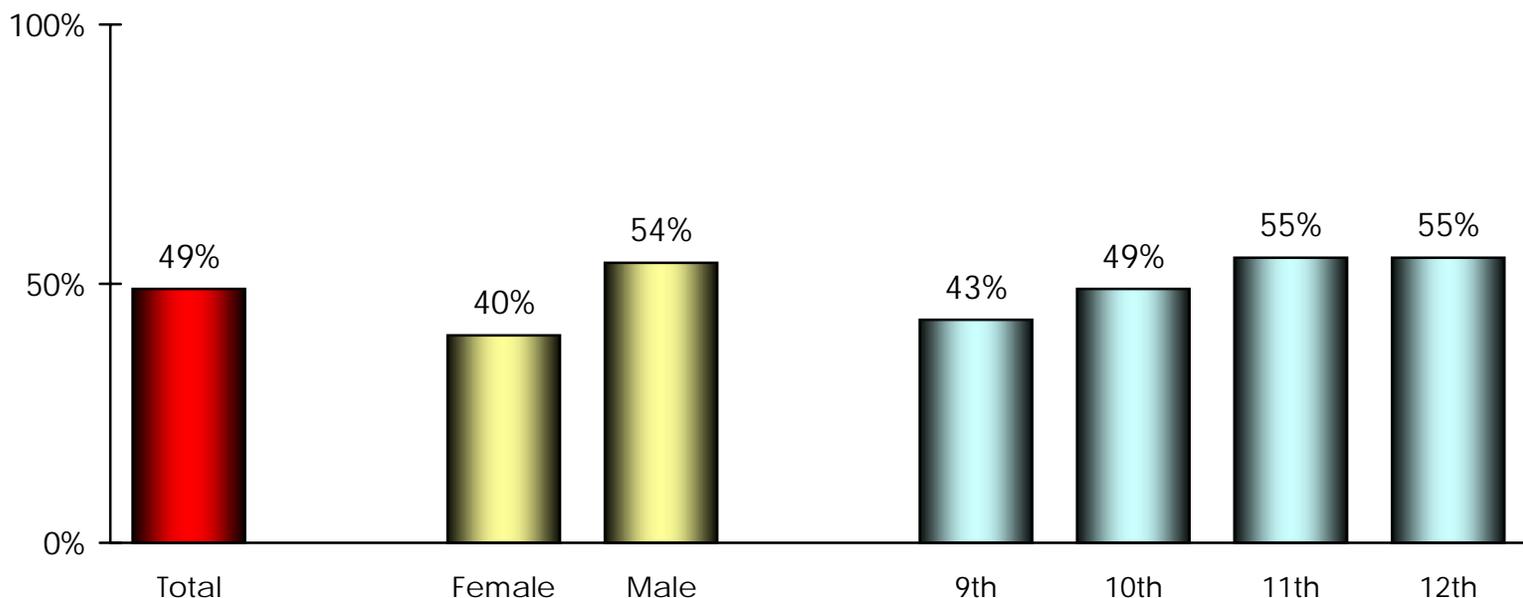
■ Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

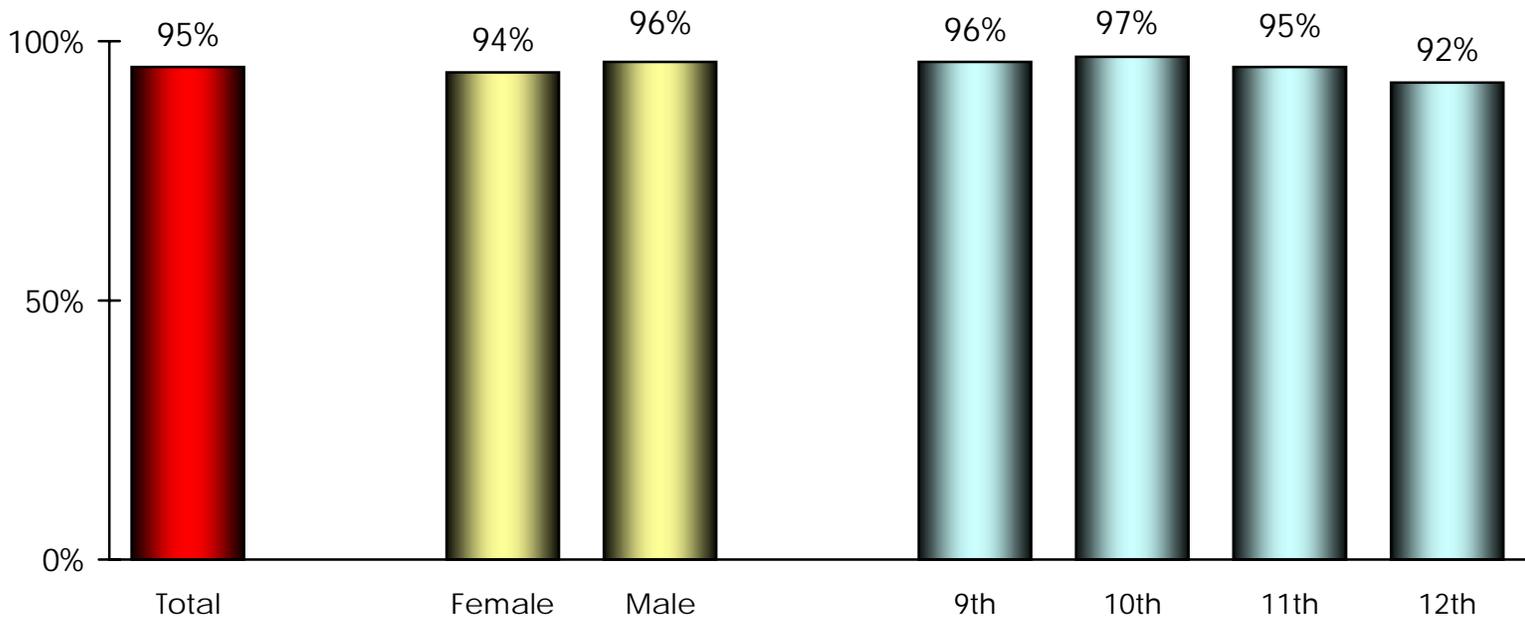


Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



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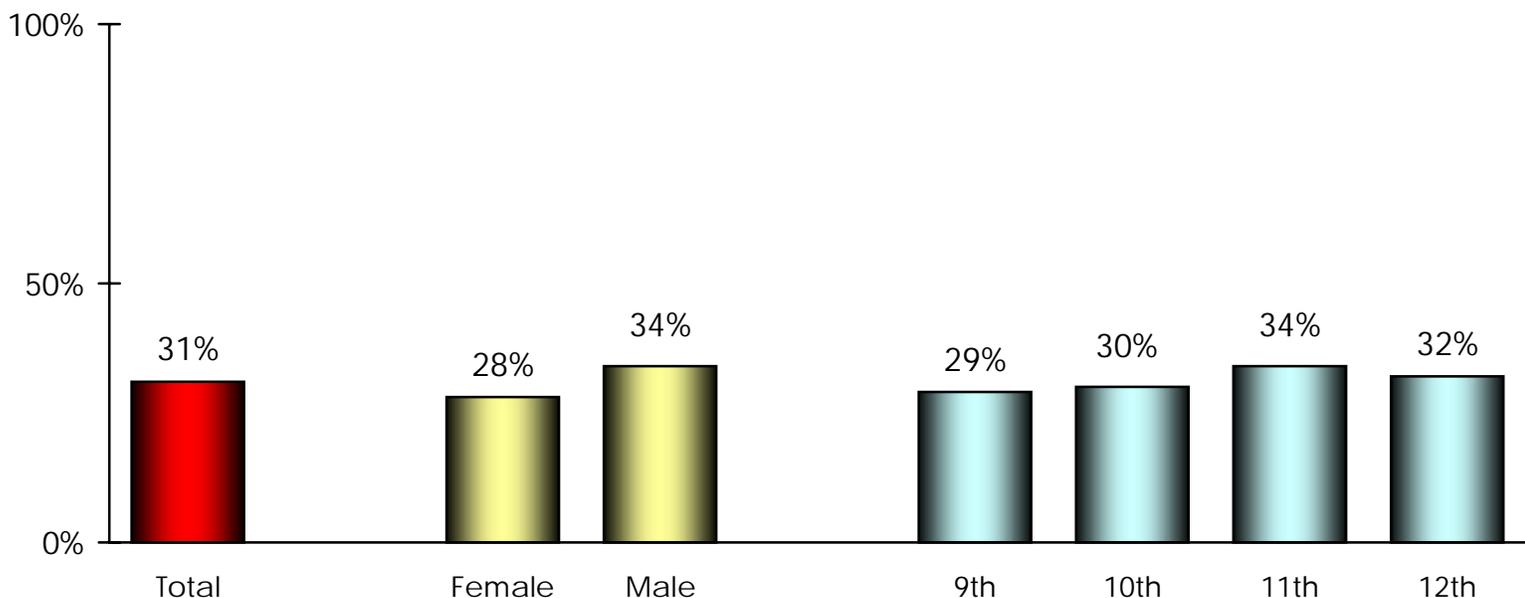
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



■ Vehicle Safety – Drinking and Driving

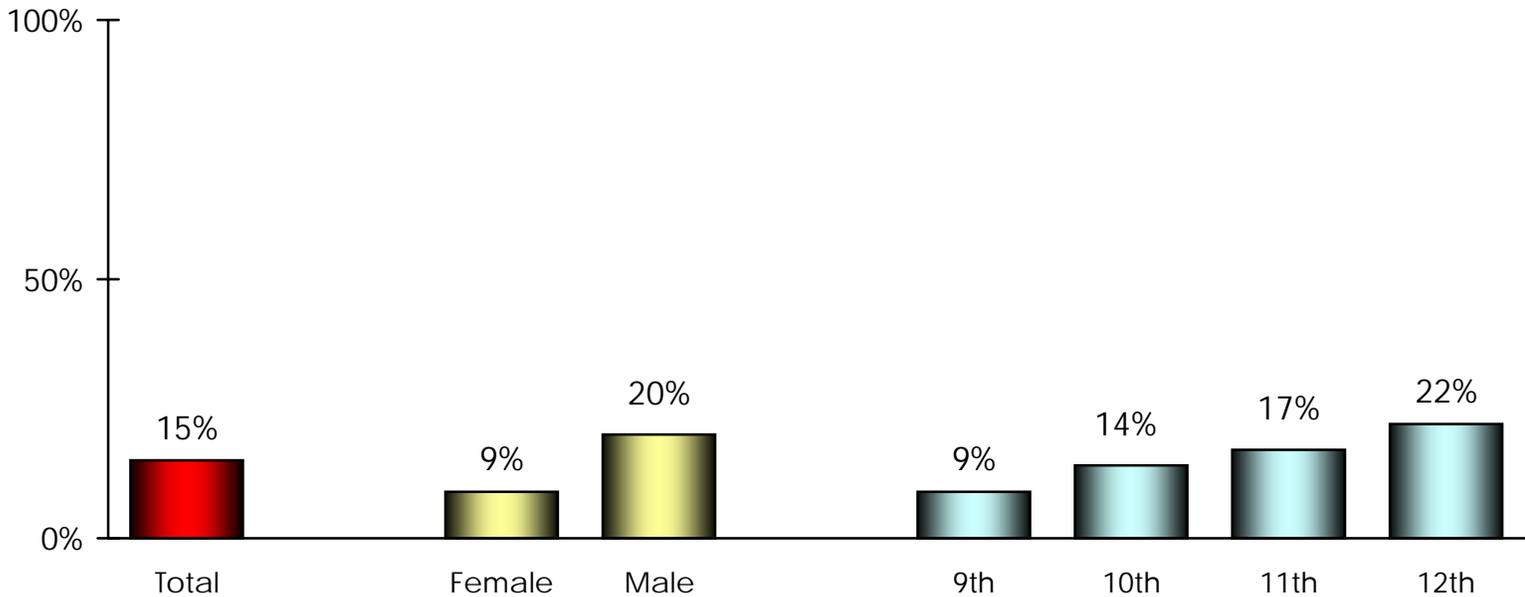
These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



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Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

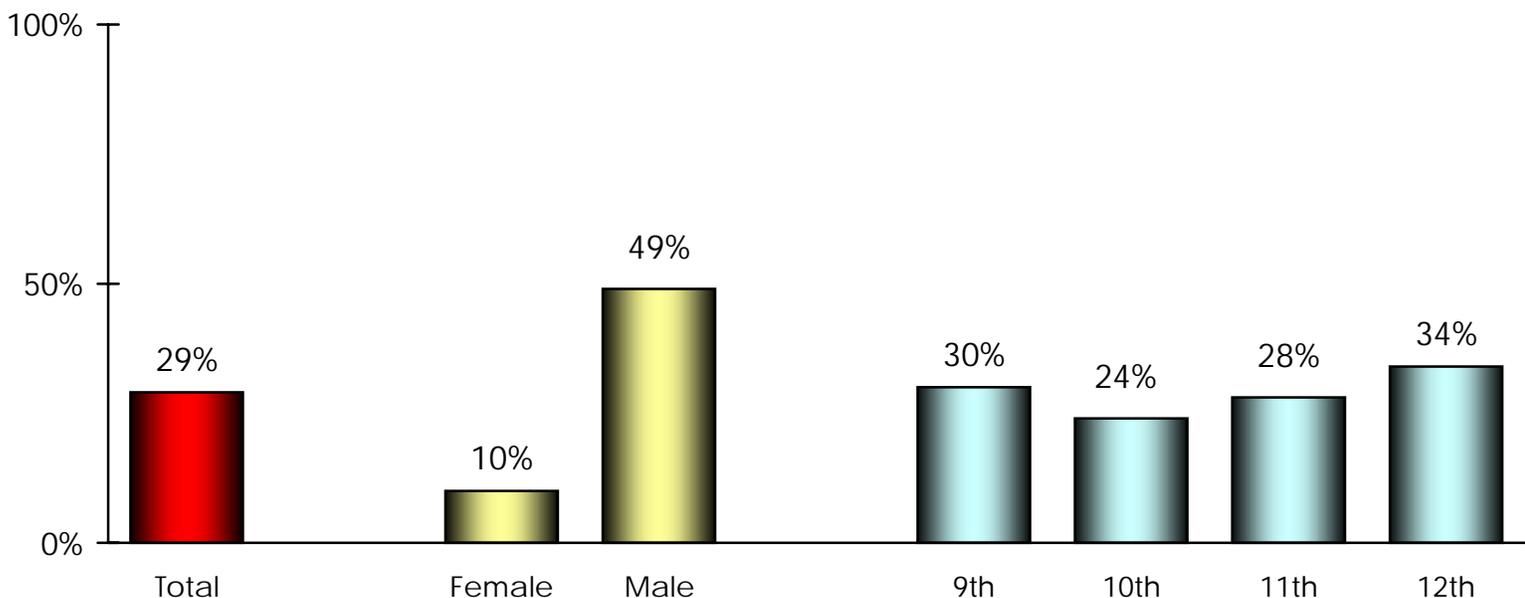


■ Violence-Related Behaviors

These questions measure violence-related behaviors.

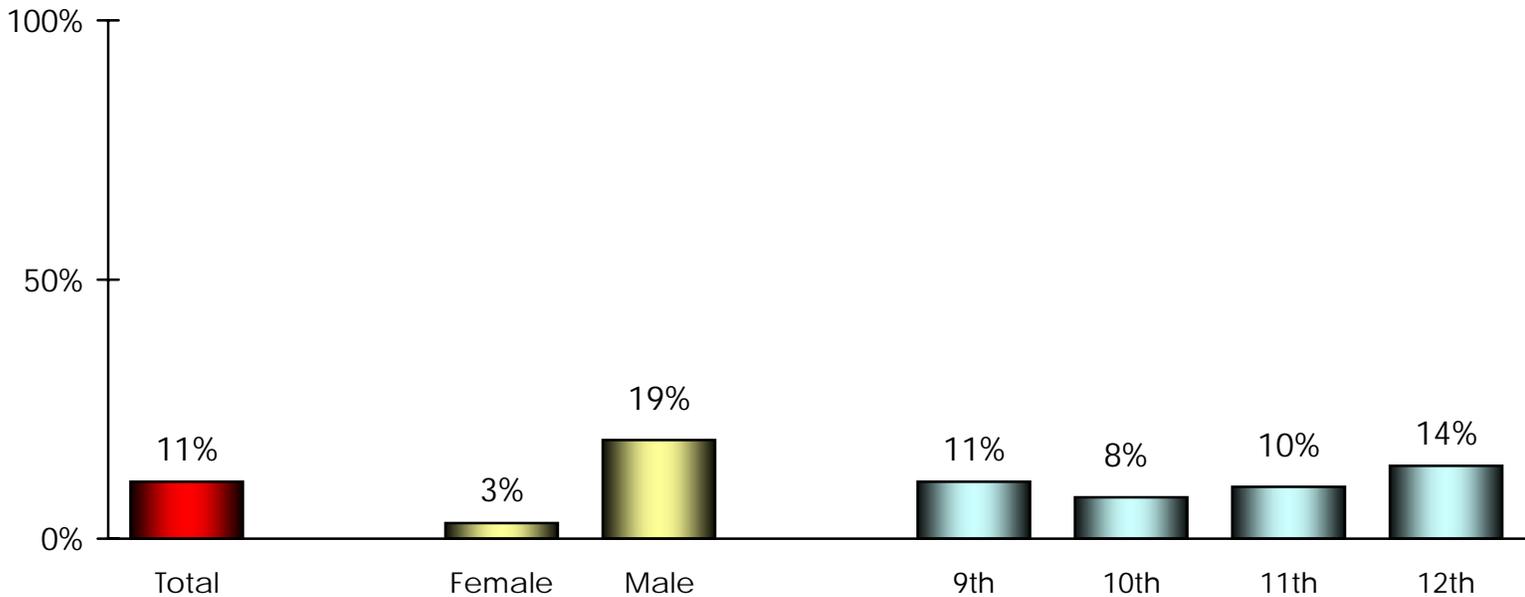
Percentage of students who carried a weapon* on one or more of the past 30 days.

* such as a gun, knife, or club

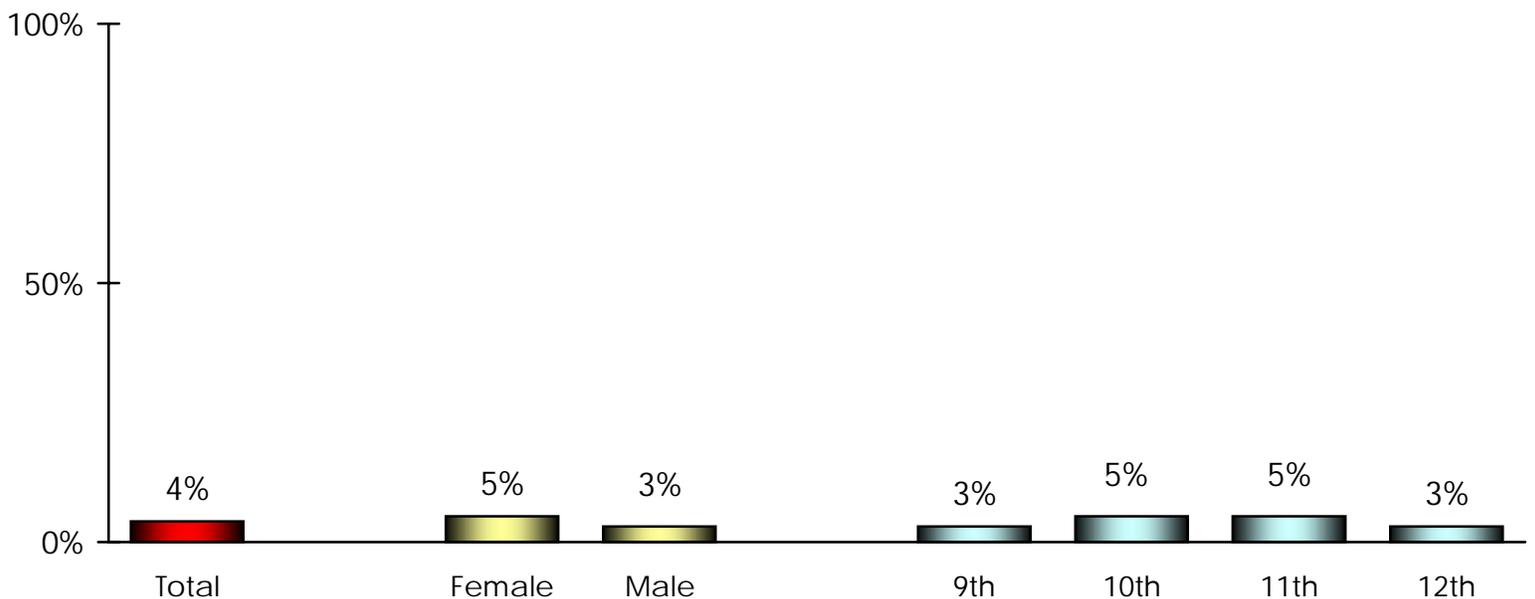


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Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

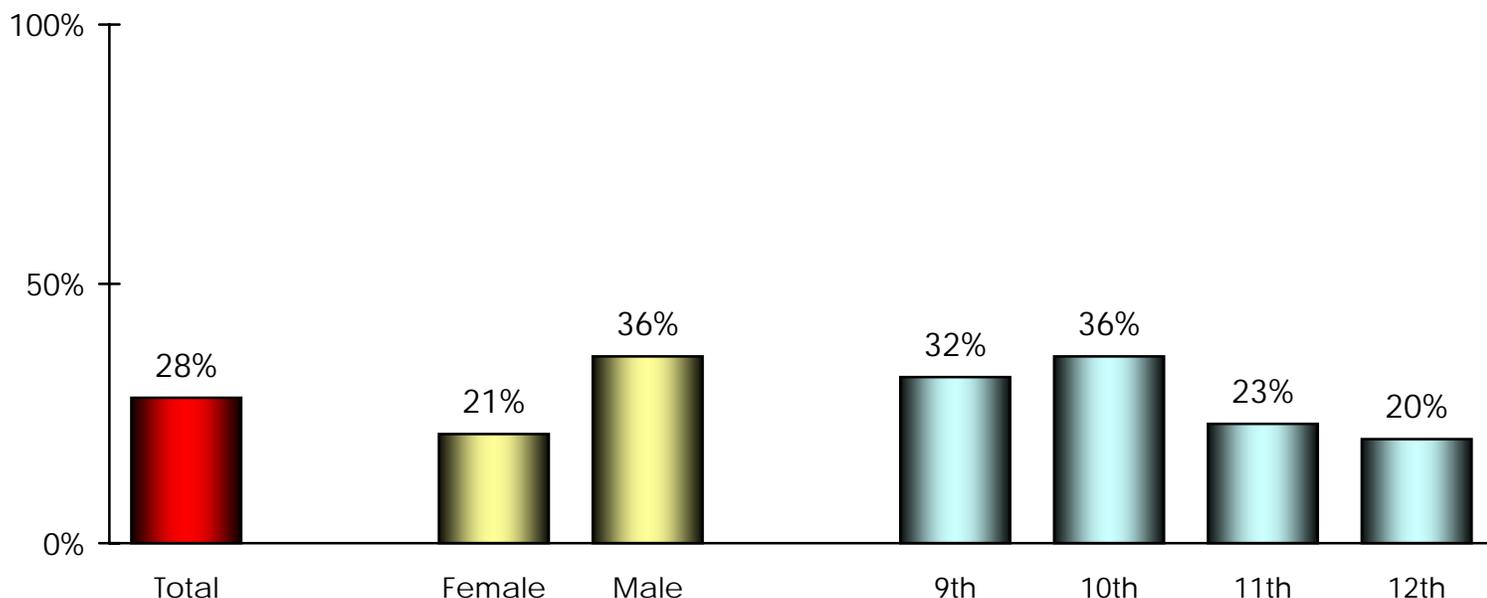


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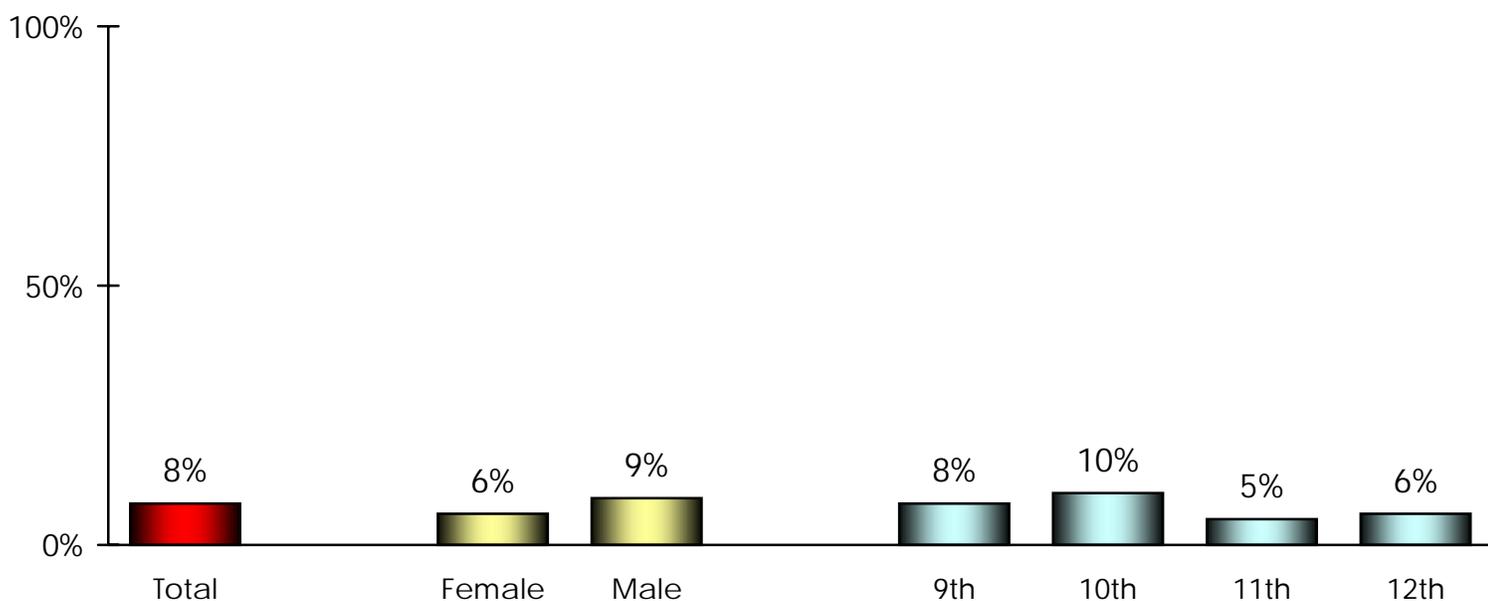
■ Violence – Physical Fighting

These questions measure the frequency and severity of physical fights.

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

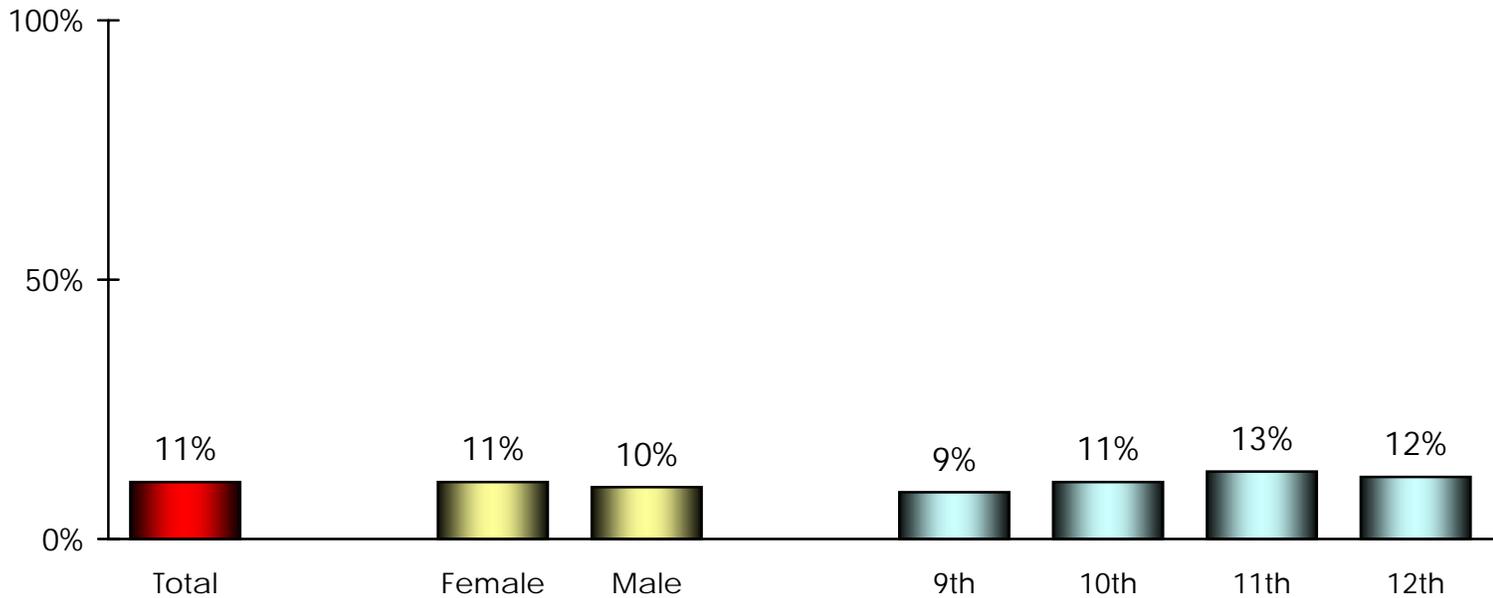


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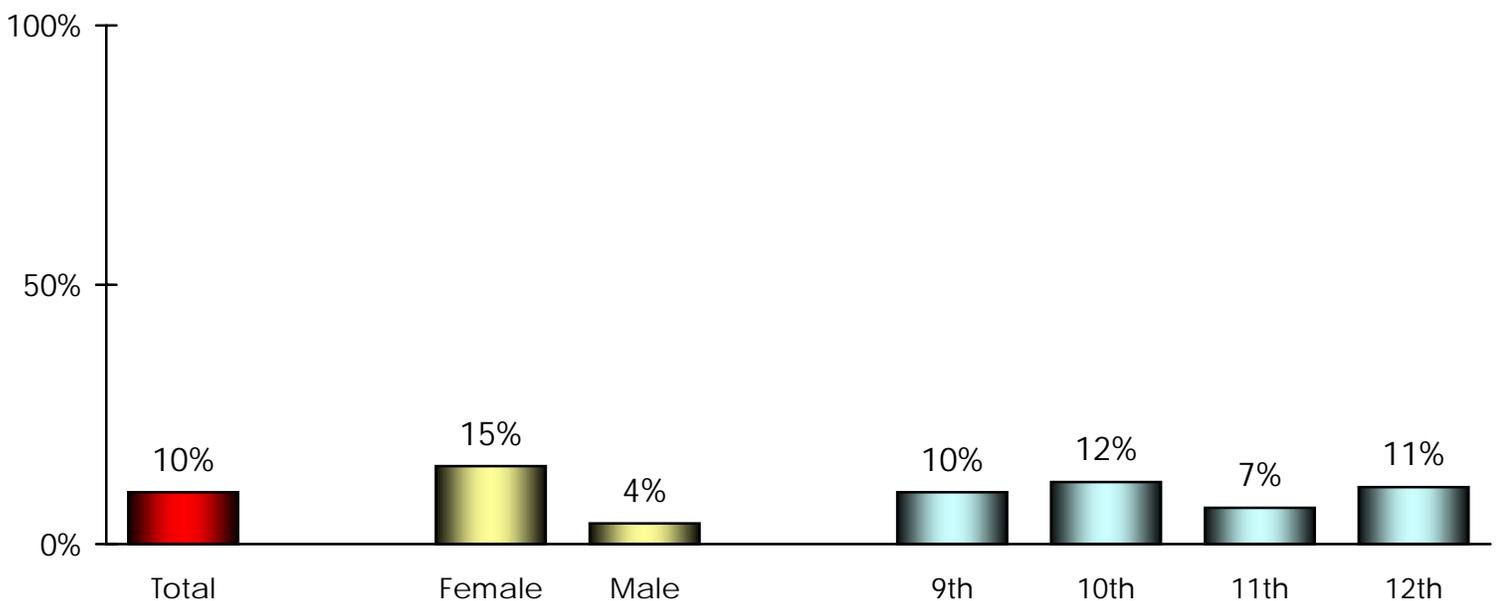
■ Violence – Sexual Violence

These questions measure rape and domestic violence.

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

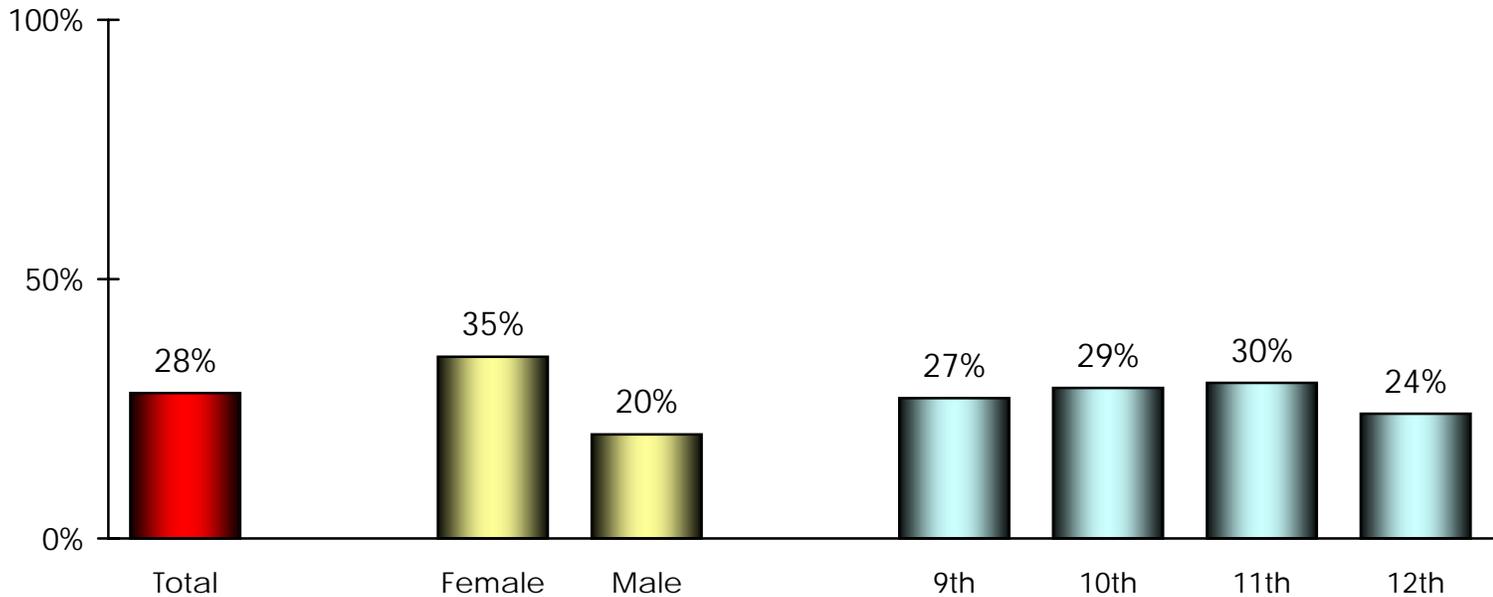


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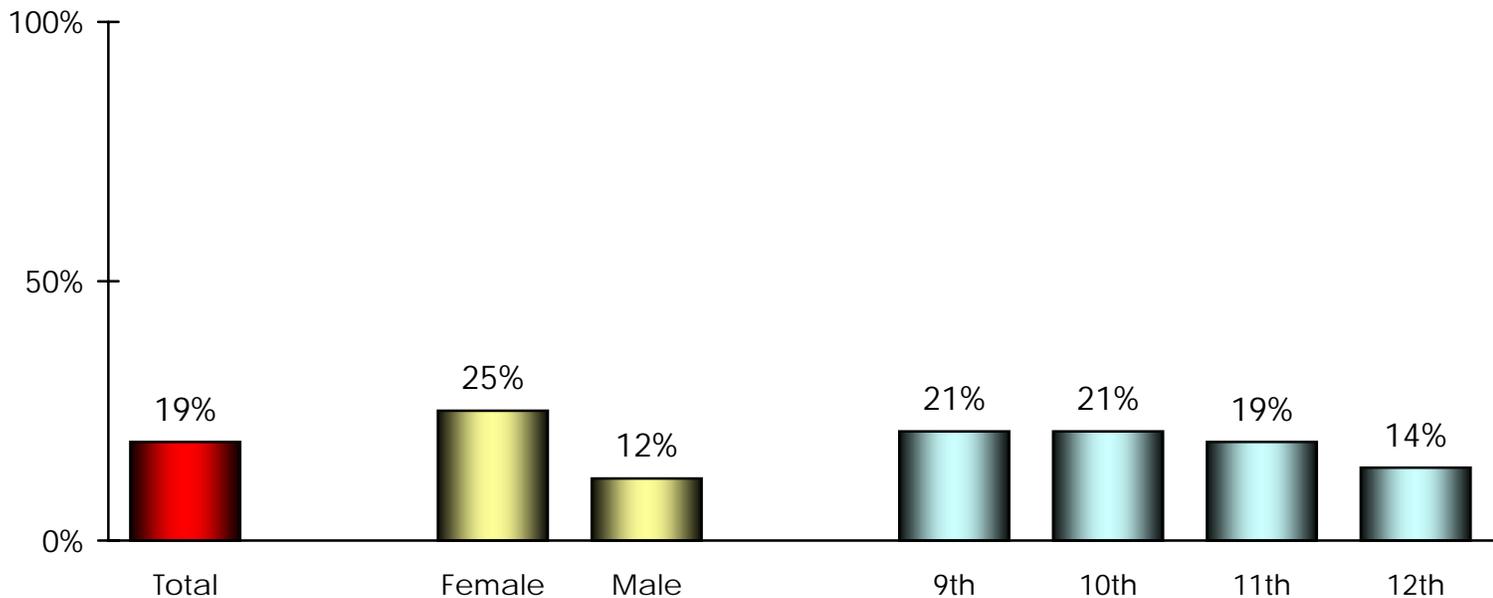
■ Depression and Suicide

These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

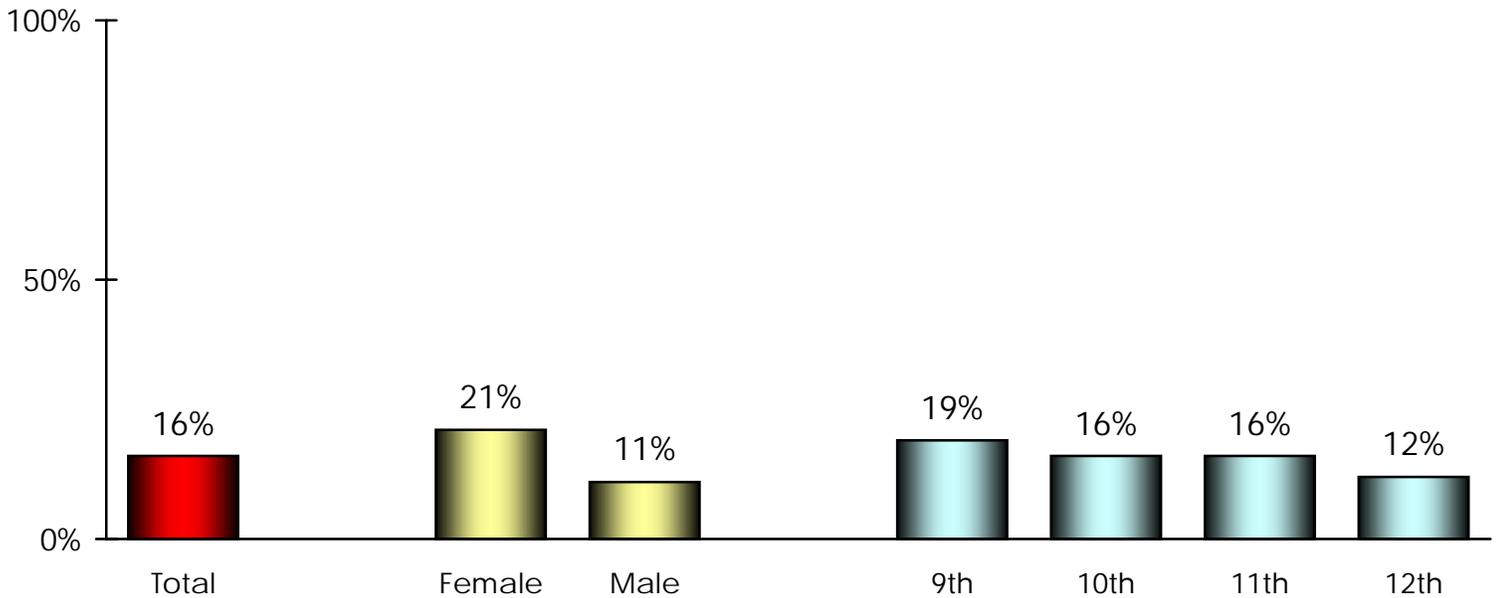


Percentage of students who seriously considered attempting suicide during the past 12 months.

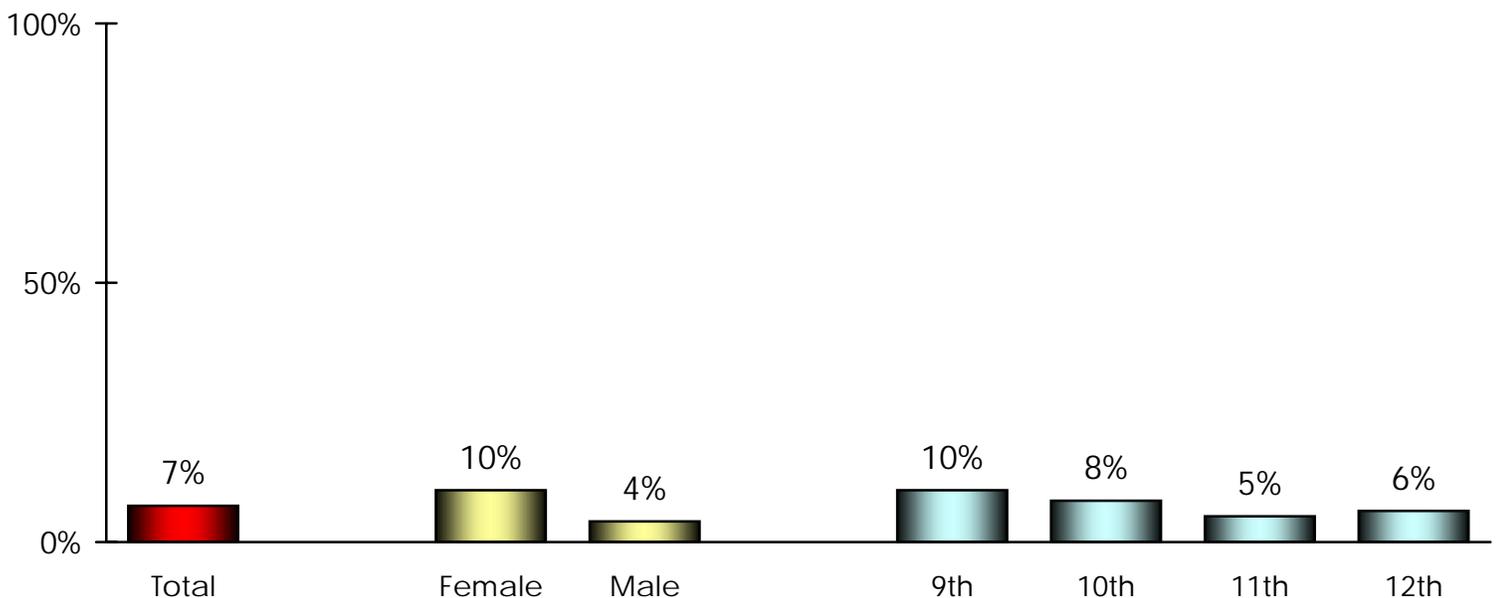


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

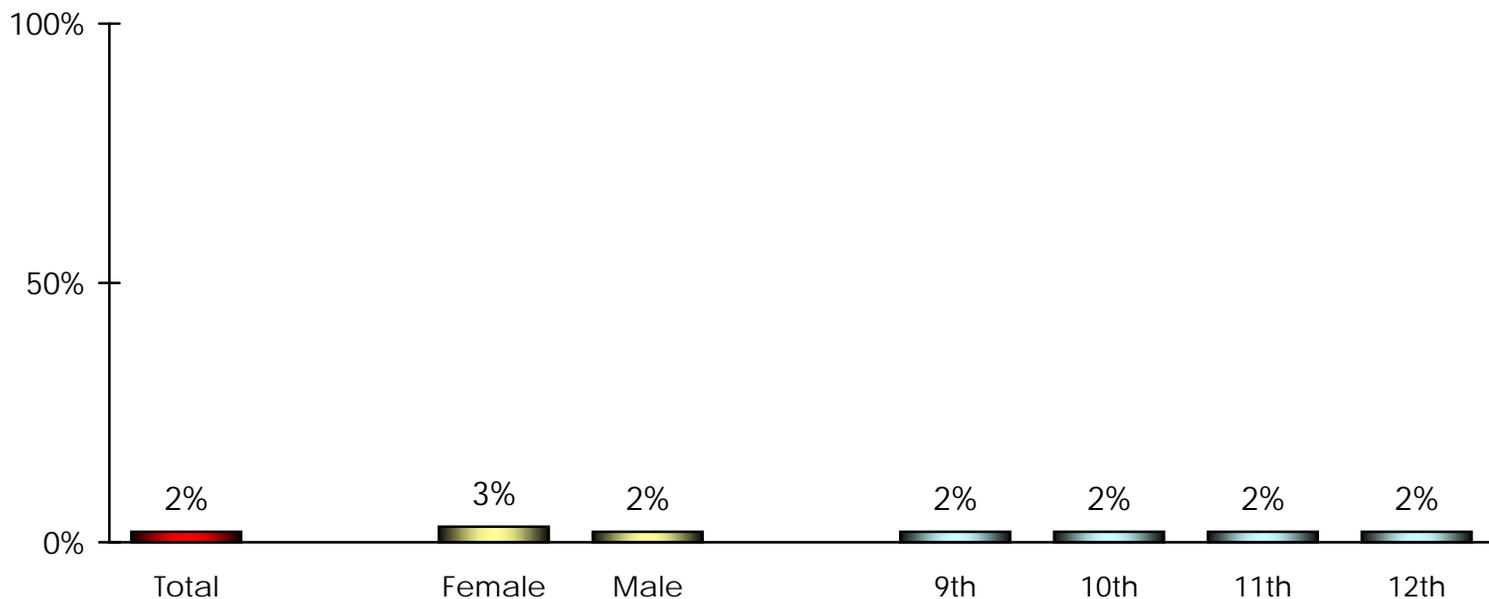


Percentage of students who actually attempted suicide one or more times during the past 12 months.



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Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

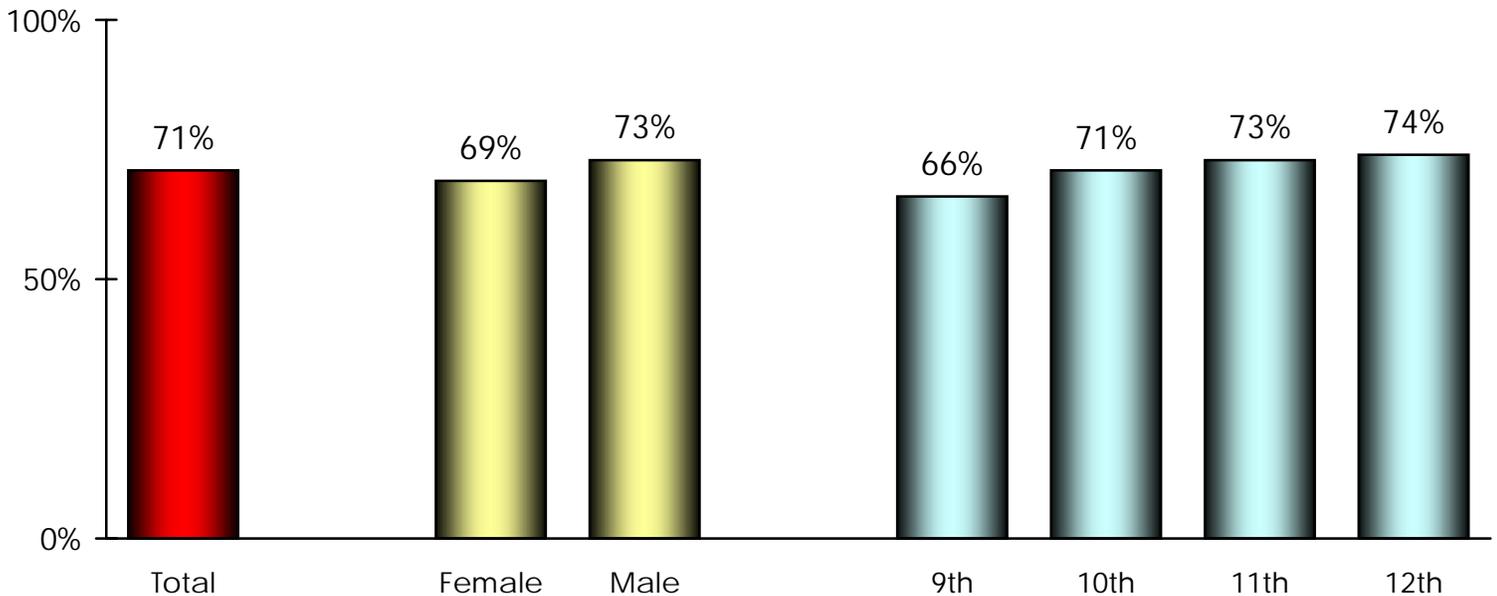


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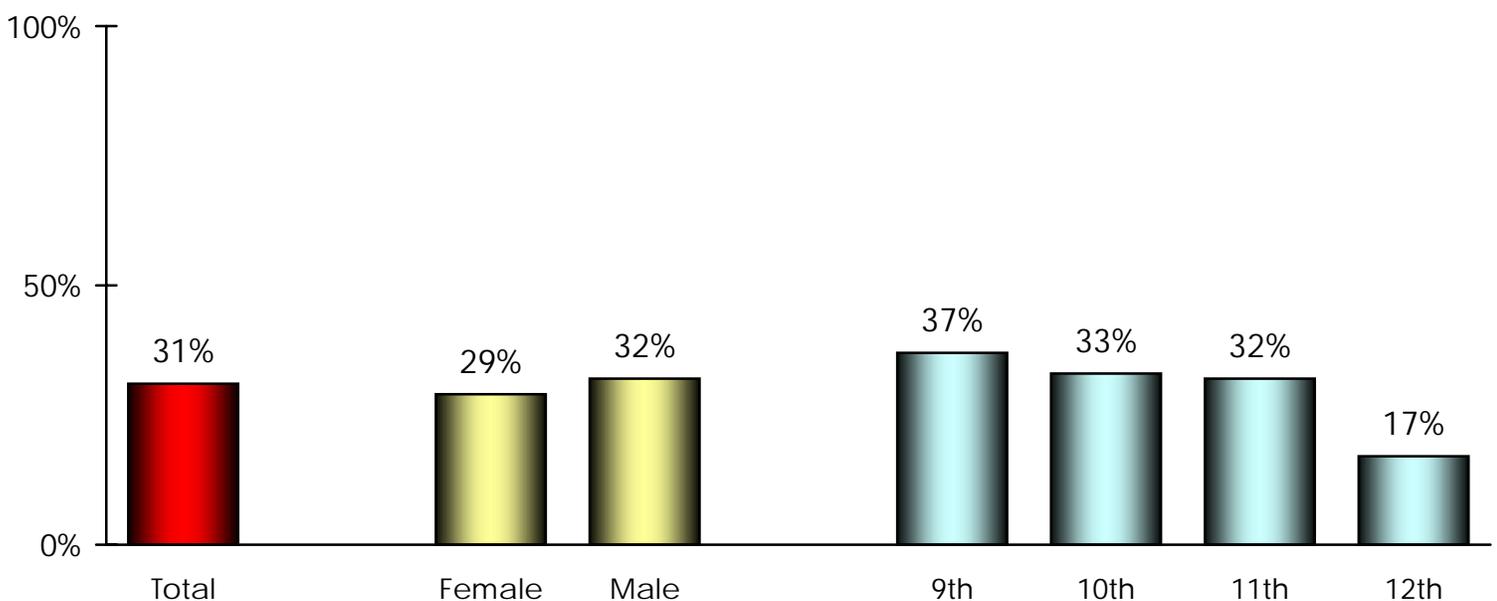
■ Tobacco Use – Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.

Percentage of students who ever tried cigarette smoking, even one or two puffs.

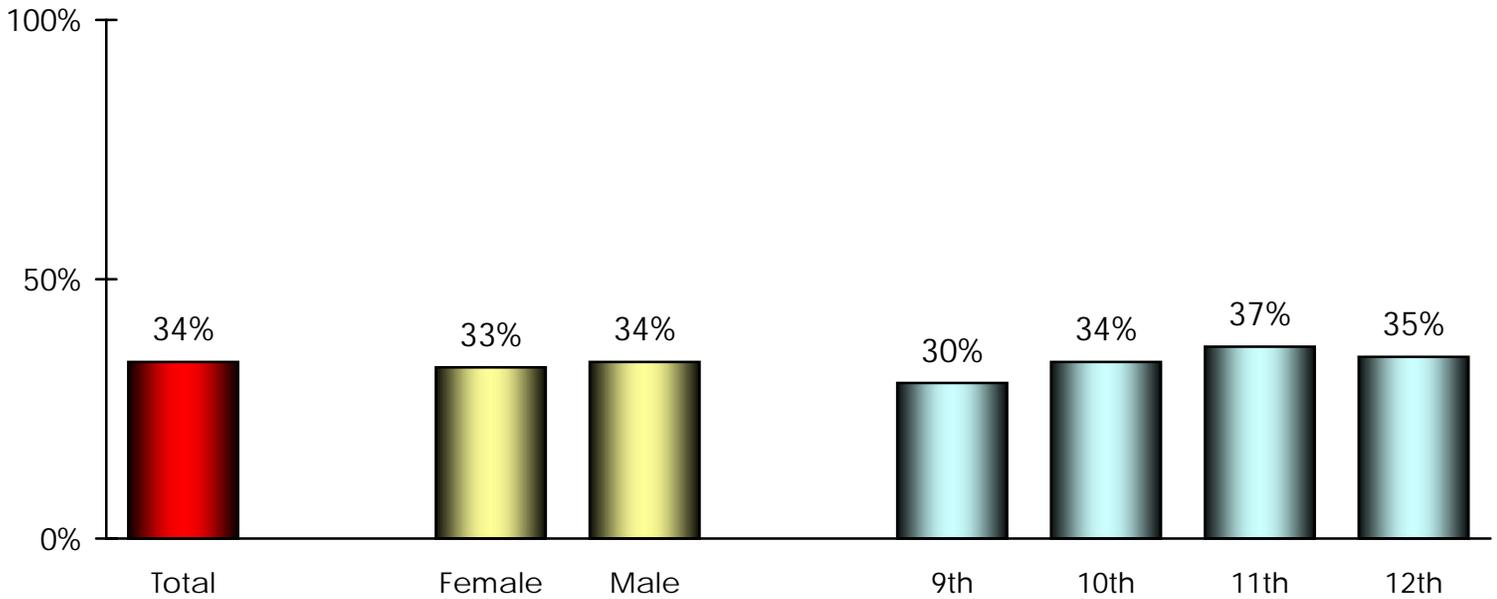


Percentage of students who smoked a whole cigarette for the first time before age 13.

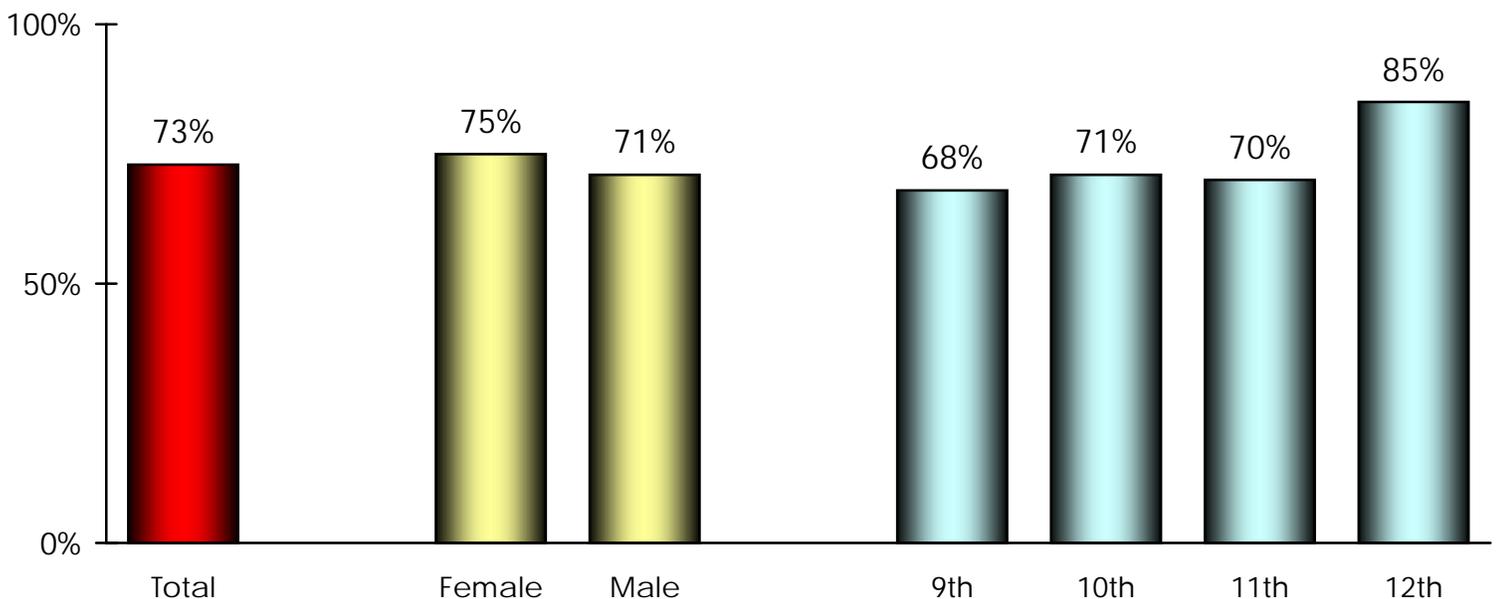


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Percentage of students who smoked cigarettes on one or more of the past 30 days.

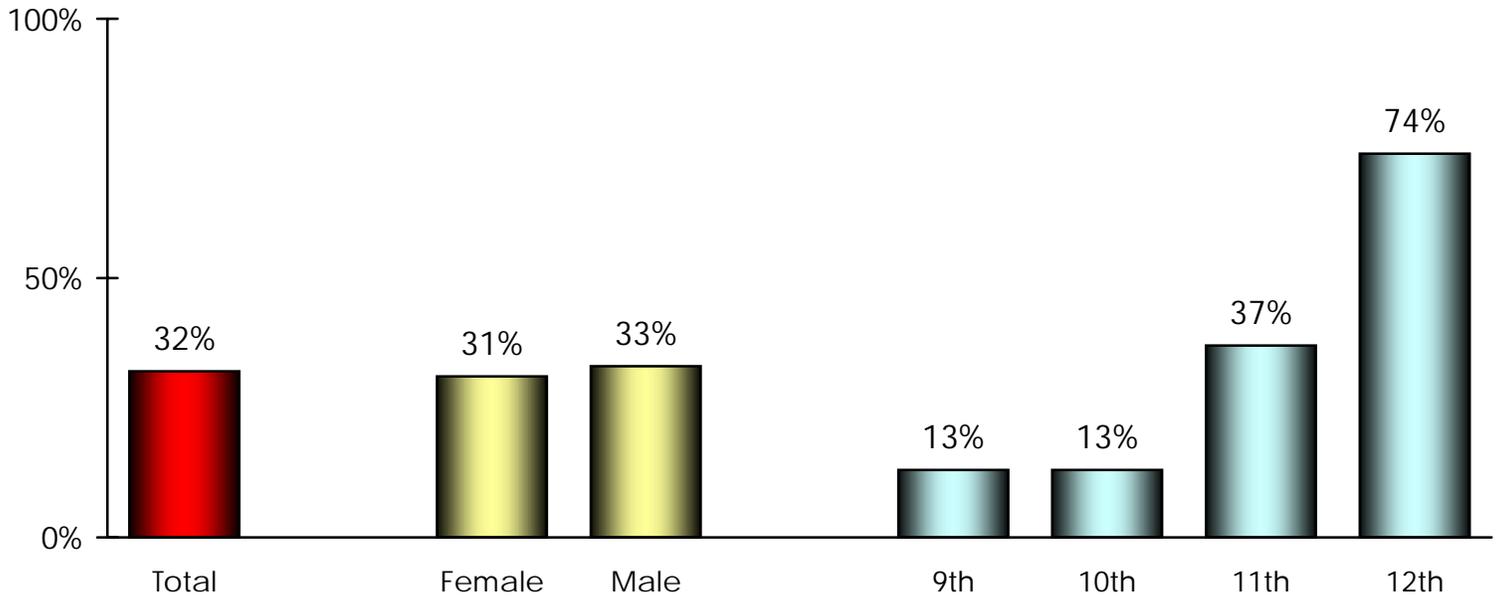


Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

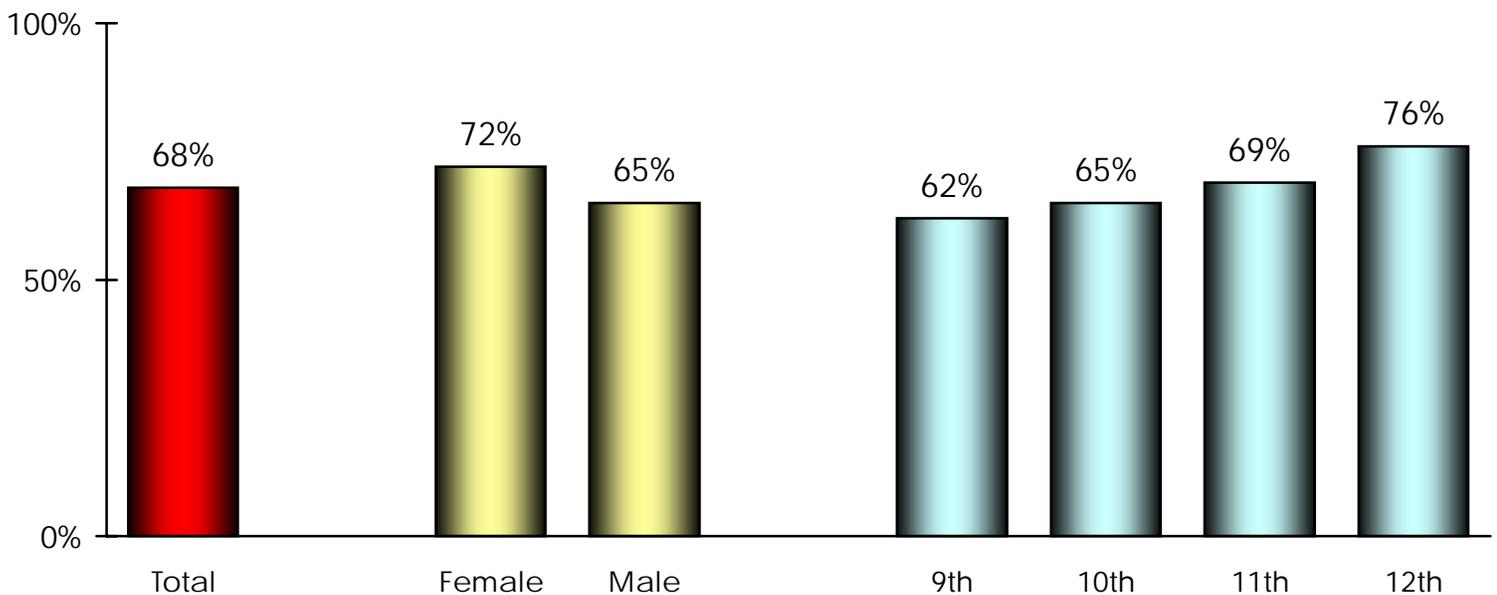


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Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

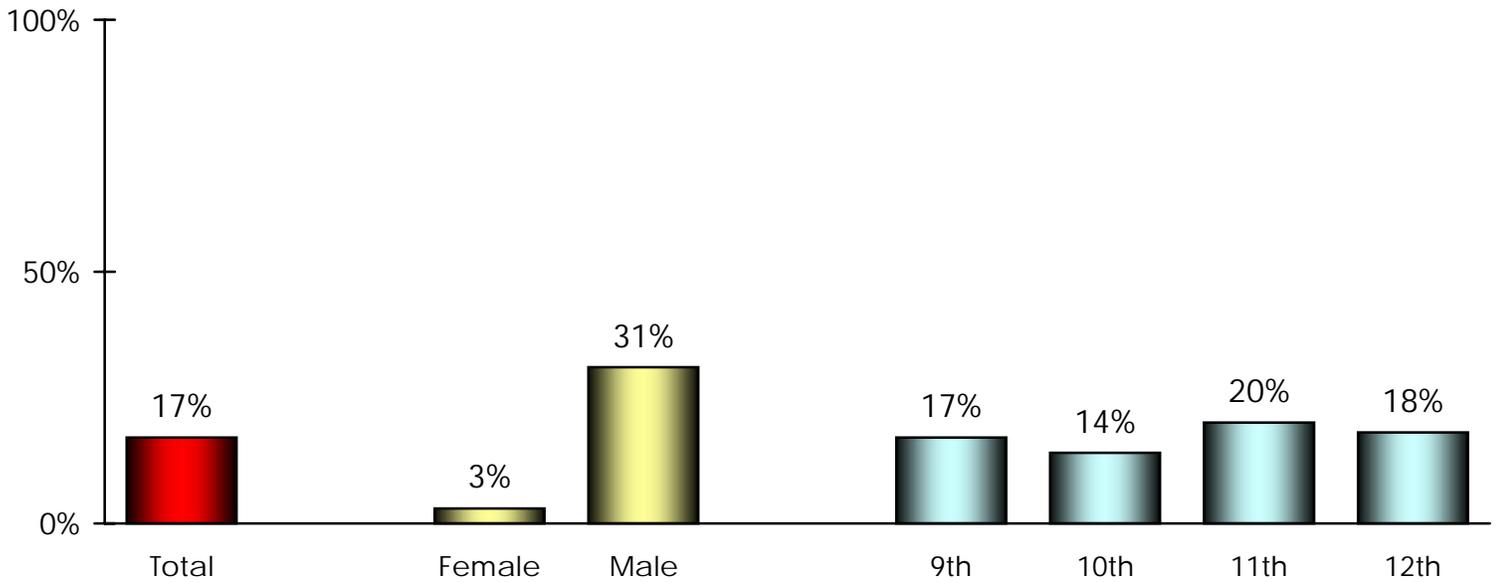


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■ Tobacco Use – Smokeless Tobacco

This question measures smokeless tobacco use.

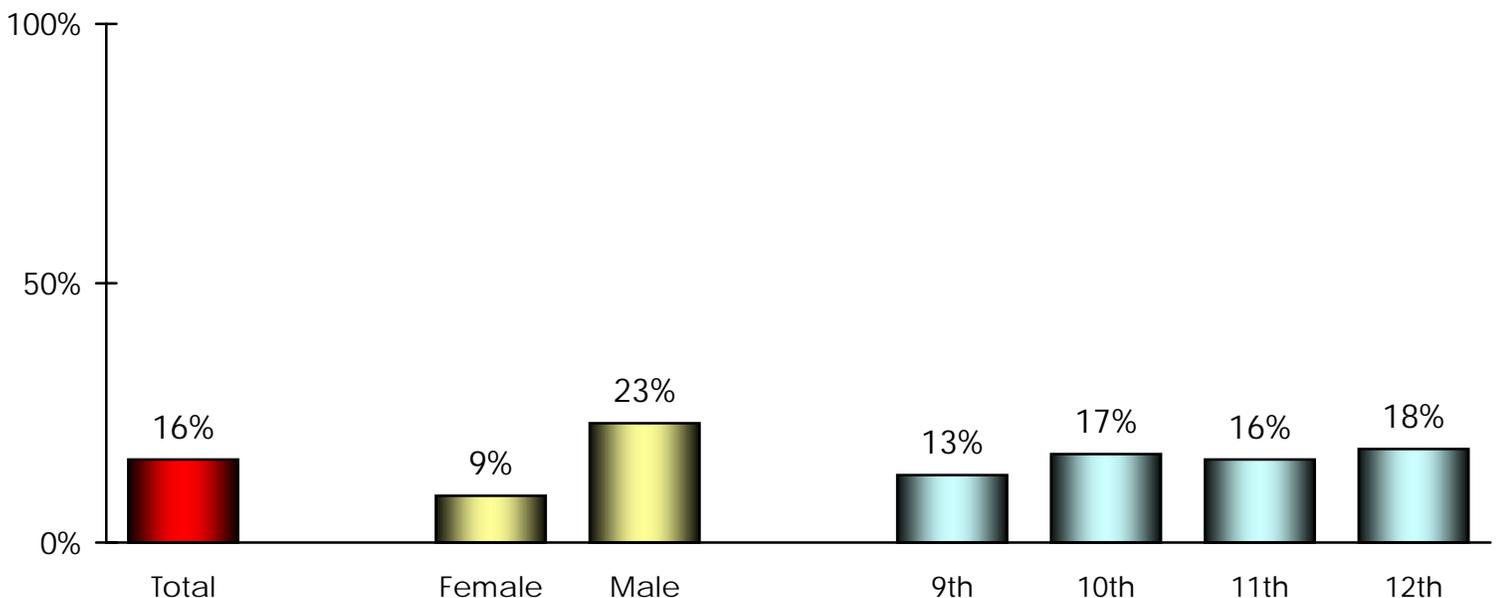
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



■ Tobacco Use – Cigar

This question measures cigar smoking.

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

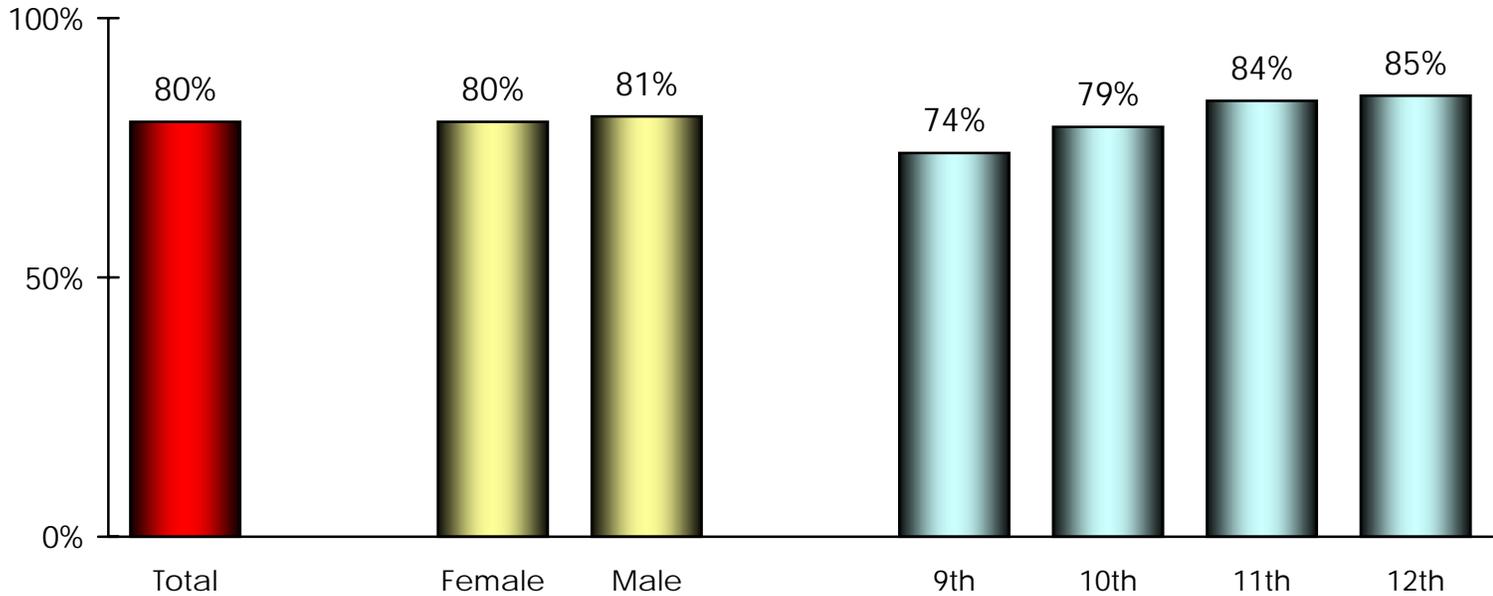


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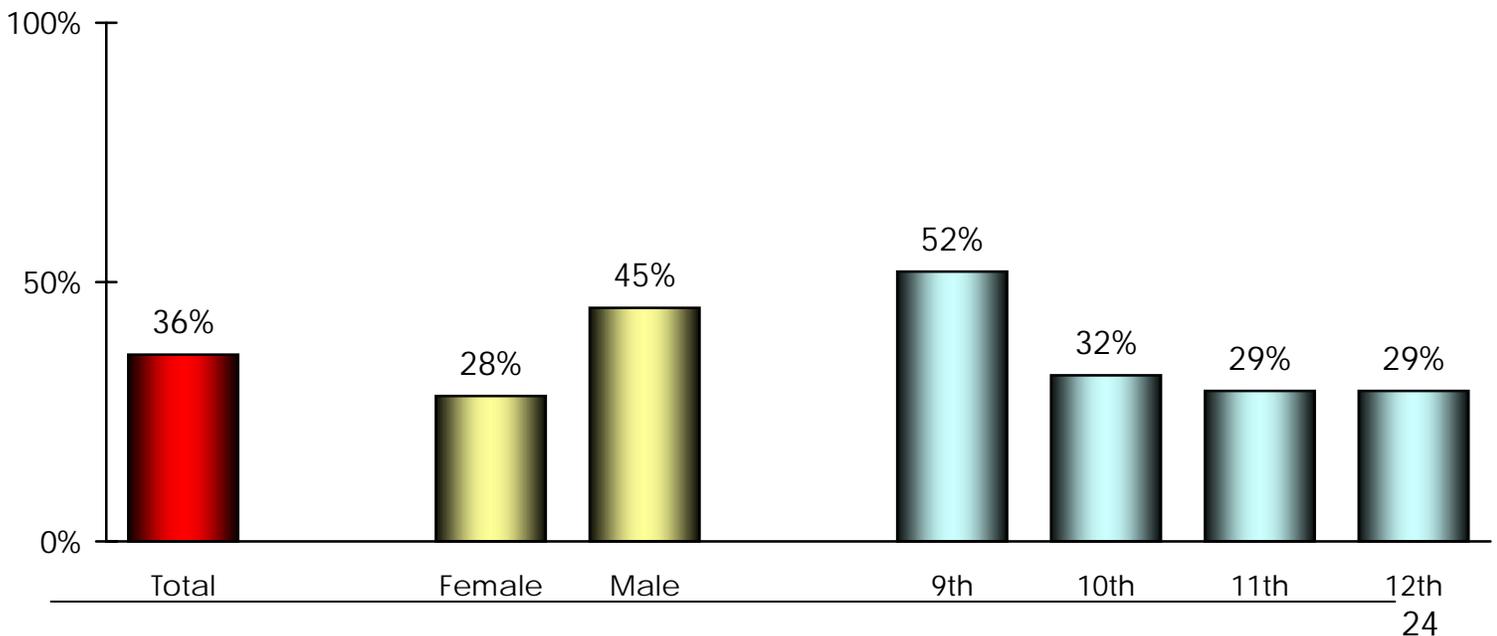
■ Alcohol Use

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

Percentage of students who had at least one drink of alcohol on one or more days during their life.

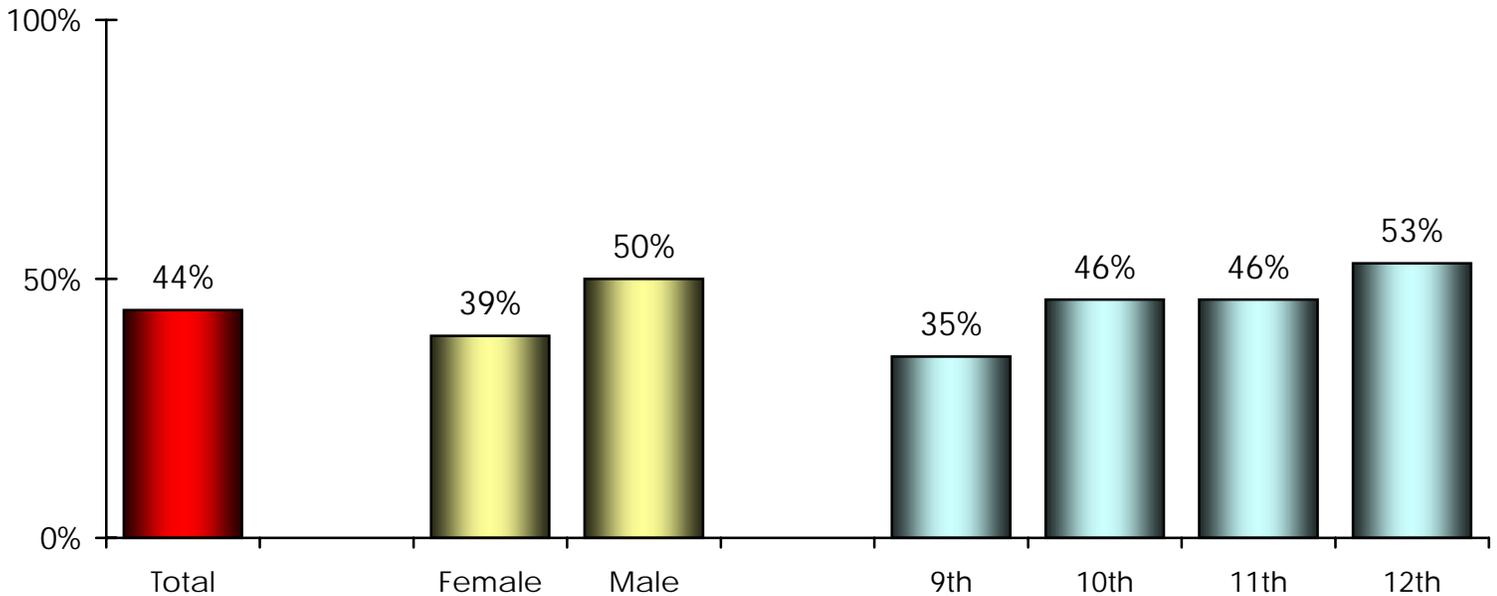


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

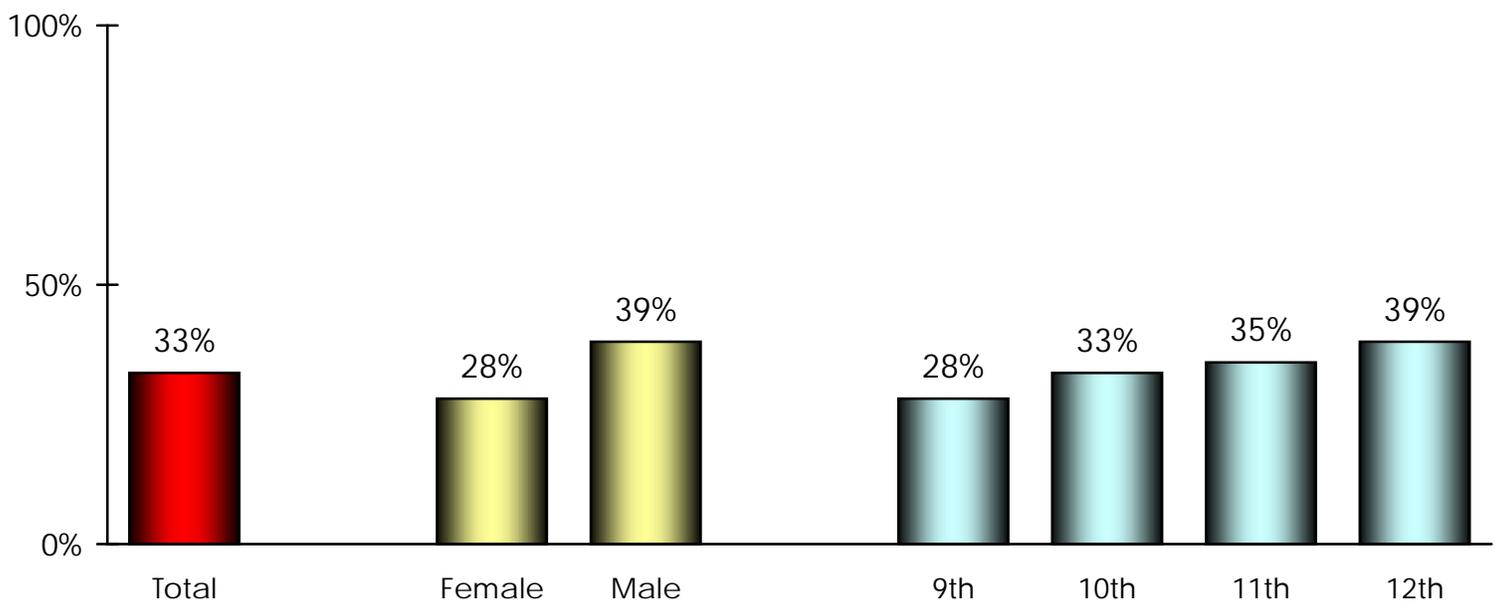


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Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

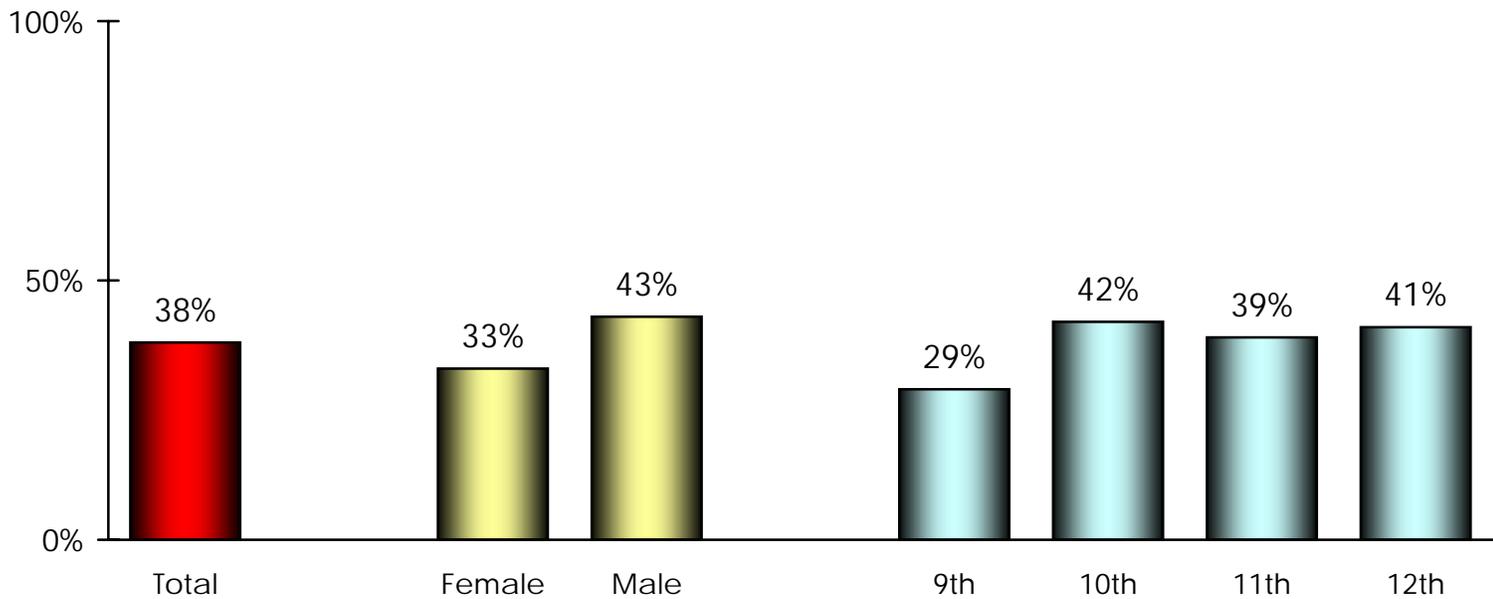


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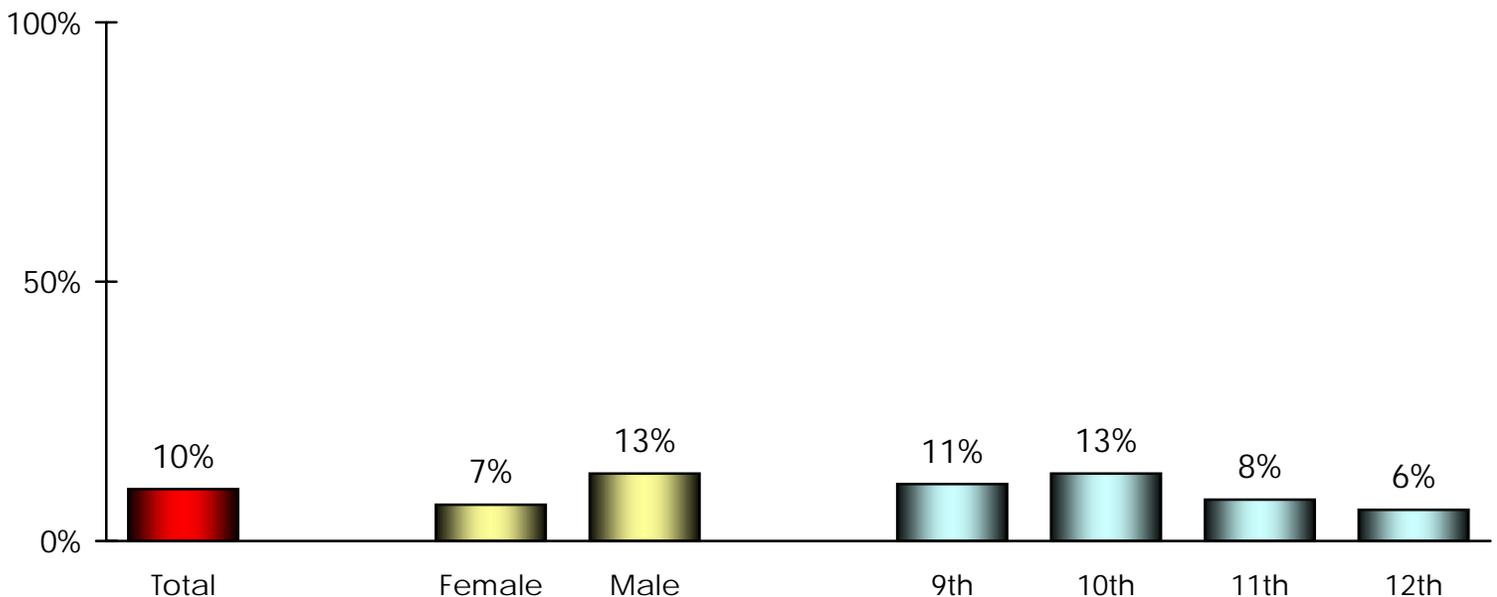
■ Drug Use

These questions measure the frequency of illegal drug use.

Percentage of students who used marijuana one or more times during their life.

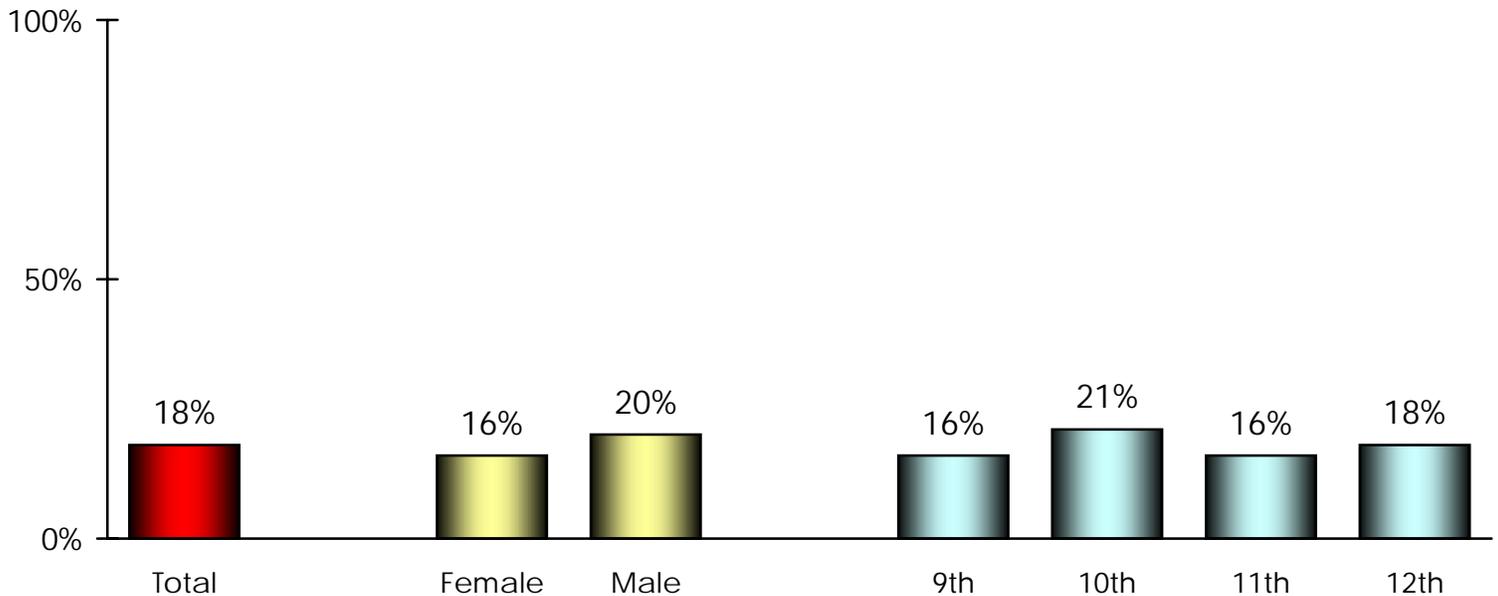


Percentage of students who tried marijuana for the first time before age 13.

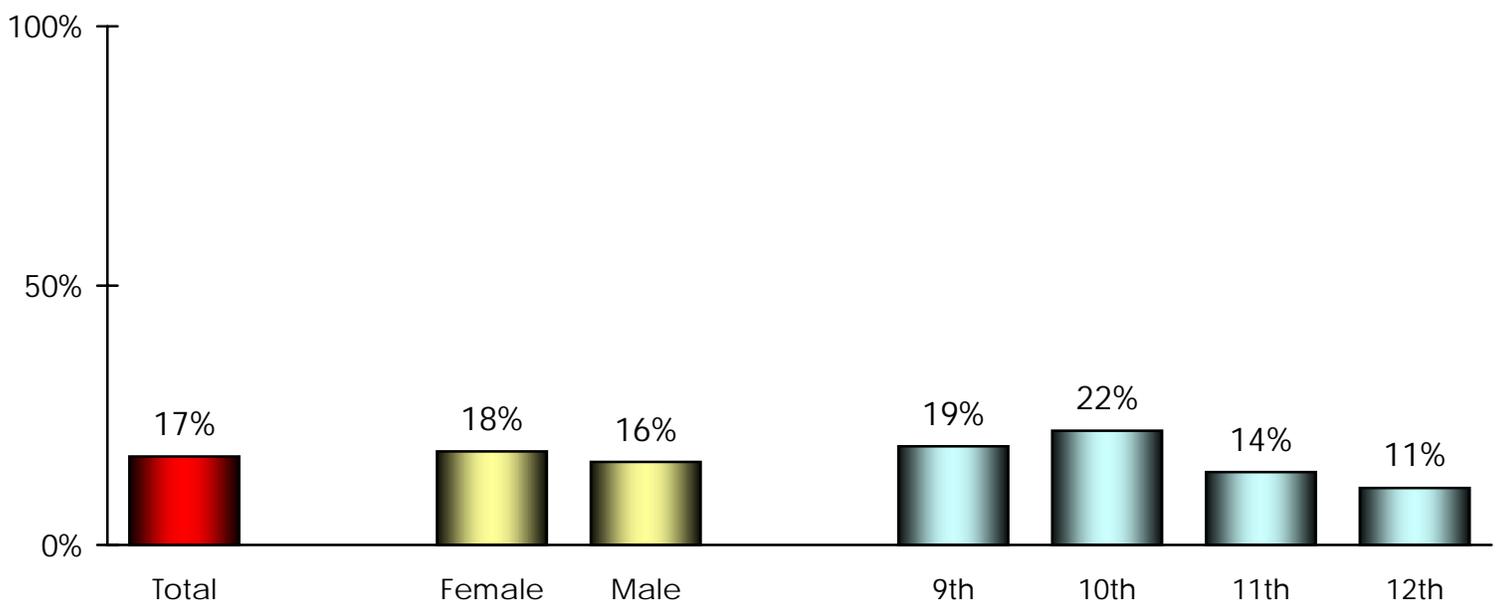


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Percentage of students who used marijuana one or more times during the past 30 days.

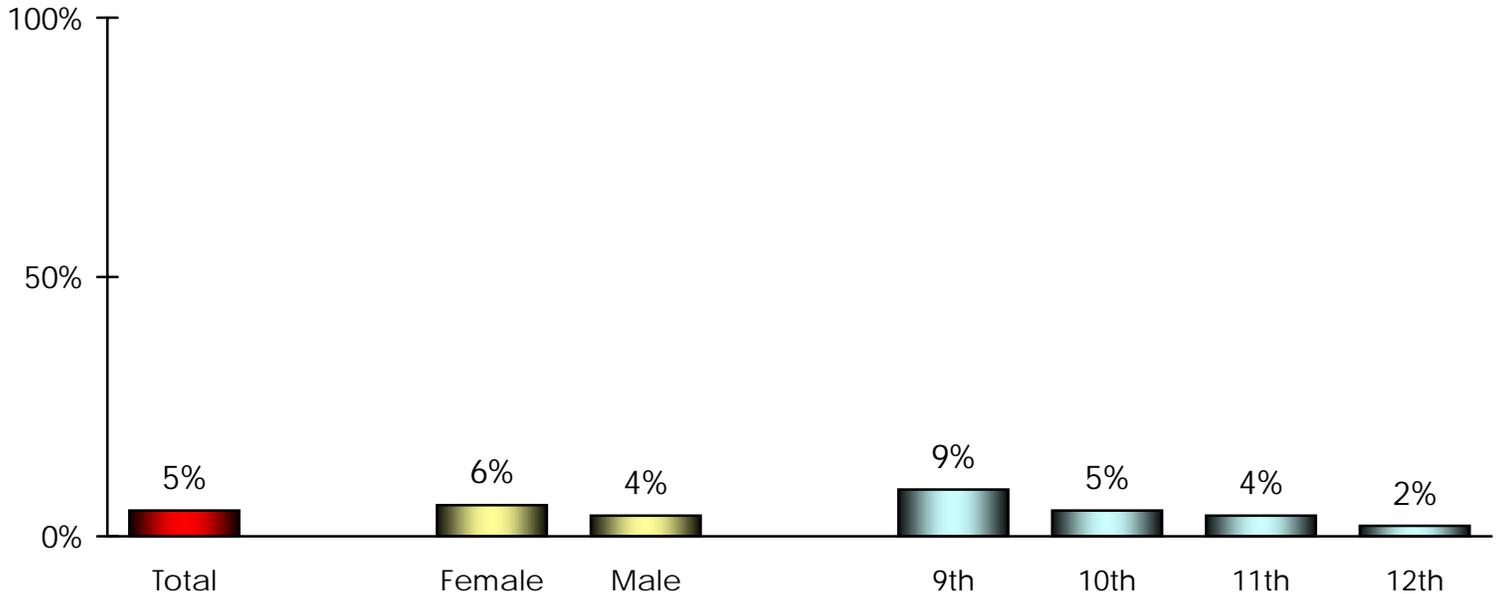


Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

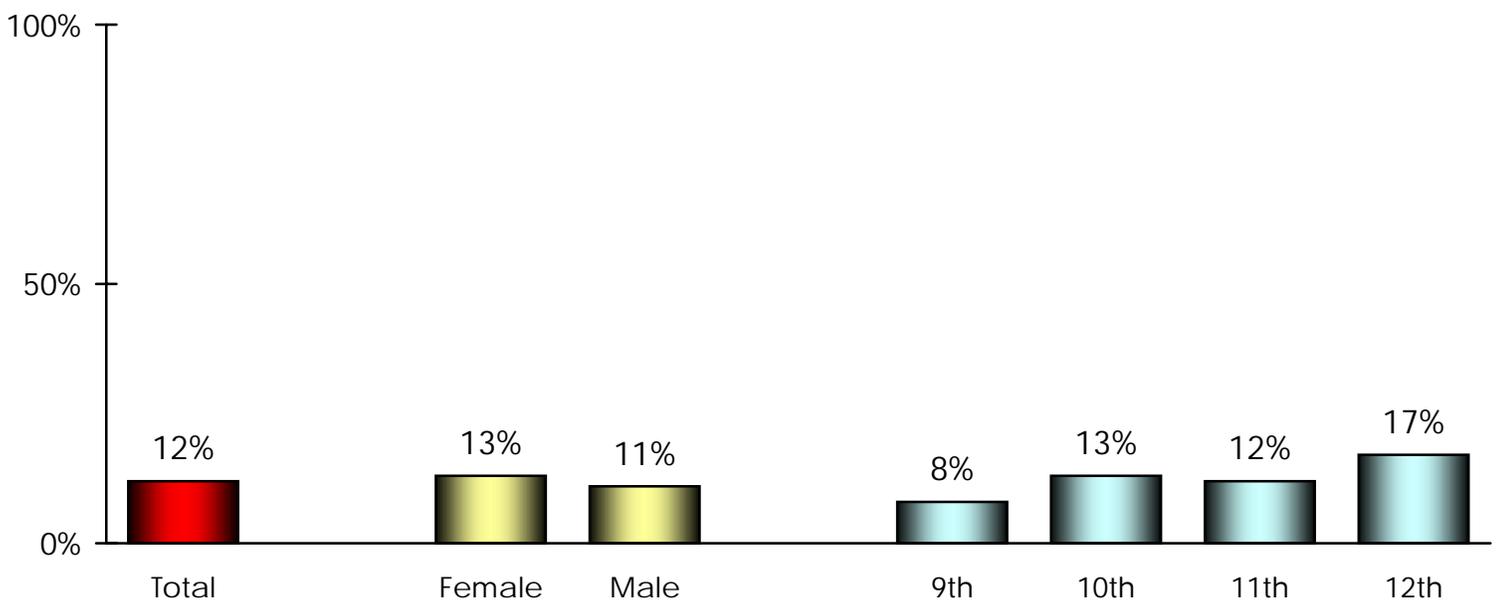


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Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

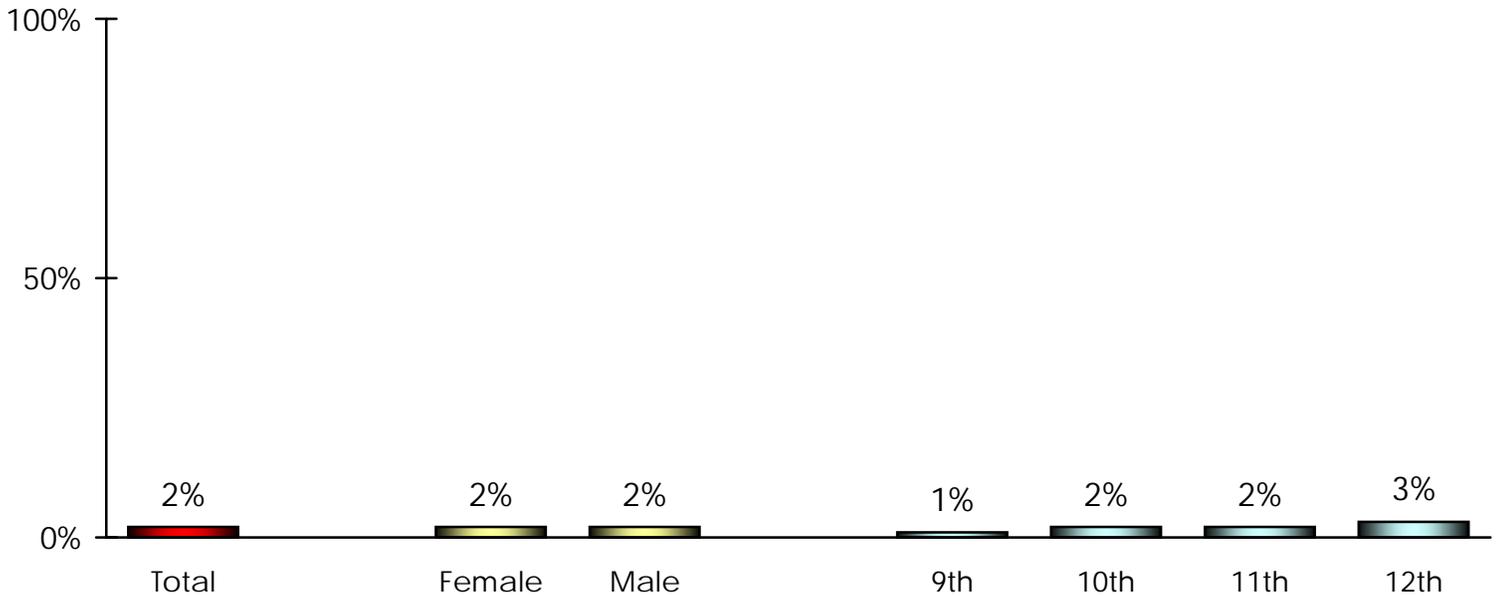


Percentage of students who used methamphetamines one or more times during their life.

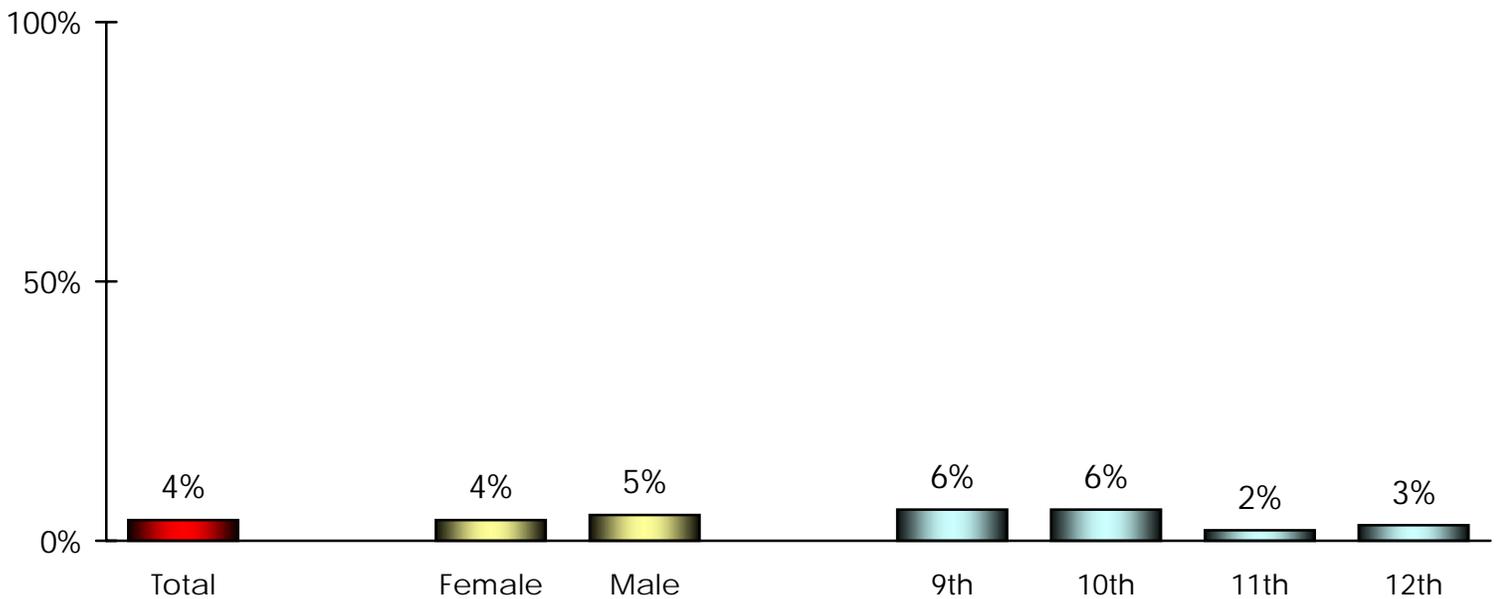


2001-2002 Polk County Youth Risk Behavior Survey

Percentage of students who used heroin one or more times during their life.



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

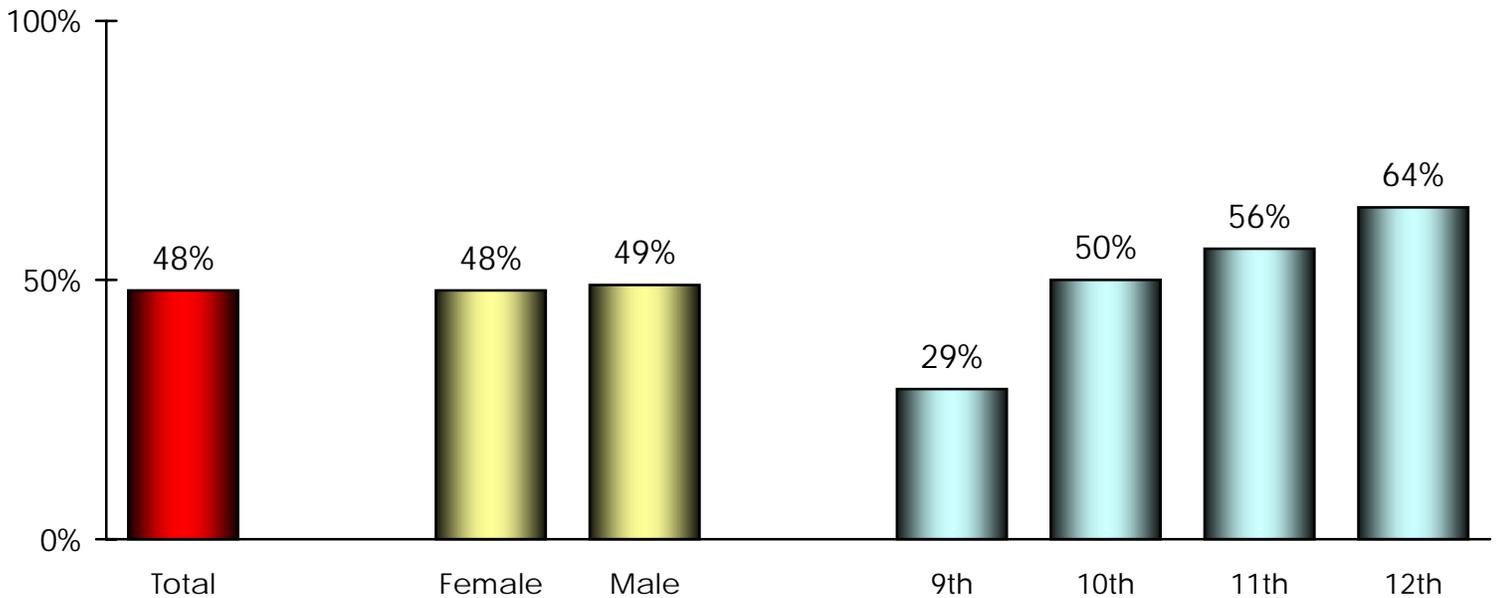


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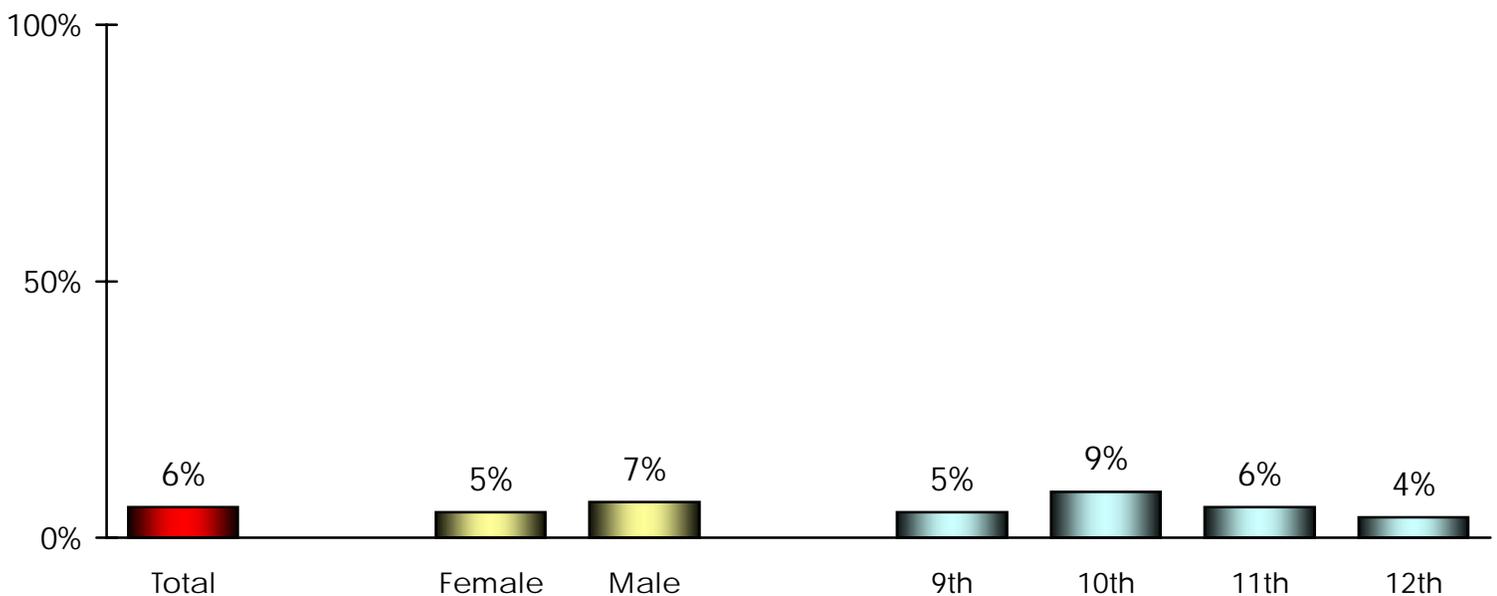
■ Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.

Percentage of students who have had sexual intercourse.

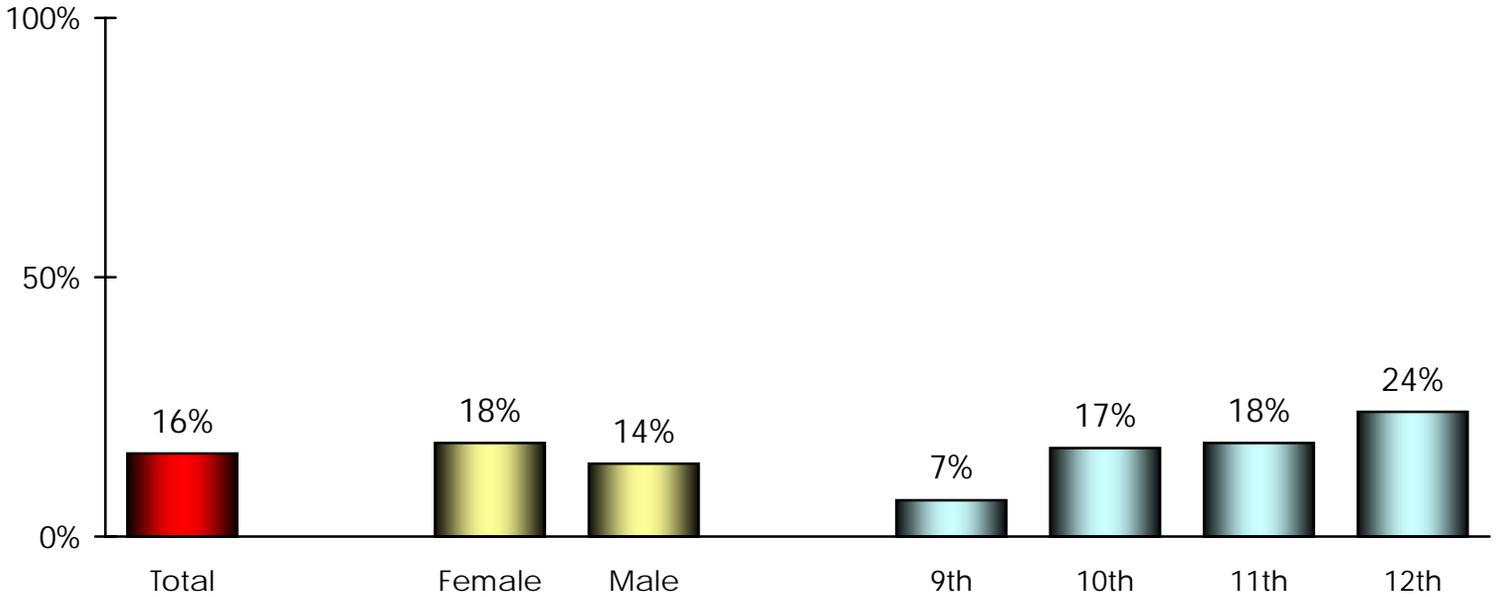


Percentage of students who had sexual intercourse for the first time before age 13.

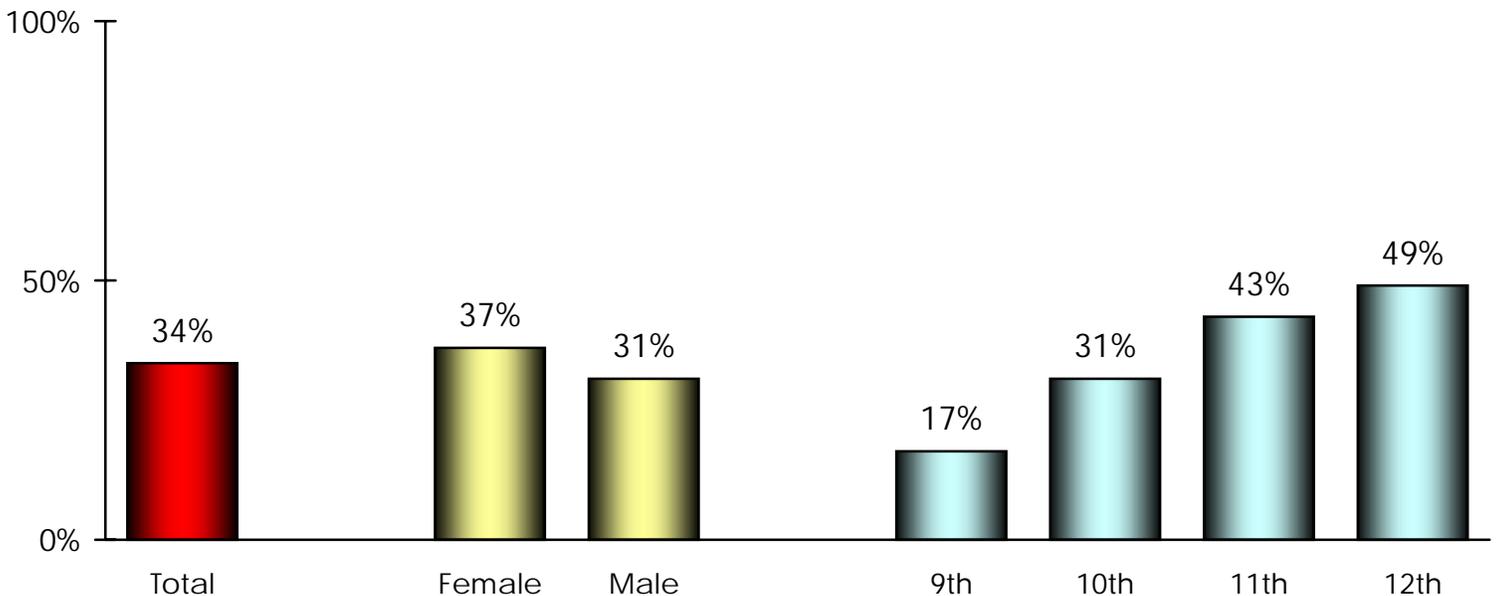


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Percentage of students who had sexual intercourse with four or more people during their life.

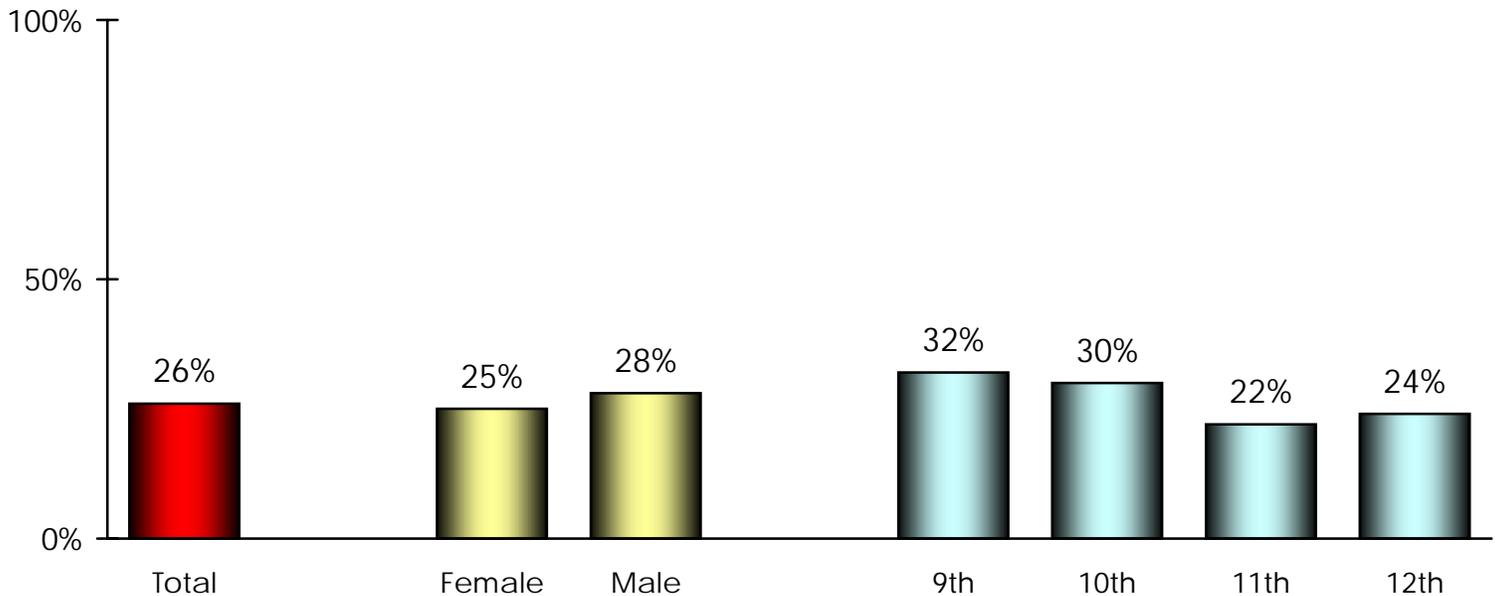


Percentage of students who had sexual intercourse during the past three months.



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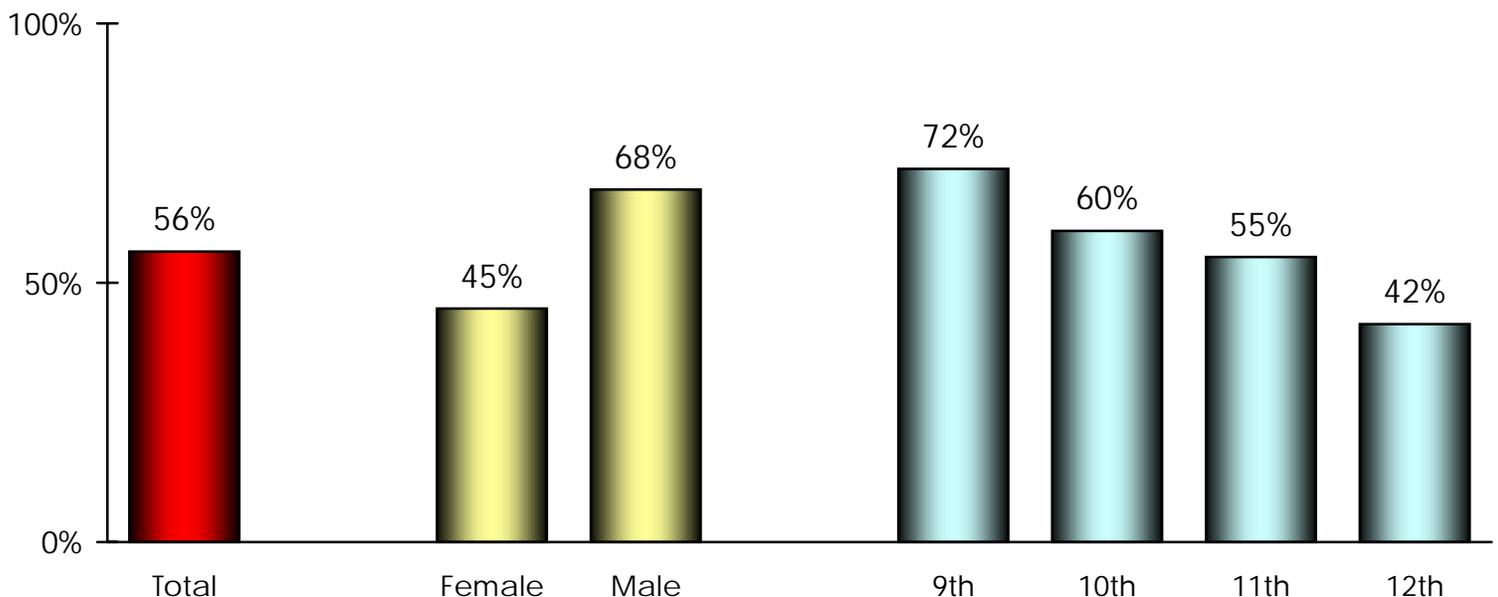
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



■ Contraception

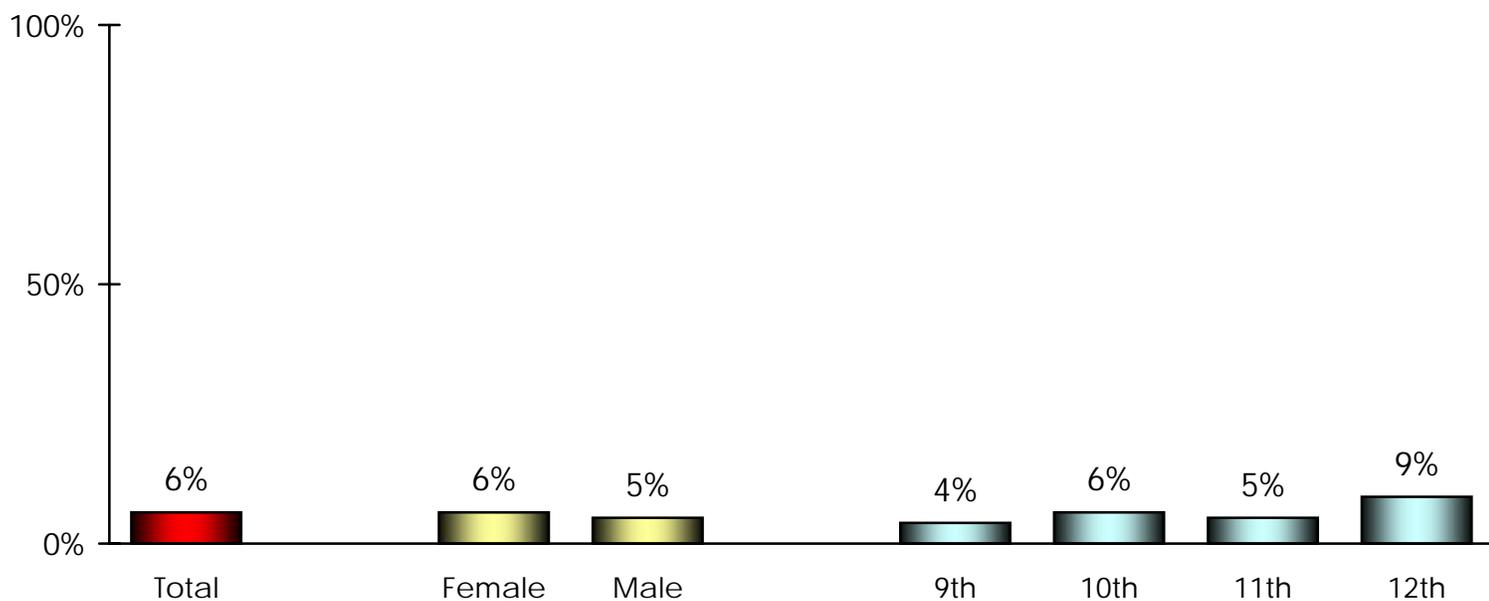
These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



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Percentage of students who had been or gotten someone pregnant one or more times.

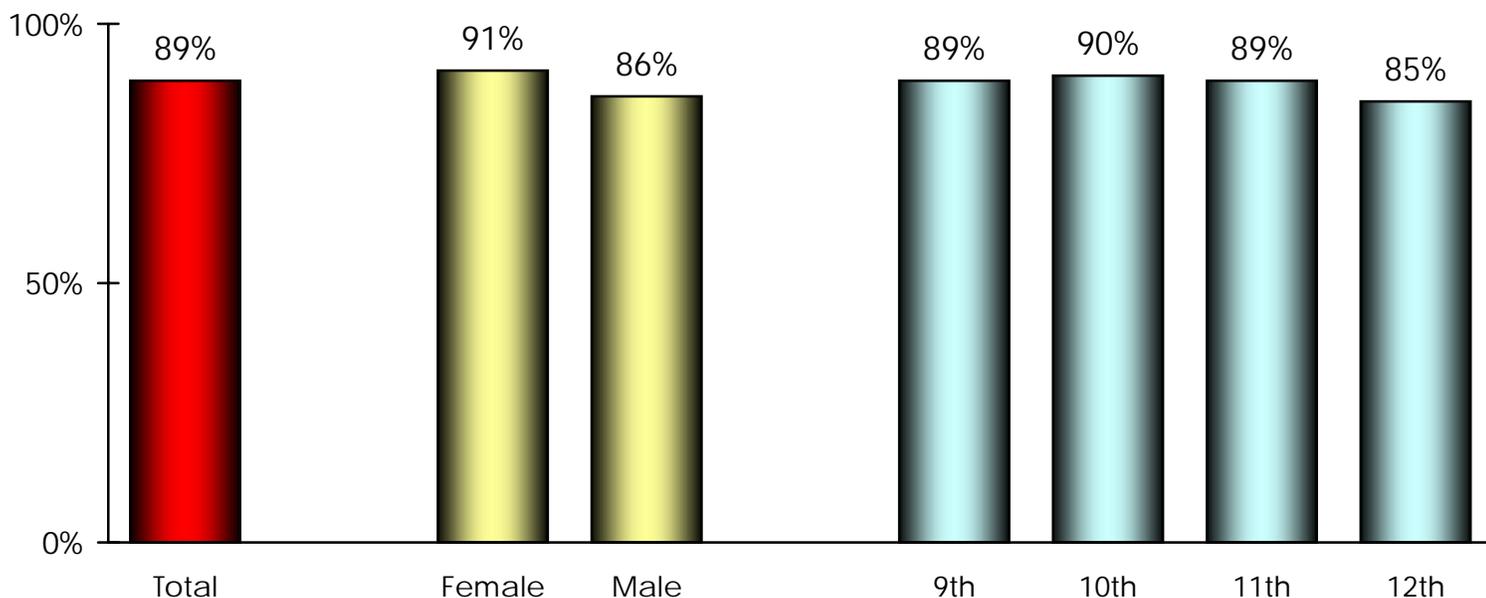


2001-2002 Polk County Youth Risk Behavior Survey

■ AIDS, HIV, & STDs

This question measures whether students have received HIV information at school.

Percentage of students who were ever taught about AIDS or HIV infection in school.

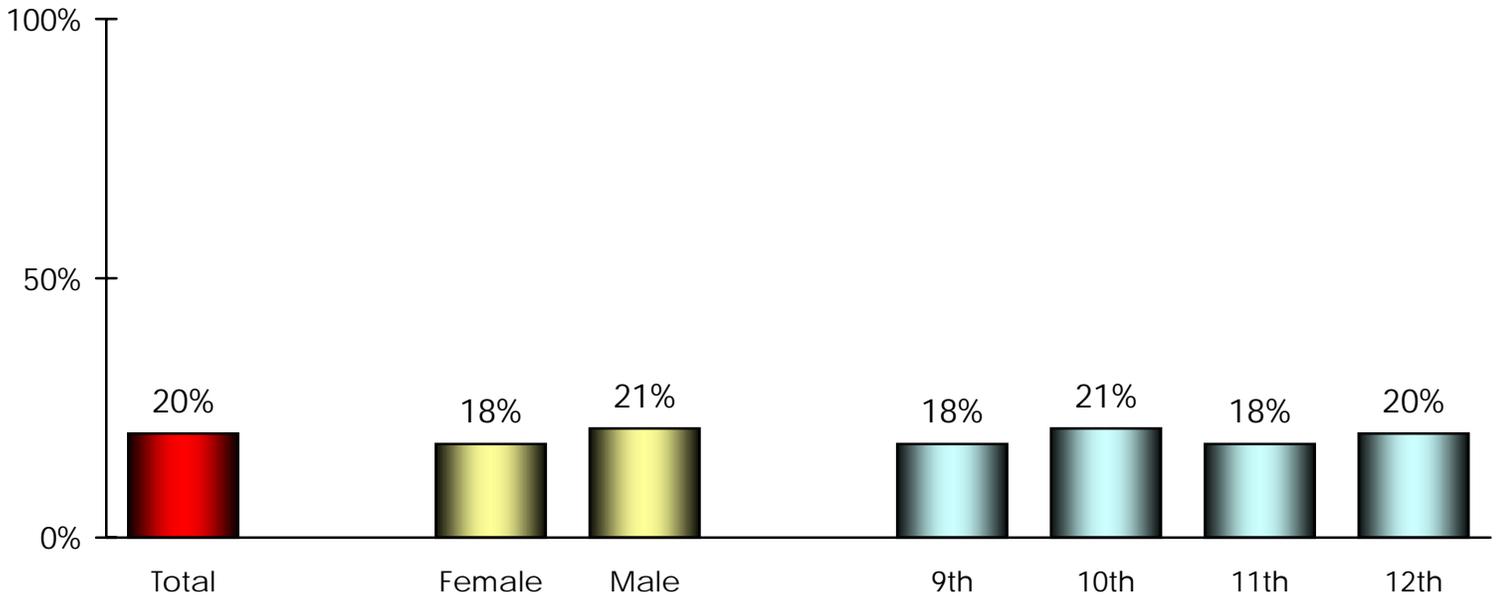


2001-2002 Polk County Youth Risk Behavior Survey

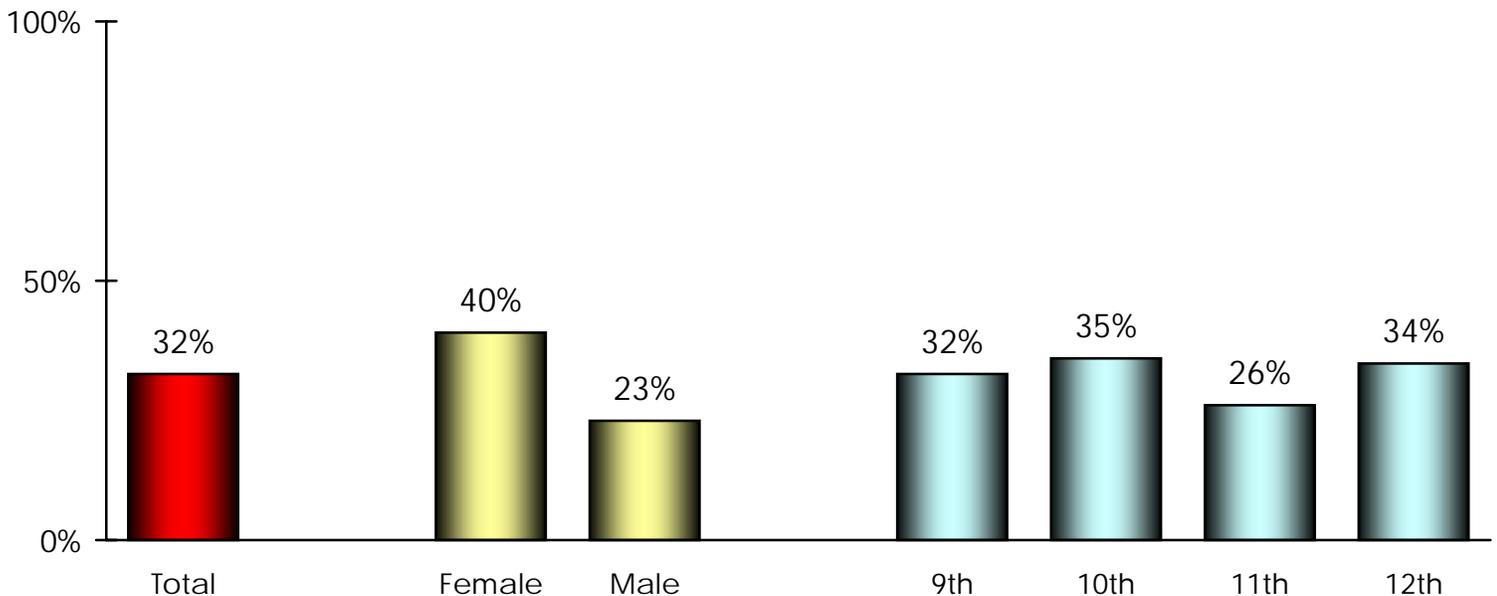
■ Obesity

These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

Percentage of students who are overweight, as calculated by Body Mass Index.

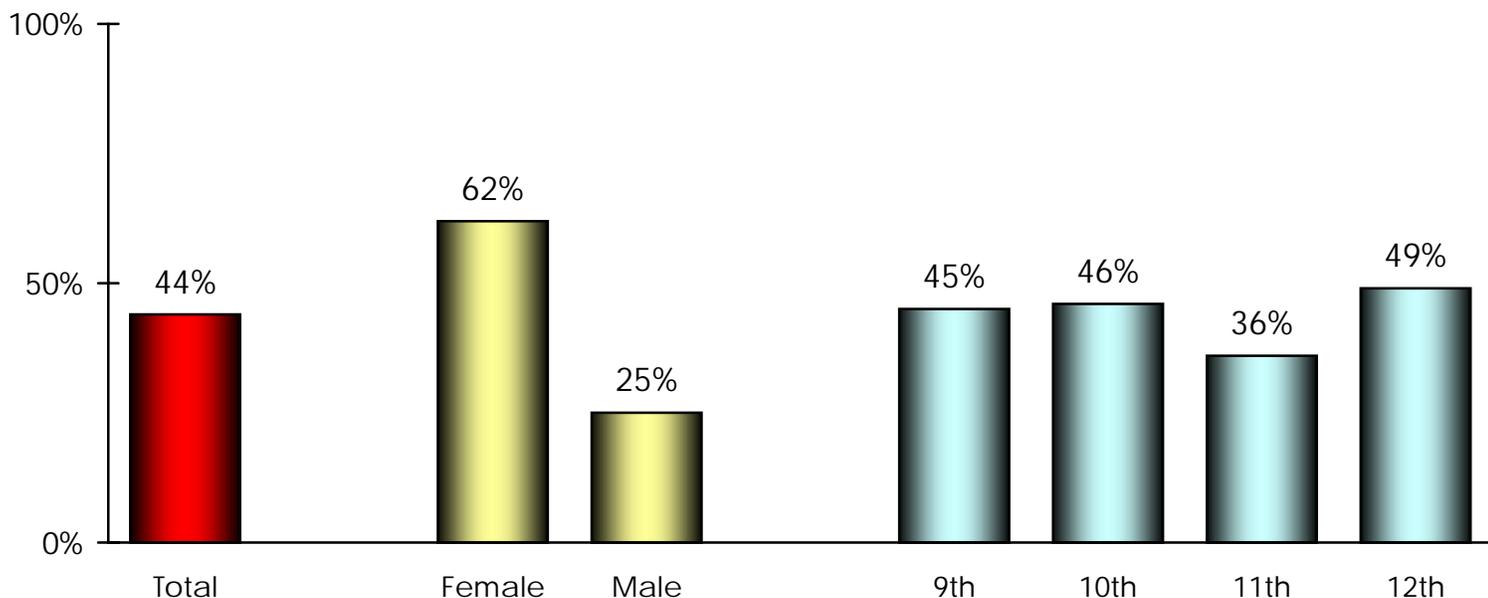


Percentage of students who describe themselves as slightly or very overweight.

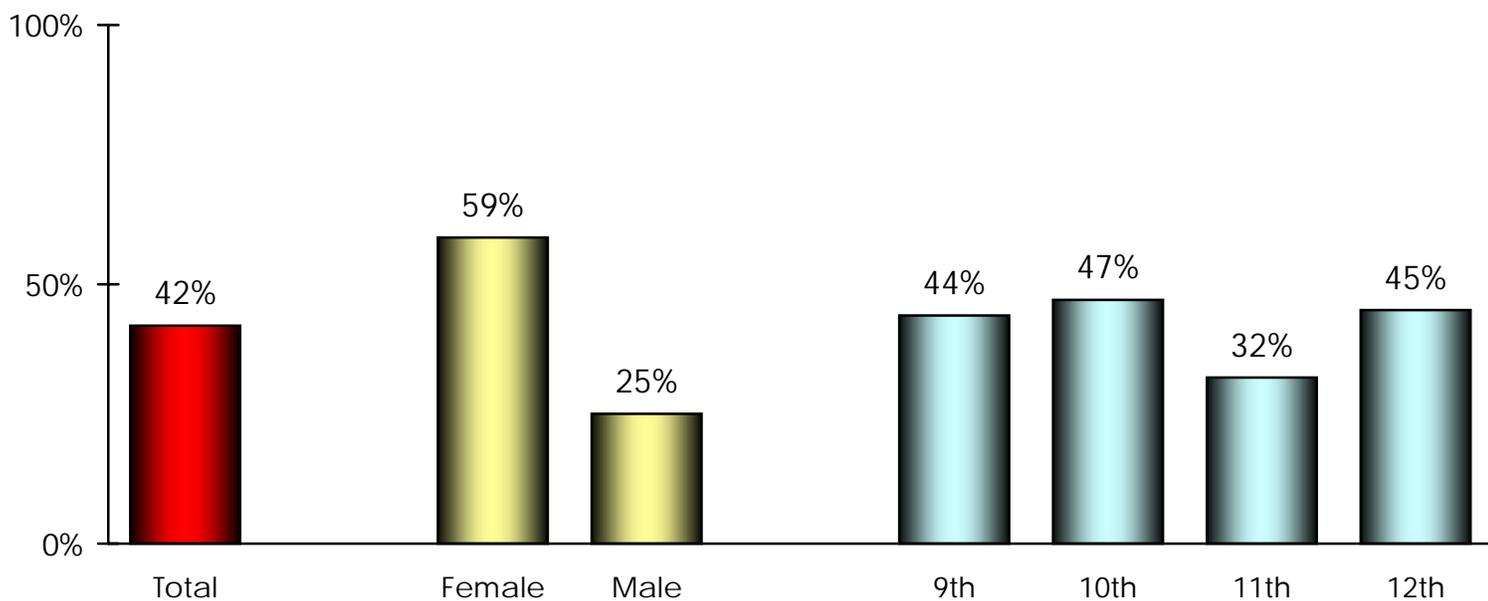


2001-2002 Polk County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.

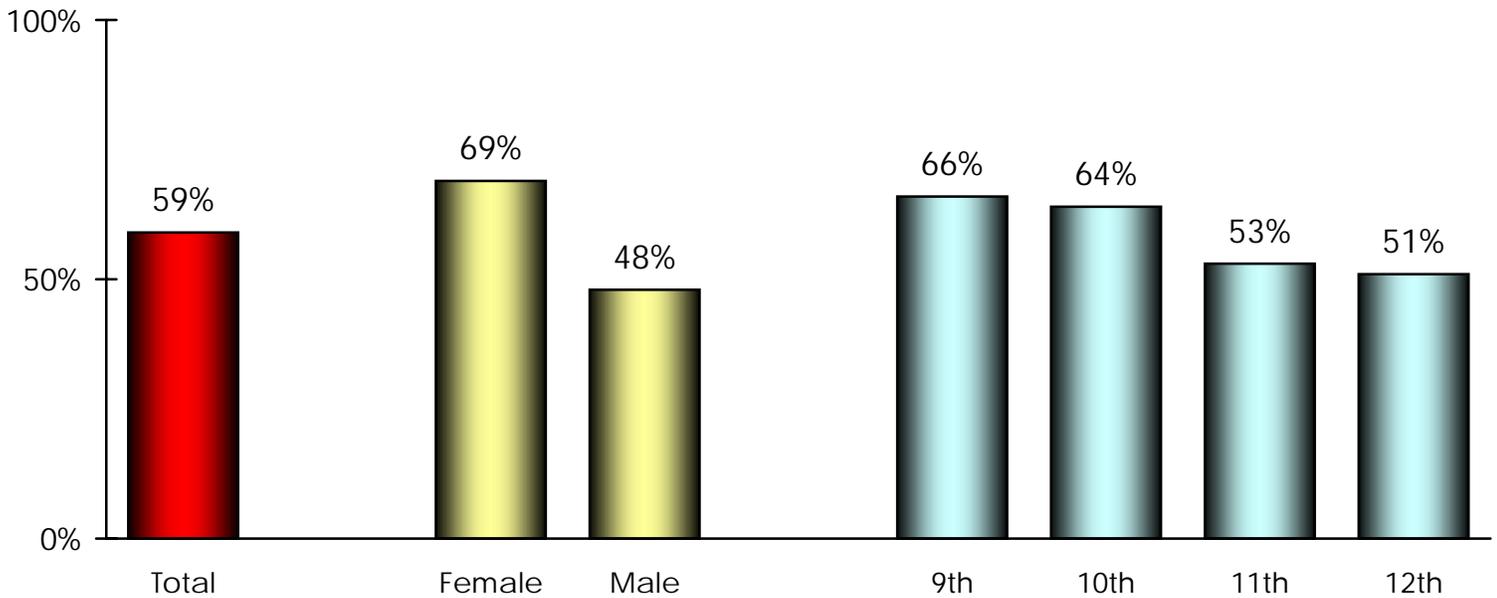


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

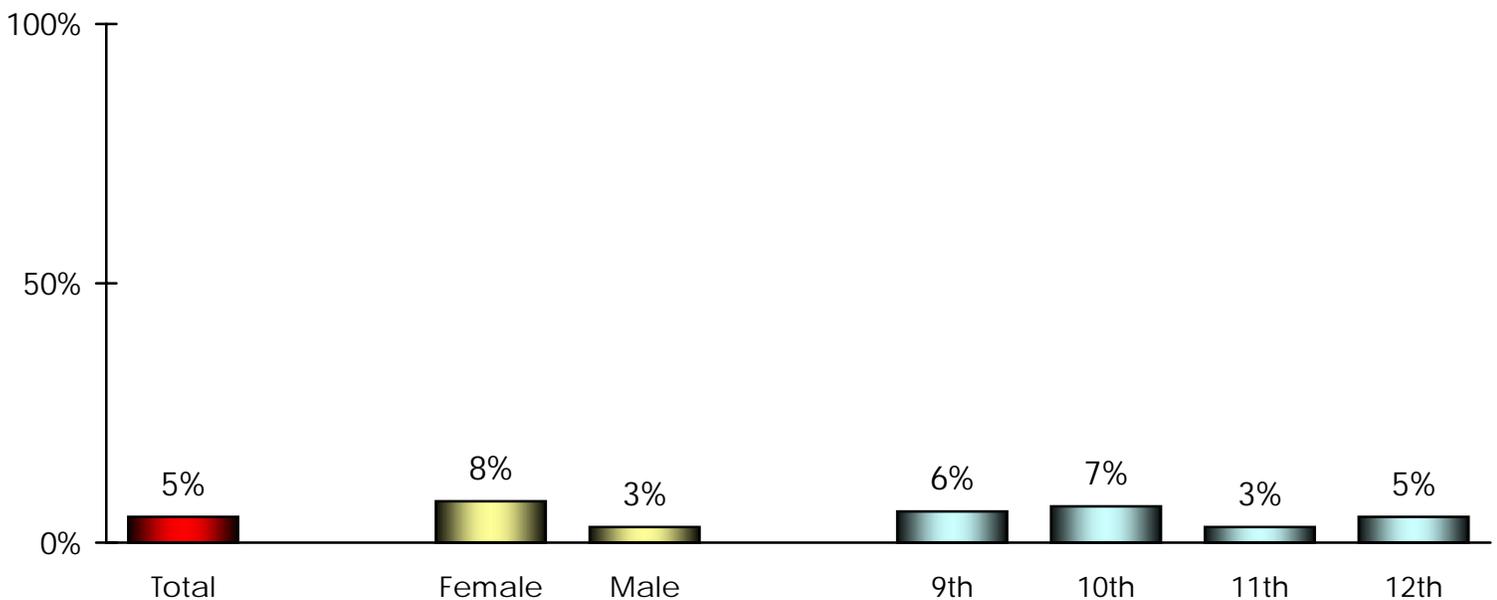


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Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

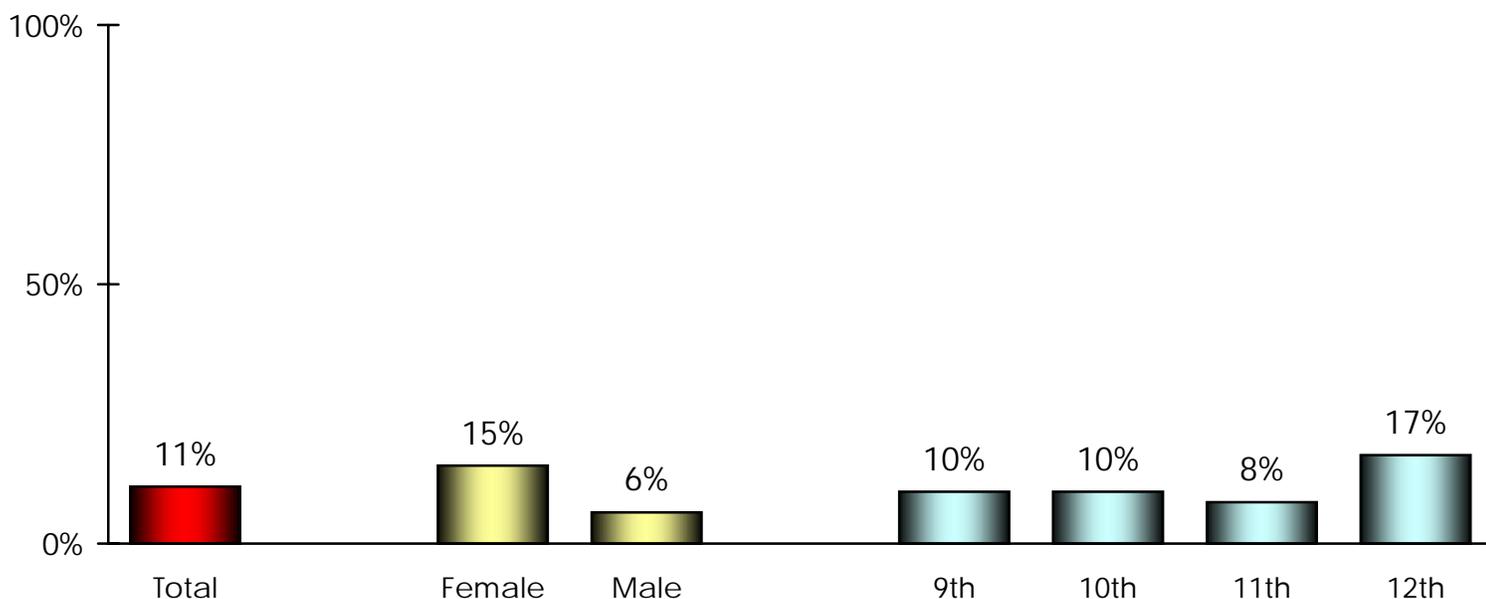


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

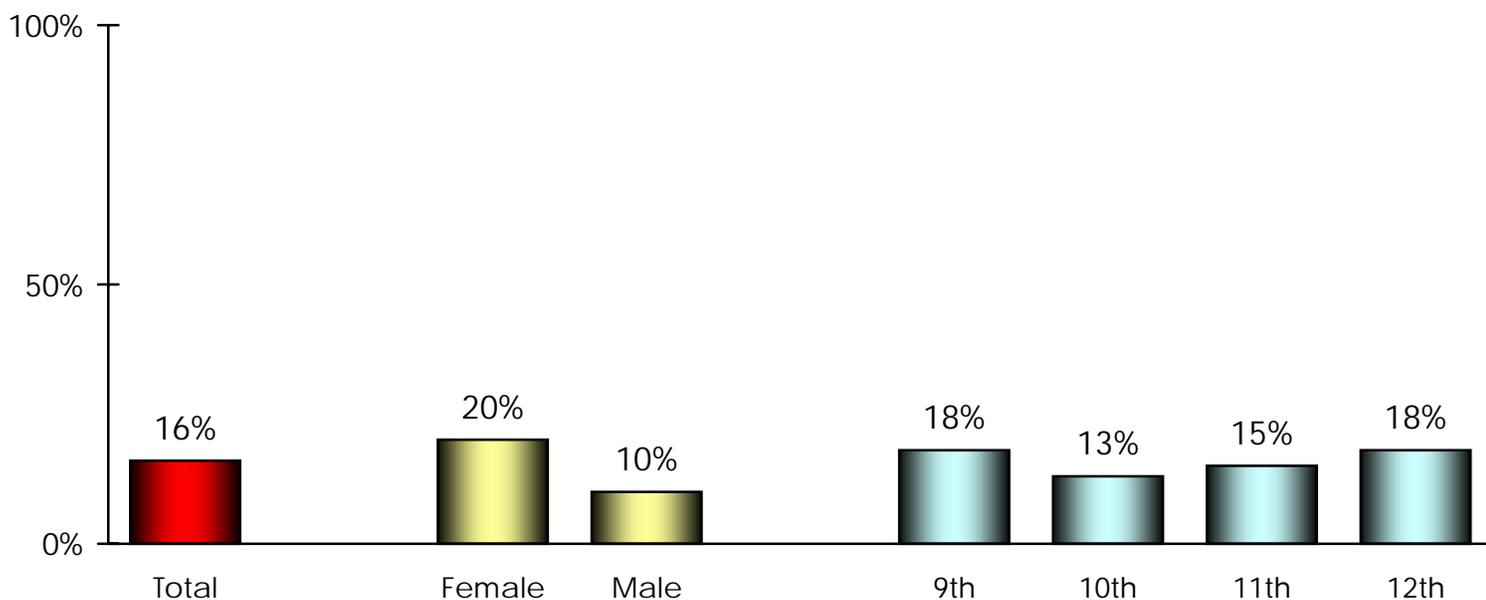


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Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

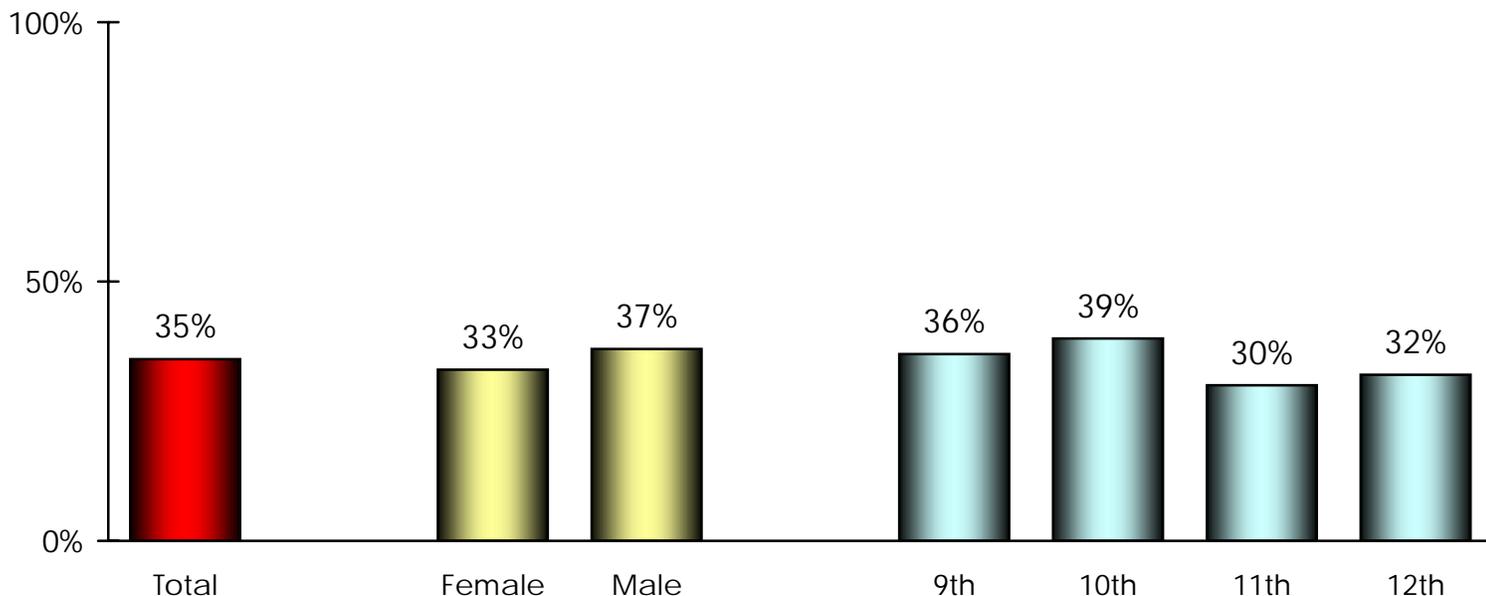


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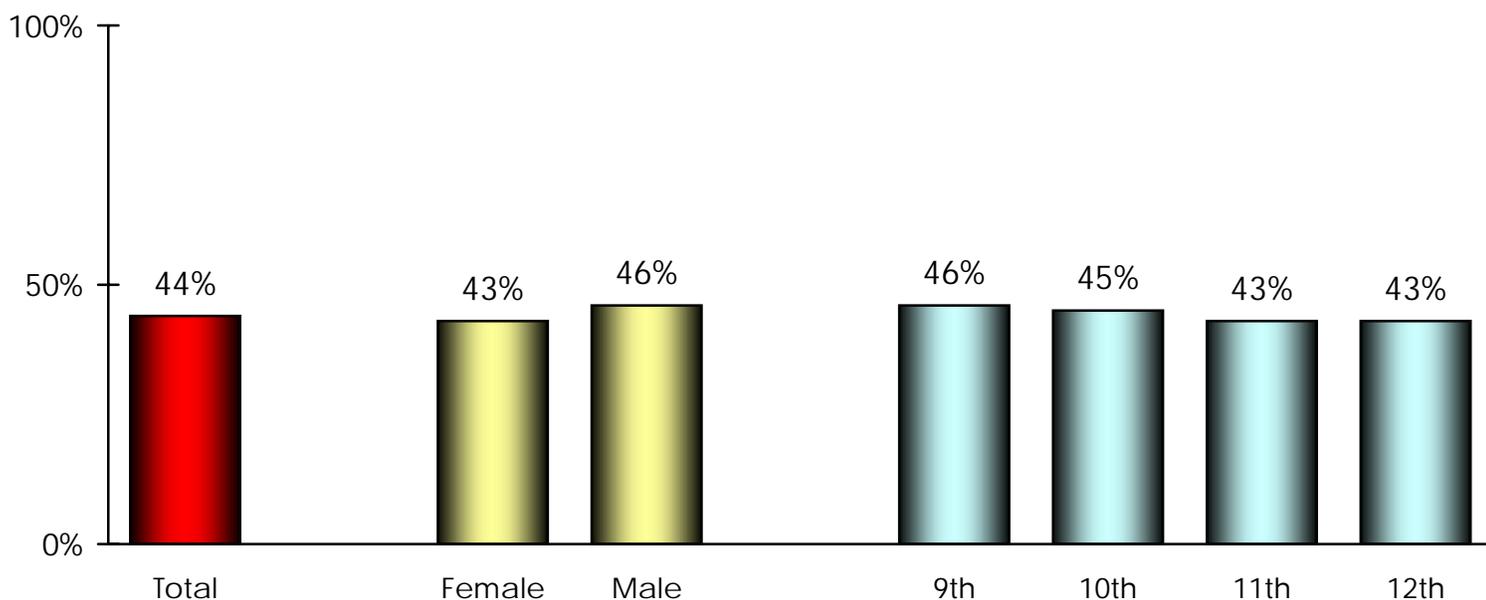
■ Nutrition

These questions measure food choices.

Percentage of students who ate fruit four or more times during the past 7 days.

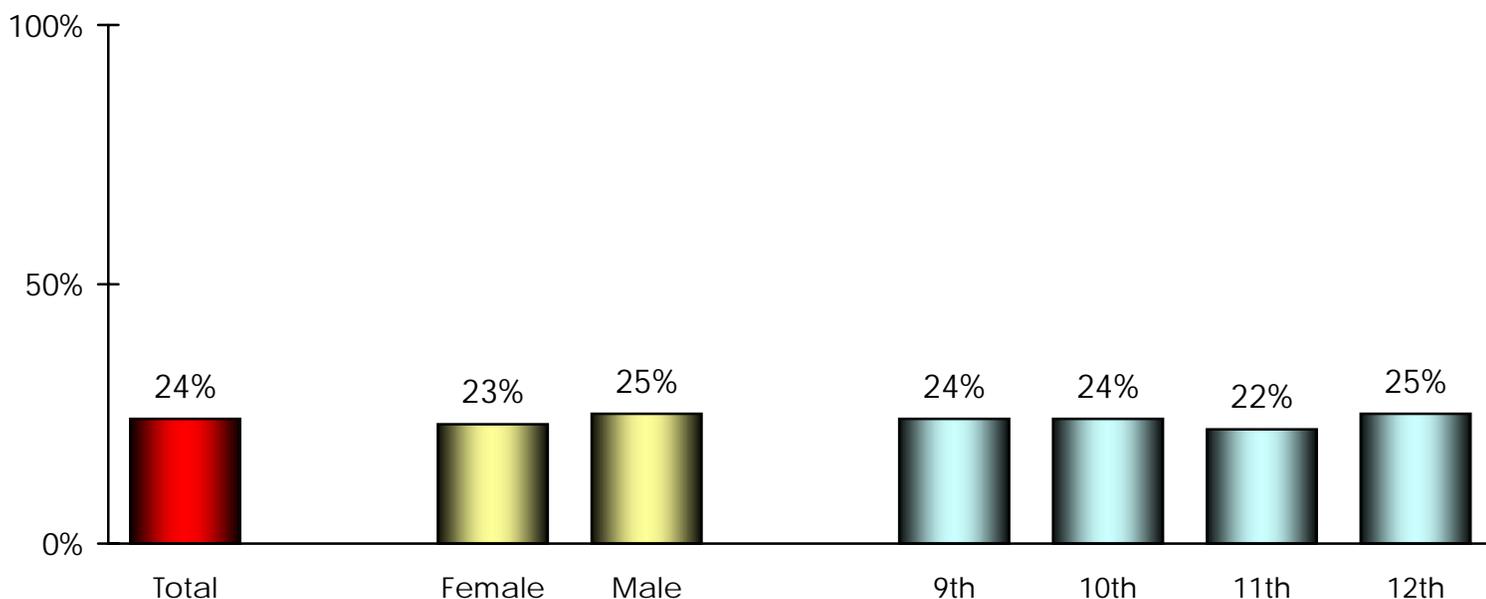


Percentage of students who drank fruit juices four or more times during the past 7 days.

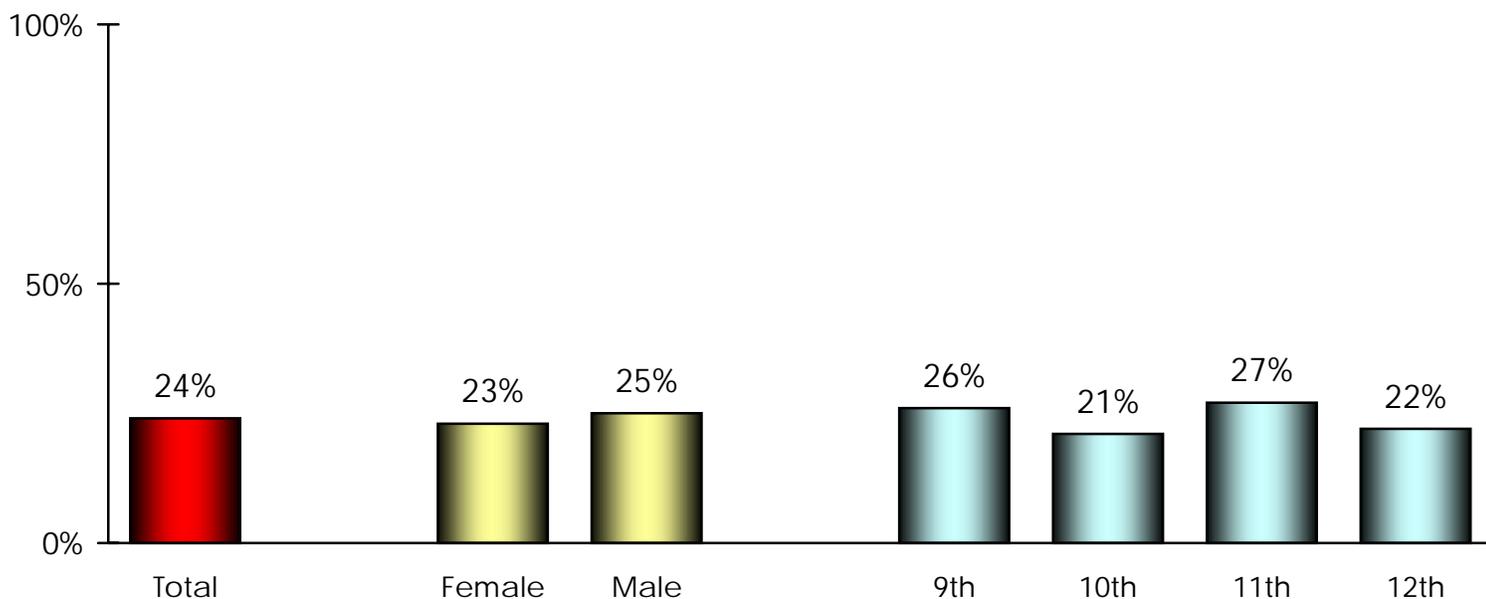


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Percentage of students who ate green salad four or more times during the past 30 days.

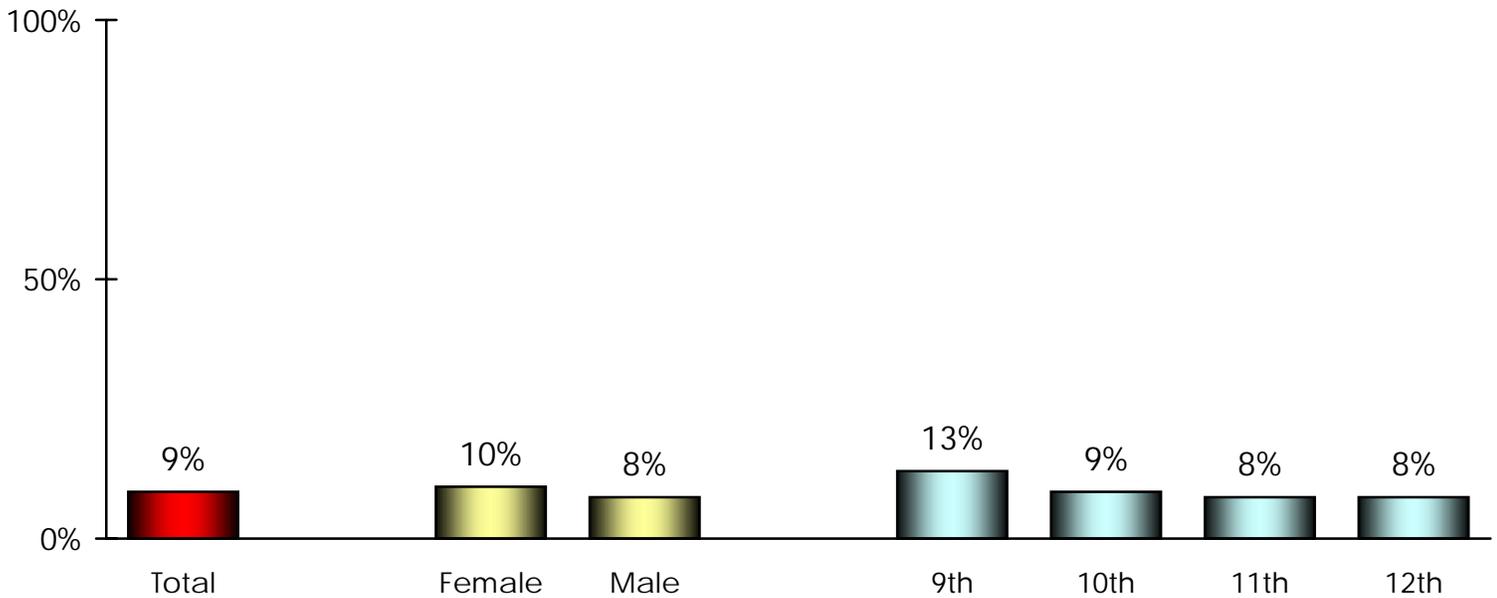


Percentage of students who ate potatoes four or more times during the past 30 days.

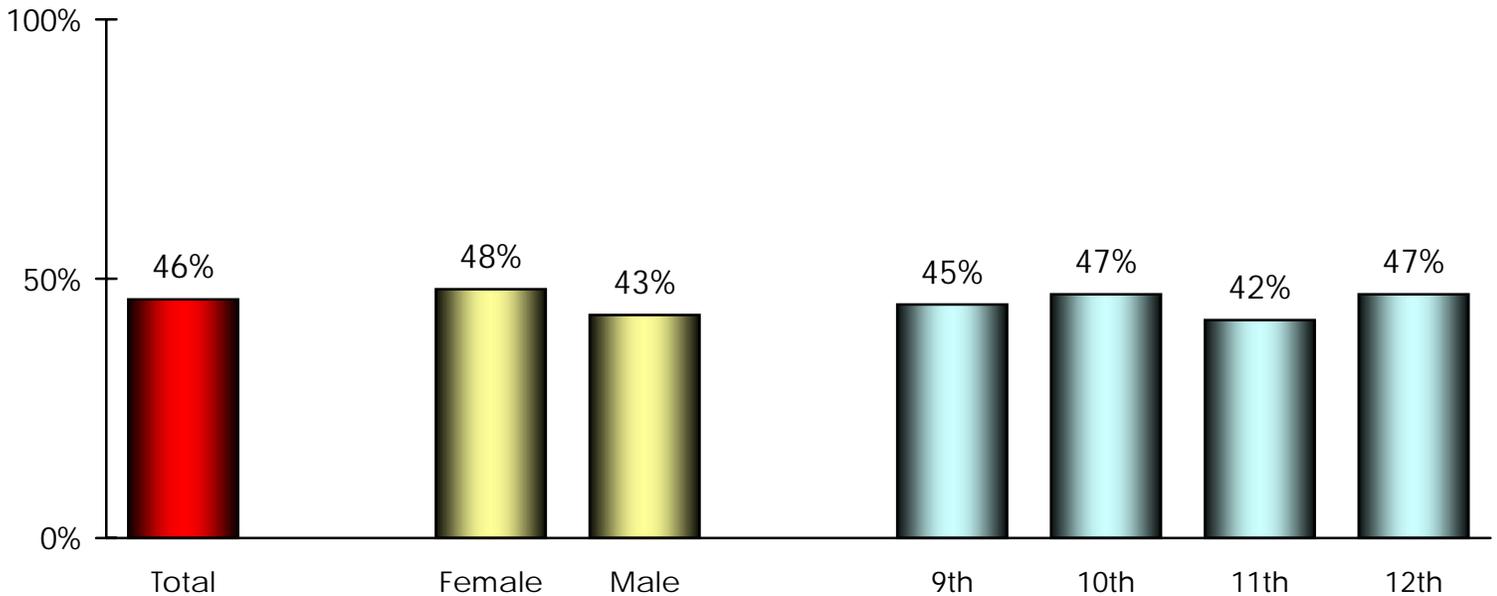


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Percentage of students who ate carrots four or more times during the past 7 days.

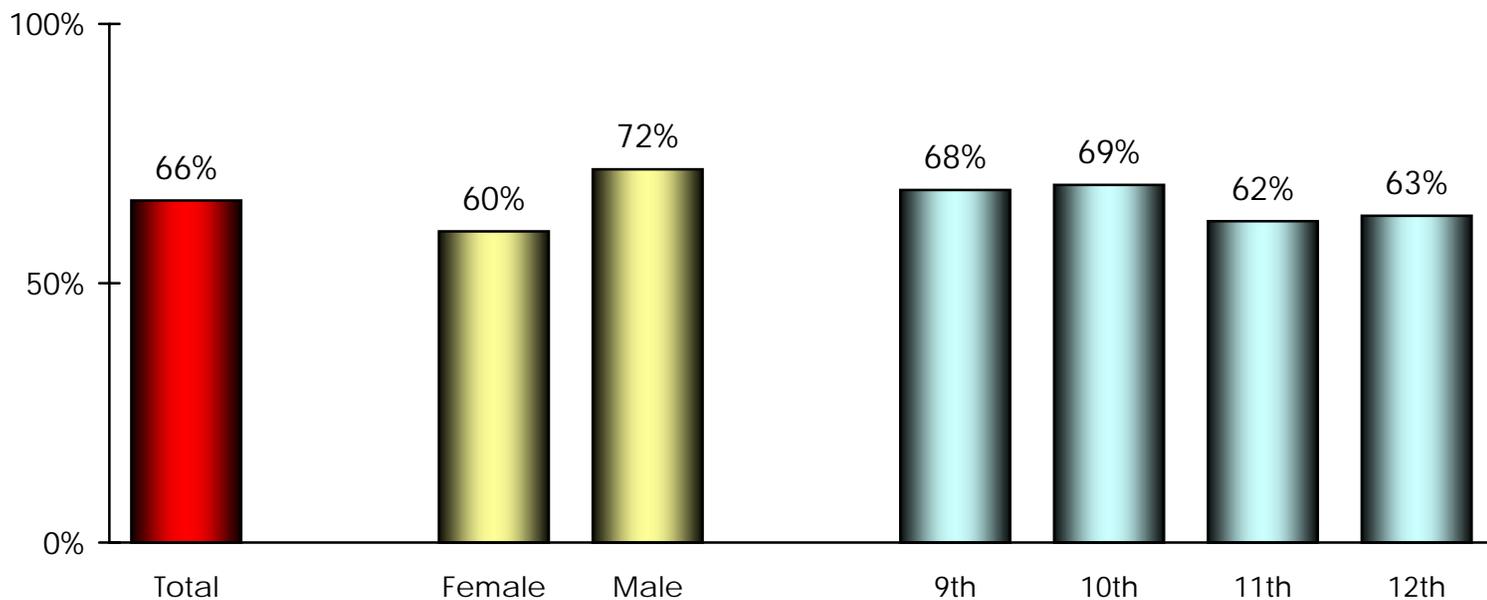


Percentage of students who ate other vegetables four or more times during the past 7 days.



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Percentage of students who drank milk four or more times during the past 7 days.

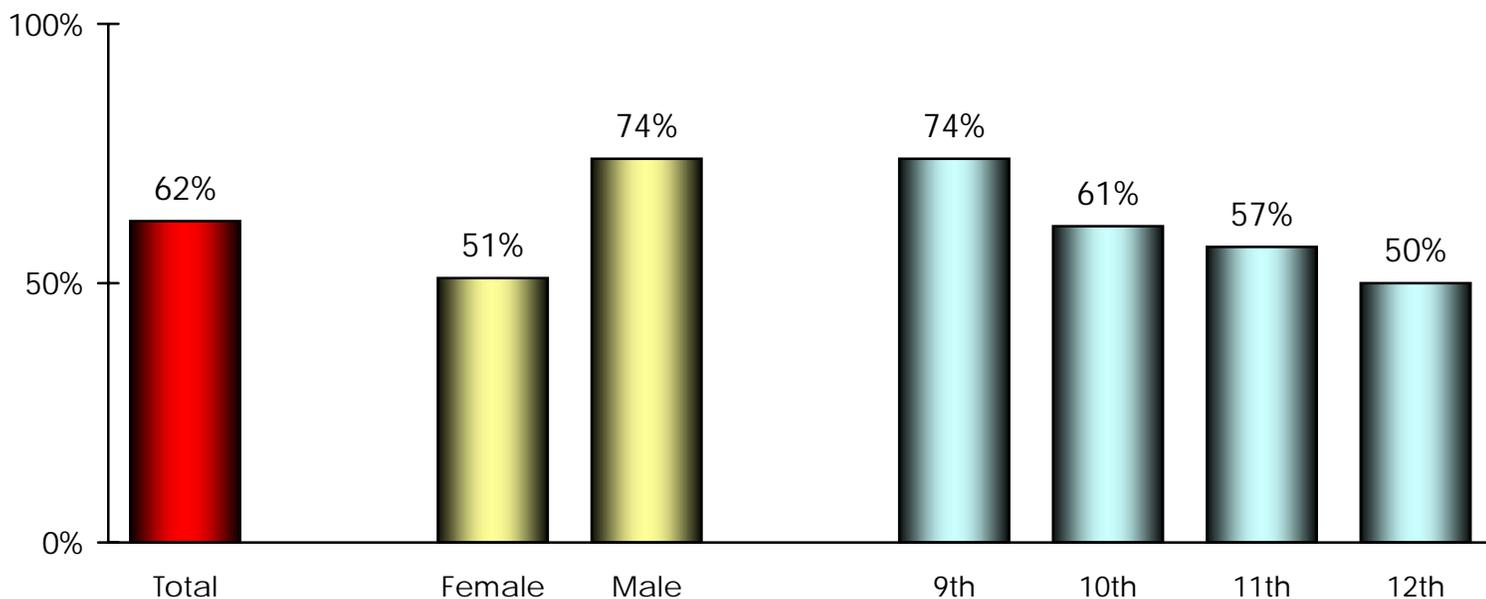


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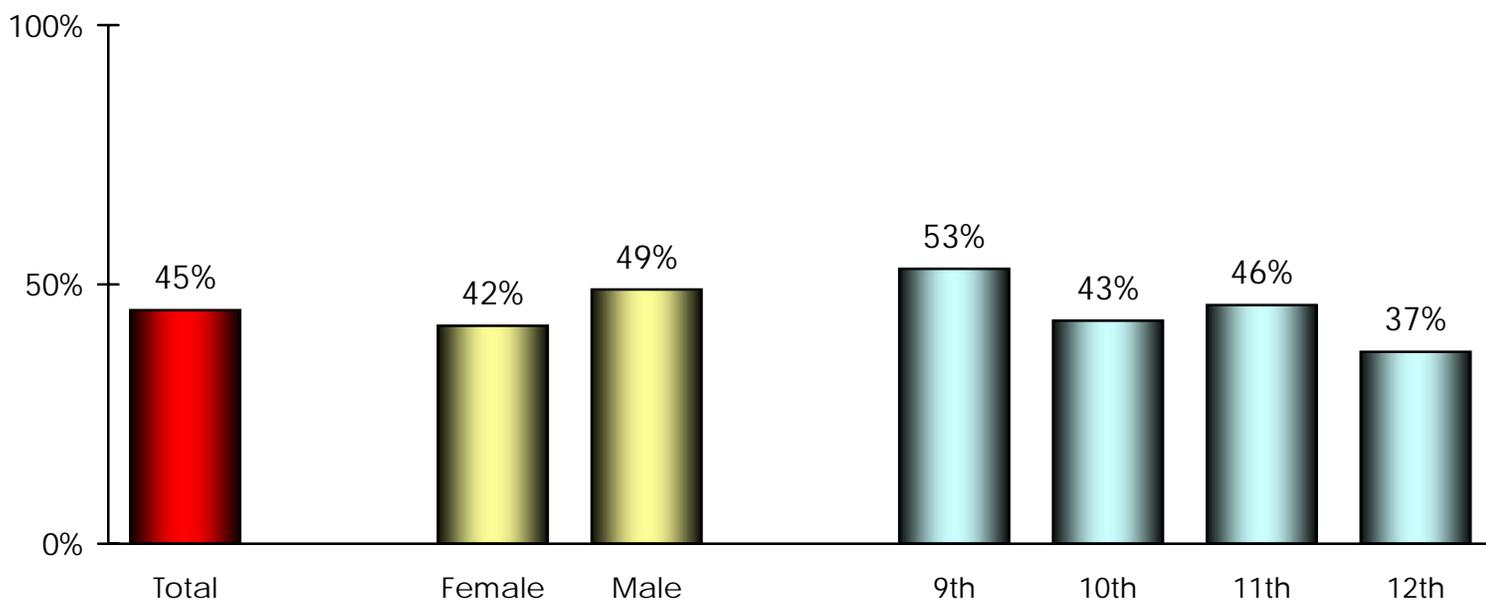
■ Physical Activity

These questions measure students' physical activity, including team sports, physical education class, and sports injuries.

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

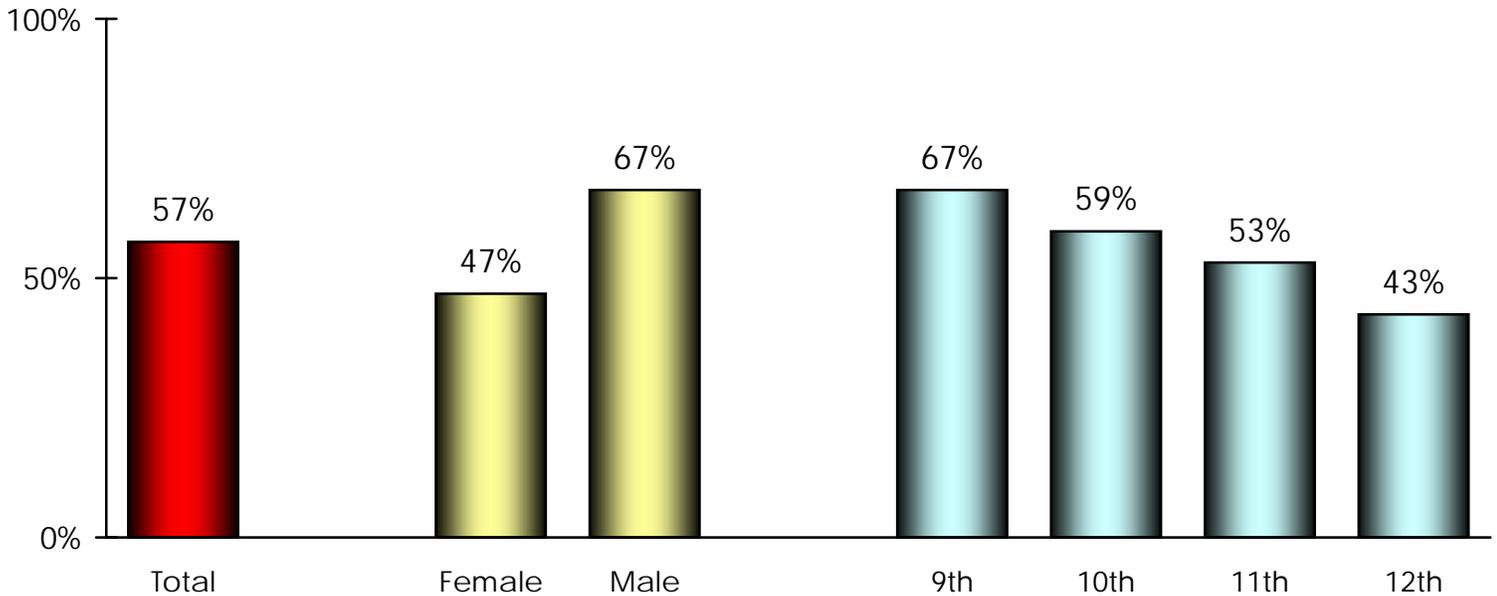


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

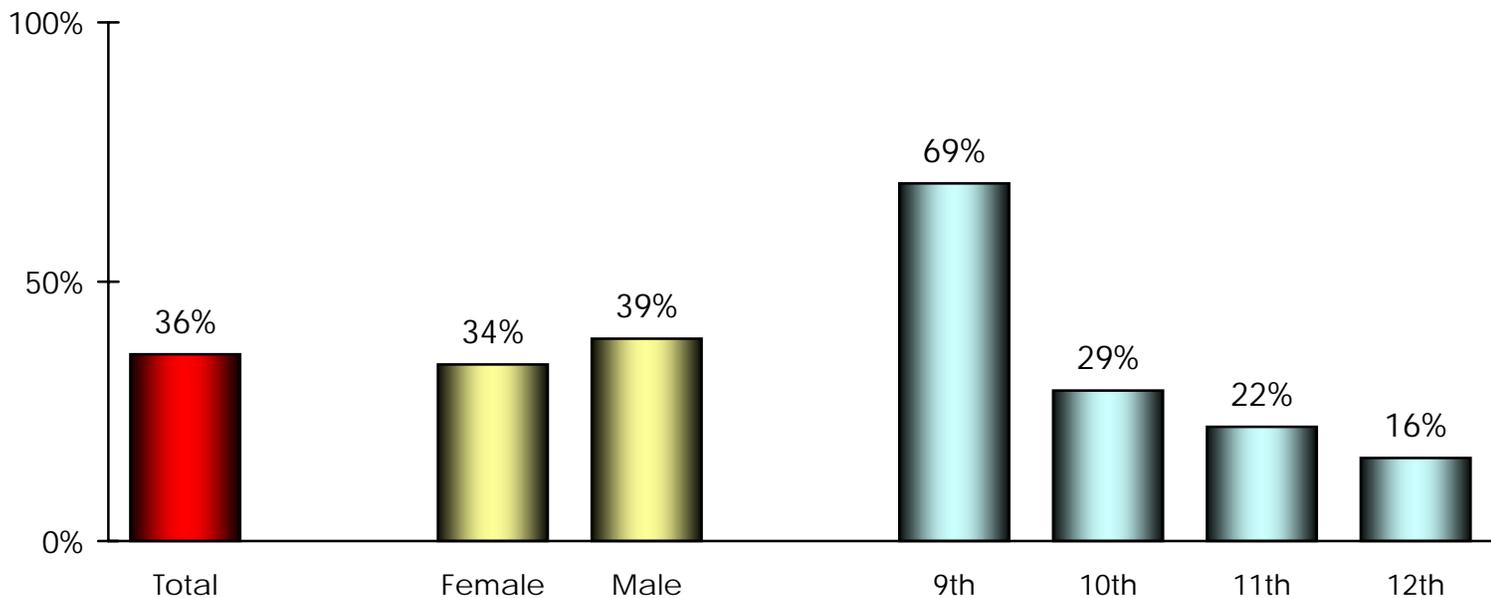


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Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

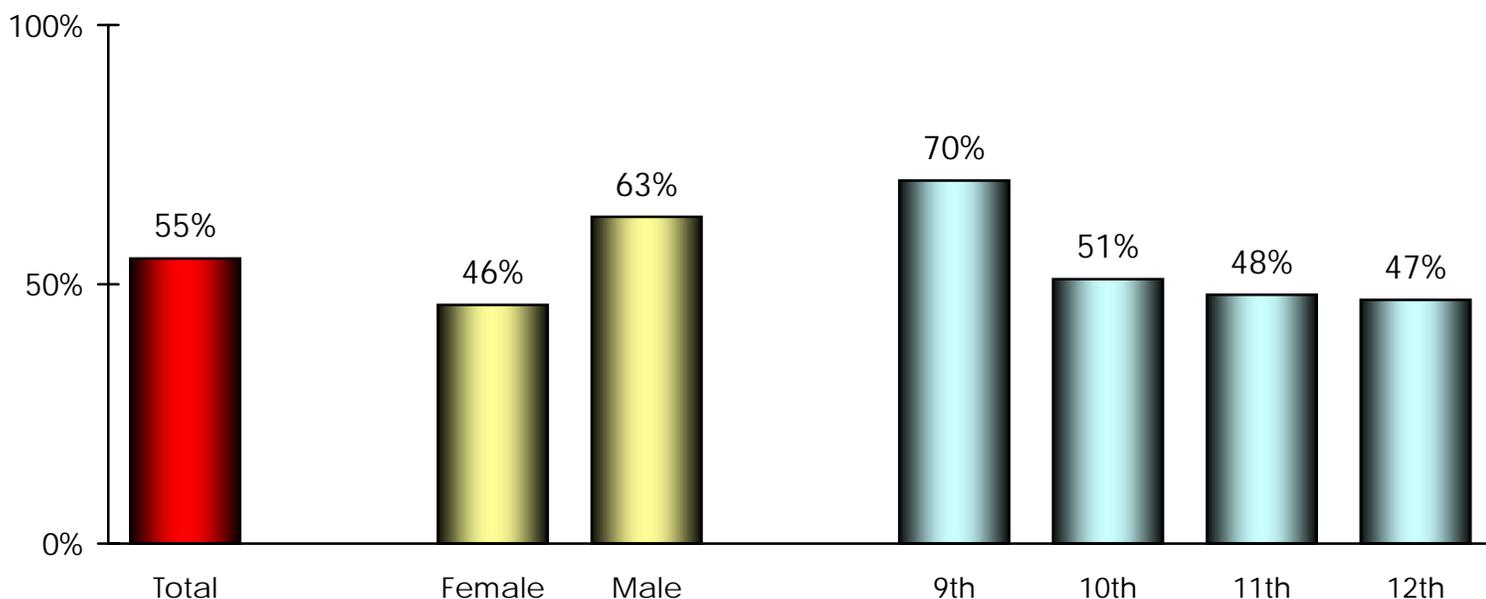


Percentage of students who attended physical education (PE) class one or more days during an average school week.



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Percentage of students who played on one or more sports teams during the past 12 months.



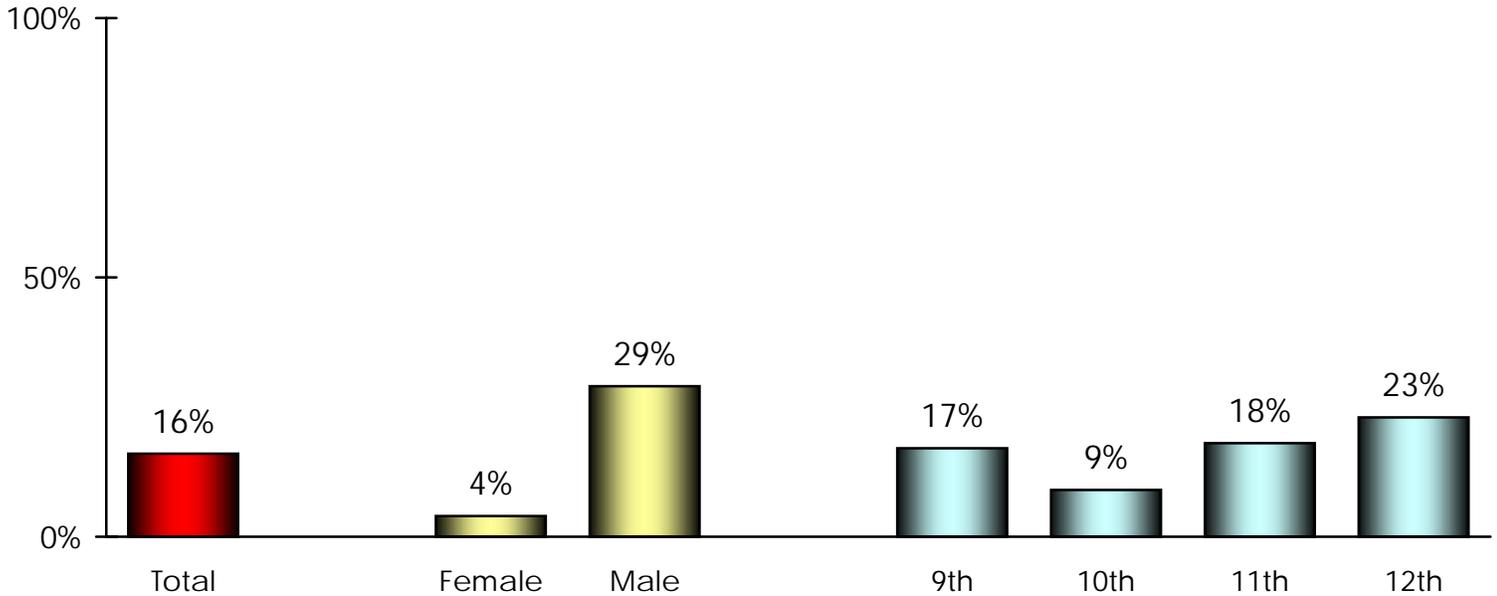
2001-2002 Polk County Youth Risk Behavior Survey

■ Violence-Related Behaviors at School

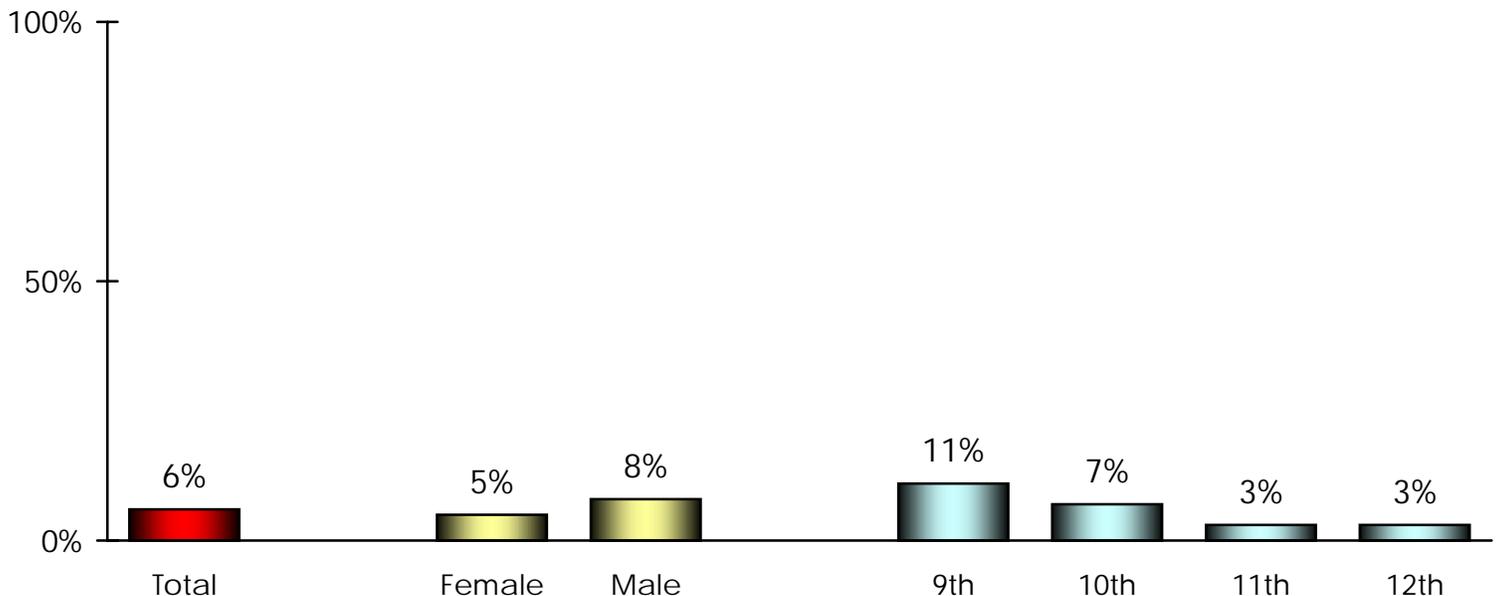
These questions measure violence related behaviors at school.

Percentage of students who carried a weapon* on school property on one or more of the past 30 days.

*such as a gun, knife, or club.

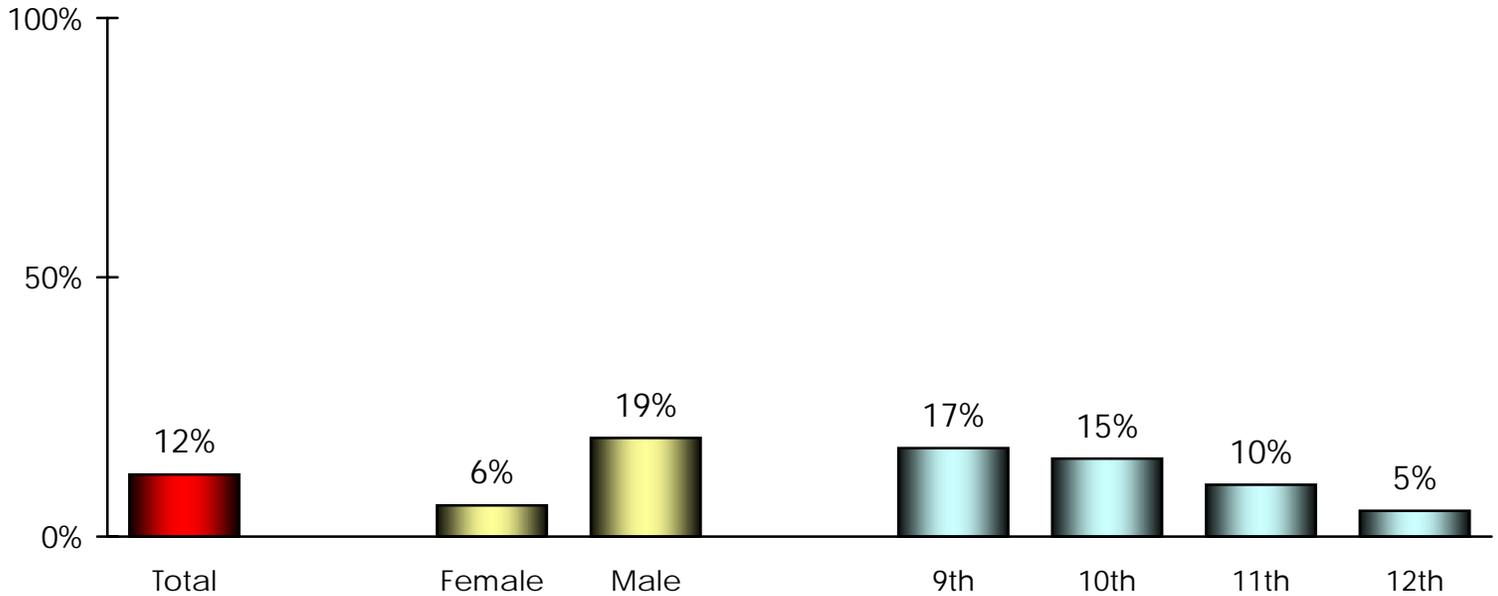


Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



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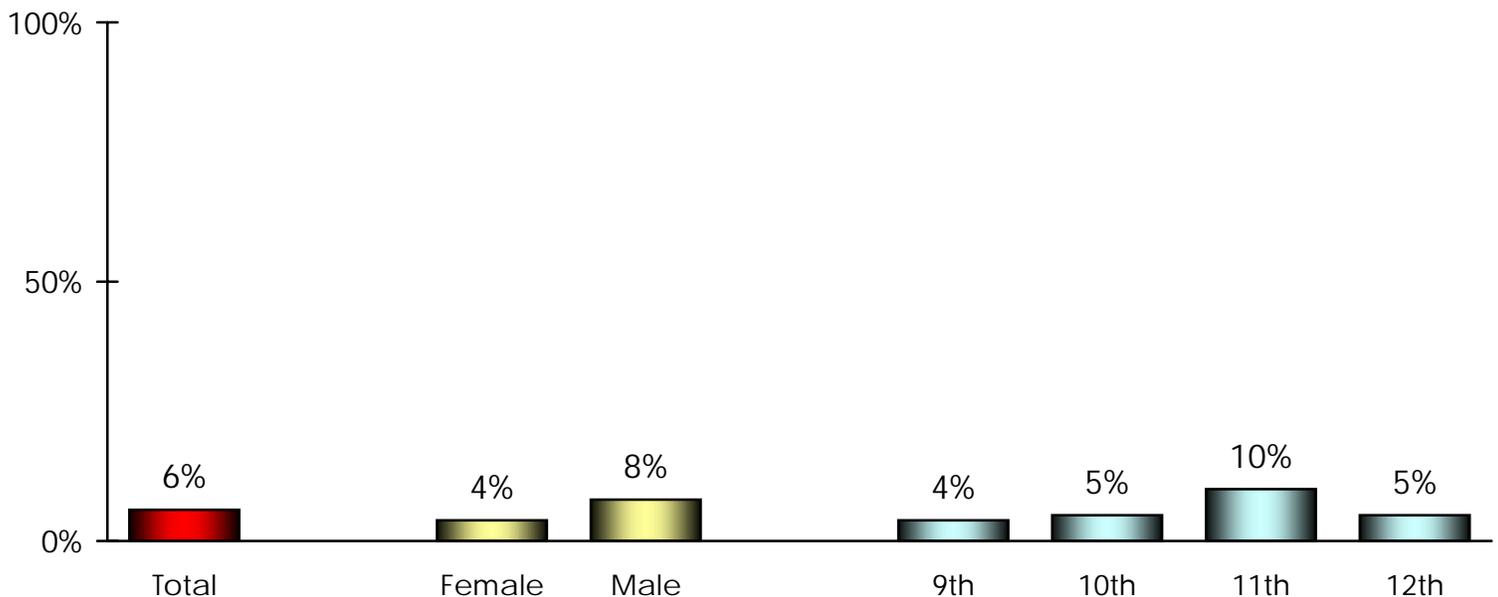
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



■ Tobacco Use at School

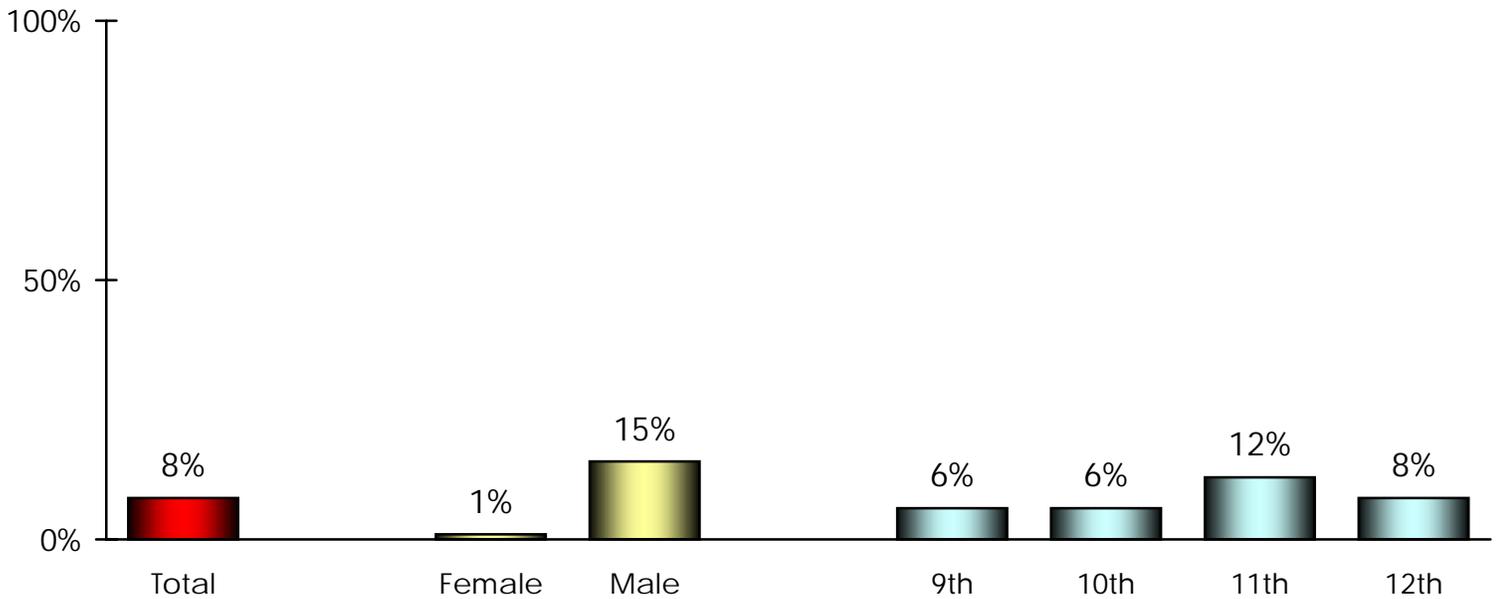
These questions measure tobacco use on school property.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



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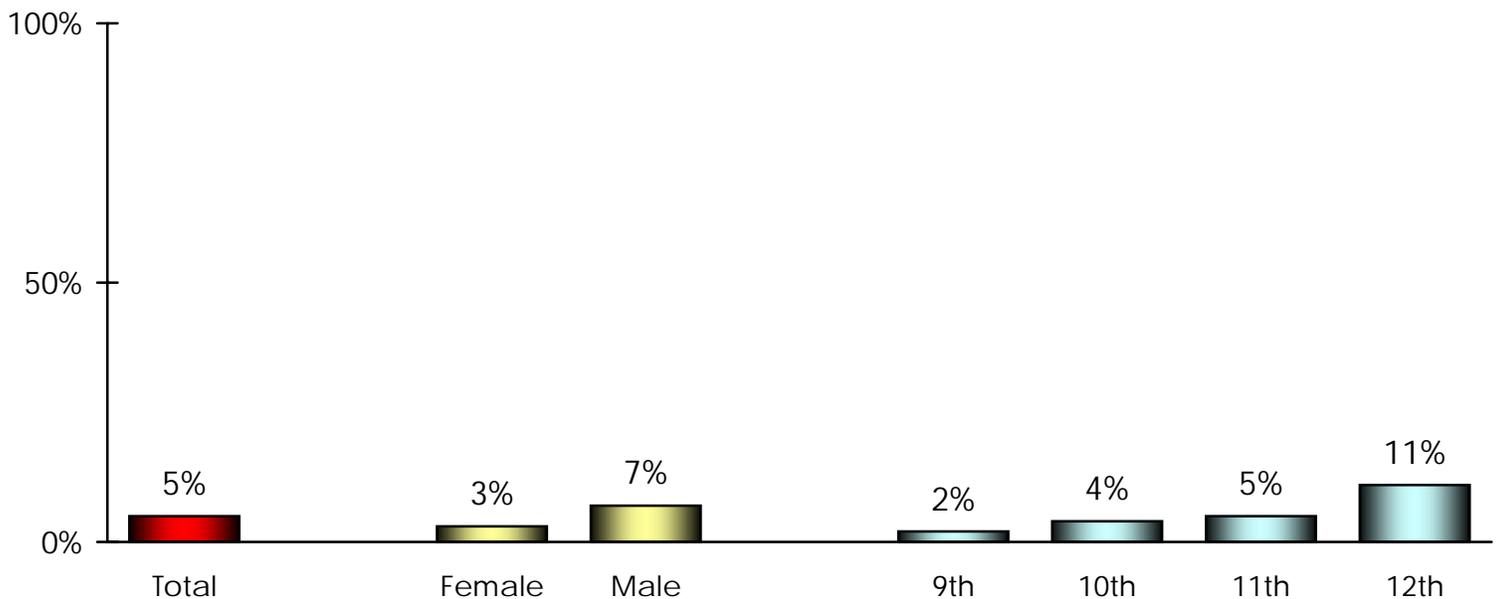
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



■ Alcohol Use at School

This question measures alcohol use on school property.

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

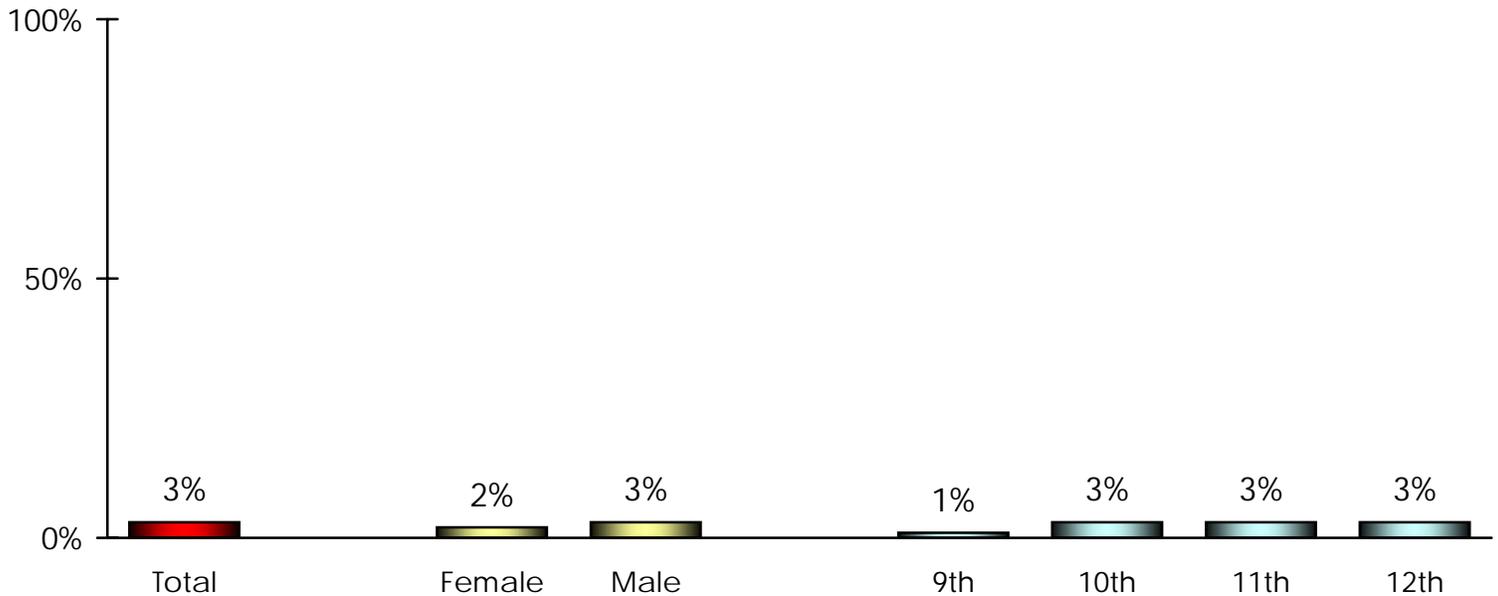


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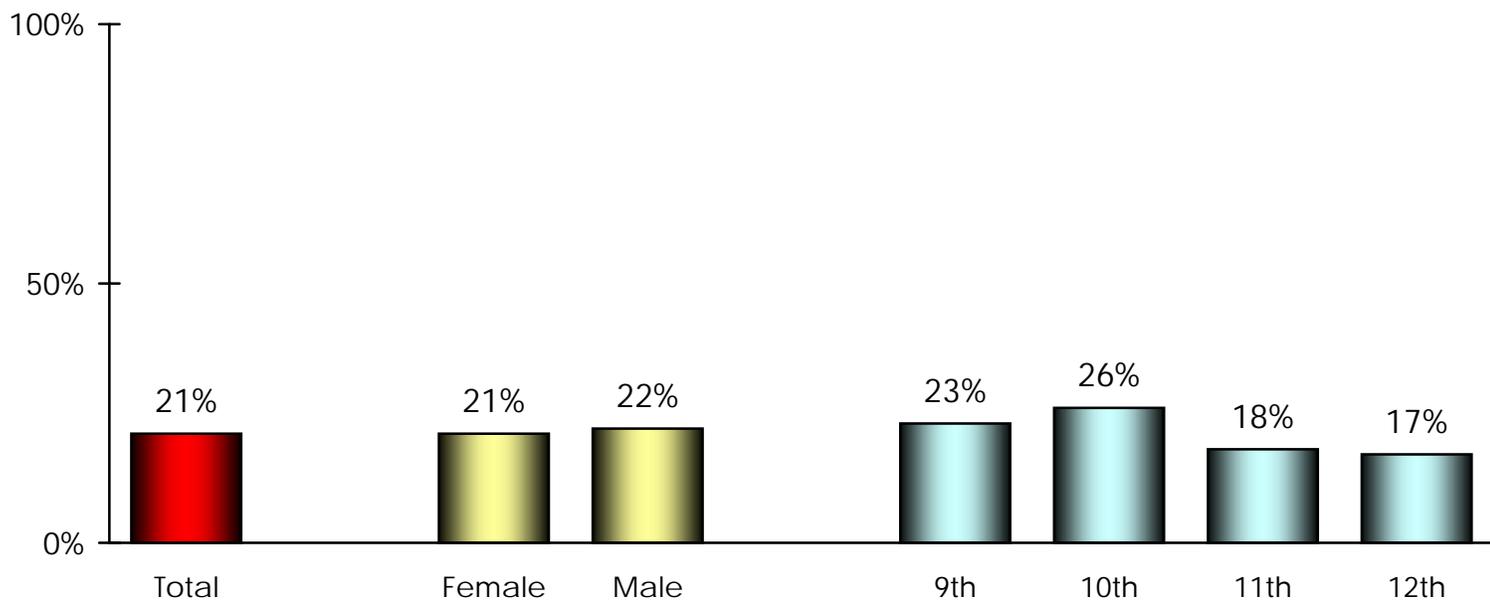
■ Drug Use at School

These questions measure drug use and availability on school property.

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



2001-2002 Polk County Youth Risk Behavior Survey

POLK COUNTY 2001-2002 YRBS RESULTS

1. How old are you?		
	Number of Students	Percent of Total
13	1	0.13
14	63	8.47
15	206	27.69
16	193	25.94
17	168	22.58
18 OR OLDER	113	15.19

Frequency Missing = 1

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	382	51.34
MALE	362	48.66

Frequency Missing = 1

3. In what grade are you?		
	Number of Students	Percent of Total
9TH	211	28.32
10TH	206	27.65
11TH	174	23.36
12TH	154	20.67

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7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	538	72.21
NEVER WORE	85	11.41
RARELY WORE	17	2.28
SOMETIMES WORE	11	1.48
WORE MOST OF THE TIME	29	3.89
ALWAYS WORE	65	8.72

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	342	45.91
NEVER WORE	373	50.07
RARELY WORE	11	1.48
SOMETIMES WORE	5	0.67
WORE MOST OF THE TIME	7	0.94
ALWAYS WORE	7	0.94

2001-2002 Polk County Youth Risk Behavior Survey

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	75	10.07
RARELY	118	15.84
SOMETIMES	144	19.33
MOST OF THE TIME	226	30.34
ALWAYS	182	24.43

10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	514	68.99
1 TIME	74	9.93
2-3 TIMES	81	10.87
4-5 TIMES	22	2.95
6+ TIMES	54	7.25

2001-2002 Polk County Youth Risk Behavior Survey

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	627	85.31
1 TIME	53	7.21
2-3 TIMES	25	3.40
4-5 TIMES	15	2.04
6+ TIMES	15	2.04

Frequency Missing = 10

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

	Number of Students	Percent of Total
0 TIMES	517	71.41
1 TIME	13	1.80
2-3 TIMES	24	3.31
4-5 TIMES	17	2.35
6+ TIMES	153	21.13

Frequency Missing = 21

2001-2002 Polk County Youth Risk Behavior Survey

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	655	89.36
1 TIME	16	2.18
2-3 TIMES	21	2.86
4-5 TIMES	11	1.50
6+ TIMES	30	4.09

Frequency Missing = 12

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	614	83.88
1 TIME	12	1.64
2-3 TIMES	23	3.14
4-5 TIMES	6	0.82
6+ TIMES	77	10.52

Frequency Missing = 13

2001-2002 Polk County Youth Risk Behavior Survey

15. During the past 30 days,
on how many days did you not
go to school because
you felt you would
be unsafe at school or on your
way to or from school?

	Number of Students	Percent of Total
0 TIMES	706	95.79
1 TIME	16	2.17
2-3 TIMES	7	0.95
4-5 TIMES	1	0.14
6+ TIMES	7	0.95

Frequency Missing = 8

16. During the past 12 months, how many
times has someone threatened or injured you
with a weapon such as a gun, knife,
or club on school property?

	Number of Students	Percent of Total
0 TIMES	698	93.69
1 TIME	18	2.42
2-3 TIMES	9	1.21
4-5 TIMES	8	1.07
6-7 TIMES	2	0.27
8-9 TIMES	3	0.40
10-11 TIMES	1	0.13
12+ TIMES	6	0.81

2001-2002 Polk County Youth Risk Behavior Survey

17. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	525	71.62
1 TIME	92	12.55
2-3 TIMES	70	9.55
4-5 TIMES	19	2.59
6-7 TIMES	9	1.23
8-9 TIMES	2	0.27
10-11 TIMES	2	0.27
12+ TIMES	14	1.91

Frequency Missing = 12

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	714	97.67
1 TIME	16	2.19
2-3 TIMES	1	0.14

Frequency Missing = 14

2001-2002 Polk County Youth Risk Behavior Survey

19. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	653	87.77
1 TIME	68	9.14
2-3 TIMES	14	1.88
4-5 TIMES	5	0.67
8-9 TIMES	1	0.13
12+ TIMES	3	0.40

Frequency Missing = 1

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	80	10.83
NO	659	89.17

Frequency Missing = 6

21. Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	74	9.97
NO	668	90.03

Frequency Missing = 3

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22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	205	27.55
NO	539	72.45

Frequency Missing = 1

23. During the past 12 months, did you ever seriously consider attempting suicide?

	Number of Students	Percent of Total
YES	136	19.10
NO	576	80.90

Frequency Missing = 33

24. During the past 12 months, did you make a plan about how you would attempt suicide?

	Number of Students	Percent of Total
YES	117	15.79
NO	624	84.21

Frequency Missing = 4

2001-2002 Polk County Youth Risk Behavior Survey

25. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	605	92.65
1 TIME	27	4.13
2-3 TIMES	17	2.60
4-5 TIMES	2	0.31
6+ TIMES	2	0.31

Frequency Missing = 92

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
N/A	605	91.67
YES	14	2.12
NO	41	6.21

Frequency Missing = 85

27. Have you ever tried cigarette smoking, even one or two puffs?		
	Number of Students	Percent of Total
YES	515	70.84
NO	212	29.16

Frequency Missing = 18

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28. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	284	39.66
8 OR YOUNGER	51	7.12
AGE 9-10	57	7.96
AGE 11-12	111	15.50
AGE 13-14	139	19.41
AGE 15-16	63	8.80
17 OR OLDER	11	1.54

Frequency Missing = 29

29. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	480	66.39
1-2 DAYS	53	7.33
3-5 DAYS	29	4.01
6-9 DAYS	14	1.94
10-19 DAYS	28	3.87
20-29 DAYS	31	4.29
ALL 30 DAYS	88	12.17

Frequency Missing = 22

2001-2002 Polk County Youth Risk Behavior Survey

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	480	66.76
LT 1 PER DAY	34	4.73
1/DAY	31	4.31
2-5/DAY	94	13.07
6-10/DAY	48	6.68
11-20/DAY	27	3.76
21+ /DAY	5	0.70

Frequency Missing = 26

31. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IPM	480	66.30
STORE BOUGHT	79	10.91
MACHINE BOUGHT	1	0.14
SOMEONE ELSE BOUGHT	56	7.73
BORROWED THEM	58	8.01
PERSON 18 OR OLDER GAVE THEM	13	1.80
TOOK FROM A STORE OR FAMILY MEMBER	14	1.93
SOME OTHER WAY	23	3.18

Frequency Missing = 21

2001-2002 Polk County Youth Risk Behavior Survey

32. When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age?		
	Number of Students	Percent of Total
N/A	604	81.95
YES	66	8.96
NO	67	9.09

Frequency Missing = 8

33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	695	94.17
1-2 DAYS	27	3.66
3-5 DAYS	7	0.95
6-9 DAYS	3	0.41
10-19 DAYS	4	0.54
20-29 DAYS	1	0.14
ALL 30 DAYS	1	0.14

Frequency Missing = 7

2001-2002 Polk County Youth Risk Behavior Survey

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?

	Number of Students	Percent of Total
YES	182	25.00
NO	546	75.00

Frequency Missing = 17

35. Have you ever tried to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	475	64.89
YES	165	22.54
NO	92	12.57

Frequency Missing = 13

2001-2002 Polk County Youth Risk Behavior Survey

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

	Number of Students	Percent of Total
0 DAYS	616	83.02
1-2 DAYS	38	5.12
3-5 DAYS	18	2.43
6-9 DAYS	9	1.21
10-19 DAYS	12	1.62
20-29 DAYS	10	1.35
ALL 30 DAYS	39	5.26

Frequency Missing = 3

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?

	Number of Students	Percent of Total
0 DAYS	683	92.05
1-2 DAYS	18	2.43
3-5 DAYS	7	0.94
6-9 DAYS	2	0.27
10-19 DAYS	7	0.94
20-29 DAYS	8	1.08
ALL 30 DAYS	17	2.29

Frequency Missing = 3

2001-2002 Polk County Youth Risk Behavior Survey

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	625	84.12
1-2 DAYS	72	9.69
3-5 DAYS	22	2.96
6-9 DAYS	13	1.75
10-19 DAYS	7	0.94
20-29 DAYS	3	0.40
ALL 30 DAYS	1	0.13

Frequency Missing = 2

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	133	19.82
1-2 DAYS	76	11.33
3-9 DAYS	104	15.50
10-19 DAYS	68	10.13
20-39 DAYS	83	12.37
40-99 DAYS	75	11.18
100+ DAYS	132	19.67

Frequency Missing = 74

2001-2002 Polk County Youth Risk Behavior Survey

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	132	19.50
8 OR YOUNGER	84	12.41
AGE 9-10	69	10.19
AGE 11-12	92	13.59
AGE 13-14	178	26.29
AGE 15-16	101	14.92
17 OR OLDER	21	3.10

Frequency Missing = 68

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	398	55.74
1-2 DAYS	107	14.99
3-5 DAYS	81	11.34
6-9 DAYS	67	9.38
10-19 DAYS	47	6.58
20-29 DAYS	8	1.12
ALL 30 DAYS	6	0.84

Frequency Missing = 31

2001-2002 Polk County Youth Risk Behavior Survey

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	486	66.58
1 DAY	72	9.86
2 DAYS	60	8.22
3-5 DAYS	57	7.81
6-9 DAYS	34	4.66
10-19 DAYS	18	2.47
20+ DAYS	3	0.41

Frequency Missing = 15

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	702	94.86
1-2 DAYS	24	3.24
3-5 DAYS	12	1.62
6-9 DAYS	1	0.14
10-19 DAYS	1	0.14

Frequency Missing = 5

2001-2002 Polk County Youth Risk Behavior Survey

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	457	62.43
1-2 TIMES	76	10.38
3-9 TIMES	52	7.10
10-19 TIMES	29	3.96
20-39 TIMES	23	3.14
40-99 TIMES	21	2.87
100+ TIMES	74	10.11

Frequency Missing = 13

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	459	62.45
8 OR YOUNGER	8	1.09
AGE 9-10	18	2.45
AGE 11-12	46	6.26
AGE 13-14	117	15.92
AGE 15-16	72	9.80
17 OR OLDER	15	2.04

Frequency Missing = 10

2001-2002 Polk County Youth Risk Behavior Survey

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	605	82.20
1-2 TIMES	44	5.98
3-9 TIMES	33	4.48
10-19 TIMES	20	2.72
20-39 TIMES	14	1.90
40+ TIMES	20	2.72

Frequency Missing = 9

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	721	97.43
1-2 TIMES	12	1.62
3-9 TIMES	2	0.27
10-19 TIMES	2	0.27
20-39 TIMES	3	0.41

Frequency Missing = 5

2001-2002 Polk County Youth Risk Behavior Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	682	92.79
1-2 TIMES	20	2.72
3-9 TIMES	13	1.77
10-19 TIMES	4	0.54
20-39 TIMES	10	1.36
40+ TIMES	6	0.82

Frequency Missing = 10

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	714	96.23
1-2 TIMES	13	1.75
3-9 TIMES	10	1.35
10-19 TIMES	2	0.27
20-39 TIMES	2	0.27
40+ TIMES	1	0.13

Frequency Missing = 3

2001-2002 Polk County Youth Risk Behavior Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	611	82.79
1-2 TIMES	62	8.40
3-9 TIMES	31	4.20
10-19 TIMES	20	2.71
20-39 TIMES	8	1.08
40+ TIMES	6	0.81

Frequency Missing = 7

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	696	94.57
1-2 TIMES	30	4.08
3-9 TIMES	7	0.95
10-19 TIMES	3	0.41

Frequency Missing = 9

2001-2002 Polk County Youth Risk Behavior Survey

52. During your life, how many times have you used heroin(also called smack, junk or china white)?		
	Number of Students	Percent of Total
0 TIMES	725	97.97
1-2 TIMES	9	1.22
3-9 TIMES	2	0.27
10-19 TIMES	1	0.14
20-39 TIMES	2	0.27
40+ TIMES	1	0.14

Frequency Missing = 5

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?		
	Number of Students	Percent of Total
0 TIMES	650	87.96
1-2 TIMES	45	6.09
3-9 TIMES	16	2.17
10-19 TIMES	6	0.81
20-39 TIMES	8	1.08
40+ TIMES	14	1.89

Frequency Missing = 6

2001-2002 Polk County Youth Risk Behavior Survey

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	710	95.56
1-2 TIMES	18	2.42
3-9 TIMES	7	0.94
10-19 TIMES	6	0.81
20-39 TIMES	1	0.13
40+ TIMES	1	0.13

Frequency Missing = 2

55. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	728	98.11
1 TIME	6	0.81
2+ TIMES	8	1.08

Frequency Missing = 3

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Number of Students	Percent of Total
YES	159	21.46
NO	582	78.54

Frequency Missing = 4

2001-2002 Polk County Youth Risk Behavior Survey

57. Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	339	48.50
NO	360	51.50

Frequency Missing = 46

58. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	360	51.58
AGE 11 OR YOUNGER	21	3.01
AGE 12	23	3.30
AGE 13	55	7.88
AGE 14	67	9.60
AGE 15	88	12.61
AGE 16	53	7.59
AGE 17+	31	4.44

Frequency Missing = 47

2001-2002 Polk County Youth Risk Behavior Survey

59. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	360	51.87
1 PERSON	116	16.71
2 PEOPLE	61	8.79
3 PEOPLE	46	6.63
4 PEOPLE	28	4.03
5 PEOPLE	21	3.03
6 OR MORE PEOPLE	62	8.93

Frequency Missing = 51

60. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	360	51.65
NONE IN PAST 3 MONTHS	101	14.49
1 PERSON	171	24.53
2 PEOPLE	40	5.74
3 PEOPLE	16	2.30
4 PEOPLE	5	0.72
5 PEOPLE	1	0.14
6 OR MORE PEOPLE	3	0.43

Frequency Missing = 48

2001-2002 Polk County Youth Risk Behavior Survey

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	360	51.65
YES	89	12.77
NO	248	35.58

Frequency Missing = 48

62. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	360	52.02
YES	185	26.73
NO	147	21.24

Frequency Missing = 53

2001-2002 Polk County Youth Risk Behavior Survey

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	360	52.17
NO BIRTH CONTROL USED	44	6.38
BIRTH CONTROL PILLS	51	7.39
CONDOMS	160	23.19
DEPO-PROVERA	20	2.90
WITHDRAWAL	45	6.52
OTHER	4	0.58
NOT SURE	6	0.87

Frequency Missing = 55

64. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	690	94.39
1 TIME	26	3.56
2+ TIMES	3	0.41
NOT SURE	12	1.64

Frequency Missing = 14

2001-2002 Polk County Youth Risk Behavior Survey

65. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	20	2.71
SLIGHTLY UNDERWEIGHT	101	13.67
ABOUT THE RIGHT WEIGHT	383	51.83
SLIGHTLY OVERWEIGHT	198	26.79
VERY OVERWEIGHT	37	5.01

Frequency Missing = 6

66. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	326	44.17
GAIN WEIGHT	113	15.31
STAY THE SAME WEIGHT	142	19.24
NOT TRYING TO DO ANYTHING	157	21.27

Frequency Missing = 7

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	436	59.00
NO	303	41.00

Frequency Missing = 6

2001-2002 Polk County Youth Risk Behavior Survey

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	314	42.43
NO	426	57.57

Frequency Missing = 5

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	115	15.54
NO	625	84.46

Frequency Missing = 5

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	80	10.81
NO	660	89.19

Frequency Missing = 5

2001-2002 Polk County Youth Risk Behavior Survey

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	40	5.42
NO	698	94.58

Frequency Missing = 7

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	175	23.91
1-3 TIMES	233	31.83
4-6 TIMES	125	17.08
ONCE PER DAY	55	7.51
TWICE PER DAY	68	9.29
3 TIMES PER DAY	32	4.37
4+ TIMES PER DAY	44	6.01

Frequency Missing = 13

2001-2002 Polk County Youth Risk Behavior Survey

73. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	148	20.05
1-3 TIMES	335	45.39
4-6 TIMES	117	15.85
ONCE PER DAY	60	8.13
TWICE PER DAY	38	5.15
3 TIMES PER DAY	25	3.39
4+ TIMES PER DAY	15	2.03

Frequency Missing = 7

74. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	254	34.51
1-3 TIMES	308	41.85
4-6 TIMES	107	14.54
ONCE PER DAY	50	6.79
TWICE PER DAY	11	1.49
3 TIMES PER DAY	2	0.27
4+ TIMES PER DAY	4	0.54

Frequency Missing = 9

2001-2002 Polk County Youth Risk Behavior Survey

75. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	171	23.33
1-3 TIMES	385	52.52
4-6 TIMES	115	15.69
ONCE PER DAY	38	5.18
TWICE PER DAY	13	1.77
3 TIMES PER DAY	3	0.41
4+ TIMES PER DAY	8	1.09

Frequency Missing = 12

76. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	432	58.78
1-3 TIMES	234	31.84
4-6 TIMES	40	5.44
ONCE PER DAY	17	2.31
TWICE PER DAY	6	0.82
3 TIMES PER DAY	3	0.41
4+ TIMES PER DAY	3	0.41

Frequency Missing = 10

2001-2002 Polk County Youth Risk Behavior Survey

77. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	120	16.35
1-3 TIMES	280	38.15
4-6 TIMES	179	24.39
ONCE PER DAY	64	8.72
TWICE PER DAY	58	7.90
3 TIMES PER DAY	19	2.59
4+ TIMES PER DAY	14	1.91

Frequency Missing = 11

78. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	100	13.70
1-3 TIMES	151	20.68
4-6 TIMES	132	18.08
ONCE PER DAY	82	11.23
TWICE PER DAY	107	14.66
3 TIMES PER DAY	83	11.37
4+ TIMES PER DAY	75	10.27

Frequency Missing = 15

2001-2002 Polk County Youth Risk Behavior Survey

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar activities?

	Number of Students	Percent of Total
0 DAYS	132	18.11
1 DAY	71	9.74
2 DAYS	76	10.43
3 DAYS	71	9.74
4 DAYS	45	6.17
5 DAYS	110	15.09
6 DAYS	43	5.90
7 DAYS	181	24.83

Frequency Missing = 16

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80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors ?

	Number of Students	Percent of Total
0 DAYS	216	29.83
1 DAY	75	10.36
2 DAYS	106	14.64
3 DAYS	68	9.39
4 DAYS	50	6.91
5 DAYS	51	7.04
6 DAYS	20	2.76
7 DAYS	138	19.06

Frequency Missing = 21

2001-2002 Polk County Youth Risk Behavior Survey

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	159	22.05
1 DAY	72	9.99
2 DAYS	82	11.37
3 DAYS	91	12.62
4 DAYS	70	9.71
5 DAYS	91	12.62
6 DAYS	31	4.30
7 DAYS	125	17.34

Frequency Missing = 24

82. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	76	10.48
LT ONE HOUR	132	18.21
1 HOUR	102	14.07
2 HOURS	169	23.31
3 HOURS	127	17.52
4 HOURS	54	7.45
5+ HOURS	65	8.97

Frequency Missing = 20

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83. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	435	63.50
1 DAY	13	1.90
2 DAYS	6	0.88
3 DAYS	8	1.17
4 DAYS	3	0.44
5 DAYS	220	32.12

Frequency Missing = 60

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?		
	Number of Students	Percent of Total
NO PE CLASS	434	63.27
LT 10 MINUTES	18	2.62
10-20 MINUTES	19	2.77
21-30 MINUTES	21	3.06
31-40 MINUTES	34	4.96
41-50 MINUTES	83	12.10
51-60 MINUTES	31	4.52
OVER 60 MINUTES	46	6.71

Frequency Missing = 59

2001-2002 Polk County Youth Risk Behavior Survey

85. During the past 12 months, on how many sports teams did you play?		
	Number of Students	Percent of Total
0 TEAMS	328	45.43
1 TEAM	171	23.68
2 TEAMS	126	17.45
3+ TEAMS	97	13.43

Frequency Missing = 23

86. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	235	32.59
MOSTLY B's	277	38.42
MOSTLY C's	148	20.53
MOSTLY D's	19	2.64
MOSTLY F's	9	1.25
NONE OF THE ABOVE	7	0.97
NOT SURE	26	3.61

Frequency Missing = 24

2001-2002 Polk County Youth Risk Behavior Survey

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	633	88.66
NO	47	6.58
NOT SURE	34	4.76

Frequency Missing = 31

Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

Violence

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

Tobacco , Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

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Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

Mental Health Issues

This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

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Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>