

# 2001-2002 Monroe County Youth Risk Behavior Survey

*Coordinated by:*

Monroe County Hometown Health Improvement

*and*

Arkansas Department of Health  
Center for Health Statistics

December, 2002

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# 2001-2002 Monroe County Youth Risk Behavior Survey

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## 2001-2002 Monroe County Youth Risk Behavior Survey

### What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During October, 2002, usable YRBS questionnaires were completed by 701 seventh through twelfth grade students throughout Monroe County public schools. The information provided by those students is presented in this report.

#### Why did Monroe County conduct the YRBS?

Monroe County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Monroe County HHI is working to assess the specific health needs of Monroe County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at Monroe County schools.

The YRBS will help Monroe County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Monroe County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2001-2002 YRBS also provides Monroe County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Monroe County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

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- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During October, 2002, seventh through twelfth grade students enrolled in Monroe County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Monroe County schools' students participated in the survey:

- Brinkley
- Clarendon
- Holly Grove

### About This Report

This report entitled "2001-2002 Monroe County Youth Risk Behavior Survey" summarizes the overall answers Monroe County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Monroe County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Monroe County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Monroe County's 2001-2002 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Monroe County students in October, 2002. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response. Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

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Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Monroe County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Monroe County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Monroe County's 2001-2002 YRBS data may request additional data from:

Monroe County Hometown Health Improvement  
Shirley Coburn  
306 W. King Dr.  
Brinkley, AR 72021

Ph. (870) 734-1461  
scoburn@healthyarkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

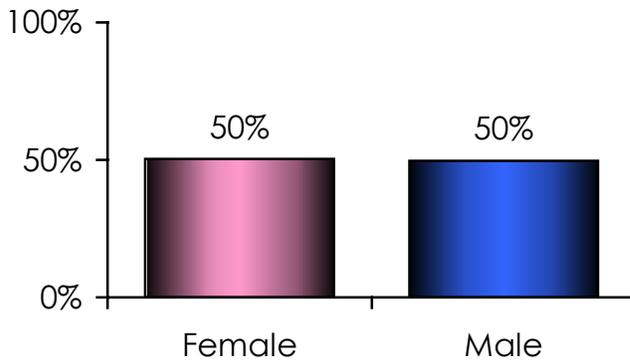
Arkansas Center for Health Statistics  
Sharon Rose Judah, Lead Programmer Analyst  
Ph. (501) 661-2971  
sjudah@healthyarkansas.com

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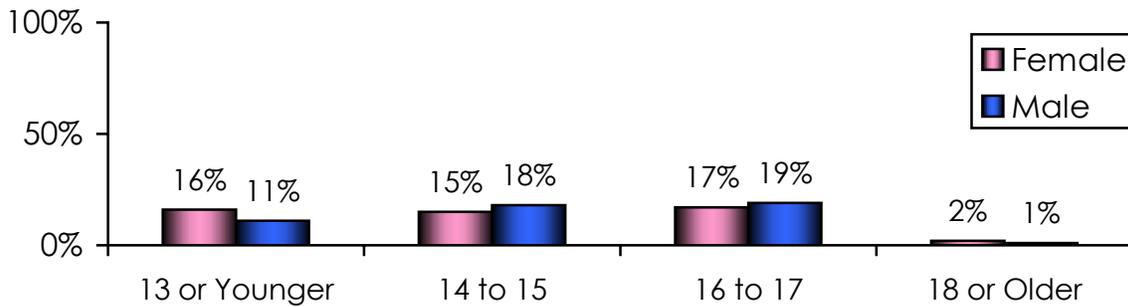
## Demographics of survey participants:

Total number of survey participants = 701

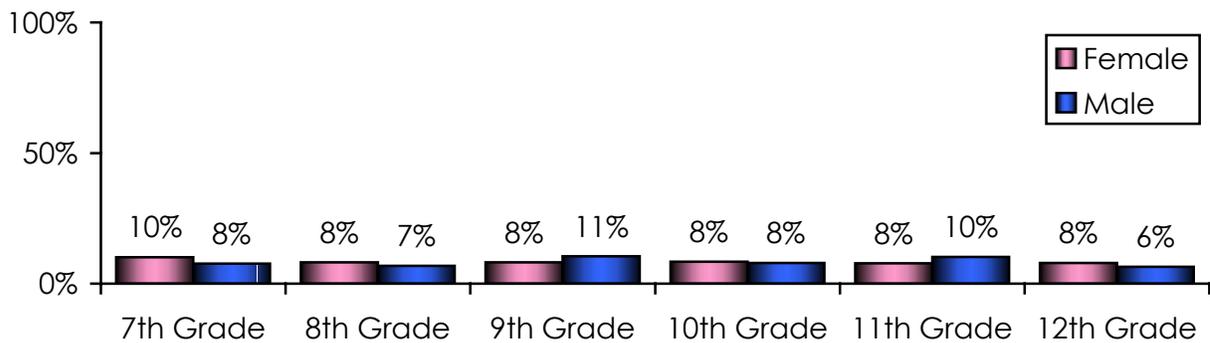
### Gender



### Age



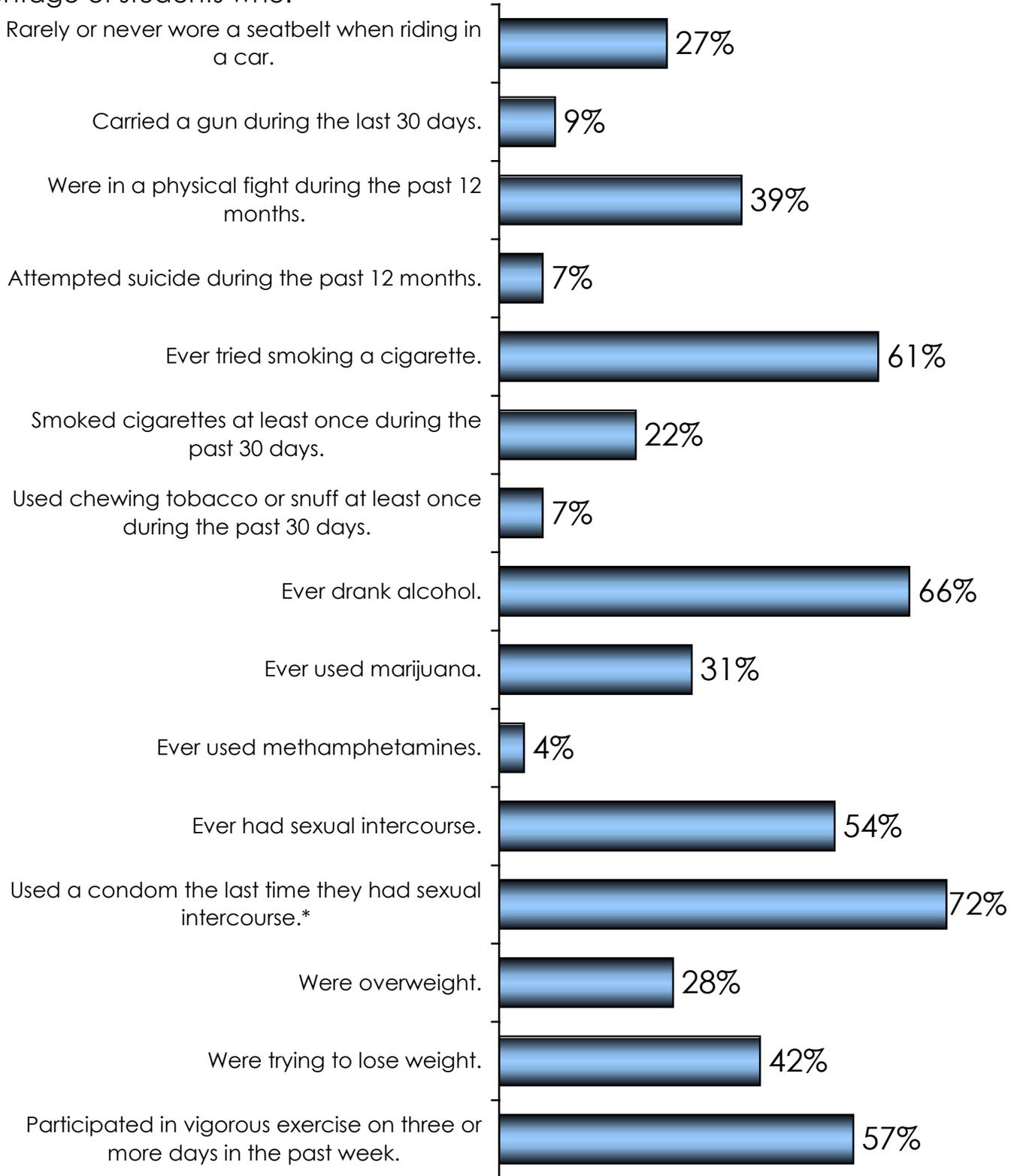
### Grade



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## Summary of Monroe County YRBS Findings

Percentage of students who:

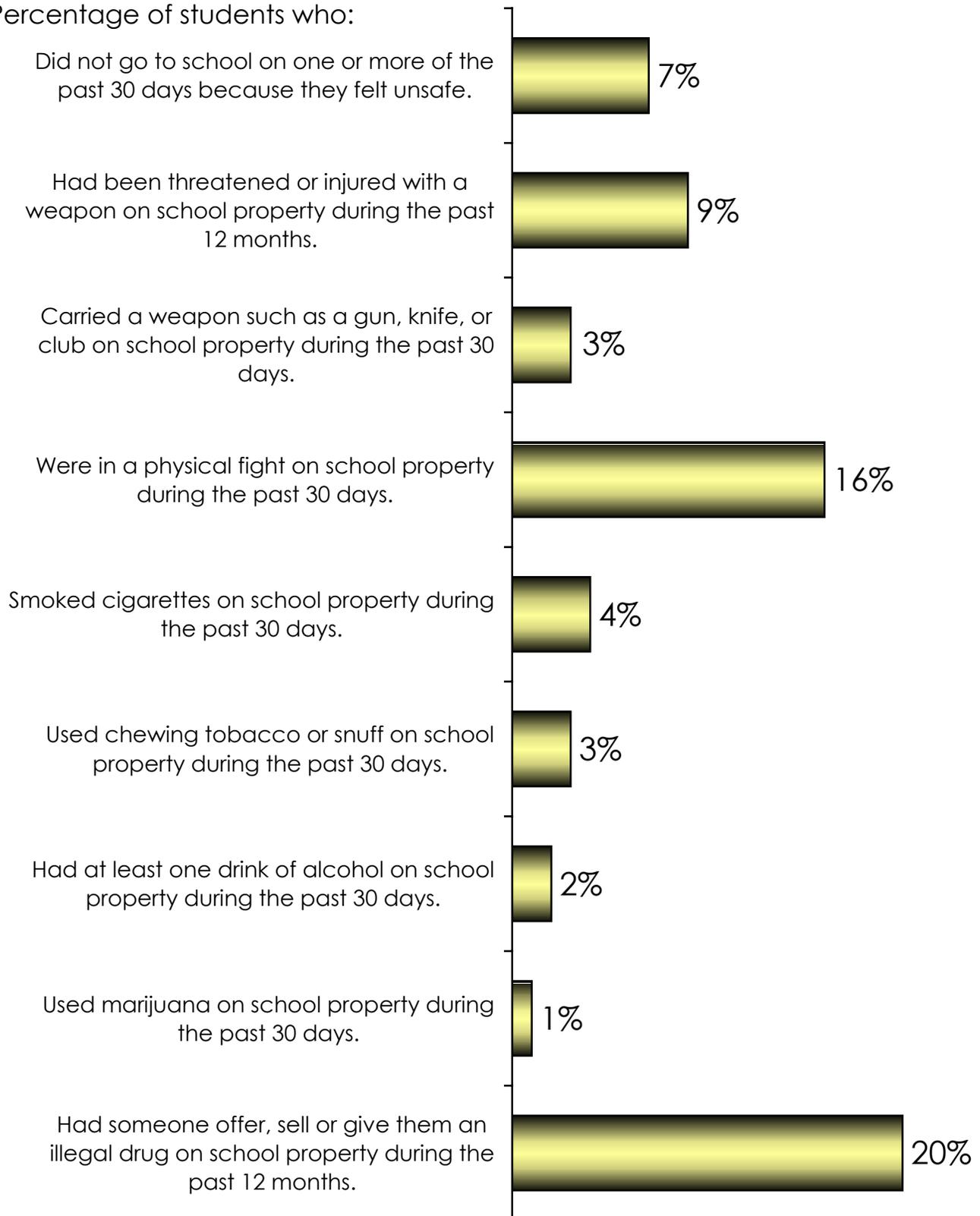


\* of those who had ever had sexual intercourse.

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## Summary of Behaviors Relating to School Property

Percentage of students who:



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## Key findings

The following summaries highlight Monroe county students' responses on the youth risk behavior survey in key areas and provide an overview of Monroe county students' current activities which impact their health.

### Behaviors that result in injuries

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 52% said they rarely or never wore a helmet. Ninety-three percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-five percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Twelve indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 3% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 39% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 7% had to be treated for injuries sustained while fighting.
- Fourteen percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

### Depression and suicide

- Thirty percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 16% of students had seriously considered attempting suicide, 14% had made a plan about how they would attempt suicide, and 7% actually attempted to commit suicide. Four percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

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### Tobacco use

- Sixty-one percent of the students surveyed said they had tried smoking a cigarette. Twenty-two percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 62% said they usually smoked two or more cigarettes on the days they smoked, and 17% said they usually got their own cigarettes by purchasing them at a store. Fifty-two percent of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Seven percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 3% had used it on school property.
- Sixteen percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Sixty-six percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 34% had taken their first drink by the age of 13.
- Thirty-eight percent of the students had taken at least one drink of alcohol in the month before the survey, and 21% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-one percent of the students said they had used marijuana at least once during their lives. Fourteen percent said they had smoked marijuana at least once during the last month.
- Thirteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Five percent had done so during the past month.
- Four percent of the students surveyed had tried methamphetamines, 1% tried heroin, and 4% had tried cocaine at least once during their lives. One percent had used a needle to inject an illegal drug into their bodies at least once.
- Three percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

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### Sexual activity

- Fifty-four percent of the students who completed the survey said they had sexual intercourse. Twenty-one percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 18% had used drugs or alcohol before their last sexual encounter, and 72% used a condom the last time they had sex.
- Five percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Twenty-eight percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or bmi, is a ratio of weight to height that allows people of different heights to be compared.
- While only 28% of the students are considered overweight as measured by bmi, 26% of the students perceived themselves as slightly to very overweight, and 42% reported that they were trying to lose weight.
- Thirty-two percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 52% exercised, 6% vomited or took laxatives, 6% took diet pills, and 14% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

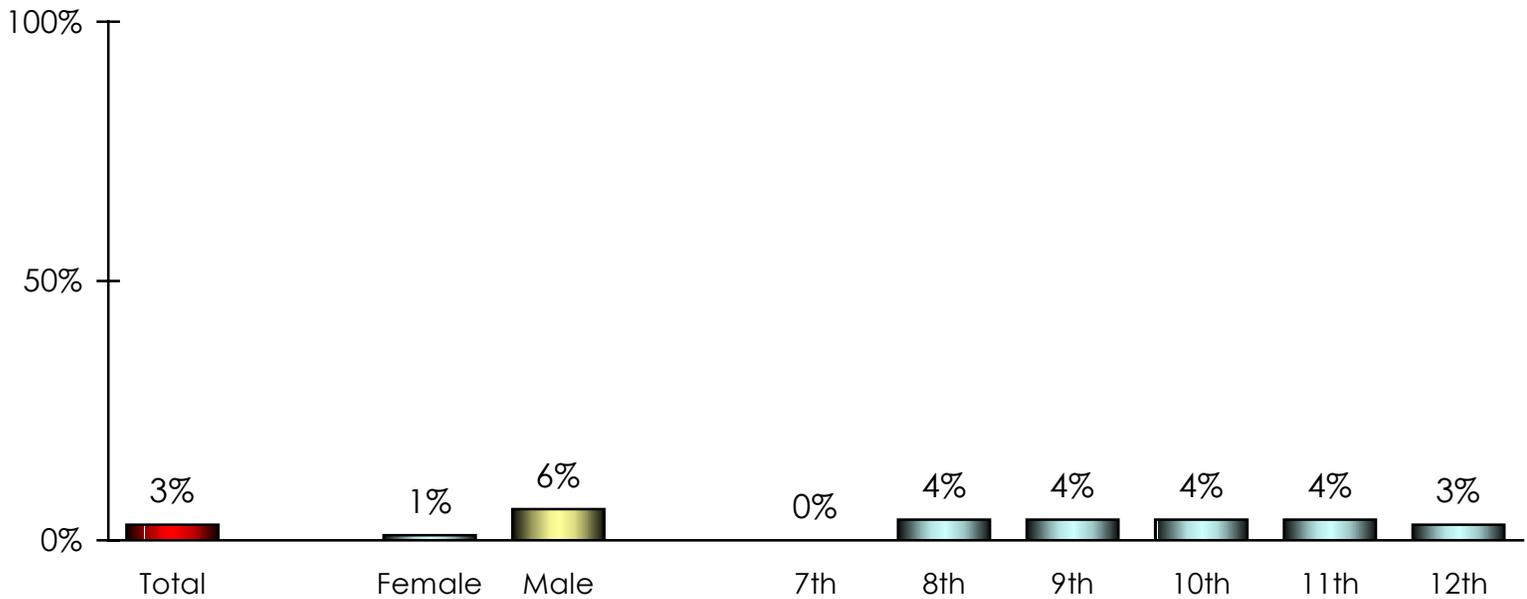
- Fifty-seven percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Thirty-five percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Thirty-three percent of the students attended a physical education (pe) class at least once during an average school week, and 64% said they had played on one or more sports teams during the past year.

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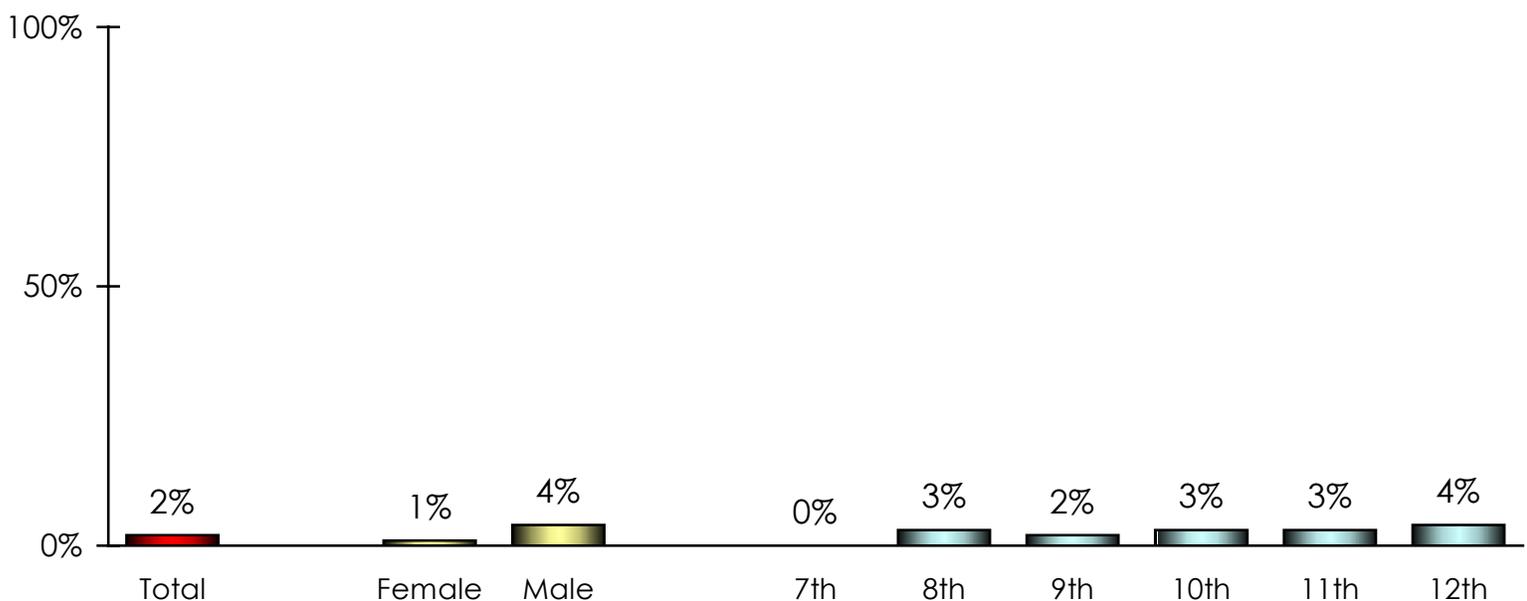
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

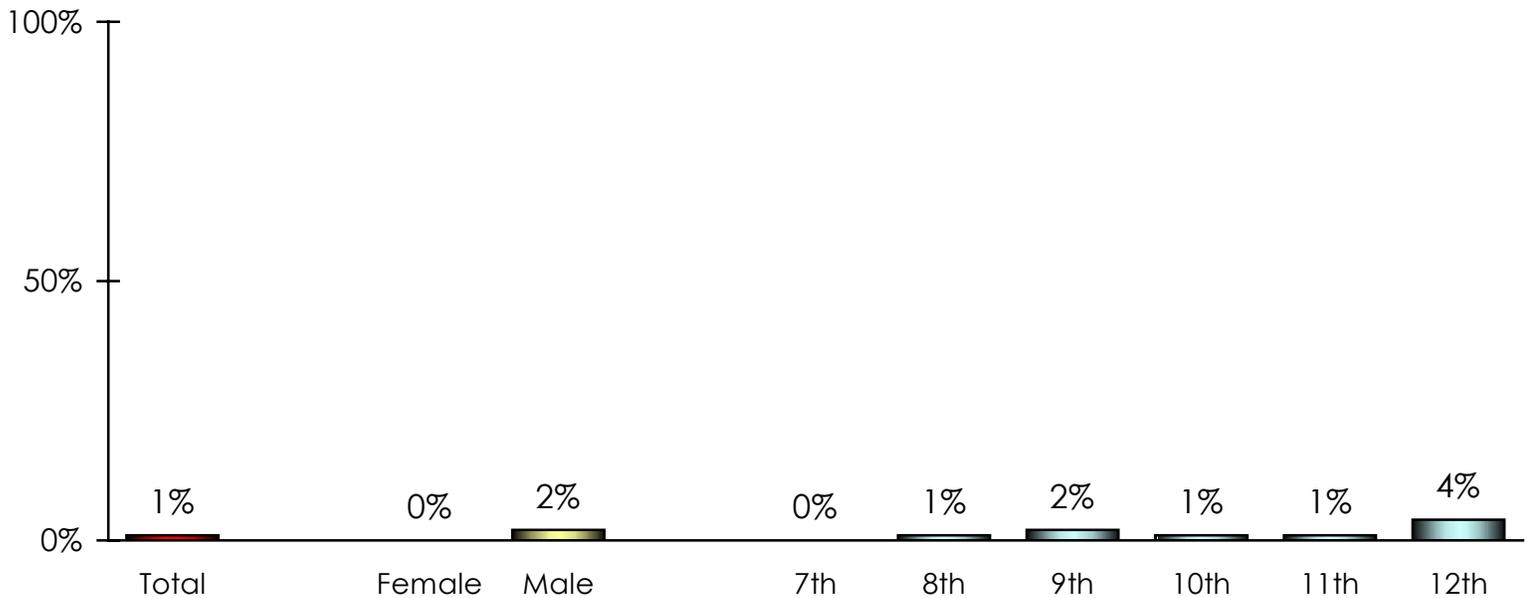


Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



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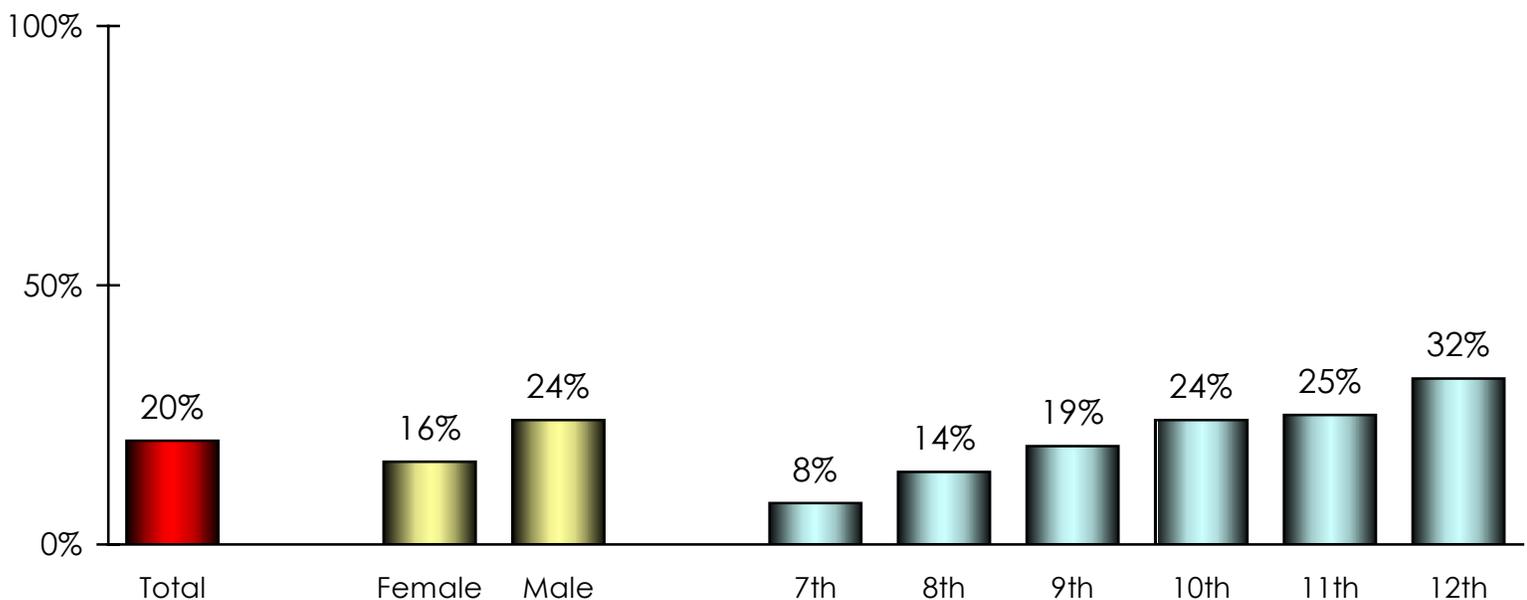
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



### ■ Vehicle Safety – Drinking and Driving

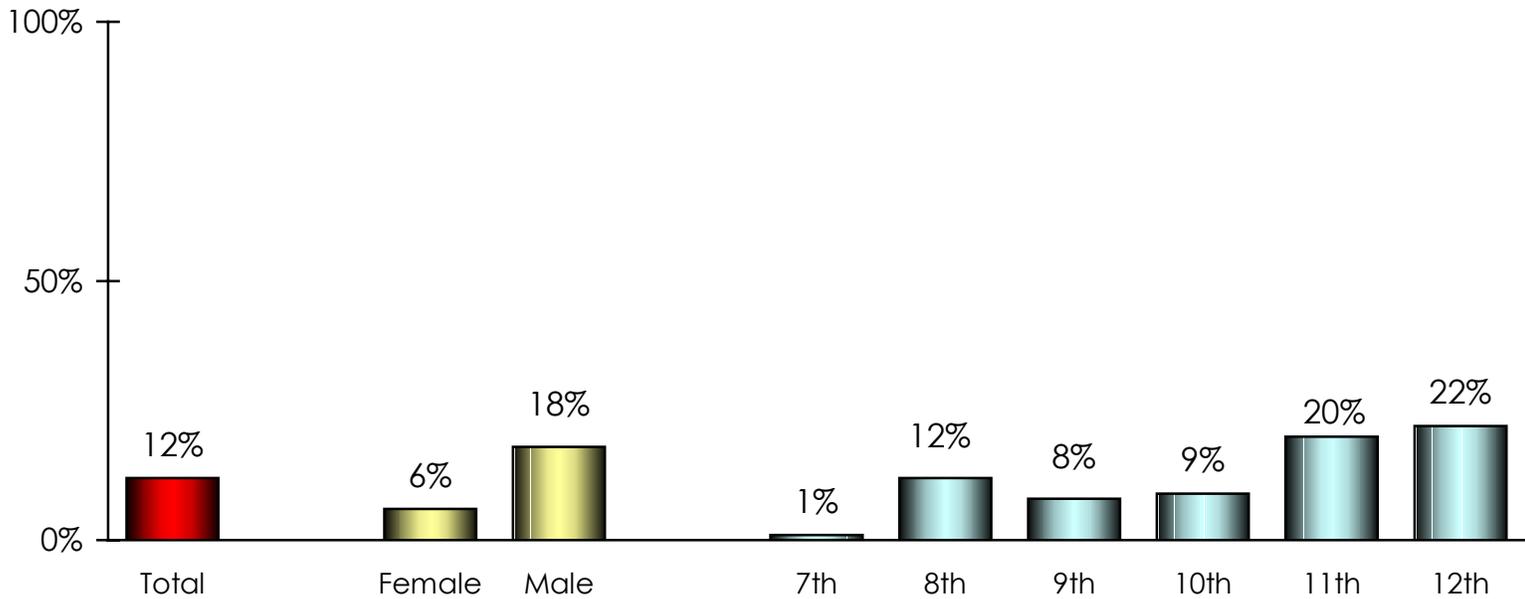
*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



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Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

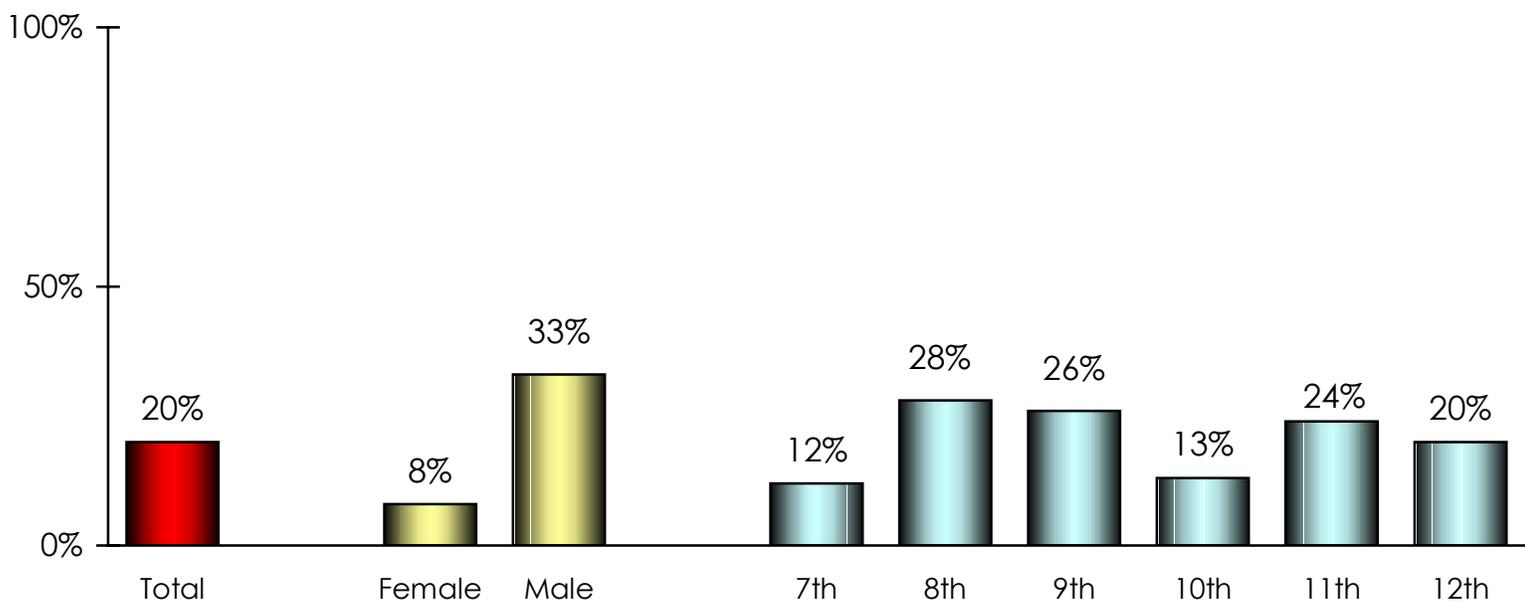


### ■ Violence-Related Behaviors

*These questions measure violence-related behaviors.*

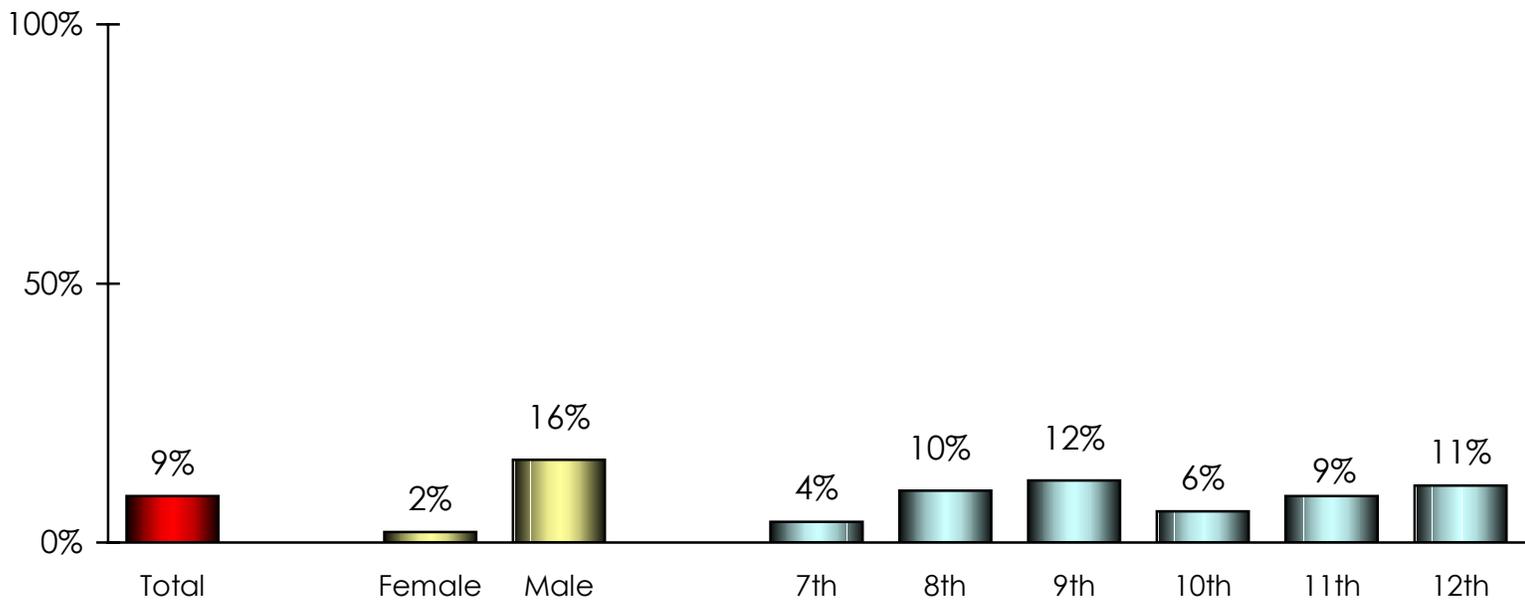
Percentage of students who carried a weapon\* on one or more of the past 30 days.

\* such as a gun, knife, or club

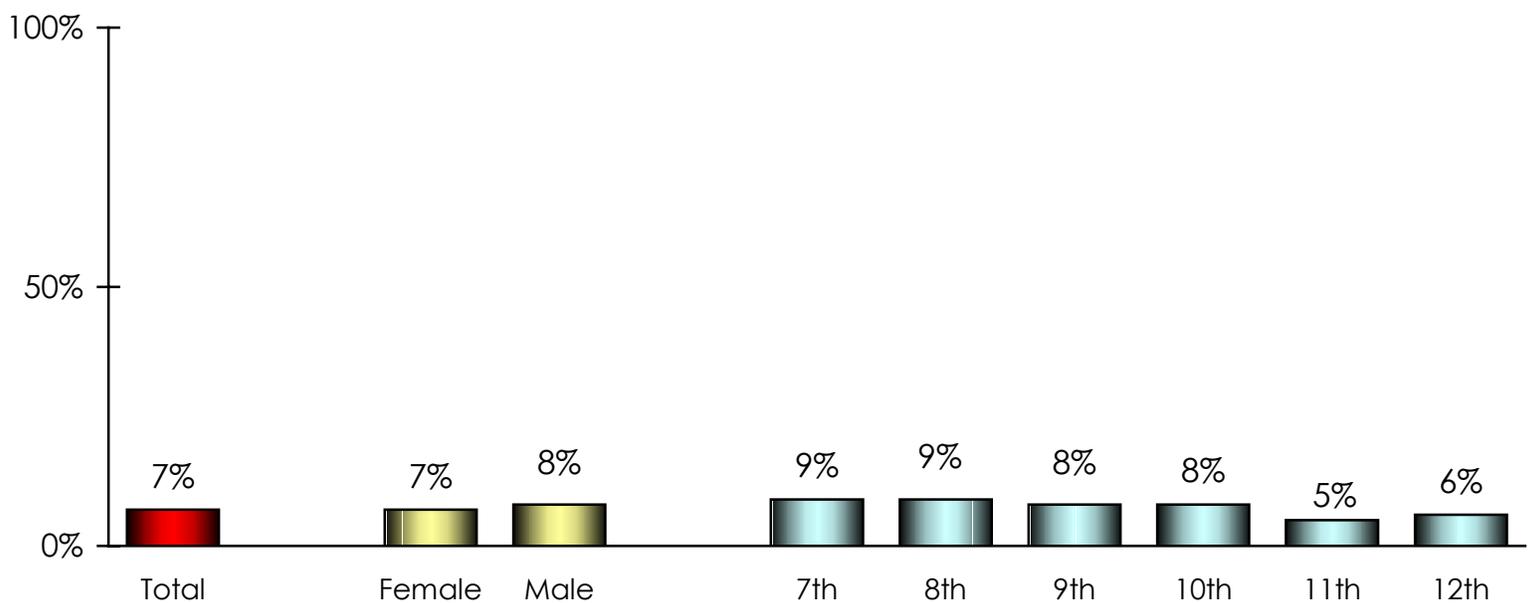


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Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

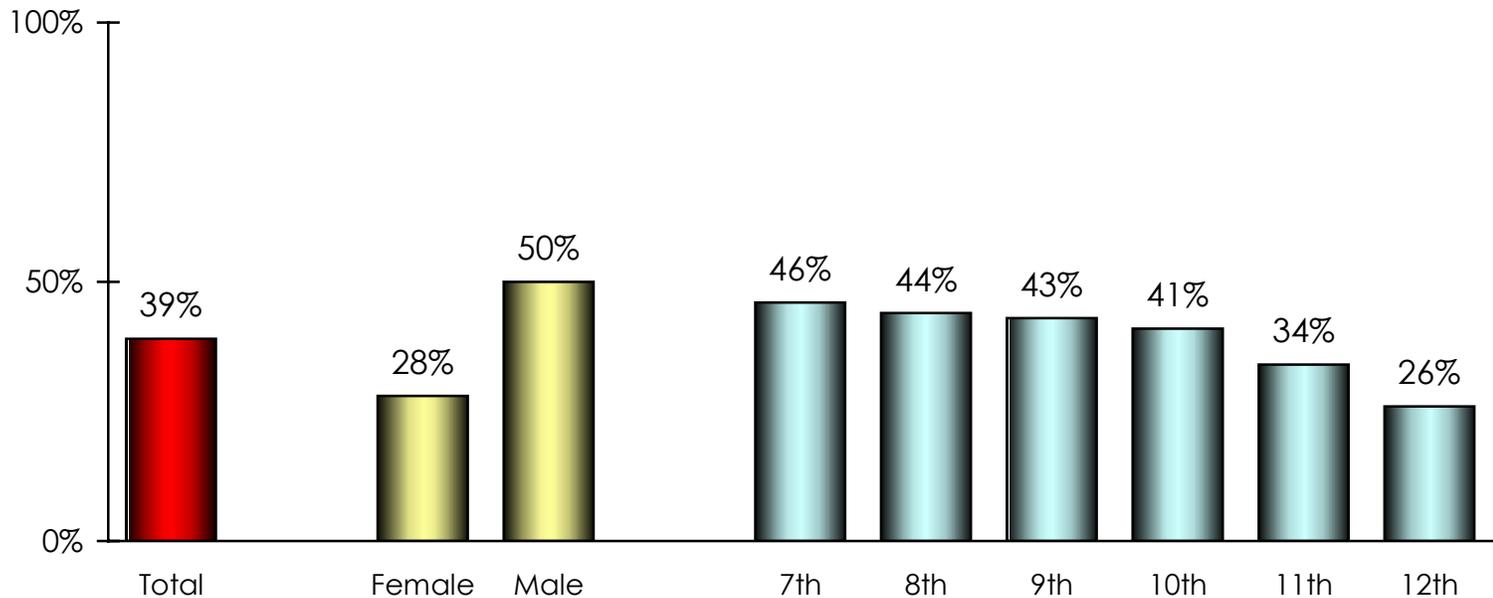


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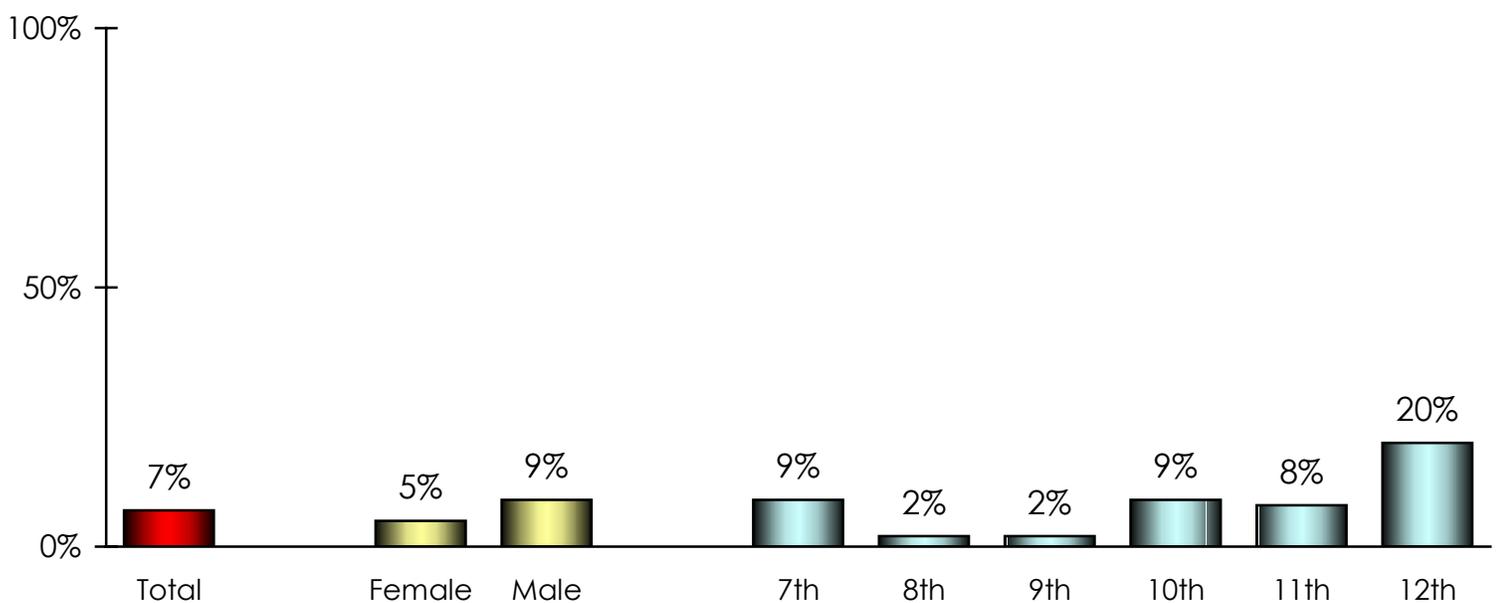
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

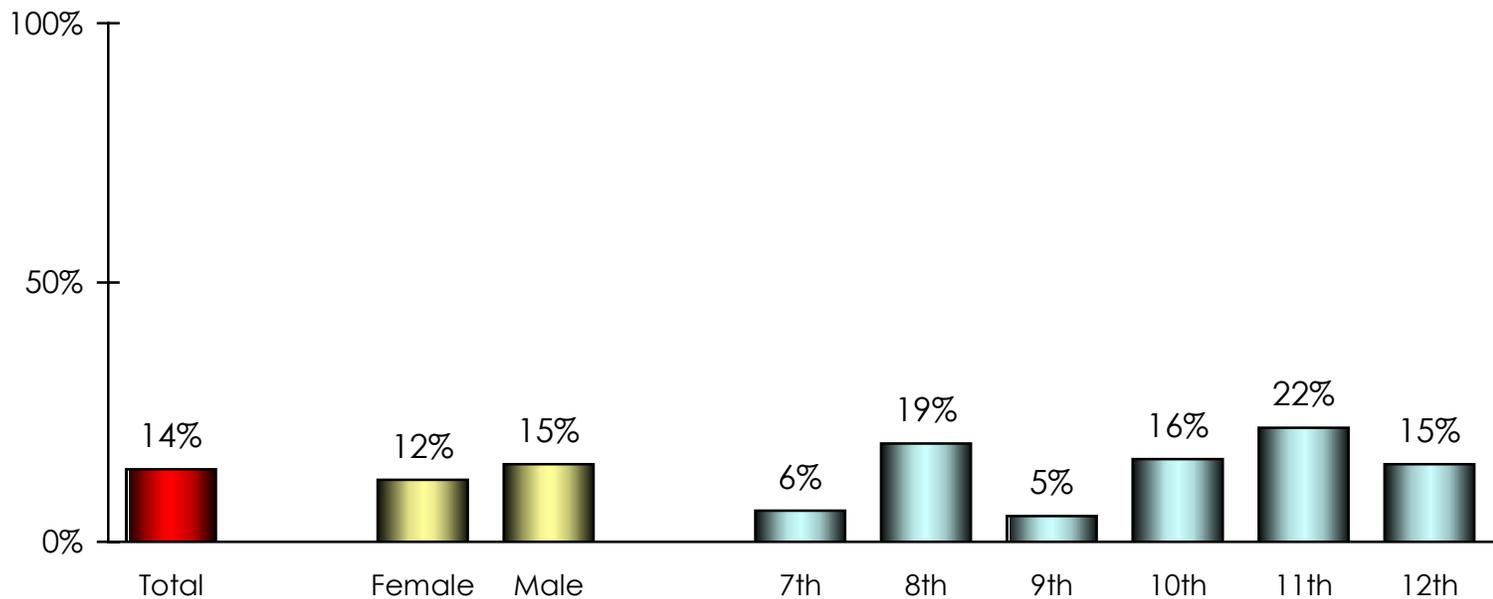


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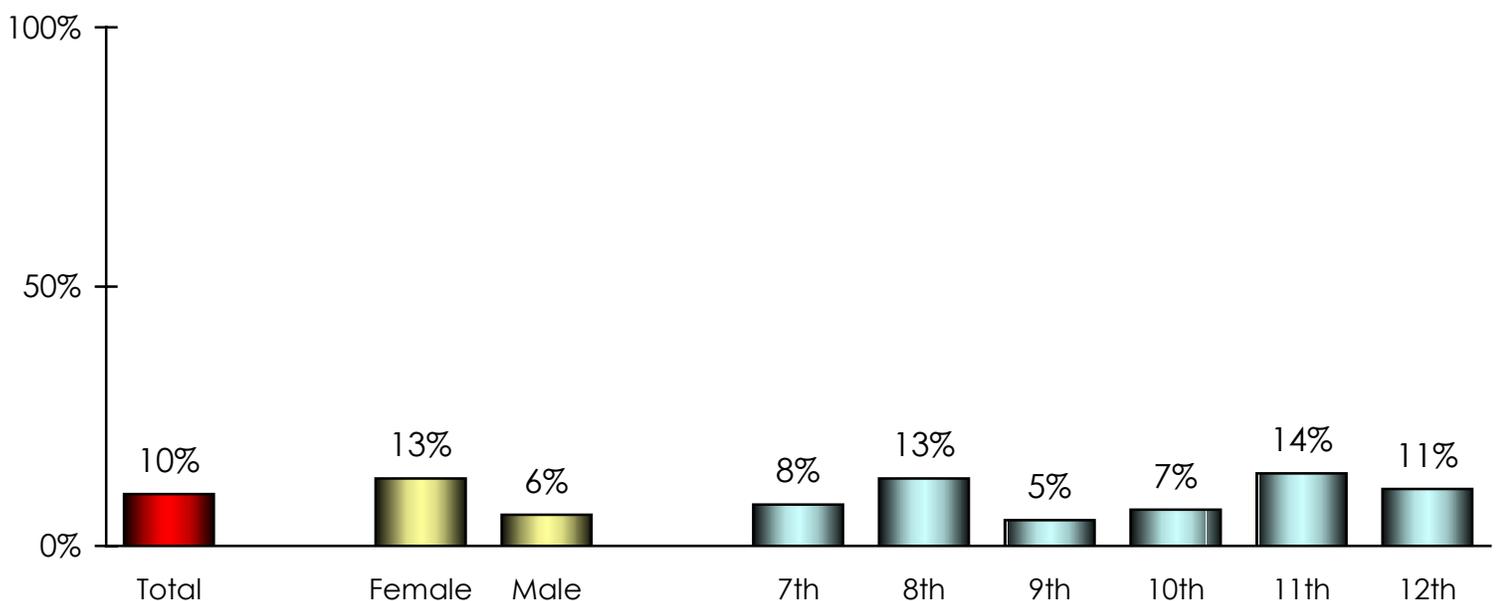
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

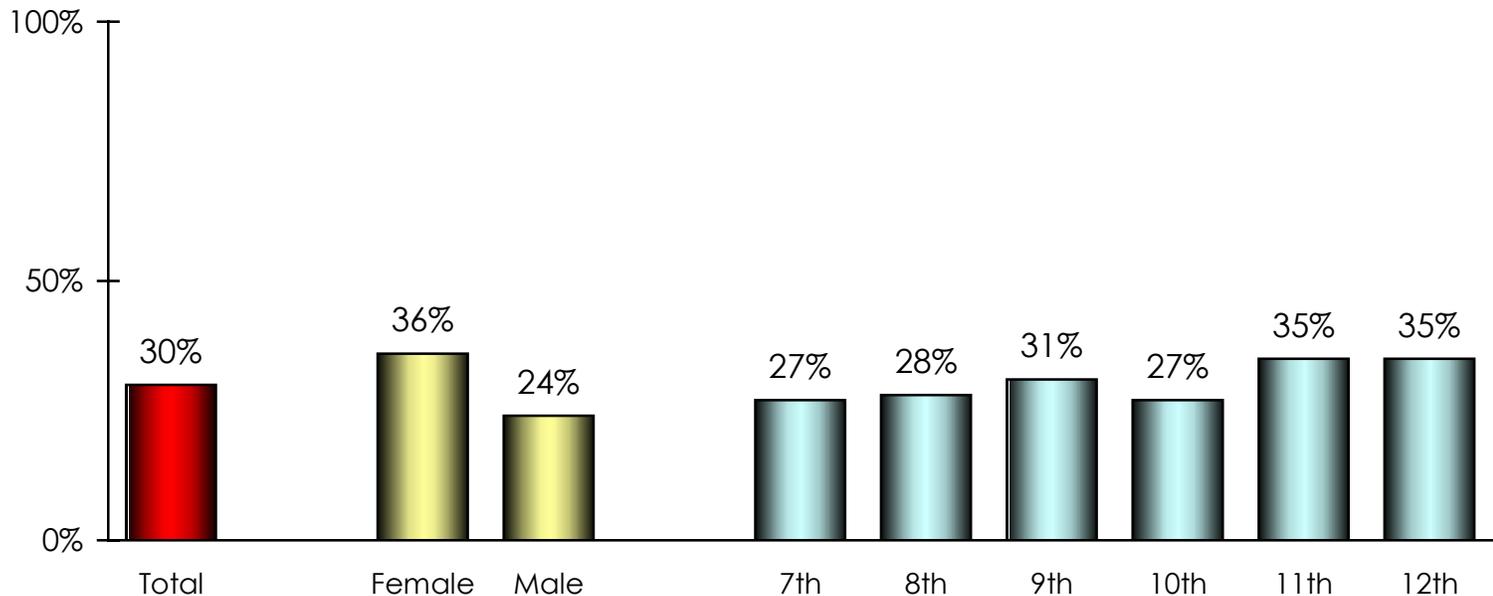


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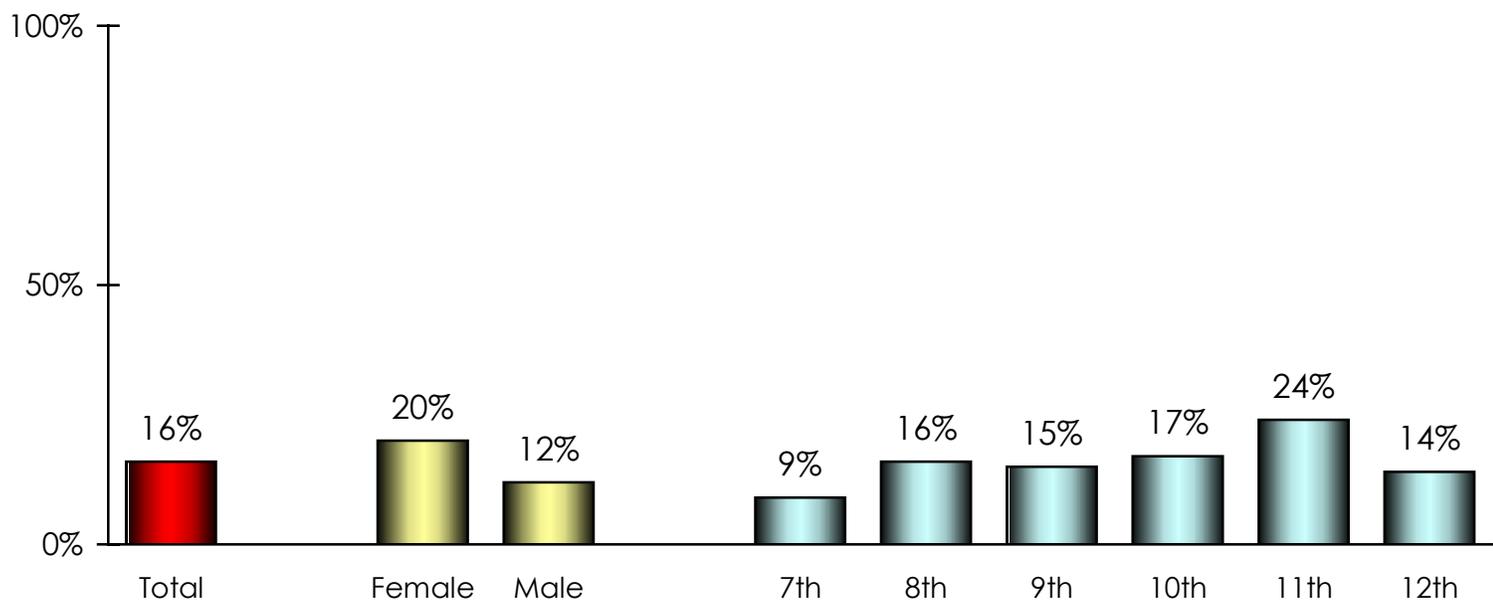
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

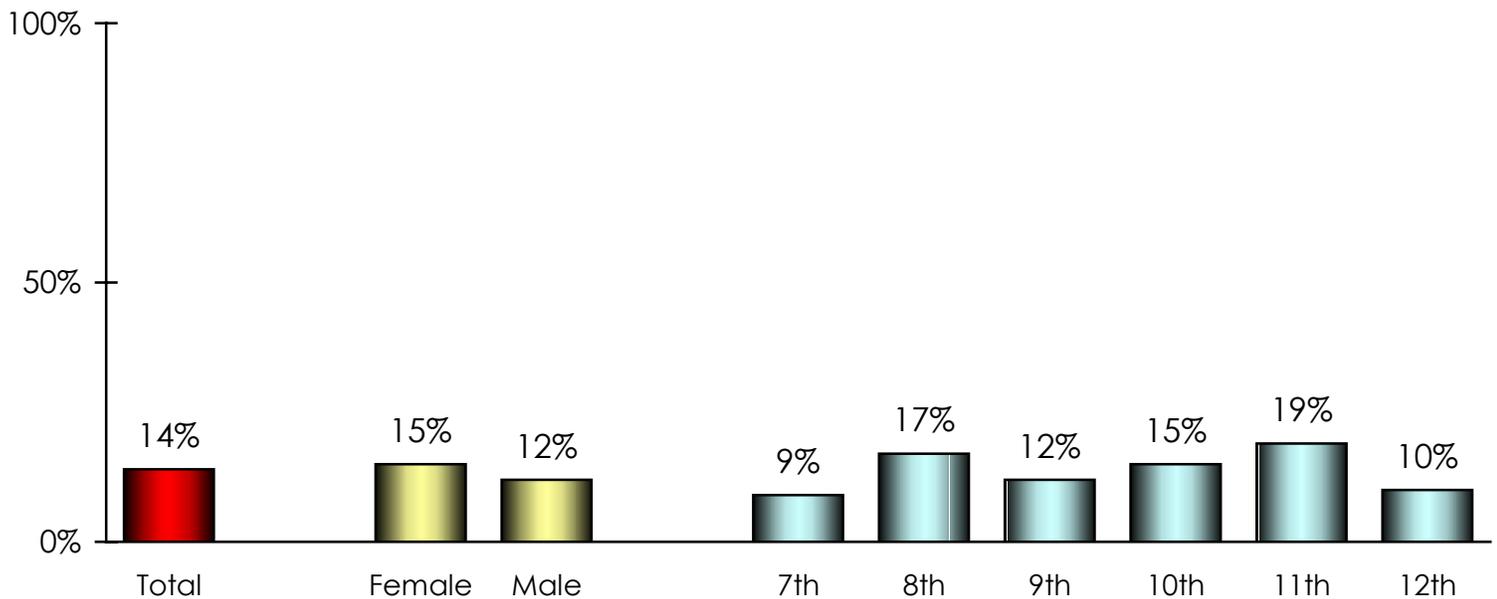


Percentage of students who seriously considered attempting suicide during the past 12 months.

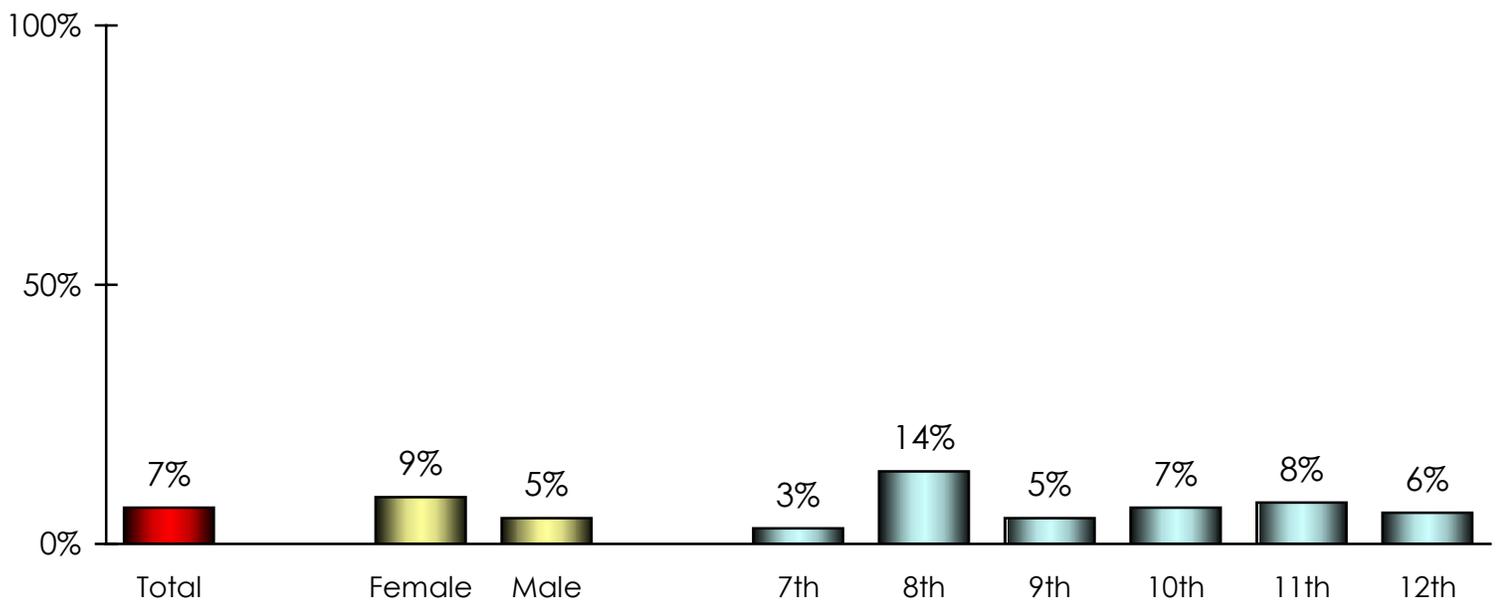


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

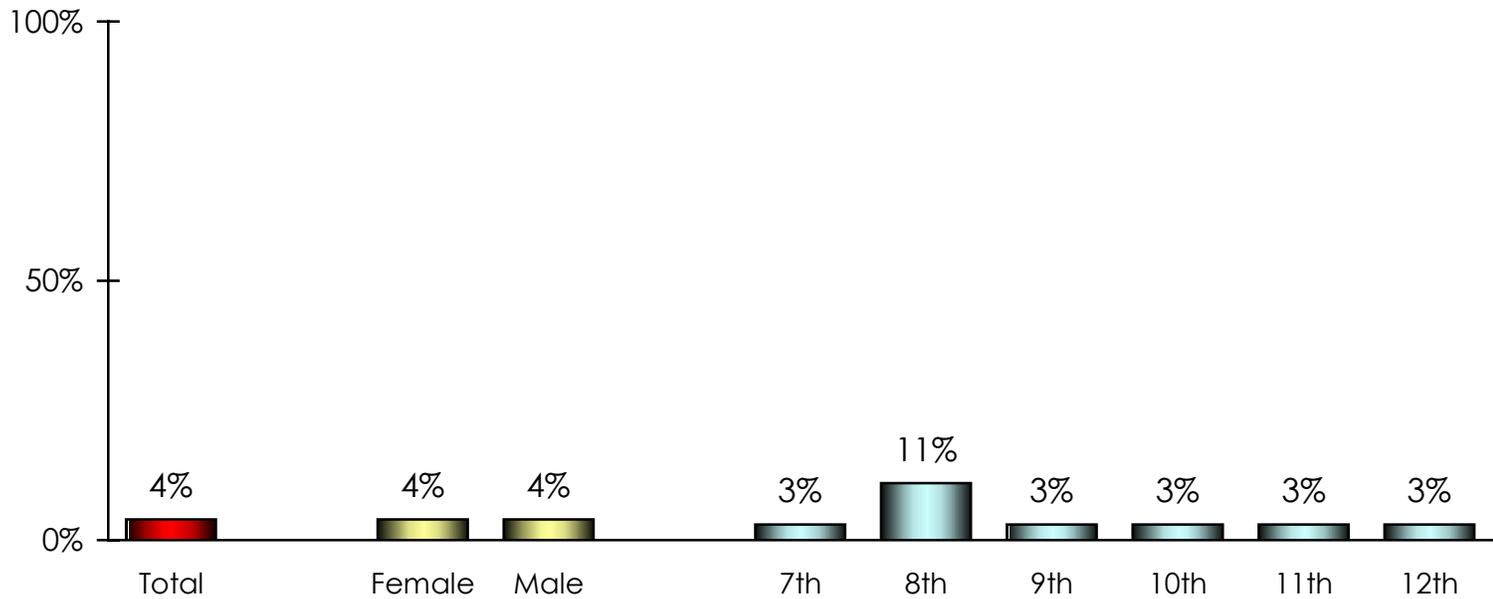


Percentage of students who actually attempted suicide one or more times during the past 12 months.



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Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

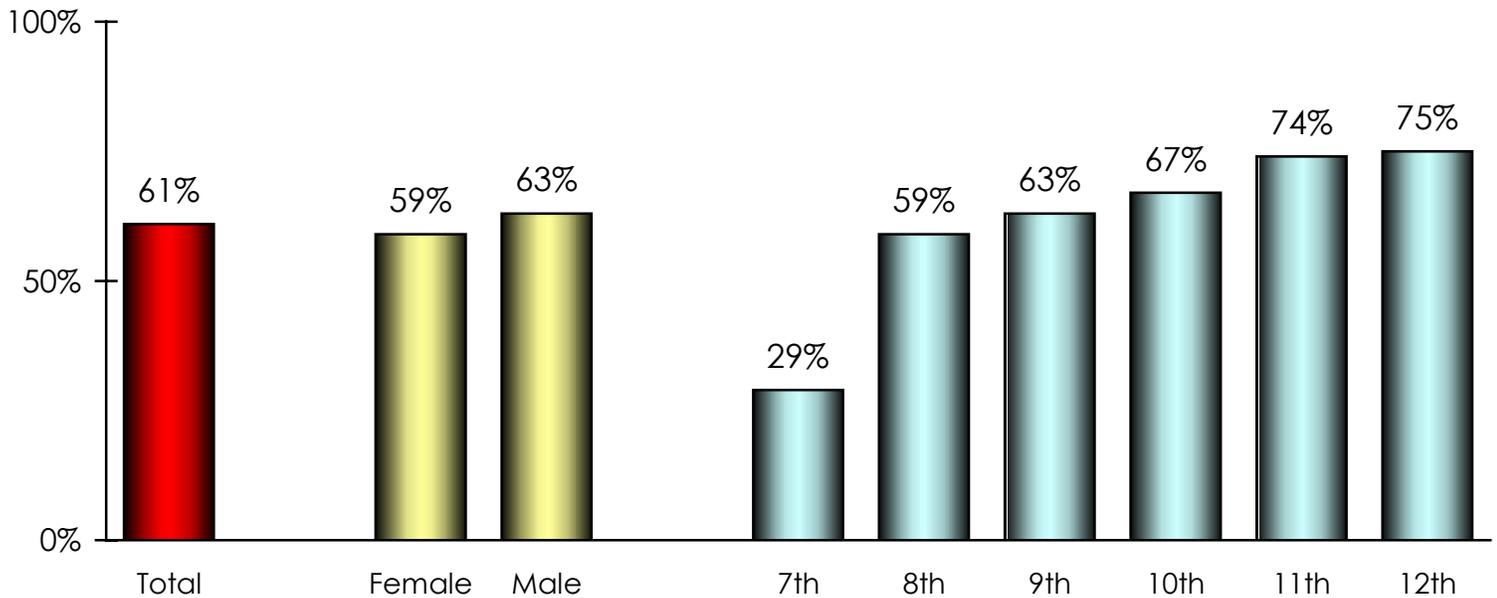


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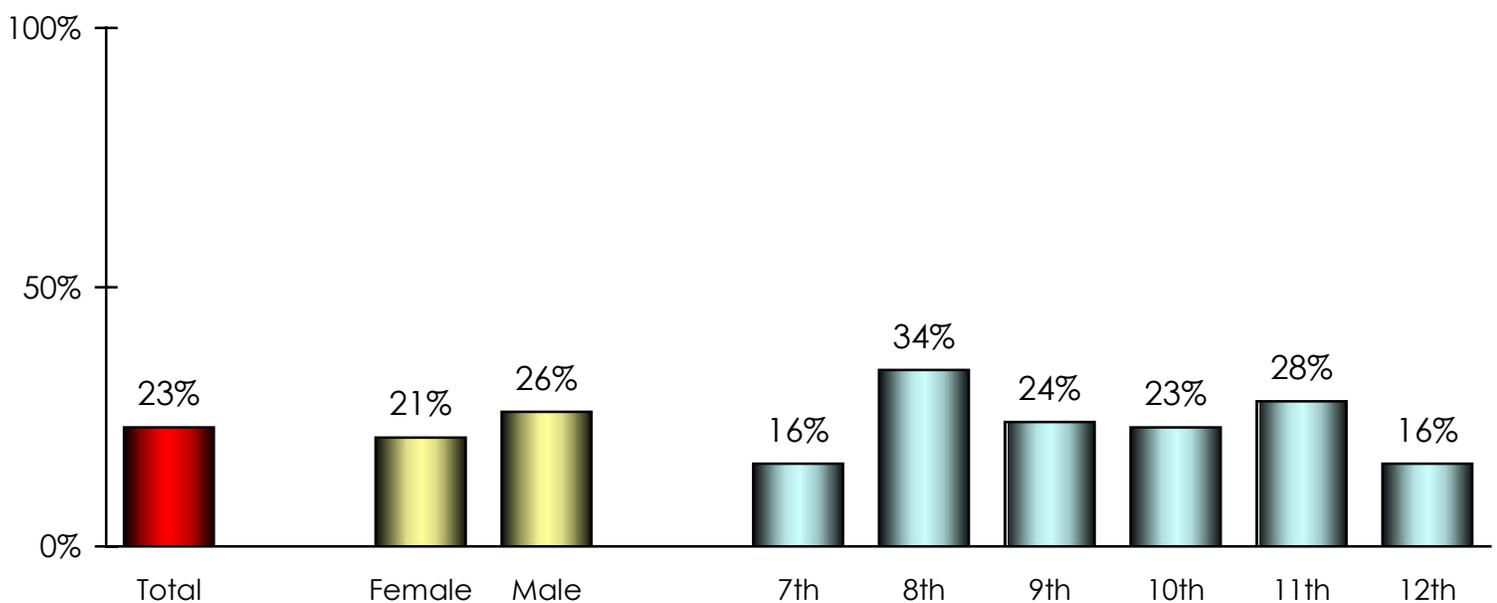
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

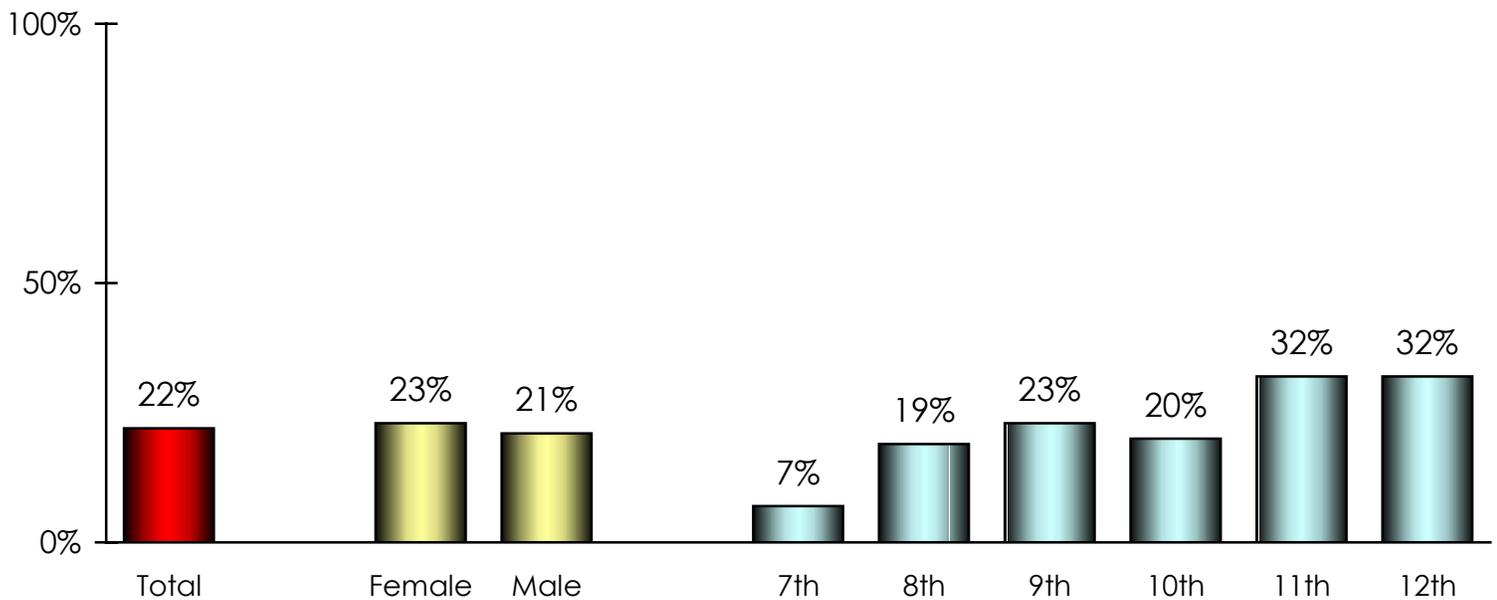


Percentage of students who smoked a whole cigarette for the first time before age 13.

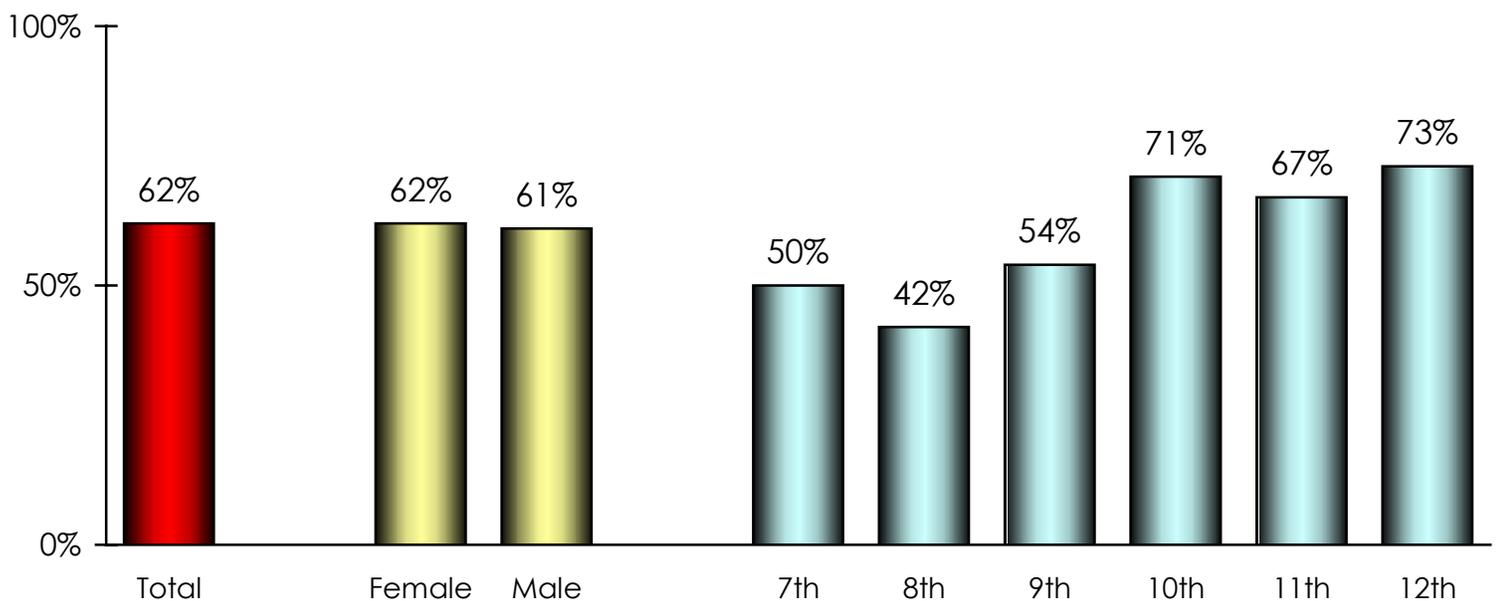


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Percentage of students who smoked cigarettes on one or more of the past 30 days.

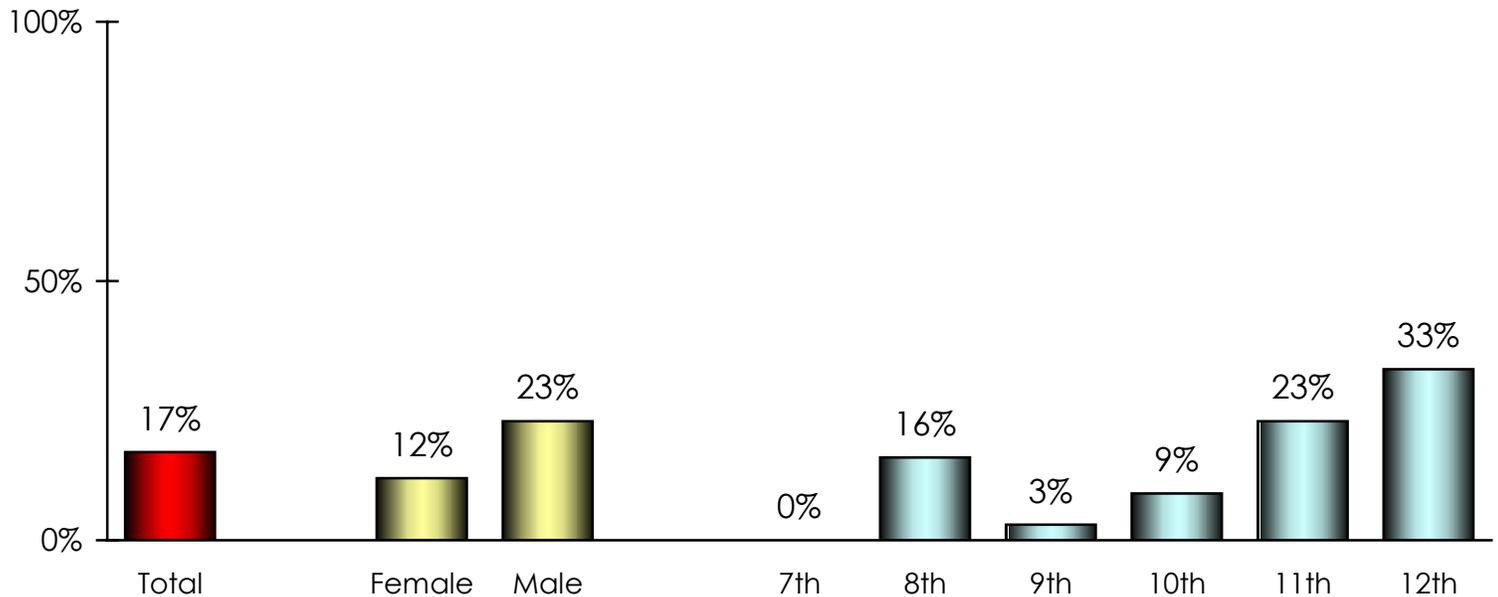


Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

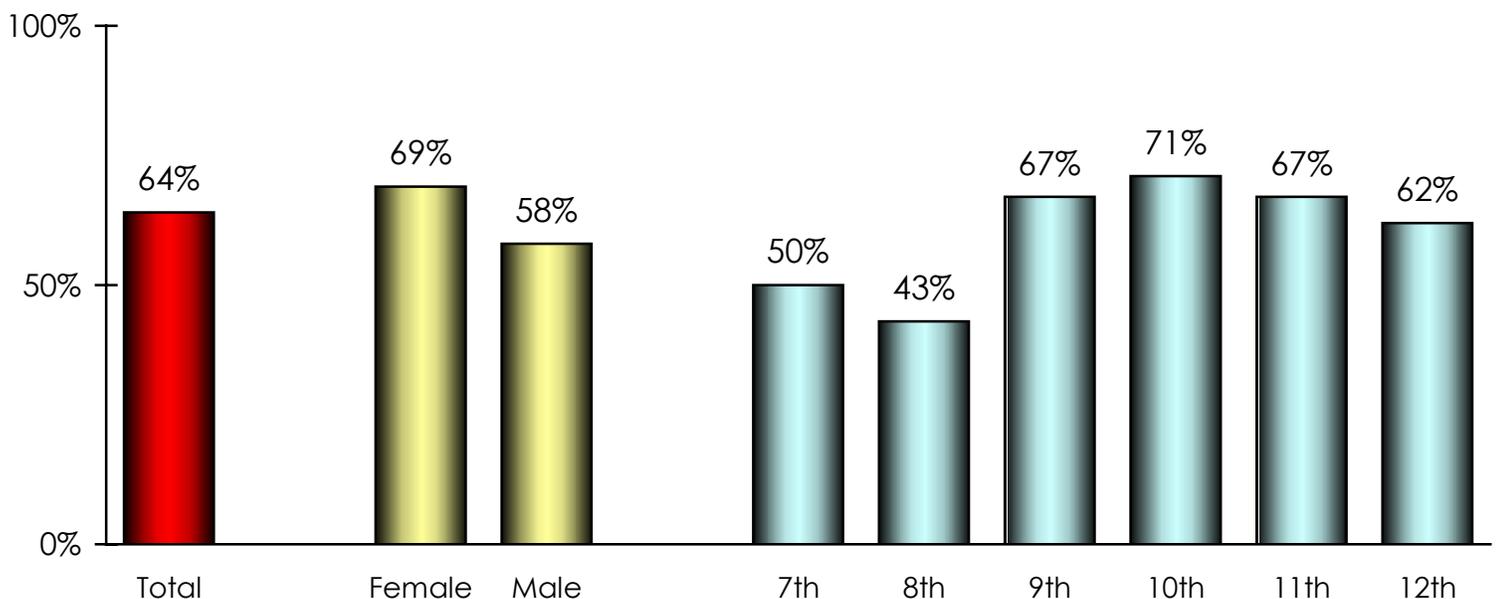


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Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

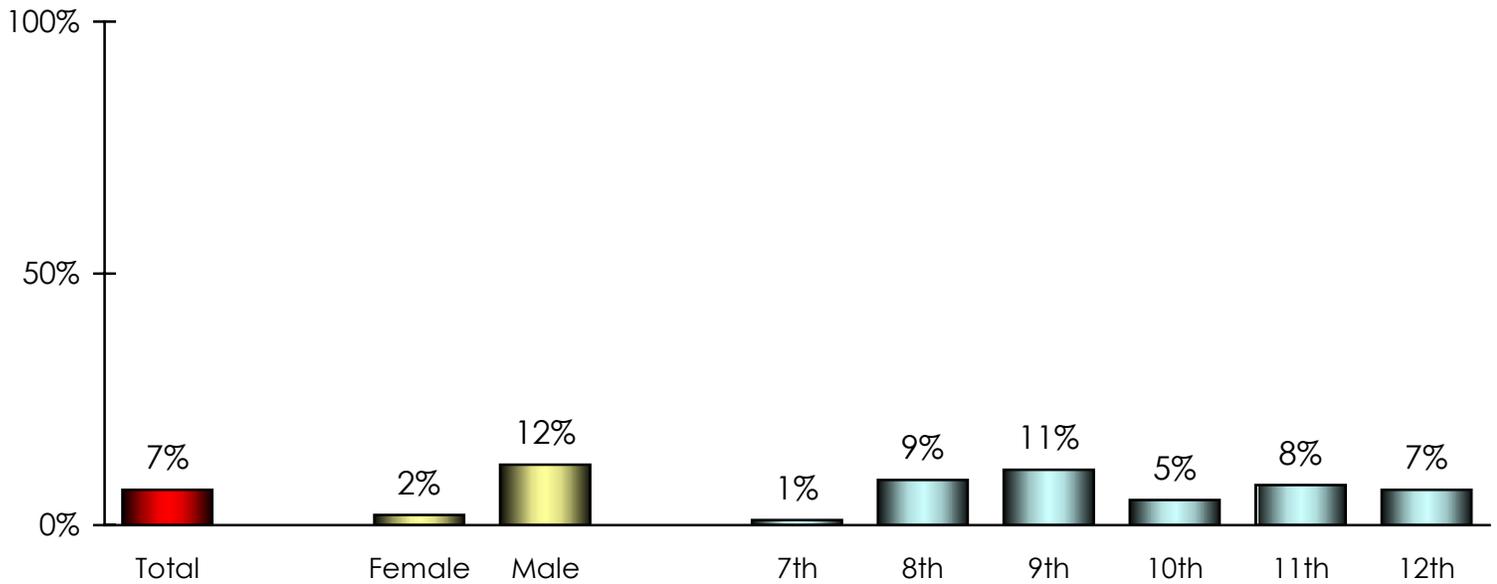


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### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

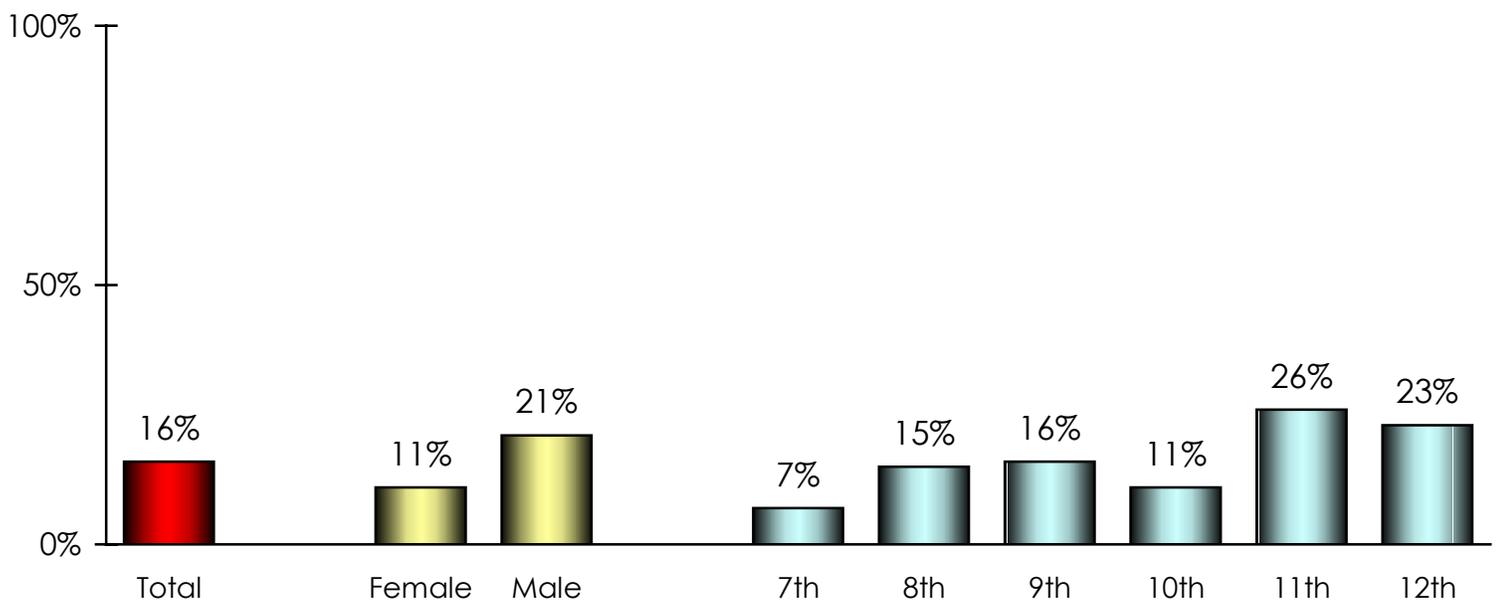
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

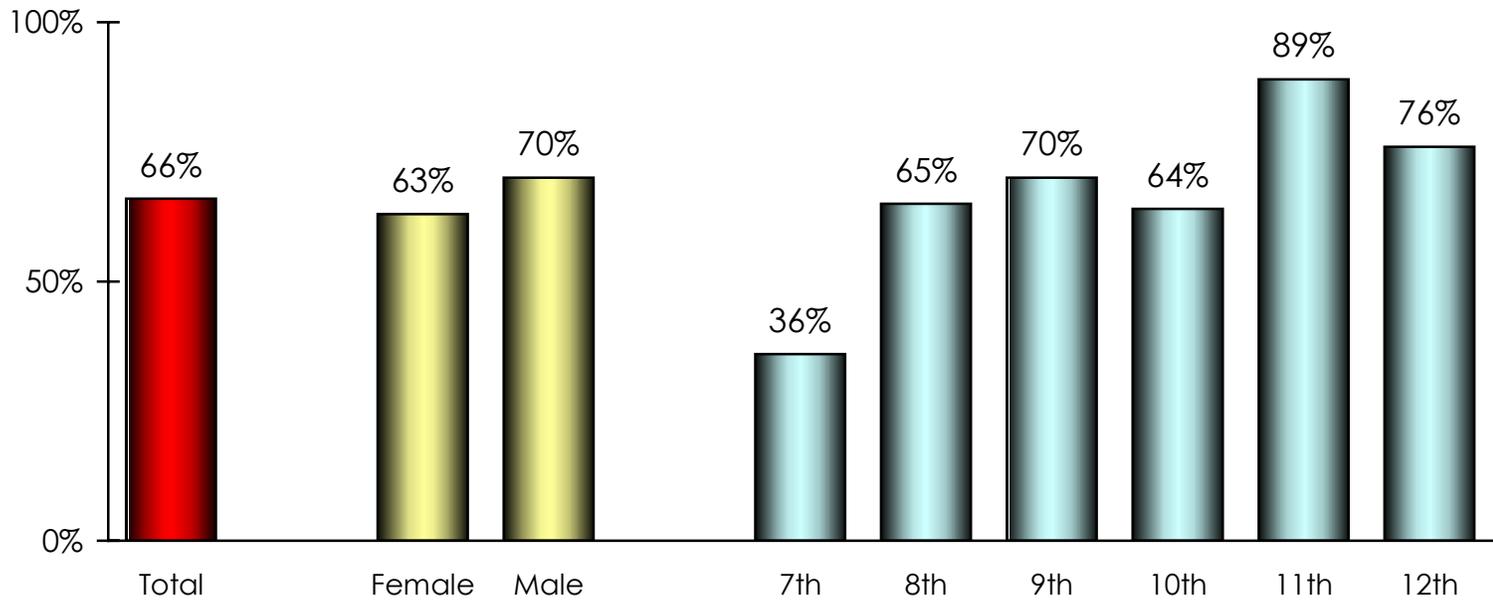


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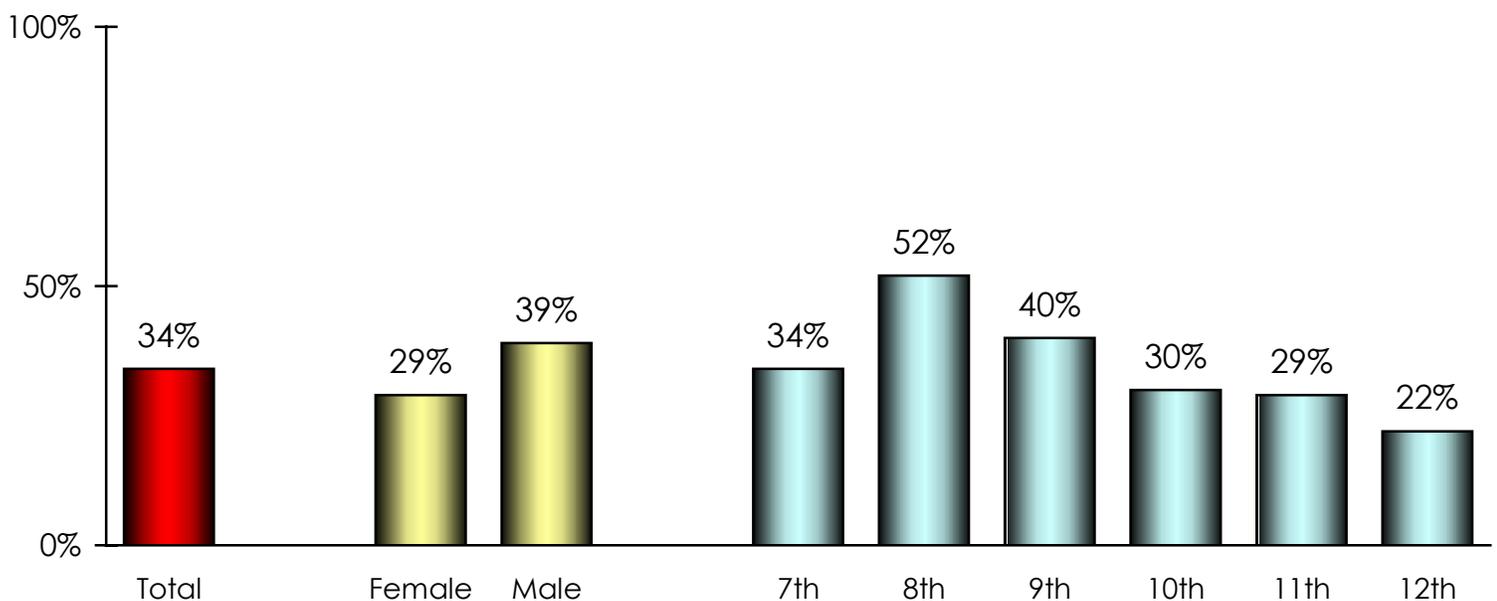
## ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

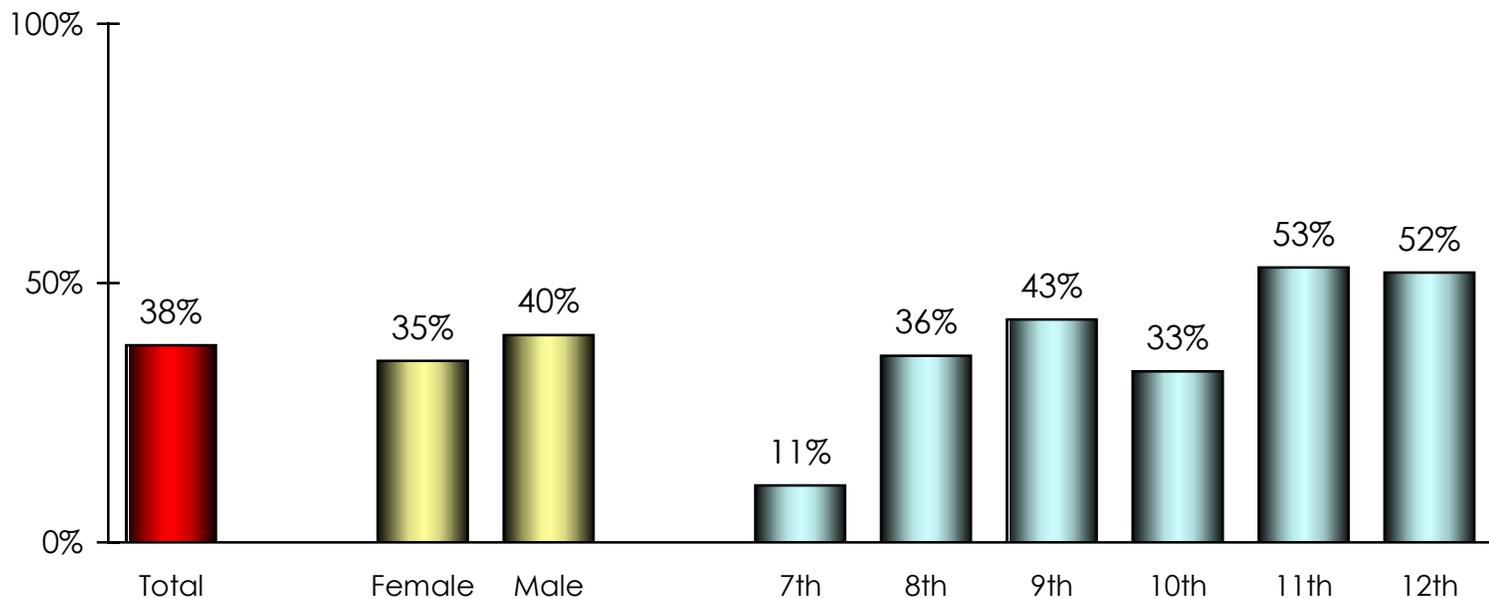


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

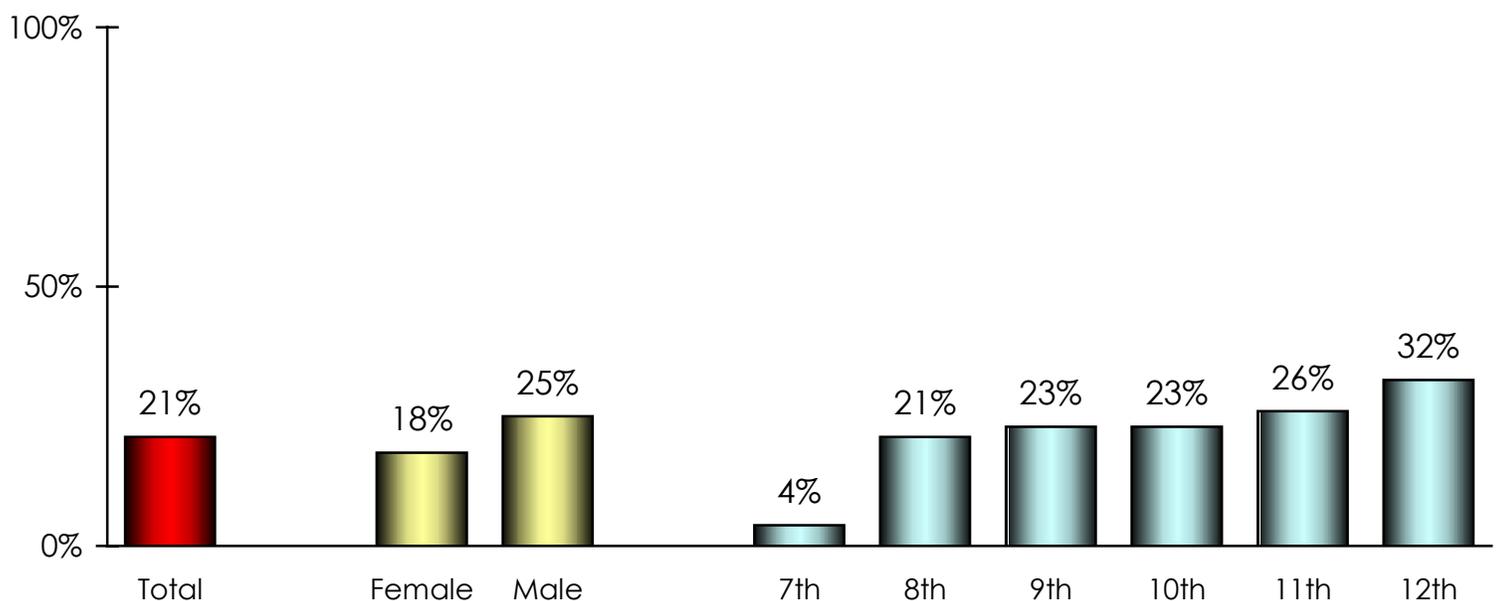


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

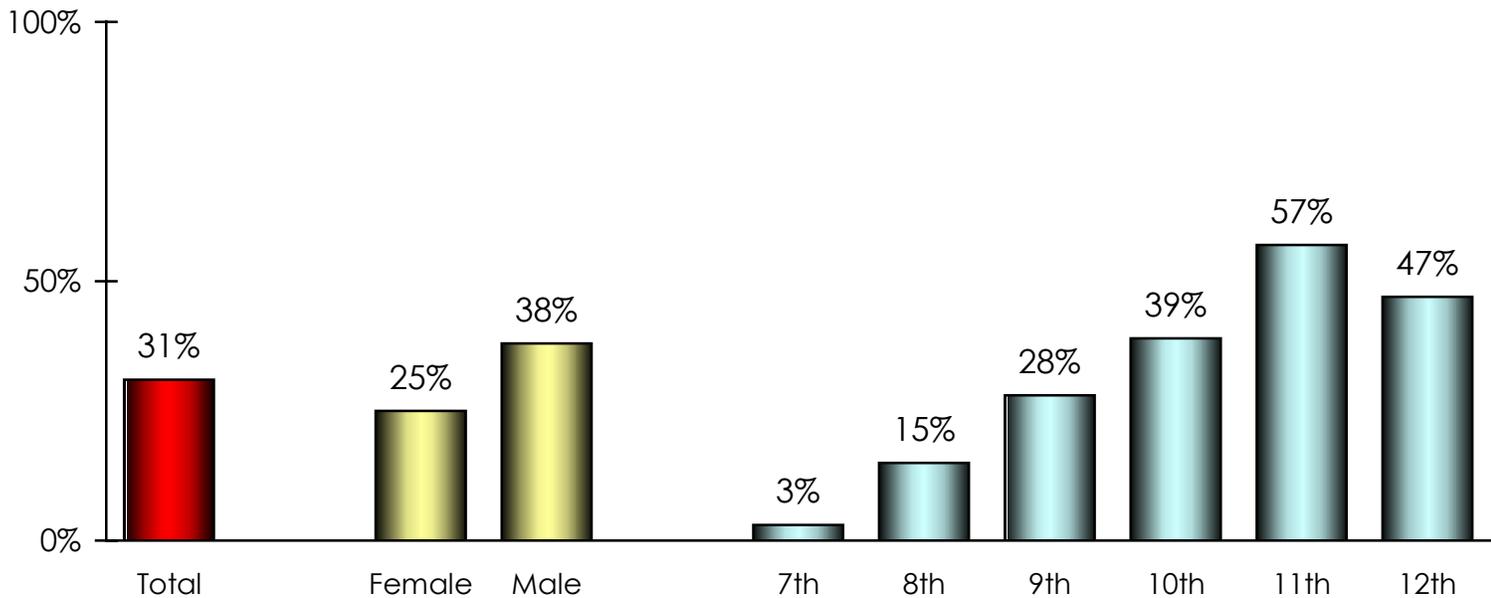


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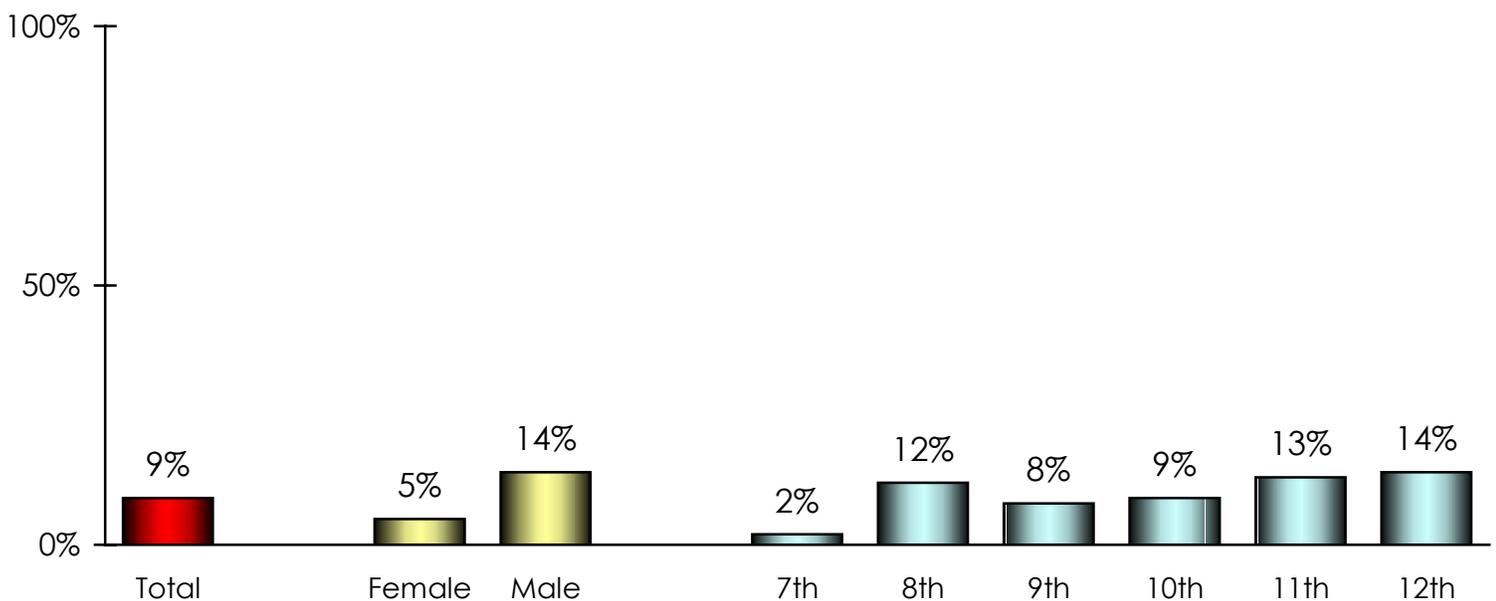
## ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

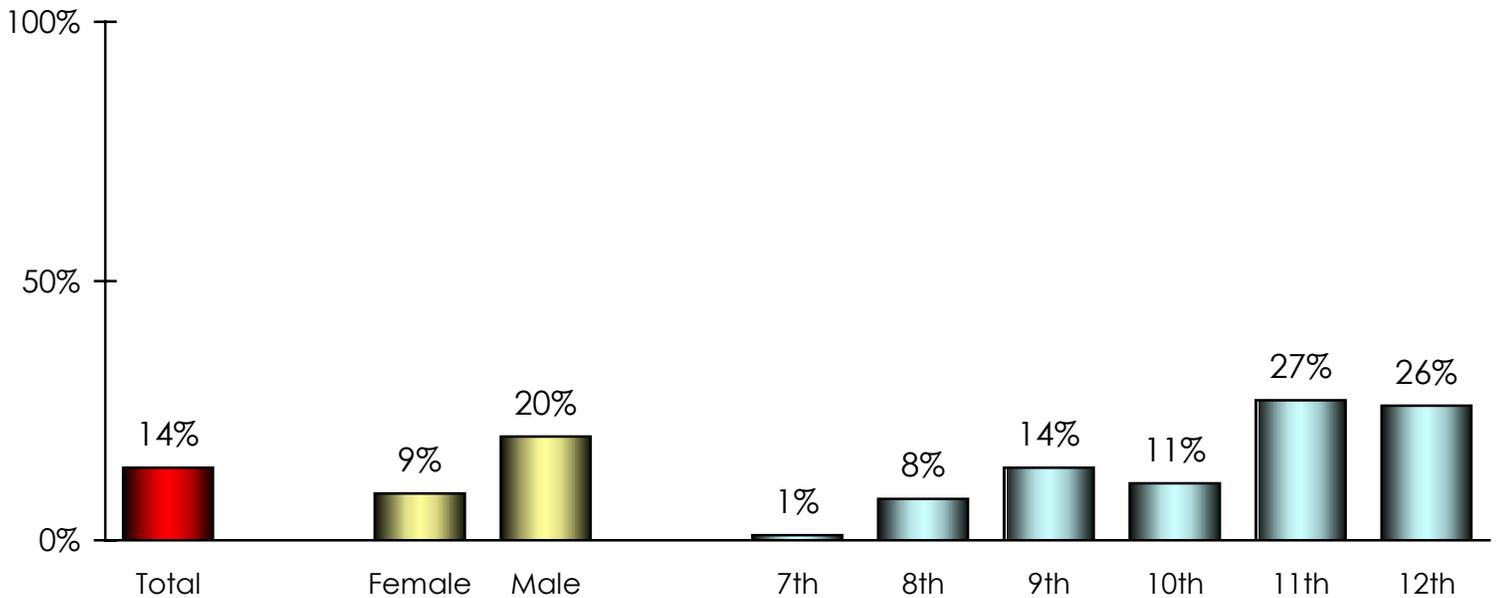


Percentage of students who tried marijuana for the first time before age 13.

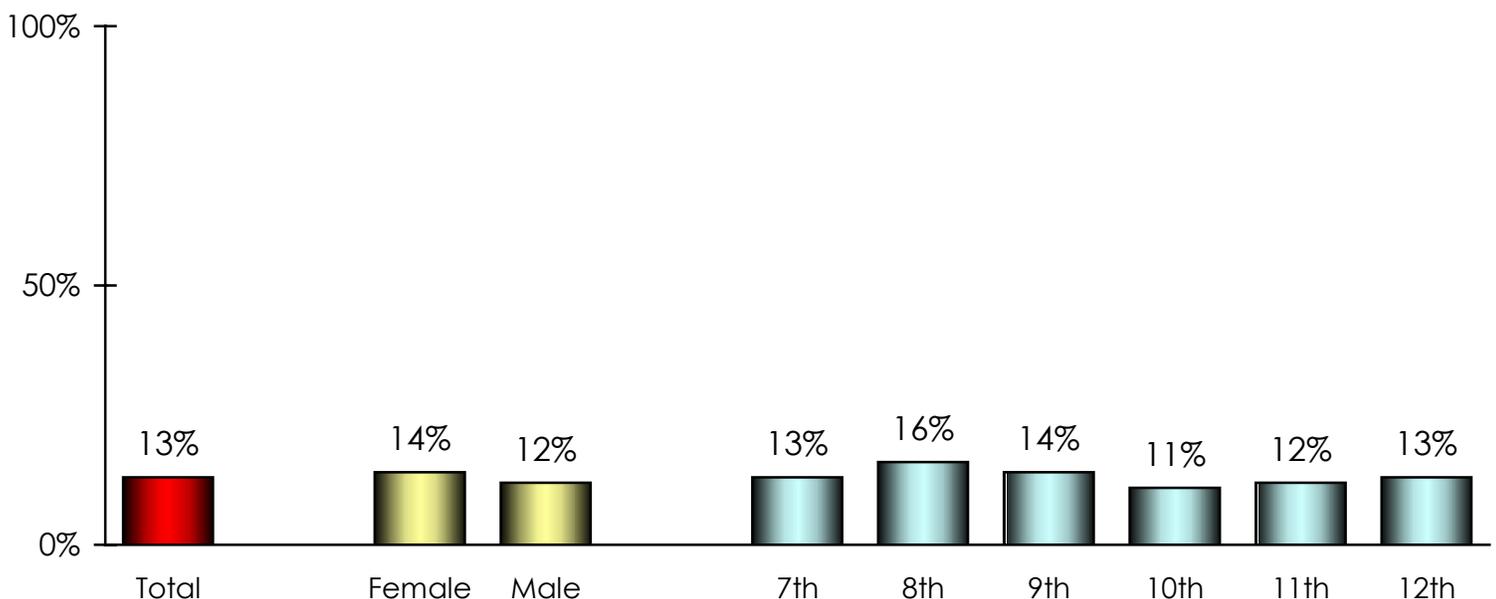


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who used marijuana one or more times during the past 30 days.

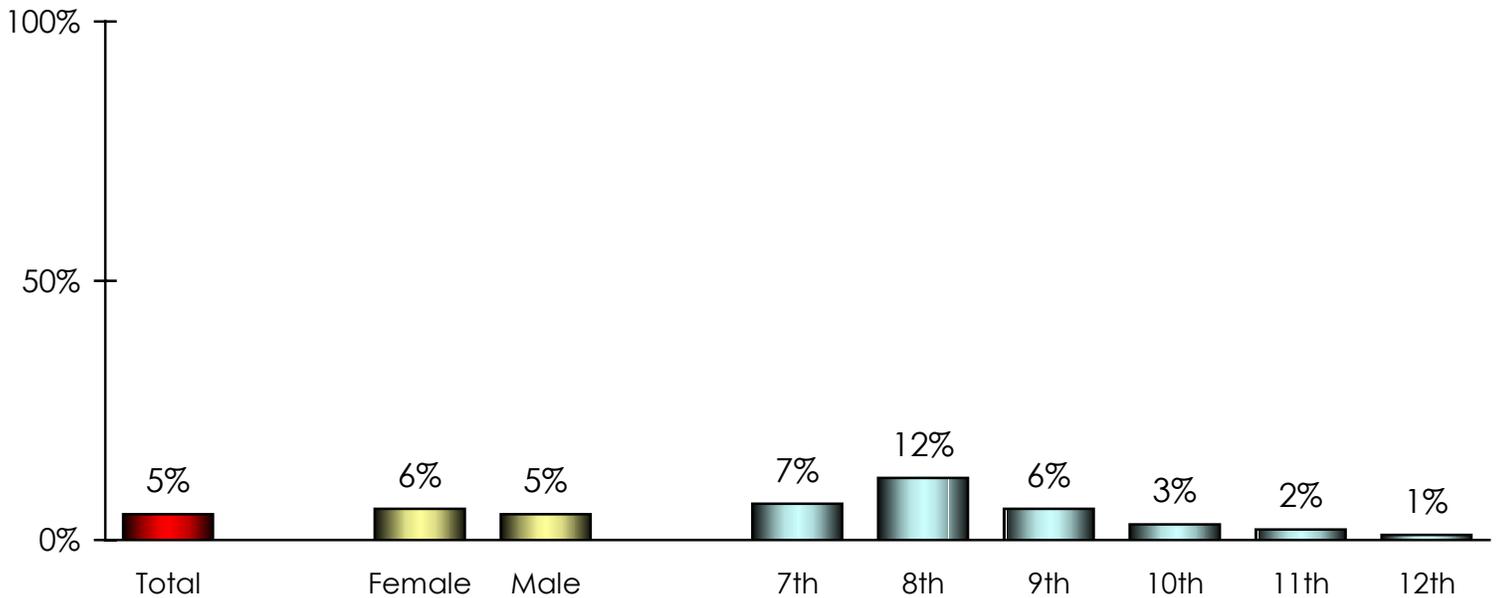


Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

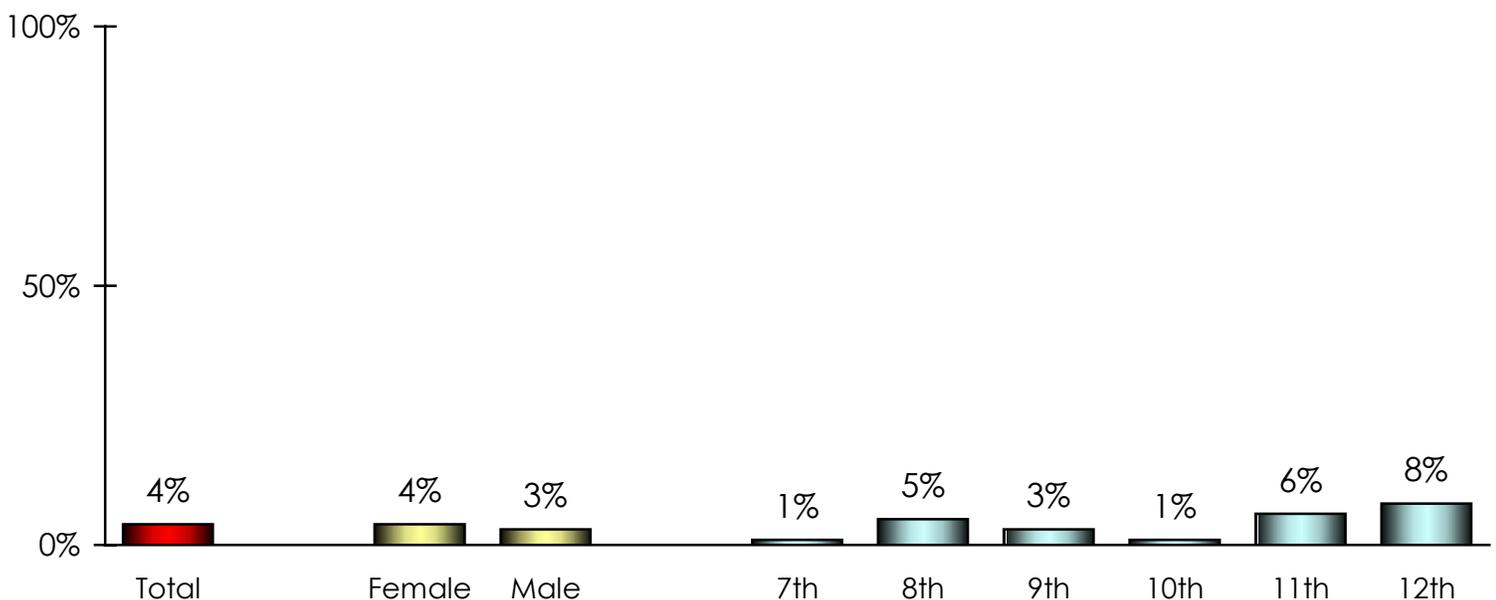


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Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

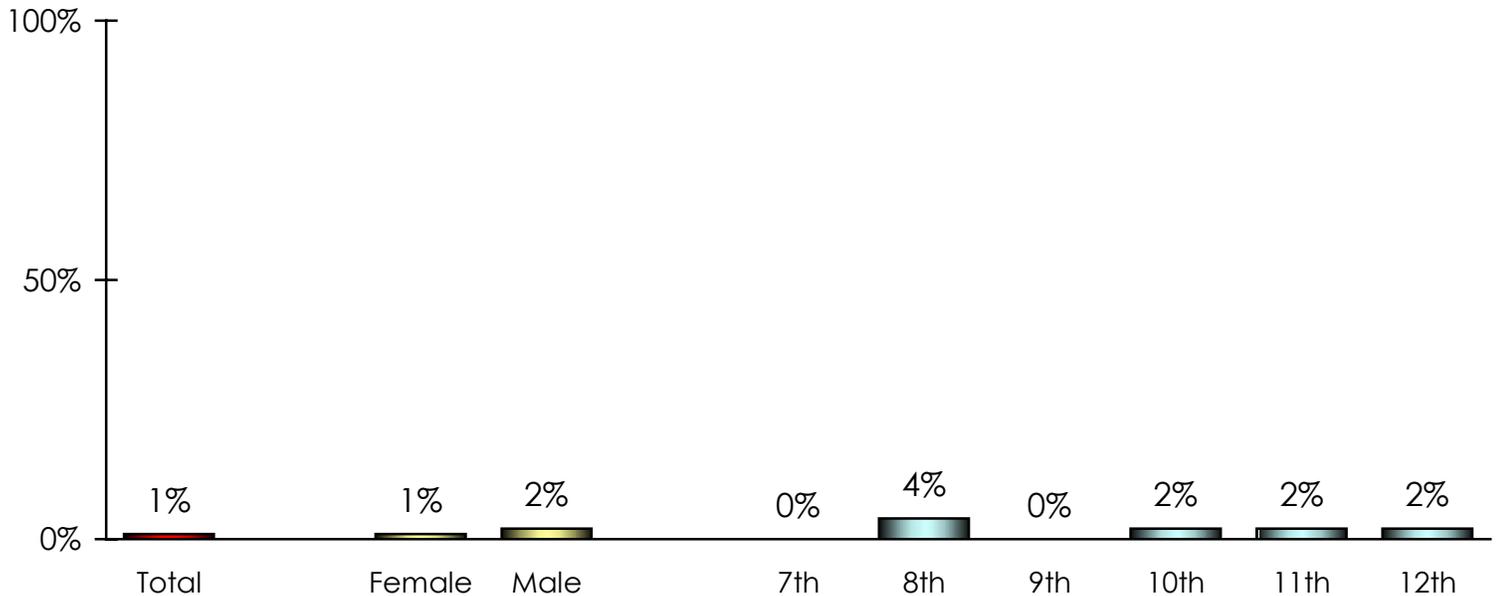


Percentage of students who used methamphetamines one or more times during their life.

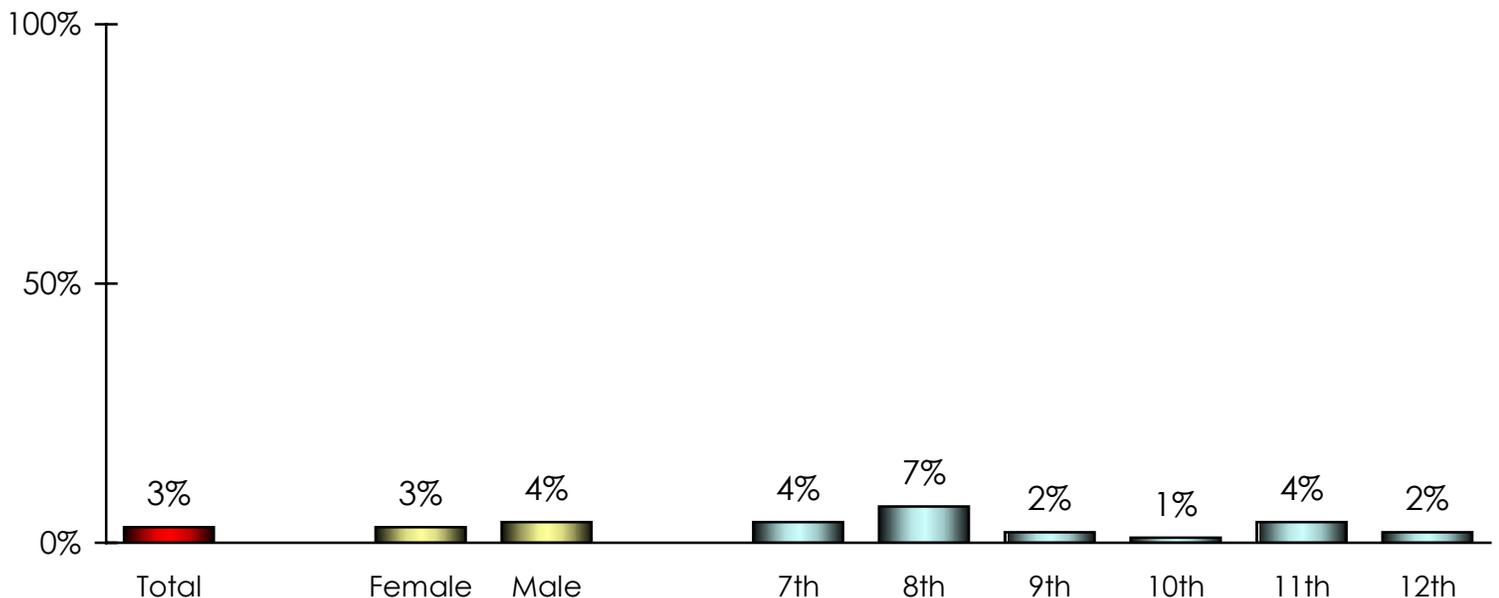


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who used heroin one or more times during their life.



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

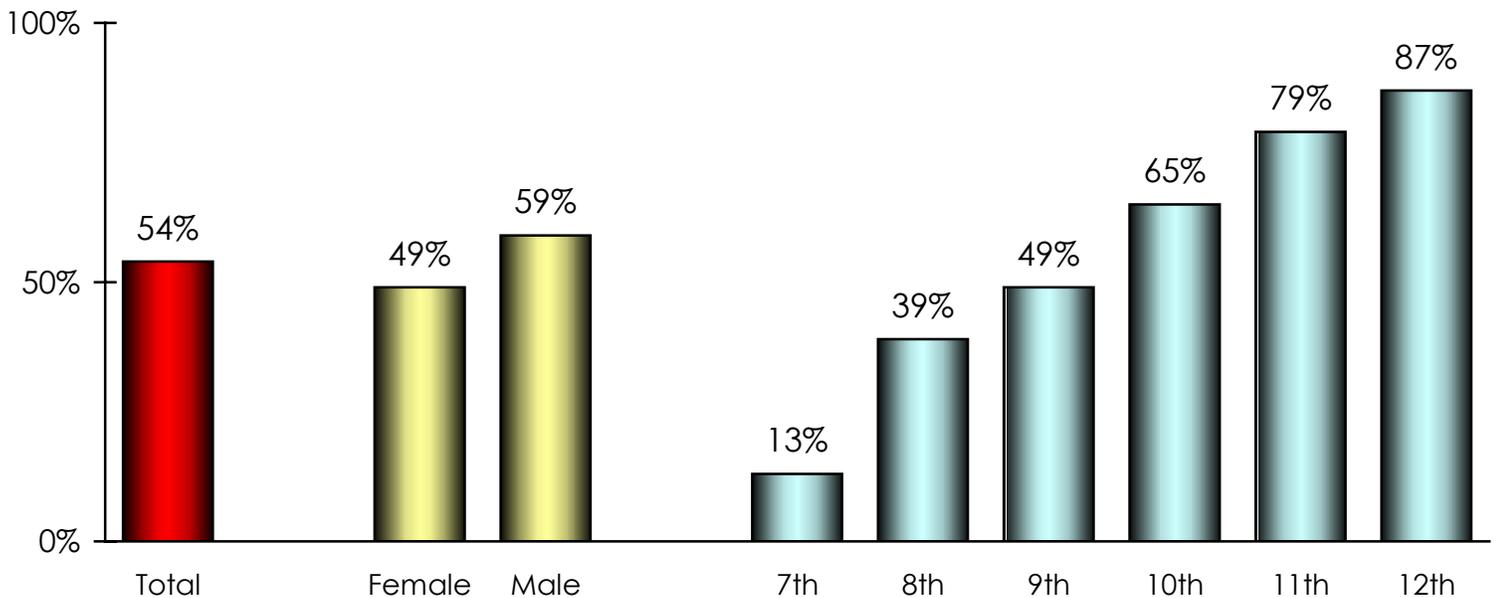


# 2001-2002 Monroe County Youth Risk Behavior Survey

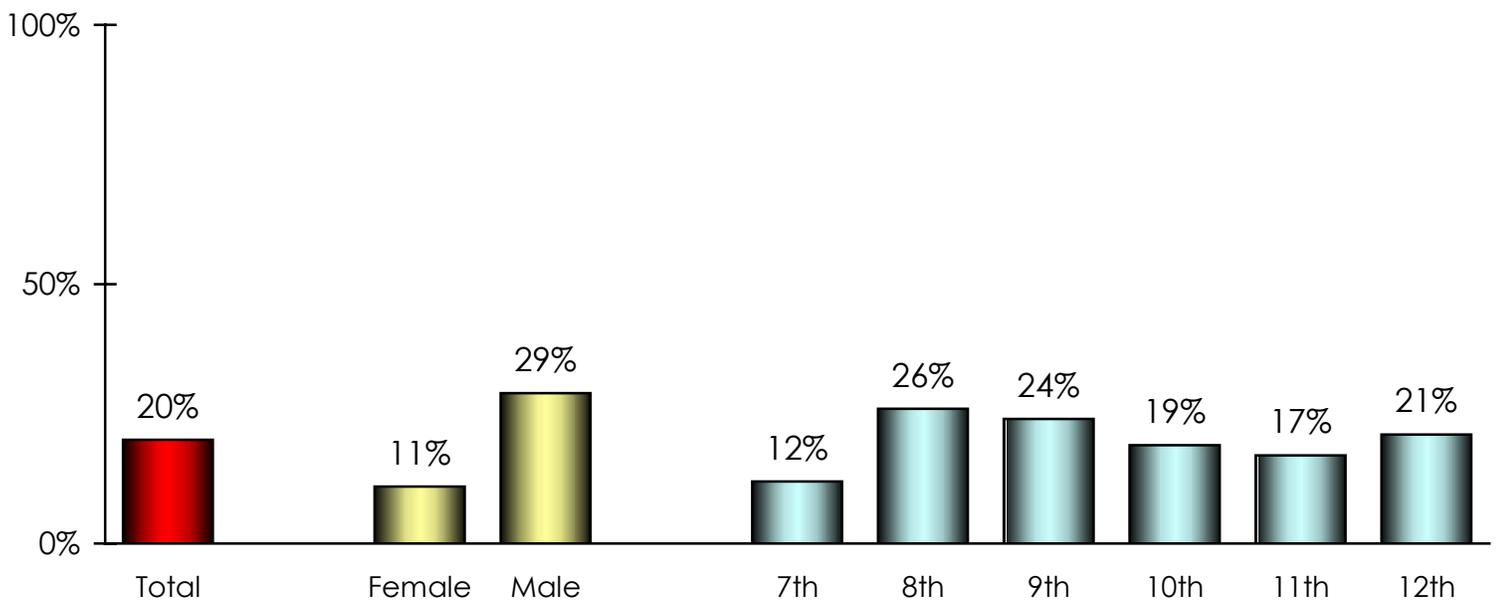
## ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

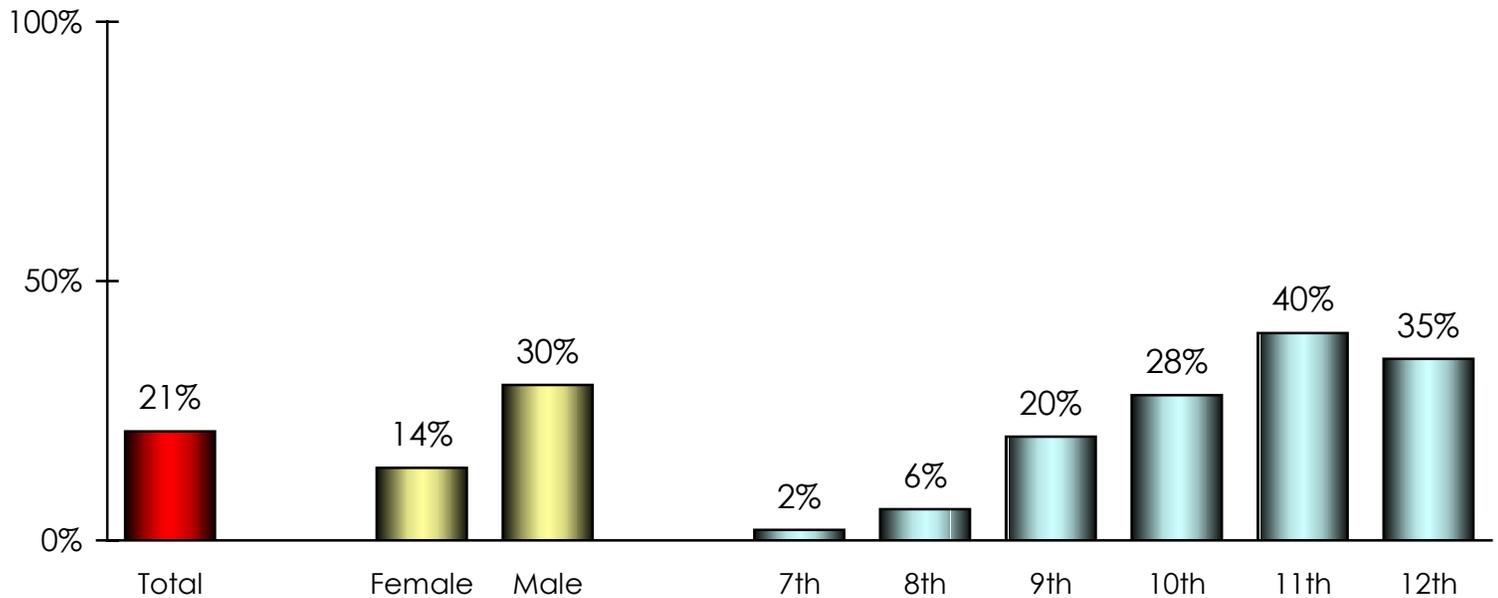


Percentage of students who had sexual intercourse for the first time before age 13.

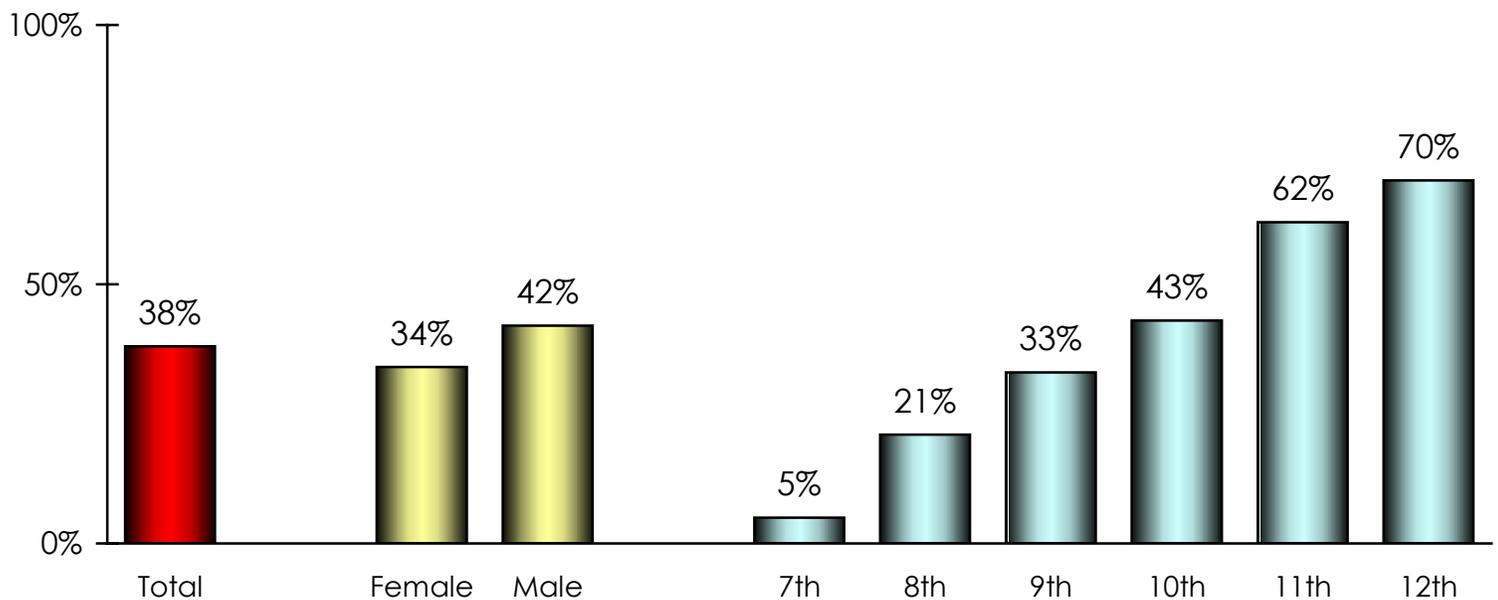


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who had sexual intercourse with four or more people during their life.

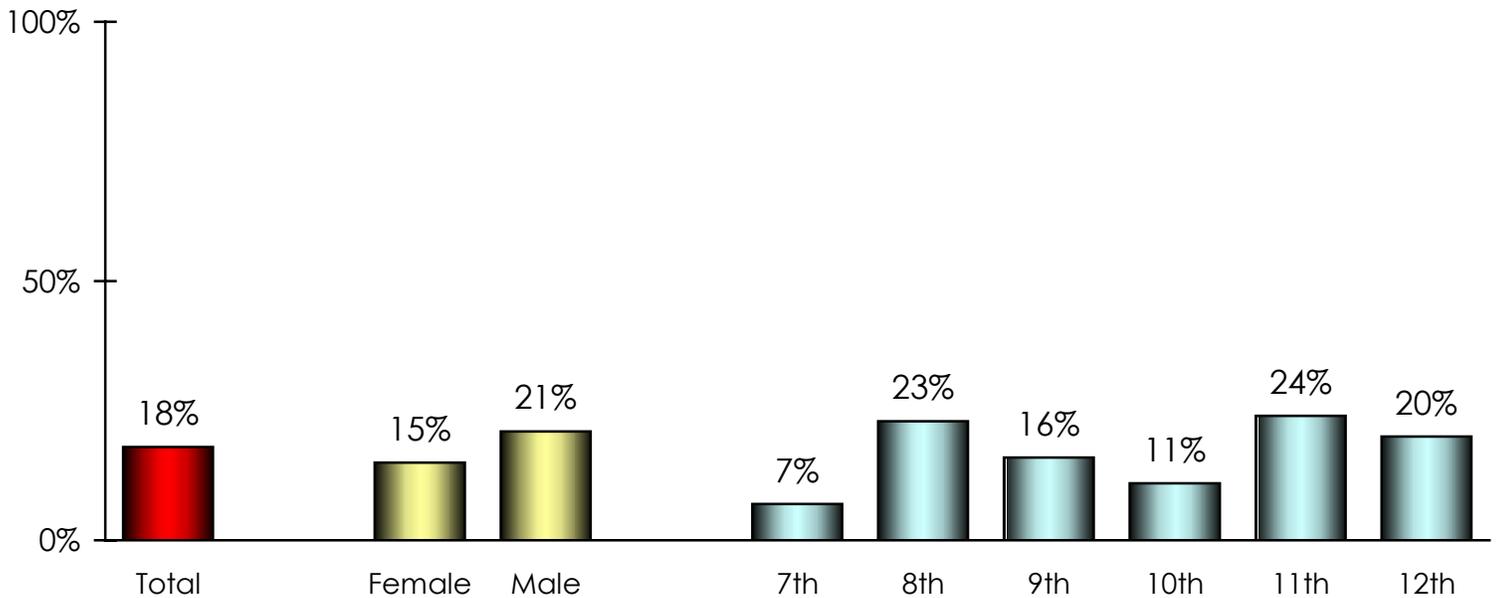


Percentage of students who had sexual intercourse during the past three months.



## 2001-2002 Monroe County Youth Risk Behavior Survey

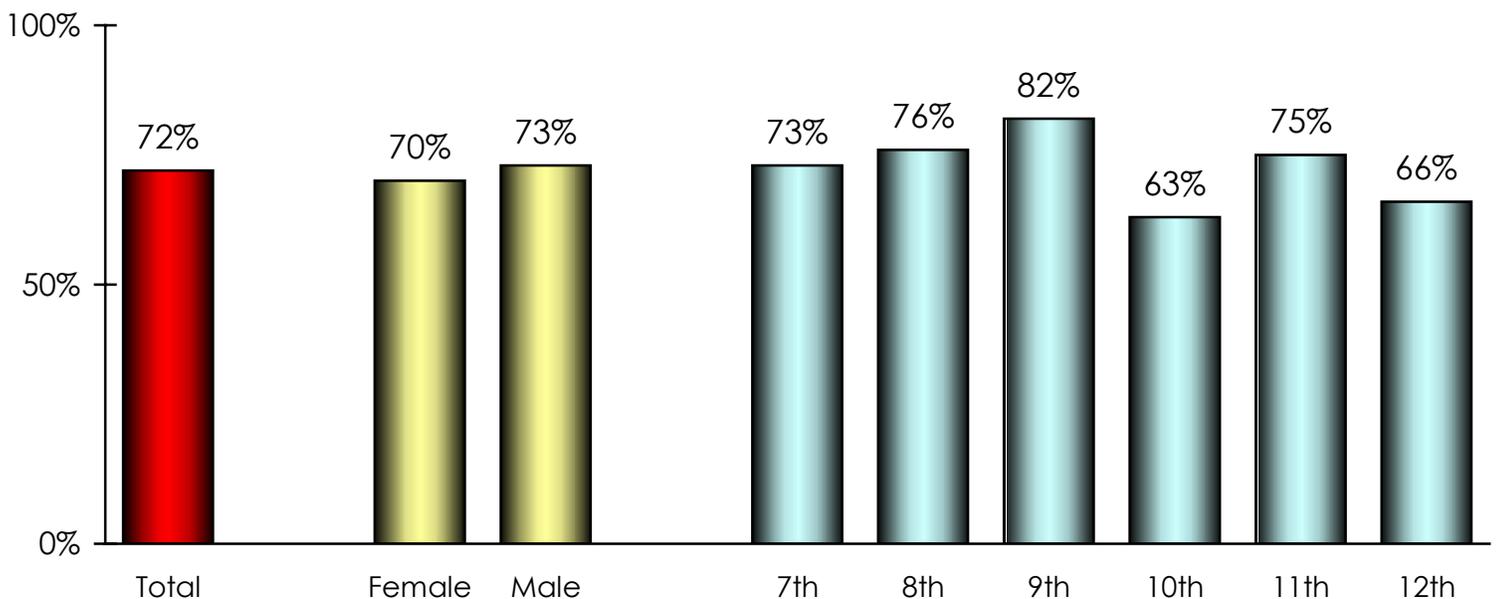
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

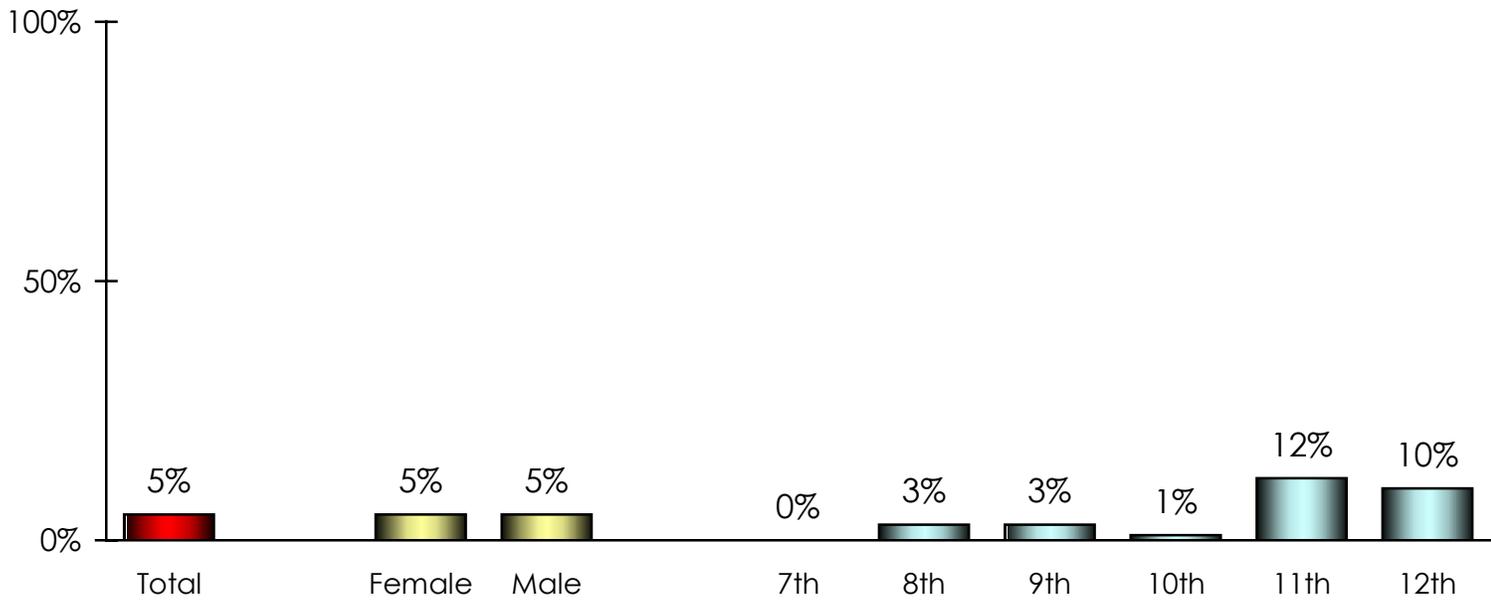
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who had been or gotten someone pregnant one or more times.

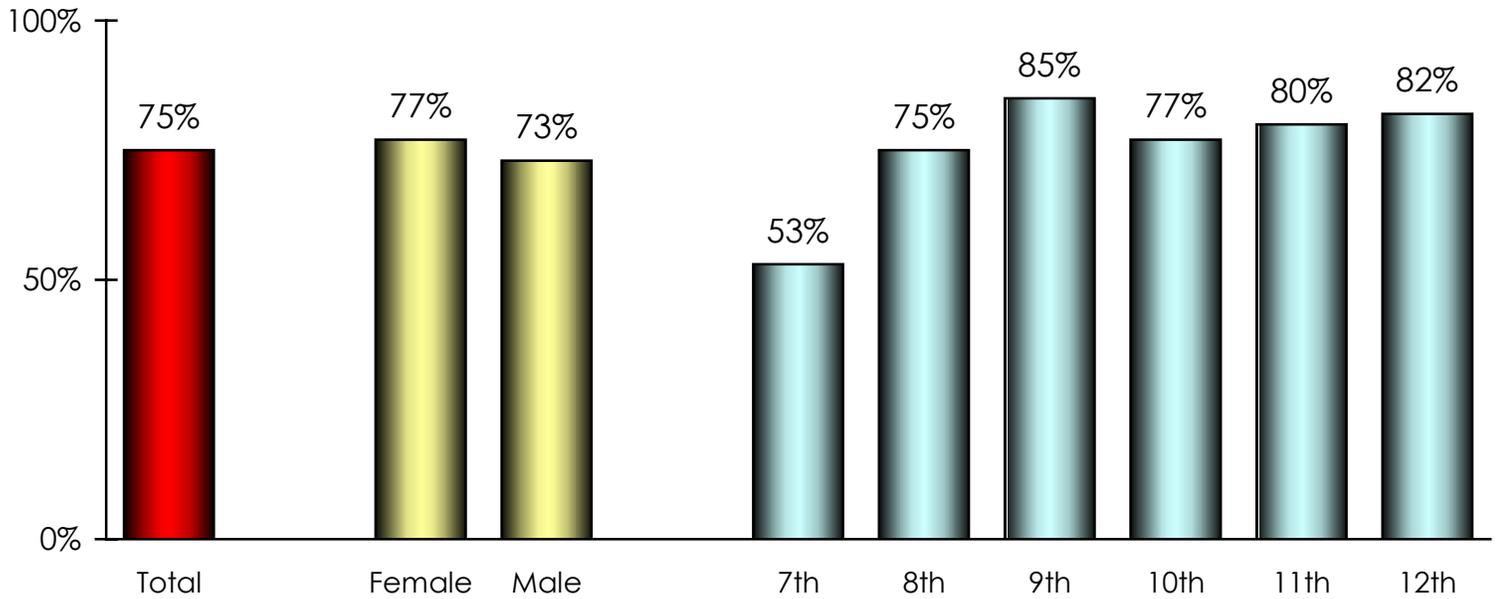


## 2001-2002 Monroe County Youth Risk Behavior Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

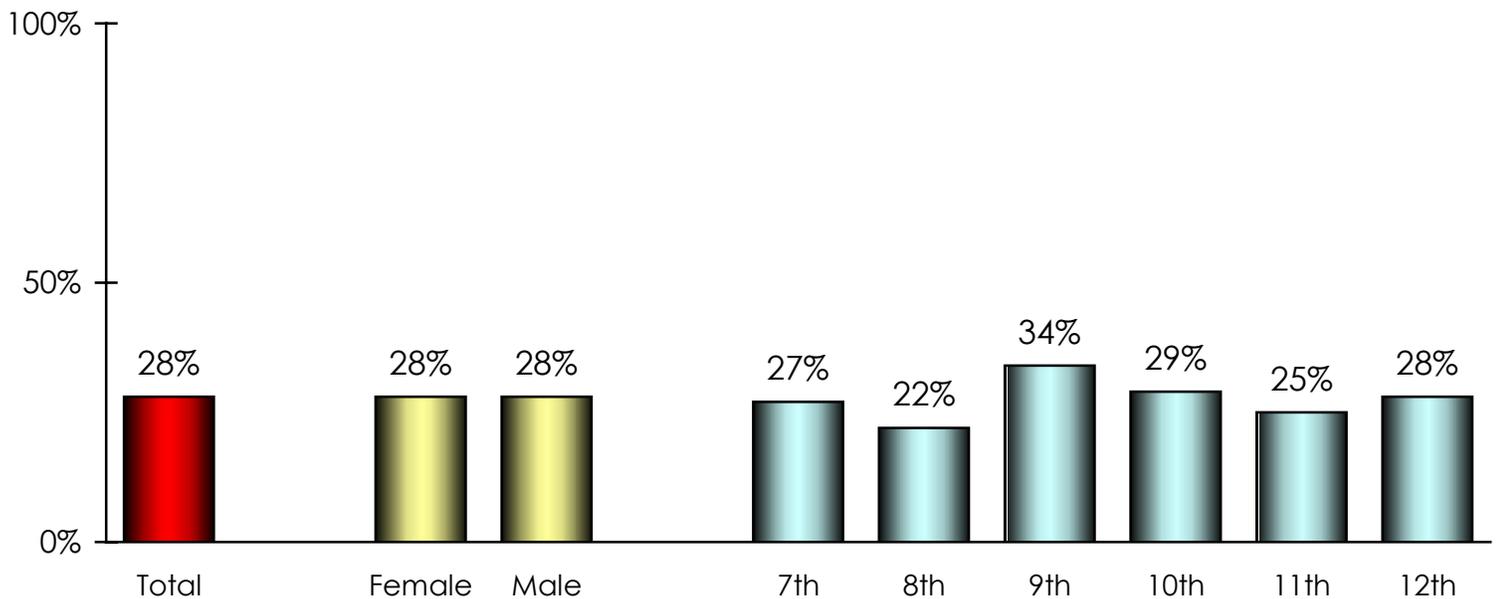


## 2001-2002 Monroe County Youth Risk Behavior Survey

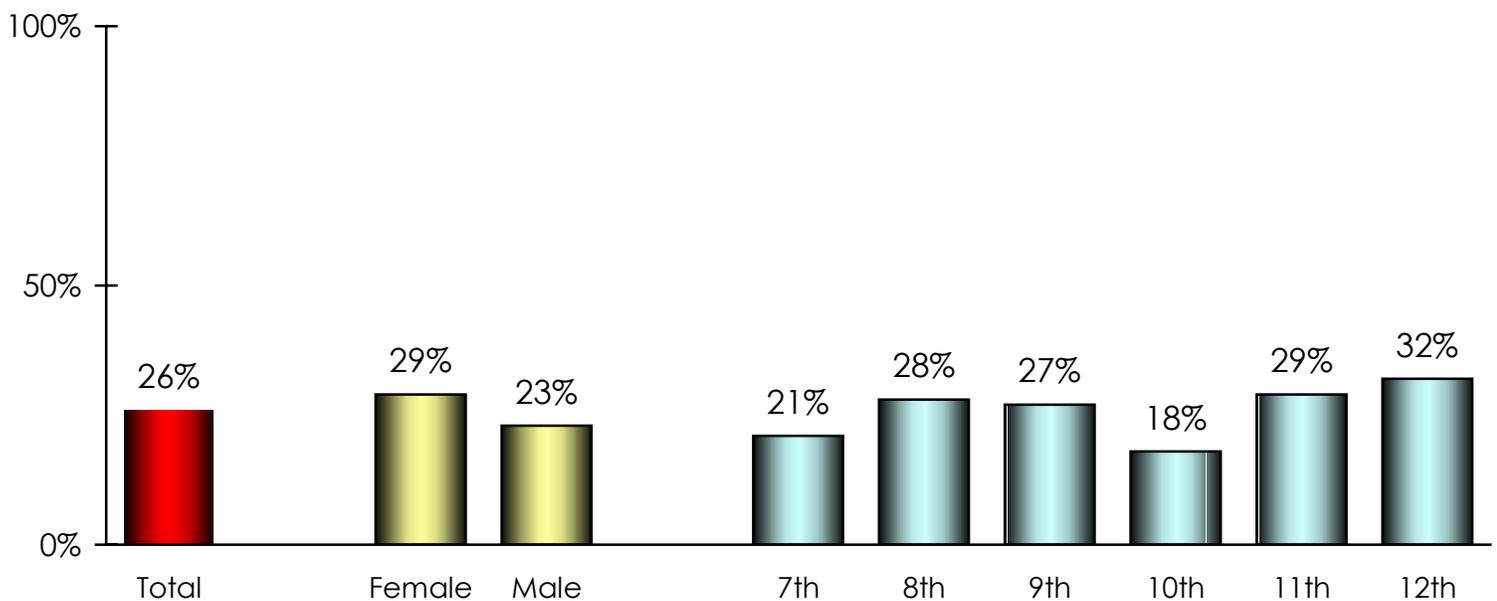
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

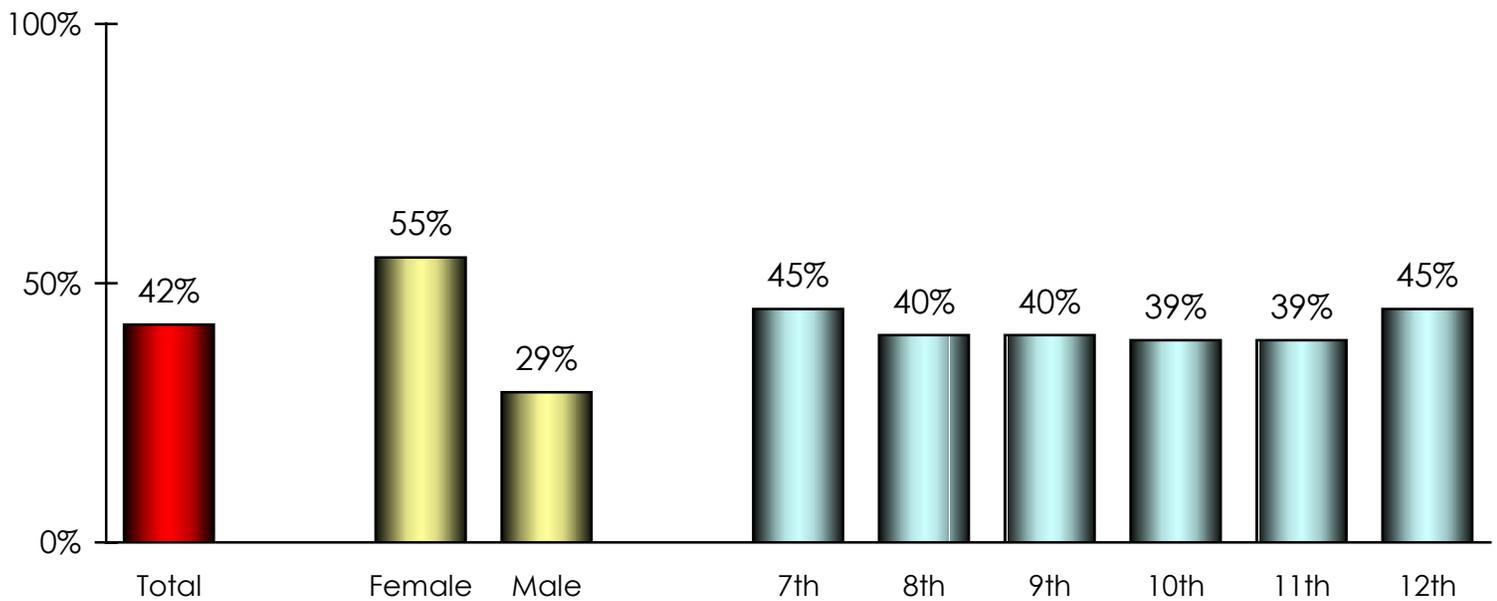


Percentage of students who describe themselves as slightly or very overweight.

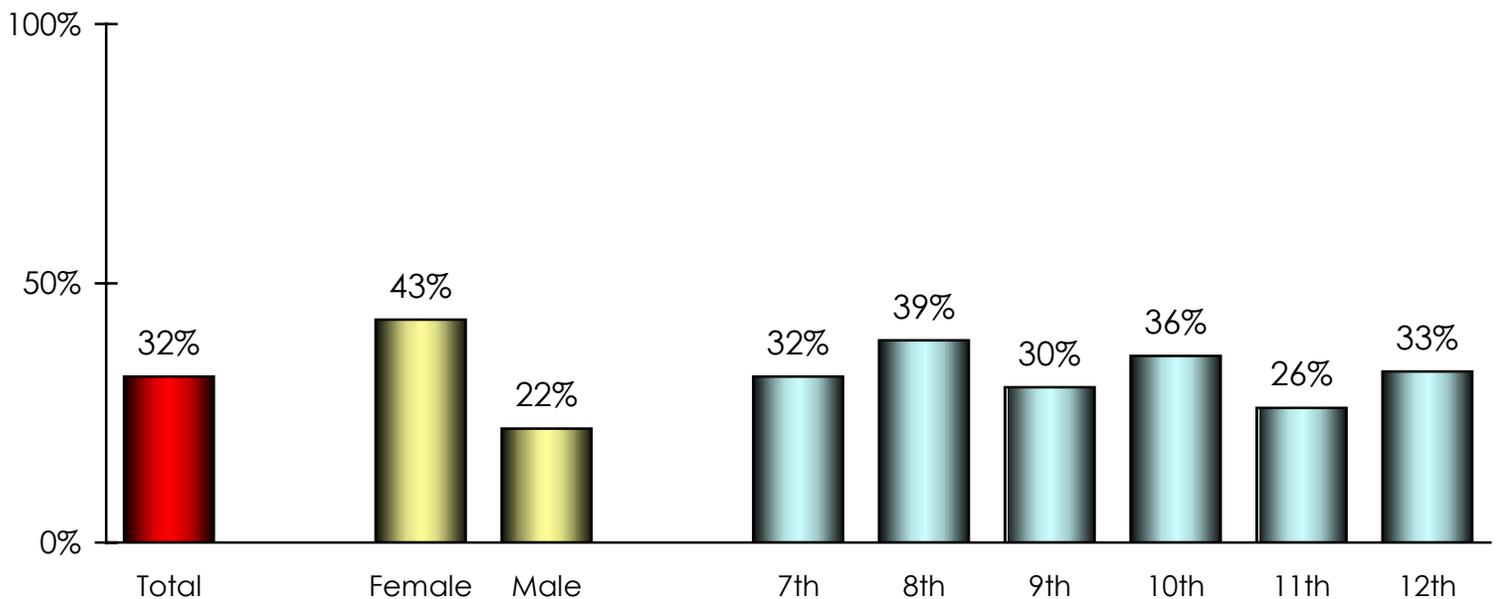


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.

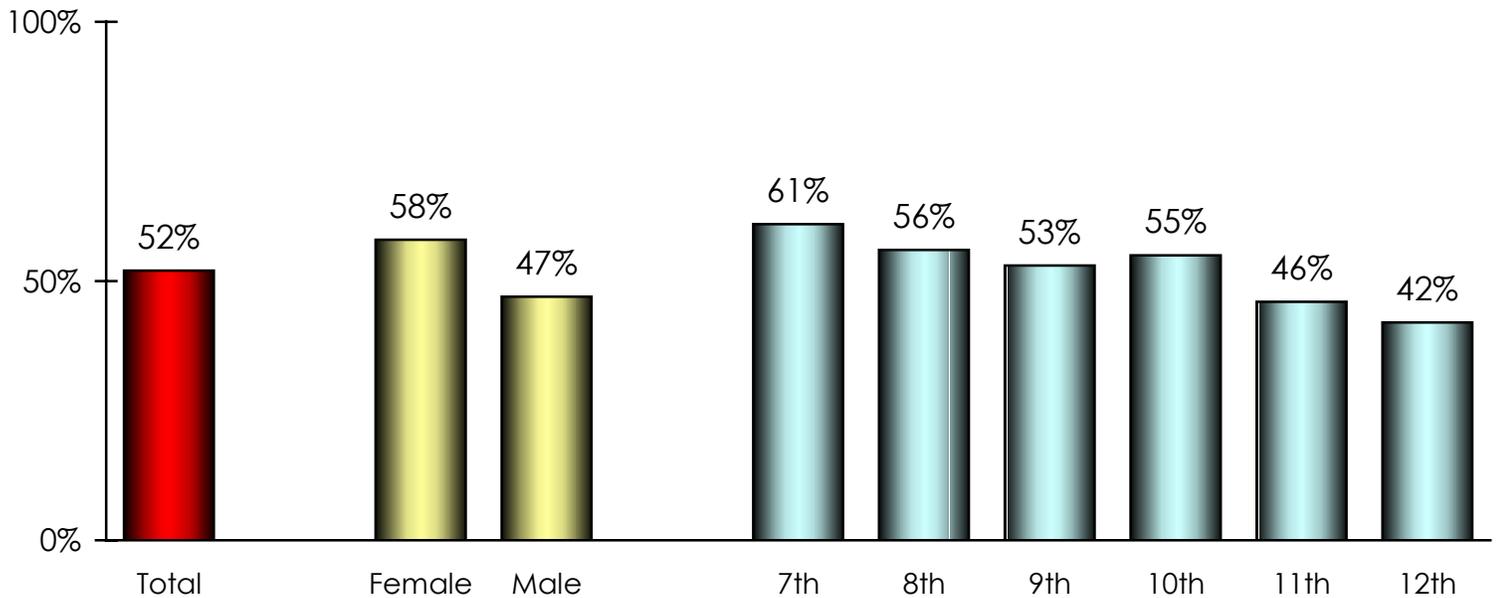


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

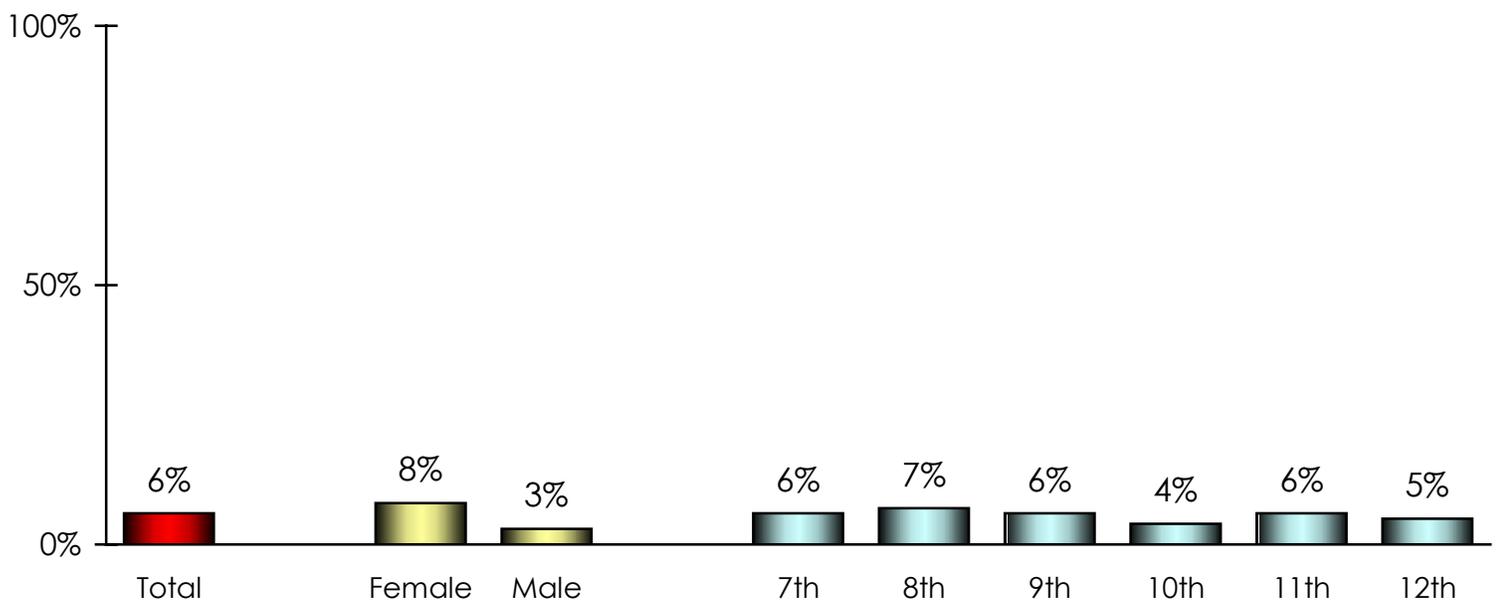


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

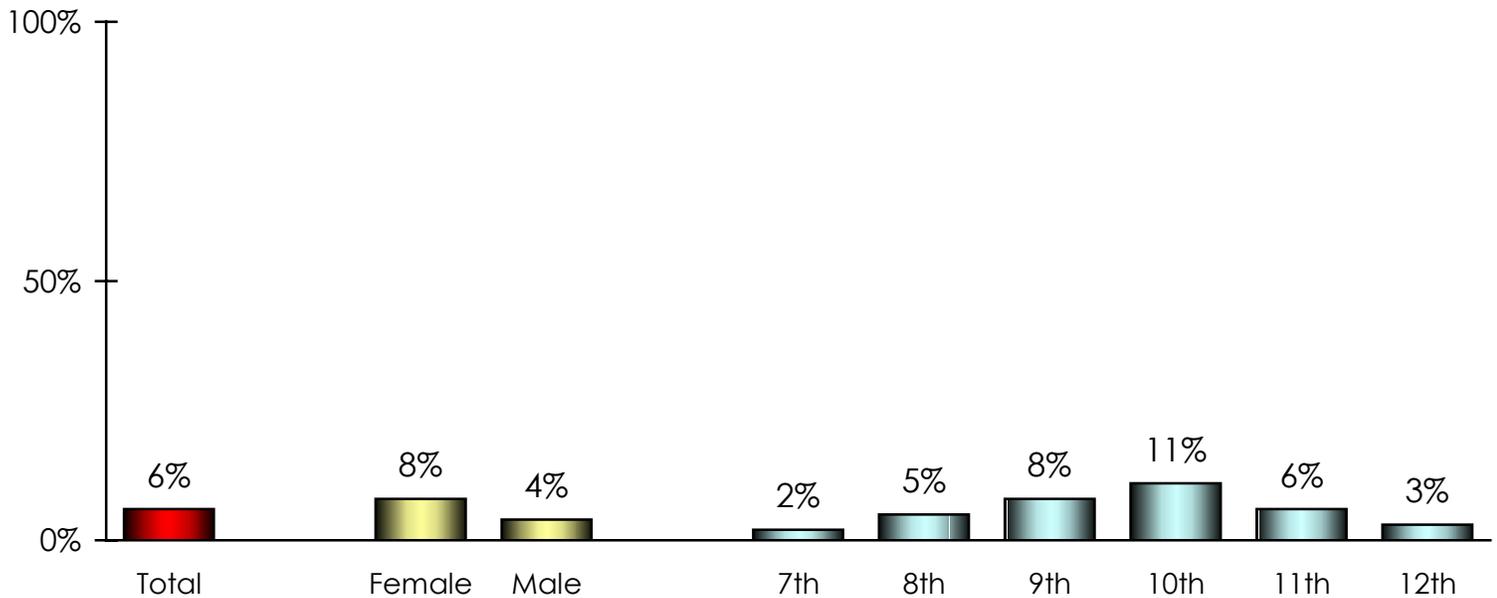


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

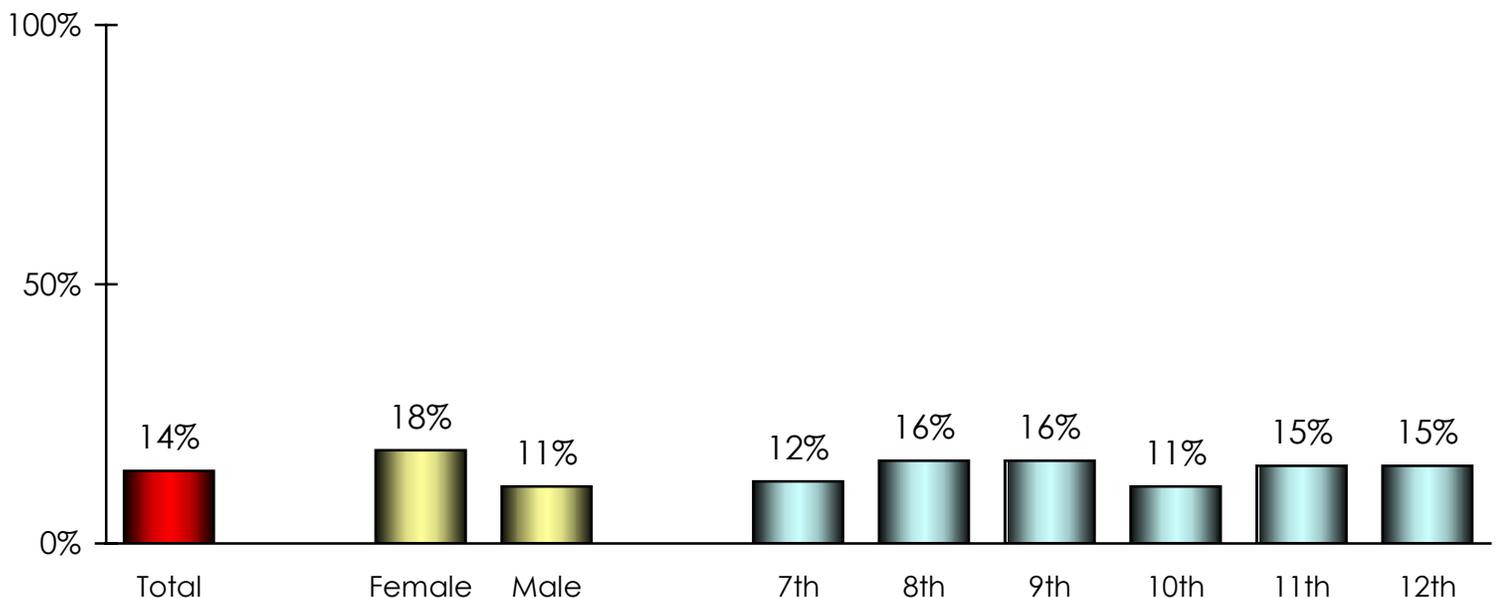


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

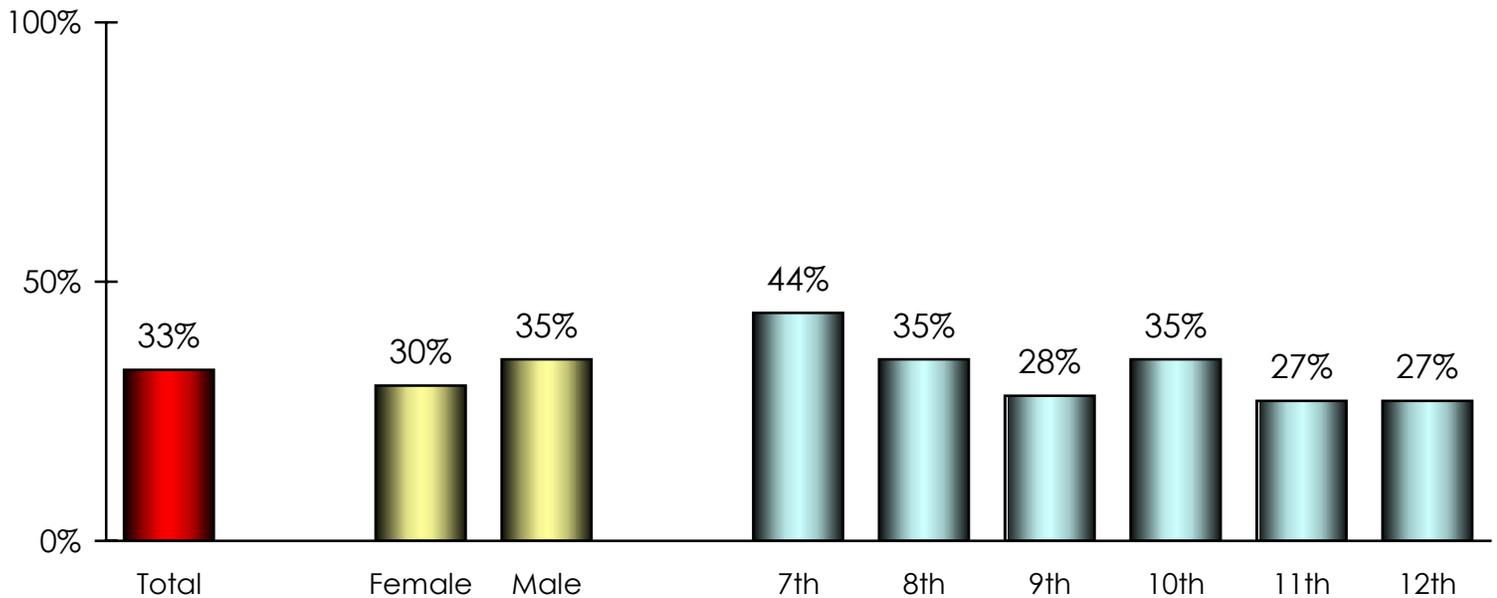


# 2001-2002 Monroe County Youth Risk Behavior Survey

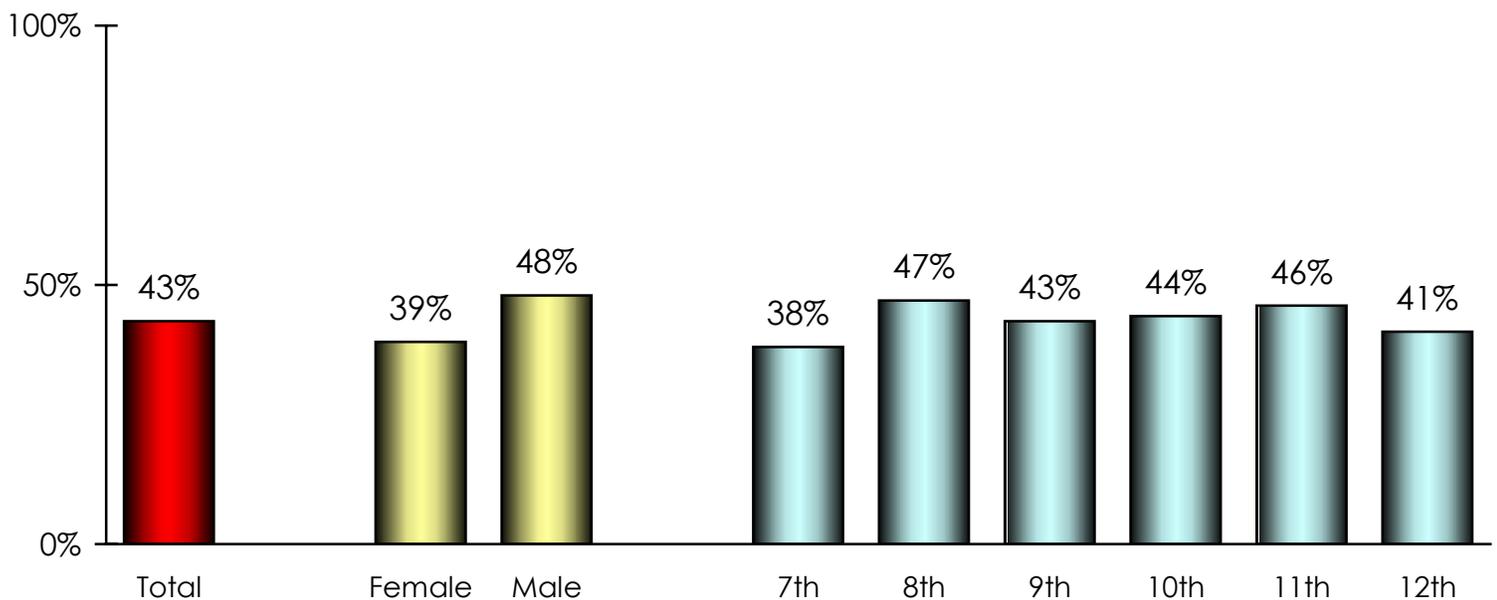
## ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

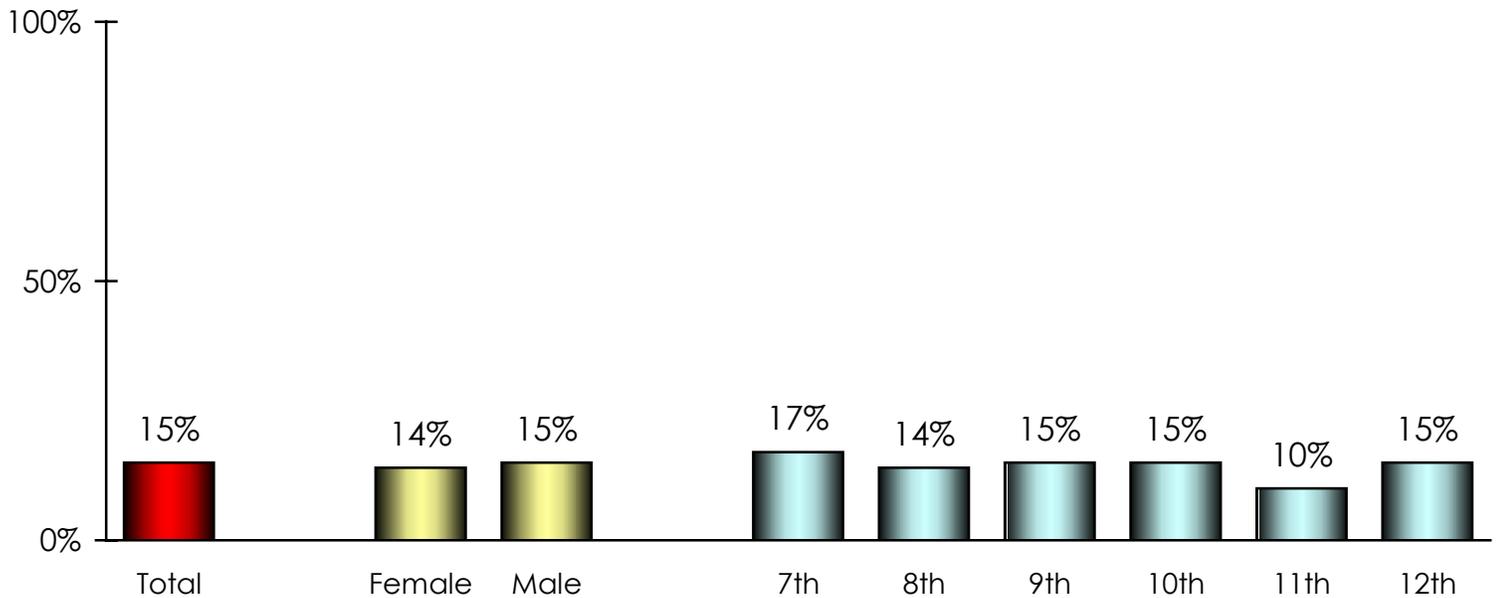


Percentage of students who drank fruit juices four or more times during the past 7 days.

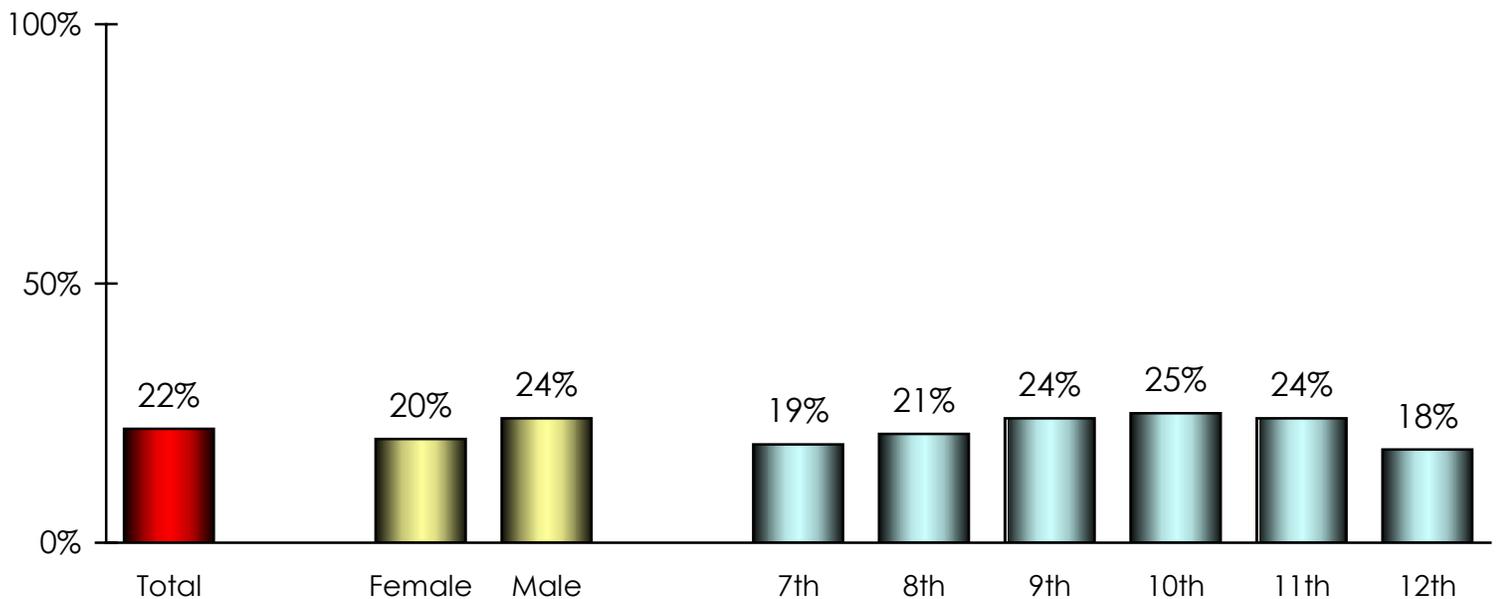


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who ate green salad four or more times during the past 30 days.

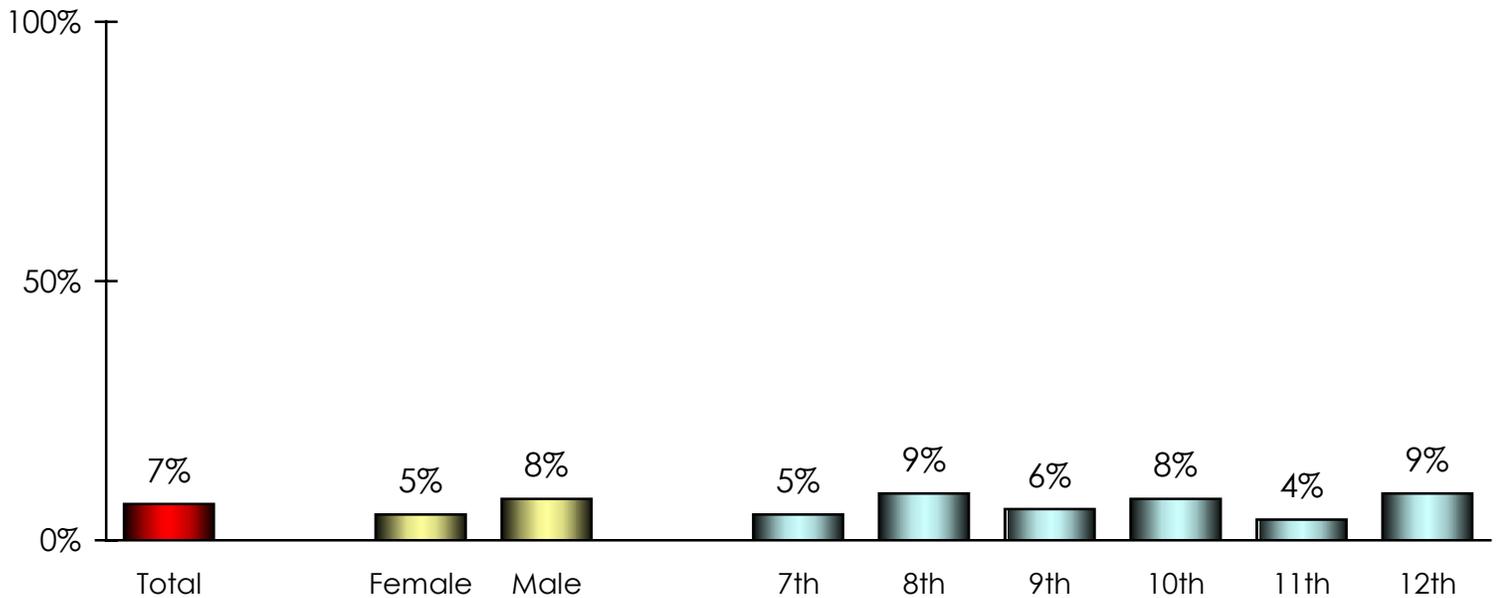


Percentage of students who ate potatoes four or more times during the past 30 days.

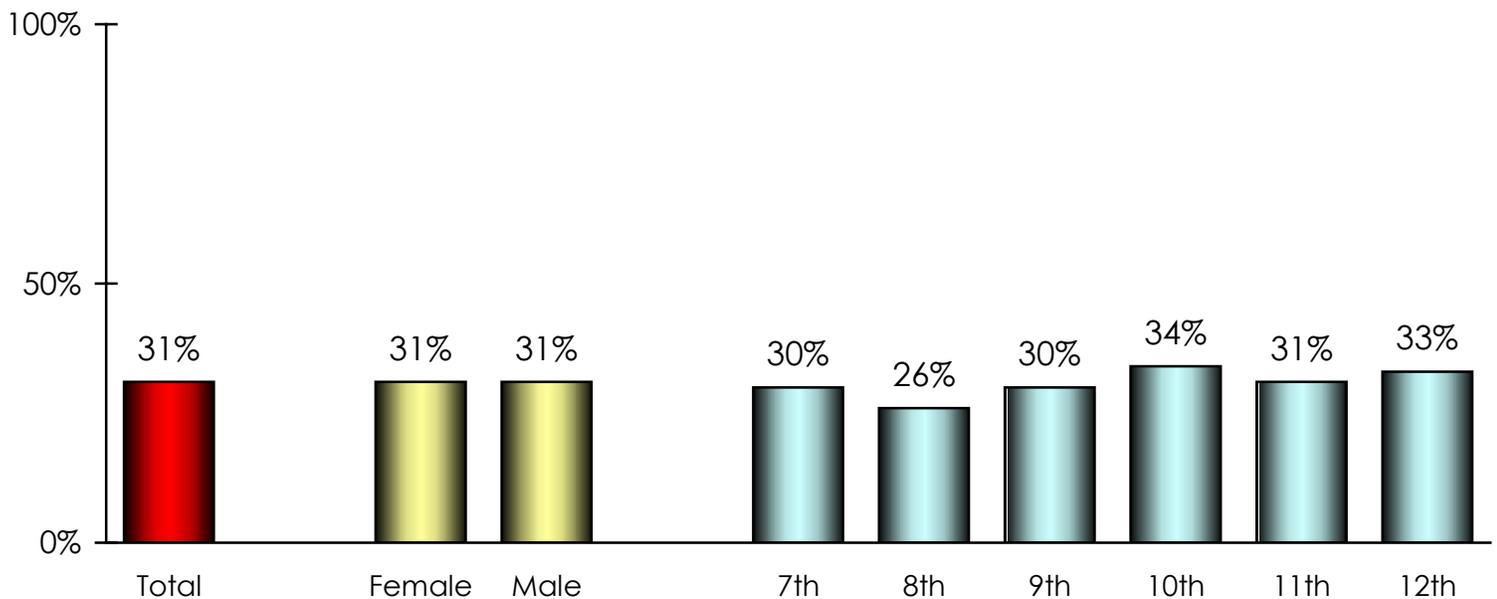


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who ate carrots four or more times during the past 7 days.

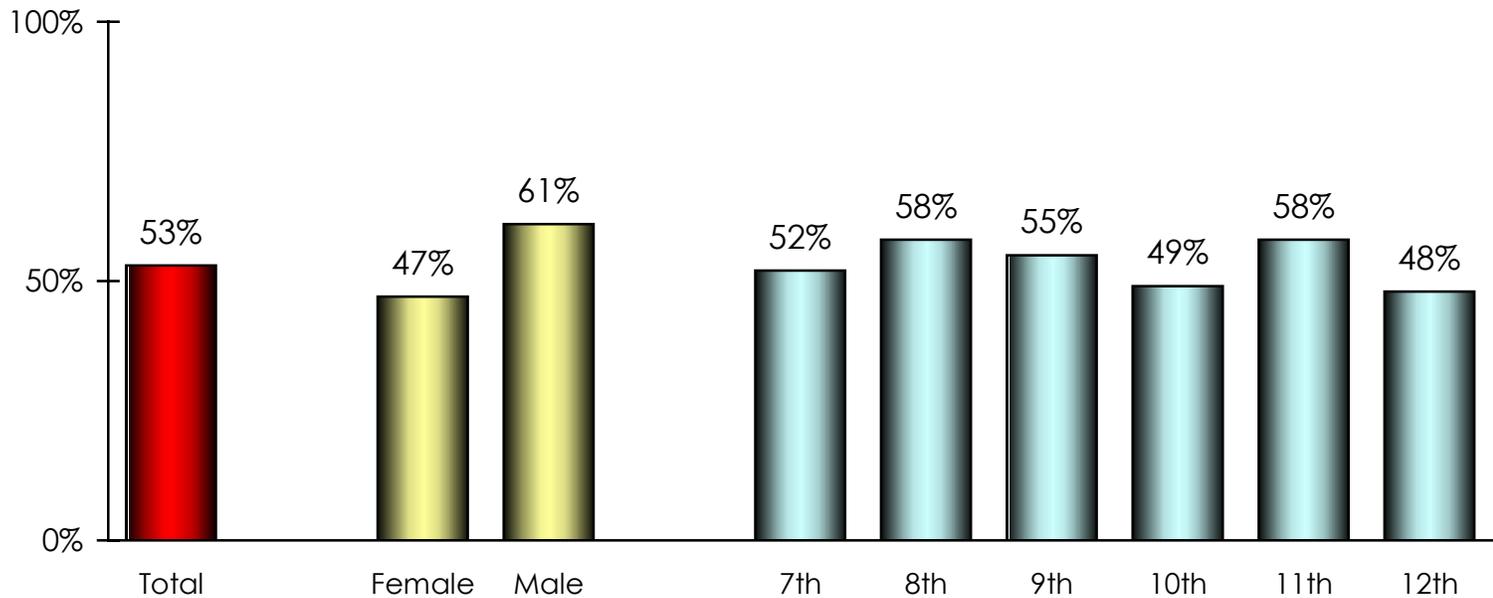


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who drank milk four or more times during the past 7 days.

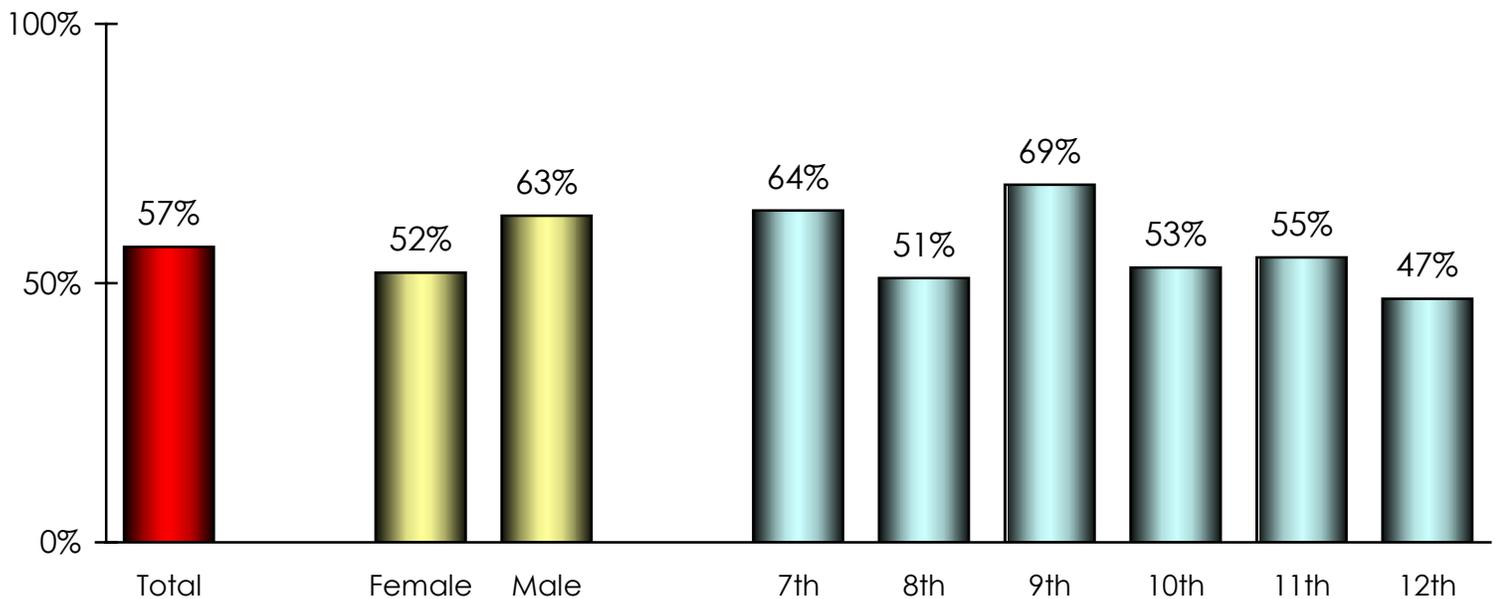


# 2001-2002 Monroe County Youth Risk Behavior Survey

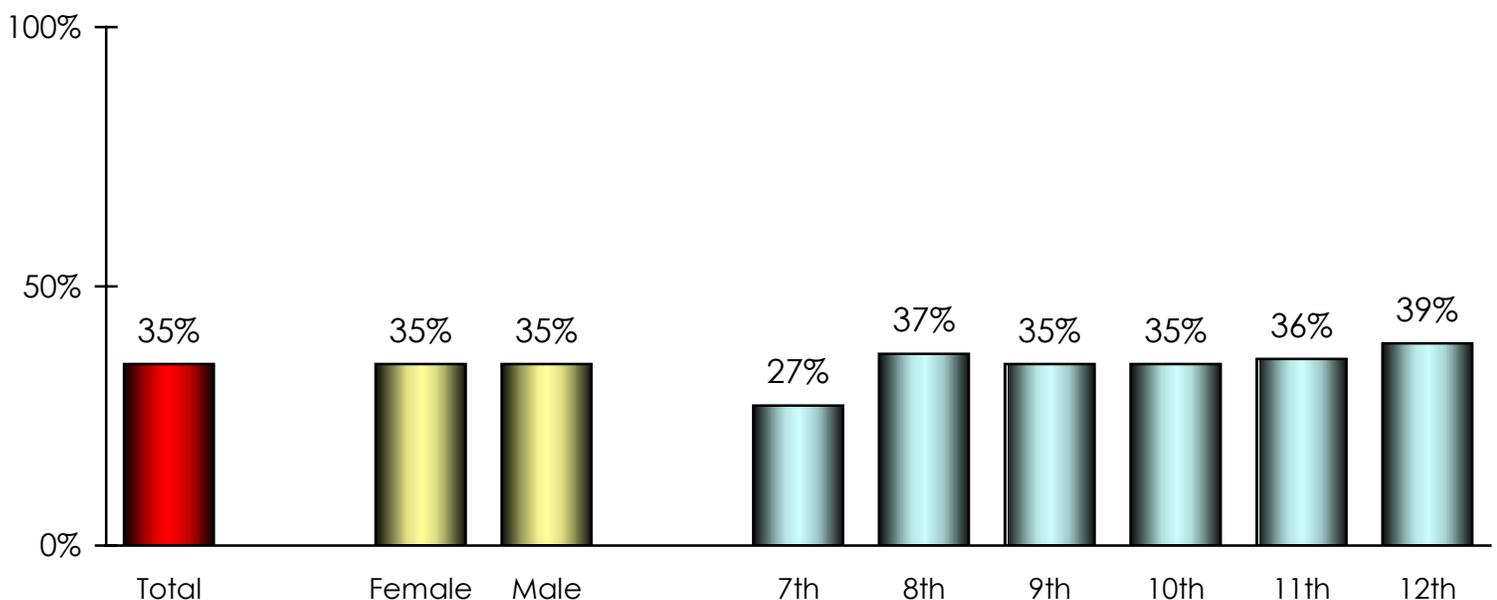
## ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

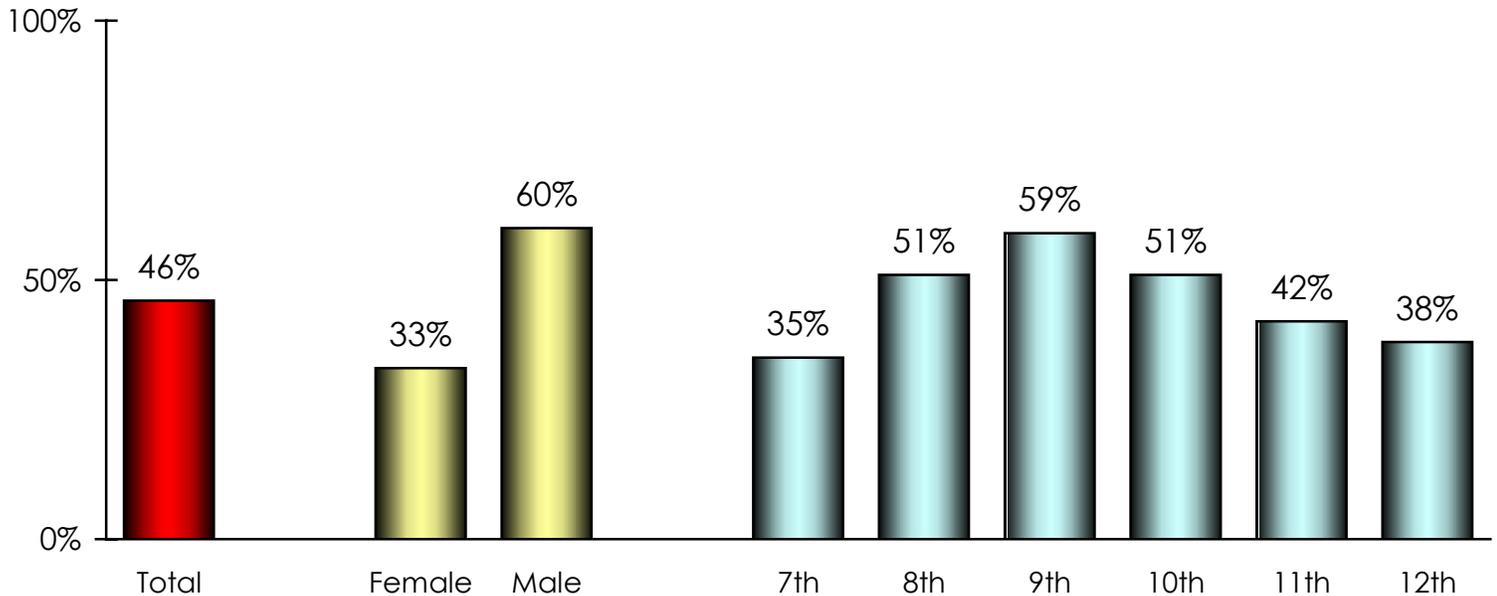


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

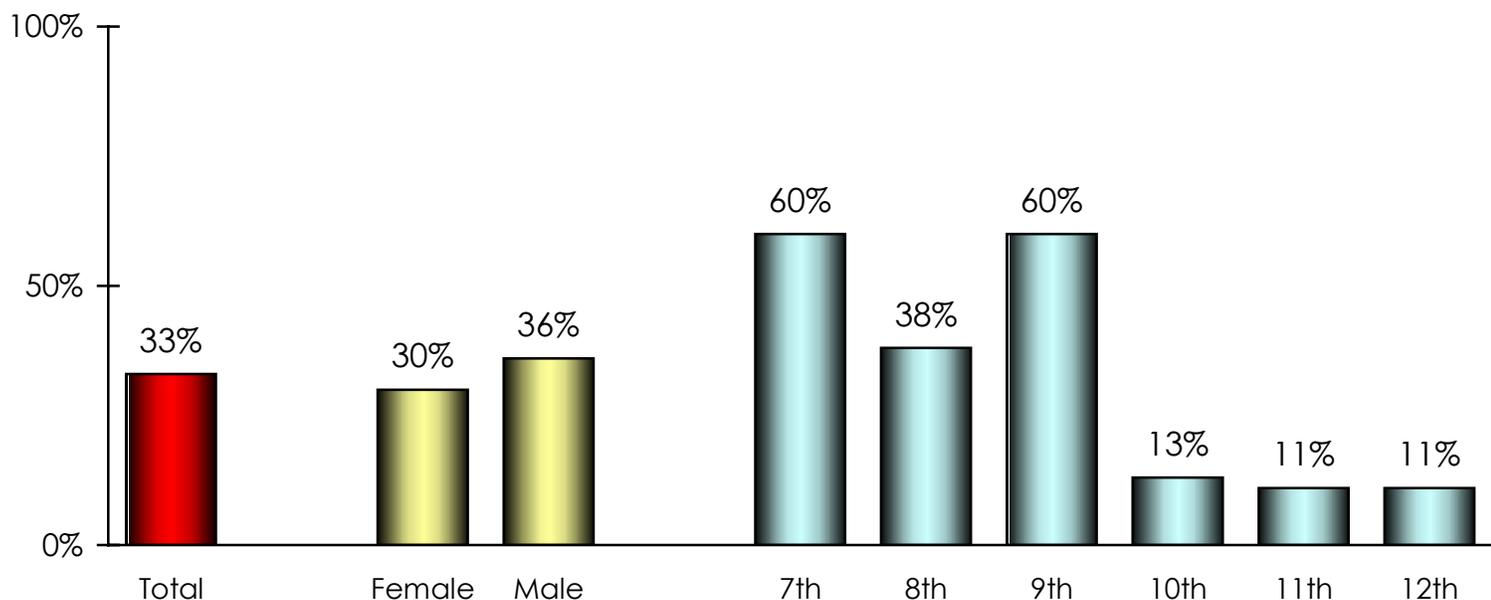


## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

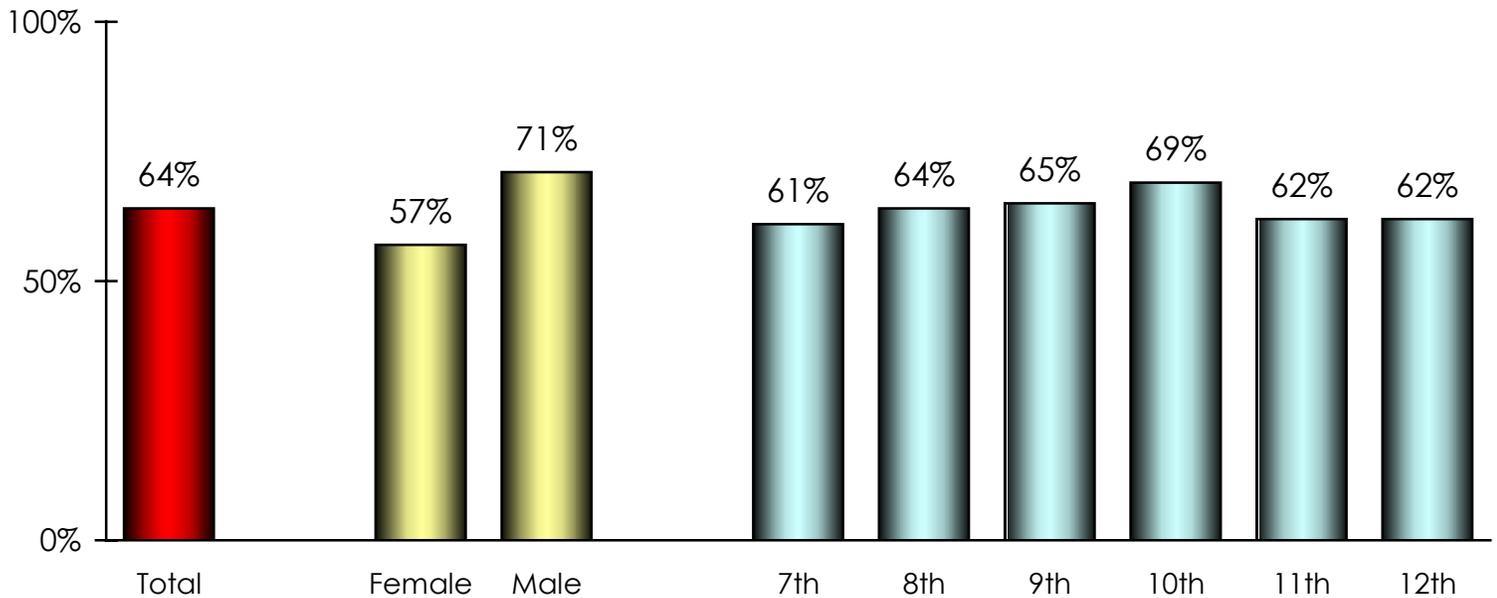


Percentage of students who attended physical education (PE) class one or more days during an average school week.



## 2001-2002 Monroe County Youth Risk Behavior Survey

Percentage of students who played on one or more sports teams during the past 12 months.



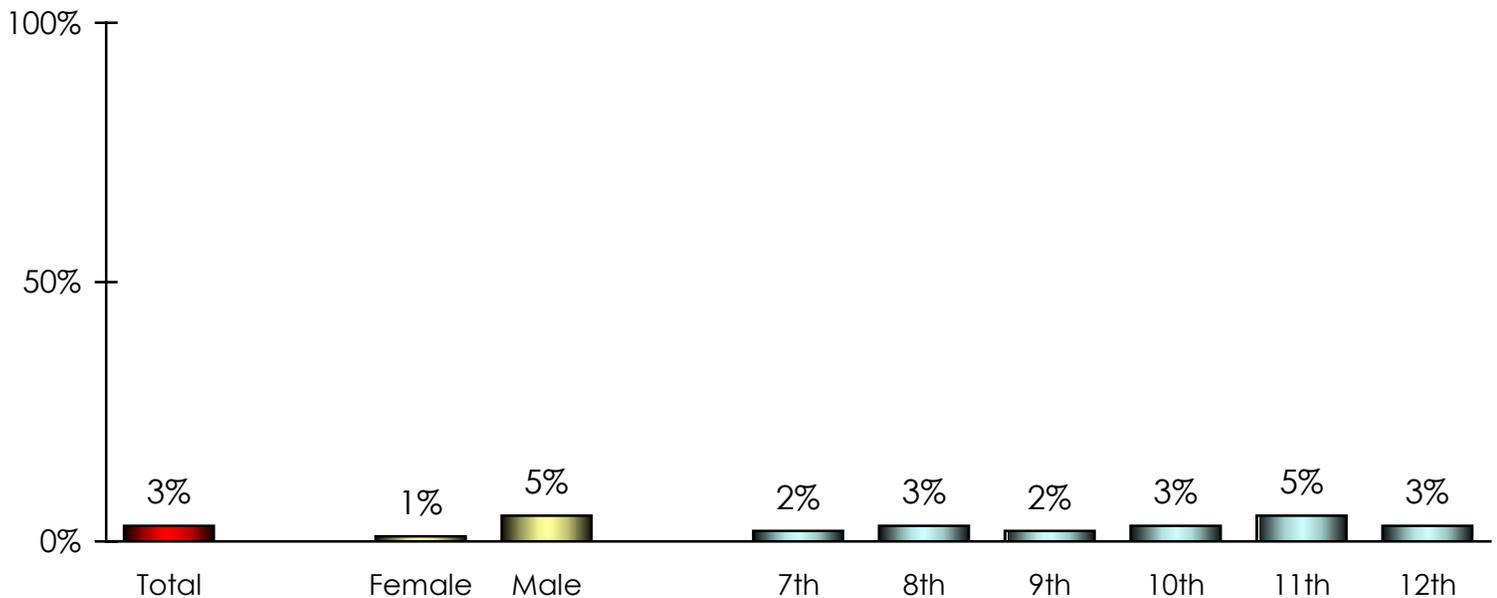
## 2001-2002 Monroe County Youth Risk Behavior Survey

### ■ Violence-Related Behaviors at School

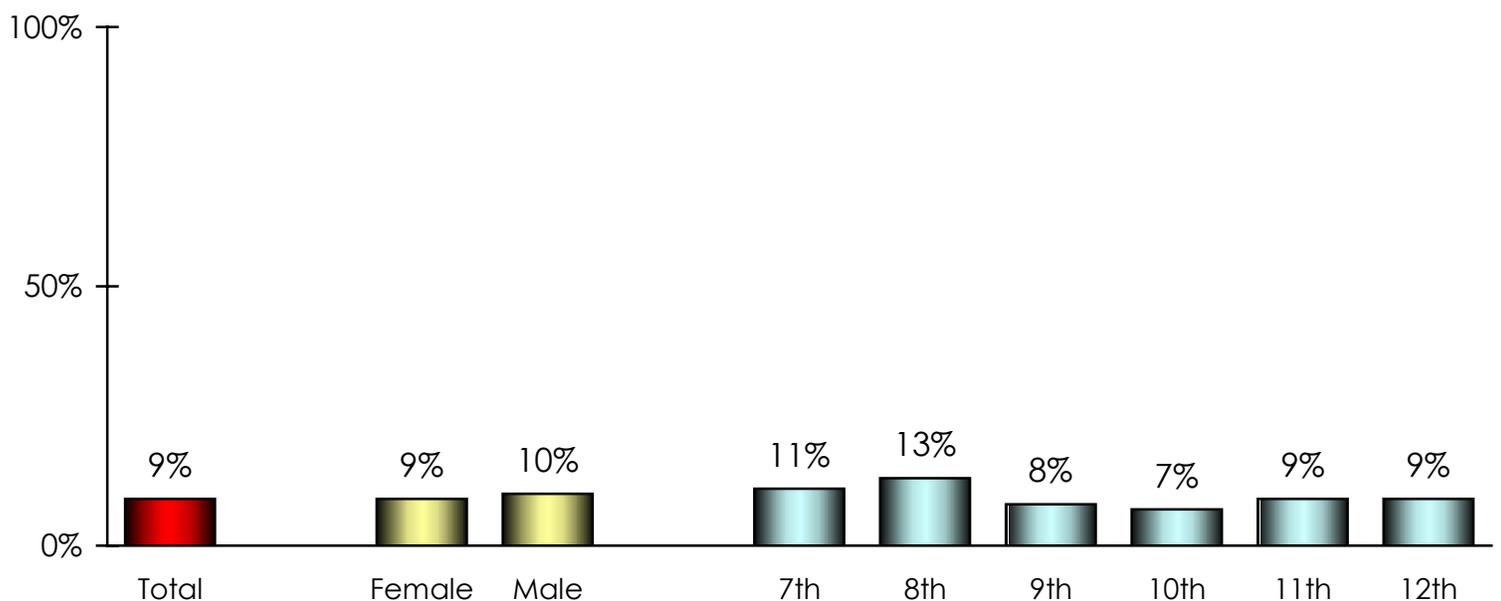
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*such as a gun, knife, or club.

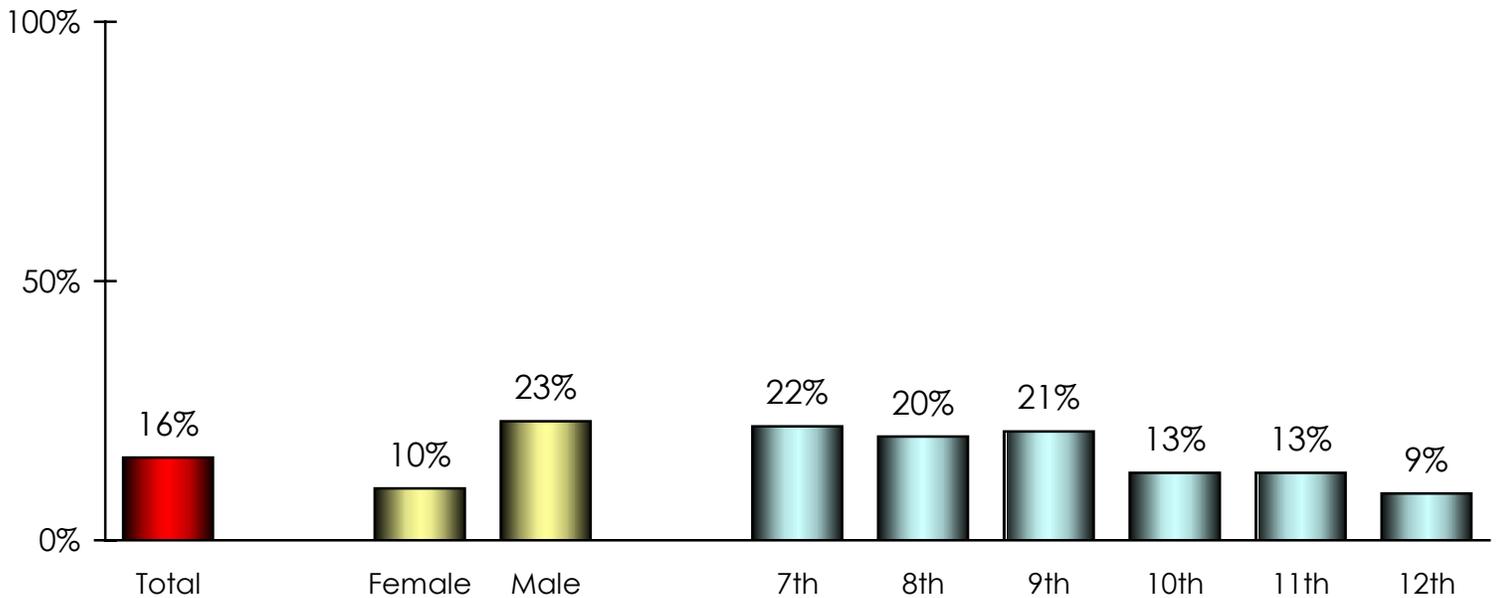


Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



## 2001-2002 Monroe County Youth Risk Behavior Survey

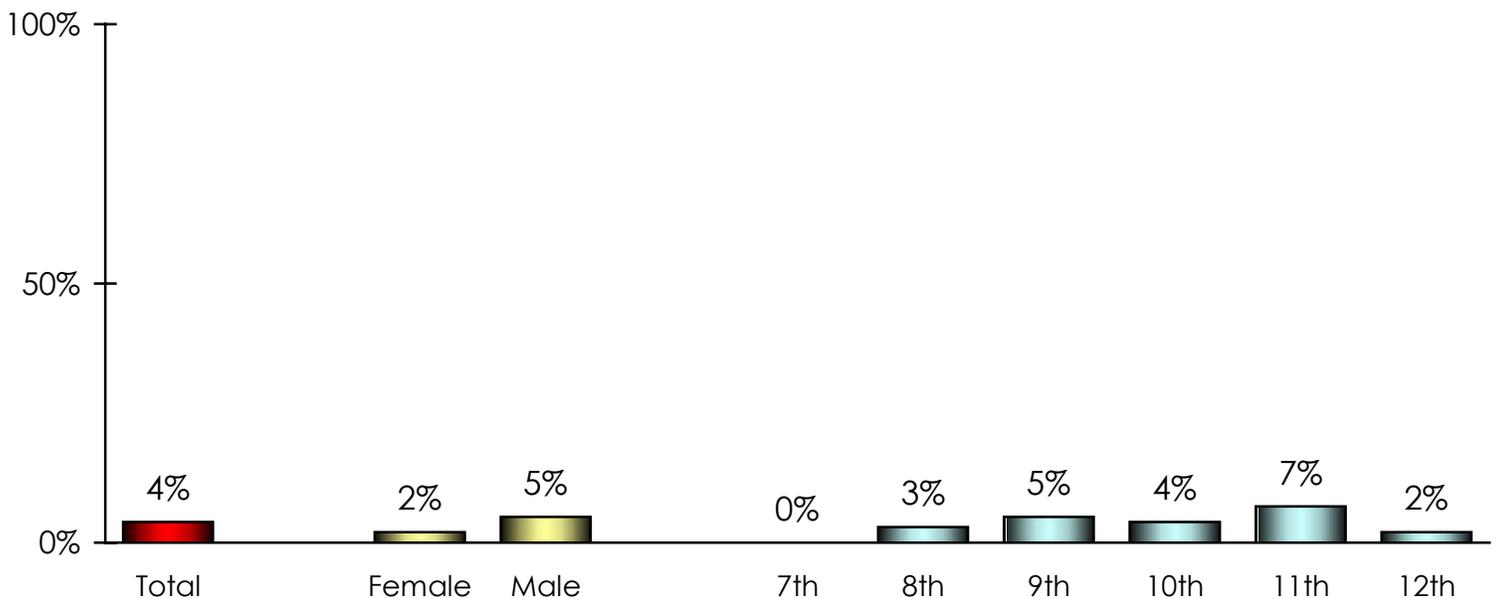
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



### ■ Tobacco Use at School

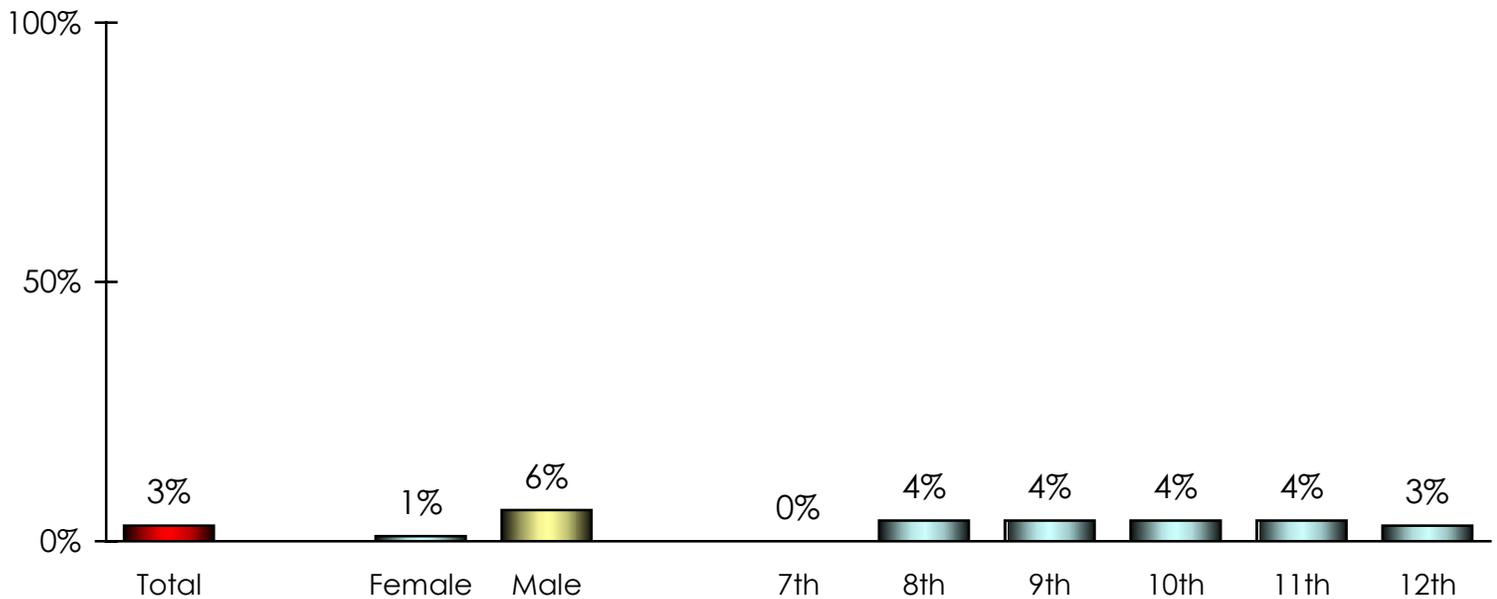
*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



## 2001-2002 Monroe County Youth Risk Behavior Survey

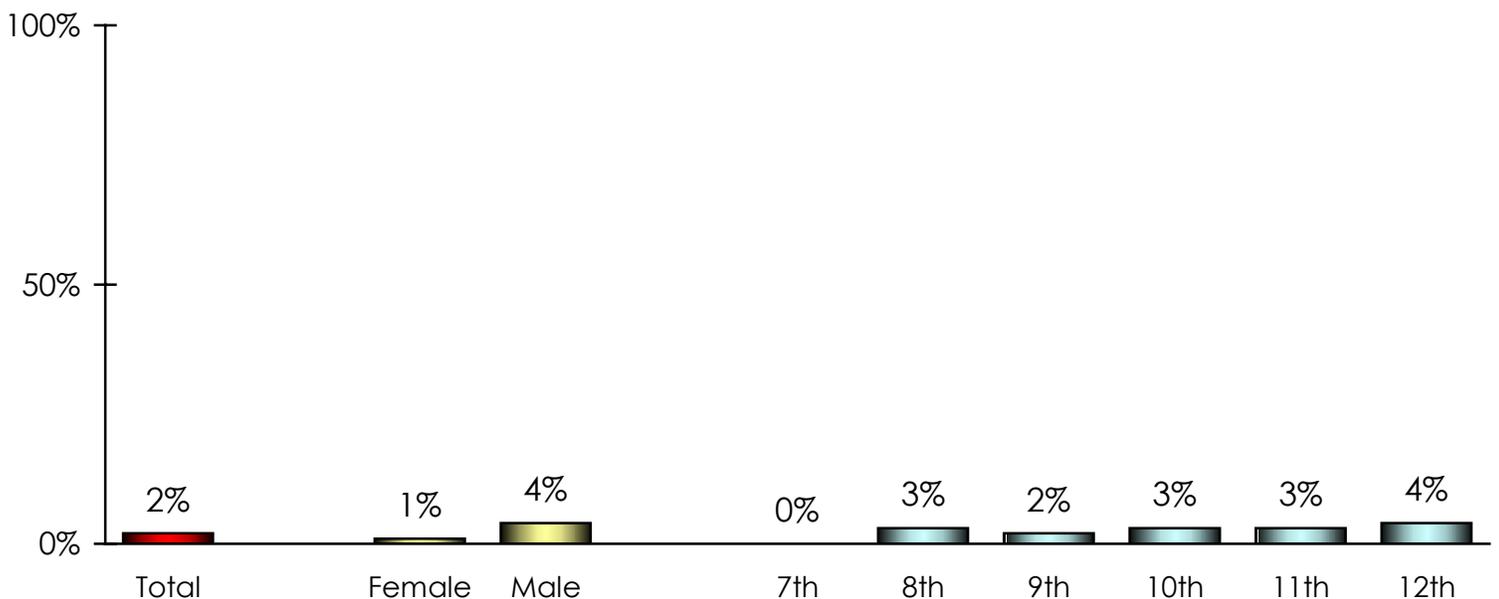
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

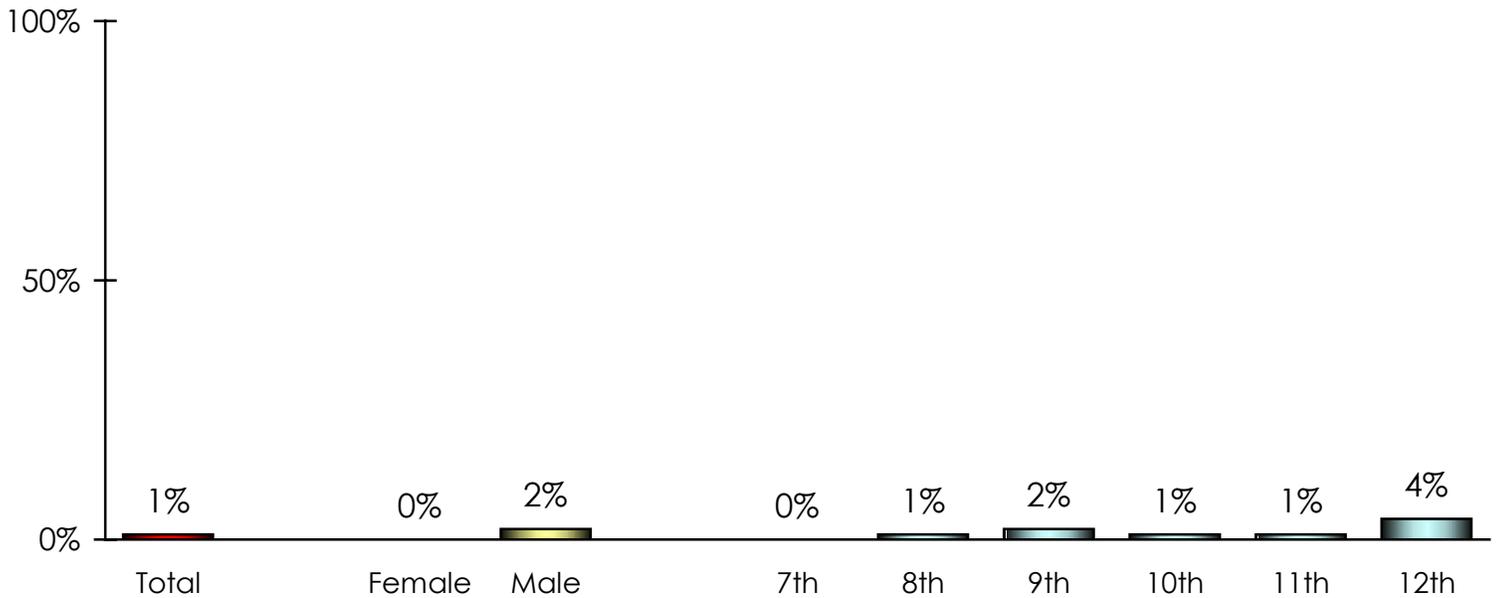


## 2001-2002 Monroe County Youth Risk Behavior Survey

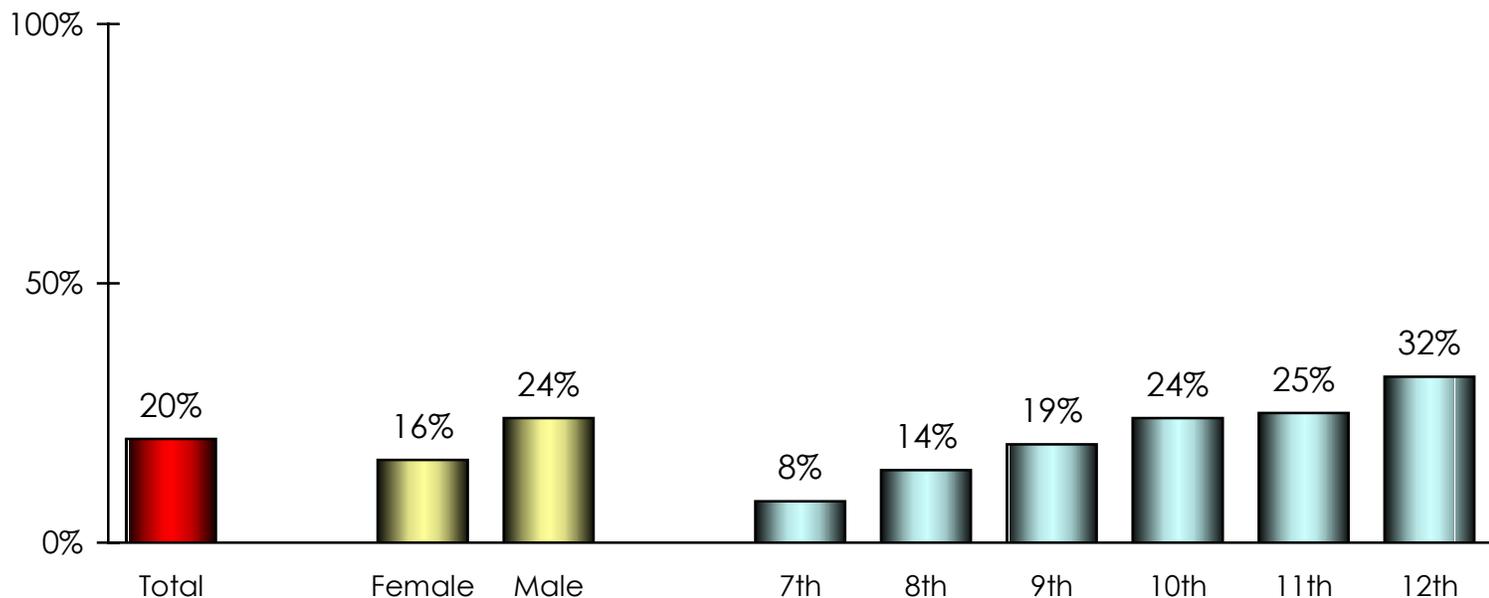
### ■ Drug Use at School

*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



# 2001-2002 Monroe County Youth Risk Behavior Survey

## Monroe 2001-2002 YRBS RESULTS

### The FREQ Procedure

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	83	11.84
13	112	15.98
14	119	16.98
15	108	15.41
16	129	18.40
17	123	17.55
18 OR OLDER	27	3.85

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	352	50.36
MALE	347	49.64

Frequency Missing = 2

## 2001-2002 Monroe County Youth Risk Behavior Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	123	17.67
8TH	104	14.94
9TH	130	18.68
10TH	113	16.24
11TH	126	18.10
12TH	100	14.37

Frequency Missing = 5

7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	501	71.47
NEVER WORE	87	12.41
RARELY WORE	17	2.43
SOMETIMES WORE	14	2.00
WORE MOST OF THE TIME	21	3.00
ALWAYS WORE	61	8.70

## 2001-2002 Monroe County Youth Risk Behavior Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	179	25.53
NEVER WORE	460	65.62
RARELY WORE	28	3.99
SOMETIMES WORE	12	1.71
WORE MOST OF THE TIME	9	1.28
ALWAYS WORE	13	1.85

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	74	10.59
RARELY	116	16.60
SOMETIMES	231	33.05
MOST OF THE TIME	176	25.18
ALWAYS	102	14.59

Frequency Missing = 2

## 2001-2002 Monroe County Youth Risk Behavior Survey

10. During the past 30 days,  
how many times did you ride  
in a car or other  
vehicle driven by someone who  
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	455	65.00
1 TIME	83	11.86
2-3 TIMES	76	10.86
4-5 TIMES	27	3.86
6+ TIMES	59	8.43

Frequency Missing = 1

11. During the past 30 days, how  
many times did you drive a car  
or other vehicle  
when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	606	88.34
1 TIME	29	4.23
2-3 TIMES	32	4.66
4-5 TIMES	9	1.31
6+ TIMES	10	1.46

Frequency Missing = 15

## 2001-2002 Monroe County Youth Risk Behavior Survey

12. During the past 30 days,  
on how many days did you carry  
a weapon such  
as a gun, knife, or club?

	Number of Students	Percent of Total
0 TIMES	544	79.77
1 TIME	32	4.69
2-3 TIMES	39	5.72
4-5 TIMES	11	1.61
6+ TIMES	56	8.21

Frequency Missing = 19

13. During the past 30 days,  
on how many days did you carry  
a gun?

	Number of Students	Percent of Total
0 TIMES	628	91.28
1 TIME	10	1.45
2-3 TIMES	26	3.78
4-5 TIMES	10	1.45
6+ TIMES	14	2.03

Frequency Missing = 13

## 2001-2002 Monroe County Youth Risk Behavior Survey

14. During the past 30 days,  
on how many days did you carry  
a weapon such  
as a gun, knife, or club on  
school property?

	Number of Students	Percent of Total
0 TIMES	674	97.12
1 TIME	8	1.15
2-3 TIMES	5	0.72
4-5 TIMES	1	0.14
6+ TIMES	6	0.86

Frequency Missing = 7

15. During the past 30 days,  
on how many days did you not  
go to school because  
you felt you would  
be unsafe at school or on your  
way to or from school?

	Number of Students	Percent of Total
0 TIMES	643	92.52
1 TIME	26	3.74
2-3 TIMES	16	2.30
4-5 TIMES	4	0.58
6+ TIMES	6	0.86

Frequency Missing = 6

## 2001-2002 Monroe County Youth Risk Behavior Survey

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	635	90.58
1 TIME	28	3.99
2-3 TIMES	20	2.85
4-5 TIMES	6	0.86
6-7 TIMES	2	0.29
8-9 TIMES	2	0.29
10-11 TIMES	2	0.29
12+ TIMES	6	0.86

## 2001-2002 Monroe County Youth Risk Behavior Survey

17. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	417	61.14
1 TIME	128	18.77
2-3 TIMES	79	11.58
4-5 TIMES	22	3.23
6-7 TIMES	7	1.03
8-9 TIMES	7	1.03
10-11 TIMES	3	0.44
12+ TIMES	19	2.79

Frequency Missing = 19

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	654	97.18
1 TIME	14	2.08
2-3 TIMES	2	0.30
4-5 TIMES	2	0.30
6+ TIMES	1	0.15

Frequency Missing = 28

## 2001-2002 Monroe County Youth Risk Behavior Survey

19. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	586	83.59
1 TIME	74	10.56
2-3 TIMES	27	3.85
4-5 TIMES	6	0.86
6-7 TIMES	1	0.14
8-9 TIMES	1	0.14
10-11 TIMES	3	0.43
12+ TIMES	3	0.43

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	95	13.65
NO	601	86.35

Frequency Missing = 5

## 2001-2002 Monroe County Youth Risk Behavior Survey

21. Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	68	9.78
NO	627	90.22

Frequency Missing = 6

22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	212	30.29
NO	488	69.71

Frequency Missing = 1

23. During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	107	16.02
NO	561	83.98

Frequency Missing = 33

## 2001-2002 Monroe County Youth Risk Behavior Survey

24. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	94	13.56
NO	599	86.44

Frequency Missing = 8

25. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	507	92.86
1 TIME	18	3.30
2-3 TIMES	14	2.56
4-5 TIMES	2	0.37
6+ TIMES	5	0.92

Frequency Missing = 155

## 2001-2002 Monroe County Youth Risk Behavior Survey

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	501	91.09
YES	23	4.18
NO	26	4.73

Frequency Missing = 151

27. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	399	60.92
NO	256	39.08

Frequency Missing = 46

## 2001-2002 Monroe County Youth Risk Behavior Survey

28. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	388	58.61
8 OR YOUNGER	29	4.38
AGE 9-10	45	6.80
AGE 11-12	80	12.08
AGE 13-14	76	11.48
AGE 15-16	39	5.89
17 OR OLDER	5	0.76

Frequency Missing = 39

29. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	524	77.98
1-2 DAYS	34	5.06
3-5 DAYS	20	2.98
6-9 DAYS	11	1.64
10-19 DAYS	20	2.98
20-29 DAYS	12	1.79
ALL 30 DAYS	51	7.59

Frequency Missing = 29

## 2001-2002 Monroe County Youth Risk Behavior Survey

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	523	78.18
LT 1 PER DAY	27	4.04
1/DAY	29	4.33
2-5/DAY	53	7.92
6-10/DAY	21	3.14
11-20/DAY	14	2.09
21+ /DAY	2	0.30

Frequency Missing = 32

31. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IPM	524	77.98
STORE BOUGHT	25	3.72
MACHINE BOUGHT	3	0.45
SOMEONE ELSE BOUGHT	51	7.59
BORROWED THEM	37	5.51
PERSON 18 OR OLDER GAVE THEM	11	1.64
TOOK FROM A STORE OR FAMILY MEMBER	4	0.60
SOME OTHER WAY	17	2.53

Frequency Missing = 29

## 2001-2002 Monroe County Youth Risk Behavior Survey

32. When you bought cigarettes  
in a store during the  
past 30 days, were you  
ever asked to show proof  
of age?

	Number of Students	Percent of Total
N/A	637	91.65
YES	28	4.03
NO	30	4.32

Frequency Missing = 6

33. During the past 30 days, on  
how many days did you smoke cigarettes  
on school property?

	Number of Students	Percent of Total
0 DAYS	661	96.50
1-2 DAYS	14	2.04
3-5 DAYS	2	0.29
6-9 DAYS	2	0.29
10-19 DAYS	4	0.58
20-29 DAYS	1	0.15
ALL 30 DAYS	1	0.15

Frequency Missing = 16

## 2001-2002 Monroe County Youth Risk Behavior Survey

34. Have you ever smoked  
cigarettes regularly,  
that is, at least one  
cigarette every day for  
30 days?

	Number of Students	Percent of Total
YES	95	13.99
NO	584	86.01

Frequency Missing = 22

35. Have you ever tried  
to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	521	76.17
YES	98	14.33
NO	65	9.50

Frequency Missing = 17

## 2001-2002 Monroe County Youth Risk Behavior Survey

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	646	93.08
1-2 DAYS	16	2.31
3-5 DAYS	5	0.72
6-9 DAYS	8	1.15
10-19 DAYS	9	1.30
20-29 DAYS	1	0.14
ALL 30 DAYS	9	1.30

Frequency Missing = 7

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	674	96.84
1-2 DAYS	10	1.44
3-5 DAYS	3	0.43
6-9 DAYS	2	0.29
10-19 DAYS	2	0.29
20-29 DAYS	1	0.14
ALL 30 DAYS	4	0.57

Frequency Missing = 5

## 2001-2002 Monroe County Youth Risk Behavior Survey

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	587	83.98
1-2 DAYS	47	6.72
3-5 DAYS	22	3.15
6-9 DAYS	18	2.58
10-19 DAYS	7	1.00
20-29 DAYS	8	1.14
ALL 30 DAYS	10	1.43

Frequency Missing = 2

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	204	33.55
1-2 DAYS	109	17.93
3-9 DAYS	88	14.47
10-19 DAYS	49	8.06
20-39 DAYS	41	6.74
40-99 DAYS	43	7.07
100+ DAYS	74	12.17

Frequency Missing = 93

## 2001-2002 Monroe County Youth Risk Behavior Survey

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	209	33.82
8 OR YOUNGER	67	10.84
AGE 9-10	50	8.09
AGE 11-12	95	15.37
AGE 13-14	104	16.83
AGE 15-16	79	12.78
17 OR OLDER	14	2.27

Frequency Missing = 83

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	401	62.46
1-2 DAYS	117	18.22
3-5 DAYS	49	7.63
6-9 DAYS	41	6.39
10-19 DAYS	23	3.58
20-29 DAYS	4	0.62
ALL 30 DAYS	7	1.09

Frequency Missing = 59

## 2001-2002 Monroe County Youth Risk Behavior Survey

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	534	78.65
1 DAY	46	6.77
2 DAYS	32	4.71
3-5 DAYS	24	3.53
6-9 DAYS	28	4.12
10-19 DAYS	7	1.03
20+ DAYS	8	1.18

Frequency Missing = 22

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	672	97.53
1-2 DAYS	12	1.74
3-5 DAYS	3	0.44
ALL 30 DAYS	2	0.29

Frequency Missing = 12

## 2001-2002 Monroe County Youth Risk Behavior Survey

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	460	68.66
1-2 TIMES	63	9.40
3-9 TIMES	37	5.52
10-19 TIMES	24	3.58
20-39 TIMES	25	3.73
40-99 TIMES	25	3.73
100+ TIMES	36	5.37

Frequency Missing = 31

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	462	68.44
8 OR YOUNGER	8	1.19
AGE 9-10	22	3.26
AGE 11-12	34	5.04
AGE 13-14	78	11.56
AGE 15-16	64	9.48
17 OR OLDER	7	1.04

Frequency Missing = 26

## 2001-2002 Monroe County Youth Risk Behavior Survey

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	591	85.90
1-2 TIMES	32	4.65
3-9 TIMES	32	4.65
10-19 TIMES	13	1.89
20-39 TIMES	10	1.45
40+ TIMES	10	1.45

Frequency Missing = 13

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	683	98.70
1-2 TIMES	9	1.30

Frequency Missing = 9

## 2001-2002 Monroe County Youth Risk Behavior Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	656	96.05
1-2 TIMES	8	1.17
3-9 TIMES	7	1.02
10-19 TIMES	5	0.73
20-39 TIMES	2	0.29
40+ TIMES	5	0.73

Frequency Missing = 18

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	682	97.71
1-2 TIMES	9	1.29
3-9 TIMES	3	0.43
10-19 TIMES	1	0.14
20-39 TIMES	3	0.43

Frequency Missing = 3

## 2001-2002 Monroe County Youth Risk Behavior Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	597	86.90
1-2 TIMES	52	7.57
3-9 TIMES	16	2.33
10-19 TIMES	8	1.16
20-39 TIMES	7	1.02
40+ TIMES	7	1.02

Frequency Missing = 14

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	653	94.64
1-2 TIMES	19	2.75
3-9 TIMES	10	1.45
10-19 TIMES	4	0.58
20-39 TIMES	1	0.14
40+ TIMES	3	0.43

Frequency Missing = 11

## 2001-2002 Monroe County Youth Risk Behavior Survey

52. During your life, how many times have you used heroin (also called smack, junk or china white)?

	Number of Students	Percent of Total
0 TIMES	680	98.55
1-2 TIMES	5	0.72
3-9 TIMES	4	0.58
40+ TIMES	1	0.14

Frequency Missing = 11

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	663	96.09
1-2 TIMES	10	1.45
3-9 TIMES	5	0.72
10-19 TIMES	4	0.58
20-39 TIMES	4	0.58
40+ TIMES	4	0.58

Frequency Missing = 11

## 2001-2002 Monroe County Youth Risk Behavior Survey

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	672	96.83
1-2 TIMES	12	1.73
3-9 TIMES	5	0.72
10-19 TIMES	3	0.43
40+ TIMES	2	0.29

Frequency Missing = 7

55. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	690	98.85
1 TIME	5	0.72
2+ TIMES	3	0.43

Frequency Missing = 3

## 2001-2002 Monroe County Youth Risk Behavior Survey

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	139	20.00
NO	556	80.00

Frequency Missing = 6

57. Have you ever had sexual intercourse?

	Number of Students	Percent of Total
YES	340	54.14
NO	288	45.86

Frequency Missing = 73

## 2001-2002 Monroe County Youth Risk Behavior Survey

58. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	288	45.86
AGE 11 OR YOUNGER	61	9.71
AGE 12	63	10.03
AGE 13	52	8.28
AGE 14	66	10.51
AGE 15	49	7.80
AGE 16	39	6.21
AGE 17+	10	1.59

Frequency Missing = 73

59. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	288	46.15
1 PERSON	99	15.87
2 PEOPLE	49	7.85
3 PEOPLE	55	8.81
4 PEOPLE	27	4.33
5 PEOPLE	29	4.65
6 OR MORE PEOPLE	77	12.34

Frequency Missing = 77

## 2001-2002 Monroe County Youth Risk Behavior Survey

60. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	288	46.01
NONE IN PAST 3 MONTHS	99	15.81
1 PERSON	158	25.24
2 PEOPLE	38	6.07
3 PEOPLE	19	3.04
4 PEOPLE	7	1.12
5 PEOPLE	7	1.12
6 OR MORE PEOPLE	10	1.60

Frequency Missing = 75

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	288	46.01
YES	63	10.06
NO	275	43.93

Frequency Missing = 75

## 2001-2002 Monroe County Youth Risk Behavior Survey

62. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	288	46.45
YES	238	38.39
NO	94	15.16

Frequency Missing = 81

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	288	46.75
NO BIRTH CONTROL USED	33	5.36
BIRTH CONTROL PILLS	37	6.01
CONDOMS	204	33.12
DEPO-PROVERA	14	2.27
WITHDRAWAL	22	3.57
OTHER	3	0.49
NOT SURE	15	2.44

Frequency Missing = 85

## 2001-2002 Monroe County Youth Risk Behavior Survey

64. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	648	95.29
1 TIME	21	3.09
2+ TIMES	6	0.88
NOT SURE	5	0.74

Frequency Missing = 21

65. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	30	4.31
SLIGHTLY UNDERWEIGHT	96	13.79
ABOUT THE RIGHT WEIGHT	389	55.89
SLIGHTLY OVERWEIGHT	152	21.84
VERY OVERWEIGHT	29	4.17

Frequency Missing = 5

## 2001-2002 Monroe County Youth Risk Behavior Survey

66. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	289	41.76
GAIN WEIGHT	139	20.09
STAY THE SAME WEIGHT	157	22.69
NOT TRYING TO DO ANYTHING	107	15.46

Frequency Missing = 9

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	360	52.10
NO	331	47.90

Frequency Missing = 10

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	223	32.23
NO	469	67.77

Frequency Missing = 9

## 2001-2002 Monroe County Youth Risk Behavior Survey

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	99	14.29
NO	594	85.71

Frequency Missing = 8

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	41	5.91
NO	653	94.09

Frequency Missing = 7

## 2001-2002 Monroe County Youth Risk Behavior Survey

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	38	5.54
NO	648	94.46

Frequency Missing = 15

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	169	24.49
1-3 TIMES	222	32.17
4-6 TIMES	110	15.94
ONCE PER DAY	48	6.96
TWICE PER DAY	44	6.38
3 TIMES PER DAY	33	4.78
4+ TIMES PER DAY	64	9.28

Frequency Missing = 11

## 2001-2002 Monroe County Youth Risk Behavior Survey

73. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	182	26.19
1-3 TIMES	285	41.01
4-6 TIMES	86	12.37
ONCE PER DAY	46	6.62
TWICE PER DAY	42	6.04
3 TIMES PER DAY	9	1.29
4+ TIMES PER DAY	45	6.47

Frequency Missing = 6

74. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	385	55.56
1-3 TIMES	207	29.87
4-6 TIMES	50	7.22
ONCE PER DAY	25	3.61
TWICE PER DAY	9	1.30
3 TIMES PER DAY	6	0.87
4+ TIMES PER DAY	11	1.59

Frequency Missing = 8

## 2001-2002 Monroe County Youth Risk Behavior Survey

75. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	236	34.35
1-3 TIMES	300	43.67
4-6 TIMES	77	11.21
ONCE PER DAY	39	5.68
TWICE PER DAY	15	2.18
3 TIMES PER DAY	5	0.73
4+ TIMES PER DAY	15	2.18

Frequency Missing = 14

76. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	487	69.97
1-3 TIMES	163	23.42
4-6 TIMES	19	2.73
ONCE PER DAY	11	1.58
TWICE PER DAY	6	0.86
3 TIMES PER DAY	3	0.43
4+ TIMES PER DAY	7	1.01

Frequency Missing = 5

## 2001-2002 Monroe County Youth Risk Behavior Survey

77. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	199	28.63
1-3 TIMES	282	40.58
4-6 TIMES	112	16.12
ONCE PER DAY	42	6.04
TWICE PER DAY	32	4.60
3 TIMES PER DAY	10	1.44
4+ TIMES PER DAY	18	2.59

Frequency Missing = 6

78. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	159	22.98
1-3 TIMES	163	23.55
4-6 TIMES	131	18.93
ONCE PER DAY	78	11.27
TWICE PER DAY	79	11.42
3 TIMES PER DAY	26	3.76
4+ TIMES PER DAY	56	8.09

Frequency Missing = 9

## 2001-2002 Monroe County Youth Risk Behavior Survey

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	168	24.21
1 DAY	56	8.07
2 DAYS	73	10.52
3 DAYS	63	9.08
4 DAYS	57	8.21
5 DAYS	99	14.27
6 DAYS	25	3.60
7 DAYS	153	22.05

Frequency Missing = 7

## 2001-2002 Monroe County Youth Risk Behavior Survey

80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	275	39.74
1 DAY	91	13.15
2 DAYS	85	12.28
3 DAYS	54	7.80
4 DAYS	43	6.21
5 DAYS	46	6.65
6 DAYS	12	1.73
7 DAYS	86	12.43

Frequency Missing = 9

## 2001-2002 Monroe County Youth Risk Behavior Survey

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	227	33.14
1 DAY	75	10.95
2 DAYS	67	9.78
3 DAYS	79	11.53
4 DAYS	46	6.72
5 DAYS	62	9.05
6 DAYS	30	4.38
7 DAYS	99	14.45

Frequency Missing = 16

## 2001-2002 Monroe County Youth Risk Behavior Survey

82. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	49	7.10
LT ONE HOUR	68	9.86
1 HOUR	74	10.72
2 HOURS	113	16.38
3 HOURS	121	17.54
4 HOURS	89	12.90
5+ HOURS	176	25.51

Frequency Missing = 11

83. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	427	67.03
1 DAY	20	3.14
2 DAYS	8	1.26
3 DAYS	7	1.10
4 DAYS	6	0.94
5 DAYS	169	26.53

Frequency Missing = 64

## 2001-2002 Monroe County Youth Risk Behavior Survey

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	422	65.94
LT 10 MINUTES	19	2.97
10-20 MINUTES	22	3.44
21-30 MINUTES	23	3.59
31-40 MINUTES	28	4.38
41-50 MINUTES	53	8.28
51-60 MINUTES	38	5.94
OVER 60 MINUTES	35	5.47

Frequency Missing = 61

85. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	249	36.35
1 TEAM	194	28.32
2 TEAMS	122	17.81
3+ TEAMS	120	17.52

Frequency Missing = 16

## 2001-2002 Monroe County Youth Risk Behavior Survey

86. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	211	30.94
MOSTLY B's	251	36.80
MOSTLY C's	135	19.79
MOSTLY D's	8	1.17
MOSTLY F's	5	0.73
NONE OF THE ABOVE	4	0.59
NOT SURE	68	9.97

Frequency Missing = 19

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	498	75.23
NO	104	15.71
NOT SURE	60	9.06

Frequency Missing = 39

### Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.*

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco , Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

## 2001-2002 Monroe County Youth Risk Behavior Survey

### *Teen Pregnancy and Sexual Behavior*

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

### *Mental Health Issues*

**These sites provide information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

## 2001-2002 Monroe County Youth Risk Behavior Survey

### *Parenting Teens*

**These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.**

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

**The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.**

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>