



2002 Youth Risk Behavior Survey



Garland County YRBS Coordinated by:

Garland County PROJECT HOPE

Garland County School Districts

The Arkansas Department of Health Center for Health Statistics

2002-2003 Garland County Youth Risk Behavior Survey

Coordinated by:

Garland County Hometown Health Improvement

and

Arkansas Department of Health
Center for Health Statistics

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2002-2003 Garland County Youth Risk Behavior Survey

Table of Contents

What is the Youth Risk Behavior Survey?	1
Why did Garland County conduct the YRBS?	1
How was the YRBS conducted?	2
About This Report	2
Demographics of survey participants:.....	5
Summary of Garland County YRBS Findings	6
Key Findings.....	8
■ Vehicle Safety	11
■ Vehicle Safety – Drinking and Driving	12
■ Violence-Related Behaviors	13
■ Violence – Physical Fighting.....	15
■ Violence – Sexual Violence.....	16
■ Depression and Suicide	17
■ Tobacco Use – Cigarette Smoking	20
■ Tobacco Use – Smokeless Tobacco	22
■ Tobacco Use – Cigar.....	23
■ Alcohol Use	24
■ Drug Use	26
■ Sexual Activity	30
■ Contraception.....	32
■ AIDS, HIV, & STDs	34
■ Obesity.....	35
■ Nutrition	39
■ Violence-Related Behaviors at School	46
■ Tobacco Use at School.....	47
■ Alcohol Use at School	48
■ Drug Use at School	49
2003 Garland County Youth Risk Behavior Survey Questionnaire	51

2002-2003 Garland County Youth Risk Behavior Survey

What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During December, 2002, usable YRBS questionnaires were completed by 3260 students throughout Garland County public school. Although in certain schools, 6th through 12th grade students participated in the survey, all 9th through 12th grade students participated in the survey. Therefore, the information presented in this report reflects the 2313 students in 9th through 12th grade only.

Why did Garland County conduct the YRBS?

Garland County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Garland County HHI is working to assess the specific health needs of Garland County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the sixth through twelfth grades at GarlandCounty schools.

The YRBS will help Garland County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Garland County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2002-2003 YRBS also provides Garland County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Garland County can strengthen its ability to:

- Establish disease prevention and health promotion policies;

2002-2003 Garland County Youth Risk Behavior Survey

- Plan and implement programs and services;
- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During December, 2002, sixth through twelfth grade students enrolled in Garland County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Garland County schools' students participated in the survey:

- Lake Hamilton
- Cutter Morning Star
- Mountain Pine
- Lakeside
- Jessieville
- Hot Springs

About This Report

This report entitled "2002-2003 Garland County Youth Risk Behavior Survey" summarizes the overall answers Garland County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Garland County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

2002-2003 Garland County Youth Risk Behavior Survey

This report summarizes Garland County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

How Results Can Be Interpreted

Garland County's 2002-2003 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Garland County students in December, 2002. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

2002-2003 Garland County Youth Risk Behavior Survey

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Garland County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Garland County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Garland County's 2002-2003 YRBS data may request additional data from:

Garland County PROJECT HOPE
Linda Grinnis
1425 Malvern Ave
Hot Springs, AR 71904

501-624-3394
lgrinnis@healthyarkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

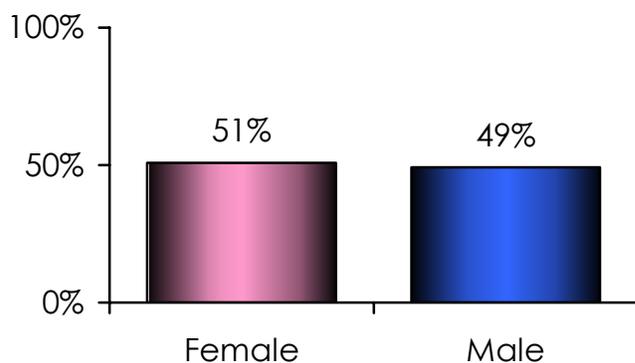
Arkansas Center for Health Statistics
Sharon Rose Judah, Lead Programmer Analyst
Ph. (501) 661-2971
sjudah@HealthyArkansas.com

2002-2003 Garland County Youth Risk Behavior Survey

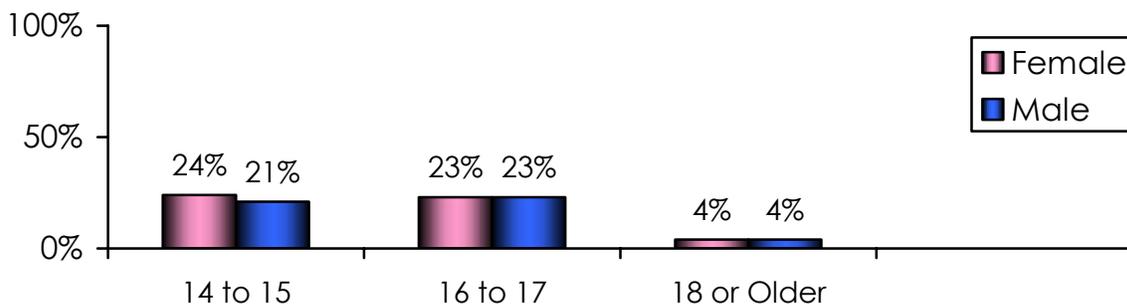
Demographics of survey participants:

Total number of survey participants = 2313

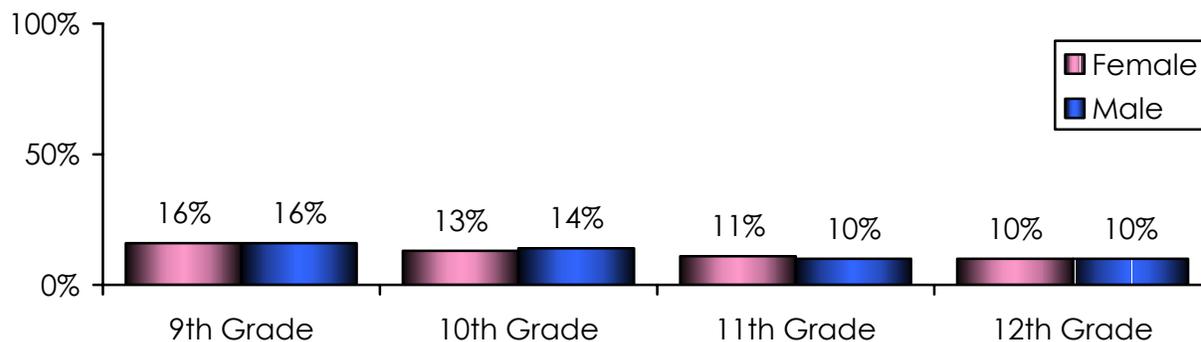
Gender



Age



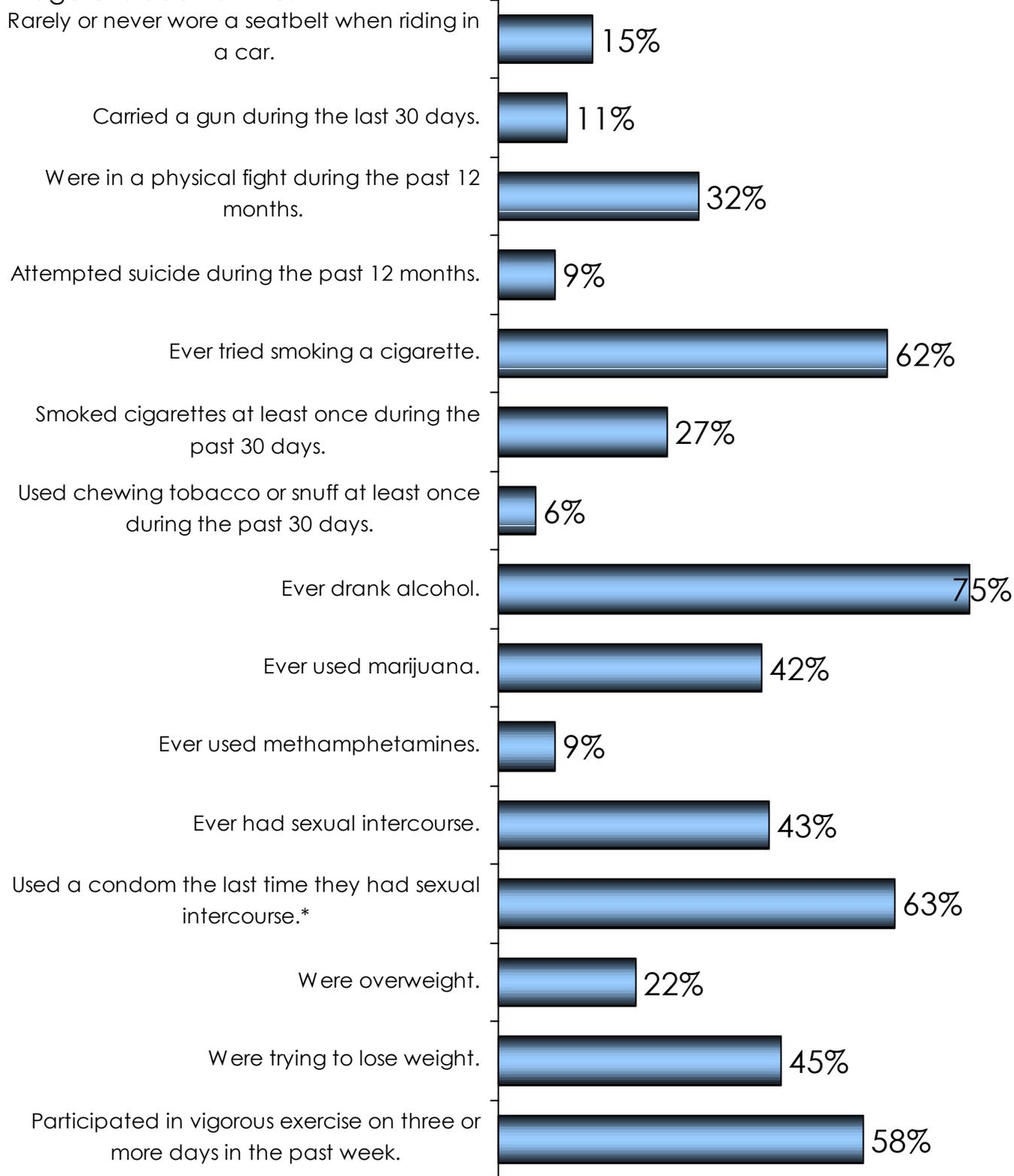
Grade



2002-2003 Garland County Youth Risk Behavior Survey

Summary of Garland County YRBS Findings

Percentage of students who:

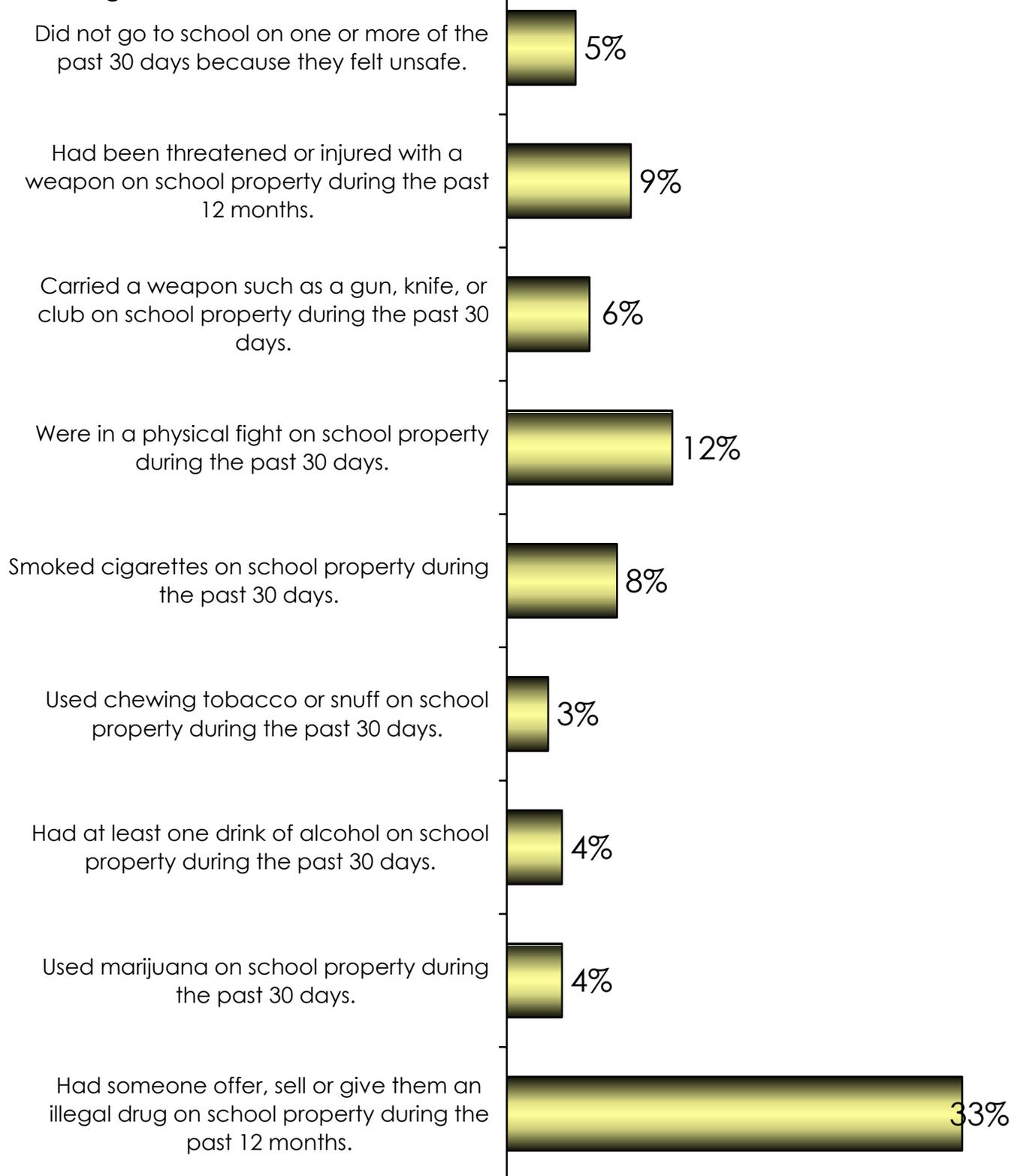


* of those who had ever had sexual intercourse.

2002-2003 Garland County Youth Risk Behavior Survey

Summary of Behaviors Relating to School Property

Percentage of students who:



Key Findings

The following summaries highlight Garland County students' responses on the Youth Risk Behavior Survey in key areas and provide an overview of Garland County students' current activities which impact their health.

Behaviors that Result in Injuries

- Ninety-one percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Twenty-nine percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Twelve indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-two percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 6% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 32% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 10% had to be treated for injuries sustained while fighting.
- Twelve percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

Depression and Suicide

- Thirty-two percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 22% of students had seriously considered attempting suicide, 16% had made a plan about how they would attempt suicide, and 9% actually attempted to commit suicide. Four percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

2002-2003 Garland County Youth Risk Behavior Survey

Tobacco use

- Sixty-two percent of the students surveyed said they had tried smoking a cigarette. Twenty-seven percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 69% said they usually smoked two or more cigarettes on the days they smoked, and 17% said they usually got their own cigarettes by purchasing them at a store. Forty-seven percent of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Six percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 3% had used it on school property.
- Sixteen percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

Alcohol and other drug use

- Seventy-five percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 32% had taken their first drink by the age of 13.
- Forty-two percent of the students had taken at least one drink of alcohol in the month before the survey, and 28% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Forty-two percent of the students said they had used marijuana at least once during their lives. Twenty-two percent said they had smoked marijuana at least once during the last month.
- Sixteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Five percent had done so during the past month.
- Nine percent of the students surveyed had tried methamphetamines and 2% tried heroin at least once during their lives.
- Six percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

2002-2003 Garland County Youth Risk Behavior Survey

Sexual activity

- Forty-three percent of the students who completed the survey said they had sexual intercourse. Fourteen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 23% had used drugs or alcohol before their last sexual encounter, and 63% used a condom the last time they had sex.
- Four percent of the students surveyed reported that they had ever been or gotten someone pregnant.

Dietary behaviors

- Twenty-two percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 22% of the students are considered overweight as measured by BMI, 31% of the students perceived themselves as slightly to very overweight, and 45% reported that they were trying to lose weight.
- Forty-one percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 57% exercised, 7% vomited or took laxatives, 11% took diet pills, and 15% went without eating for 24 hours or more to lose weight or keep from gaining weight.

Physical activity

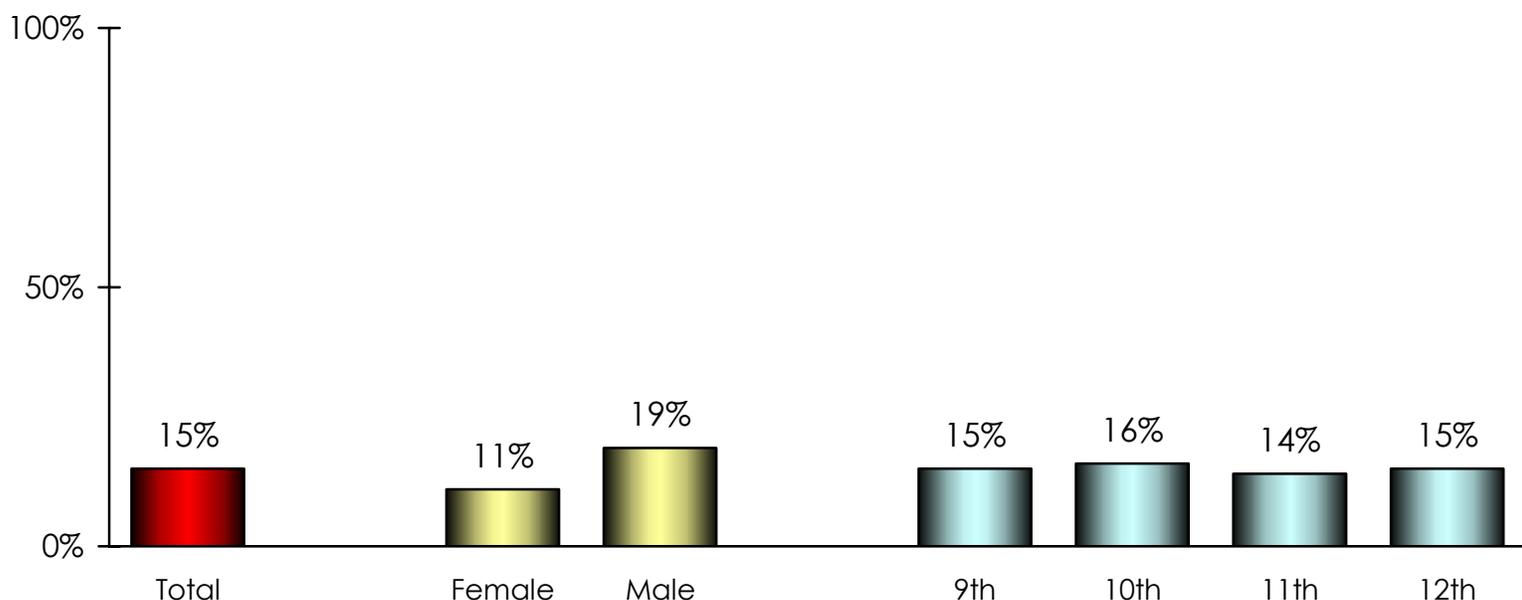
- Fifty-eight percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Forty-one percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Thirty-three percent of the students attended a physical education (PE) class at least once during an average school week, and 58% said they had played on one or more sports teams during the past year.

2002-2003 Garland County Youth Risk Behavior Survey

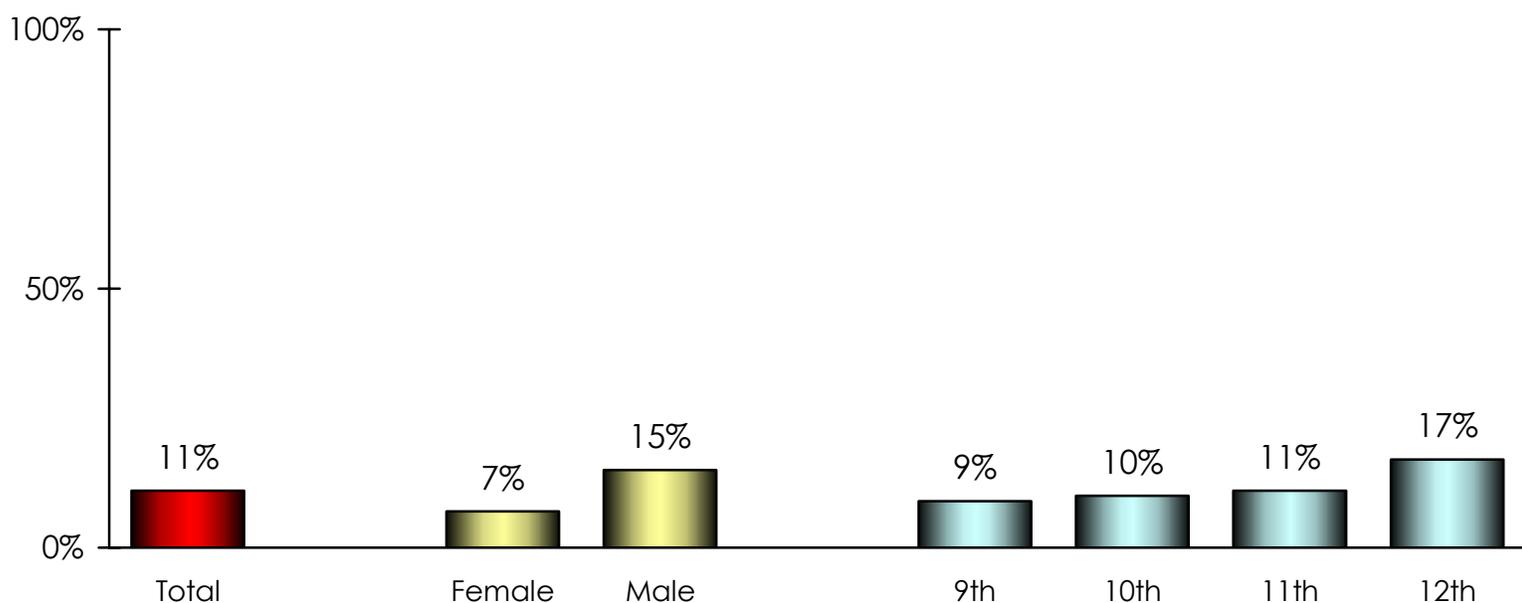
■ Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

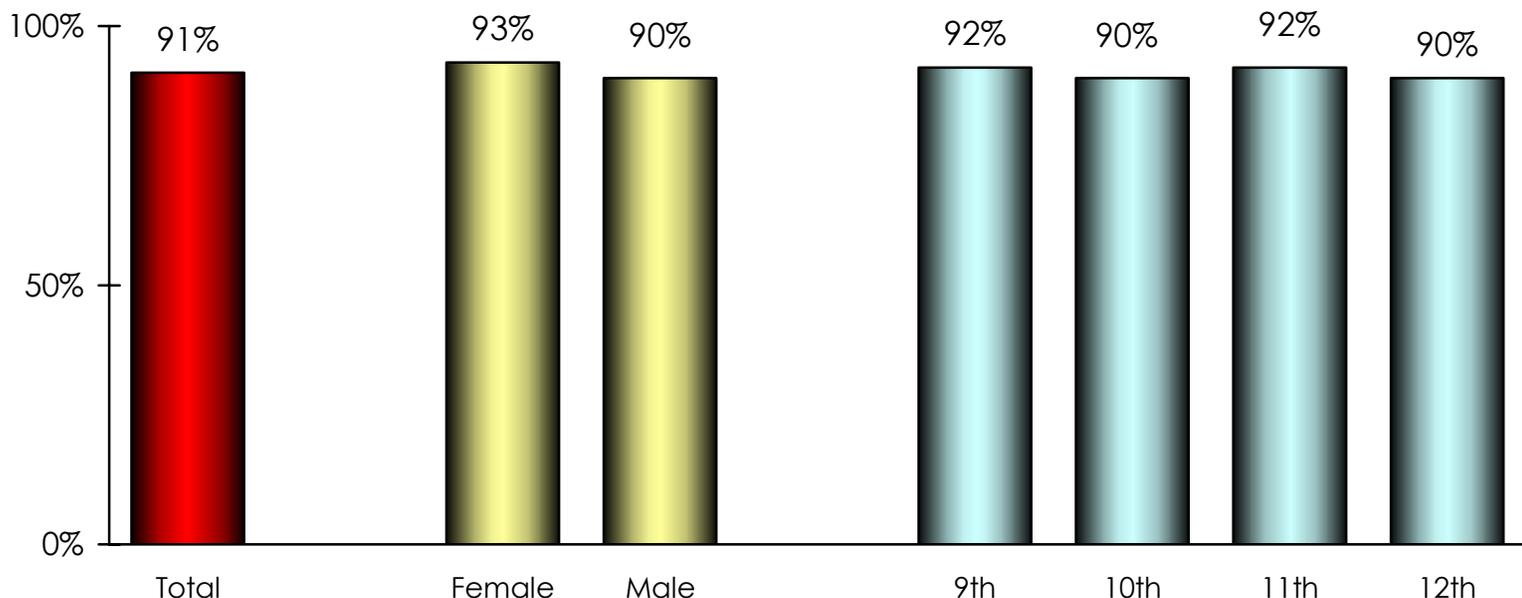


Percentage of students who never or rarely wore a seatbelt when driving a car.



2002-2003 Garland County Youth Risk Behavior Survey

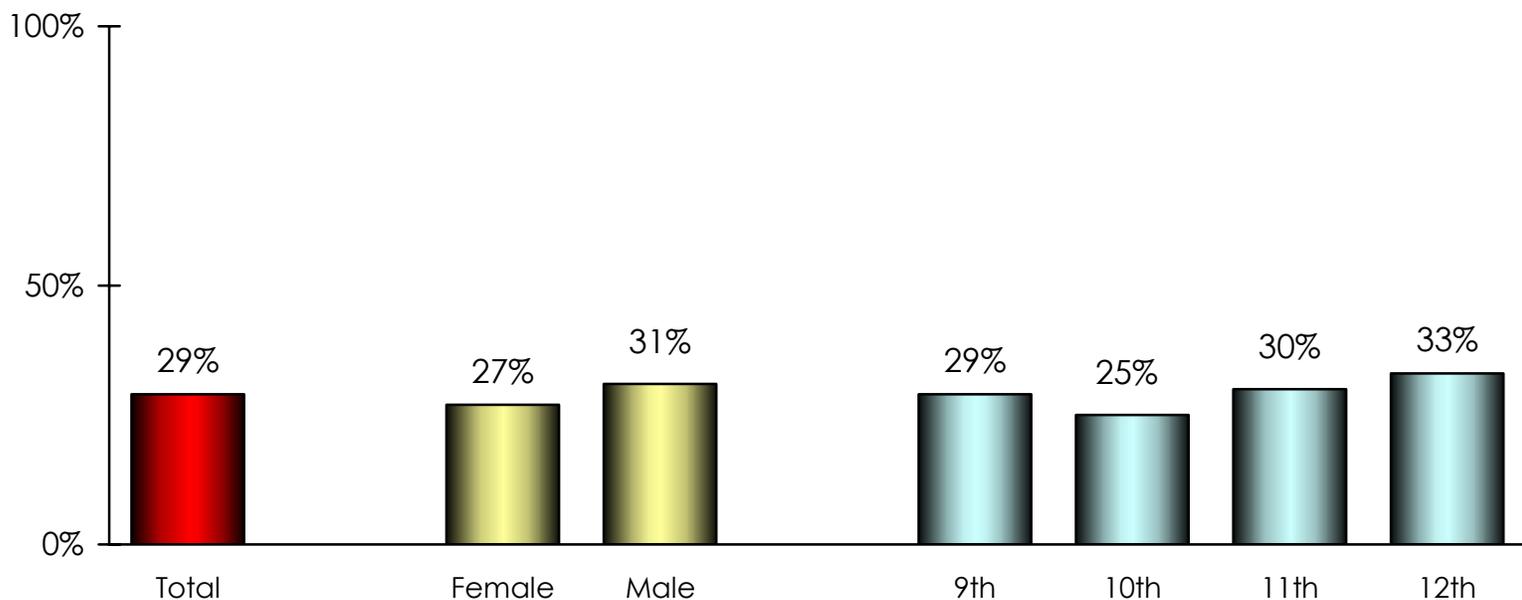
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



■ Vehicle Safety – Drinking and Driving

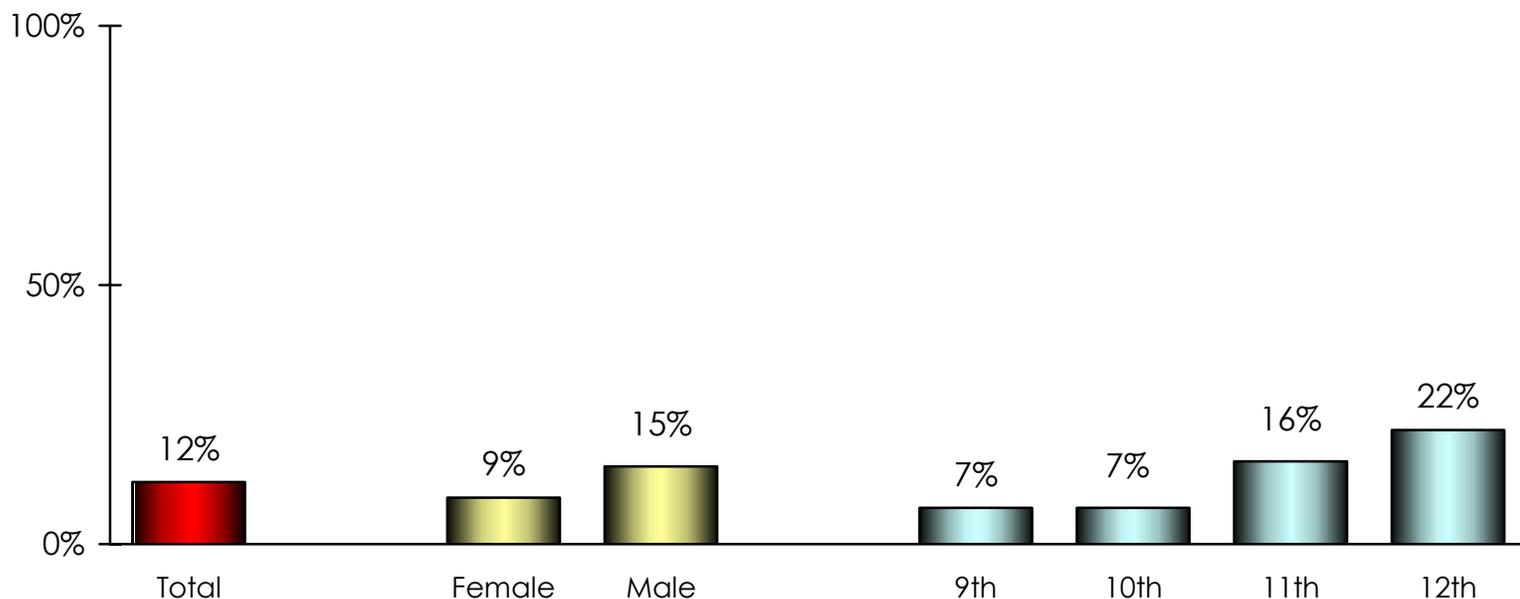
These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

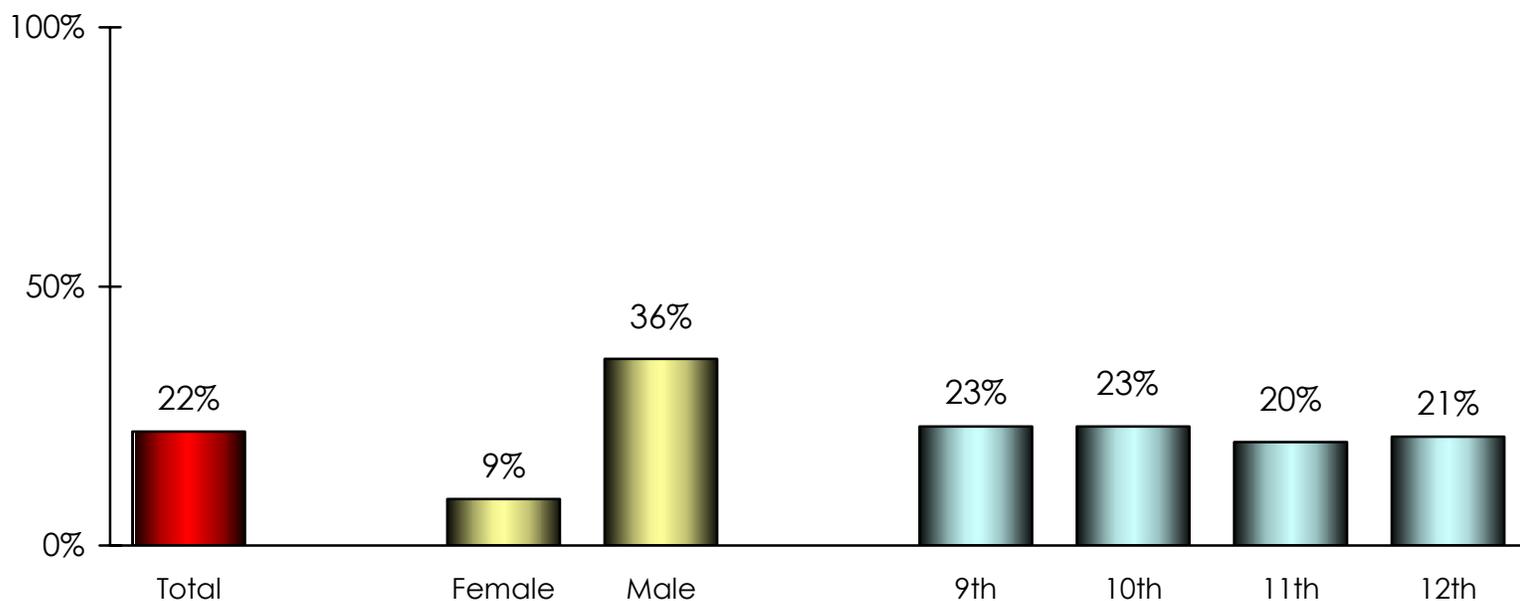


■ Violence-Related Behaviors

These questions measure violence-related behaviors.

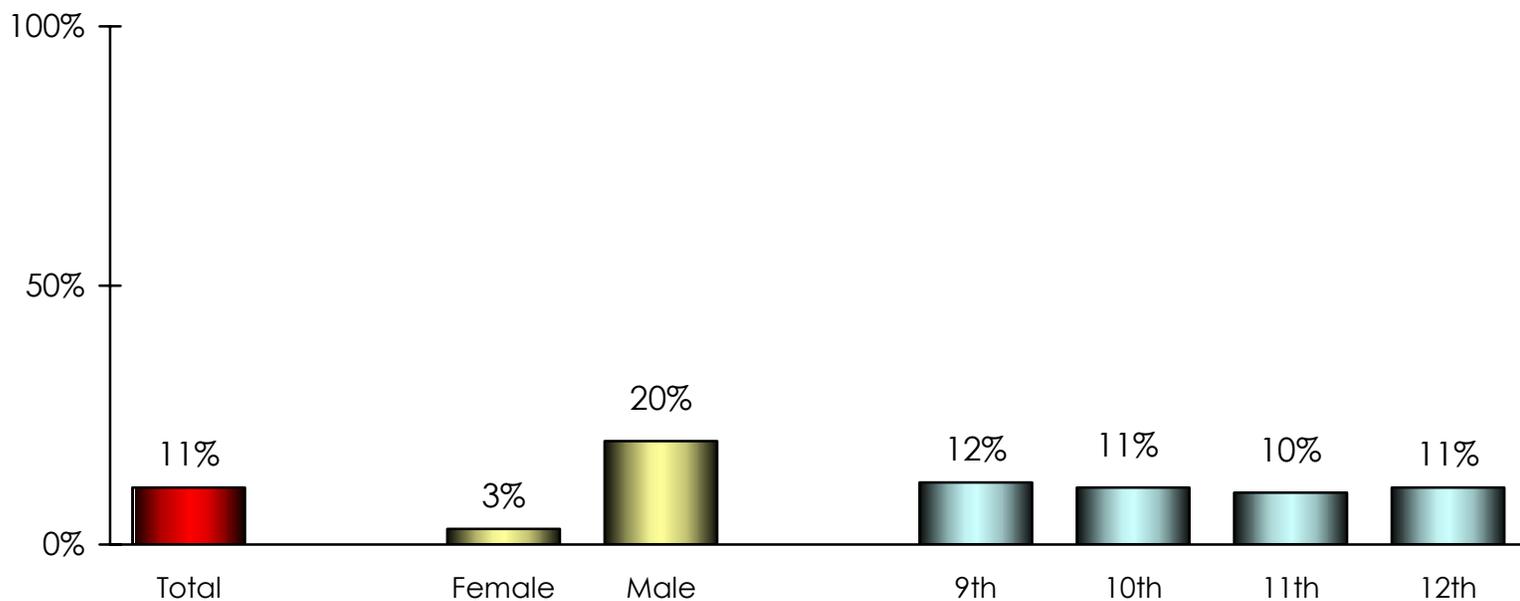
Percentage of students who carried a weapon* on one or more of the past 30 days.

* such as a gun, knife, or club

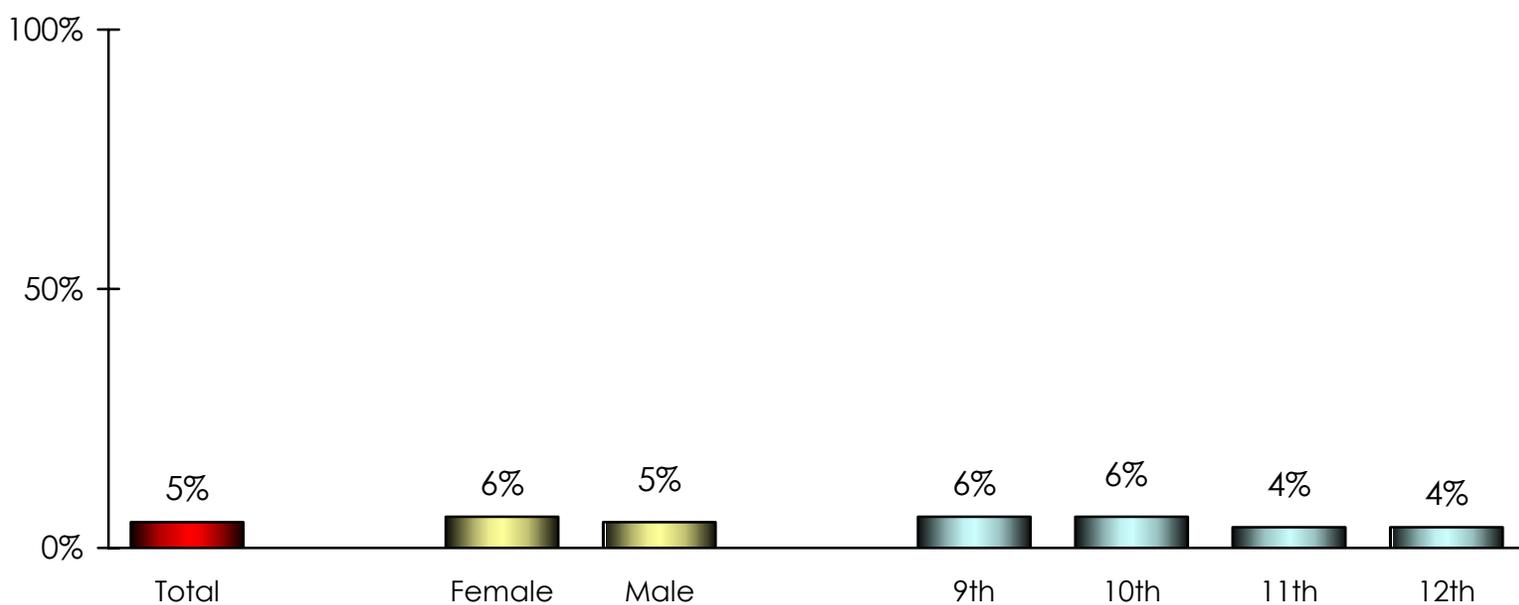


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

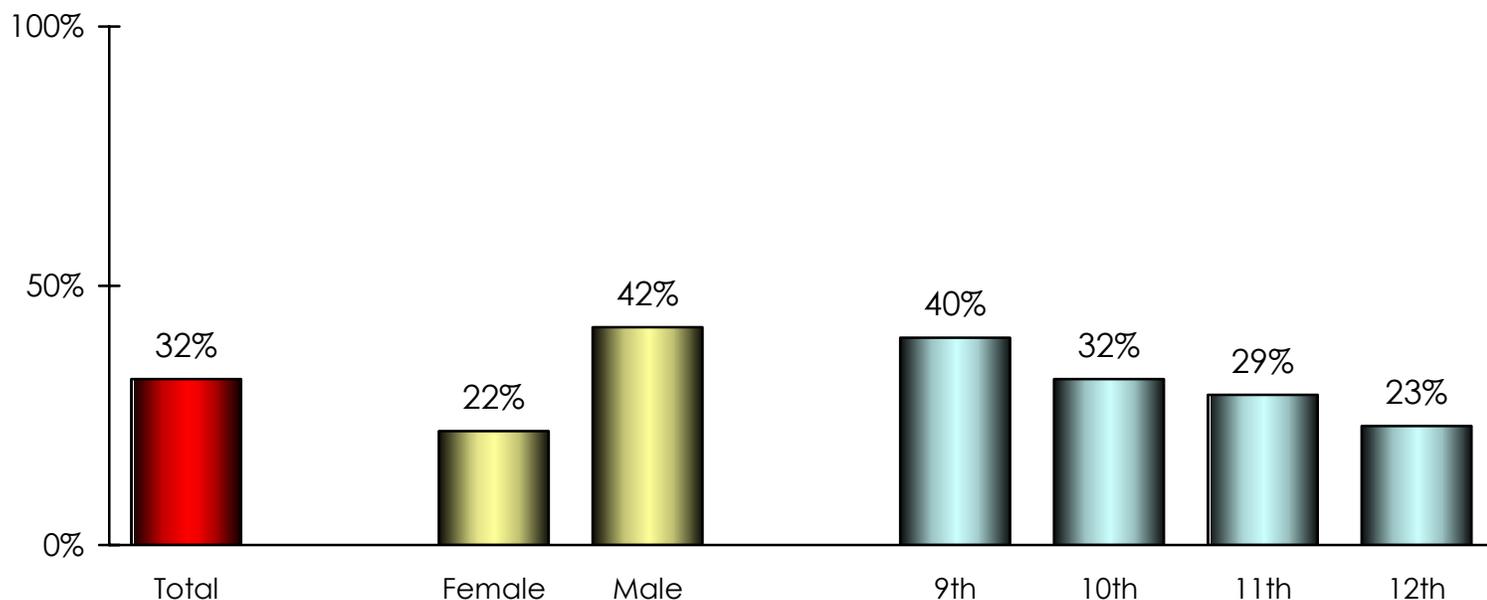


2002-2003 Garland County Youth Risk Behavior Survey

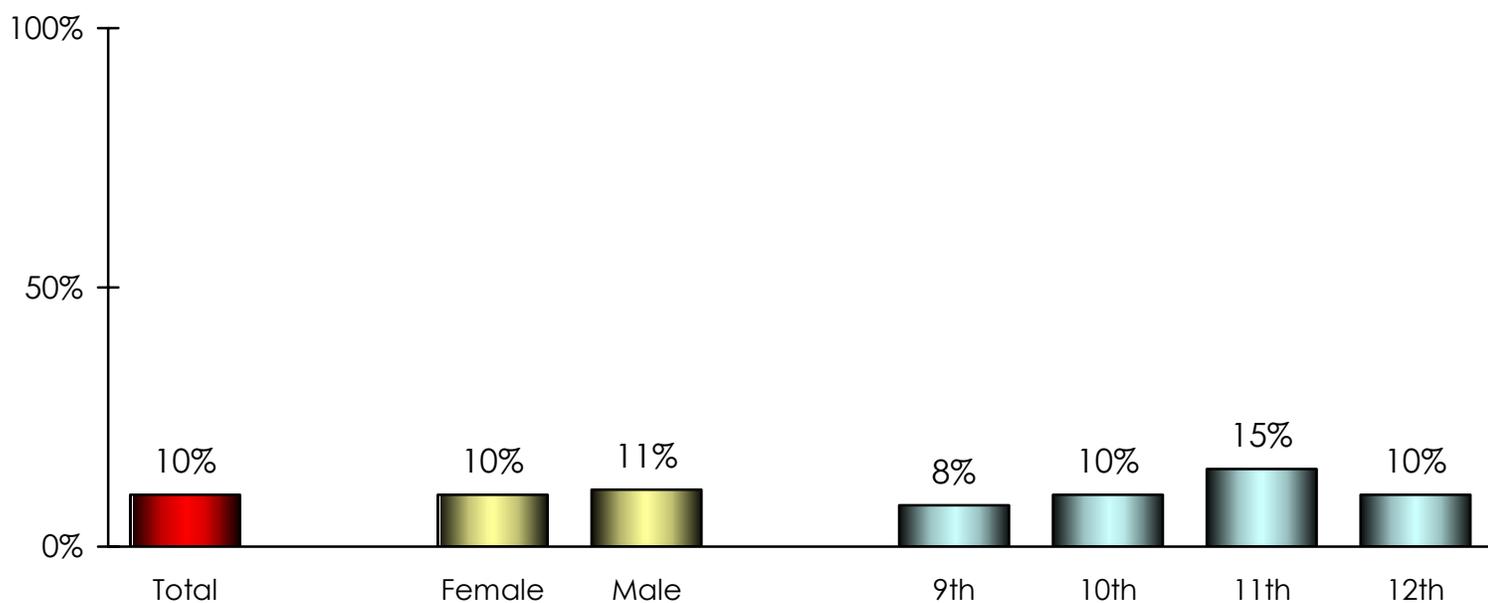
■ Violence – Physical Fighting

These questions measure the frequency and severity of physical fights.

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

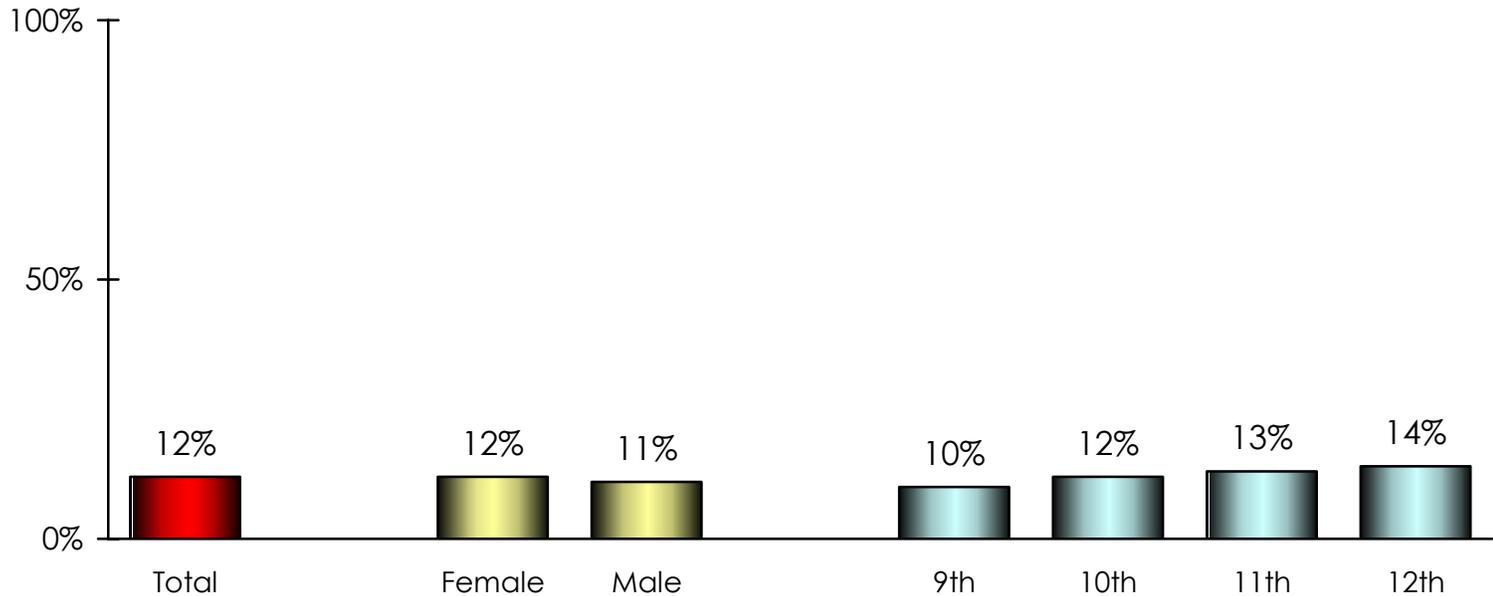


2002-2003 Garland County Youth Risk Behavior Survey

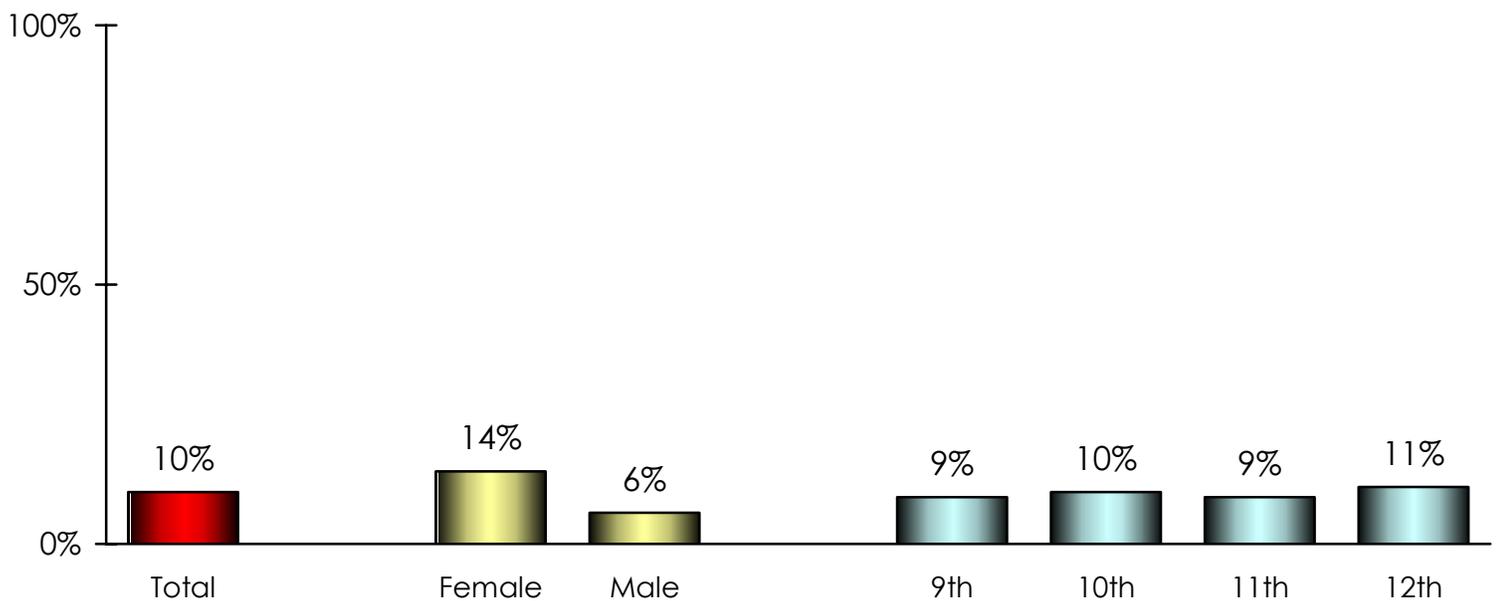
■ Violence – Sexual Violence

These questions measure rape and domestic violence.

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

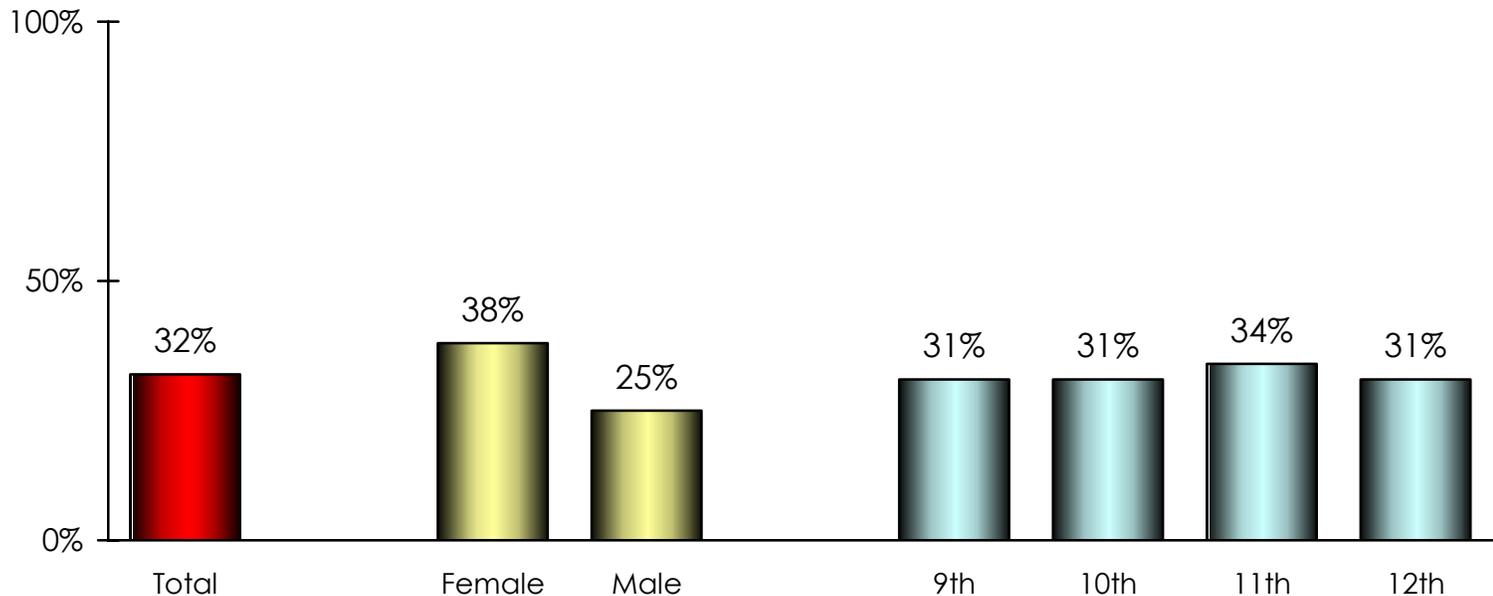


2002-2003 Garland County Youth Risk Behavior Survey

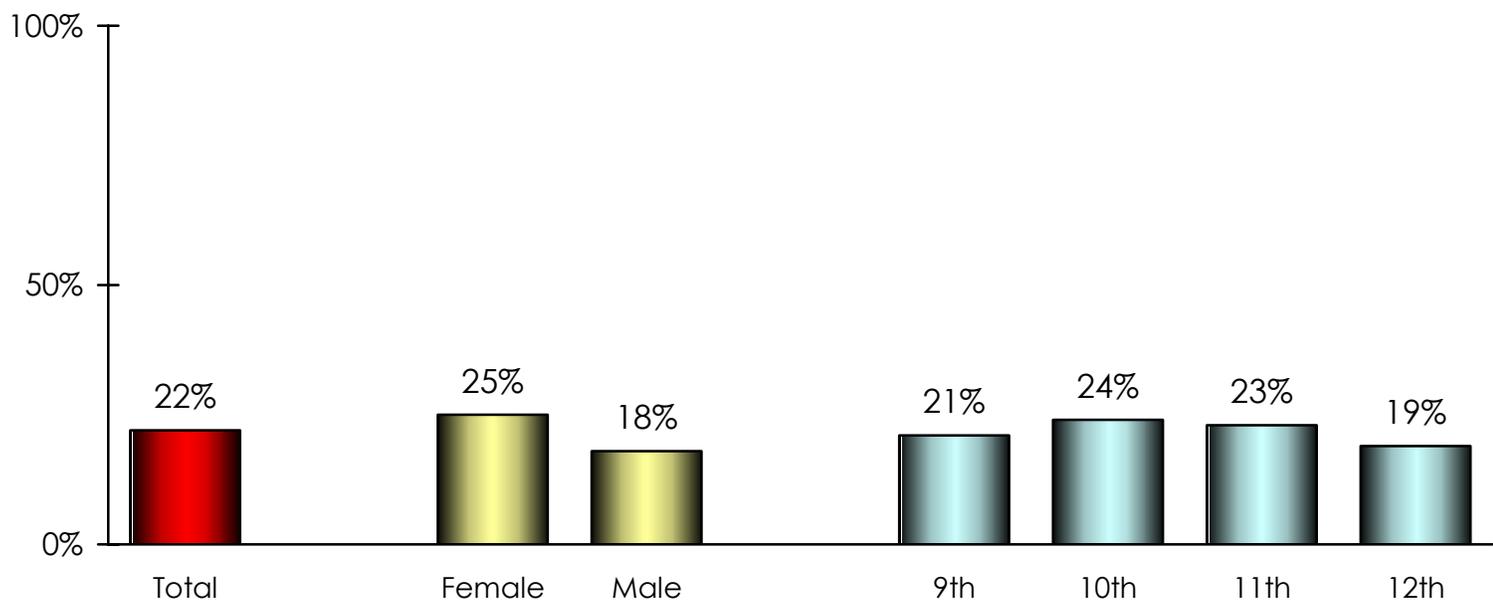
■ Depression and Suicide

These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

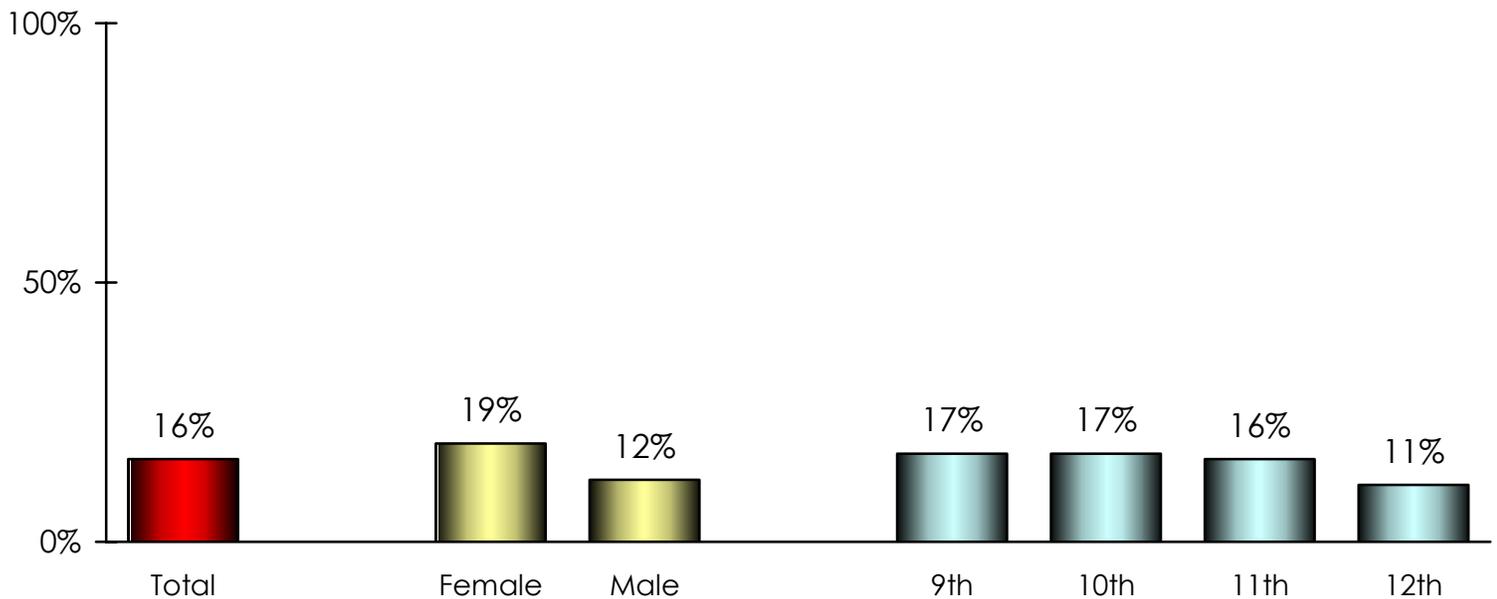


Percentage of students who seriously considered attempting suicide during the past 12 months.

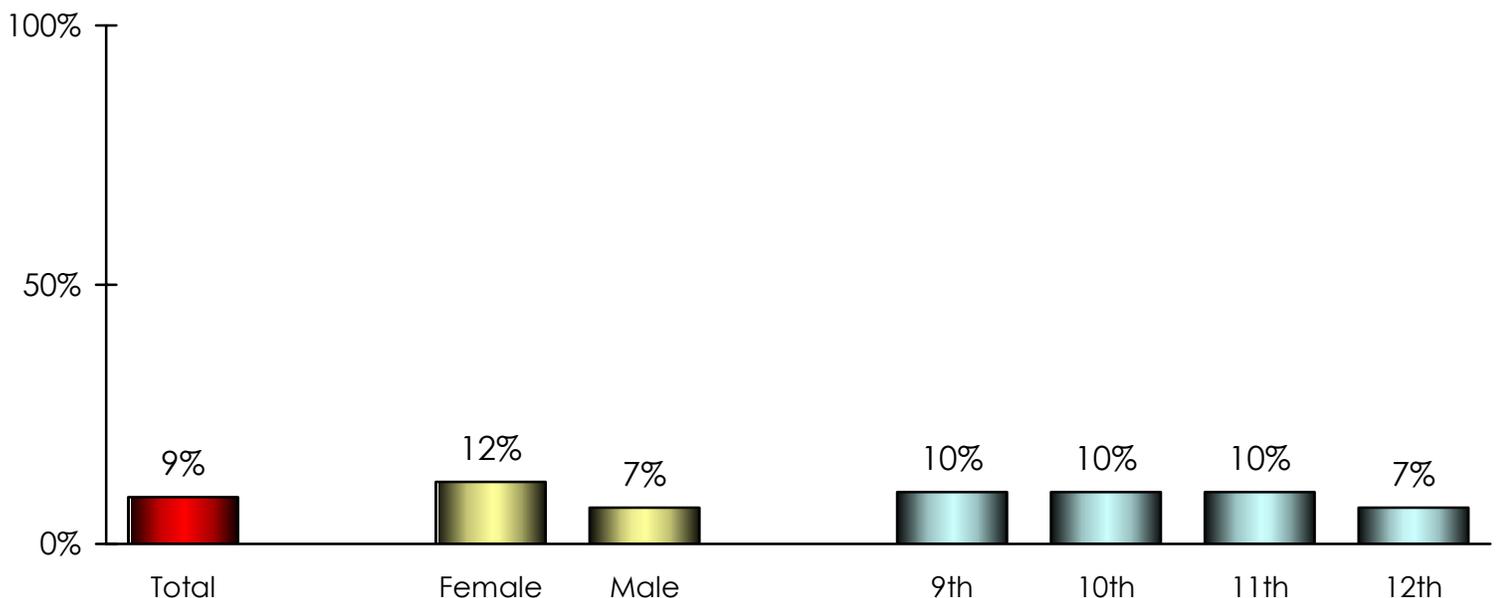


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

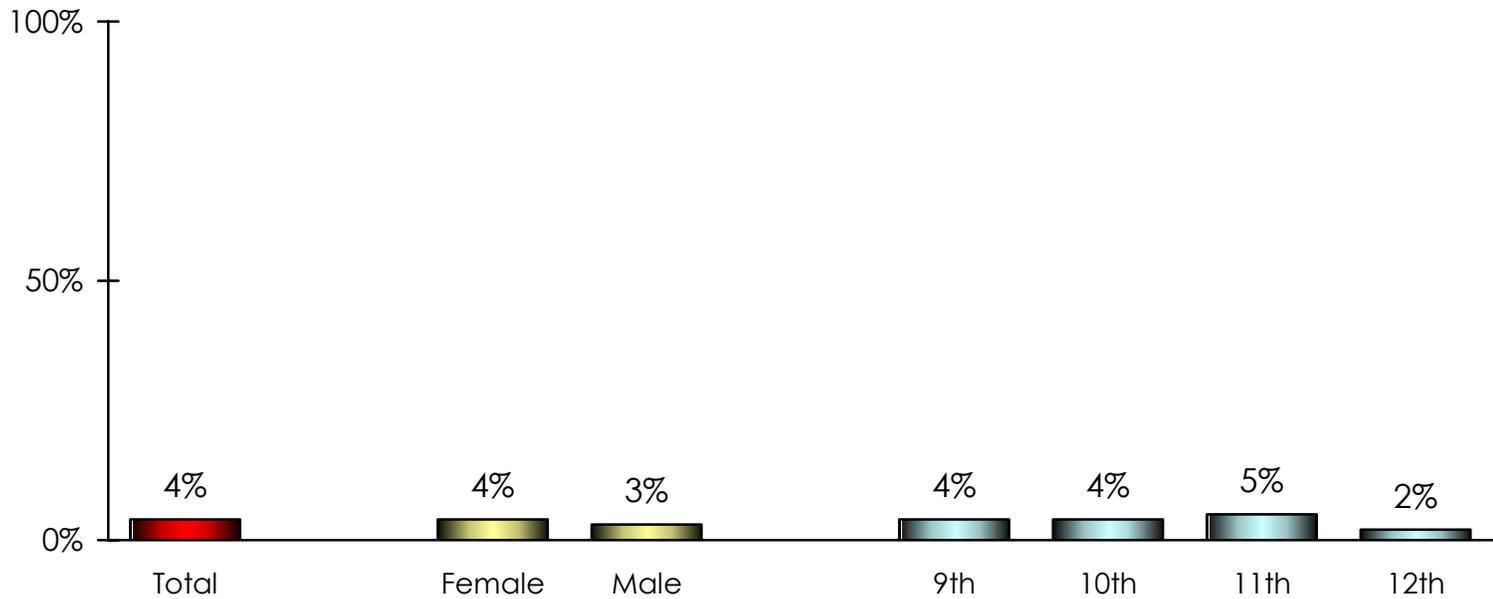


Percentage of students who actually attempted suicide one or more times during the past 12 months.



2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

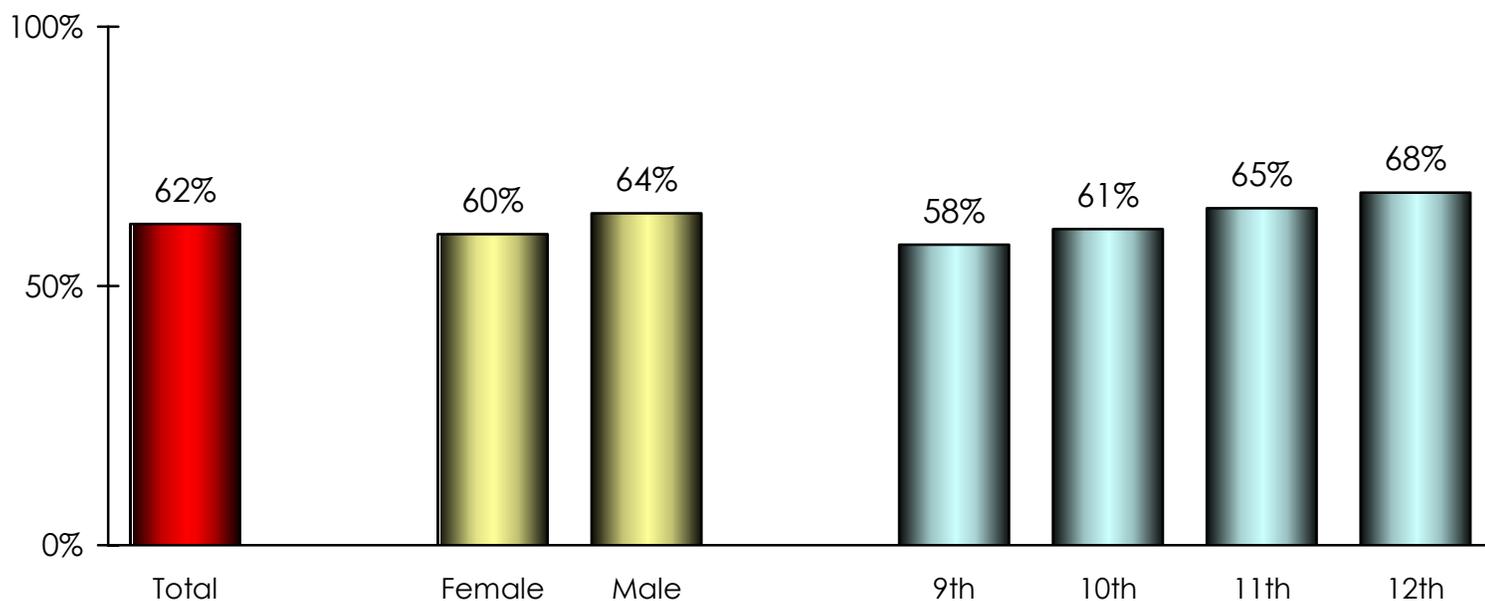


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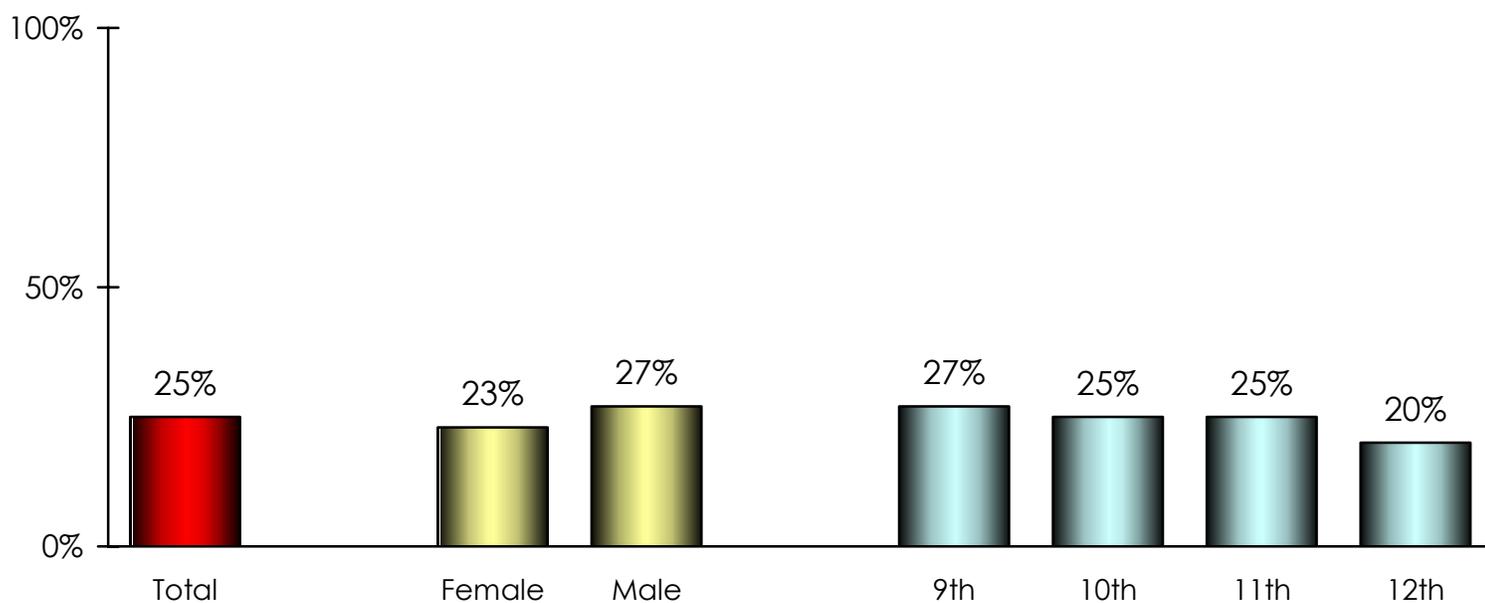
■ Tobacco Use – Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.

Percentage of students who ever tried cigarette smoking, even one or two puffs.

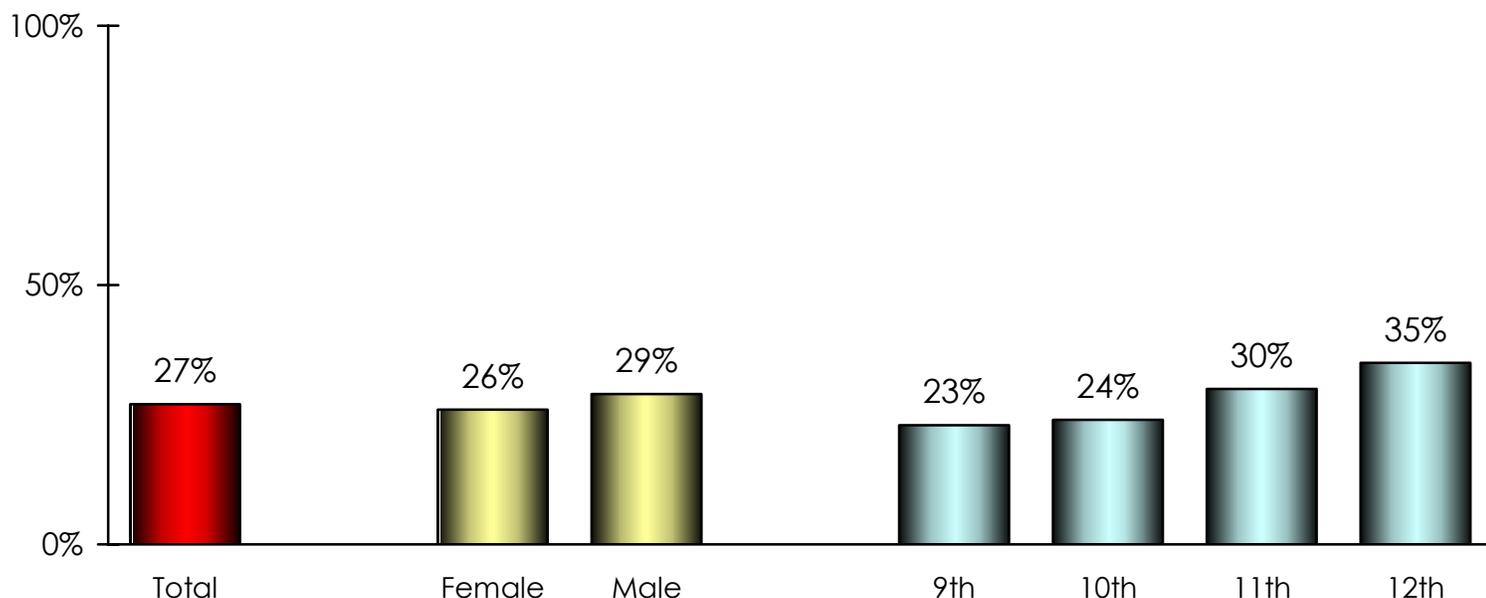


Percentage of students who smoked a whole cigarette for the first time before age 13.

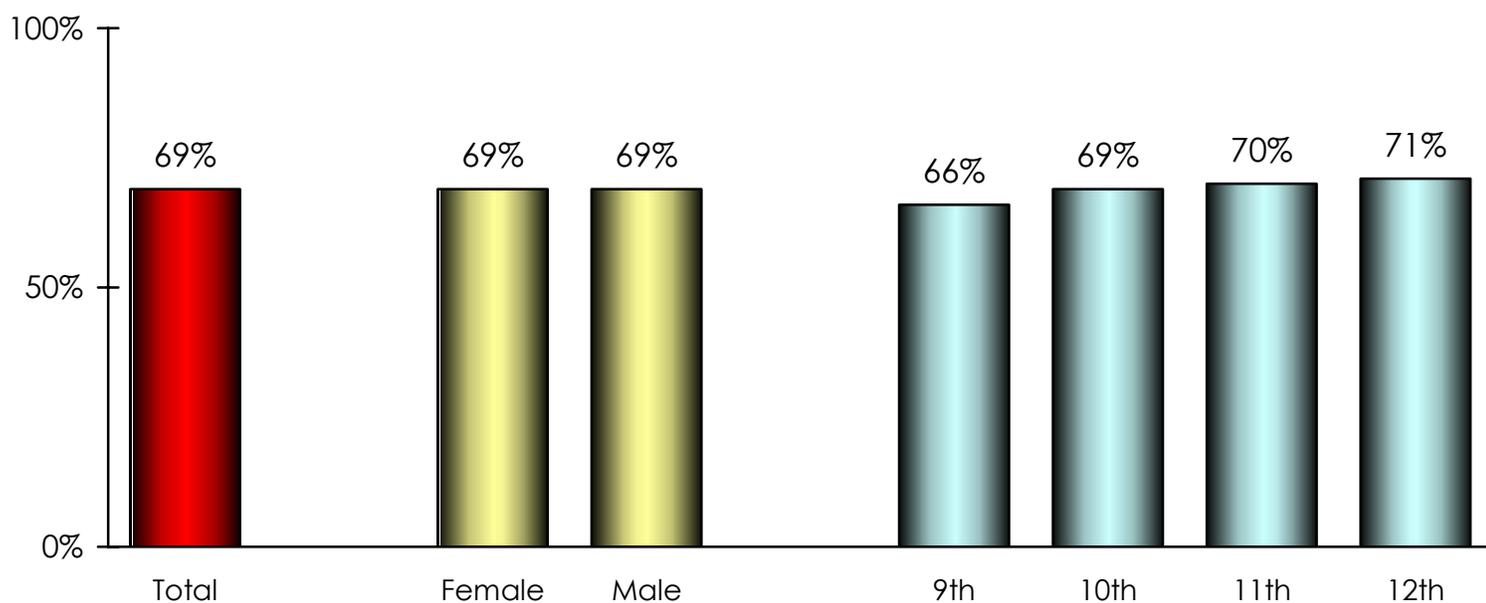


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Percentage of students who smoked cigarettes on one or more of the past 30 days.

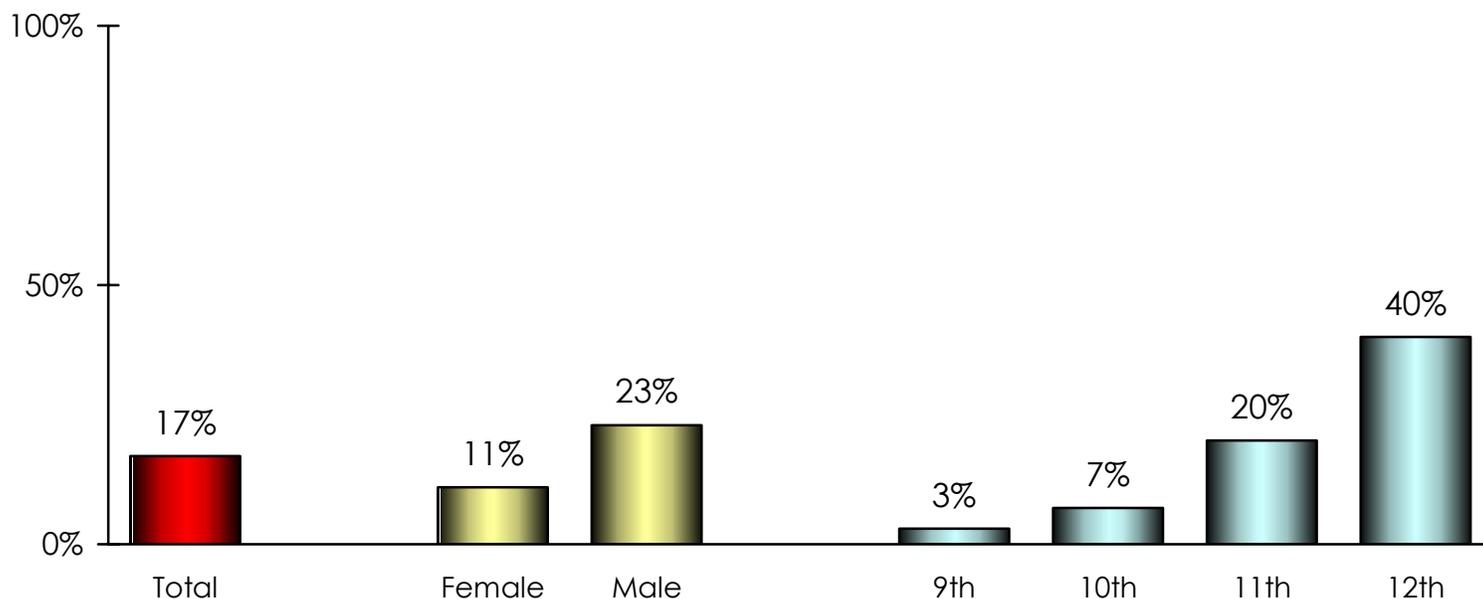


Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

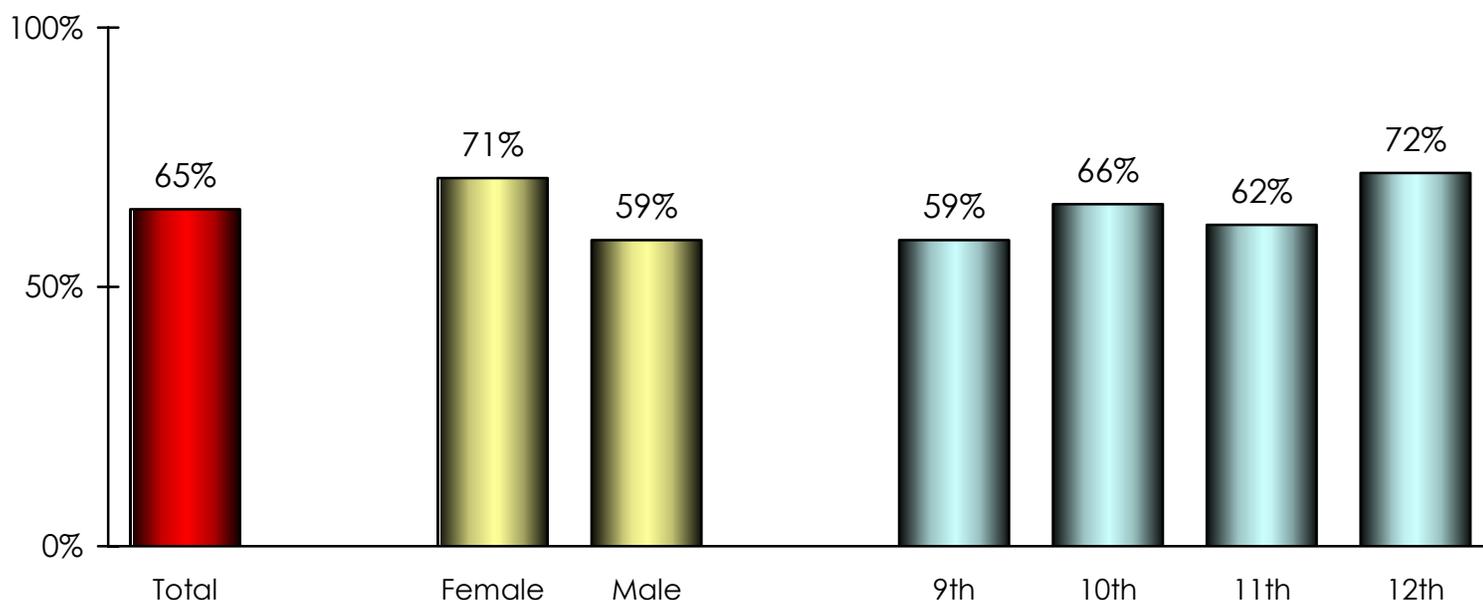


2002-2003 Garland County Youth Risk Behavior Survey

Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

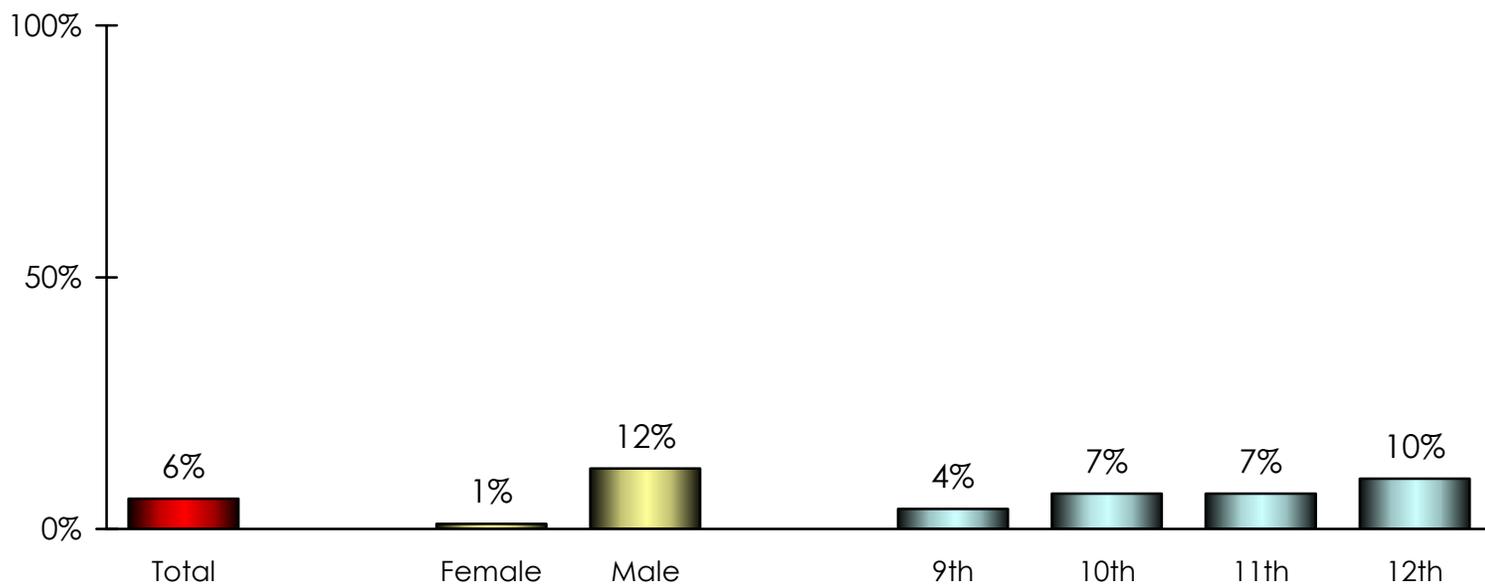


2002-2003 Garland County Youth Risk Behavior Survey

■ Tobacco Use – Smokeless Tobacco

This question measures smokeless tobacco use.

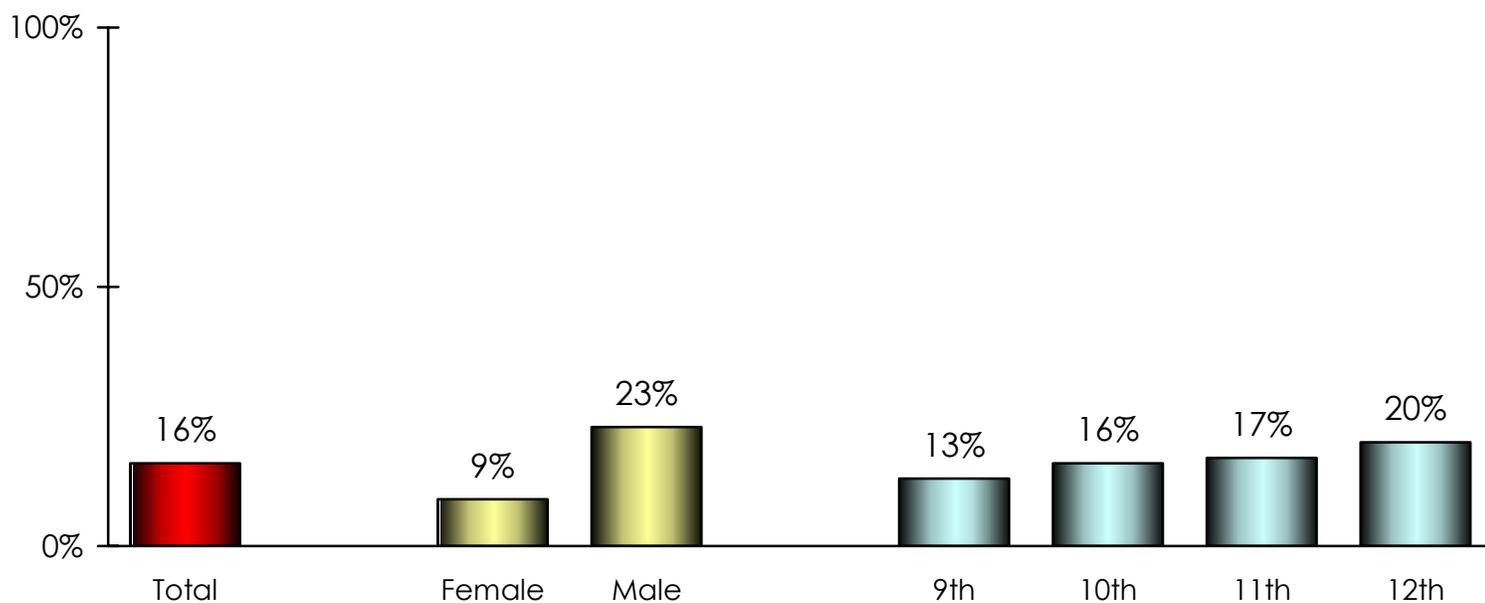
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



■ Tobacco Use – Cigar

This question measures cigar smoking.

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

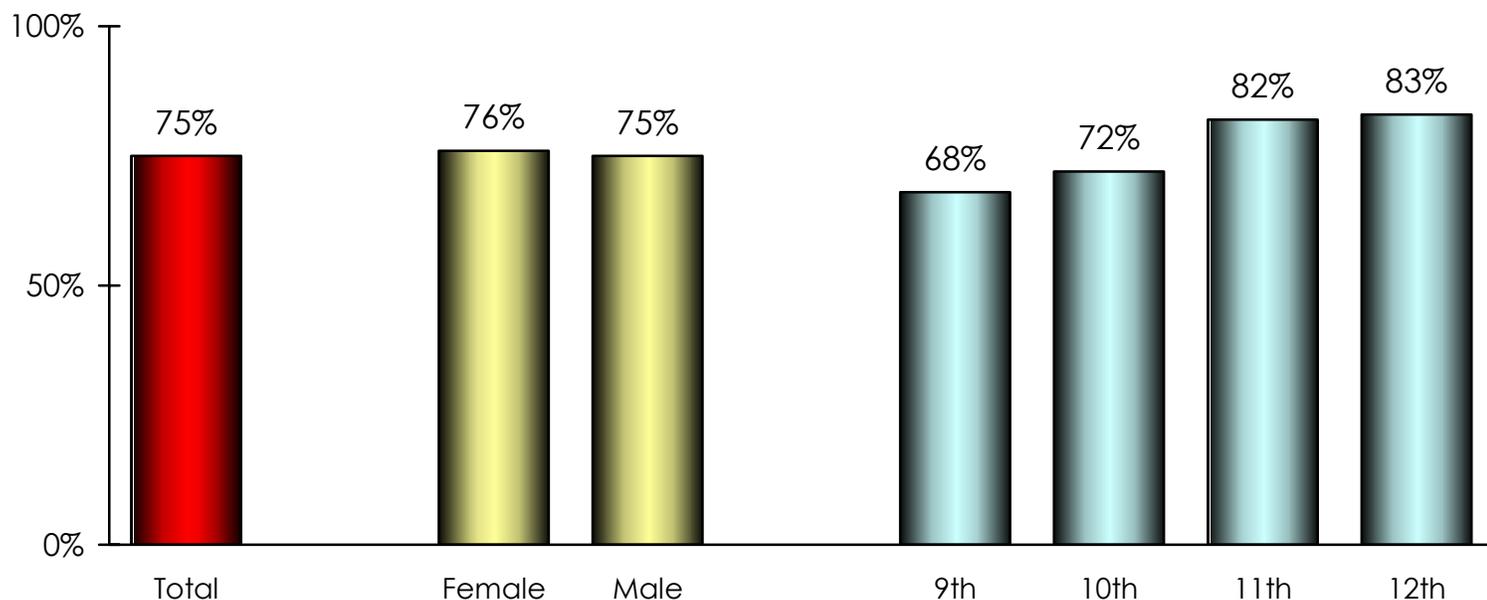


2002-2003 Garland County Youth Risk Behavior Survey

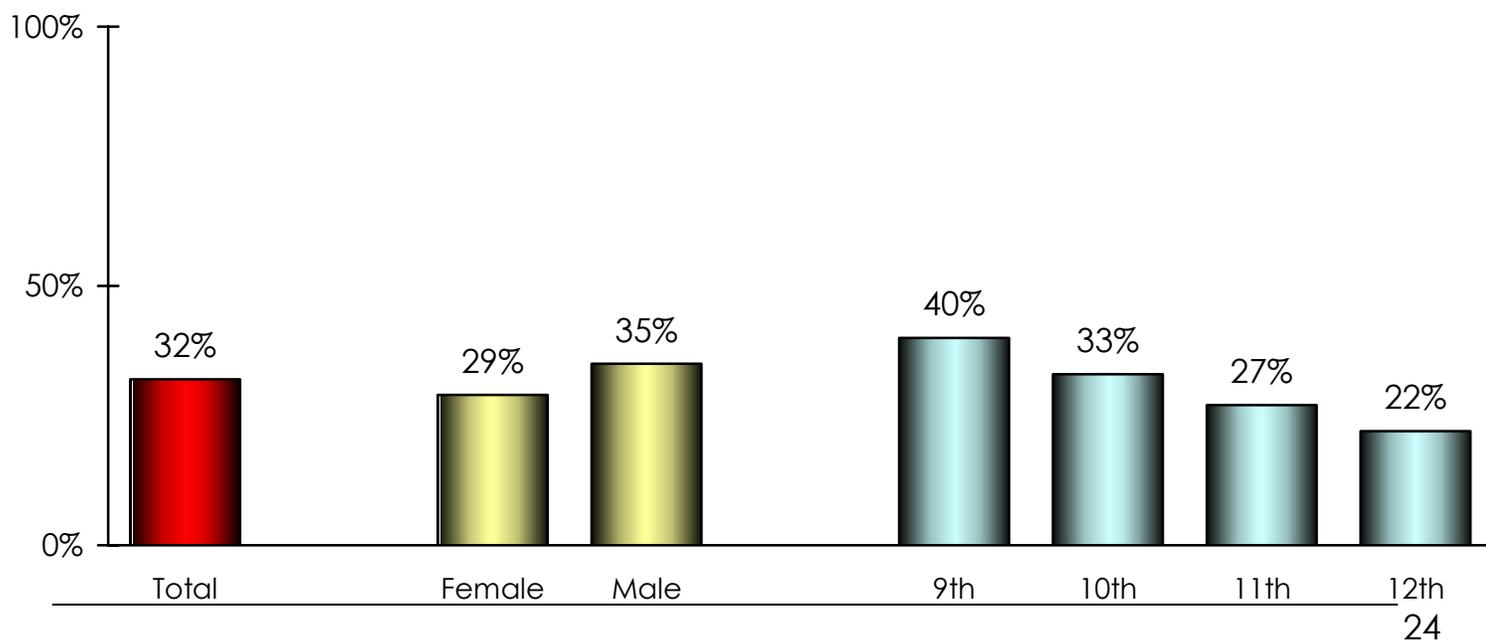
■ Alcohol Use

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

Percentage of students who had at least one drink of alcohol on one or more days during their life.

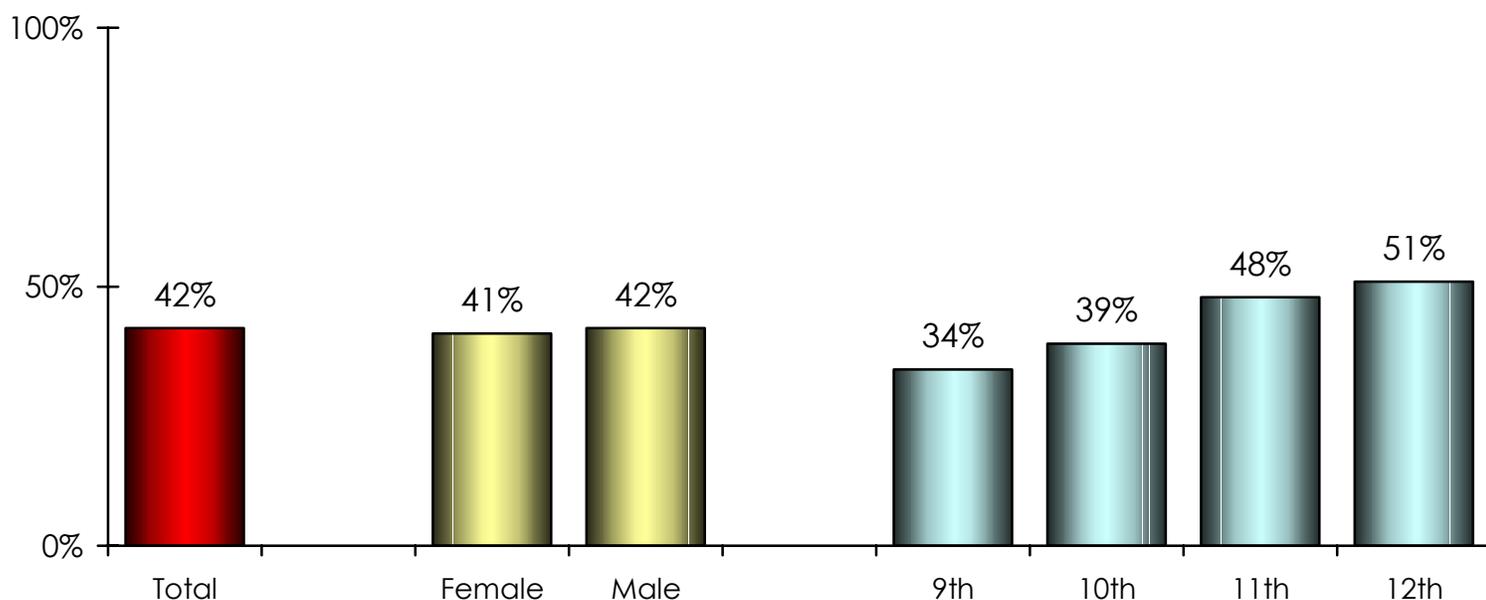


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

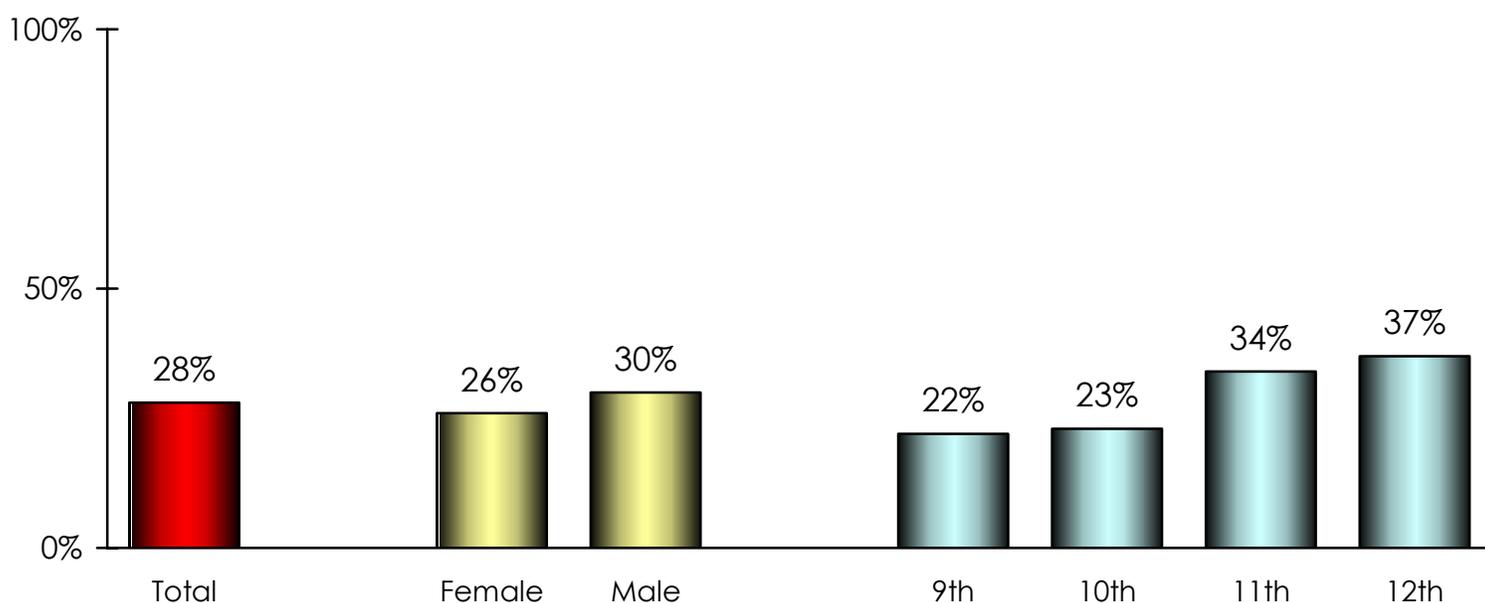


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

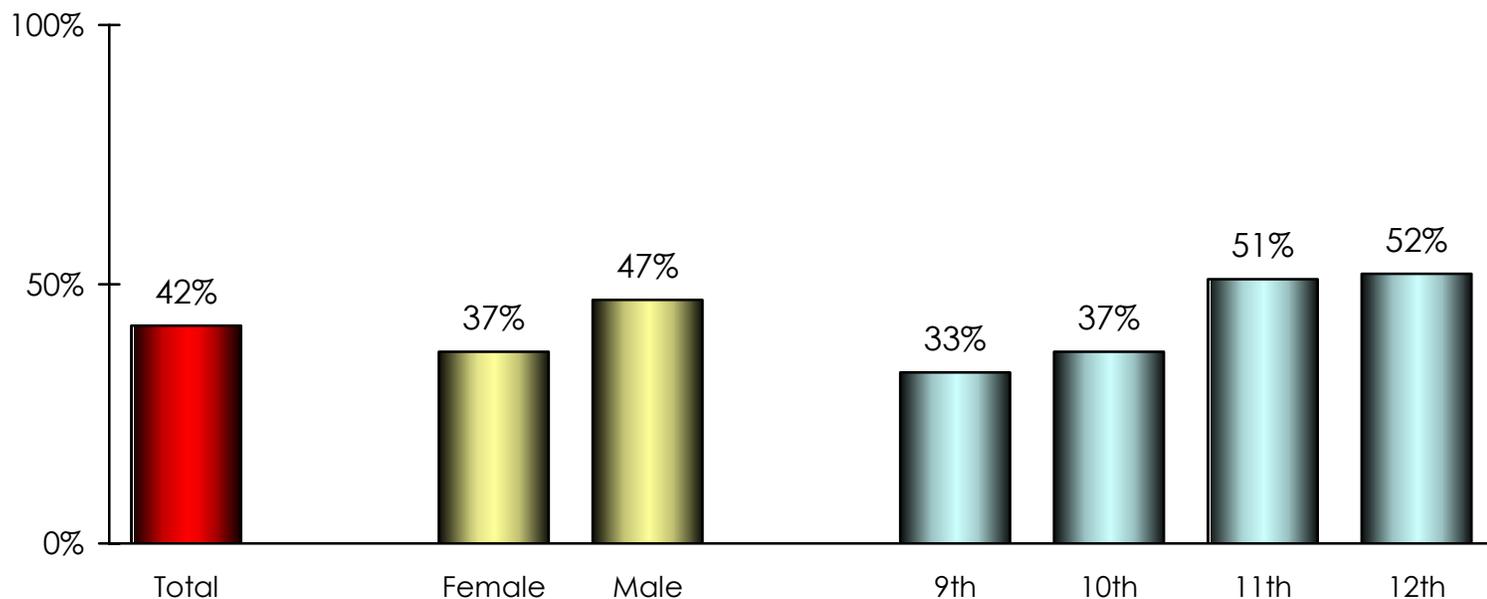


2002-2003 Garland County Youth Risk Behavior Survey

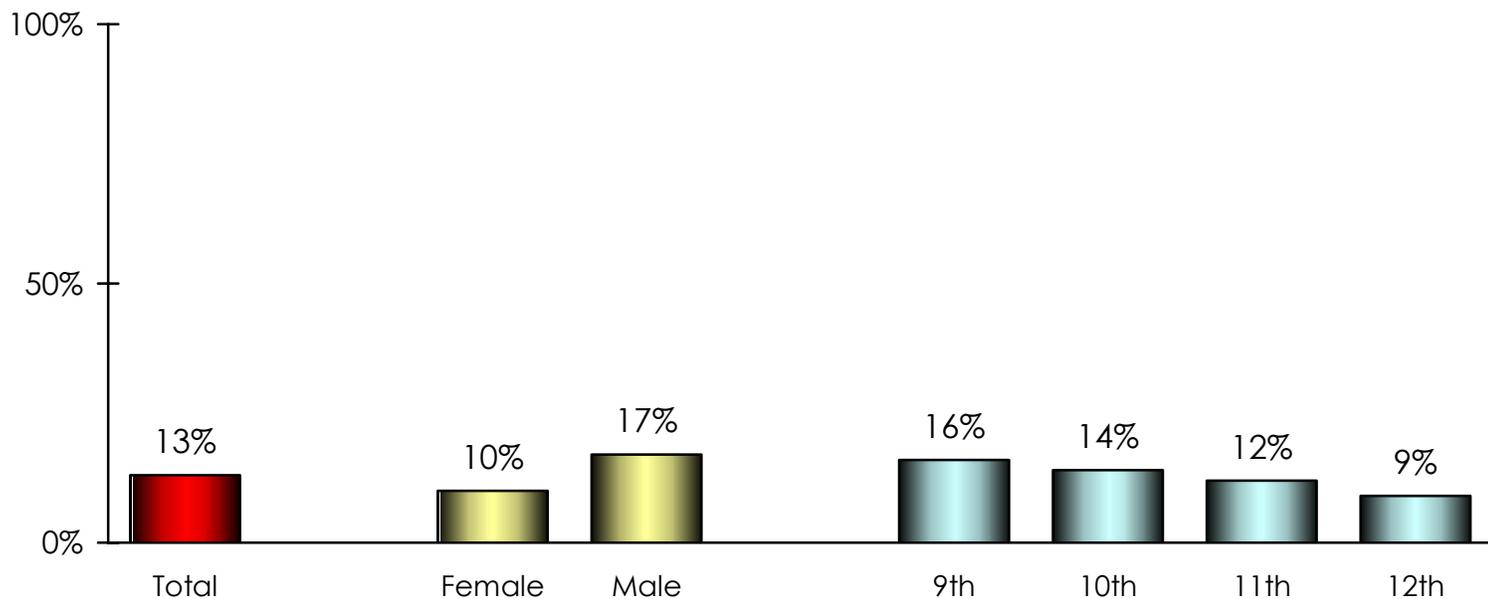
■ Drug Use

These questions measure the frequency of illegal drug use.

Percentage of students who used marijuana one or more times during their life.

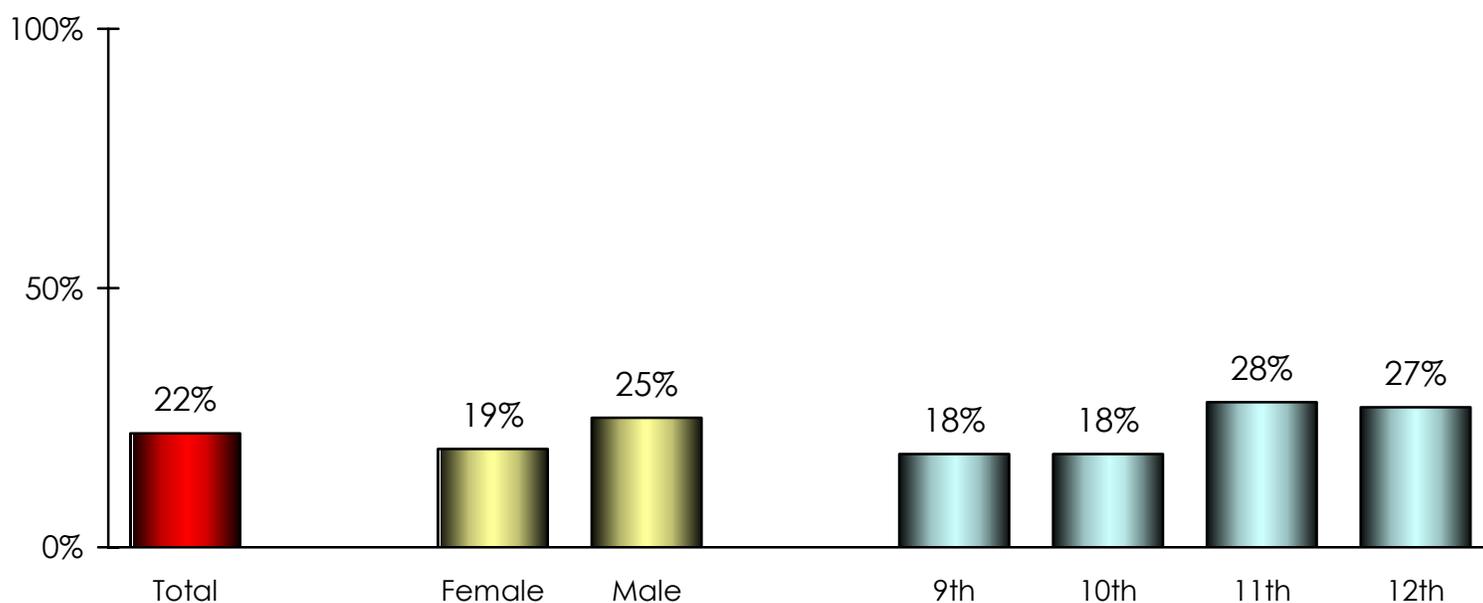


Percentage of students who tried marijuana for the first time before age 13.

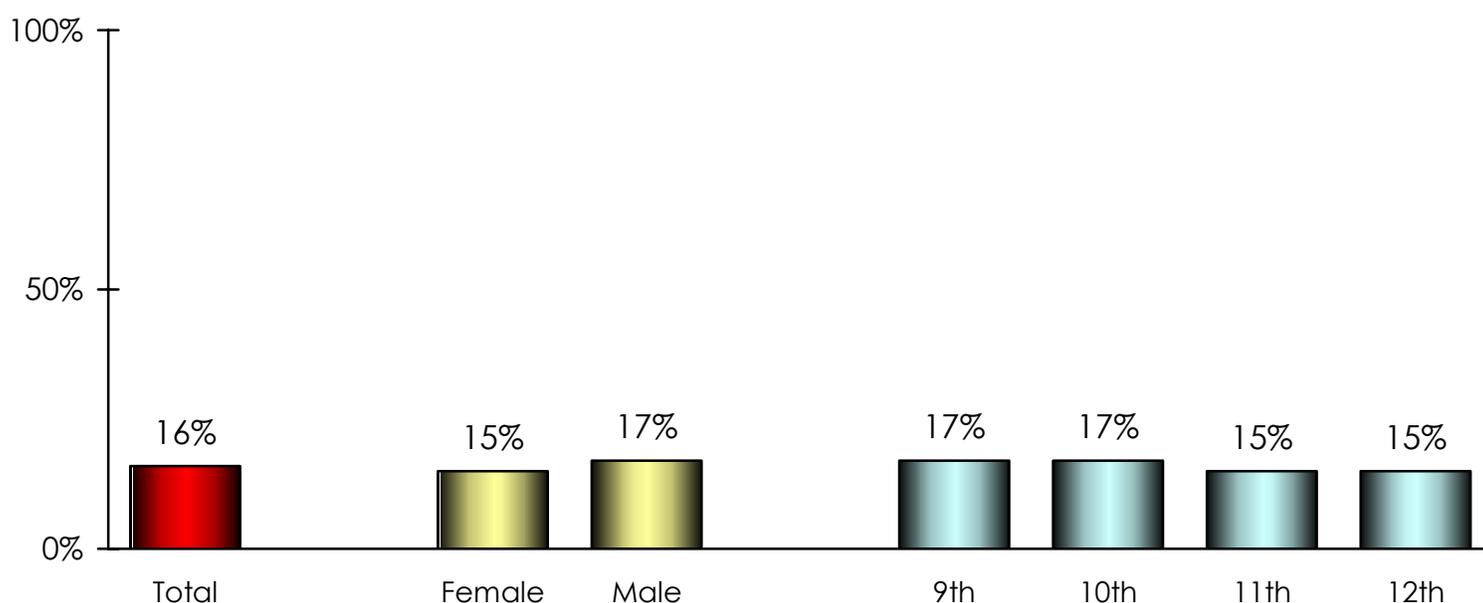


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who used marijuana one or more times during the past 30 days.

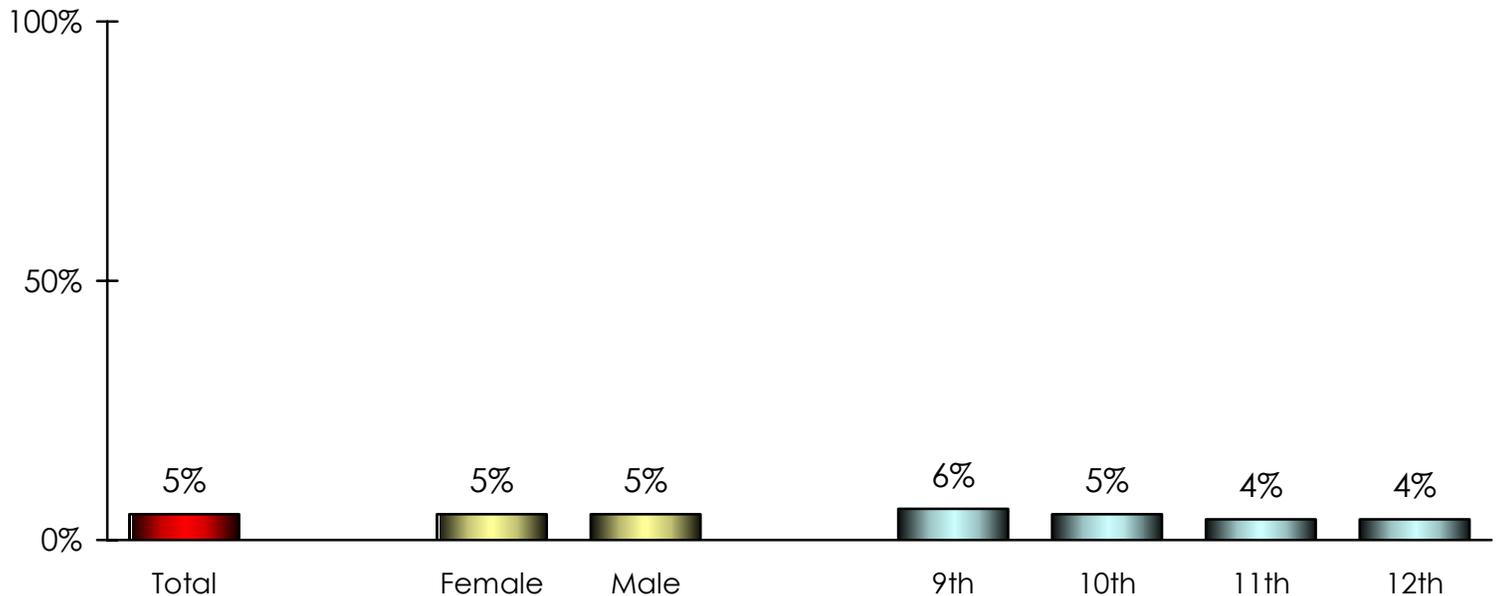


Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

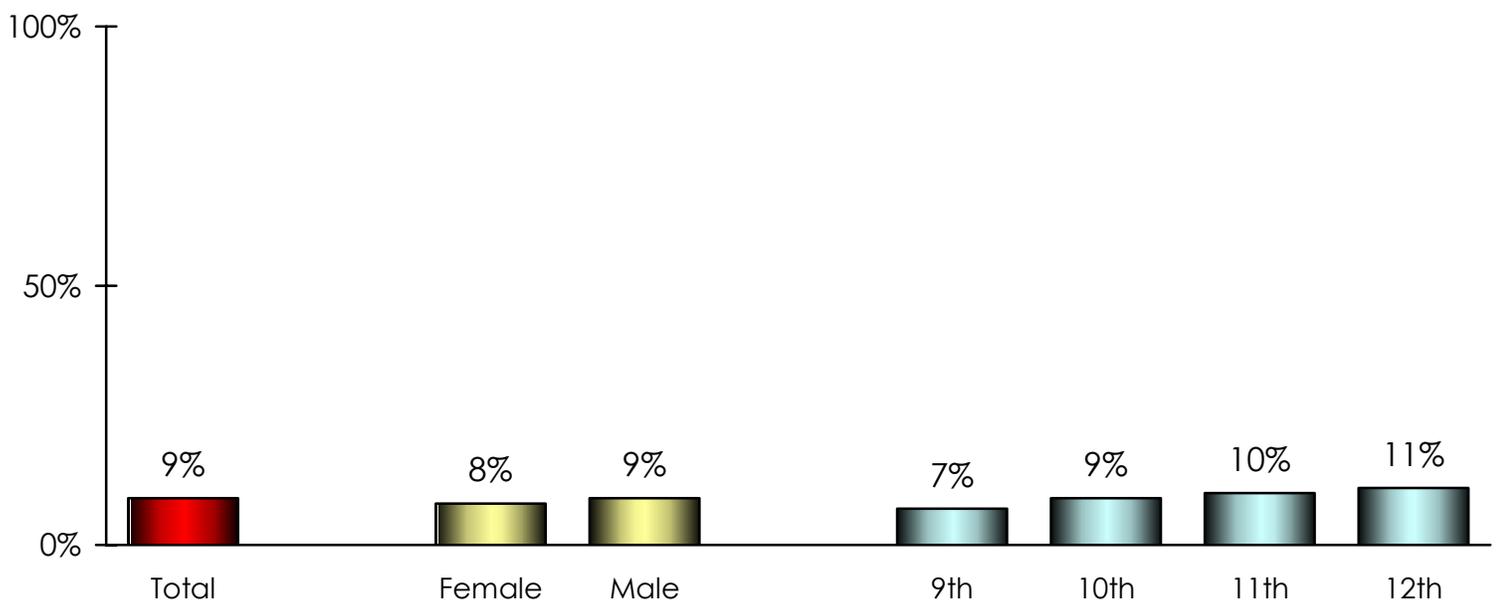


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

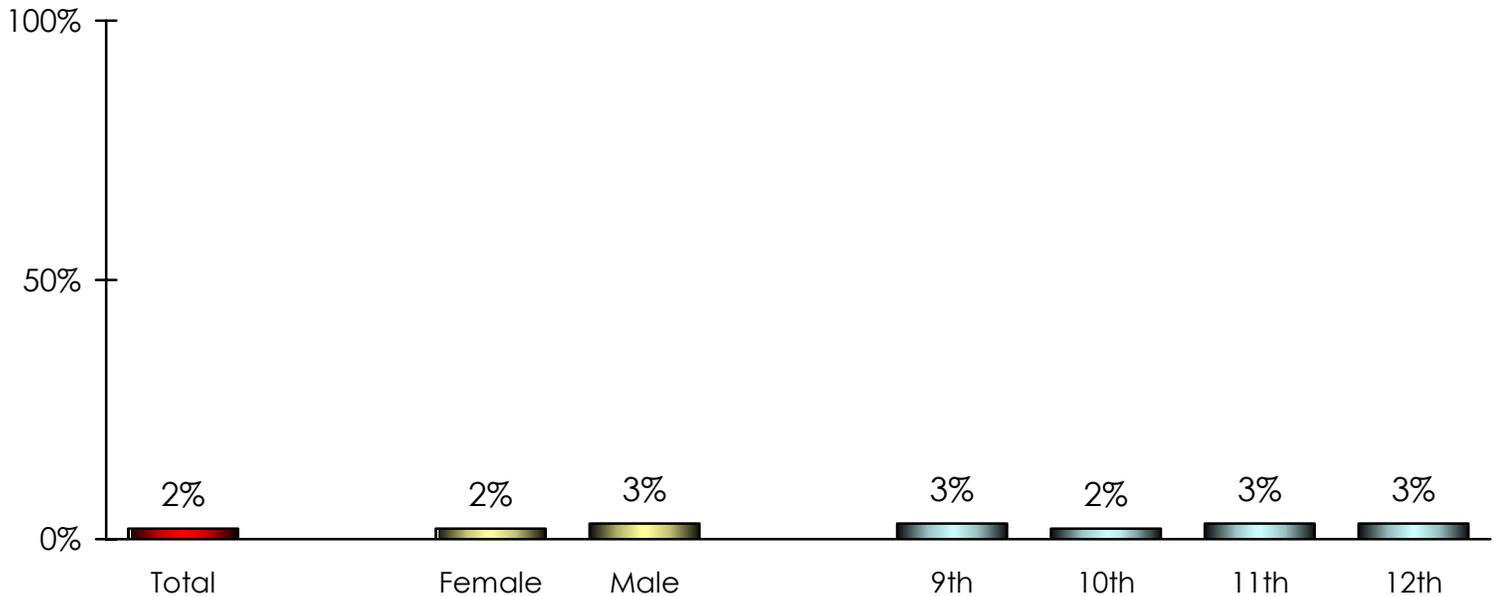


Percentage of students who used methamphetamines one or more times during their life.

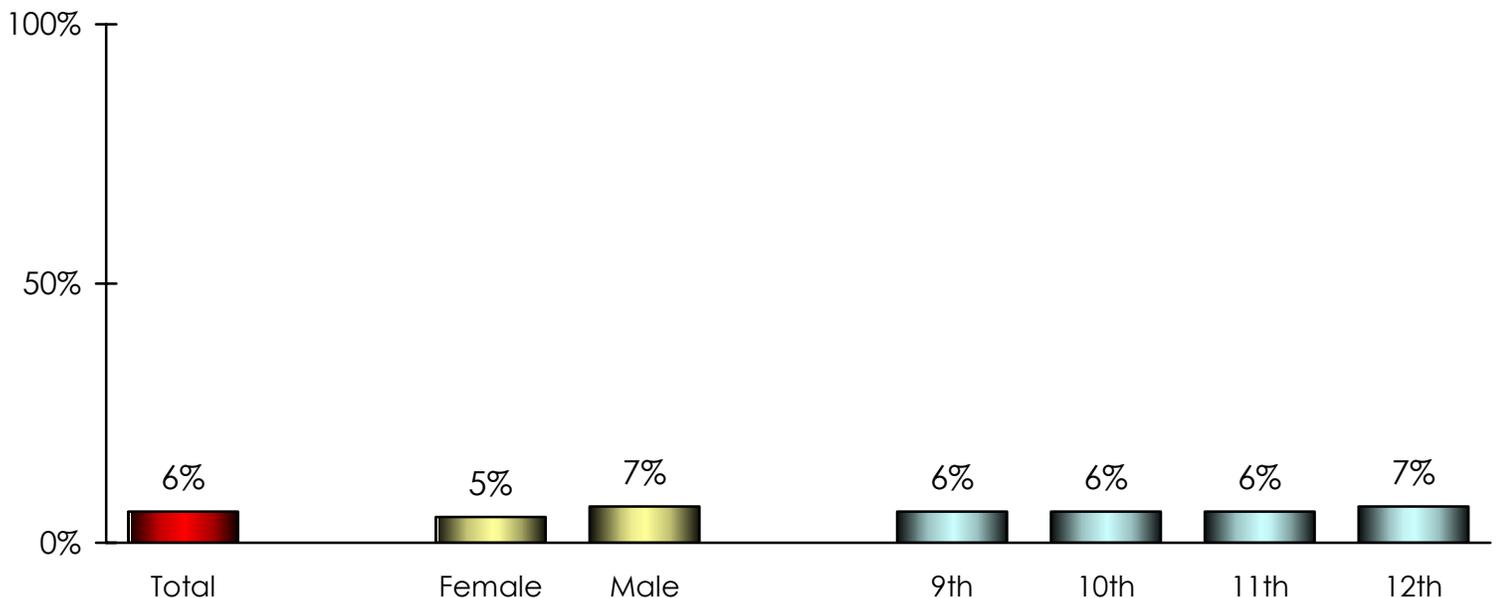


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who used heroin one or more times during their life.



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

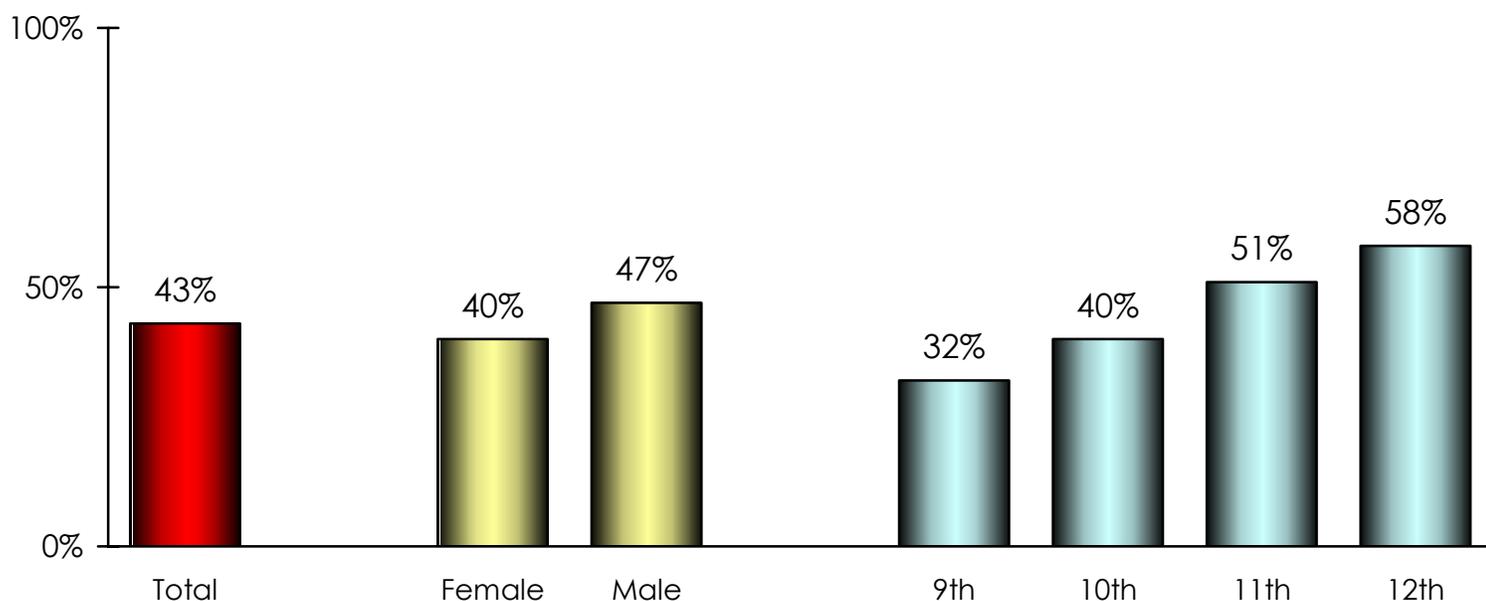


2002-2003 Garland County Youth Risk Behavior Survey

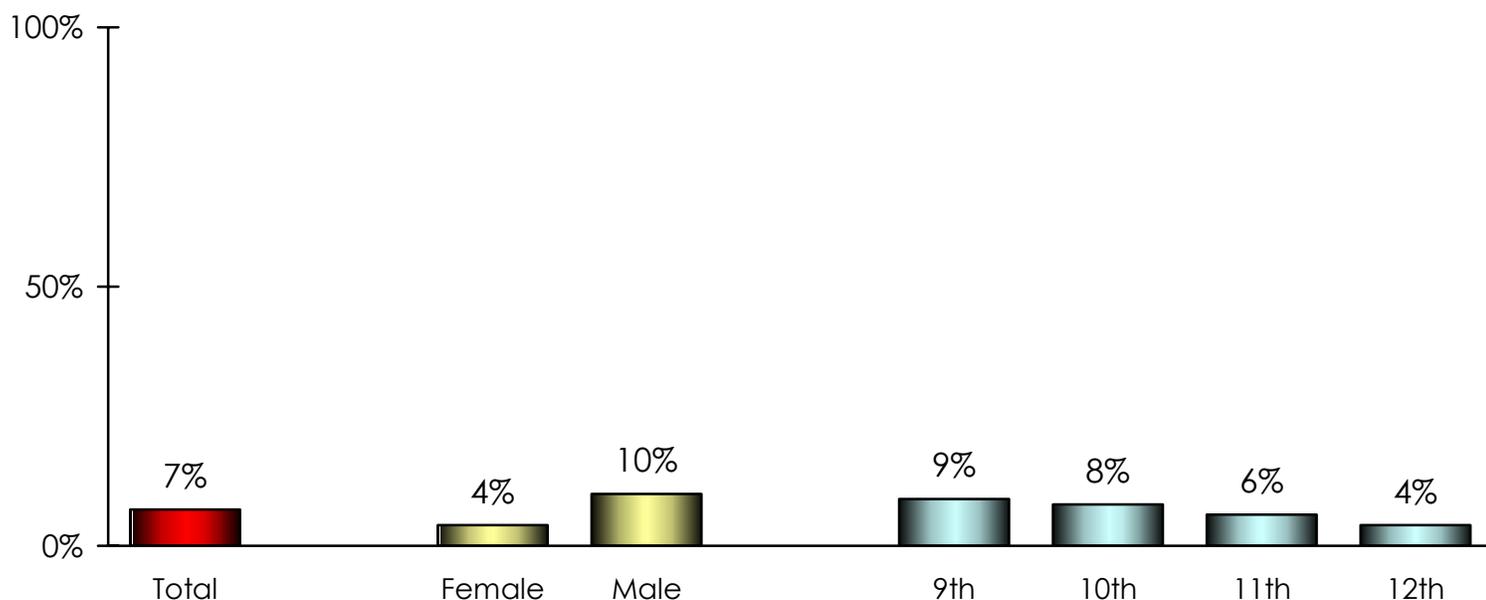
■ Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.

Percentage of students who have had sexual intercourse.

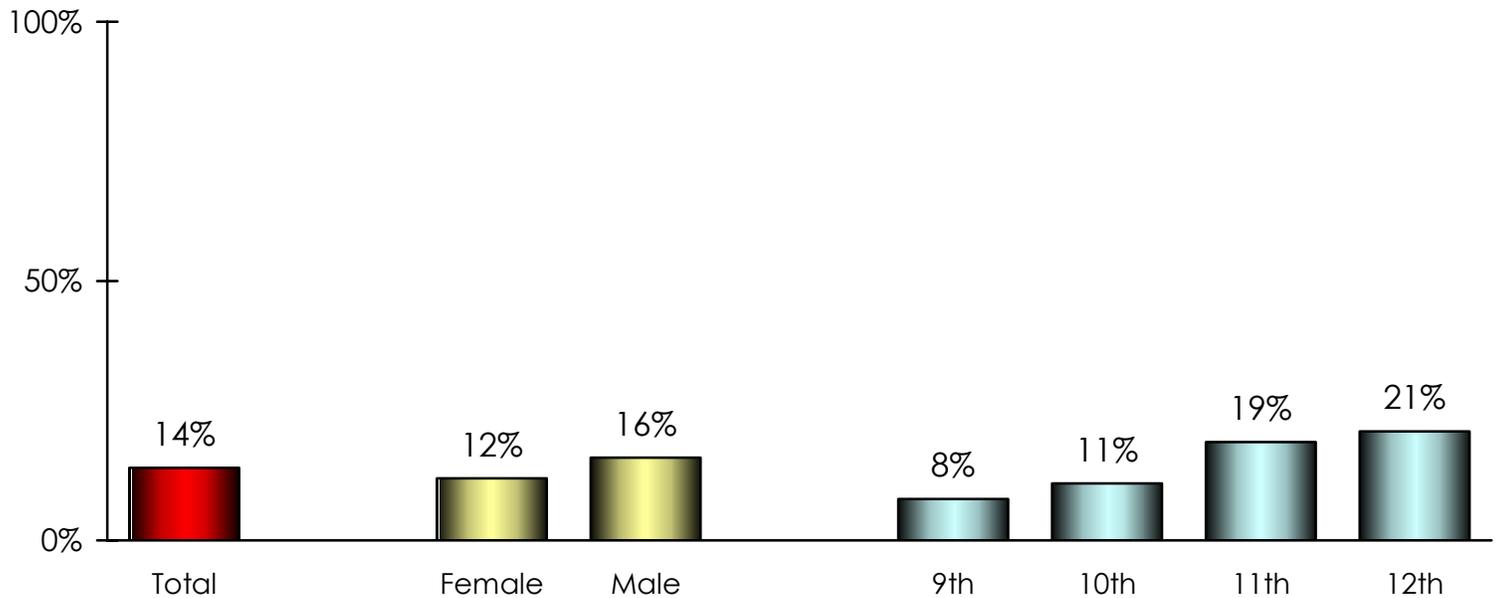


Percentage of students who had sexual intercourse for the first time before age 13.

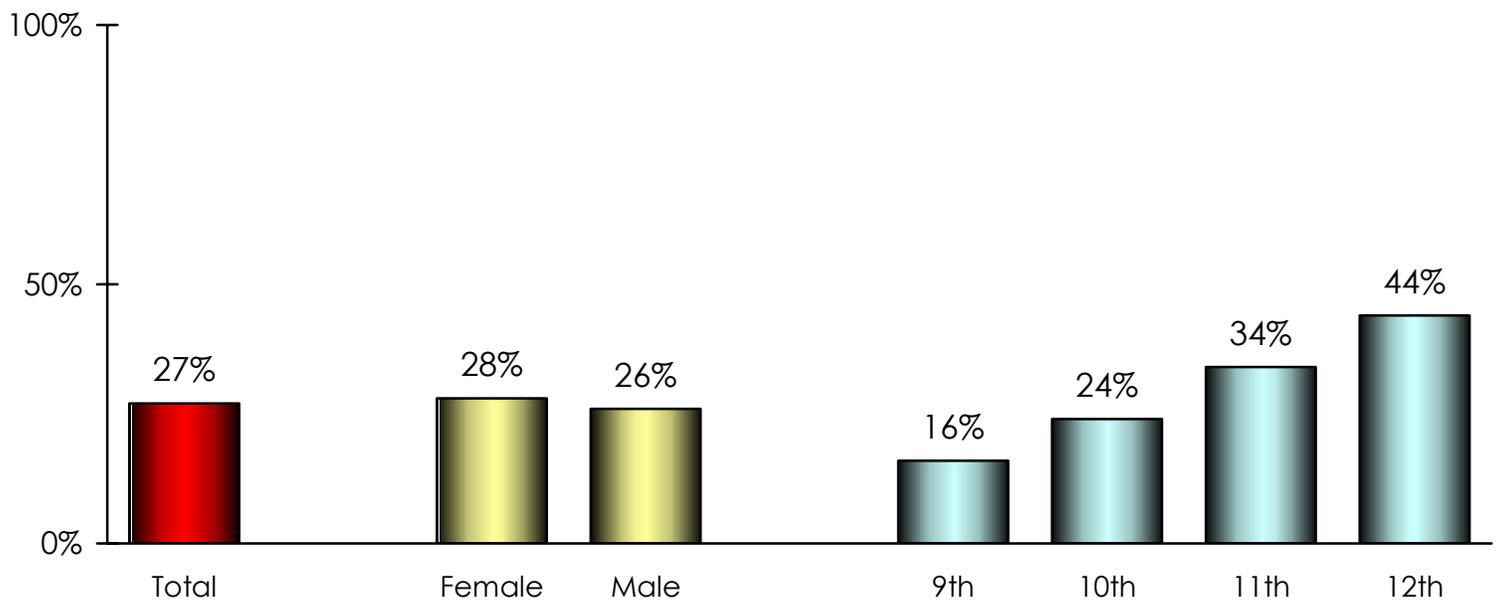


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who had sexual intercourse with four or more people during their life.

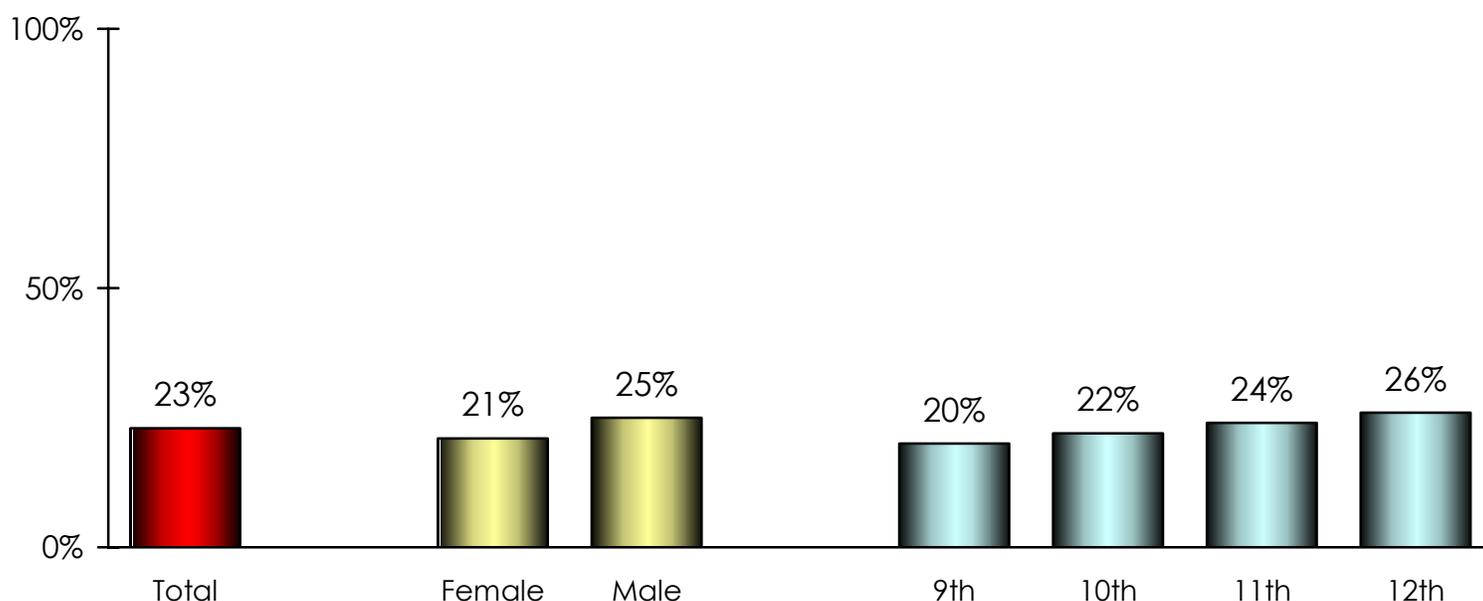


Percentage of students who had sexual intercourse during the past three months.



2002-2003 Garland County Youth Risk Behavior Survey

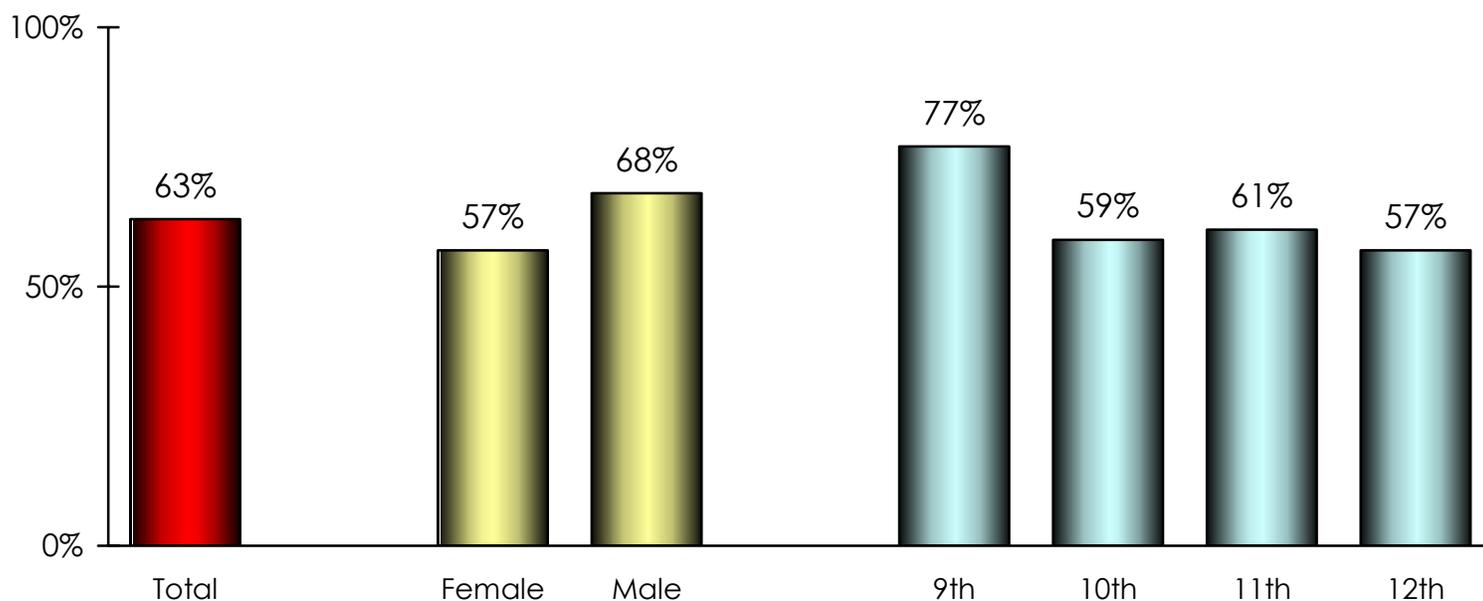
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



■ Contraception

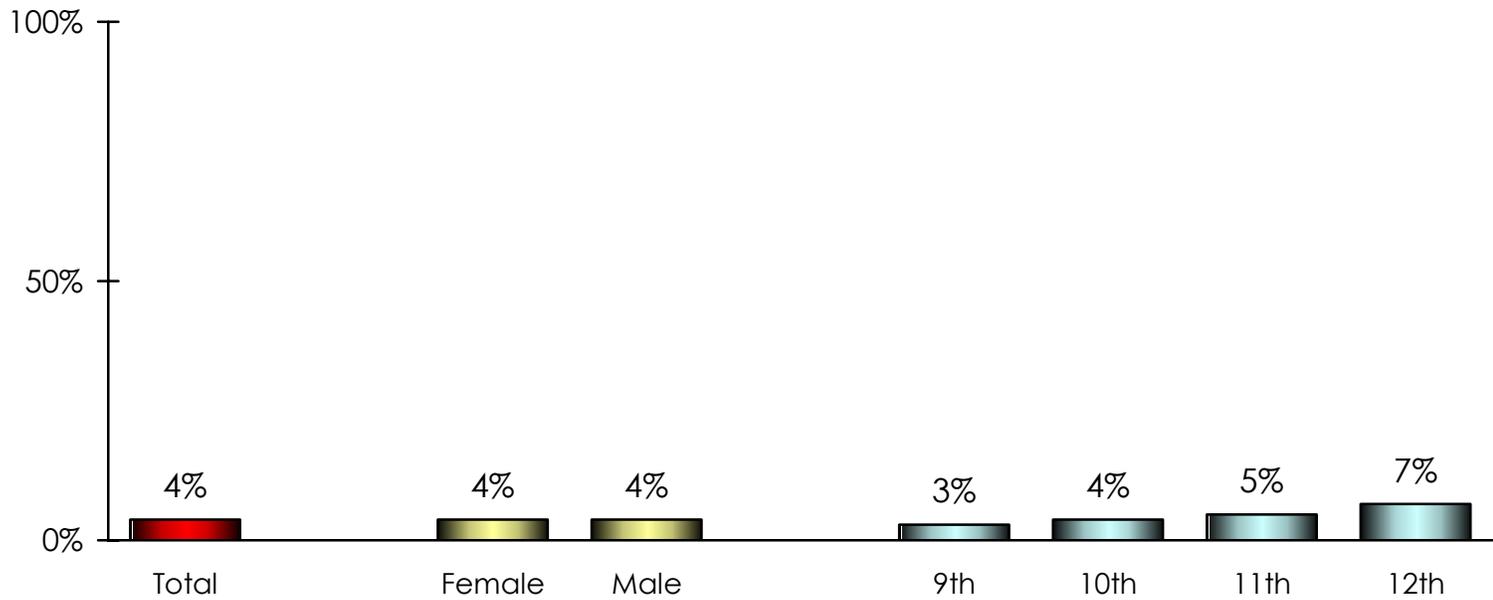
These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who had been or gotten someone pregnant one or more times.

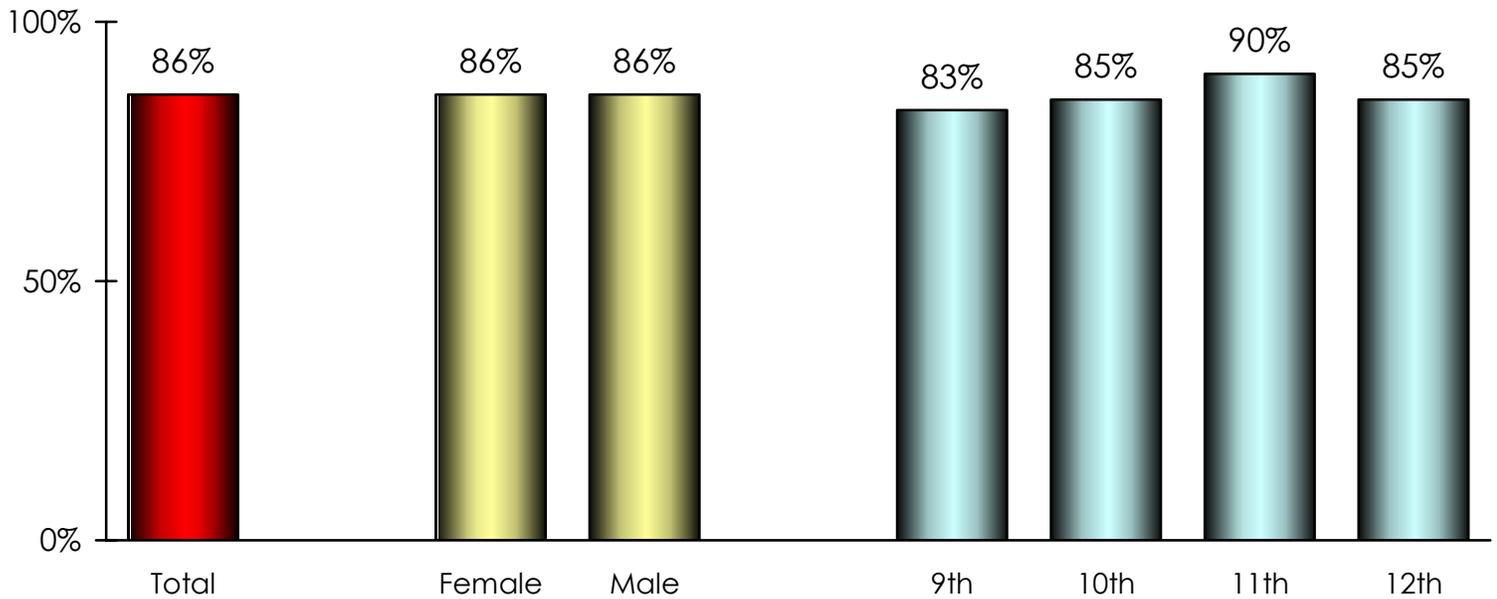


2002-2003 Garland County Youth Risk Behavior Survey

■ AIDS, HIV, & STDs

This question measures whether students have received HIV information at school.

Percentage of students who were ever taught about AIDS or HIV infection in school.

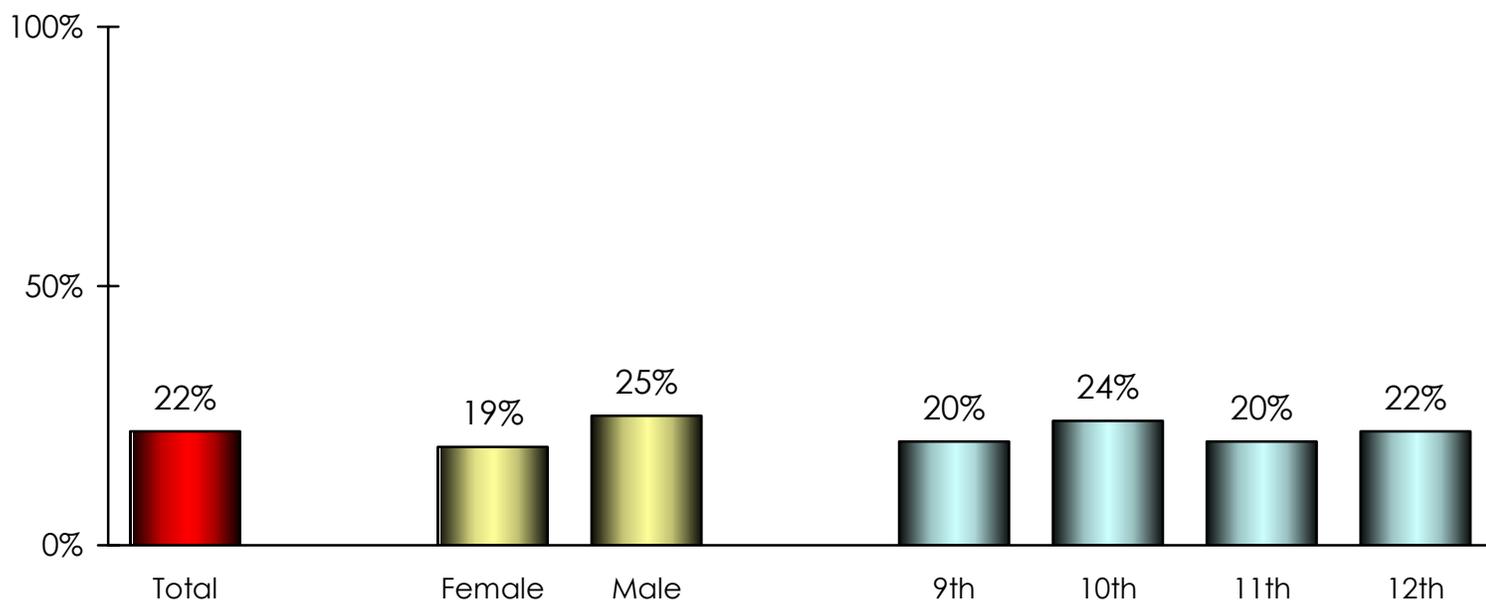


2002-2003 Garland County Youth Risk Behavior Survey

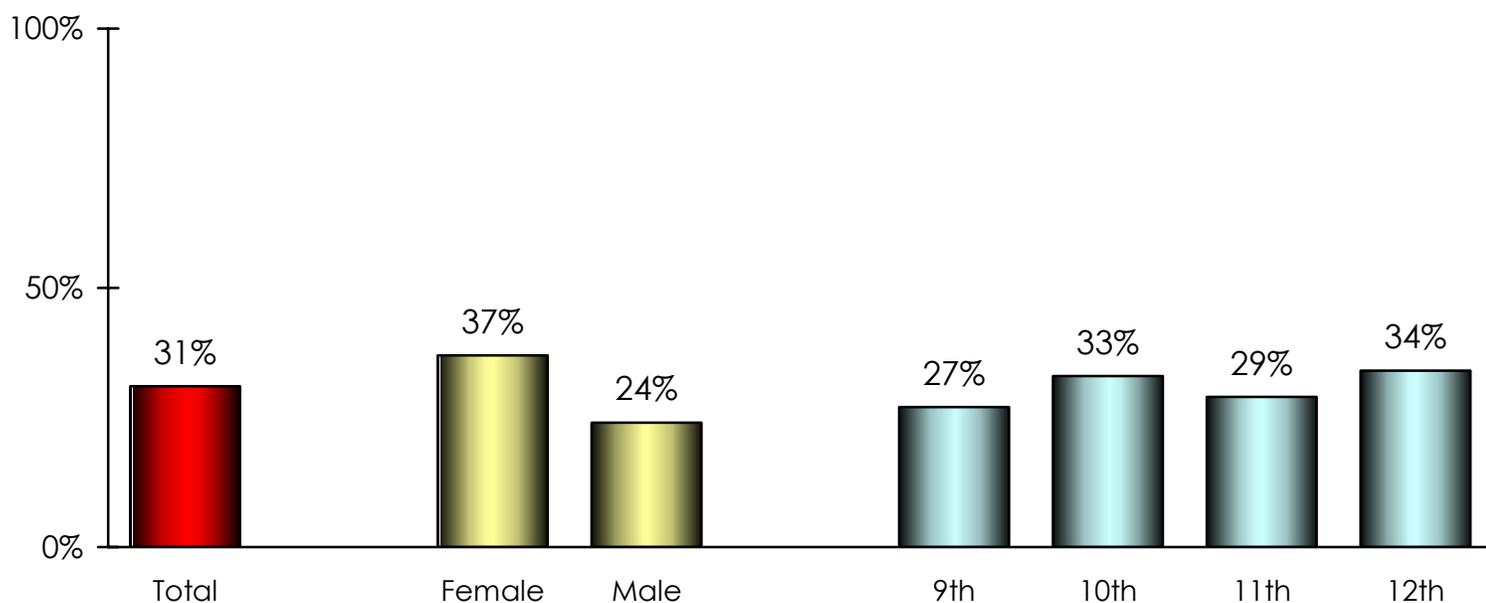
■ Obesity

These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

Percentage of students who are overweight, as calculated by Body Mass Index.

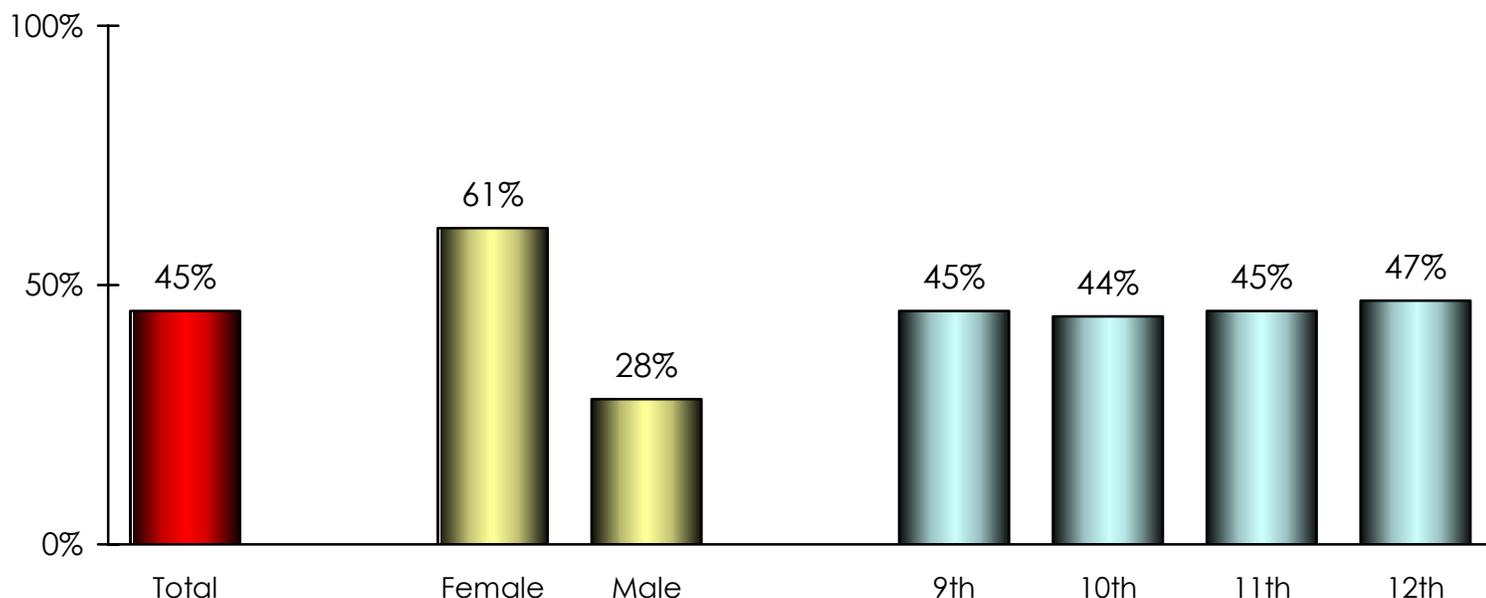


Percentage of students who describe themselves as slightly or very overweight.

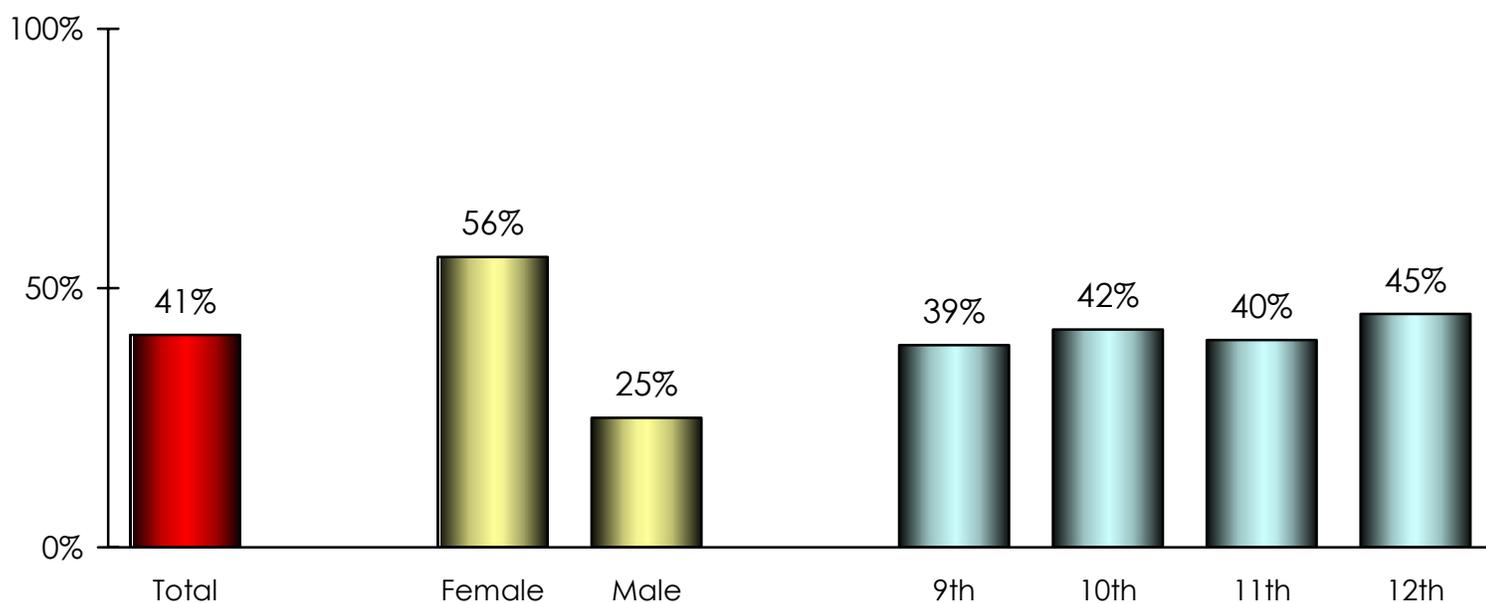


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.

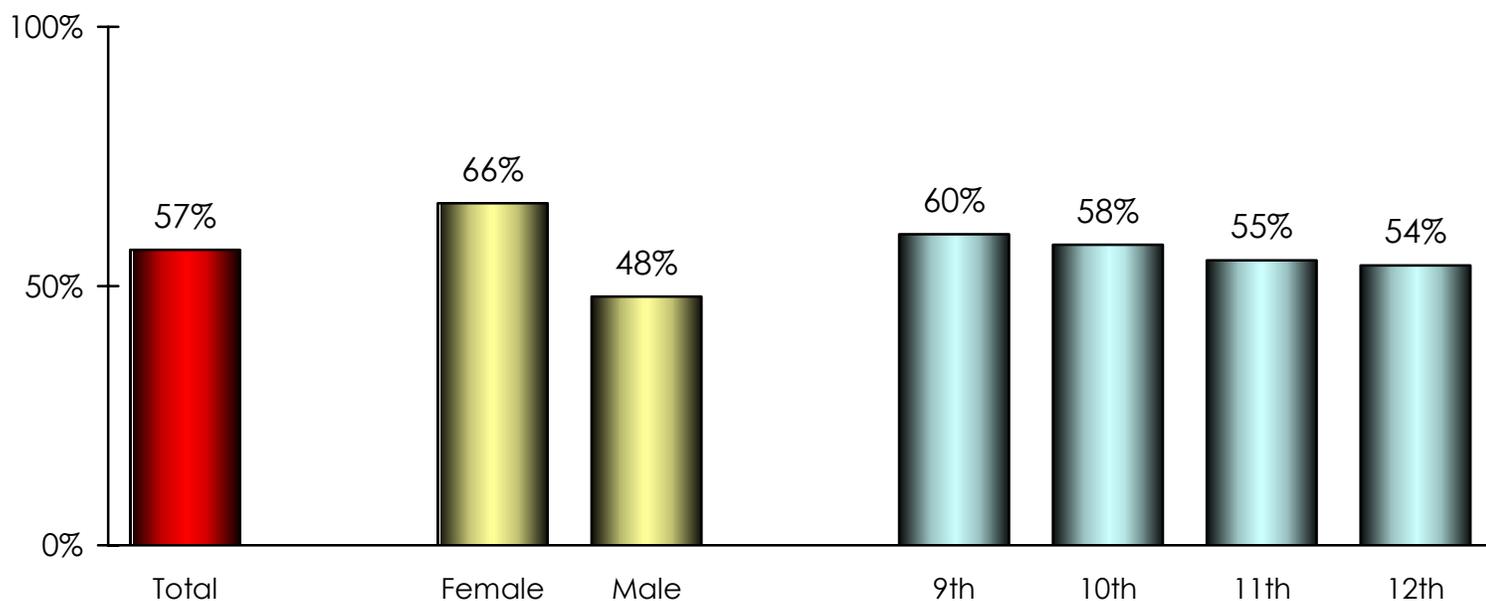


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

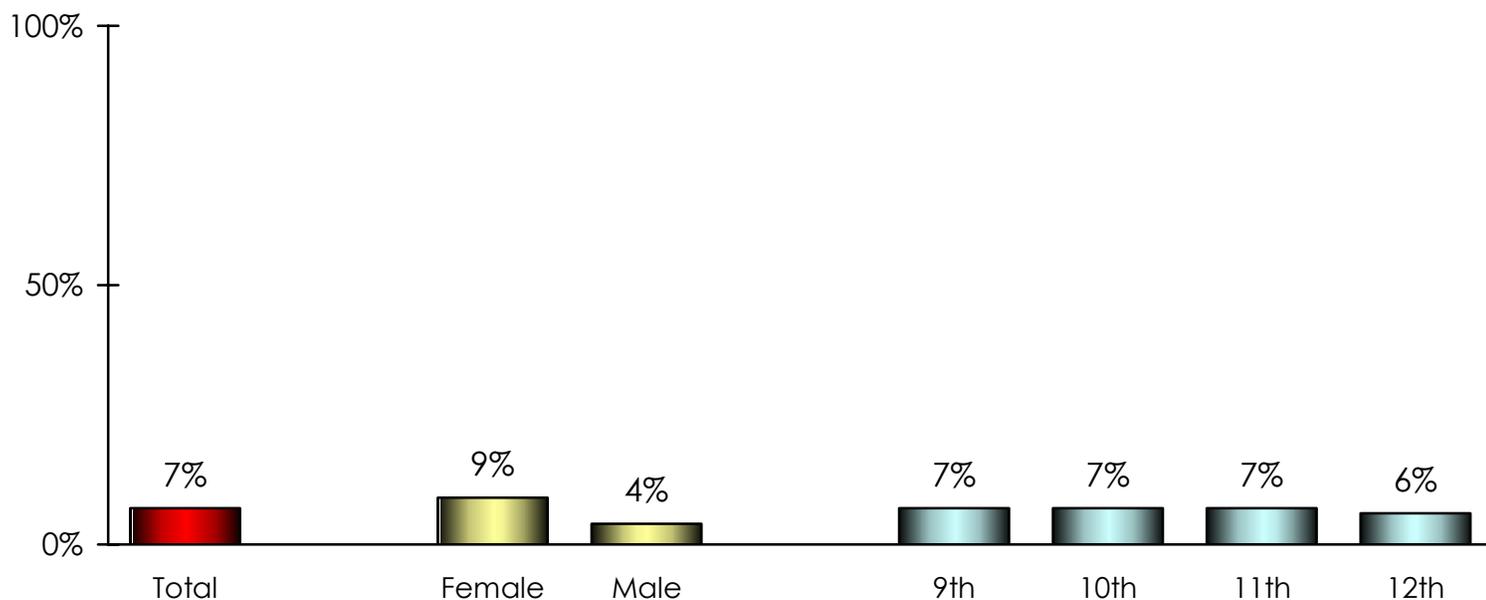


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

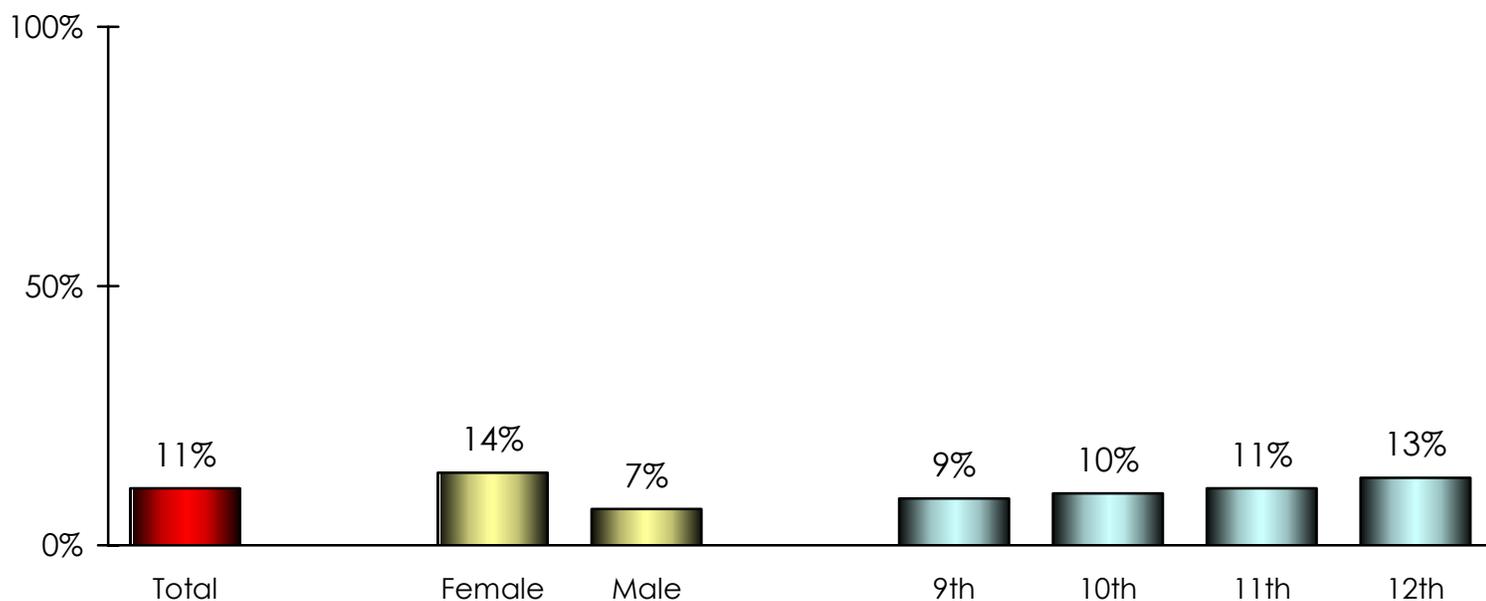


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

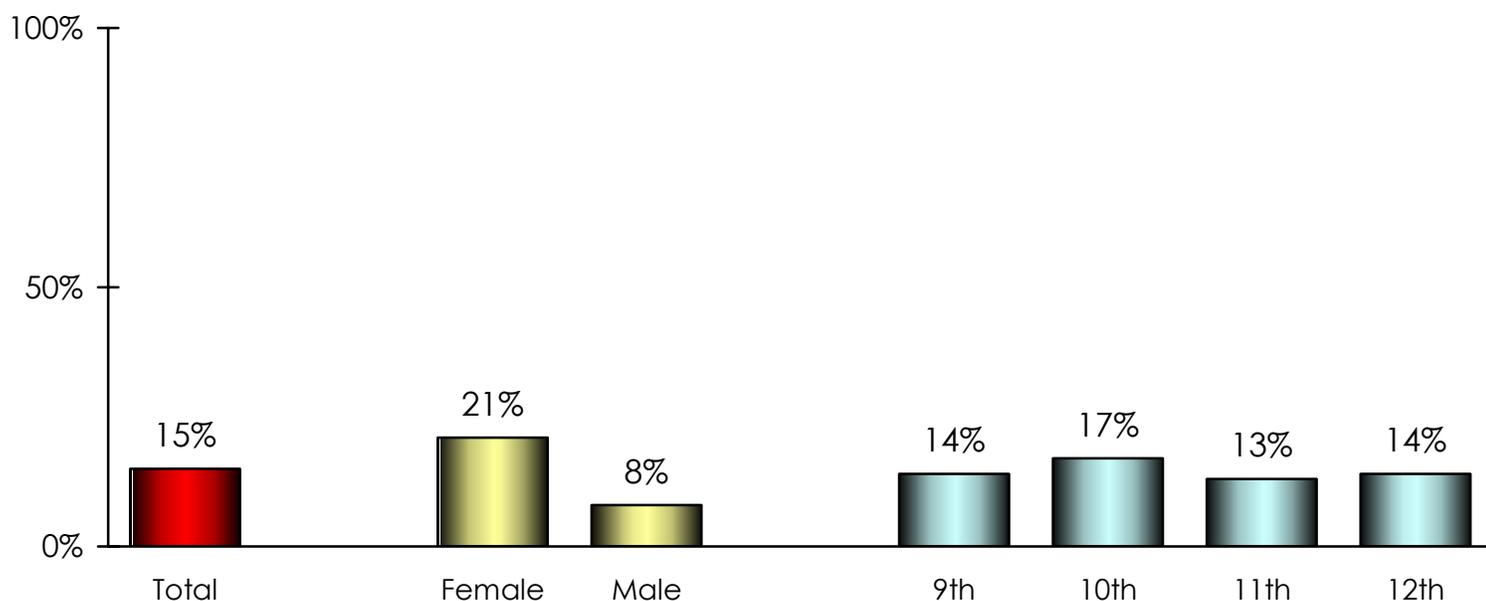


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

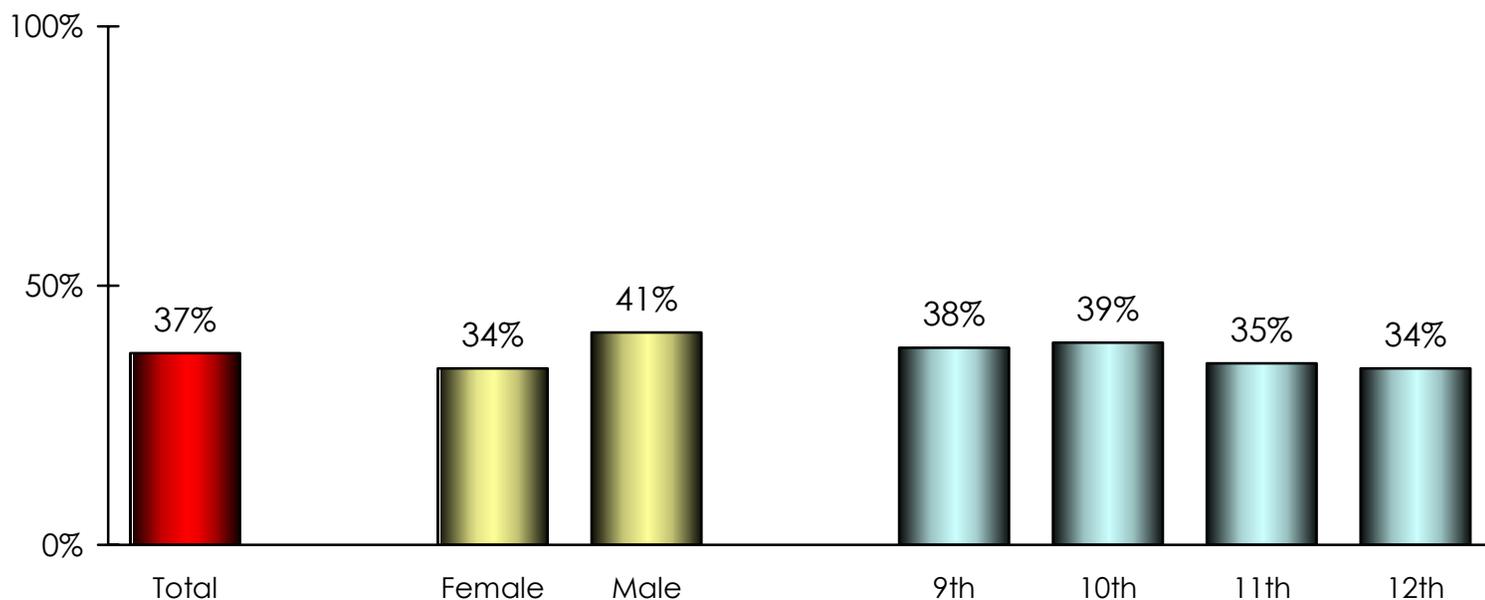


2002-2003 Garland County Youth Risk Behavior Survey

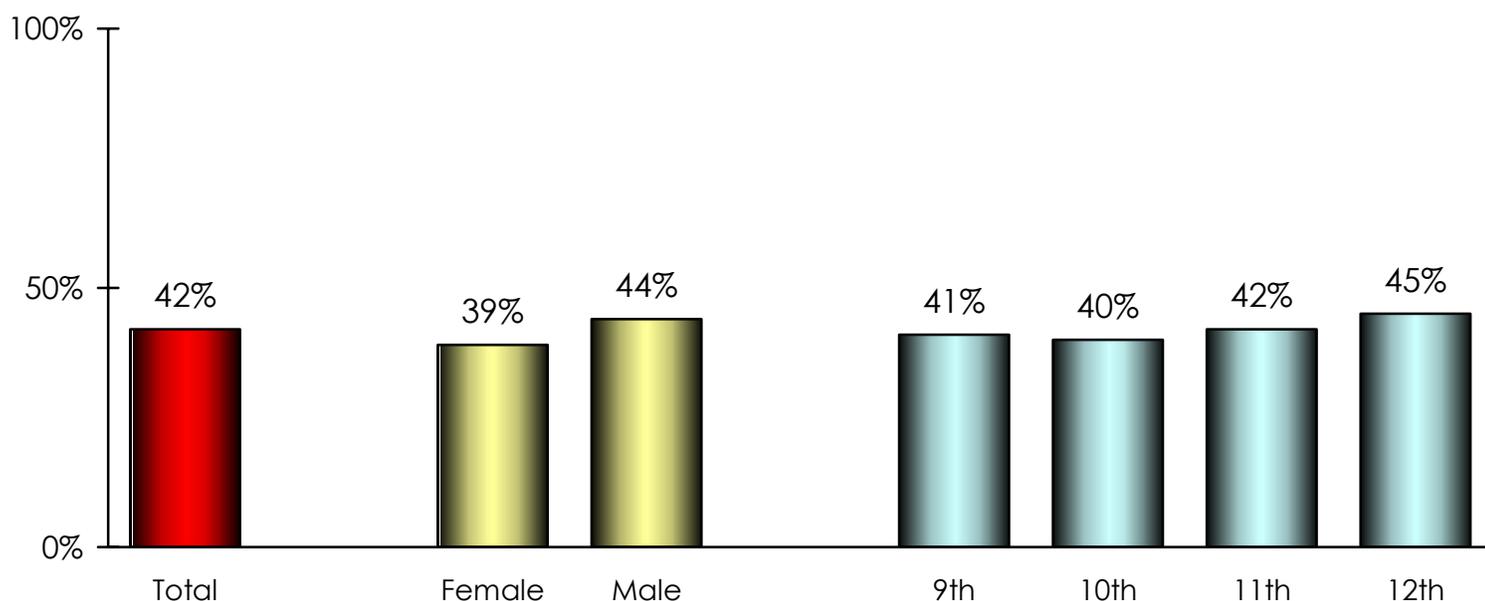
■ Nutrition

These questions measure food choices.

Percentage of students who ate fruit four or more times during the past 7 days.

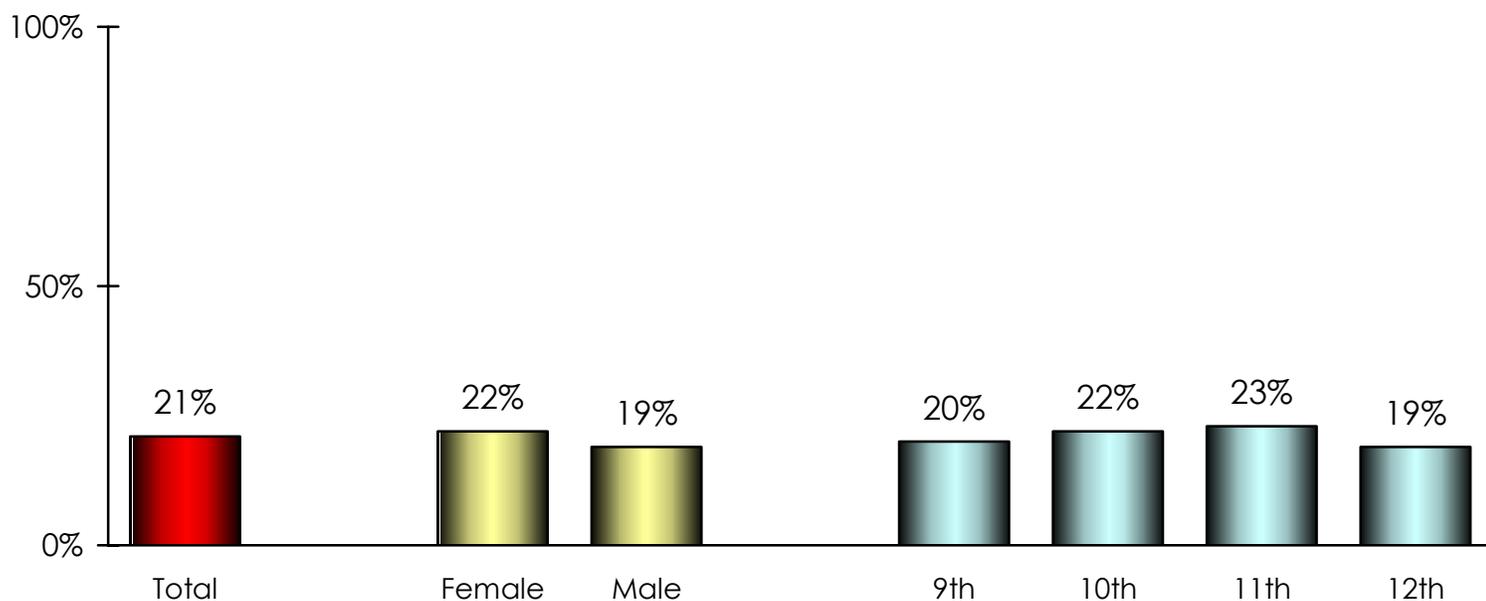


Percentage of students who drank fruit juices four or more times during the past 7 days.

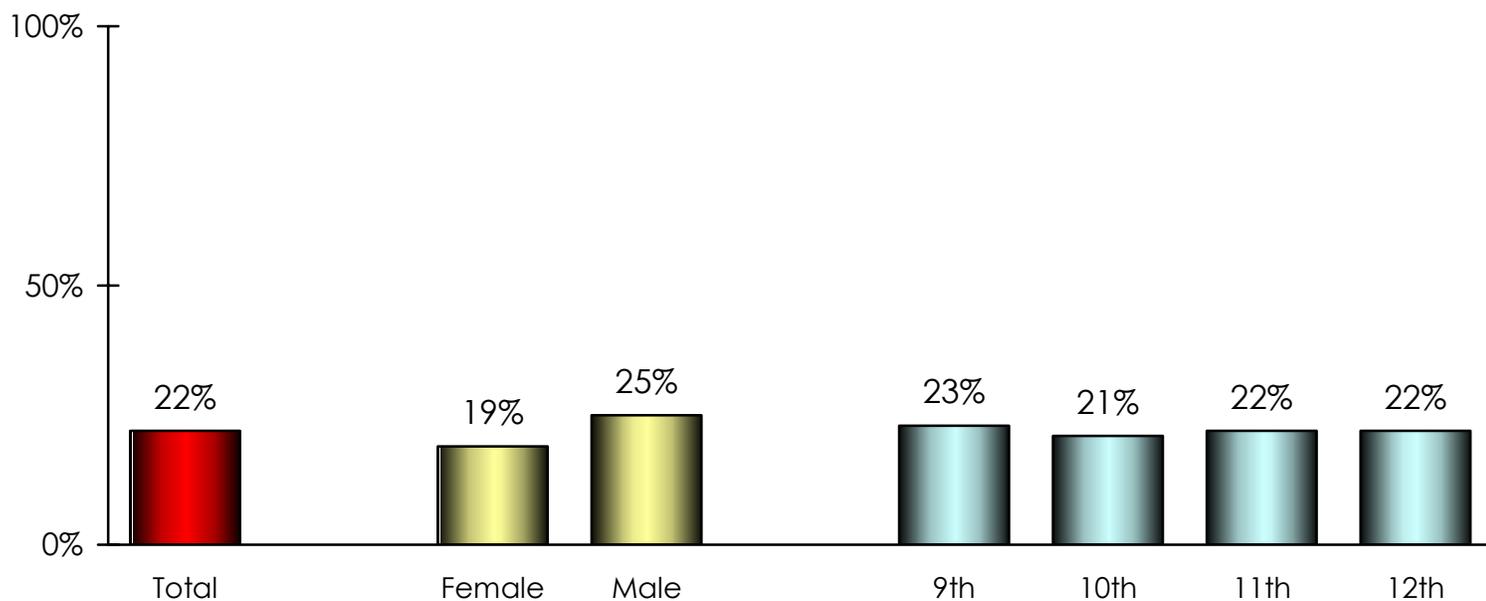


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who ate green salad four or more times during the past 30 days.

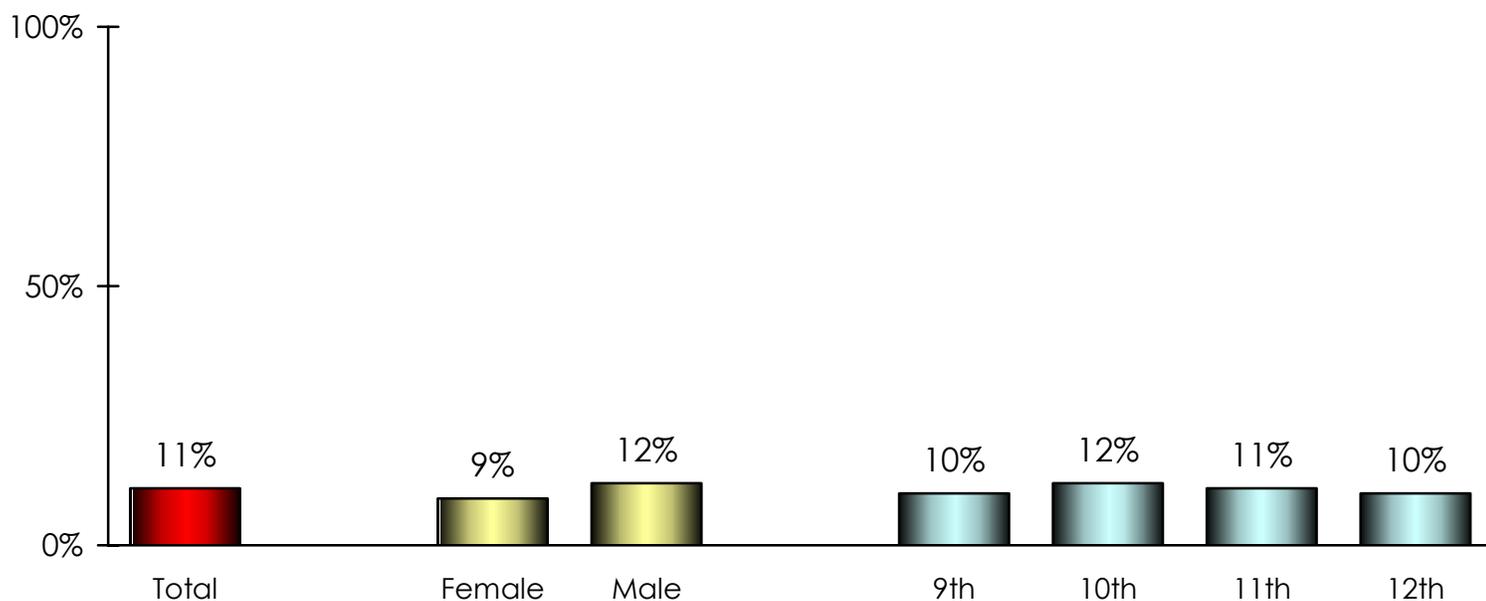


Percentage of students who ate potatoes four or more times during the past 30 days.

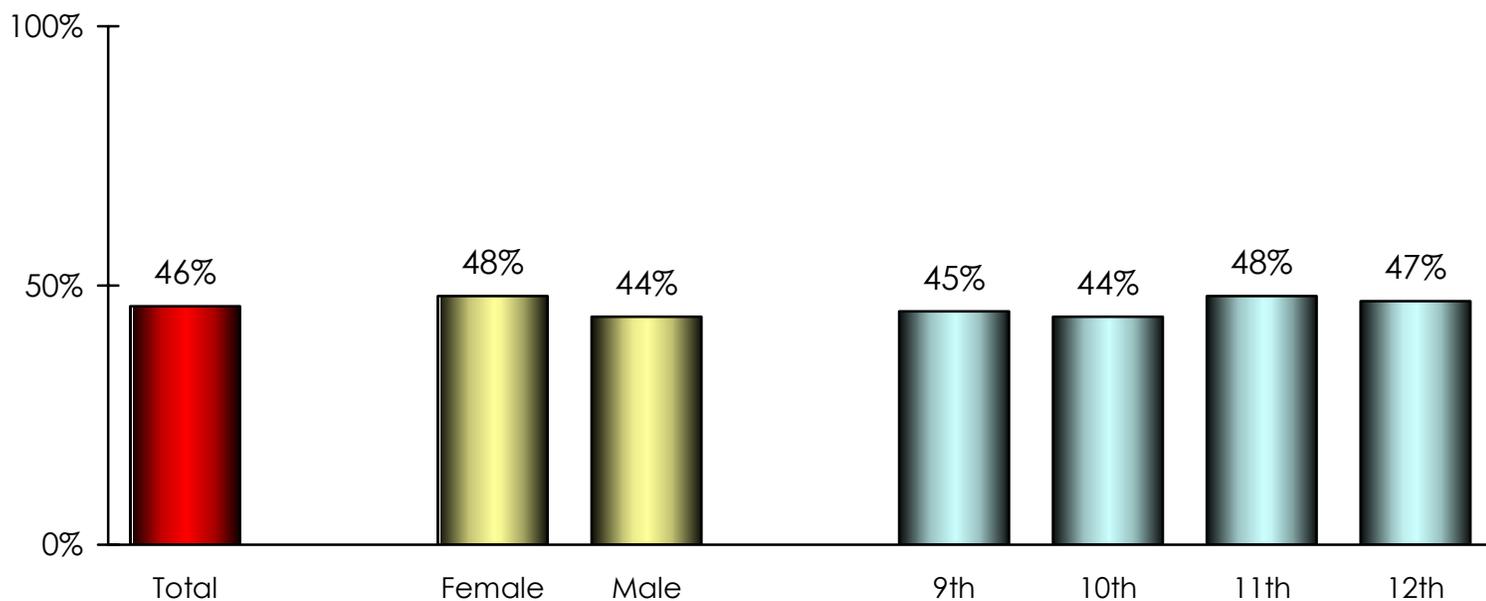


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who ate carrots four or more times during the past 7 days.

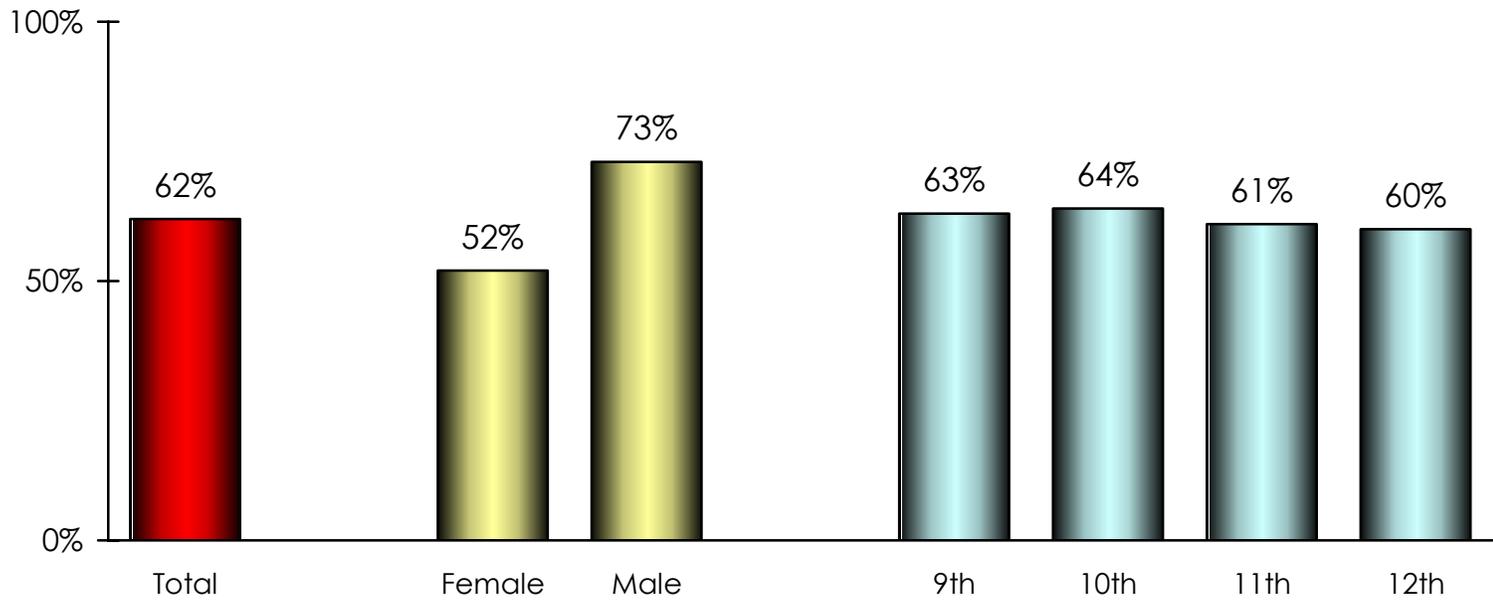


Percentage of students who ate other vegetables four or more times during the past 7 days.



2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who drank milk four or more times during the past 7 days.

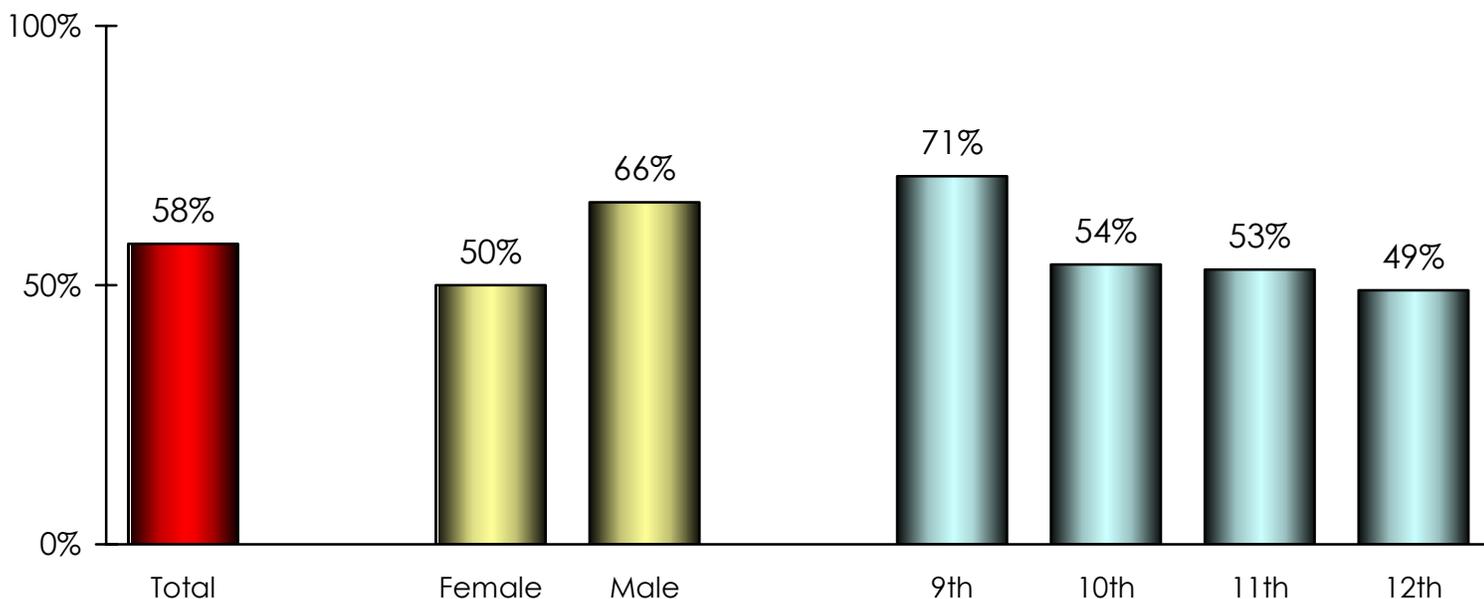


2002-2003 Garland County Youth Risk Behavior Survey

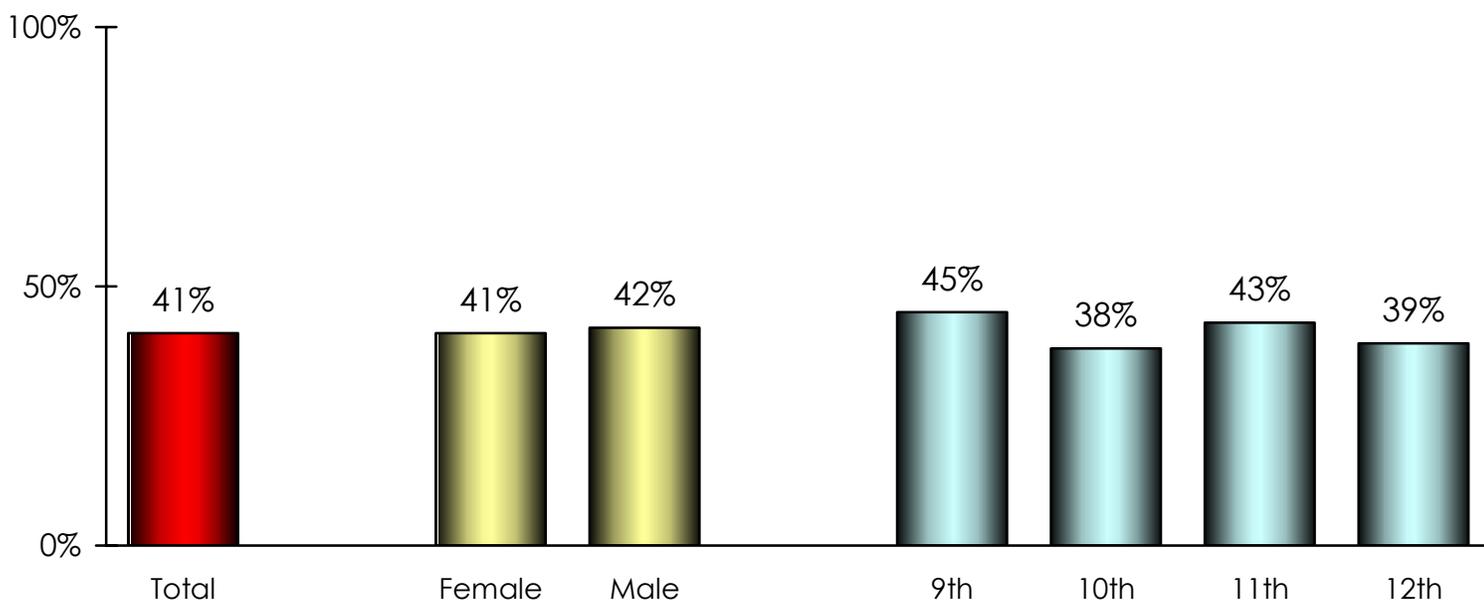
■ Physical Activity

These questions measure students' physical activity, including team sports, physical education class, and sports injuries.

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

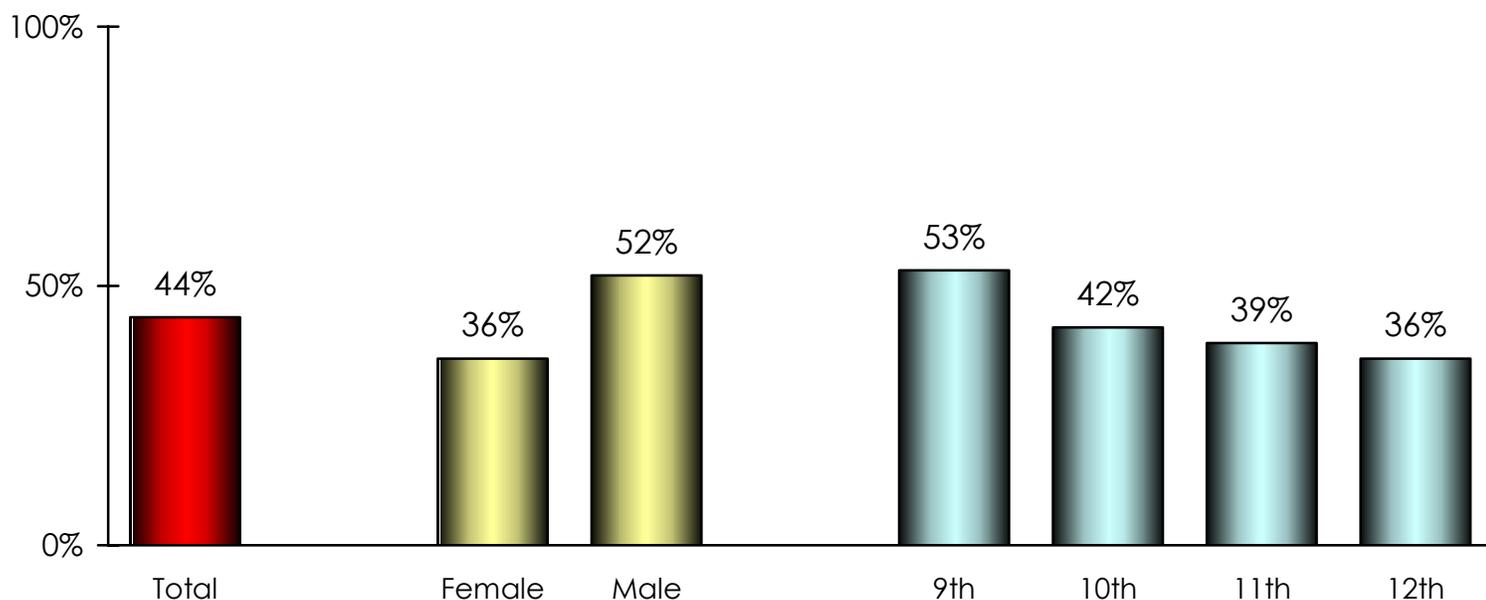


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

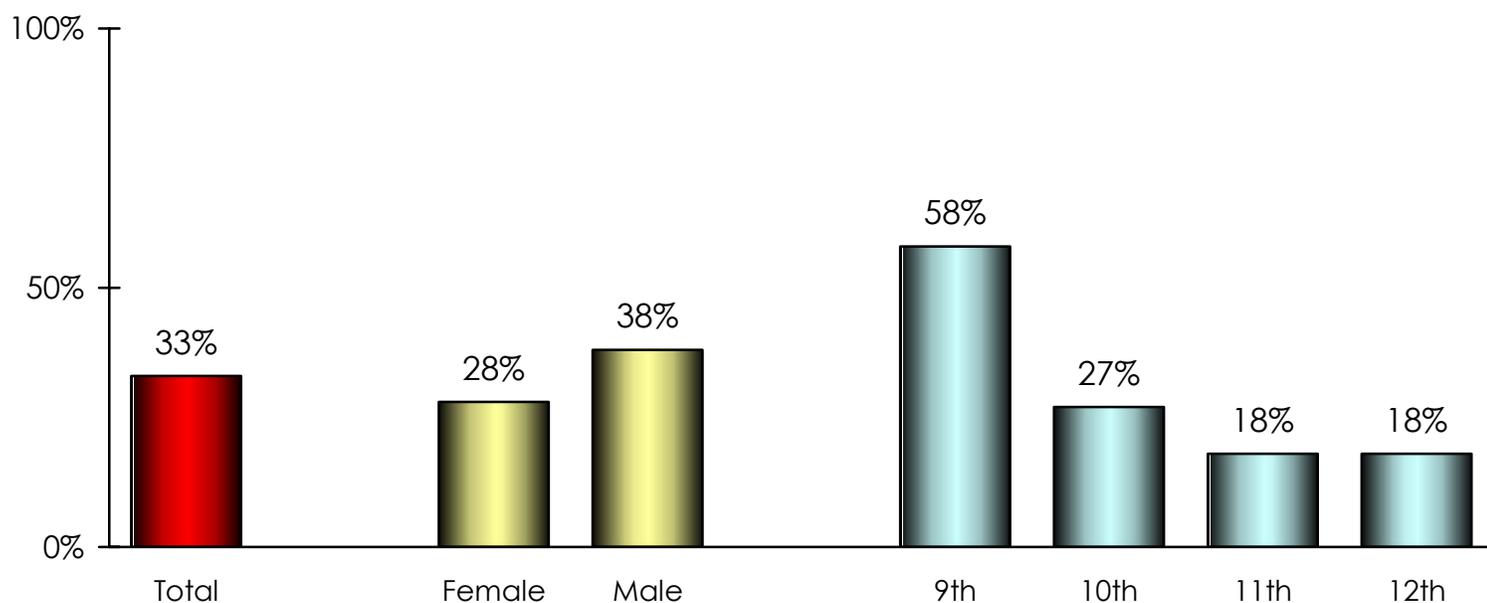


2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

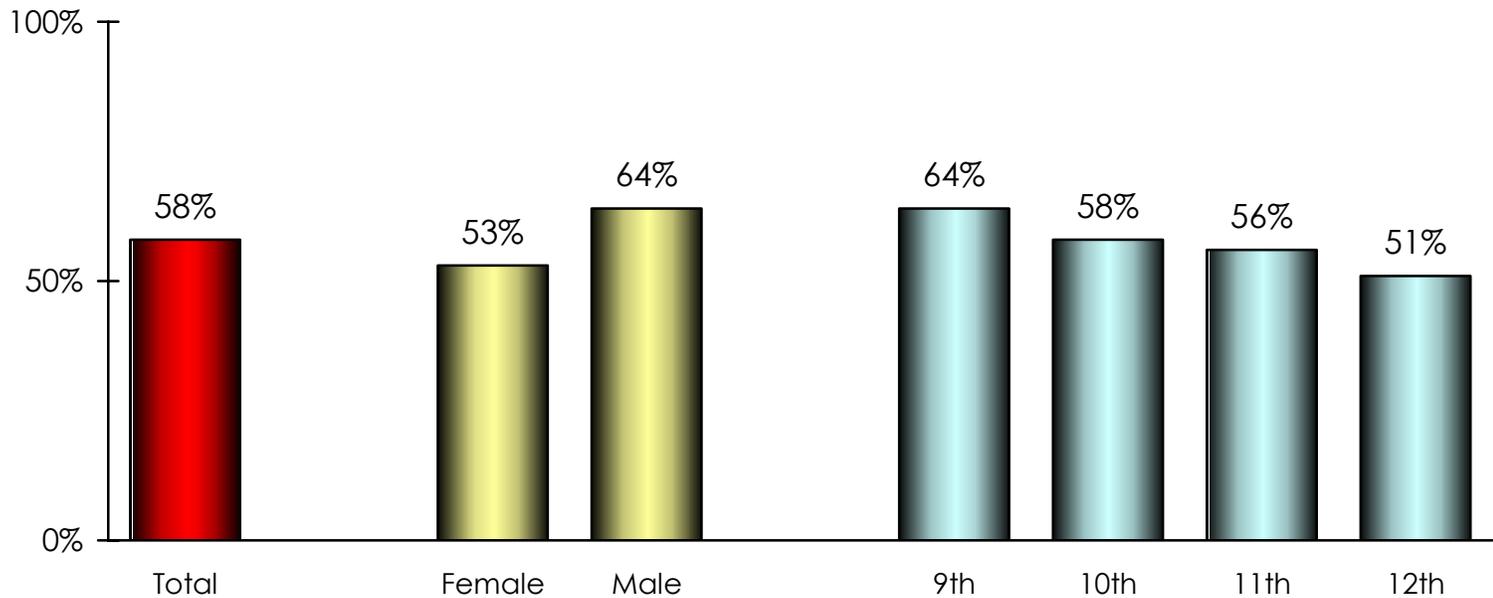


Percentage of students who attended physical education (PE) class one or more days during an average school week.



2002-2003 Garland County Youth Risk Behavior Survey

Percentage of students who played on one or more sports teams during the past 12 months.



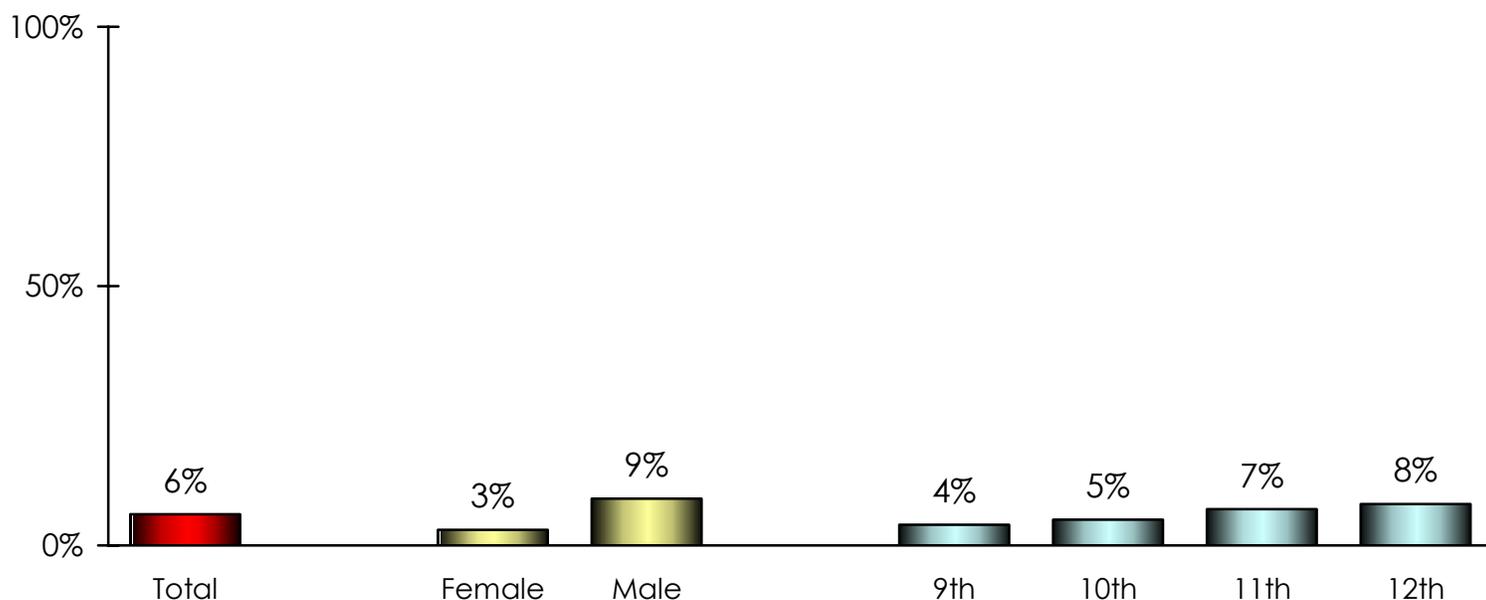
2002-2003 Garland County Youth Risk Behavior Survey

■ Violence-Related Behaviors at School

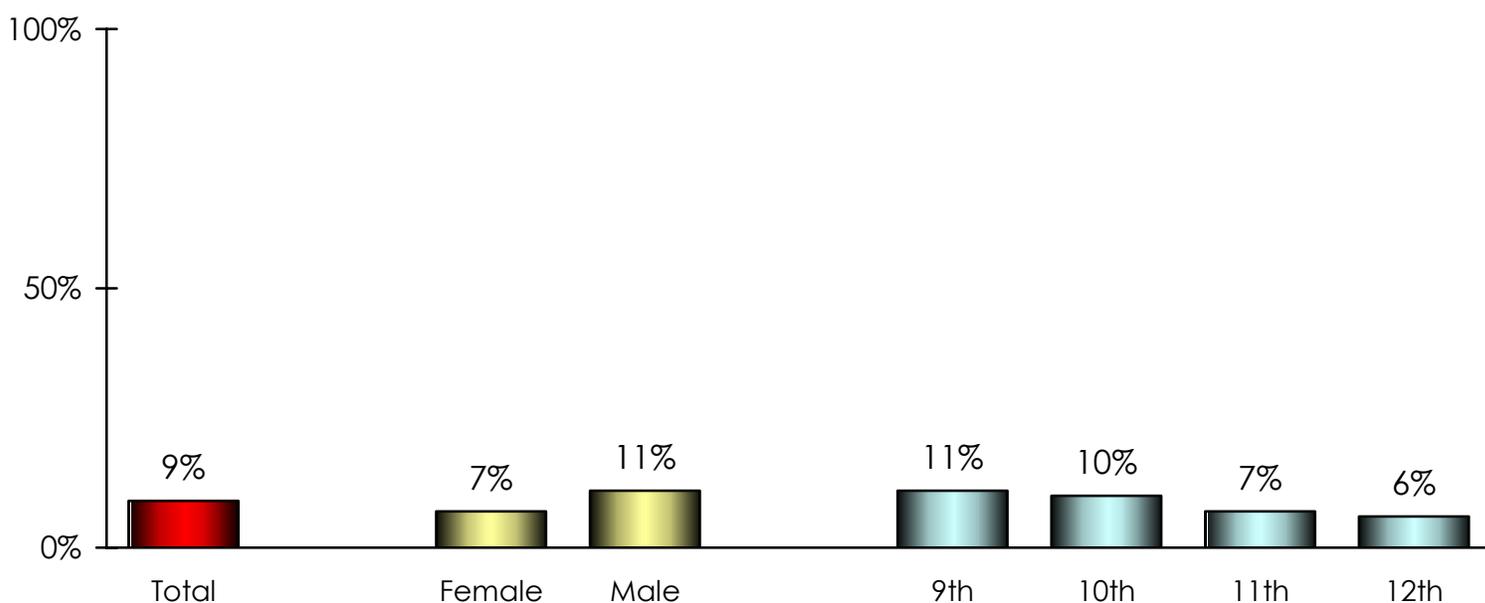
These questions measure violence related behaviors at school.

Percentage of students who carried a weapon* on school property on one or more of the past 30 days.

*such as a gun, knife, or club.

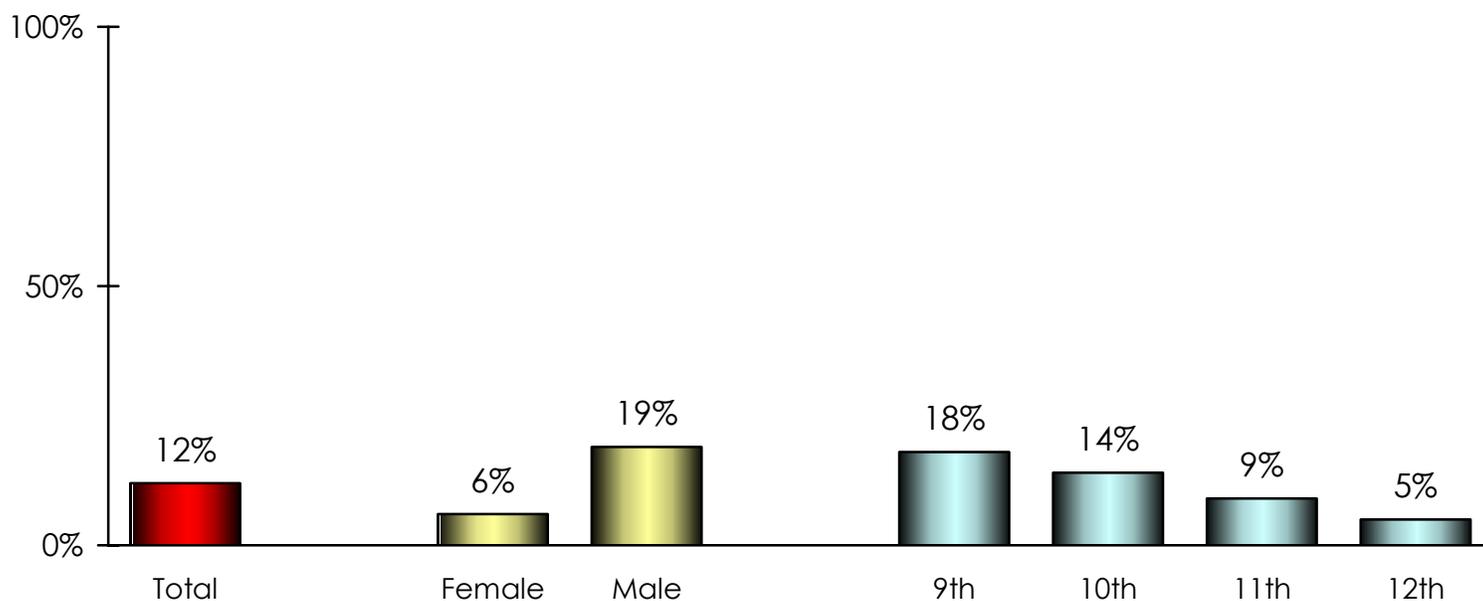


Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



2002-2003 Garland County Youth Risk Behavior Survey

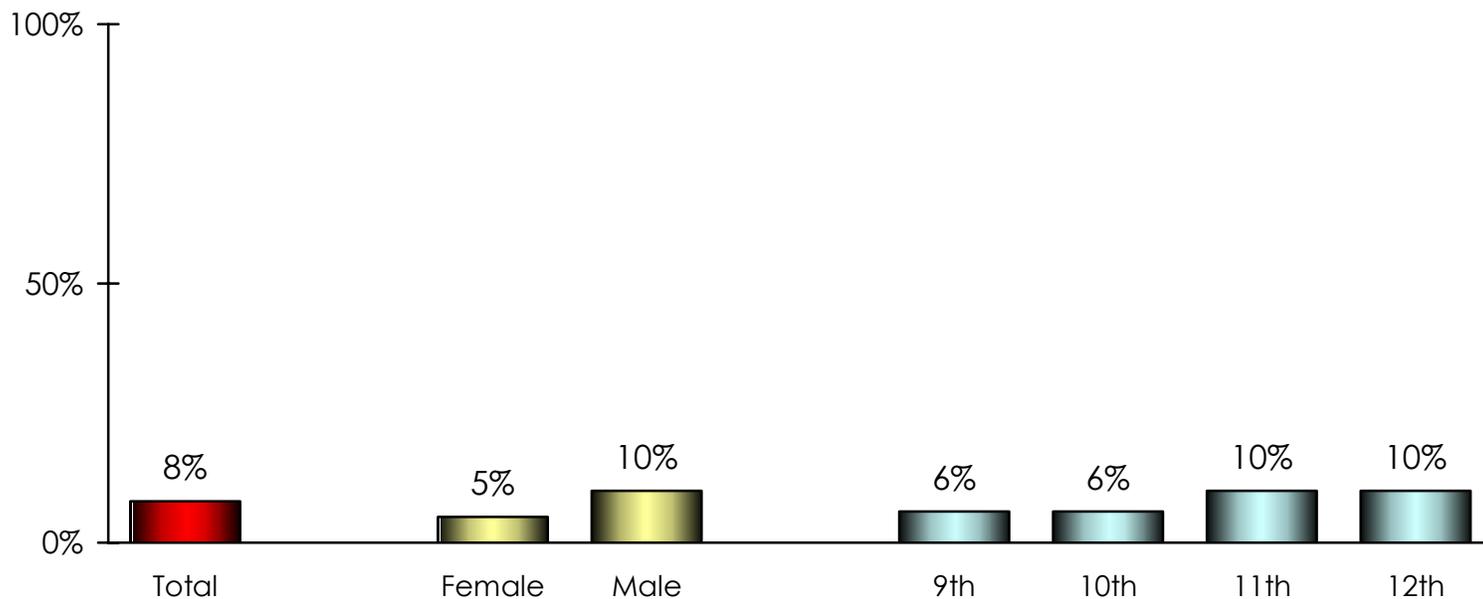
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



■ Tobacco Use at School

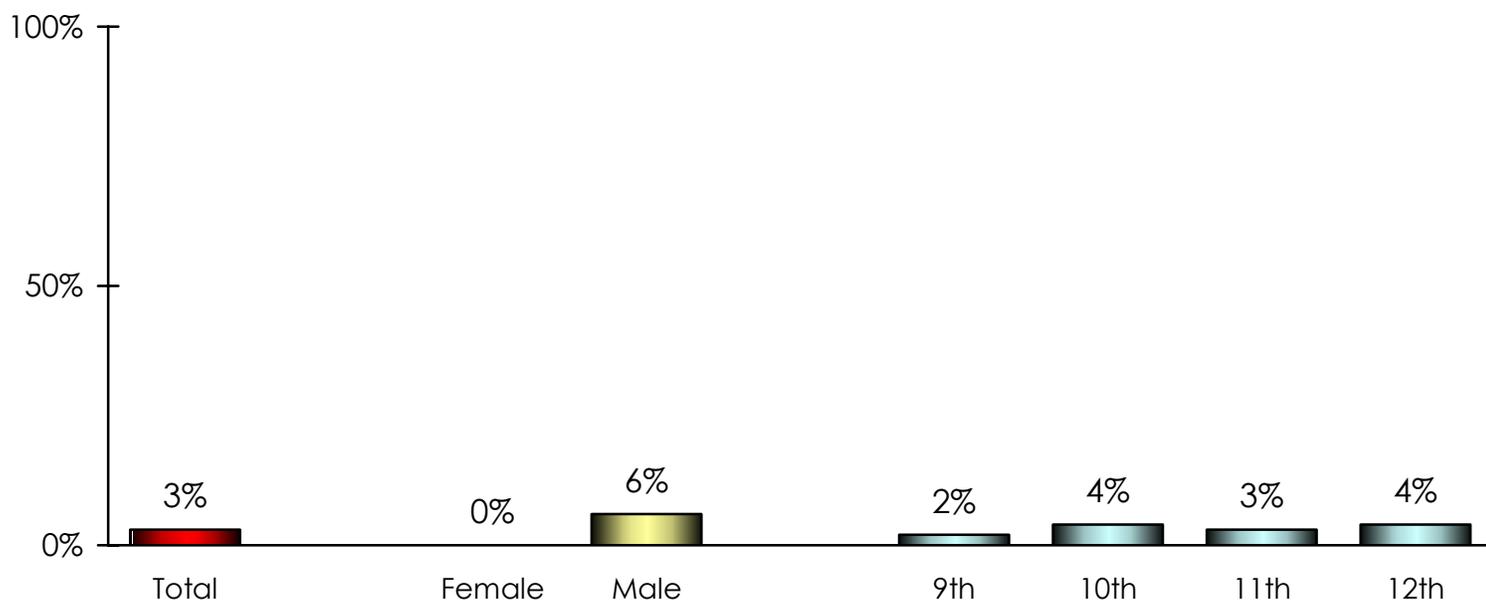
These questions measure tobacco use on school property.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



2002-2003 Garland County Youth Risk Behavior Survey

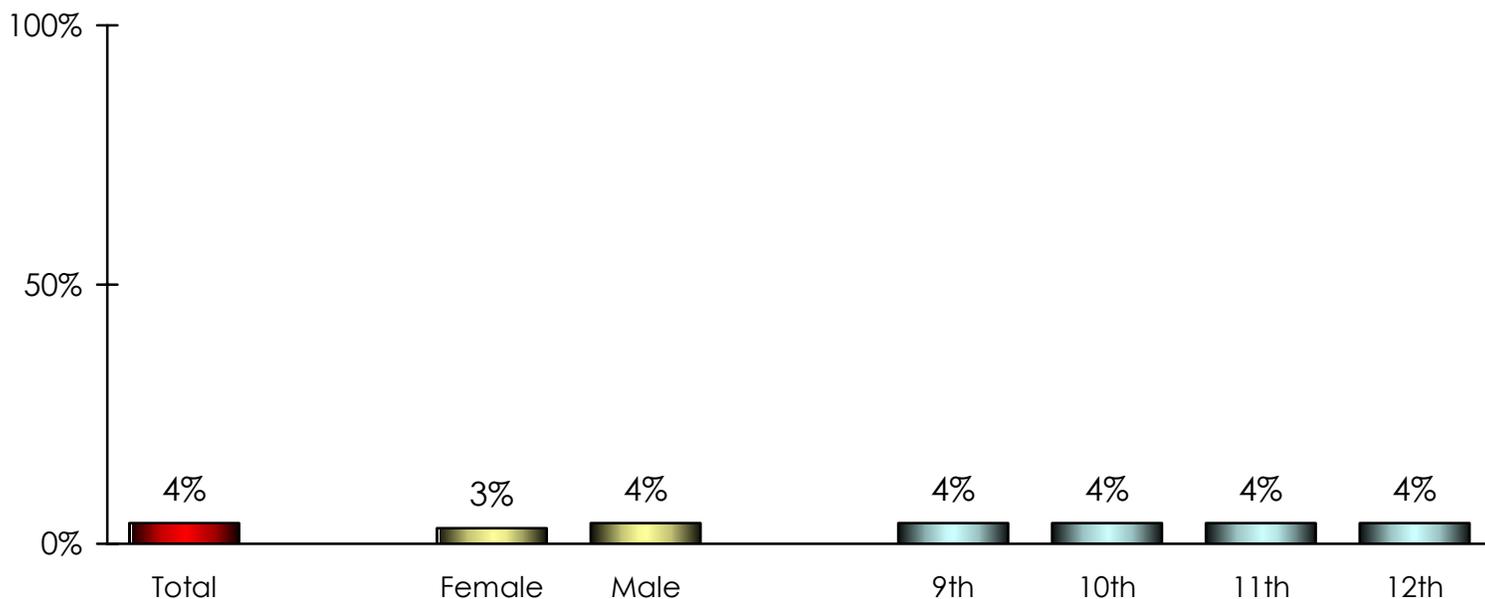
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



■ Alcohol Use at School

This question measures alcohol use on school property.

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

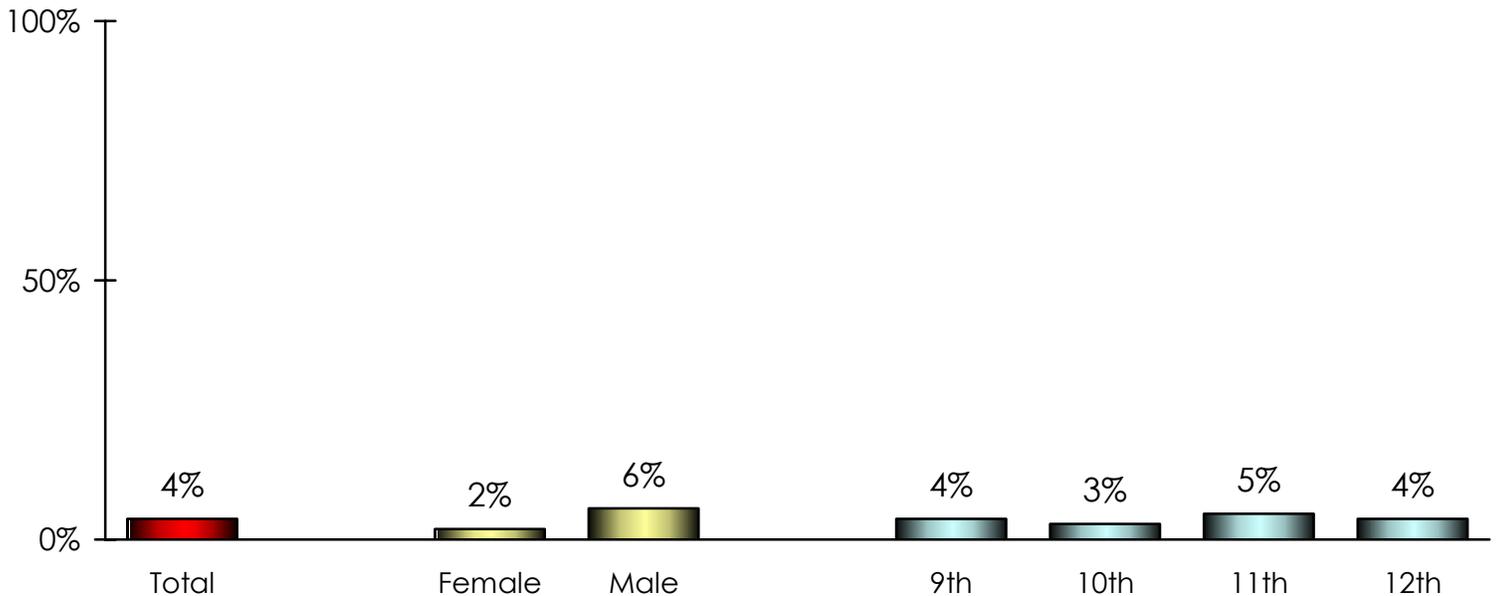


2002-2003 Garland County Youth Risk Behavior Survey

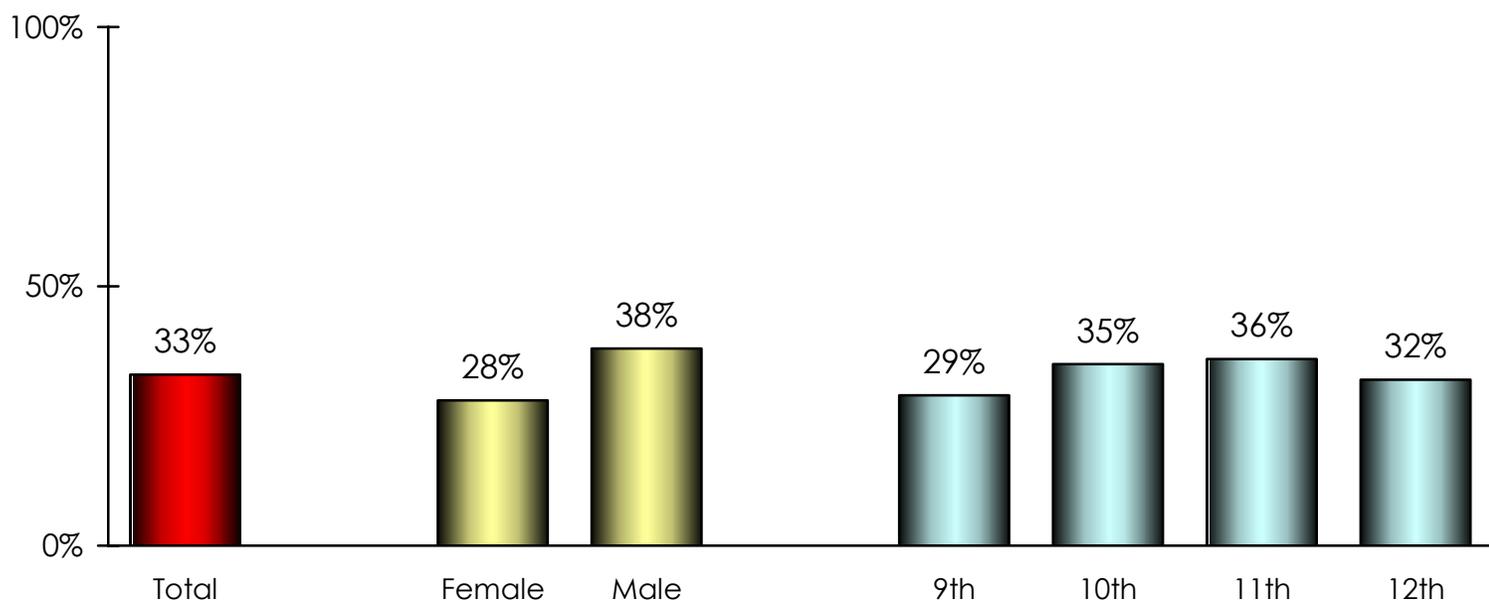
■ Drug Use at School

These questions measure drug use and availability on school property.

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



2002-2003 Garland County Youth Risk Behavior Survey

Garland County 2002-2003 YRBS RESULTS

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	1	0.04
13	4	0.17
14	413	17.86
15	637	27.54
16	580	25.08
17	488	21.10
18 OR OLDER	190	8.21

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	1173	50.85
MALE	1134	49.15

Frequency Missing = 6

3. In what grade are you?		
	Number of Students	Percent of Total
9TH	739	31.95
10TH	617	26.68
11TH	505	21.83
12TH	452	19.54

2002-2003 Garland County Youth Risk Behavior Survey

7. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	700	30.46
MOSTLY B's	810	35.25
MOSTLY C's	464	20.19
MOSTLY D's	106	4.61
MOSTLY F's	33	1.44
NONE OF THE ABOVE	16	0.70
NOT SURE	169	7.35

Frequency Missing = 15

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	1120	48.59
NEVER WORE	1006	43.64
RARELY WORE	74	3.21
SOMETIMES WORE	30	1.30
WORE MOST OF THE TIME	37	1.61
ALWAYS WORE	38	1.65

Frequency Missing = 8

2002-2003 Garland County Youth Risk Behavior Survey

9. How often do you wear a seatbelt when driving a car?		
	Number of Students	Percent of Total
DO NOT DRIVE	349	15.17
NEVER	81	3.52
RARELY	140	6.09
SOMETIMES	218	9.48
MOST OF THE TIME	424	18.43
ALWAYS	1088	47.30

Frequency Missing = 13

10. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	126	5.54
RARELY	212	9.31
SOMETIMES	359	15.77
MOST OF THE TIME	689	30.27
ALWAYS	890	39.10

Frequency Missing = 37

2002-2003 Garland County Youth Risk Behavior Survey

11. During the past 30 days,
how many times did you ride
in a car or other
vehicle driven by someone who
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	1638	70.97
1 TIME	214	9.27
2-3 TIMES	270	11.70
4-5 TIMES	65	2.82
6+ TIMES	121	5.24

Frequency Missing = 5

12. During the past 30 days, how
many times did you drive a car
or other vehicle
when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	2000	87.95
1 TIME	124	5.45
2-3 TIMES	92	4.05
4-5 TIMES	27	1.19
6+ TIMES	31	1.36

Frequency Missing = 39

2002-2003 Garland County Youth Risk Behavior Survey

13. During the past 30 days,
on how many days did you carry
a weapon such
as a gun, knife, or club?

	Number of Students	Percent of Total
0 TIMES	1757	78.02
1 TIME	90	4.00
2-3 TIMES	127	5.64
4-5 TIMES	48	2.13
6+ TIMES	230	10.21

Frequency Missing = 61

14. During the past 30 days,
on how many days did you carry
a gun?

	Number of Students	Percent of Total
0 TIMES	2012	88.91
1 TIME	56	2.47
2-3 TIMES	77	3.40
4-5 TIMES	32	1.41
6+ TIMES	86	3.80

Frequency Missing = 50

2002-2003 Garland County Youth Risk Behavior Survey

15. During the past 30 days,
on how many days did you carry
a weapon such
as a gun, knife, or club on
school property?

	Number of Students	Percent of Total
0 TIMES	2146	94.37
1 TIME	55	2.42
2-3 TIMES	18	0.79
4-5 TIMES	9	0.40
6+ TIMES	46	2.02

Frequency Missing = 39

16. During the past 30 days,
on how many days did you not
go to school because
you felt you would
be unsafe at school or on your
way to or from school?

	Number of Students	Percent of Total
0 TIMES	2190	94.81
1 TIME	73	3.16
2-3 TIMES	27	1.17
4-5 TIMES	8	0.35
6+ TIMES	12	0.52

Frequency Missing = 3

2002-2003 Garland County Youth Risk Behavior Survey

17. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	2106	91.25
1 TIME	91	3.94
2-3 TIMES	55	2.38
4-5 TIMES	17	0.74
6-7 TIMES	12	0.52
8-9 TIMES	5	0.22
10-11 TIMES	2	0.09
12+ TIMES	20	0.87

Frequency Missing = 5

2002-2003 Garland County Youth Risk Behavior Survey

18. In the past 12 months, how many times someone stolen/deliberately damaged your property?		
	Number of Students	Percent of Total
0 TIMES	1657	72.17
1 TIME	323	14.07
2-3 TIMES	217	9.45
4-5 TIMES	47	2.05
6-7 TIMES	14	0.61
8-9 TIMES	7	0.30
10-11 TIMES	5	0.22
12+ TIMES	26	1.13

Frequency Missing = 17

2002-2003 Garland County Youth Risk Behavior Survey

19. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	1547	67.94
1 TIME	326	14.32
2-3 TIMES	232	10.19
4-5 TIMES	71	3.12
6-7 TIMES	26	1.14
8-9 TIMES	19	0.83
10-11 TIMES	8	0.35
12+ TIMES	48	2.11

Frequency Missing = 36

20. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	2199	96.62
1 TIME	60	2.64
2-3 TIMES	12	0.53
4-5 TIMES	2	0.09
6+ TIMES	3	0.13

Frequency Missing = 37

2002-2003 Garland County Youth Risk Behavior Survey

21. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	2002	87.61
1 TIME	188	8.23
2-3 TIMES	63	2.76
4-5 TIMES	16	0.70
6-7 TIMES	6	0.26
8-9 TIMES	3	0.13
12+ TIMES	7	0.31

Frequency Missing = 28

22. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	271	11.81
NO	2024	88.19

Frequency Missing = 18

2002-2003 Garland County Youth Risk Behavior Survey

23. Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	222	9.66
NO	2076	90.34

Frequency Missing = 15

24. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	725	31.71
NO	1561	68.29

Frequency Missing = 27

25. During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	467	21.63
NO	1692	78.37

Frequency Missing = 154

2002-2003 Garland County Youth Risk Behavior Survey

26. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	359	15.61
NO	1941	84.39

Frequency Missing = 13

27. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	1755	90.56
1 TIME	100	5.16
2-3 TIMES	49	2.53
4-5 TIMES	18	0.93
6+ TIMES	16	0.83

Frequency Missing = 375

2002-2003 Garland County Youth Risk Behavior Survey

28. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	1759	88.57
YES	75	3.78
NO	152	7.65

Frequency Missing = 327

29. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	1397	62.03
NO	855	37.97

Frequency Missing = 61

2002-2003 Garland County Youth Risk Behavior Survey

30. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
Never Smoke	1134	50.85
8 OR YOUNGER	106	4.75
AGE 9-10	169	7.58
AGE 11-12	275	12.33
AGE 13-14	349	15.65
AGE 15-16	168	7.53
17 OR OLDER	29	1.30

Frequency Missing = 83

31. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	1634	72.75
1-2 DAYS	127	5.65
3-5 DAYS	70	3.12
6-9 DAYS	57	2.54
10-19 DAYS	69	3.07
20-29 DAYS	80	3.56
ALL 30 DAYS	209	9.31

Frequency Missing = 67

2002-2003 Garland County Youth Risk Behavior Survey

32. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	1631	72.65
LT 1 PER DAY	99	4.41
1/DAY	92	4.10
2-5/DAY	257	11.45
6-10/DAY	93	4.14
11-20/DAY	63	2.81
21+ /DAY	10	0.45

Frequency Missing = 68

33. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IPM	1624	72.69
STORE BOUGHT	105	4.70
MACHINE BOUGHT	7	0.31
SOMEONE ELSE BOUGHT	200	8.95
BORROWED THEM	168	7.52
PERSON 18 OR OLDER GAVE THEM	45	2.01
TOOK FROM A STORE OR FAMILY MEMBER	30	1.34
SOME OTHER WAY	55	2.46

Frequency Missing = 79

2002-2003 Garland County Youth Risk Behavior Survey

34. When you bought cigarettes
in a store during the
past 30 days, were you
ever asked to show proof
of age?

	Number of Students	Percent of Total
N/A	2008	87.72
YES	150	6.55
NO	131	5.72

Frequency Missing = 24

35. During the past 30 days, on
how many days did you smoke cigarettes
on school property?

	Number of Students	Percent of Total
0 DAYS	2101	92.27
1-2 DAYS	81	3.56
3-5 DAYS	38	1.67
6-9 DAYS	21	0.92
10-19 DAYS	14	0.61
20-29 DAYS	7	0.31
ALL 30 DAYS	15	0.66

Frequency Missing = 36

2002-2003 Garland County Youth Risk Behavior Survey

36. During the past 30 days, what brand of cigarettes did you usually smoke?		
	Number of Students	Percent of Total
Did not smoke IPM	1646	71.69
Do not have a brand	74	3.22
Camel	121	5.27
Marlboro	318	13.85
Newport	84	3.66
Virginia Slims	9	0.39
GPC, Basic, or Doral	12	0.52
Some other brand	32	1.39

Frequency Missing = 17

37. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	486	21.60
NO	1764	78.40

Frequency Missing = 63

2002-2003 Garland County Youth Risk Behavior Survey

38. Have you ever tried to quit smoking cigarettes?		
	Number of Students	Percent of Total
N/A	1549	68.39
YES	437	19.29
NO	279	12.32

Frequency Missing = 48

39. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	2114	93.58
1-2 DAYS	63	2.79
3-5 DAYS	19	0.84
6-9 DAYS	13	0.58
10-19 DAYS	16	0.71
20-29 DAYS	10	0.44
ALL 30 DAYS	24	1.06

Frequency Missing = 54

2002-2003 Garland County Youth Risk Behavior Survey

40. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	2210	97.06
1-2 DAYS	28	1.23
3-5 DAYS	16	0.70
6-9 DAYS	2	0.09
10-19 DAYS	6	0.26
20-29 DAYS	6	0.26
ALL 30 DAYS	9	0.40

Frequency Missing = 36

41. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	1919	83.98
1-2 DAYS	186	8.14
3-5 DAYS	78	3.41
6-9 DAYS	44	1.93
10-19 DAYS	32	1.40
20-29 DAYS	9	0.39
ALL 30 DAYS	17	0.74

Frequency Missing = 28

2002-2003 Garland County Youth Risk Behavior Survey

42. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	506	24.77
1-2 DAYS	244	11.94
3-9 DAYS	314	15.37
10-19 DAYS	236	11.55
20-39 DAYS	238	11.65
40-99 DAYS	218	10.67
100+ DAYS	287	14.05

Frequency Missing = 270

43. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	498	24.20
8 OR YOUNGER	195	9.48
AGE 9-10	150	7.29
AGE 11-12	308	14.97
AGE 13-14	561	27.26
AGE 15-16	313	15.21
17 OR OLDER	33	1.60

Frequency Missing = 255

2002-2003 Garland County Youth Risk Behavior Survey

44. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	1260	58.25
1-2 DAYS	359	16.60
3-5 DAYS	218	10.08
6-9 DAYS	181	8.37
10-19 DAYS	116	5.36
20-29 DAYS	21	0.97
ALL 30 DAYS	8	0.37

Frequency Missing = 150

45. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	1592	71.97
1 DAY	180	8.14
2 DAYS	130	5.88
3-5 DAYS	168	7.59
6-9 DAYS	87	3.93
10-19 DAYS	46	2.08
20+ DAYS	9	0.41

Frequency Missing = 101

2002-2003 Garland County Youth Risk Behavior Survey

46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Number of Students	Percent of Total
0 DAYS	2174	96.32
1-2 DAYS	63	2.79
3-5 DAYS	10	0.44
6-9 DAYS	4	0.18
10-19 DAYS	2	0.09
20-29 DAYS	1	0.04
ALL 30 DAYS	3	0.13

Frequency Missing = 56

47. During you life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	1286	58.19
1-2 TIMES	183	8.28
3-9 TIMES	184	8.33
10-19 TIMES	95	4.30
20-39 TIMES	116	5.25
40-99 TIMES	92	4.16
100+ TIMES	254	11.49

Frequency Missing = 103

2002-2003 Garland County Youth Risk Behavior Survey

48. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	1282	57.75
8 OR YOUNGER	42	1.89
AGE 9-10	62	2.79
AGE 11-12	190	8.56
AGE 13-14	386	17.39
AGE 15-16	229	10.32
17 OR OLDER	29	1.31

Frequency Missing = 93

49. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	1758	78.31
1-2 TIMES	150	6.68
3-9 TIMES	130	5.79
10-19 TIMES	65	2.90
20-39 TIMES	49	2.18
40+ TIMES	93	4.14

Frequency Missing = 68

2002-2003 Garland County Youth Risk Behavior Survey

50. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	2181	96.29
1-2 TIMES	49	2.16
3-9 TIMES	16	0.71
10-19 TIMES	10	0.44
20-39 TIMES	1	0.04
40+ TIMES	8	0.35

Frequency Missing = 48

51. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	2051	91.60
1-2 TIMES	82	3.66
3-9 TIMES	58	2.59
10-19 TIMES	23	1.03
20-39 TIMES	13	0.58
40+ TIMES	12	0.54

Frequency Missing = 74

2002-2003 Garland County Youth Risk Behavior Survey

52. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	2192	97.16
1-2 TIMES	38	1.68
3-9 TIMES	13	0.58
10-19 TIMES	9	0.40
20-39 TIMES	2	0.09
40+ TIMES	2	0.09

Frequency Missing = 57

53. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	1882	83.83
1-2 TIMES	188	8.37
3-9 TIMES	94	4.19
10-19 TIMES	44	1.96
20-39 TIMES	14	0.62
40+ TIMES	23	1.02

Frequency Missing = 68

2002-2003 Garland County Youth Risk Behavior Survey

54. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	2122	95.03
1-2 TIMES	77	3.45
3-9 TIMES	19	0.85
10-19 TIMES	7	0.31
20-39 TIMES	4	0.18
40+ TIMES	4	0.18

Frequency Missing = 80

55. During your life, how many times have you used heroin (also called smack, junk or china white)?

	Number of Students	Percent of Total
0 TIMES	2192	97.51
1-2 TIMES	30	1.33
3-9 TIMES	13	0.58
10-19 TIMES	5	0.22
20-39 TIMES	1	0.04
40+ TIMES	7	0.31

Frequency Missing = 65

2002-2003 Garland County Youth Risk Behavior Survey

56. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	2044	91.17
1-2 TIMES	78	3.48
3-9 TIMES	53	2.36
10-19 TIMES	32	1.43
20-39 TIMES	16	0.71
40+ TIMES	19	0.85

Frequency Missing = 71

57. During your life, how many times have you used ecstasy?

	Number of Students	Percent of Total
0 TIMES	2066	92.23
1-2 TIMES	93	4.15
3-9 TIMES	43	1.92
10-19 TIMES	21	0.94
20-39 TIMES	10	0.45
40+ TIMES	7	0.31

Frequency Missing = 73

2002-2003 Garland County Youth Risk Behavior Survey

58. During your life, how many times have you used hallucinogenic drugs?		
	Number of Students	Percent of Total
0 TIMES	2955	92.81
1-2 TIMES	119	3.74
3-9 TIMES	60	1.88
10-19 TIMES	28	0.88
20-39 TIMES	10	0.31
40+ TIMES	12	0.38

Frequency Missing = 76

59. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	2112	93.99
1-2 TIMES	55	2.45
3-9 TIMES	25	1.11
10-19 TIMES	29	1.29
20-39 TIMES	12	0.53
40+ TIMES	14	0.62

Frequency Missing = 66

2002-2003 Garland County Youth Risk Behavior Survey

60. During your life, how many times have you used a needle to inject any illegal drug into your body?

	Number of Students	Percent of Total
0 TIMES	2189	98.47
1 TIME	15	0.67
2+ TIMES	19	0.85

Frequency Missing = 90

61. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Number of Students	Percent of Total
YES	732	32.74
NO	1504	67.26

Frequency Missing = 77

62. Have you ever had sexual intercourse?

	Number of Students	Percent of Total
YES	902	43.47
NO	1173	56.53

Frequency Missing = 238

2002-2003 Garland County Youth Risk Behavior Survey

63. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	1173	59.79
AGE 11 OR YOUNGER	72	3.67
AGE 12	65	3.31
AGE 13	123	6.27
AGE 14	148	7.54
AGE 15	188	9.58
AGE 16	143	7.29
AGE 17+	50	2.55

Frequency Missing = 351

64. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	1173	56.72
1 PERSON	307	14.85
2 PEOPLE	186	8.99
3 PEOPLE	113	5.46
4 PEOPLE	93	4.50
5 PEOPLE	53	2.56
6 OR MORE PEOPLE	143	6.91

Frequency Missing = 245

2002-2003 Garland County Youth Risk Behavior Survey

65. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	1180	60.73
NONE IN PAST 3 MONTHS	232	11.94
1 PERSON	388	19.97
2 PEOPLE	80	4.12
3 PEOPLE	24	1.24
4 PEOPLE	11	0.57
5 PEOPLE	12	0.62
6 OR MORE PEOPLE	16	0.82

Frequency Missing = 370

66. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	1173	56.80
YES	206	9.98
NO	686	33.22

Frequency Missing = 248

2002-2003 Garland County Youth Risk Behavior Survey

67. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	1173	57.16
YES	552	26.90
NO	327	15.94

Frequency Missing = 261

68. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	1173	57.70
NO BIRTH CONTROL USED	97	4.77
BIRTH CONTROL PILLS	139	6.84
CONDOMS	440	21.64
DEPO-PROVERA	23	1.13
WITHDRAWAL	115	5.66
OTHER	16	0.79
NOT SURE	30	1.48

Frequency Missing = 280

2002-2003 Garland County Youth Risk Behavior Survey

69. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	2068	95.61
1 TIME	57	2.64
2+ TIMES	21	0.97
NOT SURE	17	0.79

Frequency Missing = 150

70. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	89	4.07
SLIGHTLY UNDERWEIGHT	260	11.90
ABOUT THE RIGHT WEIGHT	1169	53.50
SLIGHTLY OVERWEIGHT	573	26.22
VERY OVERWEIGHT	94	4.30

Frequency Missing = 128

2002-2003 Garland County Youth Risk Behavior Survey

71. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	986	45.17
GAIN WEIGHT	382	17.50
STAY THE SAME WEIGHT	374	17.13
NOT TRYING TO DO ANYTHING	441	20.20

Frequency Missing = 130

72. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	1241	57.43
NO	920	42.57

Frequency Missing = 152

73. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	891	41.31
NO	1266	58.69

Frequency Missing = 156

2002-2003 Garland County Youth Risk Behavior Survey

74. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	314	14.58
NO	1839	85.42

Frequency Missing = 160

75. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	229	10.73
NO	1906	89.27

Frequency Missing = 178

2002-2003 Garland County Youth Risk Behavior Survey

76. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	143	6.75
NO	1977	93.25

Frequency Missing = 193

77. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	557	26.10
1-3 TIMES	686	32.15
4-6 TIMES	344	16.12
ONCE PER DAY	171	8.01
TWICE PER DAY	177	8.29
3 TIMES PER DAY	80	3.75
4+ TIMES PER DAY	119	5.58

Frequency Missing = 179

2002-2003 Garland County Youth Risk Behavior Survey

78. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	485	22.82
1-3 TIMES	854	40.19
4-6 TIMES	345	16.24
ONCE PER DAY	184	8.66
TWICE PER DAY	140	6.59
3 TIMES PER DAY	51	2.40
4+ TIMES PER DAY	66	3.11

Frequency Missing = 188

79. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	783	36.92
1-3 TIMES	898	42.34
4-6 TIMES	262	12.35
ONCE PER DAY	111	5.23
TWICE PER DAY	41	1.93
3 TIMES PER DAY	11	0.52
4+ TIMES PER DAY	15	0.71

Frequency Missing = 192

2002-2003 Garland County Youth Risk Behavior Survey

80. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	535	25.31
1-3 TIMES	1112	52.60
4-6 TIMES	301	14.24
ONCE PER DAY	89	4.21
TWICE PER DAY	44	2.08
3 TIMES PER DAY	9	0.43
4+ TIMES PER DAY	24	1.14

Frequency Missing = 199

81. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	1180	56.19
1-3 TIMES	698	33.24
4-6 TIMES	123	5.86
ONCE PER DAY	60	2.86
TWICE PER DAY	16	0.76
3 TIMES PER DAY	5	0.24
4+ TIMES PER DAY	18	0.86

Frequency Missing = 213

2002-2003 Garland County Youth Risk Behavior Survey

82. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	334	15.83
1-3 TIMES	807	38.25
4-6 TIMES	520	24.64
ONCE PER DAY	248	11.75
TWICE PER DAY	132	6.26
3 TIMES PER DAY	28	1.33
4+ TIMES PER DAY	41	1.94

Frequency Missing = 203

83. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	350	16.73
1-3 TIMES	439	20.98
4-6 TIMES	367	17.54
ONCE PER DAY	244	11.66
TWICE PER DAY	329	15.73
3 TIMES PER DAY	164	7.84
4+ TIMES PER DAY	199	9.51

Frequency Missing = 221

2002-2003 Garland County Youth Risk Behavior Survey

84. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	438	21.12
1 DAY	216	10.41
2 DAYS	219	10.56
3 DAYS	175	8.44
4 DAYS	163	7.86
5 DAYS	277	13.36
6 DAYS	113	5.45
7 DAYS	473	22.81

Frequency Missing = 239

2002-2003 Garland County Youth Risk Behavior Survey

85. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	674	32.48
1 DAY	295	14.22
2 DAYS	247	11.90
3 DAYS	208	10.02
4 DAYS	137	6.60
5 DAYS	151	7.28
6 DAYS	50	2.41
7 DAYS	313	15.08

Frequency Missing = 238

2002-2003 Garland County Youth Risk Behavior Survey

86. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	689	33.53
1 DAY	239	11.63
2 DAYS	231	11.24
3 DAYS	230	11.19
4 DAYS	149	7.25
5 DAYS	184	8.95
6 DAYS	74	3.60
7 DAYS	259	12.60

Frequency Missing = 258

2002-2003 Garland County Youth Risk Behavior Survey

87. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	187	9.17
LT ONE HOUR	349	17.11
1 HOUR	322	15.78
2 HOURS	477	23.38
3 HOURS	308	15.10
4 HOURS	178	8.73
5+ HOURS	219	10.74

Frequency Missing = 273

88. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?		
	Number of Students	Percent of Total
DO NOT PLAY	587	28.62
LESS THAN 1 HOUR	609	29.69
1 HOUR	310	15.11
2 HOURS	234	11.41
3 HOURS	128	6.24
4 HOURS	71	3.46
MORE THAN 5 HOURS	112	5.46

Frequency Missing = 262

2002-2003 Garland County Youth Risk Behavior Survey

89. In an average week when you are in school, on how many days do you go to physical education classes?

	Number of Students	Percent of Total
0 DAYS	1287	67.03
1 DAY	32	1.67
2 DAYS	22	1.15
3 DAYS	6	0.31
4 DAYS	11	0.57
5 DAYS	562	29.27

Frequency Missing = 393

90. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	1278	66.81
LT 10 MINUTES	35	1.83
10-20 MINUTES	39	2.04
21-30 MINUTES	82	4.29
31-40 MINUTES	143	7.48
41-50 MINUTES	164	8.57
51-60 MINUTES	56	2.93
OVER 60 MINUTES	116	6.06

Frequency Missing = 400

2002-2003 Garland County Youth Risk Behavior Survey

91. During the past 12 months, on how many sports teams did you play?		
	Number of Students	Percent of Total
0 TEAMS	849	41.91
1 TEAM	530	26.16
2 TEAMS	324	15.99
3+ TEAMS	323	15.94

Frequency Missing = 287

92. During the past 30 days, did you see a doctor or nurse for an injury that happened while exercising or playing sports?		
	Number of Students	Percent of Total
DID NOT EXERCISE OR PLAY SPORTS	455	22.69
YES	397	19.80
NO	1153	57.51

Frequency Missing = 308

2002-2003 Garland County Youth Risk Behavior Survey

93. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	1693	85.63
NO	171	8.65
NOT SURE	113	5.72

Frequency Missing = 336

94. When was the last time you saw a dentist for a checkup, exam, teeth cleaning, or other dental work?		
	Number of Students	Percent of Total
DURING PAST 12 MONTHS	1414	70.63
BETWEEN 12 TO 24 MONTHS AGO	219	10.94
MORE THAN 24 MONTHS AGO	134	6.69
NEVER	58	2.90
NOT SURE	177	8.84

Frequency Missing = 311

2002-2003 Garland County Youth Risk Behavior Survey

95. How often do you wear sunscreen or sun block with an SPF of 15 or higher when you are outside for more than one hour on a sunny day?

	Number of Students	Percent of Total
NEVER	742	37.16
RARELY	647	32.40
SOMETIMES	383	19.18
MOST OF THE TIME	160	8.01
ALWAYS	65	3.25

Frequency Missing = 316

96. Has your doctor or nurse ever told you that you have asthma?

	Number of Students	Percent of Total
YES	341	17.20
NO	1573	79.36
NOT SURE	68	3.43

Frequency Missing = 331

2002-2003 Garland County Youth Risk Behavior Survey

97. During the past 12 months, have you had an episode of asthma or an asthma attack?		
	Number of Students	Percent of Total
DO NOT HAVE ASTHMA	1588	79.56
HAVE ASTHMA BUT NO EPISODE IPY	184	9.22
YES	145	7.26
NOT SURE	79	3.96

Frequency Missing = 317

Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

Violence

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

Tobacco , Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

Mental Health Issues

This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

2002-2003 Garland County Youth Risk Behavior Survey

Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health , education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>