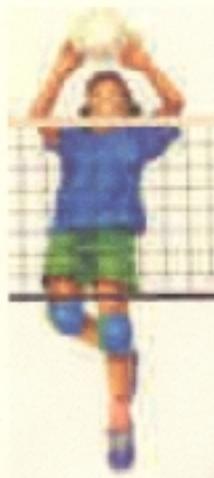


2002 Cross County Youth Risk Behavior Survey



Coordinated by:
Cross County Hometown Health Improvement
and the Arkansas Department of Health
Center for Health Statistics

2001-2002 Cross County Youth Risk Behavior Survey

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Center for Health Statistics

APRIL, 2002

2001-2002 Cross County Youth Risk Behavior Survey

TABLE OF CONTENTS

What is the Youth Risk Behavior Survey?.....	1
Why did Cross County conduct the YRBS?	1
How was the YRBS conducted?.....	2
About This Report.....	2
Demographics of survey participants:.....	5
Summary of Cross County YRBS Findings.....	6
Key Findings.....	8
■ Vehicle Safety.....	11
■ Vehicle Safety – Drinking and Driving.....	12
■ Violence-Related Behaviors.....	13
■ Violence – Physical Fighting.....	15
■ Violence – Sexual Violence.....	16
■ Depression and Suicide.....	17
■ Tobacco Use – Cigarette Smoking.....	20
■ Tobacco Use – Smokeless Tobacco.....	23
■ Tobacco Use – Cigar.....	23
■ Alcohol Use.....	24
■ Drug Use.....	26
■ Sexual Activity.....	30
■ Contraception.....	32
■ AIDS, HIV, & STDs.....	34
■ Obesity.....	35
■ Nutrition.....	39
■ Violence-Related Behaviors at School.....	46
■ Tobacco Use at School.....	47
■ Alcohol Use at School.....	48
■ Drug Use at School.....	49
2001 Cross County Youth Risk Behavior Survey Questionnaire.....	51
Internet Resources fro Educators, Parents, and Teens.....	94

What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During February, 2002, usable YRBS questionnaires were completed by 1483 seventh through twelfth grade students throughout Cross County public schools. The information provided by those students is presented in this report.

Why did Cross County conduct the YRBS?

Cross County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Cross County HHI is working to assess the specific health needs of Cross County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at CrossCounty schools.

The YRBS will help Cross County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Cross County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2001-2002 YRBS also provides Cross County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Cross County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

2001-2002 Cross County Youth Risk Behavior Survey

- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During February, 2002, seventh through twelfth grade students enrolled in Cross County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Cross County schools' students participated in the survey:

- Cross County Schools
 - Parkin Schools
 - Wynne Schools

About This Report

This report entitled "2001-2002 Cross County Youth Risk Behavior Survey" summarizes the overall answers Cross County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Cross County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

2001-2002 Cross County Youth Risk Behavior Survey

This report summarizes Cross County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

How Results Can Be Interpreted

Cross County's 2001-2002 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Cross County students in February, 2002. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response. Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

2001-2002 Cross County Youth Risk Behavior Survey

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Cross County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Cross County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Cross County's 2001-2002 YRBS data may request additional data from:

Cross County Hometown Health Improvement
Pat A. Edwards
704 Canal Street
Wynne, AR 72396

870-238-2101
pedwards@healthyarkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

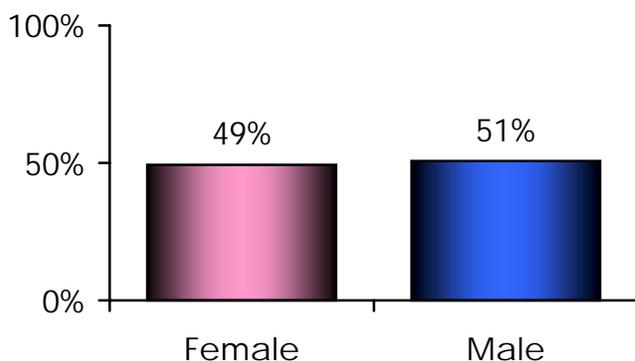
Arkansas Center for Health Statistics
Sharon Rose Judah, Health Program Analyst
Ph. (501) 661-2971
sjudah@healthyarkansas.com

2001-2002 Cross County Youth Risk Behavior Survey

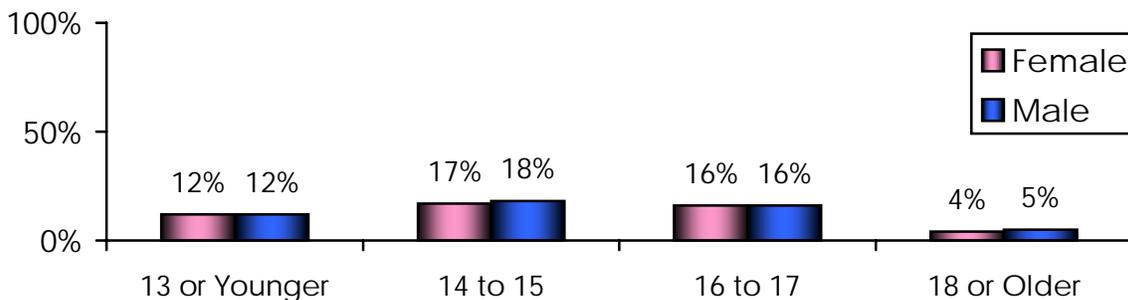
Demographics of survey participants:

Total number of survey participants = 1483

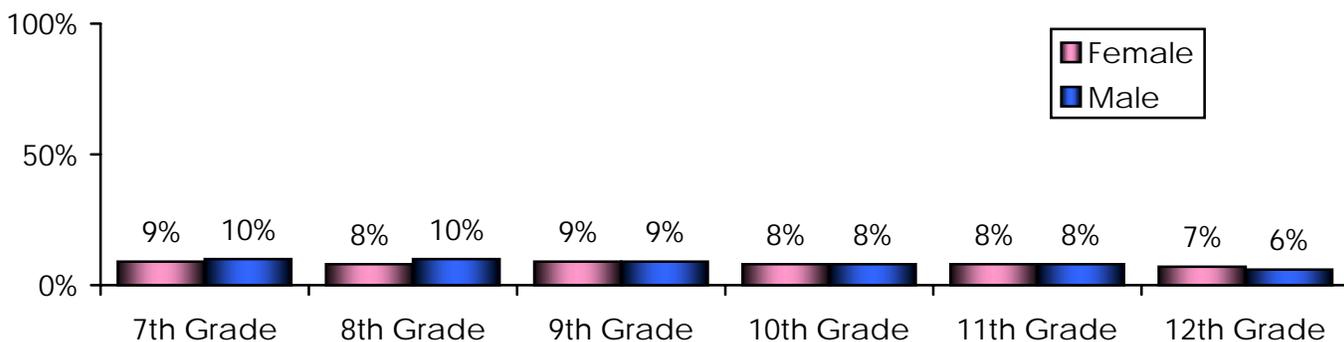
Gender



Age



Grade



2001-2002 Cross County Youth Risk Behavior Survey

Summary of Cross County YRBS Findings

Percentage of students who:

Rarely or never wore a seatbelt when riding in a car.

26%

Carried a gun during the last 30 days.

12%

Were in a physical fight during the past 12 months.

35%

Attempted suicide during the past 12 months.

6%

Ever tried smoking a cigarette.

65%

Smoked cigarettes at least once during the past 30 days.

25%

Used chewing tobacco or snuff at least once during the past 30 days.

13%

Ever drank alcohol.

69%

Ever used marijuana.

31%

Ever used methamphetamines.

8%

Ever had sexual intercourse.

45%

Used a condom the last time they had sexual intercourse.*

65%

Were overweight.

28%

Were trying to lose weight.

47%

Participated in vigorous exercise on three or more days in the past week.

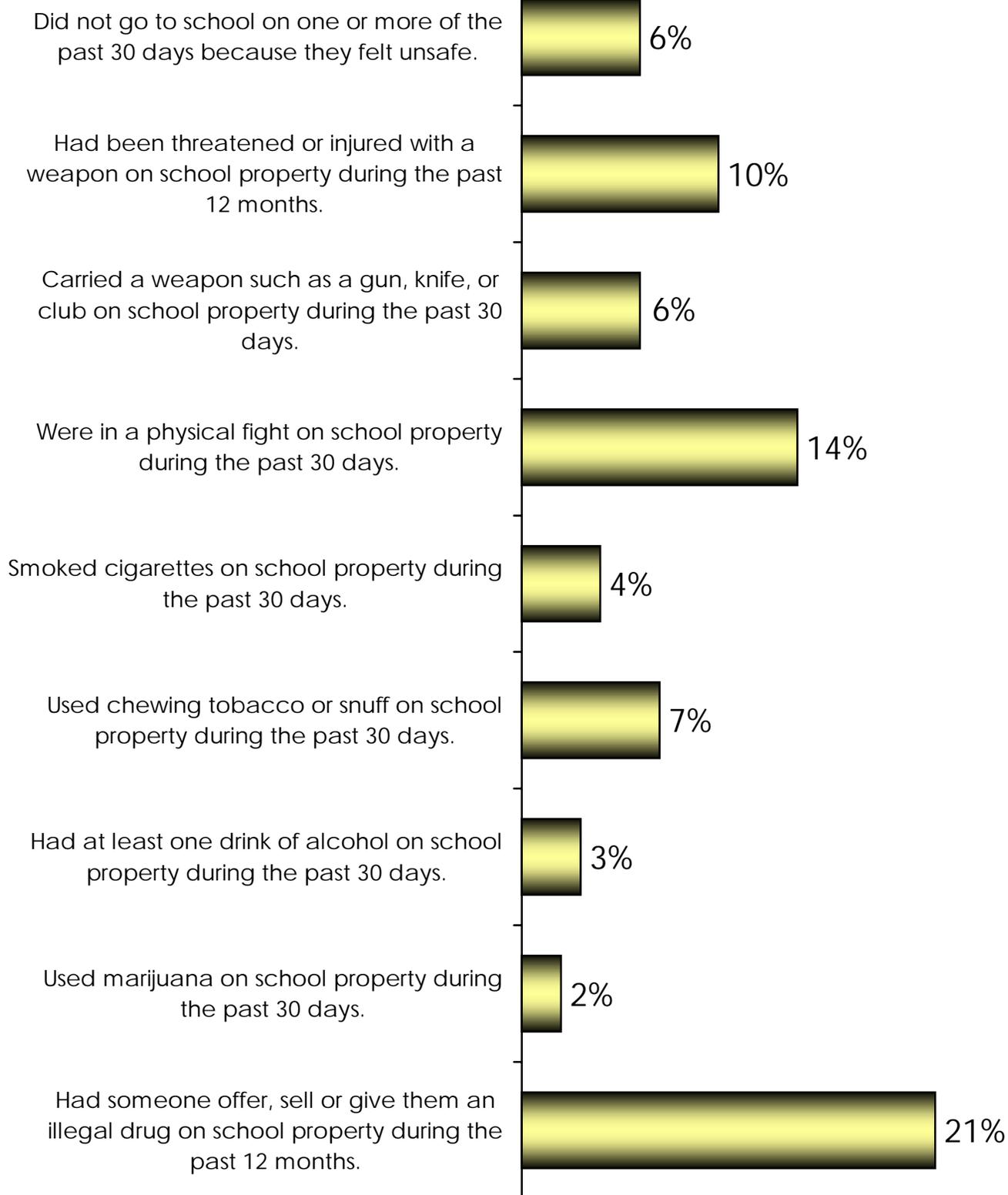
55%

* of those who had ever had sexual intercourse.

2001-2002 Cross County Youth Risk Behavior Survey

Summary of Behaviors Relating to School Property

Percentage of students who:



Key Findings

The following summaries highlight Cross County students' responses on the Youth Risk Behavior Survey in key areas and provide an overview of Cross County students' current activities which impact their health.

Behaviors that Result in Injuries

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 58% said they rarely or never wore a helmet. Ninety-six percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty-one percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Eleven indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Twenty-five percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 6% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 35% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 12% had to be treated for injuries sustained while fighting.
- Eleven percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Ten percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

Depression and Suicide

- Twenty-nine percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 15% of students had seriously considered attempting suicide, 12% had made a plan about how they would attempt suicide, and 6% actually attempted to commit suicide. Two percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

2001-2002 Cross County Youth Risk Behavior Survey

Tobacco Use

- Sixty-five percent of the students surveyed said they had tried smoking a cigarette. Twenty-five percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 66% said they usually smoked two or more cigarettes on the days they smoked, and 19% said they usually got their own cigarettes by purchasing them at a store. Fifty-two percent of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Thirteen percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 7% had used it on school property.
- Fourteen percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

Alcohol and Other Drug Use

- Sixty-nine percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 36% had taken their first drink by the age of 13.
- Thirty-nine percent of the students had taken at least one drink of alcohol in the month before the survey, and 25% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-one percent of the students said they had used marijuana at least once during their lives. Sixteen percent said they had smoked marijuana at least once during the last month.
- Sixteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Four percent had done so during the past month.
- Eight percent of the students surveyed had tried methamphetamines, 2% tried heroin, and 5% had tried cocaine at least once during their lives. One percent had used a needle to inject an illegal drug into their bodies at least once.
- Five percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

2001-2002 Cross County Youth Risk Behavior Survey

Sexual Activity

- Forty-five percent of the students who completed the survey said they had sexual intercourse. Eighteen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 21% had used drugs or alcohol before their last sexual encounter, and 65% used a condom the last time they had sex.
- Five percent of the students surveyed reported that they had ever been or gotten someone pregnant.

Dietary Behaviors

- Twenty-eight percent of the students surveyed were overweight, as measured by Body Mass Index. The Body Mass Index, or BMI, is a ratio of weight to height that allows people of different heights to be compared.
- While only 28% of the students are considered overweight as measured by BMI, 29% of the students perceived themselves as slightly to very overweight, and 47% reported that they were trying to lose weight.
- Forty-two percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 59% exercised, 5% vomited or took laxatives, 10% took diet pills, and 15% went without eating for 24 hours or more to lose weight or keep from gaining weight.

Physical Activity

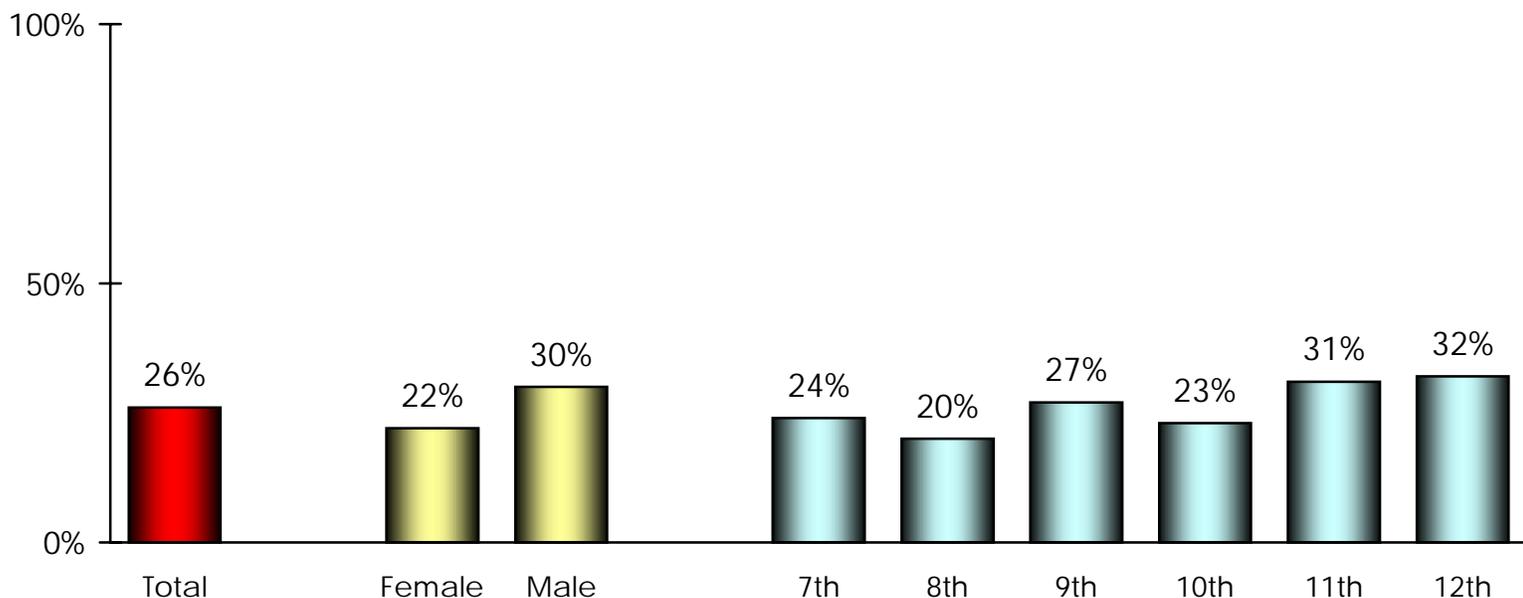
- Fifty-five percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Thirty-eight percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Thirty-six percent of the students attended a physical education (PE) class at least once during an average school week, and 57% said they had played on one or more sports teams during the past year.

2001-2002 Cross County Youth Risk Behavior Survey

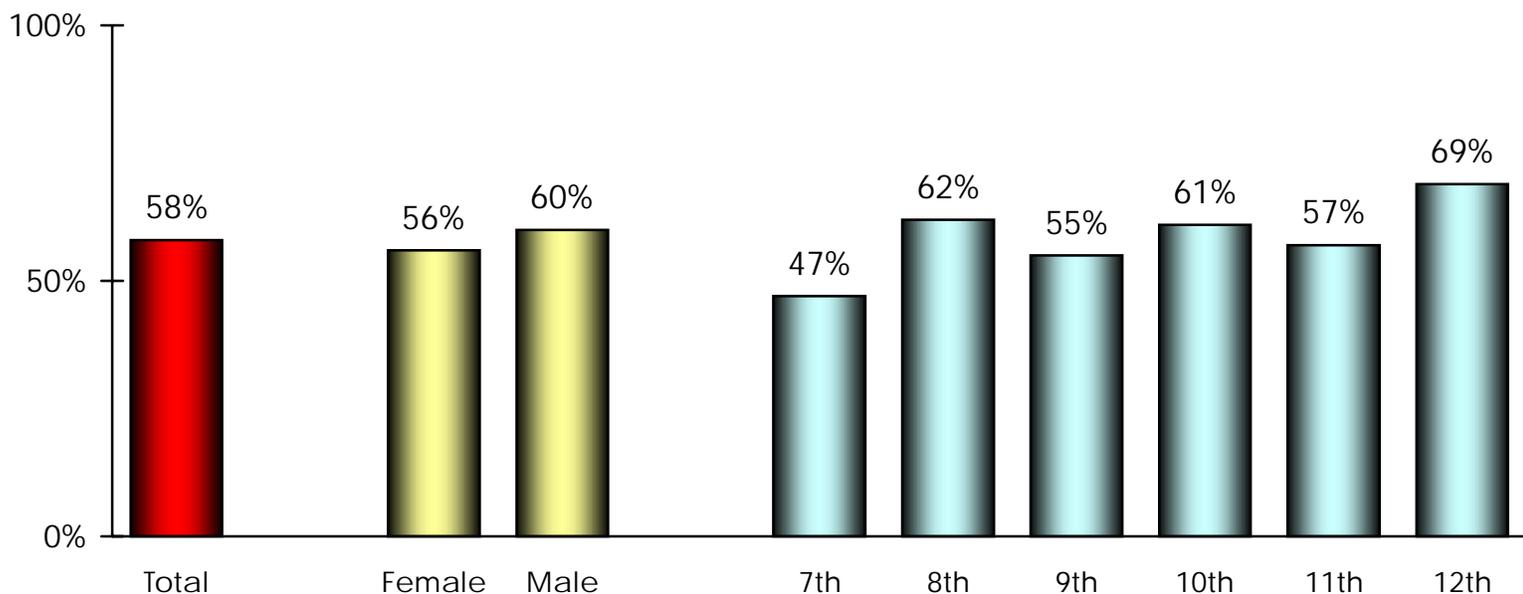
■ Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

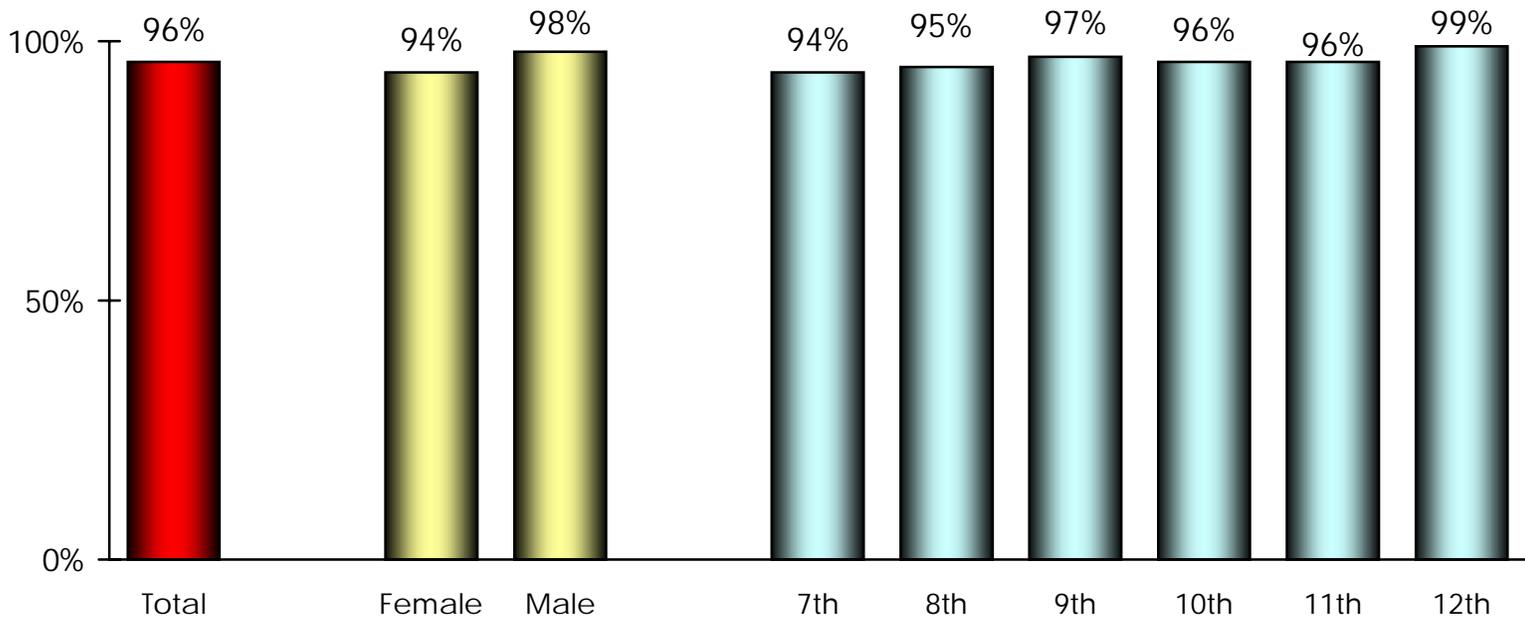


Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



2001-2002 Cross County Youth Risk Behavior Survey

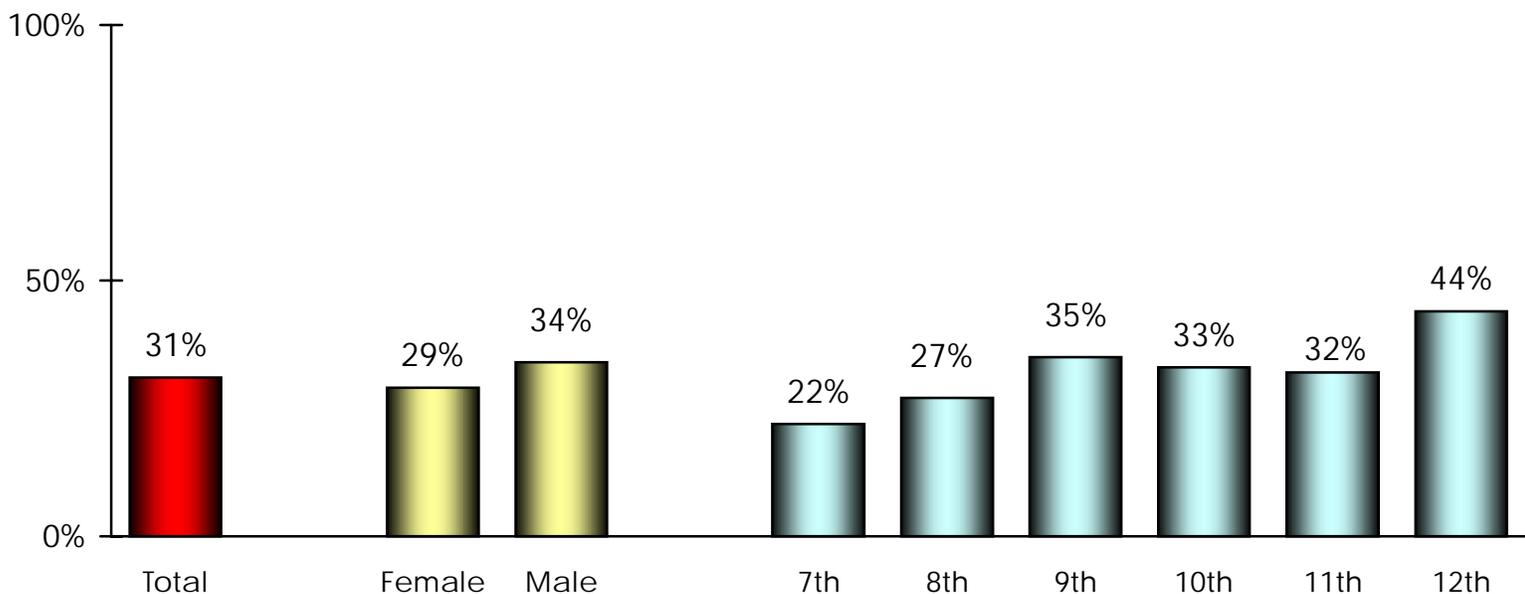
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



■ Vehicle Safety – Drinking and Driving

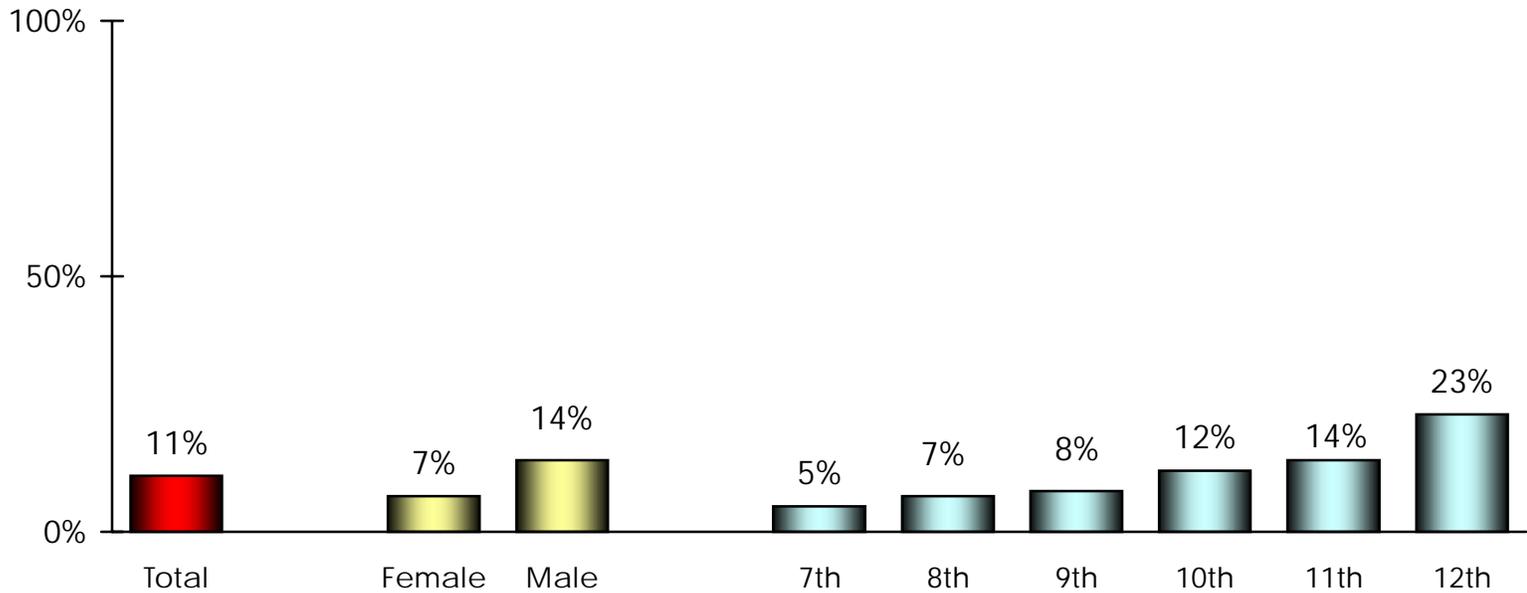
These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

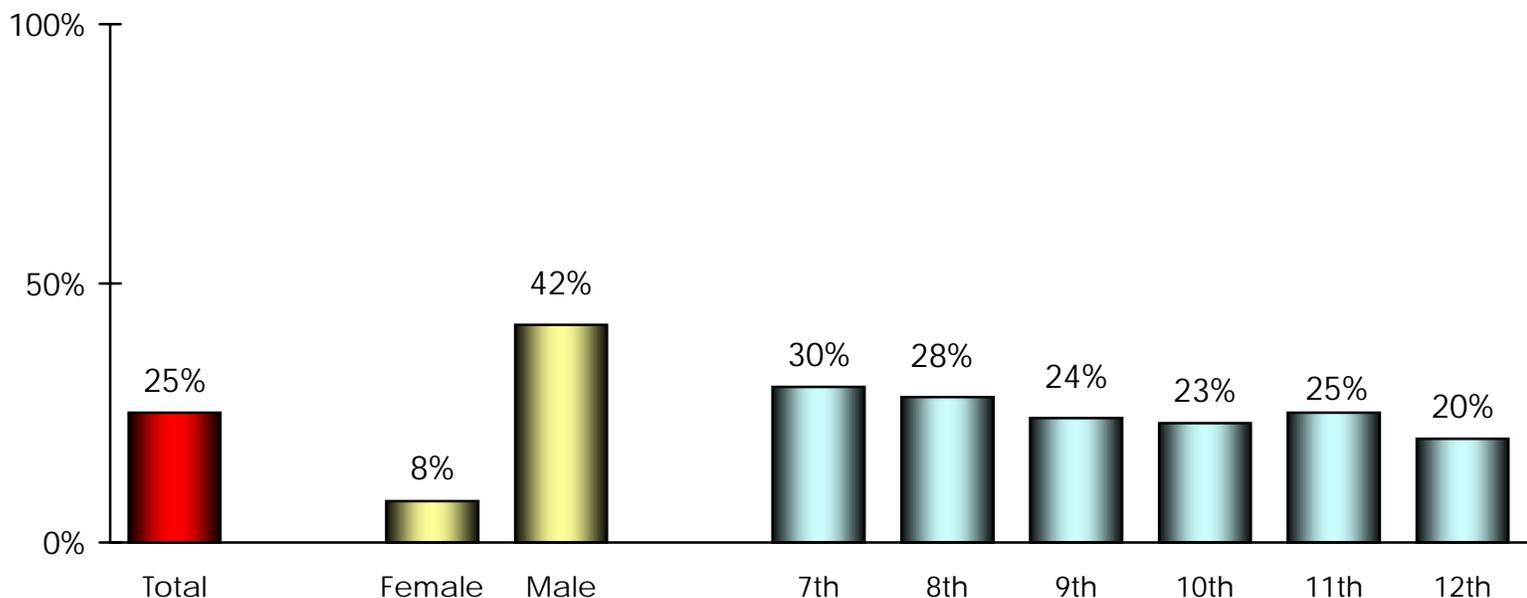


■ Violence-Related Behaviors

These questions measure violence-related behaviors.

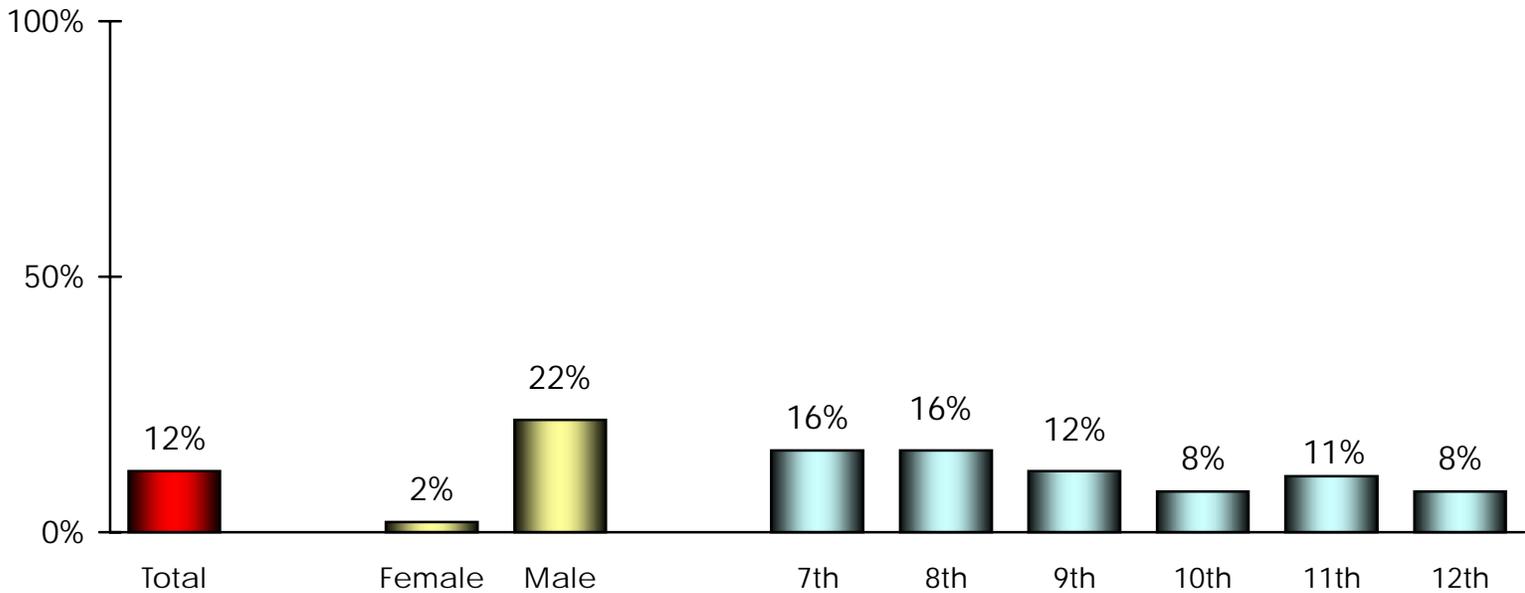
Percentage of students who carried a weapon* on one or more of the past 30 days.

* such as a gun, knife, or club

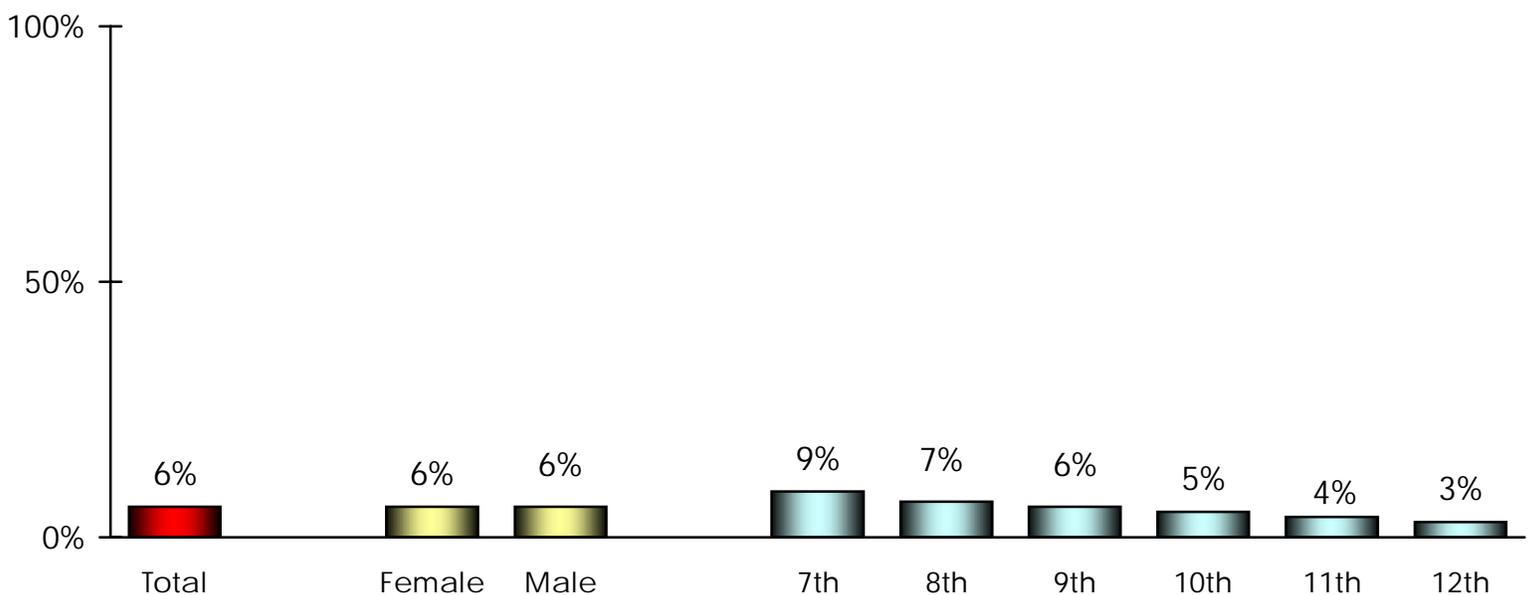


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

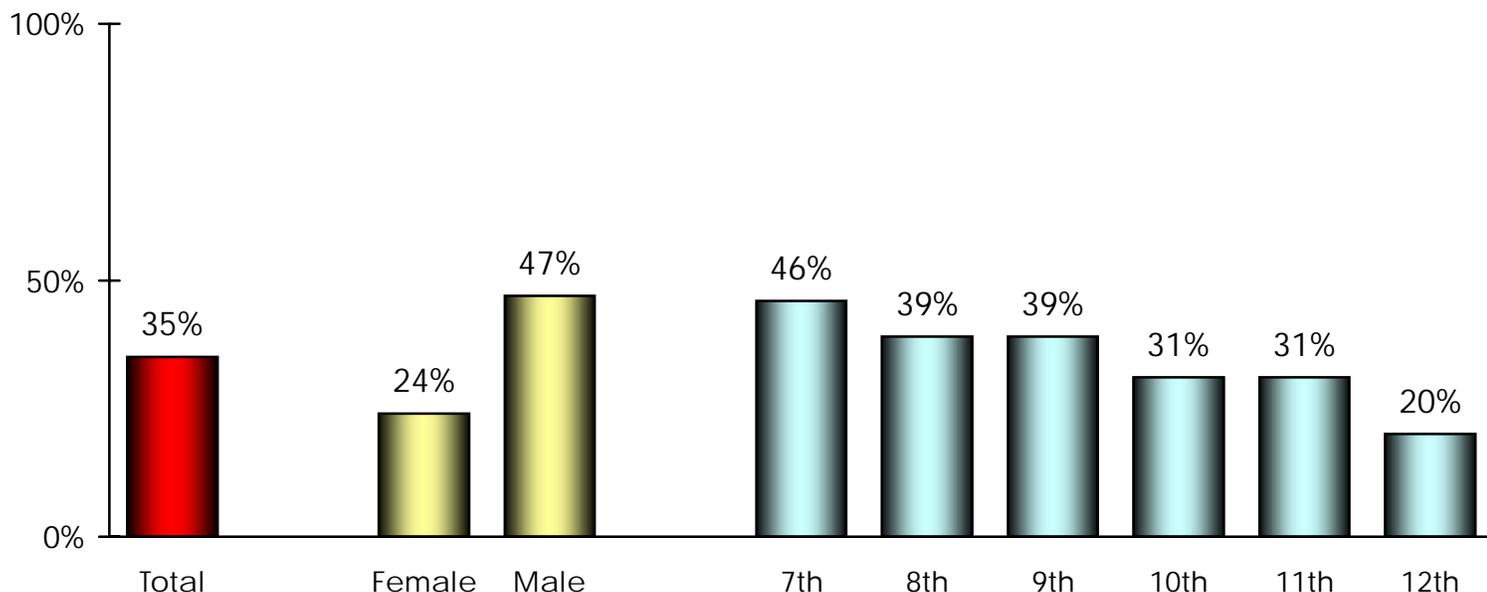


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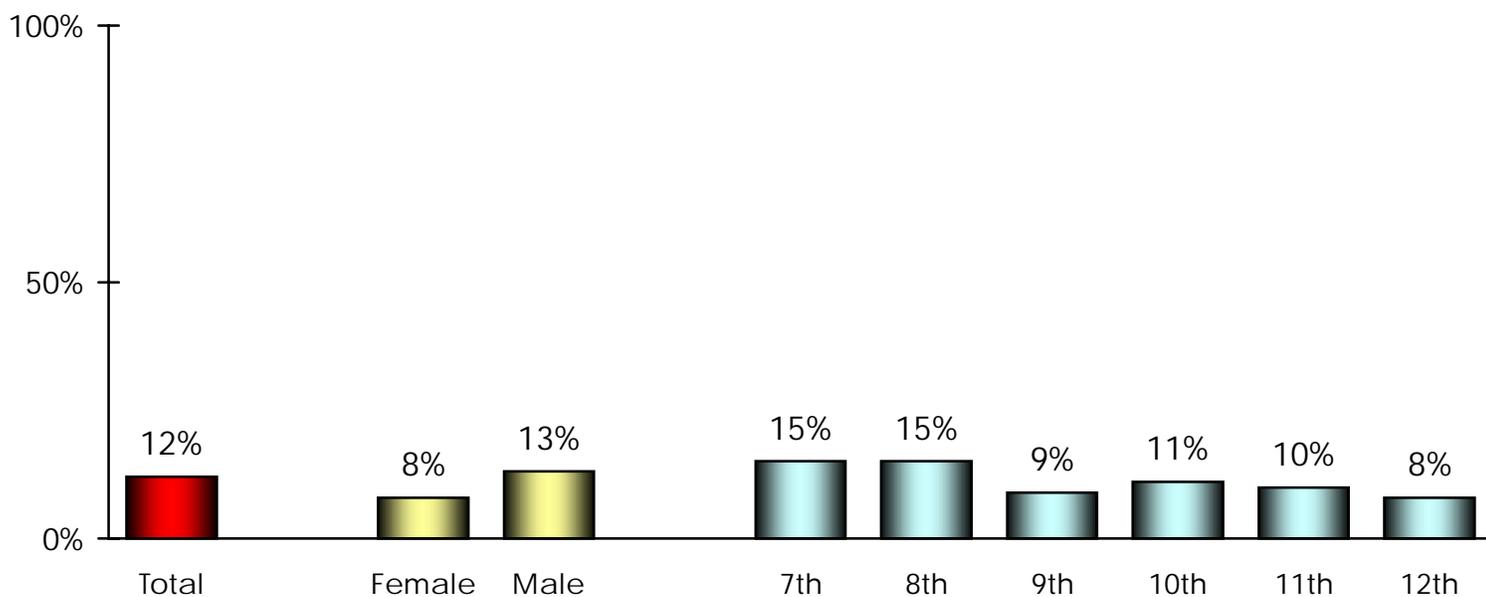
■ Violence – Physical Fighting

These questions measure the frequency and severity of physical fights.

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

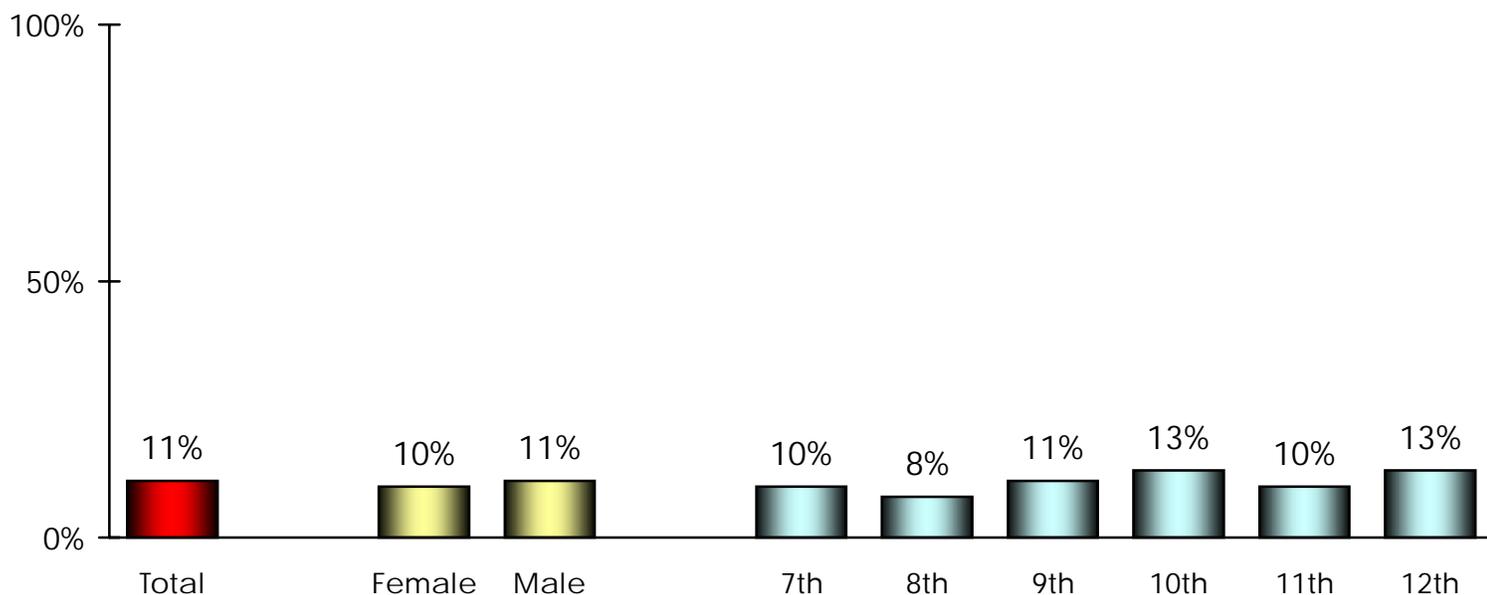


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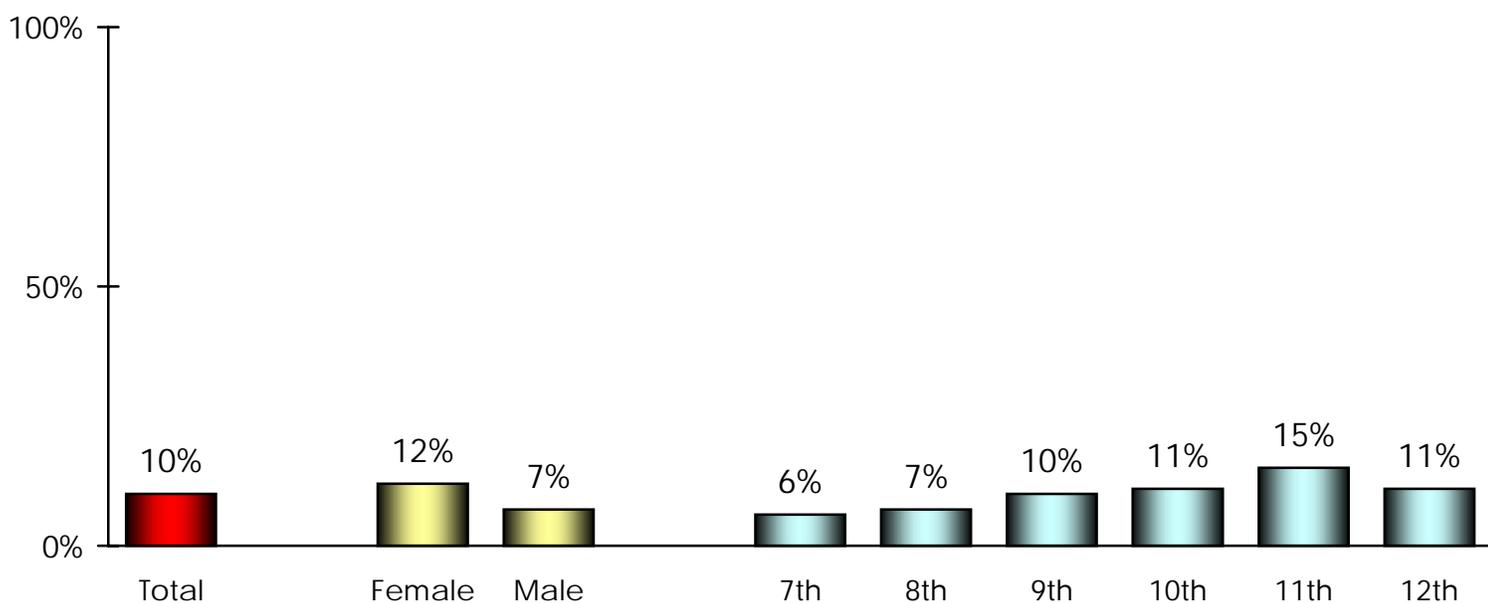
■ Violence – Sexual Violence

These questions measure rape and domestic violence.

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

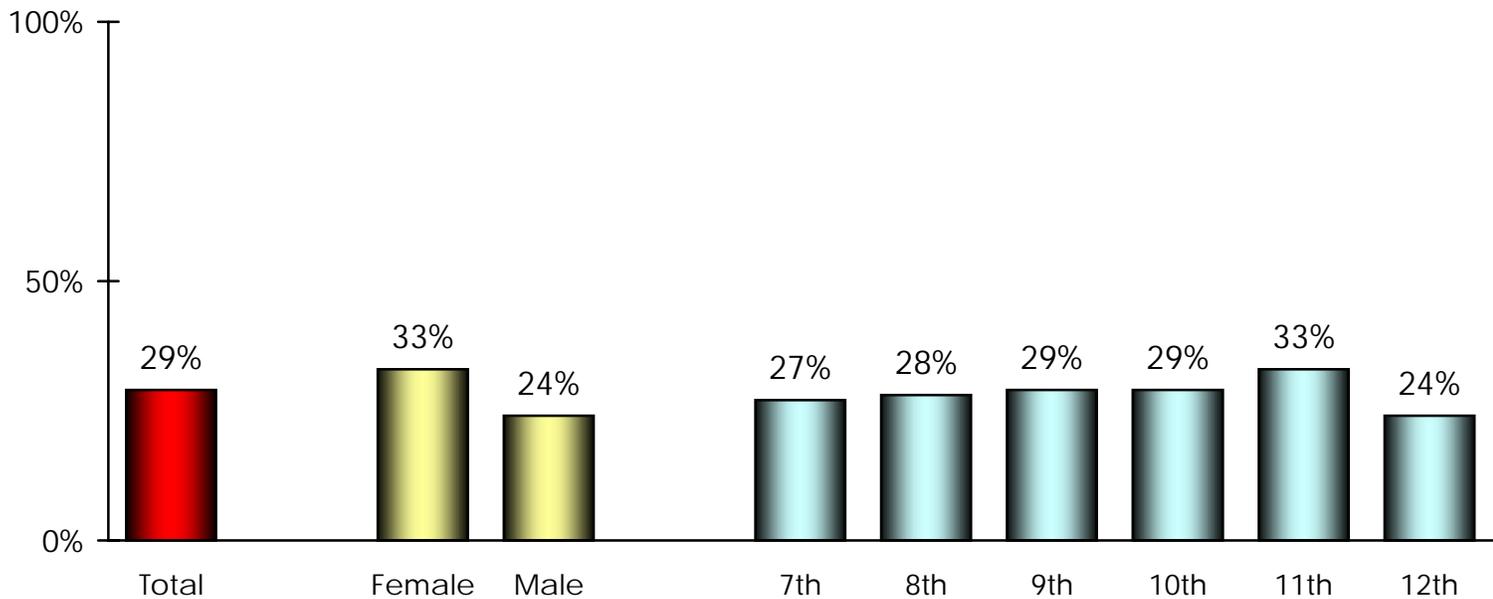


2001-2002 Cross County Youth Risk Behavior Survey

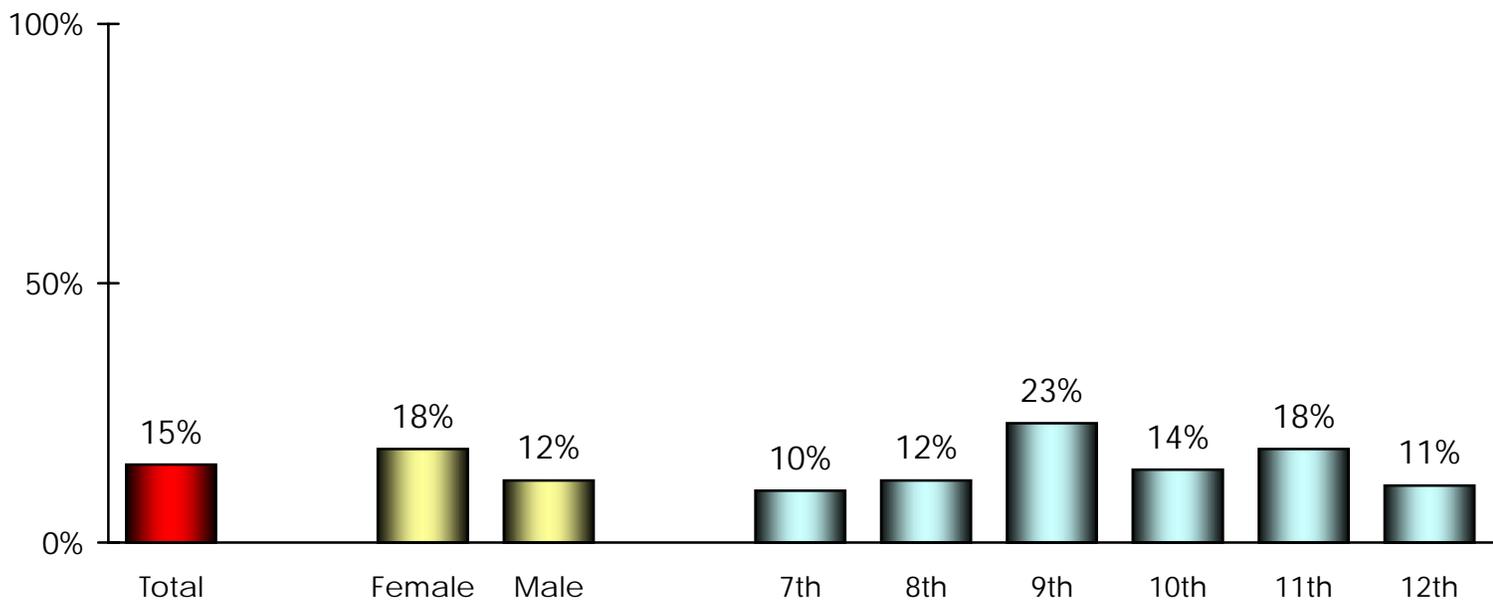
■ Depression and Suicide

These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

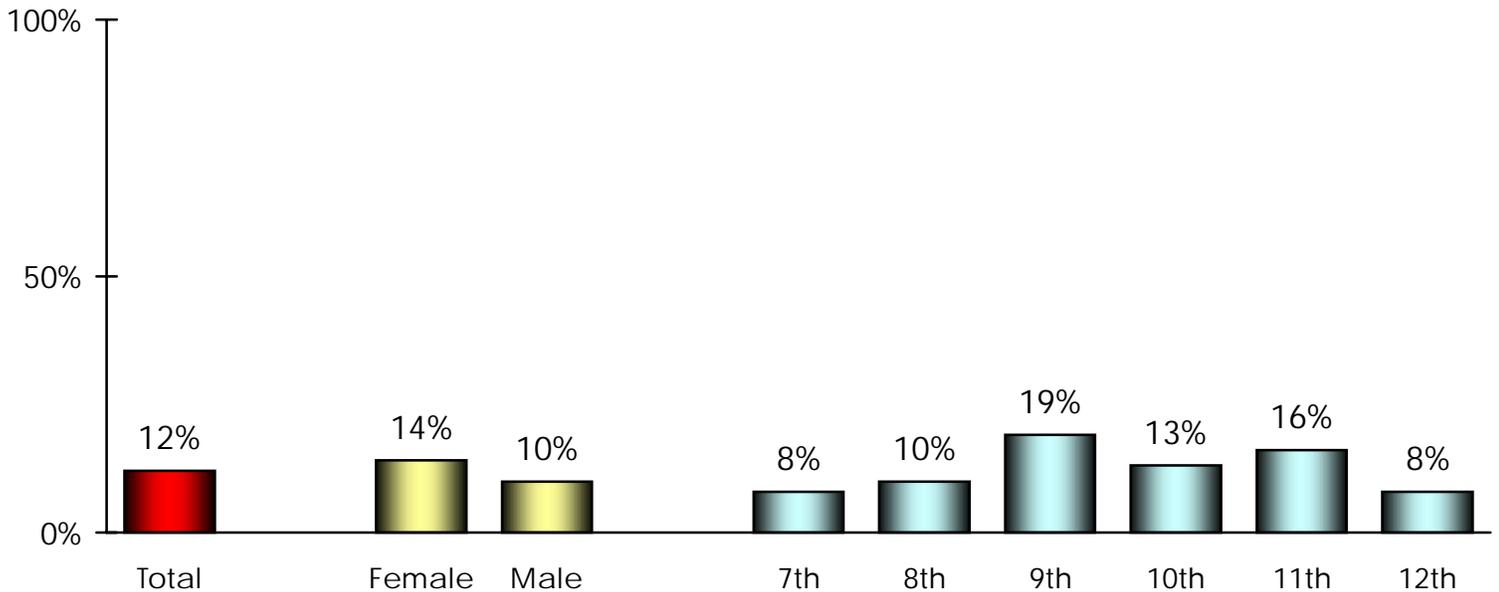


Percentage of students who seriously considered attempting suicide during the past 12 months.

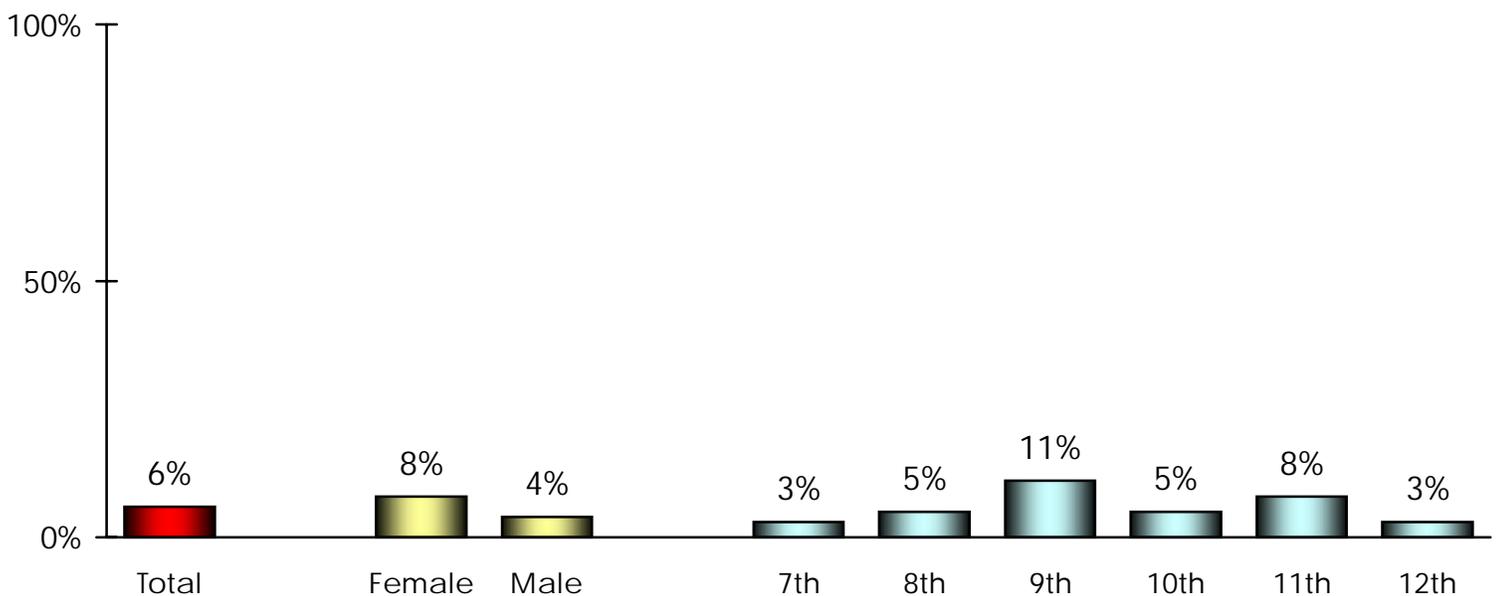


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

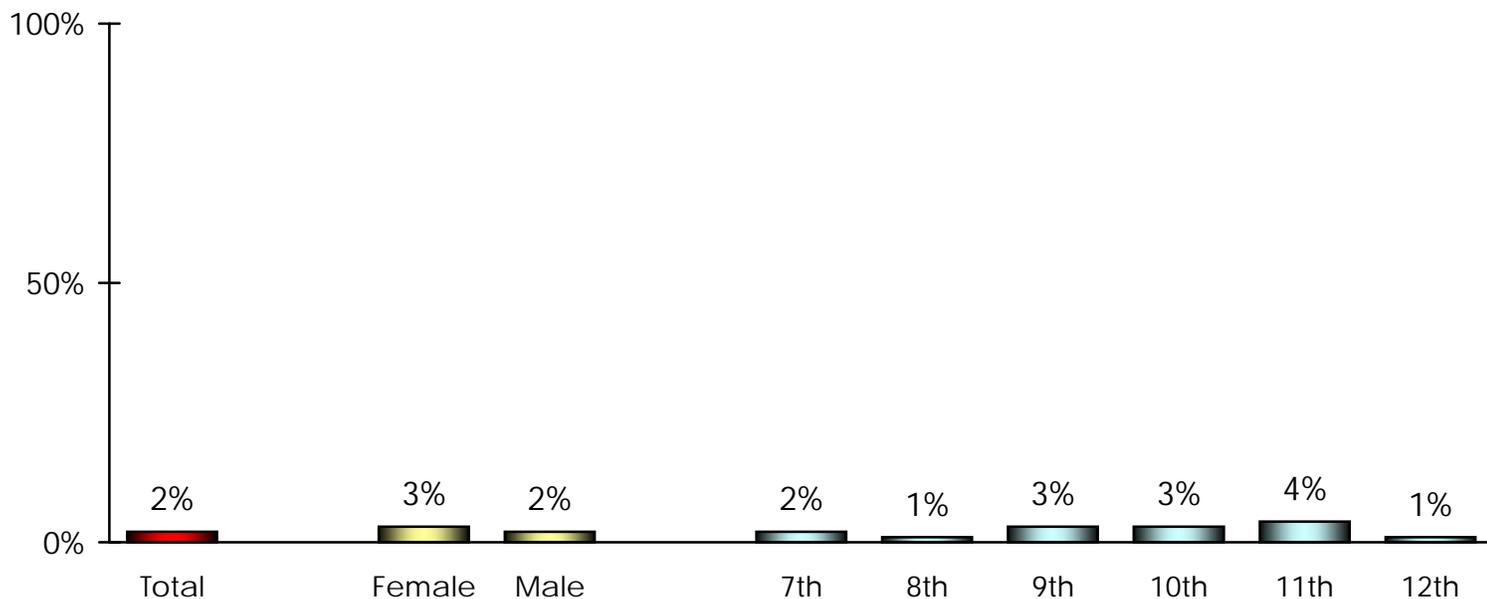


Percentage of students who actually attempted suicide one or more times during the past 12 months.



2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

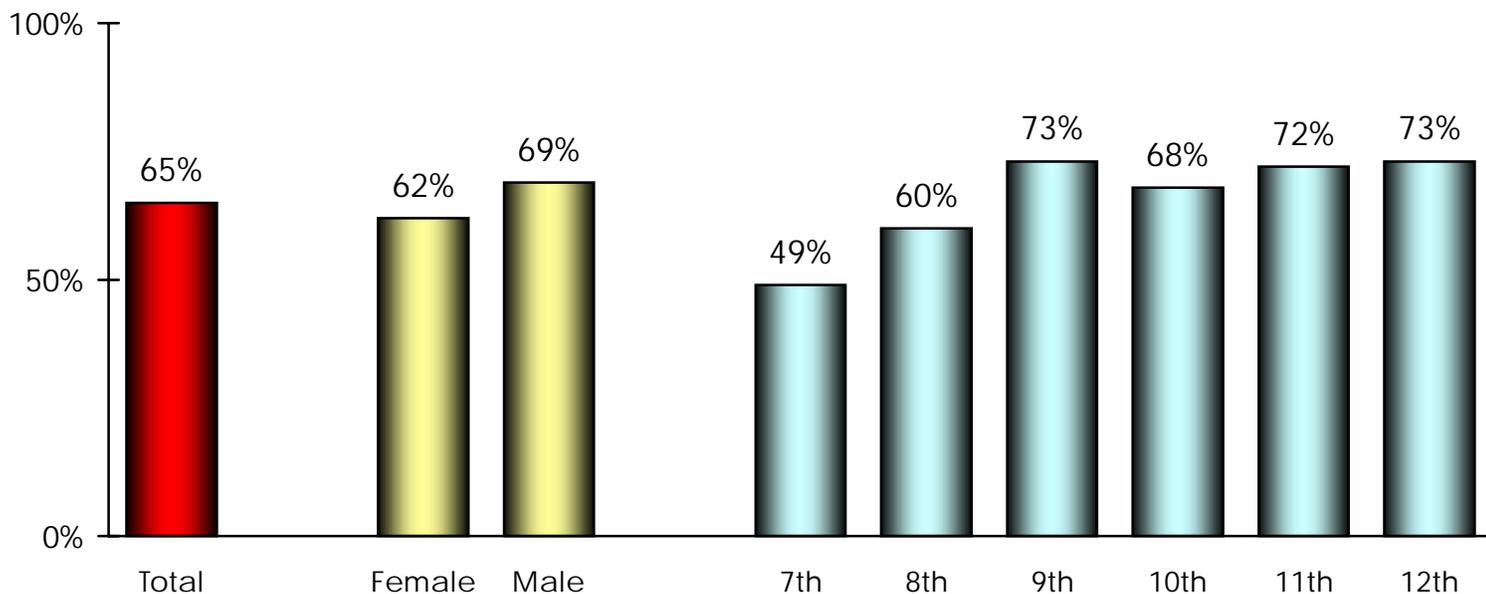


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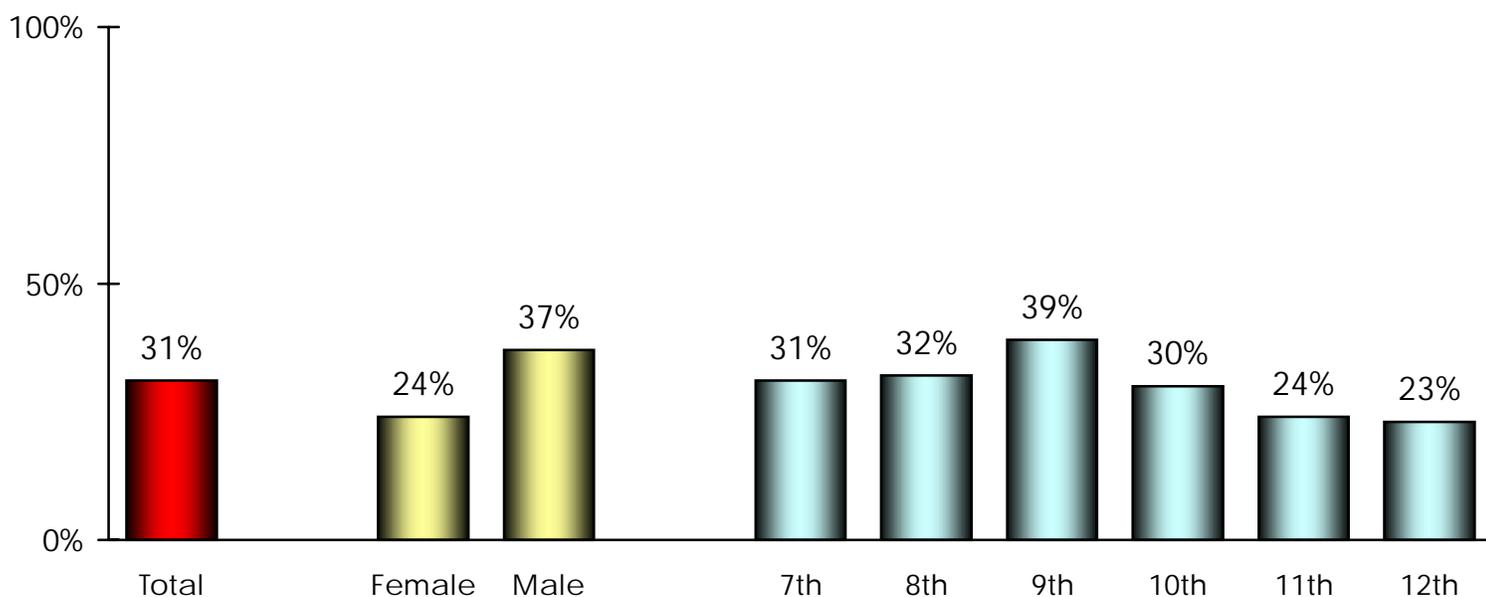
■ Tobacco Use – Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.

Percentage of students who ever tried cigarette smoking, even one or two puffs.

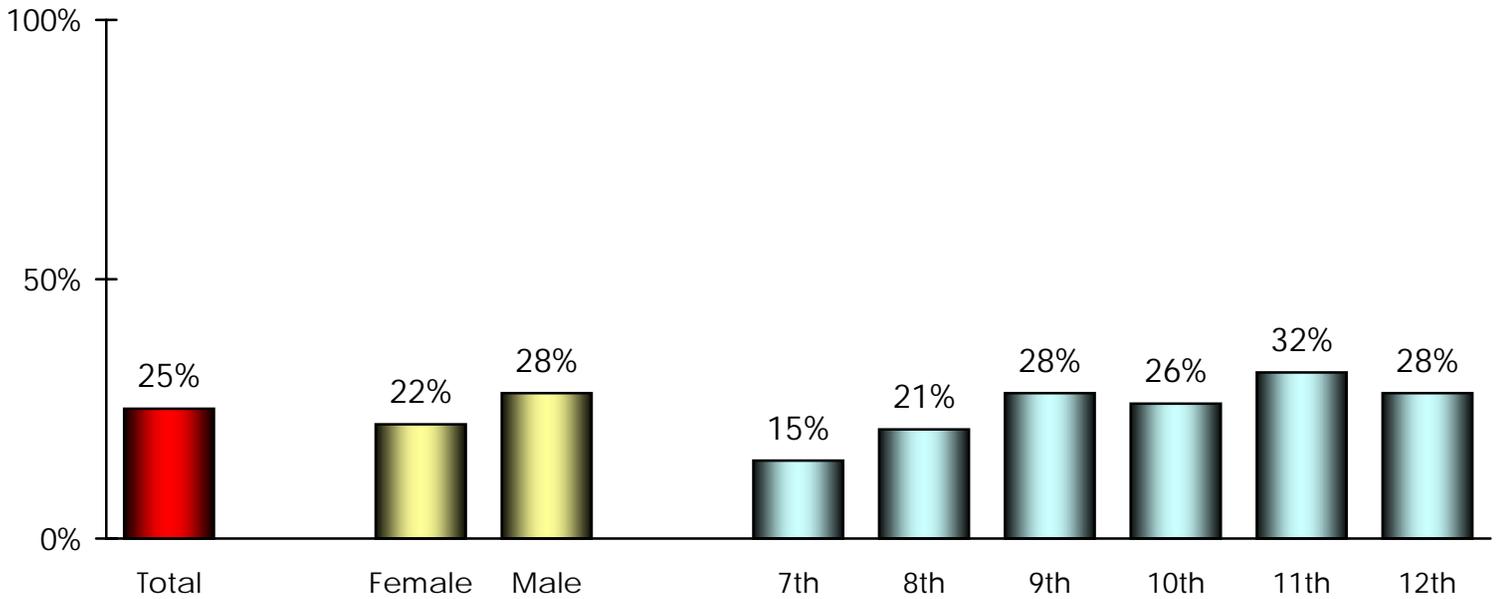


Percentage of students who smoked a whole cigarette for the first time before age 13.

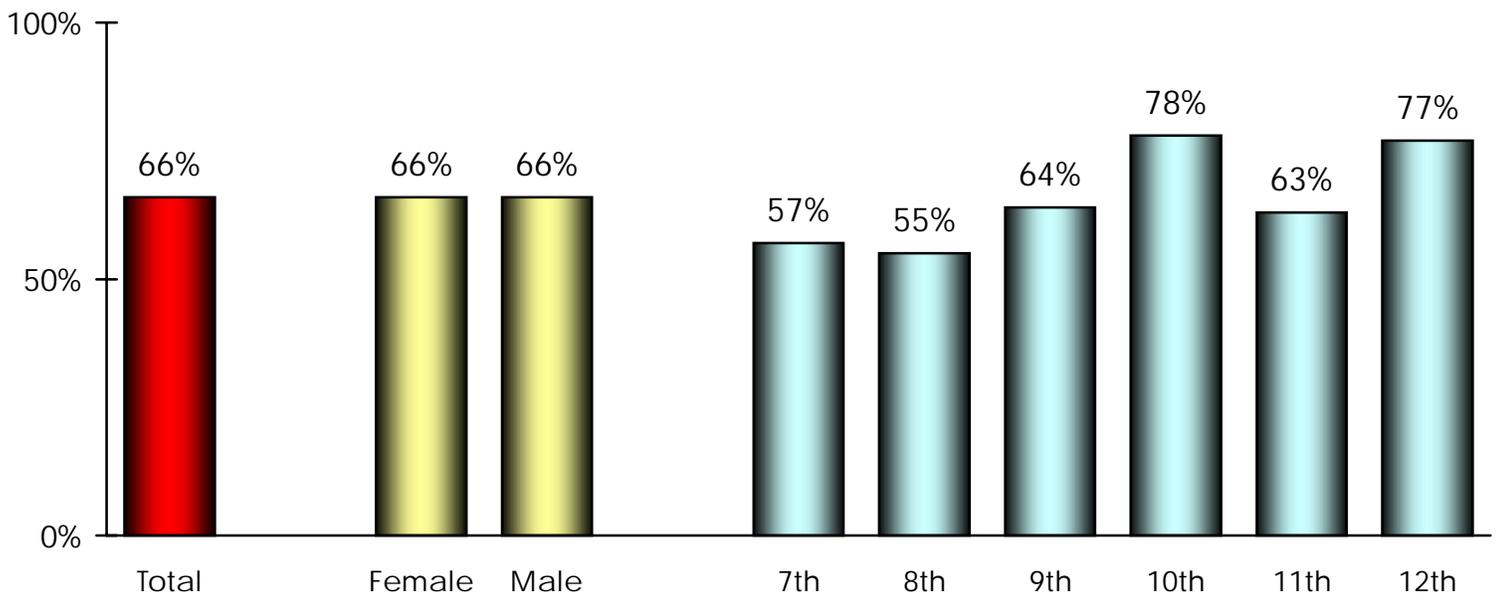


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Percentage of students who smoked cigarettes on one or more of the past 30 days.

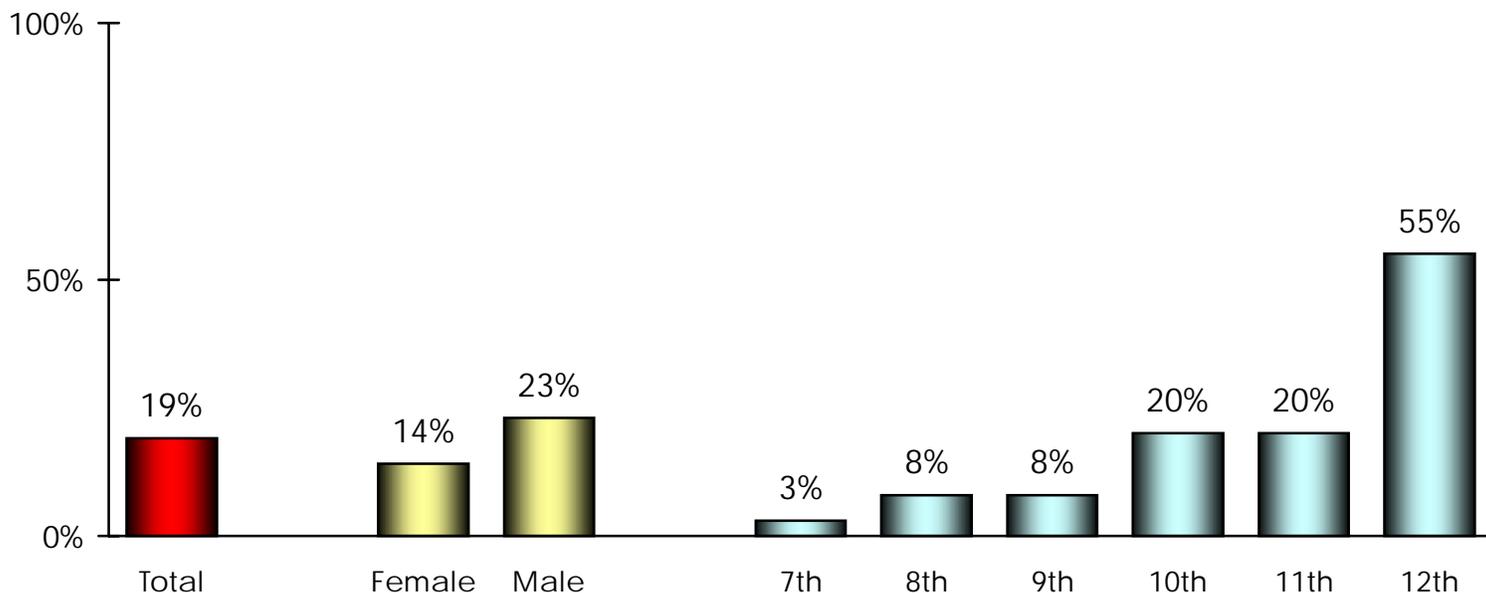


Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.

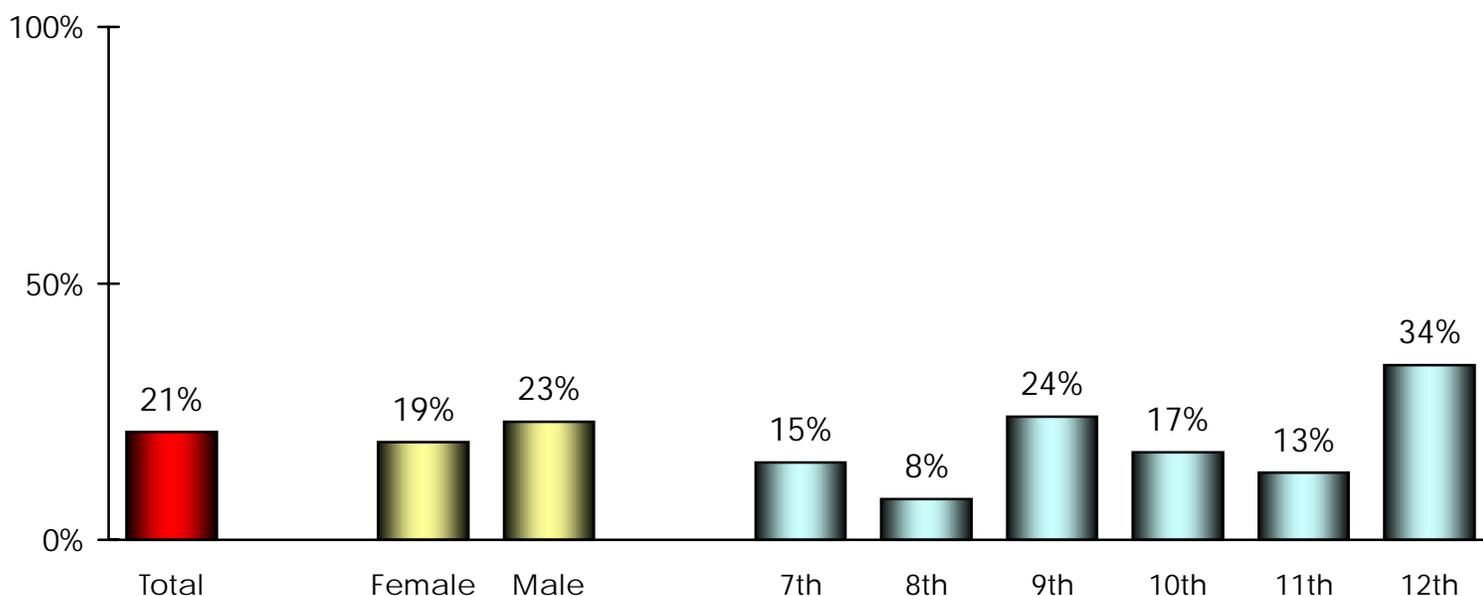


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Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

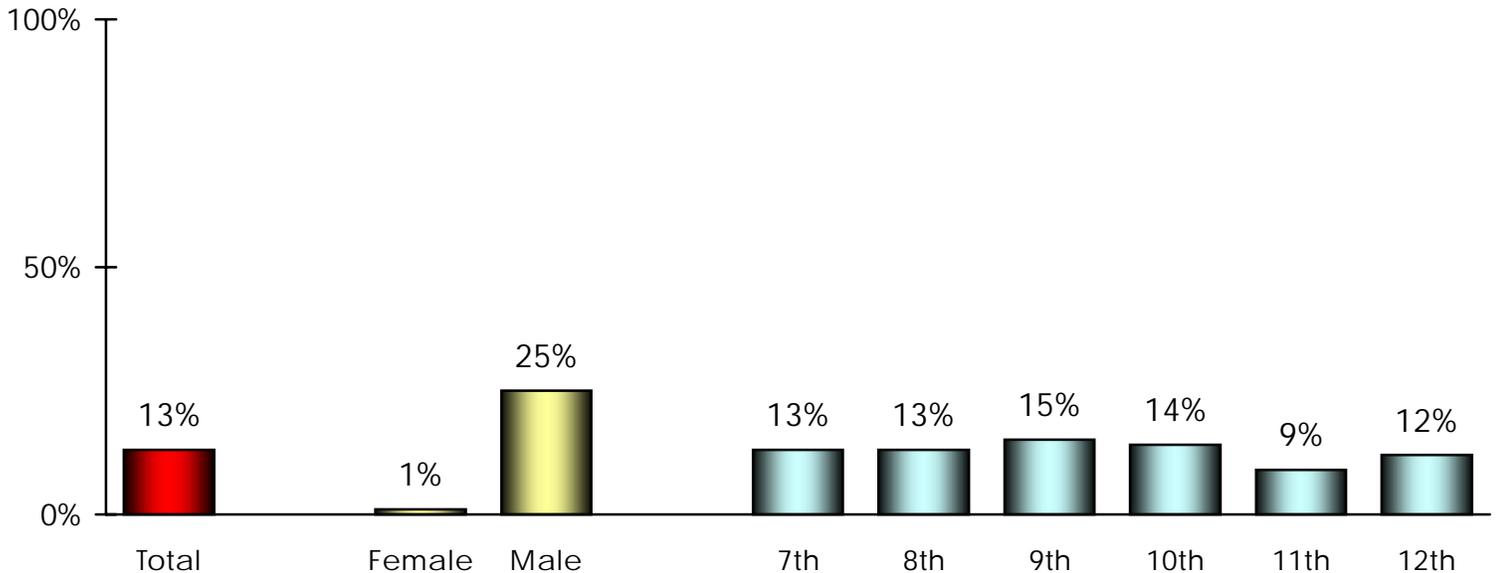


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■ Tobacco Use – Smokeless Tobacco

This question measures smokeless tobacco use.

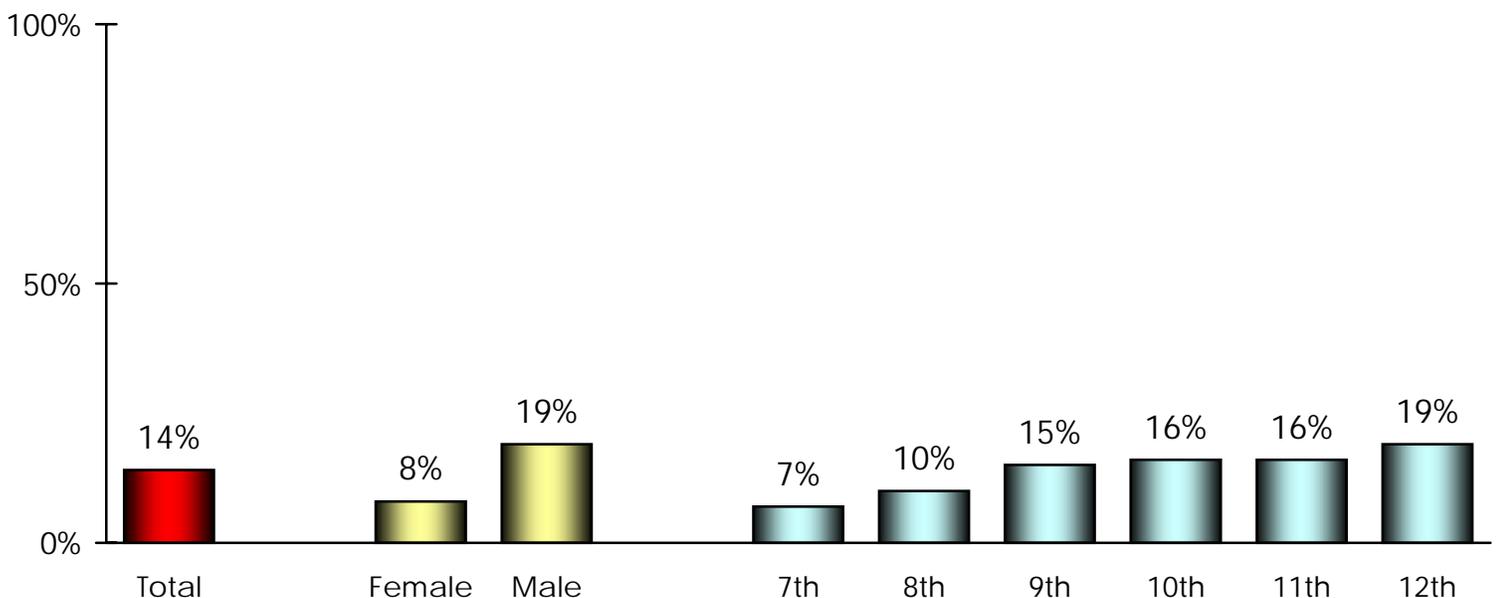
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



■ Tobacco Use – Cigar

This question measures cigar smoking.

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

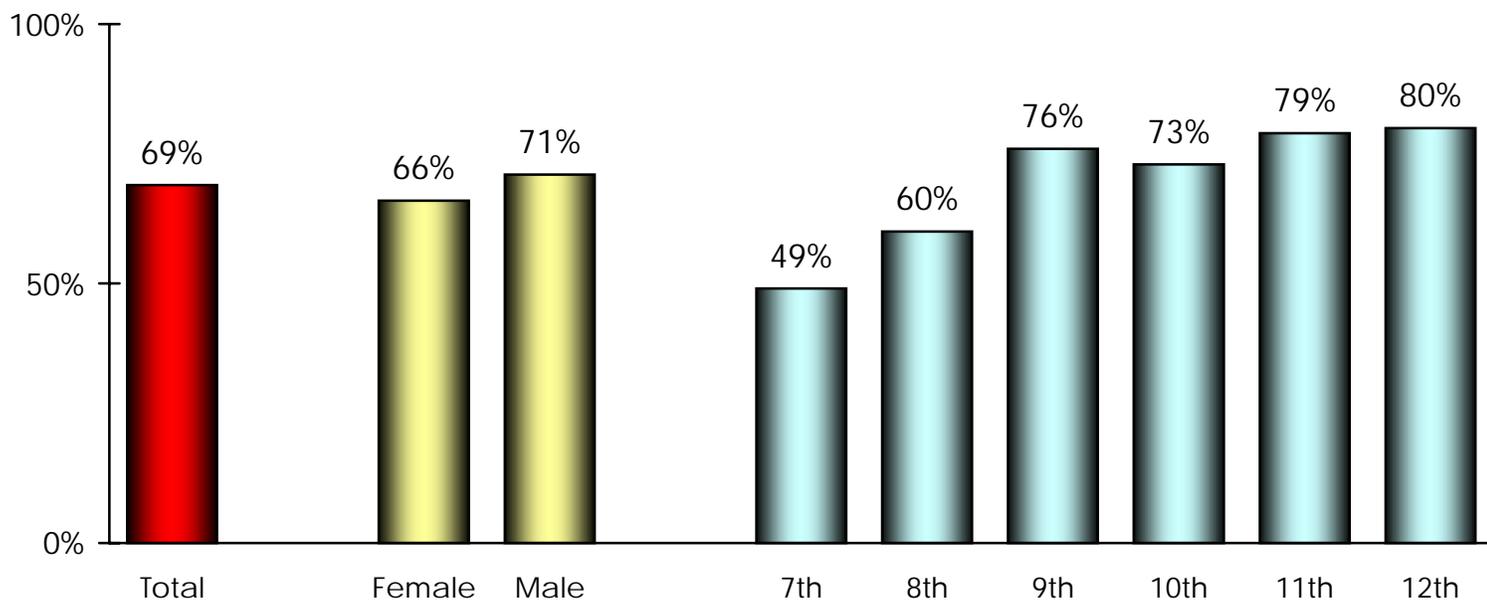


2001-2002 Cross County Youth Risk Behavior Survey

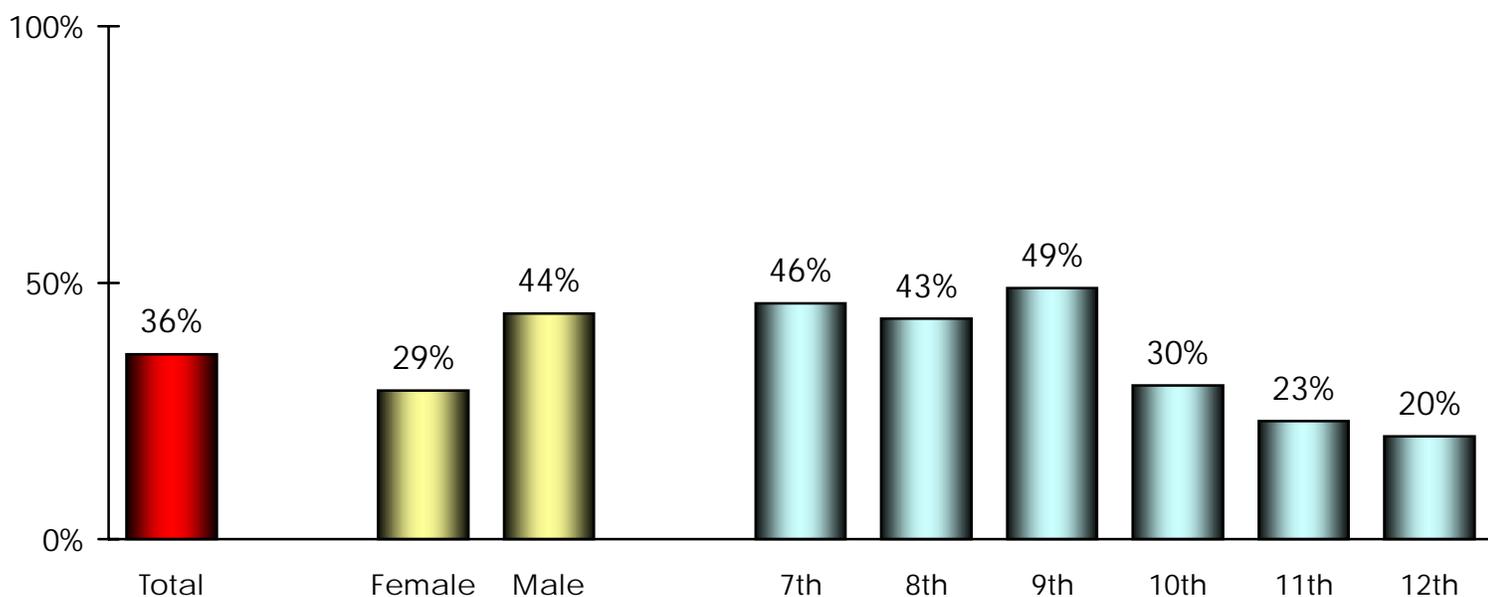
■ Alcohol Use

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

Percentage of students who had at least one drink of alcohol on one or more days during their life.

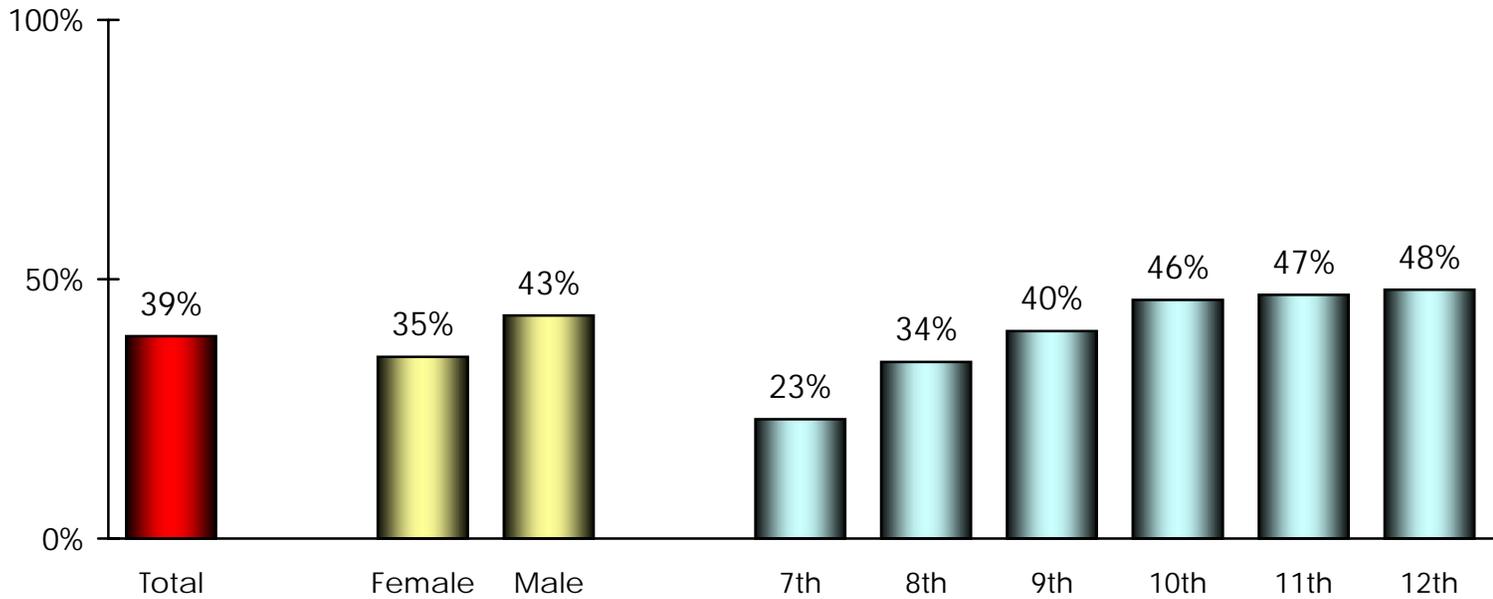


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

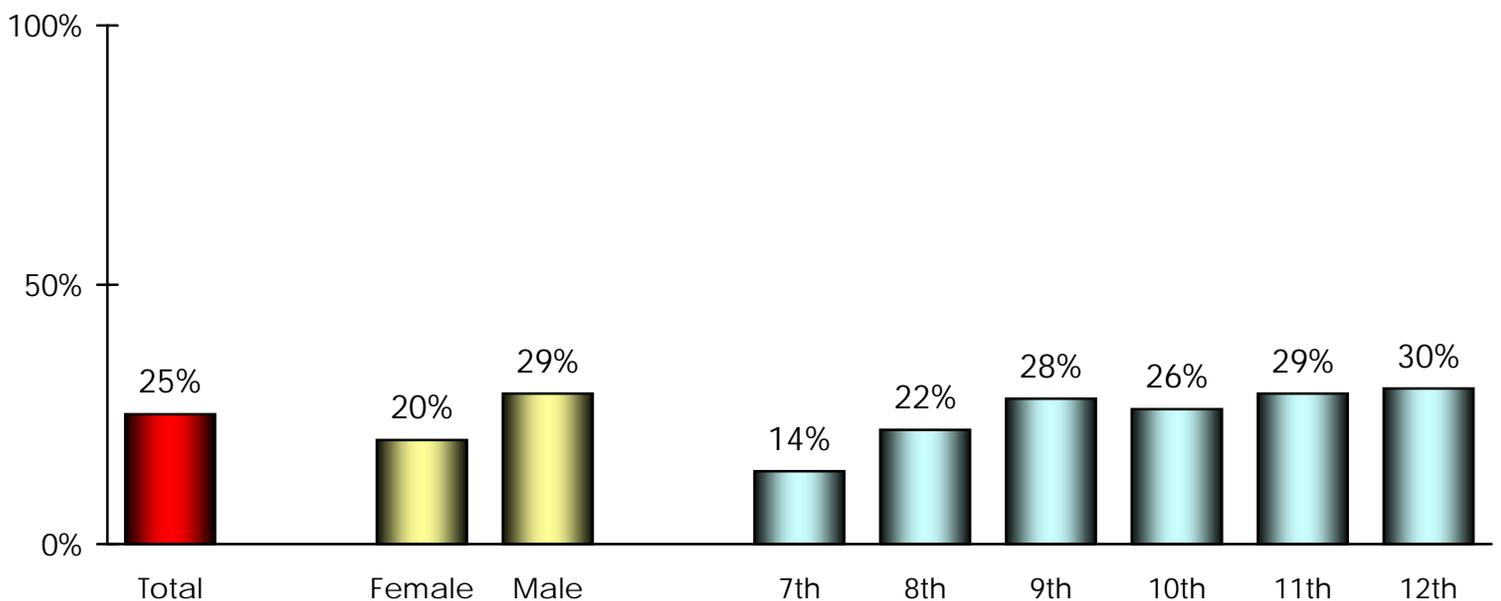


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

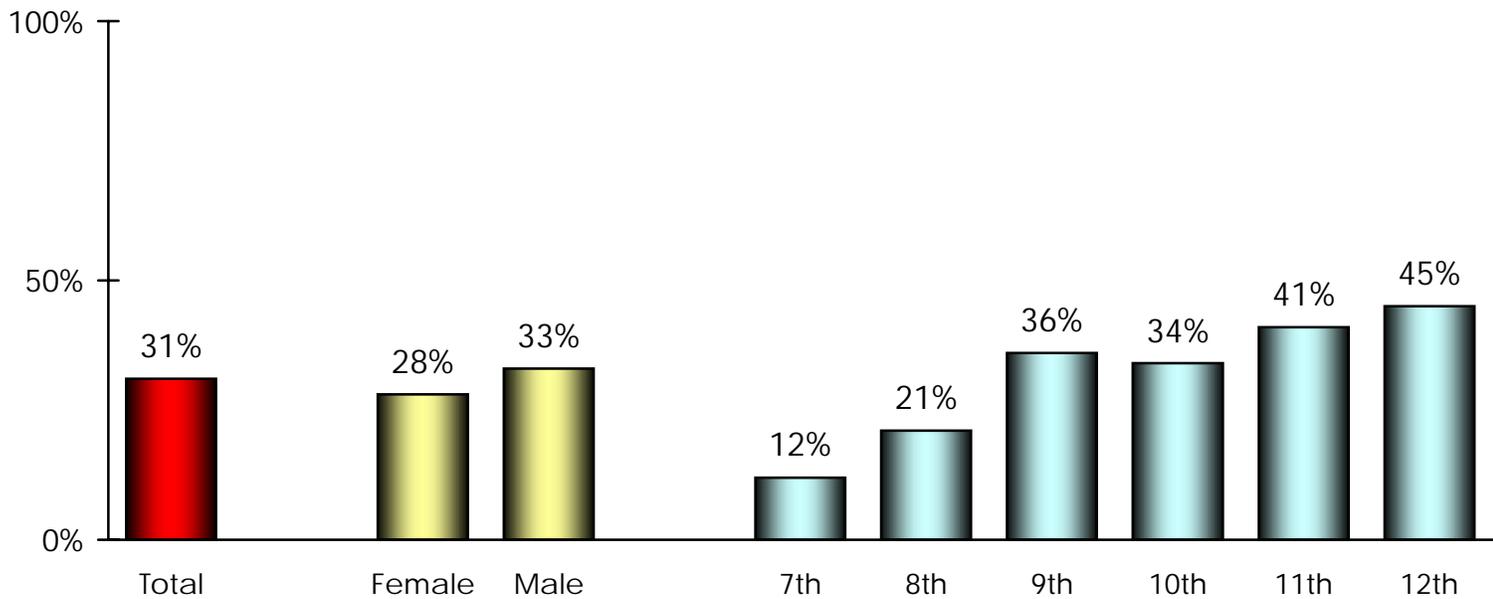


2001-2002 Cross County Youth Risk Behavior Survey

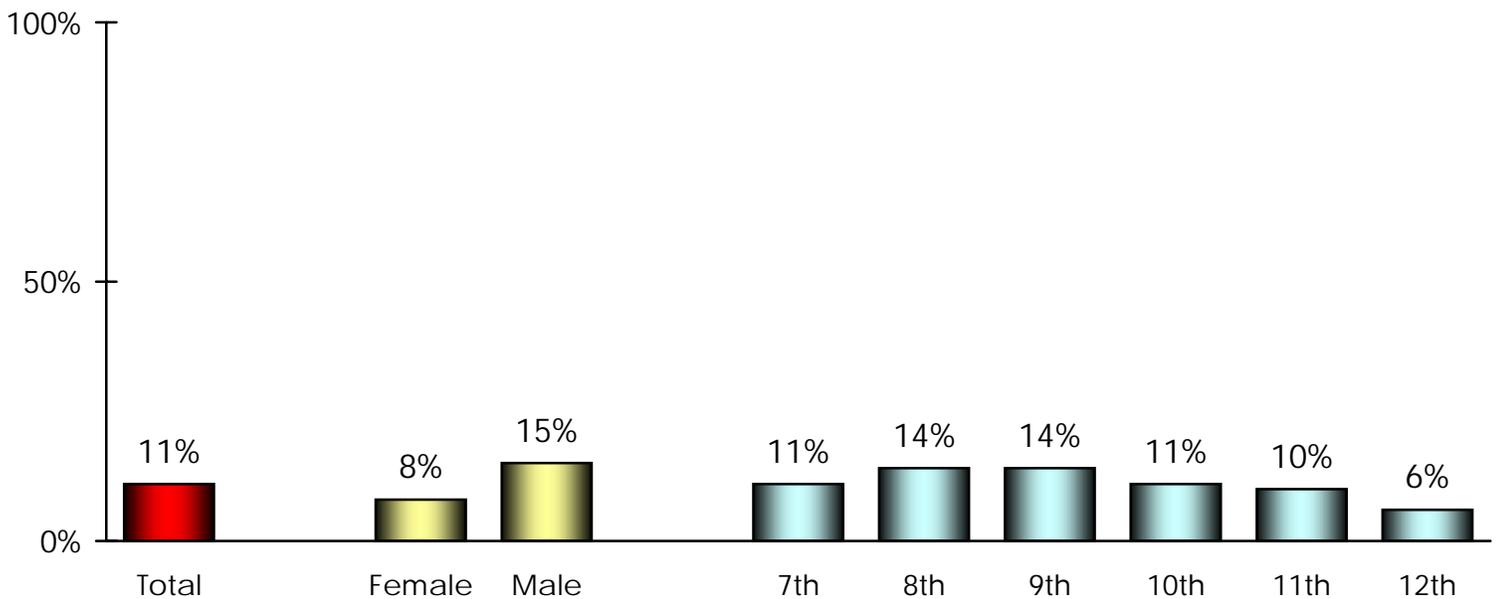
■ Drug Use

These questions measure the frequency of illegal drug use.

Percentage of students who used marijuana one or more times during their life.

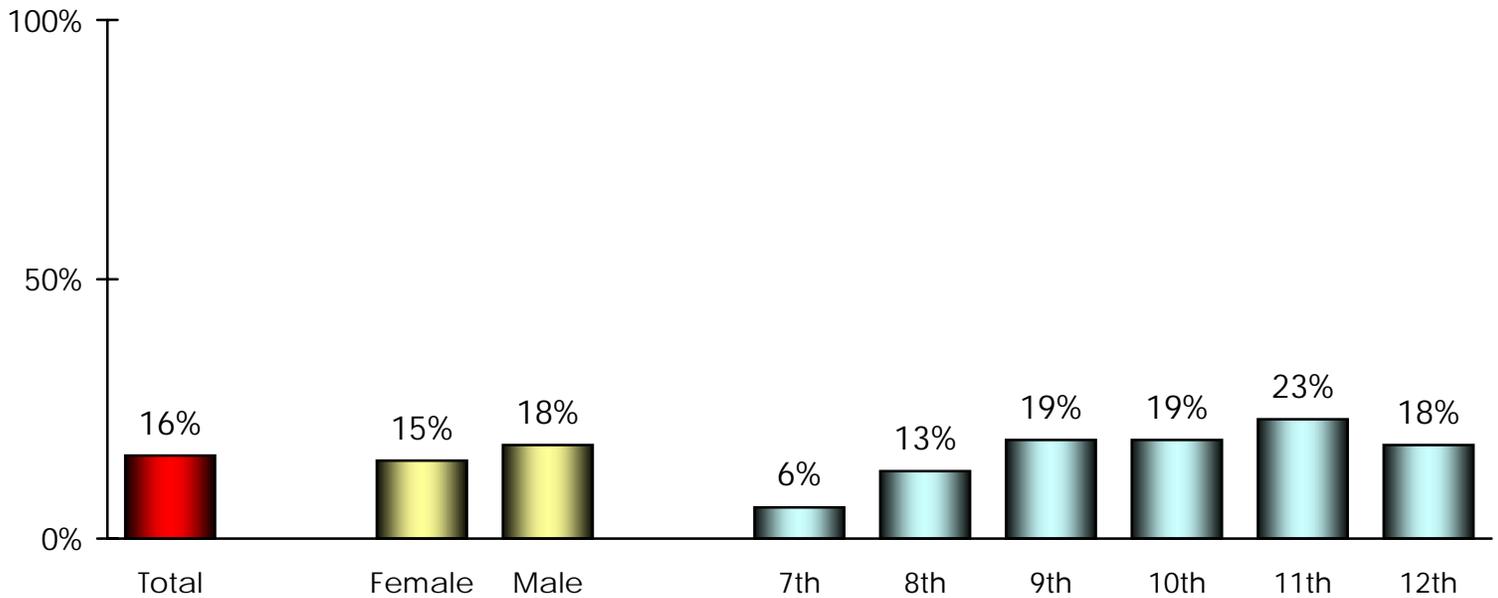


Percentage of students who tried marijuana for the first time before age 13.

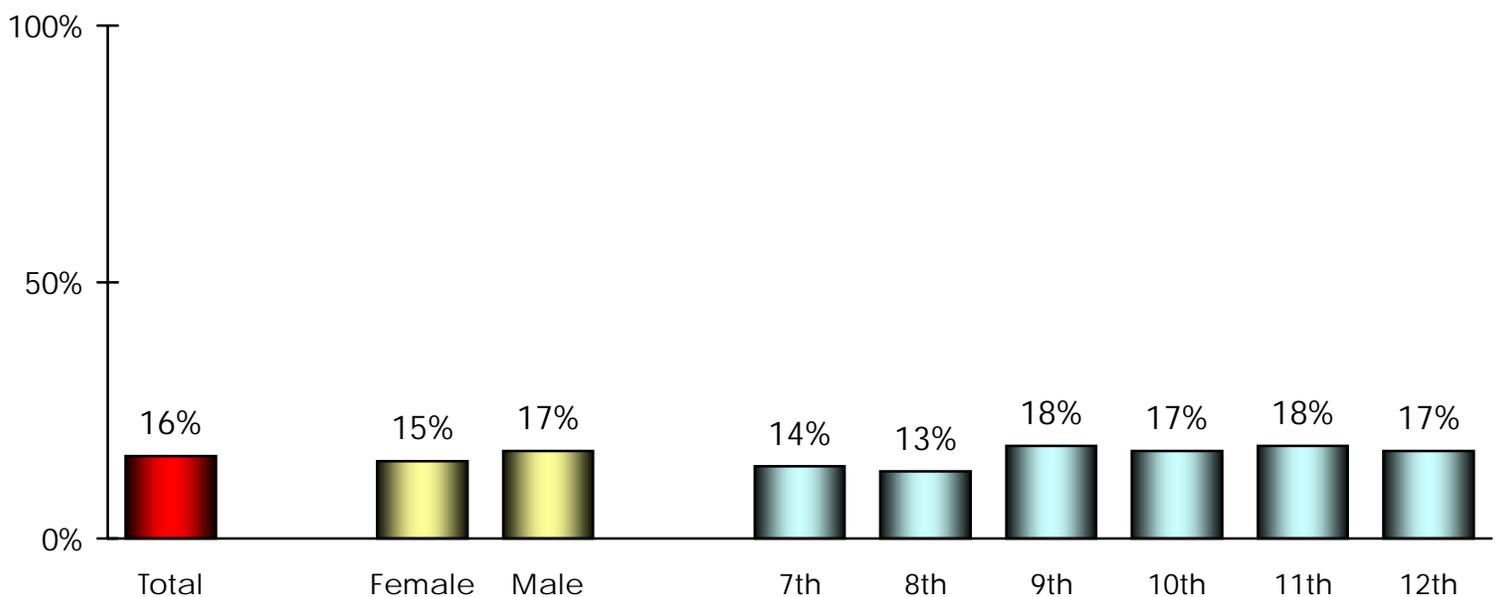


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who used marijuana one or more times during the past 30 days.

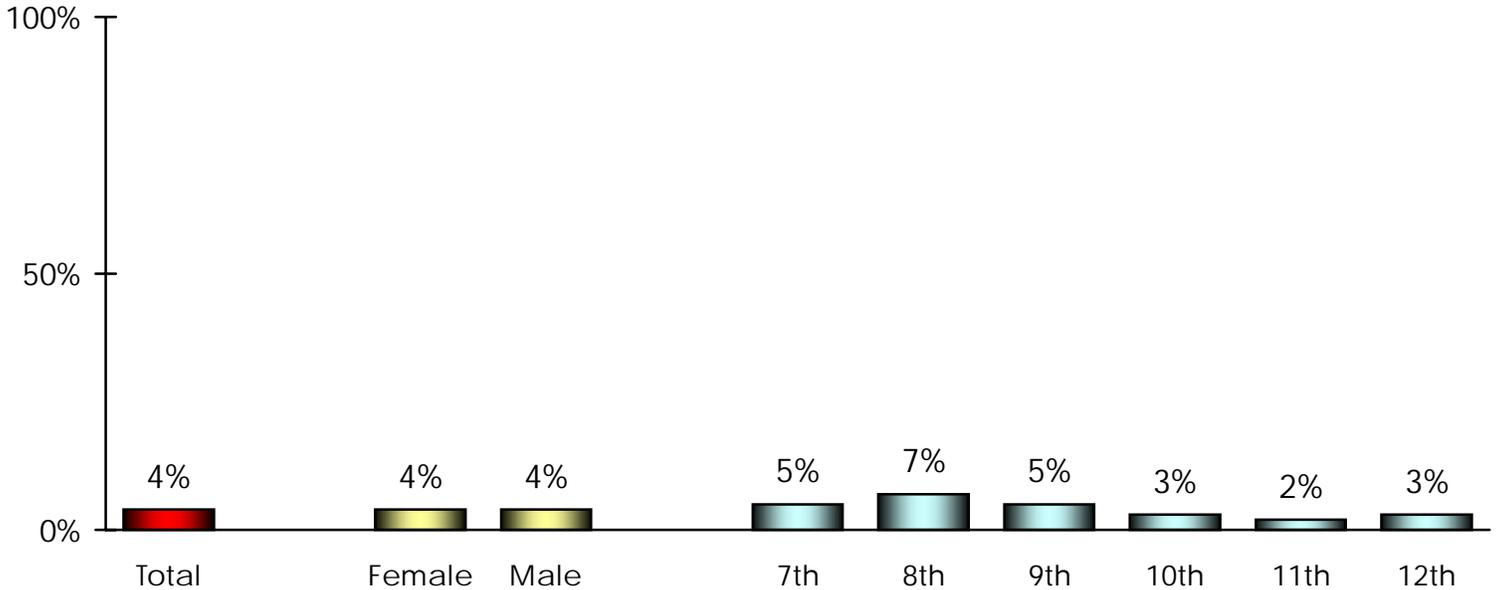


Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

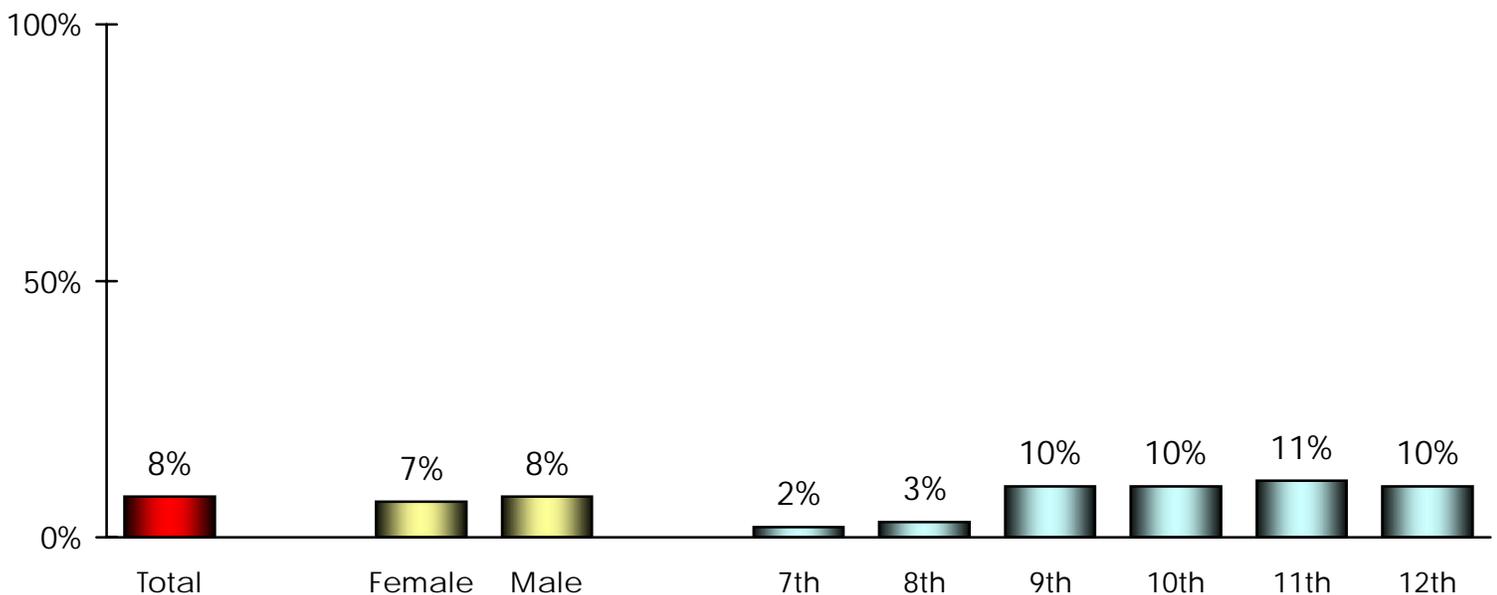


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

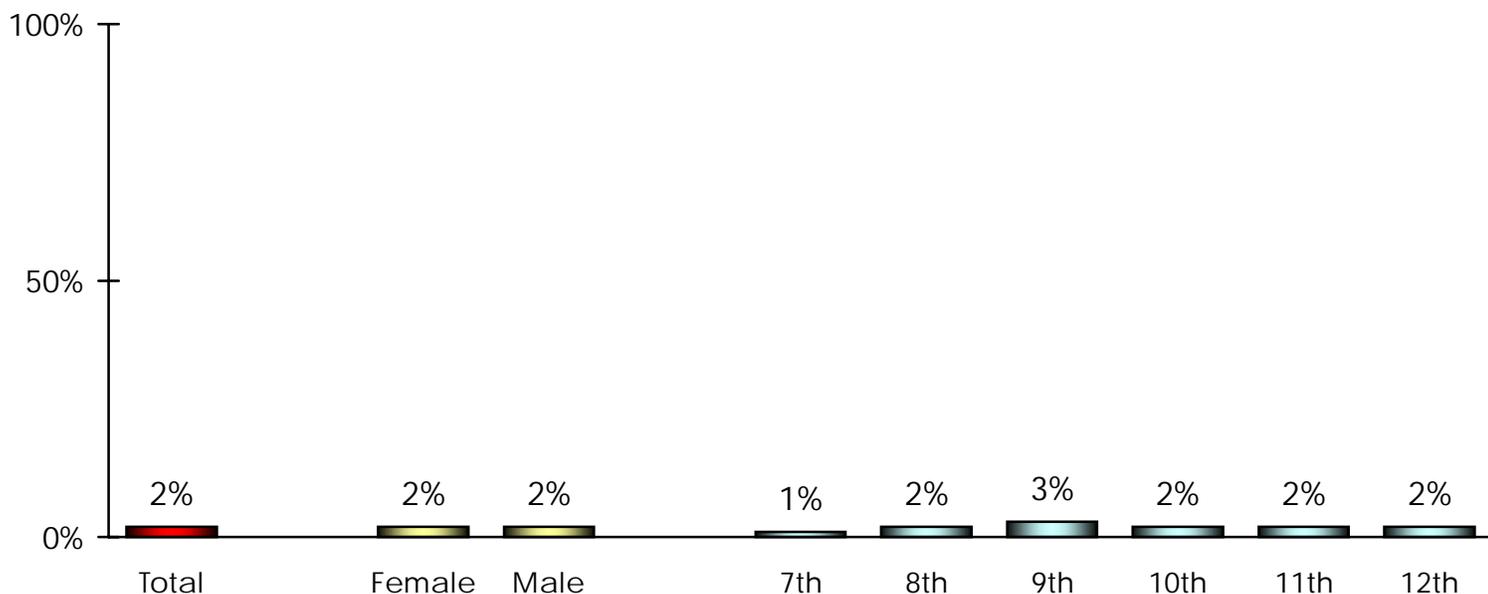


Percentage of students who used methamphetamines one or more times during their life.

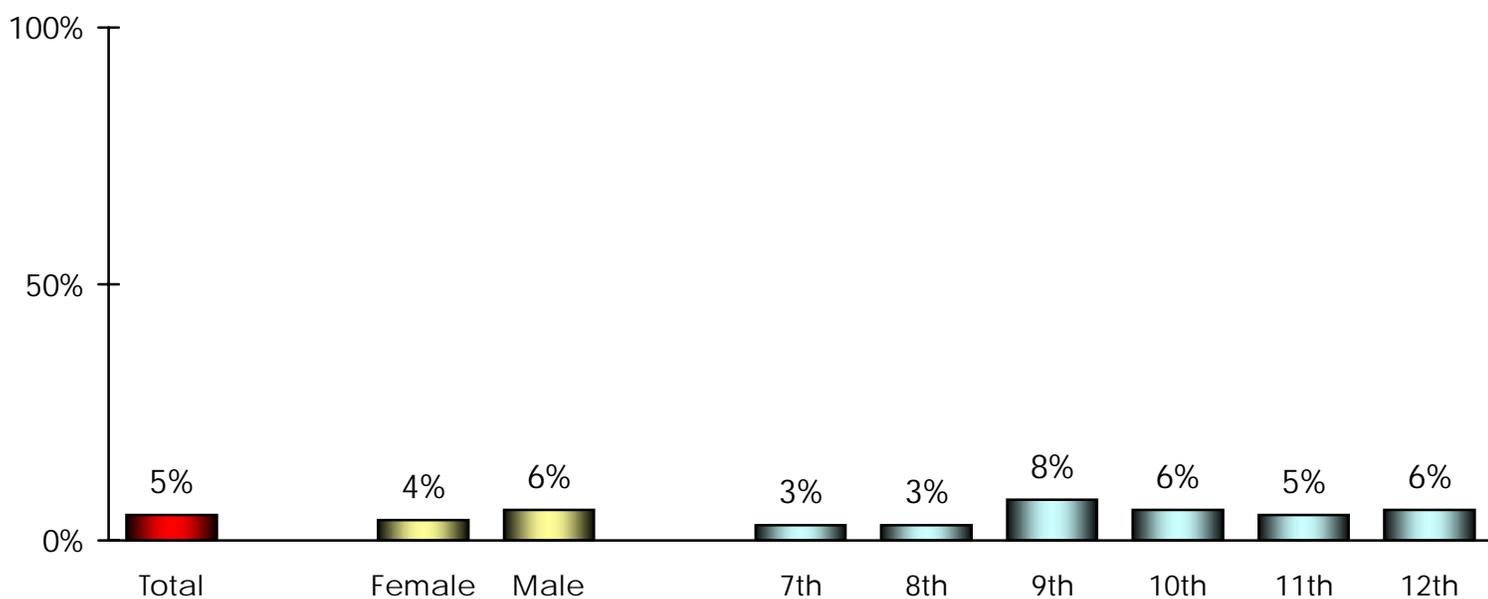


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who used heroin one or more times during their life.



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.

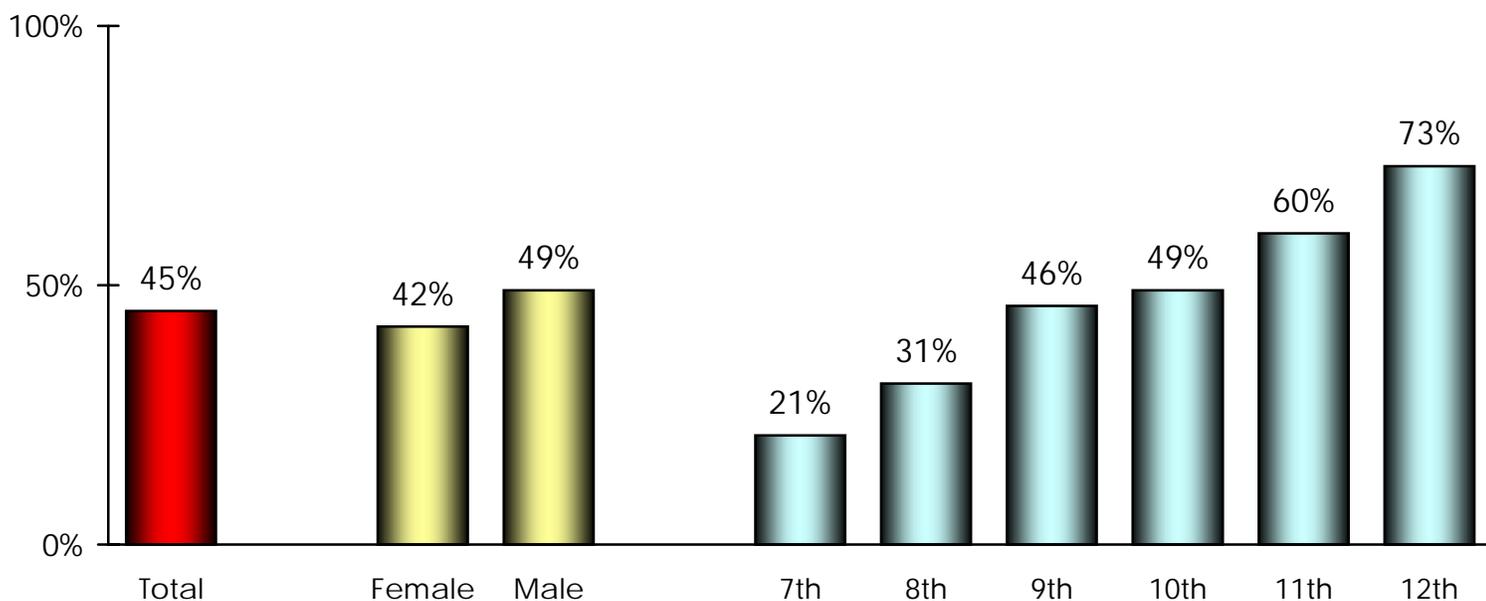


2001-2002 Cross County Youth Risk Behavior Survey

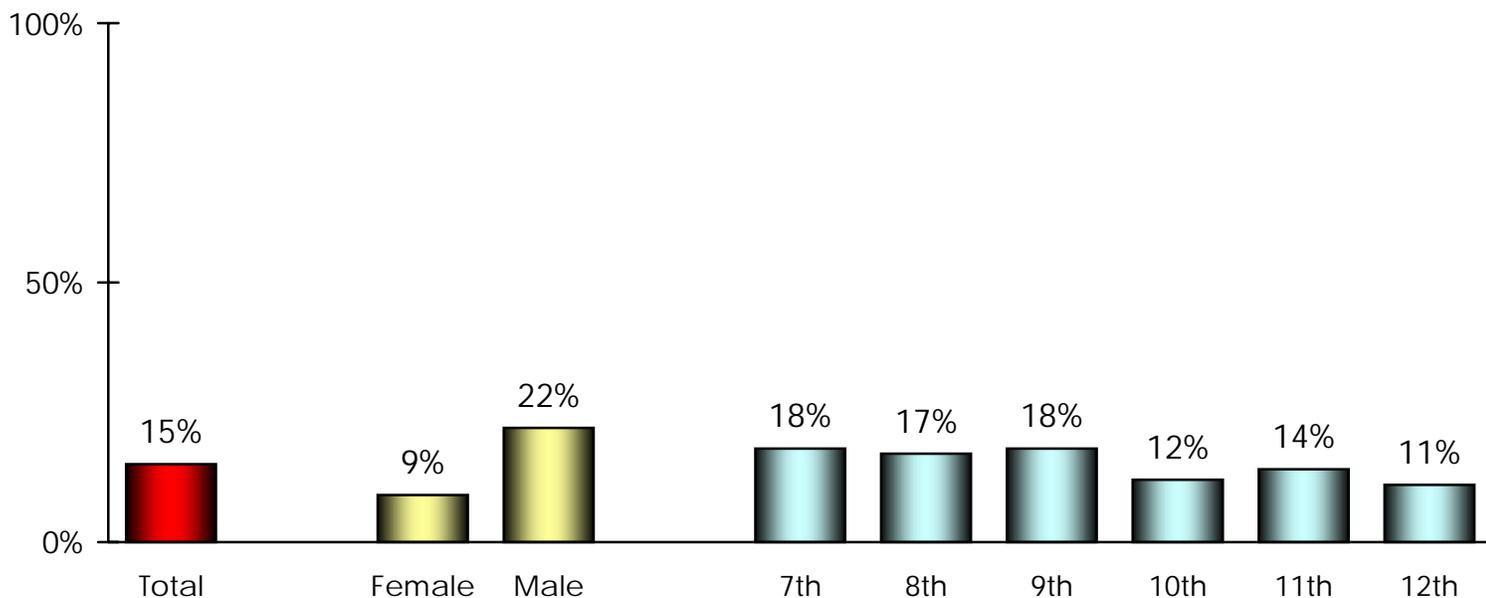
■ Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.

Percentage of students who have had sexual intercourse.

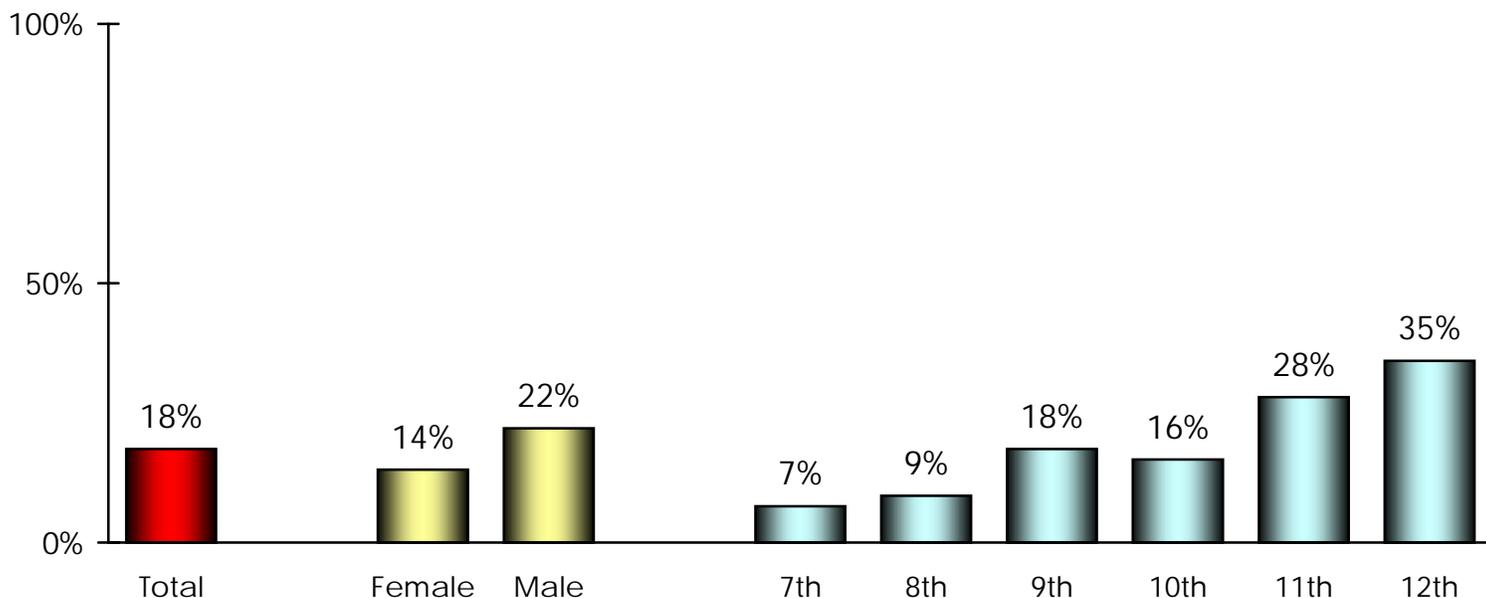


Percentage of students who had sexual intercourse for the first time before age 13.

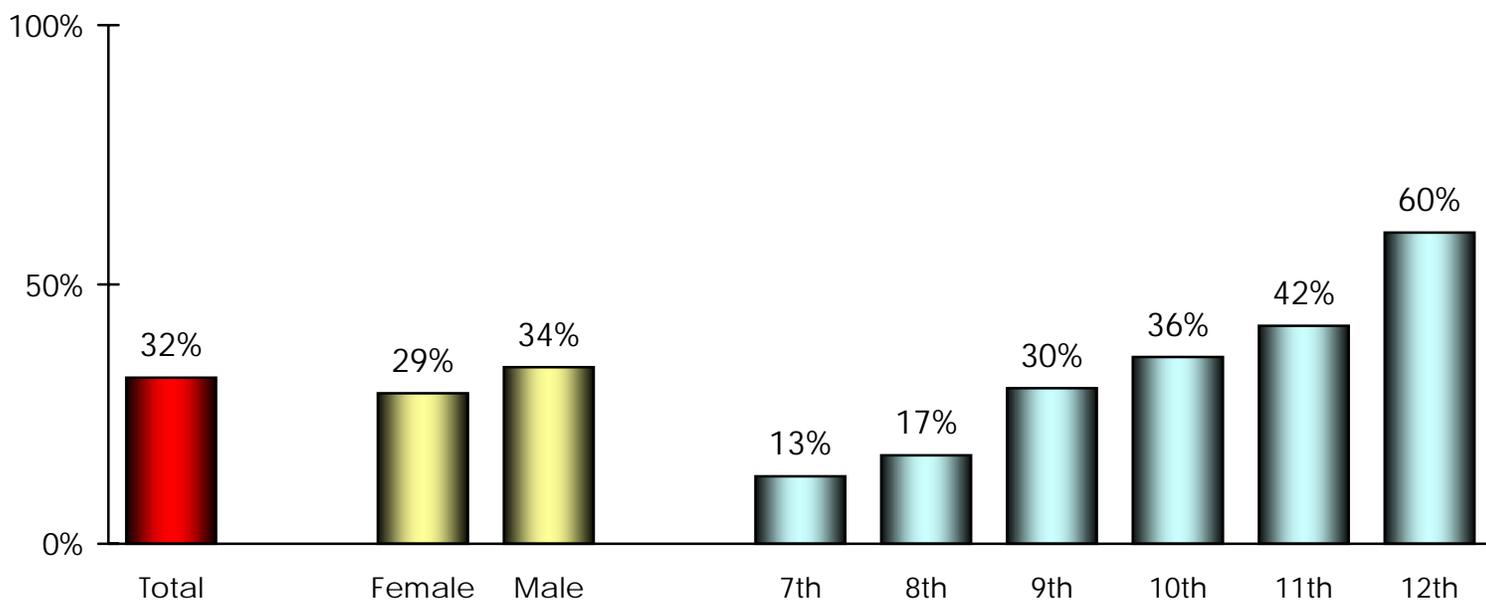


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Percentage of students who had sexual intercourse with four or more people during their life.

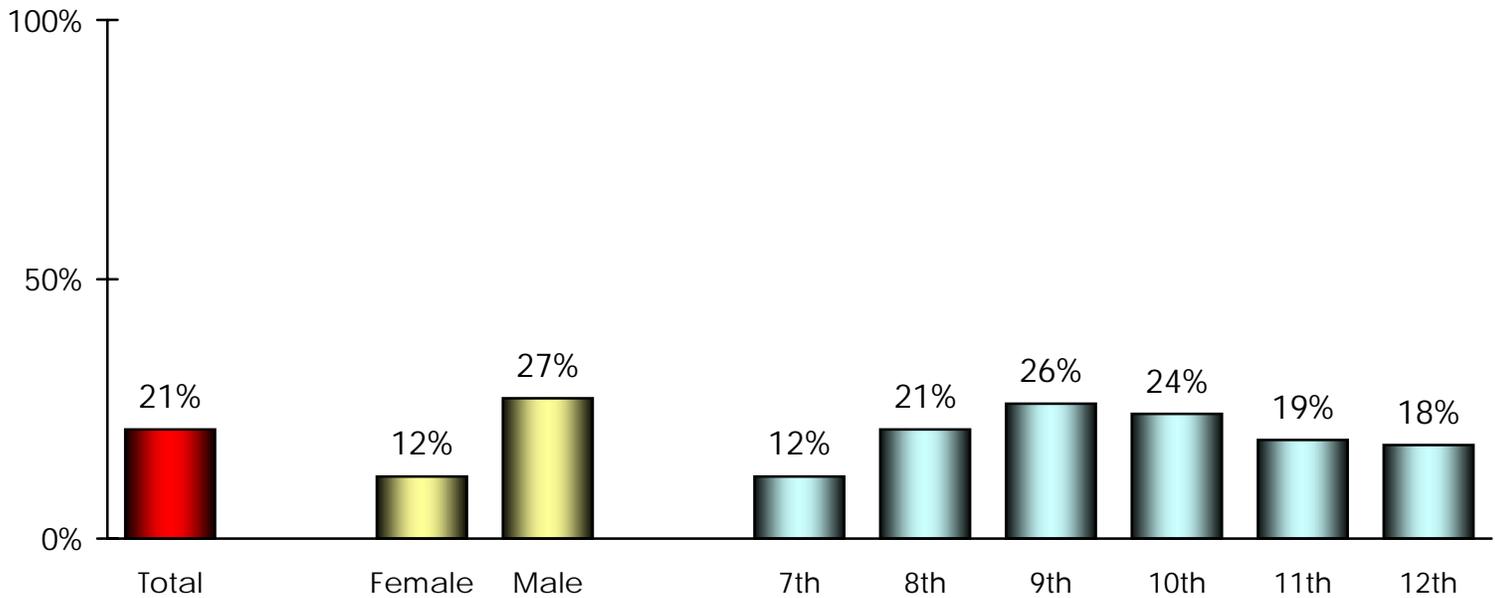


Percentage of students who had sexual intercourse during the past three months.



2001-2002 Cross County Youth Risk Behavior Survey

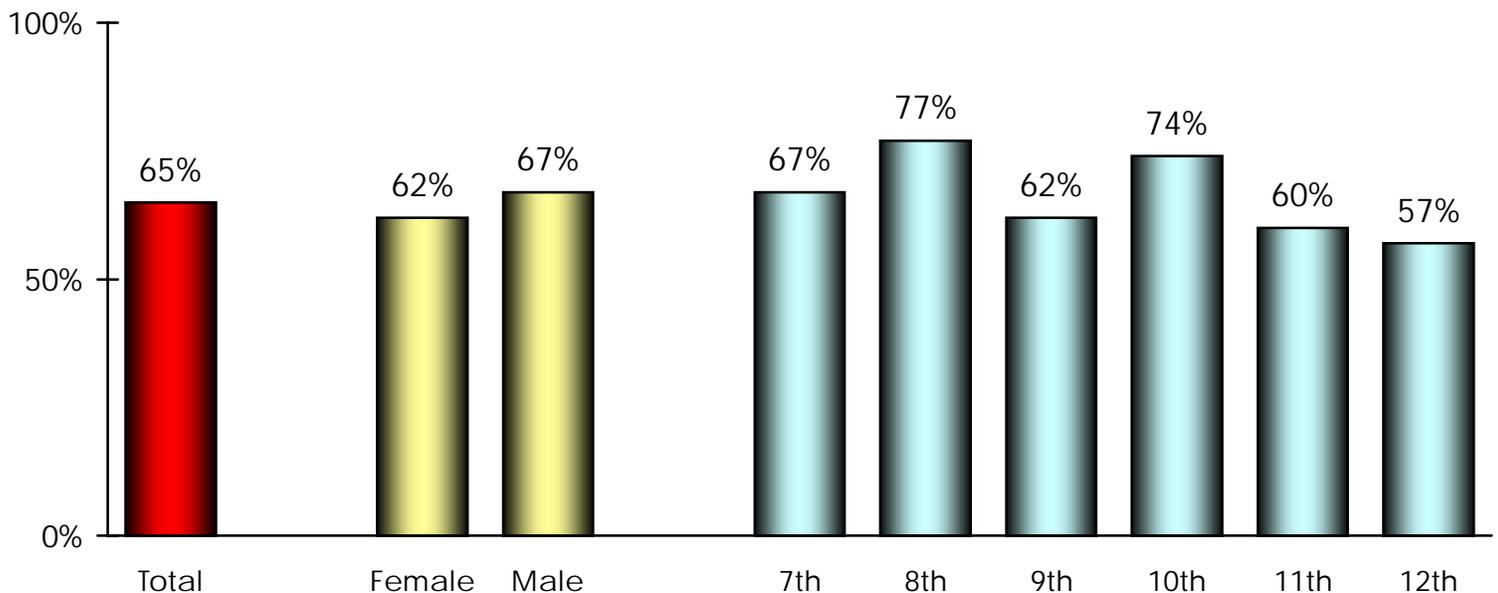
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



■ Contraception

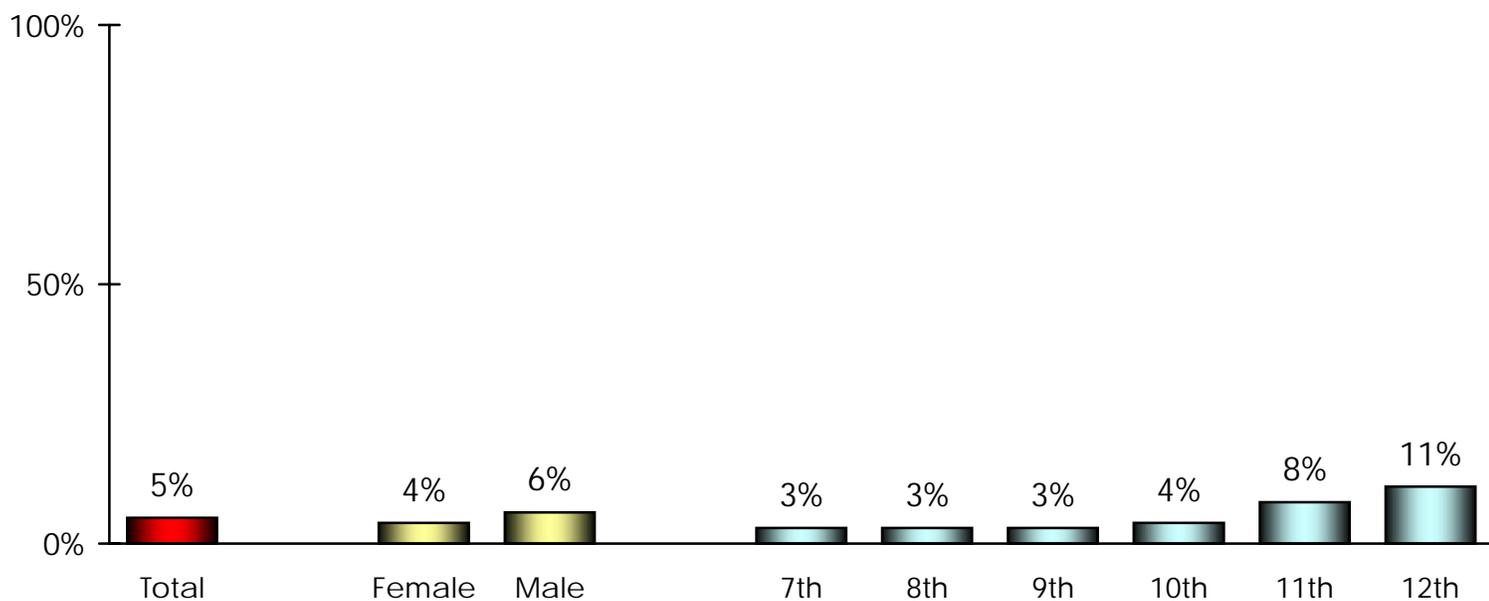
These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who had been or gotten someone pregnant one or more times.

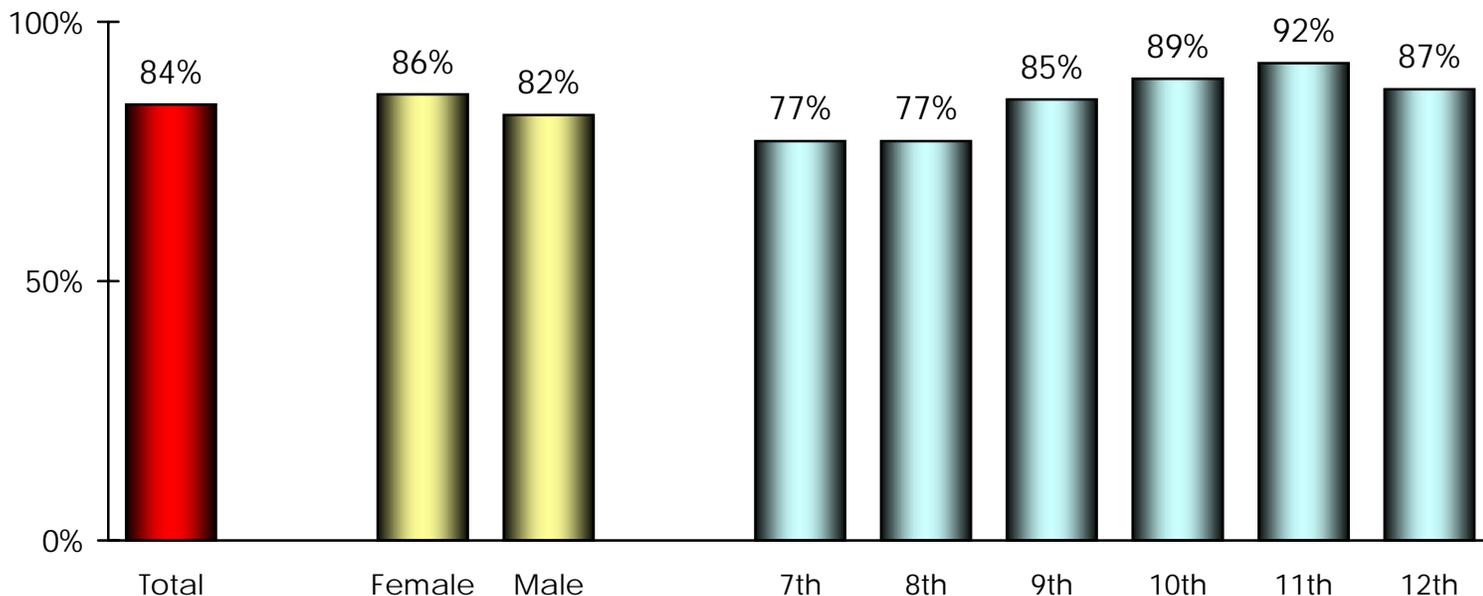


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■ AIDS, HIV, & STDs

This question measures whether students have received HIV information at school.

Percentage of students who were ever taught about AIDS or HIV infection in school.

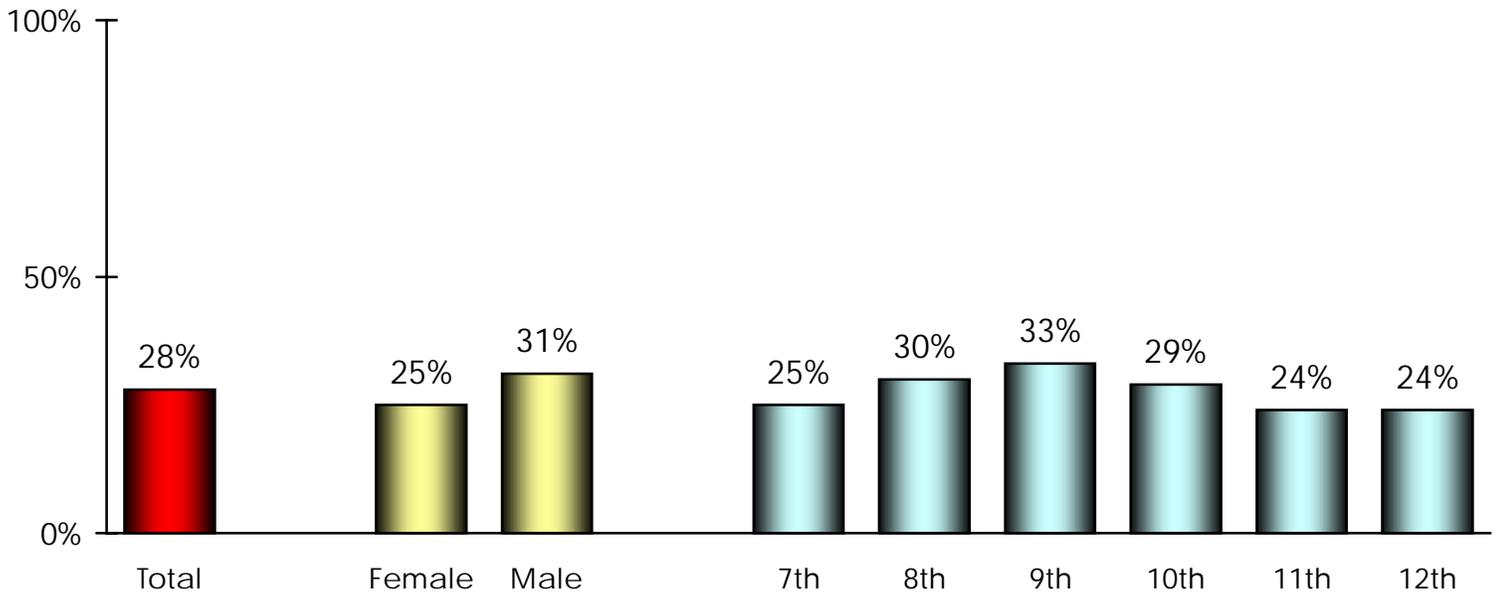


2001-2002 Cross County Youth Risk Behavior Survey

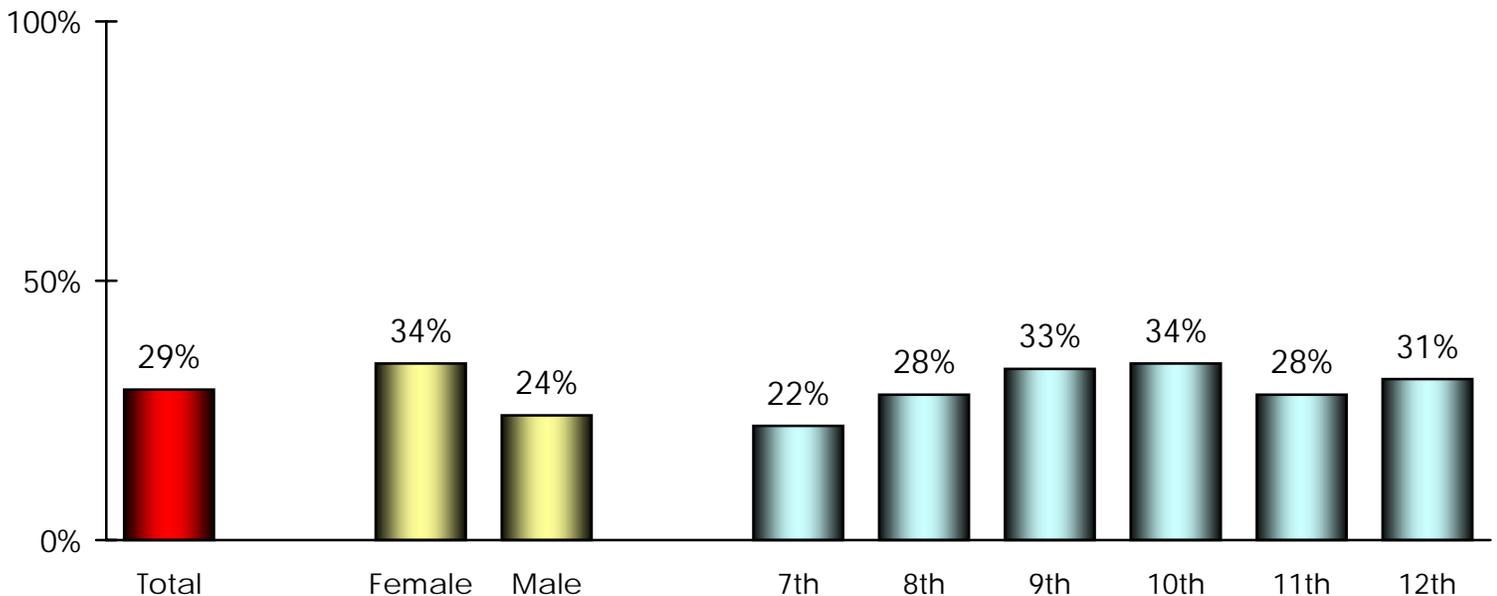
■ Obesity

These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

Percentage of students who are overweight, as calculated by Body Mass Index.

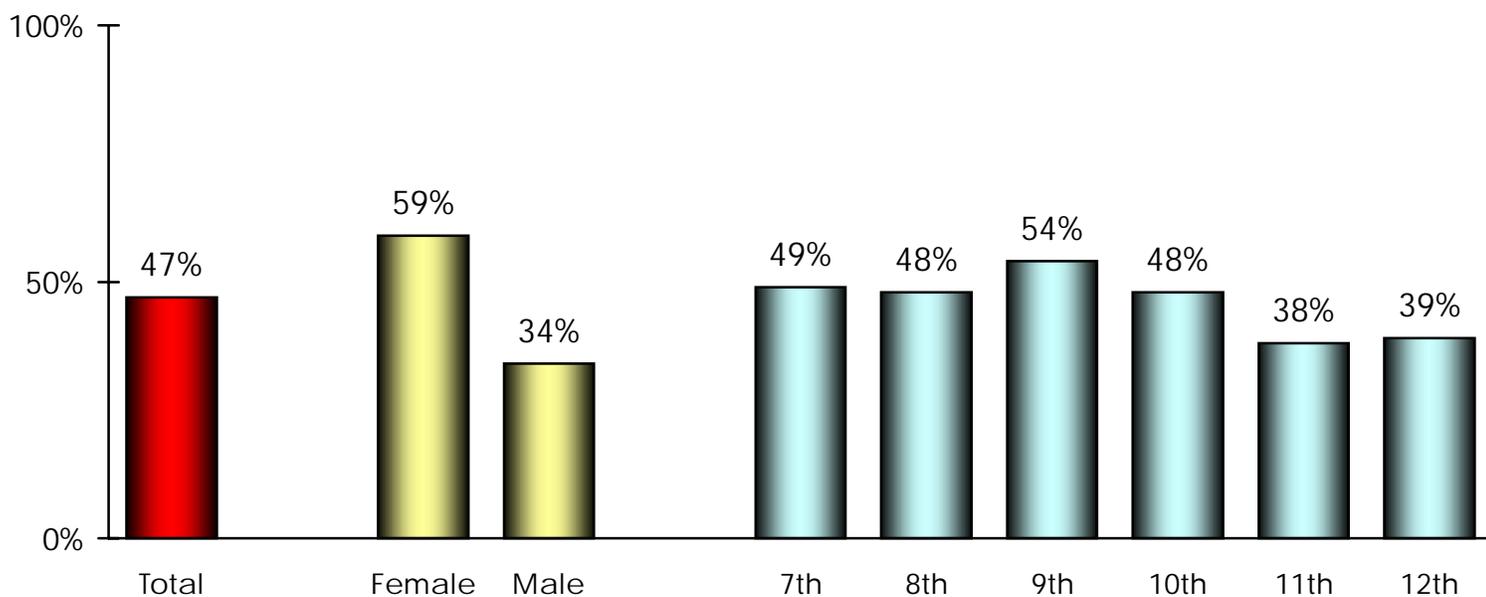


Percentage of students who describe themselves as slightly or very overweight.

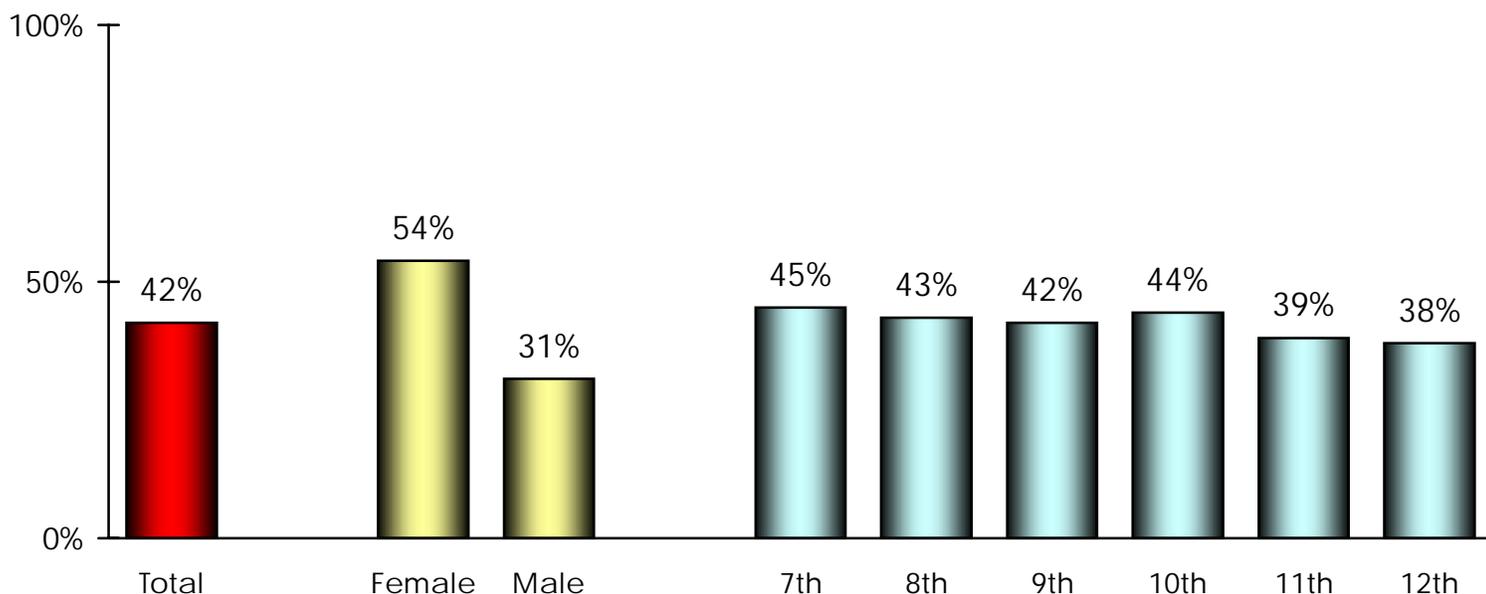


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.

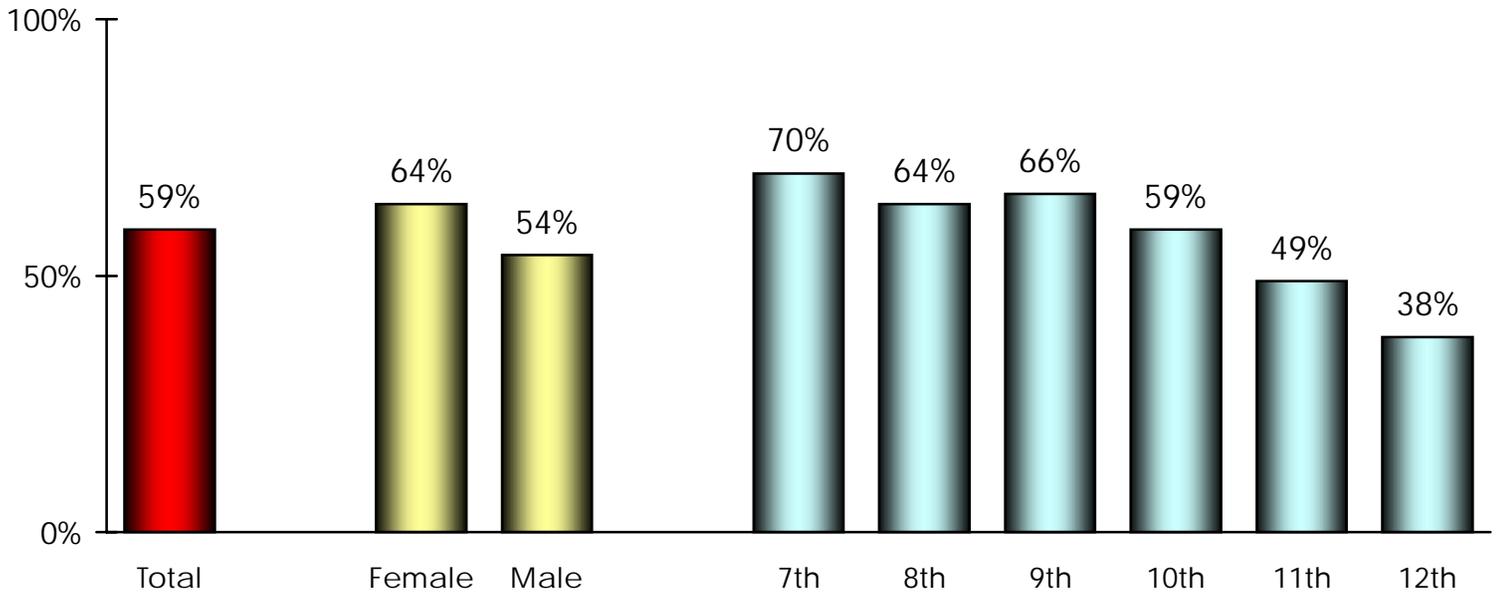


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

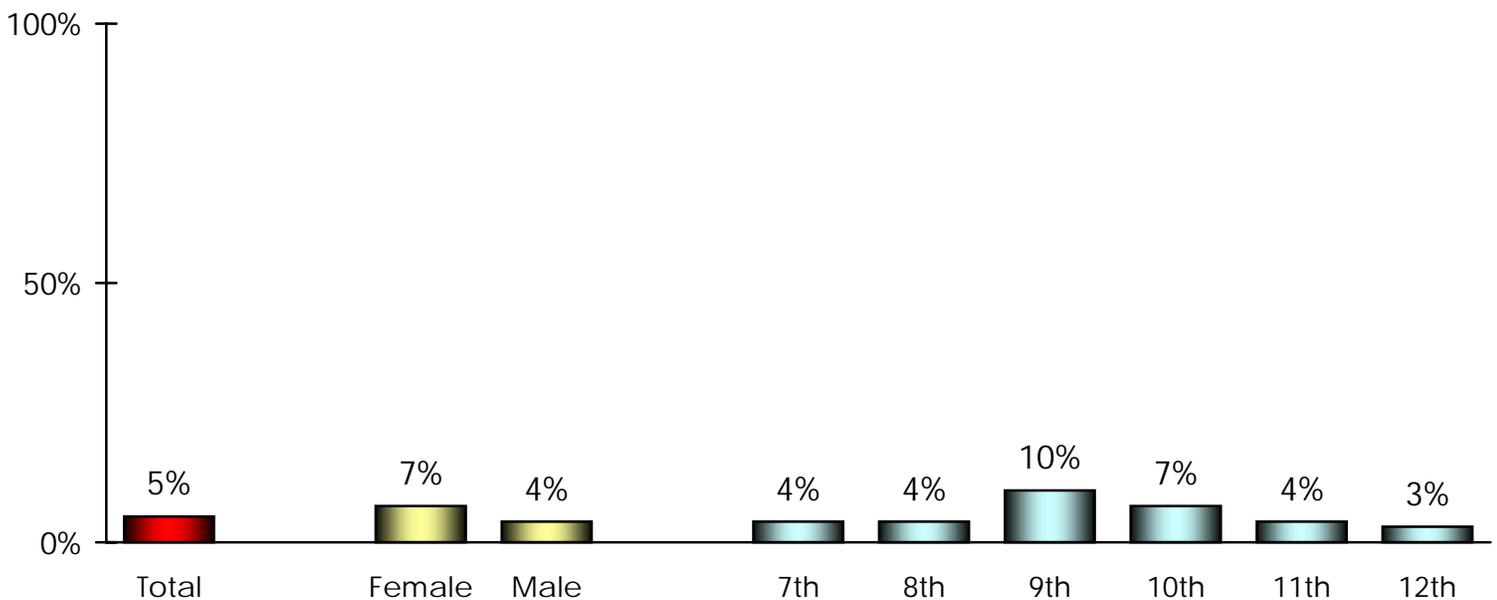


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.

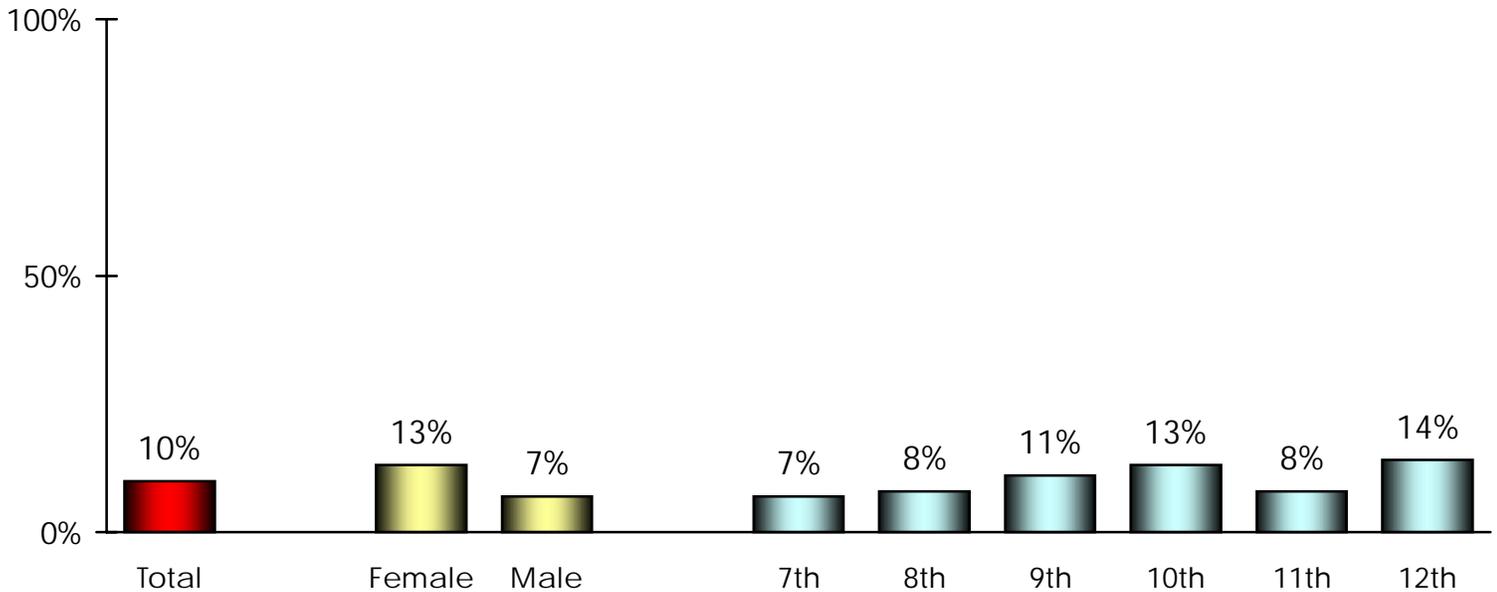


Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.

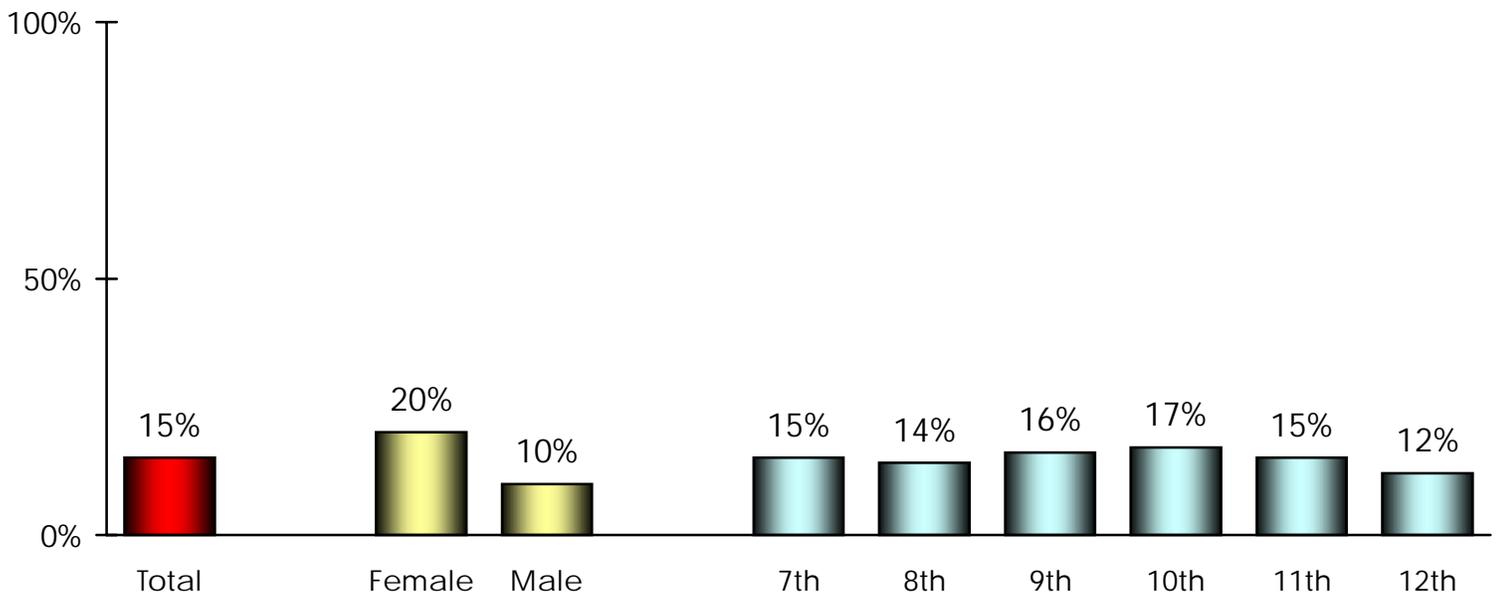


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

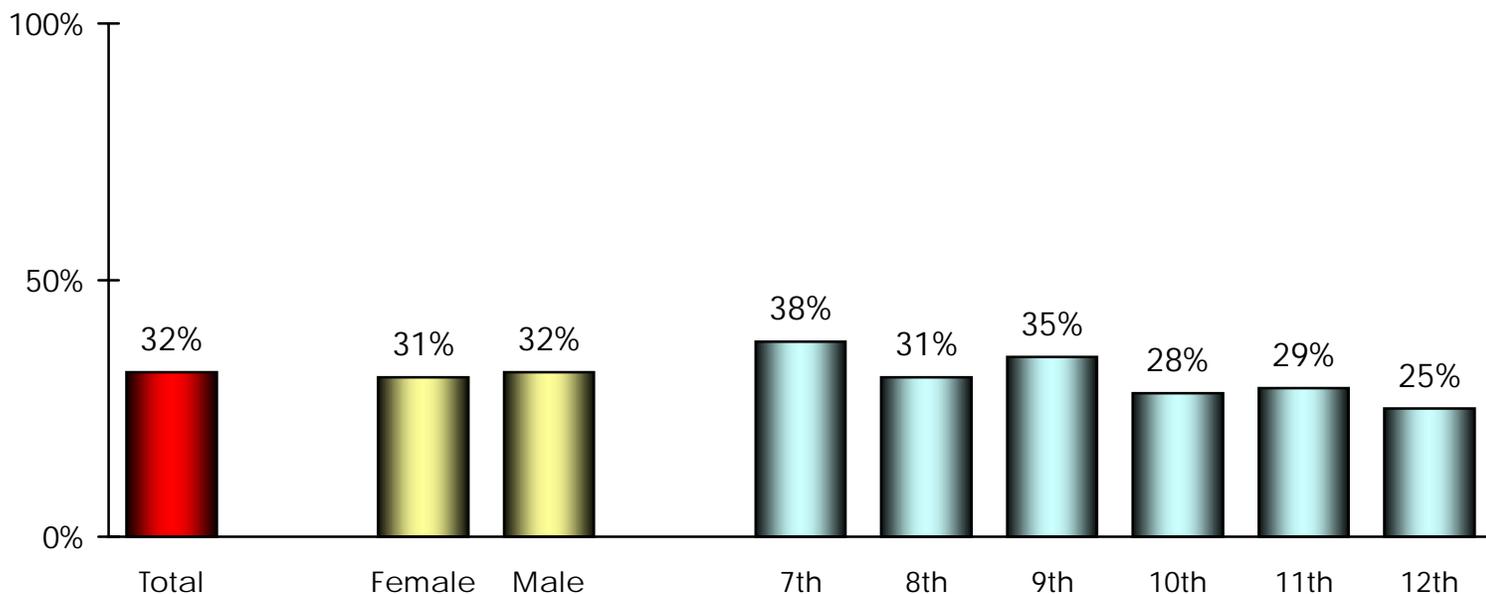


2001-2002 Cross County Youth Risk Behavior Survey

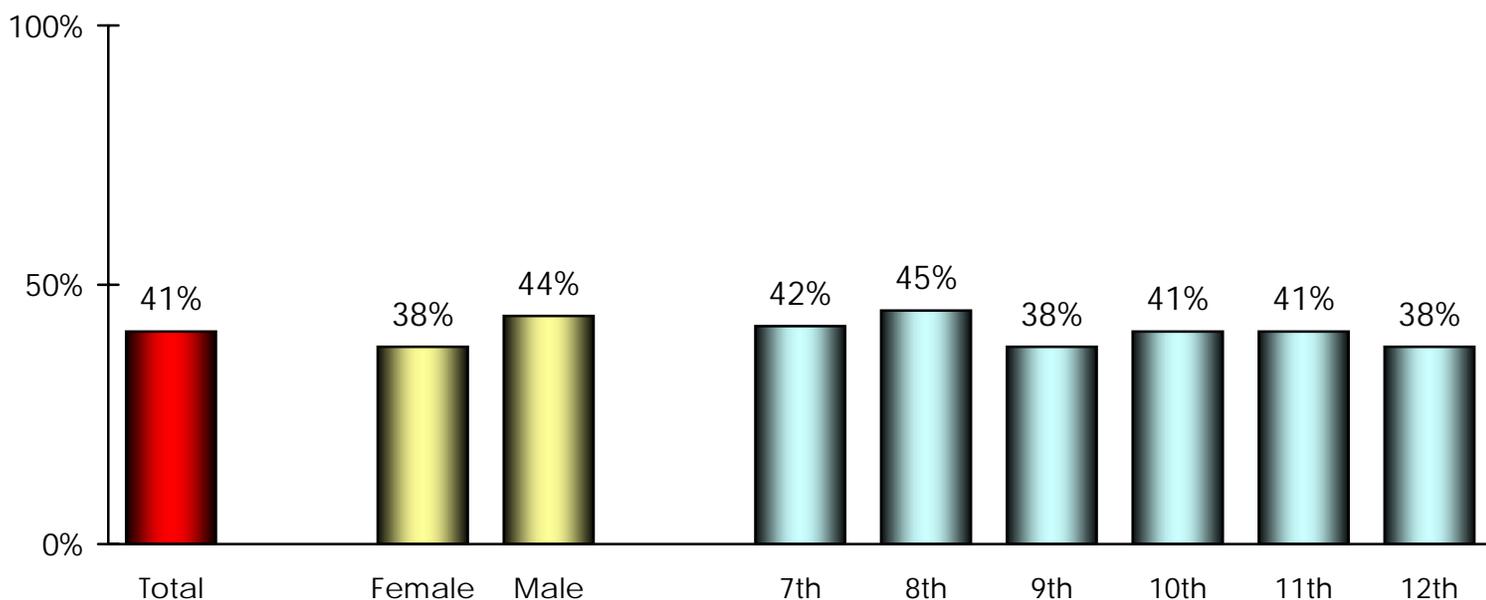
■ Nutrition

These questions measure food choices.

Percentage of students who ate fruit four or more times during the past 7 days.

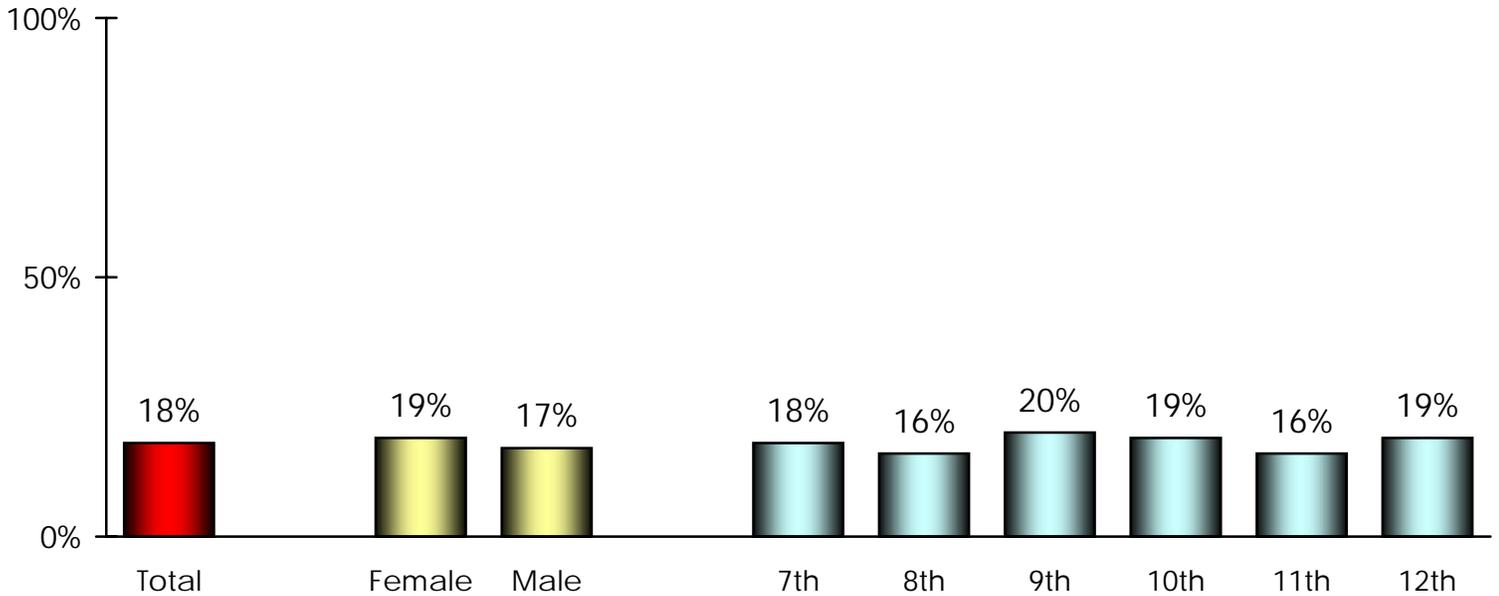


Percentage of students who drank fruit juices four or more times during the past 7 days.

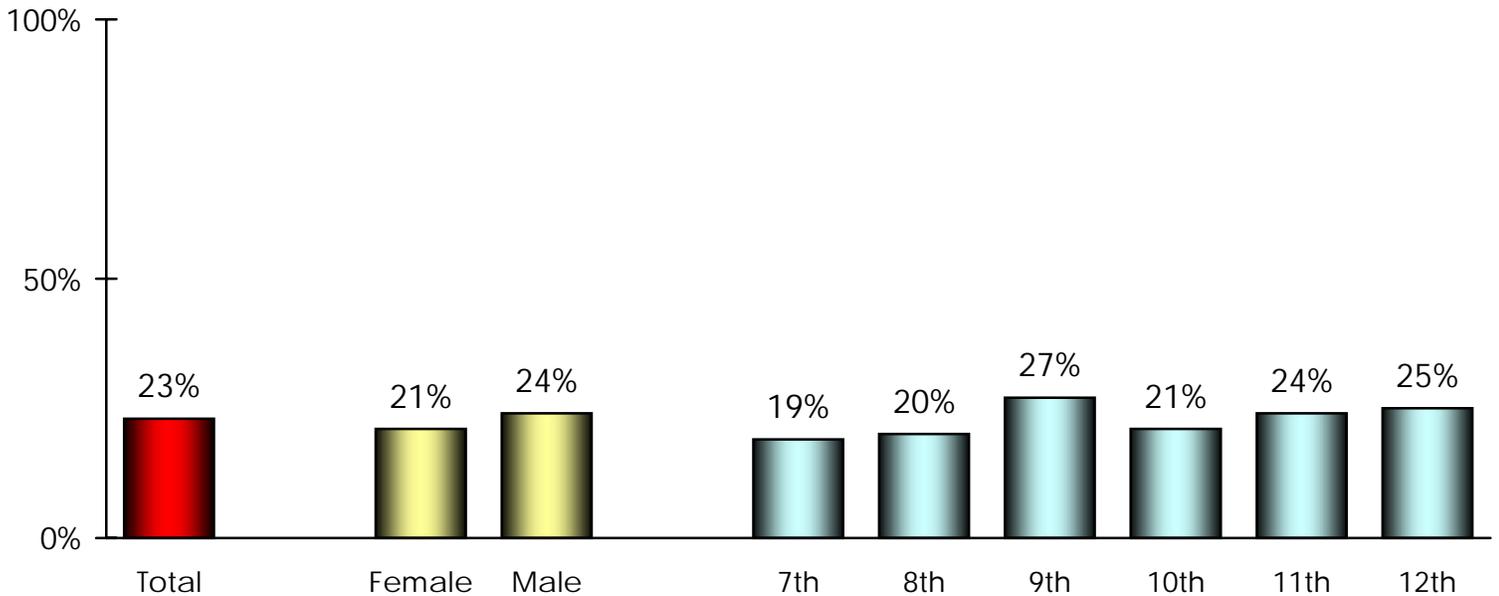


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who ate green salad four or more times during the past 30 days.

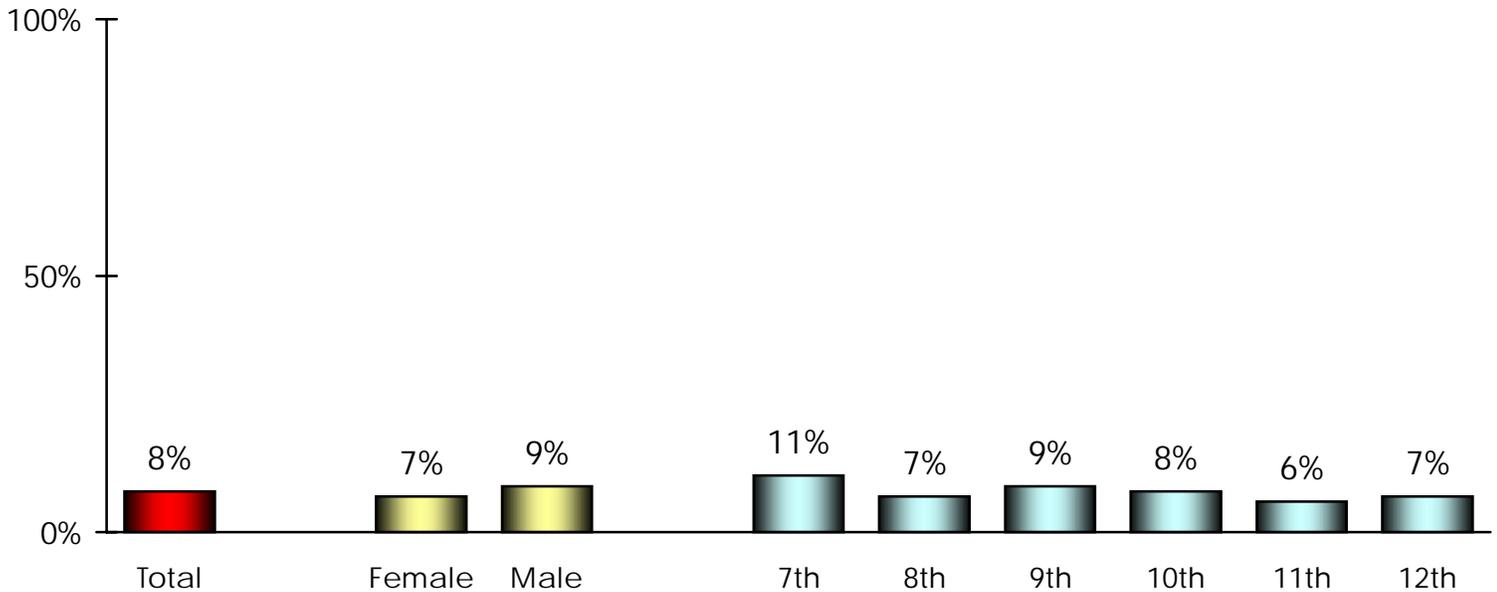


Percentage of students who ate potatoes four or more times during the past 30 days.

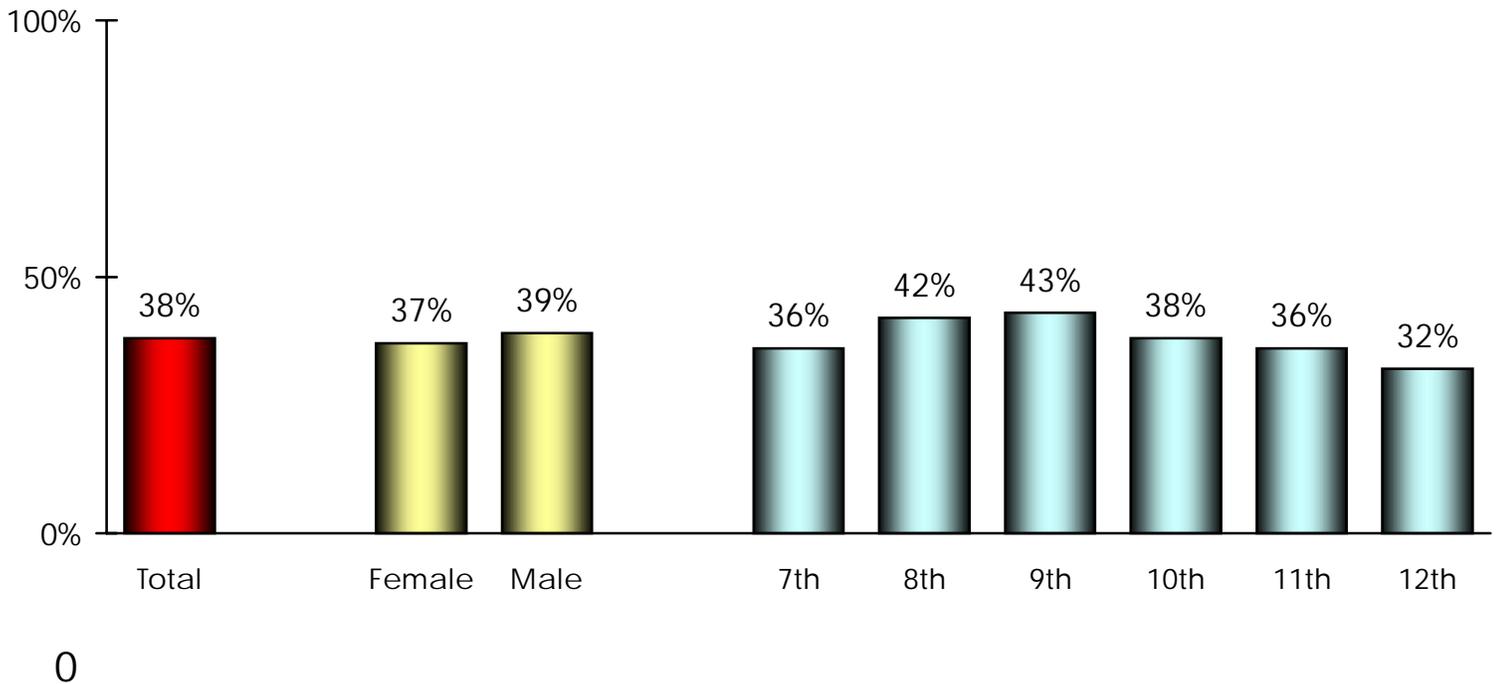


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Percentage of students who ate carrots four or more times during the past 7 days.

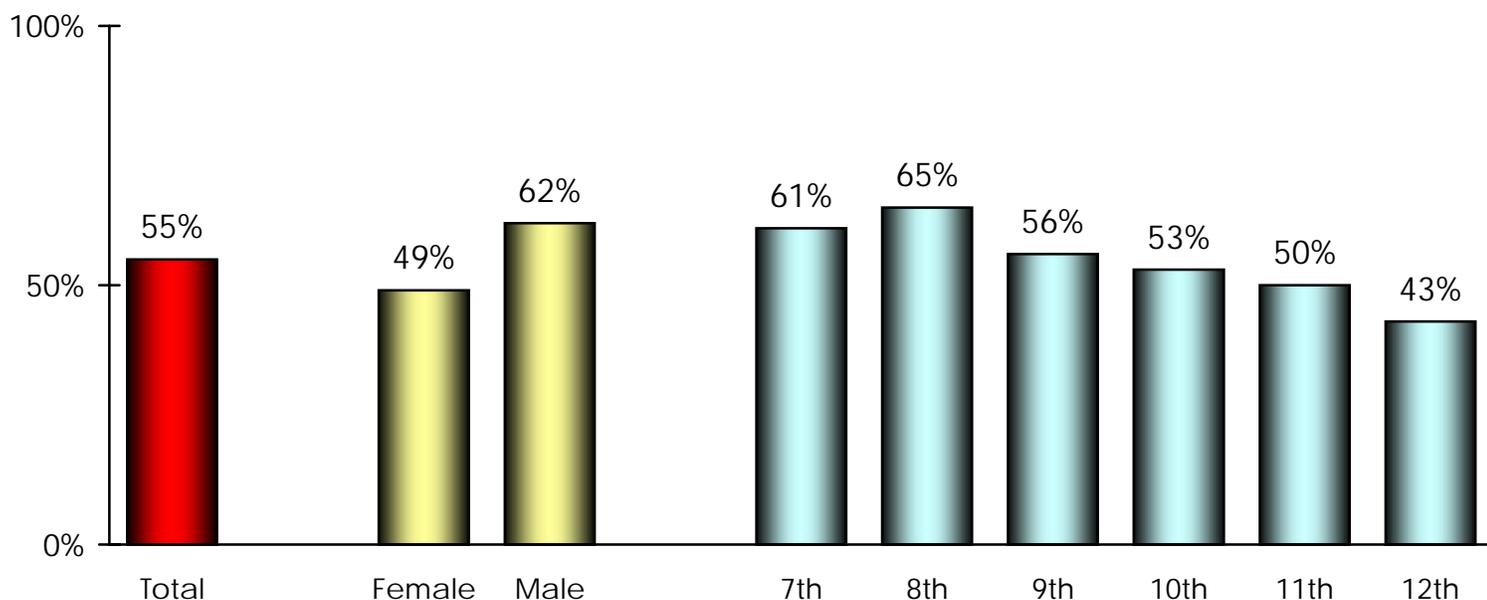


Percentage of students who ate other vegetables four or more times during the past 7 days.



2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who drank milk four or more times during the past 7 days.

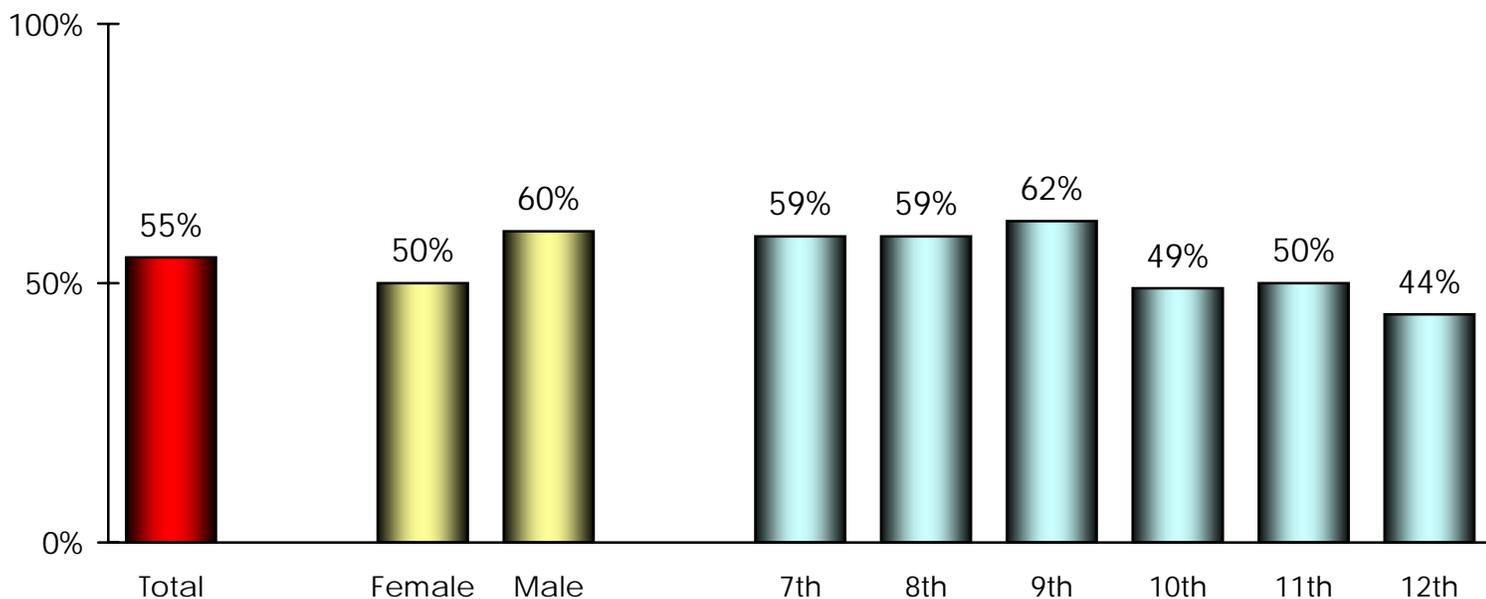


2001-2002 Cross County Youth Risk Behavior Survey

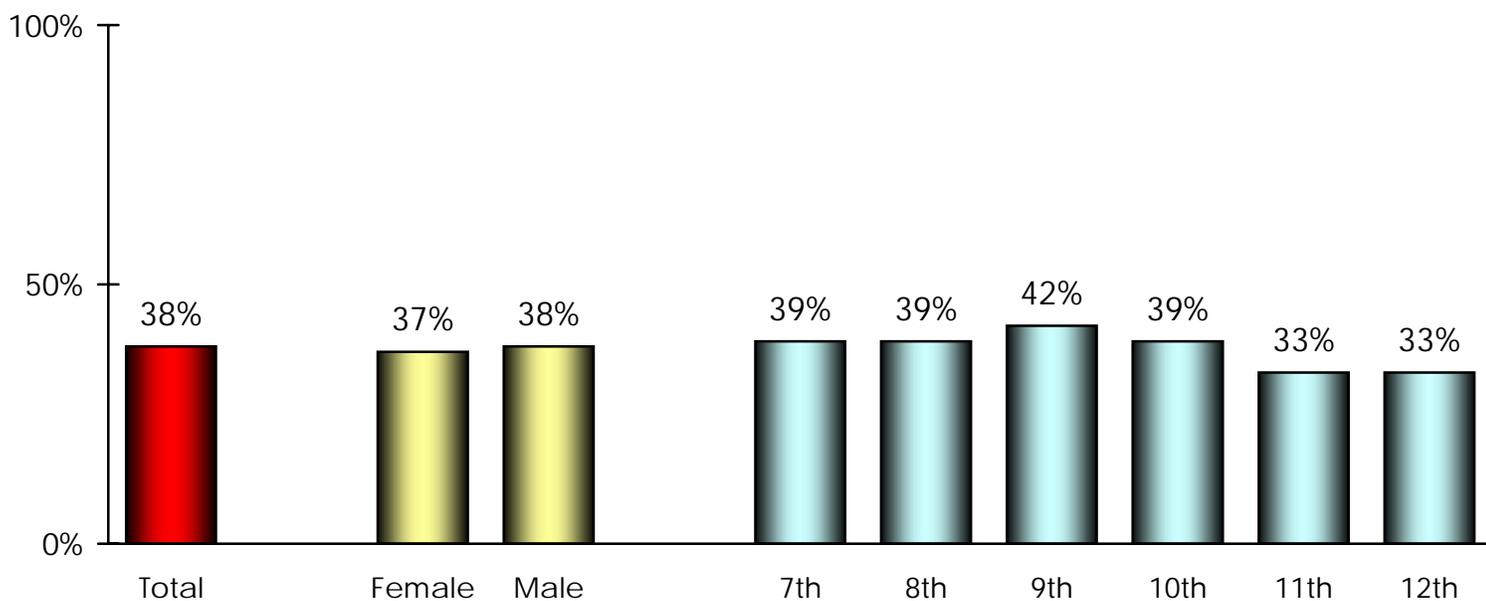
■ Physical Activity

These questions measure students' physical activity, including team sports, physical education class, and sports injuries.

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

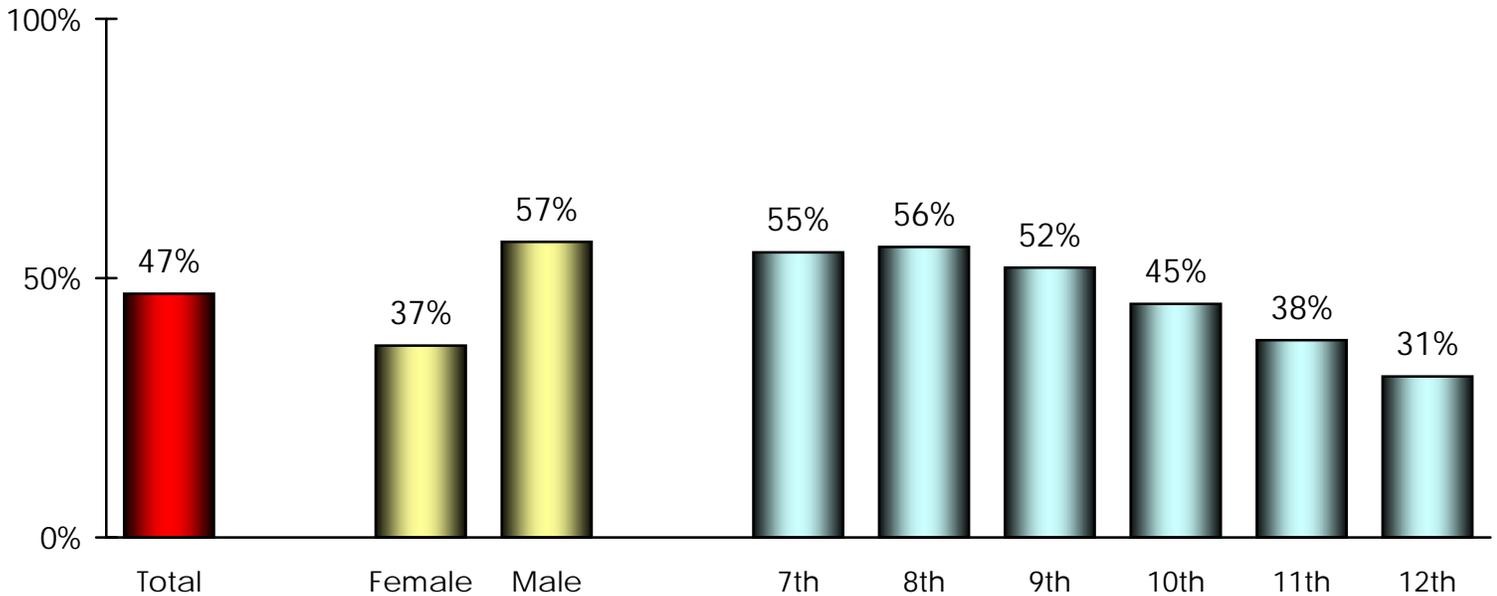


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

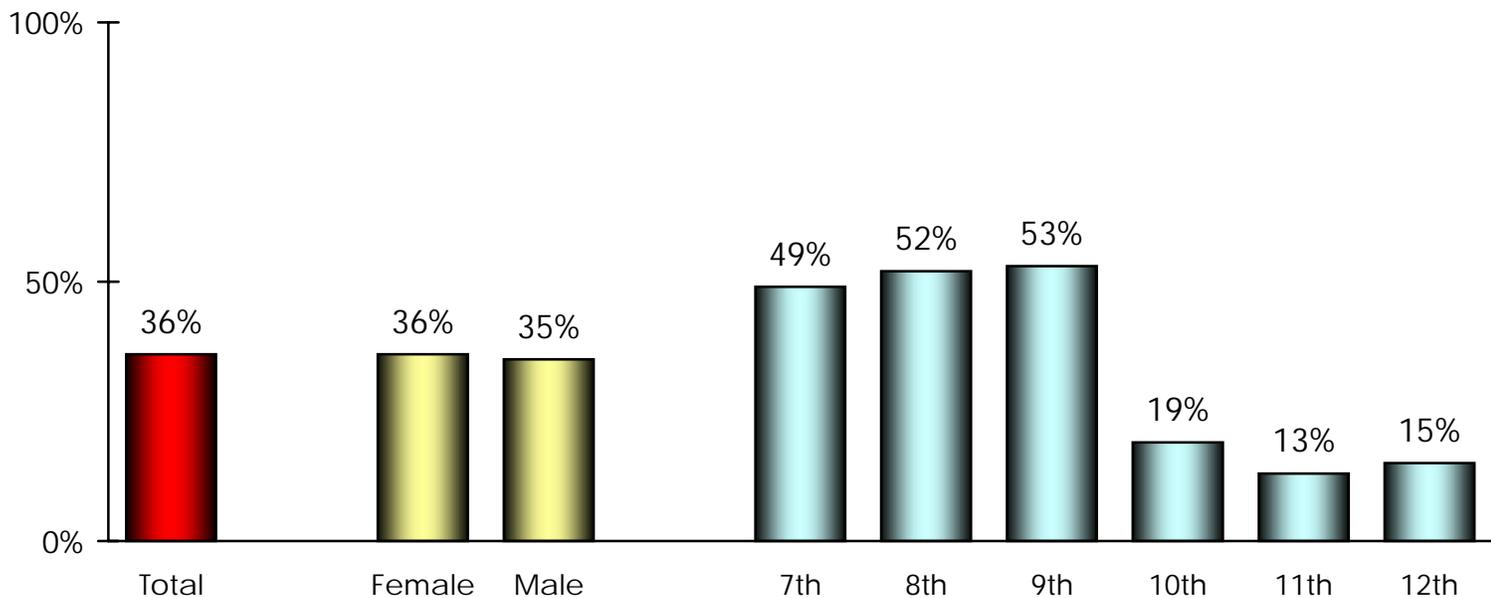


2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

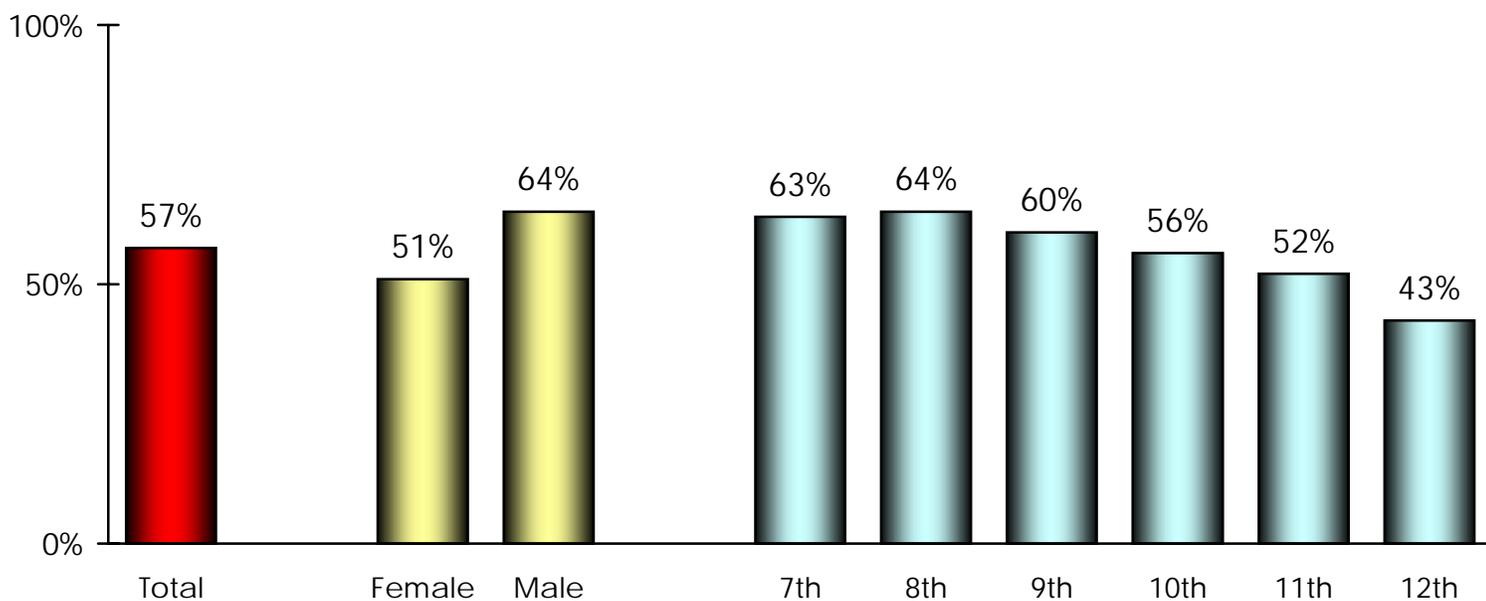


Percentage of students who attended physical education (PE) class one or more days during an average school week.



2001-2002 Cross County Youth Risk Behavior Survey

Percentage of students who played on one or more sports teams during the past 12 months.



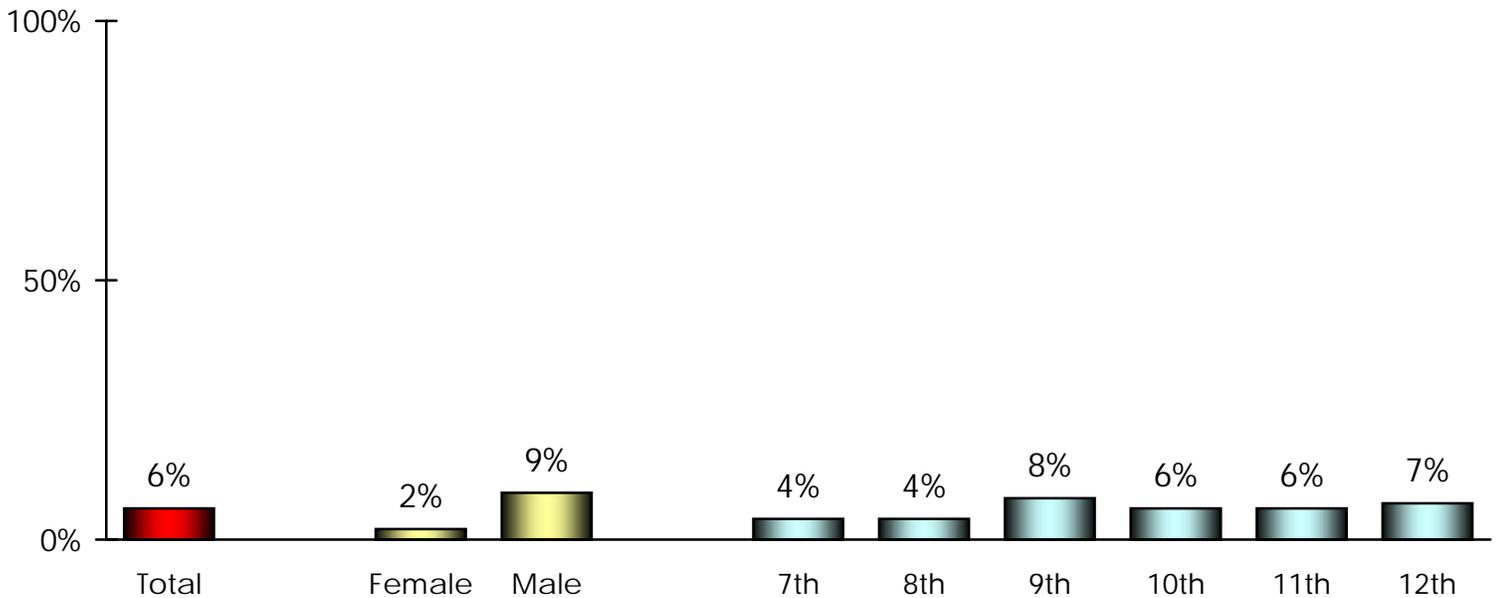
2001-2002 Cross County Youth Risk Behavior Survey

■ Violence-Related Behaviors at School

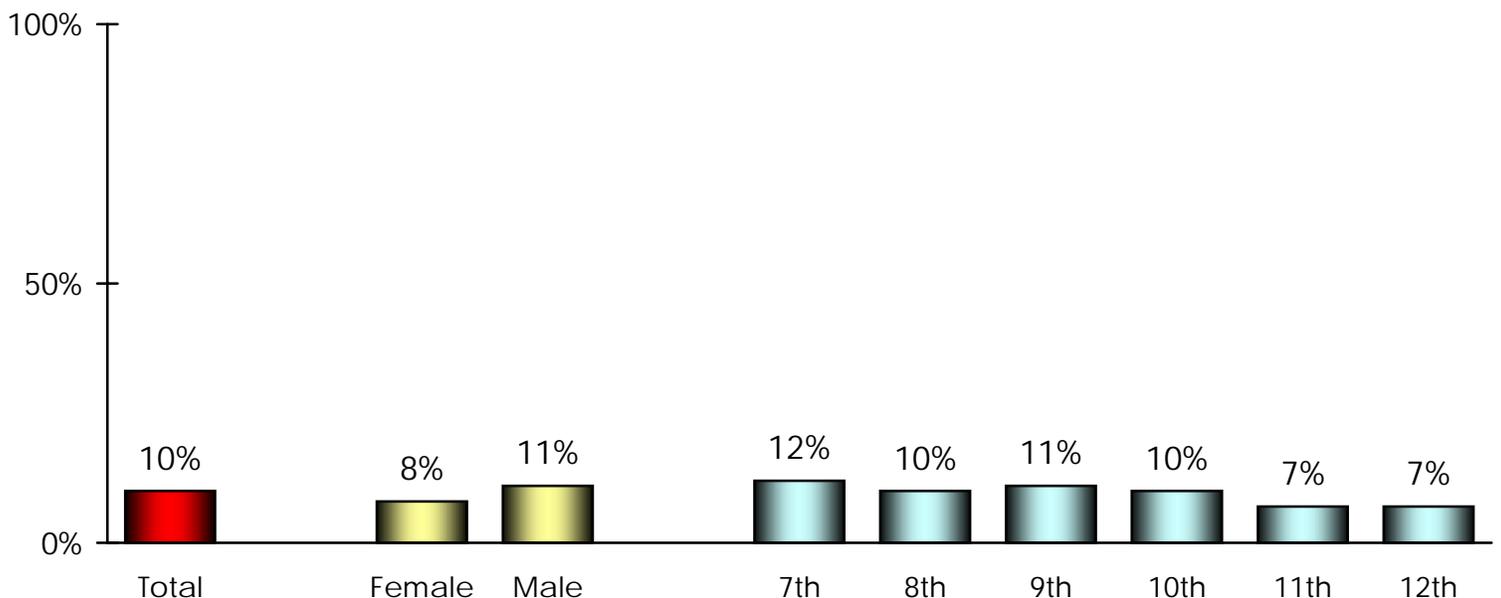
These questions measure violence related behaviors at school.

Percentage of students who carried a weapon* on school property on one or more of the past 30 days.

*such as a gun, knife, or club.

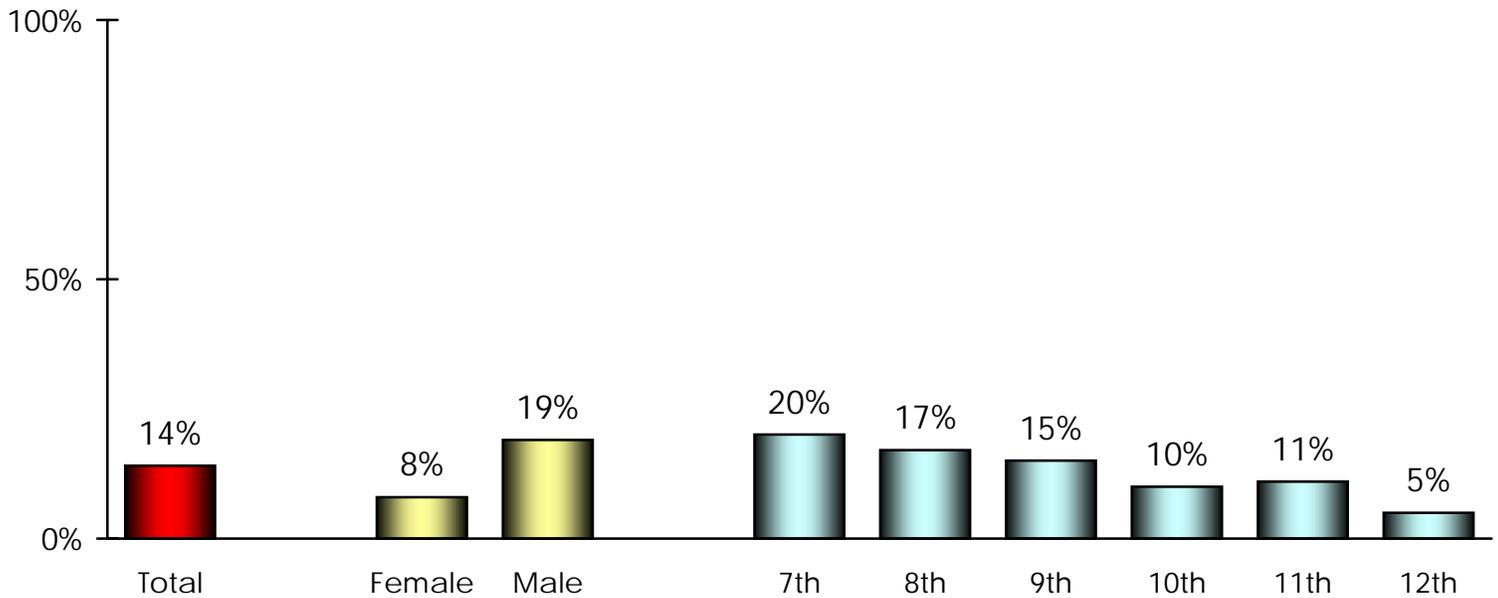


Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



2001-2002 Cross County Youth Risk Behavior Survey

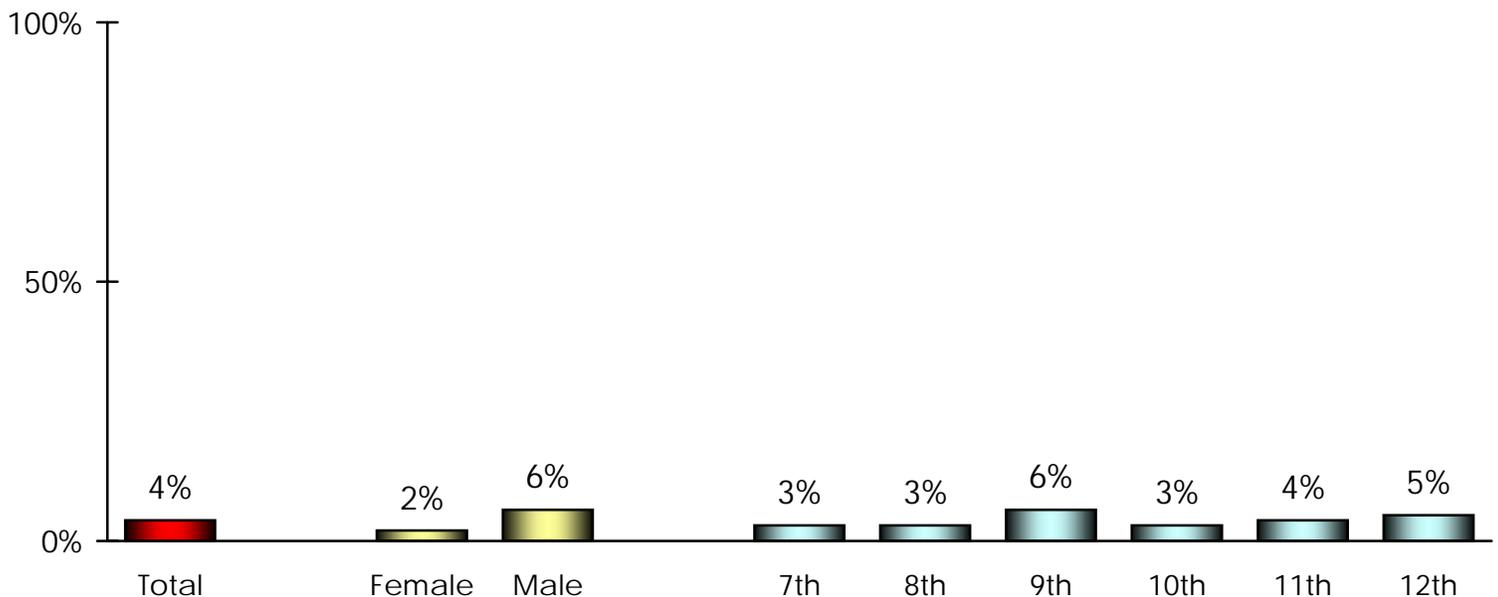
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



■ Tobacco Use at School

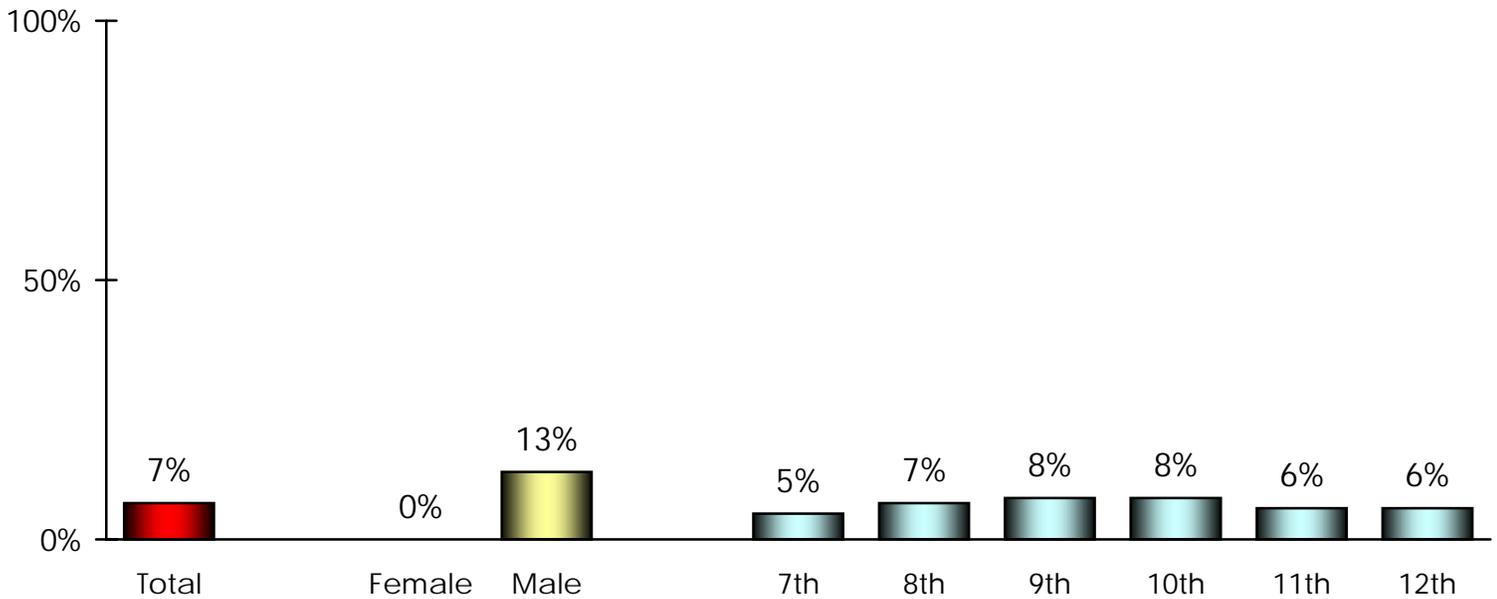
These questions measure tobacco use on school property.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



2001-2002 Cross County Youth Risk Behavior Survey

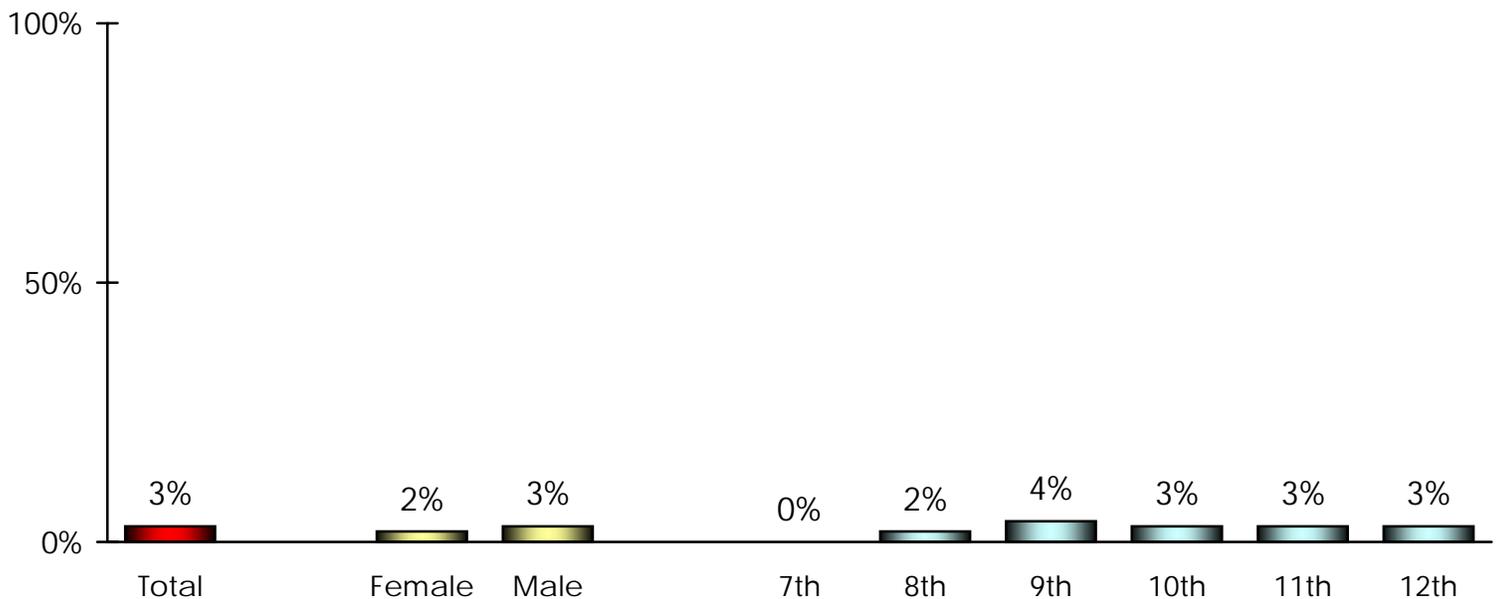
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



■ Alcohol Use at School

This question measures alcohol use on school property.

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

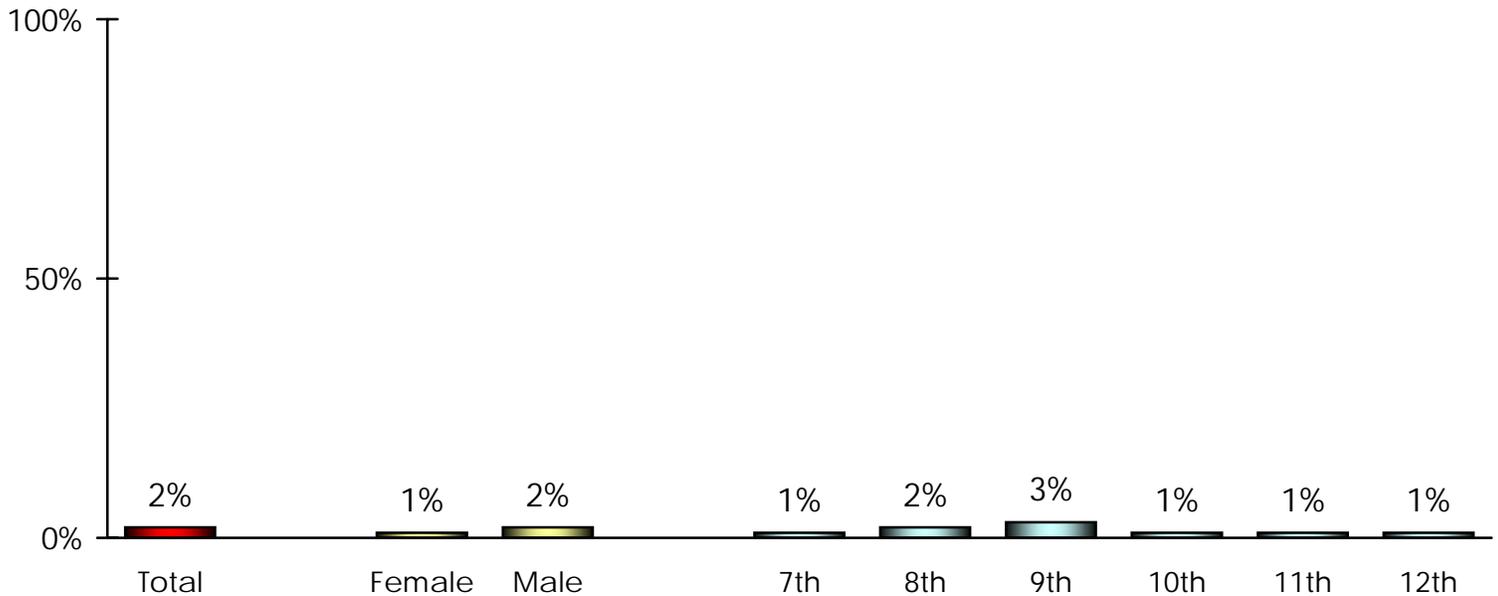


2001-2002 Cross County Youth Risk Behavior Survey

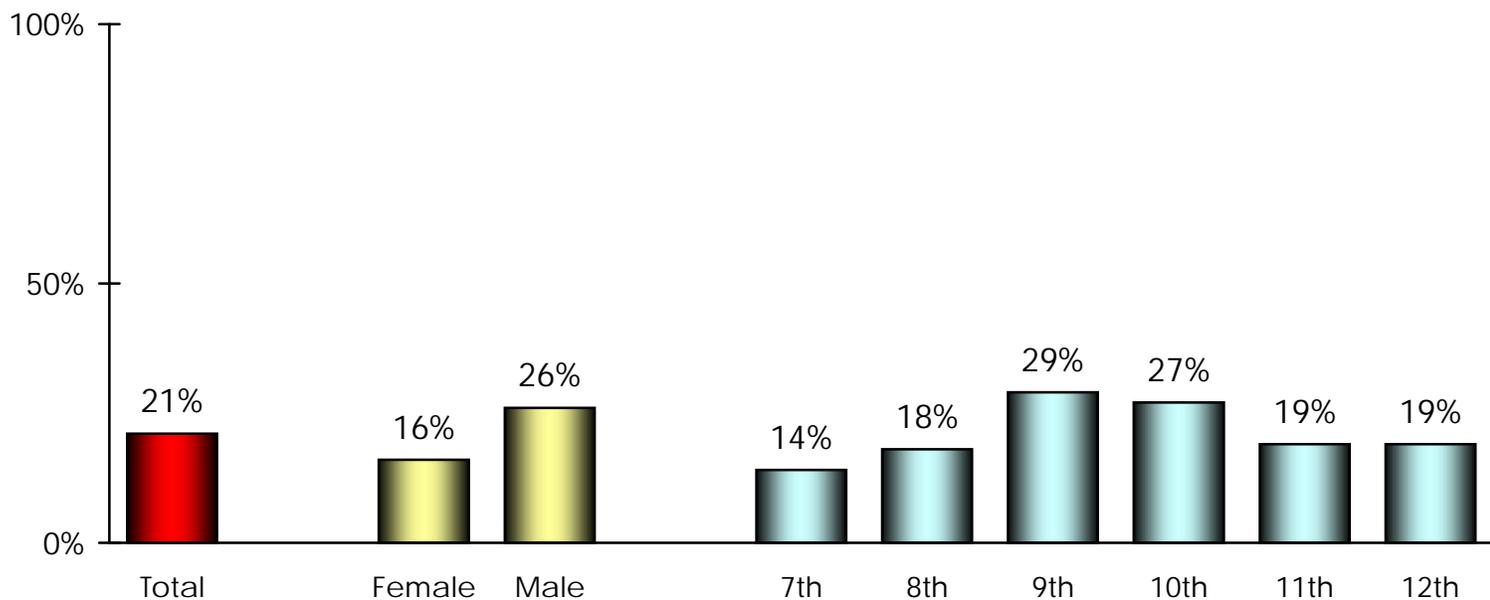
■ Drug Use at School

These questions measure drug use and availability on school property.

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



2001-2002 Cross County Youth Risk Behavior Survey

CROSS COUNTY 2001-2002 YRBS RESULTS

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	111	7.49
13	248	16.75
14	263	17.76
15	255	17.22
16	236	15.94
17	241	16.27
18 OR OLDER	127	8.58

Frequency Missing = 2

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	727	49.19
MALE	751	50.81

Frequency Missing = 5

2001-2002 Cross County Youth Risk Behavior Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	277	18.75
8TH	263	17.81
9TH	273	18.48
10TH	239	16.18
11TH	232	15.71
12TH	193	13.07

Frequency Missing = 6

7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	1009	68.45
NEVER WORE	225	15.26
RARELY WORE	47	3.19
SOMETIMES WORE	43	2.92
WORE MOST OF THE TIME	54	3.66
ALWAYS WORE	96	6.51

Frequency Missing = 9

2001-2002 Cross County Youth Risk Behavior Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	448	30.39
NEVER WORE	953	64.65
RARELY WORE	31	2.10
SOMETIMES WORE	13	0.88
WORE MOST OF THE TIME	11	0.75
ALWAYS WORE	18	1.22

Frequency Missing = 9

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	131	8.89
RARELY	251	17.04
SOMETIMES	382	25.93
MOST OF THE TIME	418	28.38
ALWAYS	291	19.76

Frequency Missing = 10

2001-2002 Cross County Youth Risk Behavior Survey

10. During the past 30 days,
how many times did you ride
in a car or other
vehicle driven by someone who
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	1012	68.52
1 TIME	131	8.87
2-3 TIMES	171	11.58
4-5 TIMES	54	3.66
6+ TIMES	109	7.38

Frequency Missing = 6

11. During the past 30 days, how
many times did you drive a car
or other vehicle
when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	1304	89.44
1 TIME	70	4.80
2-3 TIMES	49	3.36
4-5 TIMES	12	0.82
6+ TIMES	23	1.58

Frequency Missing = 25

2001-2002 Cross County Youth Risk Behavior Survey

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	1083	74.69
1 TIME	56	3.86
2-3 TIMES	81	5.59
4-5 TIMES	33	2.28
6+ TIMES	197	13.59

Frequency Missing = 33

13. During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	1283	88.00
1 TIME	54	3.70
2-3 TIMES	55	3.77
4-5 TIMES	24	1.65
6+ TIMES	42	2.88

Frequency Missing = 25

2001-2002 Cross County Youth Risk Behavior Survey

14. During the past 30 days,
on how many days did you carry
a weapon such
as a gun, knife, or club on
school property?

	Number of Students	Percent of Total
0 TIMES	1385	94.35
1 TIME	27	1.84
2-3 TIMES	19	1.29
4-5 TIMES	6	0.41
6+ TIMES	31	2.11

Frequency Missing = 15

15. During the past 30 days,
on how many days did you not
go to school because
you felt you would
be unsafe at school or on your
way to or from school?

	Number of Students	Percent of Total
0 TIMES	1382	94.08
1 TIME	44	3.00
2-3 TIMES	17	1.16
4-5 TIMES	12	0.82
6+ TIMES	14	0.95

Frequency Missing = 14

2001-2002 Cross County Youth Risk Behavior Survey

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	1338	90.34
1 TIME	62	4.19
2-3 TIMES	39	2.63
4-5 TIMES	14	0.95
6-7 TIMES	5	0.34
8-9 TIMES	2	0.14
10-11 TIMES	2	0.14
12+ TIMES	19	1.28

Frequency Missing = 2

2001-2002 Cross County Youth Risk Behavior Survey

17. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	930	64.63
1 TIME	226	15.71
2-3 TIMES	169	11.74
4-5 TIMES	39	2.71
6-7 TIMES	19	1.32
8-9 TIMES	11	0.76
10-11 TIMES	5	0.35
12+ TIMES	40	2.78

Frequency Missing = 44

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	1373	95.75
1 TIME	48	3.35
2-3 TIMES	10	0.70
4-5 TIMES	2	0.14
6+ TIMES	1	0.07

Frequency Missing = 49

2001-2002 Cross County Youth Risk Behavior Survey

19. During the past 12 months, how many times were you in a physical fight on school property?

	Number of Students	Percent of Total
0 TIMES	1279	86.24
1 TIME	126	8.50
2-3 TIMES	45	3.03
4-5 TIMES	8	0.54
6-7 TIMES	10	0.67
8-9 TIMES	6	0.40
10-11 TIMES	3	0.20
12+ TIMES	6	0.40

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

	Number of Students	Percent of Total
YES	157	10.67
NO	1315	89.33

Frequency Missing = 11

2001-2002 Cross County Youth Risk Behavior Survey

21. Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	143	9.68
NO	1334	90.32

Frequency Missing = 6

22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	424	28.61
NO	1058	71.39

Frequency Missing = 1

23. During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	210	14.96
NO	1194	85.04

Frequency Missing = 79

2001-2002 Cross County Youth Risk Behavior Survey

24. During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	183	12.42
NO	1291	87.58

Frequency Missing = 9

25. During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	1168	93.82
1 TIME	38	3.05
2-3 TIMES	26	2.09
4-5 TIMES	7	0.56
6+ TIMES	6	0.48

Frequency Missing = 238

2001-2002 Cross County Youth Risk Behavior Survey

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	1166	91.96
YES	29	2.29
NO	73	5.76

Frequency Missing = 215

27. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	932	65.40
NO	493	34.60

Frequency Missing = 58

2001-2002 Cross County Youth Risk Behavior Survey

28. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	752	52.70
8 OR YOUNGER	98	6.87
AGE 9-10	130	9.11
AGE 11-12	208	14.58
AGE 13-14	148	10.37
AGE 15-16	74	5.19
17 OR OLDER	17	1.19

Frequency Missing = 56

29. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	1063	75.23
1-2 DAYS	80	5.66
3-5 DAYS	41	2.90
6-9 DAYS	32	2.26
10-19 DAYS	30	2.12
20-29 DAYS	39	2.76
ALL 30 DAYS	128	9.06

Frequency Missing = 70

2001-2002 Cross County Youth Risk Behavior Survey

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	Number of Students	Percent of Total
NONE IPM	1061	75.46
LT 1 PER DAY	63	4.48
1/DAY	55	3.91
2-5/DAY	129	9.17
6-10/DAY	53	3.77
11-20/DAY	38	2.70
21+ /DAY	7	0.50

Frequency Missing = 77

31. During the past 30 days, how did you usually get your own cigarettes?

	Number of Students	Percent of Total
NONE IPM	1064	75.41
STORE BOUGHT	65	4.61
MACHINE BOUGHT	5	0.35
SOMEONE ELSE BOUGHT	124	8.79
BORROWED THEM	73	5.17
PERSON 18 OR OLDER GAVE THEM	26	1.84
TOOK FROM A STORE OR FAMILY MEMBER	22	1.56
SOME OTHER WAY	32	2.27

Frequency Missing = 72

2001-2002 Cross County Youth Risk Behavior Survey

32. When you bought cigarettes
in a store during the
past 30 days, were you
ever asked to show proof
of age?

	Number of Students	Percent of Total
N/A	1290	87.76
YES	87	5.92
NO	93	6.33

Frequency Missing = 13

33. During the past 30 days, on
how many days did you smoke cigarettes
on school property?

	Number of Students	Percent of Total
0 DAYS	1406	96.17
1-2 DAYS	26	1.78
3-5 DAYS	7	0.48
6-9 DAYS	9	0.62
10-19 DAYS	6	0.41
20-29 DAYS	3	0.21
ALL 30 DAYS	5	0.34

Frequency Missing = 21

2001-2002 Cross County Youth Risk Behavior Survey

34. Have you ever smoked
cigarettes regularly,
that is, at least one
cigarette every day for
30 days?

	Number of Students	Percent of Total
YES	241	16.59
NO	1212	83.41

Frequency Missing = 30

35. Have you ever tried
to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	1024	70.77
YES	258	17.83
NO	165	11.40

Frequency Missing = 36

2001-2002 Cross County Youth Risk Behavior Survey

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

	Number of Students	Percent of Total
0 DAYS	1278	87.24
1-2 DAYS	48	3.28
3-5 DAYS	21	1.43
6-9 DAYS	19	1.30
10-19 DAYS	23	1.57
20-29 DAYS	19	1.30
ALL 30 DAYS	57	3.89

Frequency Missing = 18

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?

	Number of Students	Percent of Total
0 DAYS	1374	93.34
1-2 DAYS	33	2.24
3-5 DAYS	19	1.29
6-9 DAYS	5	0.34
10-19 DAYS	12	0.82
20-29 DAYS	10	0.68
ALL 30 DAYS	19	1.29

Frequency Missing = 11

2001-2002 Cross County Youth Risk Behavior Survey

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	1277	86.46
1-2 DAYS	111	7.52
3-5 DAYS	37	2.51
6-9 DAYS	22	1.49
10-19 DAYS	13	0.88
20-29 DAYS	6	0.41
ALL 30 DAYS	11	0.74

Frequency Missing = 6

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	412	31.26
1-2 DAYS	182	13.81
3-9 DAYS	214	16.24
10-19 DAYS	152	11.53
20-39 DAYS	127	9.64
40-99 DAYS	89	6.75
100+ DAYS	142	10.77

Frequency Missing = 165

2001-2002 Cross County Youth Risk Behavior Survey

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	416	31.07
8 OR YOUNGER	162	12.10
AGE 9-10	102	7.62
AGE 11-12	224	16.73
AGE 13-14	262	19.57
AGE 15-16	144	10.75
17 OR OLDER	29	2.17

Frequency Missing = 144

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	847	61.02
1-2 DAYS	242	17.44
3-5 DAYS	138	9.94
6-9 DAYS	76	5.48
10-19 DAYS	58	4.18
20-29 DAYS	16	1.15
ALL 30 DAYS	11	0.79

Frequency Missing = 95

2001-2002 Cross County Youth Risk Behavior Survey

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	1082	75.40
1 DAY	116	8.08
2 DAYS	76	5.30
3-5 DAYS	78	5.44
6-9 DAYS	53	3.69
10-19 DAYS	22	1.53
20+ DAYS	8	0.56

Frequency Missing = 48

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	1432	97.41
1-2 DAYS	28	1.90
3-5 DAYS	7	0.48
6-9 DAYS	1	0.07
20-29 DAYS	1	0.07
ALL 30 DAYS	1	0.07

Frequency Missing = 13

2001-2002 Cross County Youth Risk Behavior Survey

44. During you life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	1007	69.45
1-2 TIMES	107	7.38
3-9 TIMES	105	7.24
10-19 TIMES	57	3.93
20-39 TIMES	45	3.10
40-99 TIMES	40	2.76
100+ TIMES	89	6.14

Frequency Missing = 33

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	1014	69.36
8 OR YOUNGER	15	1.03
AGE 9-10	52	3.56
AGE 11-12	99	6.77
AGE 13-14	153	10.47
AGE 15-16	103	7.05
17 OR OLDER	26	1.78

Frequency Missing = 21

2001-2002 Cross County Youth Risk Behavior Survey

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	1225	84.02
1-2 TIMES	93	6.38
3-9 TIMES	57	3.91
10-19 TIMES	26	1.78
20-39 TIMES	19	1.30
40+ TIMES	38	2.61

Frequency Missing = 25

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	1440	98.36
1-2 TIMES	17	1.16
3-9 TIMES	2	0.14
10-19 TIMES	3	0.20
40+ TIMES	2	0.14

Frequency Missing = 19

2001-2002 Cross County Youth Risk Behavior Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	1376	94.83
1-2 TIMES	35	2.41
3-9 TIMES	14	0.96
10-19 TIMES	14	0.96
20-39 TIMES	6	0.41
40+ TIMES	6	0.41

Frequency Missing = 32

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	1440	97.89
1-2 TIMES	16	1.09
3-9 TIMES	11	0.75
20-39 TIMES	3	0.20
40+ TIMES	1	0.07

Frequency Missing = 12

2001-2002 Cross County Youth Risk Behavior Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	1224	84.07
1-2 TIMES	142	9.75
3-9 TIMES	53	3.64
10-19 TIMES	19	1.30
20-39 TIMES	10	0.69
40+ TIMES	8	0.55

Frequency Missing = 27

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	1396	95.81
1-2 TIMES	47	3.23
3-9 TIMES	9	0.62
10-19 TIMES	2	0.14
20-39 TIMES	2	0.14
40+ TIMES	1	0.07

Frequency Missing = 26

2001-2002 Cross County Youth Risk Behavior Survey

52. During your life, how many times have you used heroin(also called smack, junk or china white)?		
	Number of Students	Percent of Total
0 TIMES	1439	98.02
1-2 TIMES	24	1.63
3-9 TIMES	3	0.20
20-39 TIMES	1	0.07
40+ TIMES	1	0.07

Frequency Missing = 15

53. During your life, how many times have you used methamphetamines(also called speed, crystal, crank or ice)?		
	Number of Students	Percent of Total
0 TIMES	1355	92.49
1-2 TIMES	46	3.14
3-9 TIMES	20	1.37
10-19 TIMES	16	1.09
20-39 TIMES	5	0.34
40+ TIMES	23	1.57

Frequency Missing = 18

2001-2002 Cross County Youth Risk Behavior Survey

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	1393	94.76
1-2 TIMES	41	2.79
3-9 TIMES	15	1.02
10-19 TIMES	10	0.68
20-39 TIMES	5	0.34
40+ TIMES	6	0.41

Frequency Missing = 13

55. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	1455	98.58
1 TIME	11	0.75
2+ TIMES	10	0.68

Frequency Missing = 7

2001-2002 Cross County Youth Risk Behavior Survey

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Number of Students	Percent of Total
YES	309	20.98
NO	1164	79.02

Frequency Missing = 10

57. Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	612	45.33
NO	738	54.67

Frequency Missing = 133

2001-2002 Cross County Youth Risk Behavior Survey

58. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	738	54.46
AGE 11 OR YOUNGER	122	9.00
AGE 12	87	6.42
AGE 13	98	7.23
AGE 14	125	9.23
AGE 15	91	6.72
AGE 16	70	5.17
AGE 17+	24	1.77

Frequency Missing = 128

59. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	738	55.03
1 PERSON	174	12.98
2 PEOPLE	101	7.53
3 PEOPLE	89	6.64
4 PEOPLE	57	4.25
5 PEOPLE	43	3.21
6 OR MORE PEOPLE	139	10.37

Frequency Missing = 142

2001-2002 Cross County Youth Risk Behavior Survey

60. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	738	54.79
NONE IN PAST 3 MONTHS	183	13.59
1 PERSON	288	21.38
2 PEOPLE	66	4.90
3 PEOPLE	30	2.23
4 PEOPLE	12	0.89
5 PEOPLE	11	0.82
6 OR MORE PEOPLE	19	1.41

Frequency Missing = 136

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	738	54.67
YES	125	9.26
NO	487	36.07

Frequency Missing = 133

2001-2002 Cross County Youth Risk Behavior Survey

62. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	738	55.07
YES	390	29.10
NO	212	15.82

Frequency Missing = 143

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	738	55.41
NO BIRTH CONTROL USED	85	6.38
BIRTH CONTROL PILLS	73	5.48
CONDOMS	320	24.02
DEPO-PROVERA	30	2.25
WITHDRAWAL	62	4.65
OTHER	7	0.53
NOT SURE	17	1.28

Frequency Missing = 151

2001-2002 Cross County Youth Risk Behavior Survey

64. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	1379	95.04
1 TIME	41	2.83
2+ TIMES	13	0.90
NOT SURE	18	1.24

Frequency Missing = 32

65. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	53	3.60
SLIGHTLY UNDERWEIGHT	176	11.95
ABOUT THE RIGHT WEIGHT	819	55.60
SLIGHTLY OVERWEIGHT	355	24.10
VERY OVERWEIGHT	70	4.75

Frequency Missing = 10

2001-2002 Cross County Youth Risk Behavior Survey

66. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	686	46.67
GAIN WEIGHT	250	17.01
STAY THE SAME WEIGHT	281	19.12
NOT TRYING TO DO ANYTHING	253	17.21

Frequency Missing = 13

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	863	58.95
NO	601	41.05

Frequency Missing = 19

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	617	42.14
NO	847	57.86

Frequency Missing = 19

2001-2002 Cross County Youth Risk Behavior Survey

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	219	14.98
NO	1243	85.02

Frequency Missing = 21

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	145	9.93
NO	1315	90.07

Frequency Missing = 23

2001-2002 Cross County Youth Risk Behavior Survey

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	76	5.24
NO	1374	94.76

Frequency Missing = 33

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	346	23.88
1-3 TIMES	508	35.06
4-6 TIMES	236	16.29
ONCE PER DAY	108	7.45
TWICE PER DAY	83	5.73
3 TIMES PER DAY	61	4.21
4+ TIMES PER DAY	107	7.38

Frequency Missing = 34

2001-2002 Cross County Youth Risk Behavior Survey

73. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	374	25.60
1-3 TIMES	625	42.78
4-6 TIMES	209	14.31
ONCE PER DAY	90	6.16
TWICE PER DAY	74	5.07
3 TIMES PER DAY	41	2.81
4+ TIMES PER DAY	48	3.29

Frequency Missing = 22

74. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	615	42.04
1-3 TIMES	584	39.92
4-6 TIMES	162	11.07
ONCE PER DAY	62	4.24
TWICE PER DAY	26	1.78
3 TIMES PER DAY	3	0.21
4+ TIMES PER DAY	11	0.75

Frequency Missing = 20

2001-2002 Cross County Youth Risk Behavior Survey

75. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	482	33.29
1-3 TIMES	637	43.99
4-6 TIMES	201	13.88
ONCE PER DAY	67	4.63
TWICE PER DAY	31	2.14
3 TIMES PER DAY	11	0.76
4+ TIMES PER DAY	19	1.31

Frequency Missing = 35

76. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	939	64.49
1-3 TIMES	400	27.47
4-6 TIMES	62	4.26
ONCE PER DAY	23	1.58
TWICE PER DAY	13	0.89
3 TIMES PER DAY	9	0.62
4+ TIMES PER DAY	10	0.69

Frequency Missing = 27

2001-2002 Cross County Youth Risk Behavior Survey

77. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	330	22.65
1-3 TIMES	573	39.33
4-6 TIMES	325	22.31
ONCE PER DAY	121	8.30
TWICE PER DAY	62	4.26
3 TIMES PER DAY	16	1.10
4+ TIMES PER DAY	30	2.06

Frequency Missing = 26

78. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	272	18.80
1-3 TIMES	373	25.78
4-6 TIMES	279	19.28
ONCE PER DAY	178	12.30
TWICE PER DAY	155	10.71
3 TIMES PER DAY	97	6.70
4+ TIMES PER DAY	93	6.43

Frequency Missing = 36

2001-2002 Cross County Youth Risk Behavior Survey

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	298	20.51
1 DAY	159	10.94
2 DAYS	202	13.90
3 DAYS	165	11.36
4 DAYS	126	8.67
5 DAYS	177	12.18
6 DAYS	69	4.75
7 DAYS	257	17.69

Frequency Missing = 30

2001-2002 Cross County Youth Risk Behavior Survey

80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors ?

	Number of Students	Percent of Total
0 DAYS	480	33.17
1 DAY	227	15.69
2 DAYS	196	13.55
3 DAYS	146	10.09
4 DAYS	69	4.77
5 DAYS	96	6.63
6 DAYS	41	2.83
7 DAYS	192	13.27

Frequency Missing = 36

2001-2002 Cross County Youth Risk Behavior Survey

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	456	31.62
1 DAY	156	10.82
2 DAYS	155	10.75
3 DAYS	158	10.96
4 DAYS	114	7.91
5 DAYS	162	11.23
6 DAYS	50	3.47
7 DAYS	191	13.25

Frequency Missing = 41

2001-2002 Cross County Youth Risk Behavior Survey

82. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	88	6.12
LT ONE HOUR	169	11.74
1 HOUR	183	12.72
2 HOURS	271	18.83
3 HOURS	284	19.74
4 HOURS	171	11.88
5+ HOURS	273	18.97

Frequency Missing = 44

83. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	820	64.41
1 DAY	26	2.04
2 DAYS	16	1.26
3 DAYS	18	1.41
4 DAYS	9	0.71
5 DAYS	384	30.16

Frequency Missing = 210

2001-2002 Cross County Youth Risk Behavior Survey

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	822	64.37
LT 10 MINUTES	35	2.74
10-20 MINUTES	49	3.84
21-30 MINUTES	35	2.74
31-40 MINUTES	69	5.40
41-50 MINUTES	107	8.38
51-60 MINUTES	90	7.05
OVER 60 MINUTES	70	5.48

Frequency Missing = 206

85. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	612	42.89
1 TEAM	364	25.51
2 TEAMS	222	15.56
3+ TEAMS	229	16.05

Frequency Missing = 56

2001-2002 Cross County Youth Risk Behavior Survey

86. DURING THE PAST 12 MONTHS GRADES IN SCHOOL		
	Number of Students	Percent of Total
MOSTLY A's	410	28.81
MOSTLY B's	522	36.68
MOSTLY C's	322	22.63
MOSTLY D's	54	3.79
MOSTLY F's	7	0.49
NONE OF THE ABOVE	8	0.56
NOT SURE	100	7.03

Frequency Missing = 60

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	1180	84.29
NO	145	10.36
NOT SURE	75	5.36

Frequency Missing = 83

2001-2002 Cross County Youth Risk Behavior Survey

88. Because of the September 11th terrorist attacks,
have you
felt ANGER, NERVOUSNESS, WORRY,
HOPELESSNESS, or WORTHLESSNESS?

	Number of Students	Percent of Total
ALL OF THE TIME	115	8.06
MOST OF THE TIME	80	5.61
SOME OF THE TIME	303	21.23
A LITTLE OF THE TIME	486	3.81
NONE OF THE TIME	442	30.97

Frequency Missing = 57

Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

Violence

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

Tobacco , Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>

Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

Mental Health Issues

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

2001-2002 Cross County Youth Risk Behavior Survey

Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>