2008
St Francis COUNTY

County Youth Health Survey
Frequency Tables

Arkansas Department of Health
Center for Statistics

2008 St Francis County
COUNTY YOUTH HEALTH SURVEY RESULTS

Frequency Tables

For more information about the St. Francis County 2008 County Youth Health Survey, please contact:

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2008 ST. FRANCIS COUNTY
COUNTY YOUTH HEALTH SURVEY RESULTS

Acknowledgments

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Introduction

What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia[1] to monitor the following six categories of health risk behaviors among youth and young adults:

- Behaviors that result in intentional and unintentional injuries,
- Tobacco use,
- Alcohol and other drug use,
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STDs), and unintentional pregnancies,
- Physical activity, and
- Unhealthy dietary behaviors.

The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, on a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

[1] The Centers for Disease Control and Prevention. Healthy Youth. http://www.cdc.gov/healthyouth/yrbs/index.htm

Introduction (continued)

How will St. Francis County use data from the CYHS?

St. Francis County Hometown Health Coalitions are working to assess the specific health needs of students in St. Francis County. In order to collect information on the health behaviors of the community's youth, HHI coalition members asked that the County Youth Health Survey be administered to seventh through twelfth graders in St. Francis County's public schools.

The CYHS will help St. Francis County's School Districts identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for students in St. Francis County's School Districts mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2008 CYHS also provides St. Francis County's School Districts with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease prevention and health promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, the CYHS findings form a valuable base upon which St. Francis County's School Districts may strengthen its ability to:

- Establish disease prevention and health promotion policies,
- Plan and implement programs and services,
- Secure funding for programs,
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

Introduction (continued)

How was the CYHS conducted?

During February and March 2008, seventh through twelfth grade students enrolled in St. Francis County School Districts schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. Valid CYHS questionnaires were completed by 1329 seventh through twelfth grade students throughout St. Francis County public schools, with a response rate of 64%. Students from the following School Districts in St. Francis County recorded their responses to the survey:

- Hughes School District
- Palestine-Wheatley School District
- Forrest City School District

Interpretation of the survey

St. Francis County's 2008 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by students in February and March of 2008. Answers in this survey are only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, and also reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%. Also, the percentages reported represent only valid responses for each particular question.

This Report

This report presents the frequency table for each question. The "frequency missing = …" statement underneath each table represents missing valid responses for a particular question.

Demographics of St. Francis County
2008 County Youth Health Survey Participants (continued)

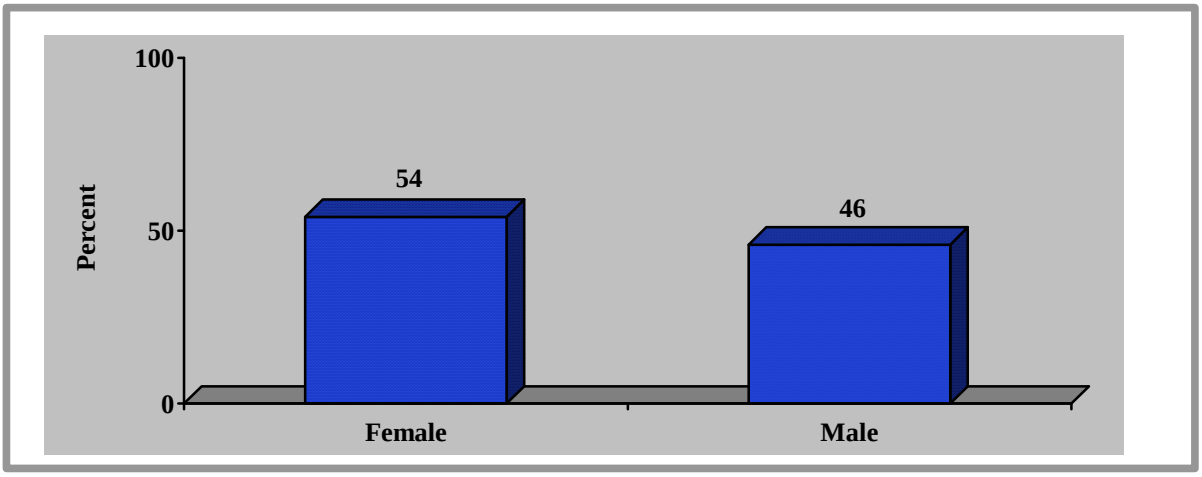
Total number of survey participants =1329

Table 1: Gender

What is your sex?		
SEX	**Frequency**	**Percent**
FEMALE	715	54.33
MALE	601	45.67

(Frequency Missing = 13)

Figure 1: Gender



Demographics of St. Francis County
2008 County Youth Health Survey Participants (continued)

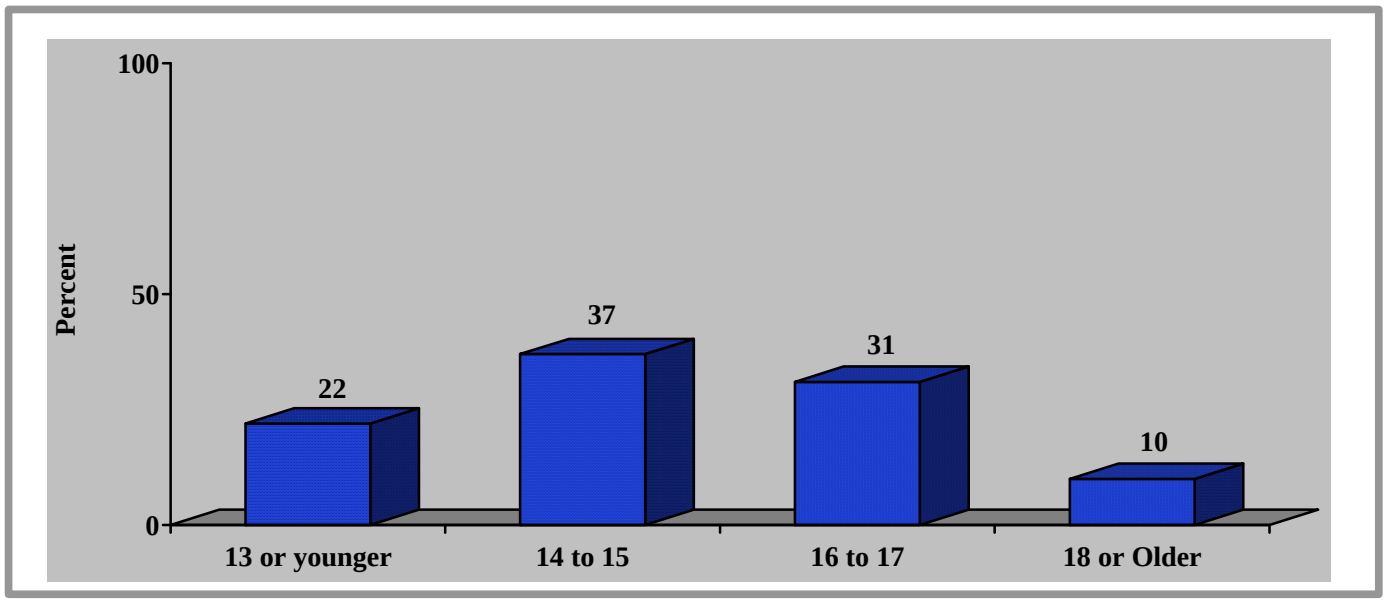
Total number of survey participants =1329

Table 2: Age

How old are you?		
AGE	**Frequency**	**Percent**
12 OR YOUNGER	71	5.40
13	220	16.72
14	241	18.31
15	247	18.77
16	233	17.71
17	177	13.45
18 OR OLDER	127	9.65

(Frequency Missing = 13)

Figure 2: Age



Demographics of St. Francis County
2008 County Youth Health Survey Participants (continued)

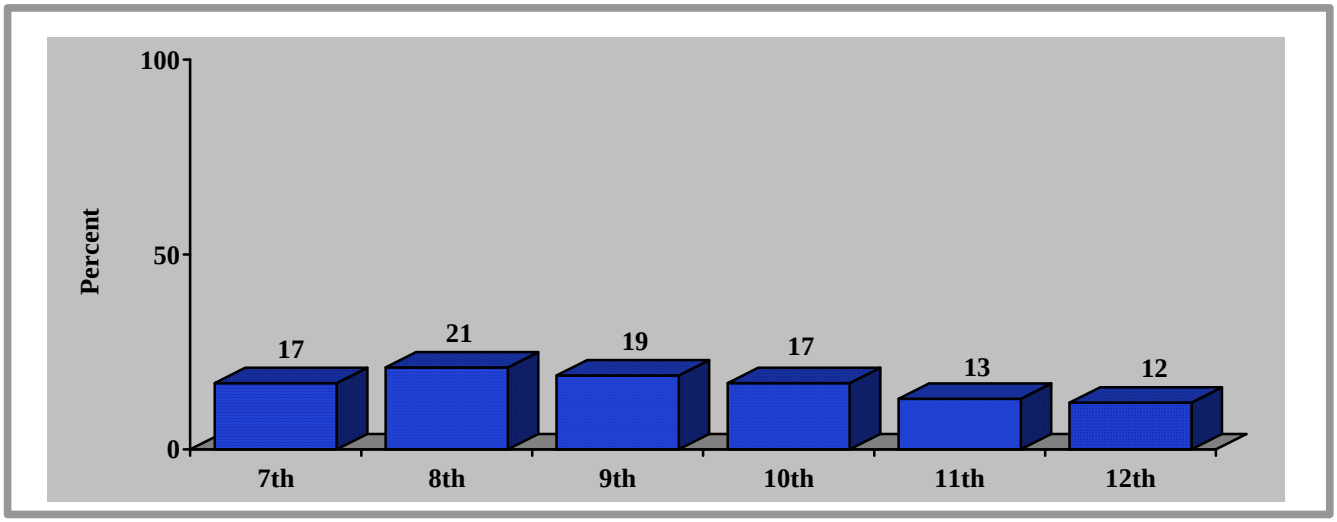
Total number of survey participants = 599

Table 3: Grade

In what grade are you?		
GRADE	**Frequency**	**Percent**
7TH	224	17.14
8TH	279	21.35
9TH	249	19.05
10TH	222	16.99
11TH	172	13.16
12TH	161	12.32

Frequency Missing = 22

Figure 3: Grade



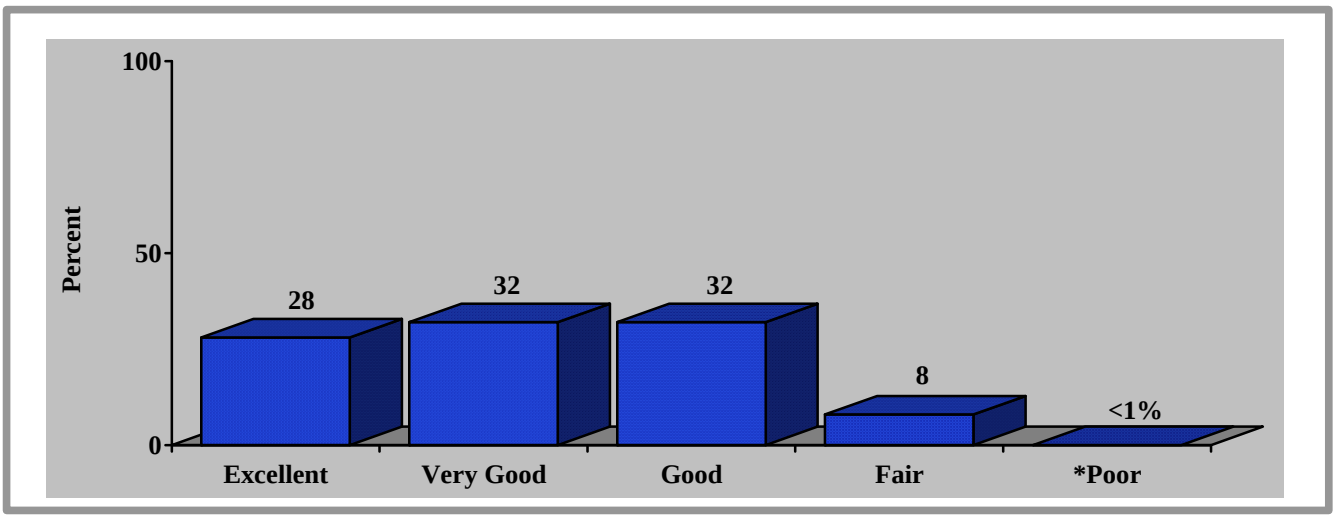
General Health

Table 1: General health

How do you describe your health in general?		
	Frequency	**Percent**
EXCELLENT	367	28.04
VERY GOOD	414	31.63
GOOD	415	31.70
FAIR	107	8.17
POOR	6	0.46

(Frequency Missing = 20)

Figure 1: General health



*Less than one percent (<1%).

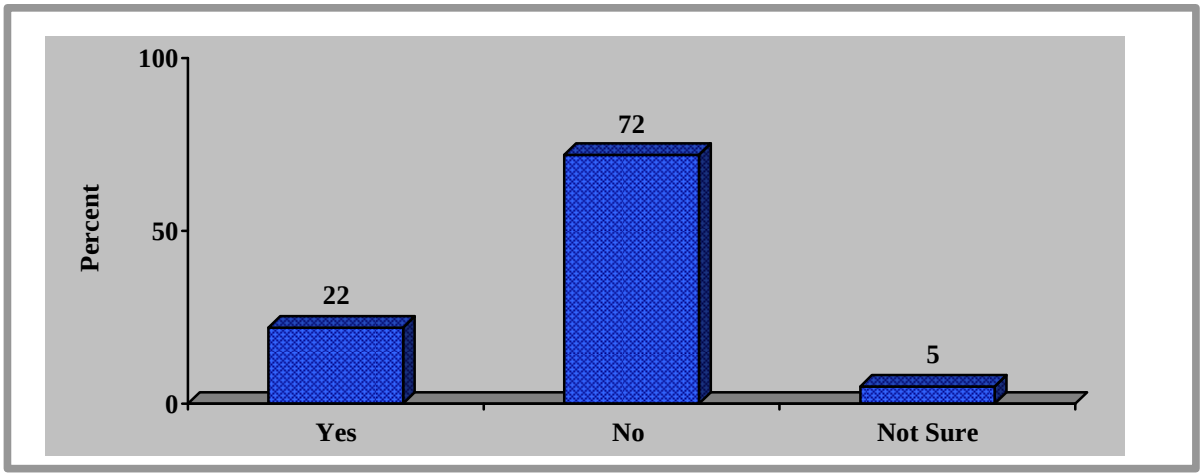
Asthma

Table 1: Have asthma

Has a doctor or nurse ever told you that you have asthma?		
	Frequency	**Percent**
Yes	281	22.46
No	904	72.26
Not sure	66	5.28

(Frequency Missing = 78)

Figure 1: Have asthma



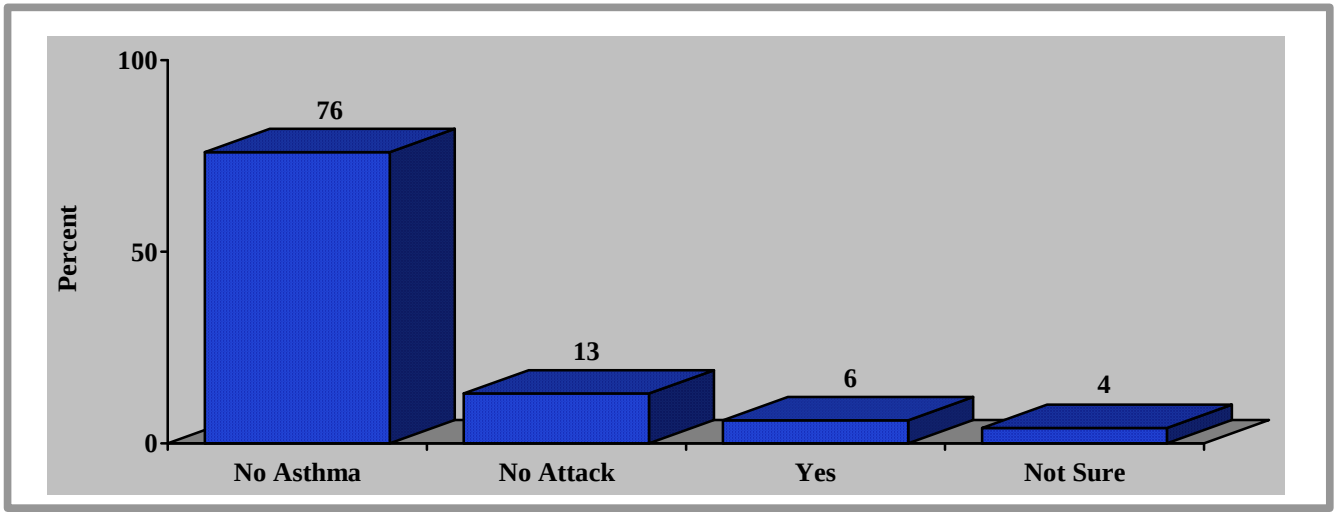
Asthma (continued)

Table 2: Had asthma in the past 12 months

During the past 12 months, have you had an episode of asthma or an asthma attack?		
	Frequency	**Percent**
No asthma	960	76.31
Have asthma, but no attack in the past 12 months	167	13.28
Yes	77	6.12
Not sure	54	4.29

(Frequency Missing = 71)

Figure 2: Had asthma in the past 12 months



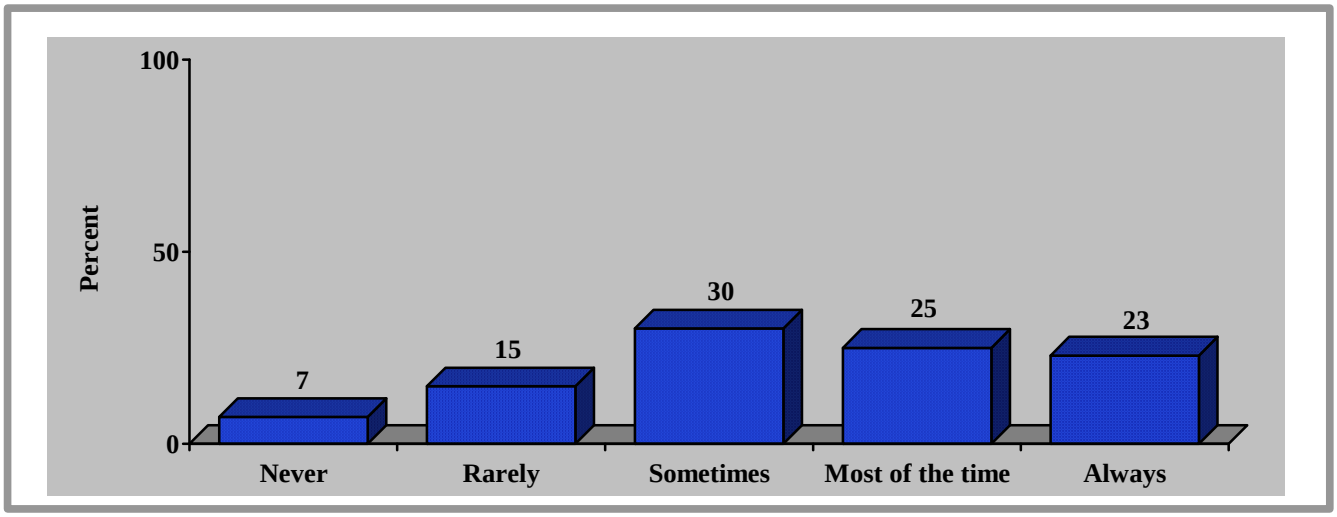
Behaviors that Contribute to Unintentional Injuries

Table 1: Seat belt use

How often do you wear a seat belt when riding in a car driven by someone else?		
	Frequency	**Percent**
NEVER	91	6.88
RARELY	200	15.12
SOMETIMES	395	29.86
MOST OF THE TIME	335	25.32
ALWAYS	302	22.83

Frequency Missing = 6

Figure 1: Seat belt use



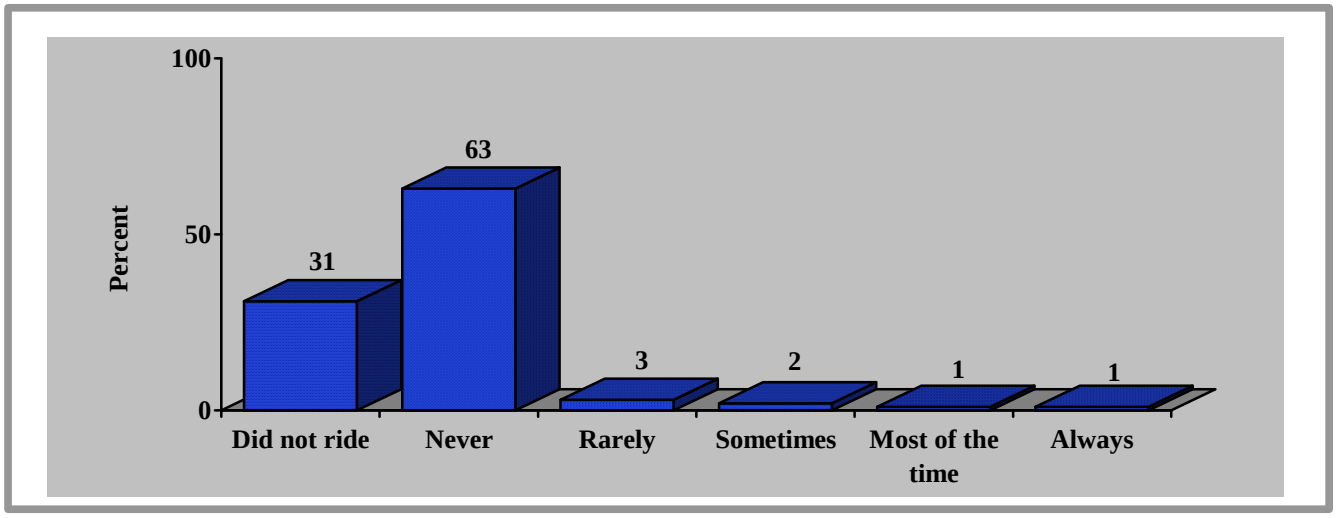
Behaviors that Contribute to Unintentional Injuries (continued)

Table 2: Bicycle helmet use

When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Frequency	**Percent**
DID NOT RIDE	404	30.61
NEVER WORE	831	62.95
RARELY WORE	38	2.88
SOMETIMES WORE	25	1.89
WORE MOST OF THE TIME	10	0.76
ALWAYS WORE	12	0.91

(Frequency Missing = 9)

Figure 2: Bicycle helmet use



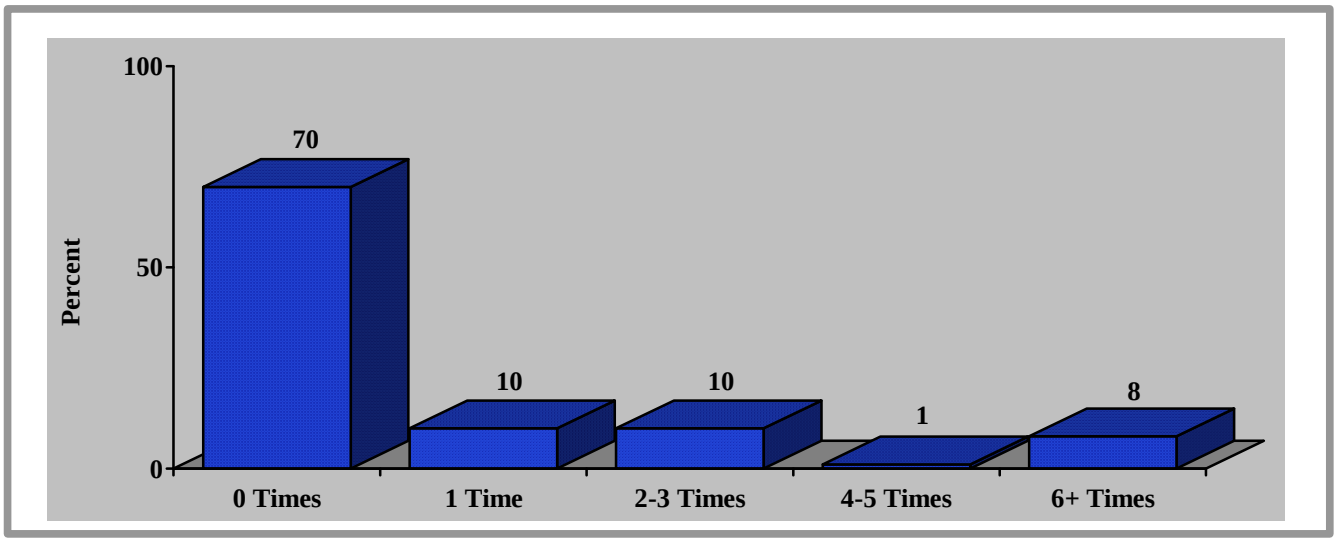
Behaviors that Contribute to Unintentional Injuries (continued)

Table 3: Rode with a driver who had been drinking alchohol

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	Frequency	**Percent**
0 TIMES	917	70.16
1 TIME	131	10.02
2-3 TIMES	133	10.18
4-5 TIMES	18	1.38
6+ TIMES	108	8.26

(Frequency Missing = 22)

Figure 3: Rode with a driver who had been drinking alcohol



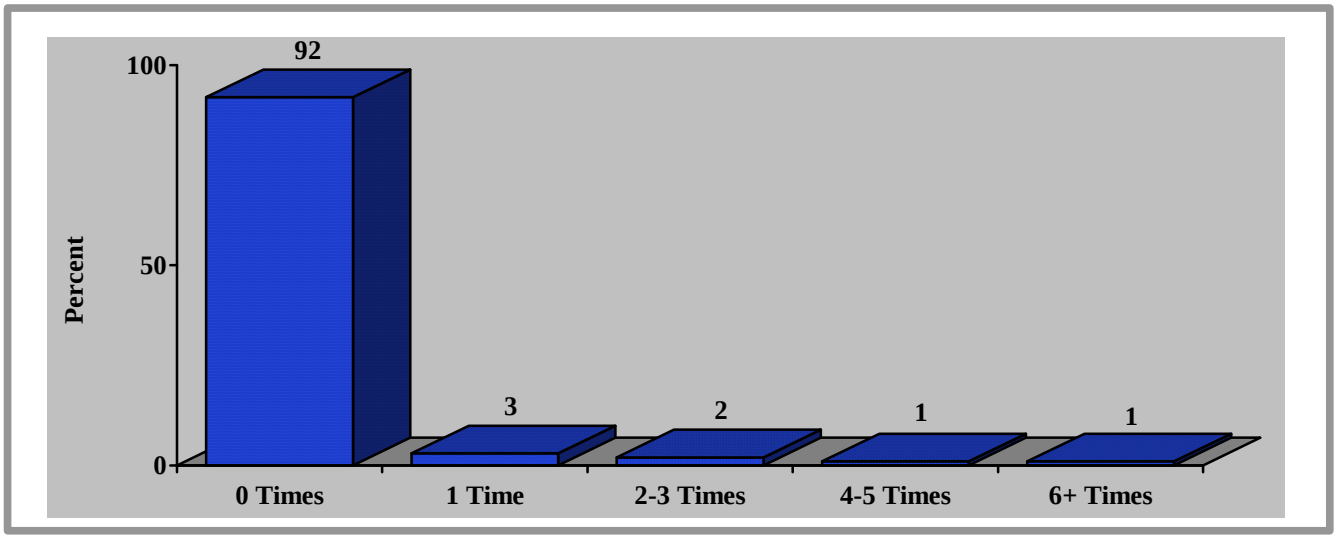
Behaviors that Contribute to Unintentional Injuries (continued)

Table 4: Drink and driving

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
	Frequency	**Percent**
0 TIMES	1159	92.35
1 TIME	41	3.27
2-3 TIMES	31	2.47
4-5 TIMES	10	0.80
6+ TIMES	14	1.12

(Frequency Missing = 74)

Figure 4: Drink and driving



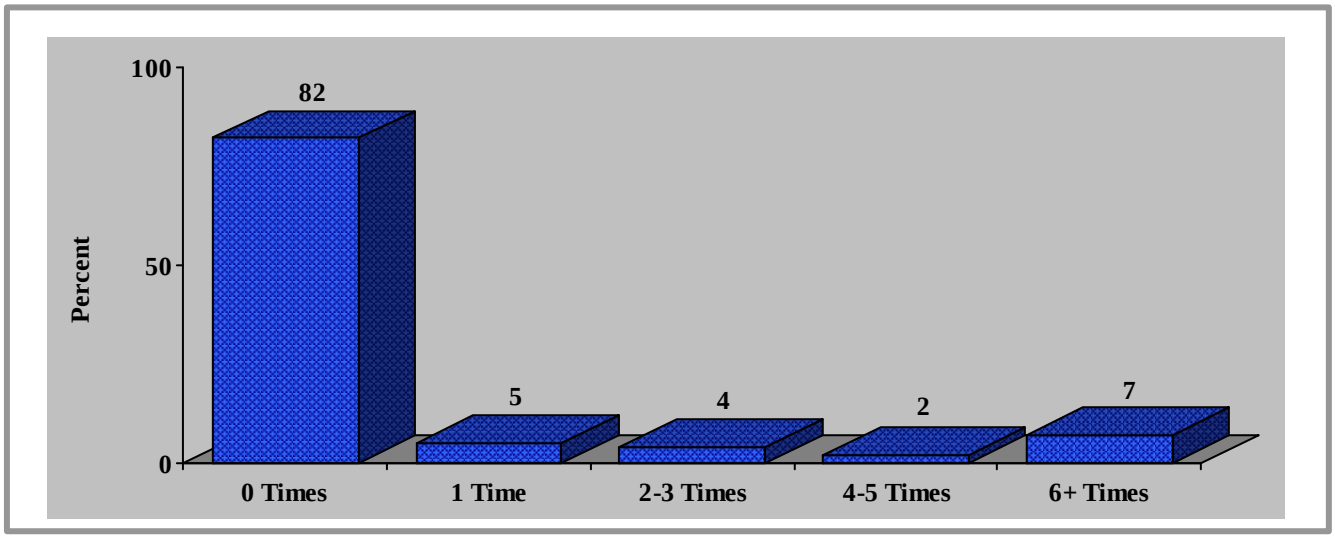
Behaviors that Contribute to Violence

Table 1: Carried a weapon

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
	Frequency	**Percent**
0 TIMES	1039	81.94
1 TIME	59	4.65
2-3 TIMES	54	4.26
4-5 TIMES	21	1.66
6+ TIMES	95	7.49

(Frequency Missing = 61)

Figure 1: Carried a weapon



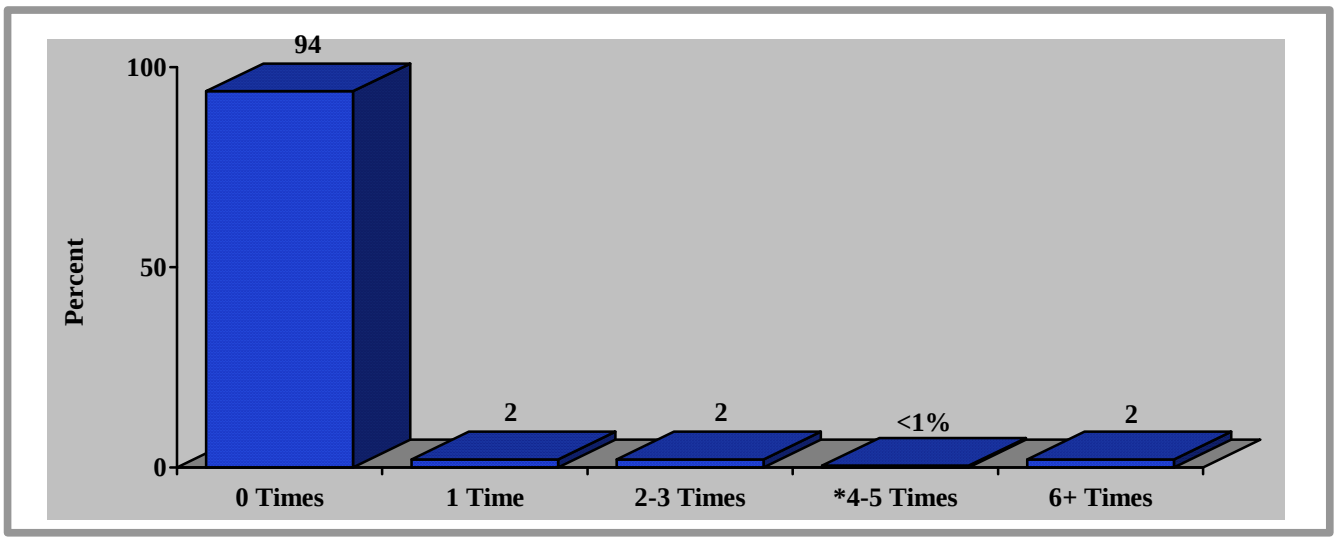
Behaviors that Contribute to Violence (continued)

Table 2: Carried a gun

During the past 30 days, on how many days did you carry a gun?		
	Frequency	**Percent**
0 TIMES	1211	94.02
1 TIME	24	1.86
2-3 TIMES	22	1.71
4-5 TIMES	6	0.47
6+ TIMES	25	1.94

(Frequency Missing = 41)

Figure 2: Carried a gun



* Less than one percent (<1%)

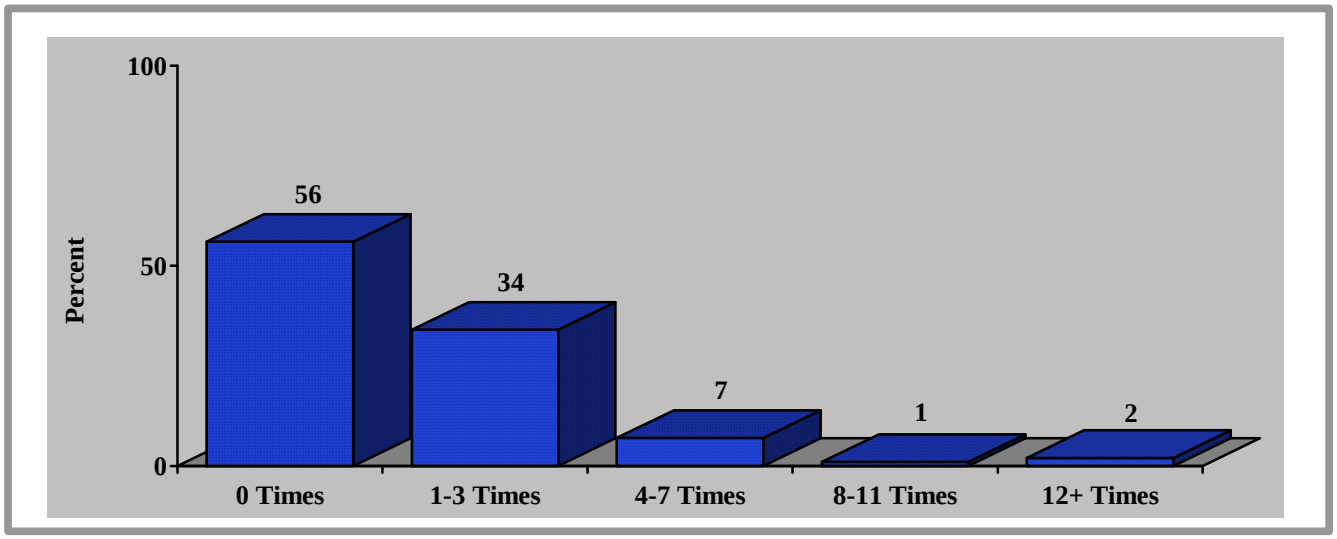
Behaviors that Contribute to Violence (continued)

Table 3: In a physical fight

During the past 12 months, how many times were you in a physical fight?		
	Frequency	**Percent**
0 TIMES	692	55.63
1 TIME	257	20.66
2-3 TIMES	162	13.02
4-5 TIMES	69	5.55
6-7 TIMES	20	1.61
8-9 TIMES	10	0.80
10-11 TIMES	5	0.40
12+ TIMES	29	2.33

(Frequency Missing = 85)

Figure 3: In a physical fight



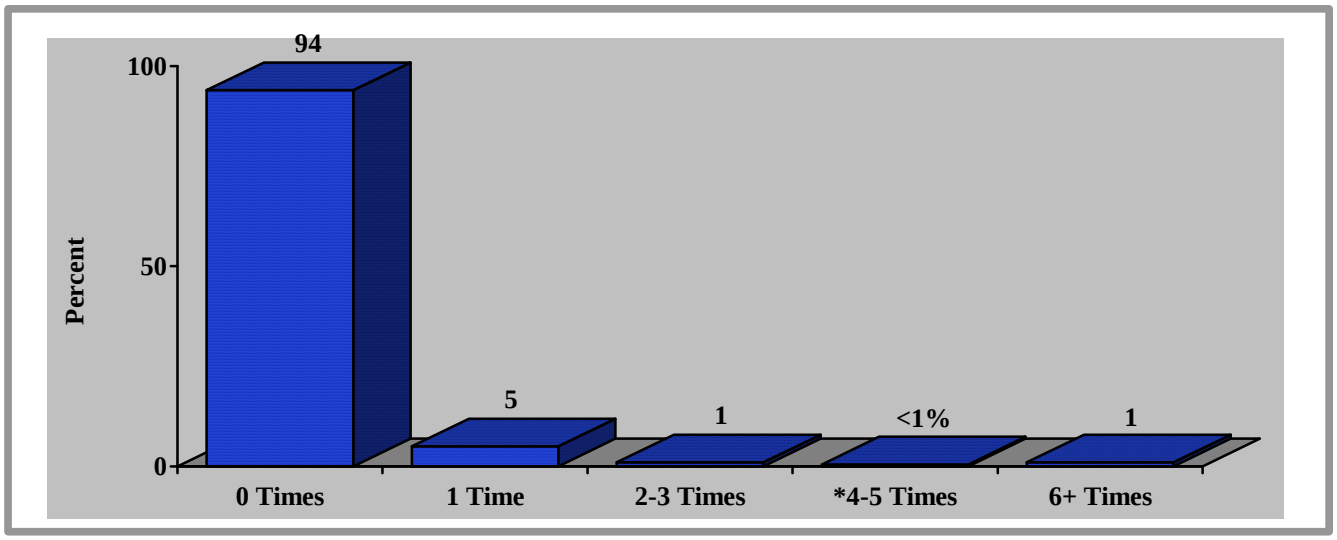
Behaviors that Contribute to Violence (continued)

Table 4: Injured in a physical fight

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Frequency	**Percent**
0 TIMES	1170	93.75
1 TIME	60	4.81
2-3 TIMES	11	0.88
4-5 TIMES	6	0.48
6+ TIMES	1	0.08

(Frequency Missing = 81)

Figure 4: Injured in a physical fight



* Less than one percent (<1%)

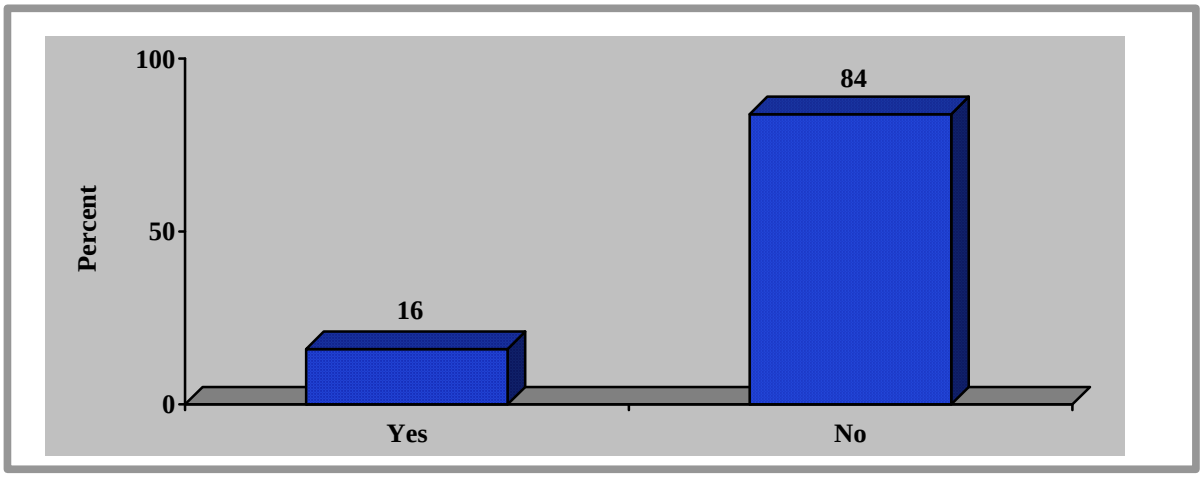
Behaviors that Contribute to Violence (continued)

Table 5: Dating violence

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Frequency	**Percent**
YES	206	15.73
NO	1104	84.27

Frequency Missing = 19

Figure 5: Dating violence



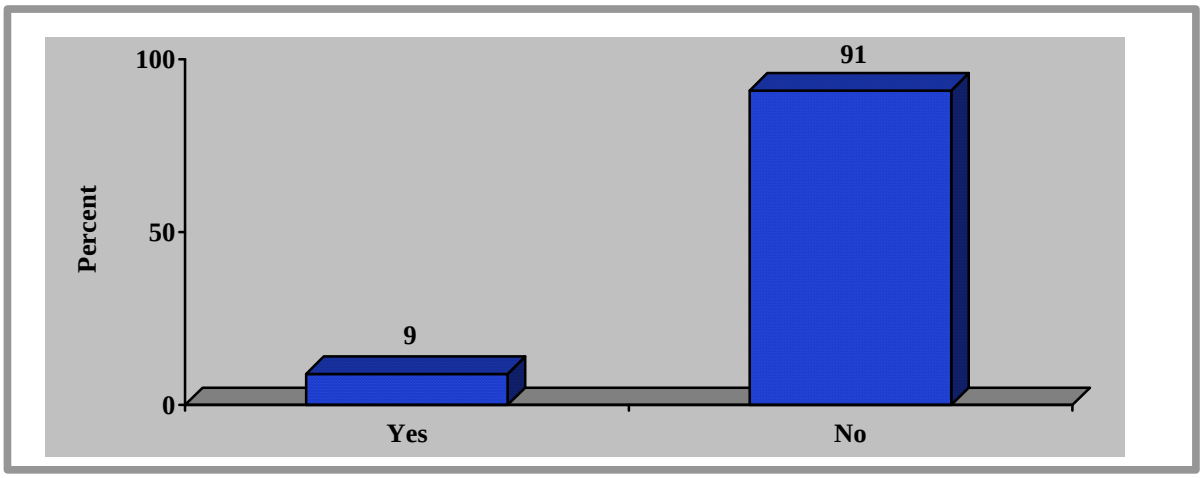
Behaviors that Contribute to Violence (continued)

Table 6: Forced to have sexual intercourse

Have you ever been forced to have sexual intercourse when you did not want to?		
	Frequency	**Percent**
YES	111	8.51
NO	1193	91.49

(Frequency Missing = 25)

Figure 6: Forced to have sexual intercourse



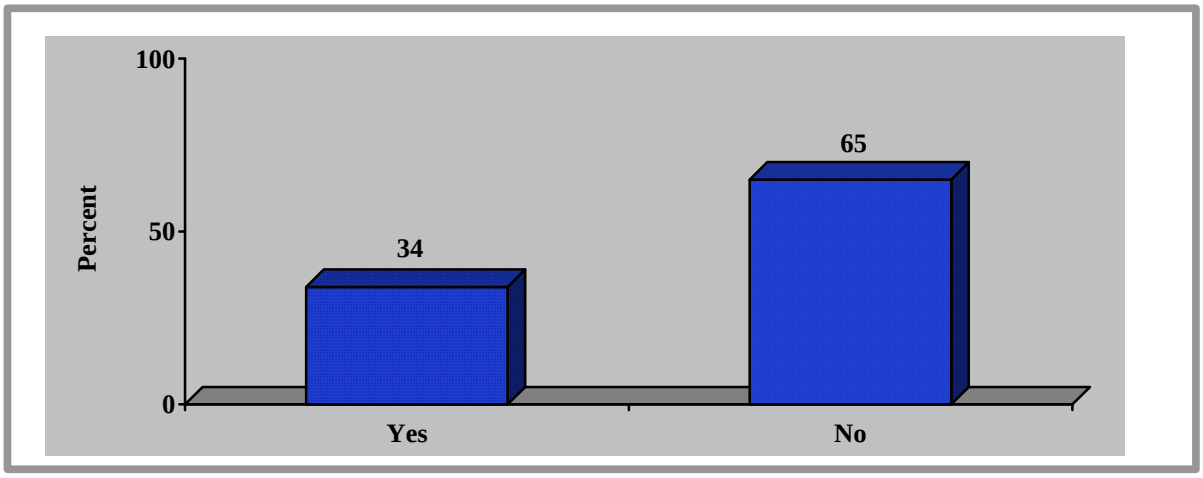
Depression and Suicide

Table 1: Felt sad or hopeless

During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Frequency	**Percent**
YES	453	34.47
NO	861	65.53

(Frequency Missing = 15)

Figure 1: Felt sad or hopless



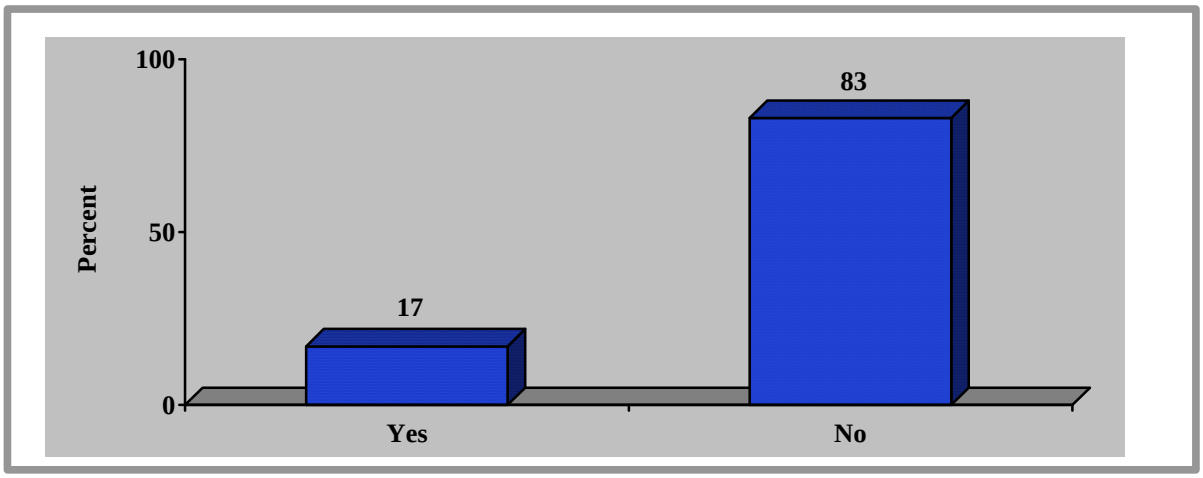
Depression and Suicide (continued)

Table 2: Seriously considered attempting suicide

During the past 12 months, did you ever seriously consider attempting suicide?		
	Frequency	**Percent**
YES	205	16.89
NO	1009	83.11

(Frequency Missing = 115)

Figure 2: Seriously considered attempting suicide



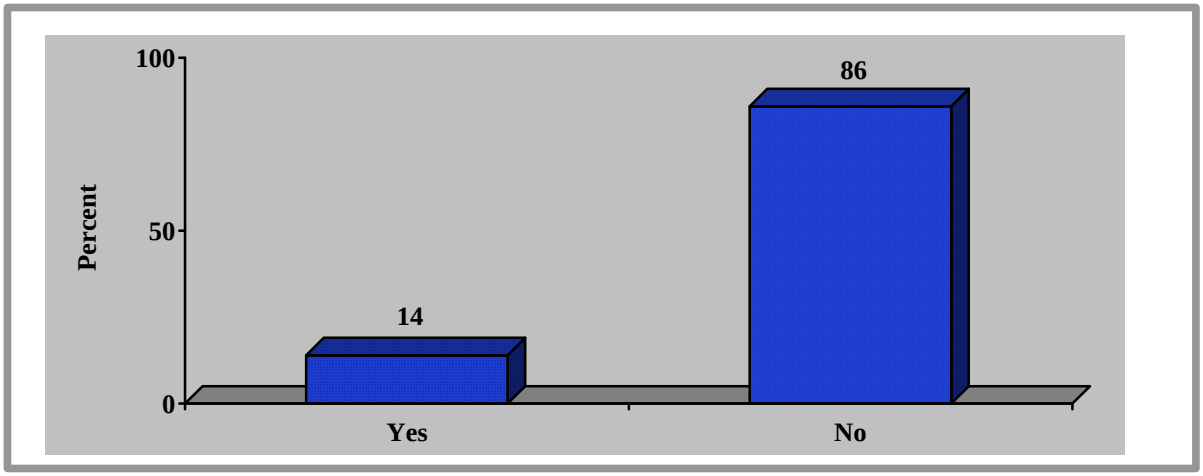
Depression and Suicide (continued)

Table 3: Made a suicide plan

During the past 12 months, did you make a plan about how you would attempt suicide?		
	Frequency	**Percent**
YES	189	14.48
NO	1116	85.52

(Frequency Missing = 24)

Figure 3: Made a suicide plan



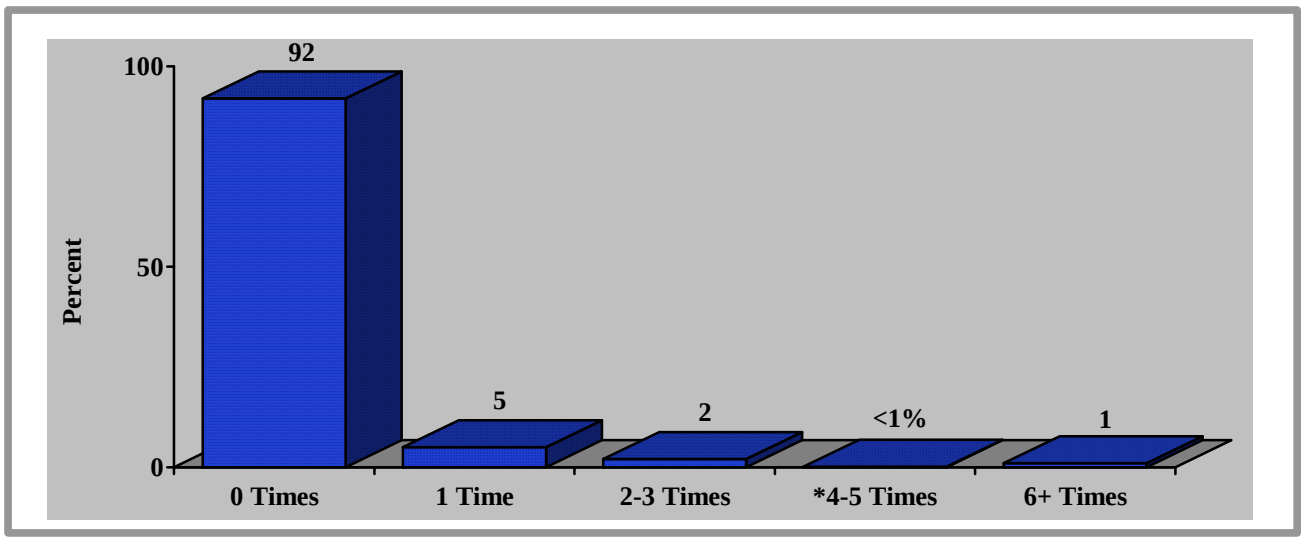
Depression and Suicide (continued)

Table 4: Attempted suicide

During the past 12 months, how many times did you actually attempt suicide?		
	Frequency	**Percent**
0 TIMES	804	91.57
1 TIME	45	5.13
2-3 TIMES	20	2.28
4-5 TIMES	1	0.11
6+ TIMES	8	0.91

(Frequency Missing = 451)

Figure 4: Attempted suicide



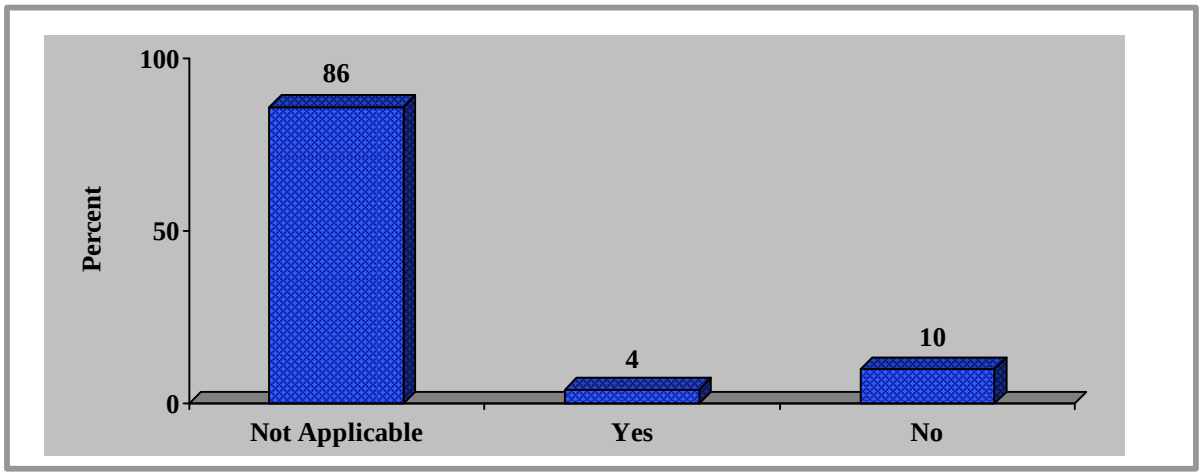
Depression and Suicide (continued)

Table 5: Treated suicide attempt

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
	Frequency	**Percent**
N/A	792	85.53
YES	51	5.51
NO	83	8.96

(Frequency Missing = 403)

Figure 5: Treated suicide attempt



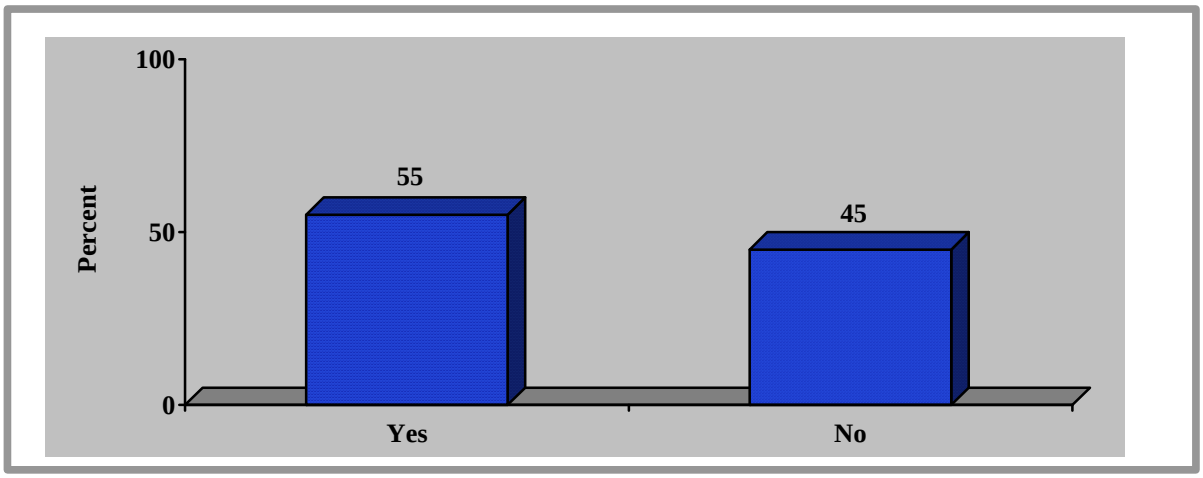
Tobacco Use – Cigarette Smoking

Table 1: Lifetime cigarette smoking

Have you ever tried cigarette smoking, even one or two puffs?		
	Frequency	**Percent**
YES	676	54.52
NO	564	45.48

(Frequency Missing = 89)

Figure 1: Lifetime cigarette smoking



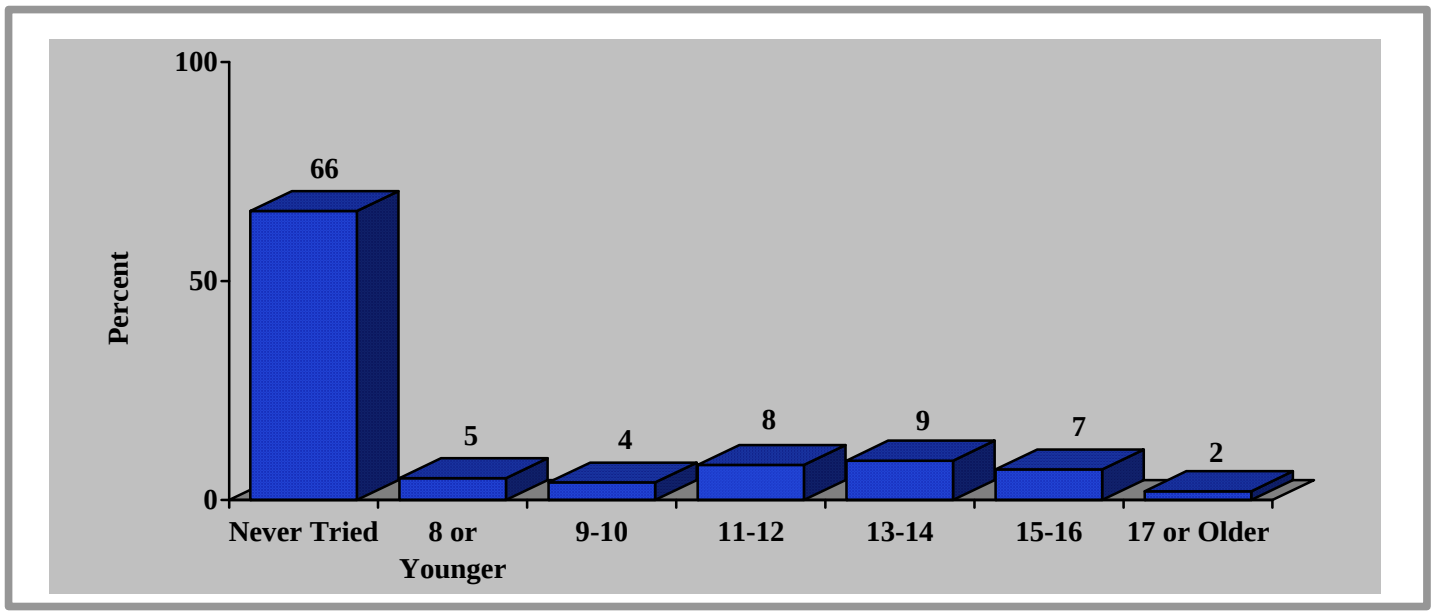
Tobacco Use – Cigarette Smoking (continued)

Table 2: Early initiation of cigarette smoking

How old were you when you smoked a whole cigarette for the first time?		
	Frequency	**Percent**
NEVER TRIED	811	66.31
8 OR YOUNGER	56	4.58
AGE 9-10	53	4.33
AGE 11-12	93	7.60
AGE 13-14	110	8.99
AGE 15-16	81	6.62
17 OR OLDER	19	1.55

(Frequency Missing = 106)

Figure 2: Early initiaion of cigarette smoking



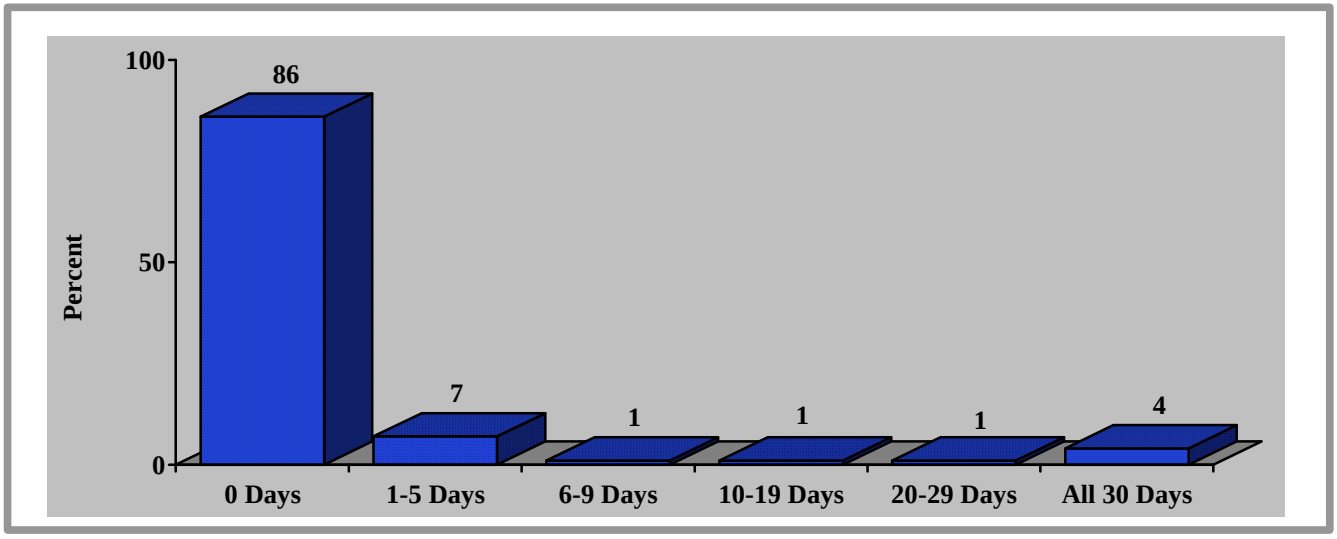
Tobacco Use – Cigarette Smoking (continued)

Table 3: Current cigarette use

During the past 30 days, on how many days did you smoke cigarettes?		
	Frequency	**Percent**
0 DAYS	1043	86.13
1-2 DAYS	58	4.79
3-5 DAYS	22	1.82
6-9 DAYS	17	1.40
10-19 DAYS	10	0.83
20-29 DAYS	13	1.07
ALL 30 DAYS	48	3.96

(Frequency Missing = 118)

Figure 3: Current cigarette use



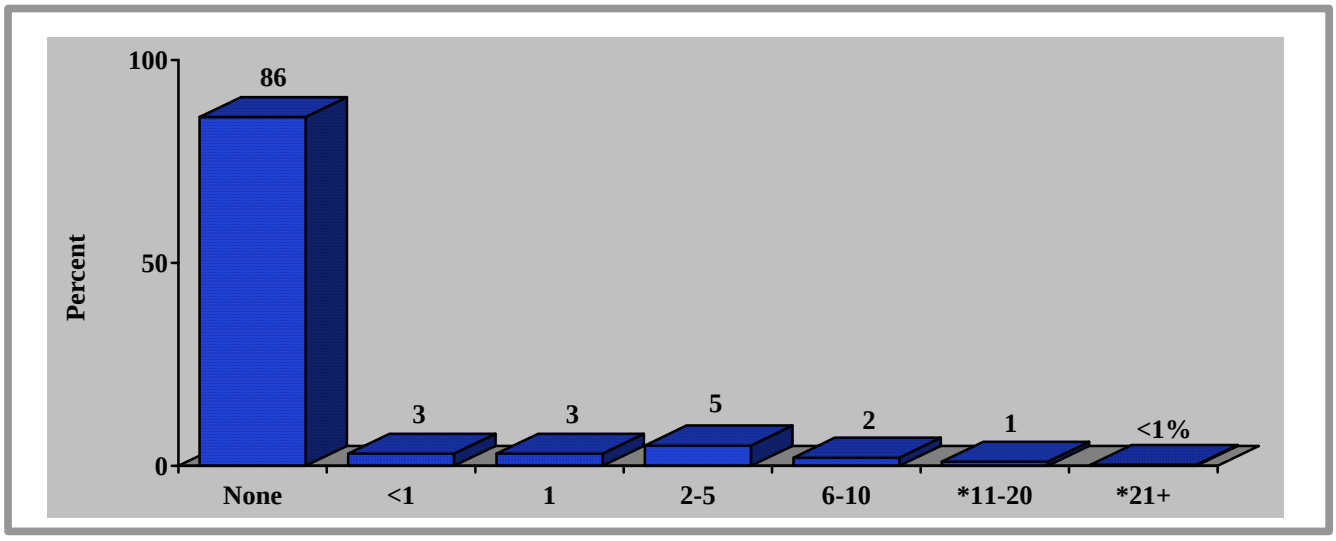
Tobacco Use – Cigarette Smoking (continued)

Table 4: Cigarettes smoked per day

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Frequency	**Percent**
NONE IPM	1034	86.24
LT 1 PER DAY	39	3.25
1/DAY	34	2.84
2-5/DAY	56	4.67
6-10/DAY	27	2.25
11-20/DAY	6	0.50
21+ /DAY	3	0.25

(Frequency Missing = 130)

Figure 4: Cigarettes smoked per day



* Less than one percent (<1%)

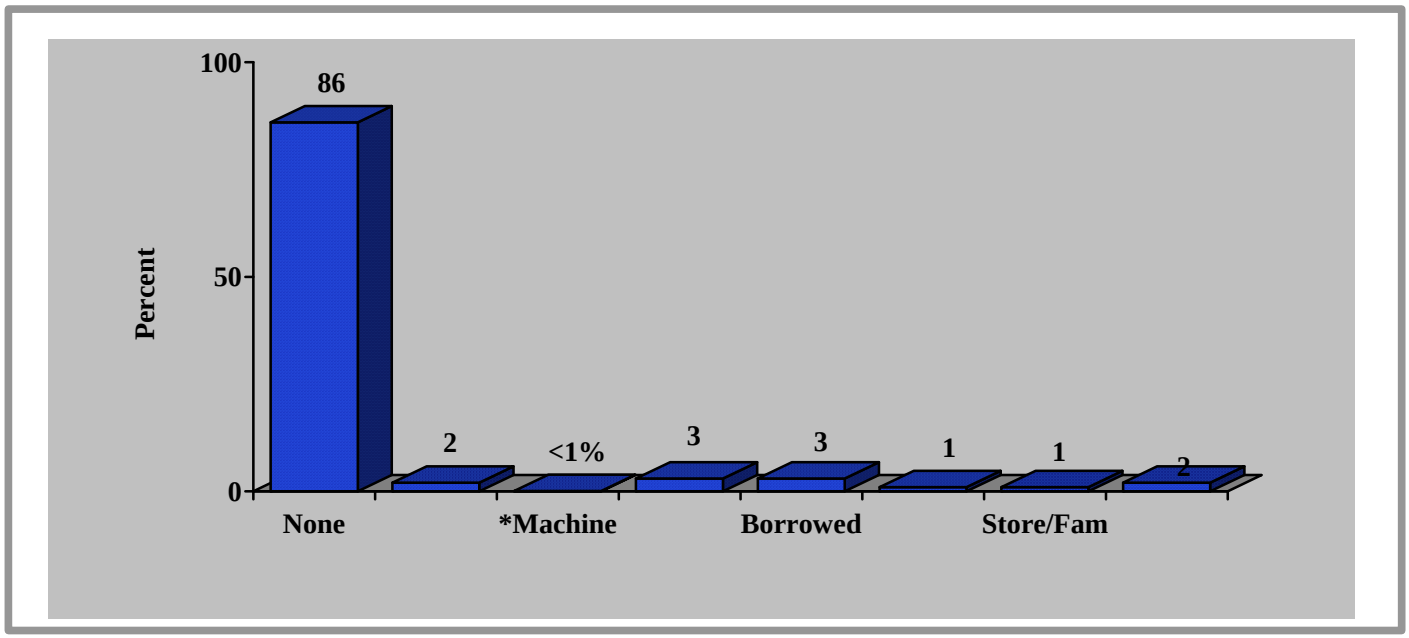
Tobacco Use – Cigarette Smoking (continued)

Table 5: Personally bought cigarettes

During the past 30 days, how did you usually get your own cigarettes?		
	Frequency	**Percent**
NONE IN THE PAST MONTH	1045	85.80
STORE BOUGHT	40	3.28
MACHINE BOUGHT	1	0.08
SOMEONE ELSE BOUGHT	41	3.37
BORROWED THEM	38	3.12
PERSON 18 OR OLDER GAVE THEM	15	1.23
TOOK FROM A STORE OR FAMILY MEMBER	14	1.15
SOME OTHER WAY	24	1.97

(Frequency Missing = 111)

Figure 5: Personally bought cigarettes



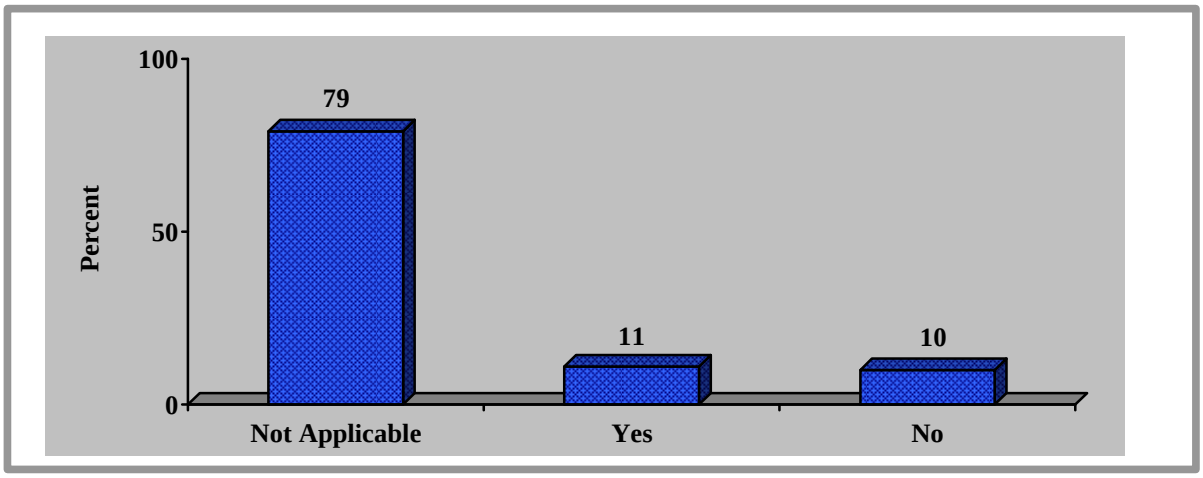
Tobacco Use – Cigarette Smoking (continued)

Table 6: Tried to quit smoking

Have you ever tried to quit smoking cigarettes?		
	Frequency	**Percent**
N/A	947	78.85
YES	136	11.32
NO	118	9.83

Frequency Missing = 128

Figure 6: Tried to quit smoking



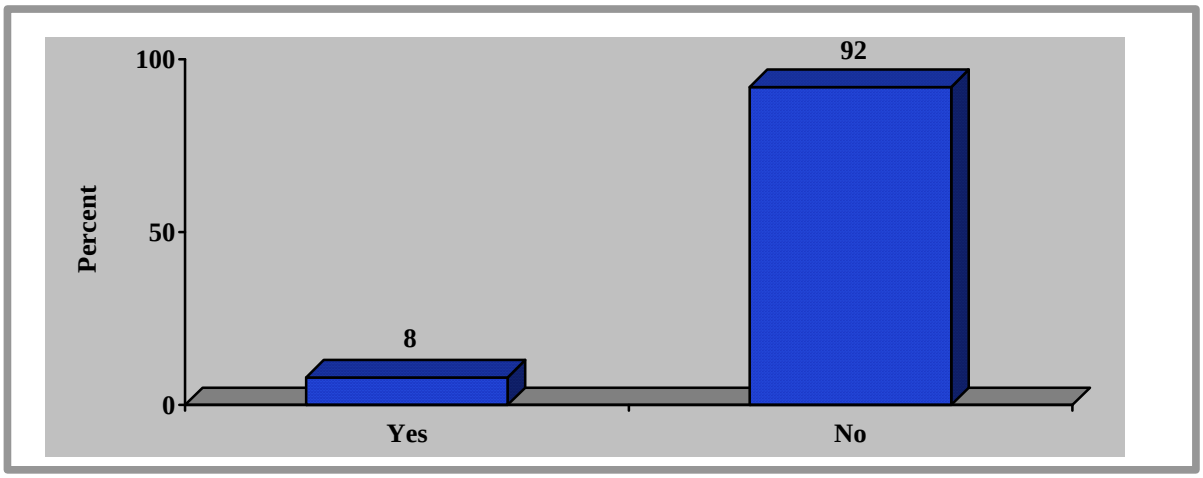
Tobacco Use – Cigarette Smoking (continued)

Table 7: Regular cigarette use

Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Frequency	**Percent**
YES	100	7.89
NO	1168	92.11

(Frequency Missing = 61)

Figure 7: Regular cigarette use



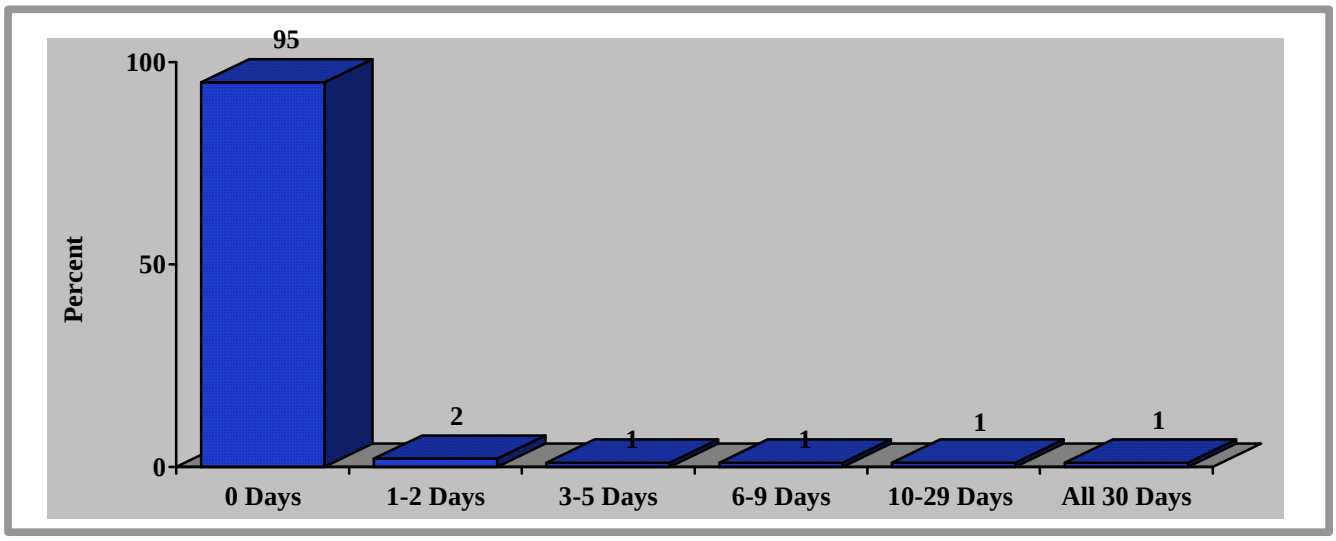
Tobacco Use – Other Uses

Table 8: Current smokeless tobacco use

During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Bandits, or Copenhagen?		
	Frequency	**Percent**
0 DAYS	1242	94.74
1-2 DAYS	29	2.21
3-5 DAYS	7	0.53
6-9 DAYS	8	0.61
10-19 DAYS	3	0.23
20-29 DAYS	5	0.38
ALL 30 DAYS	17	1.30

(Frequency Missing = 18)

Figure 8: Current smokeless tobacco use



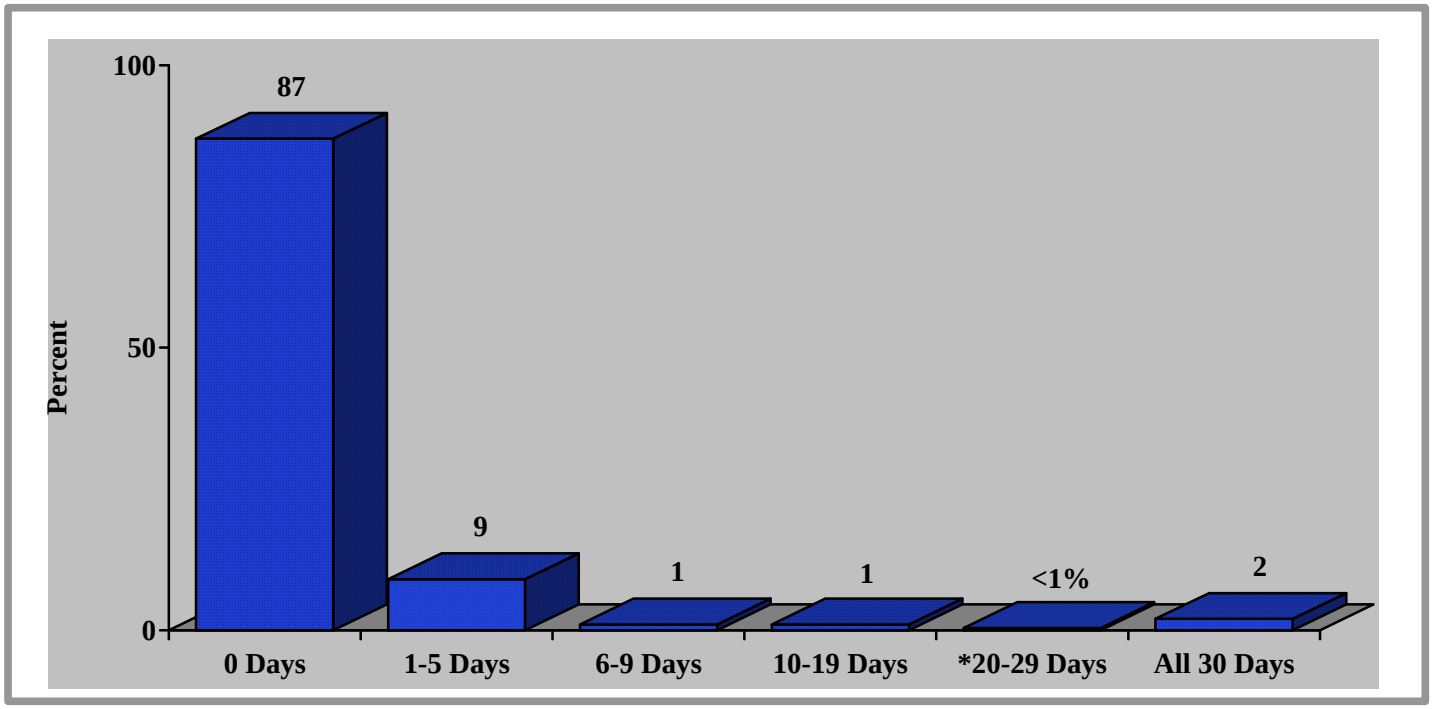
Tobacco Use – Other Uses (continued)

Table 9: Current cigar use

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Frequency	**Percent**
0 DAYS	1144	86.67
1-2 DAYS	89	6.74
3-5 DAYS	27	2.05
6-9 DAYS	14	1.06
10-19 DAYS	17	1.29
20-29 DAYS	5	0.38
ALL 30 DAYS	24	1.82

(Frequency Missing = 9)

Figure 9: Current cigar use



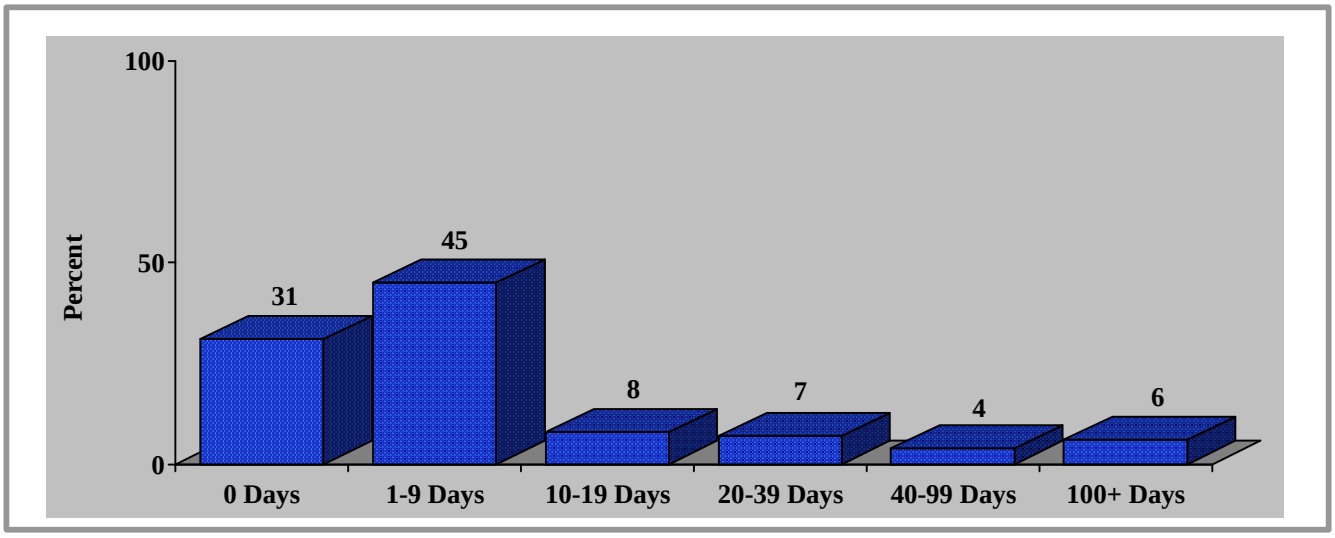
Alcohol Use

Table 1: Lifetime alcohol use

During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	**Percent of Total**
0 DAYS	150	31
1-2 DAYS	132	27
3-9 DAYS	90	18
10-19 DAYS	38	8
20-39 DAYS	33	7
40-99 DAYS	19	4
100+ DAYS	29	6

Frequency Missing = 108

Figure 1: Lifetime alcohol use



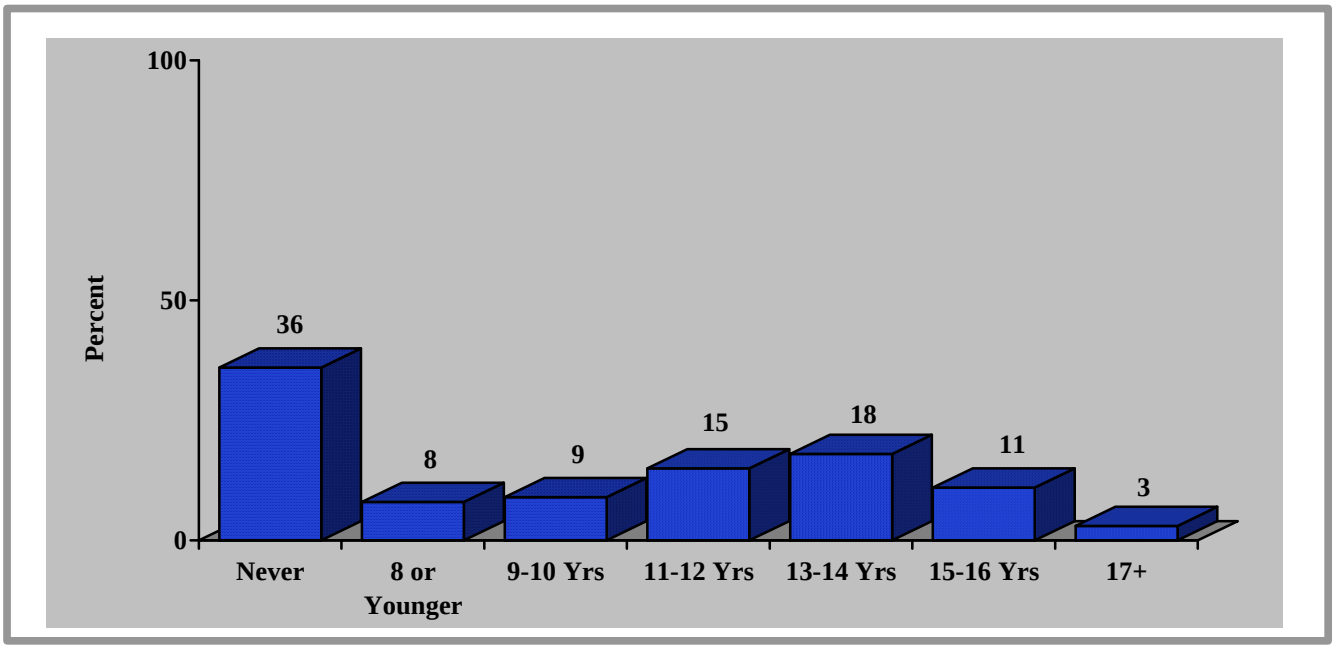
Alcohol Use (continued)

Table 2: Early initiation of alcohol use

How old were you when you had your first drink of alcohol other than a few sips?		
	Frequency	**Percent**
NEVER TRIED	397	35.77
8 OR YOUNGER	93	8.38
AGE 9-10	96	8.65
AGE 11-12	165	14.86
AGE 13-14	201	18.11
AGE 15-16	126	11.35
17 OR OLDER	32	2.88

(Frequency Missing = 219)

Figure 2: Early initiation of alcohol use



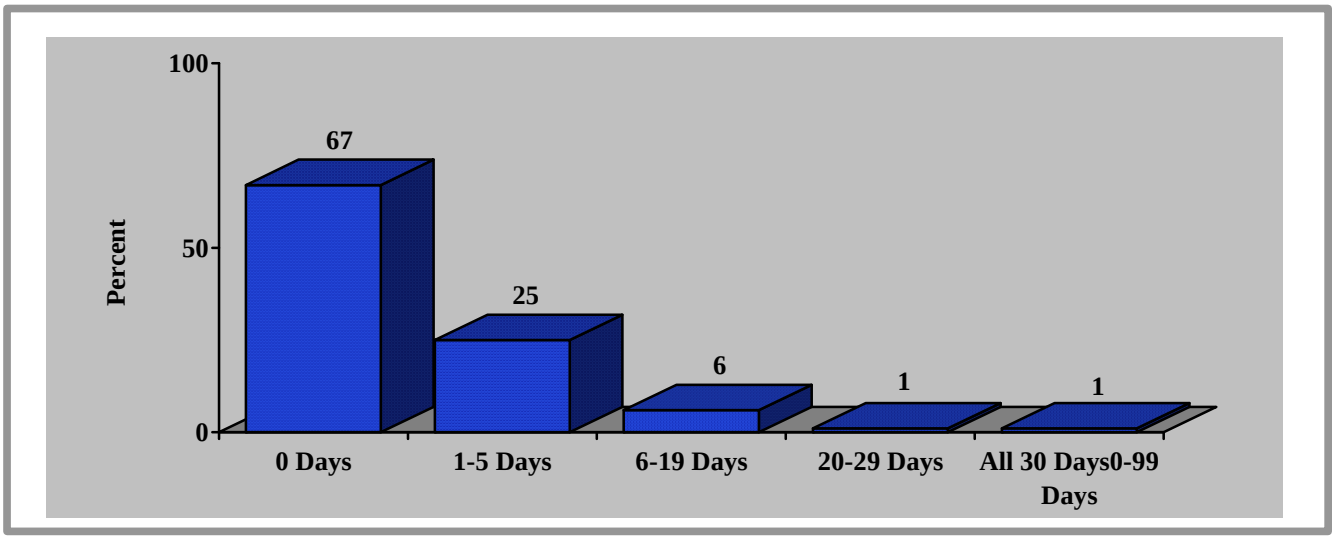
Alcohol Use (continued)

Table 3: Current alcohol use

During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Frequency	**Percent**
0 DAYS	795	66.98
1-2 DAYS	209	17.61
3-5 DAYS	91	7.67
6-9 DAYS	49	4.13
10-19 DAYS	24	2.02
20-29 DAYS	7	0.59
ALL 30 DAYS	12	1.01

(Frequency Missing = 142)

Figure 3: Current alcohol use



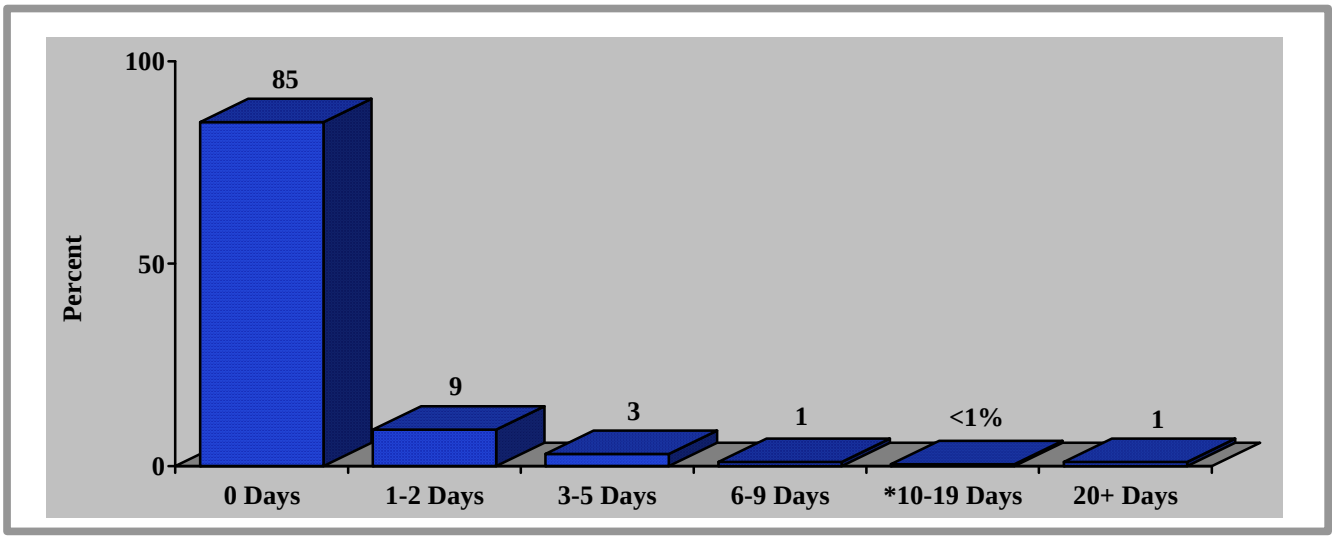
Alcohol Use (continued)

Table 4: Heavy alcohol use

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Frequency	**Percent**
0 DAYS	1081	84.72
1 DAY	75	5.88
2 DAYS	47	3.68
3-5 DAYS	43	3.37
6-9 DAYS	15	1.18
10-19 DAYS	6	0.47
20+ DAYS	9	0.71

(Frequency Missing = 53)

Figure 4: Heavy alcohol use



* Less than one percent (<1%)

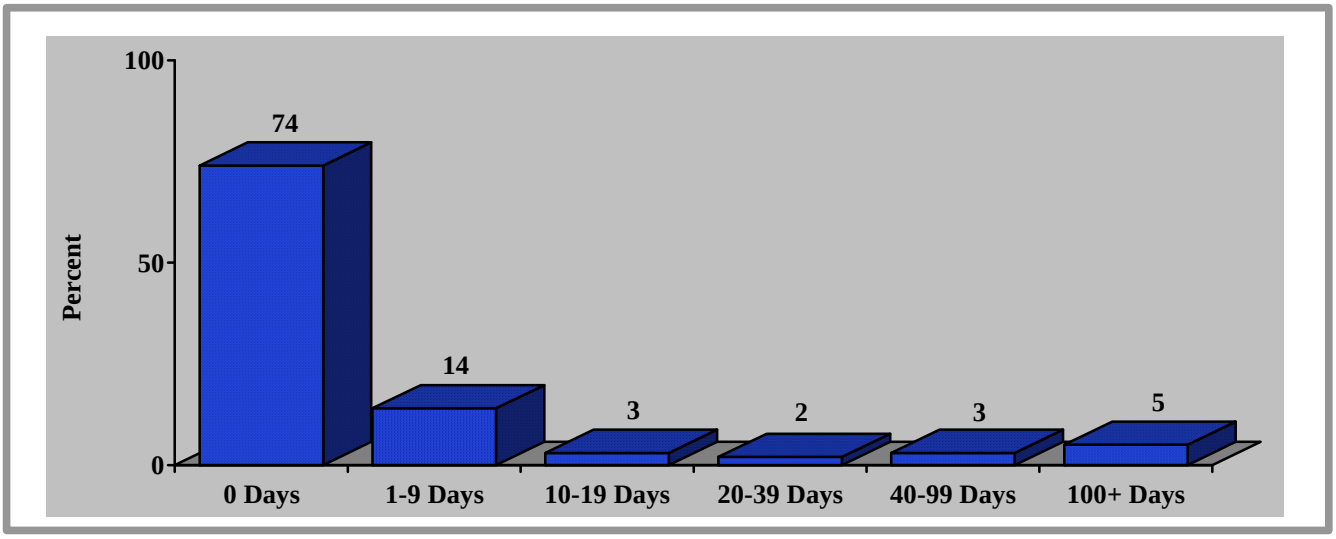
Illegal Drug Use

Table 1: Lifetime marijuana use

During your life, how many times have you used marijuana?		
	Frequency	**Percent**
0 TIMES	925	73.53
1-2 TIMES	100	7.95
3-9 TIMES	71	5.64
10-19 TIMES	37	2.94
20-39 TIMES	28	2.23
40-99 TIMES	32	2.54
100+ TIMES	65	5.17

(Frequency Missing = 71)

Figure 1: Lifetime marijuana use



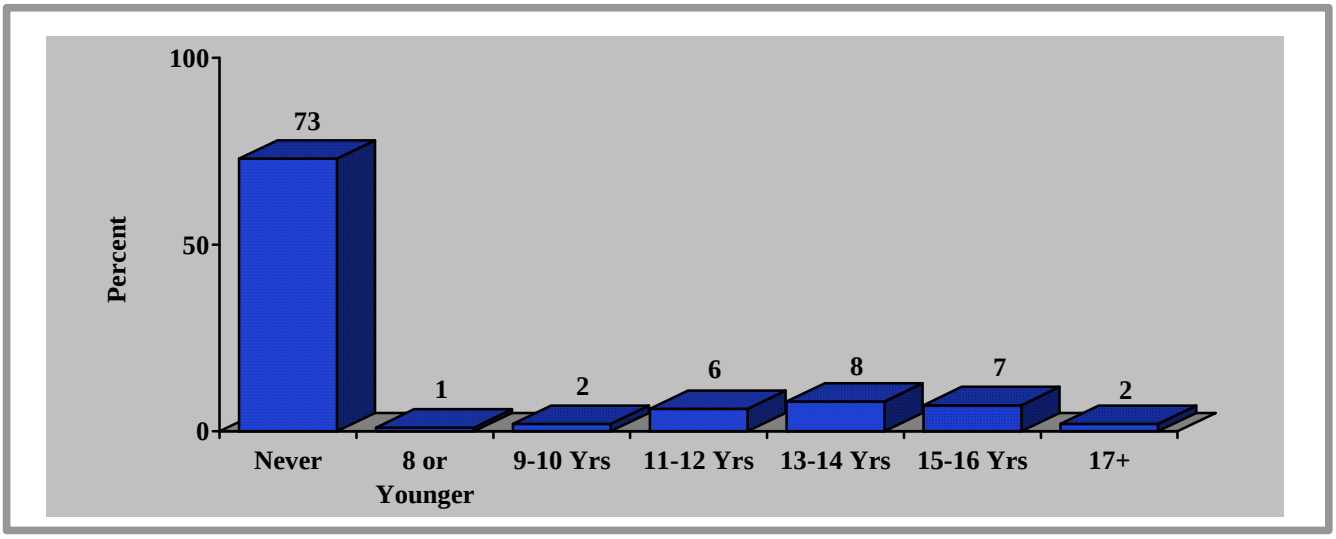
Illegal Drug Use (continued)

Table 2: Early initiation of marijuana use

How old were you when you tried marijuana for the first time?		
	Frequency	**Percent**
NEVER TRIED	943	73.10
8 OR YOUNGER	18	1.40
AGE 9-10	31	2.40
AGE 11-12	74	5.74
AGE 13-14	100	7.75
AGE 15-16	93	7.21
17 OR OLDER	31	2.40

(Frequency Missing = 39)

Figure 2: Early initiation of marijuana use



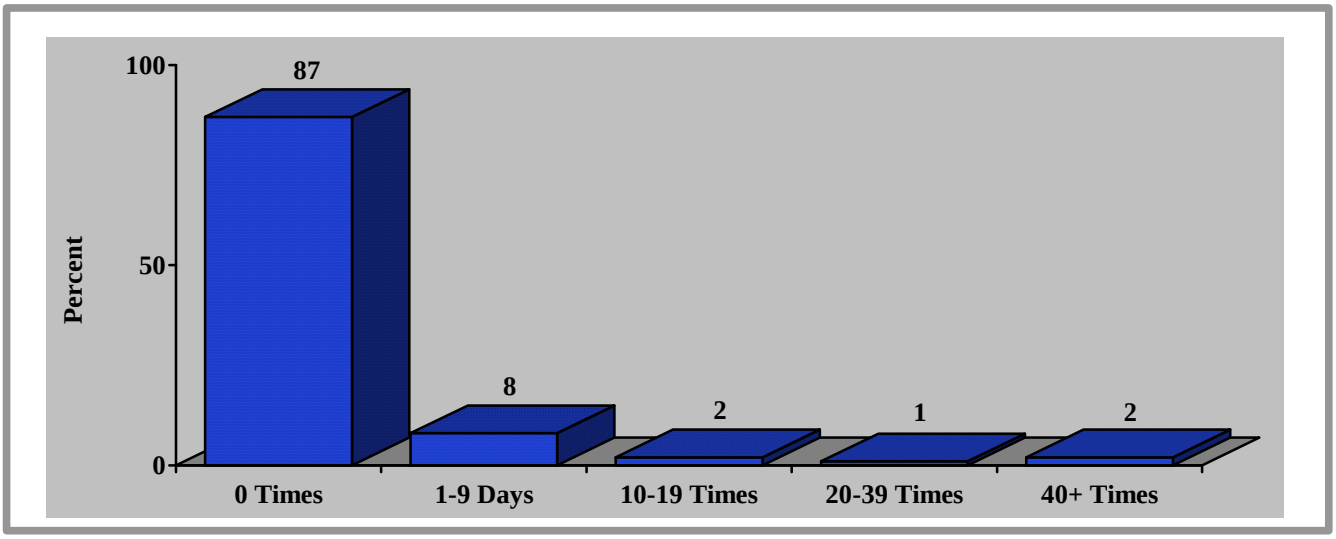
Illegal Drug Use (continued)

Table 3: Current marijuana use

During the past 30 days, how many times did you use marijuana?		
	Frequency	**Percent**
0 TIMES	1106	86.95
1-2 TIMES	60	4.72
3-9 TIMES	41	3.22
10-19 TIMES	25	1.97
20-39 TIMES	12	0.94
40+ TIMES	28	2.20

(Frequency Missing = 57)

Figure 3: Current marijuna use



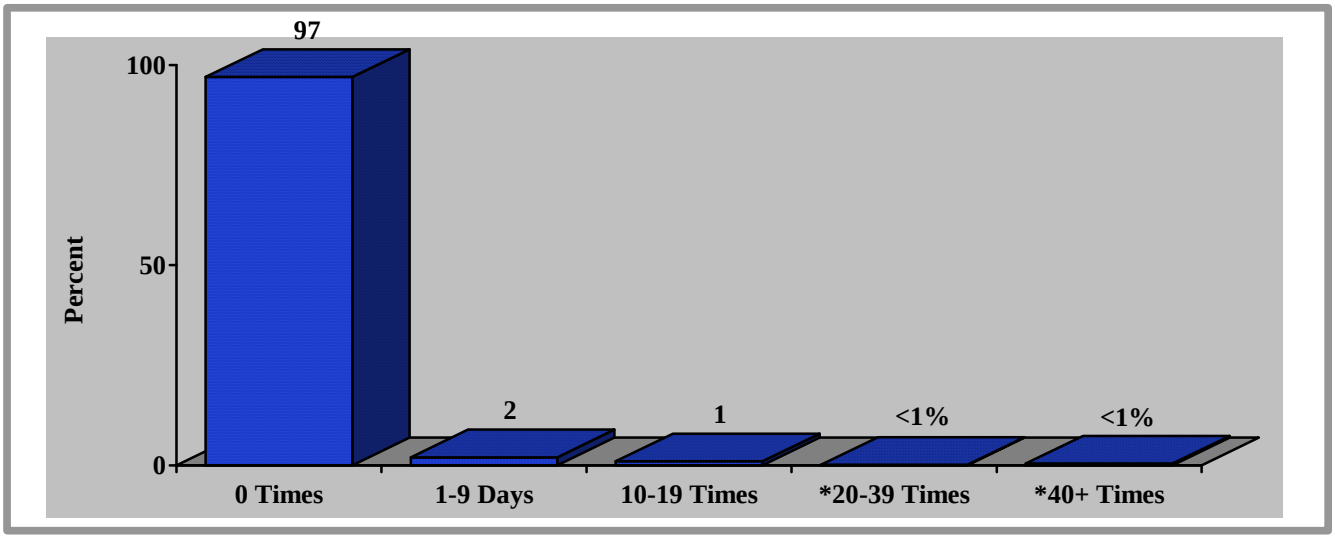
Illegal Drug Use (continued)

Table 4: Lifetime cocaine use

During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Frequency	**Percent**
0 TIMES	1255	97.14
1-2 TIMES	14	1.08
3-9 TIMES	6	0.46
10-19 TIMES	9	0.70
20-39 TIMES	2	0.15
40+ TIMES	6	0.46

(Frequency Missing = 37)

Figure 4: Lifetime cocaine use



* Less than one percent (<1%)

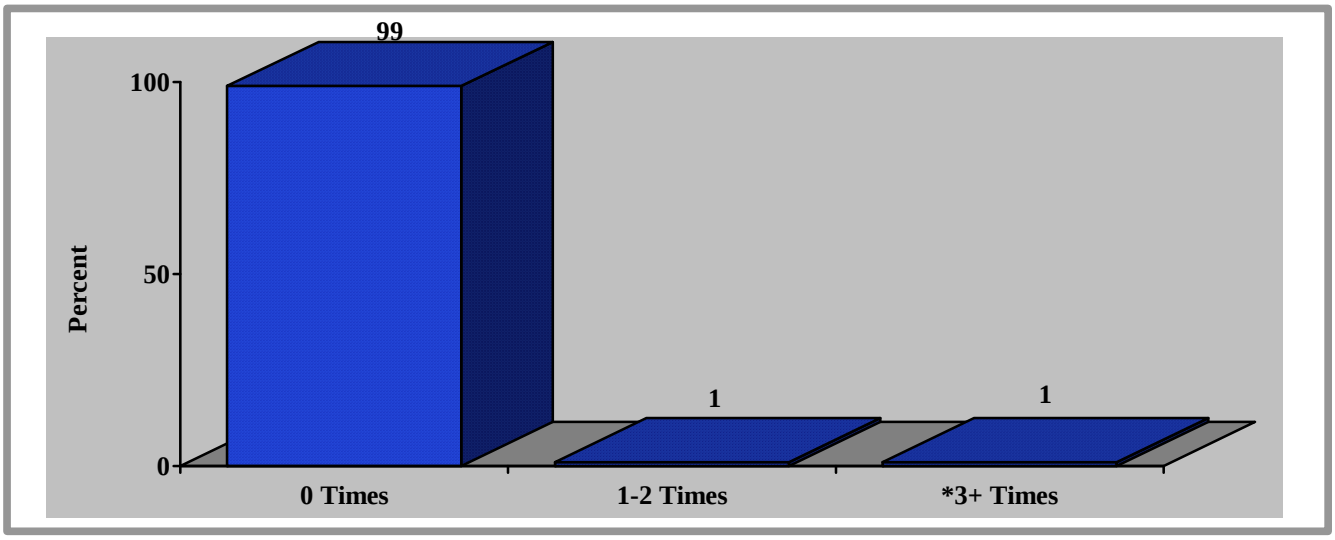
Illegal Drug Use (continued)

Table 5: Current cocaine use

During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
	Frequency	**Percent**
0 TIMES	1283	98.62
1-2 TIMES	11	0.85
3-9 TIMES	4	0.31
10-19 TIMES	2	0.15
40+ TIMES	1	0.08

(Frequency Missing = 28)

Figure 5: Current cocaine use



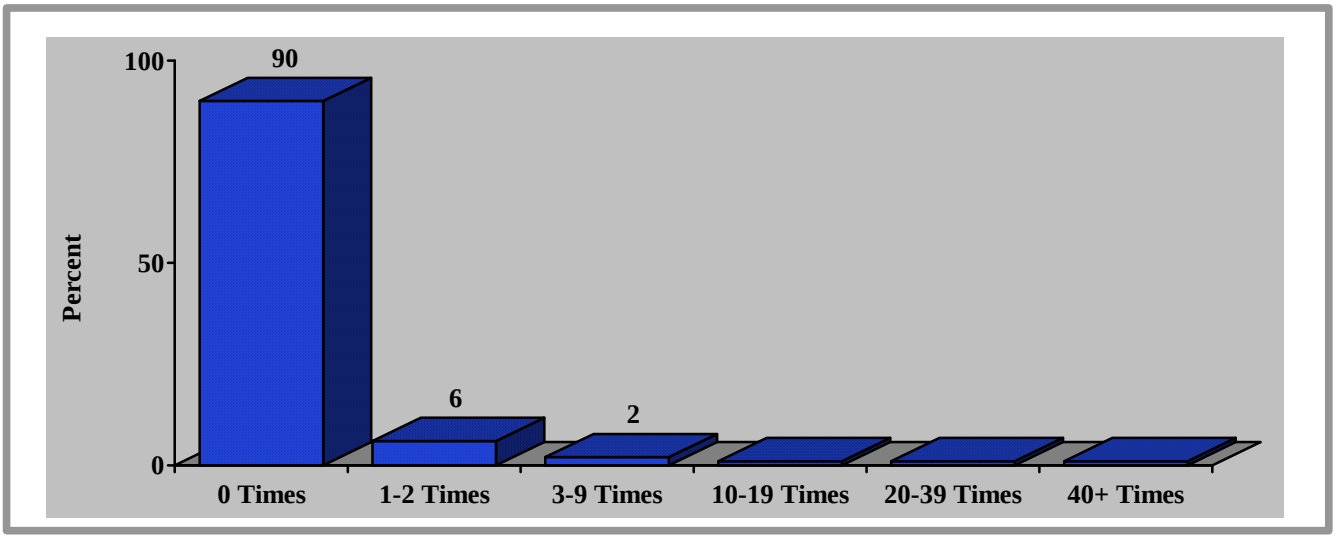
Illegal Drug Use (continued)

Table 6: Lifetime inhalant use

During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
	Frequency	**Percent**
0 TIMES	1167	89.84
1-2 TIMES	72	5.54
3-9 TIMES	26	2.00
10-19 TIMES	14	1.08
20-39 TIMES	7	0.54
40+ TIMES	13	1.00

(Frequency Missing = 30)

Figure 7: Lifetime inhalant use



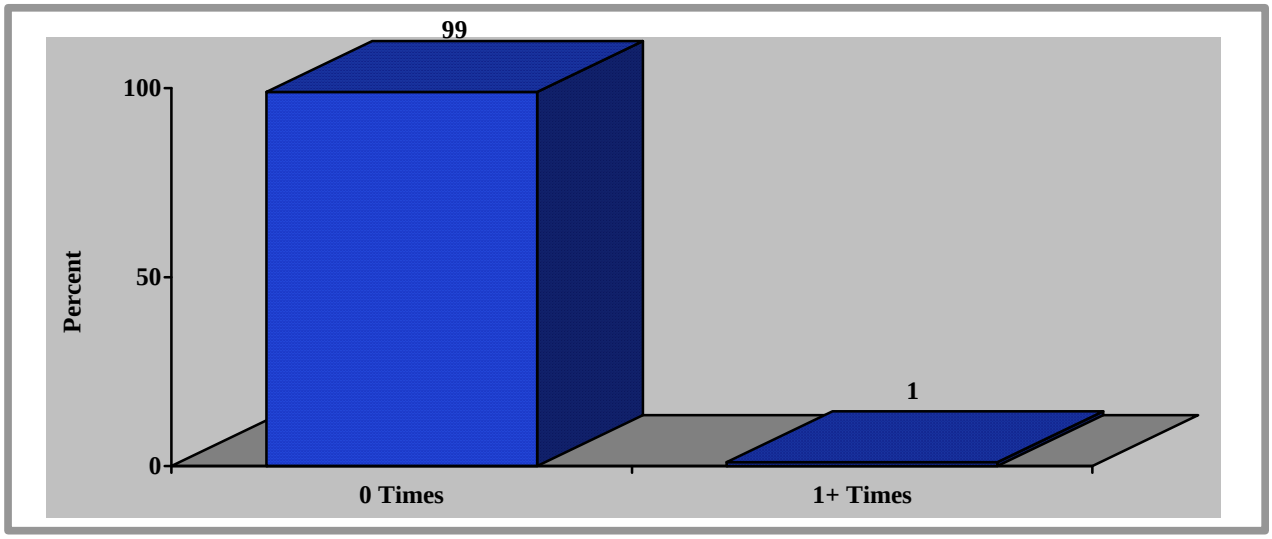
Illegal Drug Use (continued)

Table 7: Lifetime heroin use

During your life, how many times have your used heroin (also called smack, junk, or China White)?		
	Frequency	**Percent**
0 TIMES	1285	98.77
1-2 TIMES	5	0.38
3-9 TIMES	7	0.54
10-19 TIMES	1	0.08
20-39 TIMES	1	0.08
40+ TIMES	2	0.15

(Frequency Missing = 28)

Figure 7: Lifetime heroin use



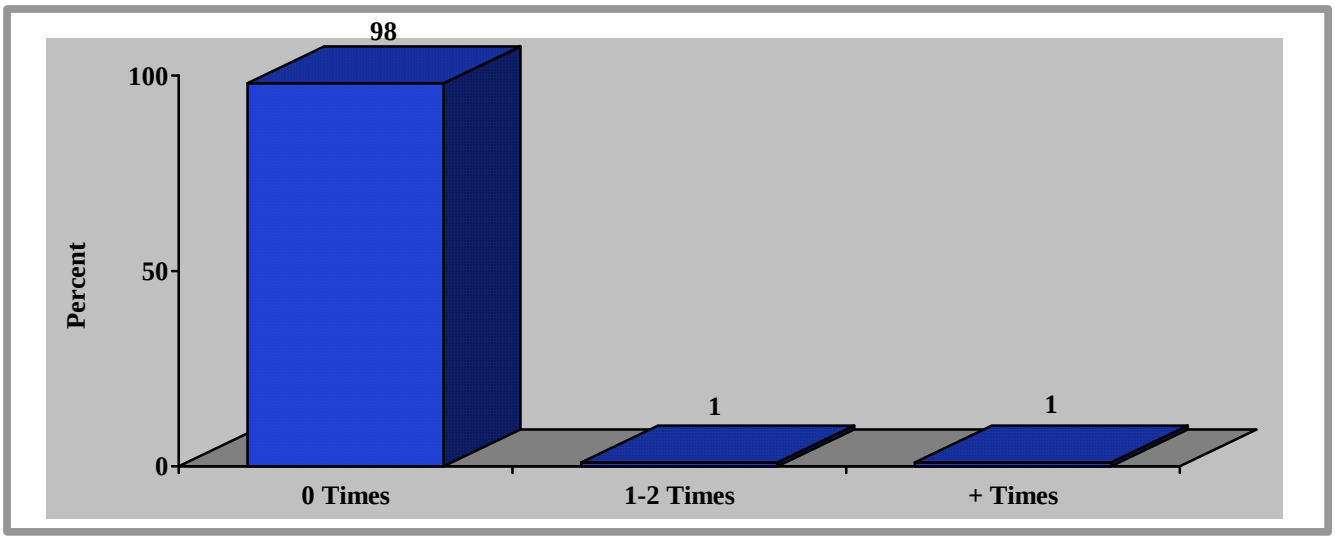
Illegal Drug Use (continued)

Table 8: Lifetime methamphetamines use

During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?		
	Frequency	**Percent**
0 TIMES	1248	98.11
1-2 TIMES	14	1.10
3-9 TIMES	4	0.31
10-19 TIMES	2	0.16
20-39 TIMES	1	0.08
40+ TIMES	3	0.24

(Frequency Missing = 57)

Figure 8: Lifetime methamphetamines use



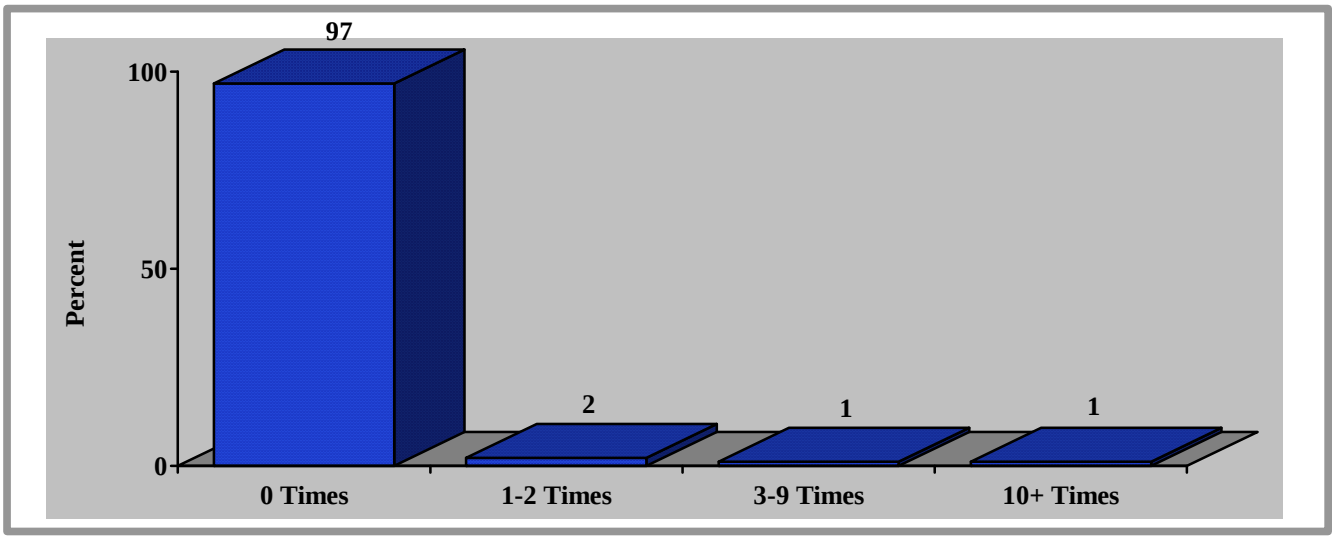
Illegal Drug Use (continued)

Table 9: Lifetime ecstasy use

During your life, how many times have you used ecstasy?		
	Frequency	**Percent**
0 TIMES	1261	96.85
1-2 TIMES	24	1.84
3-9 TIMES	9	0.69
10-19 TIMES	3	0.23
20-39 TIMES	4	0.31
40+ TIMES	1	0.08

(Frequency Missing = 27)

Figure 9: Lifetime ecstasy use



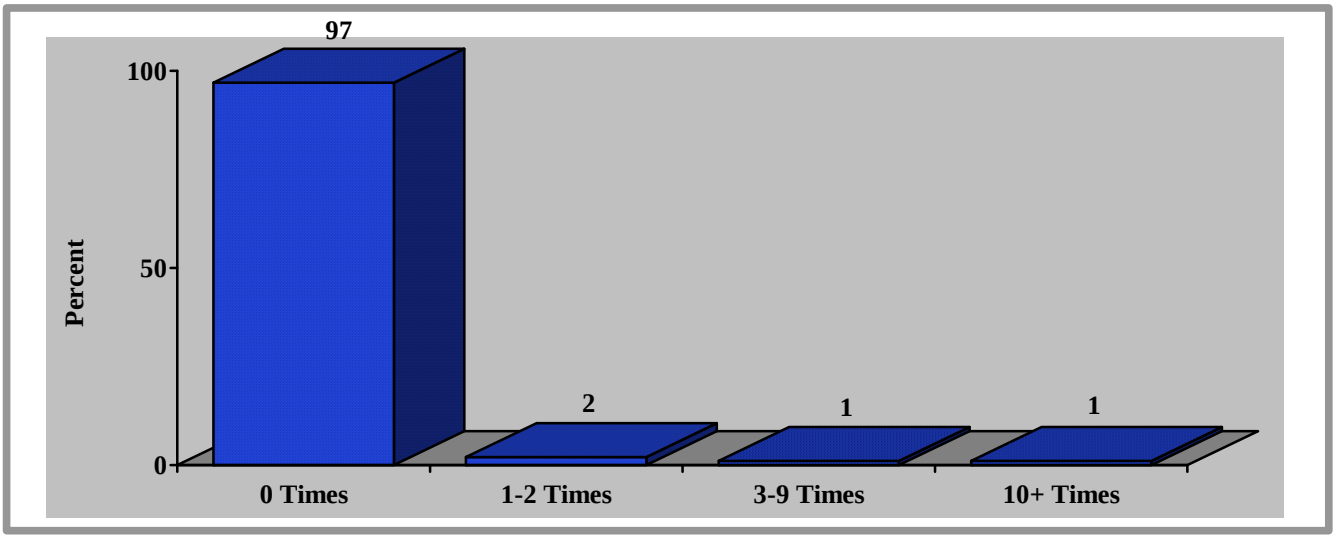
Illegal Drug Use (continued)

Table 10: Lifetime illegal steroid use

During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Frequency	**Percent**
0 TIMES	1281	97.27
1-2 TIMES	20	1.52
3-9 TIMES	7	0.53
10-19 TIMES	4	0.30
20-39 TIMES	1	0.08
40+ TIMES	4	0.30

(Frequency Missing = 12)

Figure 10: Lifetime illegal steroid use



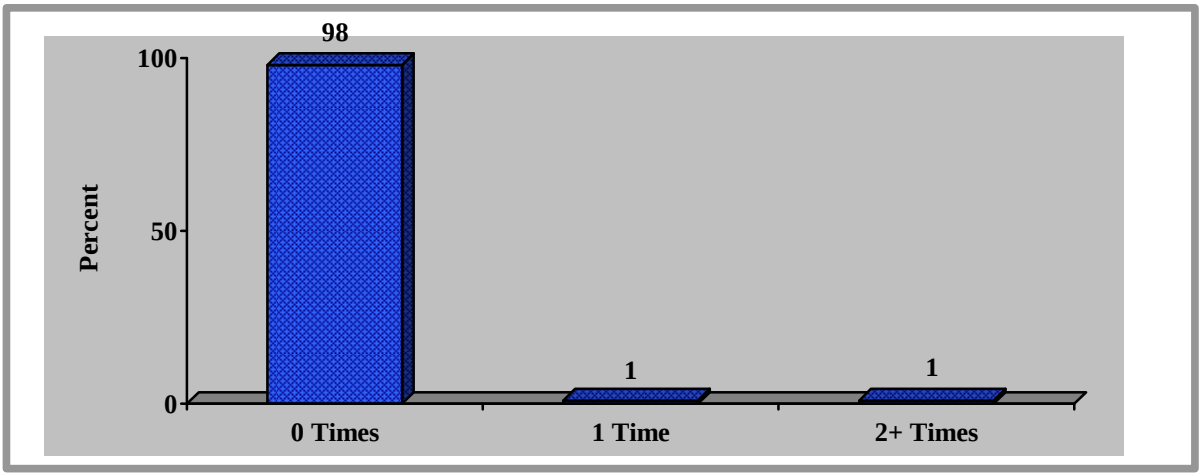
Illegal Drug Use (continued)

Table 11: Lifetime illegal drug injection use

During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Frequency	**Percent**
0 TIMES	1283	98.47
1 TIME	13	1.00
2+ TIMES	7	0.54

(Frequency Missing = 26)

Figure 11: Lifetime illegal drug injection use



Sexual Behaviors

Table 1: Ever had sexual intercourse

Have you ever had sexual intercourse?		
	Frequency	**Percent**
YES	617	54.80
NO	509	45.20

(Frequency Missing = 203)

Figure 1: Ever had sexual intercourse

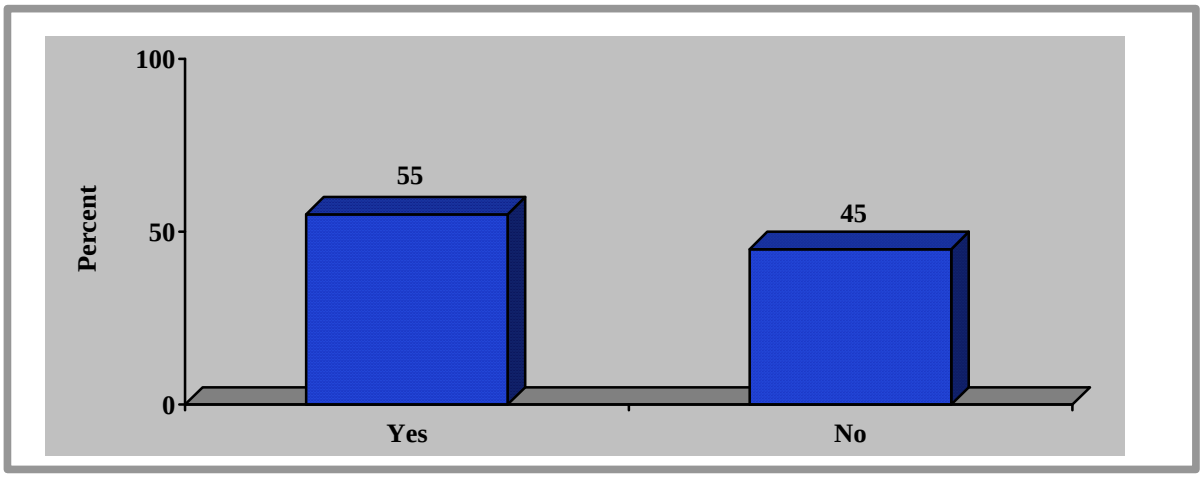
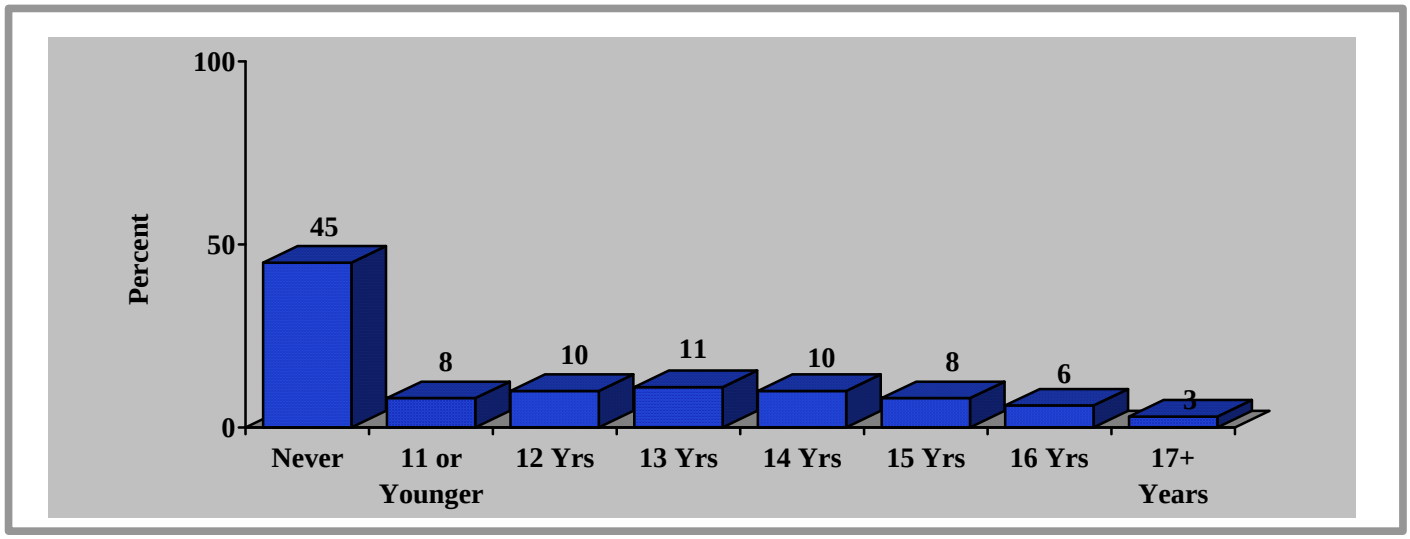


Table 2: Age of initiation of sexual intercourse

How old were you when you had sexual intercourse for the first time?		
	Frequency	**Percent**
NEVER	510	44.54
AGE 11 OR YOUNGER	87	7.60
AGE 12	111	9.69
AGE 13	129	11.27
AGE 14	112	9.78
AGE 15	92	8.03
AGE 16	74	6.46
AGE 17+	30	2.62

(Frequency Missing = 184)

Figure 2: Age of initiation of sexual intercourse



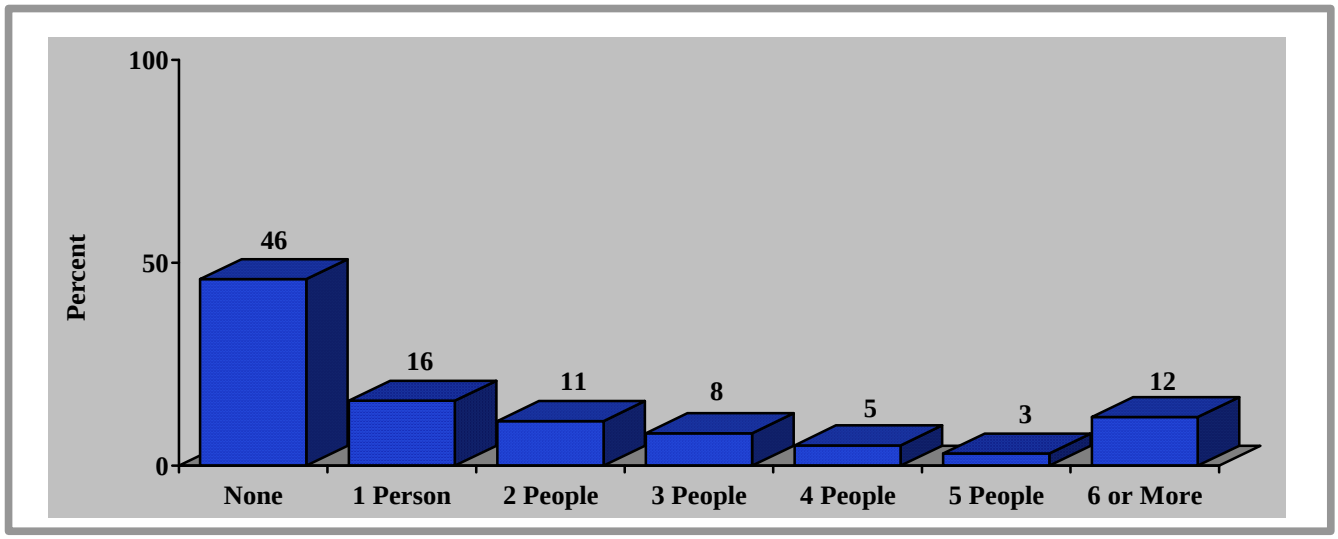
Sexual Behaviors (continued)

Table 3: Lifetime number of sexual partners

During your life, with how many people have you had sexual intercourse?		
	Frequency	**Percent**
NONE	515	45.58
1 PERSON	180	15.93
2 PEOPLE	126	11.15
3 PEOPLE	89	7.88
4 PEOPLE	53	4.69
5 PEOPLE	36	3.19
6 OR MORE PEOPLE	131	11.59

(Frequency Missing = 199)

Figure 3: Lifetime number of sexual partners



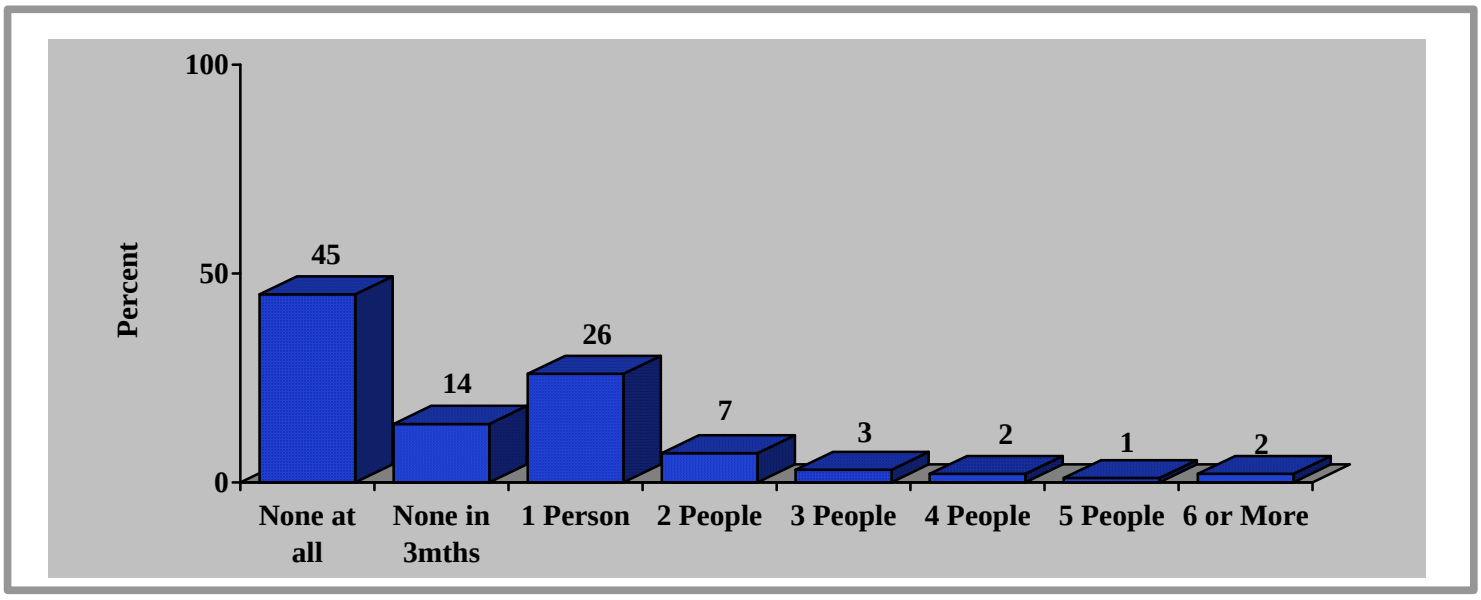
Sexual Behaviors (continued)

Table 4: Number of sexual partners in past 3 months

During the past 3 months, with how many people did you have sexual intercourse?		
	Frequency	**Percent**
NONE AT ALL	512	44.95
NONE IN PAST 3 MONTHS	165	14.49
1 PERSON	295	25.90
2 PEOPLE	78	6.85
3 PEOPLE	36	3.16
4 PEOPLE	24	2.11
5 PEOPLE	11	0.97
6 OR MORE PEOPLE	18	1.58

(Frequency Missing = 190)

Figure 4: Number of sexual partners in past 3 months



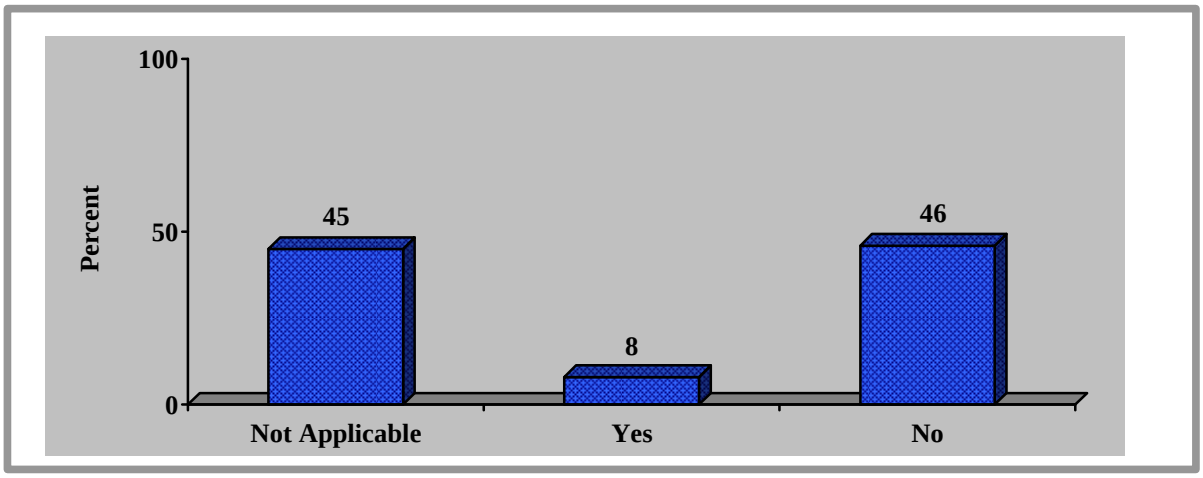
Sexual Behaviors (continued)

Table 5: Drug use before last sexual intercourse

Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Frequency	**Percent**
N/A	512	45.59
YES	93	8.28
NO	518	46.13

(Frequency Missing = 206)

Figure 5: Drug use before last sexual intercourse



Sexual Behaviors (continued)

Table 6: Condom use during last sexual intercourse

The last time you had sexual intercourse, did you or your partner use condom?		
	Frequency	**Percent**
N/A	513	45.84
YES	435	38.87
NO	171	15.28

(Frequency Missing = 210)

Figure 6: Condom use during last sexual intercourse

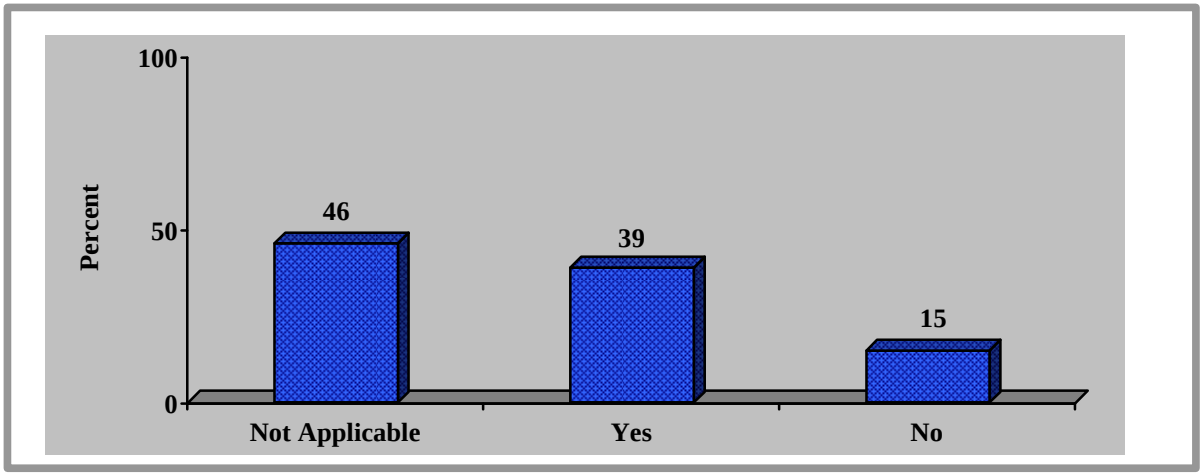
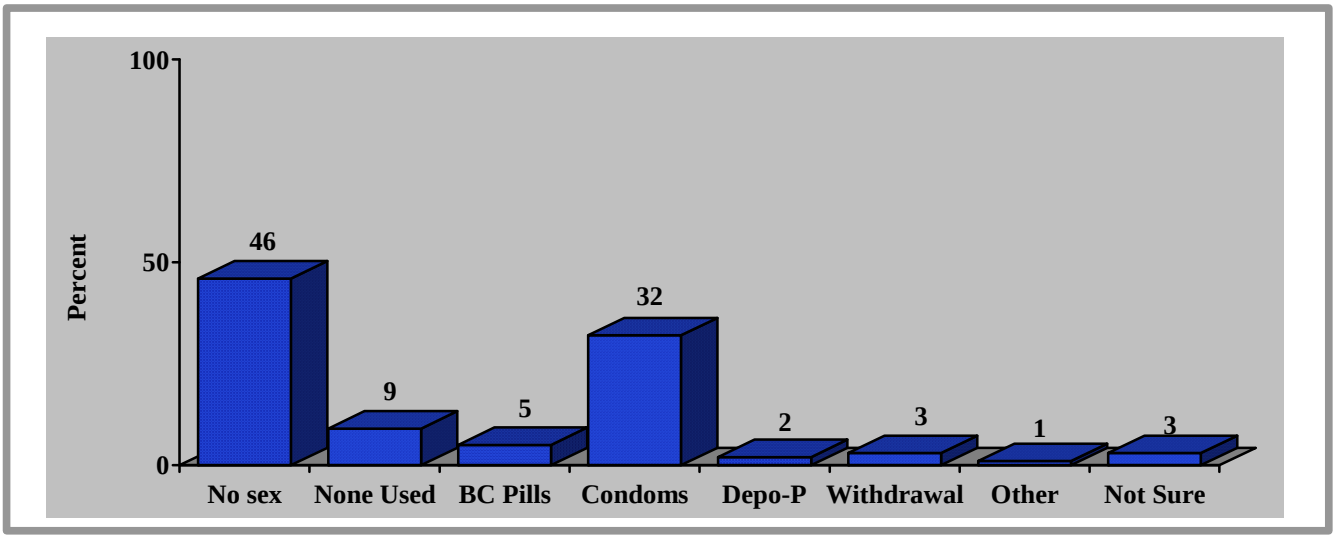


Table 7: Birth control use during last sexual intercourse

The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Frequency	**Percent**
NEVER HAD SEX	512	45.88
NO BIRTH CONTROL USED	99	8.87
BIRTH CONTROL PILLS	58	5.20
CONDOMS	358	32.08
DEPO-PROVERA	21	1.88
WITHDRAWAL	29	2.60
OTHER	10	0.90
NOT SURE	29	2.60

(Frequency Missing = 213)

Figure 7: Birth control use during last sexual intercourse



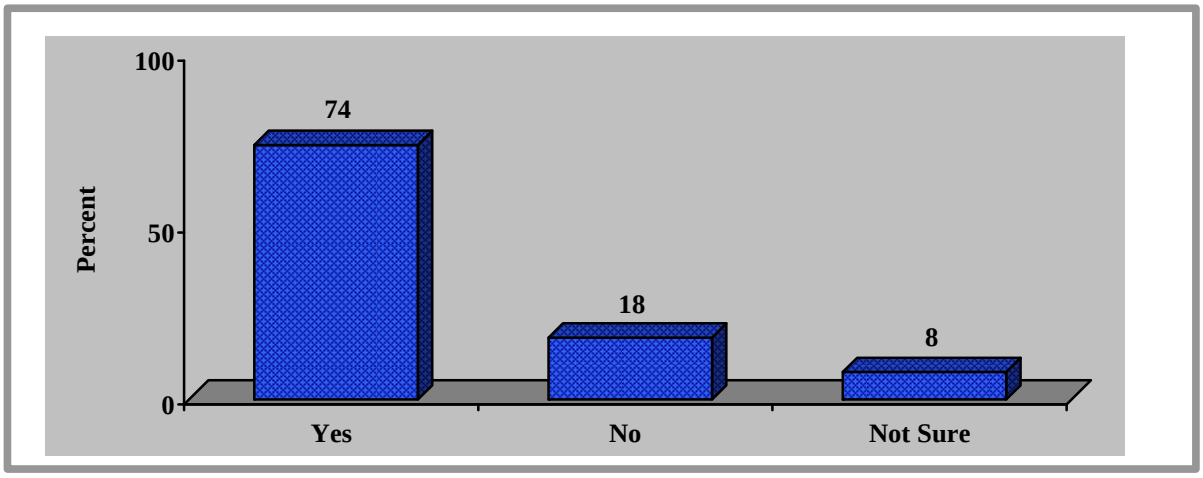
AIDS/HIV Information

Table 1: AIDS/HIV Information

Have you ever been taught about AIDS or HIV infection in school?		
	Frequency	**Percent**
YES	920	74.13
NO	221	17.81
NOT SURE	100	8.06

(Frequency Missing = 88)

Figure 1: AIDS/HIV Information



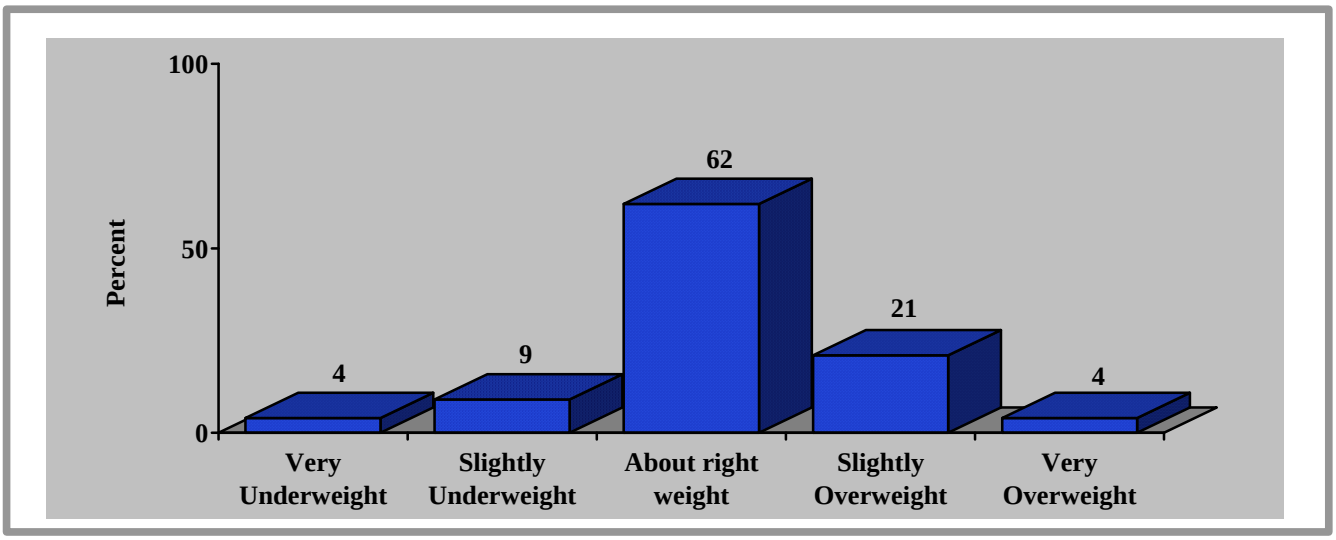
Overweight and Weight Control

Table 1: Description of weight

How do you describe your weight?		
	Frequency	**Percent**
VERY UNDERWEIGHT	54	4.18
SLIGHTLY UNDERWEIGHT	114	8.82
ABOUT THE RIGHT WEIGHT	803	62.15
SLIGHTLY OVERWEIGHT	273	21.13
VERY OVERWEIGHT	48	3.72

(Frequency Missing = 37)

Figure 1: Description of weight



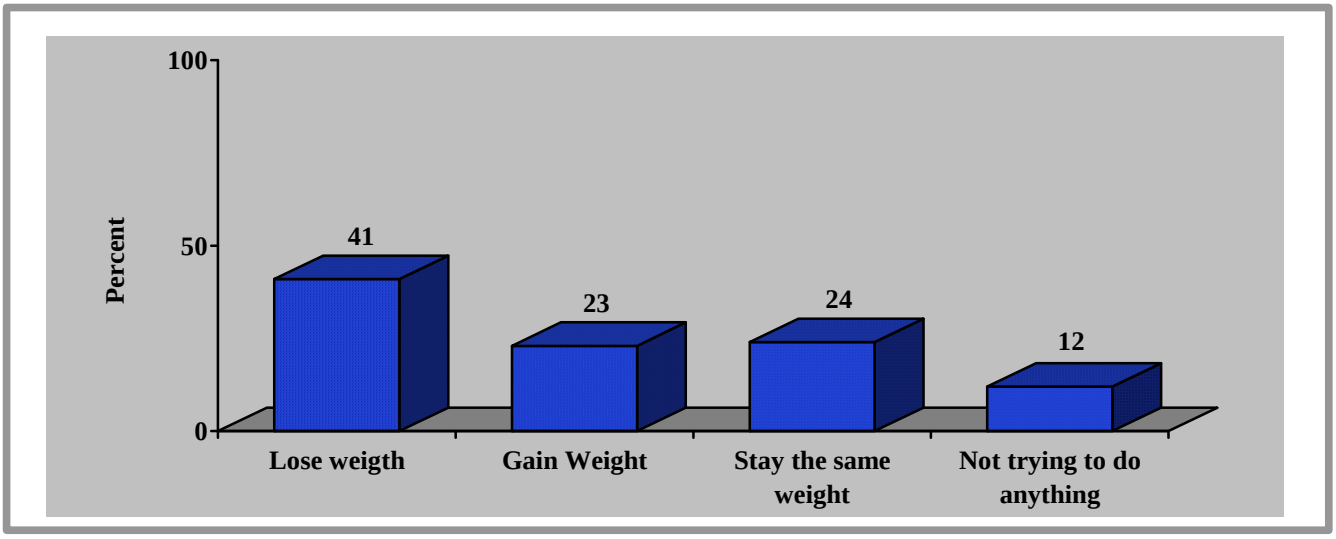
Overweight and Weight Control (continued)

Table 2: Method of weight control

Which of the following are you trying to do about your weight?		
	Frequency	**Percent**
LOSE WEIGHT	531	40.72
GAIN WEIGHT	301	23.08
STAY THE SAME WEIGHT	316	24.23
NOT TRYING TO DO ANYTHING	156	11.96

(Frequency Missing = 25)

Figure 2: Method of weight control



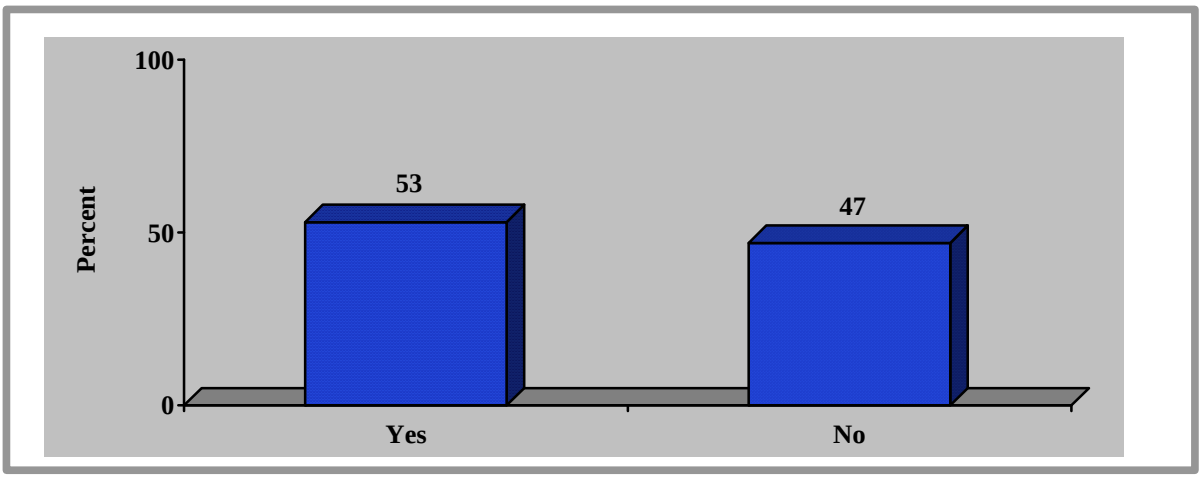
Overweight and Weight Control (continued)

Table 3: Exercised to lose weight

During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Frequency	**Percent**
YES	691	53.28
NO	606	46.72

(Frequency Missing = 32)

Figure 3: Exercised to lose weight



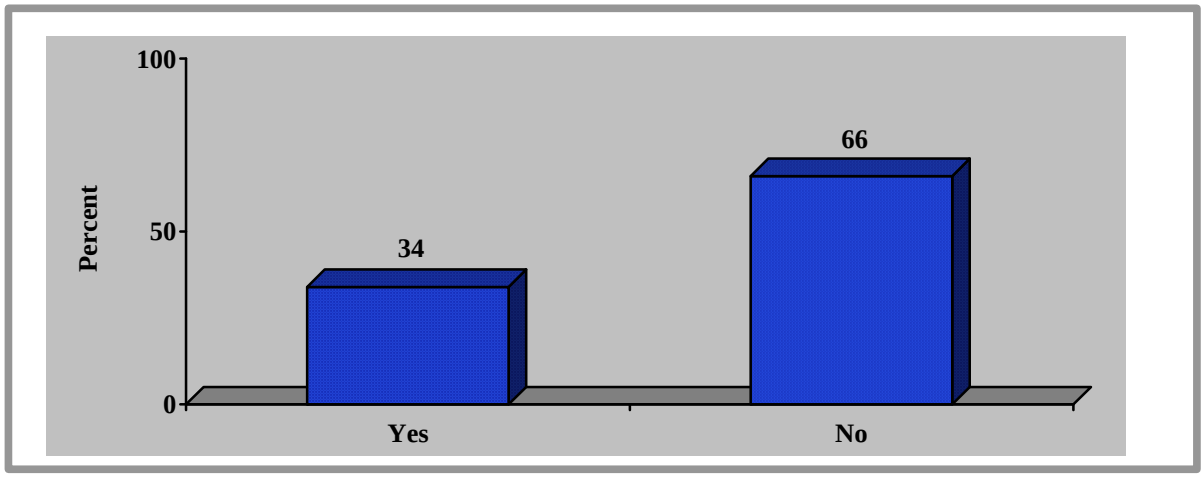
Overweight and Weight Control (continued)

Table 4: Ate less food to lose weight

During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Frequency	**Percent**
YES	444	34.29
NO	851	65.71

(Frequency Missing = 34)

Figure 4: Ate less food to lose weight



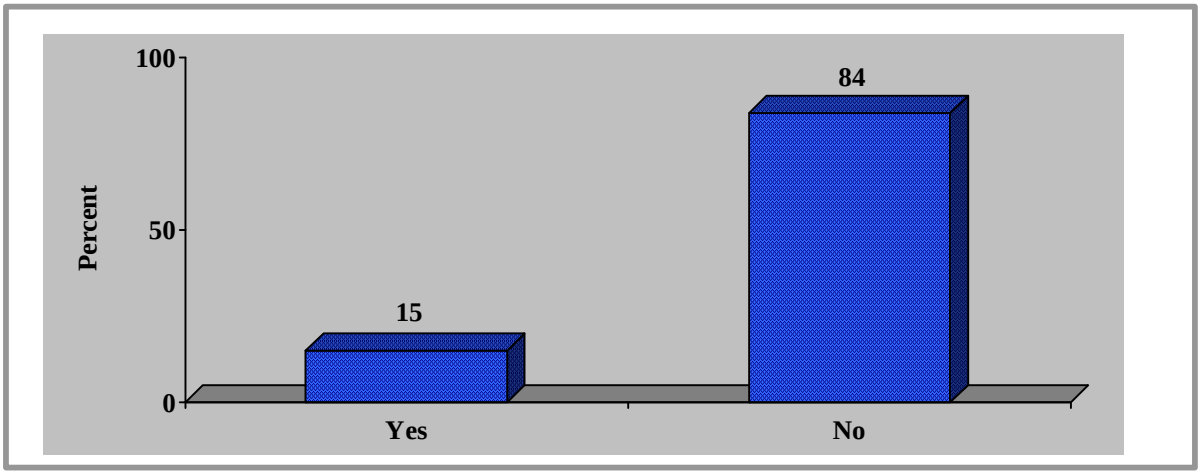
Overweight and Weight Control (continued)

Table 5: Fasted to lose weight

During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Frequency	**Percent**
YES	444	34.29
NO	851	65.71

(Frequency Missing = 34)

Figure 5: Fasted to lose weight



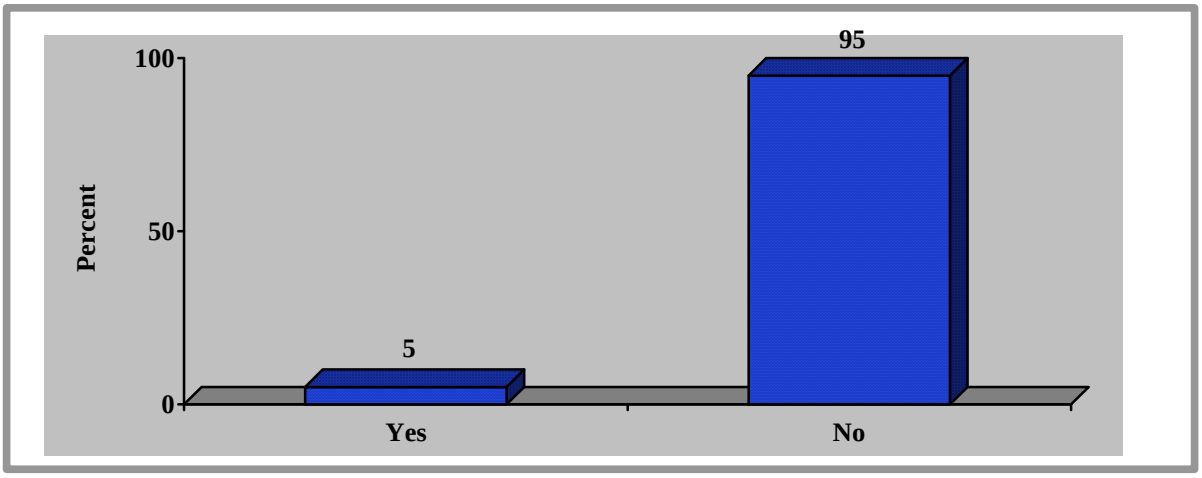
Overweight and Weight Control (continued)

Table 6: Took diet pills to lose weight

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?		
	Frequency	**Percent**
YES	66	5.10
NO	1229	94.90

(Frequency Missing = 34)

Figure 6: Took diet pills to lose weight



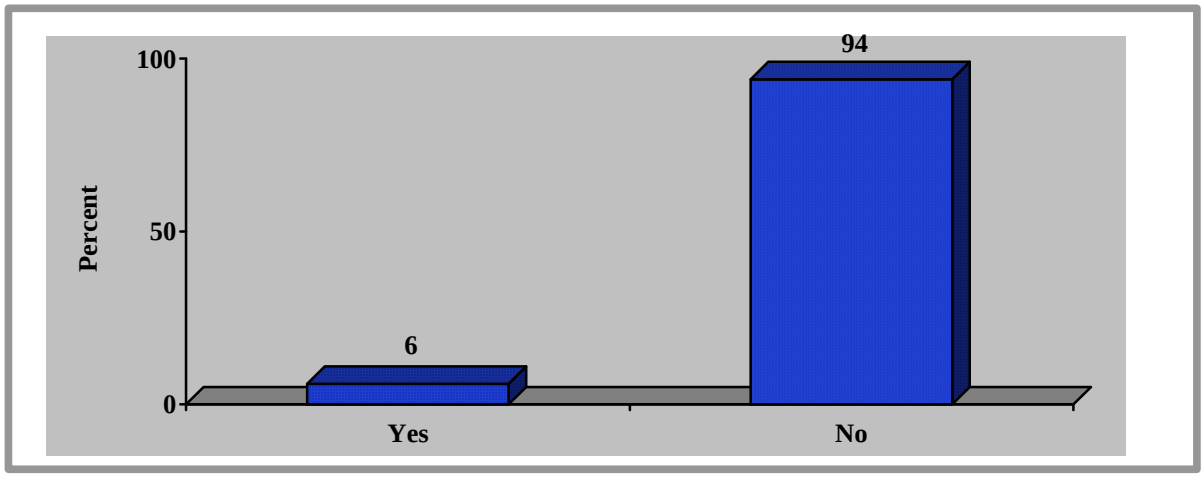
Overweight and Weight Control (continued)

Table 7: Took laxatives to lose weight

During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Frequency	**Percent**
YES	72	5.58
NO	1218	94.42

(Frequency Missing = 39)

Figure 7: Took laxatives to lose weight



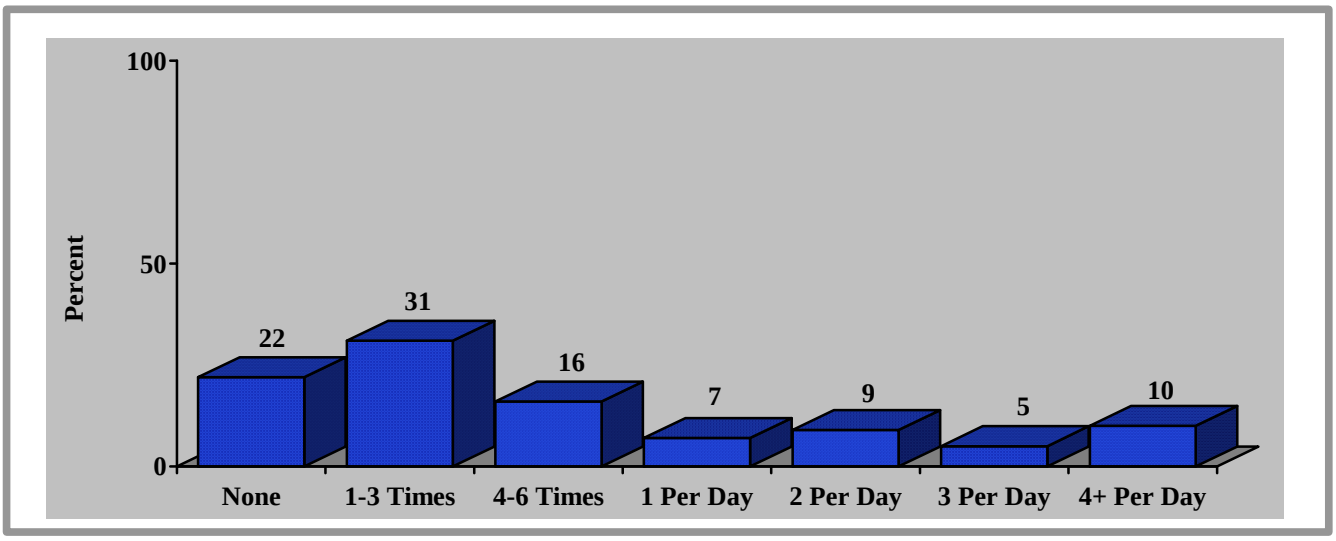
Dietary Behaviors

Table 1: Drank fruit juice

During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Frequency	**Percent**
NONE	291	22.47
1-3 TIMES	401	30.97
4-6 TIMES	206	15.91
ONCE PER DAY	90	6.95
TWICE PER DAY	111	8.57
3 TIMES PER DAY	65	5.02
4+ TIMES PER DAY	131	10.12

(Frequency Missing = 34)

Figure 1: Drank fruit juice



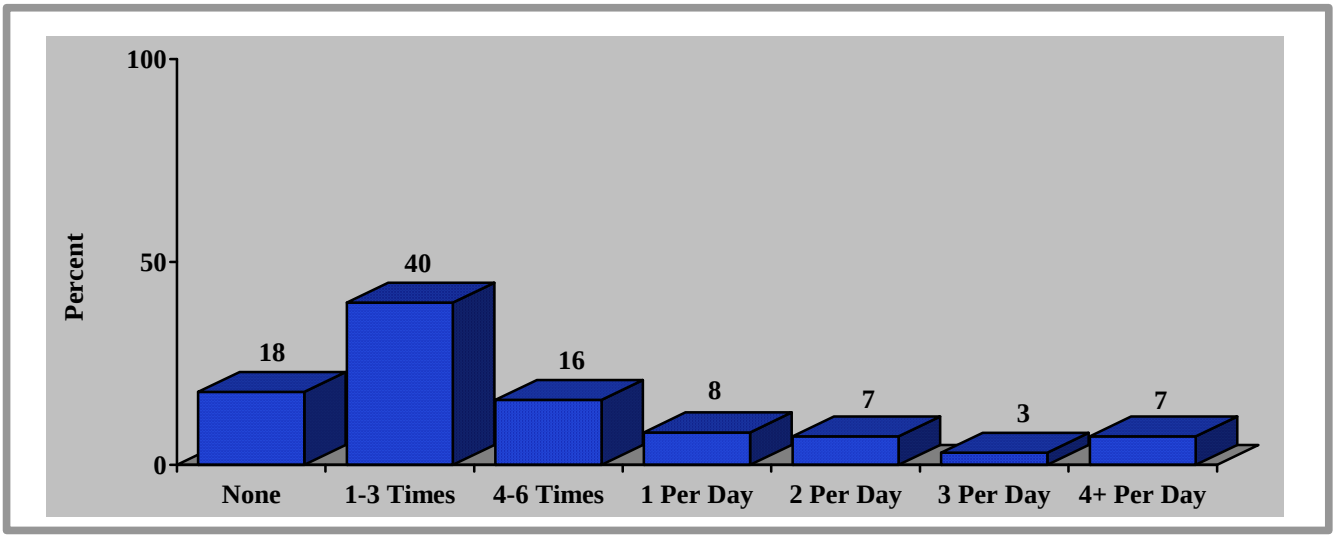
Dietary Behaviors (continued)

Table 2: Ate fruit

During the past 7 days, how many times did you eat fruit?		
	Frequency	**Percent**
NONE	238	18.35
1-3 TIMES	522	40.25
4-6 TIMES	212	16.35
ONCE PER DAY	107	8.25
TWICE PER DAY	90	6.94
3 TIMES PER DAY	42	3.24
4+ TIMES PER DAY	86	6.63

(Frequency Missing = 32)

Figure 2: Ate fruit



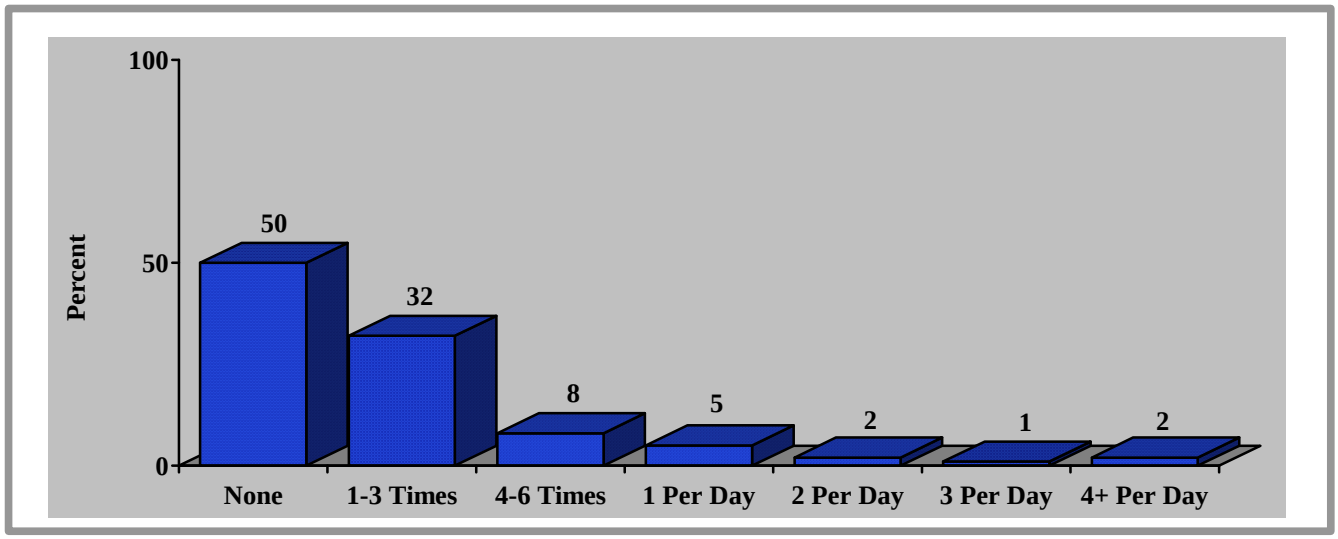
Dietary Behaviors (continued)

Table 3: Ate green salad

During the past 7 days, how many times did you eat green salad?		
	Frequency	**Percent**
NONE	644	50.00
1-3 TIMES	414	32.14
4-6 TIMES	104	8.07
ONCE PER DAY	68	5.28
TWICE PER DAY	24	1.86
3 TIMES PER DAY	9	0.70
4+ TIMES PER DAY	25	1.94

(Frequency Missing = 41)

Figure 3: Ate green salad



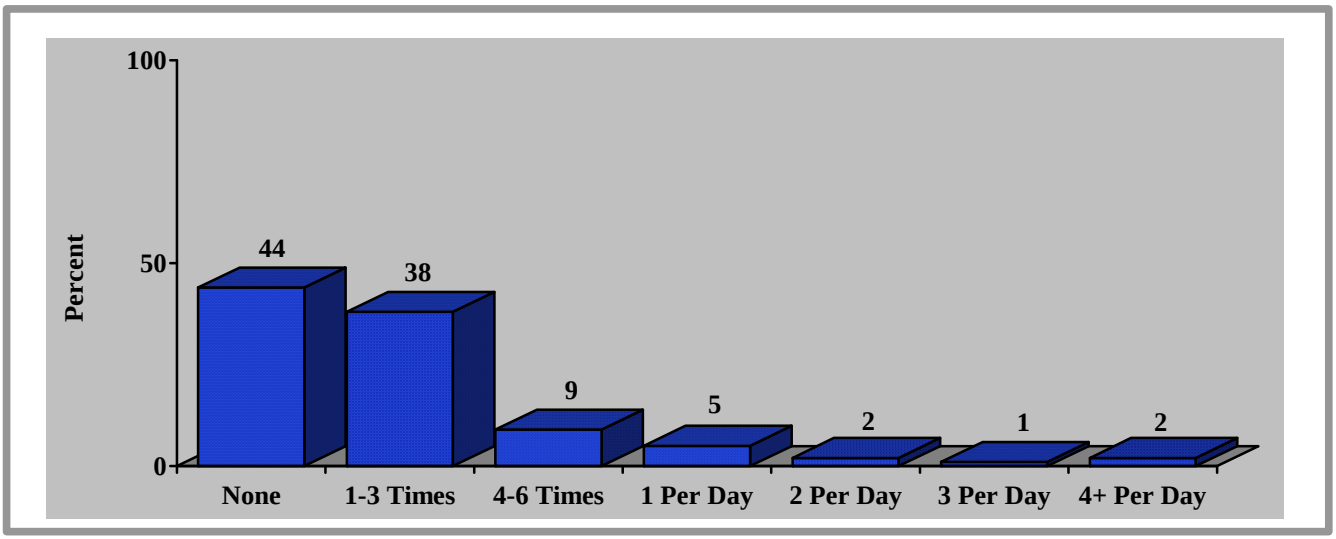
Dietary Behaviors (continued)

Table 4: Ate potatoes

During the past 7 days, how many times did you eat potatoes?		
	Frequency	**Percent**
NONE	564	43.65
1-3 TIMES	485	37.54
4-6 TIMES	114	8.82
ONCE PER DAY	66	5.11
TWICE PER DAY	26	2.01
3 TIMES PER DAY	9	0.70
4+ TIMES PER DAY	28	2.17

(Frequency Missing = 37)

Figure 4: Ate potatoes



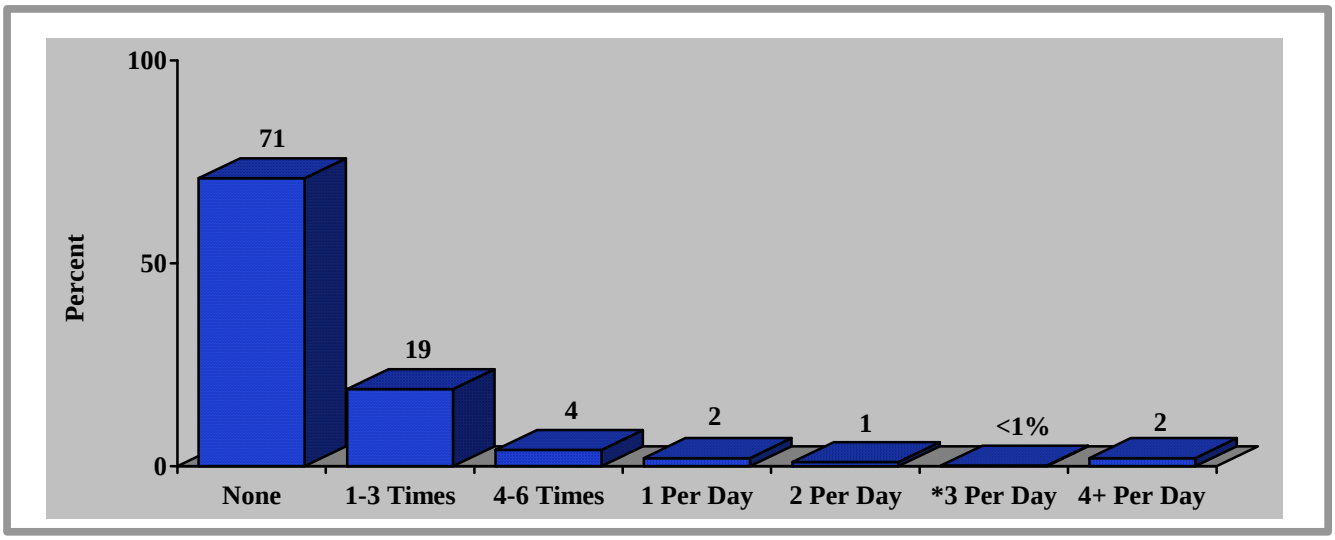
Dietary Behaviors (continued)

Table 5: Ate carrots

During the past 7 days, how many times did you eat carrots?		
	Frequency	**Percent**
NONE	922	70.92
1-3 TIMES	249	19.15
4-6 TIMES	54	4.15
ONCE PER DAY	32	2.46
TWICE PER DAY	15	1.15
3 TIMES PER DAY	2	0.15
4+ TIMES PER DAY	26	2.00

Frequency Missing = 29

Figure 5: Ate carrots



*Less than one percent (<1%)

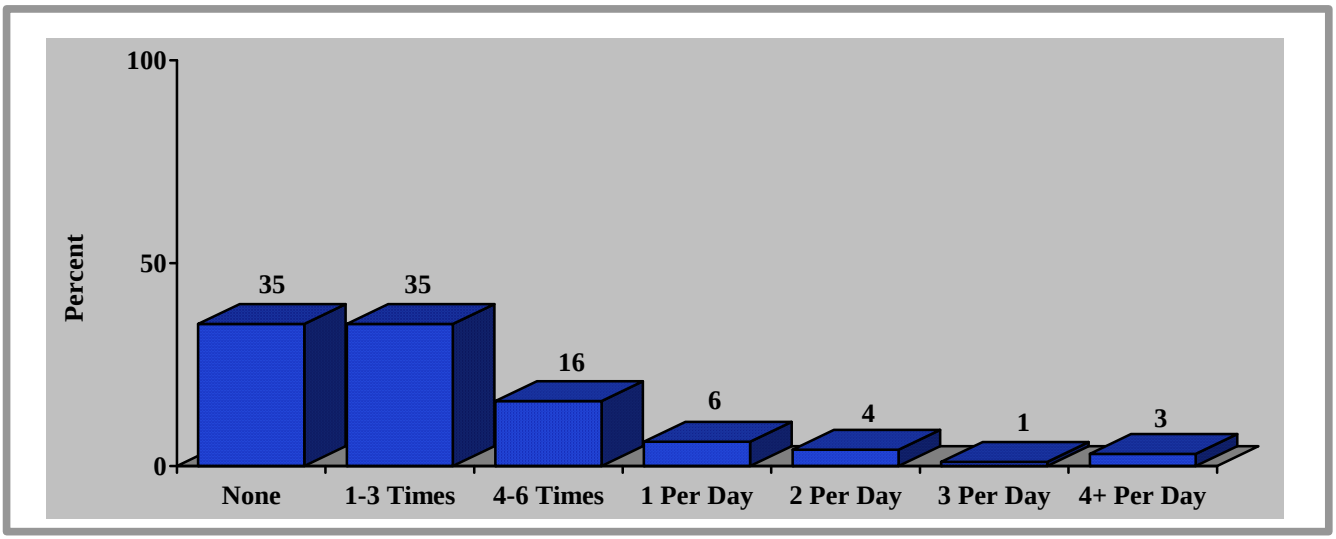
Dietary Behaviors (continued)

Table 6: Ate other vegetables

During the past 7 days, how many times did you eat other vegetables?		
EATVEG	**Frequency**	**Percent**
NONE	447	34.84
1-3 TIMES	451	35.15
4-6 TIMES	208	16.21
ONCE PER DAY	74	5.77
TWICE PER DAY	51	3.98
3 TIMES PER DAY	17	1.33
4+ TIMES PER DAY	35	2.73

(Frequency Missing = 46)

Figure 6: Ate other vegetables



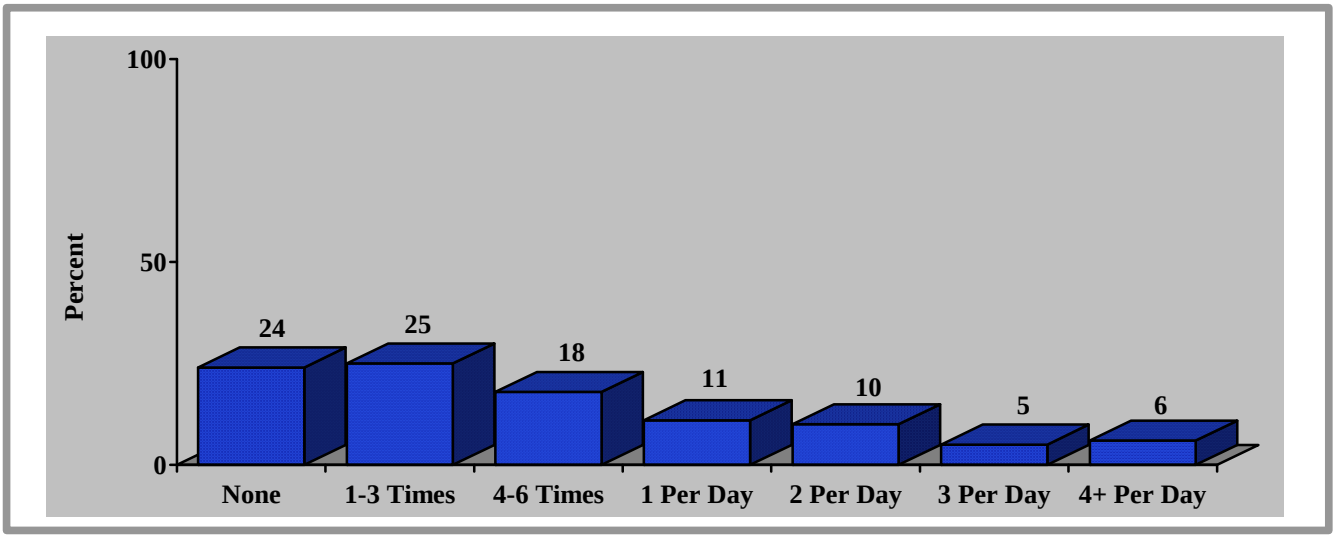
Dietary Behaviors (continued)

Table 7: Drank milk

During the past 7 days, how many glasses of milk did you drink?		
	Frequency	**Percent**
NONE	313	24.28
1-3 TIMES	323	25.06
4-6 TIMES	235	18.23
ONCE PER DAY	143	11.09
TWICE PER DAY	126	9.78
3 TIMES PER DAY	66	5.12
4+ TIMES PER DAY	83	6.44

(Frequency Missing = 40)

Figure 7: Drank milk



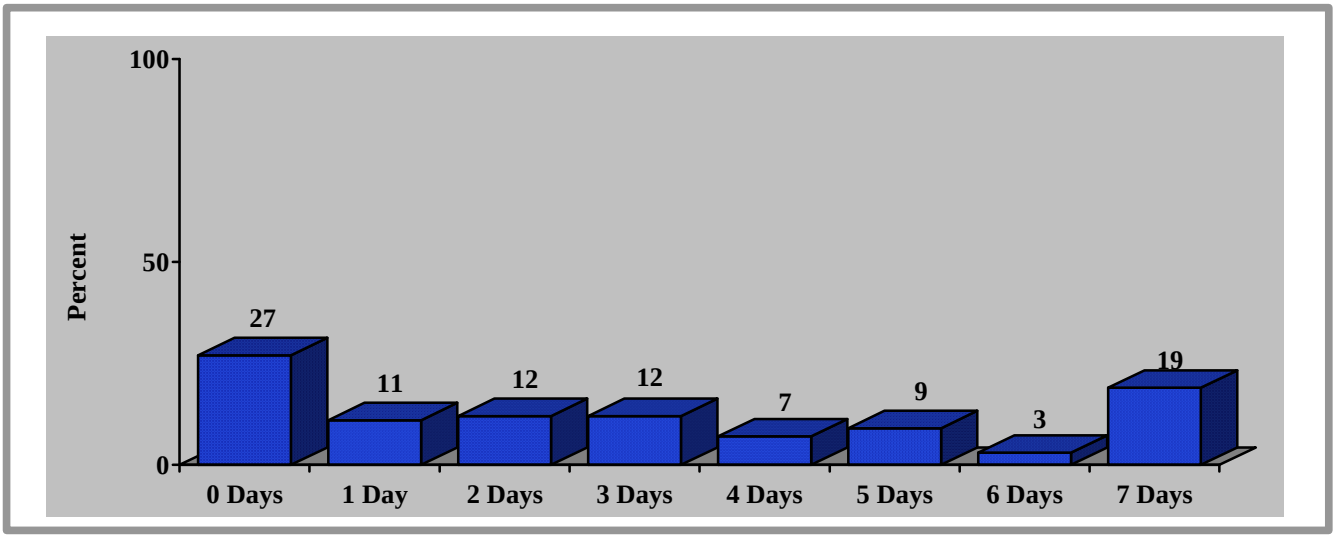
Physical Activity

Table 1: Physical activity with sweat

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing		
	Frequency	**Percent**
0 DAYS	337	26.62
1 DAY	145	11.45
2 DAYS	152	12.01
3 DAYS	154	12.16
4 DAYS	83	6.56
5 DAYS	117	9.24
6 DAYS	39	3.08
7 DAYS	239	18.88

(Frequency Missing = 63)

Figure 1: Physical activity with sweat



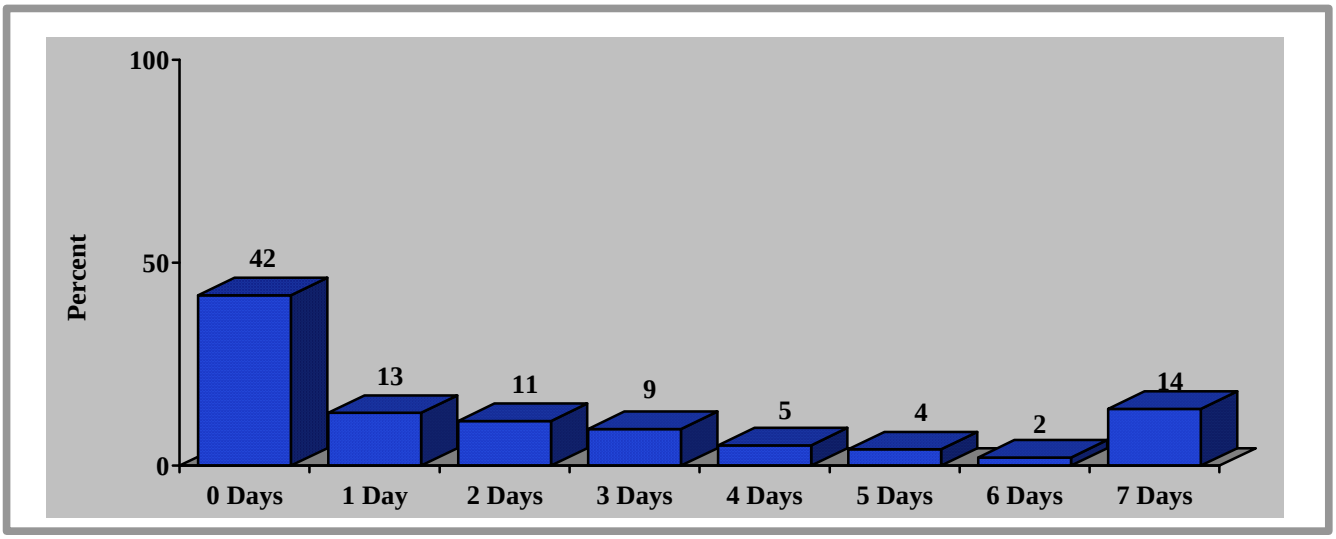
Physical Activity (continued)

Table 2: Physical activity without sweat

On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floor		
	Frequency	**Percent**
0 DAYS	533	41.74
1 DAY	169	13.23
2 DAYS	143	11.20
3 DAYS	113	8.85
4 DAYS	65	5.09
5 DAYS	53	4.15
6 DAYS	27	2.11
7 DAYS	174	13.63

(Frequency Missing = 52)

Figure 2: Physical activity without sweat



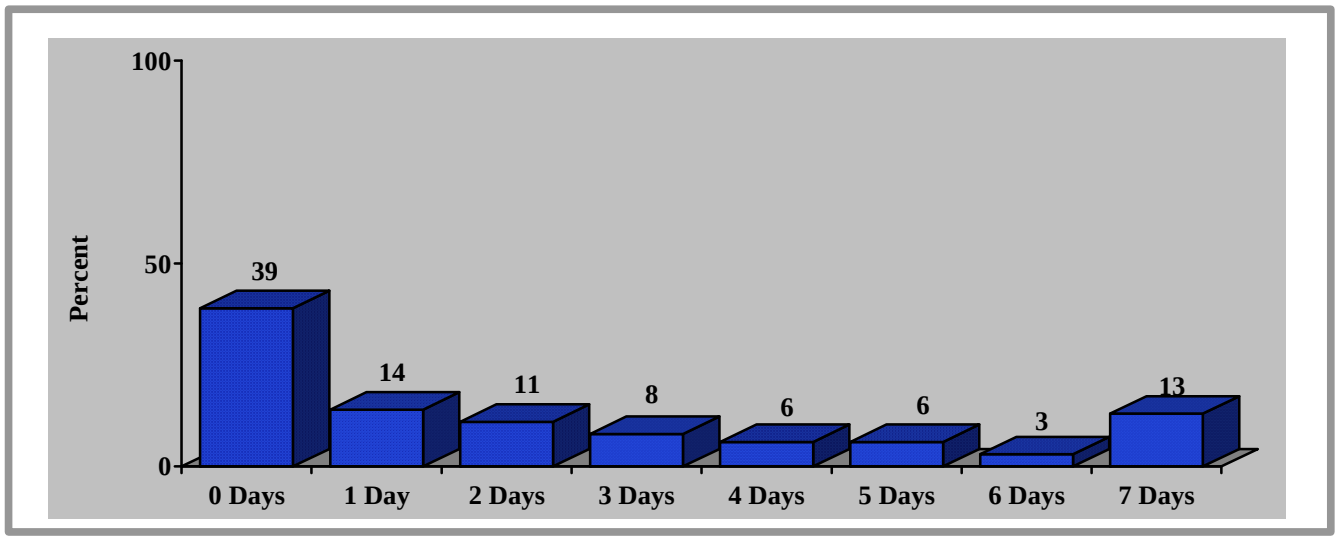
Physical Activity (continued)

Table 3: Physical activity for at least 60 minutes per day

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?		
	Frequency	**Percent**
0 DAYS	497	38.62
1 DAY	175	13.60
2 DAYS	145	11.27
3 DAYS	108	8.39
4 DAYS	83	6.45
5 DAYS	73	5.67
6 DAYS	34	2.64
7 DAYS	172	13.36

(Frequency Missing = 42)

Figure 3: Physical activity for at least 60 minutes per day



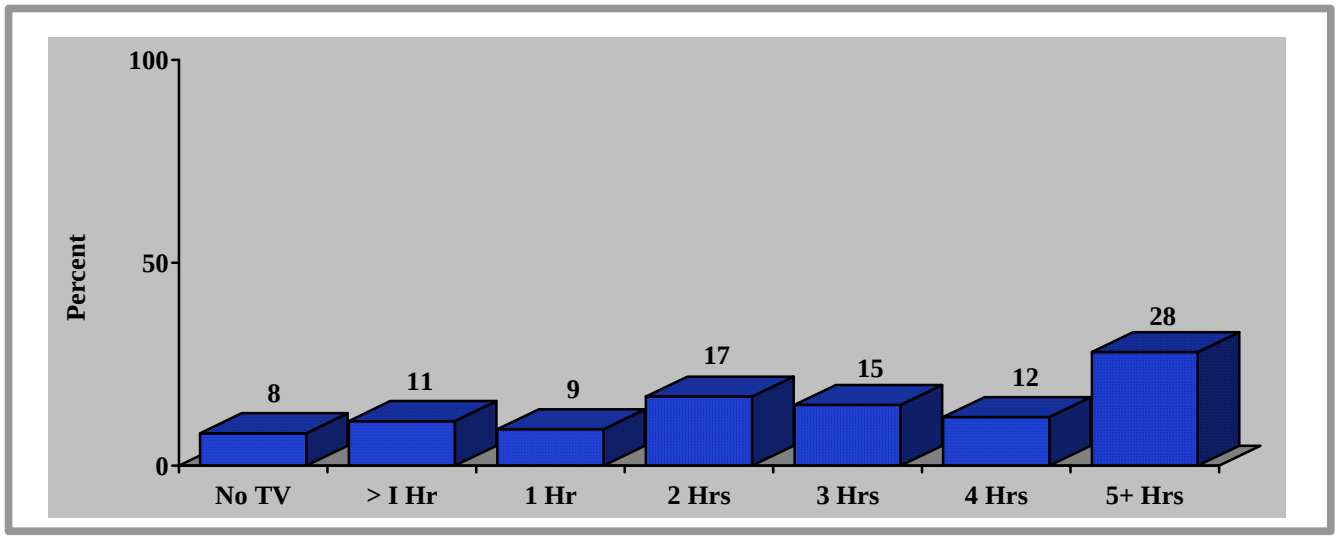
Physical Activity (continued)

Table 4: Number of TV hours

On an average school day, how many hours do you watch TV?		
	Frequency	**Percent**
NO TV	104	8.24
LT ONE HOUR	136	10.78
1 HOUR	116	9.19
2 HOURS	213	16.88
3 HOURS	188	14.90
4 HOURS	149	11.81
5+ HOURS	356	28.21

(Frequency Missing = 67)

Figure 4: Number of TV hours



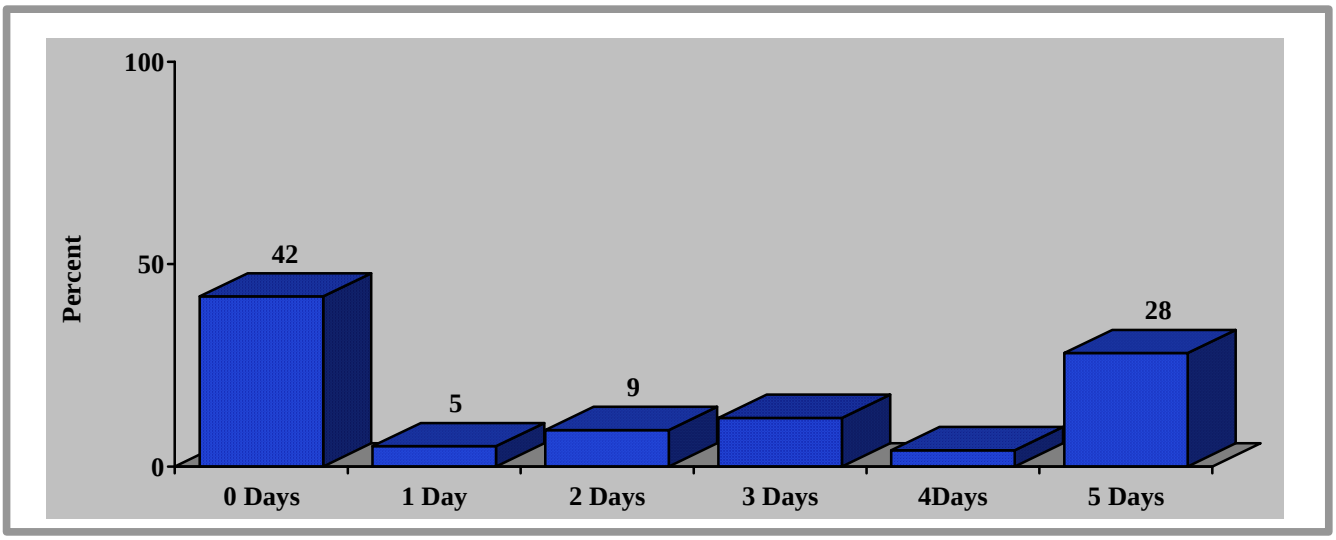
Physical Activity (continued)

Table 5: Physical education class

In an average week when you are in school, on how many days do you go to physical education classes?		
	Frequency	**Percent**
0 DAYS	467	42.11
1 DAY	51	4.60
2 DAYS	104	9.38
3 DAYS	129	11.63
4 DAYS	46	4.15
5 DAYS	312	28.13

(Frequency Missing = 220)

Figure 5: Physical education class



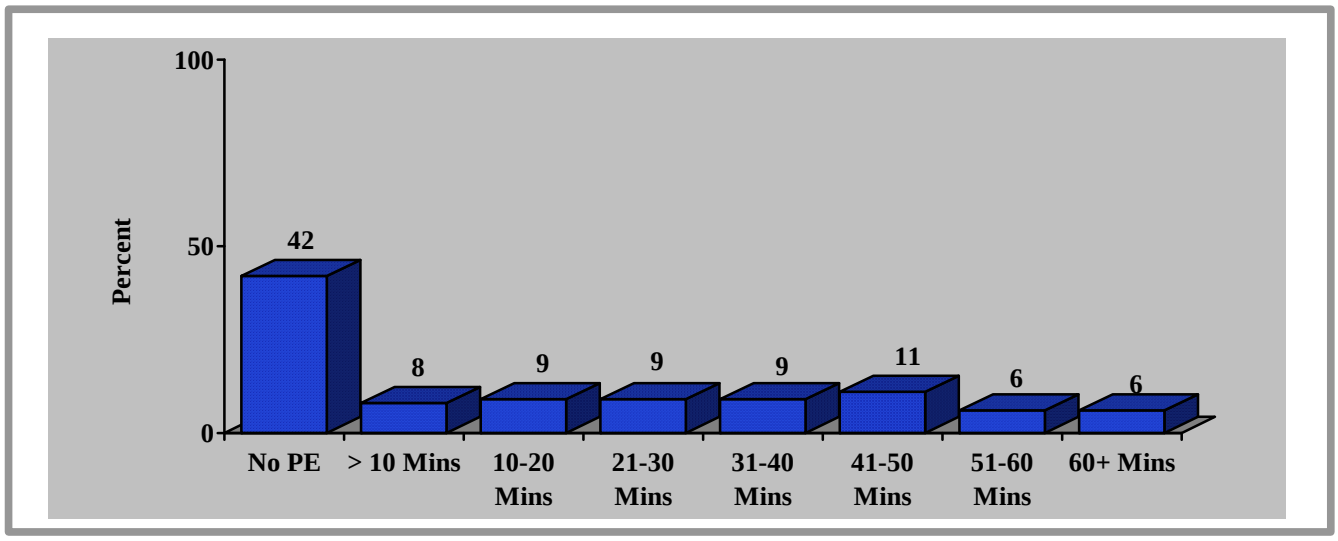
Physical Activity (continued)

Table 6: Played sports

In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?		
	Frequency	**Percent**
NO PE CLASS	474	41.69
LT 10 MINUTES	93	8.18
10-20 MINUTES	105	9.23
21-30 MINUTES	101	8.88
31-40 MINUTES	100	8.80
41-50 MINUTES	124	10.91
51-60 MINUTES	73	6.42
OVER 60 MINUTES	67	5.89

(Frequency Missing = 192)

Figure 6: Played sports



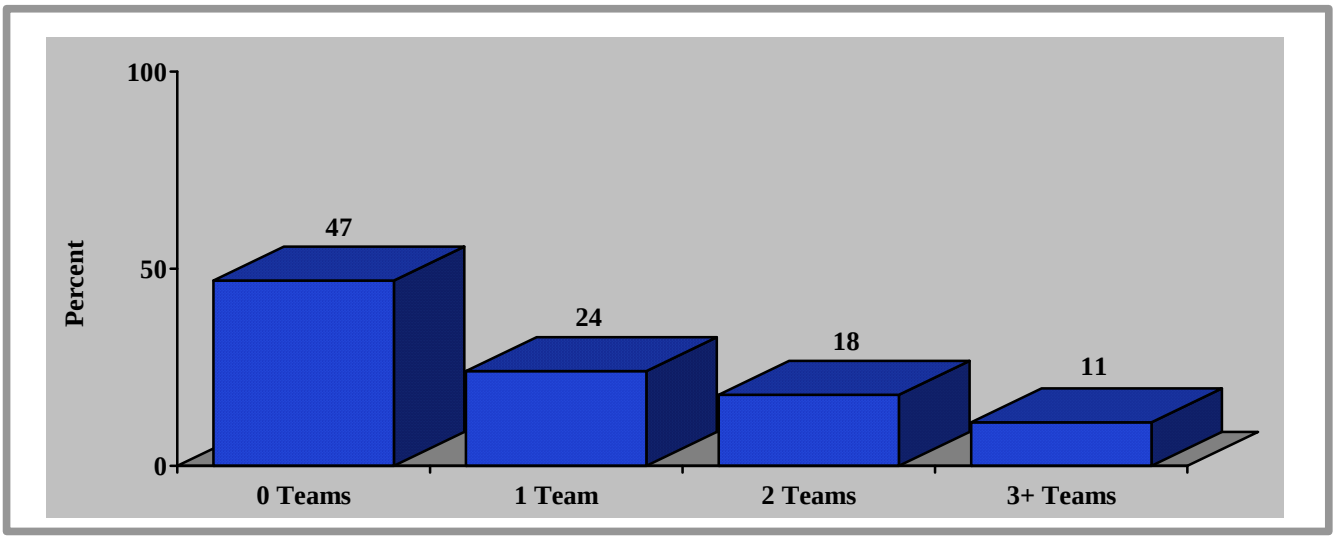
Physical Activity (continued)

Table 7: Played on sports teams

During the past 12 months, on how many sports teams did you play?		
	Frequency	Percent
0 TEAMS	591	46.72
1 TEAM	301	23.79
2 TEAMS	228	18.02
3+ TEAMS	145	11.46

(Frequency Missing = 64)

Figure 7: Played on sports teams



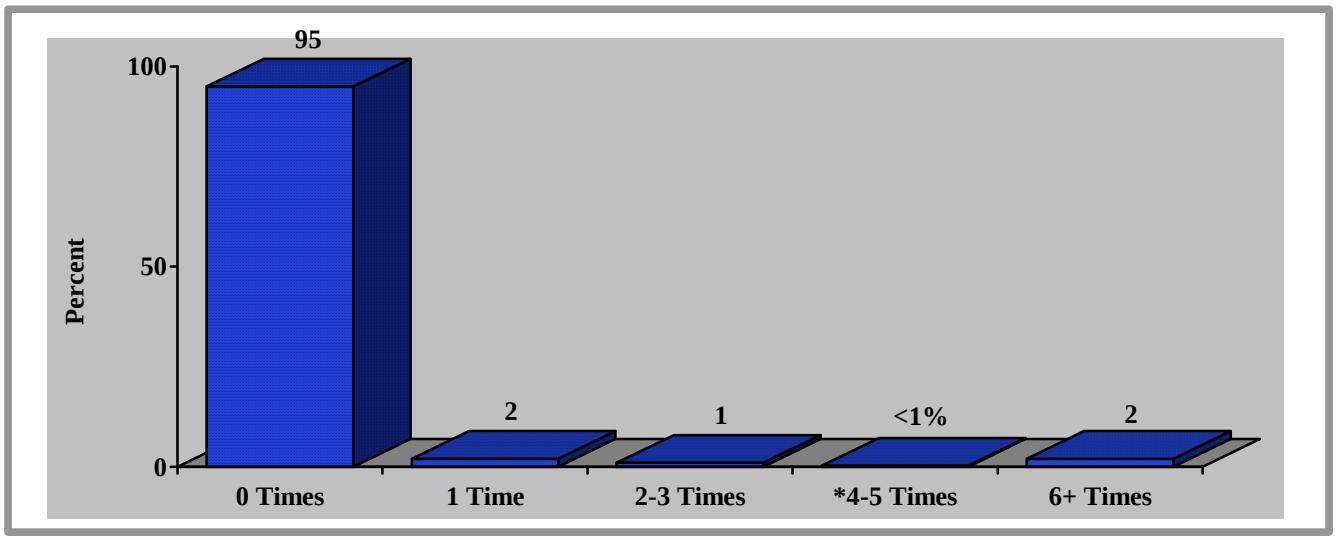
Violence-Related Behaviors on School Property

Table 1: Carried a weapon on school property

During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Frequency	**Percent**
0 TIMES	1241	95.39
1 TIME	20	1.54
2-3 TIMES	14	1.08
4-5 TIMES	4	0.31
6+ TIMES	22	1.69

(Frequency Missing = 28)

Figure 1: Carried a weapon on school property



* Less than one percent (<1%)

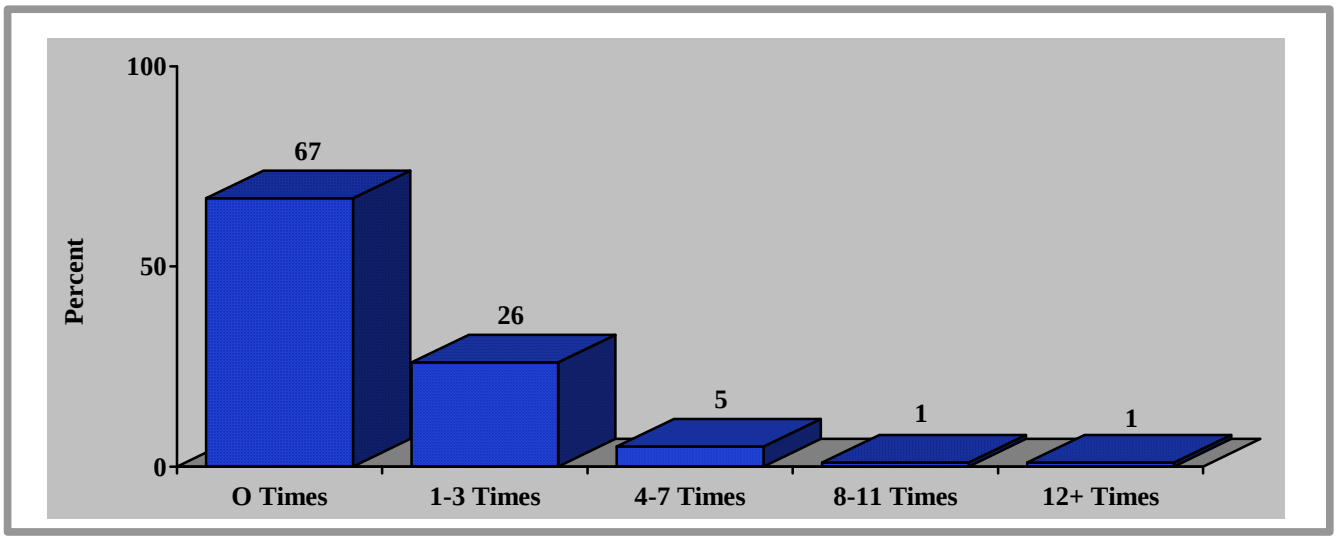
Violence-Related Behaviors on School Property (continued)

Table 2: Had property stolen or damaged

During the past 12 months, how many times has someone stolen or deliberately damaged your property?		
	Frequency	**Percent**
0 TIMES	877	66.90
1 TIME	201	15.33
2-3 TIMES	145	11.06
4-5 TIMES	41	3.13
6-7 TIMES	19	1.45
8-9 TIMES	4	0.31
10-11 TIMES	5	0.38
12+ TIMES	19	1.45

(Frequency Missing = 18)

Figure 2: Had property stolen or damaged



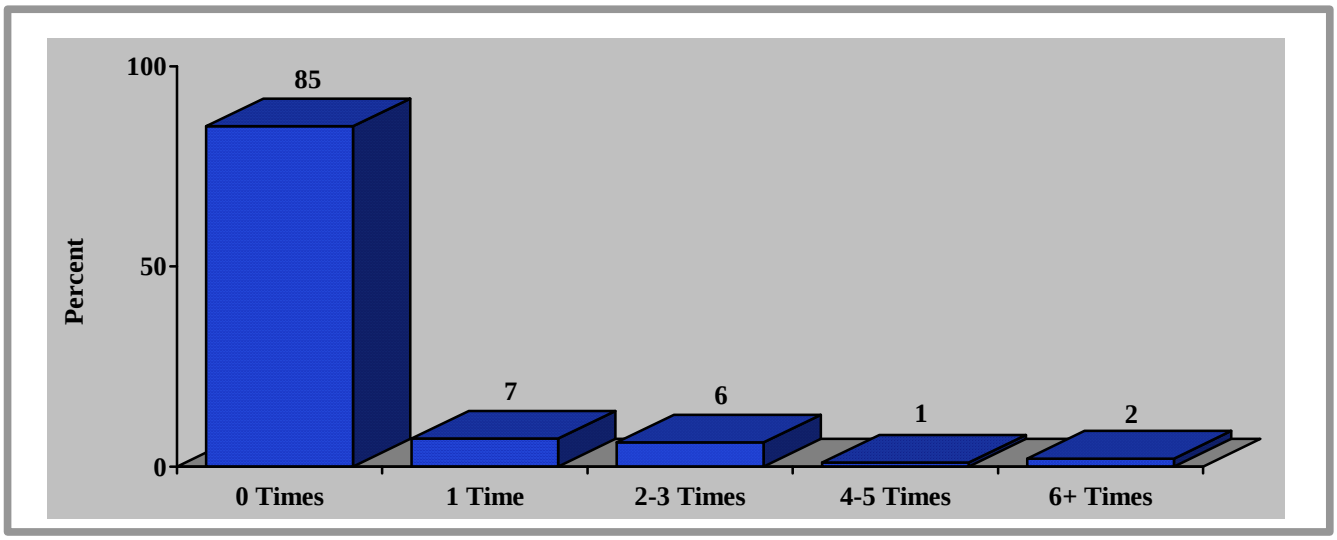
Violence-Related Behaviors on School Property (continued)

Table 3: Felt unsafe on the way or at school

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Frequency	**Percent**
0 TIMES	1128	85.33
1 TIME	87	6.58
2-3 TIMES	75	5.67
4-5 TIMES	12	0.91
6+ TIMES	20	1.51

(Frequency Missing = 7)

Figure 3: Felt unsafe on the way or at school



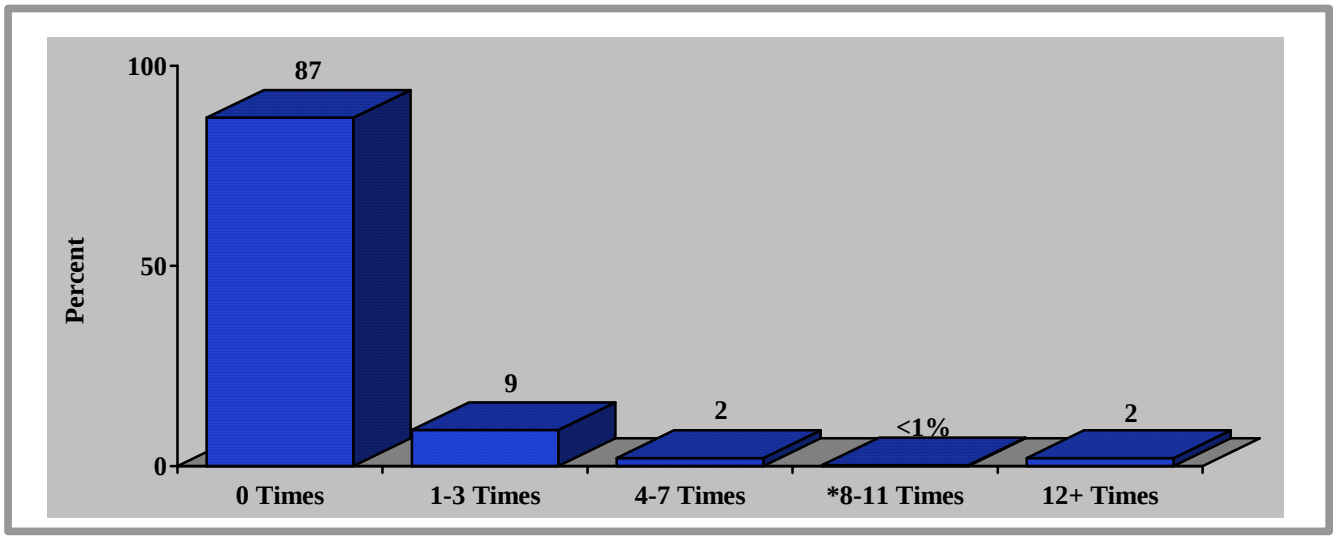
Violence-Related Behaviors on School Property (continued)

Table 4: Threatened or injured on school property

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
	Frequency	**Percent**
0 TIMES	1134	87.23
1 TIME	75	5.77
2-3 TIMES	37	2.85
4-5 TIMES	20	1.54
6-7 TIMES	9	0.69
8-9 TIMES	3	0.23
12+ TIMES	22	1.69

(Frequency Missing = 29)

Figure 4: Threatened or injured on school property



* Less than one percent (<1%)

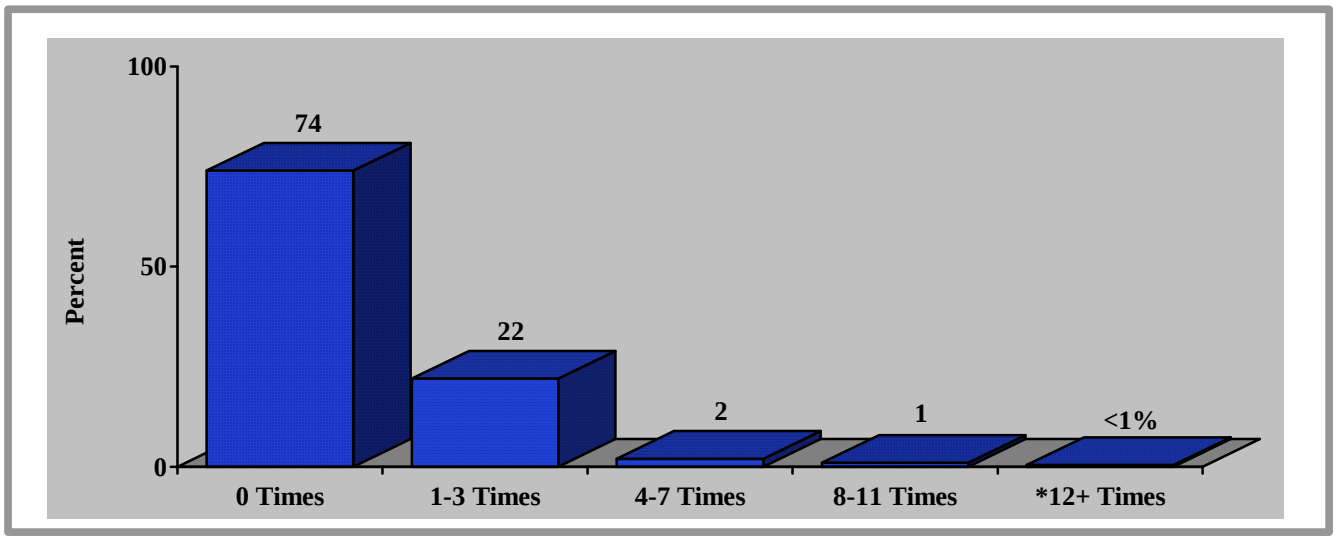
Violence-Related Behaviors on School Property (continued)

Table 5: Involved in a physical fight on school property

During the past 12 months, how many times were you in a physical fight on school property?		
	Frequency	**Percent**
0 TIMES	971	74.01
1 TIME	201	15.32
2-3 TIMES	94	7.16
4-5 TIMES	28	2.13
6-7 TIMES	4	0.30
8-9 TIMES	7	0.53
10-11 TIMES	1	0.08
12+ TIMES	6	0.46

(Frequency Missing = 17)

Figure 5: Involved in a physical fight on school property



*Less than one percent (<1%)

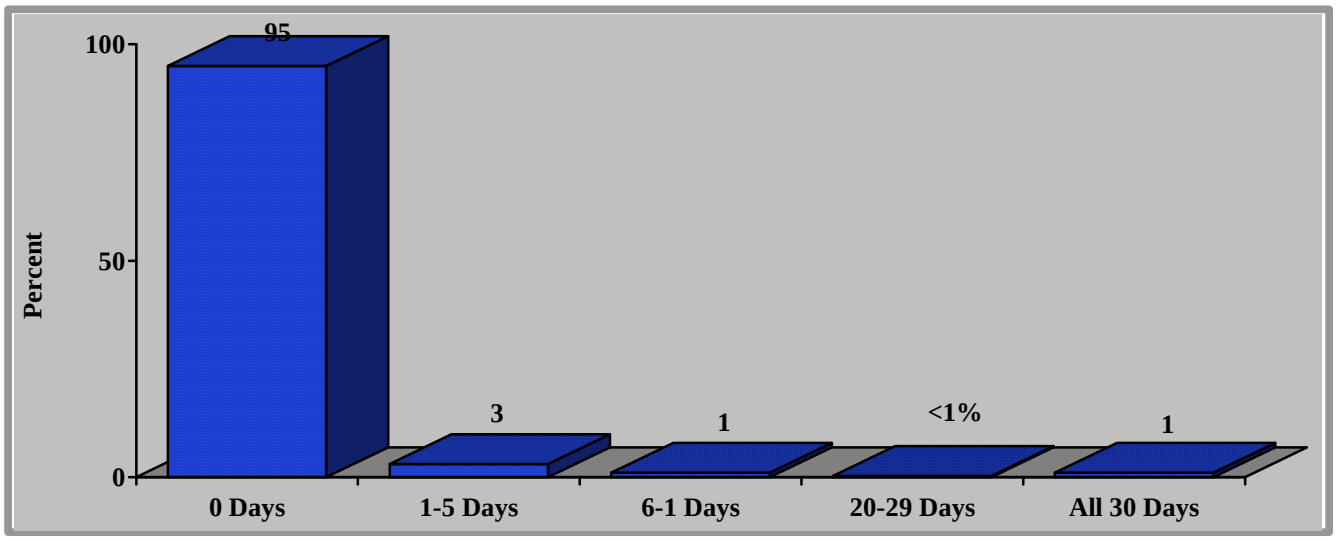
Tobacco Use on School Property

Table 1: Smoked cigarettes on school property

During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Frequency	**Percent**
0 DAYS	1229	95.27
1-2 DAYS	24	1.86
3-5 DAYS	9	0.70
6-9 DAYS	4	0.31
10-19 DAYS	5	0.39
20-29 DAYS	4	0.31
ALL 30 DAYS	15	1.16

(Frequency Missing = 39)

Figure 1: Smoked cigarettes on school property



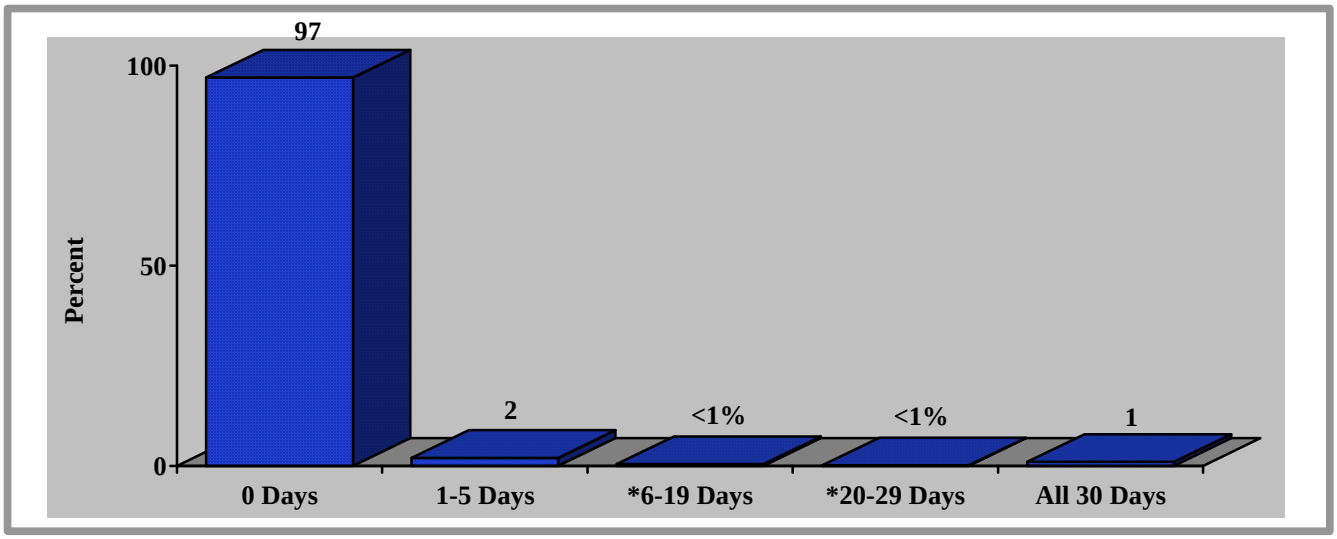
Tobacco Use on School Property (continued)

Table 2: Chewed tobacco on school property

During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Frequency	**Percent**
0 DAYS	1260	96.85
1-2 DAYS	21	1.61
3-5 DAYS	4	0.31
6-9 DAYS	2	0.15
10-19 DAYS	4	0.31
20-29 DAYS	2	0.15
ALL 30 DAYS	8	0.61

(Frequency Missing = 28)

Figure 2: Chewed on tobacco on school property



* Less than one percent (<1%)

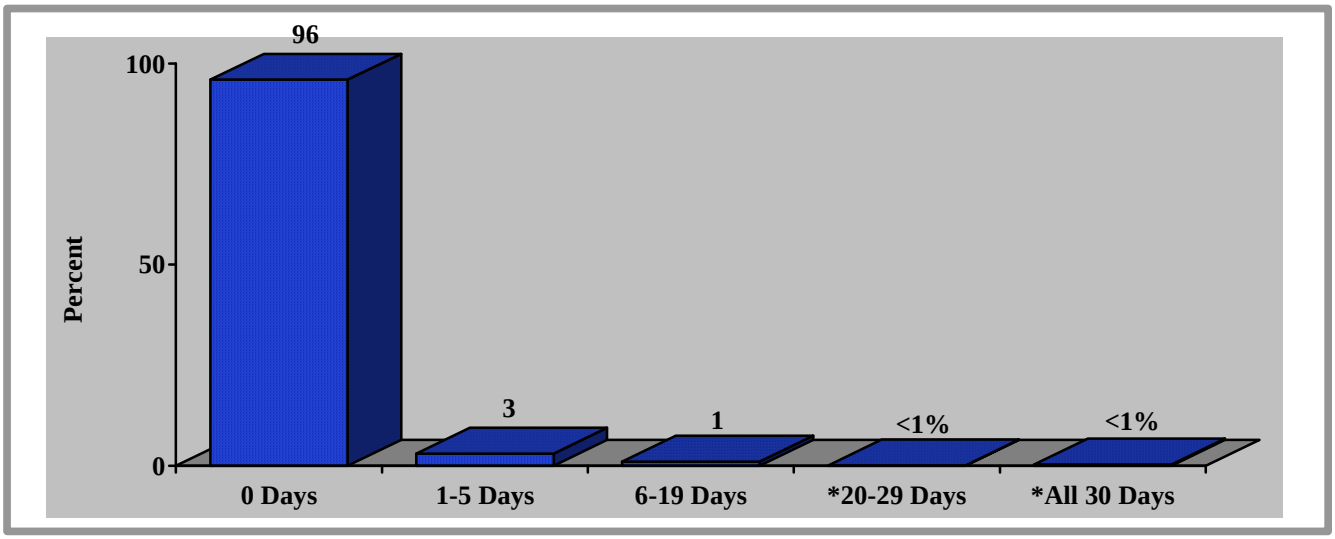
Alcohol Use On School Property (continued)

Table 1: Alcohol use on school property

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Frequency	**Percent**
0 DAYS	1242	95.76
1-2 DAYS	33	2.54
3-5 DAYS	9	0.69
6-9 DAYS	5	0.39
10-19 DAYS	3	0.23
20-29 DAYS	1	0.08
ALL 30 DAYS	4	0.31

(Frequency Missing = 32)

Figure 1: Alcohol use on school property



*Less than one percent (<1%)

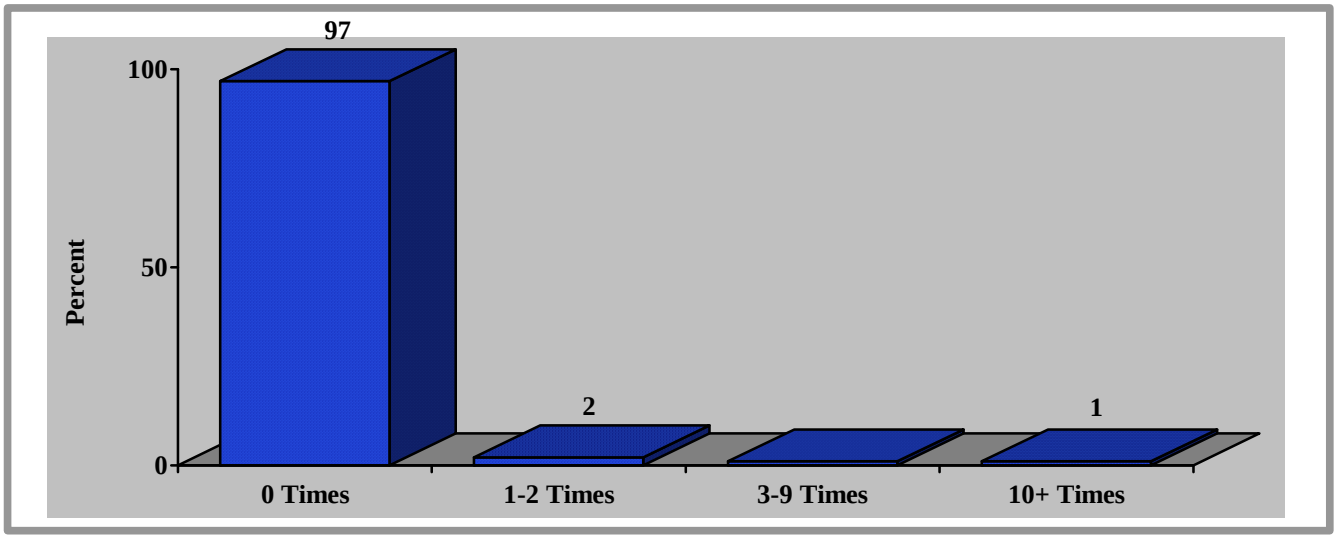
Illegal Drug Use On School Property

Table 1: Current marijuana use on school property

During the past 30 days, how many times did you use marijuana on school property?		
	Frequency	**Percent**
0 TIMES	1269	96.87
1-2 TIMES	23	1.76
3-9 TIMES	8	0.61
10-19 TIMES	5	0.38
20-39 TIMES	1	0.08
40+ TIMES	4	0.31

(Frequency Missing = 19)

Figure 1: Current marijuana use on school property



*Less than 1 percent

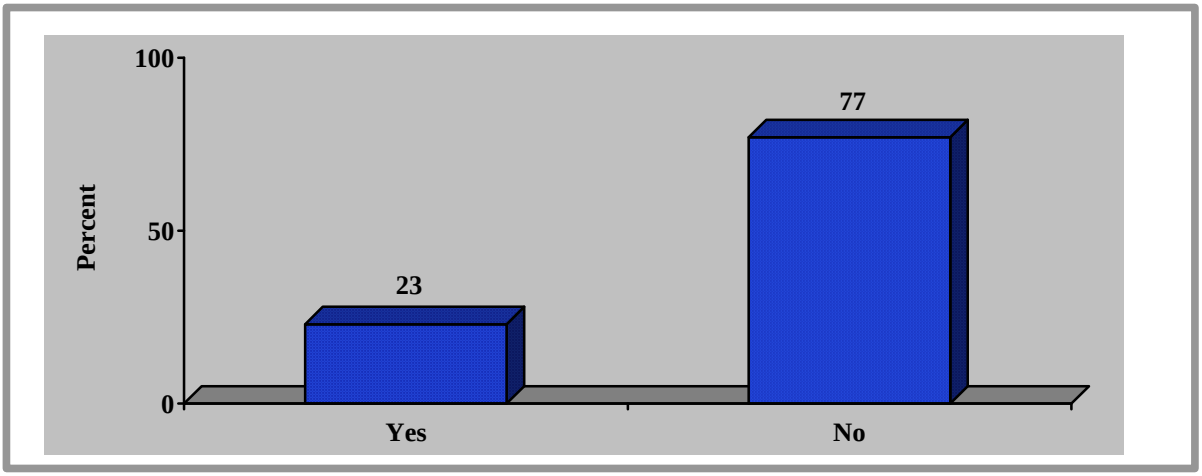
Illegal Drug Use On School Property (continued)

Table 2: Offer or sale of illegal drugs on school property

During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Frequency	**Percent**
YES	303	23.25
NO	1000	76.75

(Frequency Missing = 26)

Figure 2: Offer or sale of illegal drugs on school property



Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

■ *The Youth Risk Behavior Study*

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.
http://www.cdc.gov/healthyyouth/yrbs/index.htm

■ *Violence*

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.
http://apahelpcenter.org/featuredtopics/feature.php?id=38

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.
http://www.aacap.org/publications/factsfam/behavior.htm

■ *Tobacco , Alcohol, and Other Drug Use*

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.
http://www.tobaccofreekids.org

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.
http://www.adfy.com

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.
http://ncadi.samhsa.gov/

Internet Resources for Educators, Parents, and Teens (continued)

Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. http://www.guttmacher.org/

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.
http://www.teenpregnancy.org/

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.
http://www.eatright.org

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.
http://www.acefitness.org/

Mental Health Issues

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.
http://www.nmha.org

Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.
http://parentingteens.about.com/home/parenting/parentingteens/

From Parent's Soup, a site with articles and information from educators, experts, and parents.
http://parenting.ivillage.com/messageboards

Internet Resources for Educators, Parents, and Teens (continued)

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com - site for teenagers, including message boards and creative writing from real teens.
http://home.about.com/teens/index.htm

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.
http://www.teenvoices.com

Miscellaneous

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.
http://www.aecf.org

The U.S. Department of Health & Human Services
http://www.dhhs.gov