

2008 ST. FRANCIS COUNTY COUNTY YOUTH HEALTH SURVEY RESULTS

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2008 County Youth Health Survey, please contact:**

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Acknowledgments

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Introduction

What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia¹ to monitor the following six categories of health risk behaviors among youth and young adults:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STDs), and unintentional pregnancies;
- Physical activity; and
- Unhealthy dietary behaviors.

The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, on a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

During May 2008, valid CYHS questionnaires were completed by 1329 seventh through twelfth grade students throughout St. Francis County public schools, with a response rate of 64%. The information provided by those students is presented in this report.

¹ The Centers for Disease Control and Prevention. Healthy Youth. <http://www.cdc.gov/healthyyouth/yrbs/index.htm>

Introduction (continued)

How will St. Francis County use data from the CYHS?

St. Francis County Hometown Health Improvement Coalitions are working to assess the specific health needs of students in St. Francis County. In order to collect information on the health behaviors of the community's youth, Hometown Health Improvement coalition members asked that the County Youth Health Survey be administered to seventh through twelfth graders in St. Francis County's public schools.

The CYHS will help St. Francis County's School Districts identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for students in St. Francis County's School Districts mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2008 CYHS also provides St. Francis County's School Districts with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease prevention and health promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, the CYHS findings form a valuable base upon which St. Francis County's School Districts may strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;
- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies; and
- Enact laws to prevent injuries and unnecessary deaths.

Introduction (continued)

How was the CYHS conducted?

During May 2008, seventh through twelfth grade students enrolled in St. Francis County School Districts schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. Students from the following School Districts in St. Francis County recorded their responses to the survey:

- Hughes School District;
- Palestine-Wheatley School District; and
- Forrest City School District.

Introduction (continued)

Interpretation of the survey

St. Francis County's 2008 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by students in May of 2008. Answers in this survey are only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

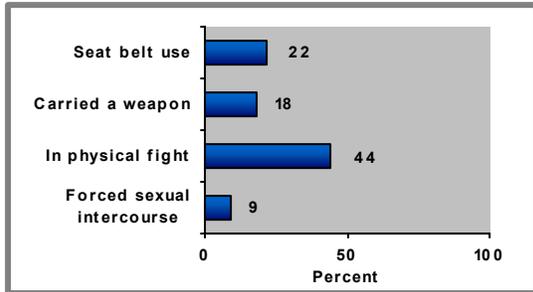
Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, and also reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%. Also, the percentages reported represent only valid responses for each particular question.

Summary

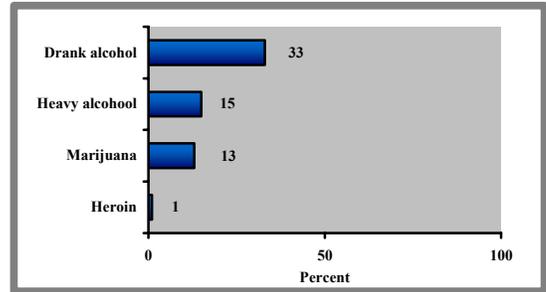
Unintentional Injuries and Violence

- 🍏 22% never or rarely wore a seat belt
- 🍏 18% carried a weapon during the past month
- 🍏 44% were in a physical fight in the past year
- 🍏 9% forced to have sexual intercourse



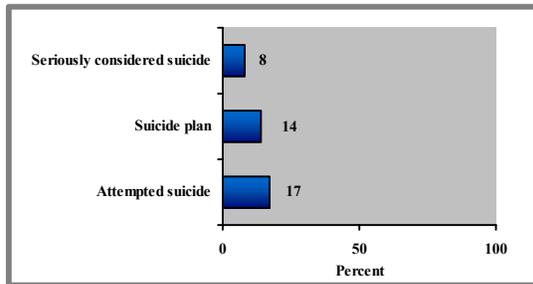
Alcohol and Illegal Drug Use

- 🍏 33% drank alcohol in past month
- 🍏 15% were heavy alcohol users in past month
- 🍏 13% used marijuana in past month
- 🍏 1% have tried heroin



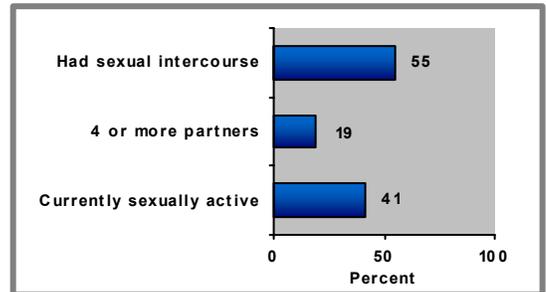
Depression and Suicide

- 🍏 17% seriously considered attempting suicide in past year
- 🍏 14% made a suicide plan in the past year
- 🍏 8% attempted suicide in the past year



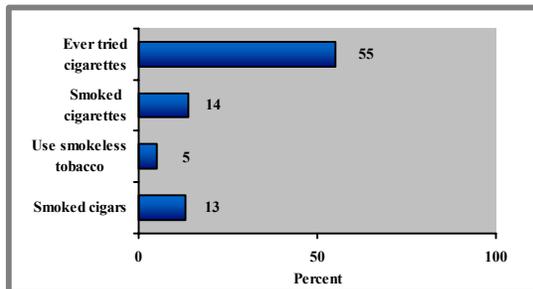
Sexual Behaviors

- 🍏 55% have had sexual intercourse
- 🍏 19% have had ≥ 4 sexual partners
- 🍏 41% are currently sexually active



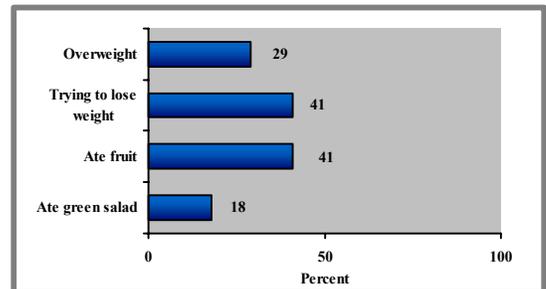
Tobacco Use

- 🍏 55% ever tried cigarette smoking
- 🍏 14% Smoked cigarettes in the past month
- 🍏 5% used smokeless tobacco in past month
- 🍏 13% smoked cigars in past month



Weight and Diet

- 🍏 29% were overweight
- 🍏 41% were trying to lose weight
- 🍏 41% ate fruit in the past 7 days
- 🍏 18% ate green salad in the past 7 days



Demographics of St. Francis County 2008 CYHS Participants

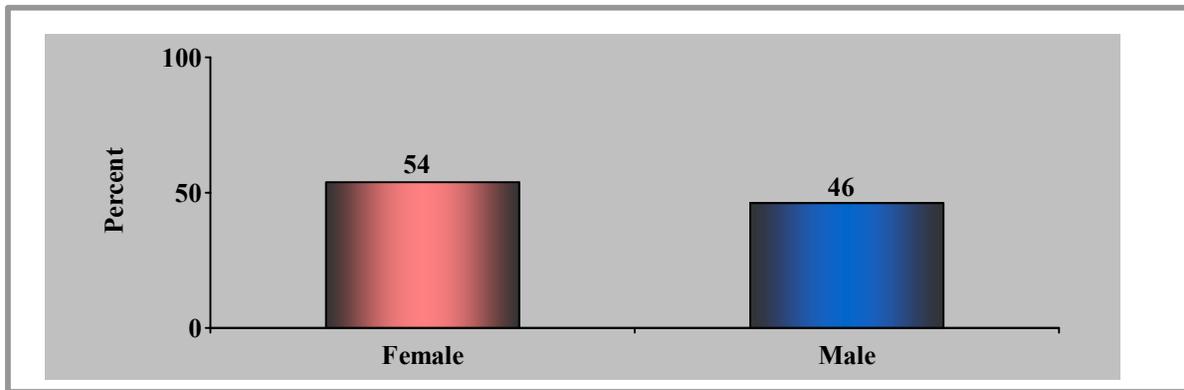
Total number of survey participants = 1329

Table 1: Gender

What is your sex?		
	Number of students	Percent of total
FEMALE	715	54
MALE	601	46

(Frequency missing = 13)

Figure 1: Gender



Demographics of St. Francis County 2008CYHS Participants (continued)

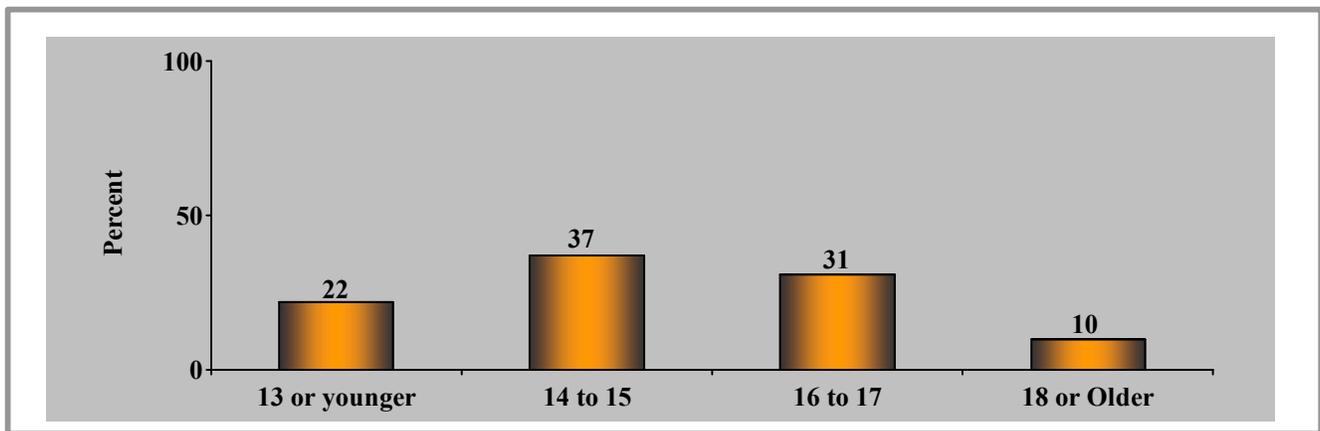
Total number of survey participants = 1329

Table 2: Age

How old are you?		
	Number of students	Percent of total
12 OR YOUNGER	71	5
13	220	17
14	241	18
15	247	19
16	233	18
17	177	13
18 OR OLDER	127	10

(Frequency missing = 13)

Figure 2: Age



Demographics of St. Francis County 2008 CYHS Participants (continued)

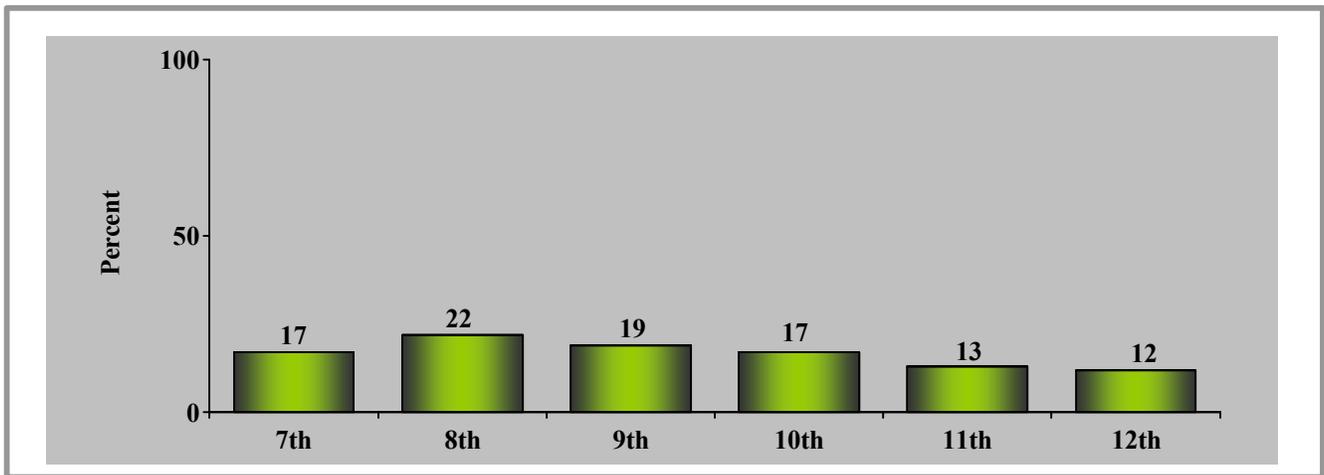
Total number of survey participants = 1329

Table 3: Grade

In what grade are you?		
	Number of students	Percent of total
7th	224	17
8th	279	22
9th	249	19
10th	222	17
11th	172	13
12th	161	12

(Frequency missing = 22)

Figure 3: Grade



Behaviors that Contribute to Unintentional Injuries

Seat belt use:

The percentage of students in the 7th-12th grades who never or rarely wore a seat belt when riding in a car driven by someone else.

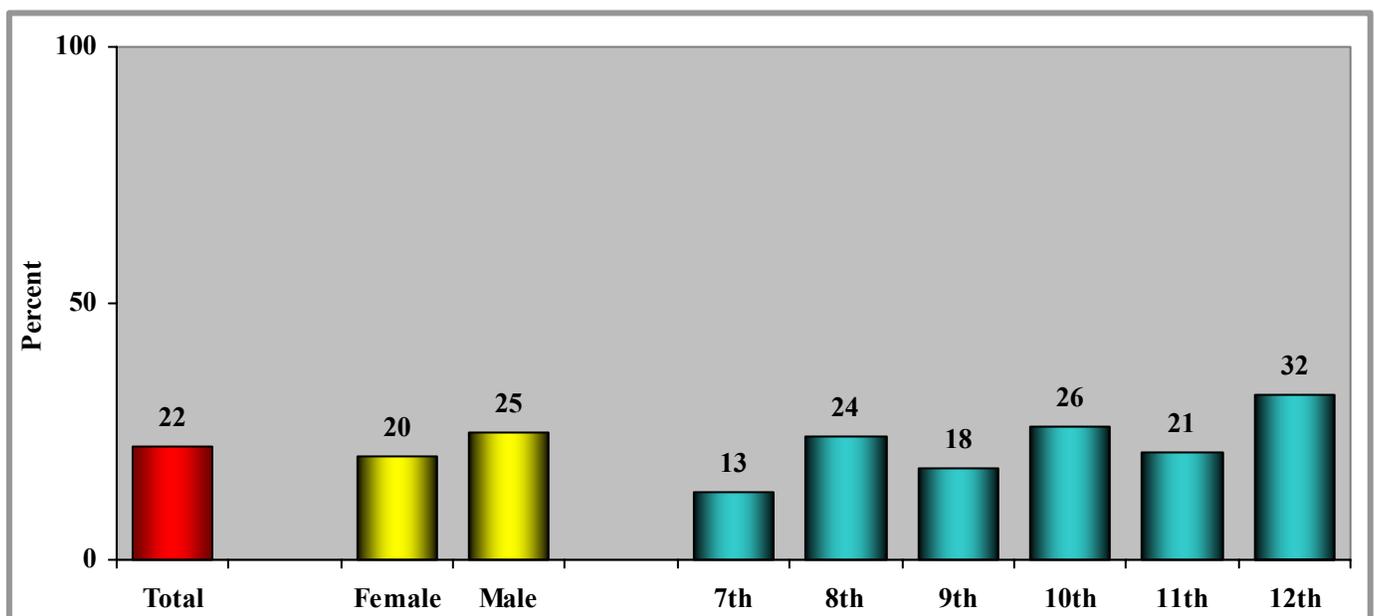
Results

- The prevalence of having never or rarely worn a seat belt when riding in a car driven by someone else was lower among female students (20%) than among male students (25%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having never or rarely worn a seat belt when riding a car driven by someone else was highest among 12th grade (32%), and lowest among 7th grade (13%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Seat belt use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Never or rarely wore a seat belt	22	20	25	13	24	18	26	21	32

Figure 1: The percentage of students in the 7th – 12th grades who never or rarely wore a seat belt when riding in a car driven by someone else.



Bicycle helmet use:

While riding a bicycle during the 12 months preceding the survey, the percentage of students in the 7th-12th grades who never or rarely wore a bicycle helmet.

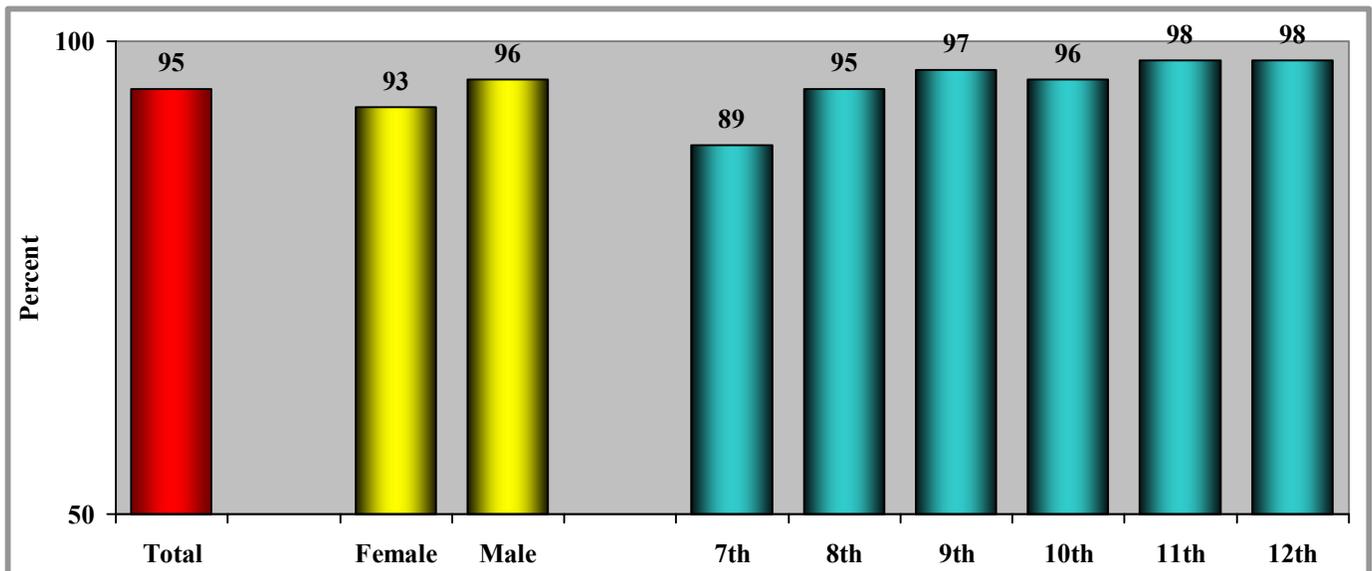
Results

- The prevalence of having never or rarely worn a bicycle helmet was lower among female students (93%) than among male students (96%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having never or rarely worn a bicycle helmet was highest among 11th grade (98%) and 12th grade (98%), and lowest among 7th grade (89%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Bicycle helmet use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Never or rarely wore a bicycle helmet	95	93	96	89	95	97	96	98	98

Figure 2: While riding a bicycle during the 12 months preceding the survey, the percentage of students in the 7th-12th grades who never or rarely wore a bicycle helmet.



Behaviors that Contribute to Unintentional Injuries (continued)

Rode with a driver who had been drinking alcohol:

The percentage of students in the 7th-12th grades who during the thirty days preceding the survey rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.

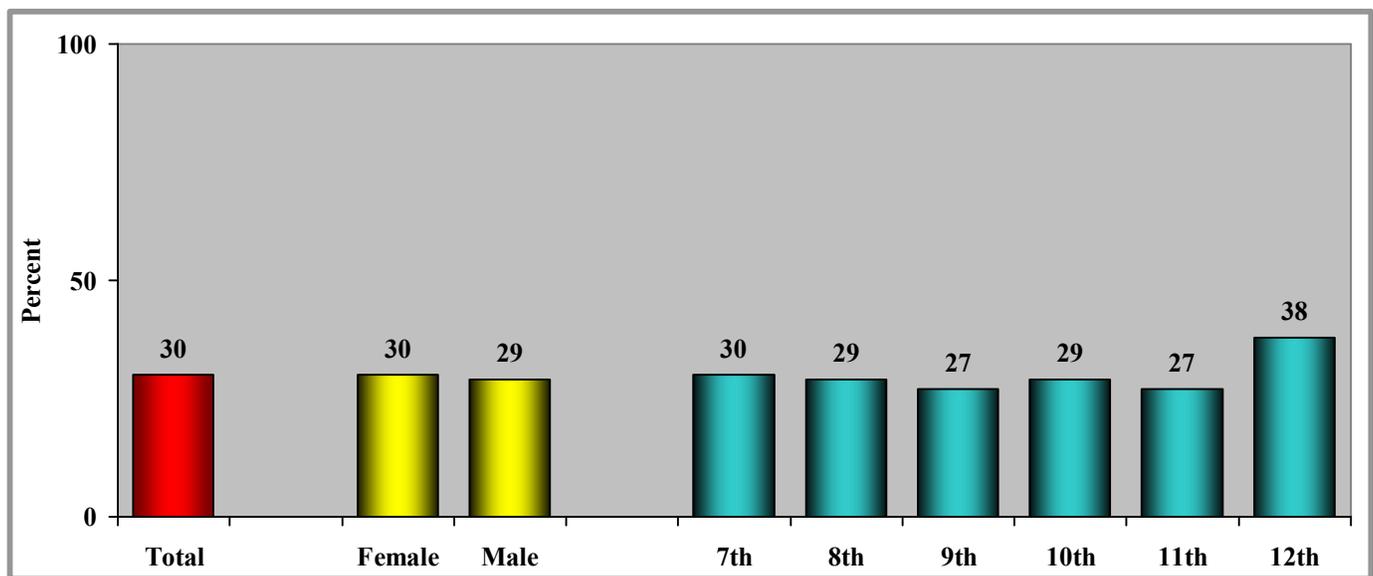
Results

- The prevalence of having ridden in a car or other vehicle operated by a driver under the influence of alcohol in the thirty days preceding the survey was higher among female students (30%) than among male students (29%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having ridden in a car or other vehicle operated by a driver under the influence of alcohol in the thirty days preceding the survey was highest among 12th grade (38%), and lowest among 9th grade (27%) and 11th grade (27%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Rode with a driver who had been drinking alcohol

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Rode with a driver who had been drinking alcohol	30	30	29	30	29	27	29	27	38

Figure 3: The percentage of students in the 7th-12th grades who during the thirty days preceding the survey rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Behaviors that Contribute to Unintentional Injuries (continued)

Drink and driving:

The percentage of students in the 7th-12th grades who during the thirty days preceding the survey drove a car or other vehicle one or more times when they had been drinking.

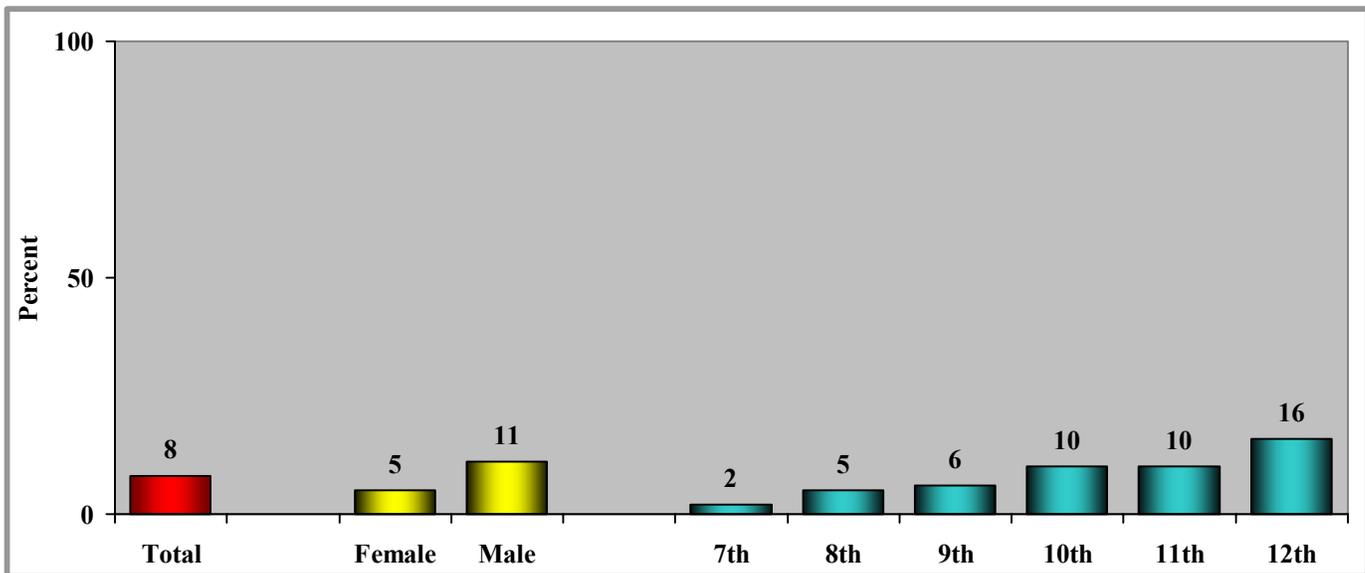
Results

- The prevalence of having driven a car or other vehicle while under the influence of alcohol in the thirty days preceding the survey was lower among female students (5%) than among male students (11%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having a driven a car or other vehicle while under the influence of alcohol in the thirty days preceding the survey was highest among 12th grade (16%), and lowest among 7th grade (2%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Drink and driving

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Drink and driving	8	5	11	2	5	6	10	10	16

Figure 4: The percentage of students in the 7th-12th grades who during the thirty days preceding the survey drove a car or other vehicle one or more times when they had been drinking alcohol.



Behaviors that Contribute to Violence

Carried a weapon:

The percentage of students in the 7th-12th grades who carried a weapon such as a gun, knife, or club on one or more of the thirty days preceding the survey.

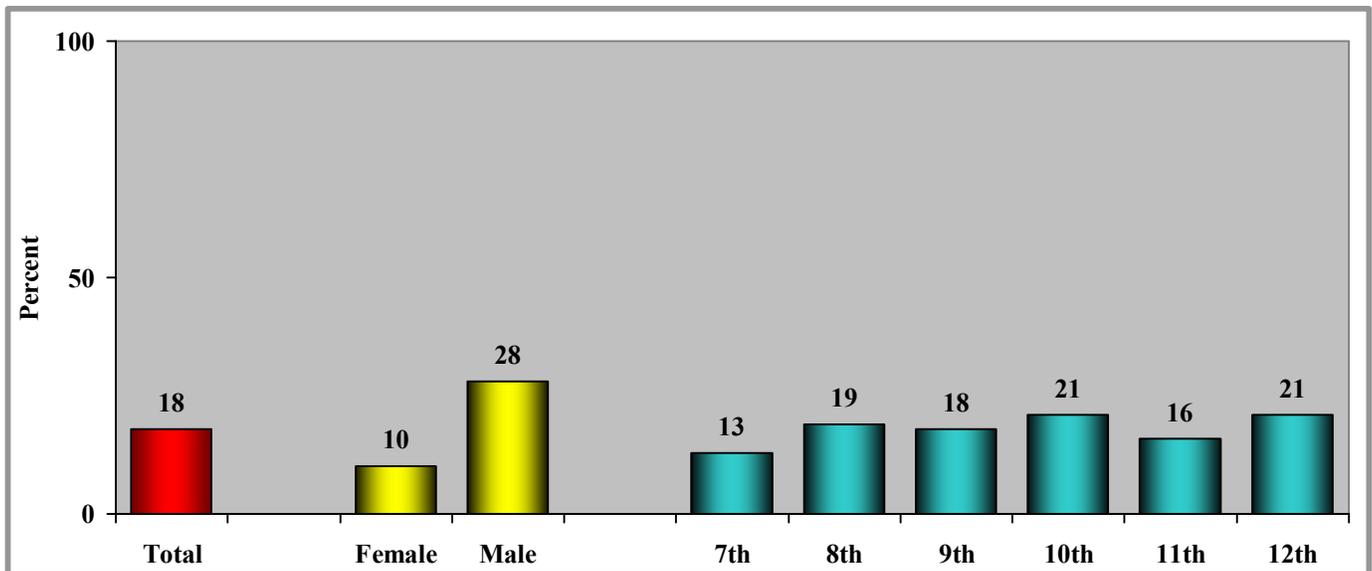
Results

- The prevalence of having carried a weapon such as a gun, knife, or club on one or more of the thirty days preceding the survey was lower among female students (10%) than among male students (28%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having carried a weapon such as a gun, knife, or club on one or more of the thirty days preceding the survey was highest among 10th grade (21%) and 12th grade (21%), and lowest among 7th grade (13%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Carried a weapon

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon	18	10	28	13	19	18	21	16	21

Figure 1: The percentage of students in the 7th – 12th grades who carried a weapon such as a gun, knife, or club on one or more of the thirty days preceding the survey.



Behaviors that Contribute to Violence (continued)

Carried a gun:

The percentage of students in the 7th-12th grades who carried a gun on one or more of the thirty days preceding the survey.

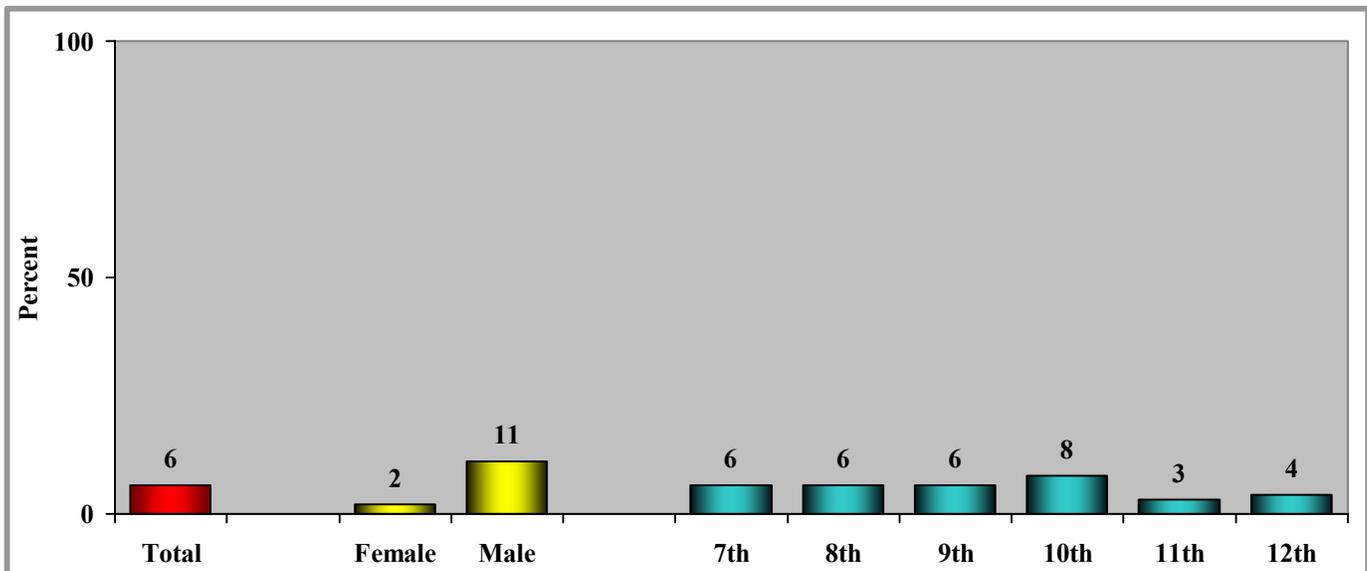
Results

- The prevalence of having carried a gun on one or more of the thirty days preceding the survey was lower among female students (2%) than among male students (11%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having carried a gun on one or more of the thirty days preceding the survey was highest among 10th grade (8%), and lowest among 11th grade (3%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Carried a weapon or gun (7th-12th graders)

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a gun	6	2	11	6	6	6	8	3	4

Figure 2: The percentage of students in the 7th-12th grades who carried a gun on one or more of the thirty days preceding the survey.



Behaviors that Contribute to Violence (continued)

In a physical fight:

The percentage of students in the 7th -12th grades who were in a physical fight one or more times during the twelve months preceding the survey.

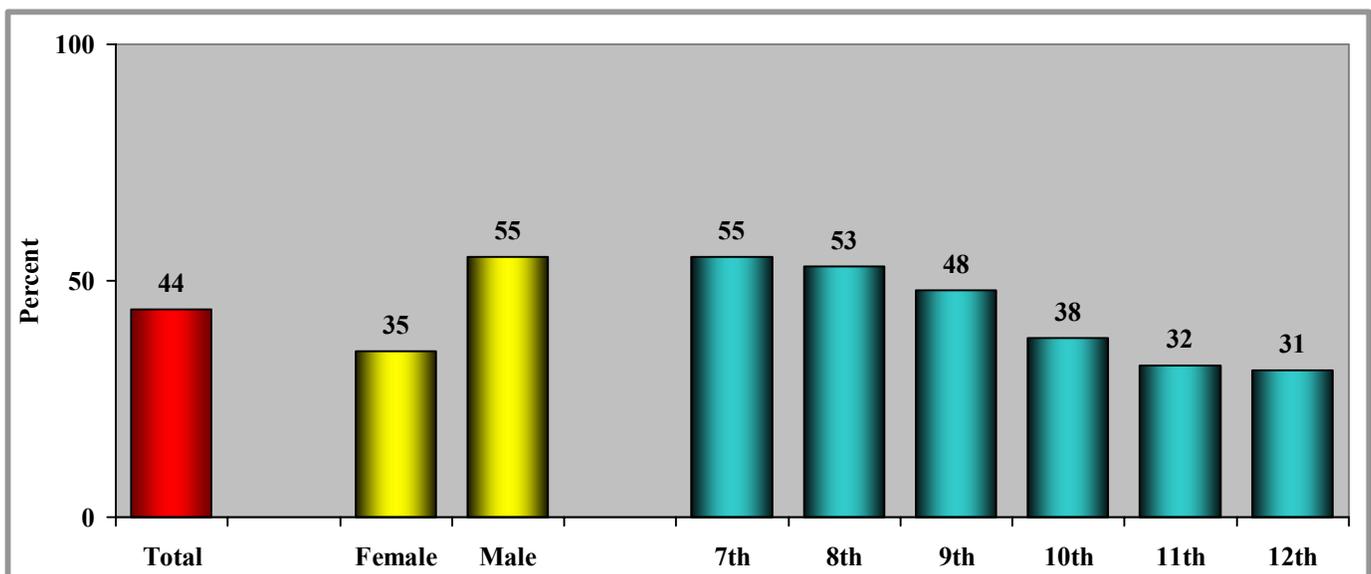
Results

- The prevalence of having been in a physical fight in the twelve months preceding the survey was lower among female students (35%) than among male students (55%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having been in a physical fight in the twelve months preceding the survey was highest among 7th grade (55%), and lowest among 12th grade (31%) students in St. Francis County (Table 3 and Figure 3).

Table 3: In a physical fight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
In a physical fight	44	35	55	55	53	48	38	32	31

Figure 3: The percentage of students in the 7th -12th grades who were in a physical fight one or more times during the twelve months preceding the survey.



Behaviors that Contribute to Violence (continued)

Injured in a physical fight:

Of the 7th-12th grade students who had been in a physical fight in the twelve months preceding the survey, the percentage who had to be treated by a doctor or nurse one or more times.

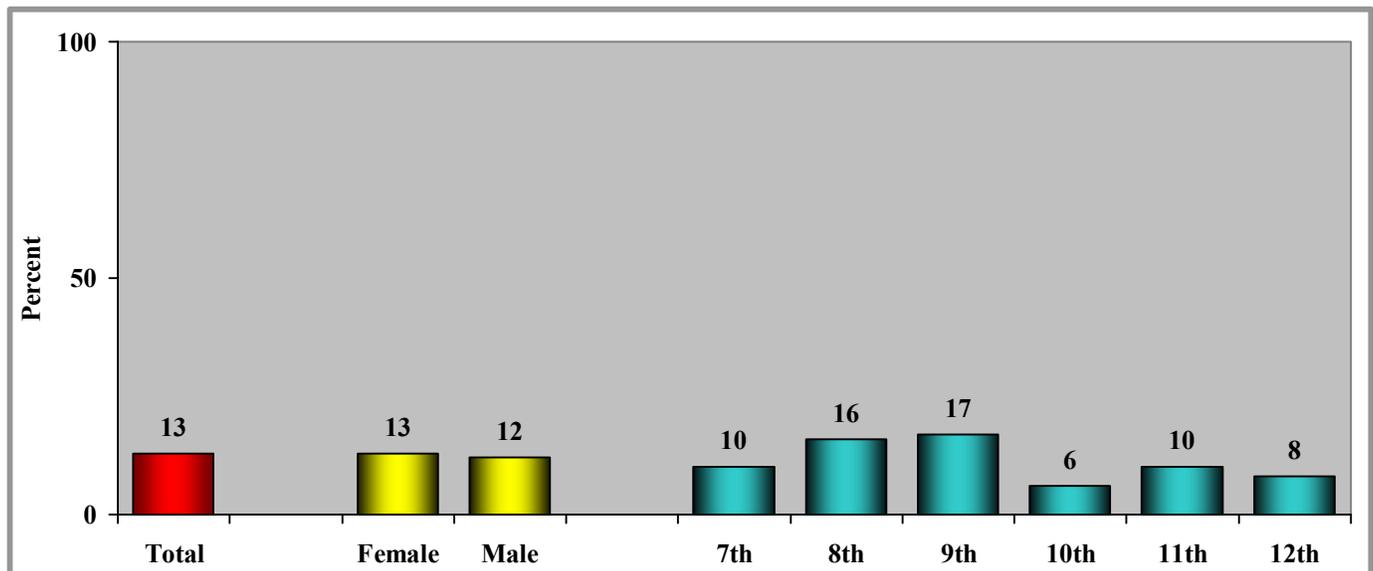
Results

- The prevalence of having been treated by a doctor or nurse one or more times after being in a physical fight in the twelve months preceding the survey was **thirteen percent (13%)** among female students and **twelve percent (12%)** among male students in St. Francis County (Table 4 and Figure 4).
- The prevalence of having been treated by a doctor or nurse one or more times after being in a physical fight in the twelve months preceding the survey was **ten percent (10%)** among 7th grade, **sixteen percent (16%)** among 8th grade, **seventeen percent (17%)** among 9th grade, **six percent (6%)** among 10th grade, **ten percent (10%)** among 11th grade, and **eight percent (8%)** among 12th grade students in St. Francis County (Table 4 and Figure 4).

Table 4: Injured in a physical fight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Injured in a physical fight	13	13	12	10	16	17	6	10	8

Figure 4: The percentage of students in the 7th - 12th grades who had to be treated by a doctor or nurse one or more times after being in a physical fight in the twelve months preceding the survey.



Behaviors that Contribute to Violence (continued)

Dating violence:

The percentage of students in the 7th -12th grades who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.

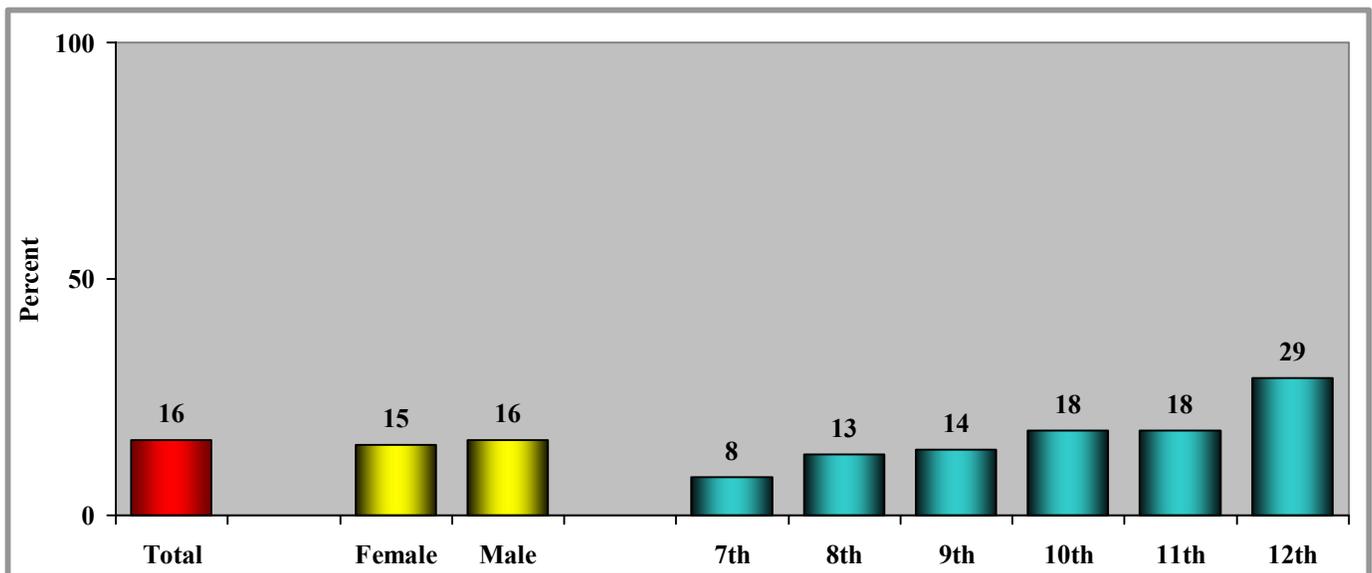
Results

- The prevalence of having been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend was lower among female students (15%) than among male students (16%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend was highest among 12th grade (29%), and lowest among 7th grade (8%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Dating violence

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Dating violence	16	15	16	8	13	14	18	18	29

Figure 5: The percentage of students in the 7th -12th grades who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Behaviors that Contribute to Violence (continued)

Forced to have sexual intercourse:

The percentage of students in the 7th-12th grade who had been forced to have sexual intercourse when student did not want to.

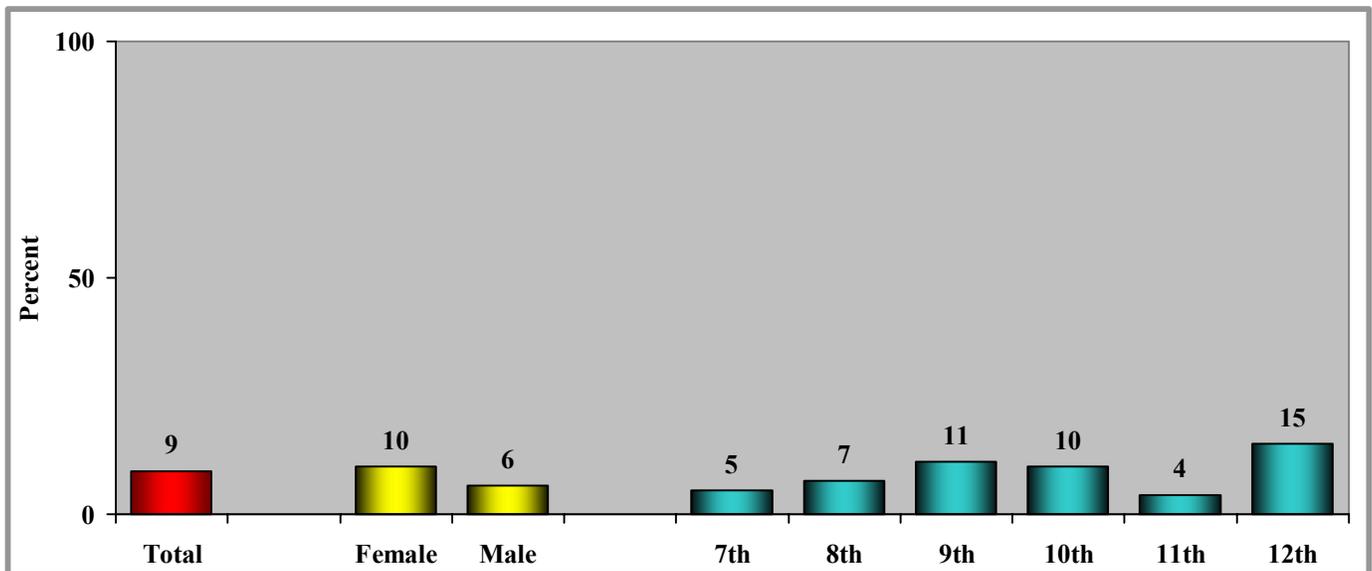
Results

- The prevalence of having been forced to have sexual intercourse when student did not want to was higher among female students (10%) than among male students (6%) in St. Francis County (Table 6 and Figure 6).
- The prevalence of having been forced to have sexual intercourse when student did not want to was highest among 12th grade (15%), and lowest among 11th grade (4%) students in St. Francis County (Table 6 and Figure 6).

Table 6: Forced sexual intercourse

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Forced to have sexual intercourse	9	10	6	5	7	11	10	4	15

Figure 6: The percentage of students in the 7th - 12th grades who had been forced to have sexual intercourse when student did not want to.



Depression and Suicide

Felt sad or hopeless:

The percentage of students in the 7th-12th grades who felt so sad or hopeless for two weeks or longer that they stopped doing some usual activities during the twelve months preceding the survey.

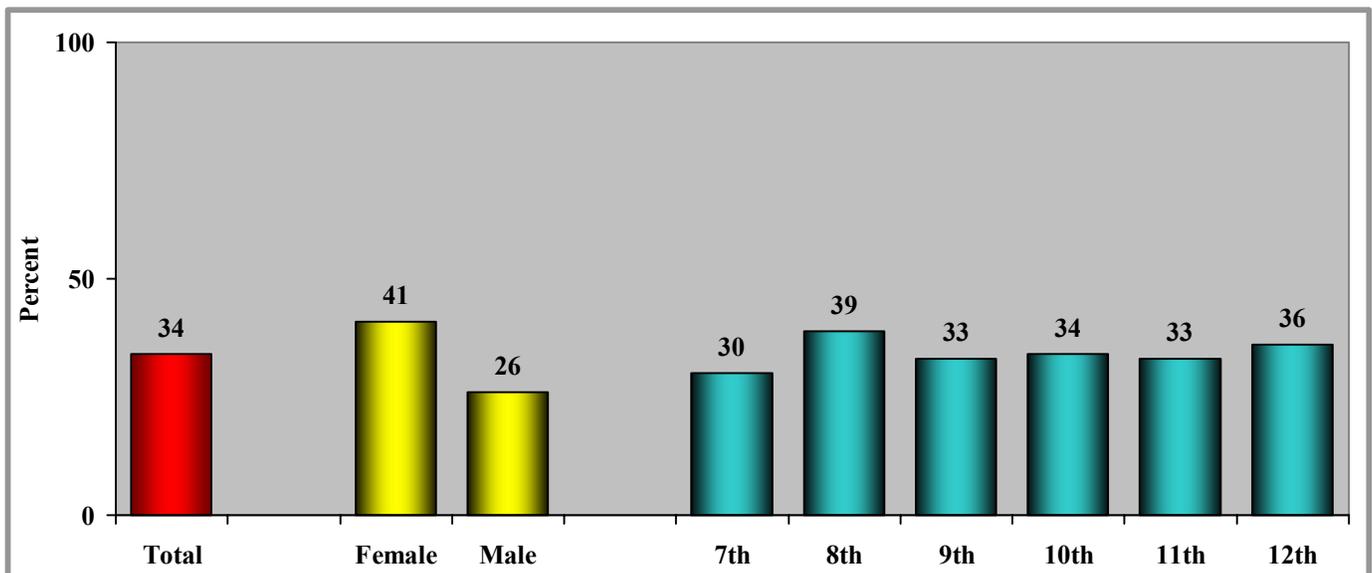
Results

- The prevalence of having felt so sad or hopeless for two weeks or longer that he/she stopped doing some of his/her usual activities during the twelve months preceding the survey was higher among female students (41%) than among male students (26%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having felt so sad or hopeless for two weeks or longer that he/she stopped doing some of his/her usual activities during the twelve months preceding the survey was highest among 8th grade (39%), and lowest among 7th grade (30%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Felt sad or hopeless

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Felt sad or hopeless	34	41	26	30	39	33	34	33	36

Figure 1: The percentage of students in the 7th-12th grades who felt so sad or hopeless for two weeks or longer that they stopped doing some usual activities during the twelve months preceding the survey.



Depression and Suicide (continued)

Seriously considered attempting suicide:

The percentage of students in the 7th-12th grades who seriously considered attempting suicide in the twelve months preceding the survey.

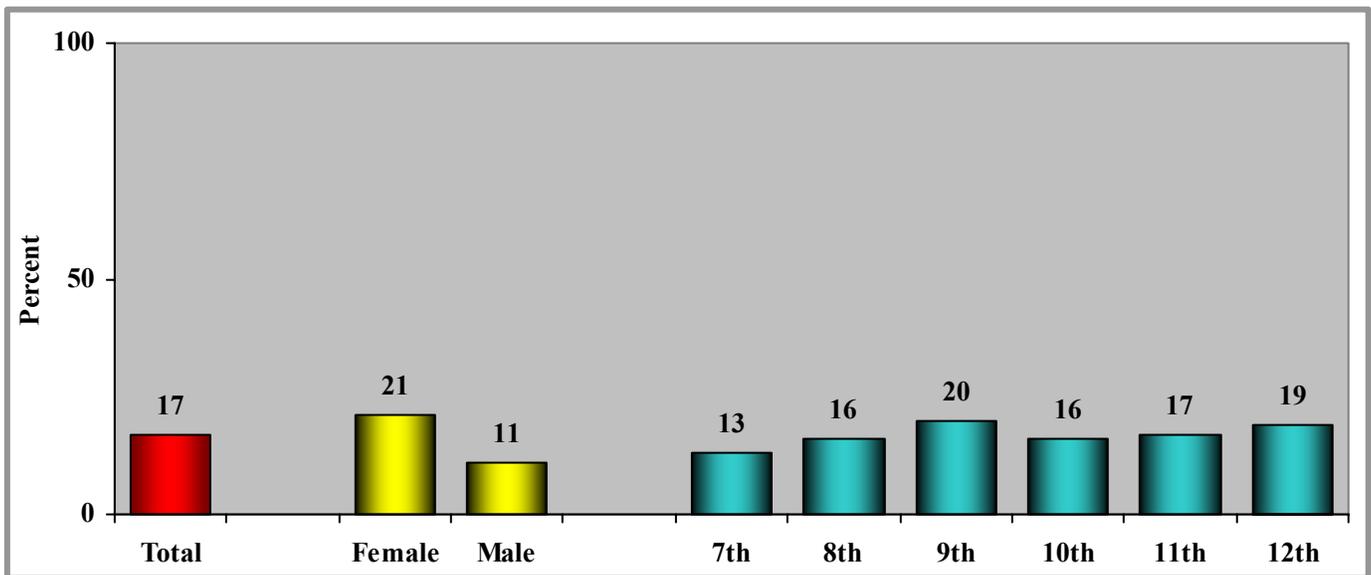
Results

- The prevalence of having seriously considered attempting suicide in the twelve months preceding the survey was higher among female students (21%) than among male students (11%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having seriously considered attempting suicide in the twelve months preceding the survey was highest among 9th grade (20%), and lowest among 7th grade (13%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Seriously considered attempting suicide.

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Seriously considered attempting suicide	17	21	11	13	16	20	16	17	19

Figure 2: The percentage of students in the 7th - 12th grades who seriously considered attempting suicide in the twelve months preceding the survey.



Depression and Suicide (continued)

Made a suicide plan:

The percentage of students in the 7th-12th grades who made a plan about how they would attempt suicide in the twelve months preceding the survey.

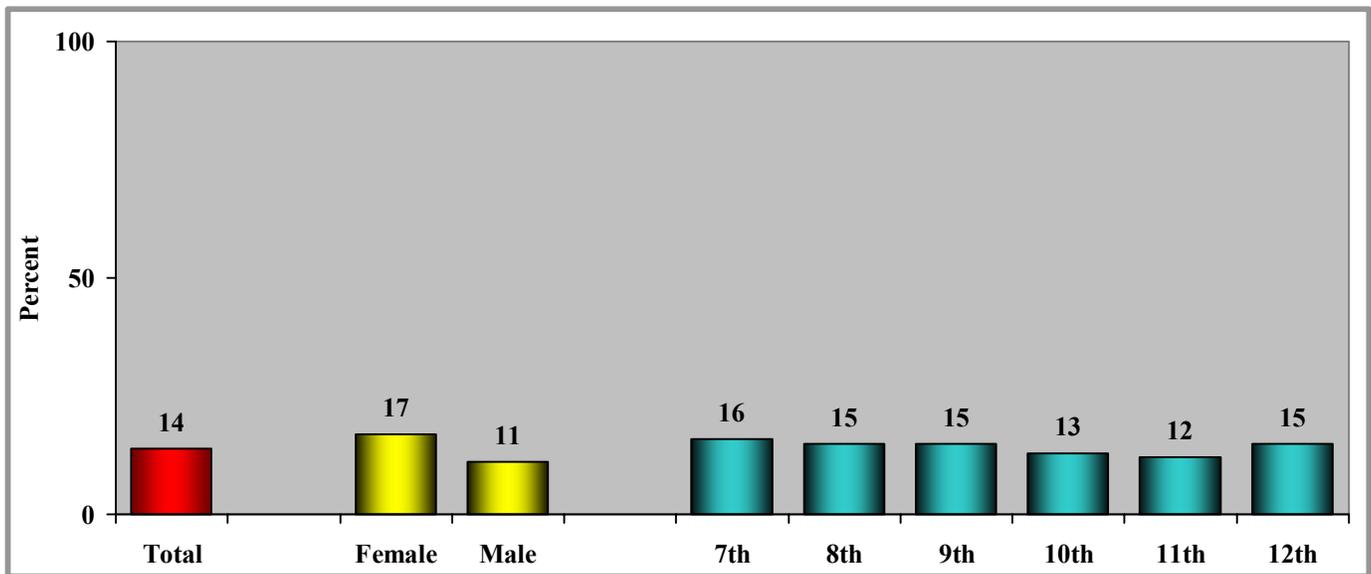
Results

- The prevalence of having planned a suicide attempt in the twelve months preceding the survey was higher among female students (17%) than among male students (11%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having planned a suicide attempt in the twelve months preceding the survey was highest among 7th grade (16%), and lowest among 11th grade (12%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Made a suicide plan.

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Made a suicide plan	14	17	11	16	15	15	13	12	15

Figure 3: The percentage of students in the 7th-12th grades who made a plan about how they would attempt suicide in the twelve months preceding the survey.



Depression and Suicide (continued)

Attempted suicide:

The percentage of students in the 7th-12th grades who actually attempted suicide one or more times in the twelve months preceding the survey.

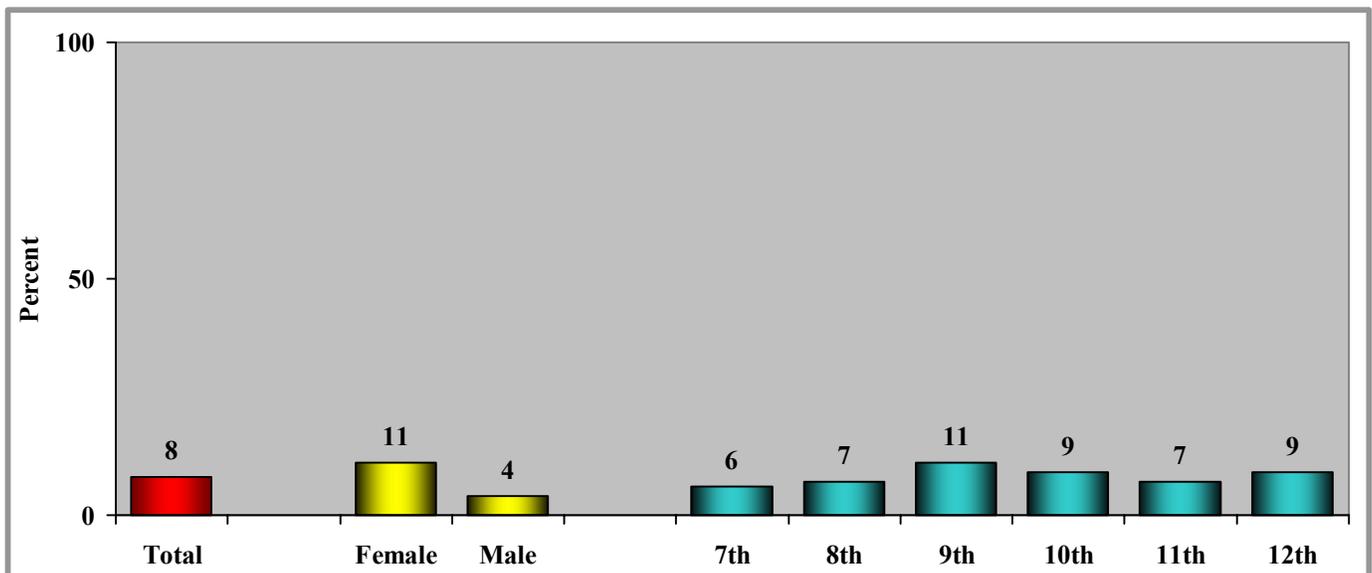
Results

- The prevalence of having actually attempted suicide one or more times in the twelve months preceding the survey was higher among female students (11%) than among male students (4%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having actually attempted suicide one or more times in the twelve months preceding the survey was highest among 9th grade (11%), and lowest among 7th grade (6%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Attempted suicide

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Attempted suicide	8	11	4	6	7	11	9	7	9

Figure 4: The percentage of students in the 7th -12th grades who actually attempted suicide one or more times in the twelve months preceding the survey.



Depression and Suicide (continued)

Treated suicide attempt:

The percentage of students in the 7th-12th grades who attempted suicide in the twelve months preceding the survey, resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.

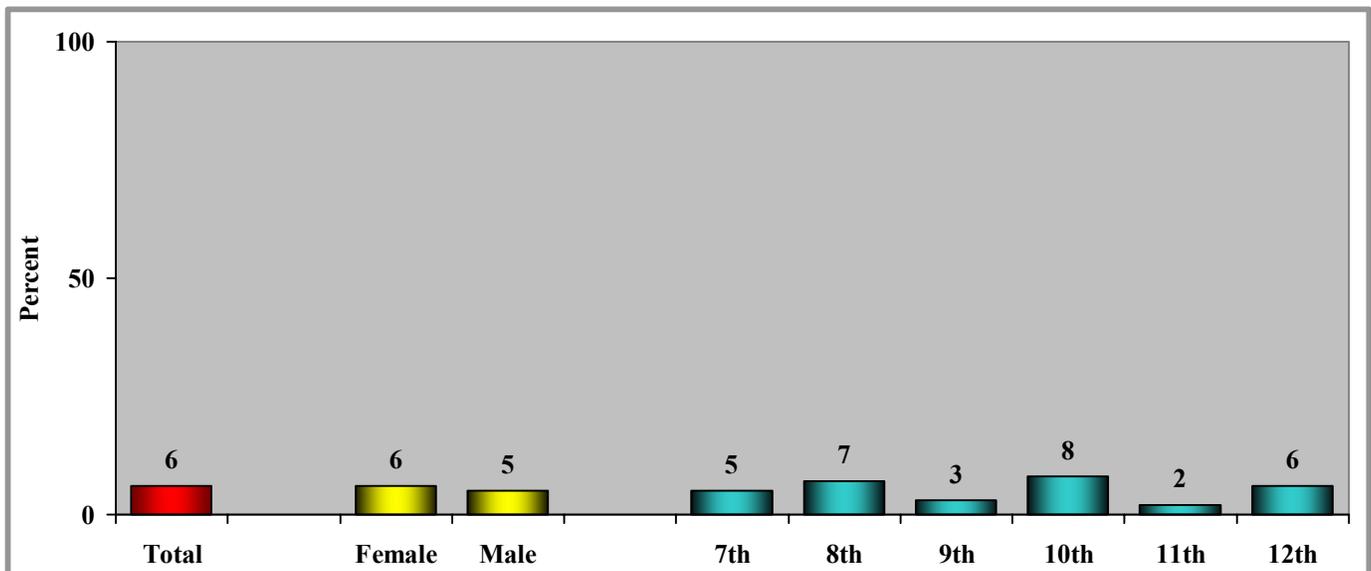
Results

- The prevalence of having attempted suicide in the twelve months preceding the survey, resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse was higher among female students (6%) than among male students (5%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having attempted suicide in the twelve months preceding the survey, resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse was highest among 10th grade (8%), and lowest among 11th grade (2%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Treated suicide attempt

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Treated suicide attempt	6	6	5	5	7	3	8	2	6

Figure 5: The percentage of students in the 7th - 12th grades who attempted suicide in the twelve months preceding the survey, resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



Tobacco Use

Lifetime cigarette smoking:

The percentage of students in the 7th-12th grades who ever tried cigarette smoking, even one or two puffs.

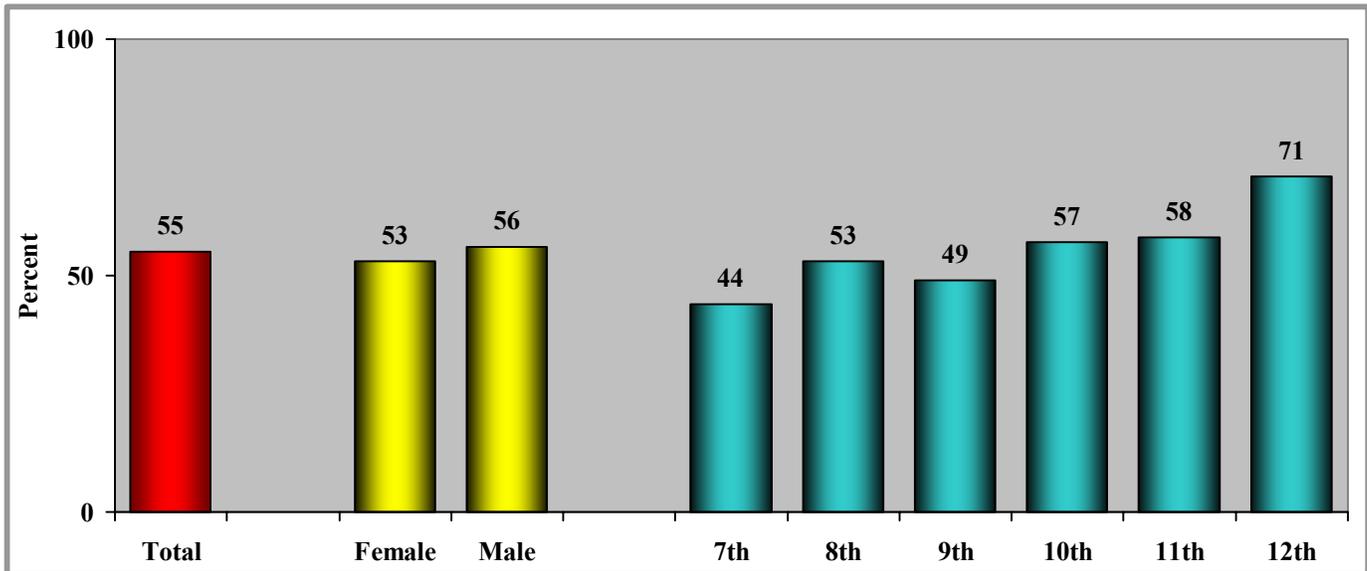
Results

- The prevalence of having ever tried cigarette smoking, even one or two puffs was lower among female students (53%) than among male students (56%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having ever tried cigarette smoking, even one or two puffs was highest among 12th grade (71%), and lowest among 7th grade (44%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Lifetime cigarette smoking

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime cigarette smoking	55	53	56	44	53	49	57	58	71

Figure 1: The percentage of students in the 7th-12th grades who ever tried cigarette smoking, even one or two puffs.



Tobacco Use (continued)

Early initiation of cigarette smoking:

The percentage of students in the 7th-12th grades who smoked a whole cigarette for the first time before age thirteen years.

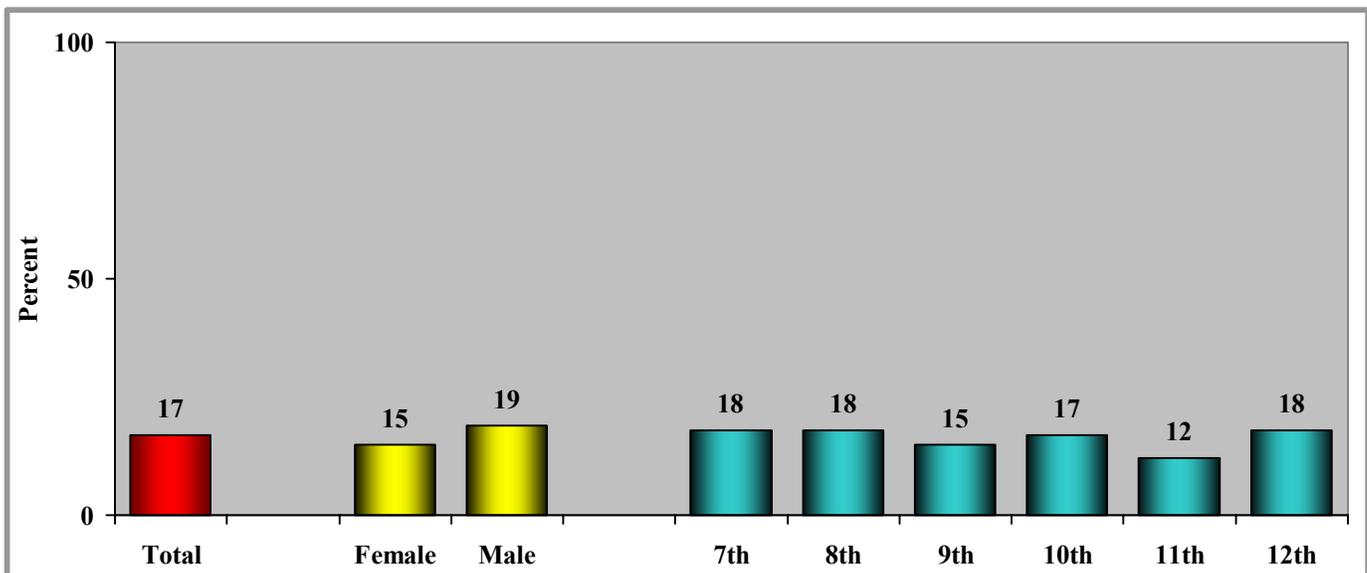
Results

- The prevalence of having smoked a whole cigarette for the first time before age thirteen years was lower among female students (15%) than among male students (19%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having smoked a whole cigarette for the first time before age thirteen years was highest among 7th grade (18%), 8th grade (18%), and 12th grade (18%), and lowest among 11th grade (12%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Early initiation of cigarette smoking

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Early initiation of cigarette smoking	17	15	19	18	18	15	17	12	18

Figure 2: The percentage of students in the 7th - 12th grades who smoked a whole cigarette for the first time before age thirteen years.



Tobacco Use (continued)

Current cigarette use:

The percentage of students in the 7th-12th grades who smoked cigarettes on one or more of the thirty days preceding the survey.

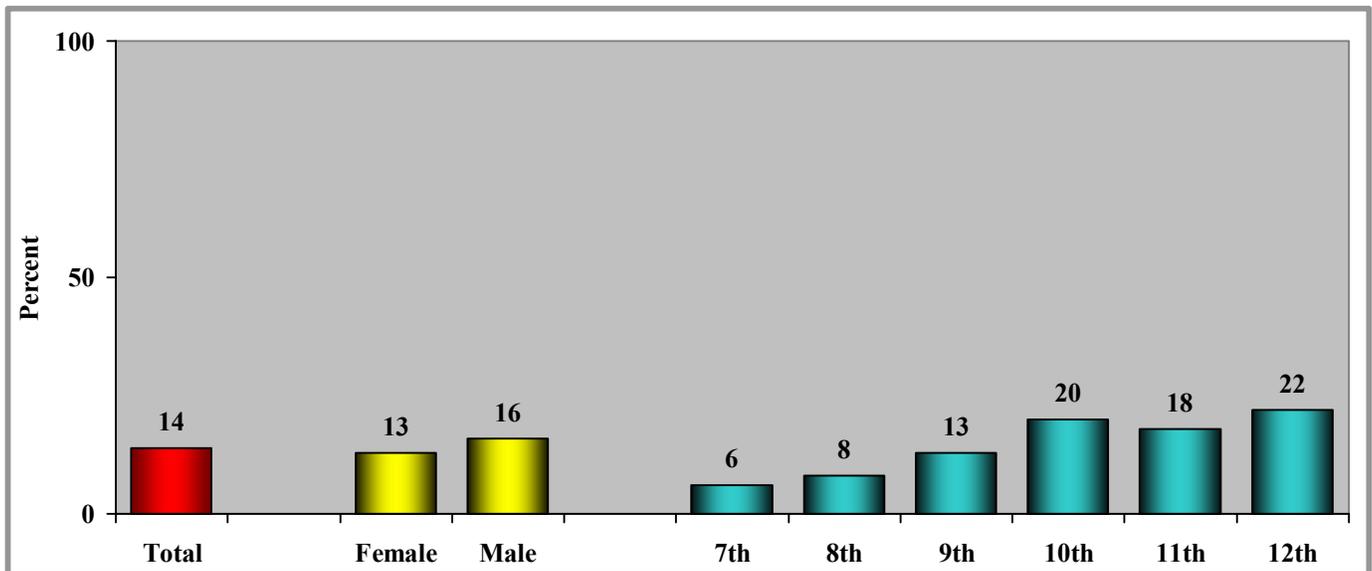
Results

- The prevalence of having smoked cigarettes on one or more of the thirty days preceding the survey was lower among female students (13%) than among male students (16%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having smoked cigarettes on one or more the thirty days preceding the survey was highest among 12th grade (22%), and lowest among 7th grade (6%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Current cigarette use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current cigarette use	14	13	16	6	8	13	20	18	22

Figure 3: The percentage of students in the 7th-12th grades who smoked cigarettes on one or more of the thirty days preceding the survey.



Tobacco Use (continued)

Smoked two or more cigarettes per day:

Of the students in the 7th -12th grades who smoked during the thirty days preceding the survey, the percentage that smoked two or more cigarettes per day on the days he/she smoked.

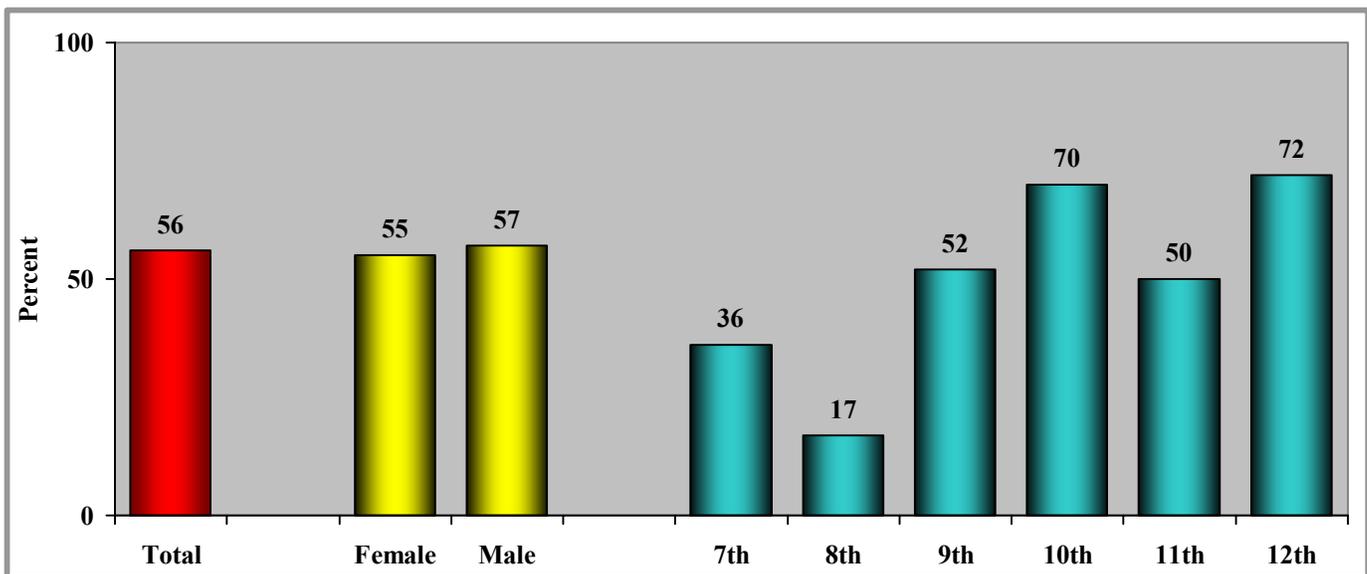
Results

- The prevalence of having smoked two or more cigarettes per day on the days smoked was **fifty-five percent (55%)** among female students and **fifty-seven percent (57%)** among male students and in St. Francis County (Table 4 and Figure 4).
- The prevalence of having smoked two or more cigarettes per day on the days smoked was **thirty-six percent (36%)** among 7th grade, **seventeen percent (17%)** among 8th grade, **fifty-two percent (52%)** among 9th grade, **seventy percent (70%)** among 10th grade, **fifty percent (50%)** among 11th grade, and **seventy-two percent (72%)** among 12th grade students in St. Francis County (Table 4 and Figure 4).

Table 4: Smoked two or more cigarettes per day

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Smoked two or more cigarettes per day	56	55	57	36	17	52	70	50	72

Figure 4: Of the students in the 7th -12th grades who smoked during the thirty days preceding the survey, the percentage that smoked two or more cigarettes per day on the days he/she smoked.



Tobacco Use (continued)

Personally bought cigarettes:

Of the students in the 7th-12th grades who smoked in the thirty days preceding the survey, the percentage that usually got his/her own cigarettes by buying them in a store or at a gas station.

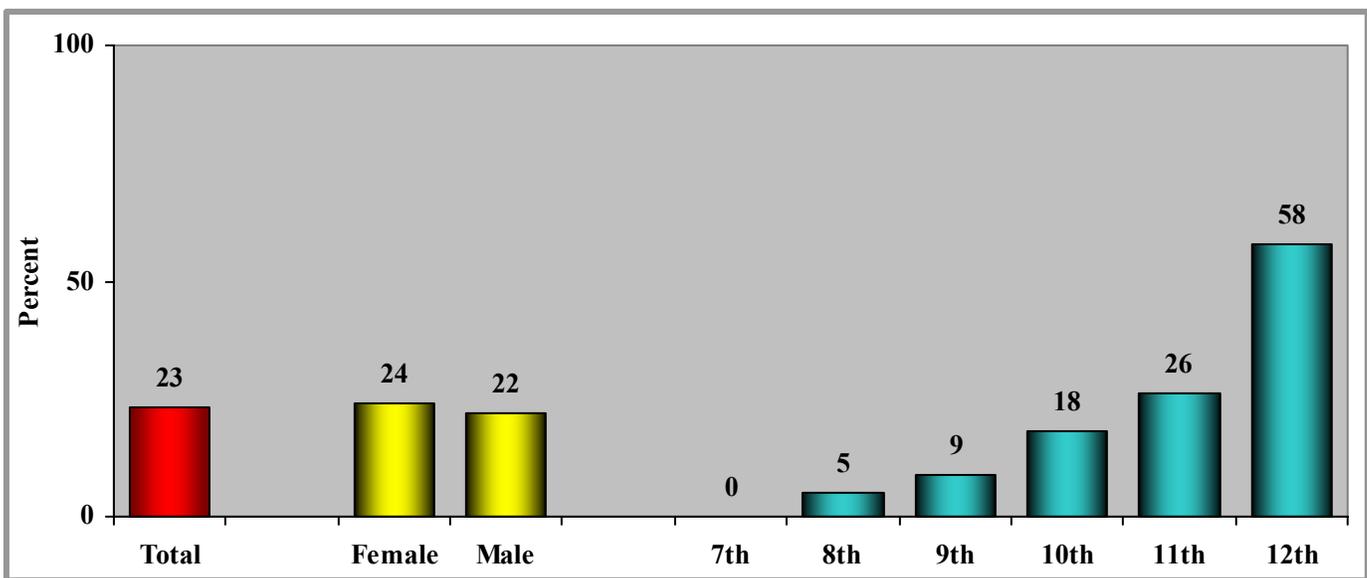
Results

- The prevalence of having personally bought cigarettes in a store or at a gas station was **twenty-four percent (24%)** among female students and **twenty-two percent (22%)** among male students and in St. Francis County (Table 5 and Figure 5).
- The prevalence of having personally bought cigarettes in a store or at a gas station was **non-existent (0%)** among 7th grade, **five percent (5%)** among 8th grade, **nine percent (9%)** among 9th grade, **eighteen percent (18%)** among 10th grade, **twenty-six percent (26%)** among 11th grade, and **fifty-eight percent (58%)** among 12th grade students in St. Francis County (Table 5 and Figure 5).

Table 5: Current cigarette use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Personally bought cigarettes	23	24	22	0	5	9	18	26	58

Figure 5: Of the students in the 7th - 12th grades who smoked in the thirty days preceding the survey, the percentage that usually got his/her own cigarettes by buying them in a store or at a gas station.



Tobacco Use (continued)

Tried to quit smoking cigarettes:

Of the students in the 7th -12th grades who smoked regularly, the percentage that ever tried to quit smoking cigarettes.

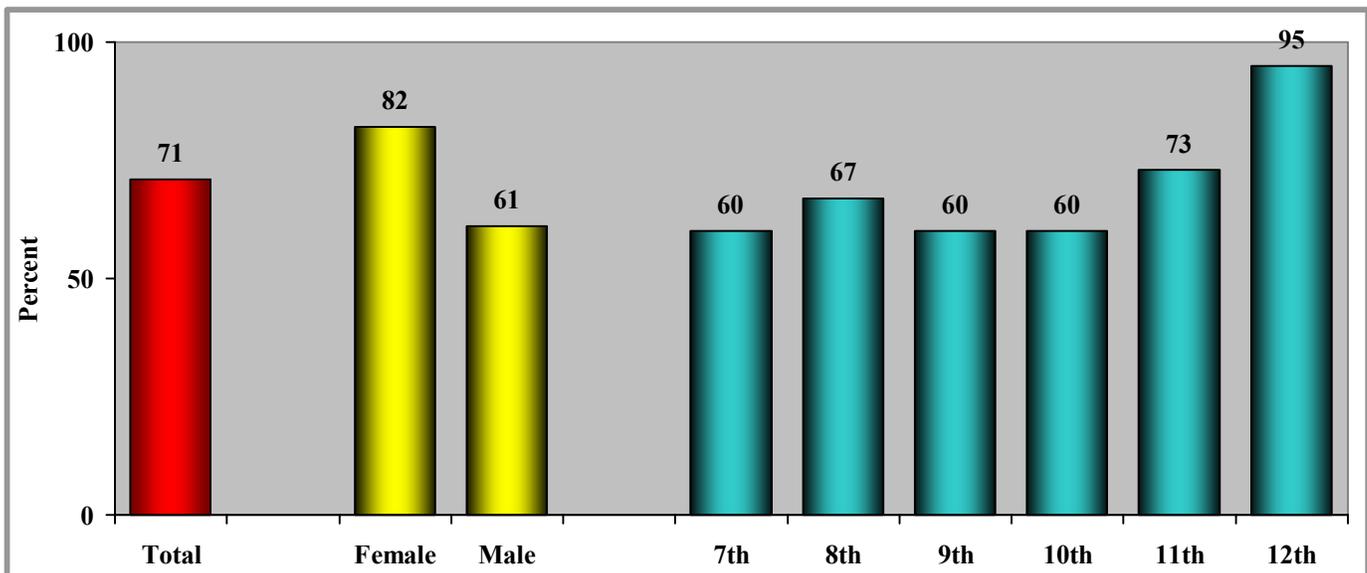
Results

- The prevalence of having ever tried to quit smoking cigarettes was **eighty-two percent (82%)** among female students and **sixty-one percent (61%)** among male students in St. Francis County (Table 6 and Figure 6).
- The prevalence of having ever tried to quit smoking cigarettes was **sixty percent (60%)** among 7th grade, **sixty-seven (67%)** among 8th grade, **sixty percent (60%)** among 9th grade, **sixty percent (60%)** among 10th grade, **seventy-three percent (73%)** among 11th grade, and **ninety-five percent (95%)** among 12th grade students in St. Francis County (Table 6 and Figure 6).

Table 6 Tried to quit smoking cigarettes

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Tried to quit smoking cigarettes	71	82	61	60	67	60	60	73	95

Figure 6: Of the students in the 7th - 12th grades who smoked regularly, the percentage that ever tried to quit smoking cigarettes.



Tobacco Use (continued)

Current smokeless tobacco use:

The percentage of students in the 7th-12th grades who used chewing tobacco or snuff on one or more of the thirty days preceding the survey.

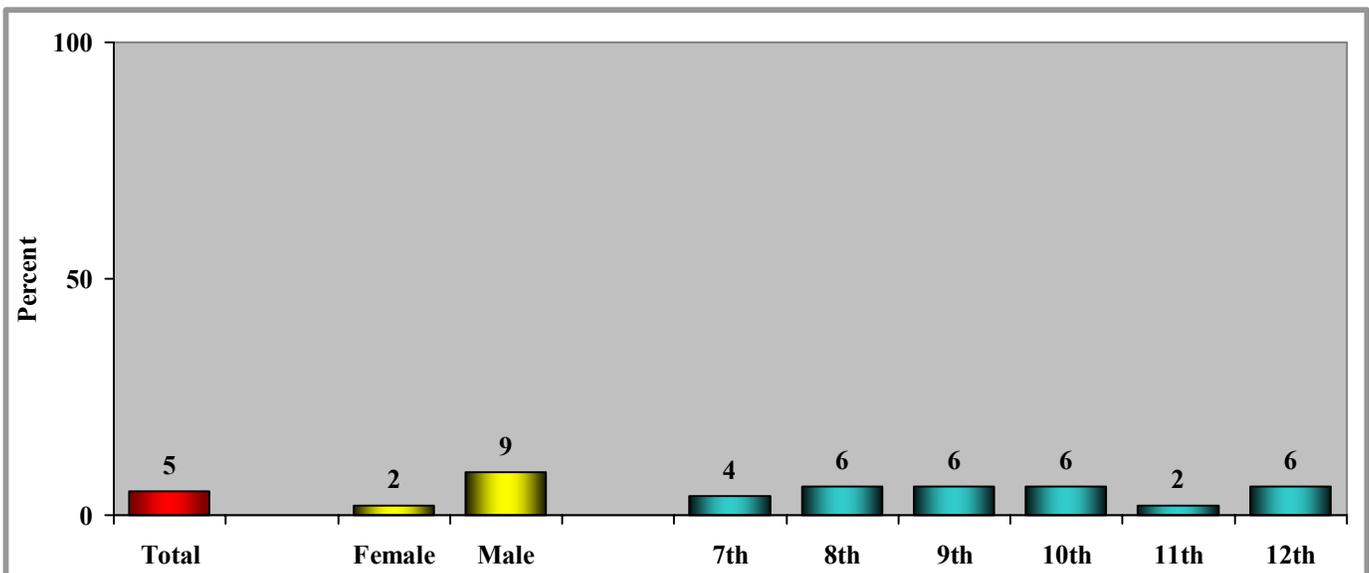
Results

- The prevalence of having used chewing tobacco or snuff on one or more of the thirty days preceding the survey was lower among female students (2%) than among male students (9%) in St. Francis County (Table 7 and Figure 7).
- The prevalence of having used chewing tobacco or snuff on one or more of the thirty days preceding the survey was highest among 8th grade (6%), 9th grade (6%), 10th grade (6%), and 12th grade (6%), and lowest among 11th grade (2%) students in St. Francis County (Table 7 and Figure 7).

Table 7: Current smokeless tobacco use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current smokeless tobacco use	5	2	9	4	6	6	6	2	6

Figure 7: The percentage of students in the 7th-12th grades who used chewing tobacco or snuff on one or more of the thirty days preceding the survey.



Tobacco Use (continued)

Current cigar use:

The percentage of students in the 7th-12th grades who smoked cigars, cigarillos, or little cigars during the thirty days preceding the survey.

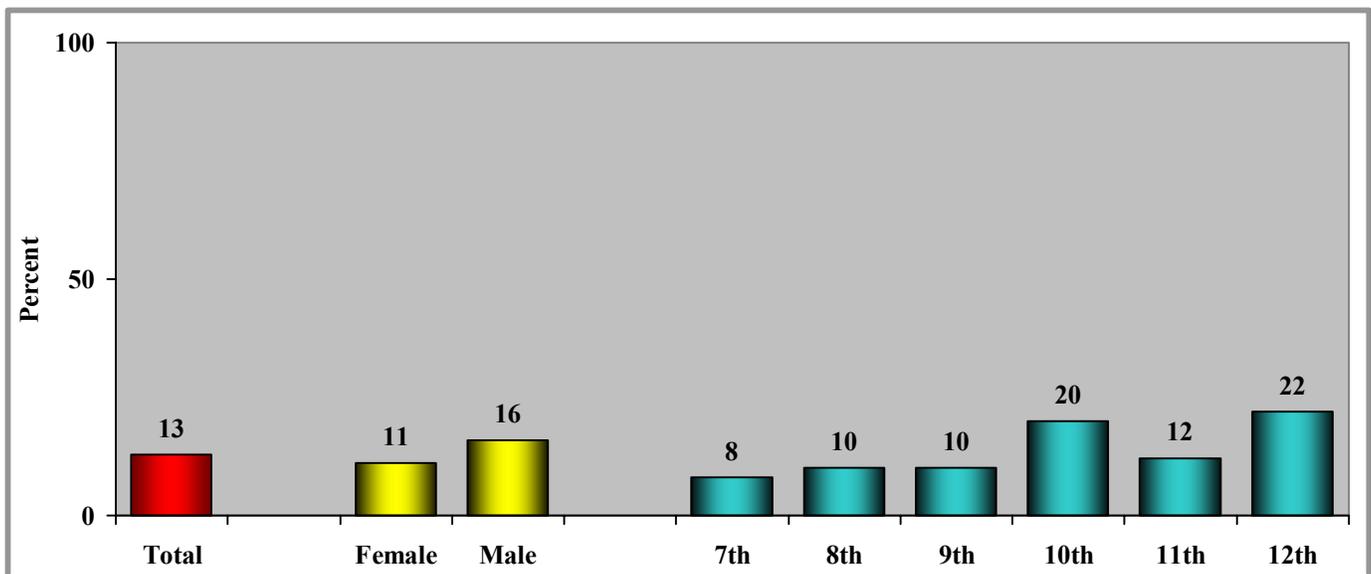
Results

- The prevalence of having smoked cigars, cigarillos, or little cigars during the thirty days preceding the survey was lower among female students (11%) than among male students (16%) in St. Francis County (Table 8 and Figure 8).
- The prevalence of having smoked cigars, cigarillos, or little cigars during the thirty days preceding the survey was highest among 12th grade (22%), and lowest among 7th grade (8%) students in St. Francis County (Table 8 and Figure 8).

Table 8: Current cigar use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current cigar use	13	11	16	8	10	10	20	12	22

Figure 8: The percentage of students in the 7th-12th grades who smoked cigars, cigarillos, or little cigars during the thirty days preceding the survey.



Alcohol Use

Lifetime alcohol use:

The percentage of students in the 7th-12th grades who had at least one drink of alcohol on one or more days during his/her life.

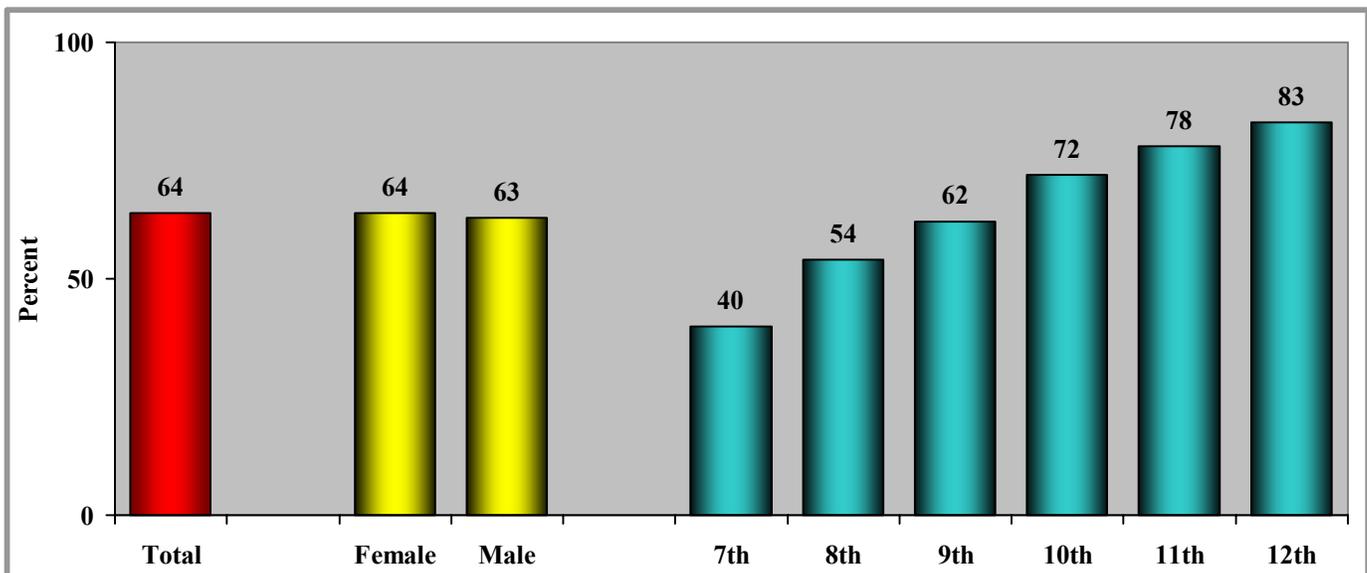
Results

- The prevalence of having had at least one drink of alcohol on one or more days in a lifetime was higher among female students (64%) than among male students (63%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having had at least one drink of alcohol on one or more days in a lifetime was highest among 12th grade (83%), and lowest among 7th grade (40%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Lifetime alcohol use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime alcohol use	64	64	63	40	54	62	72	78	83

Figure 1: The percentage of students in the 7th-12th grades who had at least one drink of alcohol on one or more days during his/her lifetime.



Alcohol Use (continued)

Early initiation of alcohol use:

The percentage of students in the 7th-12th grades who had is/her first drink of alcohol, other than a few sips, before age thirteen years.

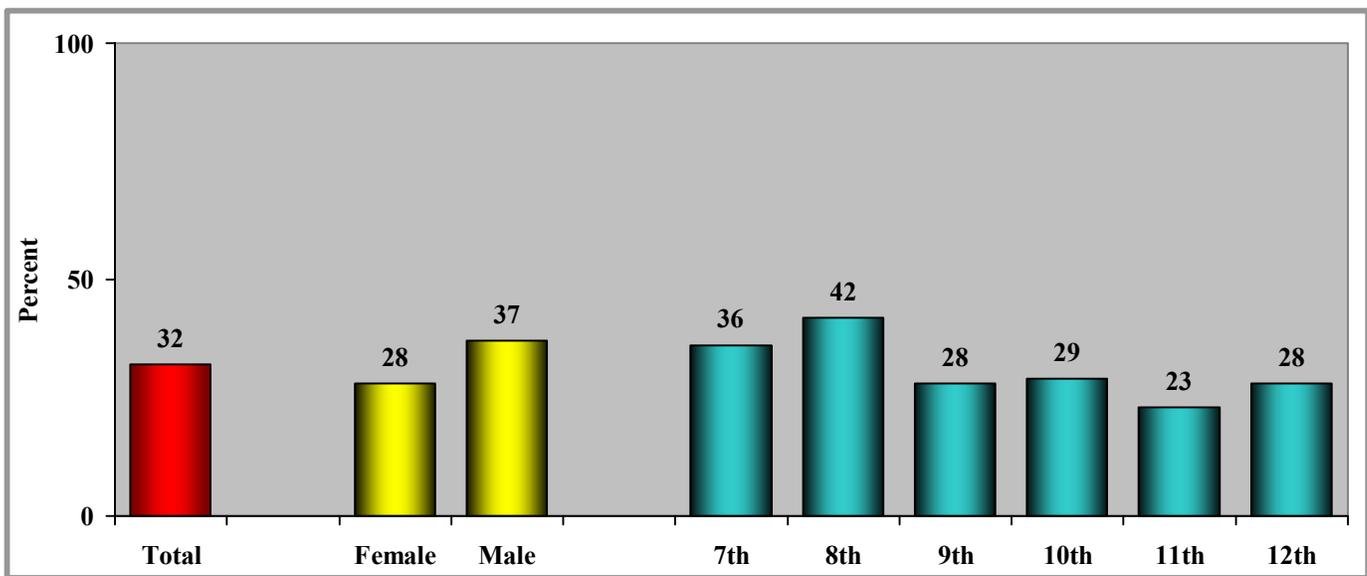
Results

- The prevalence of having had alcohol before age thirteen years was lower among female students (28%) and among male students (37%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having had alcohol before age thirteen years was highest among 8th grade (42%), and lowest among 11th grade (23%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Early initiation of alcohol use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Early initiation of alcohol use	32	28	37	36	42	28	29	23	28

Figure 2: The percentage of students in the 7th - 12th grades who had his/her first drink of alcohol, other than a few sips, before age thirteen years.



Alcohol Use (continued)

Current alcohol use:

The percentage of students in the 7th -12th grades who had at least one drink of alcohol on one or more of the thirty days preceding the survey.

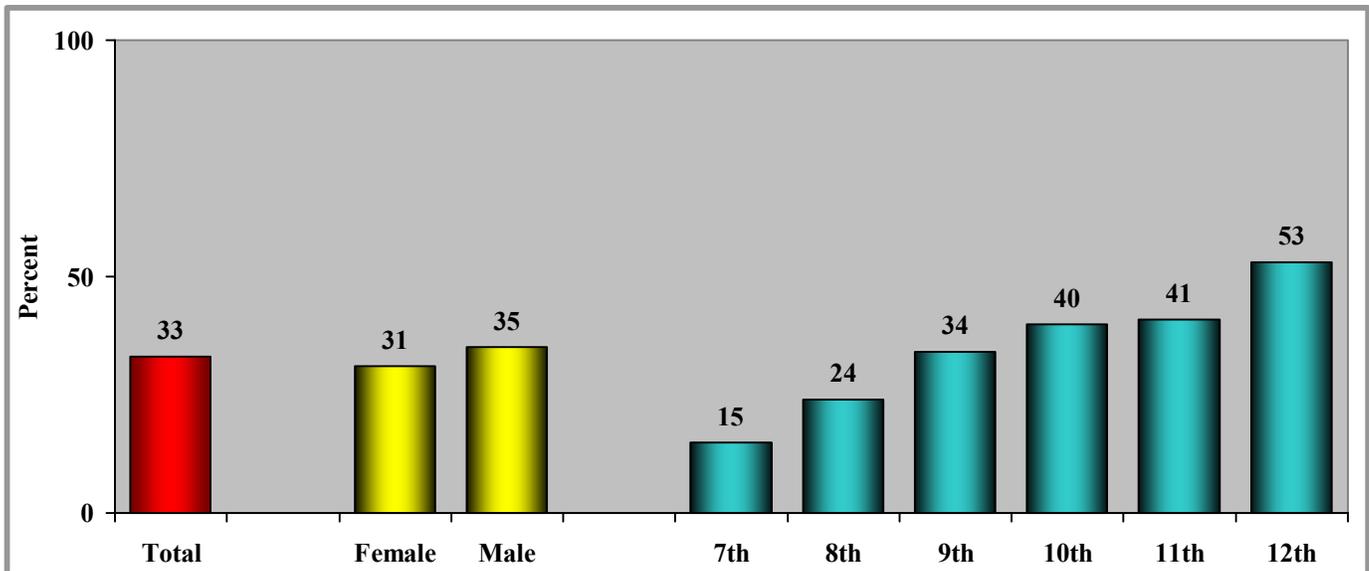
Results

- The prevalence of having had at least one drink of alcohol on one or more of the thirty days preceding the survey was lower among female students (31%) than among male students (35%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having had at least one drink of alcohol on one or more of the thirty days preceding the survey was highest among 12th grade (53%), and lowest among 7th grade (15%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Current alcohol use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current alcohol use	33	31	35	15	24	34	40	41	53

Figure 3: The percentage of students in the 7th -12th grades who had at least one drink of alcohol on one or more of the thirty days preceding the survey.



Alcohol Use (continued)

Heavy alcohol use:

The percentage of students in the 7th-12th grades who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the thirty days preceding the survey.

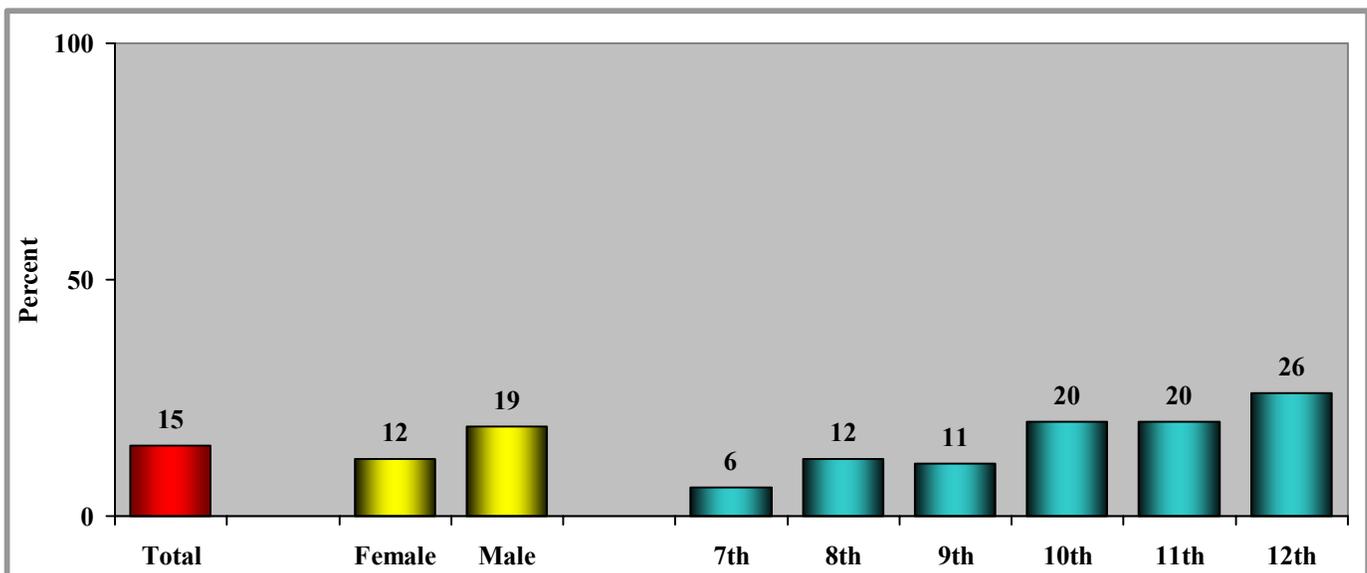
Results

- The prevalence of having had five or more drinks of alcohol in a row on one or more of the thirty days preceding the survey was lower among female students (12%) than among male students (19%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having had five or more drinks of alcohol in a row on one or more of the thirty days was highest among 12th grade (26%), and lowest among 7th grade (6%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Heavy alcohol use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Heavy alcohol use	15	12	19	6	12	11	20	20	26

Figure 4: The percentage of students in the 7th - 12th grades who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the thirty days preceding the survey.



Illegal Drug Use

Lifetime marijuana use:

The percentage of students in the 7th-12th grades who had used marijuana one or more times during his/her lifetime.

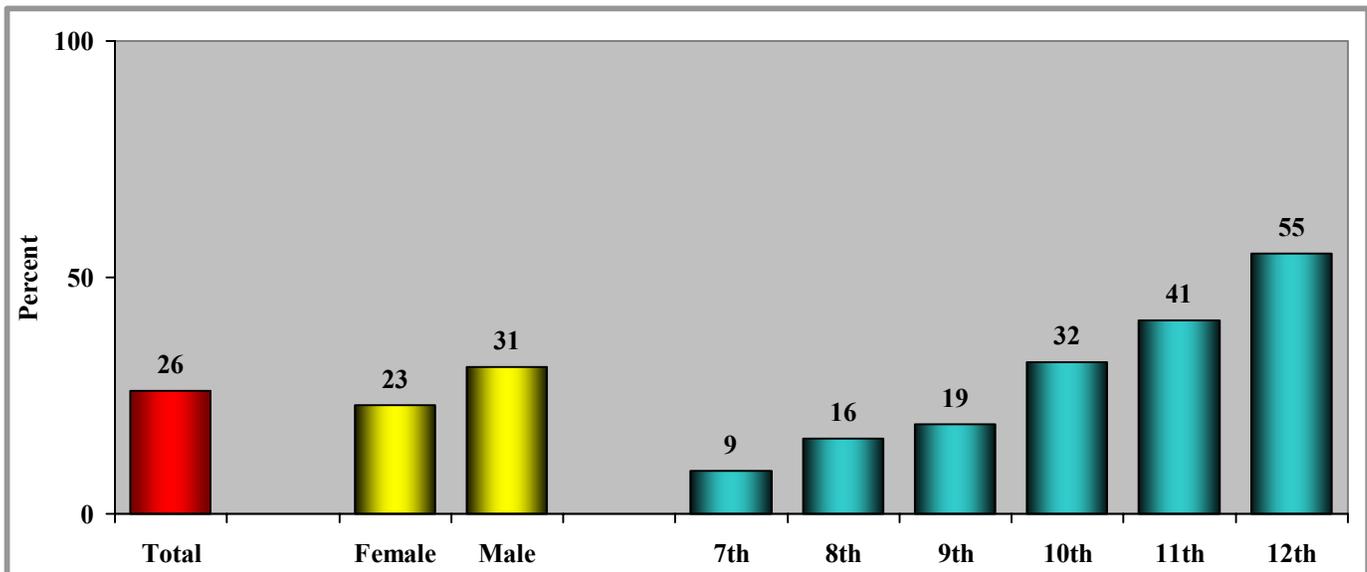
Results

- The prevalence of having used marijuana one or more times during a lifetime was lower among female students (23%) than among male students (31%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having used marijuana one or more times during a lifetime was highest among 12th grade (55%), and lowest among 7th grade (9%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Lifetime marijuana use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime marijuana use	26	23	31	9	16	19	32	41	55

Figure 1: The percentage of students in the 7th-12th grades who used marijuana one or more times during his/her lifetime.



Illegal Drug Use (continued)

Early initiation of marijuana use:

The percentage of students in the 7th-12th grade who had tried marijuana for the first time before age thirteen years.

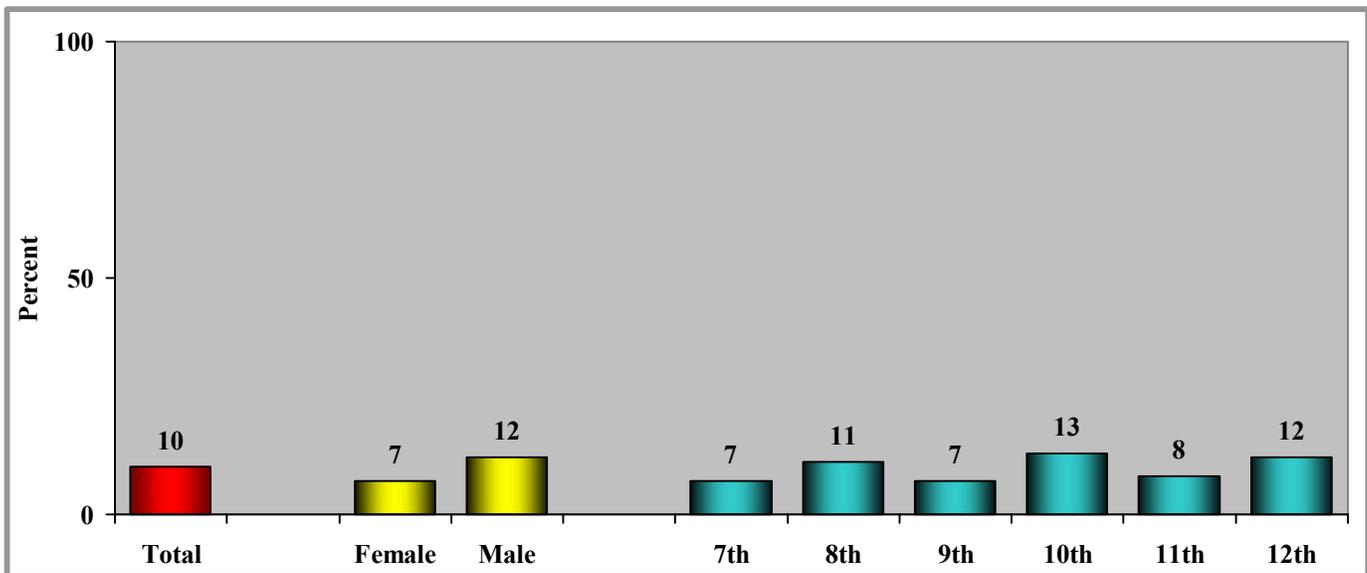
Results

- The prevalence of having tried marijuana for the first time before age thirteen years was lower among female students (7%) than among male students (12%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having tried marijuana for the first time before age thirteen years was highest among 10th grade (13%), and lowest among 7th grade (7%) and 9th grade (7%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Early initiation age of marijuana use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Early initiation age of marijuana use	10	7	12	7	11	7	13	8	12

Figure 2: The percentage of students in the 7th - 12th grades who tried marijuana for the first time before age thirteen years.



Illegal Drug Use (continued)

Current marijuana use:

The percentage of students in the 7th-12th grades who used marijuana one or more times during the thirty days preceding the survey.

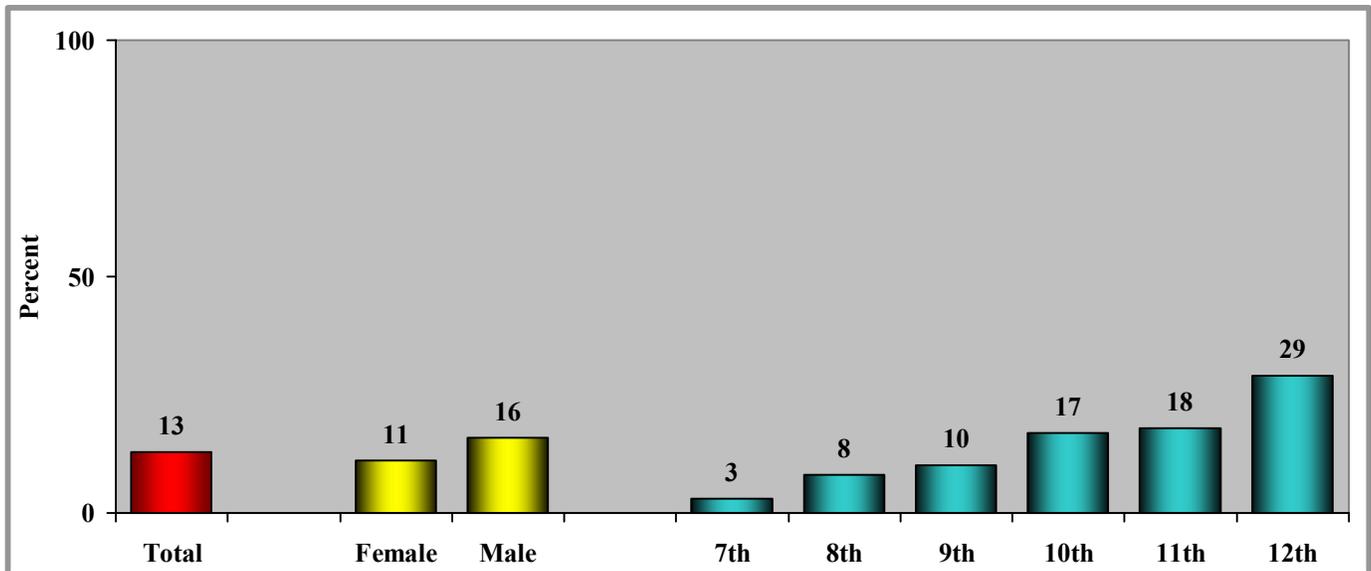
Results

- The prevalence of having used marijuana one or more times during the thirty days preceding the survey was lower among female students (11%) than among male students (16%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having used marijuana one or more times during the thirty days preceding the survey was highest among 12th grade (29%), and lowest among 7th grade (3%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Current marijuana use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Current marijuana use	13	11	16	3	8	10	17	18	29

Figure 3: The percentage of students in the 7th-12th grades who used marijuana one or more times during the thirty days preceding the survey.



Illegal Drug Use (continued)

Lifetime inhalant use:

The percentage of students in the 7th-12th grades who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high during his/her lifetime.

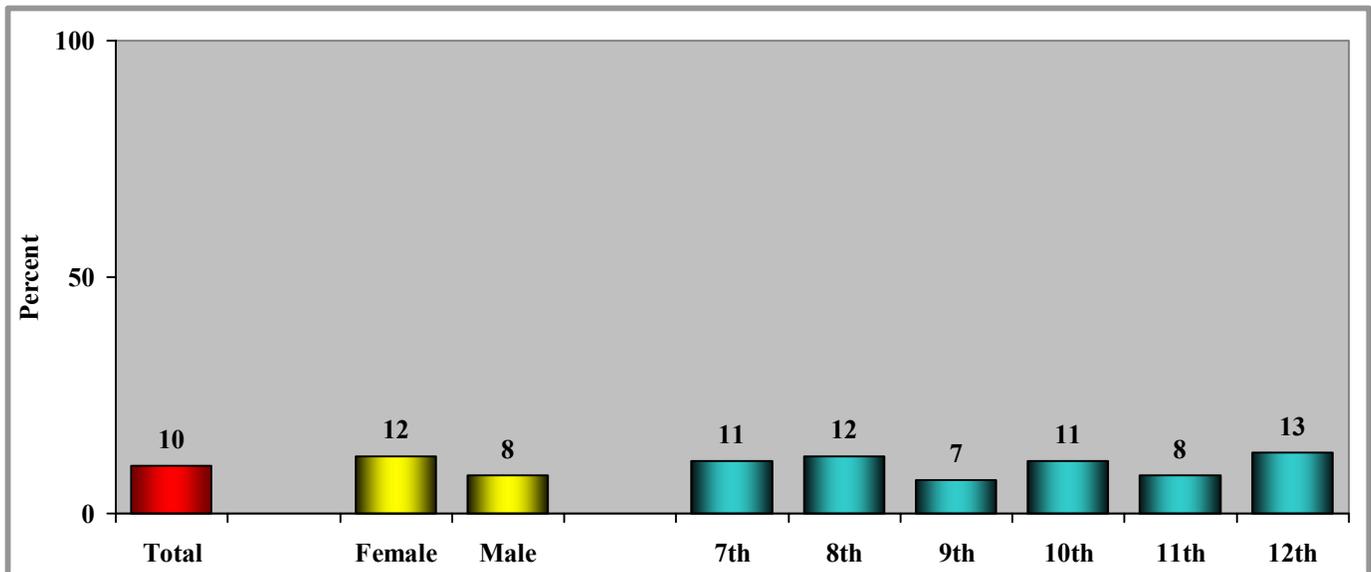
Results

- The prevalence of having ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high during his/her lifetime was higher among female students (12%) than among male students (8%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high was highest among 12th grade (13%), and lowest among 9th grade (7%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Lifetime inhalant use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime inhalant use	10	12	8	11	12	7	11	8	13

Figure 4: The percentage of students in the 7th-12th grades who sniffed glue, breathed the contents or aerosol spray cans, or inhaled any paints or sprays to get high during his/her lifetime.



Lifetime methamphetamines use:

The percentage of students in the 7th-12th grades who used methamphetamines, one or more times, during his/her lifetime.

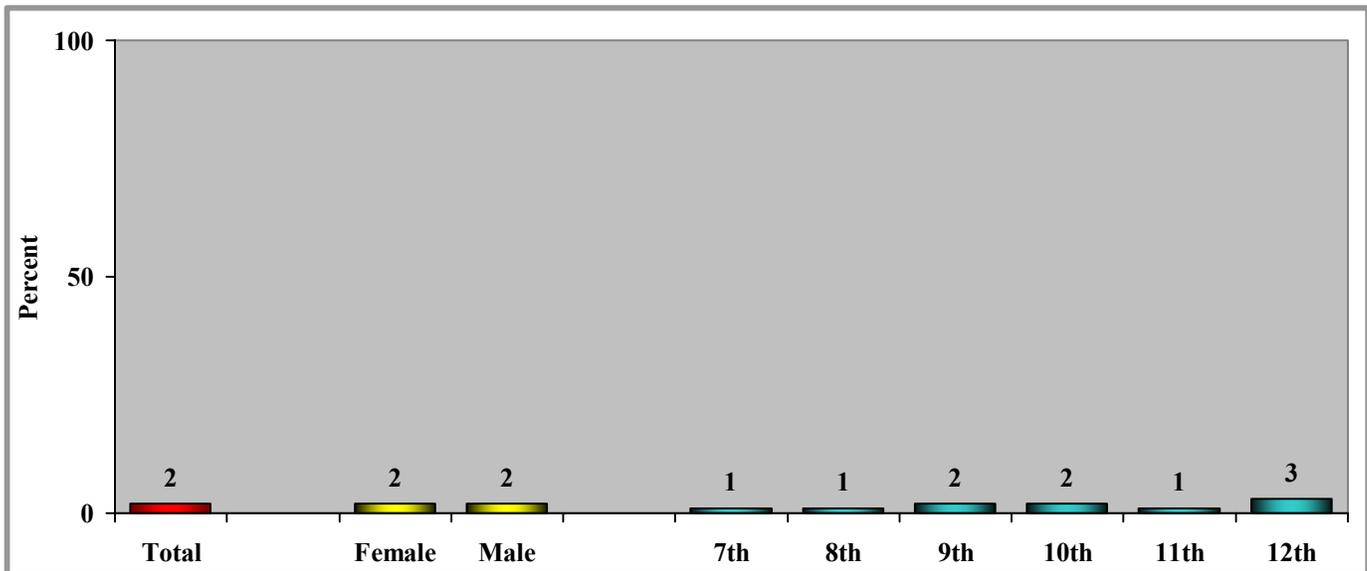
Results

- The prevalence of having ever used methamphetamines, one or more times, was equal among female students (2%) and male students (2%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having ever used methamphetamines, one or more times, was highest among 12th grade (3%), and lower among 7th grade (1%), 8th grade (1%), and 11th grade (1%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Lifetime methamphetamines use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime methamphetamines use	2	2	2	1	1	2	2	1	3

Figure 5: The percentage of students in the 7th - 12th grades who used methamphetamines one or more times during his/her lifetime.



Lifetime ecstasy use:

The percentage of students in the 7th -12th grades who used ecstasy, one or more times, during his/her lifetime.

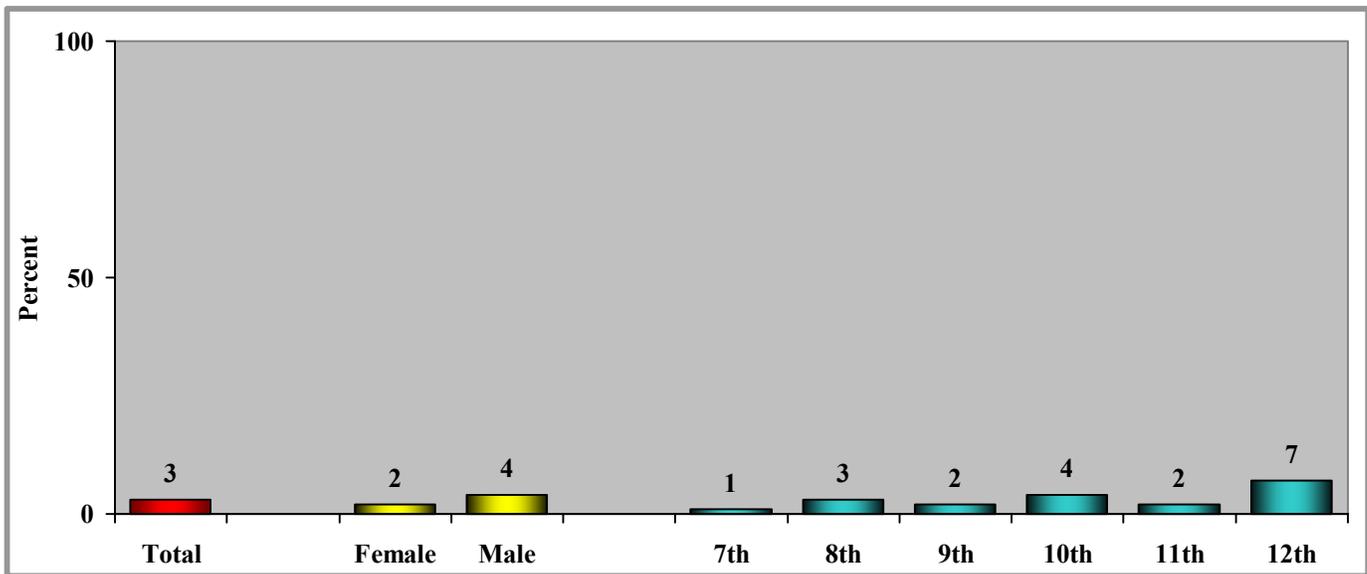
Results

- The prevalence of having ever used ecstasy, one or more times, was lower among female students (2%) than among male students (4%) in St. Francis County (Table 6 and Figure 6).
- The prevalence of having ever used ecstasy, one or more times, was highest among 12th grade (7%), and lowest among 7th grade (1%) students in St. Francis County (Table 6 and Figure 6).

Table 6: Lifetime ecstasy use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime ecstasy use	3	2	4	1	3	2	4	2	7

Figure 6: The percentage of students in the 7th -12th grades who used ecstasy one or more times during his/her lifetime.



Illegal Drug Use (continued)

Lifetime heroin use:

The percentage of students in the 7th-12th grades who used heroin, one or more times, during his/her lifetime.

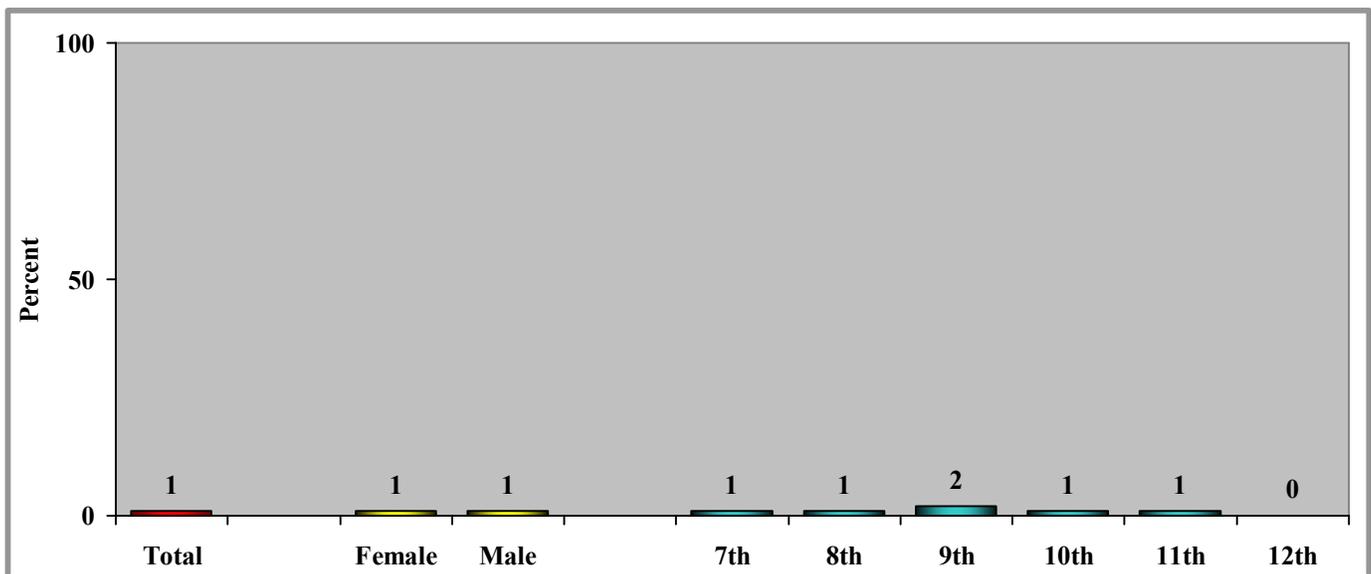
Results

- The prevalence of having ever used heroin, one or more times, was equal among female students (1%) and male students (1%) in St. Francis County (Table 7 and Figure 7).
- The prevalence of having ever used heroin, one or more times, was highest among 9th grade (2%), and lowest among 12th grade (0%) students in St. Francis County (Table 7 and Figure 7).

Table 7: Other illegal drug use (7th-12th graders)

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime heroin use	1	1	1	1	1	2	1	1	0

Figure 7: The percentage of students in the 7th -12th grades who used heroin one or more times during his/her lifetime.



Illegal Drug Use (continued)

Lifetime illegal steroid use:

The percentage of students in the 7th -12th grades who took steroid pills or shots without a doctor’s prescription, one or more times, during his/her lifetime.

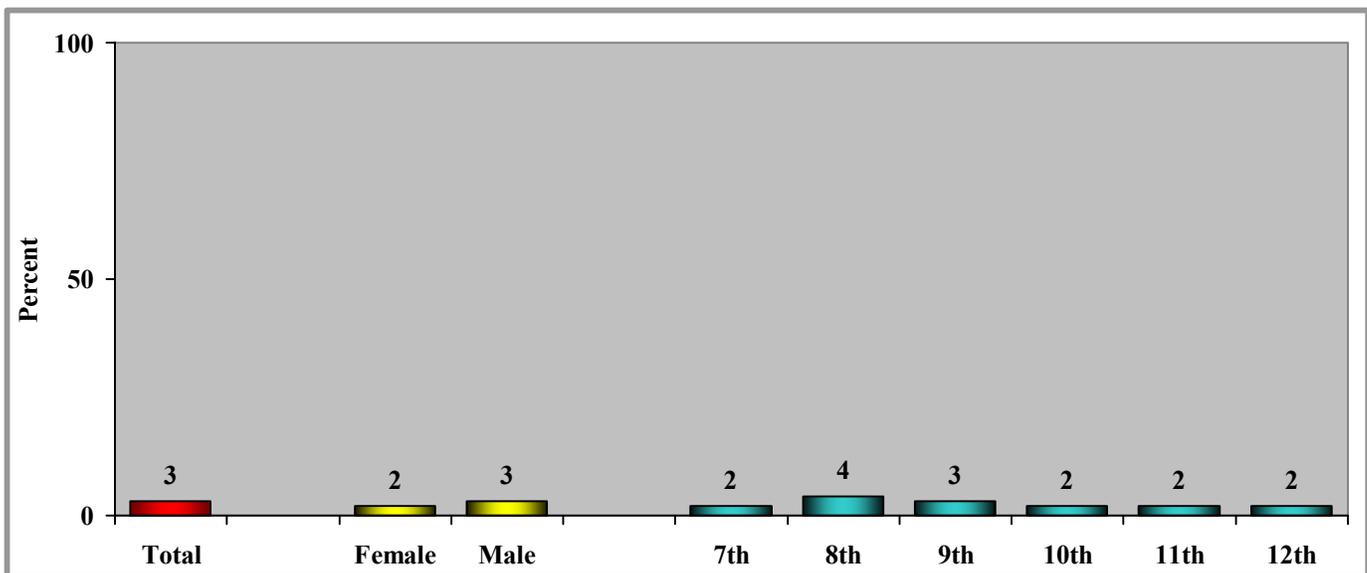
Results

- The prevalence of having ever used steroid pills or shots without a doctor’s prescription was lower among female students (2%) than among male students (3%) in St. Francis County (Table 8 and Figure 8).
- The prevalence of having ever used steroid pills or shots without a doctor’s prescription was highest among 8th grade (4%), and lowest among 7th grade (2%), 10th grade (2%), 11th grade (2%), and 12th grade (2%) students in St. Francis County (Table 8 and Figure 8).

Table 8: Lifetime illegal steroid use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Lifetime illegal steroid use	3	2	3	2	4	3	2	2	2

Figure 8: The percentage of students in the 7th - 12th grades who took steroid pills or shots without a doctor’s prescription, one or more times, during his/her life.



Sexual Behaviors

Ever had sexual intercourse:

The percentage of students in the 7th -12th grades who have ever had sexual intercourse.

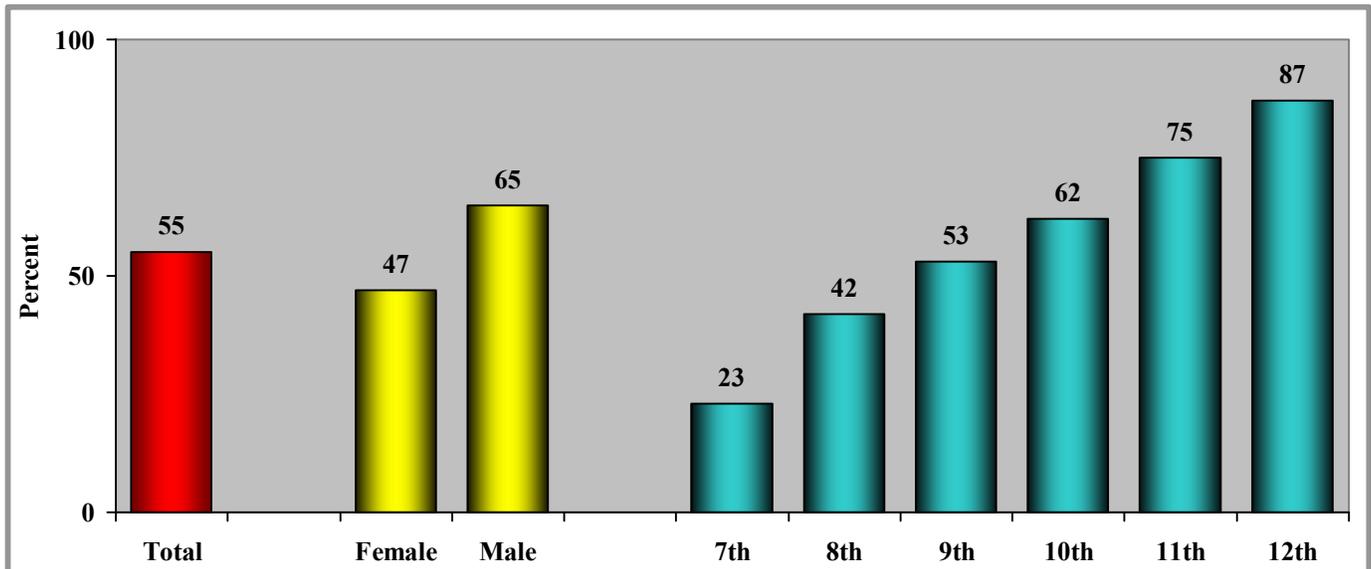
Results

- The prevalence of having ever had sexual intercourse was lower among female students (47%) than among male students (65%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having ever had sexual intercourse was highest among 12th grade (87%), and lowest among 7th grade (23%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Ever had sexual intercourse

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ever had sexual intercourse	55	47	65	23	42	53	62	75	87

Figure 1: The percentage of students in the 7th -12th grades who have ever had sexual intercourse.



Sexual Behaviors (continued)

Early initiation of sexual intercourse:

The percentage of students in the 7th-12th grades who had sexual intercourse for the first time before age thirteen years.

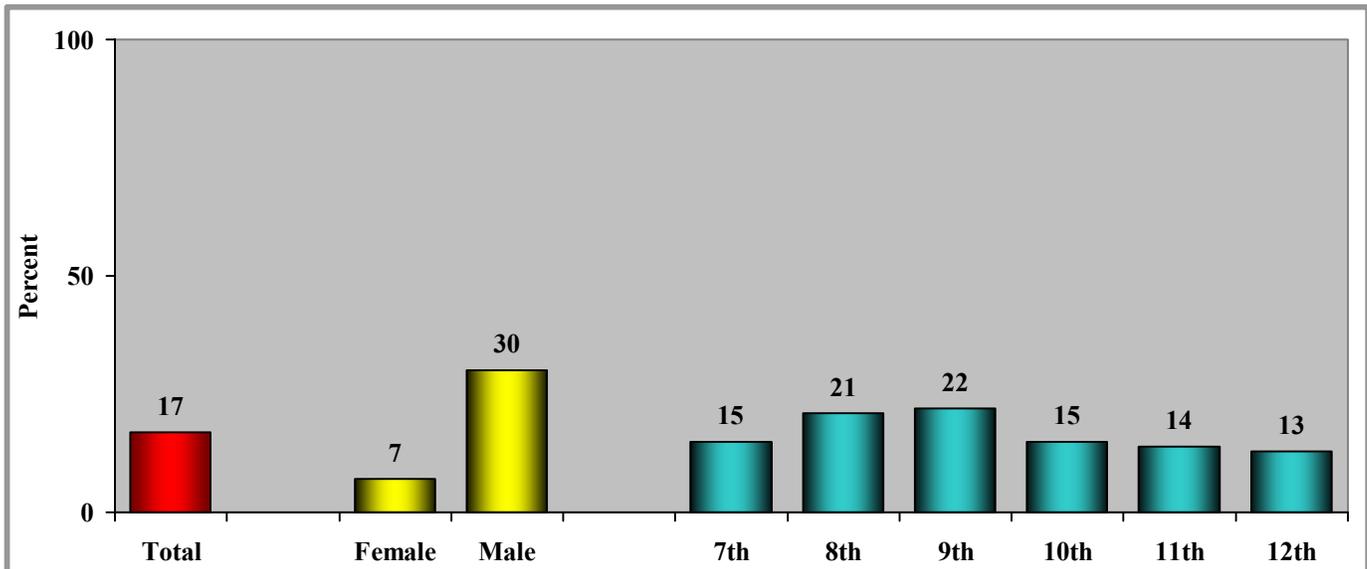
Results

- The prevalence of having had sexual intercourse before age thirteen years was lower among female students (7%) than among male students (30%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having had sexual intercourse before age thirteen years was highest among 9th grade (22%), and lowest among 12th grade (13%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Early initiation age of sexual intercourse

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Early initiation age of sexual intercourse	17	7	30	15	21	22	15	14	13

Figure 2: The percentage of students in the 7th - 12th grades who had sexual intercourse for the first time before age thirteen years.



Sexual Behaviors (continued)

Four or more sexual partners:

The percentage of students in the 7th -12th grades who have had sexual intercourse with four or more partners during his/her lifetime.

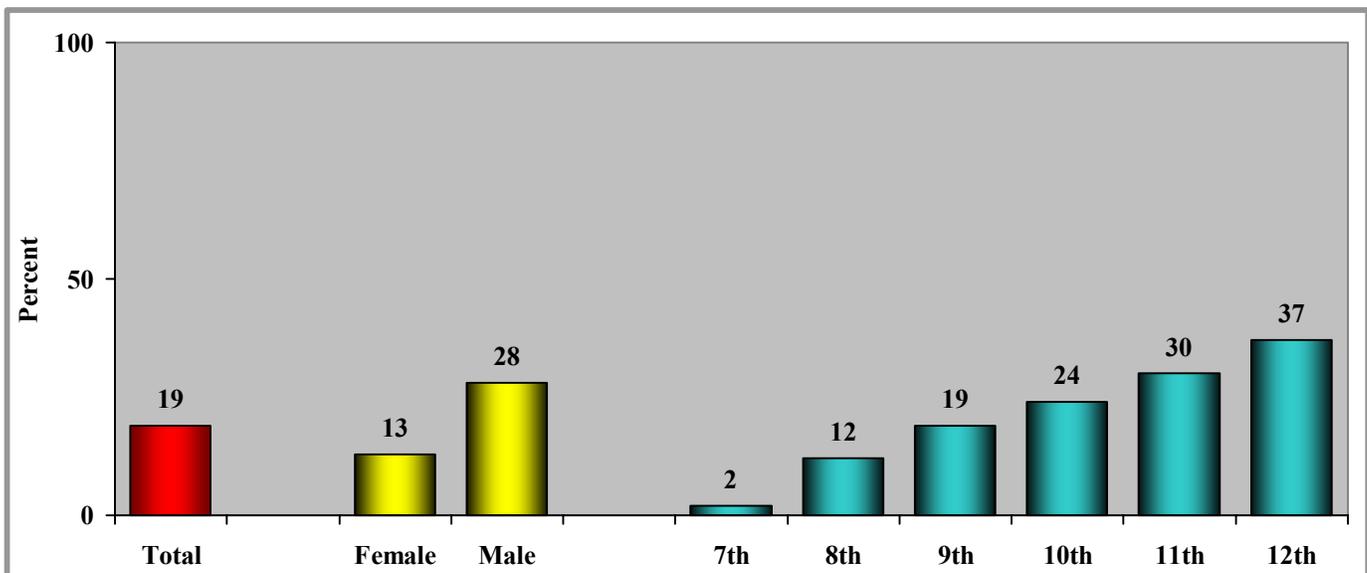
Results

- The prevalence of having had four or more sexual partners was lower among female students (13%) than among male students (28%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having had four or more sexual partners was highest among 12th grade (37%), and lowest among 7th grade (2%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Four or more sexual partners

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Four or more sexual partners	19	13	28	2	12	19	24	30	37

Figure 3: The percentage of students in the 7th -12th grades who have had sexual intercourse with four or more partners during his/her lifetime.



Sexual Behaviors (continued)

Currently sexually active:

The percentage of students in the 7th-12th grades who had sexual intercourse during the three months preceding the survey.

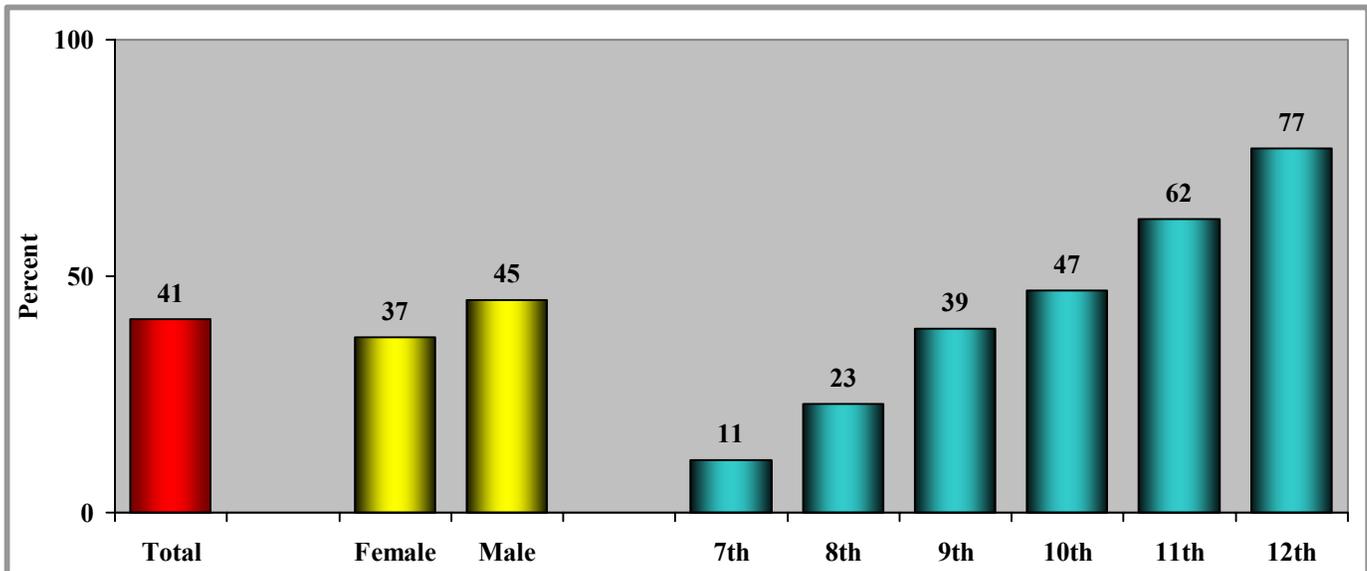
Results

- The prevalence of having had sexual intercourse during the three months preceding the survey was lower among female students (37%) than among male students (45%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having had sexual intercourse during the three months preceding the survey was highest among 12th grade (77%), and lowest among 7th grade (11%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Currently sexually active

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Currently sexually active	41	37	45	11	23	39	47	62	77

Figure 4: The percentage of students in the 7th-12th grades who had sexual intercourse during the three months preceding the survey.



Sexual Behaviors (continued)

Drug use before last sexual intercourse:

Of the students in the 7th-12th grades who had sexual intercourse, the percentage that drank alcohol or used drugs before is/her last sexual intercourse.

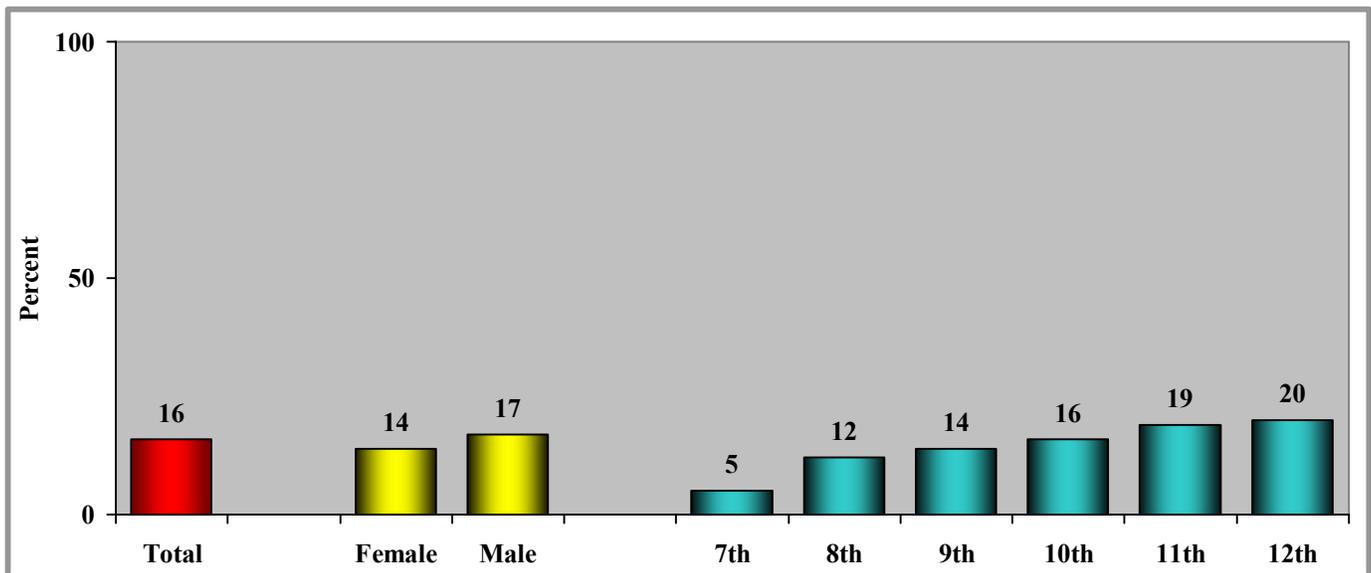
Results

- The prevalence of having drank alcohol or used drugs before students’ last sexual intercourse was **fourteen percent (14%)** among female students and **seventeen percent (17%)** among male students in St. Francis County (Table 5 and Figure 5).
- The prevalence of having drank alcohol or used drugs before students’ last sexual intercourse was **five percent (5%)** among 7th grade, **twelve percent (12%)** among 8th grade, **fourteen percent (14%)** among 9th grade, **sixteen percent (16%)** among 10th grade, **nineteen percent (19%)** among 11th grade, and **twenty percent (20%)** among 12th grade students in St. Francis County (Table 5 and Figure 5).

Table 5: Drug use before last sexual intercourse

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Drug use before last sexual intercourse	16	14	17	5	12	14	16	19	20

Figure 5: Of the students in the 7th - 12th grades who had sexual intercourse, the percentage that drank alcohol or used drugs before his/her last sexual intercourse.



Sexual Behaviors (continued)

Condom use:

Of the students in the 7th -12th grades who had sexual intercourse, the percentage that used a condom during his/her last sexual intercourse.

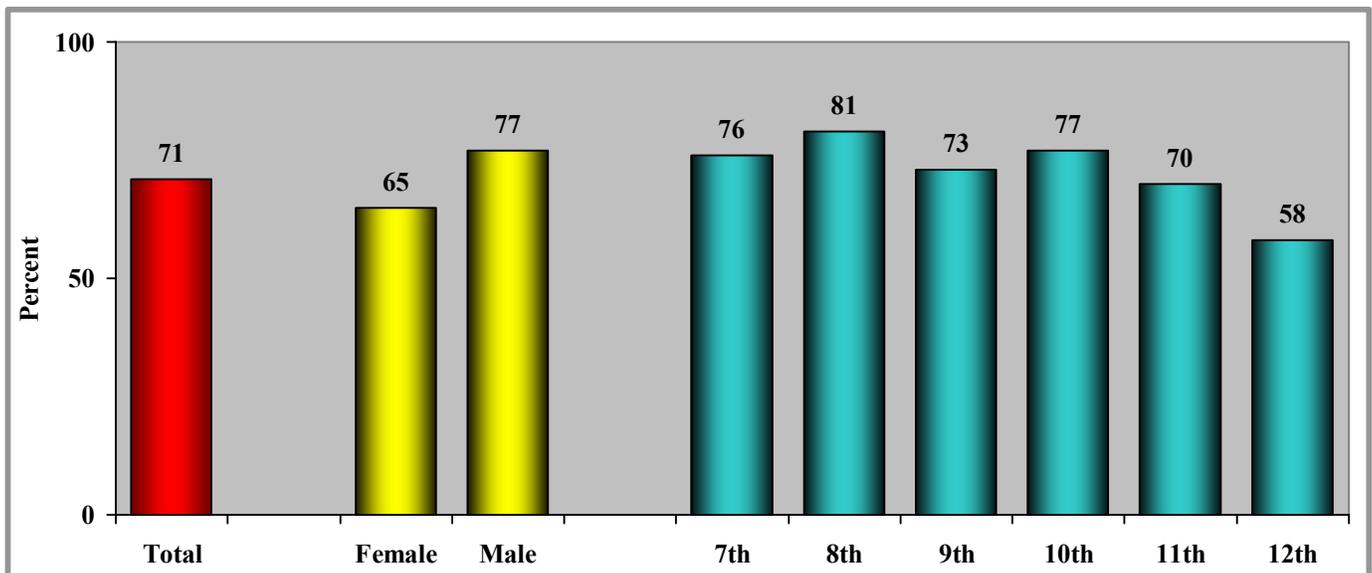
Results

- The prevalence of having used a condom during students’ last sexual intercourse was **sixty-five percent (65%)** among female students and **seventy-seven percent (77%)** among male students in St. Francis County (Table 6 and Figure 6).
- The prevalence of having used a condom during students’ last sexual intercourse was **seventy-six percent (76%)** among 7th grade, **eighty-one percent (81%)** among 8th grade, **seventy-three percent (73%)** among 9th grade, **seventy-seven percent (77%)** among 10th grade **seventy percent (70%)** among 11th grade, and **fifty-eight percent (58%)** among 12th grade students in St. Francis County (Table 6 and Figure 6).
- (Table 6 and Figure 6).

Table 6: Condom use

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Condom use	71	65	77	76	81	73	77	70	58

Figure 6: Of the students in the 7th - 12th grades who had sexual intercourse, the percentage that used a condom during the his/her last sexual intercourse.



Health Education – HIV/AIDS

Health education:

The percentage of students in the 7th-12th grades who were taught about HIV or AIDS infection in school.

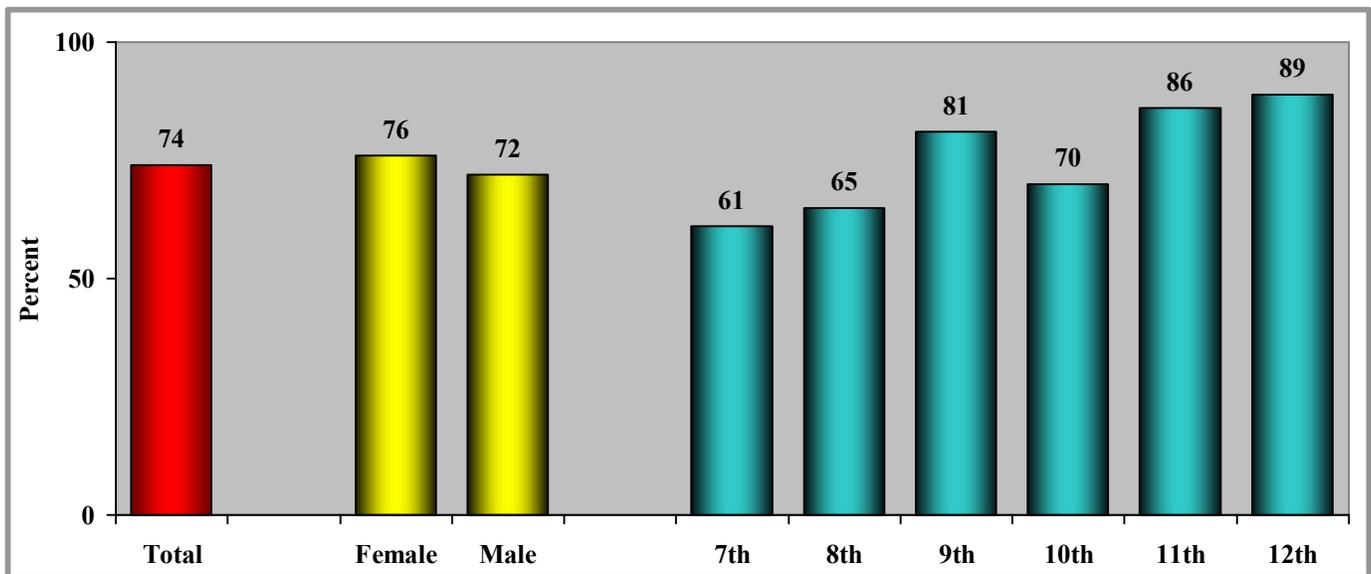
Results

- The prevalence of having received information on HIV/AIDS at school was higher among female students (76%) than among male students (72%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having received information on HIV/AIDS at school was highest among 12th grade (89%), and lowest among 7th grade (61%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Health Education (7th-12th graders)

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Health education	74	76	72	61	65	81	70	86	89

Figure 1: The percentage of students in the 7th – 12th grades who were taught about HIV or AIDS infection in school.



Overweight and Weight Control

Overweight:

The percentage of students in the 7th-12th grades who were overweight, as calculated by Body Mass Index.

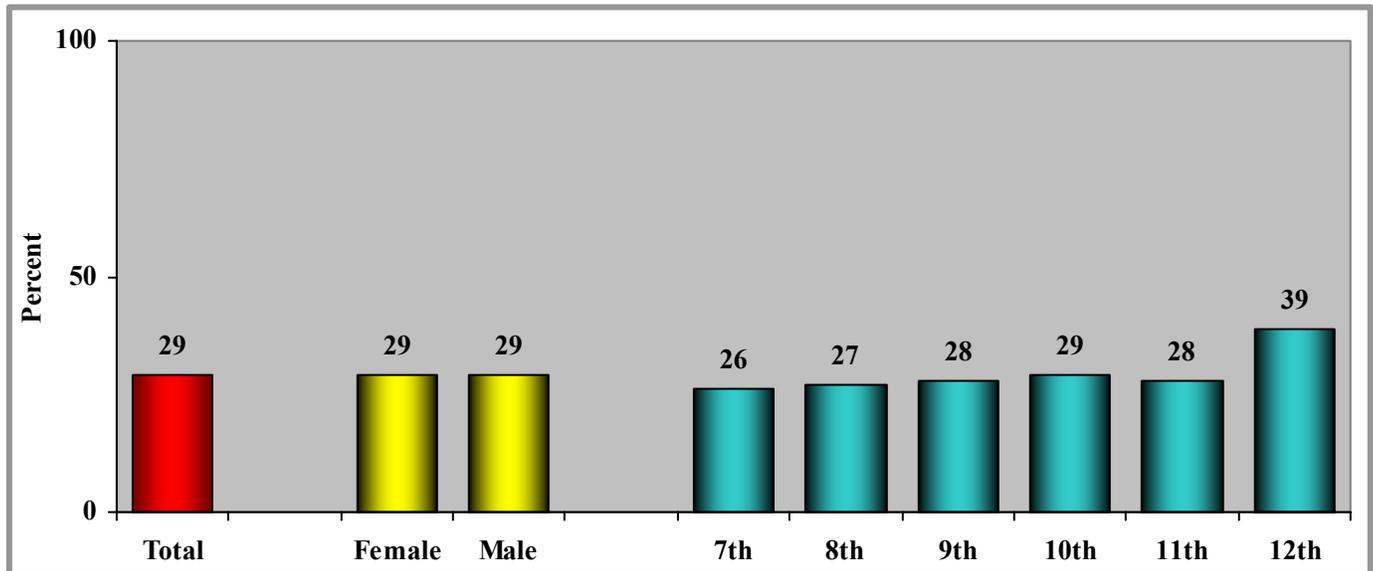
Results

- The prevalence of being overweight was equal among female students (29%) and male students (29%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of being overweight was highest among 12th grade (39%), and lowest among 7th grade (26%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Overweight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Overweight	29	29	29	26	27	28	29	28	39

Figure 1: The percentage of students in the 7th-12th grades who were overweight, as calculated by Body Mass Index.



Overweight and Weight Control (continued)

Described themselves as overweight:

The percentage of students in the 7th-12th grades who described themselves as slightly or very overweight.

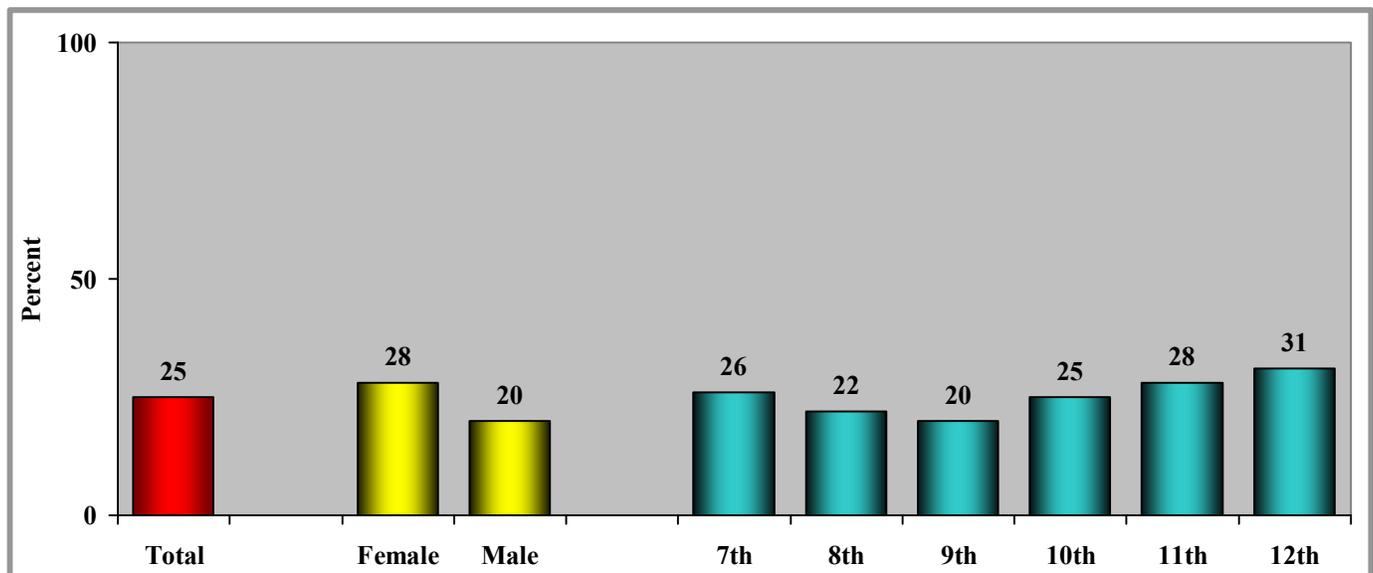
Results

- The prevalence of describing themselves as overweight was higher among female students (28%) than among male students (20%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of describing themselves as overweight was highest among 12th grade (31%), and lowest among 9th grade (20%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Described themselves as overweight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Described themselves as overweight	25	28	20	26	22	20	25	28	31

Figure 2: The percentage of students in the 7th - 12th grades who described themselves as slightly or very overweight.



Overweight and Weight Control (continued)

Were trying to lose weight:

The percentage of students in the 7th-12th grades who were trying to lose weight.

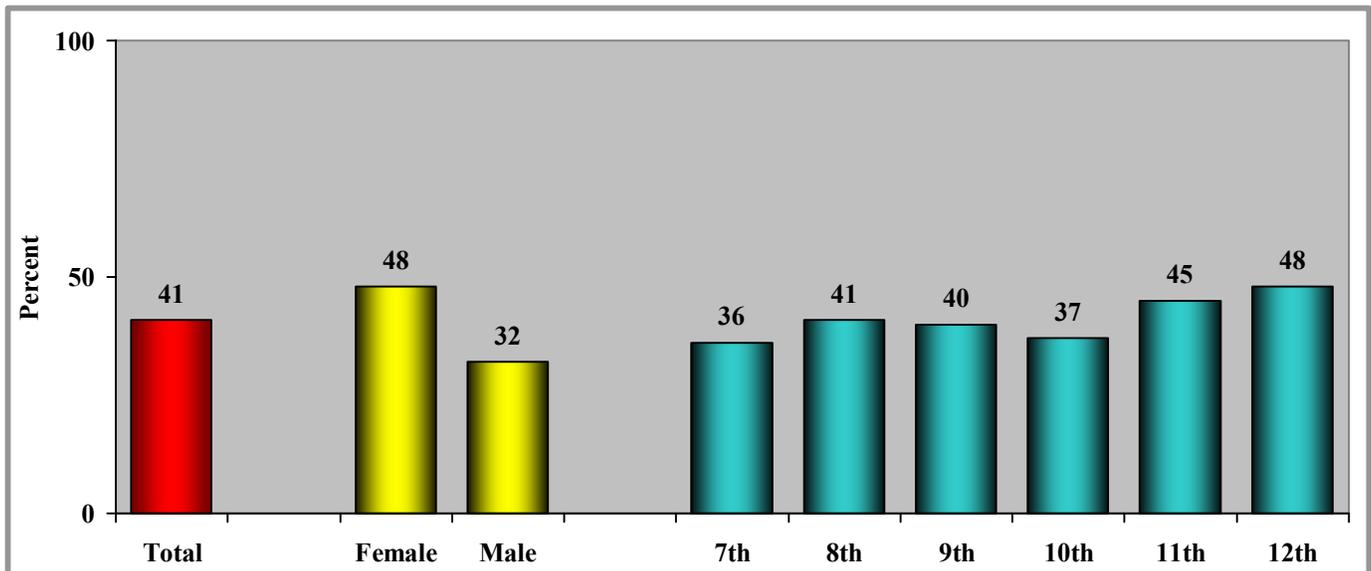
Results

- The prevalence of trying to lose weight was higher among female students (48%) than among male students (32%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of trying to lose weight was highest among 12th grade (48%), and lowest among 7th grade (36%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Were trying to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Were trying to lose weight	41	48	32	36	41	40	37	45	48

Figure 3: The percentage of students in the 7th-12th grades who were trying to lose weight.



Overweight and Weight Control (continued)

Ate less food to lose weight:

The percentage of students in the 7th-12th grades who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the thirty days preceding the survey.

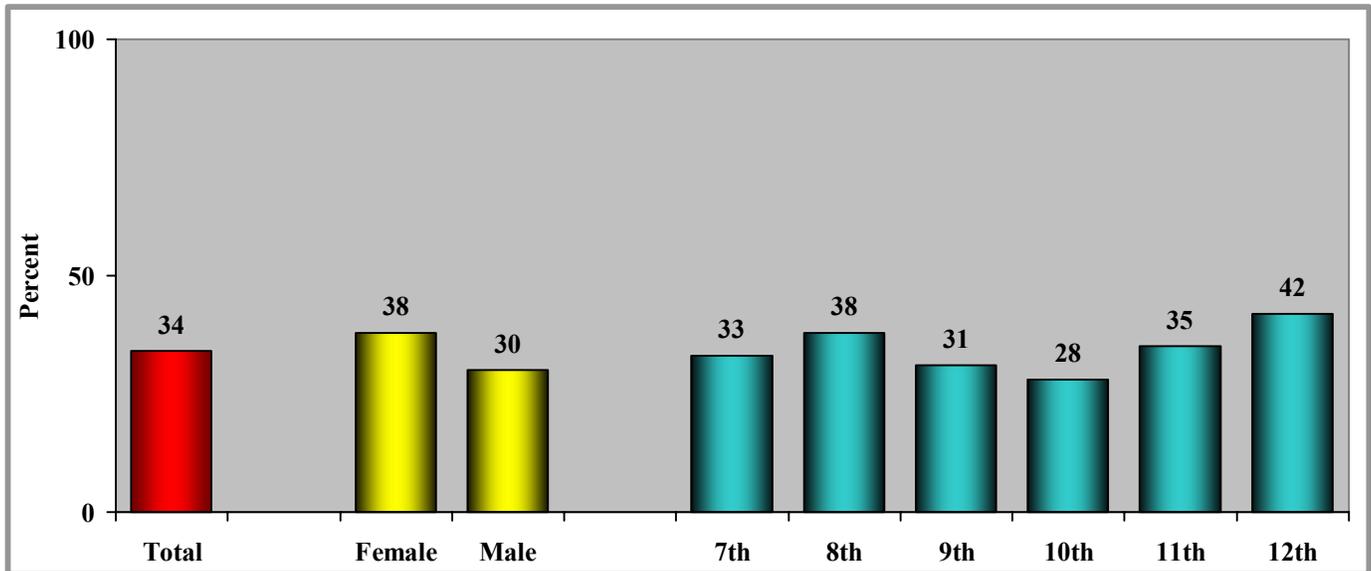
Results

- The prevalence of having eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the thirty days preceding the survey was higher among female students (38%) than among male students (30%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the thirty days preceding the survey was highest among 12th grade (42%), and lowest among 10th grade (28%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Ate less food to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate less food to lose weight	34	38	30	33	38	31	28	35	42

Figure 4: The percentage of students in the 7th - 12th grades who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the thirty days preceding the survey.



Overweight and Weight Control (continued)

Exercised to lose weight:

The percentage of students in the 7th-12th grades who exercised to lose weight or to keep from gaining weight during the thirty days preceding the survey.

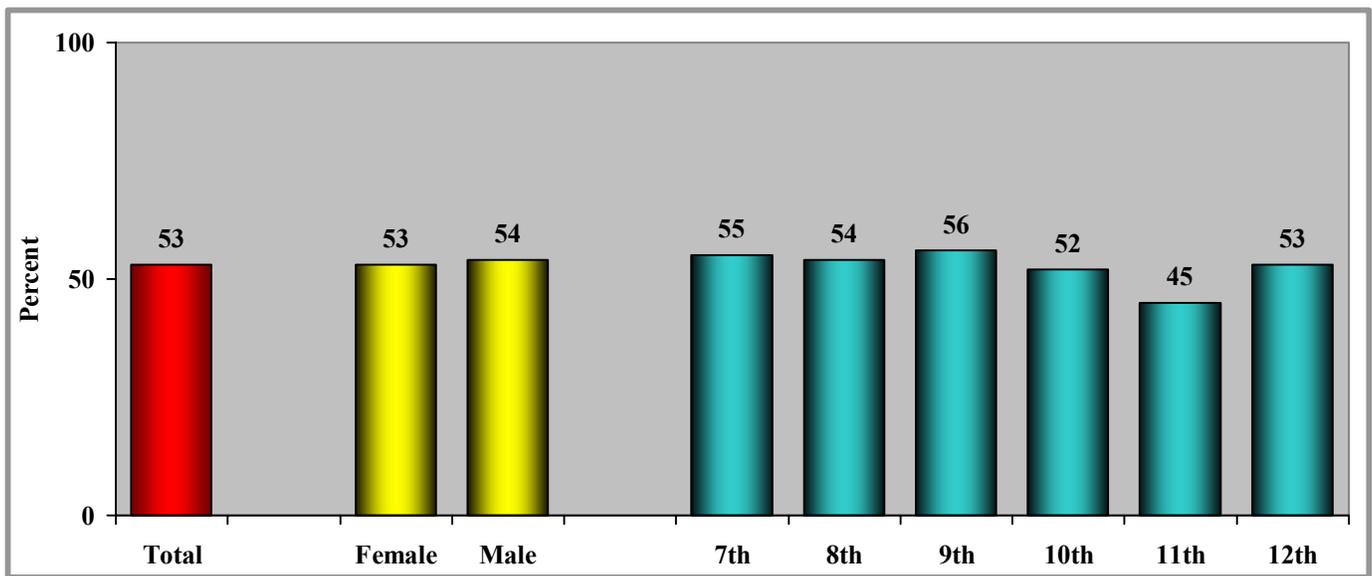
Results

- The prevalence of having exercised to lose weight or to keep from gaining weight during the thirty days preceding the survey was lower among female students (53%) than among male students (54%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having exercised to lose weight or to keep from gaining weight during the thirty days preceding the survey was highest among 9th grade (56%), and lowest among 11th grade (45%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Exercised to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Exercised to lose weight	53	53	54	55	54	56	52	45	53

Figure 5: The percentage of students in the 7th-12th grades who exercised to lose weight or to keep from gaining weight during the thirty days preceding the survey.



Overweight and Weight Control (continued)

Vomited or took laxatives to lose weight:

The percentage of students in the 7th-12th grades who vomited or took laxatives to lose weight or to keep from gaining weight during the thirty days preceding the survey.

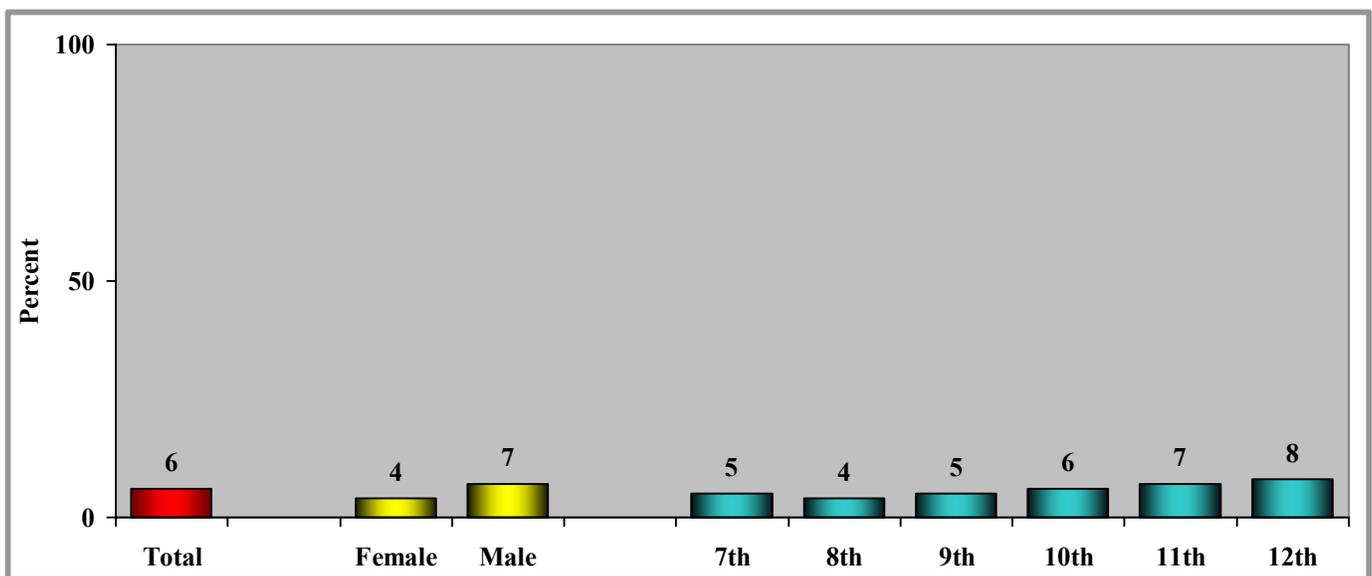
Results

- The prevalence of having vomited or taken laxatives to lose weight or to keep from gaining weight during the thirty days preceding the survey was lower among female students (4%) than among male students (7%) in St. Francis County (Table 6 and Figure 6).
- The prevalence of having vomited or taken laxatives to lose weight or to keep from gaining weight during the thirty days preceding the survey was highest among 12th grade (8%), and lowest among 8th grade (4%) students in St. Francis County (Table 6 and Figure 6).

Table 6: Vomited or took laxatives to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Vomited or took laxatives to lose weight	6	4	7	5	4	5	6	7	8

Figure 6: The percentage of students in the 7th-12th grades who vomited or took laxatives to lose weight or keep from gaining weight during the thirty days preceding the survey.



Overweight and Weight Control (continued)

Took diet pills to lose weight:

The percentage of students in the 7th-12th grades who took diet pills to lose weight or to keep from gaining weight during the thirty days preceding the survey.

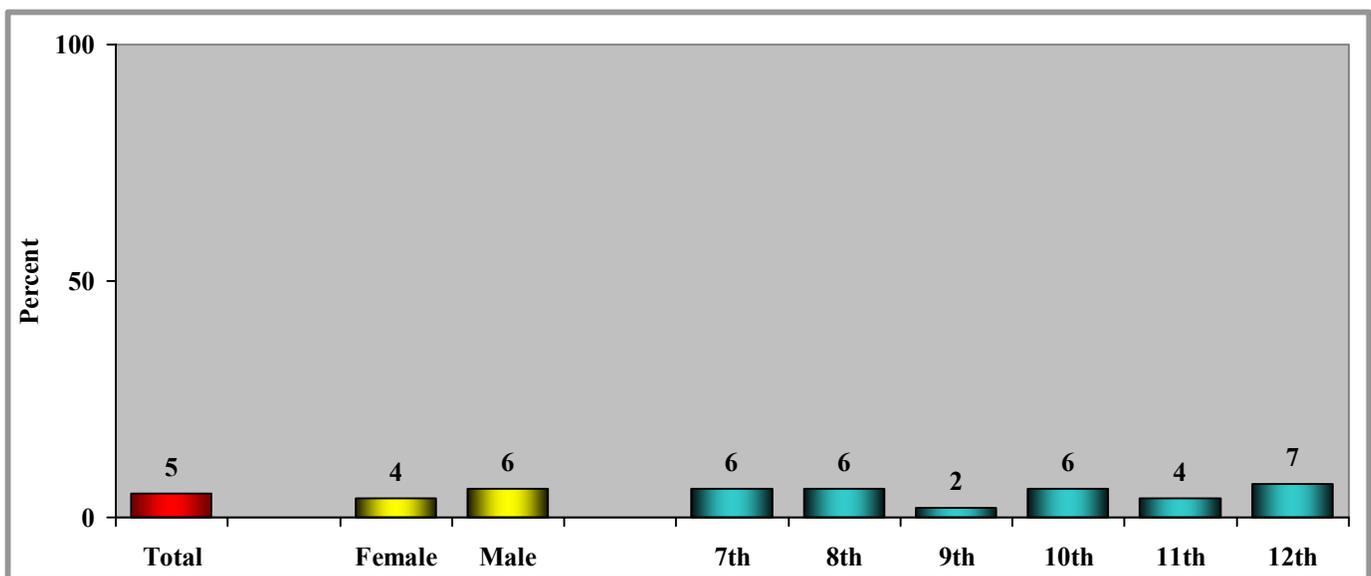
Results

- The prevalence of having taken diet pills to lose weight or to keep from gaining weight during the thirty days preceding the survey was lower among female students (4%) than among male students (6%) in St. Francis County (Table 7 and Figure 7).
- The prevalence of having taken diet pills to lose weight or to keep from gaining weight during the thirty days preceding the survey was highest among 12th grade (7%), and lowest among 9th grade (2%) students in St. Francis County (Table 7 and Figure 7).

Table 7: Took diet pills to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Took diet pills to lose weight	5	4	6	6	6	2	6	4	7

Figure 7: The percentage of the students in the 7th - 12th grades who took diet pills to lose weight or to keep from gaining weight during the thirty days preceding the survey.



Overweight and Weight Control (continued)

Went without eating to lose weight:

The percentage of students in the 7th-12th grades who went on a fast, or without eating, for twenty-four hours or more, to lose weight or to keep from gaining weight during the thirty days preceding the survey.

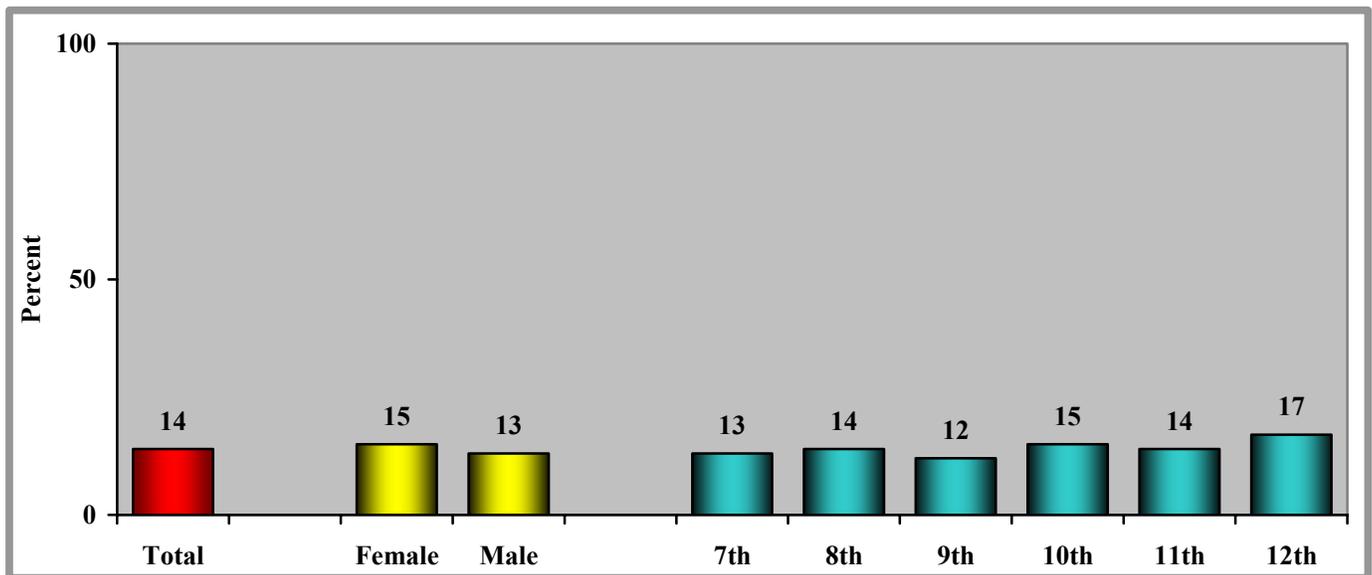
Results

- The prevalence of having gone on a fast, or without eating, for twenty-four hours or more to lose weight or to keep from gaining weight was higher among female students (15%) than among male students (13%) in St. Francis County (Table 8 and Figure 8).
- The prevalence of having gone on a fast, or without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the thirty days preceding the survey was highest among 12th grade (17%), and lowest among 9th grade (12%) students in St. Francis County (Table 8 and Figure 8).

Table 8: Went without eating to lose weight

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Went without eating to lose weight	14	15	13	13	14	12	15	14	17

Figure 8: The percentage of students in the 7th - 12th grades who went on a fast, or without eating, for twenty-four hours or more to lose weight or to keep from gaining weight during the thirty days preceding the survey.



Dietary Behaviors

Ate fruit:

The percentage of students in the 7th-12th grades who ate fruit four or more times during the seven days preceding the survey.

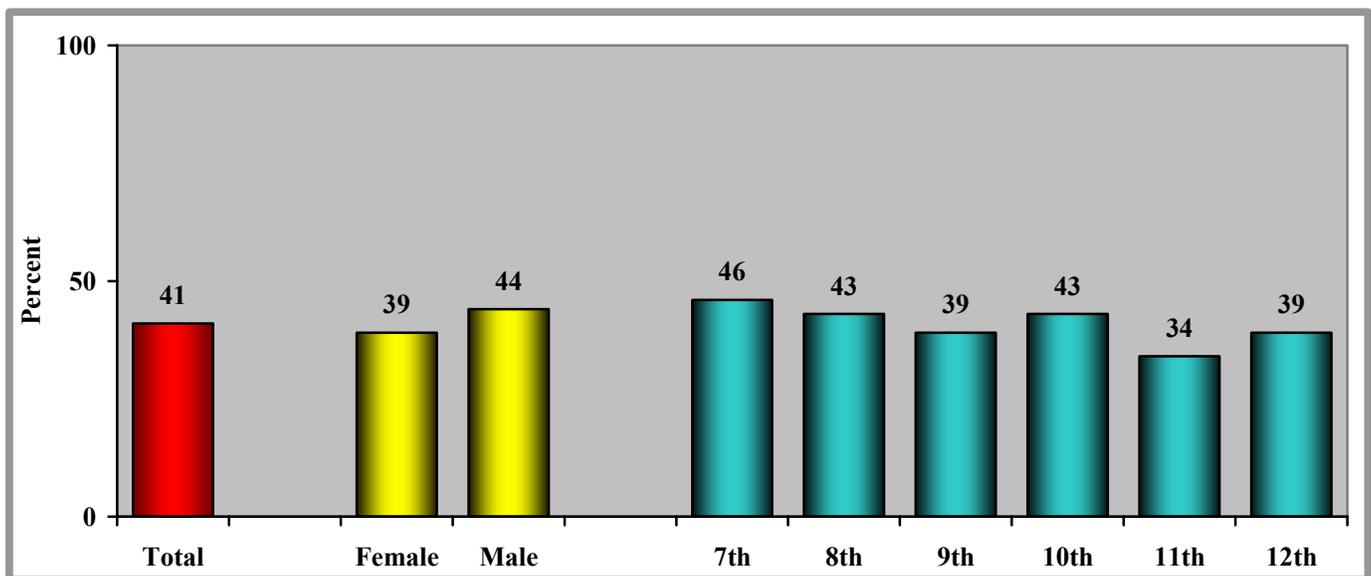
Results

- The prevalence of having eaten fruit four or more times during the seven days preceding the survey was lower among female students (39%) than among male students (44%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having eaten fruit four or more times during the seven days preceding the survey was highest among 7th grade (46%), and lowest among 11th grade (34%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Ate fruit

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate fruit	41	39	44	46	43	39	43	34	39

Figure 1: The percentage of students in the 7th-12th grades who ate fruit four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Drank fruit juices:

The percentage of students in the 7th-12th grades who drank fruit juices four or more times during the seven days preceding the survey.

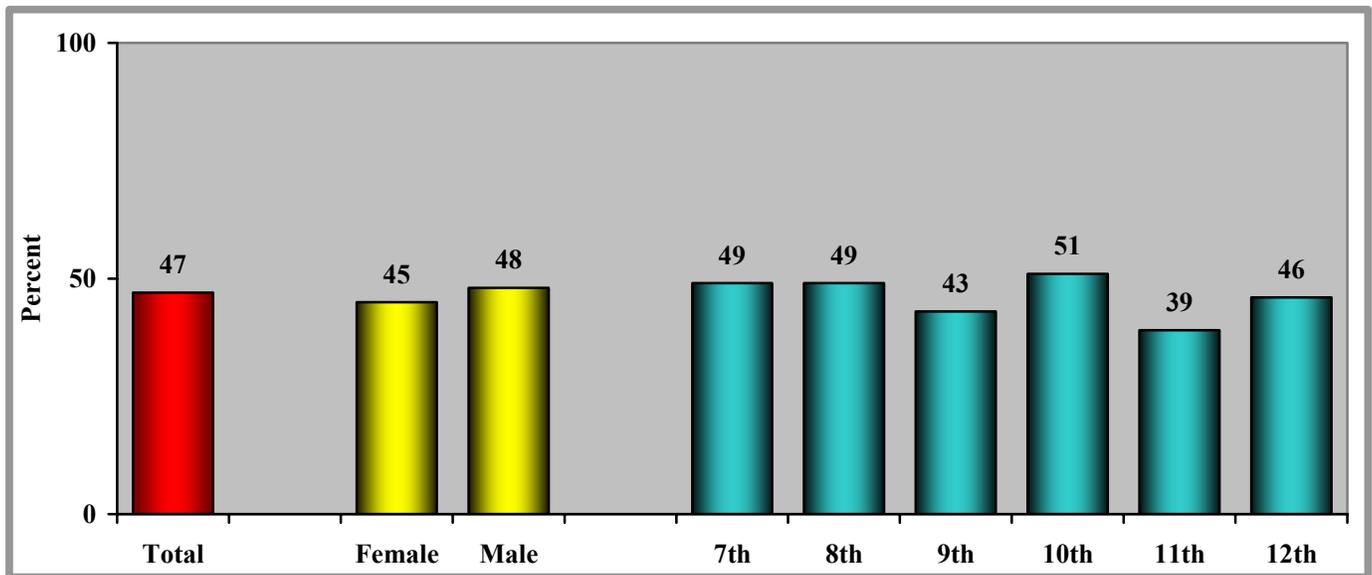
Results

- The prevalence of having drank fruit juices four or more times during the seven days preceding the survey was lower among female students (45%) than among male students (48%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having drank fruit juices four or more times during the seven days preceding the survey was highest among 10th grade (51%), and lowest among 11th grade (39%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Drank fruit juices

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Drank fruit juices	47	45	48	49	49	43	51	39	46

Figure 2: The percentage of students in the 7th - 12th grades who drank fruit juices four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Ate green salad:

The percentage of students in the 7th-12th grades who ate green salad four or more times during the seven days preceding the survey.

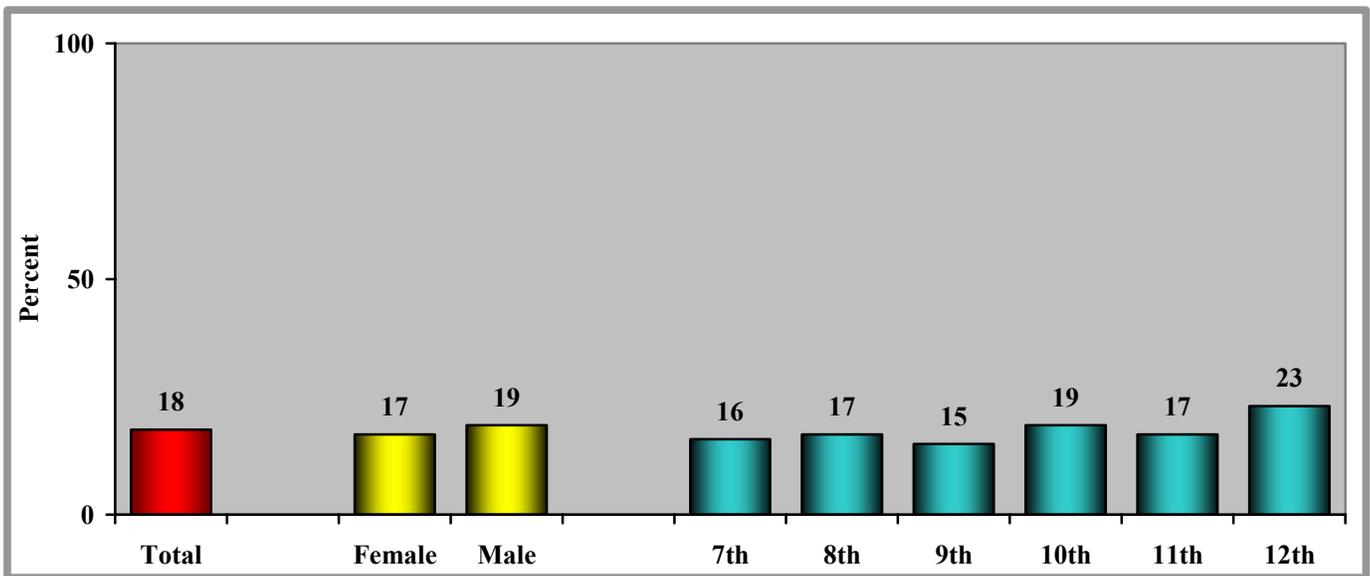
Results

- The prevalence of having eaten green salad four or more times during the seven days preceding the survey was lower among female students (17%) than among male students (19%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having eaten green salad four or more times during the seven days preceding the survey was highest among 12th grade (23%), and lowest among 9th grade (15%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Ate green salad

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate green salad	18	17	19	16	17	15	19	17	23

Figure 3: The percentage of students in the 7th-12th grades who ate green salad four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Ate potatoes:

The percentage of students in the 7th -12th grades who ate potatoes four or more times during the seven days preceding the survey.

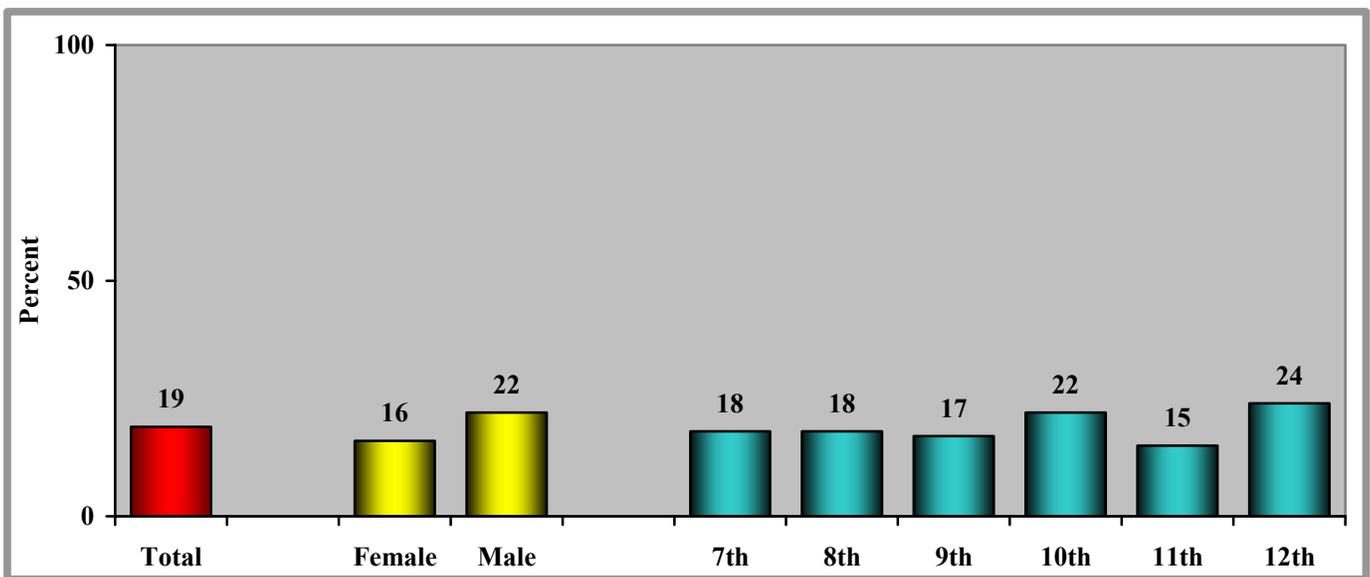
Results

- The prevalence of having eaten potatoes four or more times during the seven days preceding the survey was lower among female students (16%) than among male students (22%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having eaten potatoes four or more times during the seven days preceding the survey was highest among 12th grade (24%), and lowest among 11th grade (15%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Ate potatoes

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate potatoes	19	16	22	18	18	17	22	15	24

Figure 4: The percentage of students in the 7th - 12th grades who ate potatoes four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Ate carrots:

The percentage of students in the 7th-12th grades who ate carrots four or more times during the seven days preceding the survey.

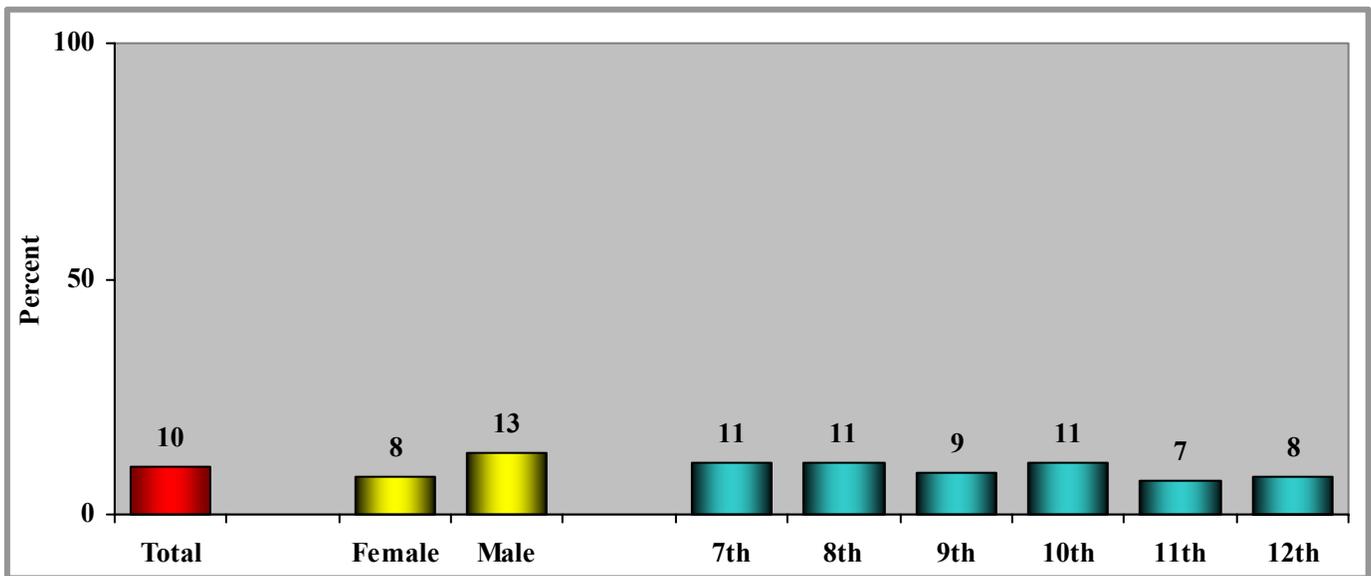
Results

- The prevalence of having ate carrots four or more times during the seven days preceding the survey was lower among female students (8%) than among male students (13%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having ate carrots four or more times during the seven days preceding the survey was highest among 7th grade (11%), 8th grade (11%), and 10th grade (11%), and lowest among 11th grade (7%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Ate carrots

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate carrots	10	8	13	11	11	9	11	7	8

Figure 5: The percentage of students in the 7th-12th grades who ate carrots four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Ate other vegetables:

The percentage of students in the 7th -12th grades who ate other vegetables four or more times during the seven days preceding the survey.

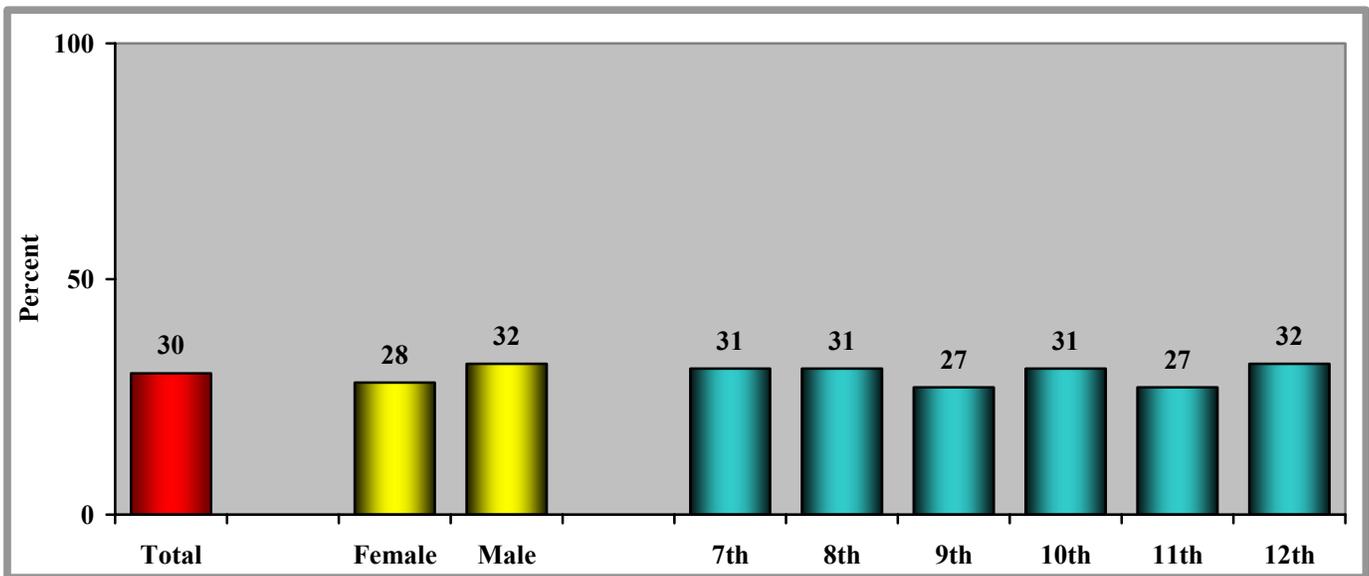
Results

- The prevalence of having eaten other vegetables four or more times during the seven days preceding the survey was lower among female students (28%) than among male students (32%) in St. Francis County (Table 6 and Figure 6).
- The prevalence of having eaten other vegetables four or more times during the seven days preceding the survey was highest among 12th grade (32%), and lowest among 9th grade (27%) and 11th grade (27%) students in St. Francis County (Table 6 and Figure 6).

Table 6: Ate other vegetables

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Ate other vegetables	30	28	32	31	31	27	31	27	32

Figure 6: The percentage of students in the 7th - 12th grades who ate other vegetables four or more times during the seven days preceding the survey.



Dietary Behaviors (continued)

Drank milk:

The percentage of students in the 7th-12th grades who drank milk four or more times during the seven days preceding the survey.

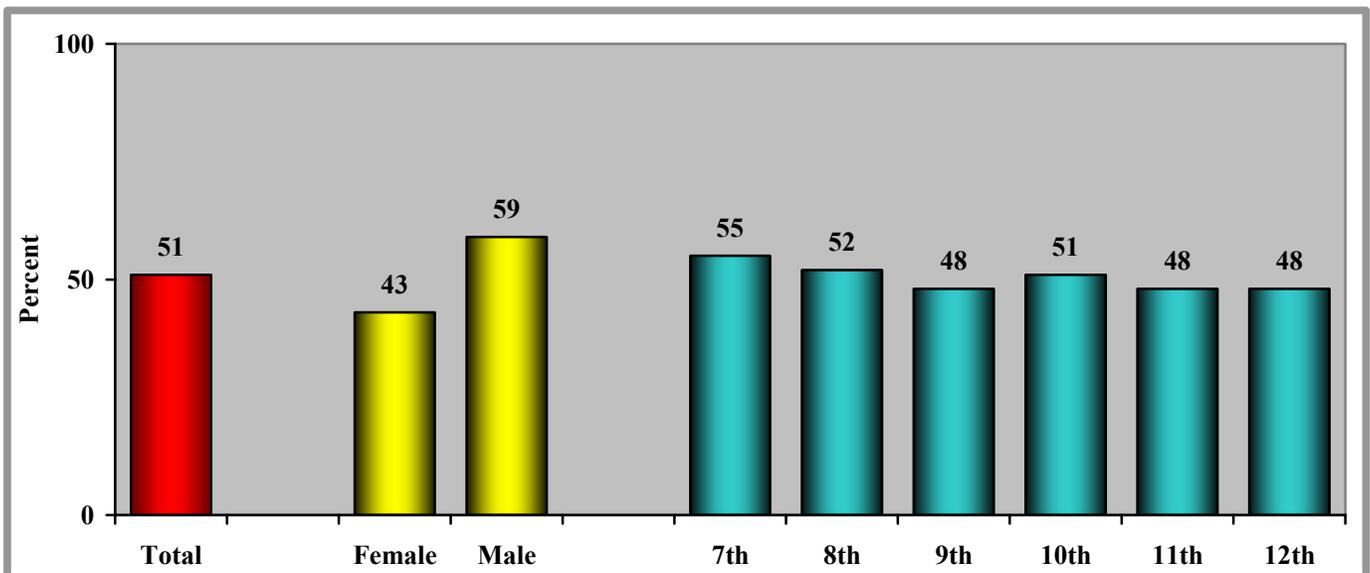
Results

- The prevalence of having drank milk four or more times during the seven days preceding the survey was lower among female students (43%) than among male students (59%) in St. Francis County (Table 7 and Figure 7).
- The prevalence of having drank milk four or more times during the seven days preceding the survey was highest among 7th grade (55%), and lowest among 9th grade (48%), 11th grade (48%), and 12th grade (48%) students in St. Francis County (Table 7 and Figure 7).

Table 7: Drank milk

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Drank milk	51	43	59	55	52	48	51	48	48

Figure 7: The percentage of students in the 7th-12th grades who drank milk four or more times during the seven days preceding the survey.



Physical Activity

Physical activity with sweat:

The percentage of students in the 7th-12th grades who participated in physical activity for at least thirty minutes that made them sweat or breathe hard on three or more of the seven days preceding the survey.

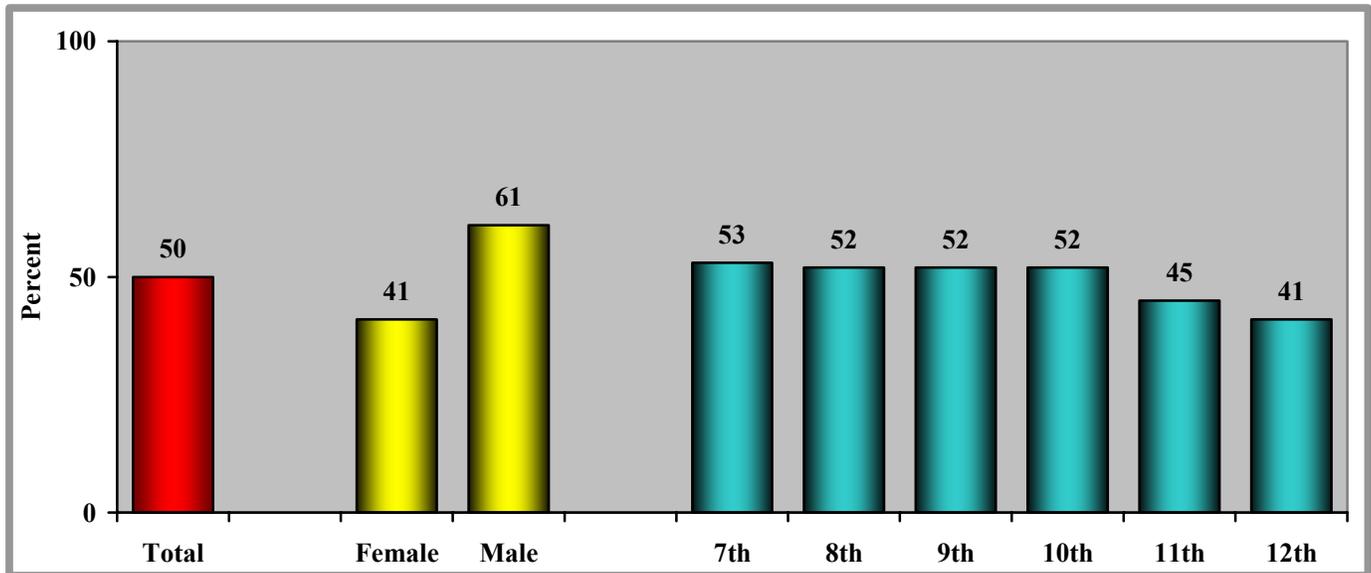
Results

- The prevalence of having participated in physical activity for at least thirty minutes that made students sweat or breathe hard on three or more of the seven days preceding the survey was lower among female students (41%) than among male students (61%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having participated in physical activity for at least thirty minutes that made students sweat or breathe hard on three or more of the seven days preceding the survey was highest among 7th grade (53%), and lowest among 12th grade (41%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Physical activity with

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Physical activity with sweat	50	41	61	53	52	52	52	45	41

Figure 1: The percentage of students in the 7th – 12th grades who participated in physical activity for least thirty minutes that made them sweat or breathe hard on three or more of the seven days preceding the survey.



Physical Activity (continued)

Physical activity without sweat:

The percentage of students in the 7th-12th grades who participated in physical activity for at least thirty minutes that did not make them sweat or breathe hard on three or more of the seven days preceding the survey.

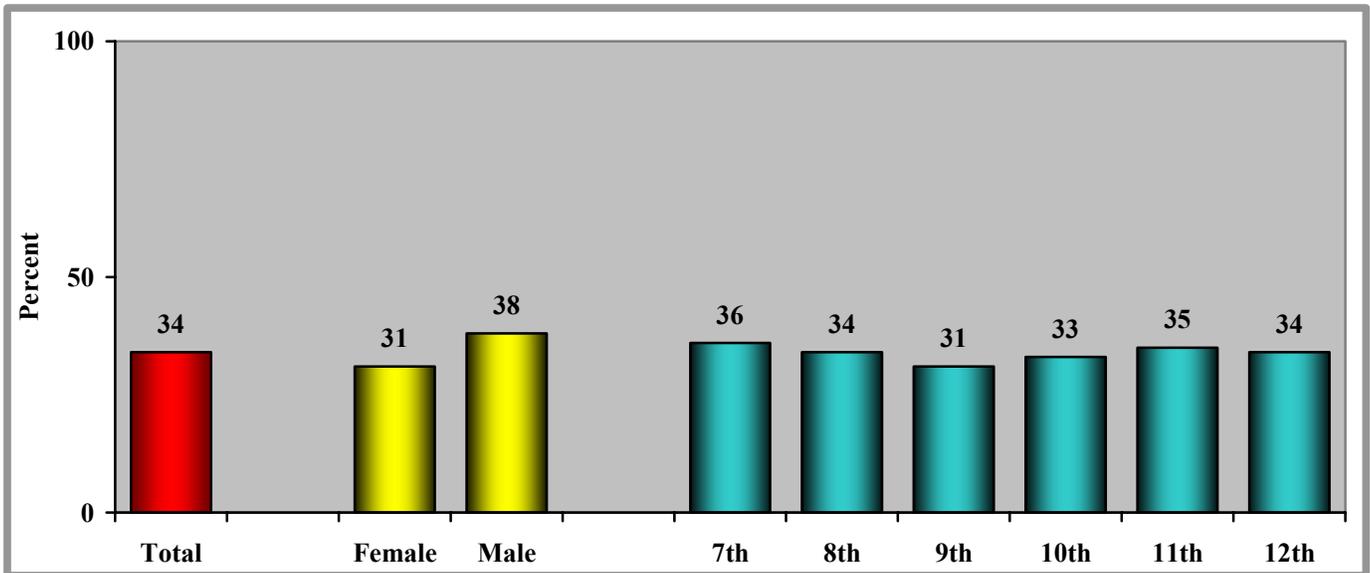
Results

- The prevalence of having participated in physical activity for at least thirty minutes that did not make students sweat or breathe hard on three or more of the seven days preceding the survey was lower among female students (31%) than male students (38%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having participated in physical activity for at least thirty minutes that did not make students sweat or breathe hard on three or more of the seven days preceding the survey was highest among 7th grade (36%), and lowest among 9th grade (31%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Physical activity without sweat

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Physical activity without sweat	34	31	38	36	34	31	33	35	34

Figure 2: The percentage of students in the 7th – 12th grades who participated in physical activity for least thirty minutes that did not make them sweat or breathe hard on three or more of the seven days preceding the survey.



Physical Activity (continued)

Physical education class

The percentage of students in the 7th-12th grades who attended physical education class (PE) on one or more days in an average week when he/she was in school.

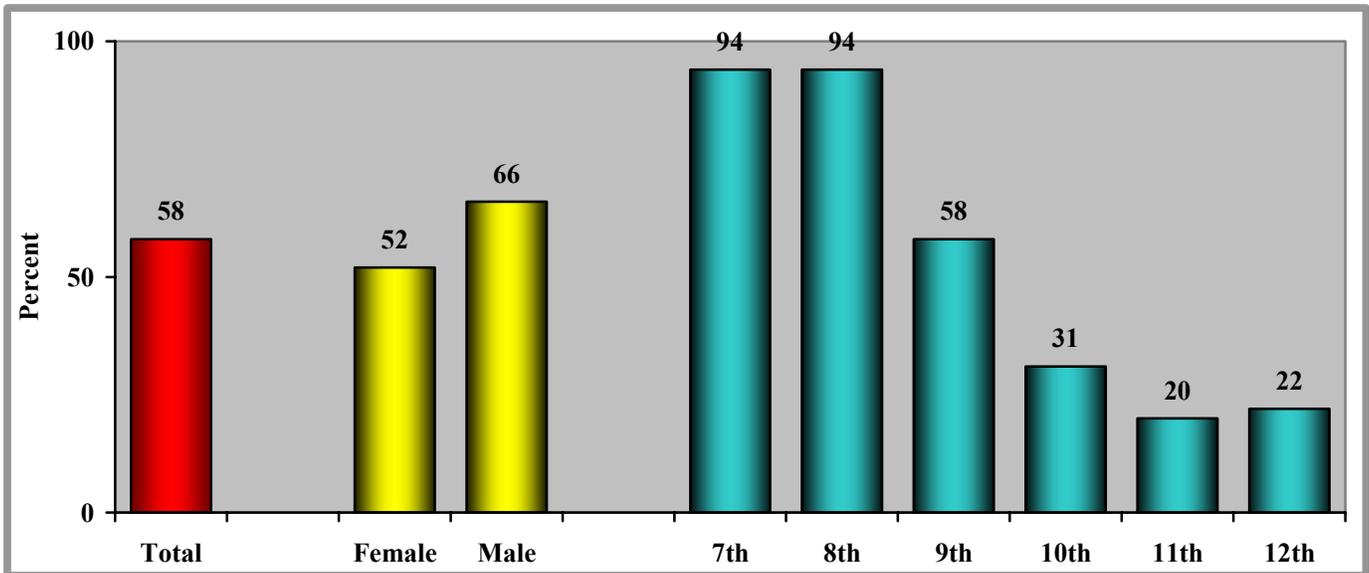
Results

- The prevalence of having attended physical education class on one or more days in an average week when in school was lower among female students (52%) than among male students (66%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having attended physical education class on one or more days in an average week when in school was highest among 7th grade (94%) and 8th grade (94%), and lowest among 11th grade (20%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Physical education class

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Physical education class	58	52	66	94	94	58	31	20	22

Figure 3: The percentage of students in the 7th – 12th grades who attended physical education class on one or more days in an average week when in school.



Physical Activity (continued)

Played on sports teams:

The percentage of students in the 7th-12th grades who played on one or more sports teams during the twelve months preceding the survey.

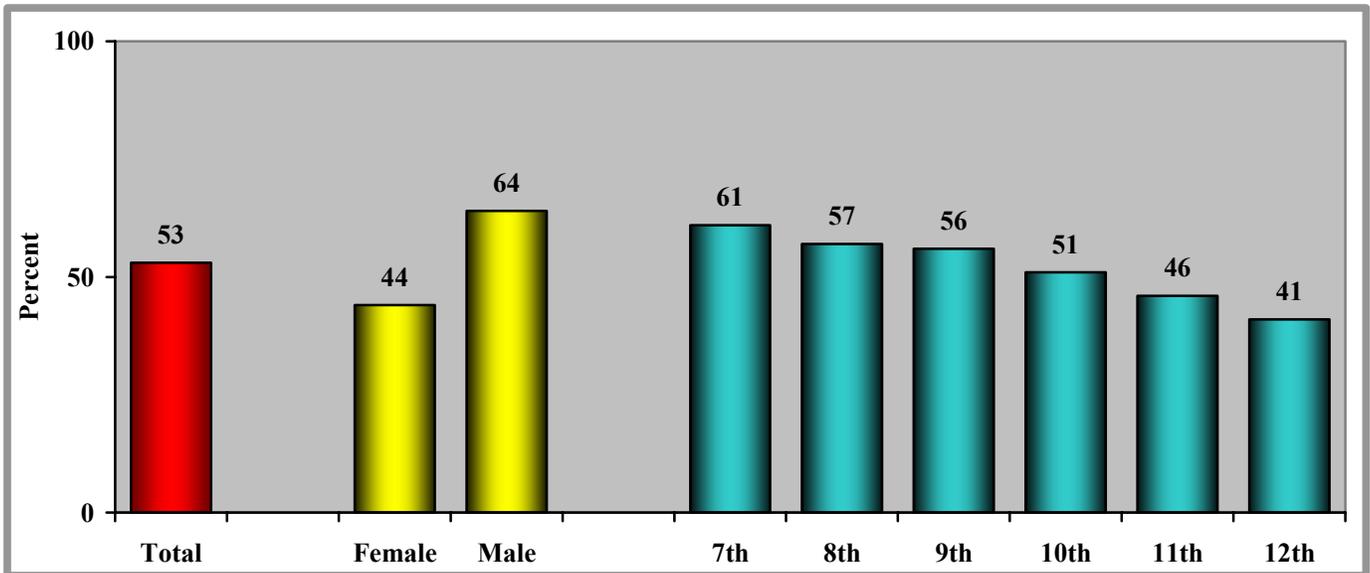
Results

- The prevalence of having played on one or more sports teams during the twelve months preceding the survey was lower among female students (44%) than among male students (64%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having played on one or more sports teams during the twelve months preceding the survey was highest among 7th grade (61%), and lowest among 12th grade (41%) students in St. Francis County (Table 4 and Figure 4).

Table 3: Physical education class

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Played on sports teams	53	44	64	61	57	56	51	46	41

Figure 4: The percentage of students in the 7th-12th grades who played on one or more sports teams during the twelve months preceding the survey.



Violence Related Behaviors on School Property

Carried a weapon on school property

The percentage of students in the 7th-12th grades who carried a weapon such as a gun, knife, or club on school property on one or more of the thirty days preceding the survey.

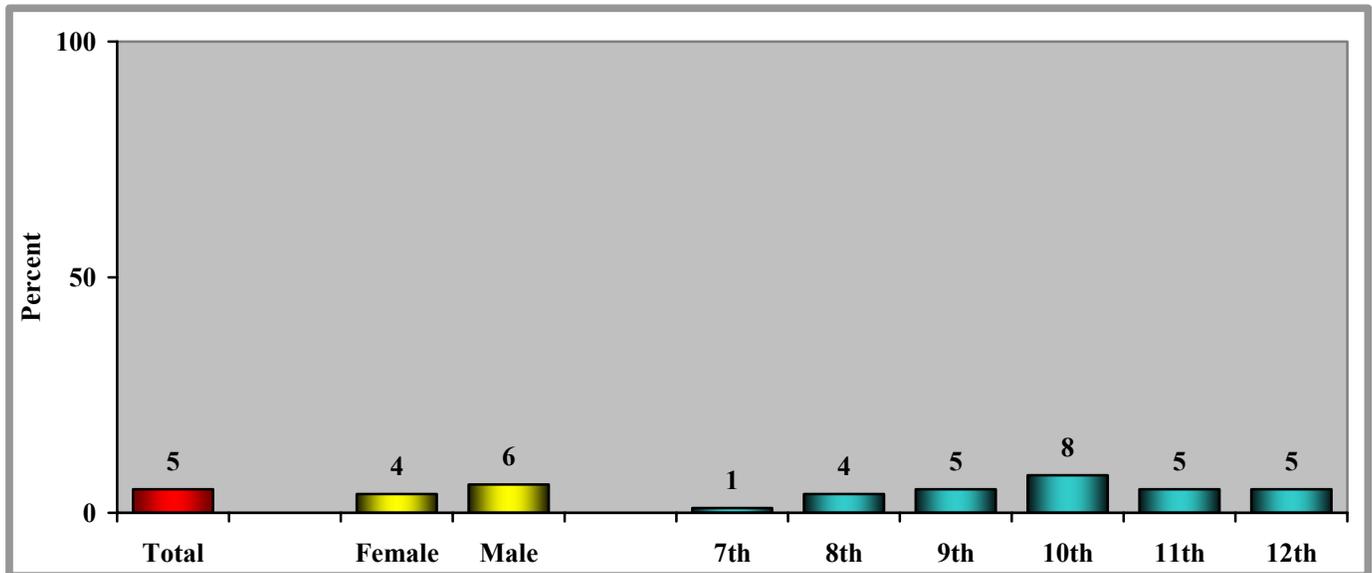
Results

- The prevalence of having carried a weapon such as a gun, knife, or club on school property on one or more of the thirty days preceding the survey was lower among female students (4%) than among male students (6%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having carried a weapon such as a gun, knife, or club on school property on one or more of the thirty days preceding the survey was highest among 10th grade (8%), and lowest among 7th grade (1%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Carried a weapon on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Carried a weapon on school property	5	4	6	1	4	5	8	5	5

Figure 1: The percentage of students in the 7th – 12th grades who carried a weapon such as a gun, knife, or club on school property on one or more of the thirty days preceding the survey.



Violence Related Behaviors on School Property (continued)

Had property stolen or damaged:

The percentage of students in the 7th-12th grades who had property such as a car, clothing, or books stolen or deliberately damaged during the twelve months preceding the survey.

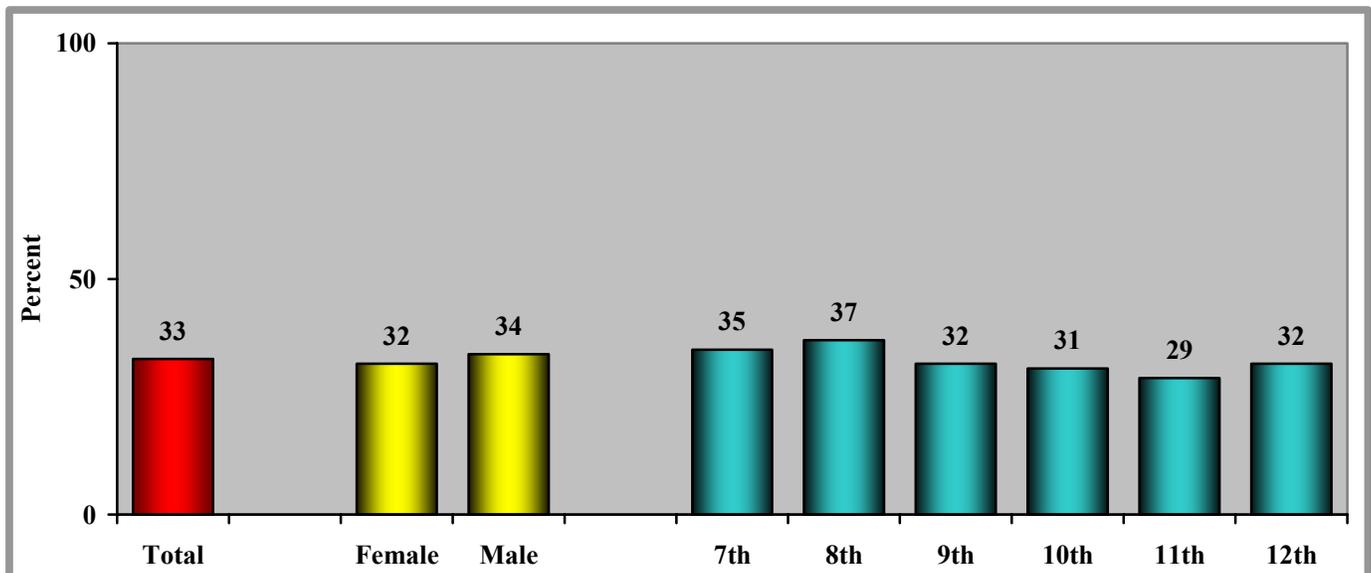
Results

- The prevalence of having had property such as a car, clothing, or books stolen or deliberately damaged during the twelve months preceding the survey was lower among female students (32%) than among male students (34%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having had property such as a car, clothing, or books stolen or deliberately damaged during the twelve months preceding the survey was highest among 8th grade (37%), and lowest among 11th grade (29%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Had property stolen or damaged

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Had property stolen or damaged	33	32	34	35	37	32	31	29	32

Figure 2: The percentage of students in the 7th-12th grades who had property such as a car, clothing, or books stolen or deliberately damaged during the twelve months preceding the survey.



Violence Related Behaviors on School Property (continued)

Felt unsafe on the way or at school:

The percentage of students in the 7th-12th grades who did not go to school on one or more of the thirty days preceding the survey because they felt unsafe at school or on their way to or from school.

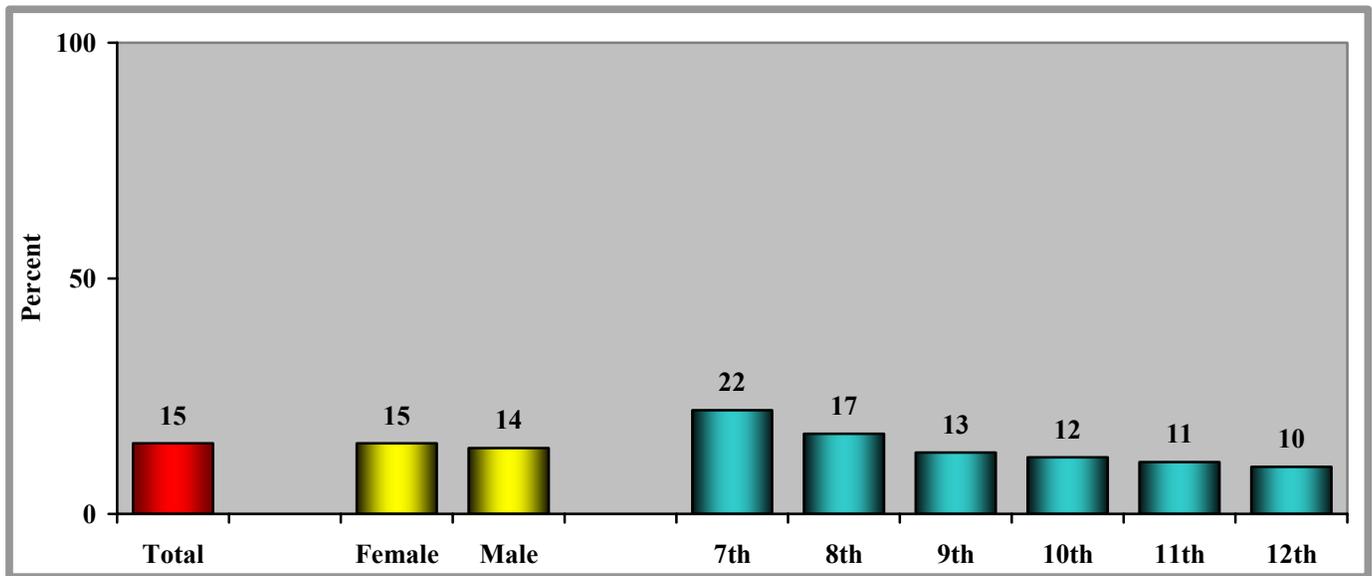
Results

- The prevalence of having not gone to school because of safety concerns during the thirty days preceding the survey was higher among female students (15%) than among male students (14%) in St. Francis County (Table 3 and Figure 3).
- The prevalence of having not gone to school because of safety concerns during the thirty days preceding the survey was highest among 7th grade (22%), and lowest among 12th grade (10%) students in St. Francis County (Table 3 and Figure 3).

Table 3: Felt unsafe on the way or at school

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Felt unsafe on the way or at school	15	15	14	22	17	13	12	11	10

Figure 3: The percentage of students in the 7th – 12th grades who did not go to school on one or more of the thirty days preceding the survey because they felt unsafe at school or on their way to or from school.



Violence Related Behaviors on School Property (continued)

Threatened or injured on school property:

The percentage of students in the 7th-12th grades who had been threatened or injured with a weapon on school property one or more times during the twelve months preceding the survey.

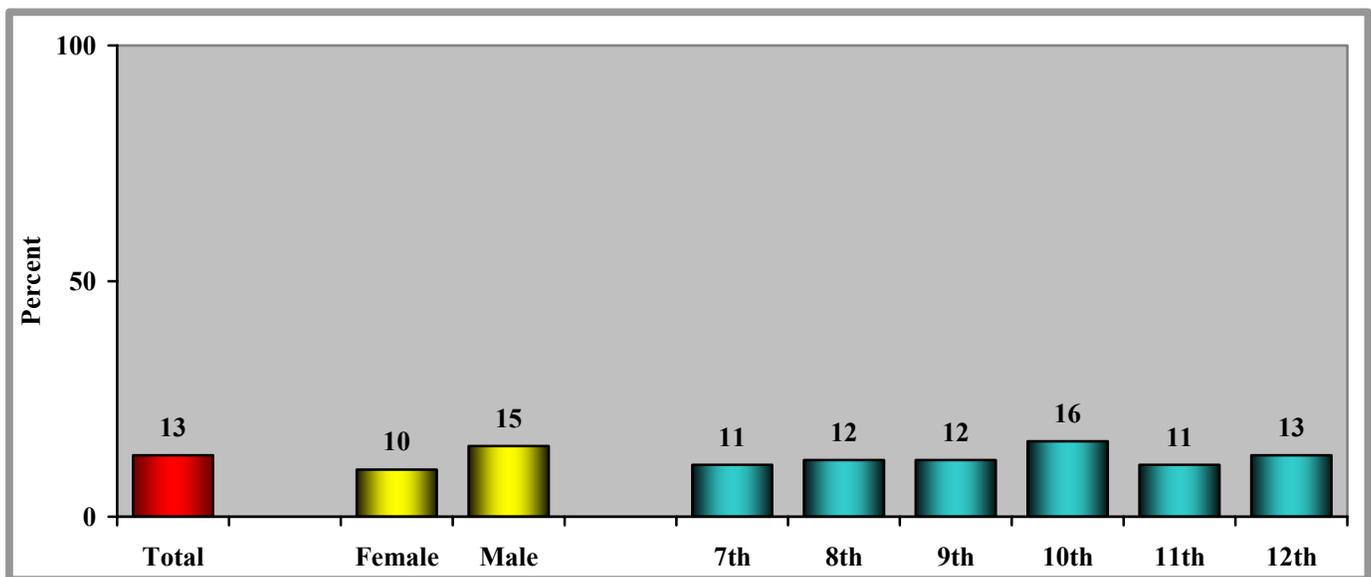
Results

- The prevalence of having been threatened or injured with a weapon on school property one or more times during the twelve months preceding the survey was lower among female students (10%) than among male students (15%) in St. Francis County (Table 4 and Figure 4).
- The prevalence of having been threatened or injured with a weapon on school property one or more times during the twelve months preceding the survey was highest among 10th grade (16%), and lowest among 7th grade (11%) and 11th grade (11%) students in St. Francis County (Table 4 and Figure 4).

Table 4: Threatened or injured on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Threatened or injured on school property	13	10	15	11	12	12	16	11	13

Figure 4: The percentage of students in the 7th-12th grades who had been threatened or injured with a weapon on school property one or more times during the twelve months preceding the survey.



Violence Related Behaviors on School Property (continued)

Involved in a physical fight on school property

The percentage of students in the 7th-12th grades who were in a physical fight on school property one or more times during the twelve months preceding the survey.

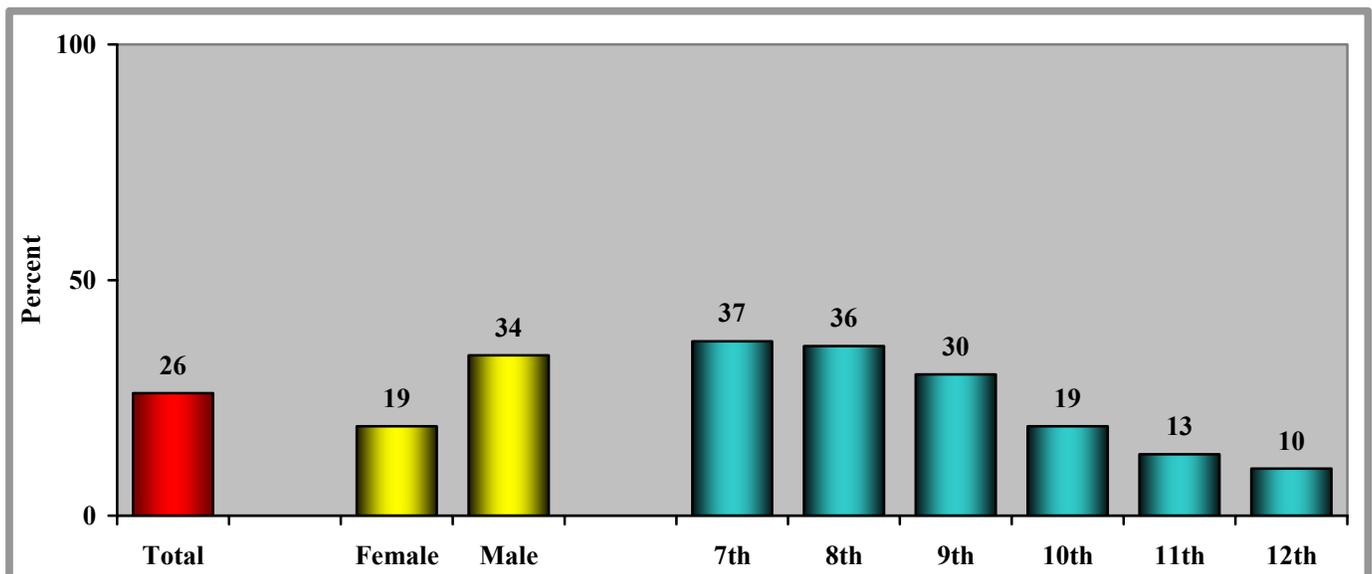
Results

- The prevalence of having been in a physical fight on school property during the twelve months preceding the survey was lower among female students (19%) than among male students (34%) in St. Francis County (Table 5 and Figure 5).
- The prevalence of having been in a physical fight on school property during the twelve months preceding the survey was highest among 7th grade (37%), and lowest among 12th grade (10%) students in St. Francis County (Table 5 and Figure 5).

Table 5: Involved in a physical fight on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Involved in a physical fight on school property	26	19	34	37	36	30	19	13	10

Figure 5: The percentage of students in the 7th – 12th grades who were in a physical fight on school property one or more times during the twelve months preceding the survey.



Tobacco Use on School Property

Smoked cigarettes on school property:

The percentage of students in the 7th-12th grades who smoked cigarettes on school property on one or more of the thirty days preceding the survey.

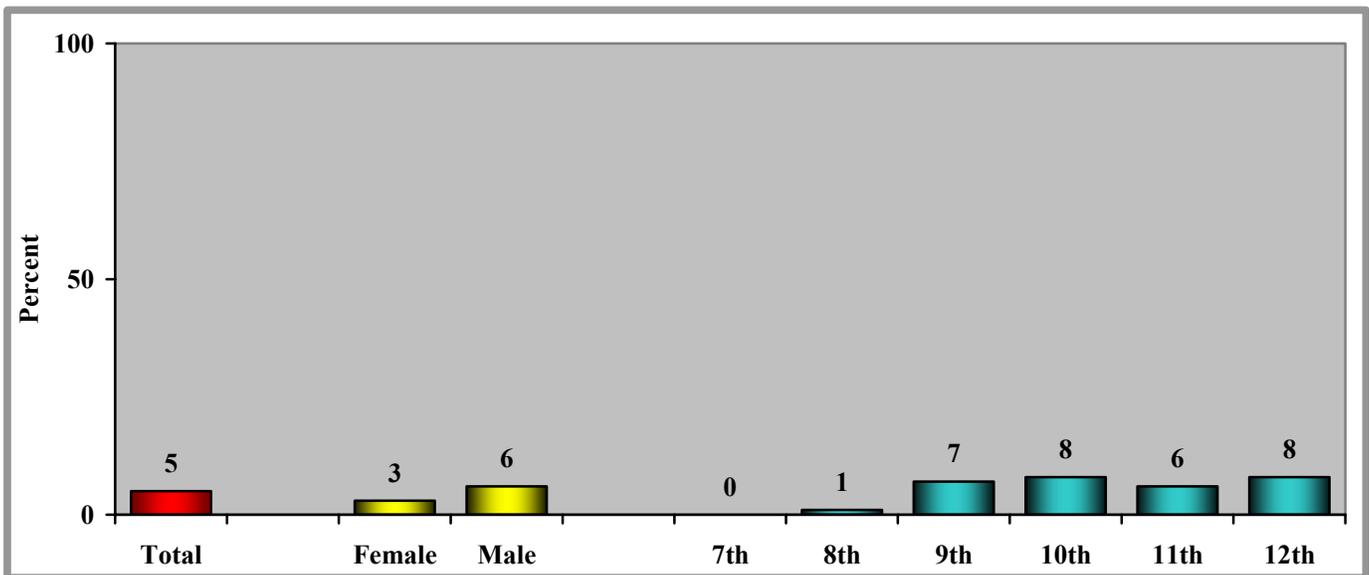
Results

- The prevalence of having smoked cigarettes on school property on one or more of the thirty days preceding the survey was lower among female students (3%) than among male students (6%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having smoked cigarettes on school property on one or more of the thirty days preceding the survey was highest among 10th grade (8%) and 12th grade (8%) grade, and lowest among 7th grade (0%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Smoked cigarettes on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Smoked cigarettes on school property	5	3	6	0	1	7	8	6	8

Figure 1: The percentage of students in the 7th – 12th grades who smoked cigarettes on school property on one or more of the thirty days preceding the survey.



Tobacco Use on School Property (continued)

Chewed tobacco on school property:

The percentage of students in the 7th-12th grades who used chewing tobacco or snuff on school property on one or more of the thirty days preceding the survey.

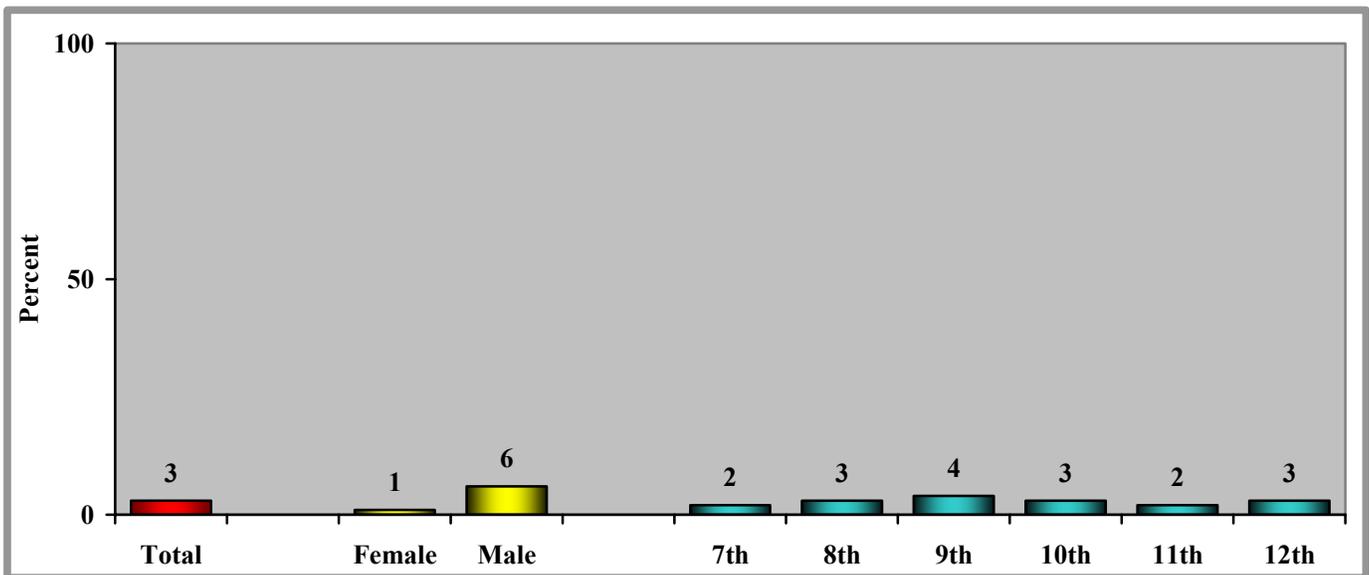
Results

- The prevalence of having used chewing tobacco or snuff on school property on one or more of the thirty days preceding the survey was lower among female students (1%) than among male students (6%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having used chewing tobacco or snuff on school property on one or more of the thirty days preceding the survey was highest among 9th grade (4%), and lowest among 7th grade (2%) and 11th grade (2%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Chewed tobacco on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Chewed tobacco on school property	3	1	6	2	3	4	3	2	3

Figure 2: The percentage of students in the 7th-12th grades who used chewing tobacco or snuff on school property on one or more of the thirty days preceding the survey.



Alcohol Use on School Property

Alcohol use on school property

The percentage of students in the 7th-12th grades who had at least one drink of alcohol on school property on one or more of the thirty days preceding the survey.

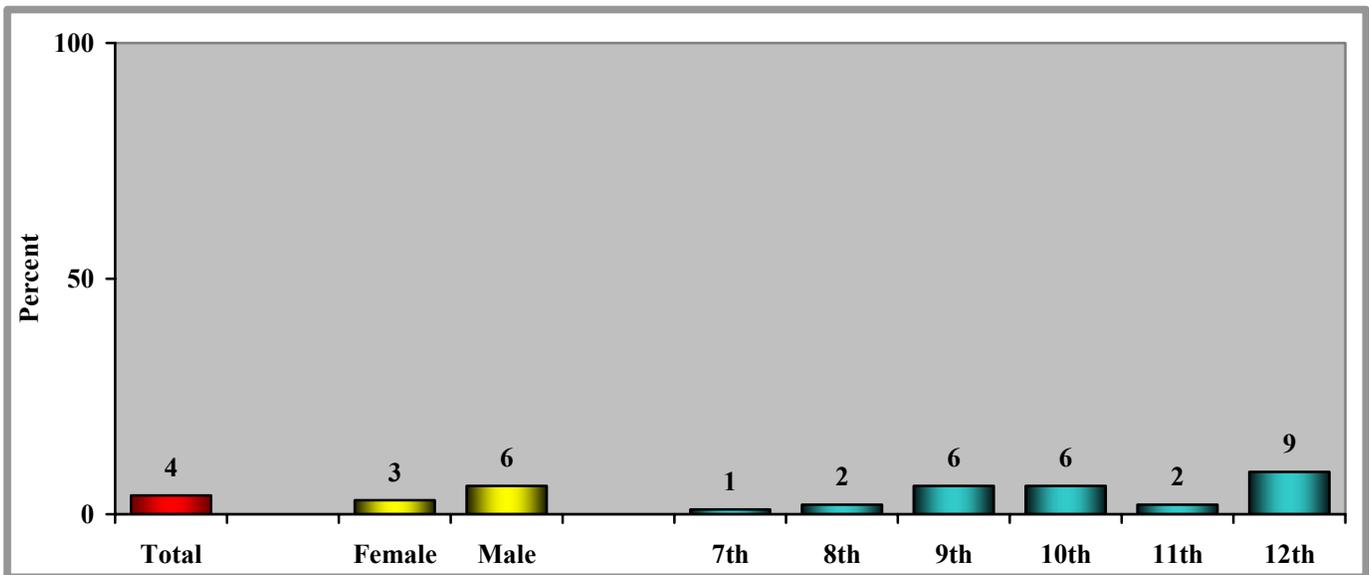
Results

- The prevalence of having had at least one drink of alcohol on school property on one or more of the thirty days preceding the survey was lower among female students (3%) than among male students (6%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having had at least one drink of alcohol on school property on one or more of the thirty days preceding the survey was highest among 12th grade (9%), and lowest among 7th grade (1%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Alcohol use on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Alcohol use on school property	4	3	6	1	2	6	6	2	9

Figure 1: The percentage of students in the 7th – 12th grades who had at least one drink of alcohol on school property on one or more of the thirty days preceding the survey.



Drug Use on School Property

Marijuana use on school property:

The percentage of students in the 7th-12th grades who used marijuana on school property on one or more of the thirty days preceding the survey.

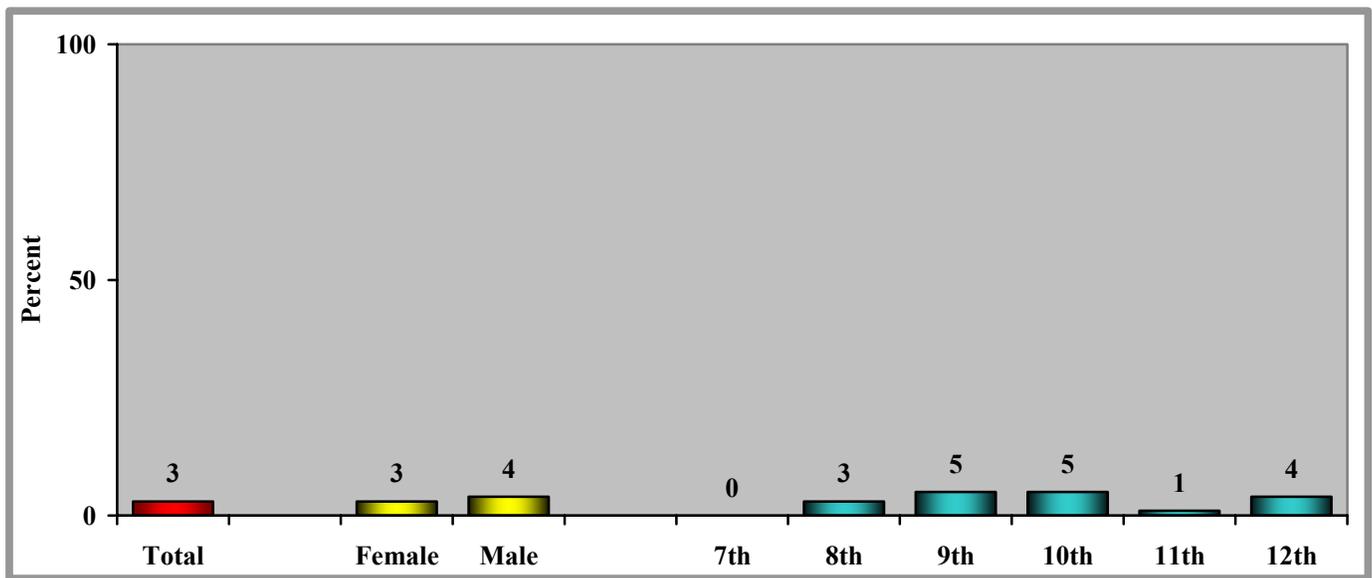
Results

- The prevalence of having used marijuana on school property on one or more of the thirty days preceding the survey was lower among female students (3%) than among male students (4%) in St. Francis County (Table 1 and Figure 1).
- The prevalence of having used marijuana on school property on one or more of the thirty days preceding the survey was highest among 9th grade (5%) and 10th grade (5%) grade, and lowest among 7th grade (0%) students in St. Francis County (Table 1 and Figure 1).

Table 1: Marijuana use on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Marijuana use on school property	3	3	4	0	3	5	5	1	4

Figure 1: The percentage of students in the 7th – 12th grades who used marijuana on school property on one or more of the thirty days preceding the survey.



Drug Use on School Property (continued)

Offer or sale of illegal drugs on school property:

The percentage of students in the 7th-12th grades who had someone offer, sell, or give them an illegal drug on school property during the twelve months preceding the survey.

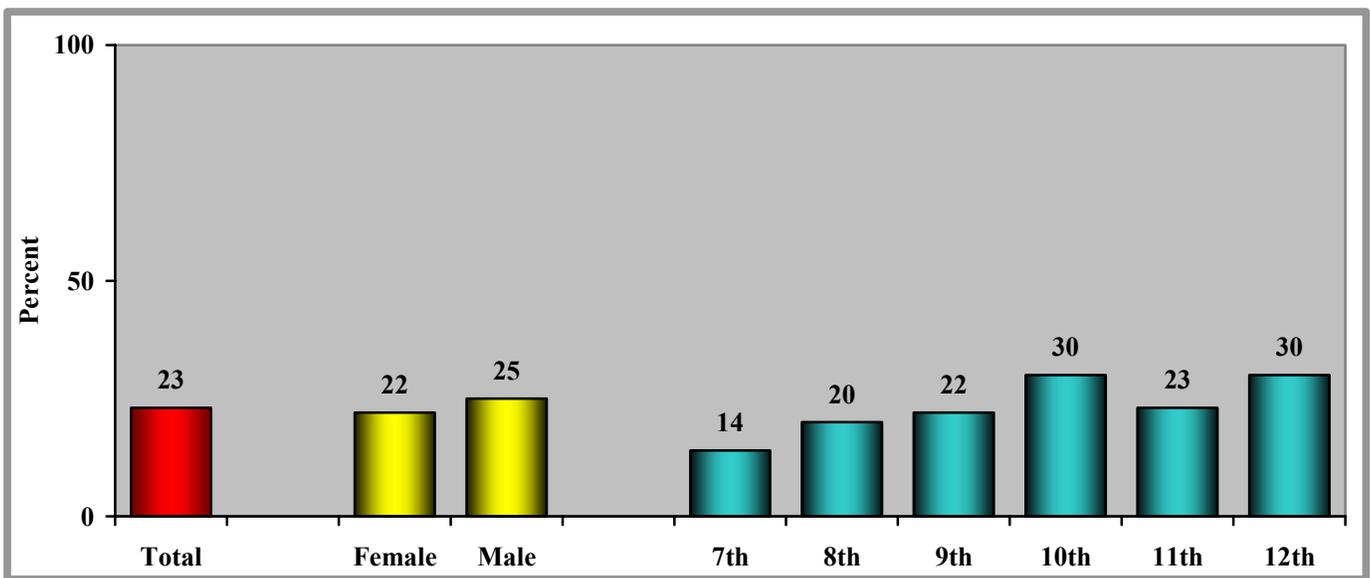
Results

- The prevalence of having been offered, sold, or given an illegal drug on school property during the twelve months preceding the survey was lower among female students (22%) than among male students (25%) in St. Francis County (Table 2 and Figure 2).
- The prevalence of having been offered, sold, or given an illegal drug on school property during the twelve months preceding the survey was highest among 10th (30%) and 12th (30%), and lowest among 7th grade (14%) students in St. Francis County (Table 2 and Figure 2).

Table 2: Offer or sale of illegal drugs on school property

Question	Percent								
	Total	Gender		Grade					
		Female	Male	7	8	9	10	11	12
Offer or sale of illegal drugs on school property	23	22	25	14	20	22	30	23	30

Figure 2: The percentage of students in the 7th-12th grades who had someone offer, sell, or give them an illegal drug on school property during the twelve months preceding the survey.



Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

■ ***The Youth Risk Behavior Study***

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.

<http://www.cdc.gov/healthyouth/yrbs/index.htm>

■ ***Violence***

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://apahelpcenter.org/featuredtopics/feature.php?id=38>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

■ ***Tobacco , Alcohol, and Other Drug Use***

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://ncadi.samhsa.gov/>

Internet Resources for Educators, Parents, and Teens (continued)

■ *Teen Pregnancy and Sexual Behavior*

These sites provide information about teen sexuality, pregnancy, and STDs.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.guttmacher.org/>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

■ *Nutrition and Physical Activity*

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

■ *Mental Health Issues*

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

■ *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://parenting.ivillage.com/messageboards>

Internet Resources for Educators, Parents, and Teens (continued)

■ *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com - site for teenagers, including message boards and creative writing from real teens.

<http://home.about.com/teens/index.htm>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

■ *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>