

2008 MONROE COUNTY

County Youth Health Survey Frequency Tables



Arkansas Department of Health
Center for Statistics



2008 MONROE COUNTY COUNTY YOUTH HEALTH SURVEY RESULTS

Frequency Tables

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2008 County Youth Health Survey, please contact:**

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2008 MONROE COUNTY COUNTY YOUTH HEALTH SURVEY RESULTS

Acknowledgments

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- The Monroe County School Districts students who completed the CYHS questionnaires;
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Introduction

What is the County Youth Health Survey?

The County Youth Health Survey (CYHS) is a questionnaire designed to measure and monitor health risk behaviors among Arkansas' youth. It is based on the 87-item, multiple-choice Youth Risk Behavior Survey System (YRBSS) questionnaire developed in 1990 by the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia¹ to monitor the following six categories of health risk behaviors among youth and young adults:

- Behaviors that result in intentional and unintentional injuries,
- Tobacco use,
- Alcohol and other drug use,
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies,
- Physical activity, and
- Unhealthy dietary behaviors.

The YRBSS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, on a statewide level, and locally. It is known as the County Youth Health Survey (CYHS) at the local level.

¹ The Centers for Disease Control and Prevention. Healthy Youth. <http://www.cdc.gov/healthyyouth/yrbs/index.htm>

Introduction (continued)

How will Monroe County use data from the CYHS?

Monroe County Hometown Health Coalitions are working to assess the specific health needs of students in Monroe County. In order to collect information on the health behaviors of the community's youth, HHI coalition members asked that the County Youth Health Survey be administered to seventh through twelfth graders in Monroe County's public schools.

The CYHS will help Monroe County's School Districts identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for students in Monroe County's School Districts mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2008 CYHS also provides Monroe County's School Districts with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease prevention and health promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, the CYHS findings form a valuable base upon which Monroe County's School Districts may strengthen its ability to:

- Establish disease prevention and health promotion policies,
- Plan and implement programs and services,
- Secure funding for programs,
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

Introduction (continued)

How was the CYHS conducted?

During February 2008, seventh through twelfth grade students enrolled in Monroe County School Districts schools completed the CYHS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. Valid CYHS questionnaires were completed by 439 seventh through twelfth grade students throughout Monroe County public schools, with a response rate of 61%. Students from the following School Districts in Monroe County recorded their responses to the survey:

- Brinkley
- Clarendon

Introduction (continued)

Interpretation of the survey

Monroe County's 2008 County Youth Health Survey is a "snapshot in time," meaning that it only provides information on those health risk behaviors reported by students in February of 2008. Answers in this survey are only as accurate as students' reporting. Each student interpreted the words in each question of the survey according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include?

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBSS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, and also reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%. Also, the percentages reported represent only valid responses for each particular question.

This Report

This report presents the frequency table for each question. The "frequency missing = ..." statement underneath each table represents missing valid responses for a particular question.

Demographics of Monroe County 2008 County Youth Health Survey Participants

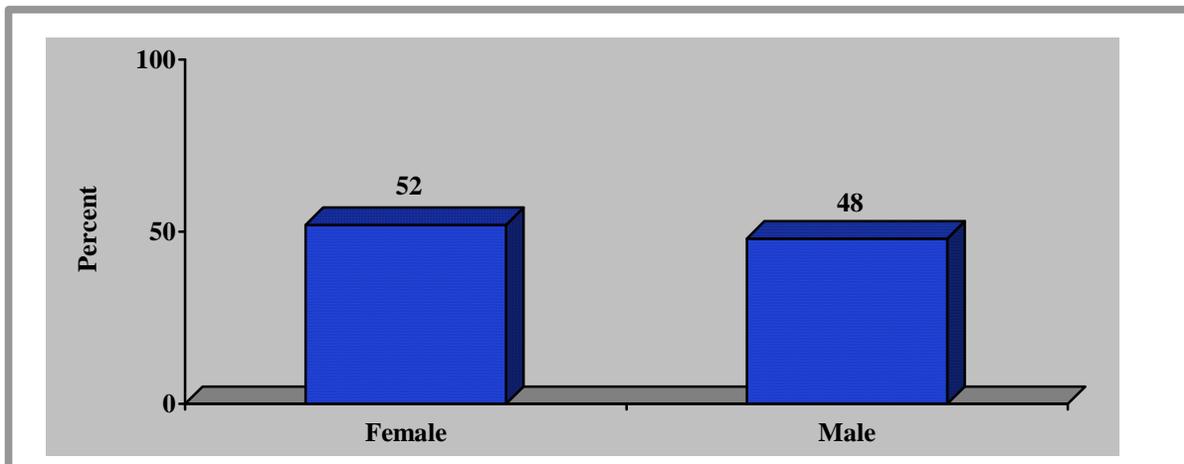
Total number of survey participants = 439

Table 1: Gender

What is your sex?		
	Number of students	Percent of total
FEMALE	226	52
MALE	206	48

(Frequency missing = 7)

Figure 1: Gender



Demographics of Monroe County 2008 County Youth Health Survey Participants (continued)

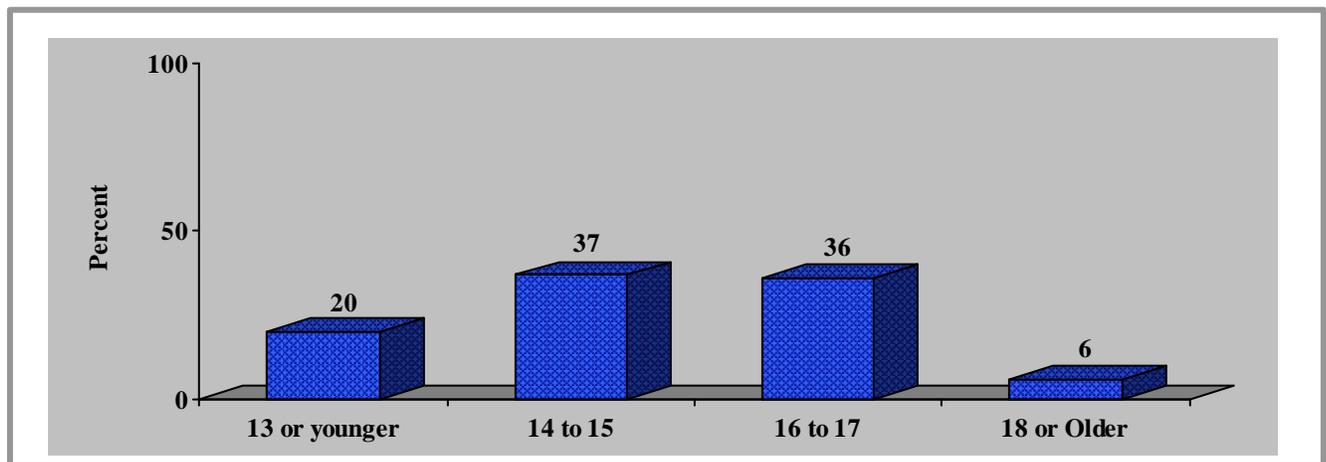
Total number of survey participants = 439

Table 2: Age

How old are you?		
	Number of students	Percent of total
12 OR YOUNGER	24	5
13	65	15
14	93	21
15	71	16
16	86	20
17	71	16
18 OR OLDER	28	6

(Frequency missing = 1)

Figure 2: Age



Demographics of Monroe County 2008 County Youth Health Survey Participants (continued)

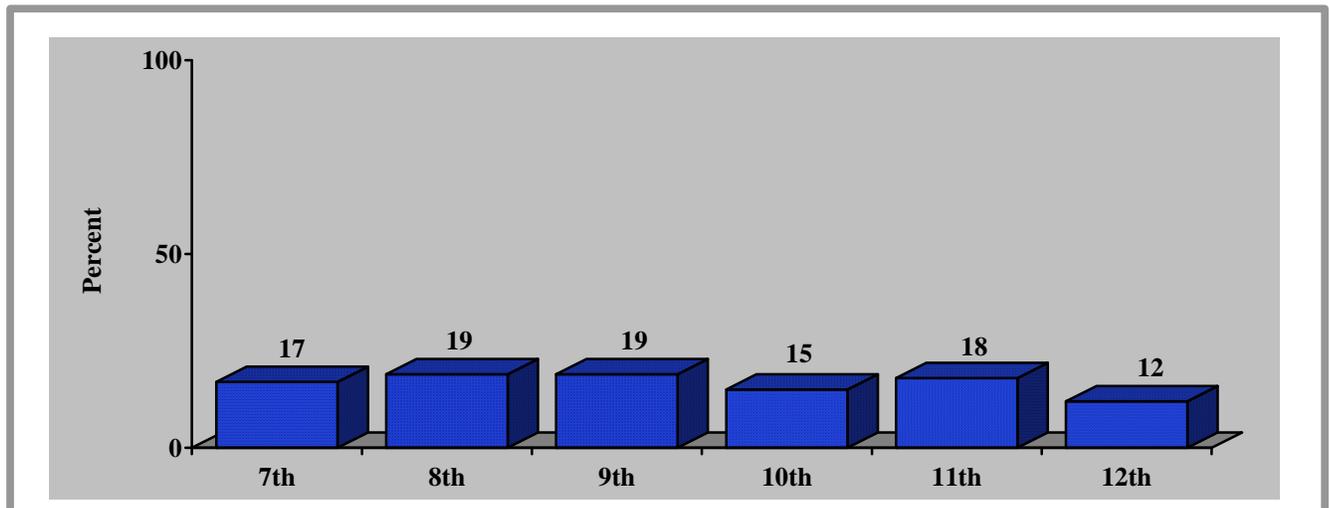
Total number of survey participants = 439

Table 3: Grade

In what grade are you?		
	Number of students	Percent of total
7th	72	17
8th	83	19
9th	82	19
10th	63	15
11th	77	18
12th	53	12

(Frequency missing = 9)

Figure 3: Grade



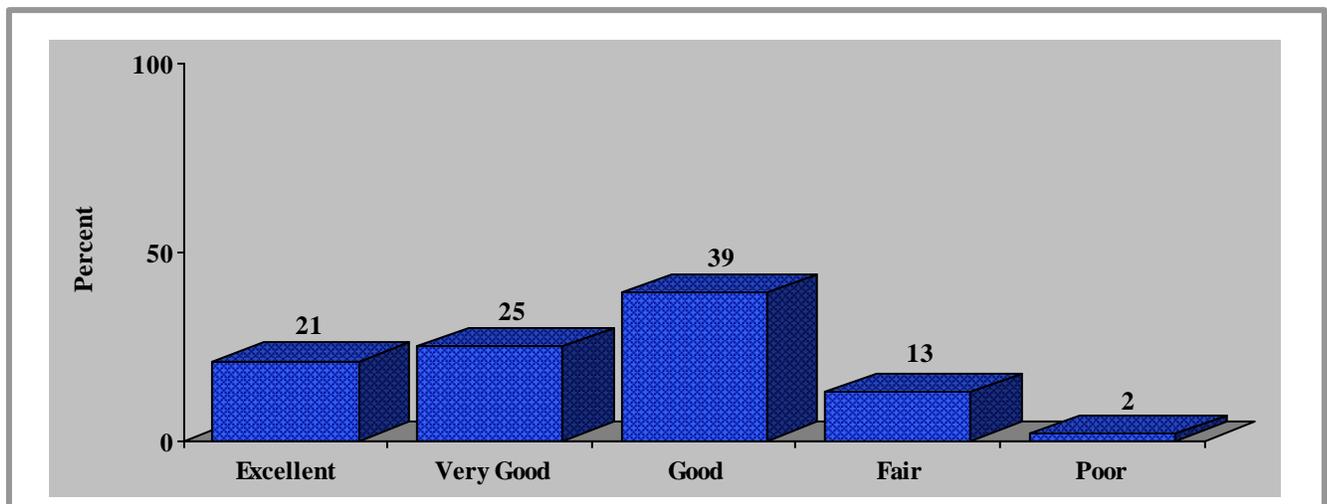
General Health

Table 1: General health

How do you describe your health in general?		
	Number of Students	Percent of Total
EXCELLENT	91	21
VERY GOOD	109	25
GOOD	168	39
FAIR	54	13
POOR	8	2

Frequency Missing = 9

Figure 1: General health



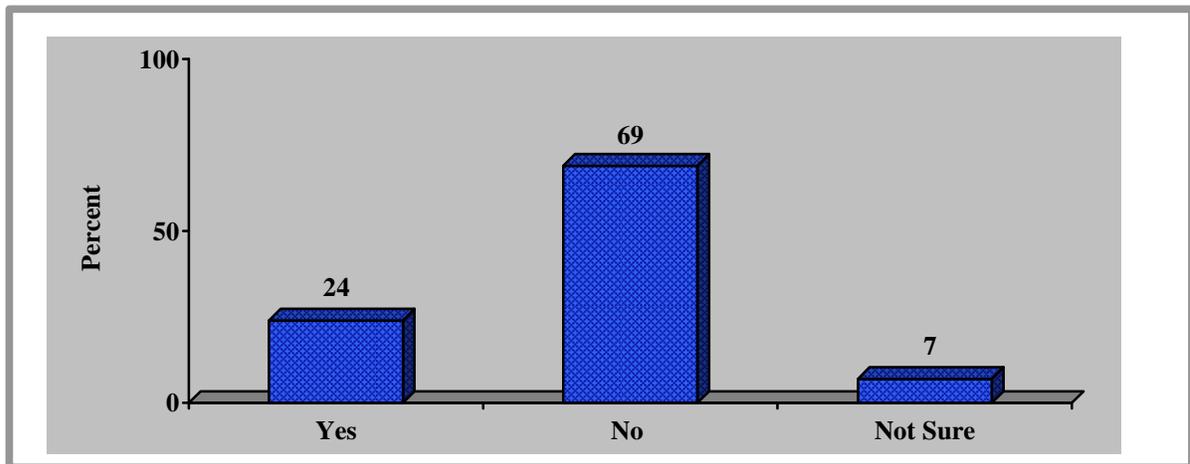
Asthma

Table 1: Have asthma

Has a doctor or nurse ever told you that you have asthma?		
	Number of Students	Percent of Total
Yes	98	24
No	288	69
Not Sure	29	7

Frequency Missing = 24

Figure 1: Have asthma



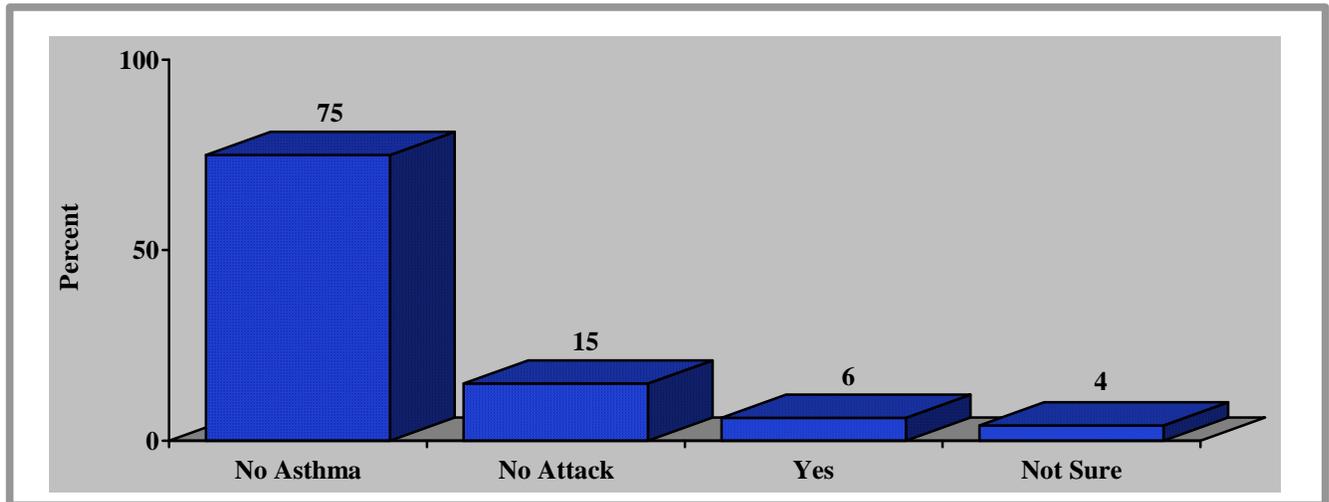
Asthma (continued)

Table 2: Had asthma in the past 12 months

During the past 12 months, have you had an episode of asthma or an asthma attack?		
	Number of Students	Percent of Total
No Asthma	308	75
Have asthma, but no attack in the past 12 months	61	15
Yes	26	6
Not Sure	15	4

Frequency Missing = 29

Figure 2: Had asthma in the past 12 months



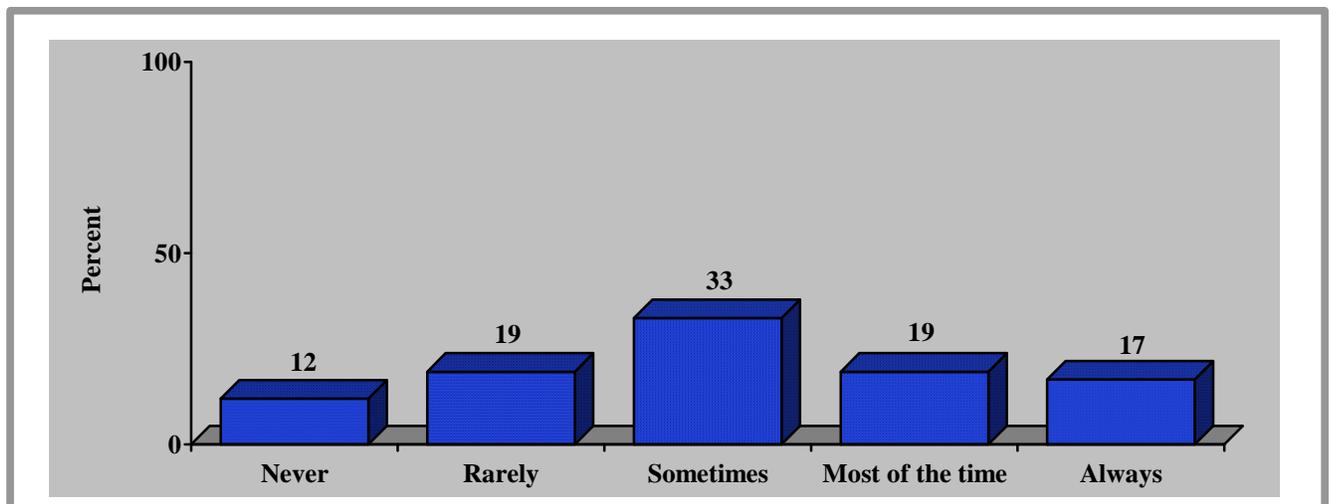
Behaviors that Contribute to Unintentional Injuries

Table 1: Seat belt use

How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	52	12
RARELY	82	19
SOMETIMES	145	33
MOST OF THE TIME	84	19
ALWAYS	74	17

Frequency Missing = 2

Figure 1: Seat belt use



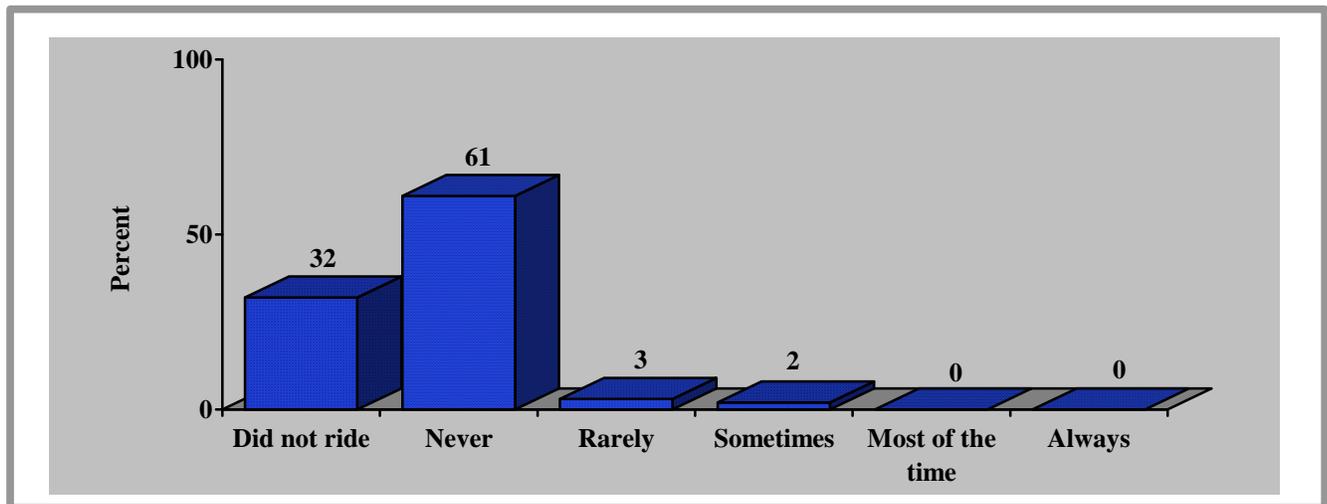
Behaviors that Contribute to Unintentional Injuries (continued)

Table 2: Bicycle helmet use

When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	140	32
NEVER WORE	268	61
RARELY WORE	14	3
SOMETIMES WORE	10	2
WORE MOST OF THE TIME	2	0
ALWAYS WORE	2	0

Frequency Missing = 3

Figure 2: Bicycle helmet use



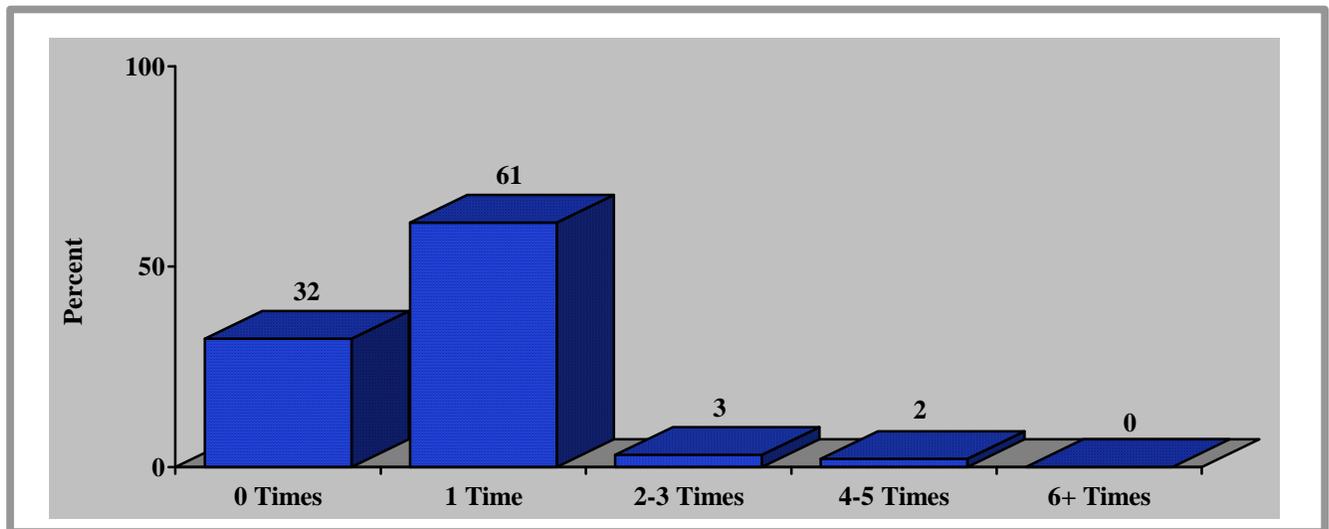
Behaviors that Contribute to Unintentional Injuries (continued)

Table 3: Rode with a driver who had been drinking alcohol

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	285	67
1 TIME	42	10
2-3 TIMES	56	13
4-5 TIMES	14	3
6+ TIMES	29	7

Frequency Missing = 13

Figure 3: Rode with a driver who had been drinking alcohol



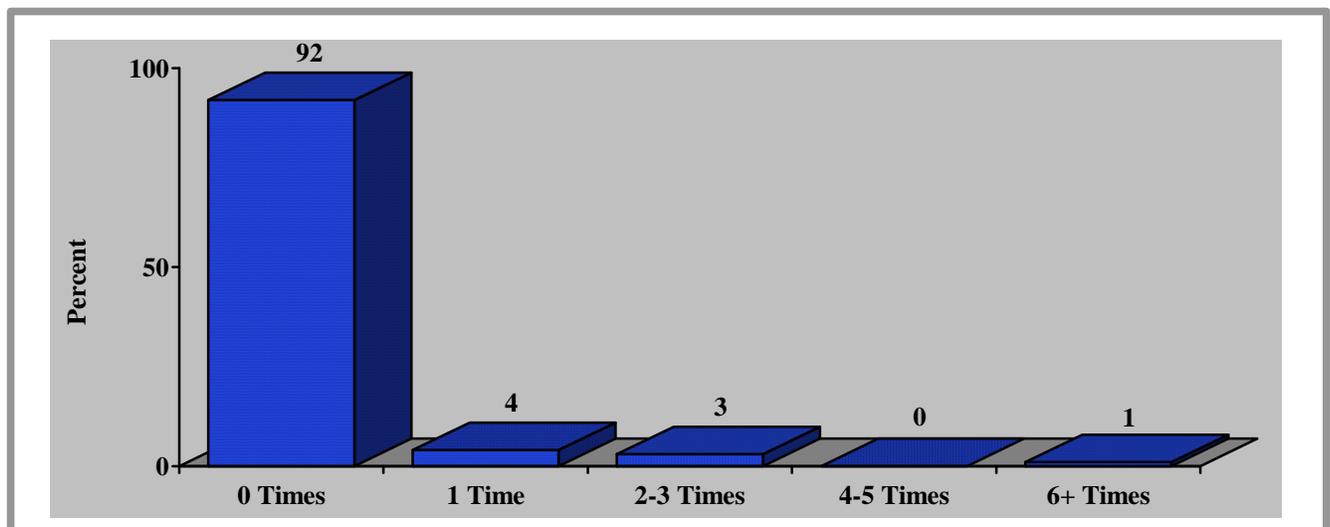
Behaviors that Contribute to Unintentional Injuries (continued)

Table 4: Drink and driving

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
	Number of Students	Percent of Total
0 TIMES	386	92
1 TIME	16	4
2-3 TIMES	12	3
4-5 TIMES	2	0
6+ TIMES	3	1

Frequency Missing = 20

Figure 4: Drink and driving



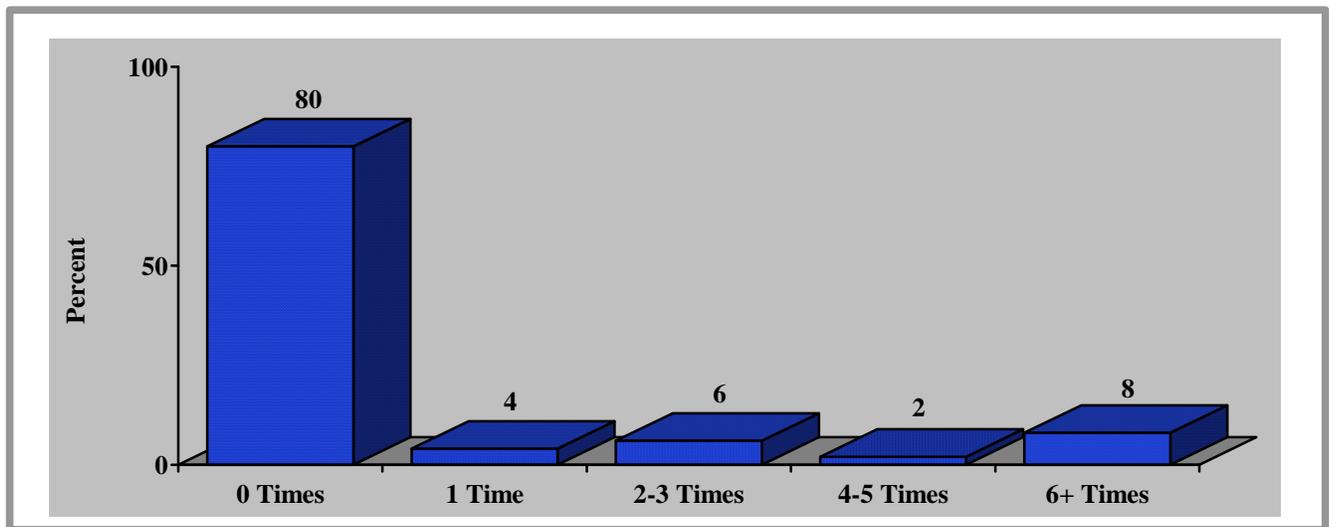
Behaviors that Contribute to Violence

Table 1: Carried a weapon

During the past 30 days on how many days did you carry a weapon such as a gun, knife, or club?		
	Number of Students	Percent of Total
0 TIMES	337	80
1 TIME	17	4
2-3 TIMES	24	6
4-5 TIMES	8	2
6+ TIMES	33	8

Frequency Missing = 20

Figure 1: Carried a weapon



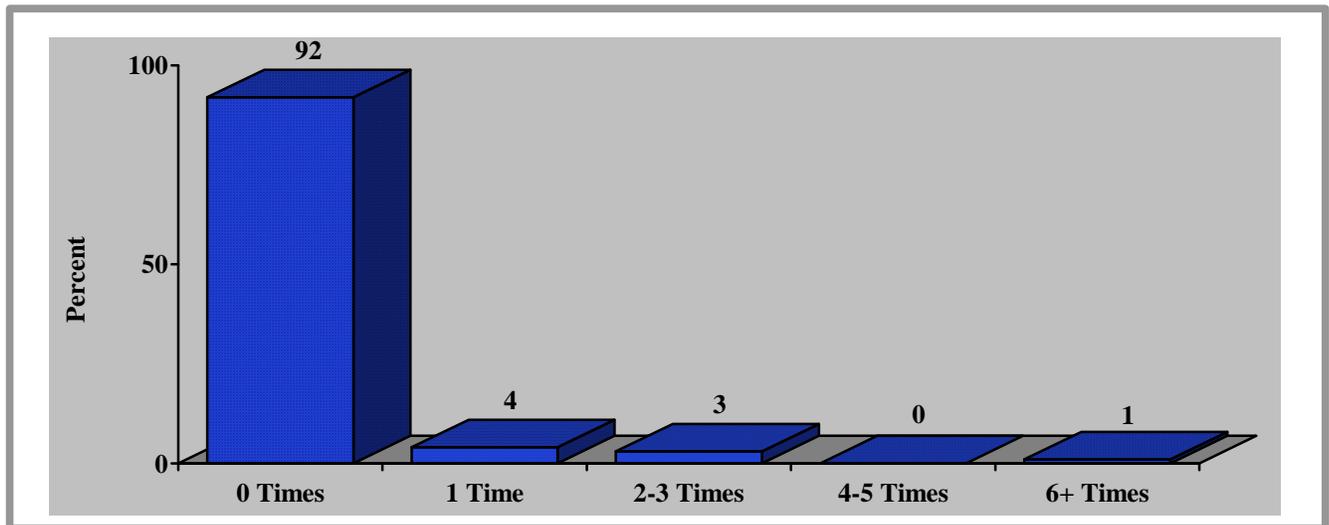
Behaviors that Contribute to Violence (continued)

Table 2: Carried a gun

During the past 30 days, on how many days did you carry a gun?		
	Number of Students	Percent of Total
0 TIMES	391	92
1 TIME	10	2
2-3 TIMES	5	1
4-5 TIMES	6	1
6+ TIMES	11	3

Frequency Missing = 16

Figure 2: Carried a gun



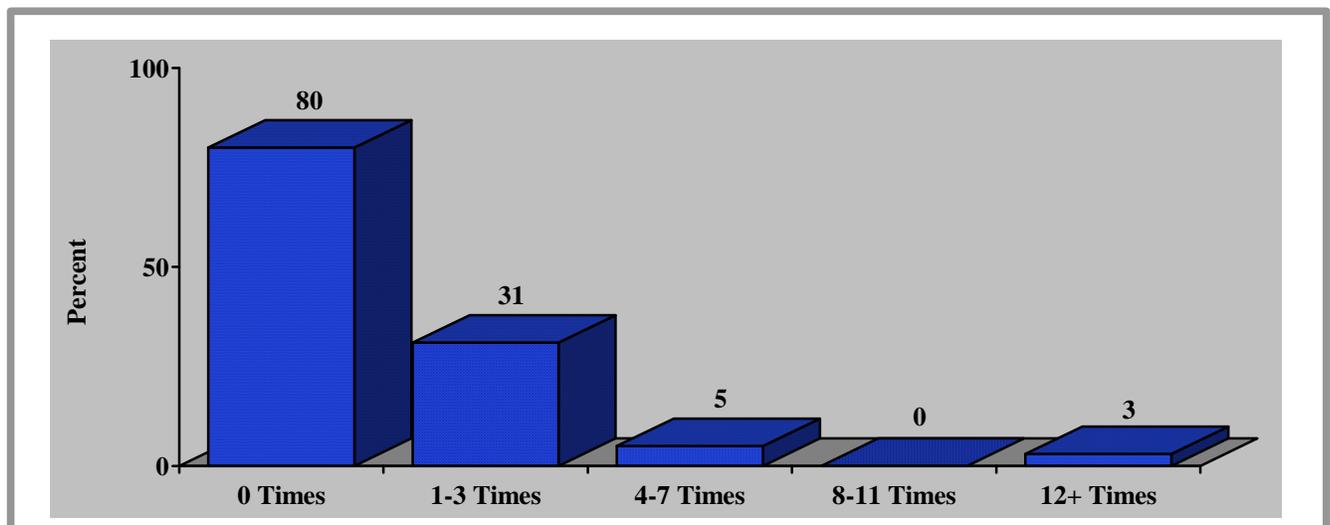
Behaviors that Contribute to Violence (continued)

Table 3: In a physical fight

During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	250	60
1 TIME	70	17
2-3 TIMES	58	14
4-5 TIMES	12	3
6-7 TIMES	7	2
8-9 TIMES	2	0
10-11 TIMES	2	0
12+ TIMES	14	3

Frequency Missing = 24

Figure 3: In a physical fight



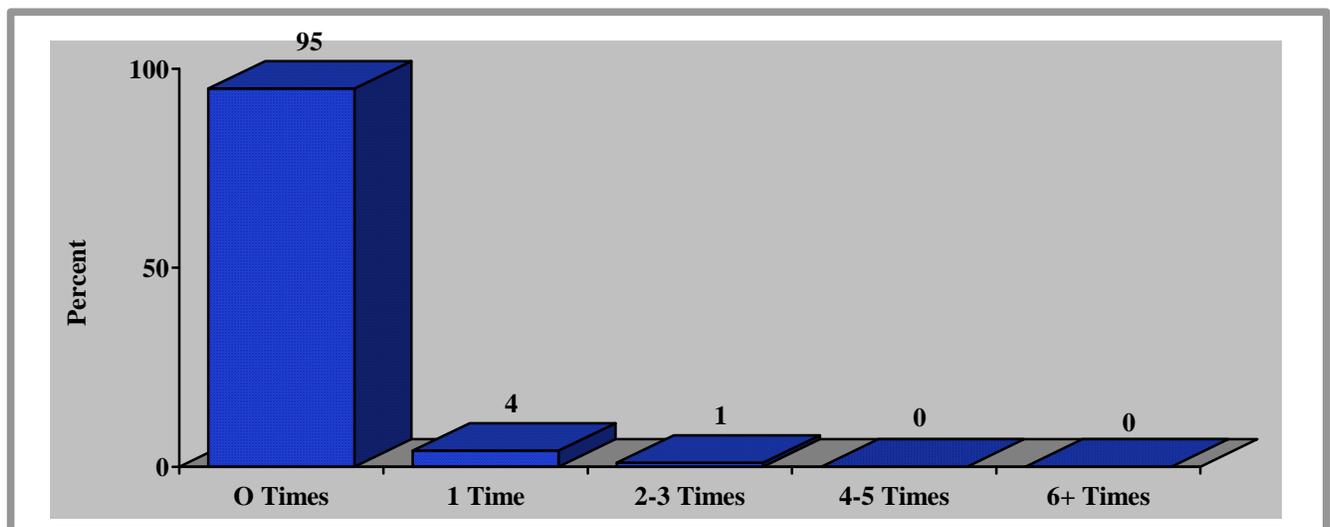
Behaviors that Contribute to Violence (continued)

Table 4: Injured in a physical fight

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	390	95
1 TIME	15	4
2-3 TIMES	3	1
4-5 TIMES	1	0
6+ TIMES	2	0

Frequency Missing = 28

Figure 4: Injured in a physical fight



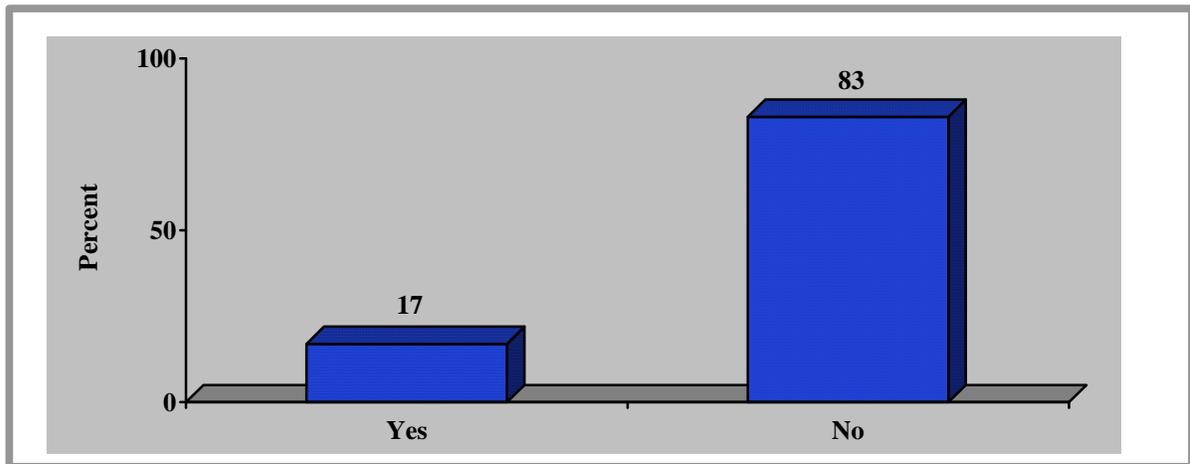
Behaviors that Contribute to Violence (continued)

Table 5: Dating violence

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	74	17
NO	360	83

Frequency Missing = 5

Figure 5: Dating violence



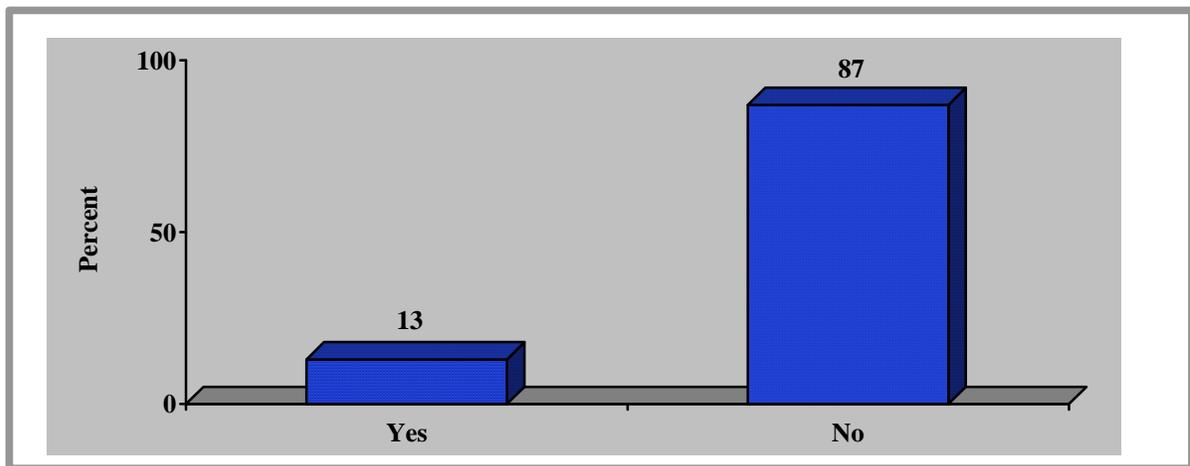
Behaviors that Contribute to Violence (continued)

Table 6: Forced to have sexual intercourse

Have you ever been forced to have sexual intercourse when you did not want to?		
	Number of Students	Percent of Total
YES	57	13
NO	376	87

Frequency Missing = 6

Figure 6: Forced to have sexual intercourse



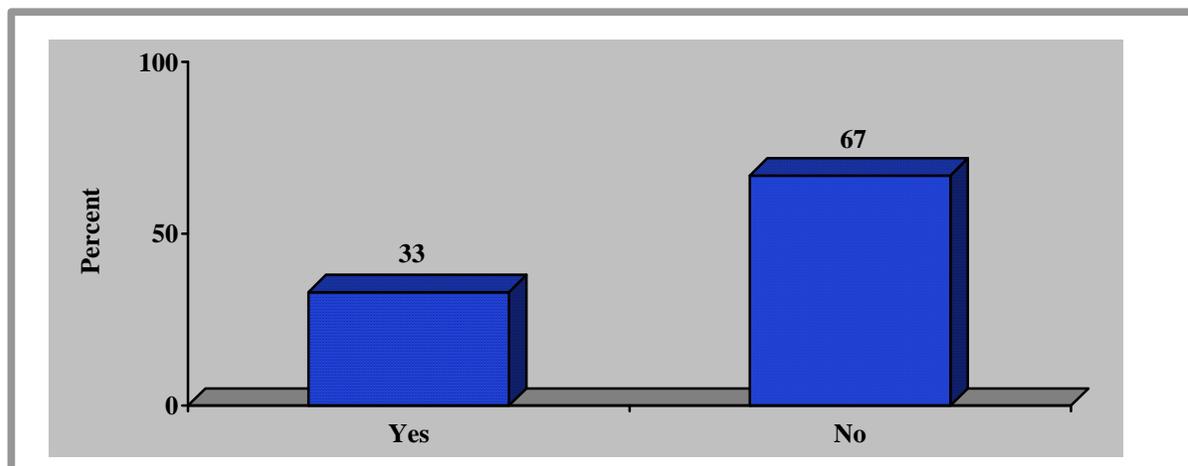
Depression and Suicide

Table 1: Felt sad or hopeless

During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
	Number of Students	Percent of Total
YES	144	33
NO	287	67

Frequency Missing = 8

Figure 1: Felt sad or hopless



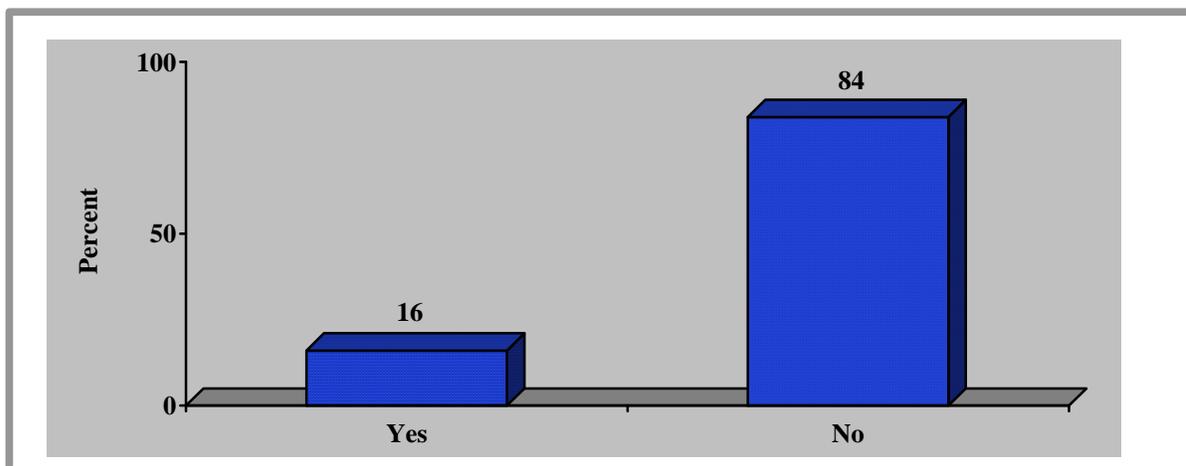
Depression and Suicide (continued)

Table 2: Seriously considered attempting suicide

During the past 12 months, did you ever seriously consider attempting suicide?		
	Number of Students	Percent of Total
YES	65	16
NO	340	84

Frequency Missing = 34

Figure 2: Seriously considered attempting suicide



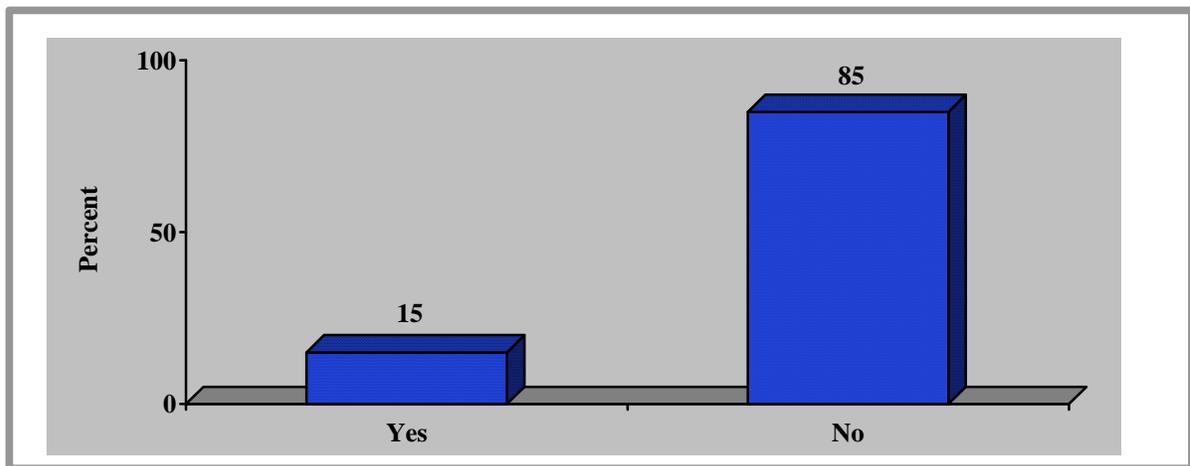
Depression and Suicide (continued)

Table 3: Made a suicide plan

During the past 12 months, did you make a plan about how you would attempt suicide?		
	Number of Students	Percent of Total
YES	65	15
NO	364	85

Frequency Missing = 10

Figure 3: Made a suicide plan



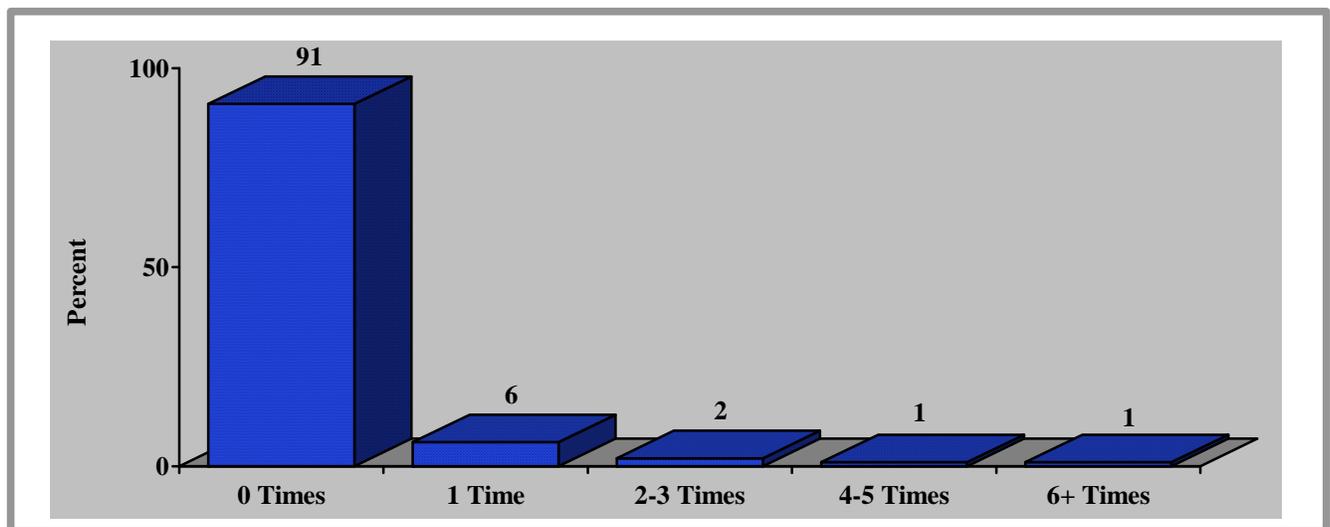
Depression and Suicide (continued)

Table 4: Attempted suicide

During the past 12 months, how many times did you actually attempt suicide?		
	Number of Students	Percent of Total
0 TIMES	274	91
1 TIME	18	6
2-3 TIMES	5	2
4-5 TIMES	2	1
6+ TIMES	3	1

Frequency Missing = 137

Figure 4: Attempted suicide



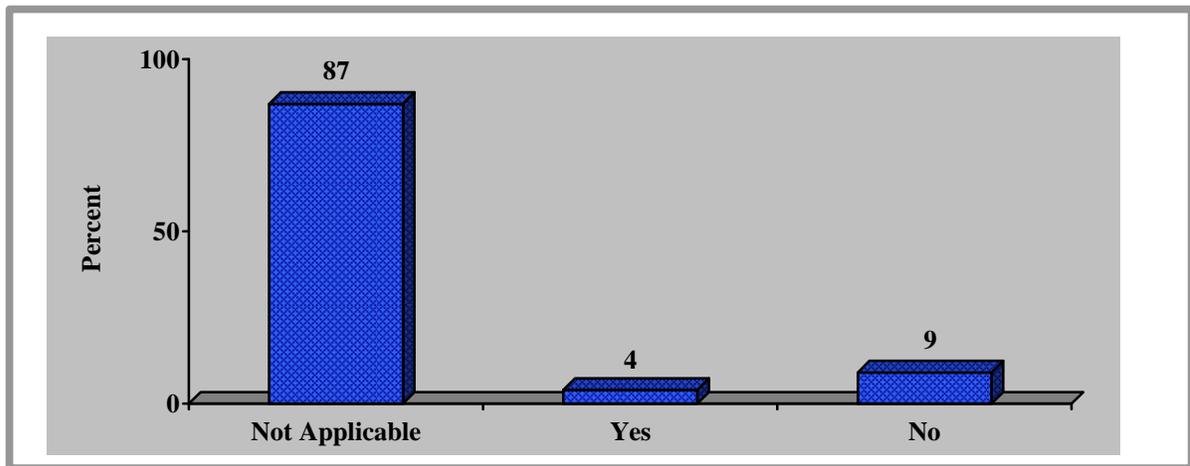
Depression and Suicide (continued)

Table 5: Treated suicide attempt

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
N/A	274	87
YES	13	4
NO	28	9

Frequency Missing = 124

Figure 5: Treated suicide attempt



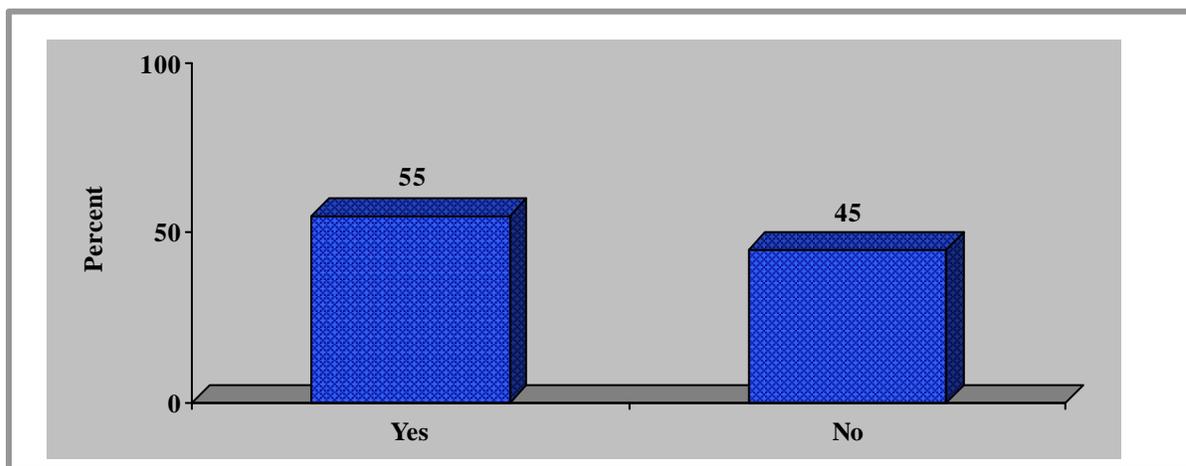
Tobacco Use – Cigarette Smoking

Table 1: Lifetime cigarette smoking

Have you ever tried cigarette smoking, even one or two puffs?		
	Number of Students	Percent of Total
YES	226	55
NO	187	45

Frequency Missing = 26

Figure 1: Lifetime cigarette smoking



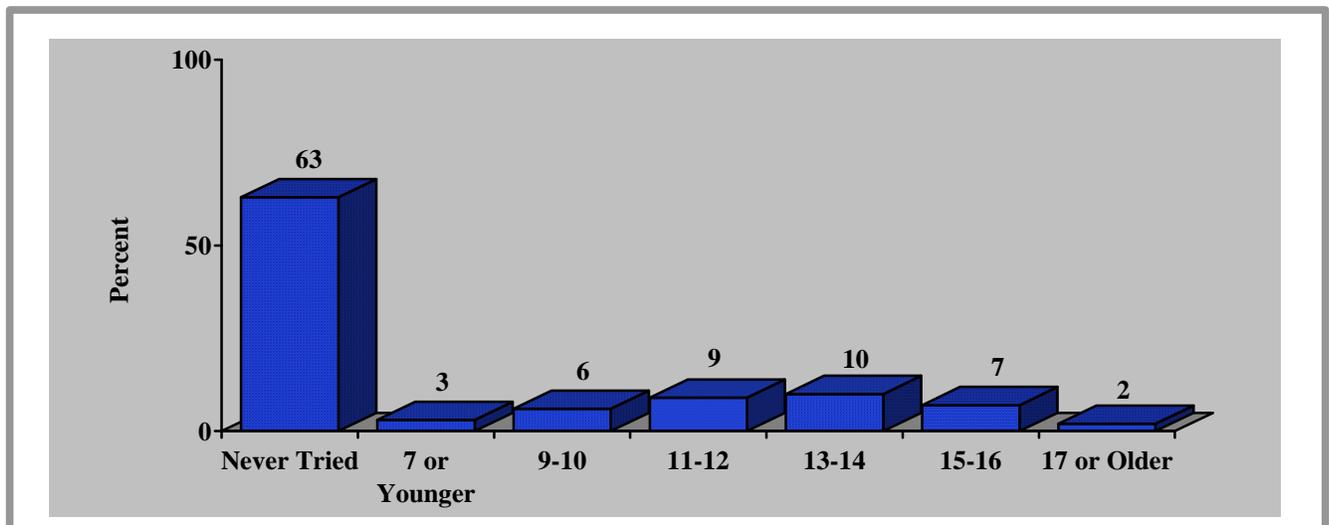
Tobacco Use – Cigarette Smoking (continued)

Table 2: Early initiation of cigarette smoking

How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	250	63
8 OR YOUNGER	13	3
AGE 9-10	24	6
AGE 11-12	34	9
AGE 13-14	41	10
AGE 15-16	28	7
17 OR OLDER	6	2

Frequency Missing = 43

Figure 2: Early initiation of cigarette smoking



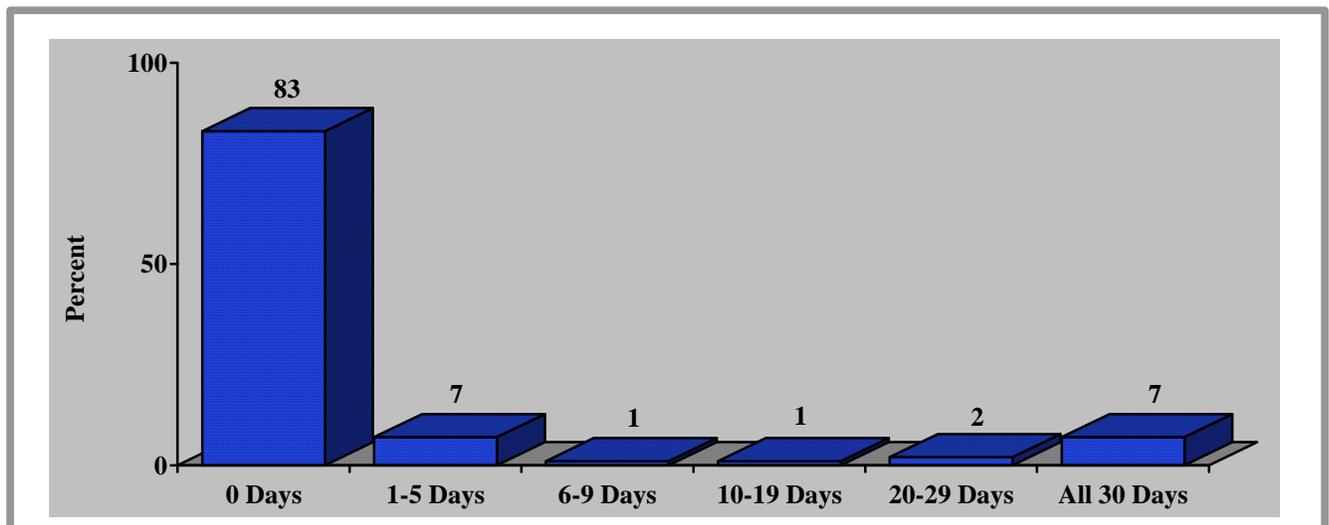
Tobacco Use – Cigarette Smoking (continued)

Table 3: Current cigarette use

During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	333	82
1-2 DAYS	22	5
3-5 DAYS	7	2
6-9 DAYS	3	1
10-19 DAYS	3	1
20-29 DAYS	9	2
ALL 30 DAYS	29	7

Frequency Missing = 33

Figure 3: Current cigarette use



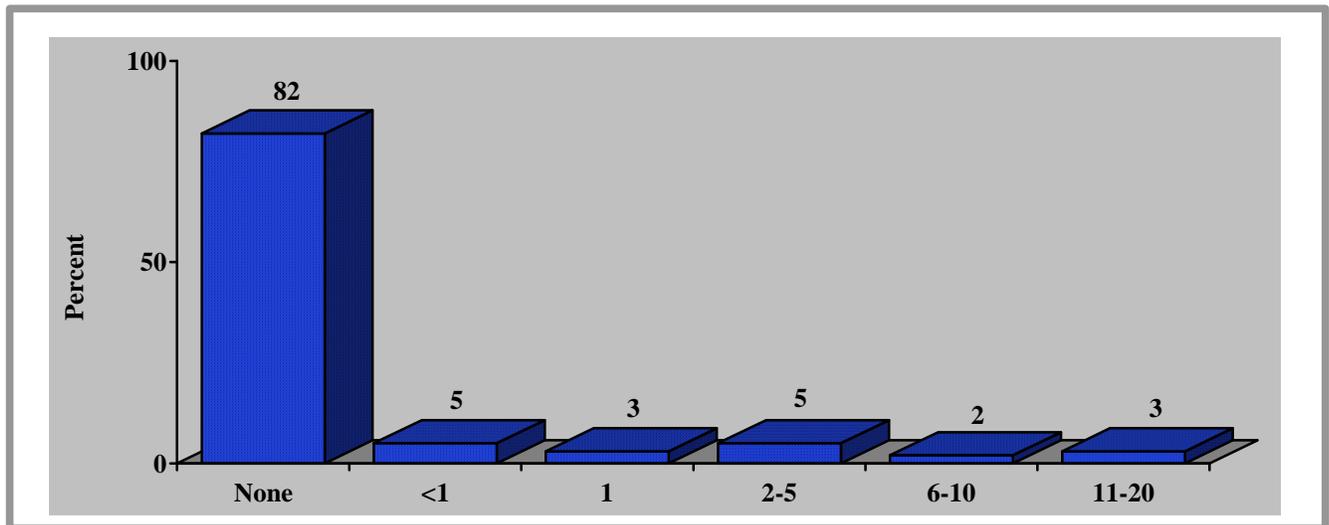
Tobacco Use – Cigarette Smoking (continued)

Table 4: Cigarettes smoked per day

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	329	82
LT 1 PER DAY	20	5
1/DAY	11	3
2-5/DAY	22	5
6-10/DAY	9	2
11-20/DAY	11	3

Frequency Missing = 37

Figure 4: Cigarettes smoked per day



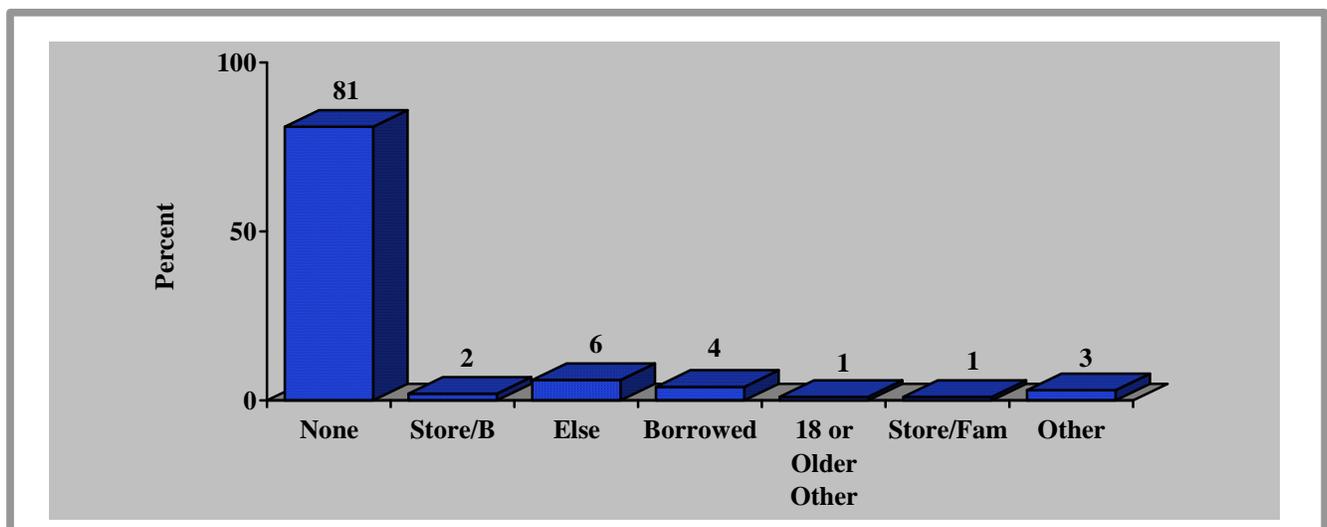
Tobacco Use – Cigarette Smoking (continued)

Table 5: Personally bought cigarettes

During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IN THE PAST MONTH (NONE)	333	81
STORE BOUGHT (STORE/B)	10	2
SOMEONE ELSE BOUGHT (ELSE)	25	6
BORROWED THEM (BORROWED)	17	4
PERSON 18 OR OLDER GAVE THEM (18 OR OLDER OTHER)	6	1
TOOK FROM A STORE OR FAMILY MEMBER (STORE/FAM)	4	1
SOME OTHER WAY (OTHER)	14	3

Frequency Missing = 30

Figure 5: Personally bought cigarettes



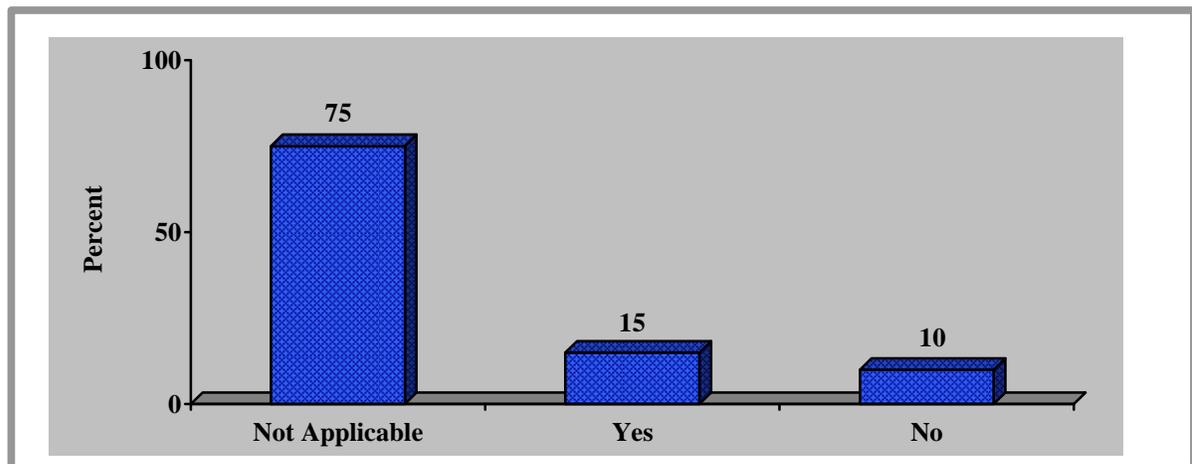
Tobacco Use – Cigarette Smoking (continued)

Table 6: Tried to quit smoking

Have you ever tried to quit smoking cigarettes?		
	Number of Students	Percent of Total
N/A	297	75
YES	60	15
NO	38	10

Frequency Missing = 44

Figure 6: Tried to quit smoking



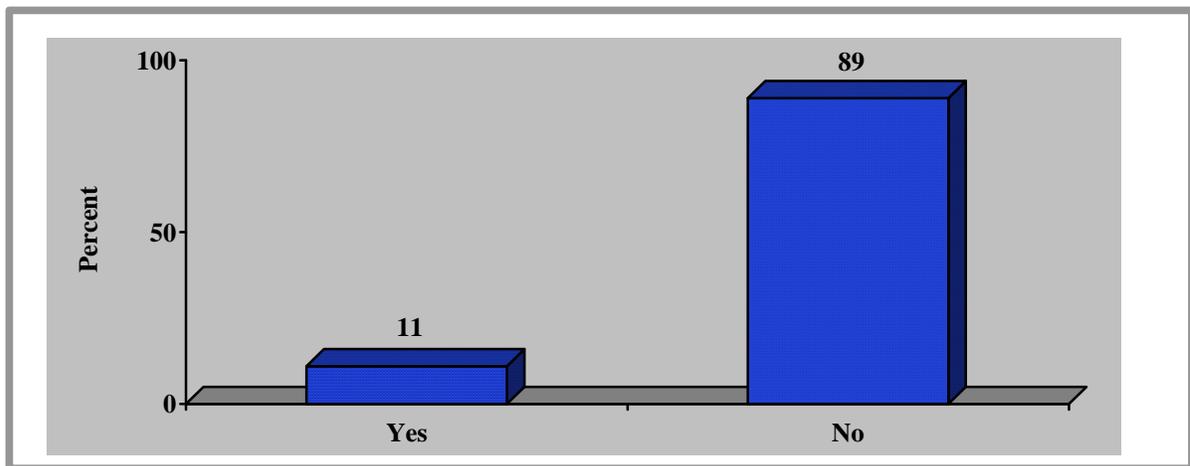
Tobacco Use – Cigarette Smoking (continued)

Table 7: Regular cigarette use

Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?		
	Number of Students	Percent of Total
YES	46	11
NO	369	89

Frequency Missing = 24

Figure 7: Regular cigarette use



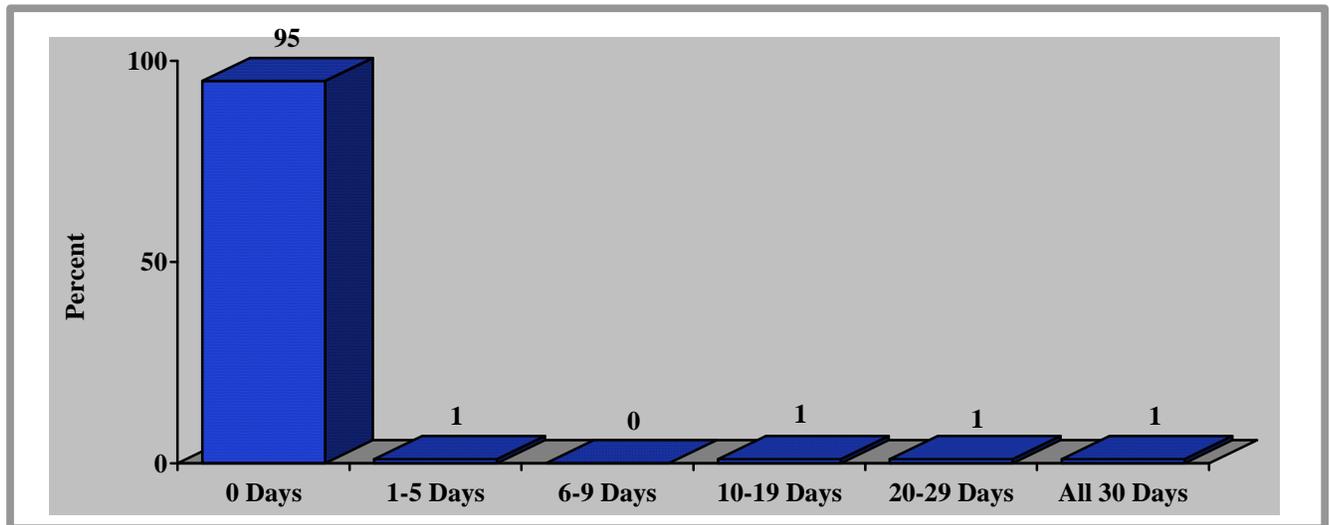
Tobacco Use – Other Uses

Table 8: Current smokeless tobacco use

During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Bandits, or Copenhagen?		
	Number of Students	Percent of Total
0 DAYS	411	95
1-2 DAYS	6	1
3-5 DAYS	2	0
6-9 DAYS	1	0
10-19 DAYS	4	1
20-29 DAYS	3	1
ALL 30 DAYS	4	1

Frequency Missing = 8

Figure 8: Current smokeless tobacco use



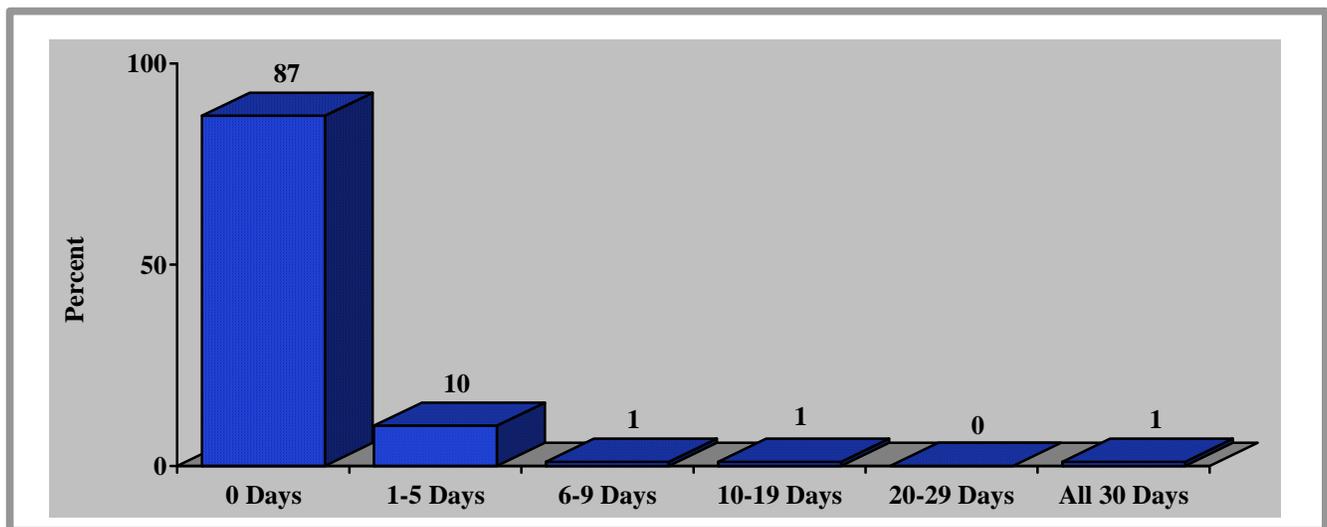
Tobacco Use – Other Uses (continued)

Table 9: Current cigar use

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	377	87
1-2 DAYS	30	7
3-5 DAYS	13	3
6-9 DAYS	5	1
10-19 DAYS	4	1
20-29 DAYS	2	0
ALL 30 DAYS	4	1

Frequency Missing = 4

Figure 9: Current cigar use



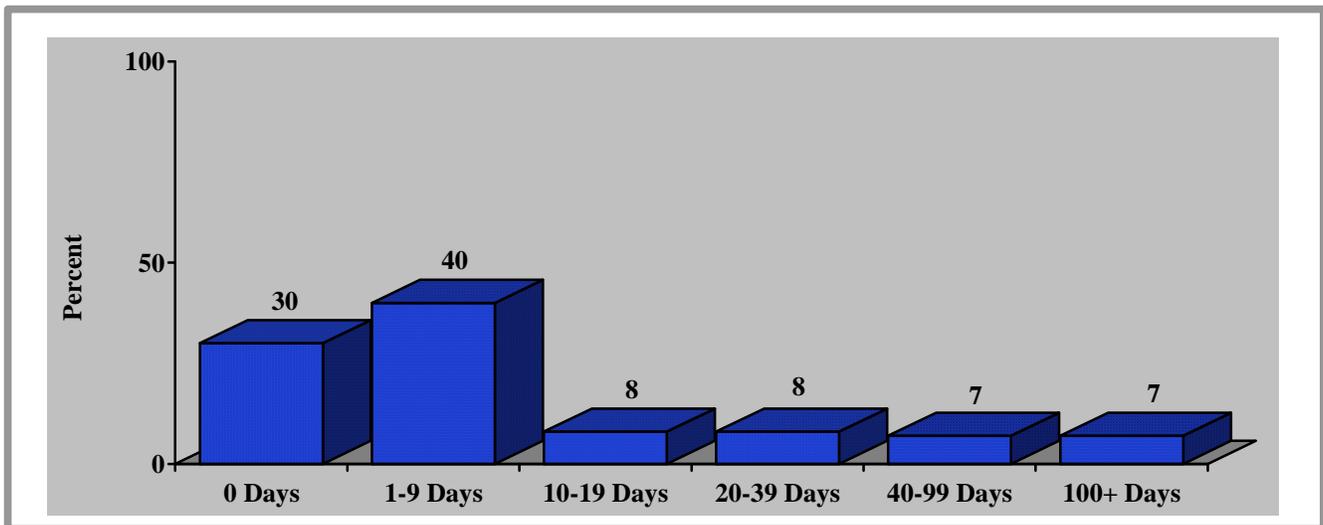
Alcohol Use

Table 1: Lifetime alcohol use

During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	112	30
1-2 DAYS	80	22
3-9 DAYS	66	18
10-19 DAYS	30	8
20-39 DAYS	30	8
40-99 DAYS	24	7
100+ DAYS	27	7

Frequency Missing = 70

Figure 1: Lifetime alcohol use



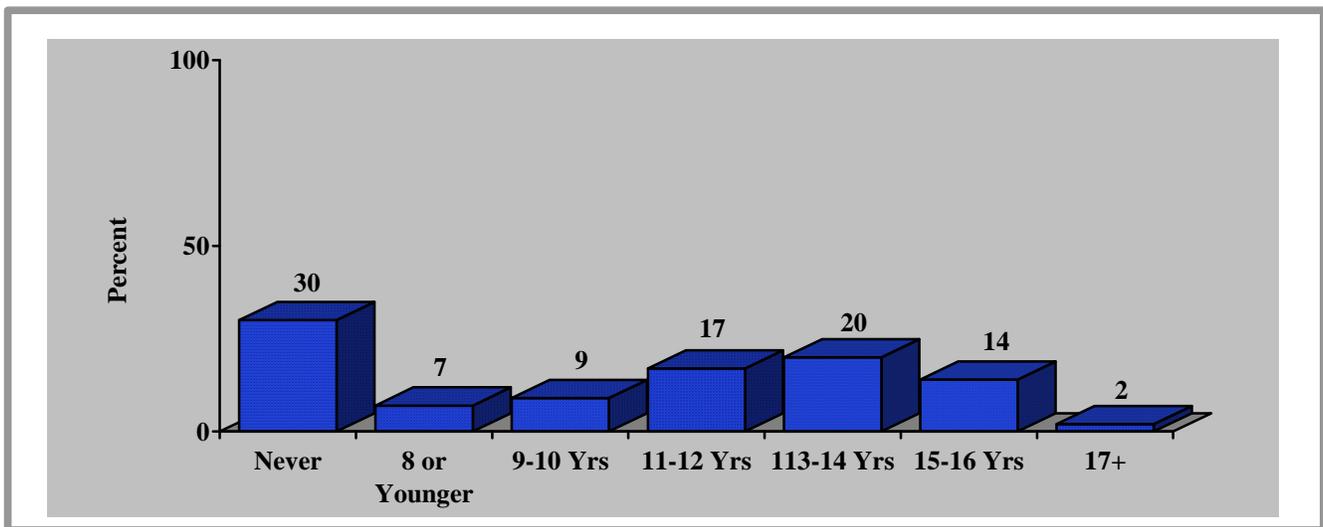
Alcohol Use (continued)

Table 2: Early initiation of alcohol use

How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	114	30
8 OR YOUNGER	27	7
AGE 9-10	32	9
AGE 11-12	64	17
AGE 13-14	77	20
AGE 15-16	53	14
17 OR OLDER	9	2

Frequency Missing = 63

Figure 2: Early initiation of alcohol use



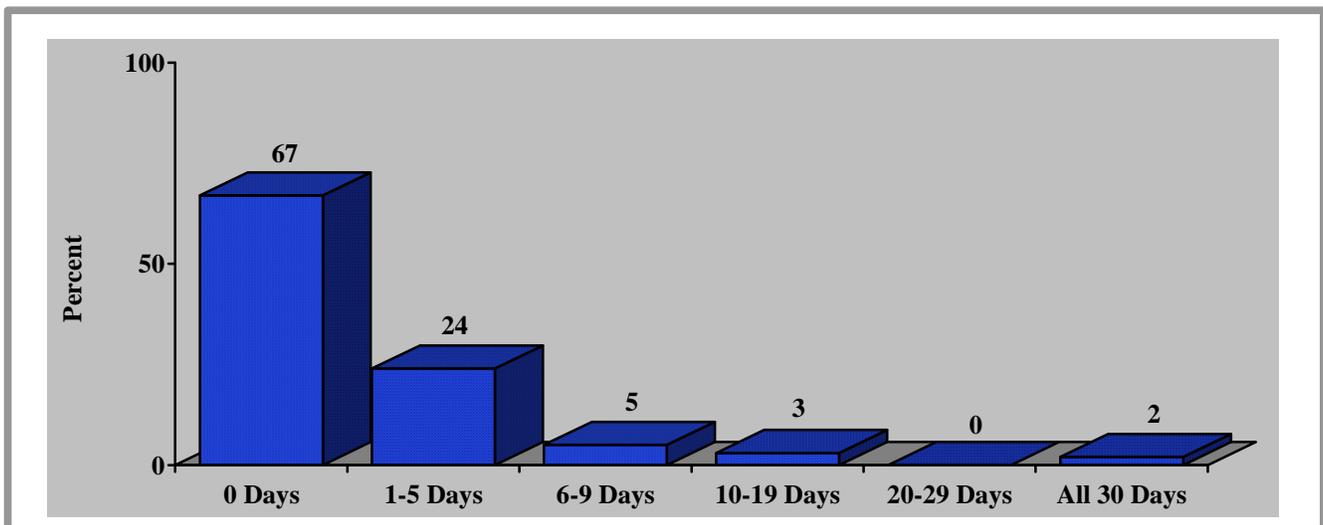
Alcohol Use (continued)

Table 3: Current alcohol use

During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	263	67
1-2 DAYS	69	18
3-5 DAYS	25	6
6-9 DAYS	18	5
10-19 DAYS	10	3
20-29 DAYS	1	0
ALL 30 DAYS	6	2

Frequency Missing = 47

Figure 3: Current alcohol use



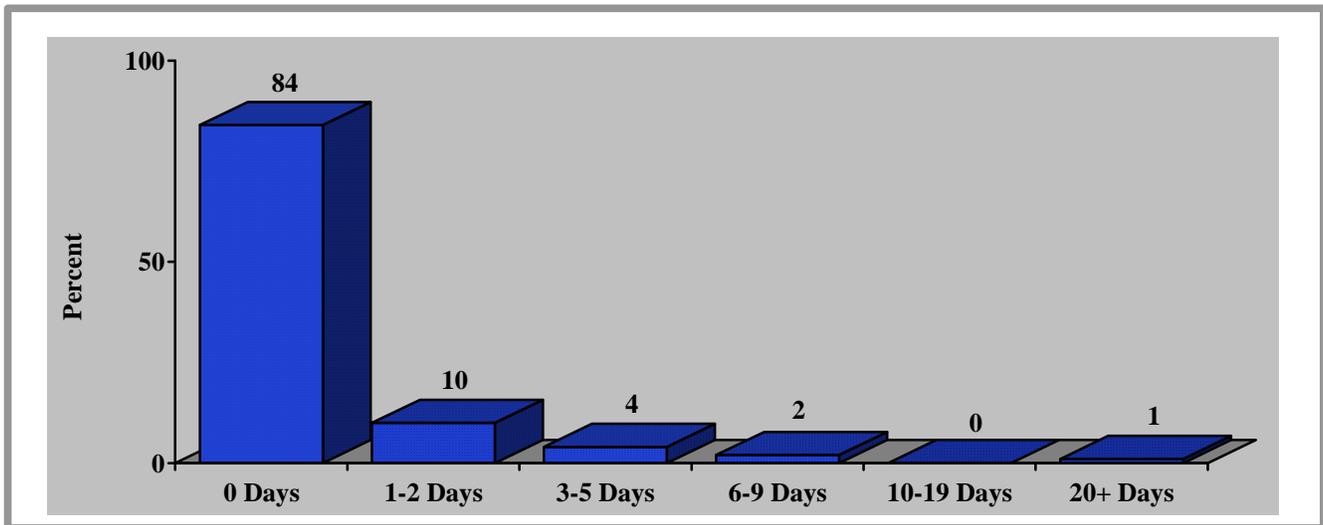
Alcohol Use (continued)

Table 4: Heavy alcohol use

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
	Number of Students	Percent of Total
0 DAYS	347	84
1 DAY	23	6
2 DAYS	16	4
3-5 DAYS	18	4
6-9 DAYS	7	2
10-19 DAYS	1	0
20+ DAYS	3	1

Frequency Missing = 24

Figure 4: Heavy alcohol use



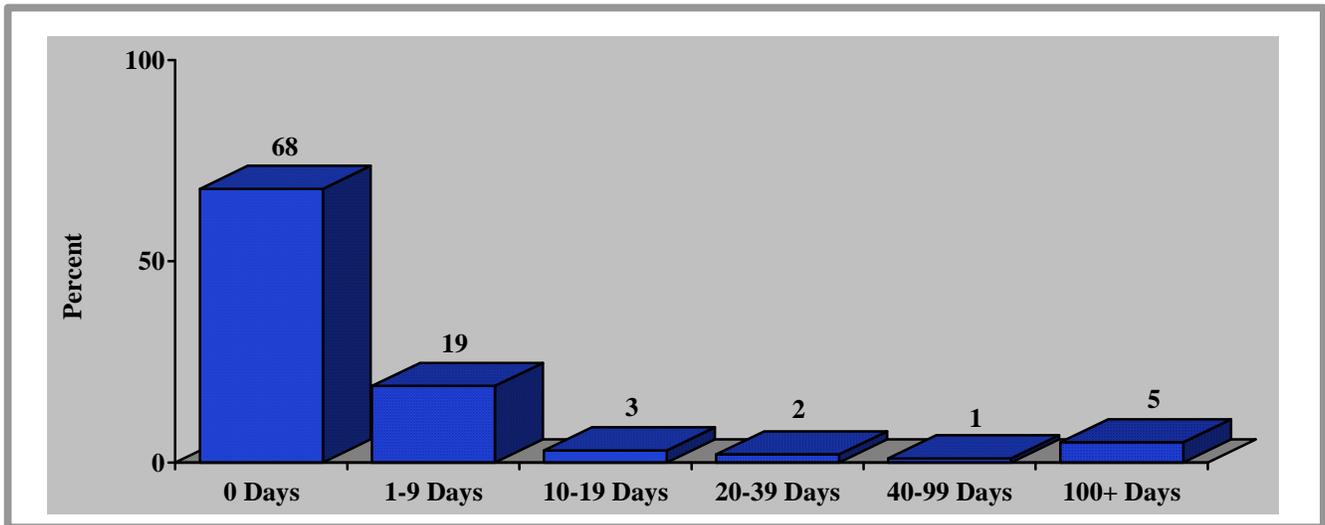
Illegal Drug Use

Table 1: Lifetime marijuana use

During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	283	68
1-2 TIMES	50	12
3-9 TIMES	31	7
10-19 TIMES	12	3
20-39 TIMES	10	2
40-99 TIMES	6	1
100+ TIMES	22	5

Frequency Missing = 25

Figure 1: Lifetime marijuana use



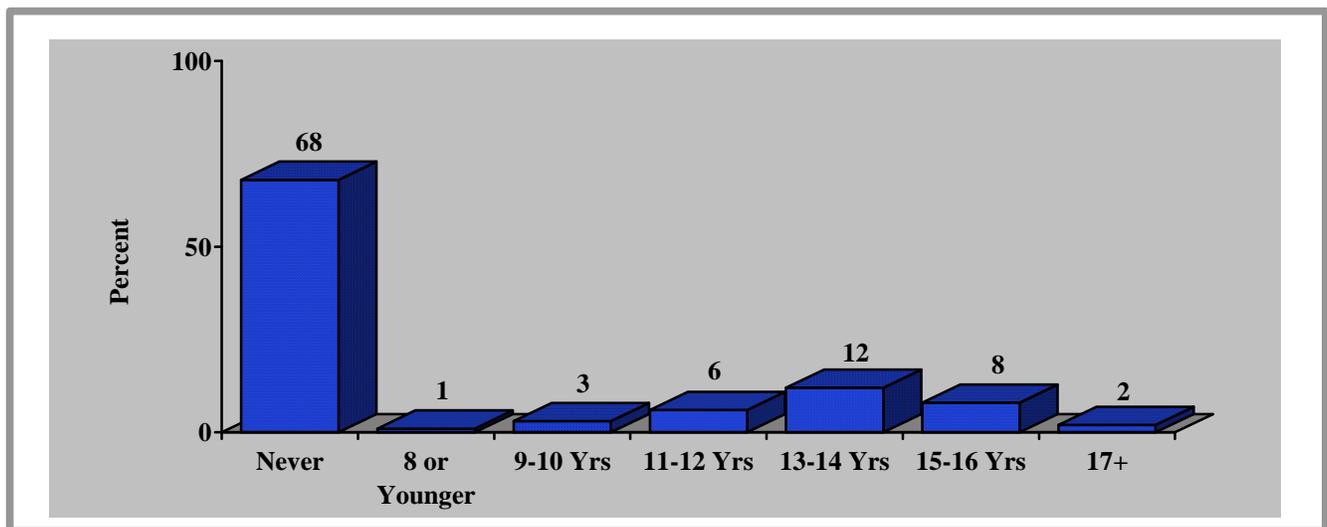
Illegal Drug Use (continued)

Table 2: Early initiation of marijuana use

How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	288	68
8 OR YOUNGER	6	1
AGE 9-10	11	3
AGE 11-12	26	6
AGE 13-14	50	12
AGE 15-16	32	8
17 OR OLDER	10	2

Frequency Missing = 16

Figure 2: Early initiation of marijuana use



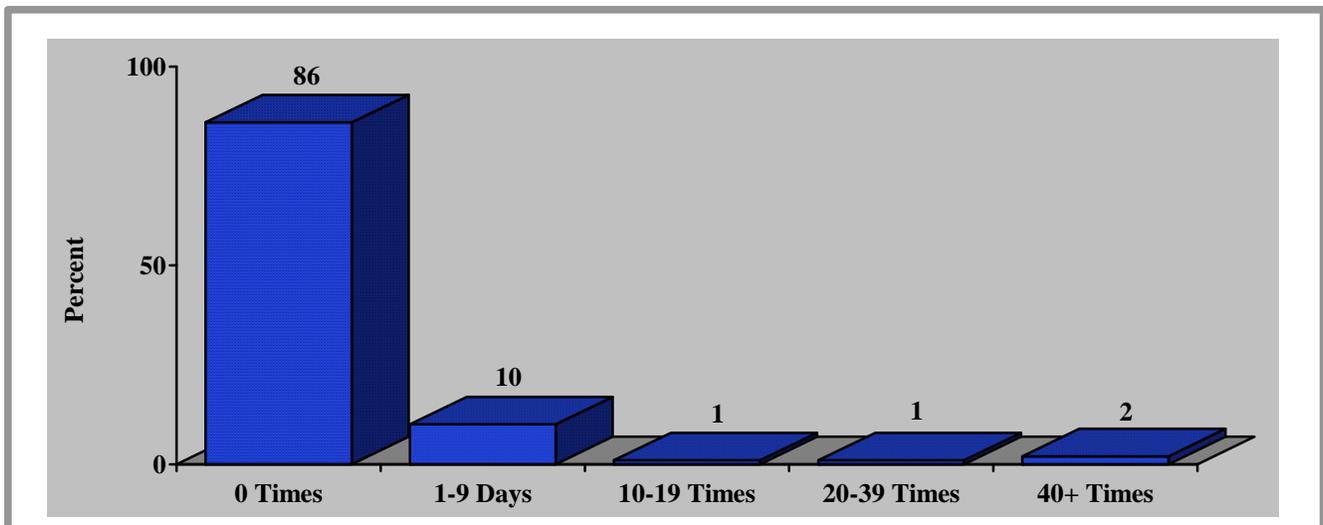
Illegal Drug Use (continued)

Table 3: Current marijuana use

During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	366	86
1-2 TIMES	28	7
3-9 TIMES	13	3
10-19 TIMES	4	1
20-39 TIMES	5	1
40+ TIMES	9	2

Frequency Missing = 14

Figure 3: Current marijuana use



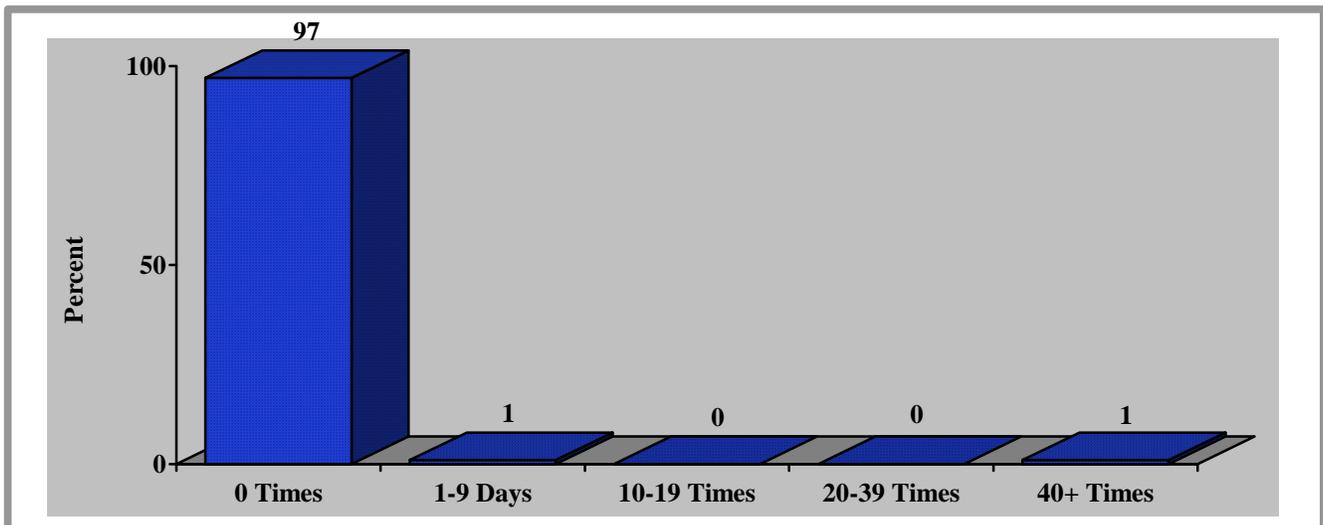
Illegal Drug Use (continued)

Table 4: Lifetime cocaine use

During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	417	97
1-2 TIMES	5	1
3-9 TIMES	2	0
10-19 TIMES	1	0
20-39 TIMES	0	0
40+ TIMES	4	1

Frequency Missing = 10

Figure 4: Lifetime cocaine use



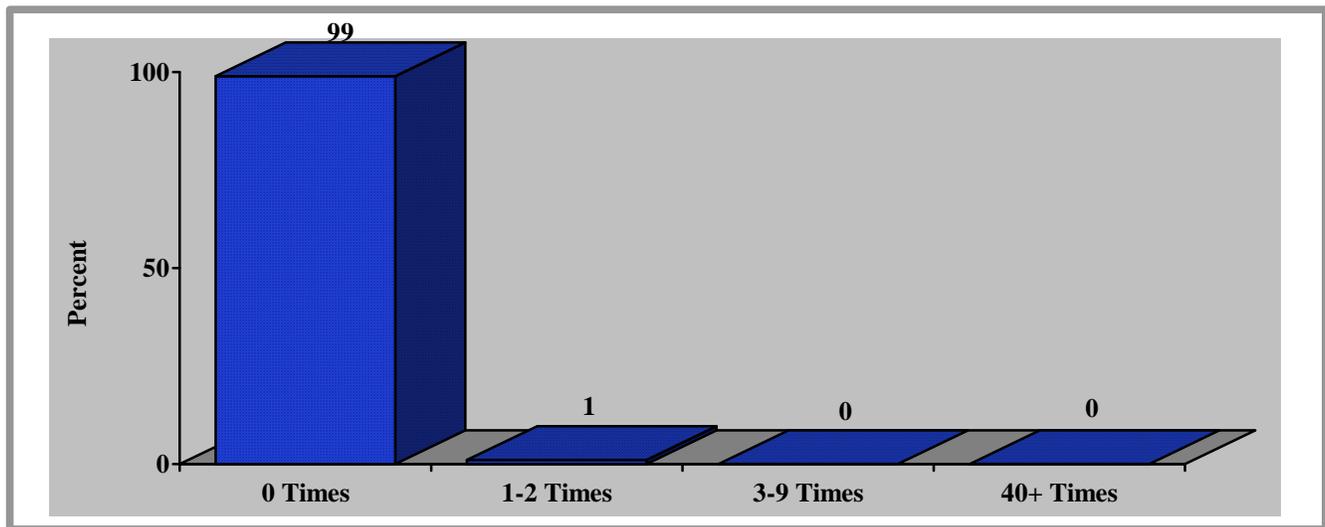
Illegal Drug Use (continued)

Table 5: Current cocaine use

During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
	Number of Students	Percent of Total
0 TIMES	424	99
1-2 TIMES	3	1
3-9 TIMES	1	0
40+ TIMES	2	0

Frequency Missing = 9

Figure 5: Current cocaine use



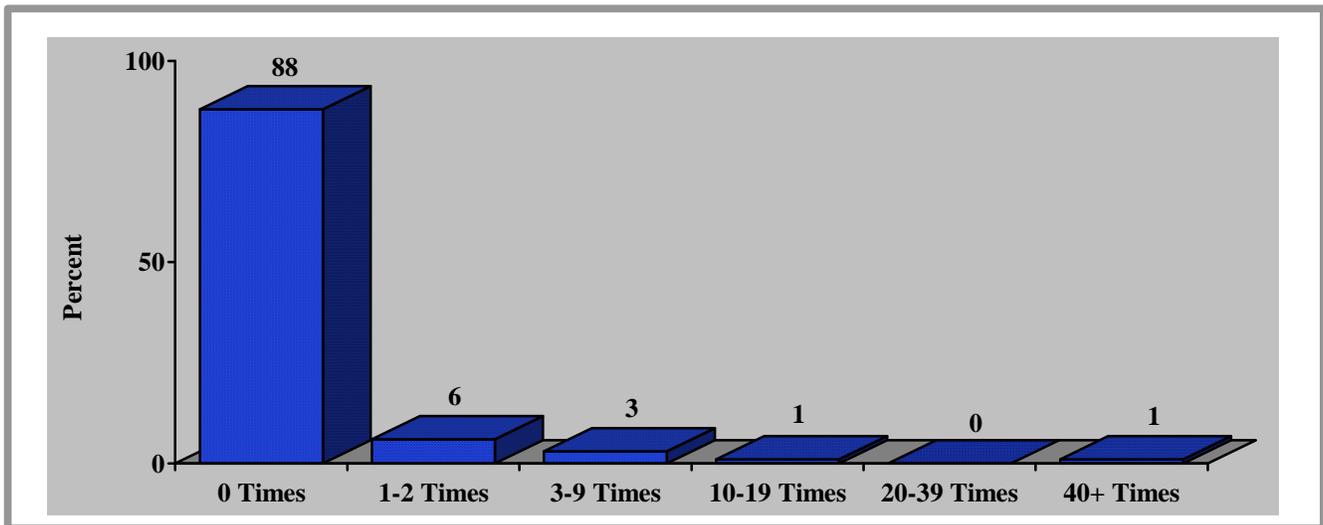
Illegal Drug Use (continued)

Table 6: Lifetime inhalant use

During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
	Number of Students	Percent of Total
0 TIMES	379	88
1-2 TIMES	27	6
3-9 TIMES	14	3
10-19 TIMES	4	1
20-39 TIMES	2	0
40+ TIMES	6	1

Frequency Missing = 7

Figure 7: Lifetime inhalant use



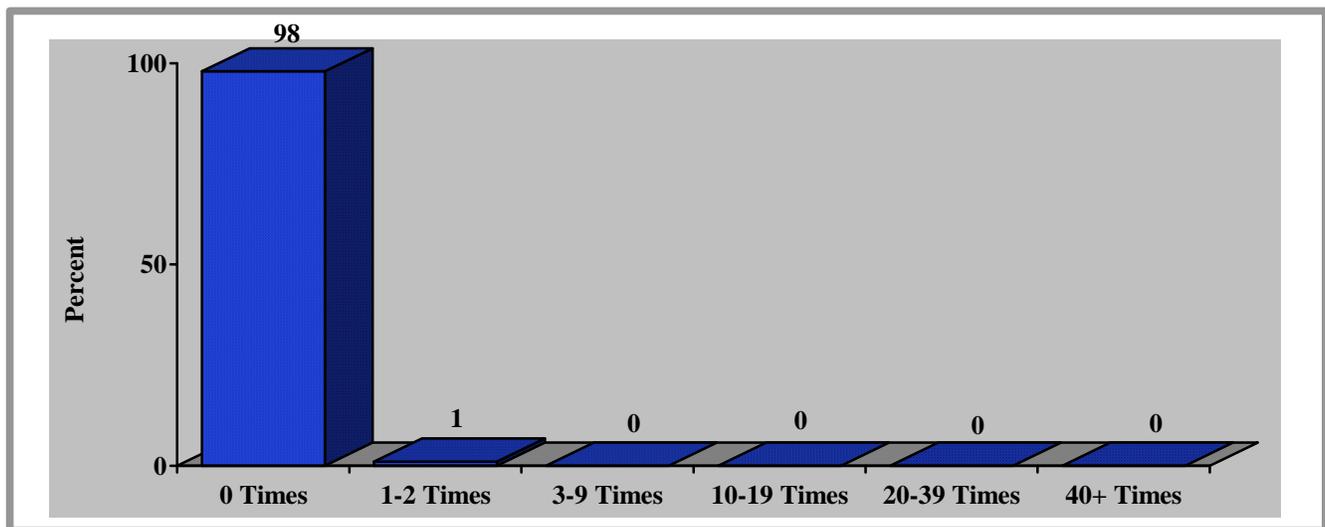
Illegal Drug Use (continued)

Table 7: Lifetime heroin use

During your life, how many times have your used heroin (also called smack, junk, or China White)?		
	Number of Students	Percent of Total
0 TIMES	421	98
1-2 TIMES	6	1
3-9 TIMES	2	0
40+ TIMES	1	0

Frequency Missing = 9

Figure 7: Lifetime heroin use



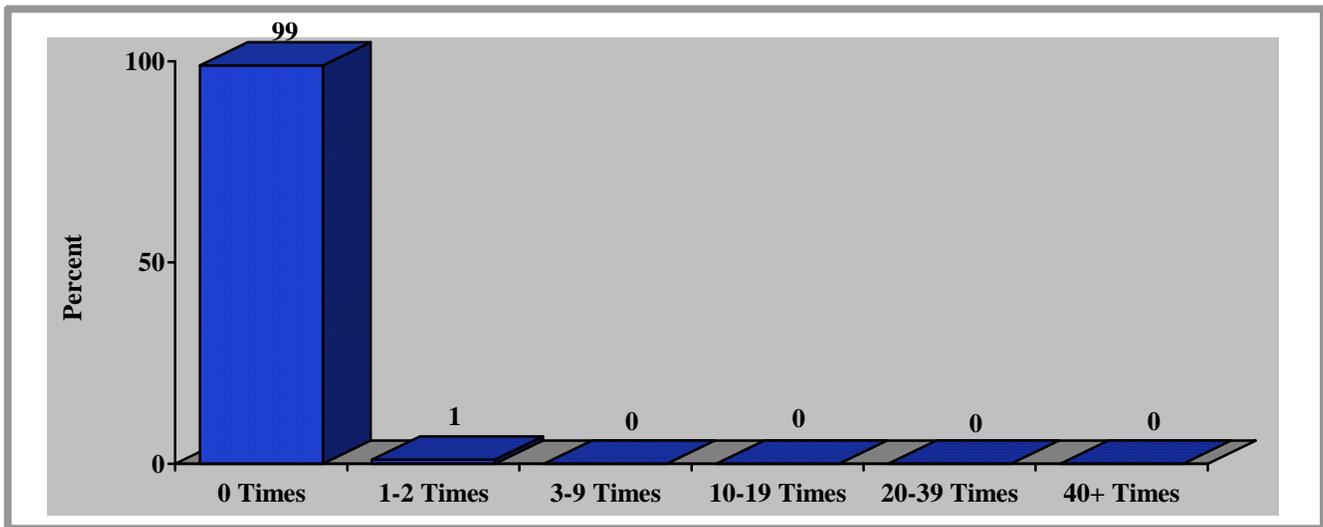
Illegal Drug Use (continued)

Table 8: Lifetime methamphetamines use

During your life how many times have you used methamphetamines (also called speed, crystal, crank or ice)?		
	Number of Students	Percent of Total
0 TIMES	413	99
1-2 TIMES	3	1
3-9 TIMES	2	0
40+ TIMES	1	0

Frequency Missing = 20

Figure 8: Lifetime methamphetamines use



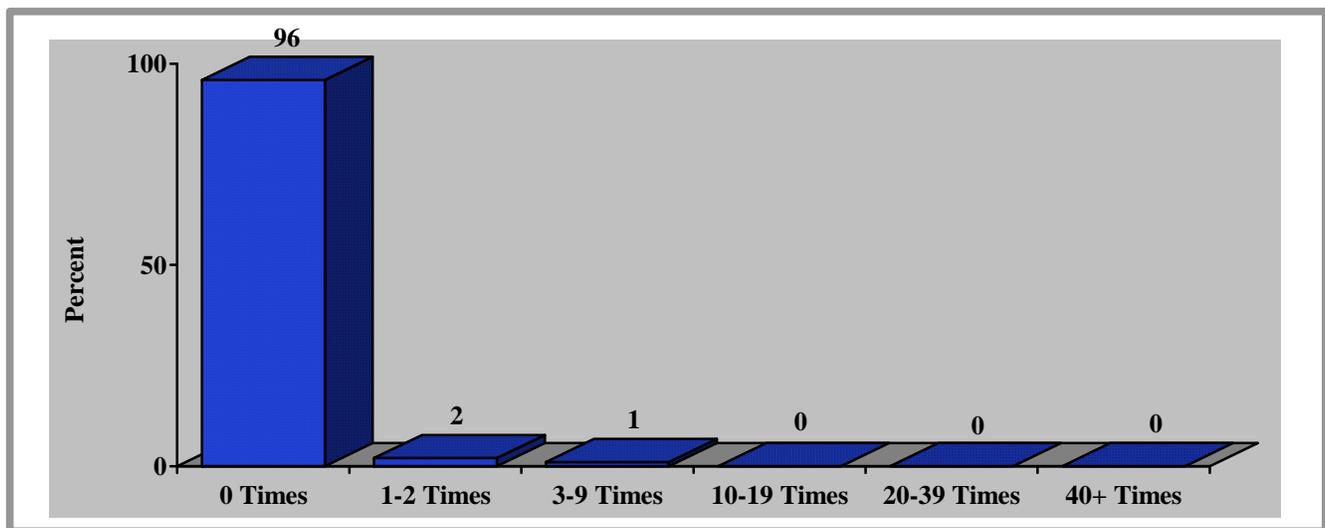
Illegal Drug Use (continued)

Table 9: Lifetime ecstasy use

During your life, how many times have you used ecstasy?		
	Number of Students	Percent of Total
0 TIMES	415	96
1-2 TIMES	7	2
3-9 TIMES	6	1
10-19 TIMES	1	0
20-39 TIMES	1	0
40+ TIMES	1	0

Frequency Missing = 8

Figure 9: Lifetime ecstasy use



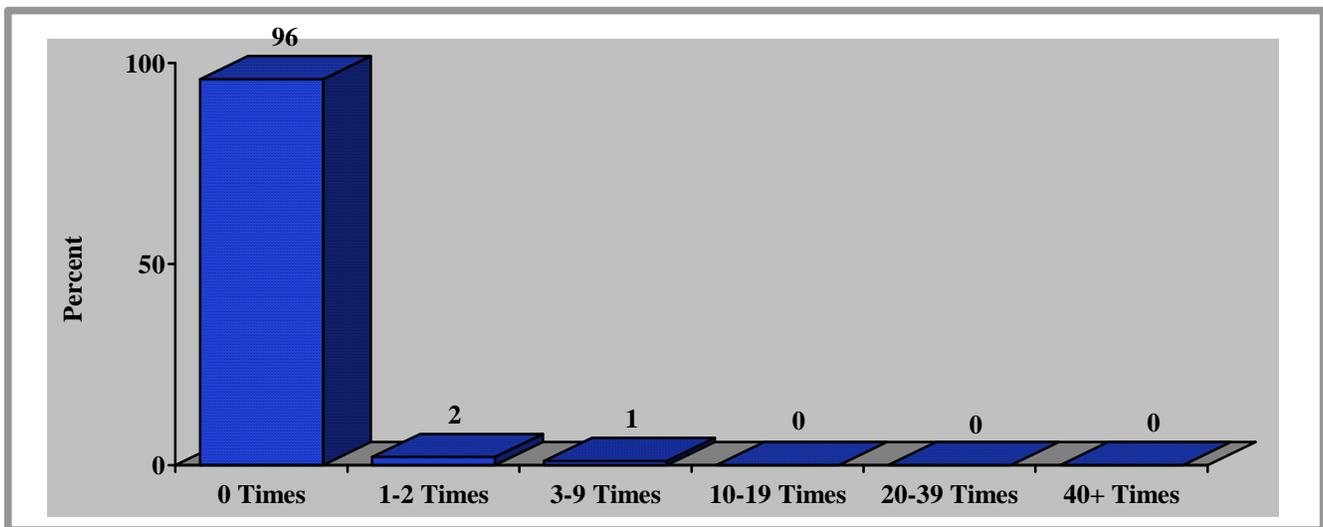
Illegal Drug Use (continued)

Table 10: Lifetime illegal steroid use

During your life how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	417	96
1-2 TIMES	10	2
3-9 TIMES	3	1
10-19 TIMES	2	0
40+ TIMES	2	0

Frequency Missing = 5

Figure 10: Lifetime illegal steroid use



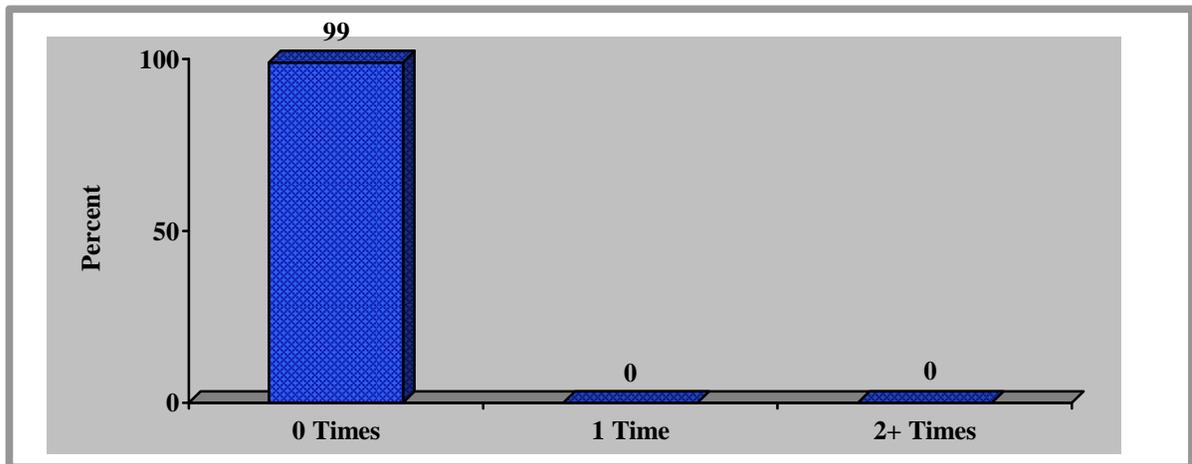
Illegal Drug Use (continued)

Table 11: Lifetime illegal drug injection use

During your life how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	430	99
1 TIME	2	0
2+ TIMES	1	0

Frequency Missing = 6

Figure 11: Lifetime illegal drug injection use



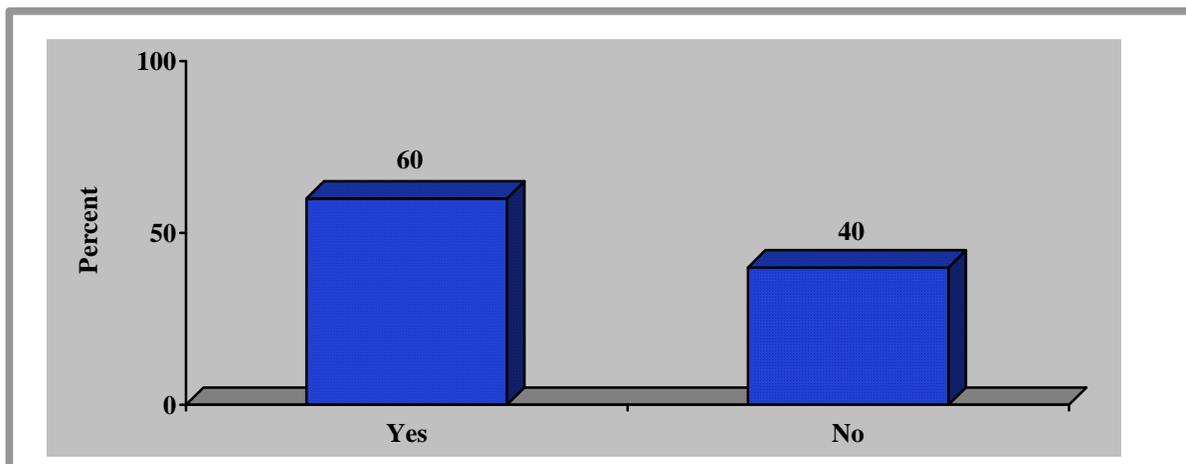
Sexual Behaviors

Table 1: Ever had sexual intercourse

Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	223	60
NO	150	40

Frequency Missing = 66

Figure 1: Ever had sexual intercourse



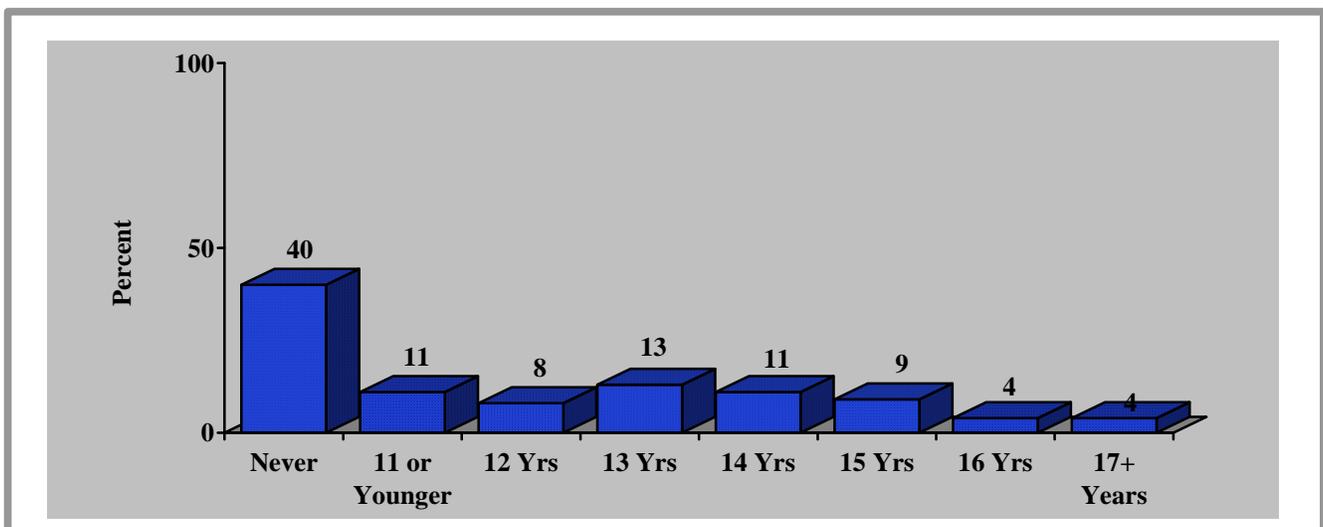
Sexual Behaviors (continued)

Table 2: Age of initiation of sexual intercourse

How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	150	40
AGE 11 OR YOUNGER	43	11
AGE 12	30	8
AGE 13	50	13
AGE 14	40	11
AGE 15	32	9
AGE 16	16	4
AGE 17+	15	4

Frequency Missing = 63

Figure 2: Age of initiation of sexual intercourse



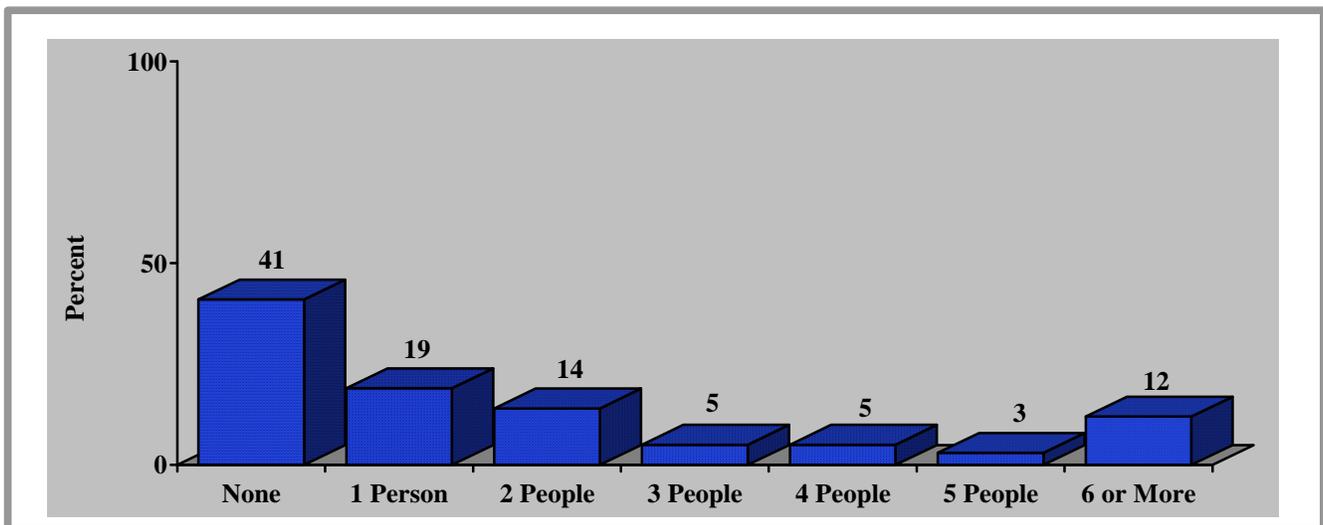
Sexual Behaviors (continued)

Table 3: Lifetime number of sexual partners

During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	156	41
1 PERSON	72	19
2 PEOPLE	53	14
3 PEOPLE	17	5
4 PEOPLE	20	5
5 PEOPLE	13	3
6 OR MORE PEOPLE	46	12

Frequency Missing = 62

Figure 3: Lifetime number of sexual partners



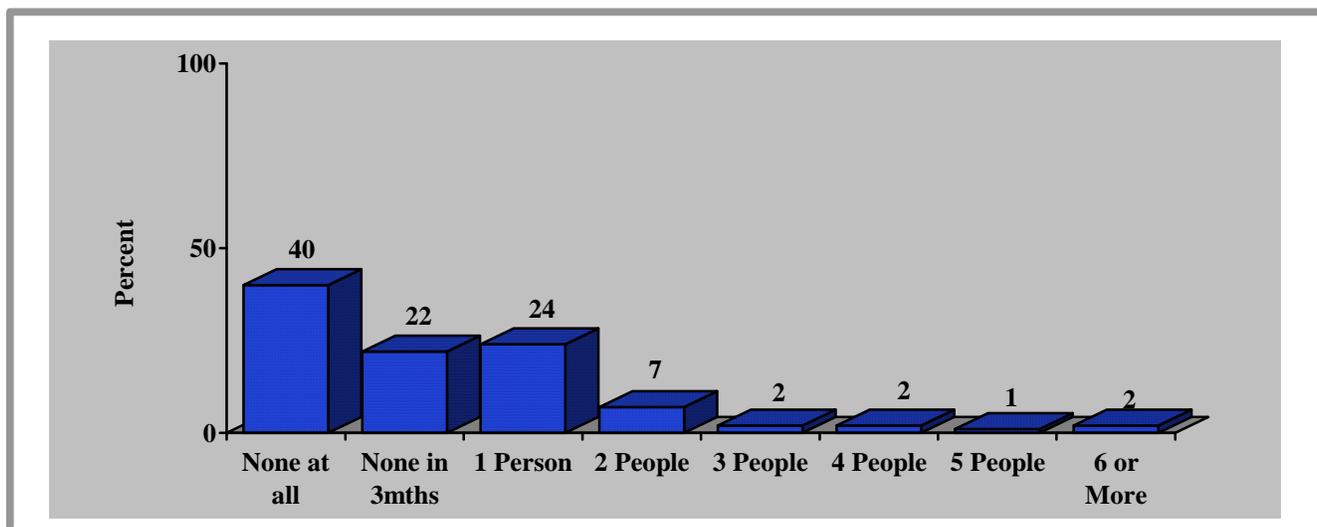
Sexual Behaviors (continued)

Table 4: Number of sexual partners in past 3 months

During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	151	40
NONE IN PAST 3 MONTHS	82	22
1 PERSON	90	24
2 PEOPLE	27	7
3 PEOPLE	7	2
4 PEOPLE	6	2
5 PEOPLE	2	1
6 OR MORE PEOPLE	9	2

Frequency Missing = 65

Figure 4: Number of sexual partners in past 3 months



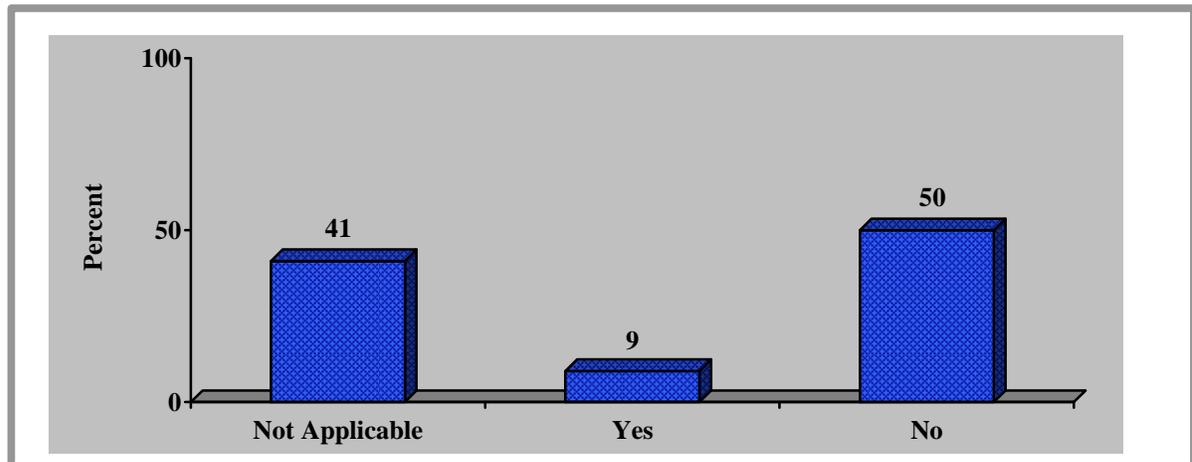
Sexual Behaviors (continued)

Table 5: Drug use before last sexual intercourse

Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	151	41
YES	35	9
NO	183	50

Frequency Missing = 70

Figure 5: Drug use before last sexual intercourse



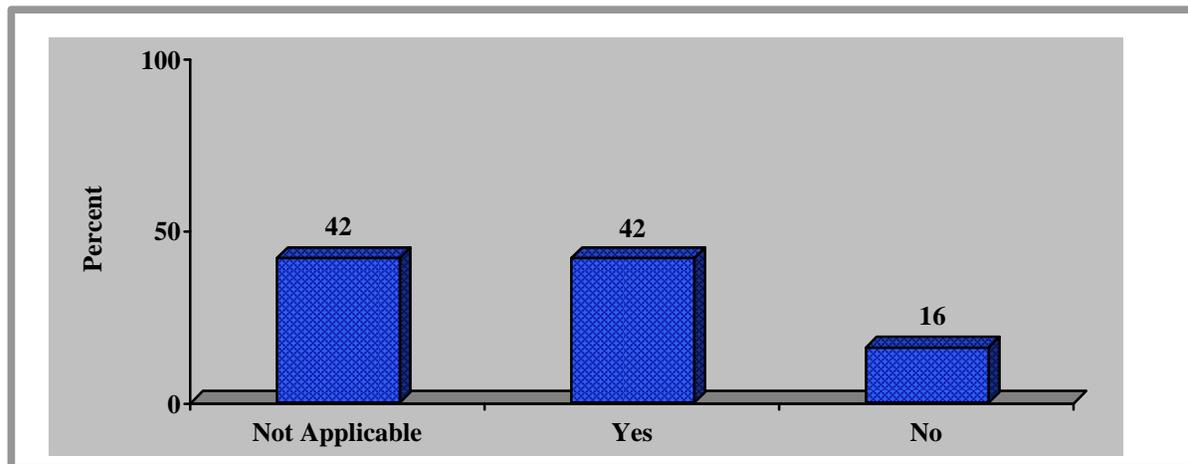
Sexual Behaviors (continued)

Table 6: Condom use during last sexual intercourse

The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	152	42
YES	152	42
NO	59	16

Frequency Missing = 76

Figure 6: Condom use during last sexual intercourse



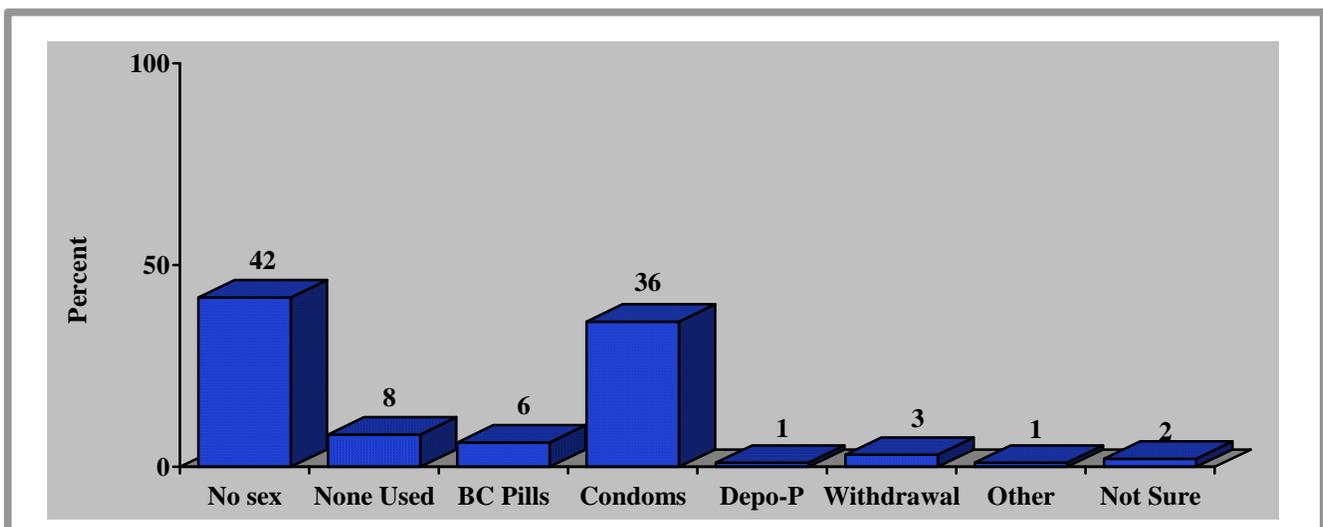
Sexual Behaviors (continued)

Table 7: Birth control use during last sexual intercourse

The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	152	42
NO BIRTH CONTROL USED	30	8
BIRTH CONTROL PILLS	22	6
CONDOMS	133	36
DEPO-PROVERA	5	1
WITHDRAWAL	11	3
OTHER	3	1
NOT SURE	9	2

Frequency Missing = 74

Figure 7: Birth control use during last sexual intercourse



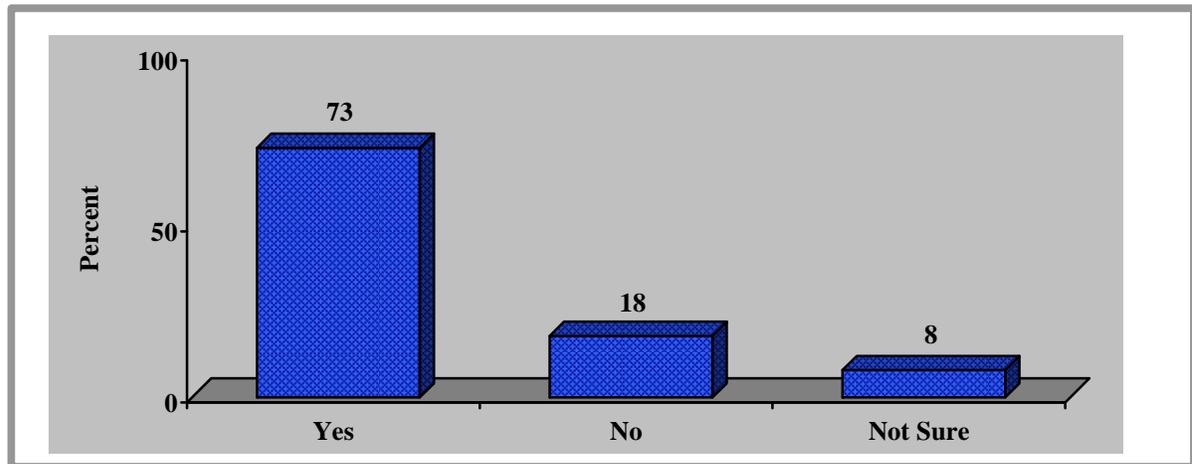
AIDS/HIV Information

Table 1: AIDS/HIV Information

Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	302	73
NO	76	18
NOT SURE	35	8

Frequency Missing = 26

Figure 1: AIDS/HIV Information



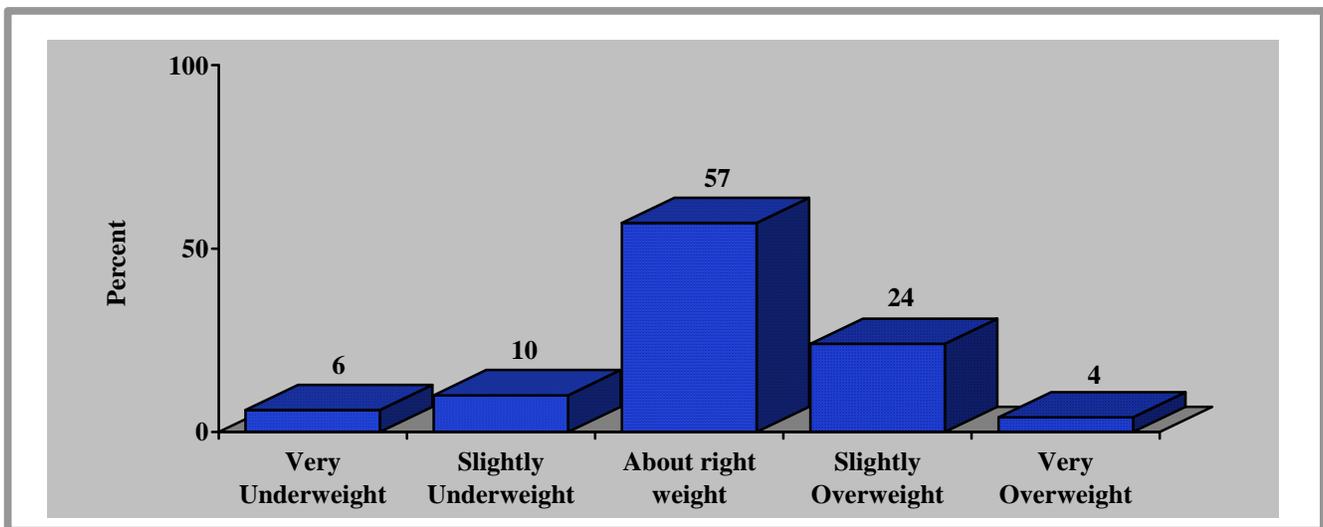
Overweight and Weight Control

Table 1: Description of weight

How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	24	6
SLIGHTLY UNDERWEIGHT	42	10
ABOUT THE RIGHT WEIGHT	242	57
SLIGHTLY OVERWEIGHT	102	24
VERY OVERWEIGHT	17	4

Frequency Missing = 12

Figure 1: Description of weight



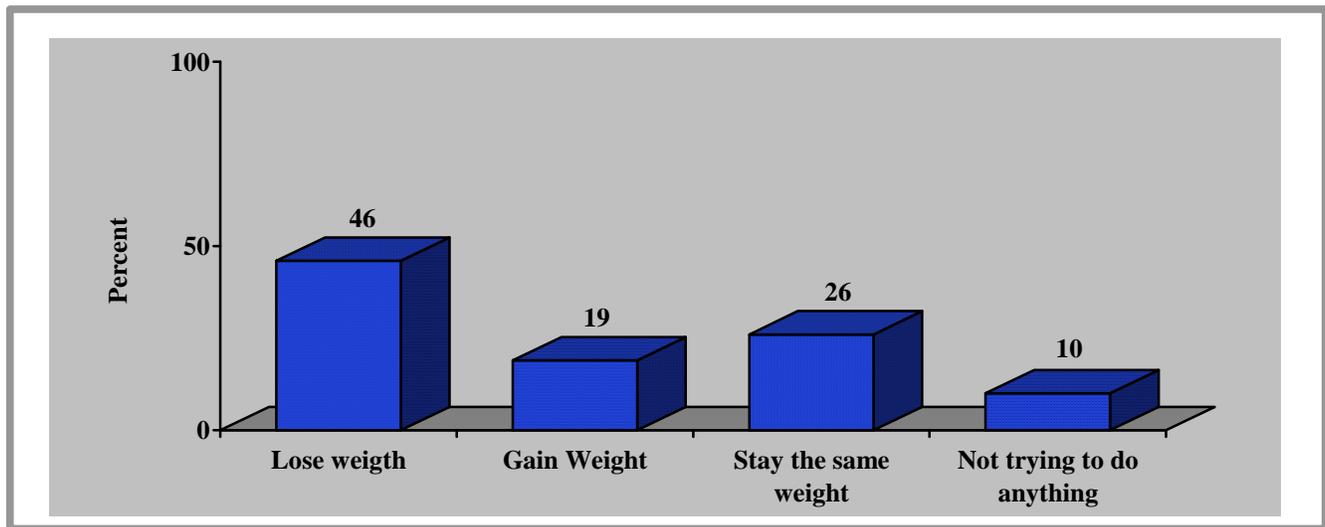
Overweight and Weight Control (continued)

Table 2: Method of weight control

Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	196	46
GAIN WEIGHT	81	19
STAY THE SAME WEIGHT	111	26
NOT TRYING TO DO ANYTHING	41	10

Frequency Missing = 10

Figure 2: Method of weight control



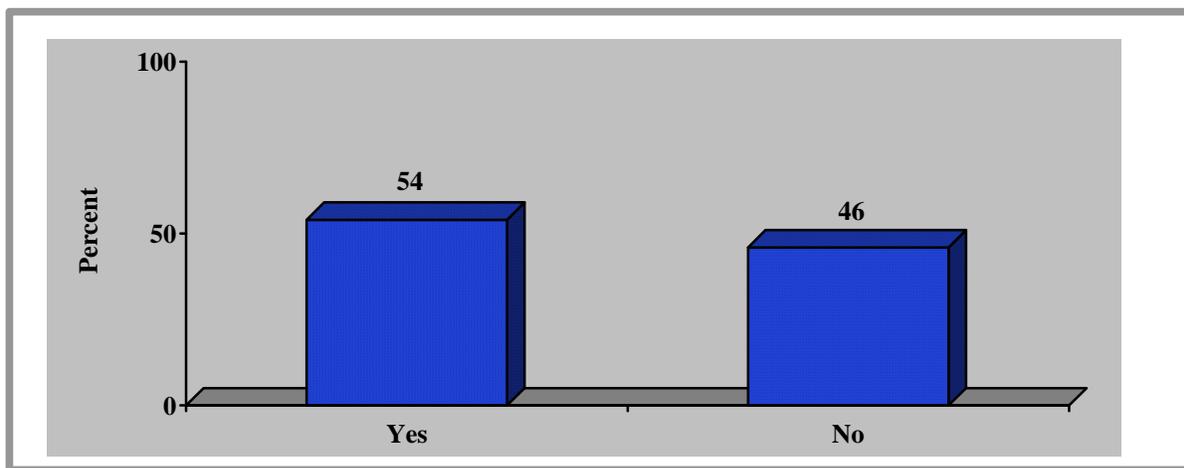
Overweight and Weight Control (continued)

Table 3: Exercised to lose weight

During the past 30 days did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	227	54
NO	193	46

Frequency Missing = 19

Figure 3: Exercised to lose weight



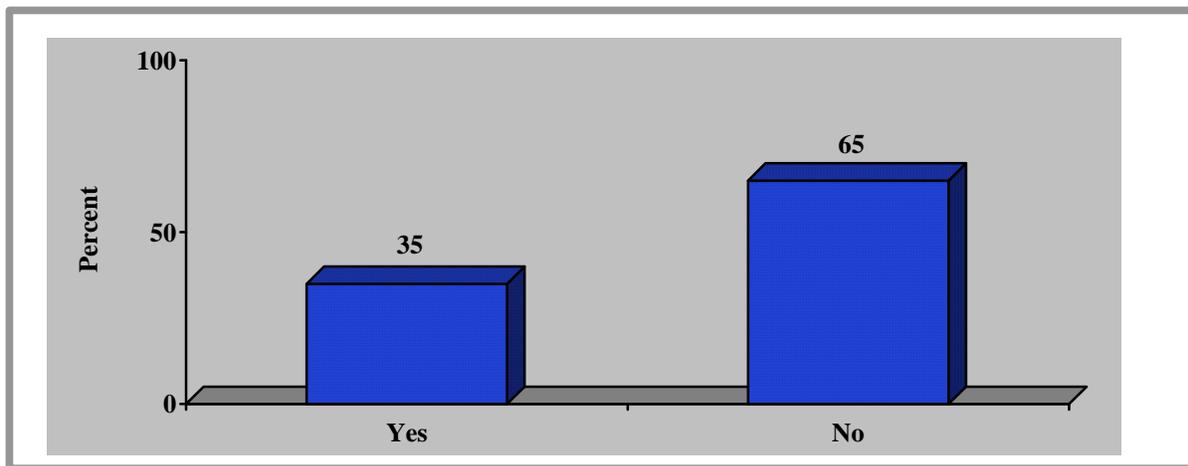
Overweight and Weight Control (continued)

Table 4: Ate less food to lose weight

During the past 30 days did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	148	35
NO	276	65

Frequency Missing = 15

Figure 4: Ate less food to lose weight



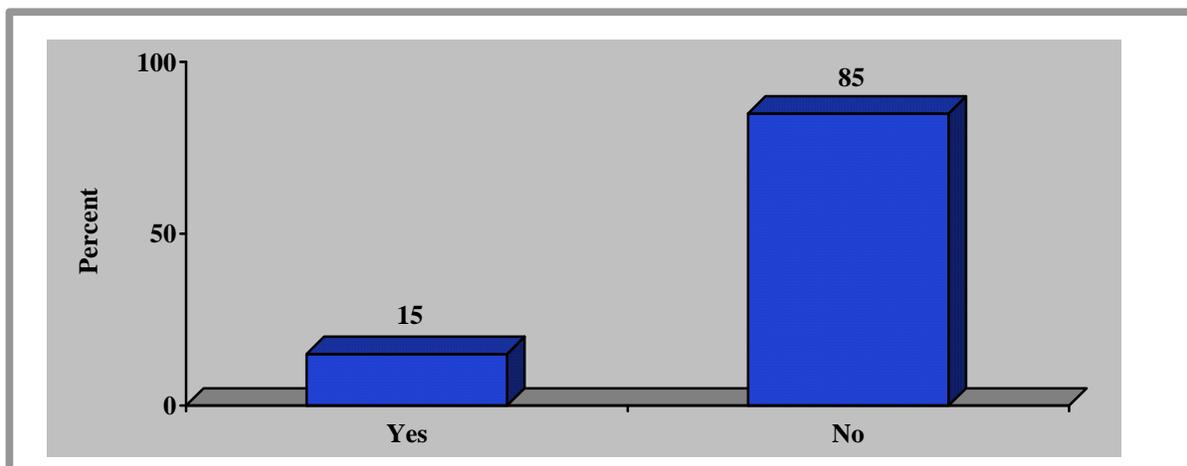
Overweight and Weight Control (continued)

Table 5: Fasted to lose weight

During the past 30 days did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	64	15
NO	365	85

Frequency Missing = 10

Figure 5: Fasted to lose weight



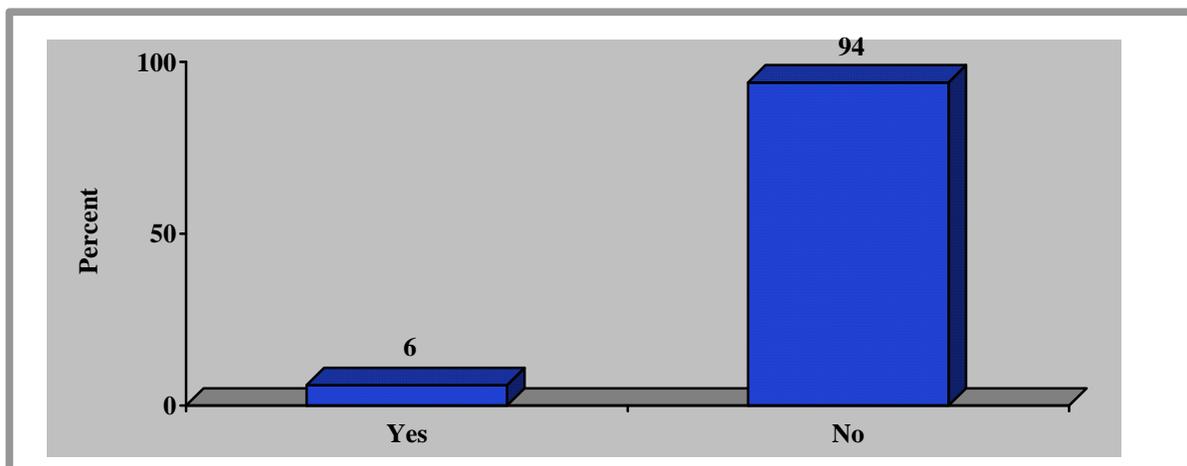
Overweight and Weight Control (continued)

Table 6: Took diet pills to lose weight

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	25	6
NO	402	94

Frequency Missing = 12

Figure 6: Took diet pills to lose weight



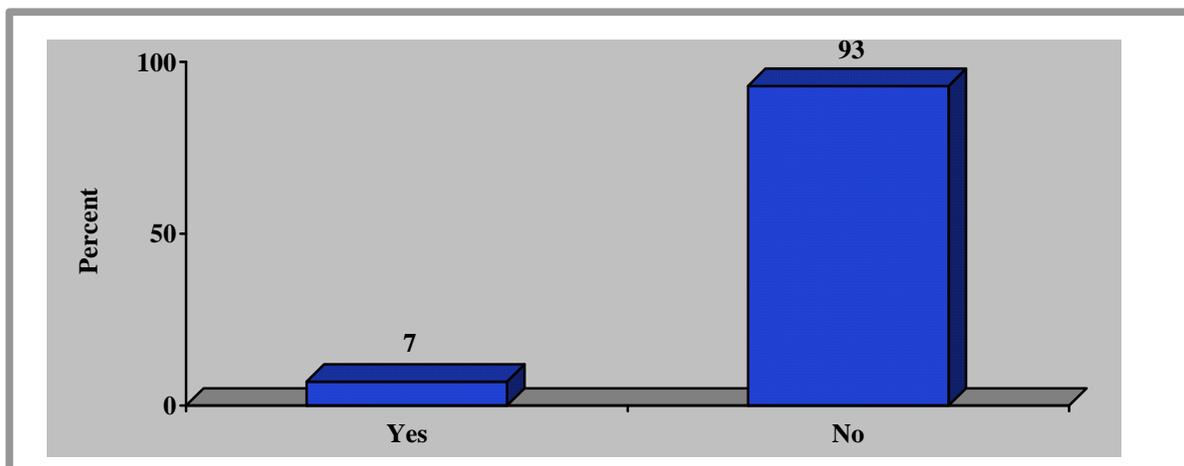
Overweight and Weight Control (continued)

Table 7: Took laxatives to lose weight

During the past 30 days did you vomit or take laxatives to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	30	7
NO	398	93

Frequency Missing = 11

Figure 7: Took laxatives to lose weight



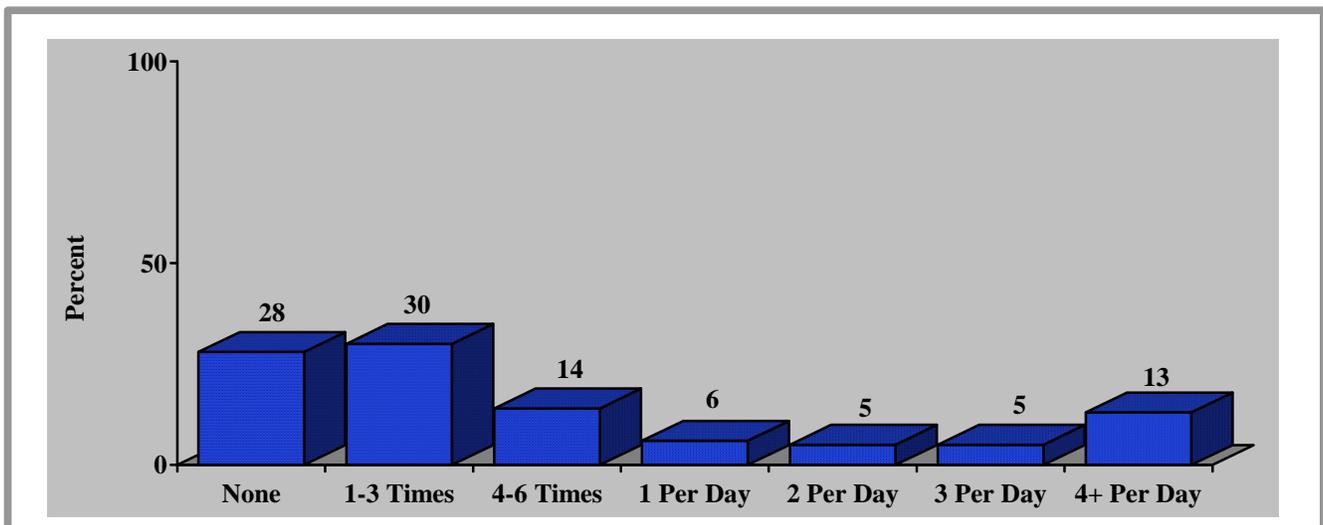
Dietary Behaviors

Table 1: Drank fruit juice

During the past 7 days how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		
	Number of Students	Percent of Total
NONE	120	28
1-3 TIMES	125	30
4-6 TIMES	58	14
ONCE PER DAY	24	6
TWICE PER DAY	19	5
3 TIMES PER DAY	23	5
4+ TIMES PER DAY	53	13

Frequency Missing = 17

Figure 1: Drank fruit juice



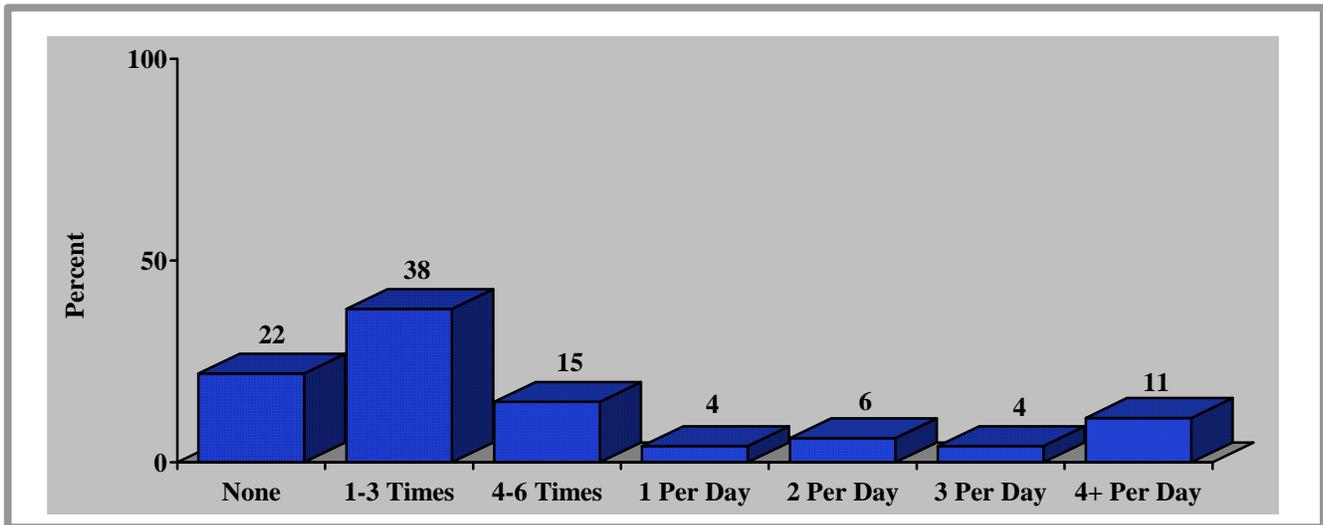
Dietary Behaviors (continued)

Table 2: Ate fruit

During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	92	22
1-3 TIMES	157	38
4-6 TIMES	62	15
ONCE PER DAY	17	4
TWICE PER DAY	26	6
3 TIMES PER DAY	17	4
4+ TIMES PER DAY	46	11

Frequency Missing = 22

Figure 2: Ate fruit



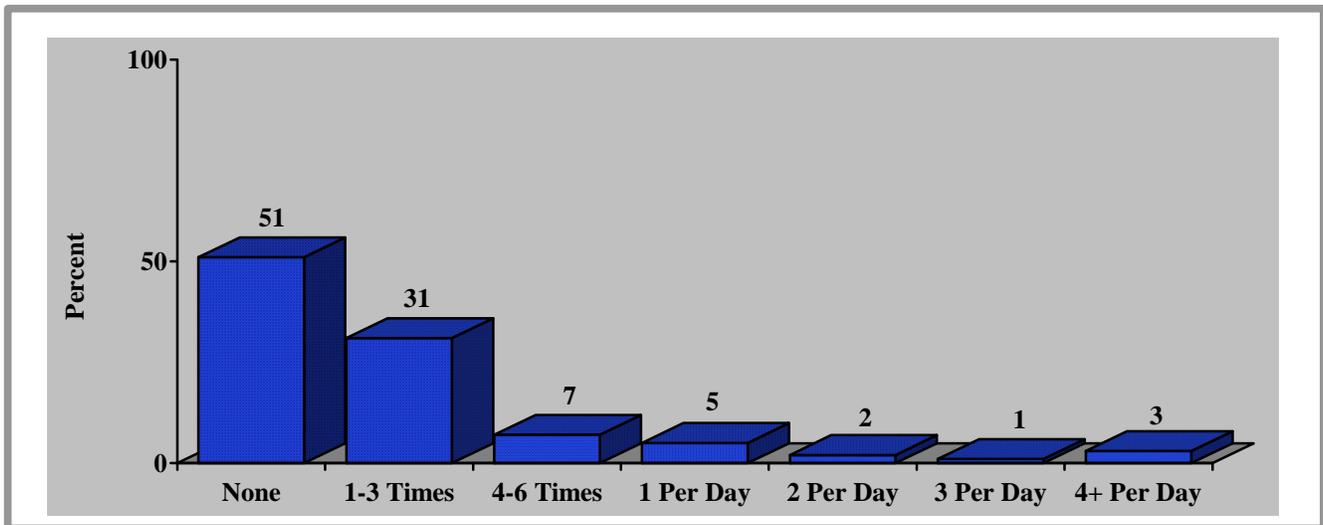
Dietary Behaviors (continued)

Table 3: Ate green salad

During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	218	51
1-3 TIMES	131	31
4-6 TIMES	29	7
ONCE PER DAY	23	5
TWICE PER DAY	9	2
3 TIMES PER DAY	4	1
4+ TIMES PER DAY	11	3

Frequency Missing = 14

Figure 3: Ate green salad



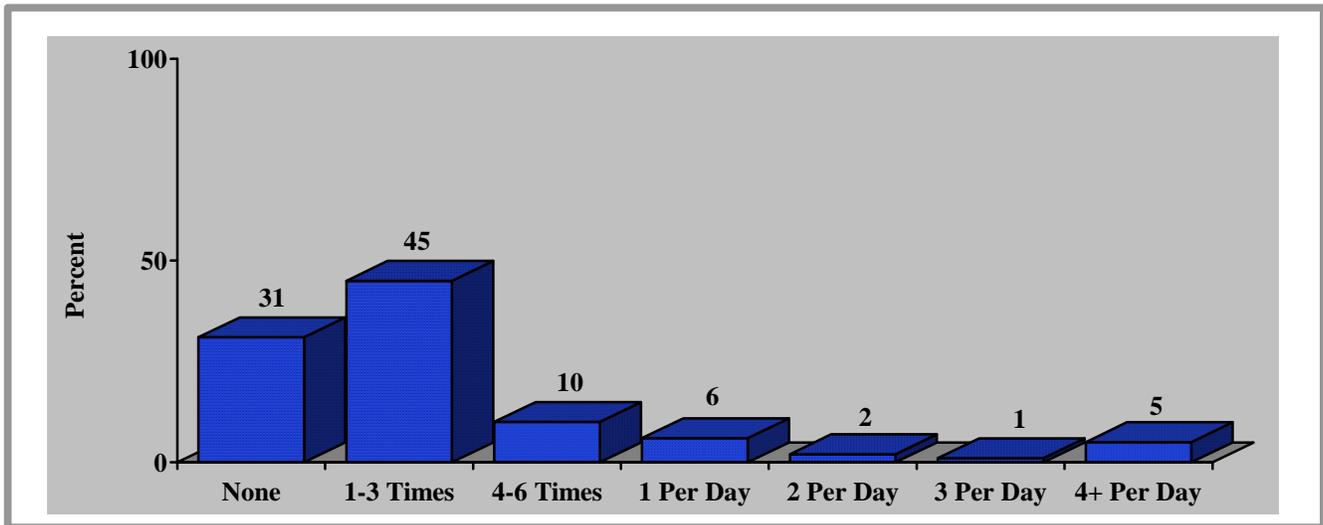
Dietary Behaviors (continued)

Table 4: Ate potatoes

During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	134	31
1-3 TIMES	192	45
4-6 TIMES	42	10
ONCE PER DAY	25	6
TWICE PER DAY	7	2
3 TIMES PER DAY	5	1
4+ TIMES PER DAY	21	5

Frequency Missing = 13

Figure 4: Ate potatoes



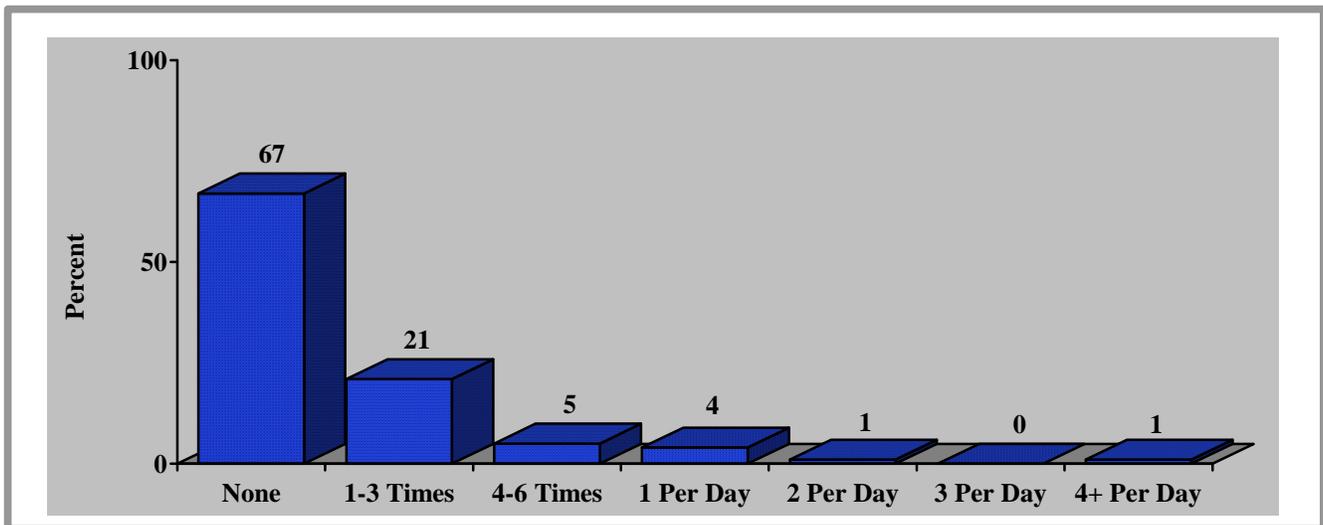
Dietary Behaviors (continued)

Table 5: Ate carrots

During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	287	67
1-3 TIMES	89	21
4-6 TIMES	23	5
ONCE PER DAY	18	4
TWICE PER DAY	5	1
3 TIMES PER DAY	1	0
4+ TIMES PER DAY	4	1

Frequency Missing = 12

Figure 5: Ate carrots



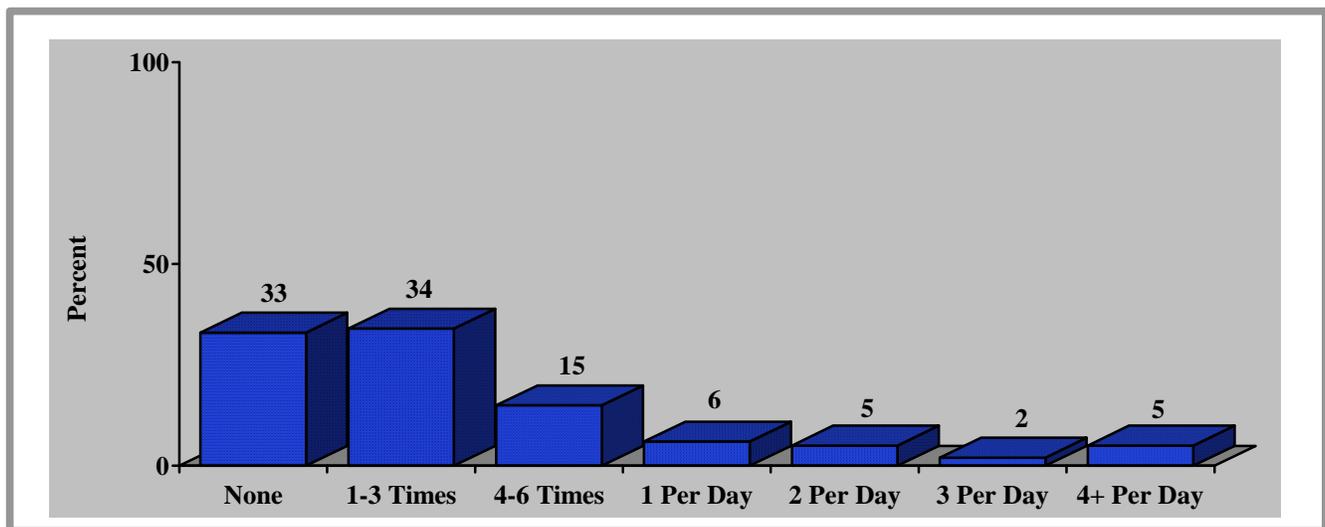
Dietary Behaviors (continued)

Table 6: Ate other vegetables

During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	139	33
1-3 TIMES	144	34
4-6 TIMES	64	15
ONCE PER DAY	25	6
TWICE PER DAY	19	5
3 TIMES PER DAY	10	2
4+ TIMES PER DAY	21	5

Frequency Missing = 17

Figure 6: Ate other vegetables



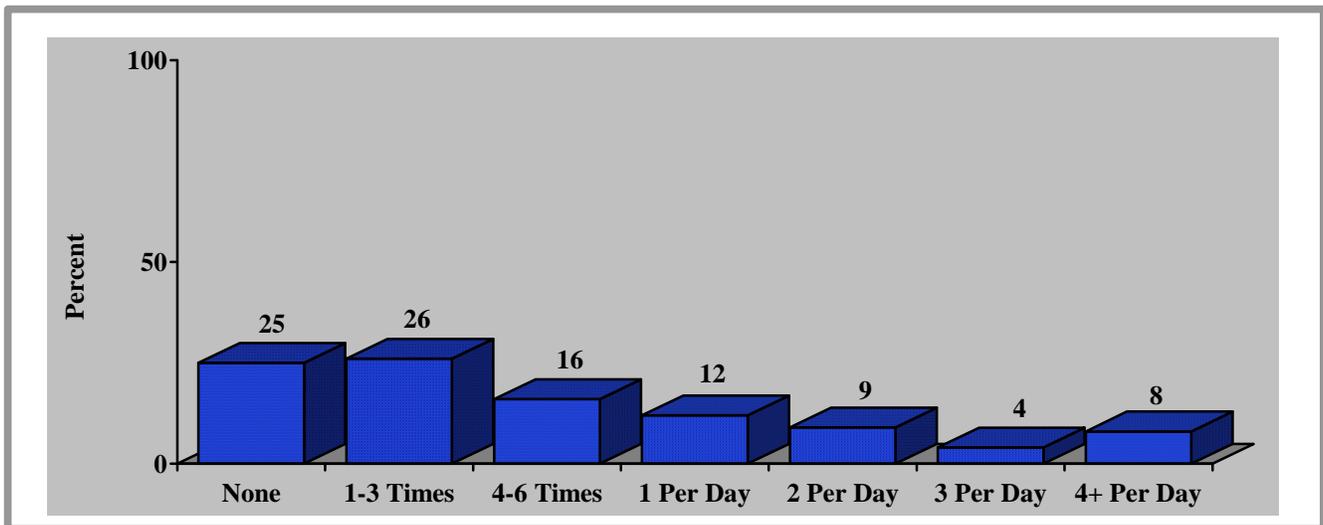
Dietary Behaviors (continued)

Table 7: Drank milk

During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	106	25
1-3 TIMES	107	26
4-6 TIMES	68	16
ONCE PER DAY	48	12
TWICE PER DAY	38	9
3 TIMES PER DAY	16	4
4+ TIMES PER DAY	33	8

Frequency Missing = 23

Figure 7: Drank milk



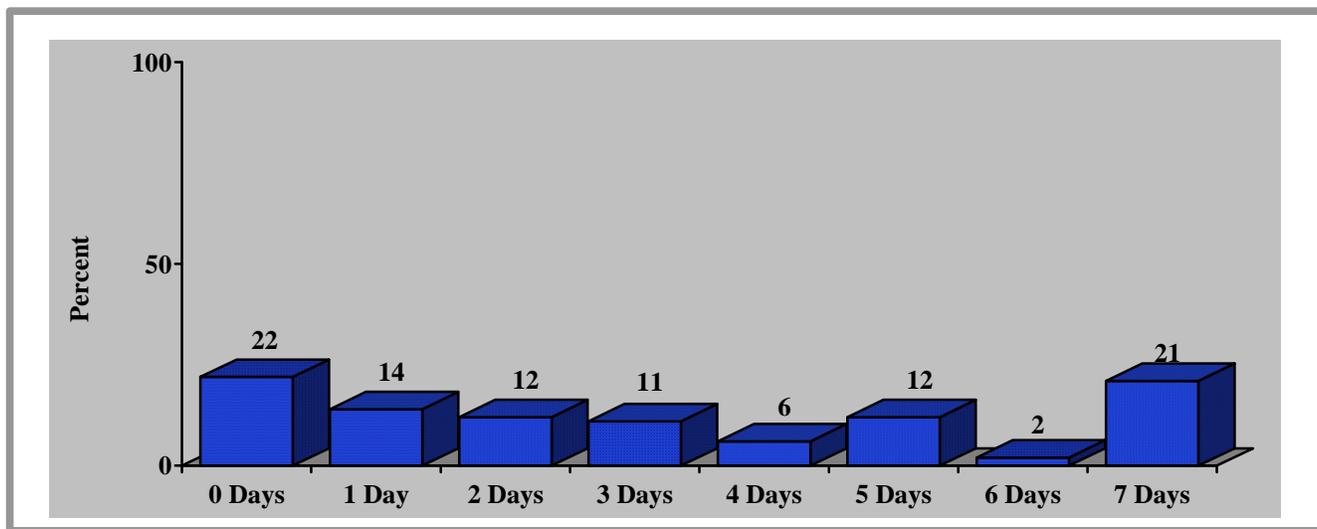
Physical Activity

Table 1: Physical activity with sweat

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, or fast dancing?		
	Number of Students	Percent of Total
0 DAYS	91	22
1 DAY	58	14
2 DAYS	48	12
3 DAYS	47	11
4 DAYS	23	6
5 DAYS	51	12
6 DAYS	8	2
7 DAYS	89	21

Frequency Missing = 24

Figure 1: Physical activity with sweat



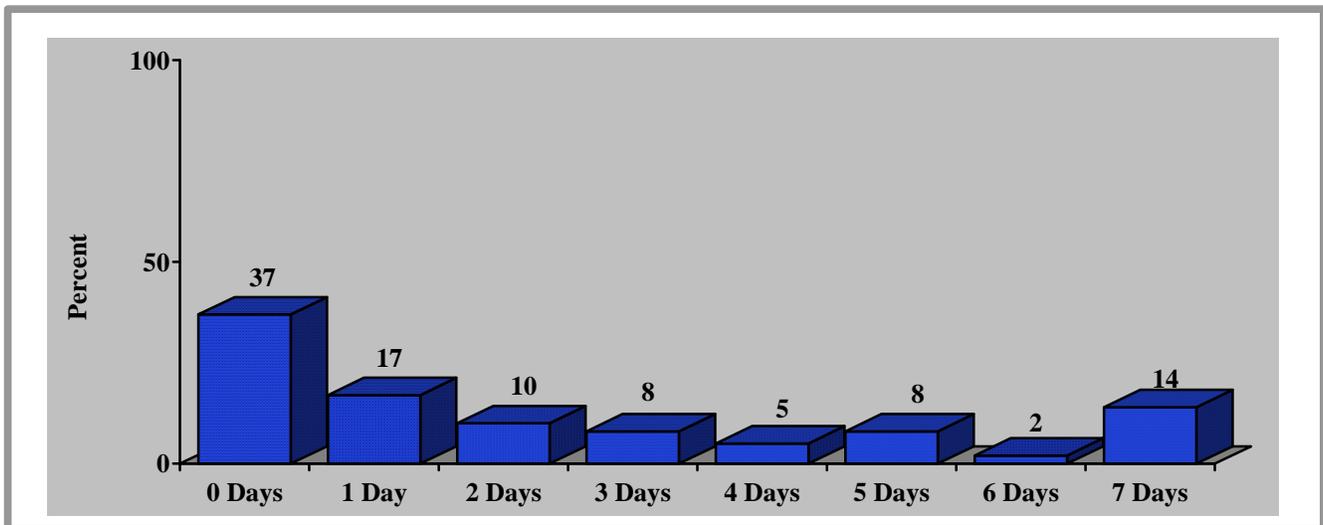
Physical Activity (continued)

Table 2: Physical activity without sweat

On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floor?		
	Number of Students	Percent of Total
0 DAYS	153	37
1 DAY	71	17
2 DAYS	43	10
3 DAYS	33	8
4 DAYS	20	5
5 DAYS	32	8
6 DAYS	7	2
7 DAYS	57	14

Frequency Missing = 23

Figure 2: Physical activity without sweat



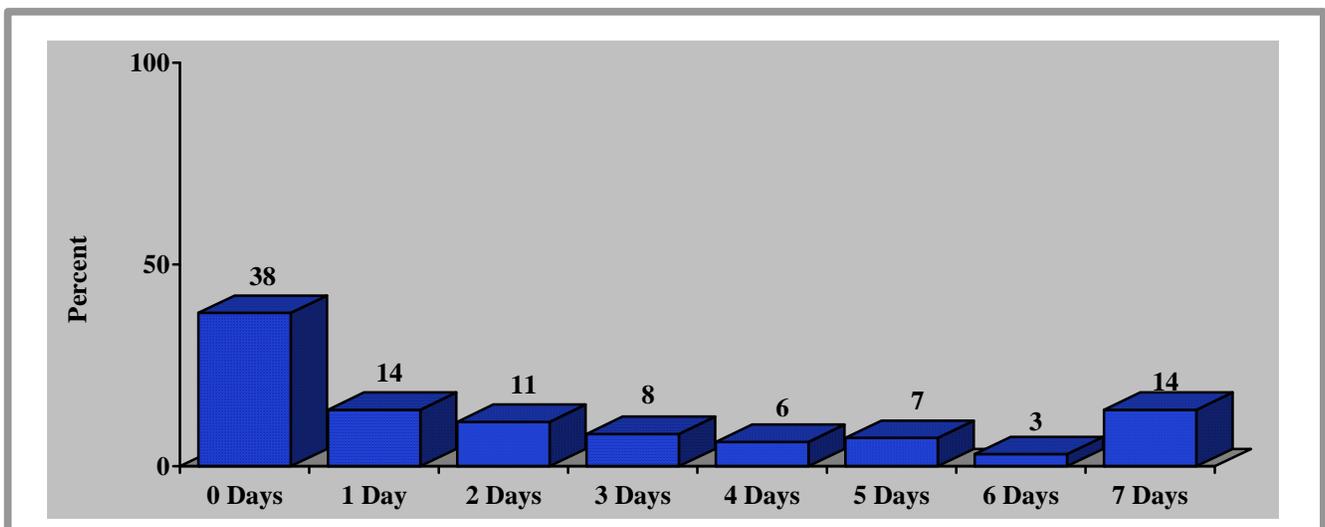
Physical Activity (continued)

Table 3: Physical activity for at least 60 minutes per day

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?		
	Number of Students	Percent of Total
0 DAYS	158	38
1 DAY	61	14
2 DAYS	45	11
3 DAYS	33	8
4 DAYS	25	6
5 DAYS	29	7
6 DAYS	12	3
7 DAYS	58	14

Frequency Missing = 18

Figure 3: Physical activity for at least 60 minutes per day



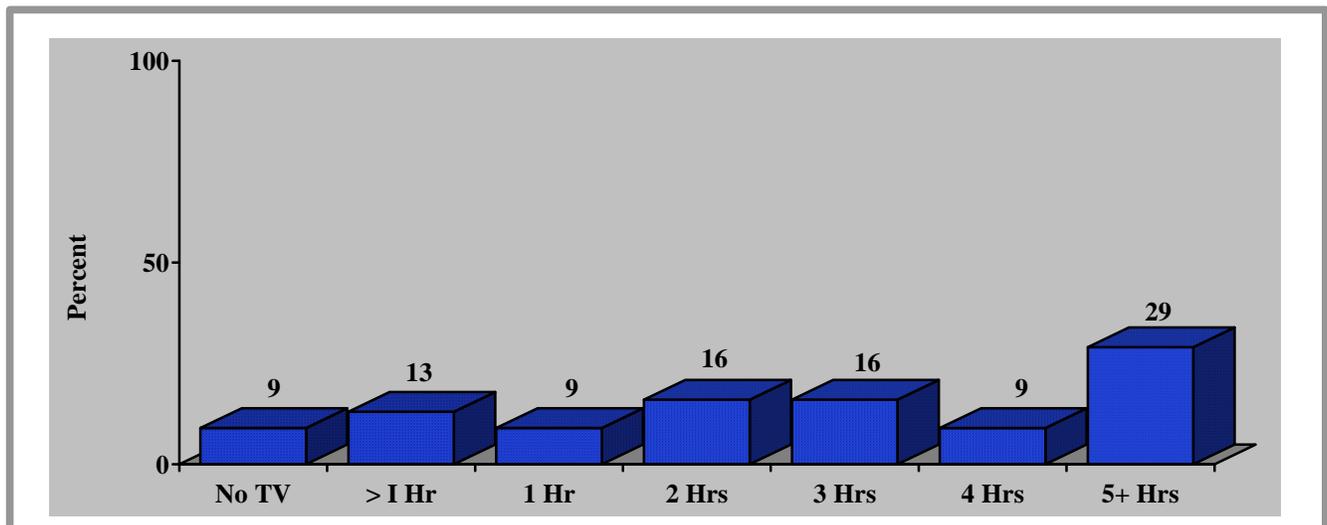
Physical Activity (continued)

Table 4: Number of TV hours

On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	36	9
LT ONE HOUR	54	13
1 HOUR	39	9
2 HOURS	66	16
3 HOURS	69	16
4 HOURS	36	9
5+ HOURS	122	29

Frequency Missing = 17

Figure 4: Number of TV hours



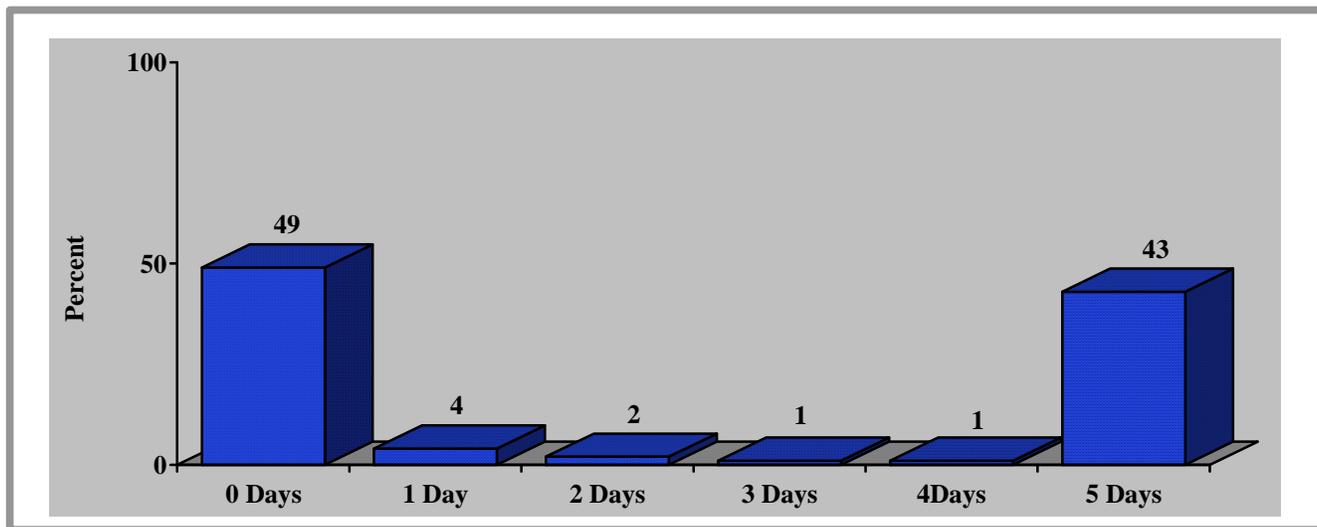
Physical Activity (continued)

Table 5: Physical education class

In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	180	49
1 DAY	13	4
2 DAYS	8	2
3 DAYS	4	1
4 DAYS	5	1
5 DAYS	156	43

Frequency Missing = 73

Figure 5: Physical education class



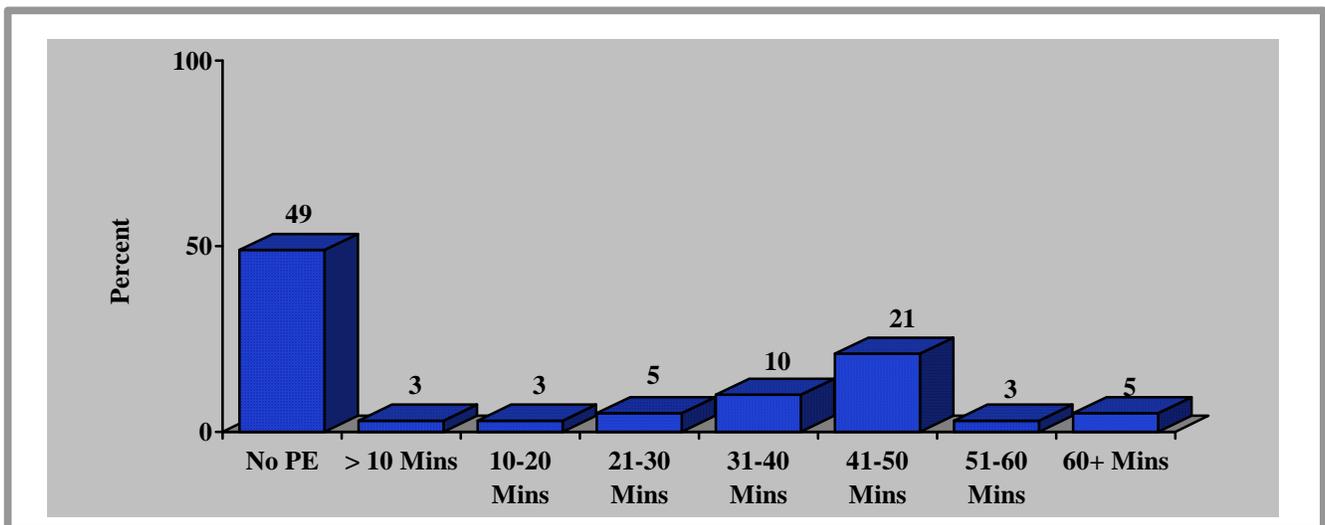
Physical Activity (continued)

Table 6: Played sports

In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?		
	Number of Students	Percent of Total
NO PE CLASS	186	49
LT 10 MINUTES	13	3
10-20 MINUTES	13	3
21-30 MINUTES	18	5
31-40 MINUTES	39	10
41-50 MINUTES	78	21
51-60 MINUTES	12	3
OVER 60 MINUTES	19	5

Frequency Missing = 61

Figure 6: Played sports



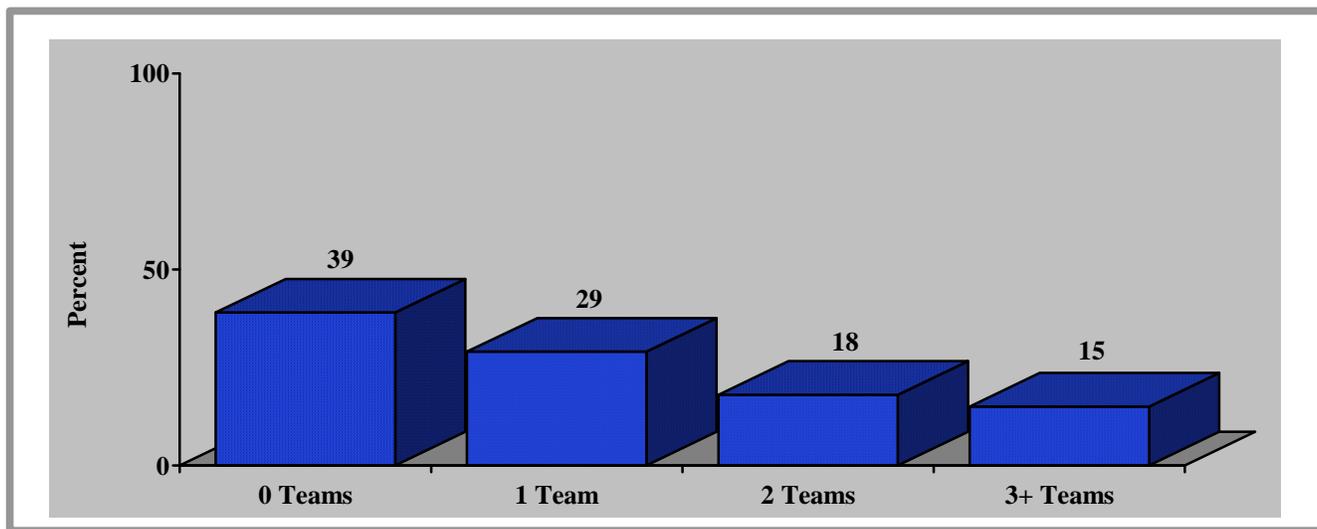
Physical Activity (continued)

Table 7: Played on sports teams

During the past 12 months, on how many sports teams did you play?		
	Number of Students	Percent of Total
0 TEAMS	159	39
1 TEAM	117	29
2 TEAMS	72	18
3+ TEAMS	62	15

Frequency Missing = 29

Figure 7: Played on sports teams



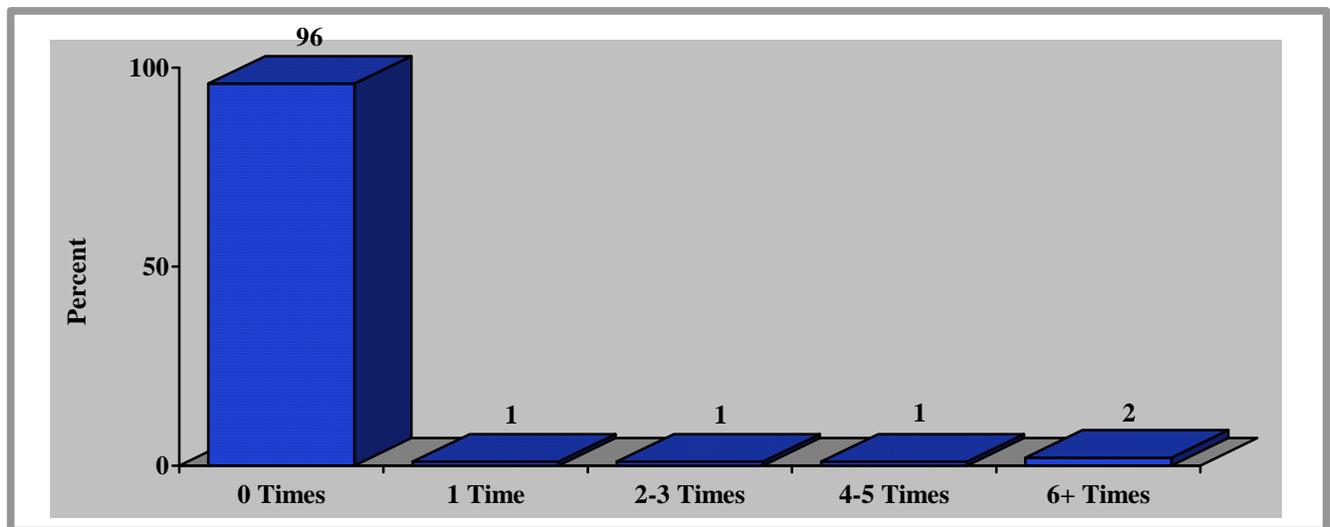
Violence-Related Behaviors on School Property

Table 1: Carried a weapon on school property

During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	414	96
1 TIME	5	1
2-3 TIMES	3	1
4-5 TIMES	3	1
6+ TIMES	7	2

Frequency Missing = 7

Figure 1: Carried a weapon on school property



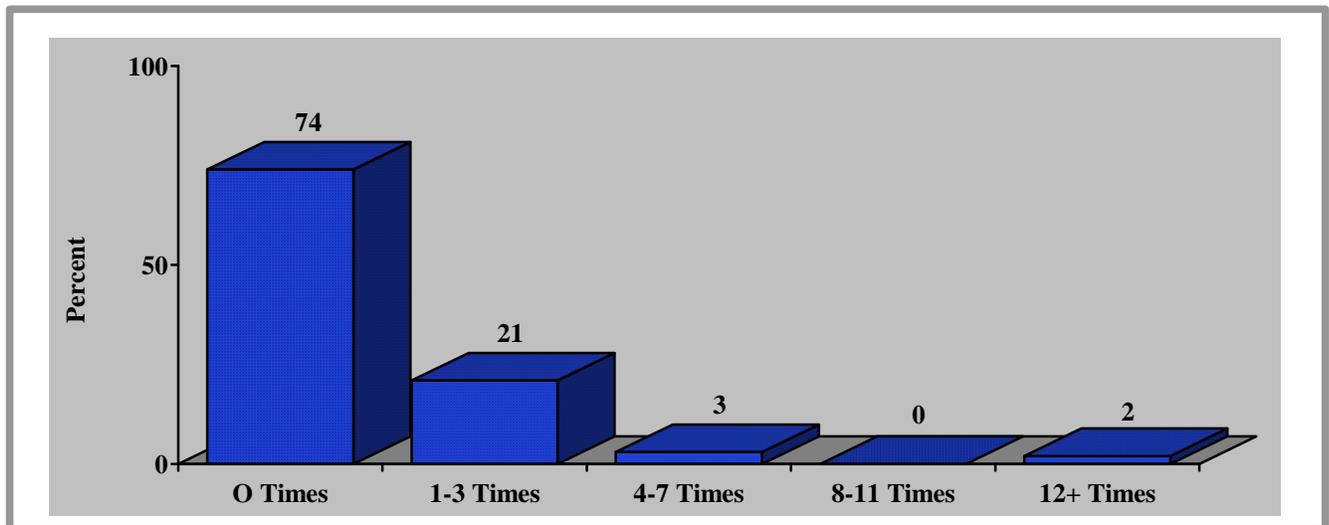
Violence-Related Behaviors on School Property (continued)

Table 2: Had property stolen or damaged

During the past 12 months, how many times has someone stolen or deliberately damaged your property?		
	Number of Students	Percent of Total
0 TIMES	322	74
1 TIME	61	14
2-3 TIMES	32	7
4-5 TIMES	8	2
6-7 TIMES	4	1
8-9 TIMES	0	0
10-11 TIMES	1	0
12+ TIMES	7	2

Frequency Missing = 4

Figure 2: Had property stolen or damaged



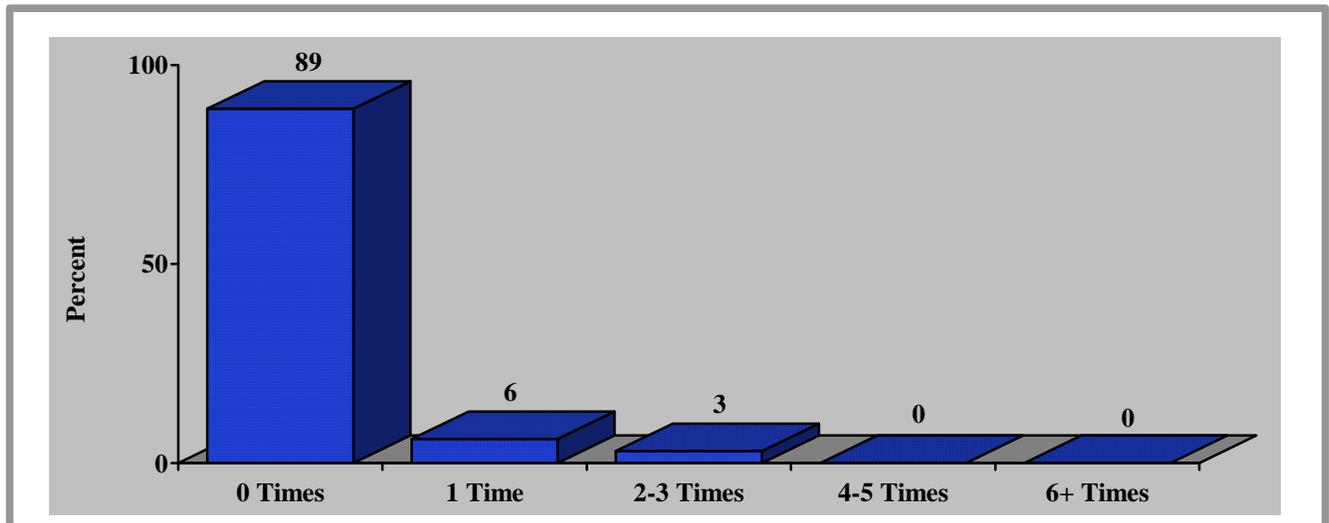
Violence-Related Behaviors on School Property (continued)

Table 3: Felt unsafe on the way or at school

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
	Number of Students	Percent of Total
0 TIMES	391	89
1 TIME	27	6
2-3 TIMES	15	3
4-5 TIMES	2	0
6+ TIMES	2	0

Frequency Missing = 2

Figure 3: Felt unsafe on the way or at school



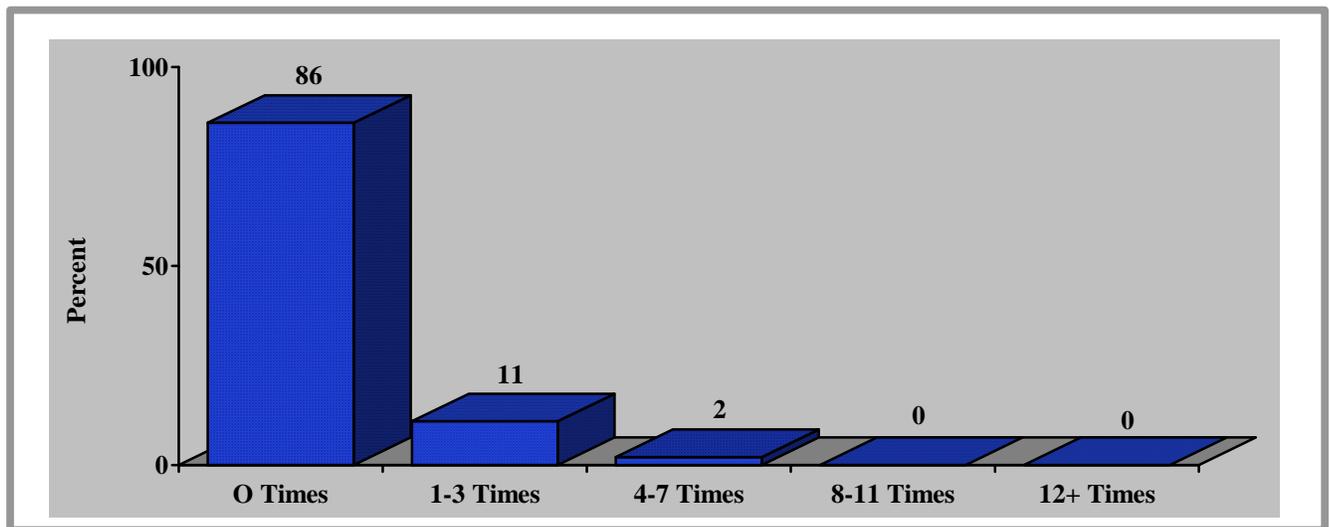
Violence-Related Behaviors on School Property (continued)

Table 4: Threatened or injured on school property

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
	Number of Students	Percent of Total
0 TIMES	369	86
1 TIME	25	6
2-3 TIMES	20	5
4-5 TIMES	4	1
6-7 TIMES	5	1
8-9 TIMES	1	0
10-11 TIMES	1	0
12+ TIMES	2	0

Frequency Missing = 12

Figure 4: Threatened or injured on school property



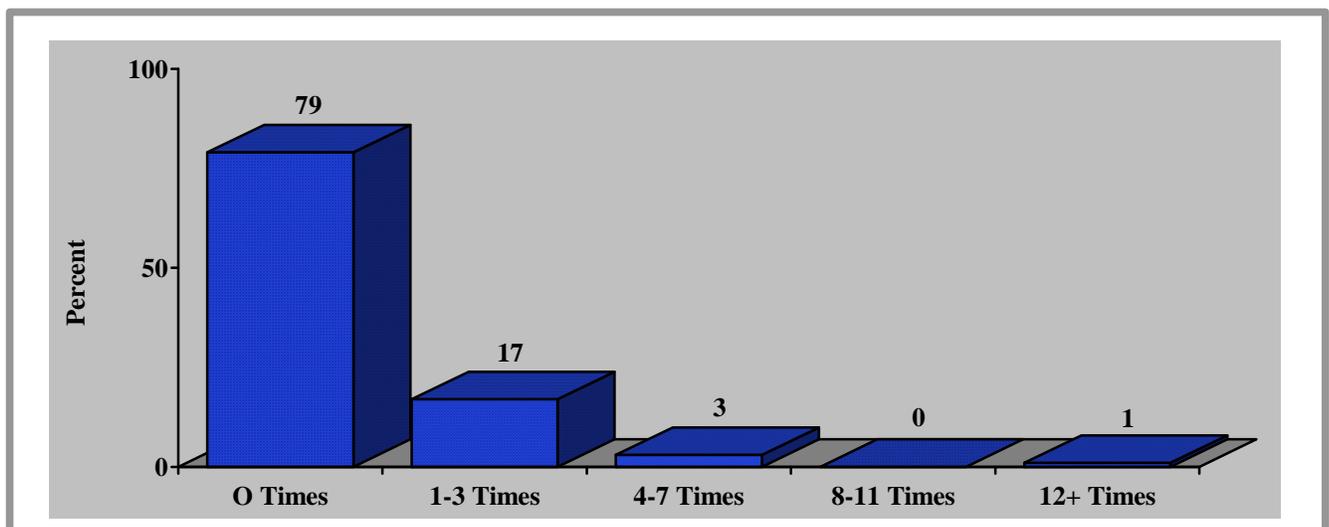
Violence-Related Behaviors on School Property (continued)

Table 5: Involved in a physical fight on school property

During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	347	79
1 TIME	55	13
2-3 TIMES	18	4
4-5 TIMES	7	2
6-7 TIMES	5	1
8-9 TIMES	0	0
10-11 TIMES	1	0
12+ TIMES	5	1

Frequency Missing = 1

Figure 5: Involved in a physical fight on school property



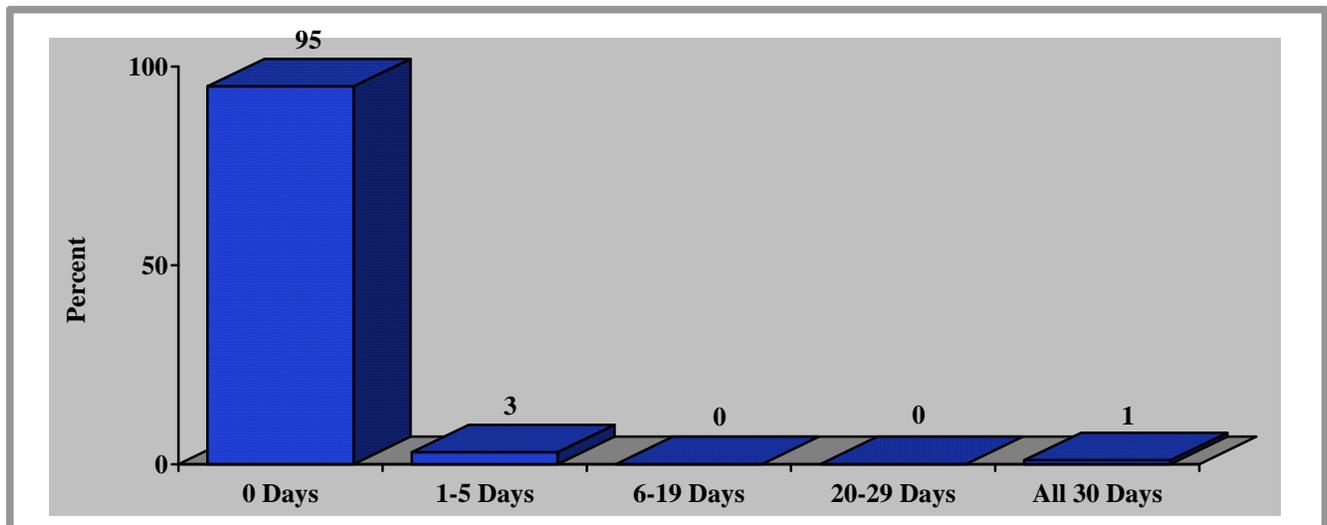
Tobacco Use on School Property

Table 1: Smoked cigarettes on school property

During the past 30 days, on how many days did you smoke cigarettes on school property?		
	Number of Students	Percent of Total
0 DAYS	403	95
1-2 DAYS	7	2
3-5 DAYS	5	1
6-9 DAYS	2	0
10-19 DAYS	1	0
20-29 DAYS	2	0
ALL 30 DAYS	6	1

Frequency Missing = 13

Figure 1: Smoked cigarettes on school property



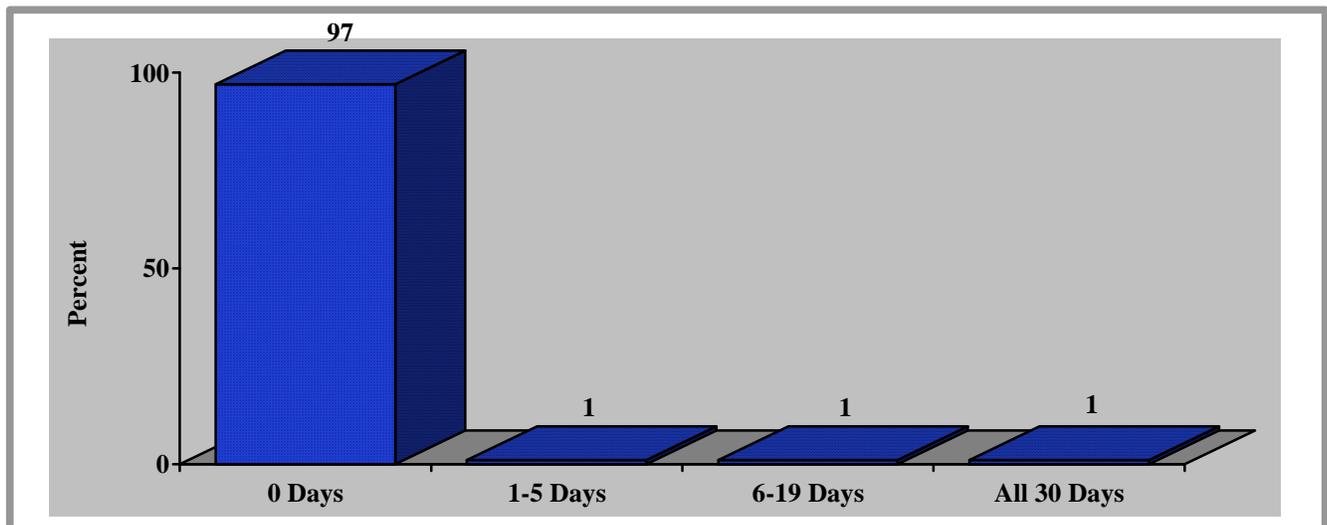
Tobacco Use on School Property (continued)

Table 2: Chewed tobacco on school property

During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?		
	Number of Students	Percent of Total
0 DAYS	418	97
1-2 DAYS	3	1
3-5 DAYS	1	0
6-9 DAYS	2	0
10-19 DAYS	3	1
ALL 30 DAYS	3	1

Frequency Missing = 9

Figure 2: Chewed on tobacco on school property



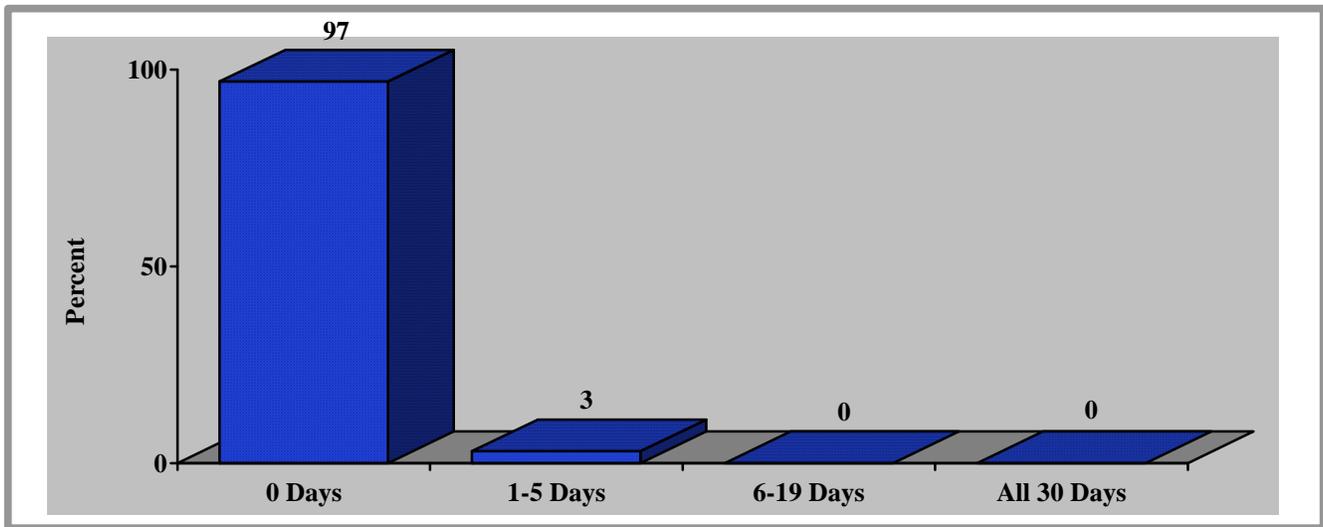
Alcohol Use On School Property (continued)

Table 1: Alcohol use on school property

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
	Number of Students	Percent of Total
0 DAYS	414	97
1-2 DAYS	11	3
3-5 DAYS	1	0
6-9 DAYS	1	0
20-29 DAYS	1	0

Frequency Missing = 11

Figure 1: Alcohol use on school property



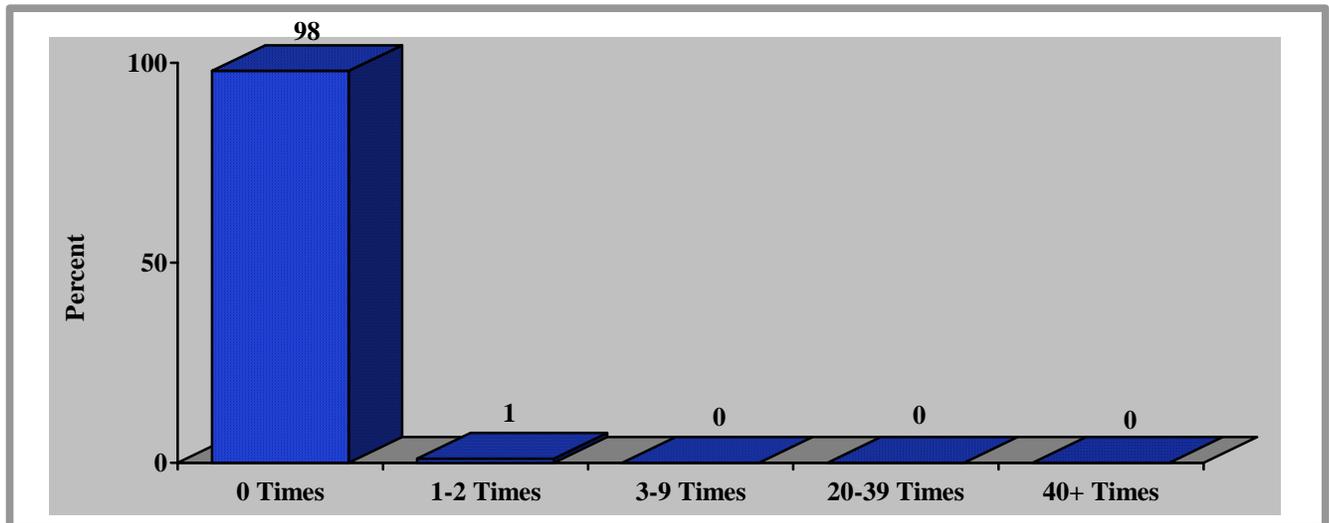
Illegal Drug Use On School Property

Table 1: Current marijuana use on school property

During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	424	98
1-2 TIMES	3	1
3-9 TIMES	2	0
20-39 TIMES	1	0
40+ TIMES	1	0

Frequency Missing = 8

Figure 1: Current marijuana use on school property



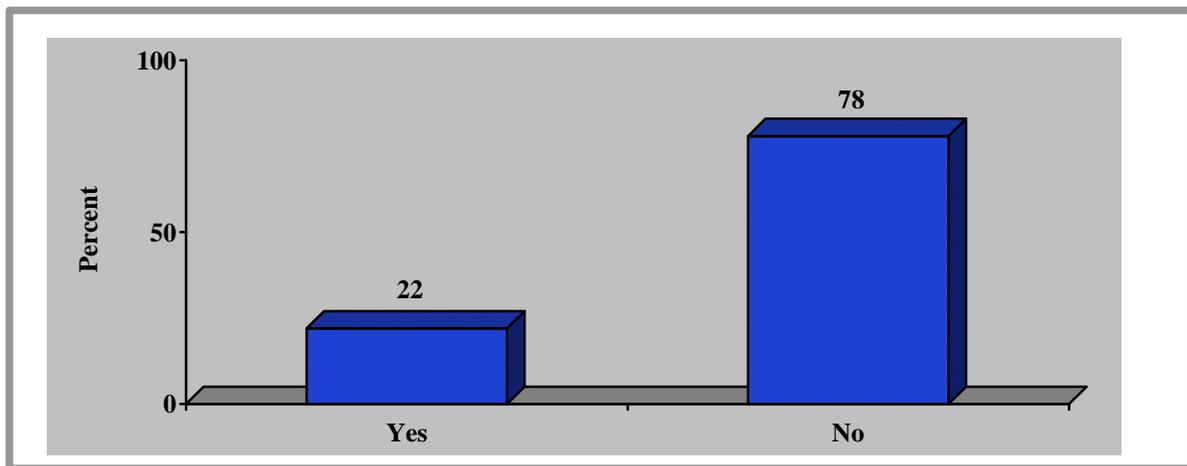
Illegal Drug Use On School Property (continued)

Table 2: Offer or sale of illegal drugs on school property

During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Number of Students	Percent of Total
YES	94	22
NO	333	78

Frequency Missing = 12

Figure 2: Offer or sale of illegal drugs on school property



Internet Resources for Educators, Parents, and Teens

For more information about the County Youth Health Survey (CYHS) and the risk behaviors it covers, please see the following Internet resources.

■ ***The Youth Risk Behavior Study***

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of CYHS data.

<http://www.cdc.gov/healthyouth/yrbs/index.htm>

■ ***Violence***

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://apahelpcenter.org/featuredtopics/feature.php?id=38>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

■ ***Tobacco , Alcohol, and Other Drug Use***

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://ncadi.samhsa.gov/>

Internet Resources for Educators, Parents, and Teens (continued)

■ *Teen Pregnancy and Sexual Behavior*

These sites provide information about teen sexuality, pregnancy, and STD's.

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. <http://www.guttmacher.org/>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

■ *Nutrition and Physical Activity*

The following sites are dedicated to providing information about healthy eating and exercise.

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

■ *Mental Health Issues*

This site provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

■ *Parenting Teens*

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://parenting.ivillage.com/messageboards>

Internet Resources for Educators, Parents, and Teens (continued)

■ *Links for Teens*

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com - site for teenagers, including message boards and creative writing from real teens.

<http://home.about.com/teens/index.htm>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

■ *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>