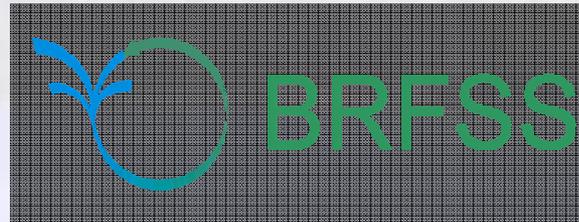


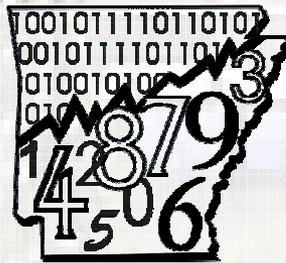
Poinsett County

2007 County Adult
Health Survey

Coordinated by:



Arkansas
Center for
Health
Statistics



**Hometown
Health Improvement**



STAMP OUT SMOKING
Arkansas Department of
Health
www.stampoutsmoking.com
Your Tobacco Settlement
Dollars at Work

What is the BRFSS

- **The BRFSS is the world's largest continuously conducted telephone survey**
- **It covers issues surrounding chronic illness, premature mortality, and other health-related topics**
- **All 50 states, Puerto Rico, Guam, the Virgin Islands, and Washington D.C. participate**
- **Little River County participated in county level BRFSS studies sponsored by Hometown Health**

In Poinsett County ...

- Interviews were conducted in March and April of 2007
- A telephone survey of 899 randomly selected adults from Poinsett
- Of the 899 interviews, 288 were with men and 611 were with women.



Leading causes of death in Arkansas, 2005

- **Heart Disease**
(27%)
- **Cancer**
(22.7)

YEARS OF POTENTIAL LIFE LOST	
Heart Disease	86,850
Cancer	91,818

Leading causes of death for Poinsett County in 2005

- **Heart Disease and Cancer were the leading causes of death in Poinsett County in 2005**



- **Risk factors for these diseases measured by the survey include...**

Tobacco



Bodyweight

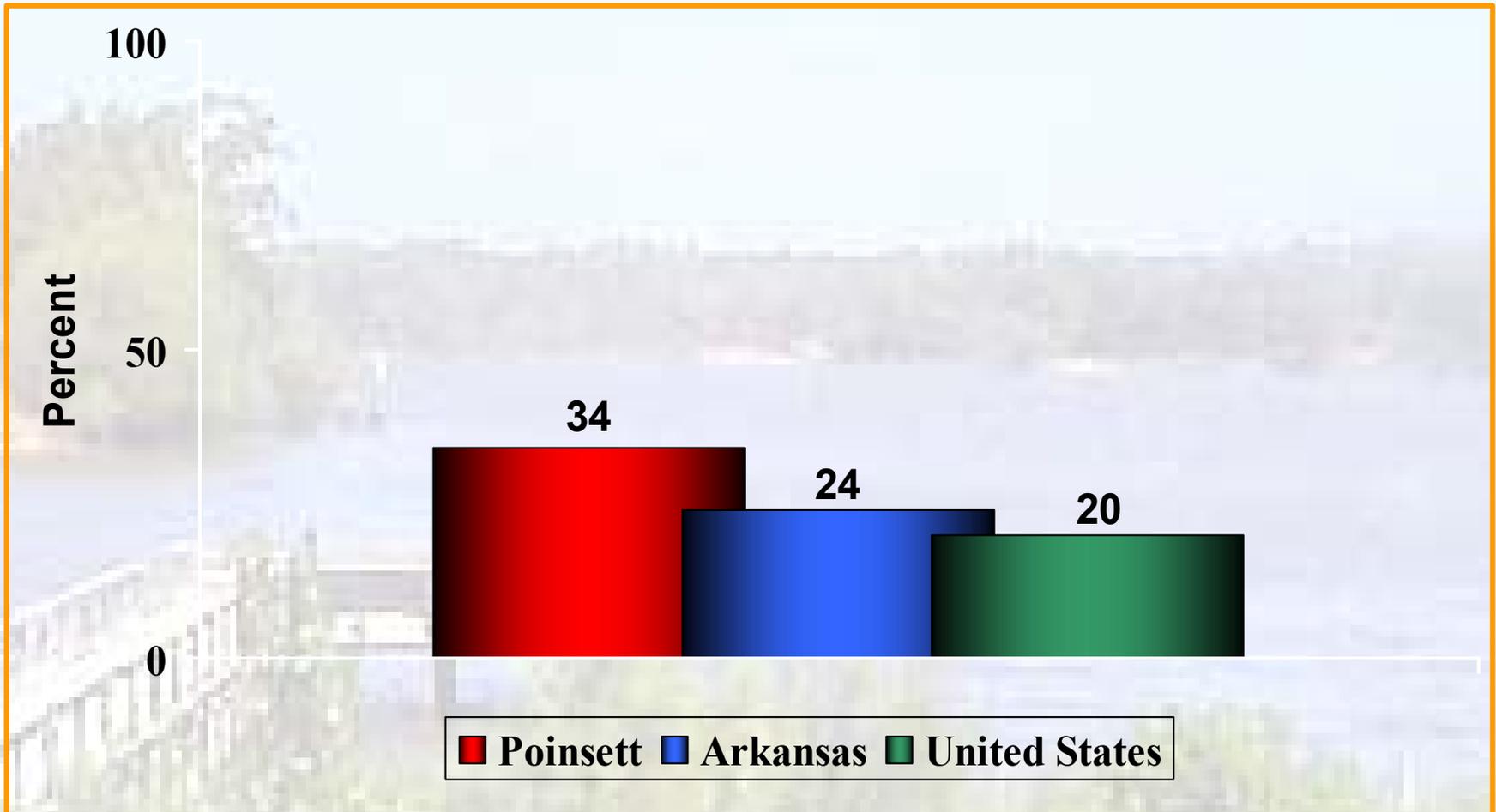


Physical Activity



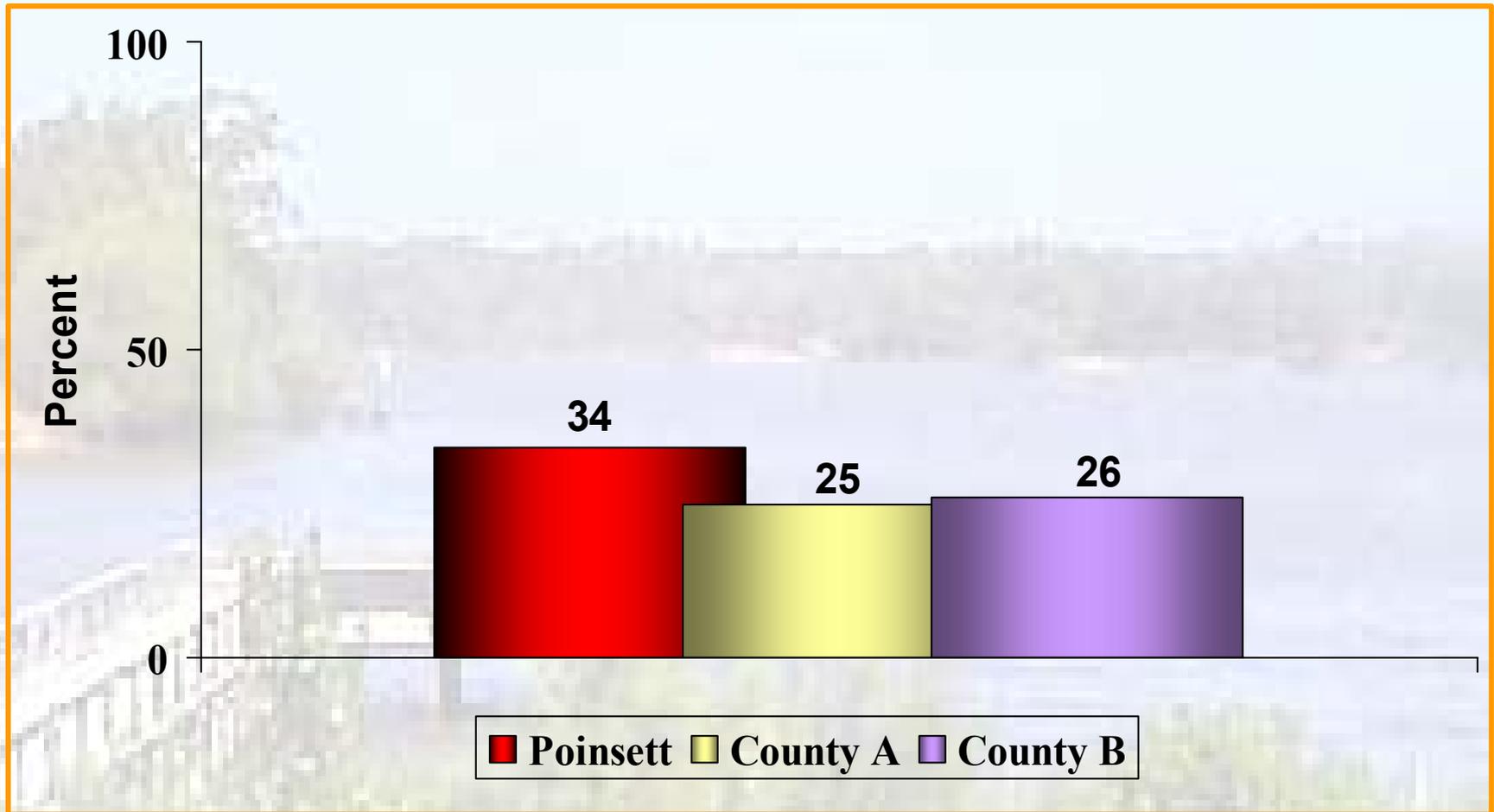
Tobacco Use

Persons who are current smokers: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



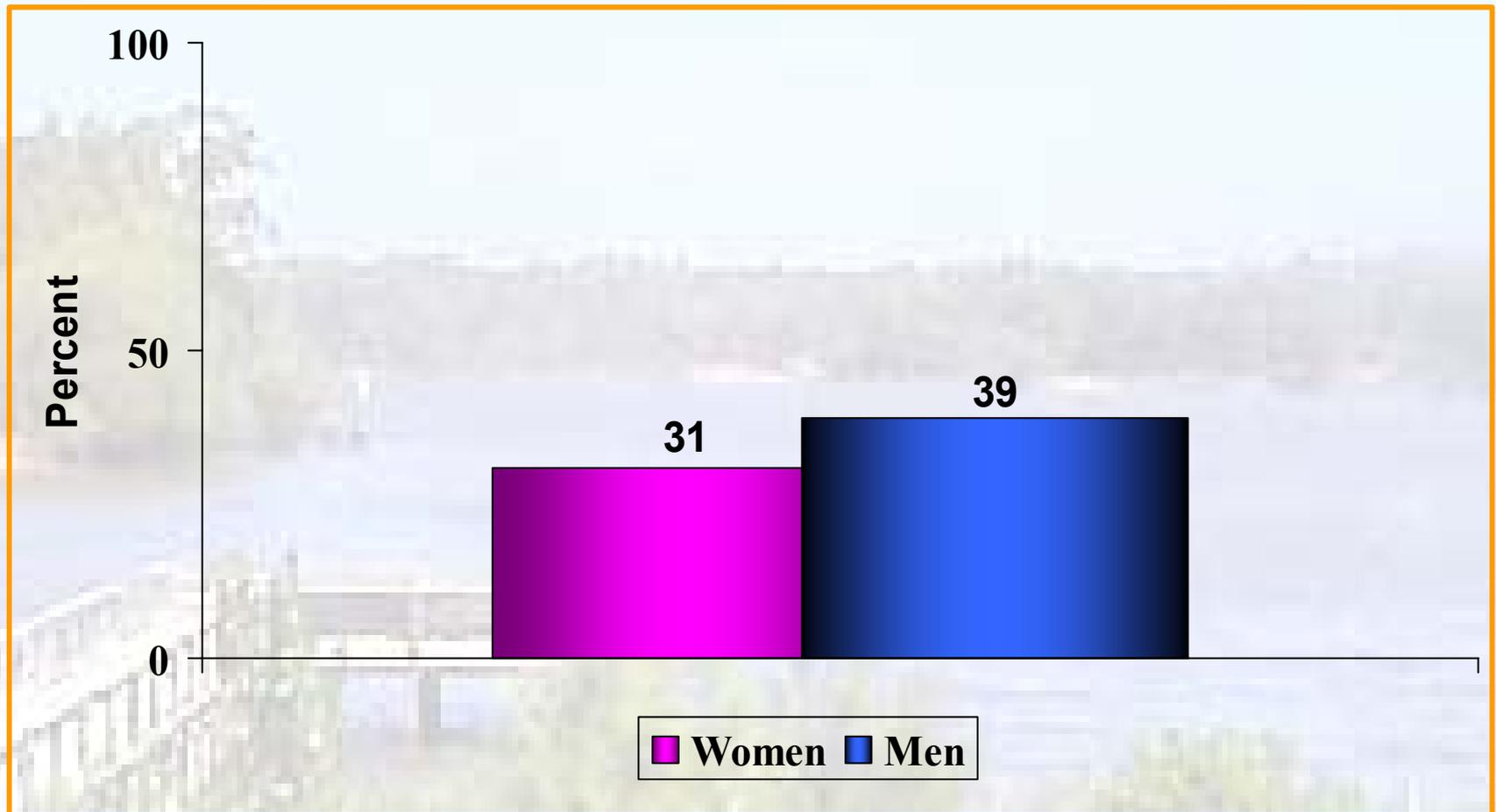
Tobacco Use

Persons who are current smokers: Poinsett County (2007) and comparison with two neighboring counties (2006-2007).



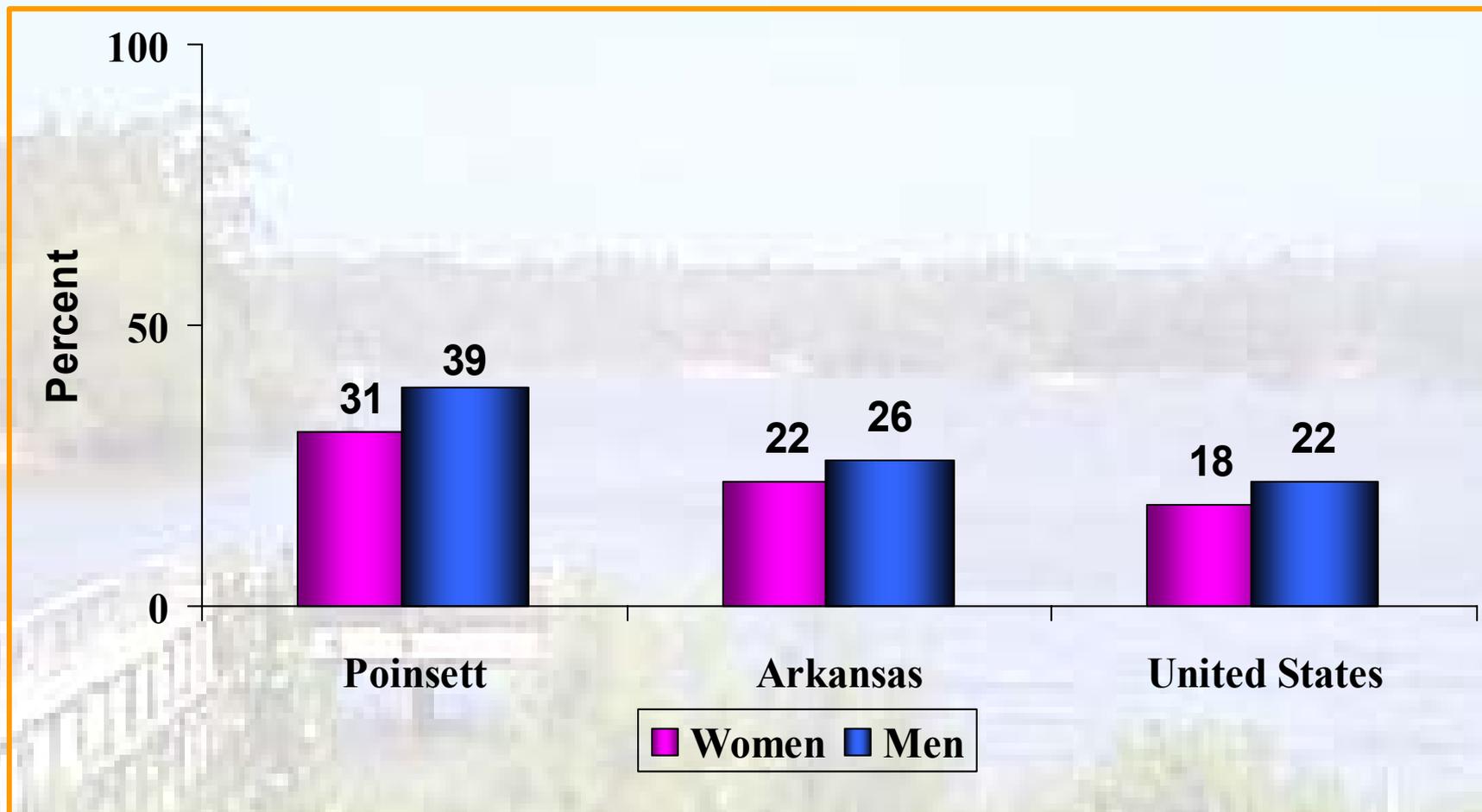
Tobacco Use

Persons who are current smokers by gender: Poinsett County (2007)



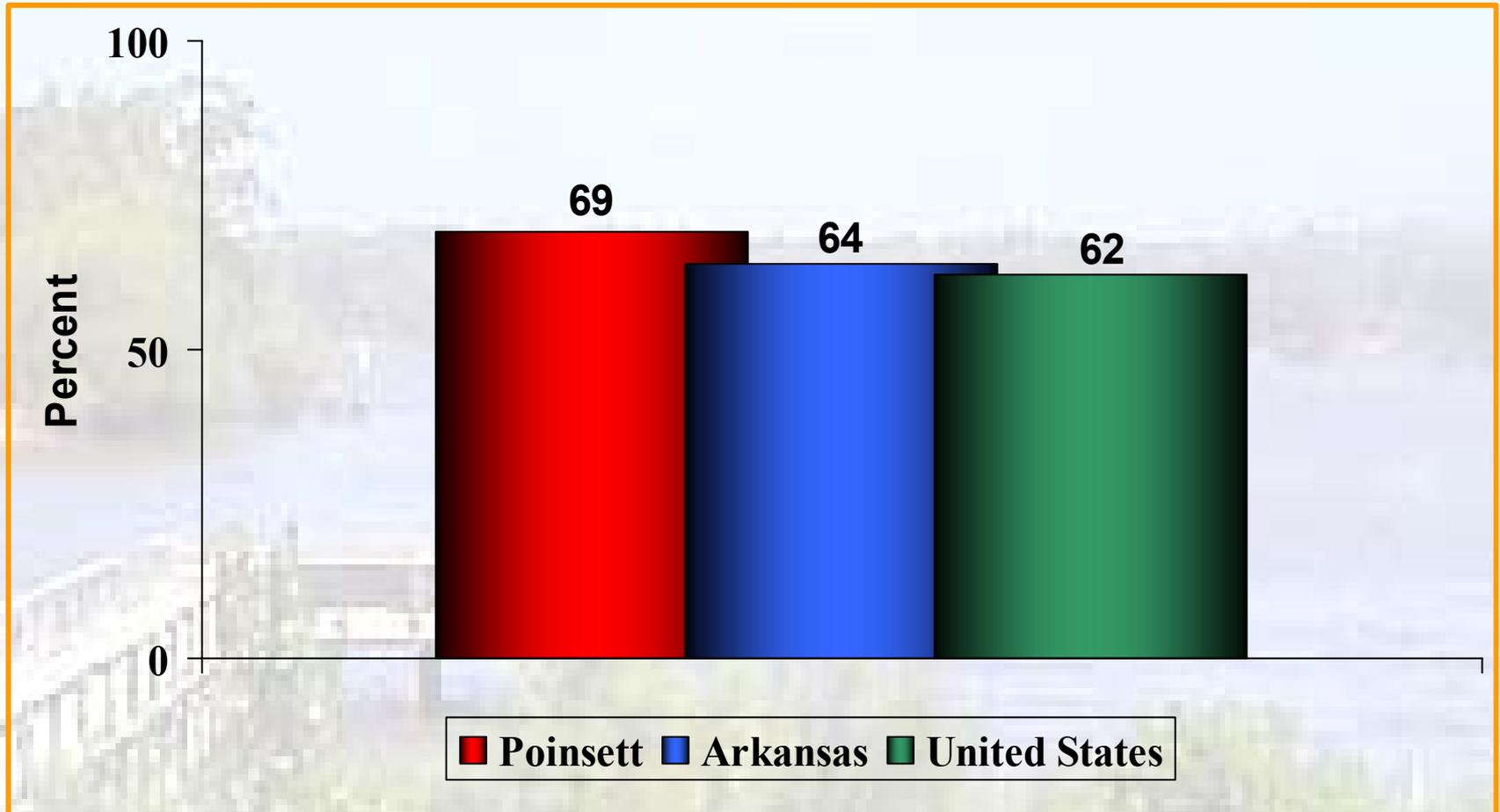
Tobacco Use

Persons who are current smokers by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006)



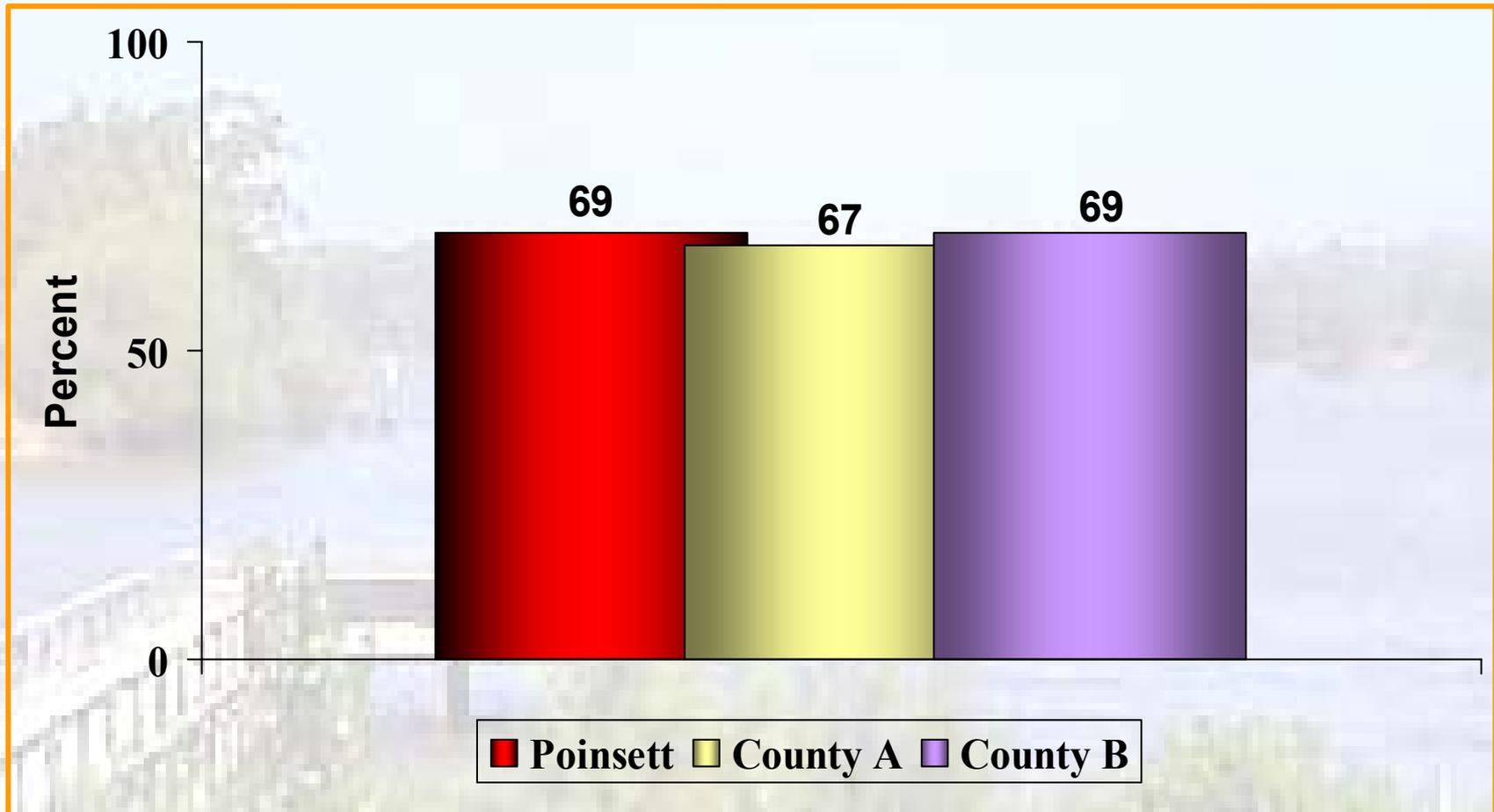
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Poinsett County (2007), Arkansas (2006), and U.S. (2006).



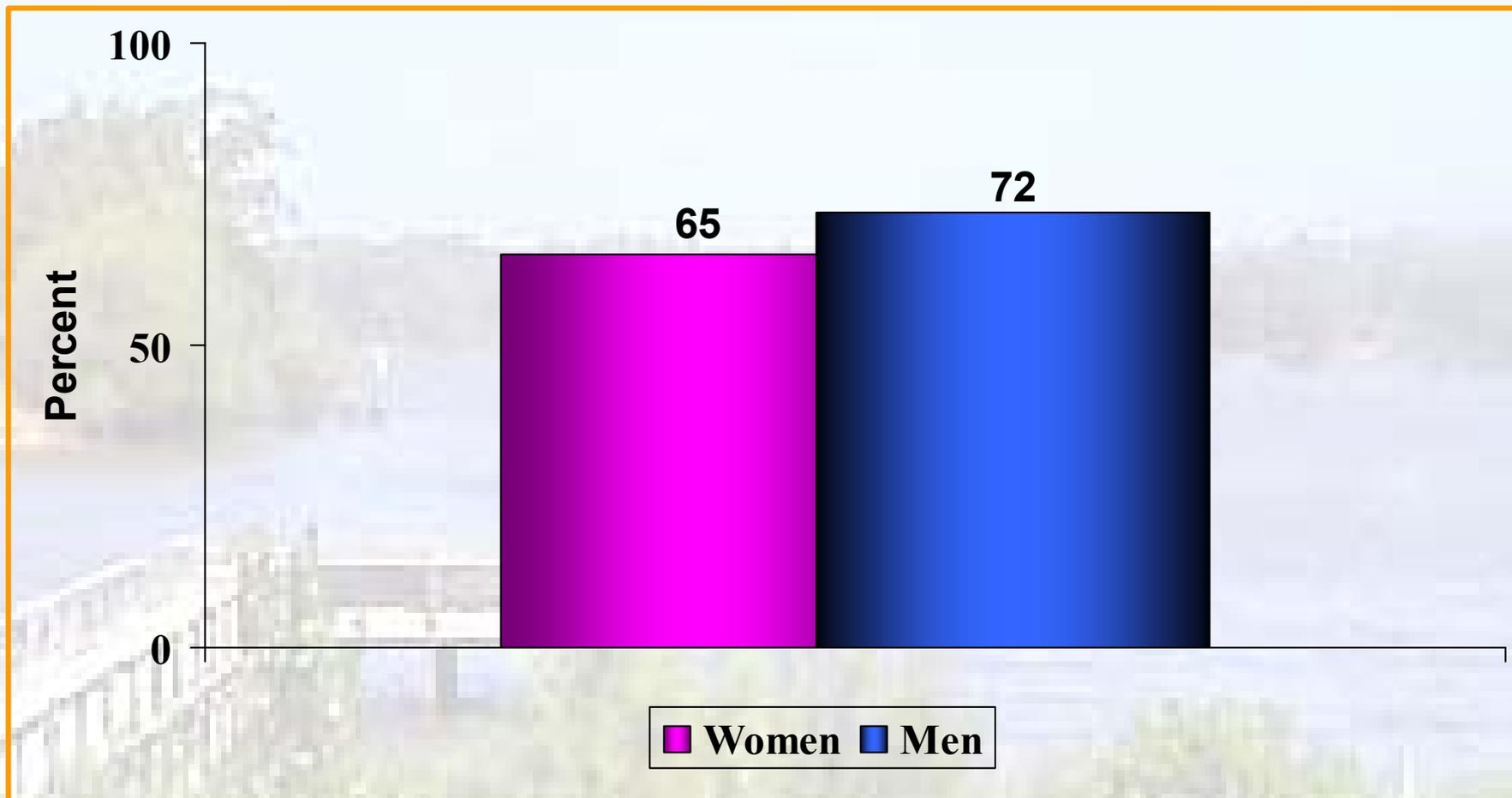
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Poinsett County (2007) and comparison with two neighboring counties (2006-2007).



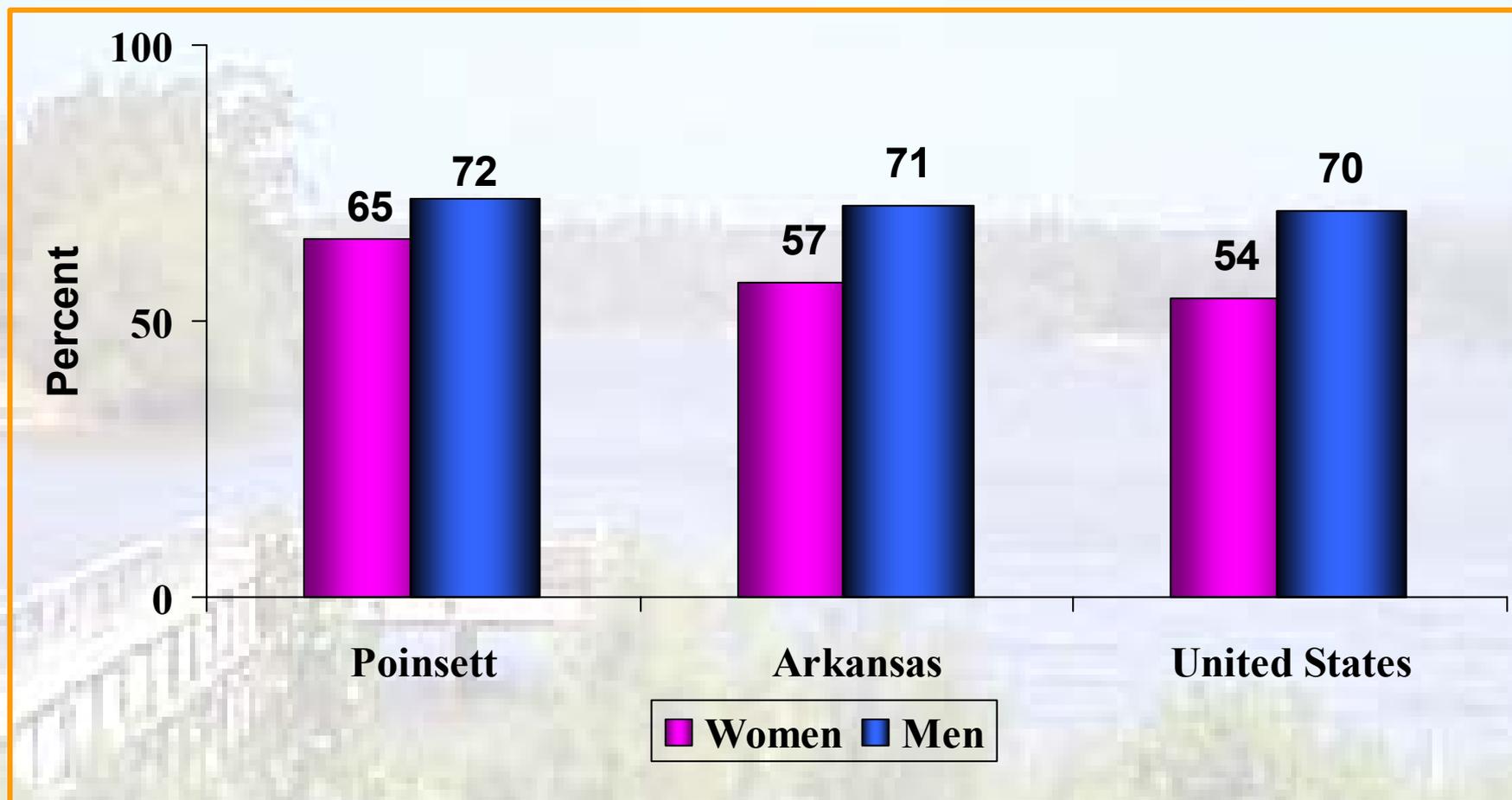
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Poinsett County (2007).



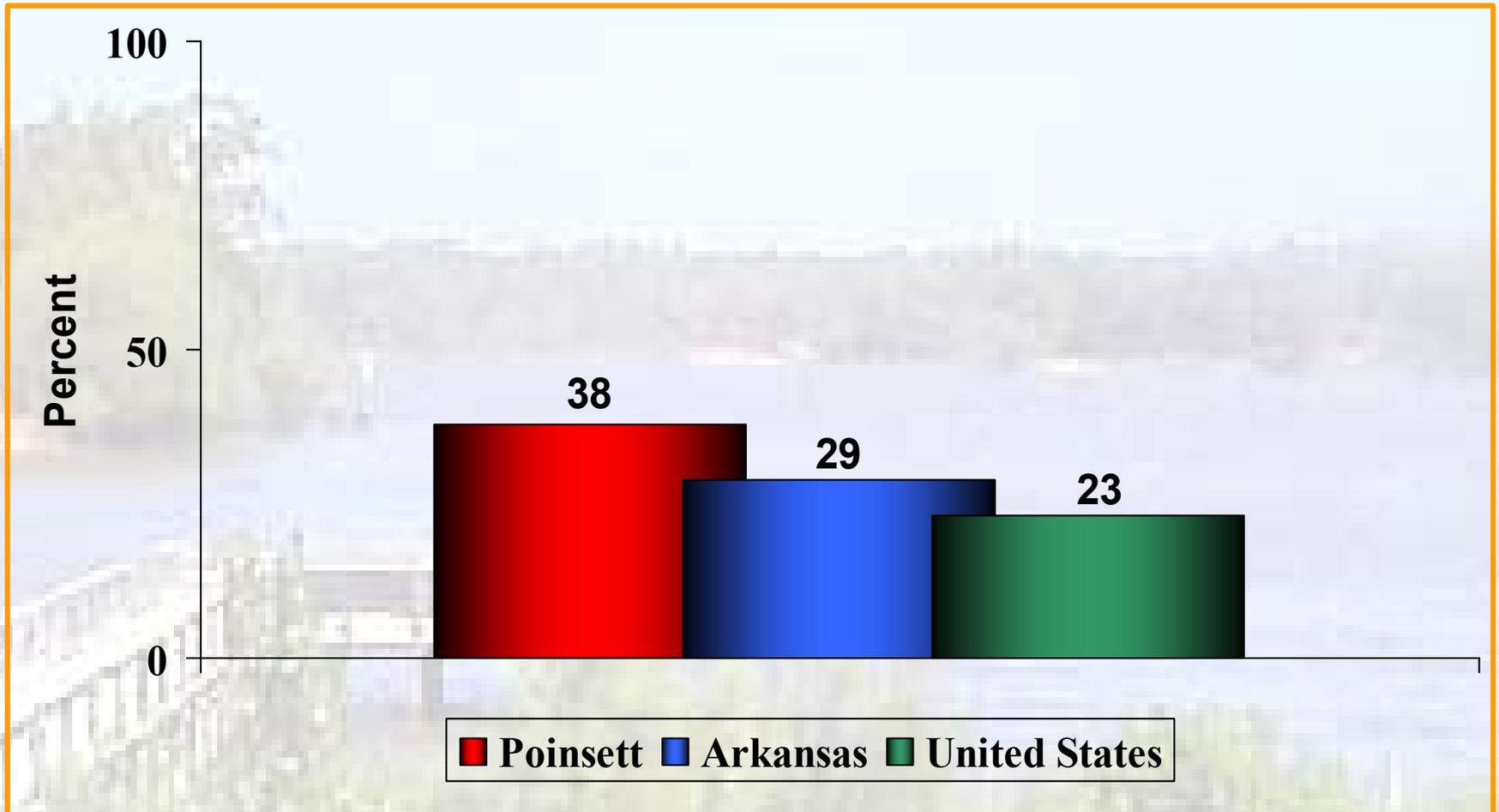
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



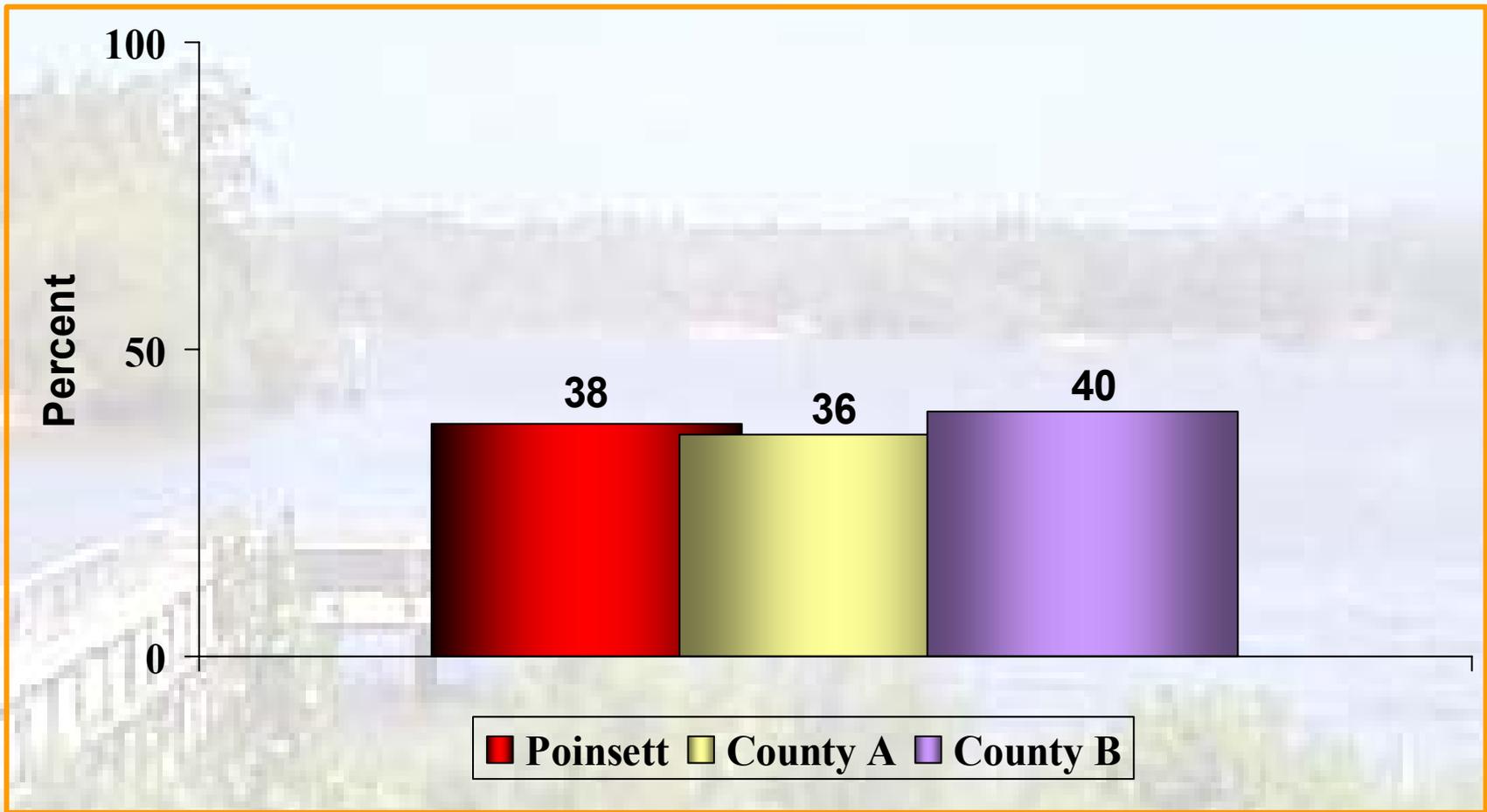
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



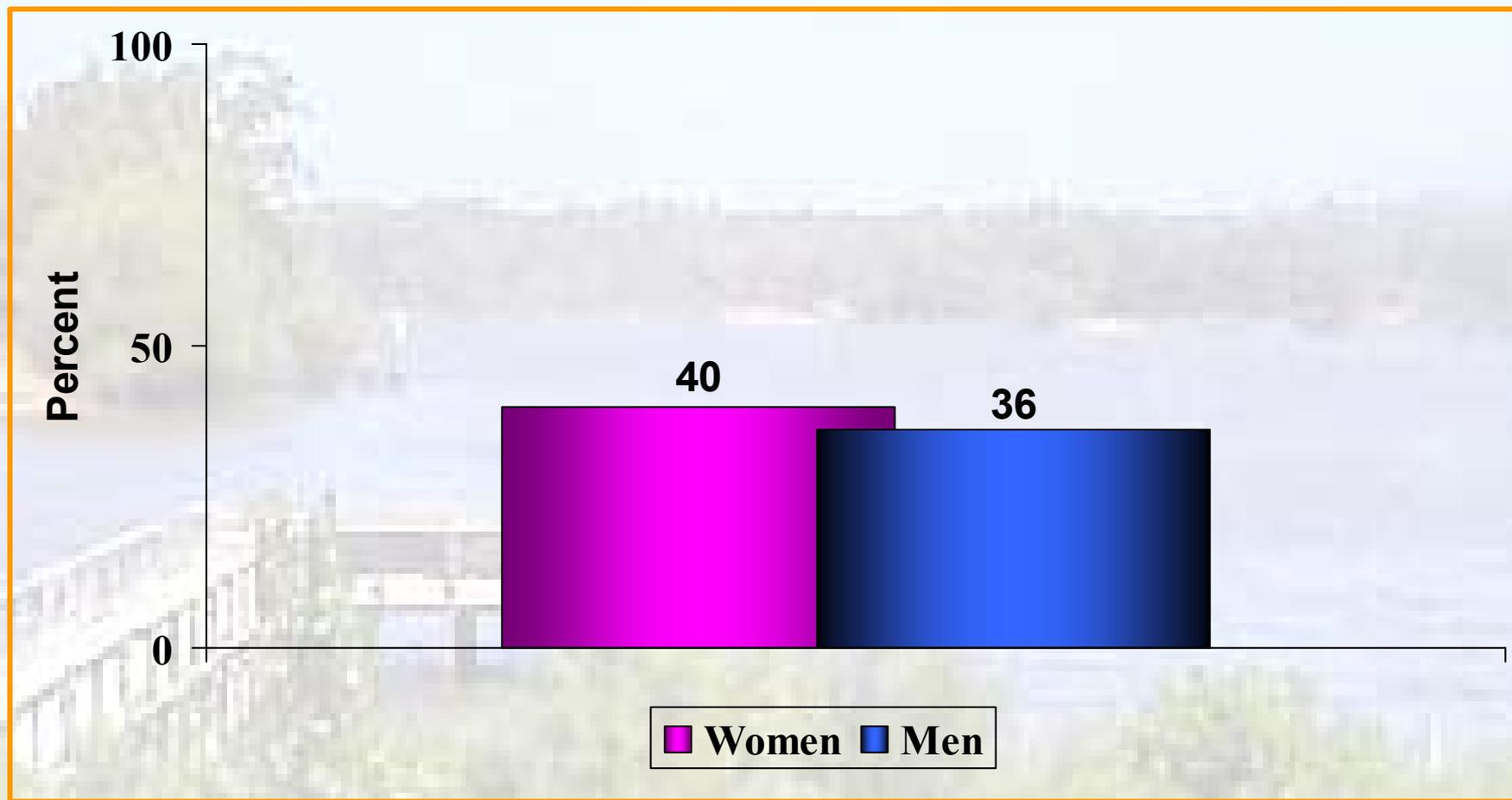
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Poinsett County (2007) and comparison with two neighboring counties (2006-2007).



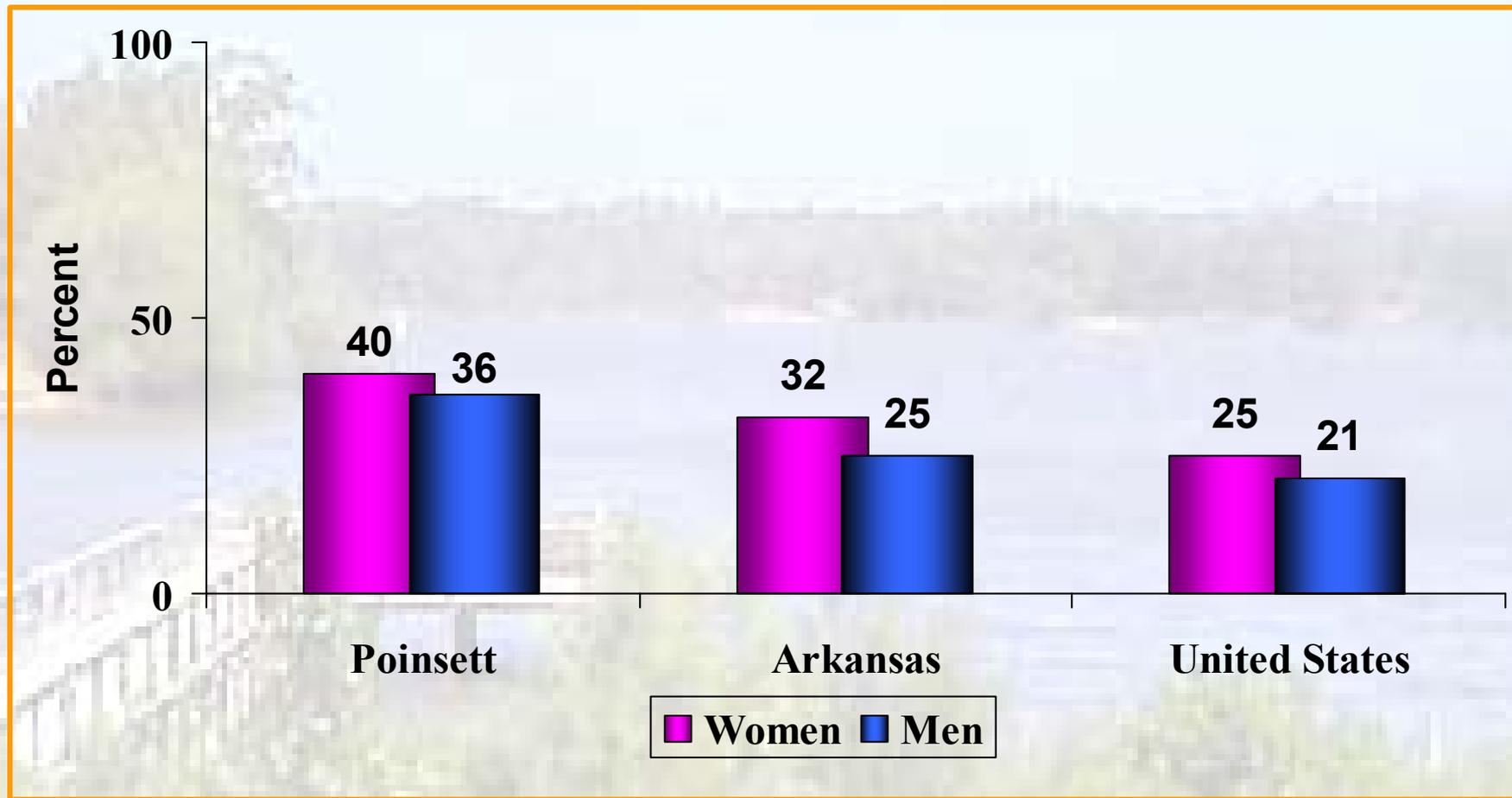
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Poinsett County (2007).



Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).

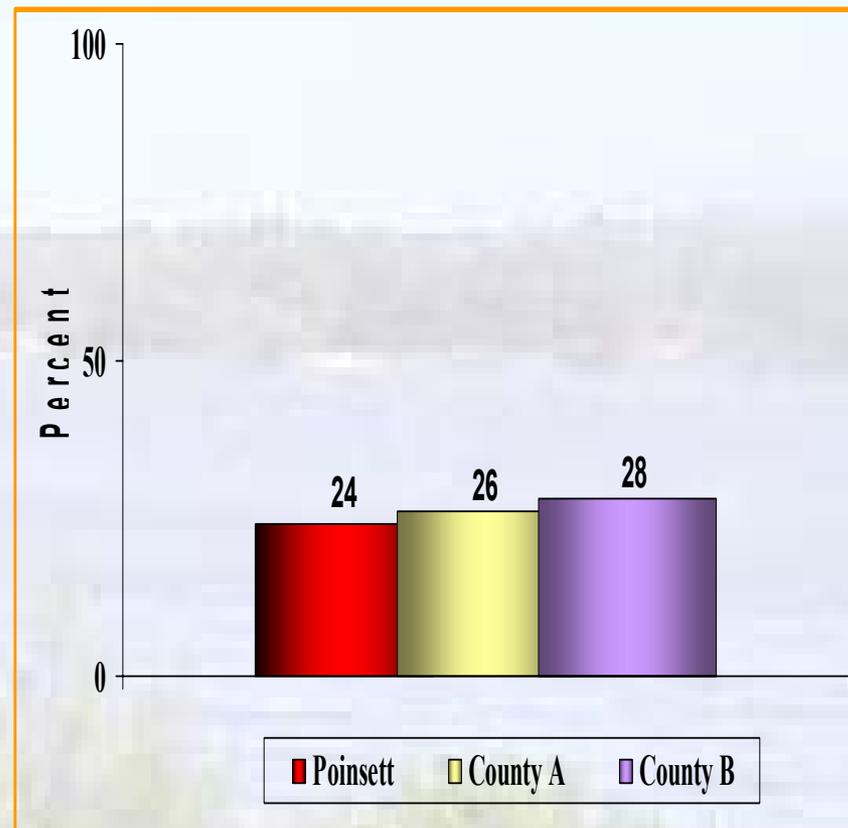
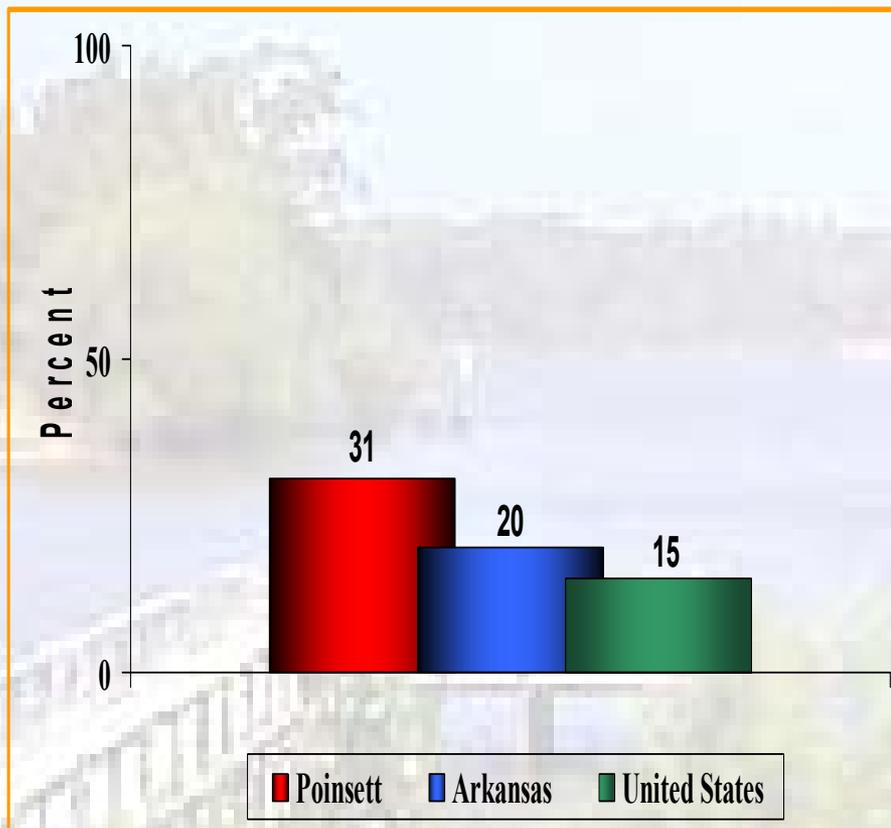


Other Risk Factors

- These are compared to the most recent statewide and nationwide data
 - General Health
 - Physical Health
 - Health Care Access
 - High Blood Pressure
 - Diabetes

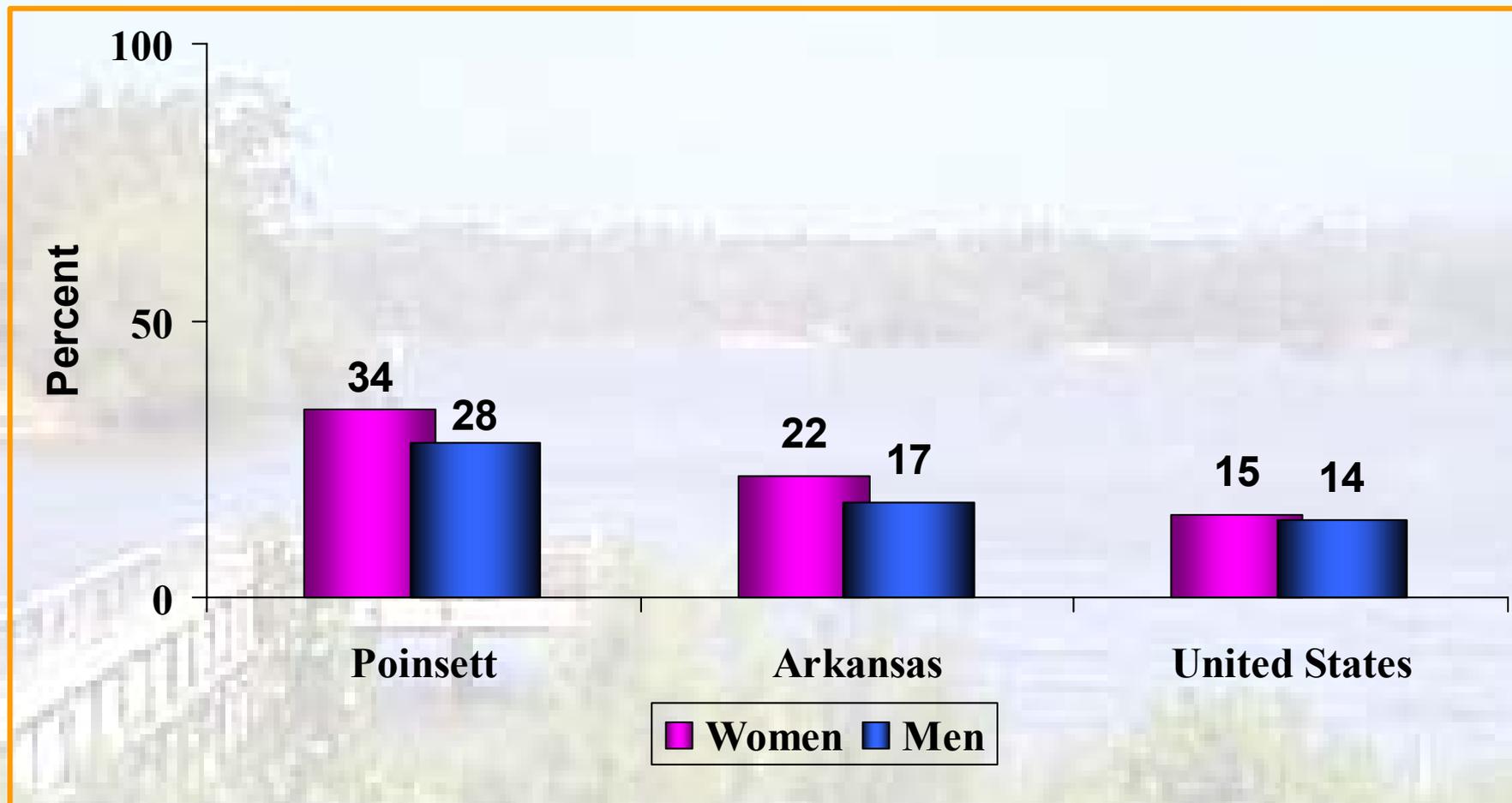
General Health

Persons who reported general health as “fair” or “poor”: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



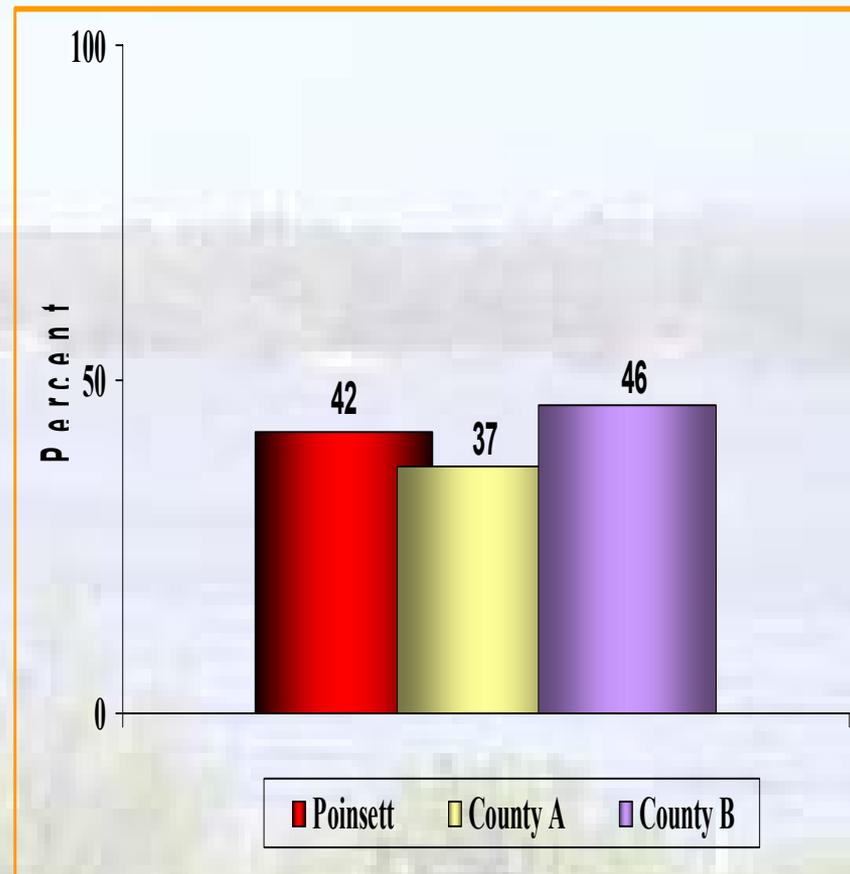
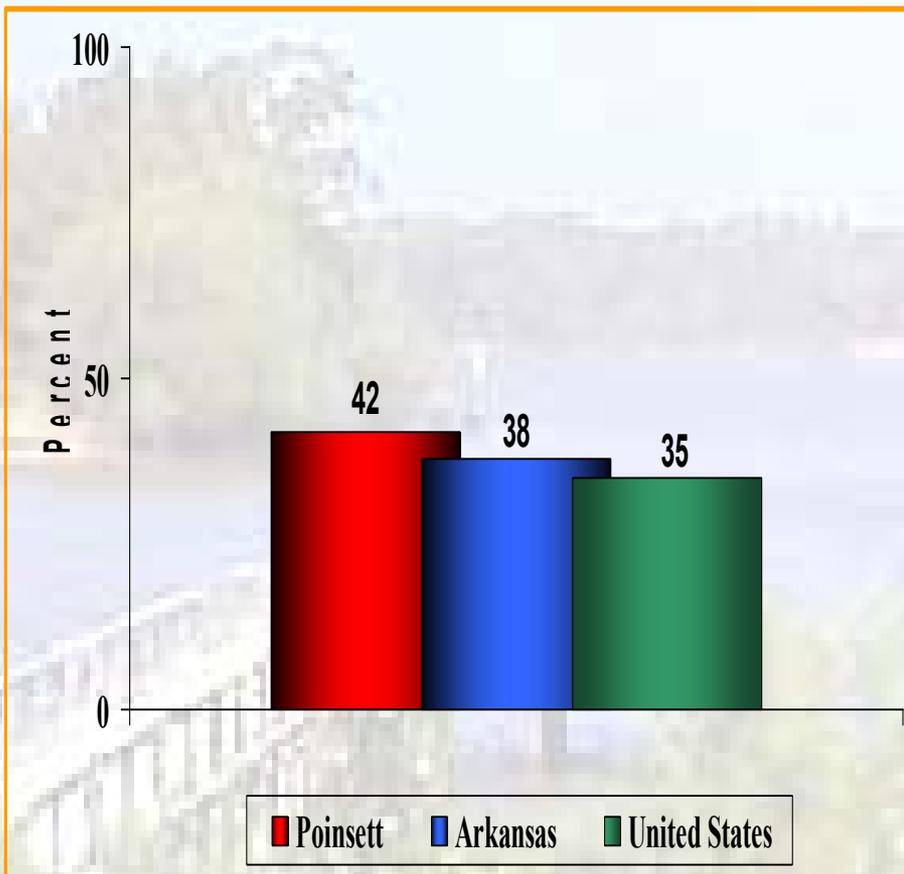
General Health

Persons who reported general health as “fair” or “poor” by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



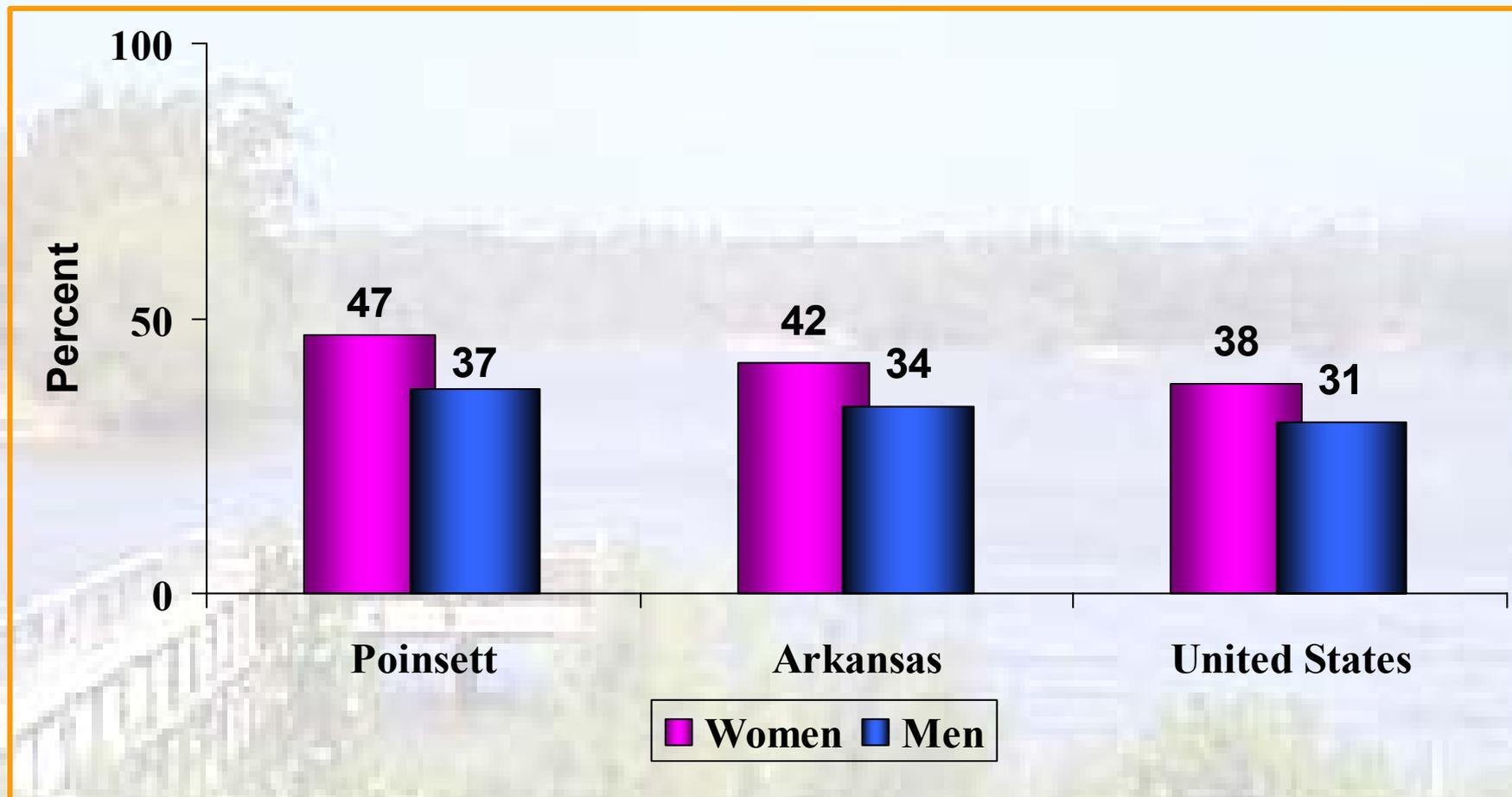
Physical Health

Persons who reported physical health as “not good”: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



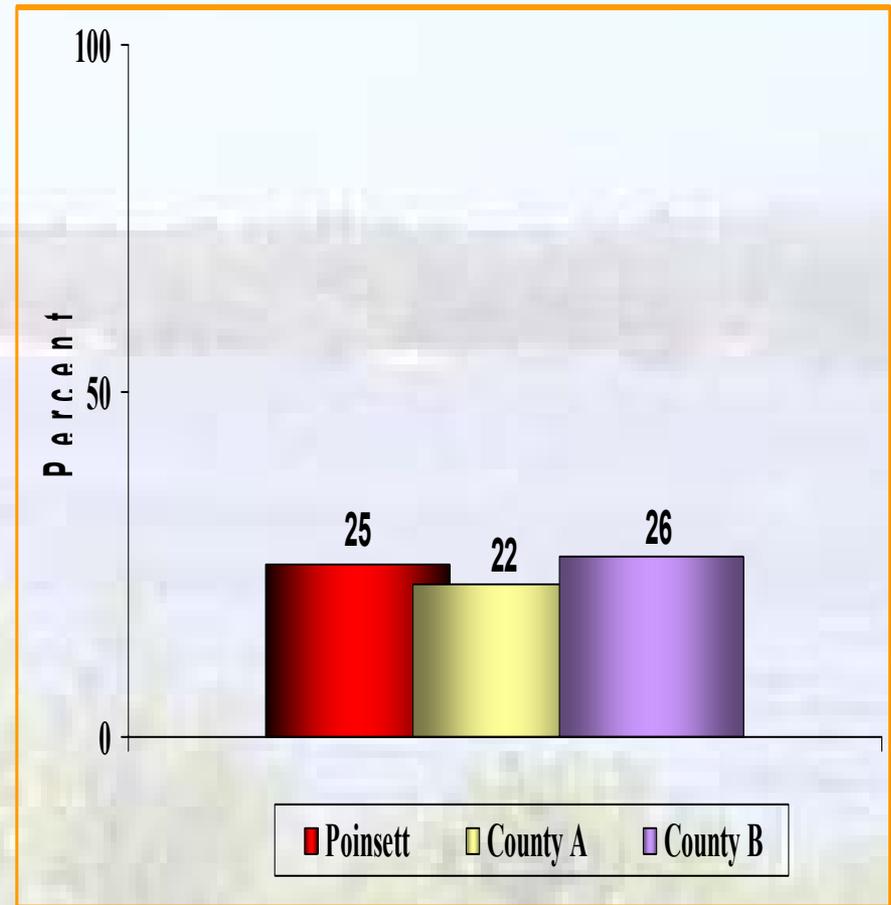
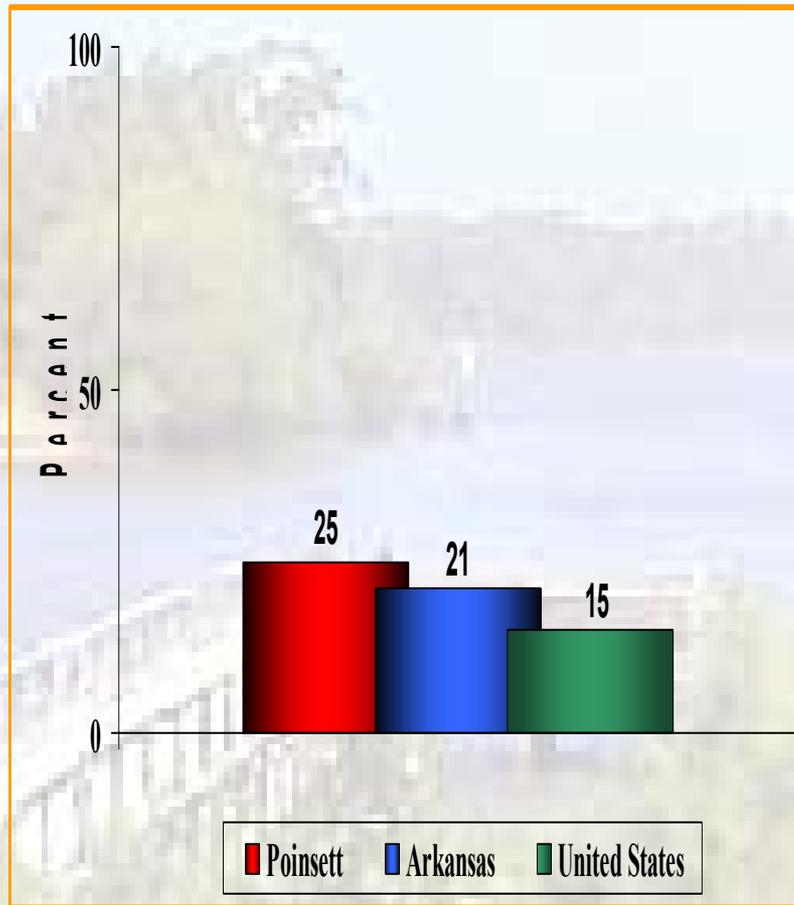
Physical Health

Persons who reported physical health as “not good” by gender:
Poinsett County (2007), Arkansas (2006), and U.S. (2006).



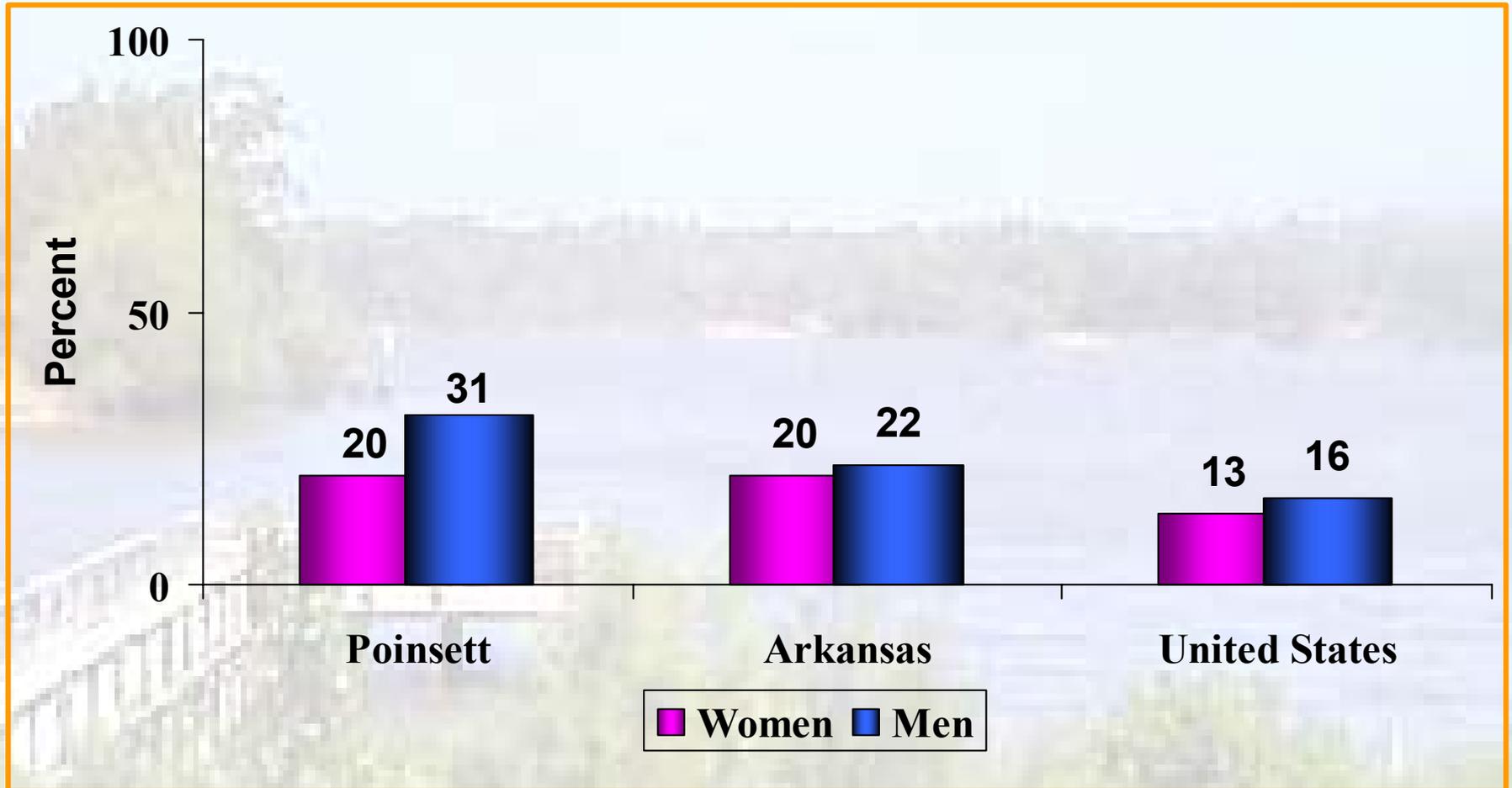
Health Care Access

Persons who reported that they did not have health insurance: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



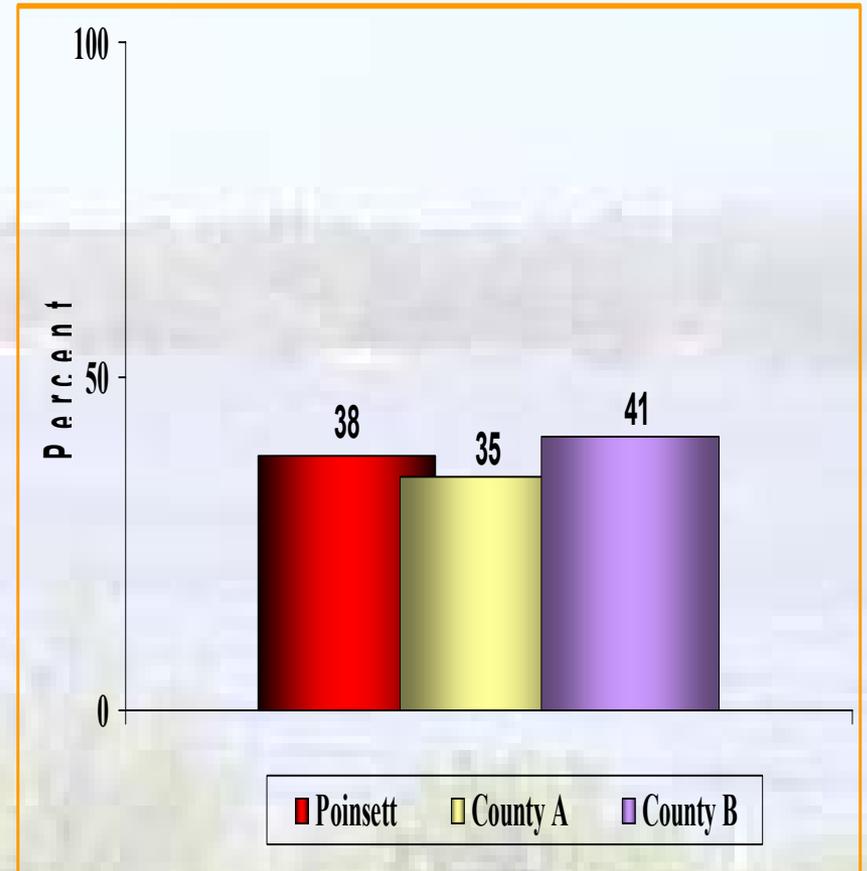
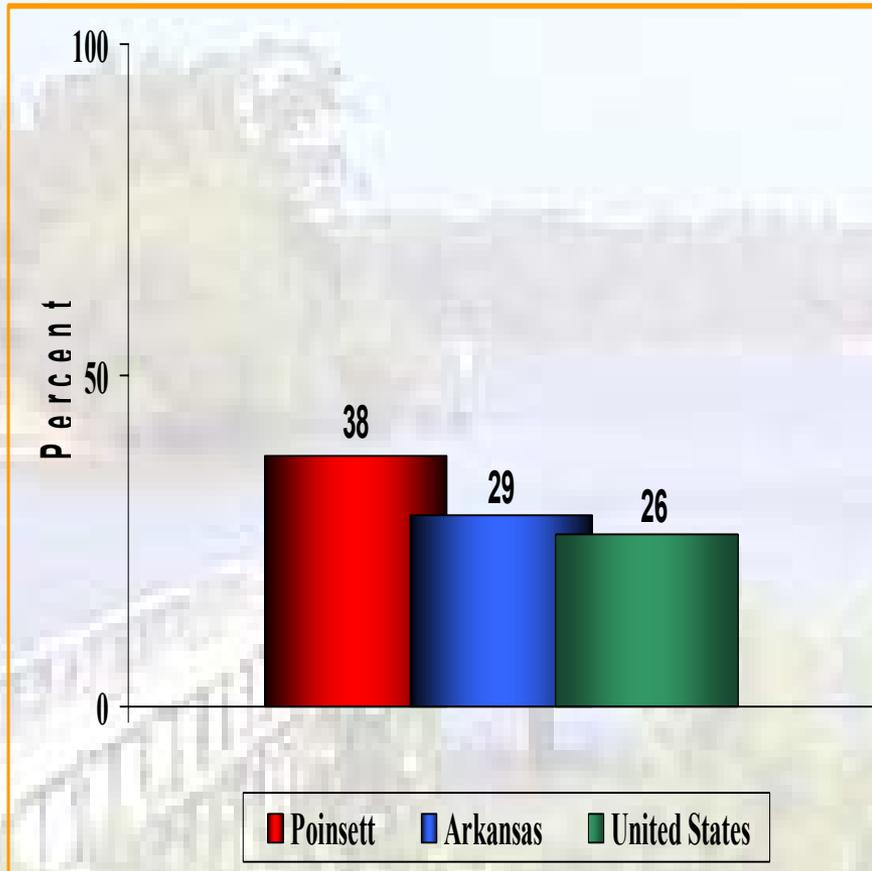
Health Care Access

Persons who reported that they did not have health insurance by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



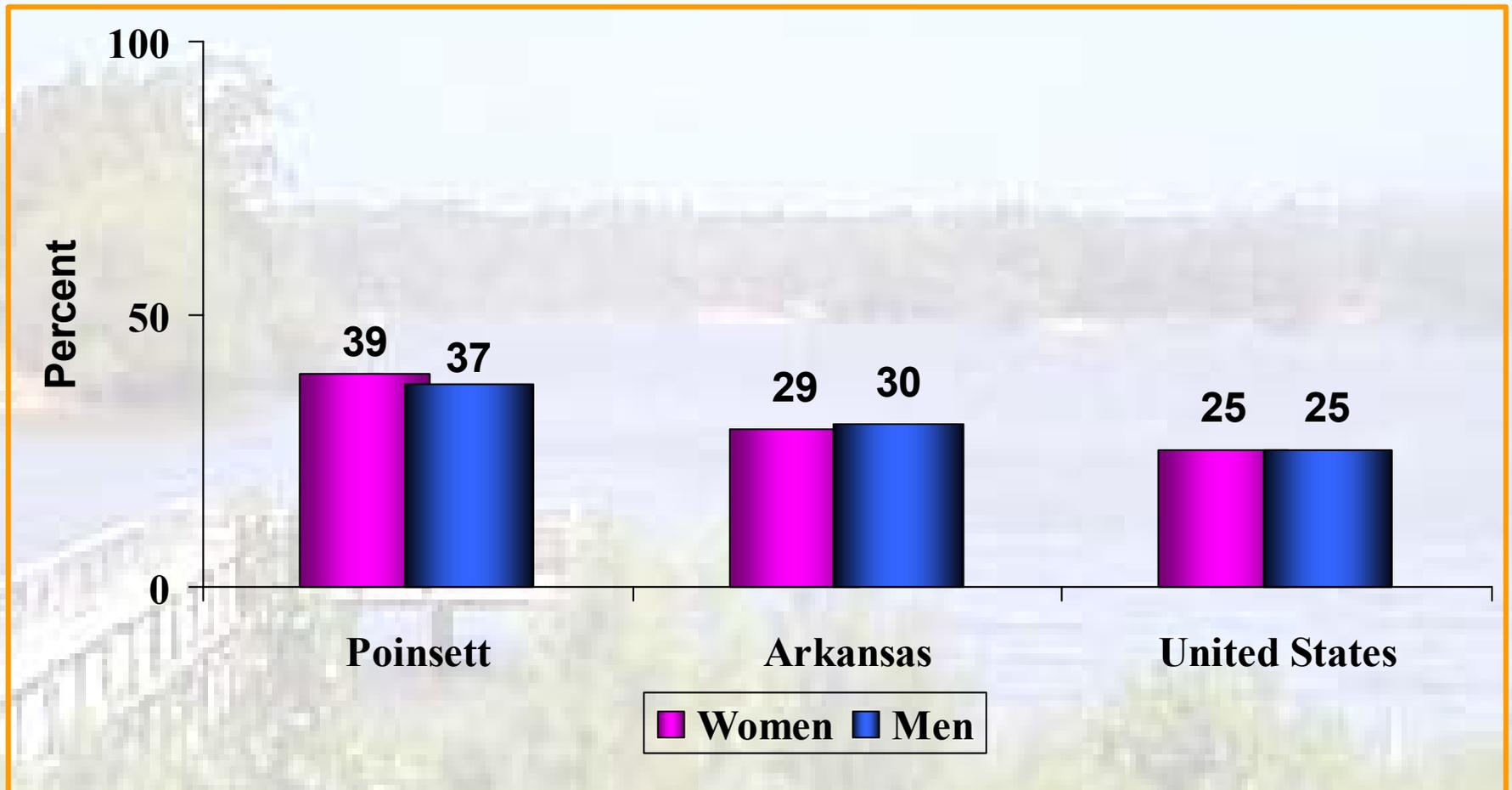
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



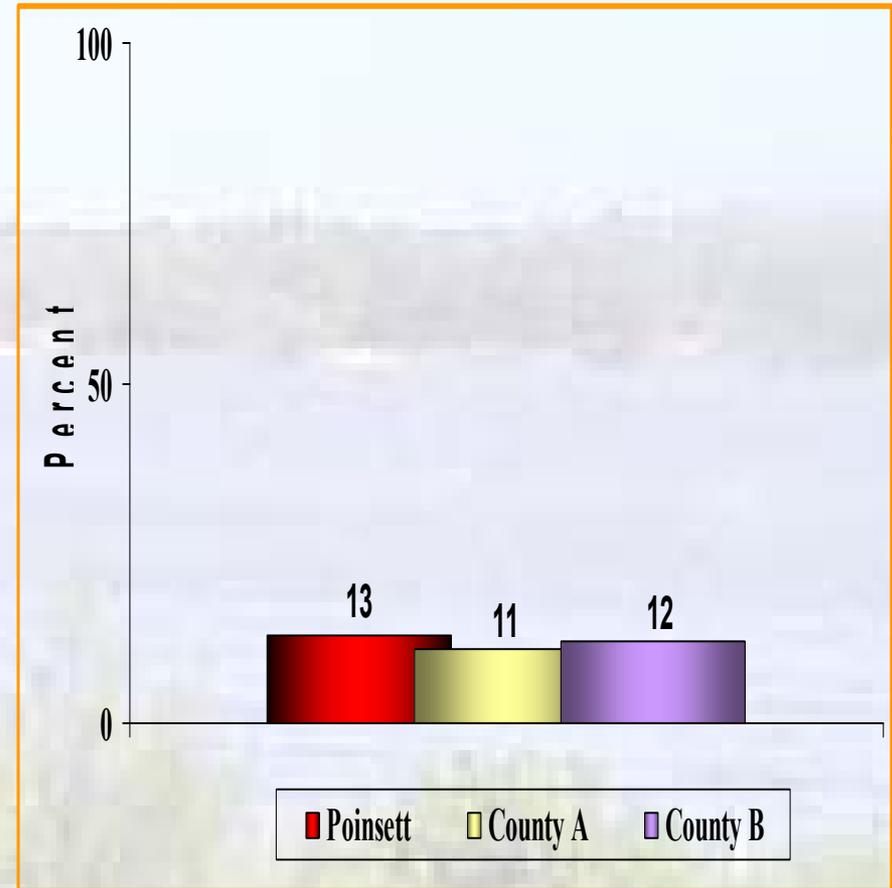
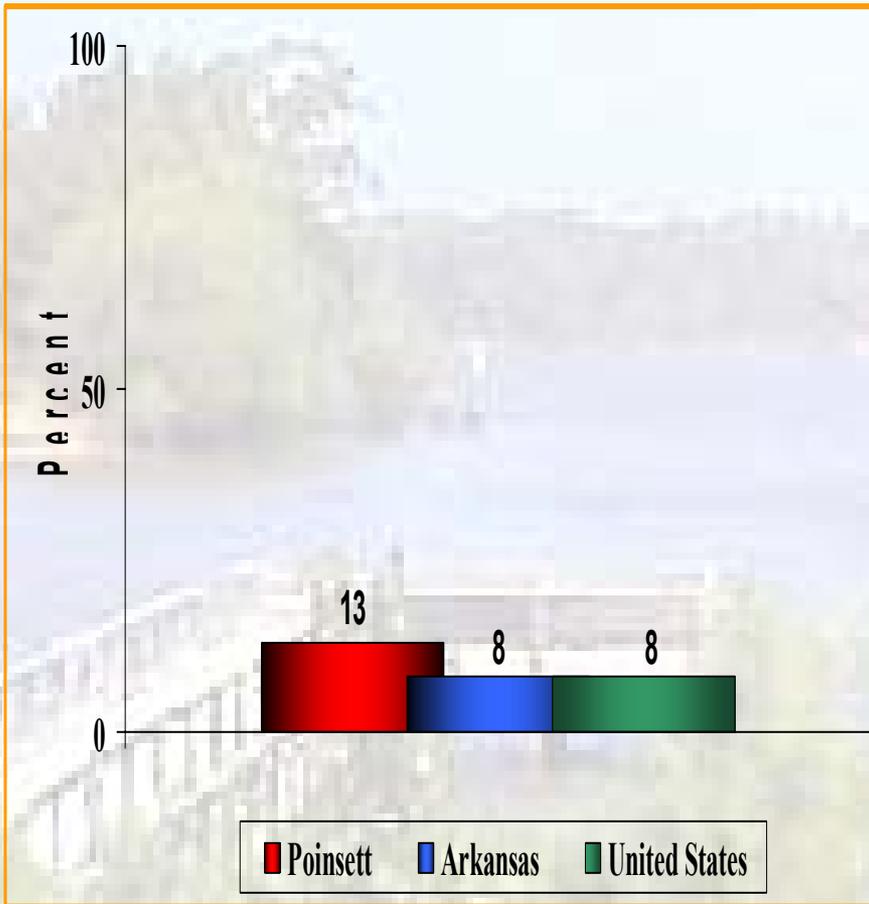
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



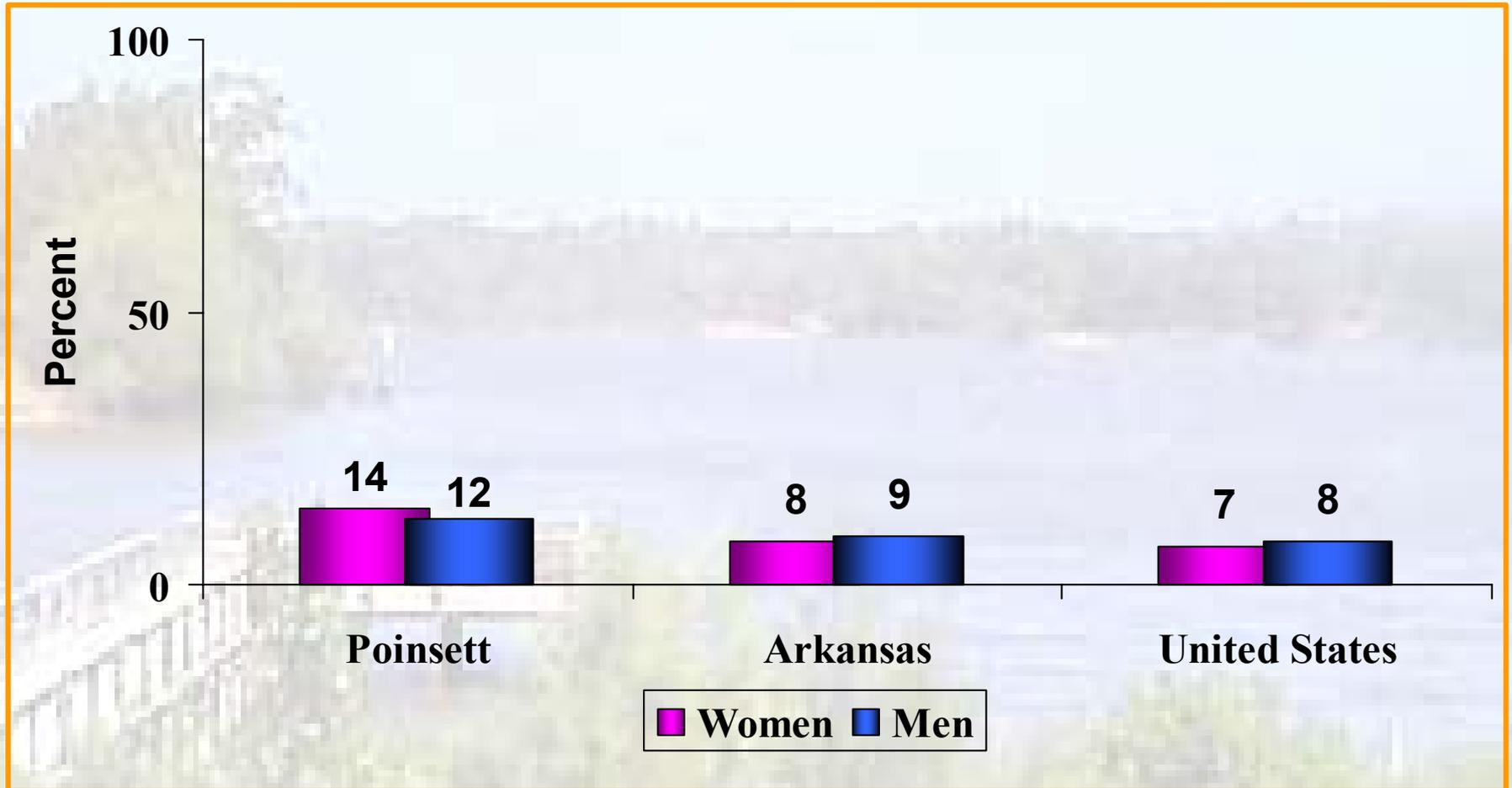
Diabetes

Persons who reported that they have been diagnosed with diabetes: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



Diabetes

Persons who reported that they have been diagnosed with diabetes by gender: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



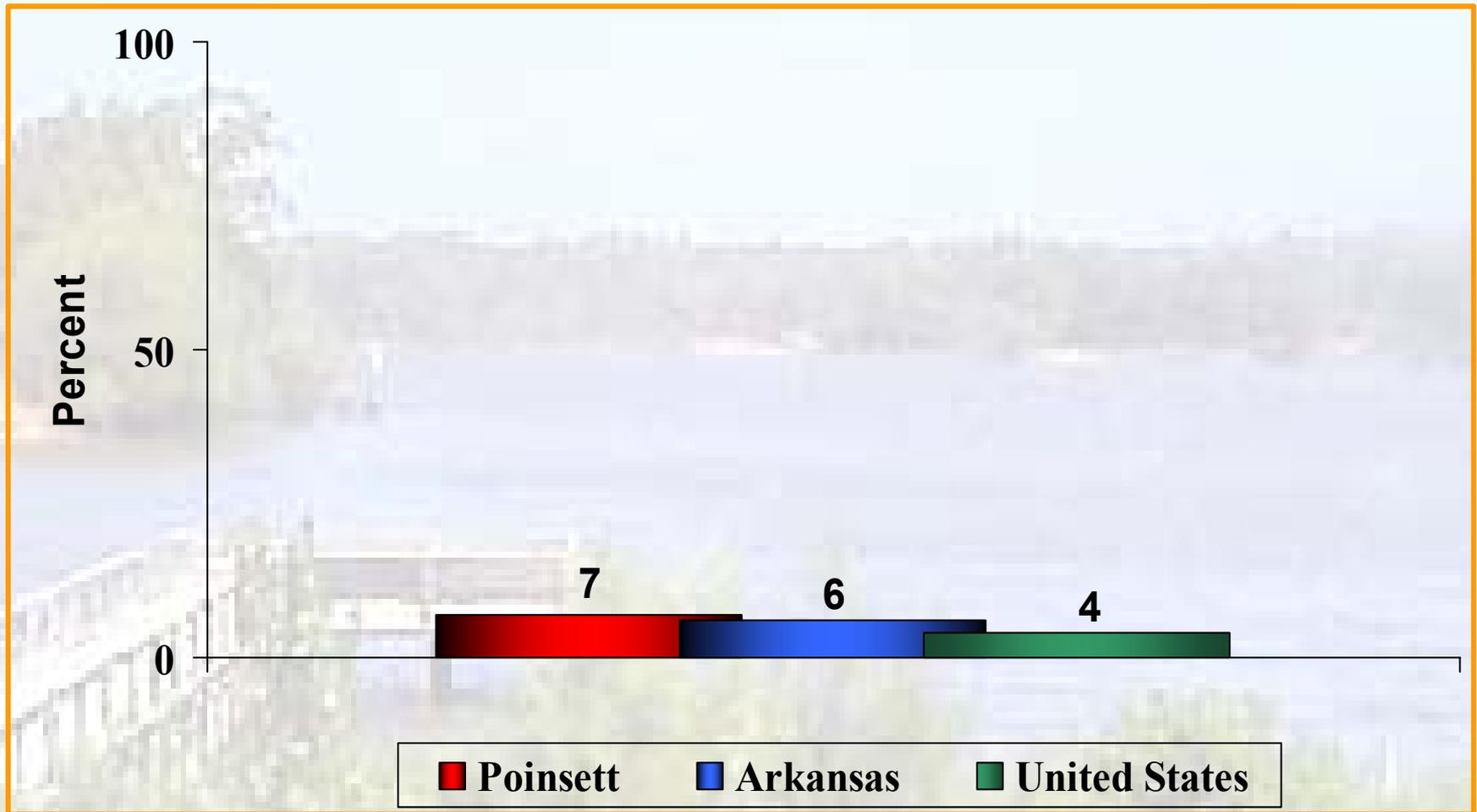
Cardiovascular Disease Prevalence

- These are compared to the 2006 statewide and nationwide data
 - Myocardial Infarction
 - Angina or Coronary Heart Disease
 - Stroke



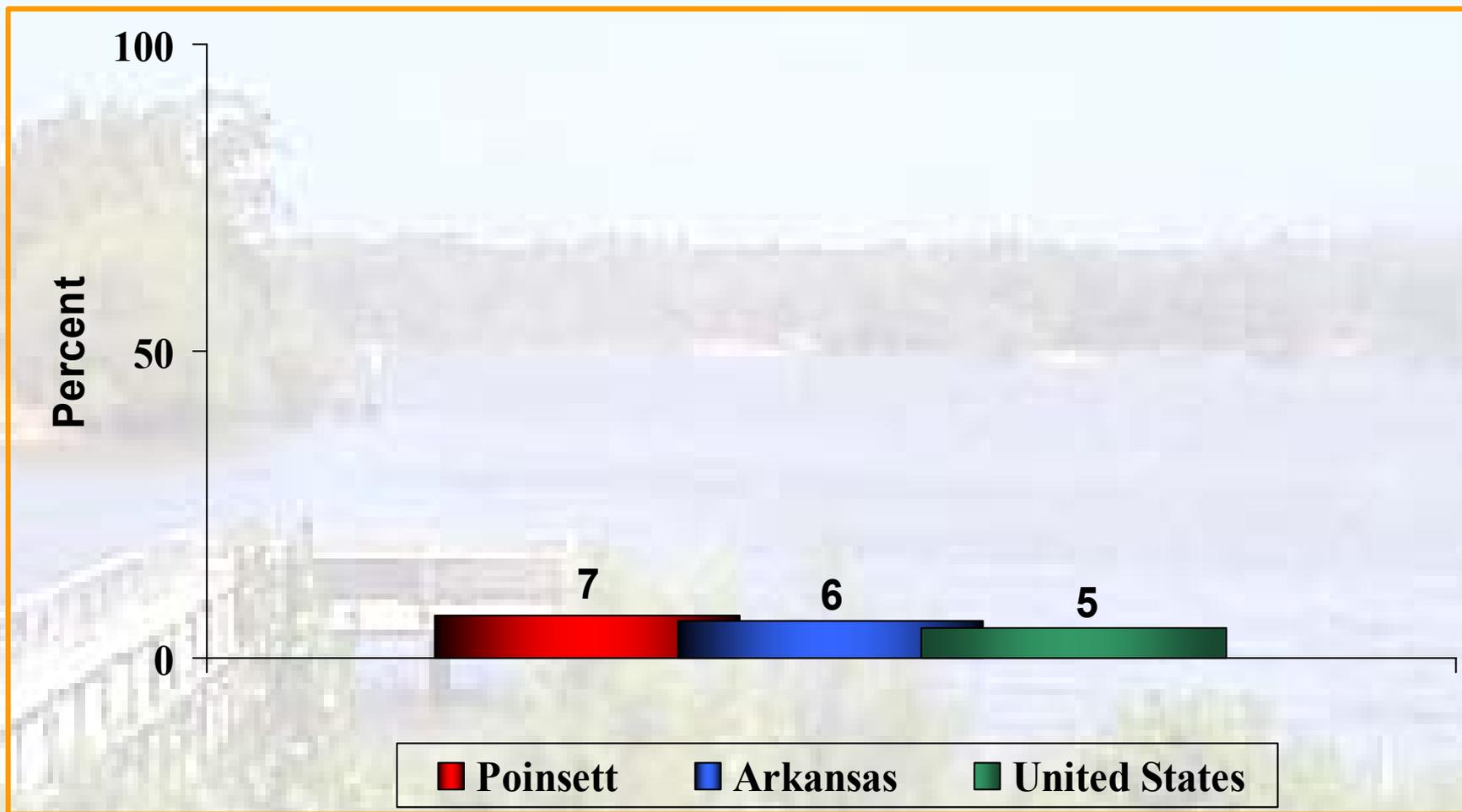
Myocardial Infarction

Persons who reported that they had been diagnosed with a myocardial infarction: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



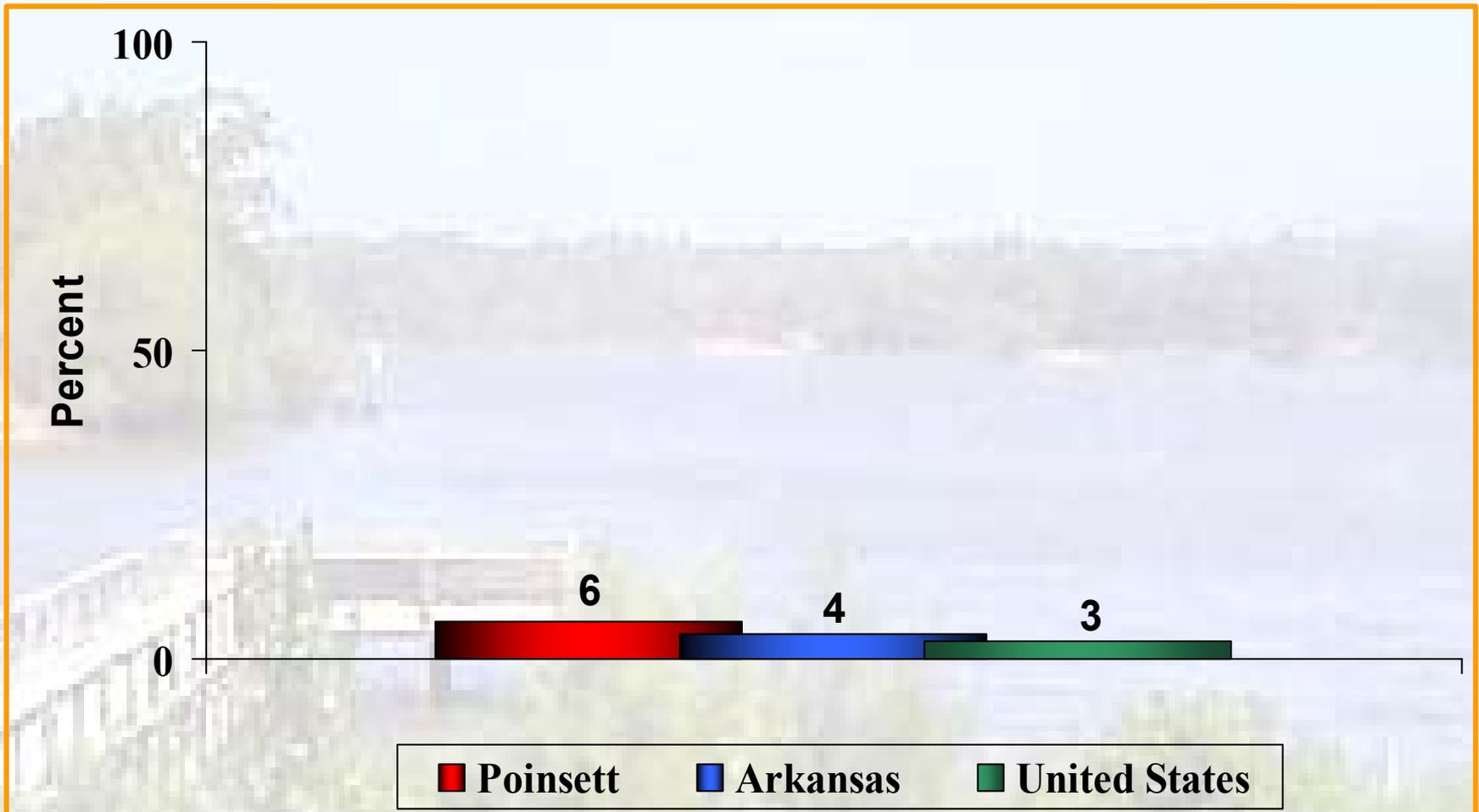
Angina

Persons who reported that they had been diagnosed with a angina:
Poinsett County (2007), Arkansas (2006), and U.S. (2006).



Stroke

Persons who reported that they had been diagnosed with a stroke:
Poinsett County (2007), Arkansas (2006), and U.S. (2006).



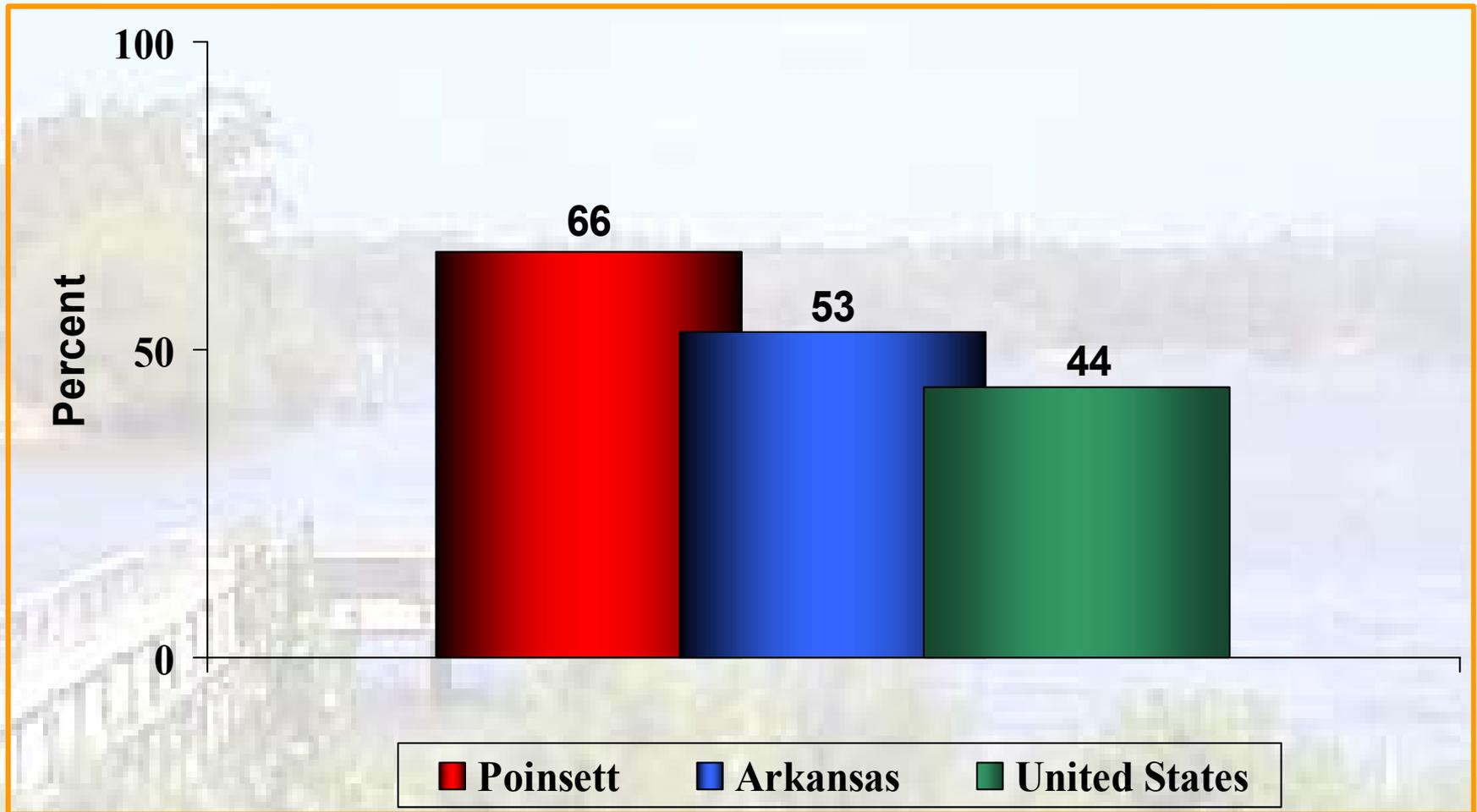
Oral Health

- These are compared to the 2006 statewide and nationwide data
 - Permanent Teeth Extraction
 - Last Dental Visit



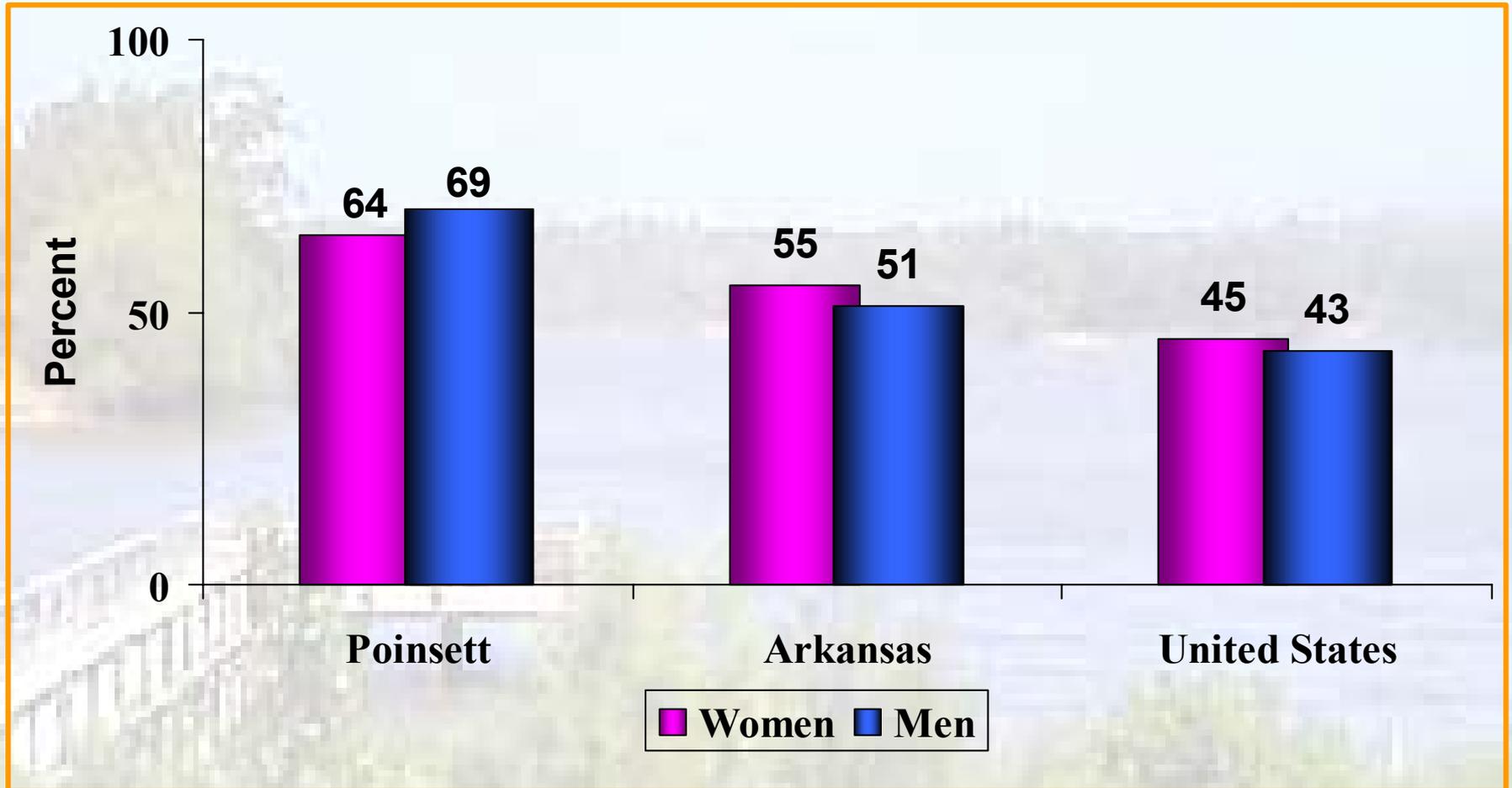
Permanent Teeth Extraction

Persons who reported that they have had permanent teeth extracted:
Poinsett County (2007), Arkansas (2006), and U.S. (2006).



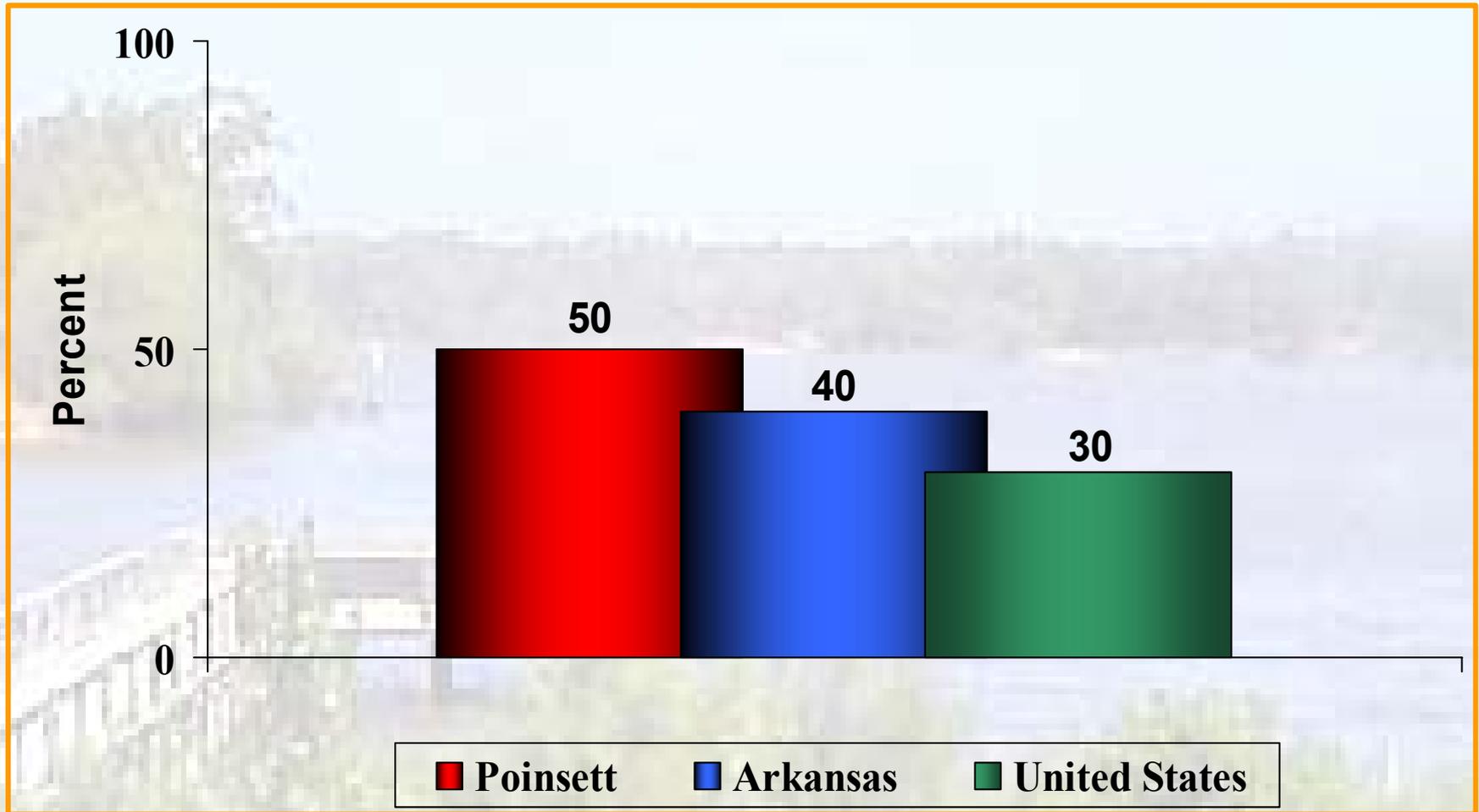
Permanent Teeth Extraction

Persons who reported that they have had permanent teeth extracted:
Poinsett County (2007), Arkansas (2006), and U.S. (2006).



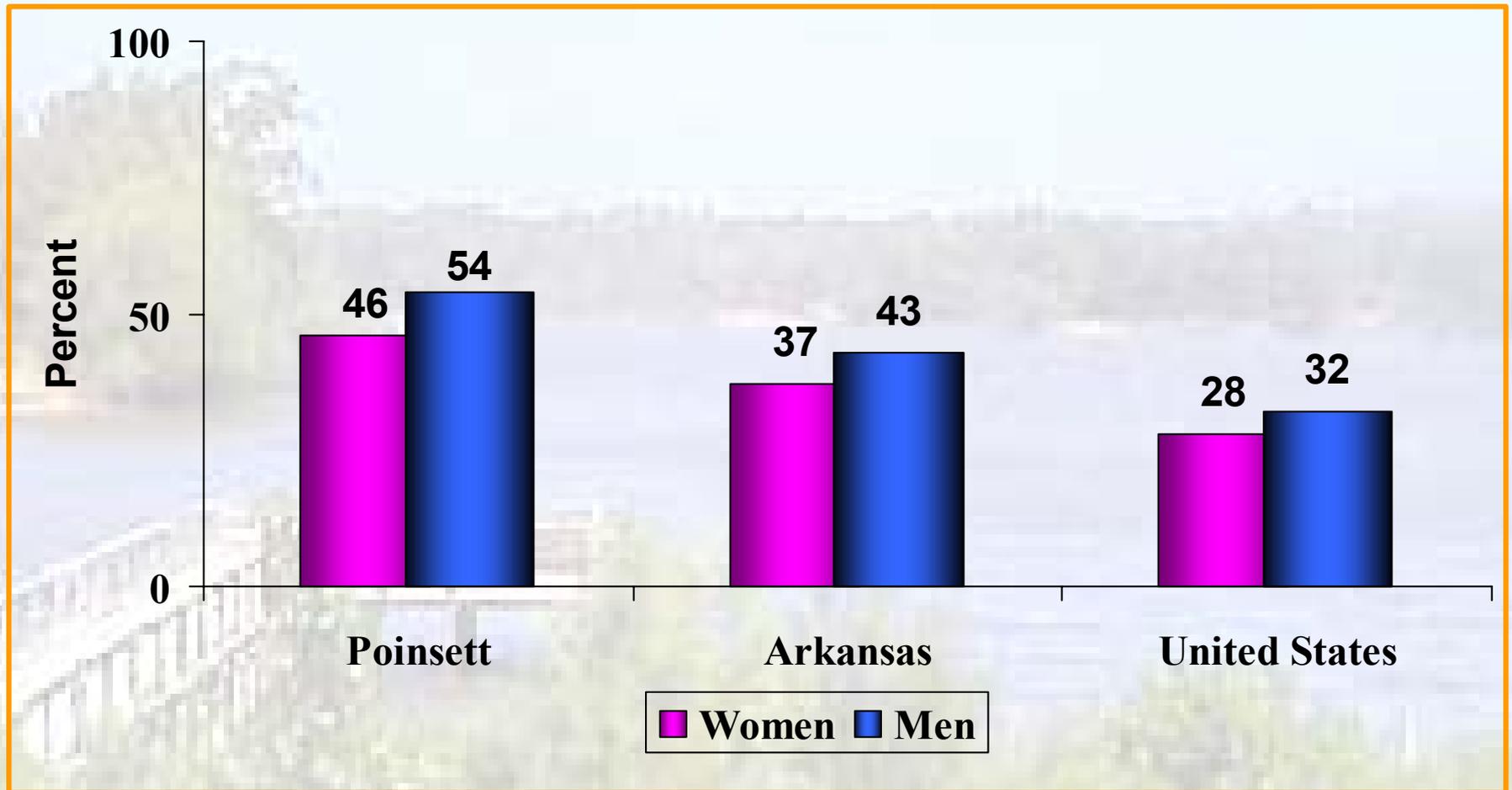
Last Dental Visit

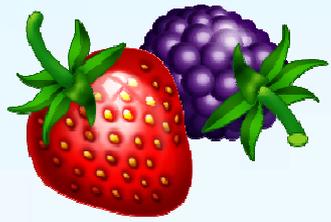
Persons who reported that they have that last dental visit was one year or more ago: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



Last Dental Visit

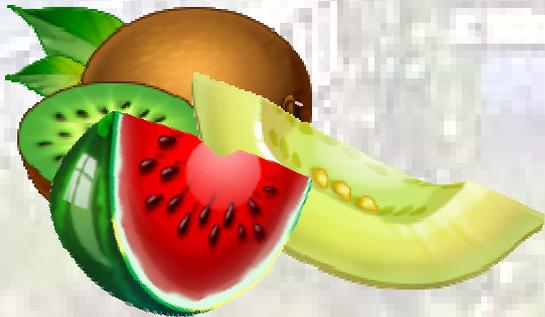
Persons who reported that they have that last dental visit was one year or more ago : Poinsett County (2007), Arkansas (2006), and U.S. (2006).





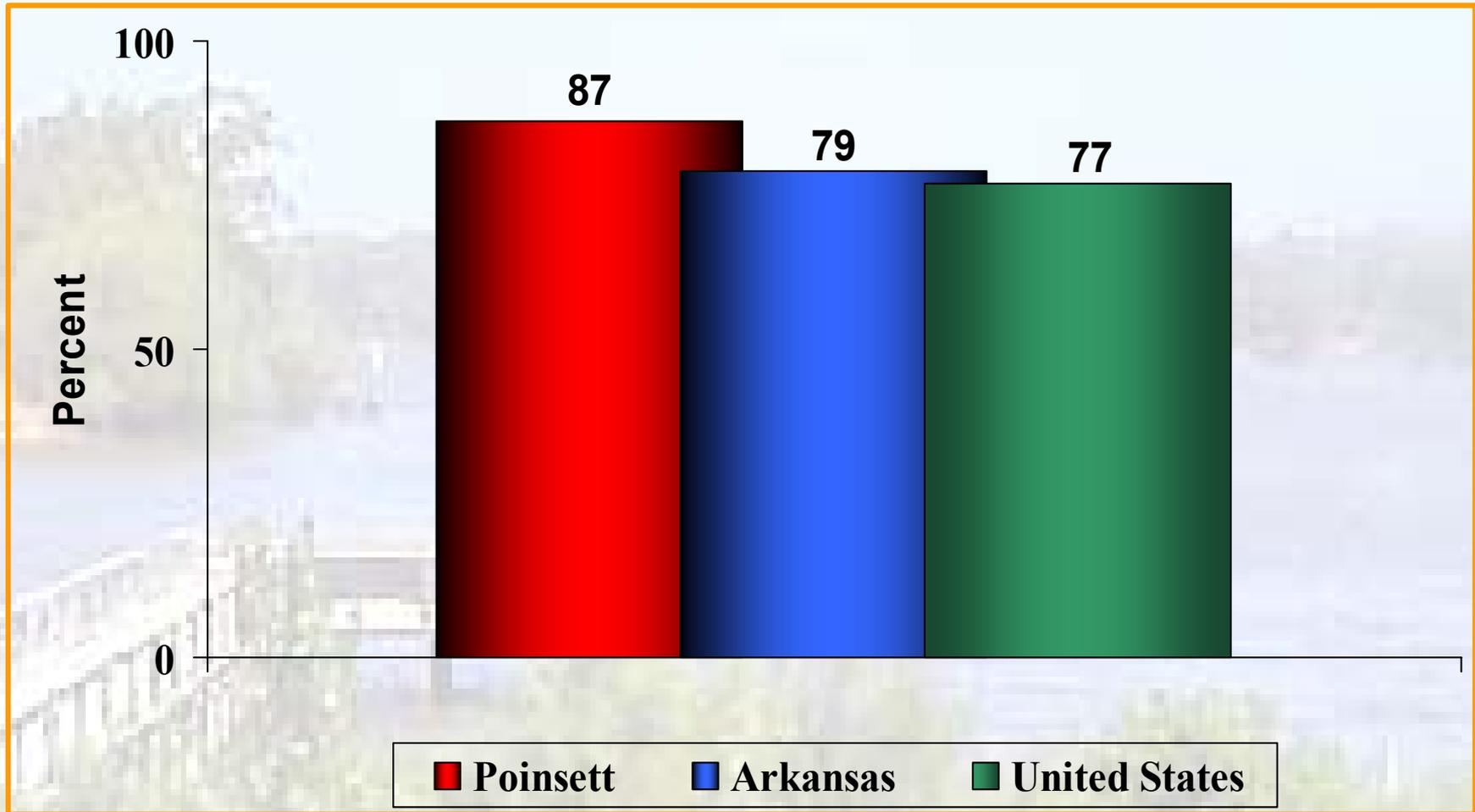
Fruits and Vegetables

- These are compared to the 2005 statewide and nationwide data
 - Consumption of fruits and vegetables fewer than five times per day



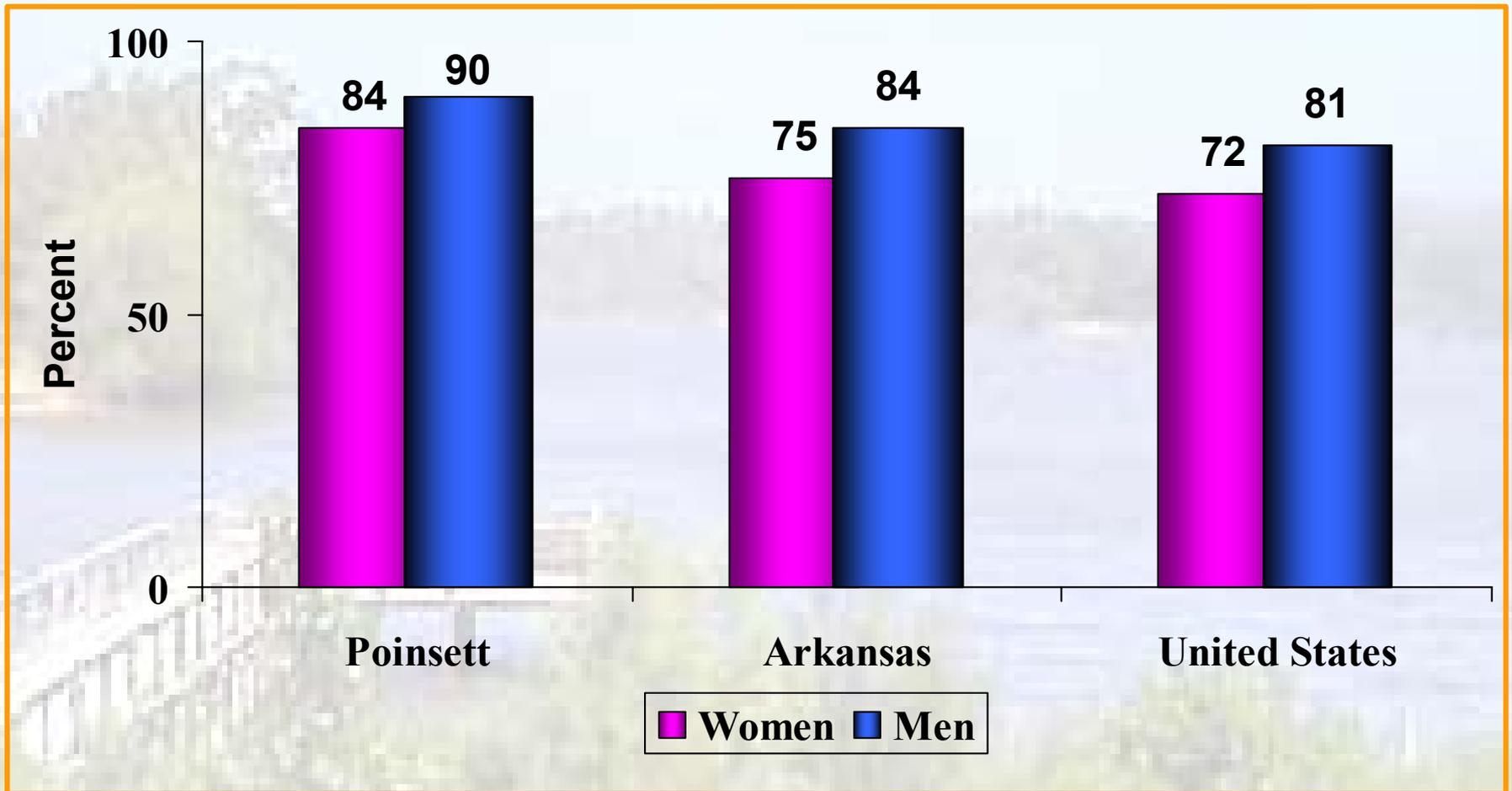
Fruits and Vegetables

Persons who reported that they have they consumed fewer than 5 fruits and vegetables per day: Poinsett County (2007), Arkansas (2005), and U.S. (2005).



Fruits and Vegetables

Persons who reported that they have they consumed fewer than 5 fruits and vegetables per day: Poinsett County (2007), Arkansas (2005), and U.S. (2005).



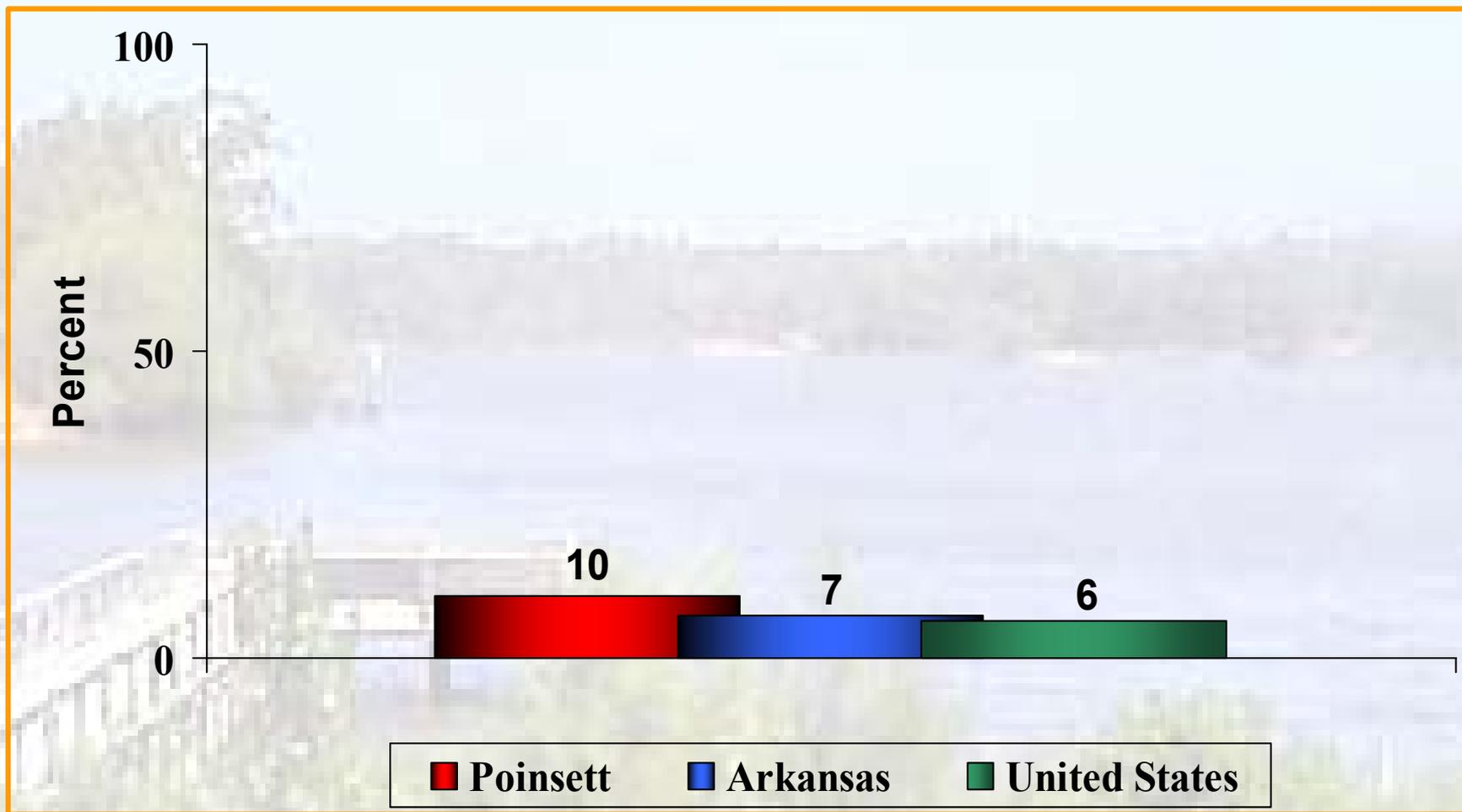
Disability

- These are compared to the 2006 statewide and nationwide data
 - Use of special equipment
 - Dissatisfaction with life



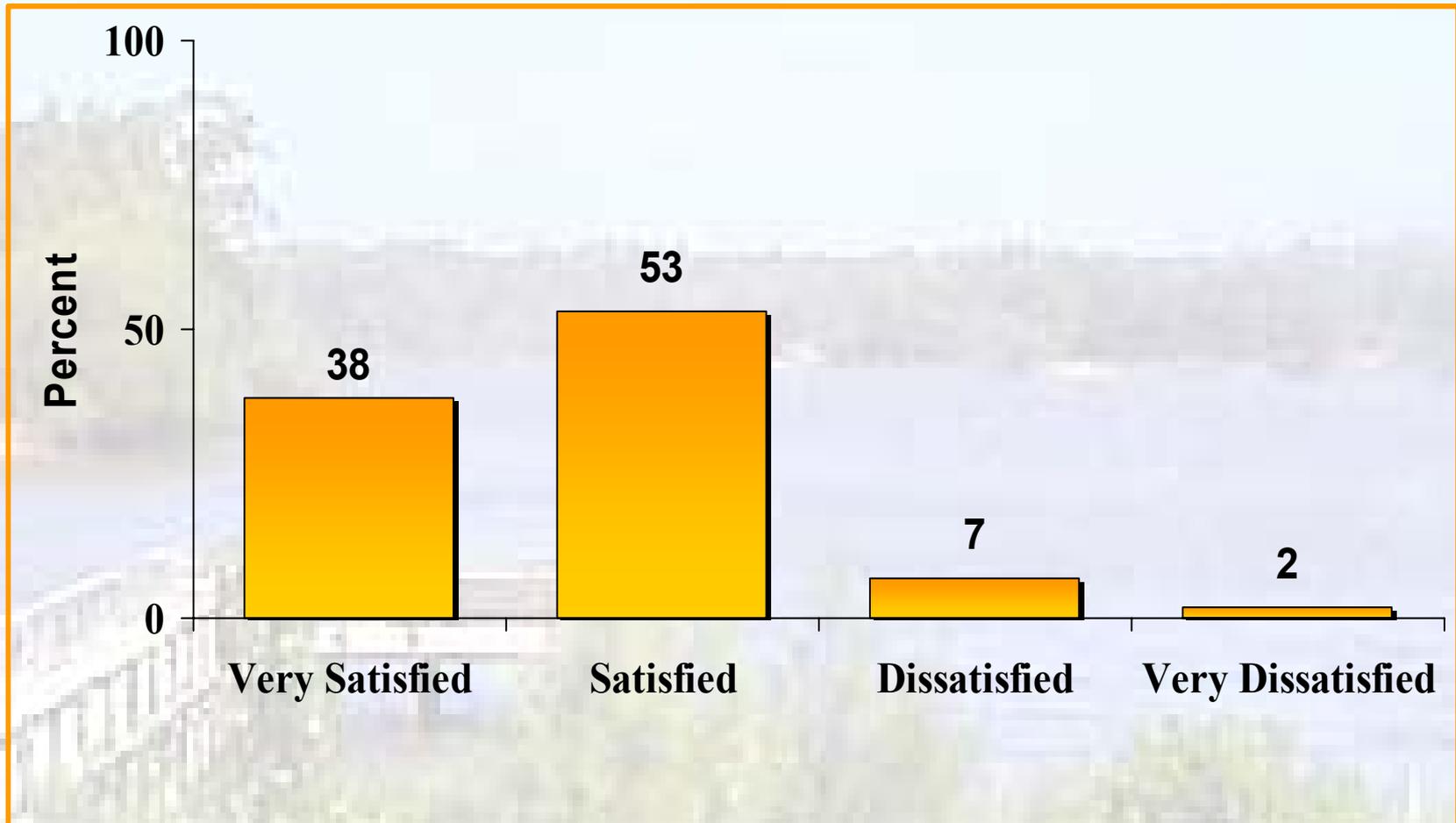
Use of Special Equipment

Persons who reported that they use special equipment: Poinsett County (2007), Arkansas (2006), and U.S. (2006).



Dissatisfaction with Life

Persons who reported the extent to which they were satisfied or dissatisfied with life: Poinsett County (2007)

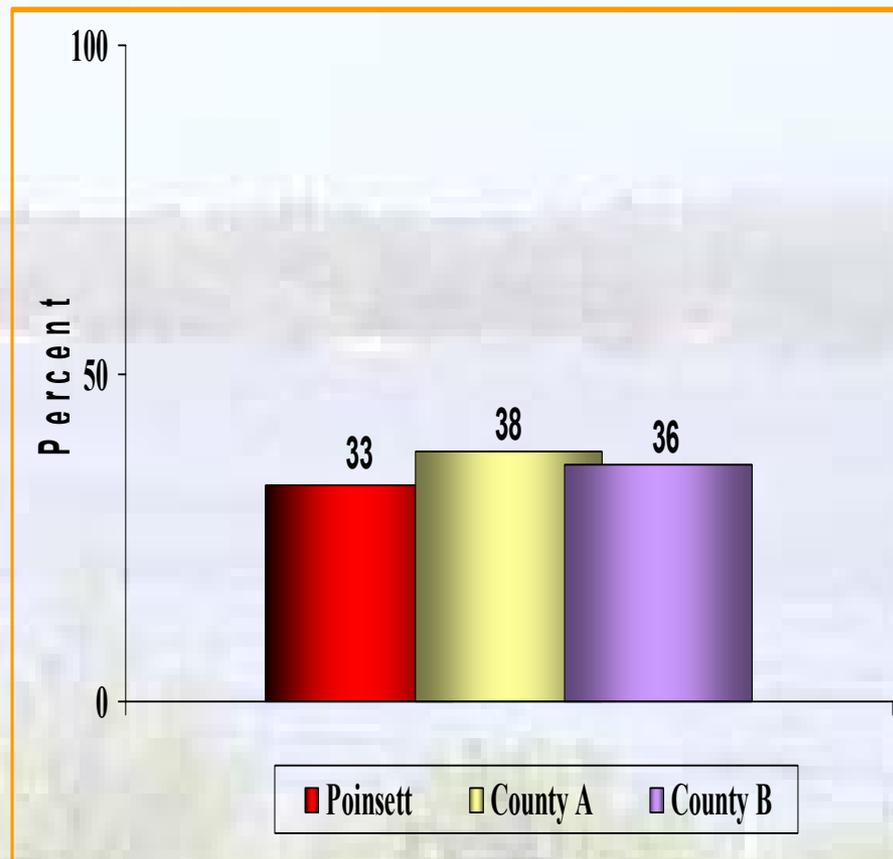
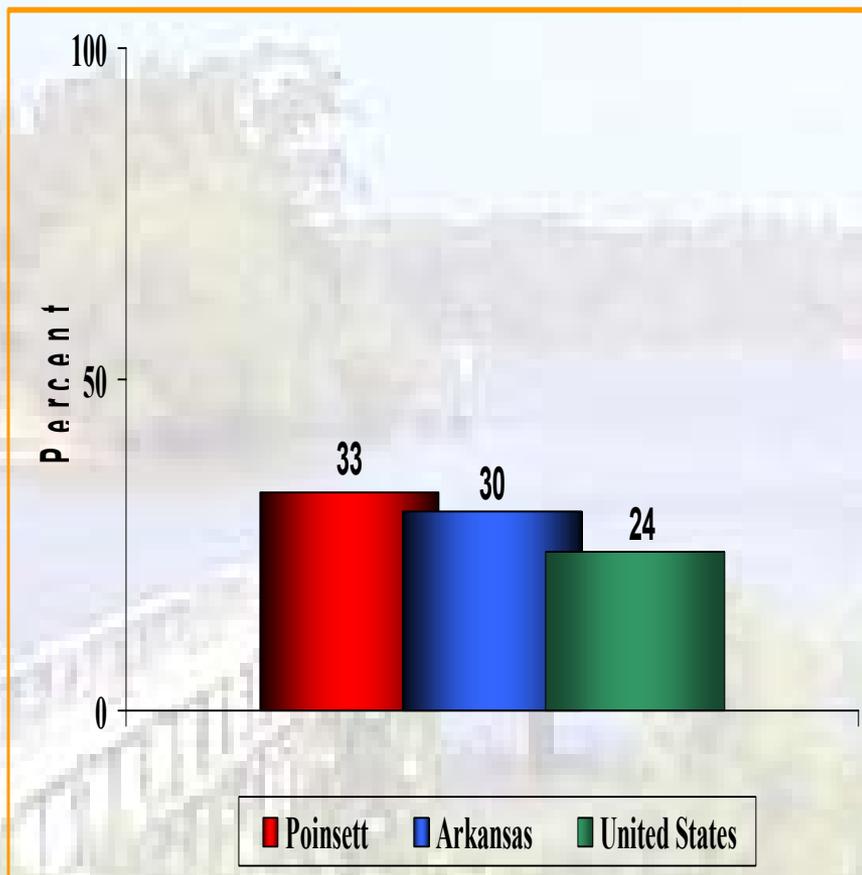


Women's Health

- These are compared to the most recent statewide and nationwide data
 - Mammogram data
 - Pap Smear data

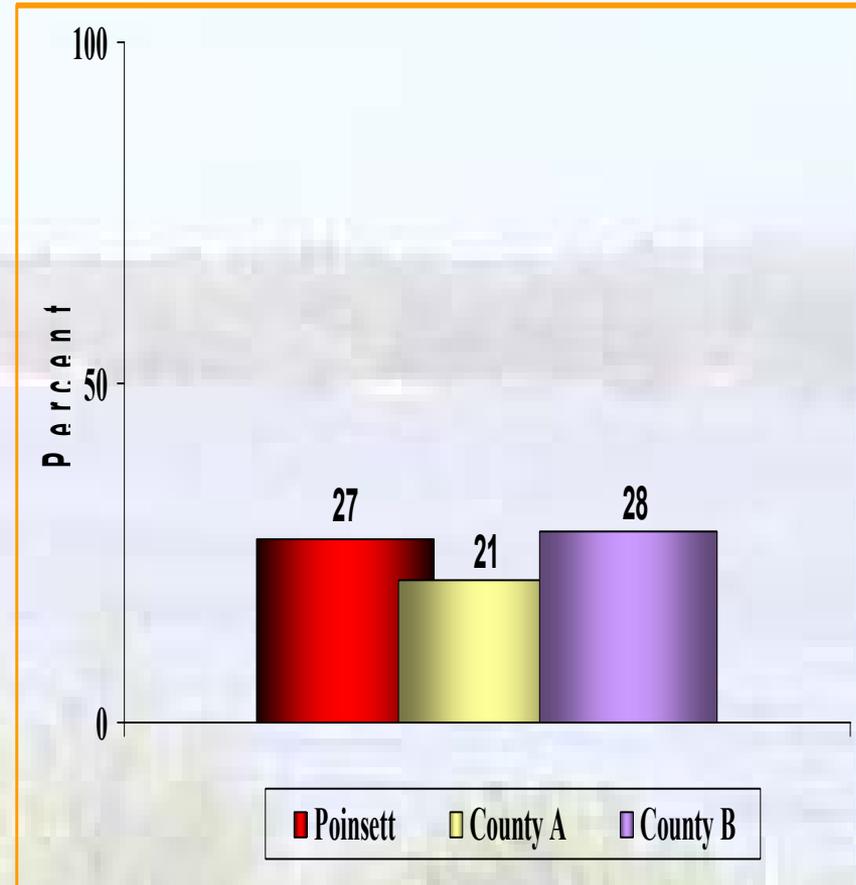
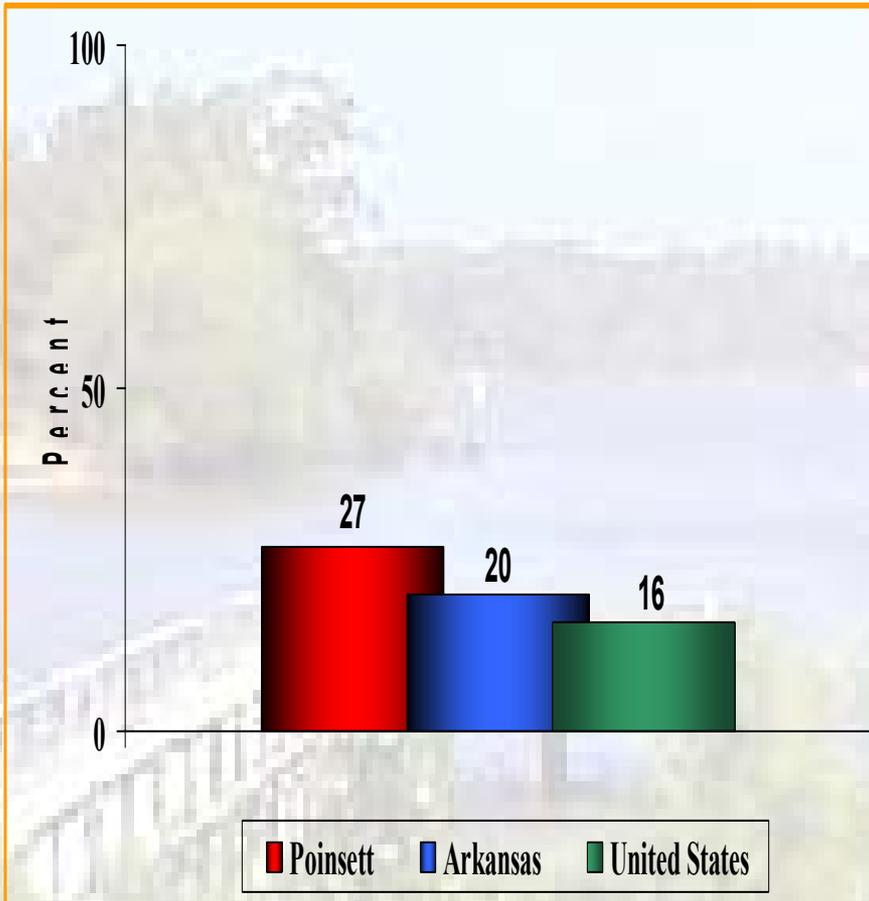
Mammogram

Women over 40 years who reported that they had not had a mammogram in the past two years: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



Pap Smear

Women who reported that they had not had a pap smear in the past three years: Poinsett County (2007), Arkansas (2006), and U.S. (2006) and comparison with two neighboring counties (2006-2007).



What Can Your Hometown Health Coalition Do to Make a Difference?

- Assess
- Identify
- Develop
- Evaluate

