

2011 Ouachita County Adult Health Summary of Results



Survey Sample sizes

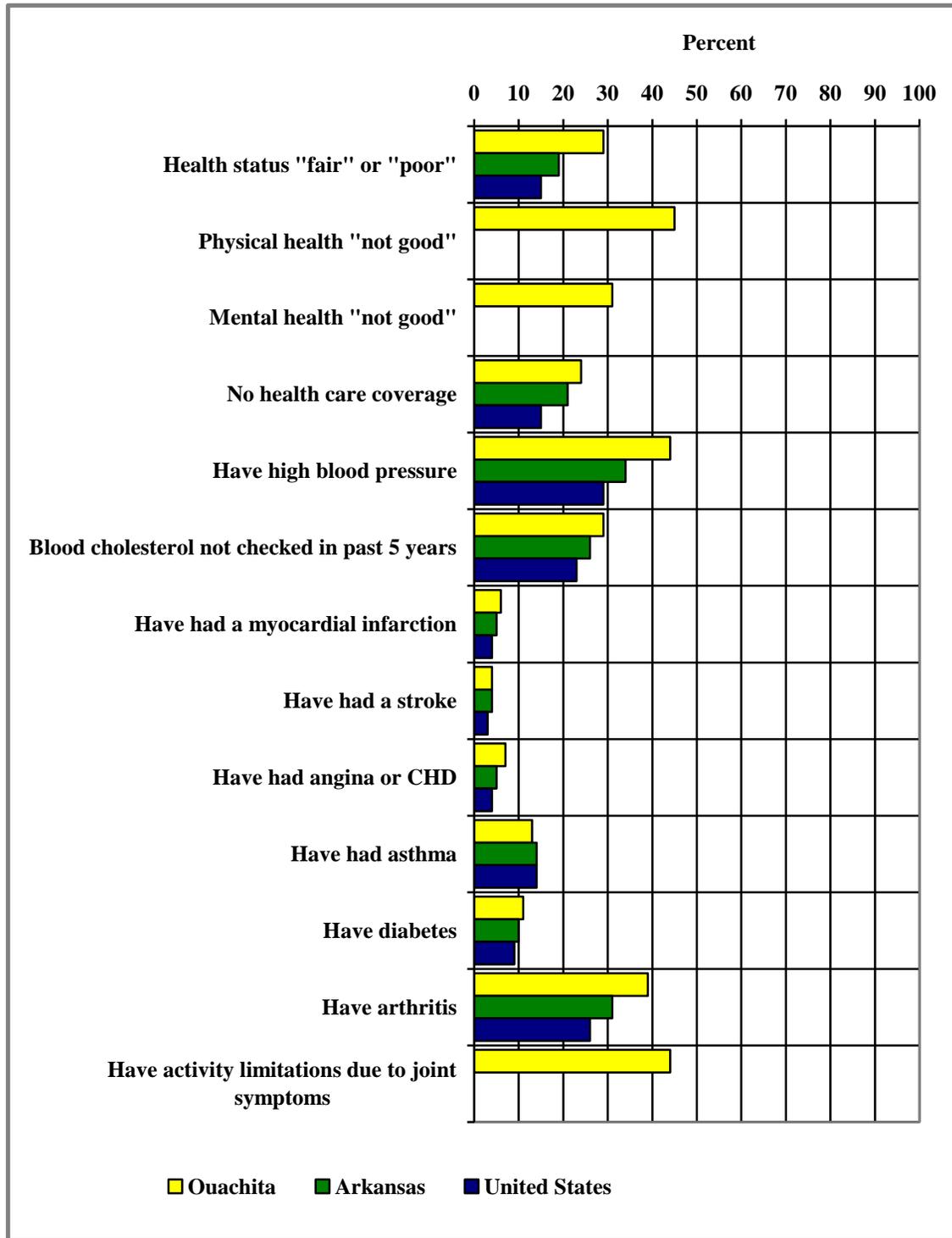
Interviews	Sample size
County Adult Health Survey: March, April, and May 2011	928

Survey Demographics

Variables	Categories	CAHS 2011	
		Raw (%)	Weighted (%)
Gender	Female	66	54
	Male	34	46
Income	Under \$20,000	29	25
	\$20,000-\$50,000	43	42
	Over \$50,000	28	33
Education	<HS Education	15	13
	HS Grad	67	67
	College Grad	18	19
Age	18-39 years	13	33
	40-64 years	46	44
	65+ years	41	23

Ouachita County CAHS 2011

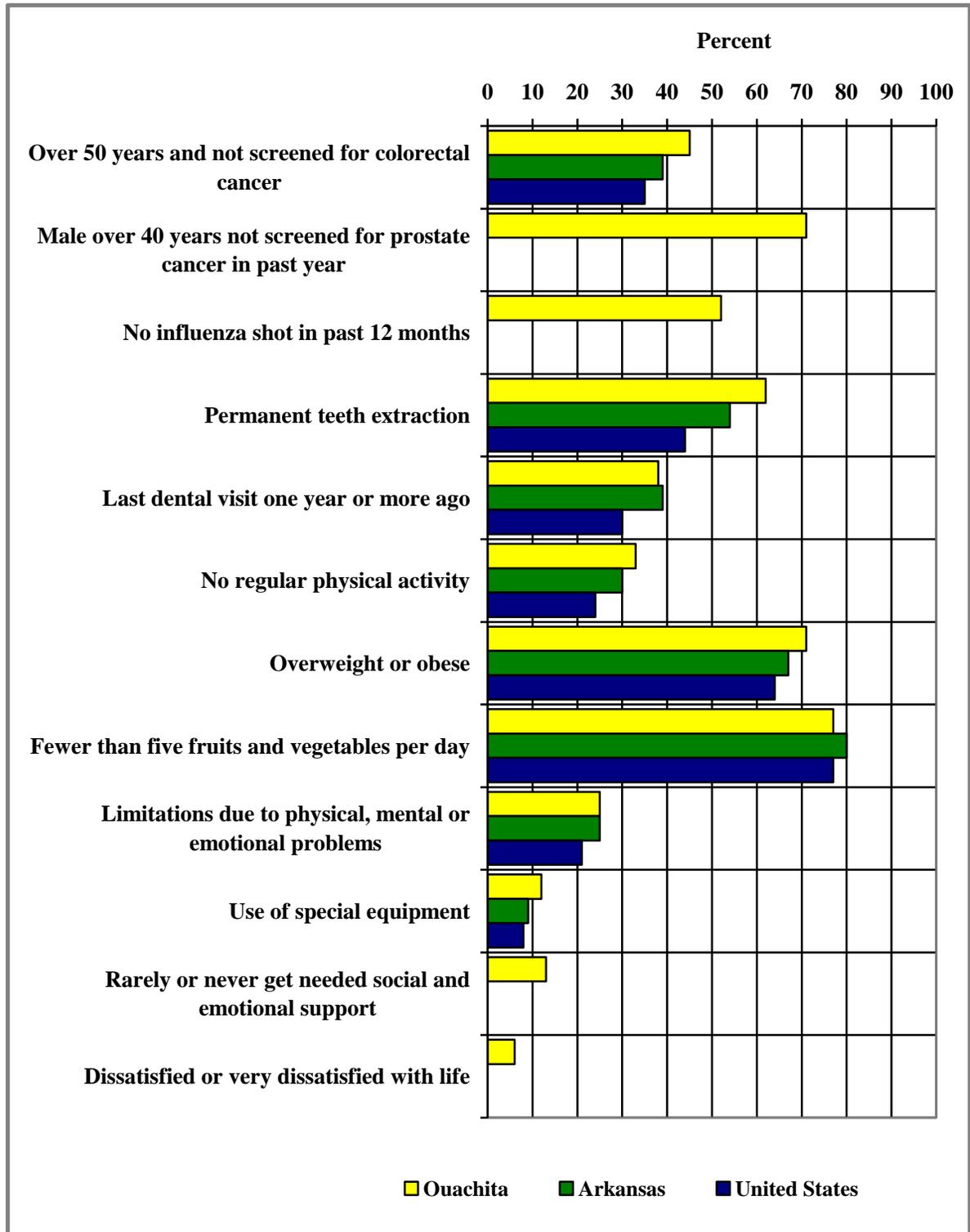
Risk Profile



Sources: Ouachita County data collected from the County Adult Health Survey conducted in 2011. Arkansas and U.S. data obtained from most recent BRFSS data (2009 & 2010).
 *Note: Missing data for State BRFSS is due to differences in questions from 2011 Ouachita County Adult Health Survey.

Ouachita County CAHS 2011

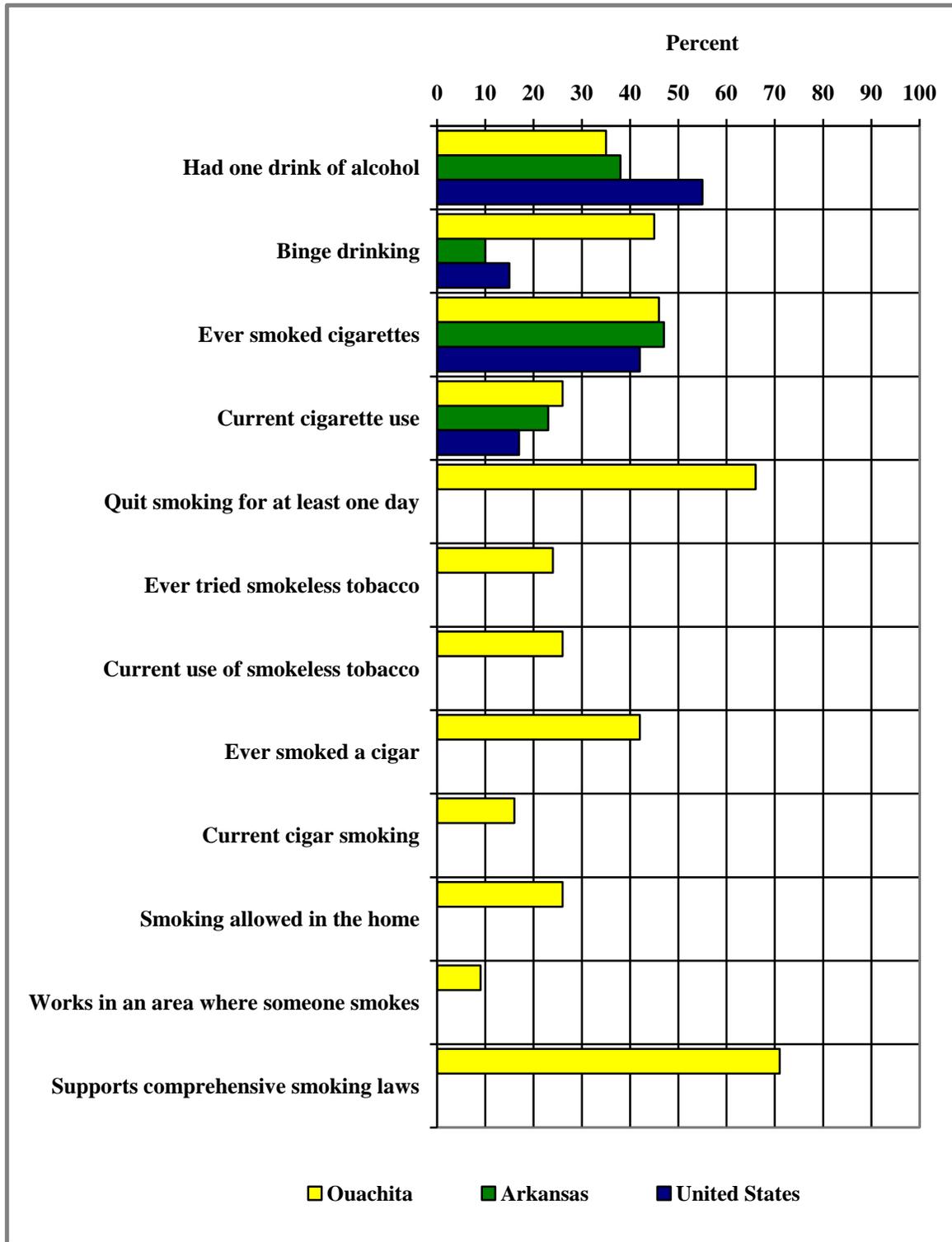
Risk Profile



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Ouachita County CAHS 2011

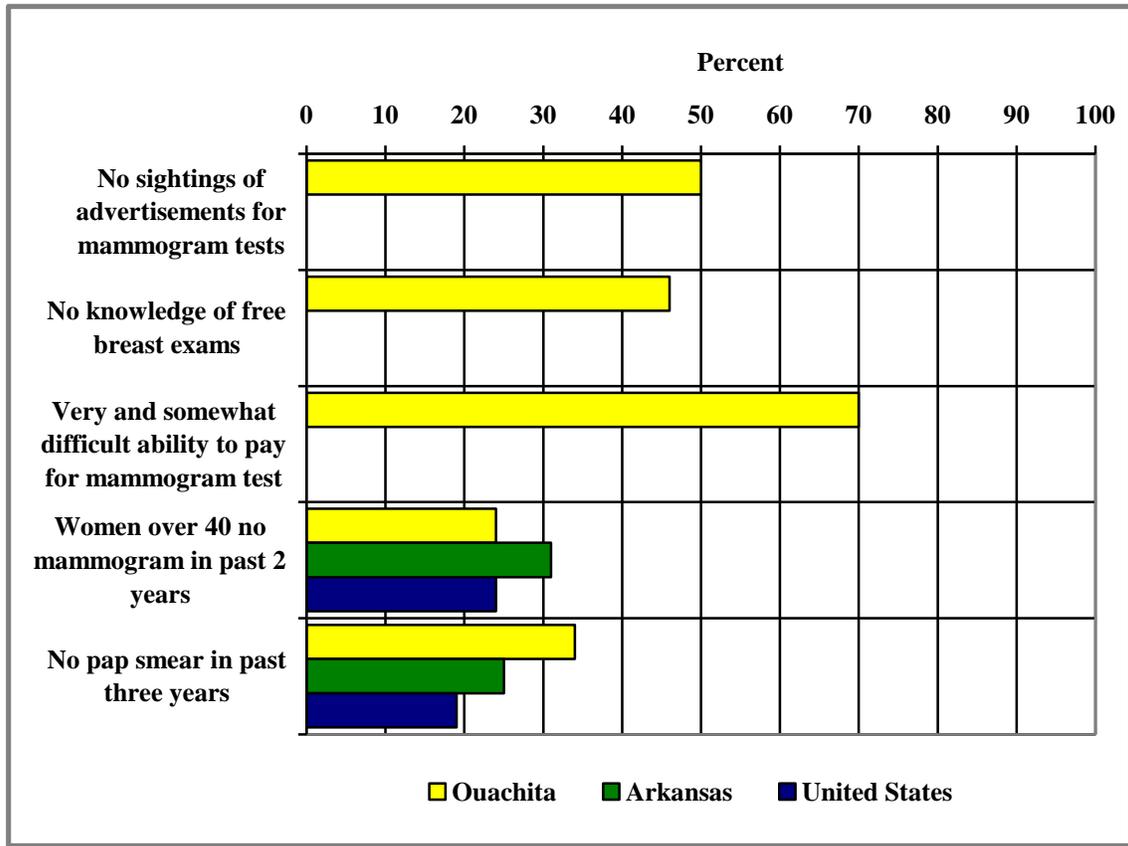
Risk Profile



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Ouachita County CAHS 2011

Risk Profile



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OUACHITA COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Ouachita	Arkansas	United States
Health status “fair” or “poor”	29	19	15
Physical health “not good”	45	*	*
Mental health “not good”	31	*	*
No health care coverage	24	21	15
Have high blood pressure	44	34	29
Blood cholesterol not checked in past 5 years	29	26	23
Have had a myocardial infarction	6	5	4
Have had a stroke	4	4	3
Have had angina or CHD	7	5	4
Have had asthma	13	14	14
Have diabetes	11	10	9
Have arthritis	39	31	26
Have activity limitations due to joint symptoms	44	*	*

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OUACHITA COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Ouachita	Arkansas	United States
Over 50 years and not screened for colorectal cancer	45	39	35
Male over 40 years not screened for prostate cancer	71	*	*
No influenza shot in past 12 months	52	*	*
Permanent teeth extraction	62	54	44
Last dental visit one year or more ago	38	39	30
No regular physical activity	33	30	24
Overweight or obese	71	67	64
Fewer than five fruits and vegetables per day	77	80	77
Limitations due to physical, mental or emotional problems	25	25	21
Use of special equipment	12	9	8
Rarely or never get needed social and emotional support	13	*	*
Dissatisfied or very dissatisfied with life	6	*	*

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OUACHITA COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Ouachita	Arkansas	United States
Had one drink of alcohol	35	38	55
Binge drinking	45	10	15
Ever smoked cigarettes	46	47	42
Current cigarette use	26	23	17
Quit smoking for at least one day	66	*	*
Ever used smokeless tobacco	24	*	*
Current use of smokeless tobacco	26	*	*
Ever smoked a cigar	42	*	*
Current cigar smoking	16	*	*
Smoking allowed in the home	26	*	*
Works in an area where someone smokes	9	*	*
Supports comprehensive smoking laws	71	*	*

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OUACHITA COUNTY CAHS 2011

Risk Profile (Table)

Risk Factor			
	Ouachita	Arkansas	United States
No sightings of advertisements for mammogram tests	50	*	*
No knowledge of free breast exams	46	*	*
Very and somewhat difficult ability to pay for mammogram test	70	*	*
Women over 40 no mammogram in past 2 years	24	31	24
No pap smear in past three years	34	25	19

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