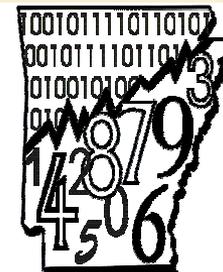




Arkansas
Center for
Health
Statistics



Ashley County

2006 County Adult Health Survey



STAMP OUT SMOKING

Arkansas Department of Health and Human Services
www.stampoutsmoking.com

Your Tobacco Settlement Dollars at Work

What is the BRFSS

- ❏ The BRFSS is the world's largest continuously conducted telephone survey.
- ❏ It covers issues surrounding chronic illness, premature mortality, and other health-related topics.
- ❏ All 50 states, Puerto Rico, Guam, the Virgin Islands, and Washington D.C. participate.
- ❏ Ashley County participated in county level BRFSS studies sponsored by Hometown Health.

In Ashley County...

- Interviews were conducted in May and June of 2006.
- A telephone survey of 900 randomly selected adults from Ashley County.
- Of the 900 interviews, 313 were with men and 587 were with women.



Leading causes of death in Arkansas, 2004

 **Heart
Disease**

 **Cancer**

YEARS OF POTENTIAL LIFE LOST	
Heart Disease	80,727
Cancer	91,253

Leading causes of death for Ashley County in 2004

- Heart Disease and Cancer were the leading causes of death in Ashley County in 2004.
- These were also the leading causes of death in the nation in 2004.

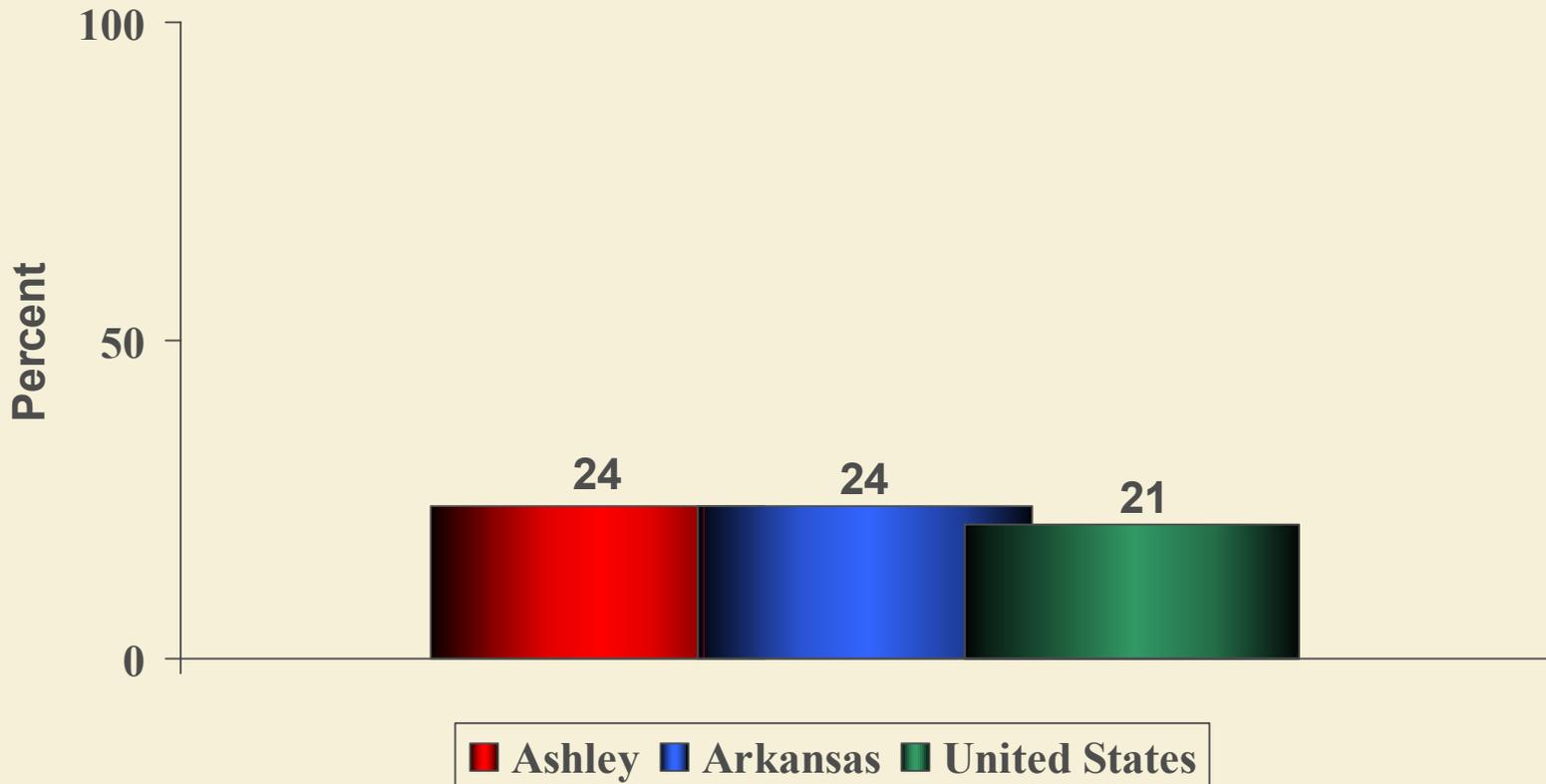
Risk factors for these diseases measured by the survey include...

- ☐ Tobacco Use
- ☐ Bodyweight
- ☐ Physical Activity



Tobacco Use

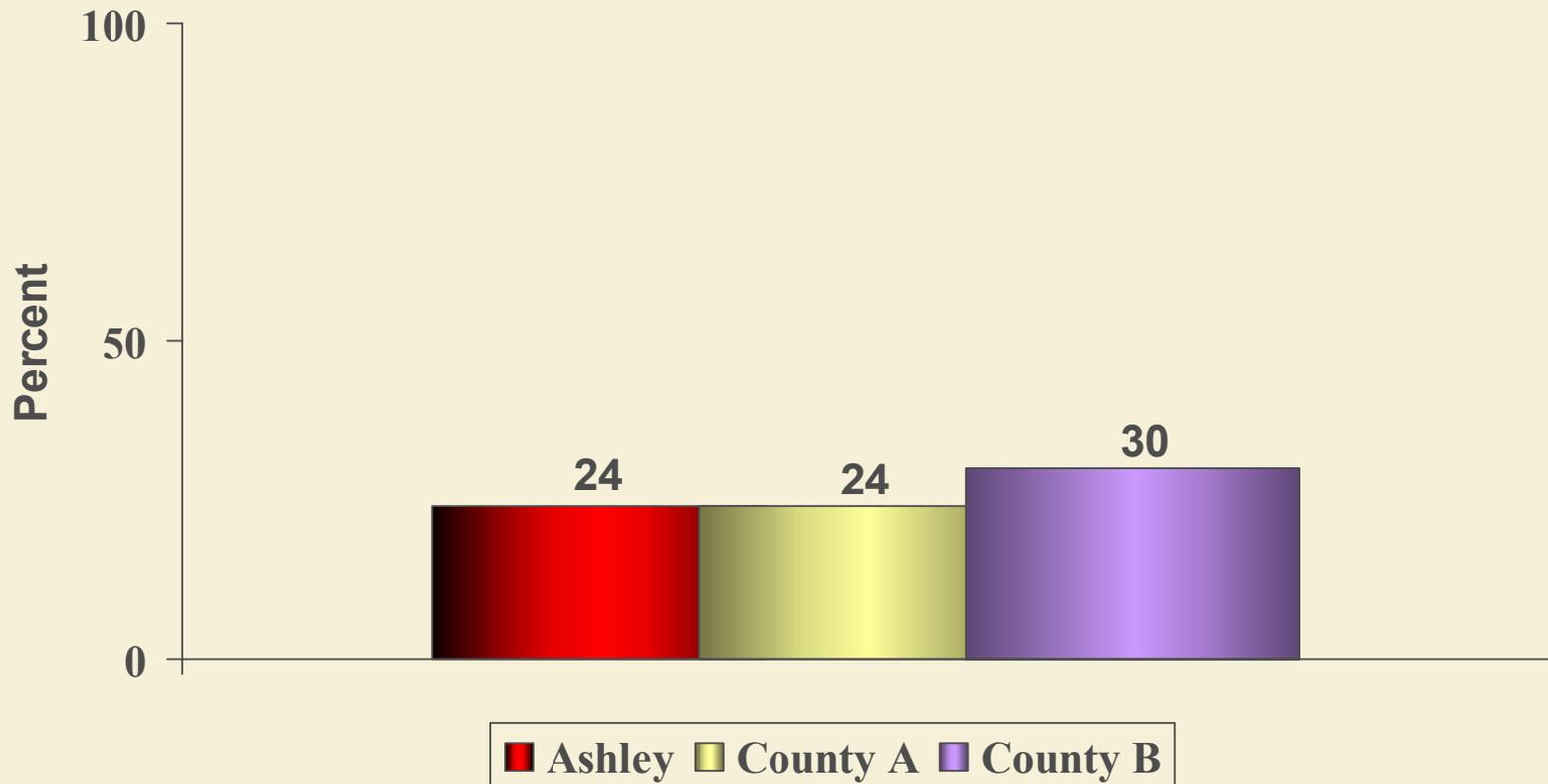
Persons who are current smokers: Ashley County (2006), Arkansas (2005), and U.S. (2005).



Source: CAHS, BRFSS

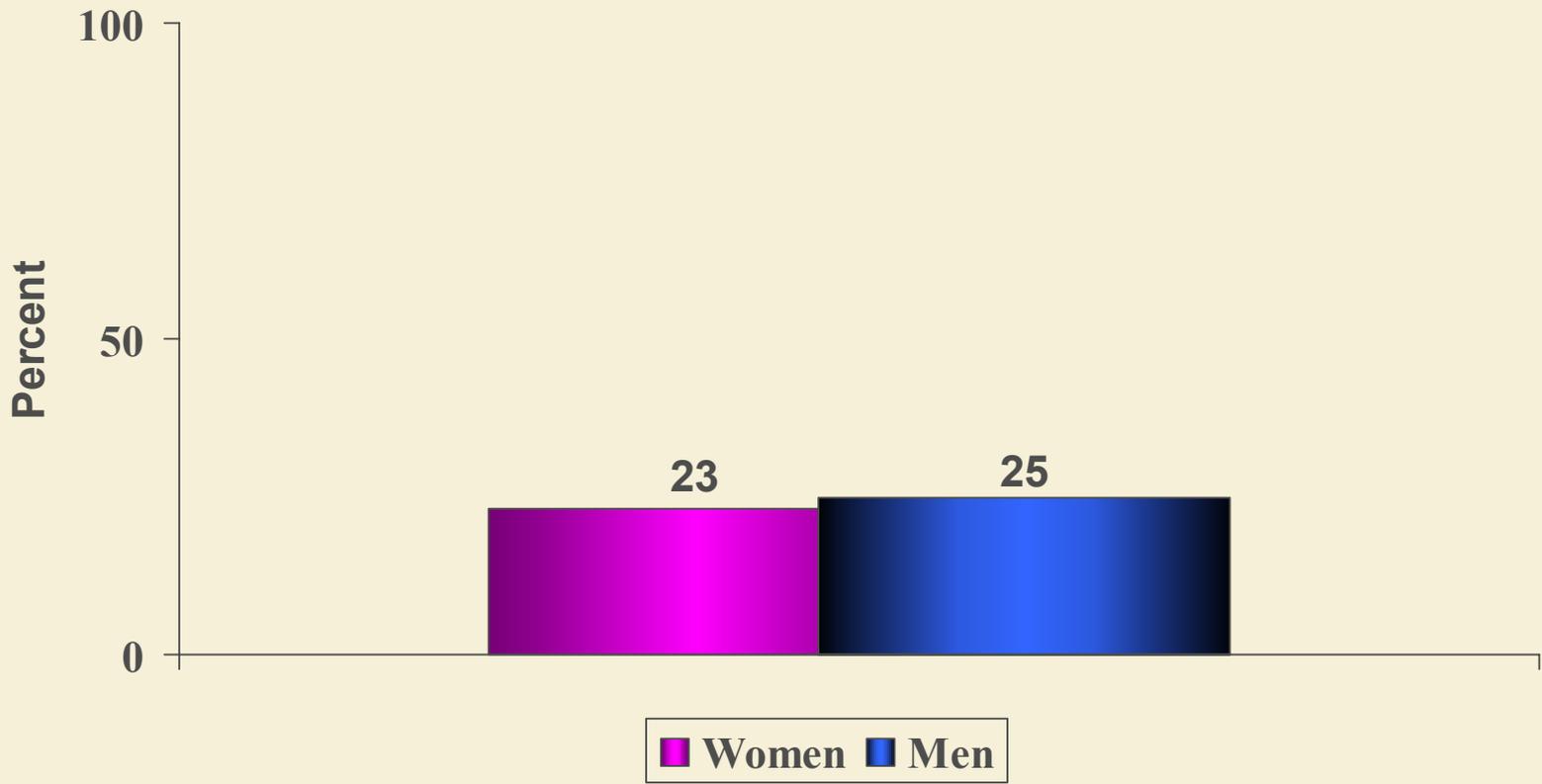
Tobacco Use

Persons who are current smokers: Ashley County (2006) and comparison with two neighboring counties (2002-2003).



Tobacco Use

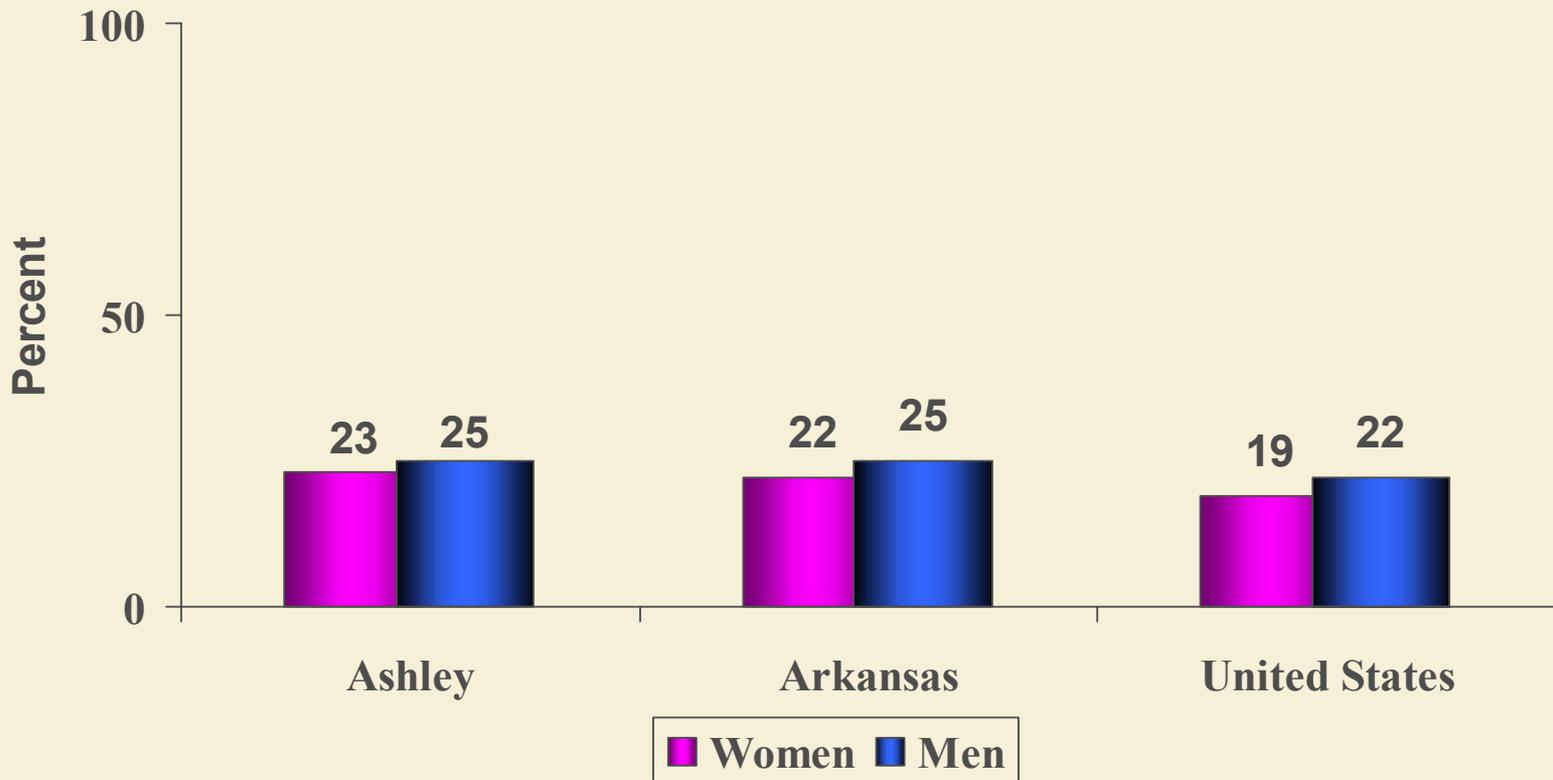
Persons who are current smokers by gender: Ashley County (2006)



Source: CAHS

Tobacco Use

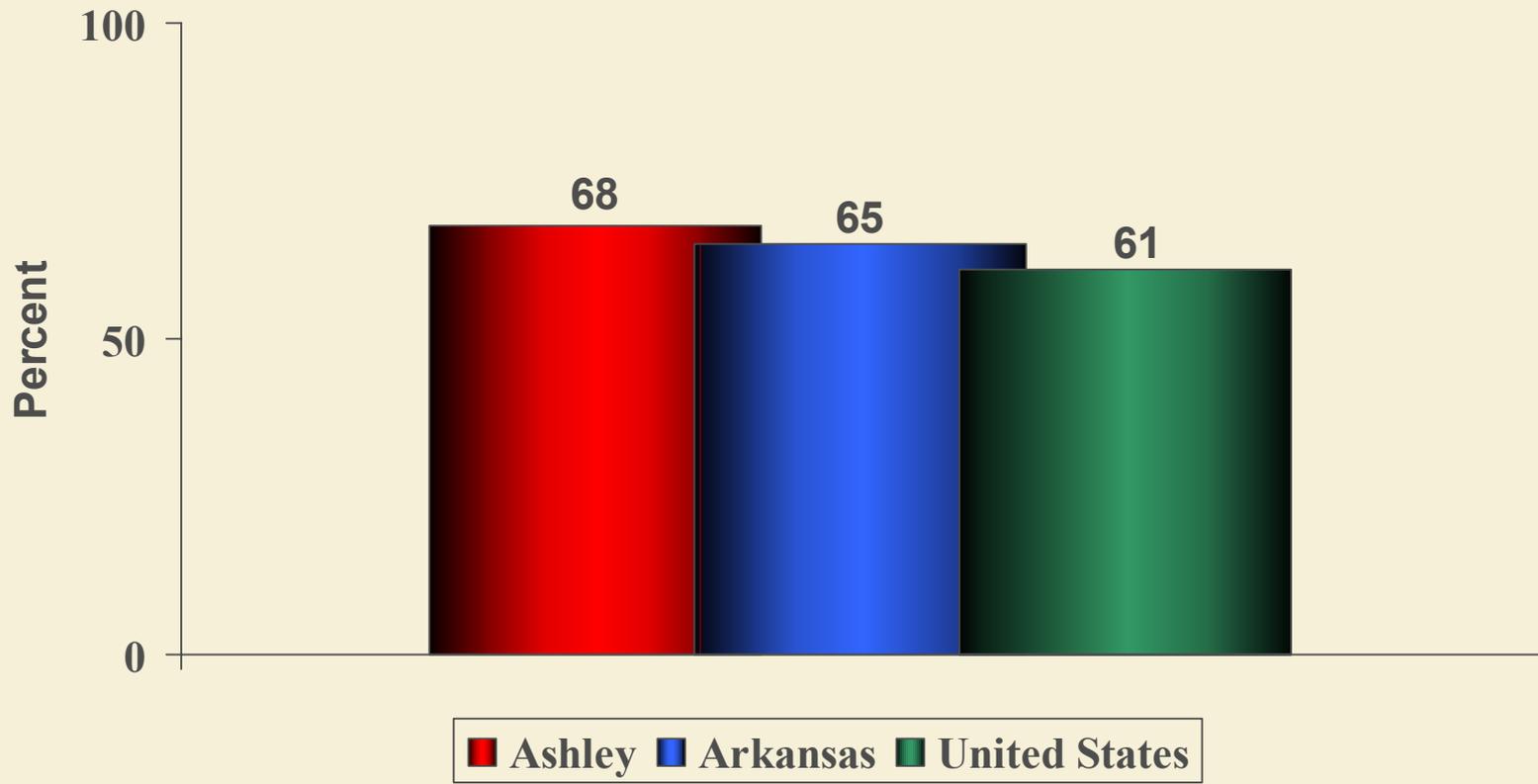
Persons who are current smokers by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005)



Source: CAHS, BRFSS

Bodyweight

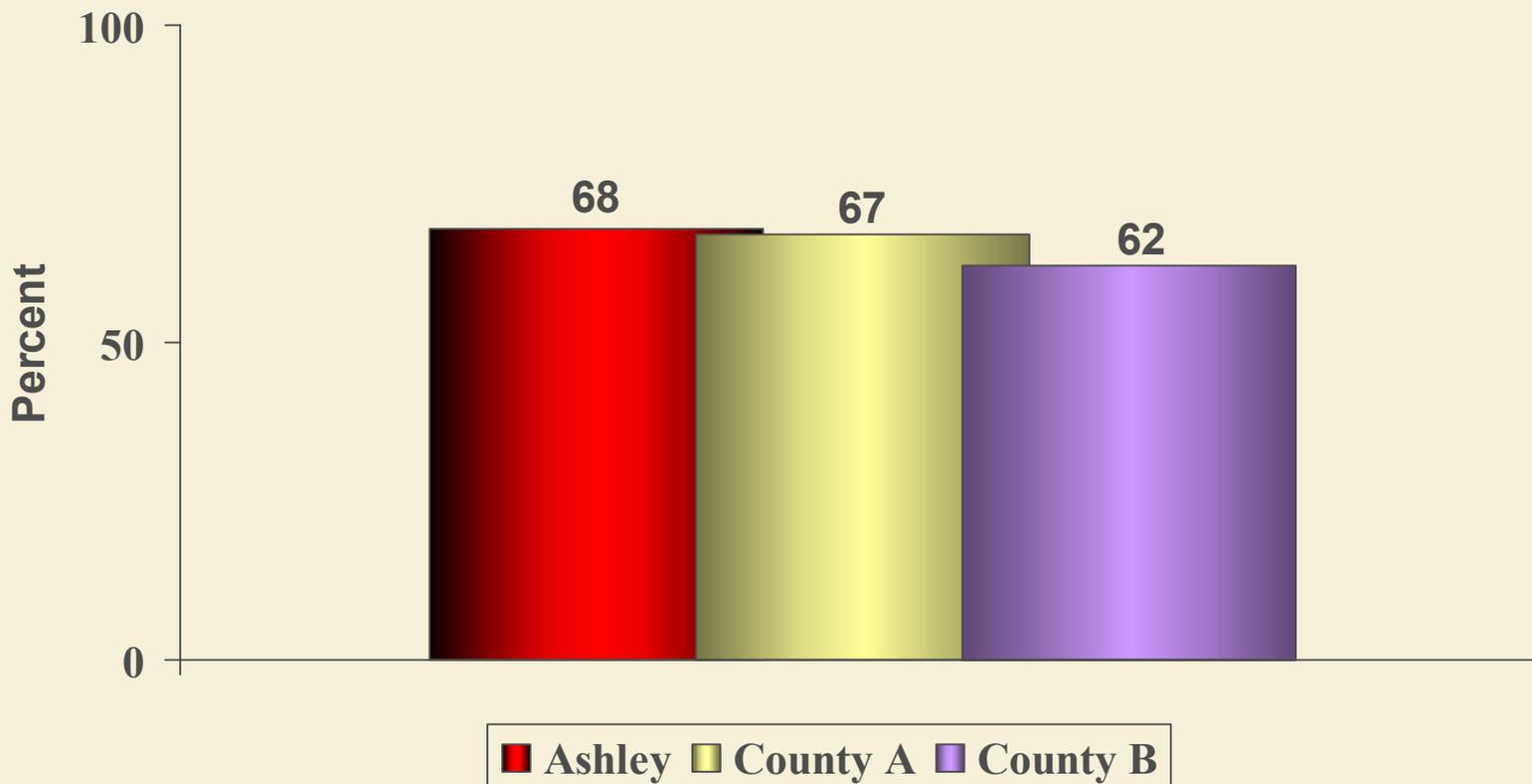
Persons who are overweight and obese as measured by the Body Mass Index (BMI): Ashley County (2006), Arkansas (2005), and U.S. (2005).



Source: CAHS, BRFSS

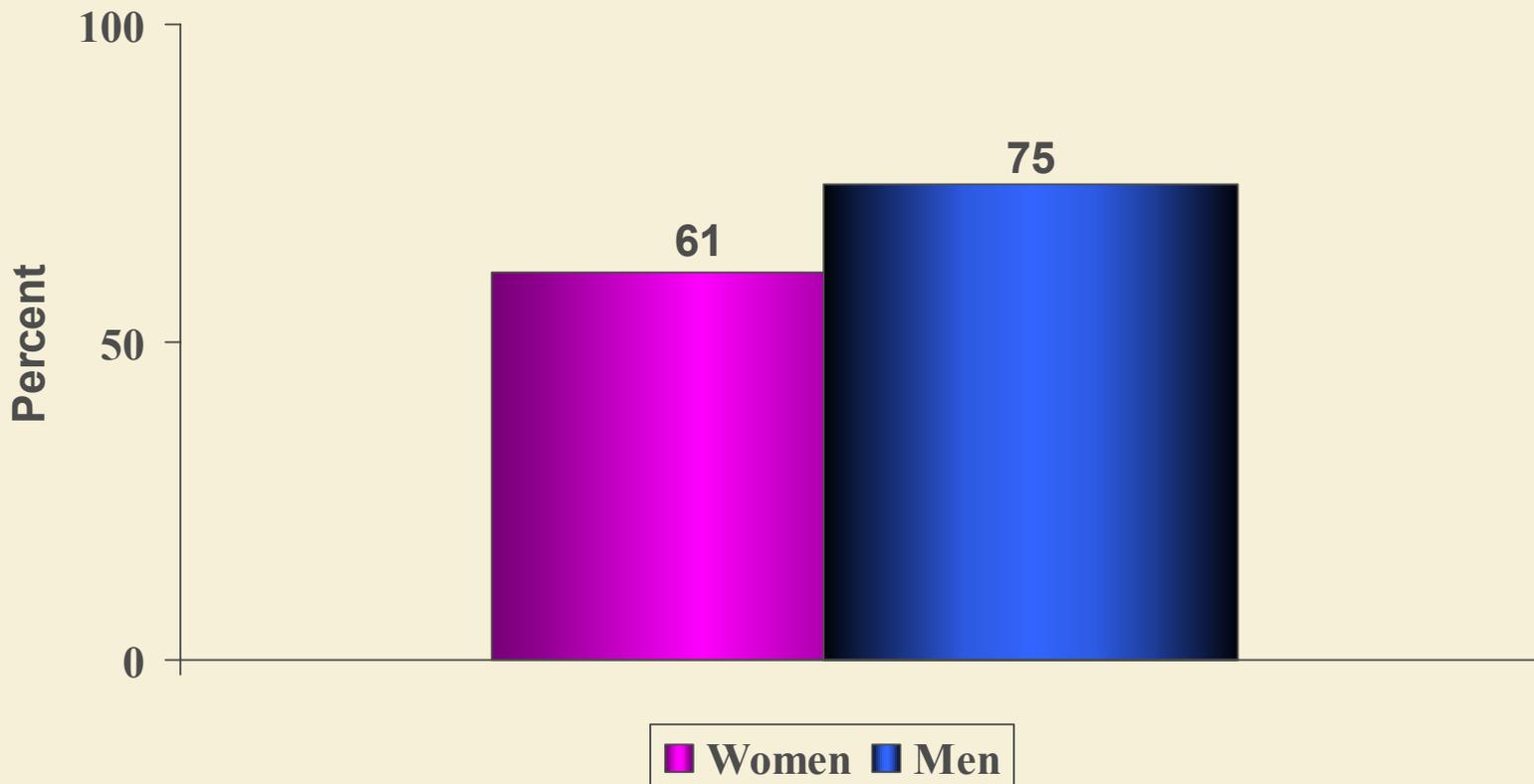
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI): Ashley County (2006) and comparison with two neighboring counties (2002-2003).



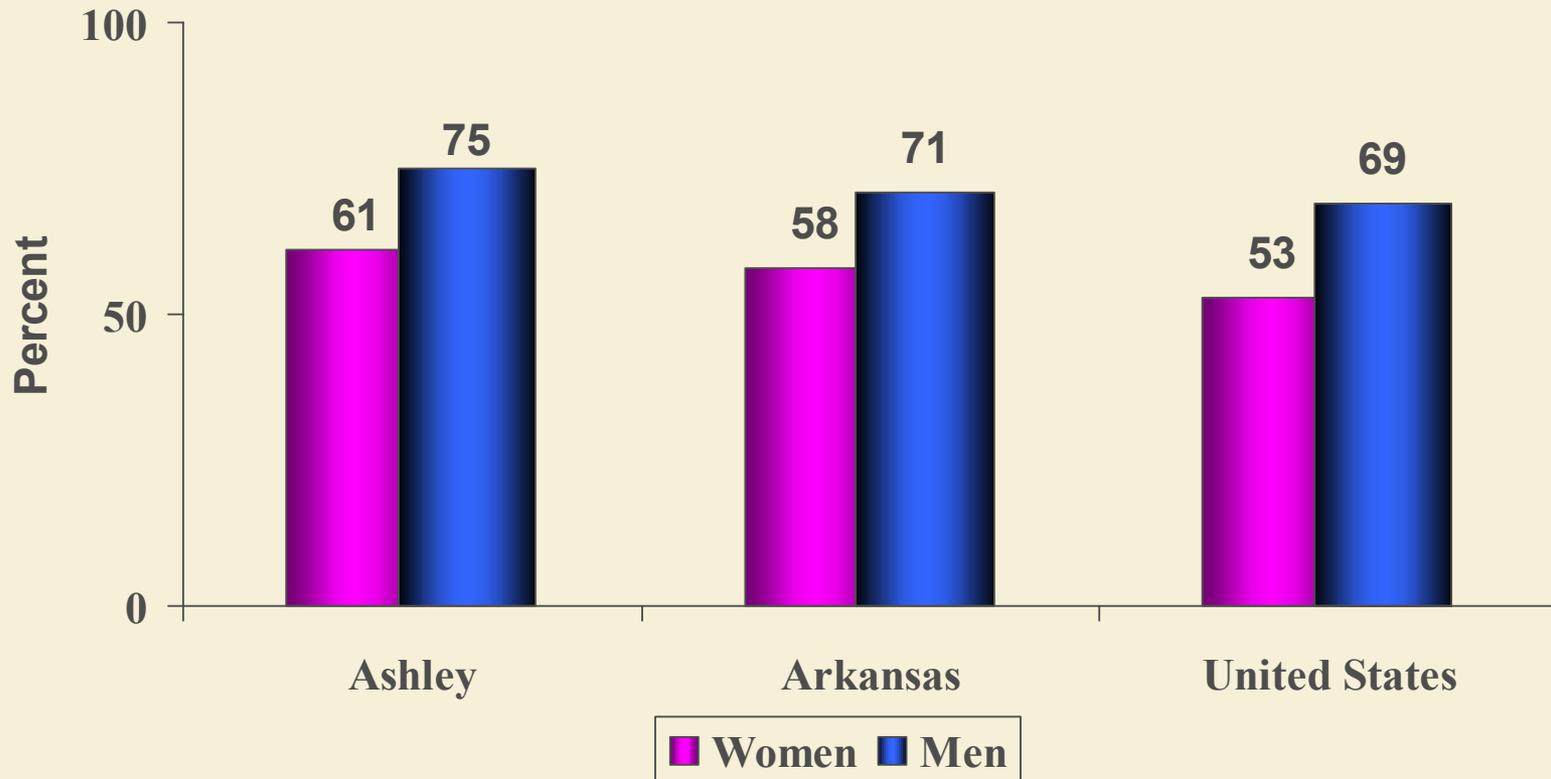
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Ashley County (2006)



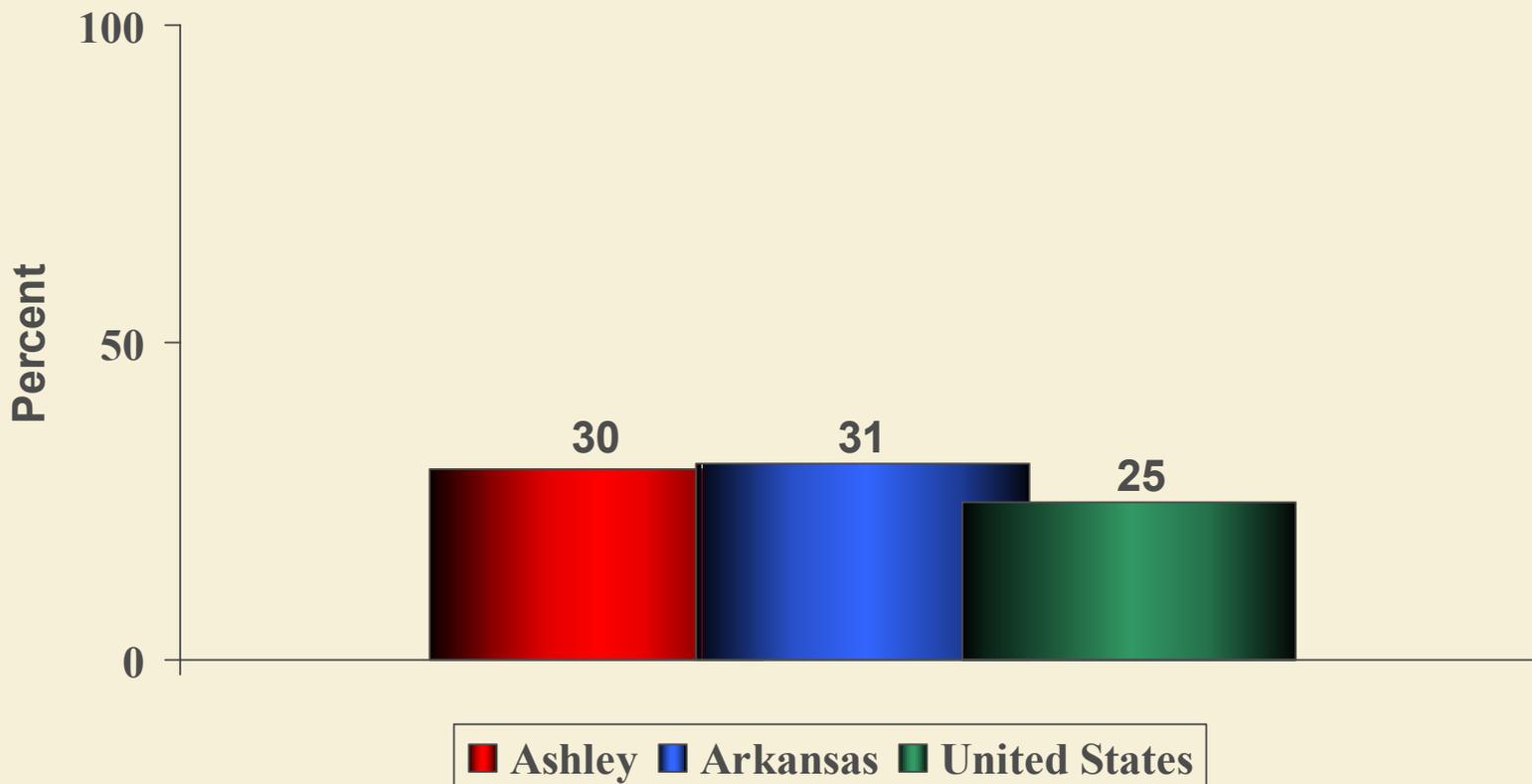
Bodyweight

Persons who are overweight and obese as measured by the Body Mass Index (BMI) by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



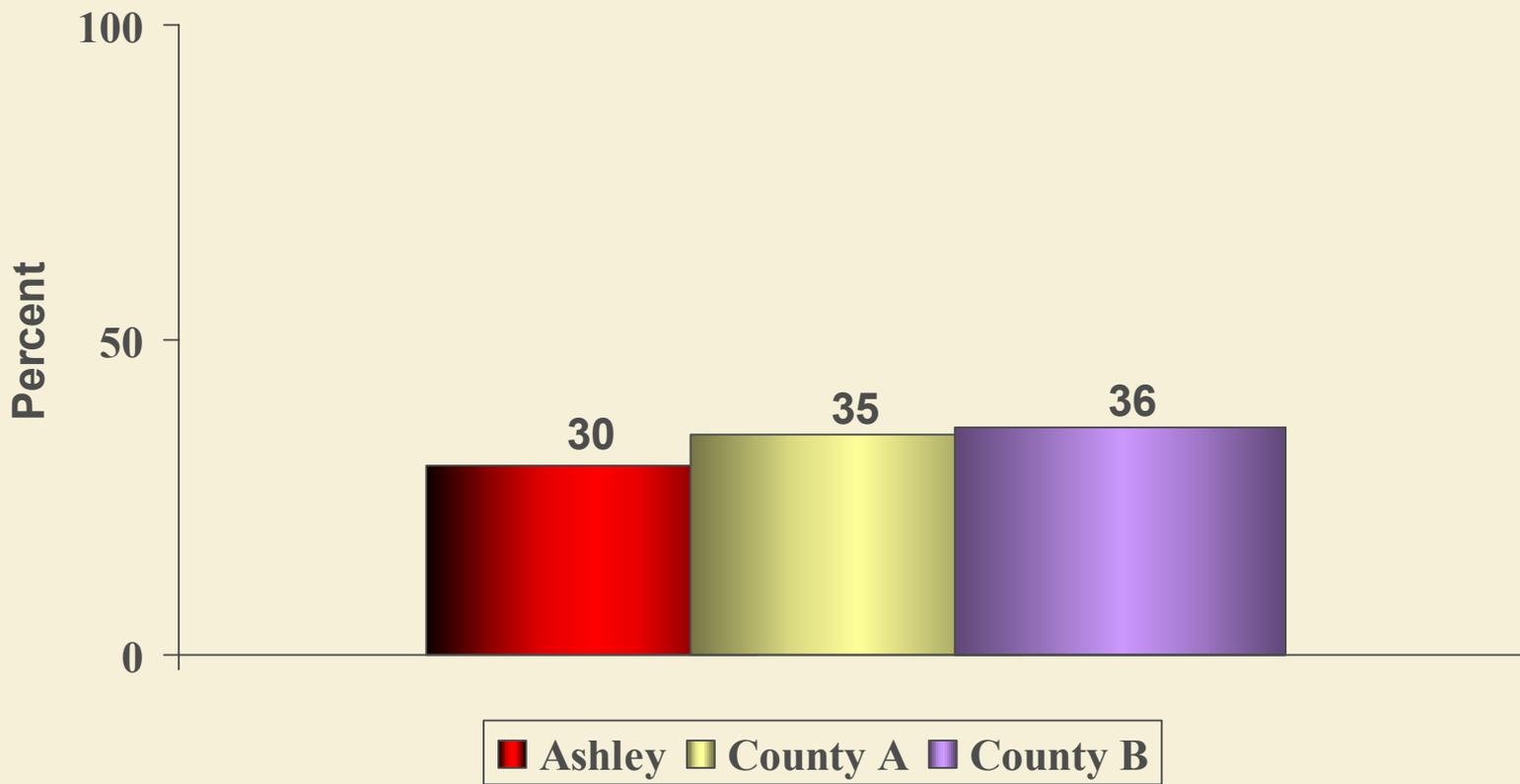
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Ashley County (2006), Arkansas (2005), and U.S. (2005).



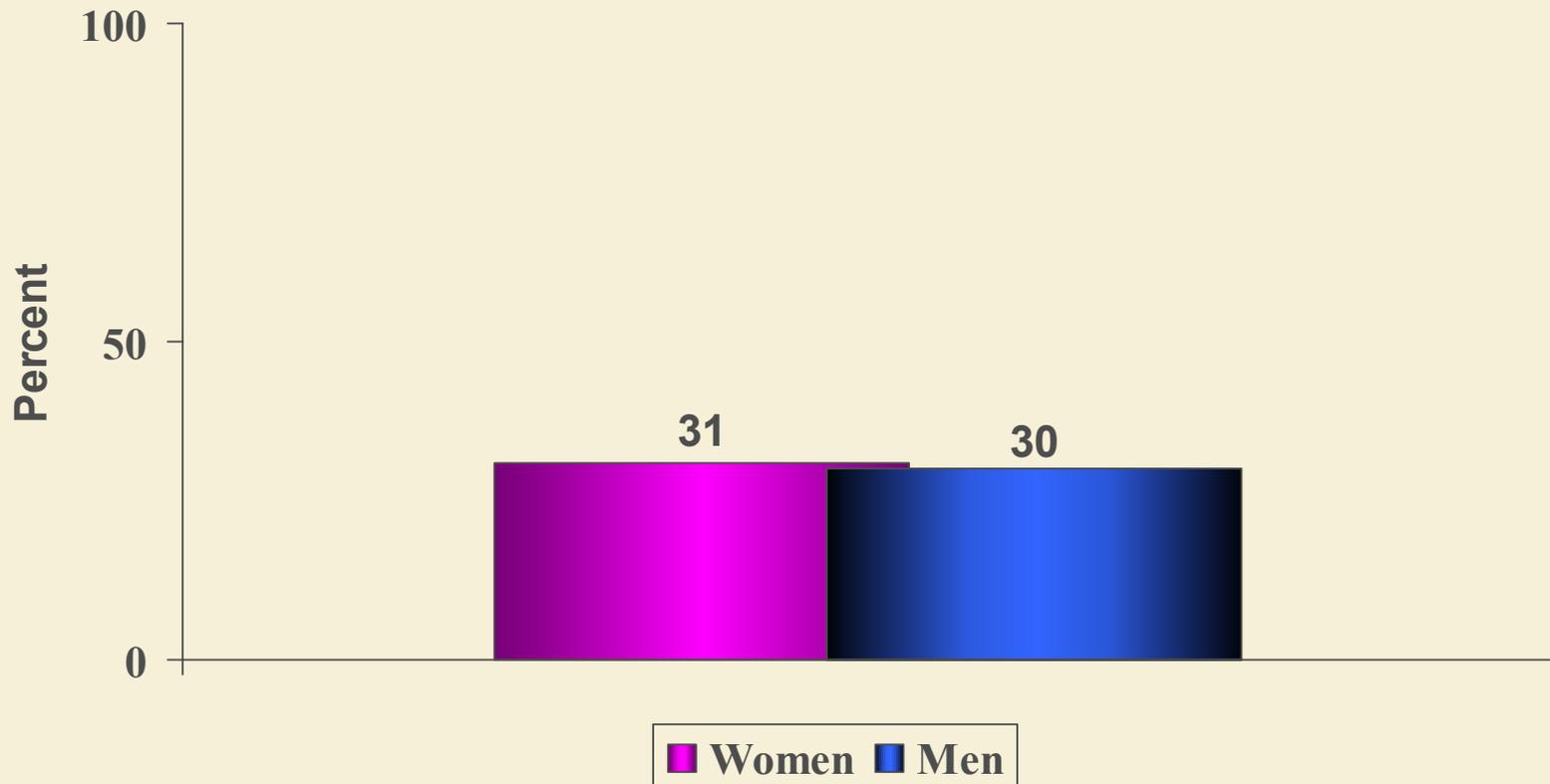
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job: Ashley County (2006) and comparison with two neighboring counties (2002-2003).



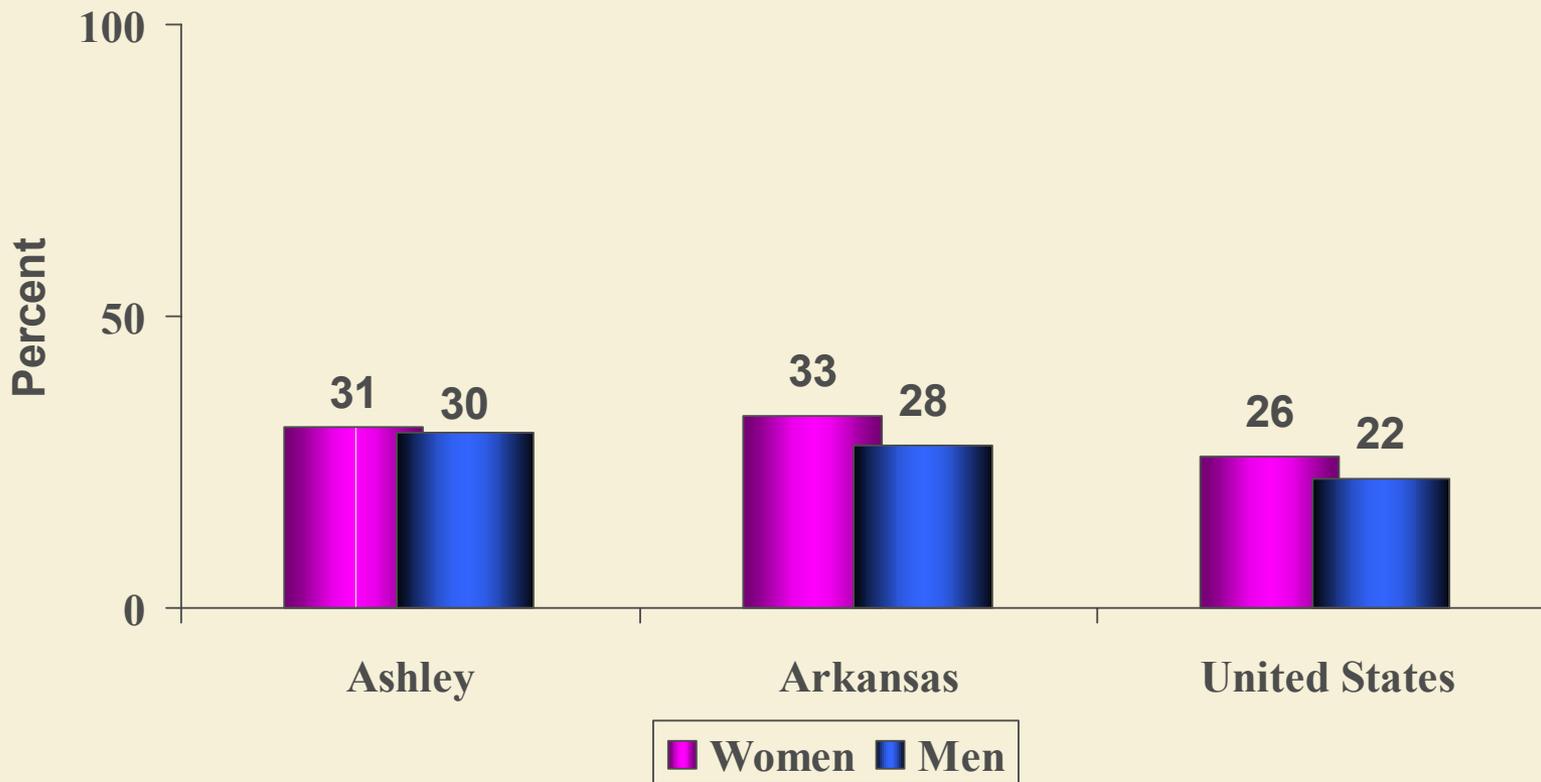
Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Ashley County (2006).



Physical Activity

Persons who did not participate in any physical activity during the past 30 days besides activity related to regular job by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).

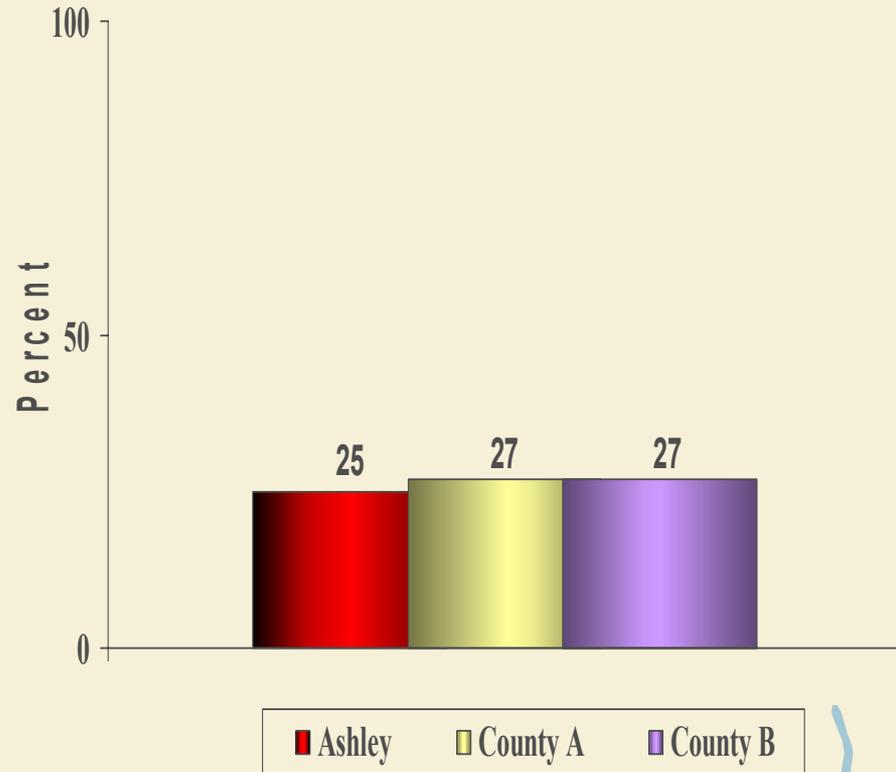
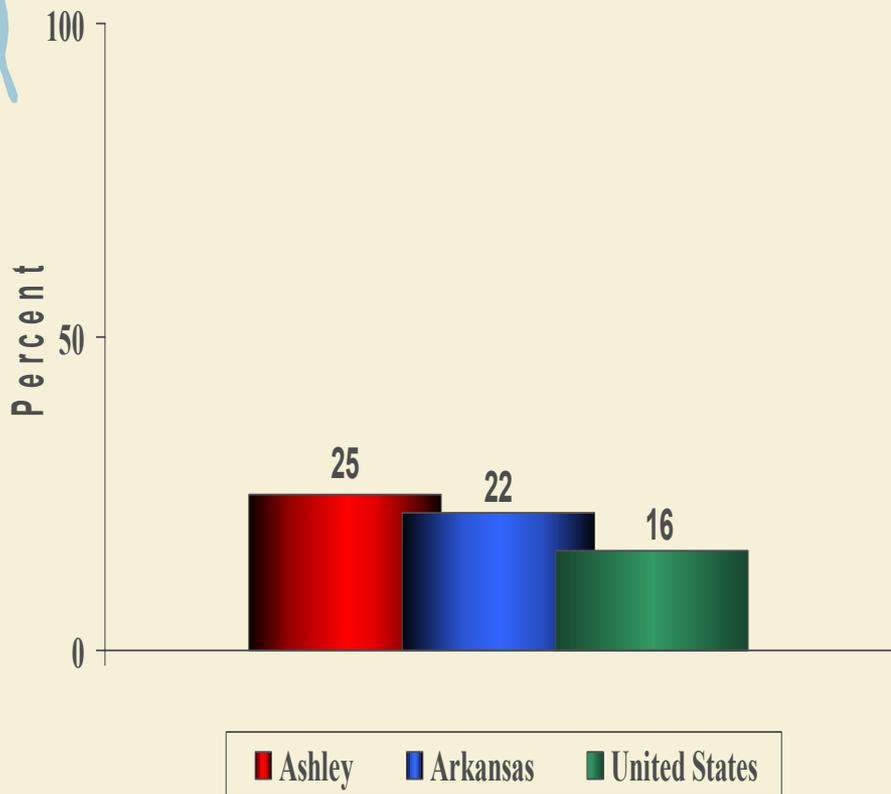


Other Risk Factors

- These are compared to the most recent statewide and nationwide data
 - General Health data
 - Physical Health data
 - Mental Health data
 - Health Care Access data
 - High Blood Pressure data
 - High Blood Cholesterol data
 - Diabetes data

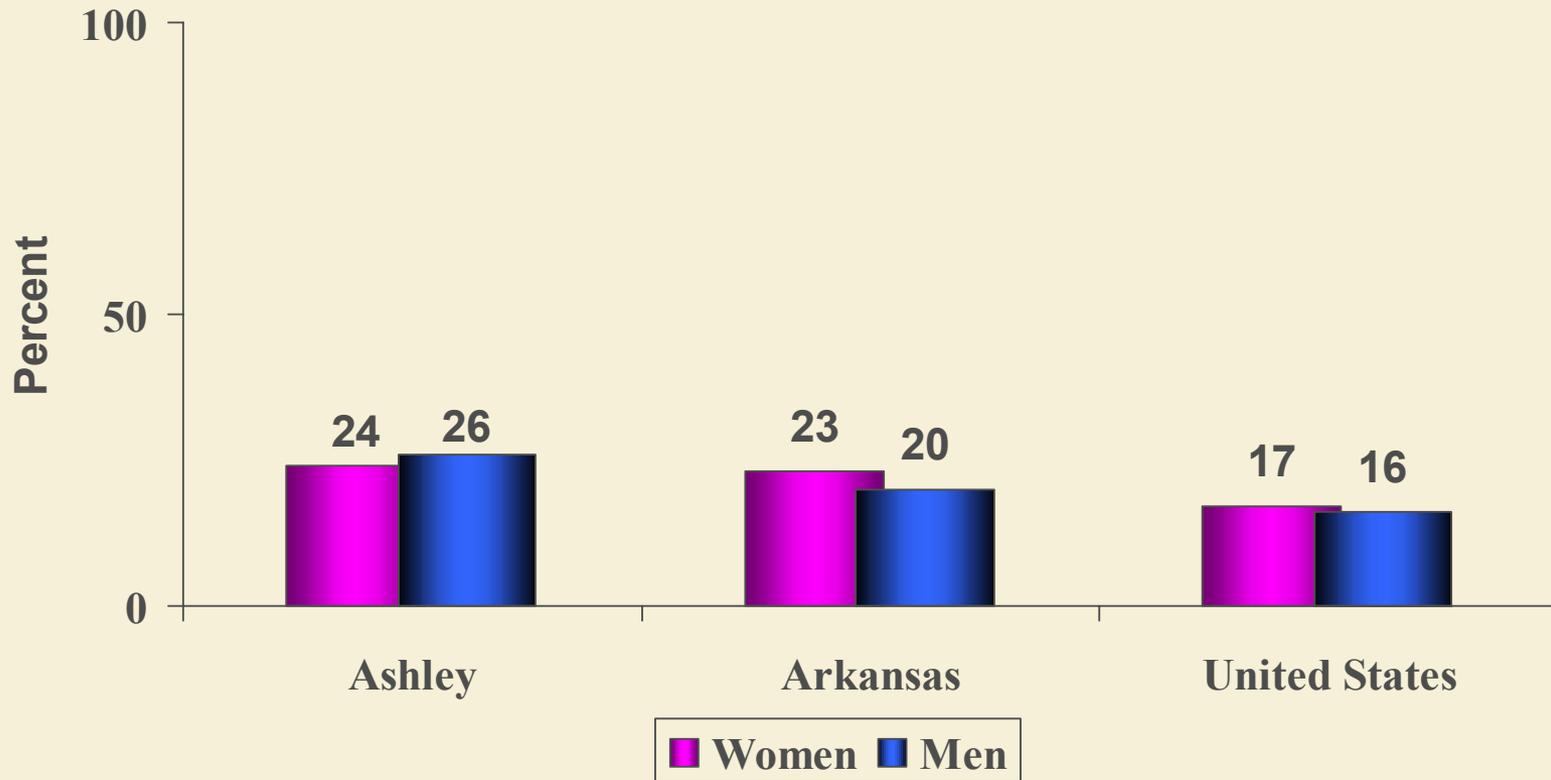
General Health

Persons who reported general health as “fair” or “poor”: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



General Health

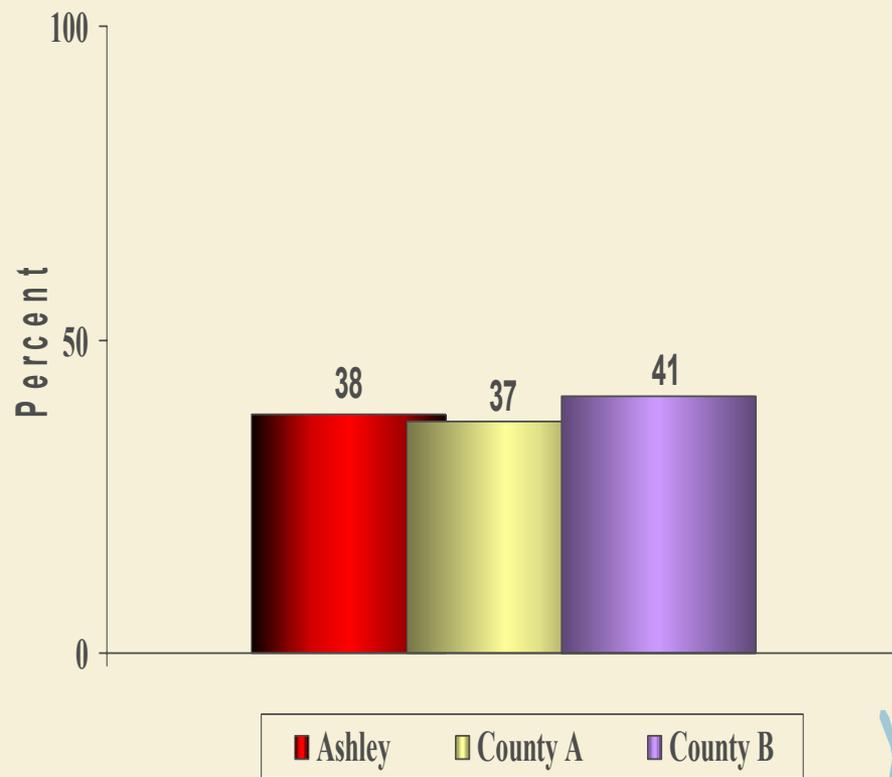
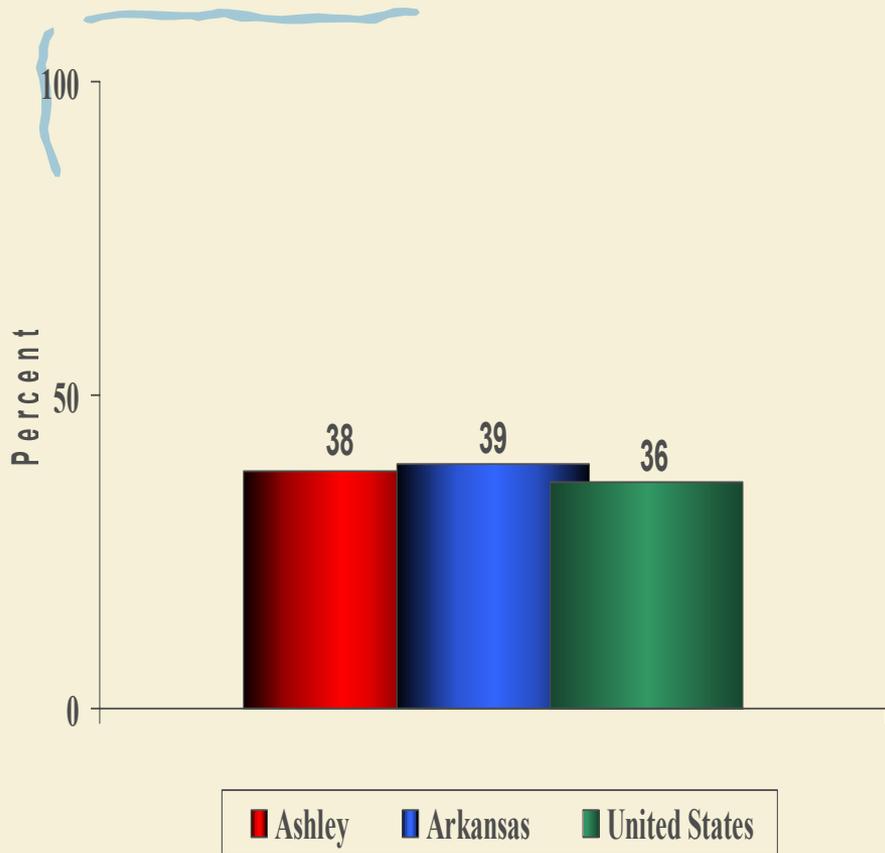
Persons who reported general health as “fair” or “poor” by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



Source: CAHS, BRFSS

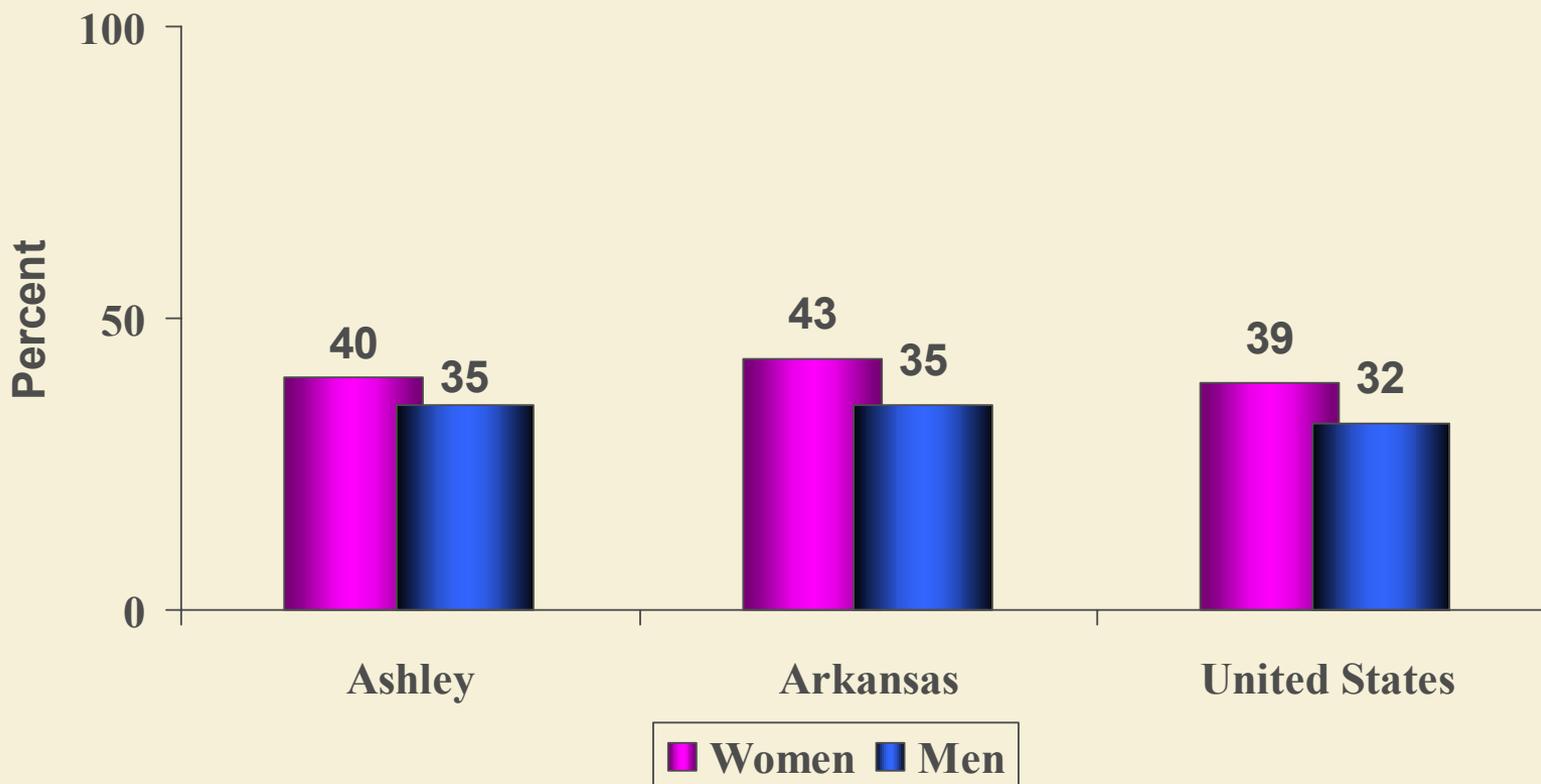
Physical Health

Persons who reported physical health as “not good”: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



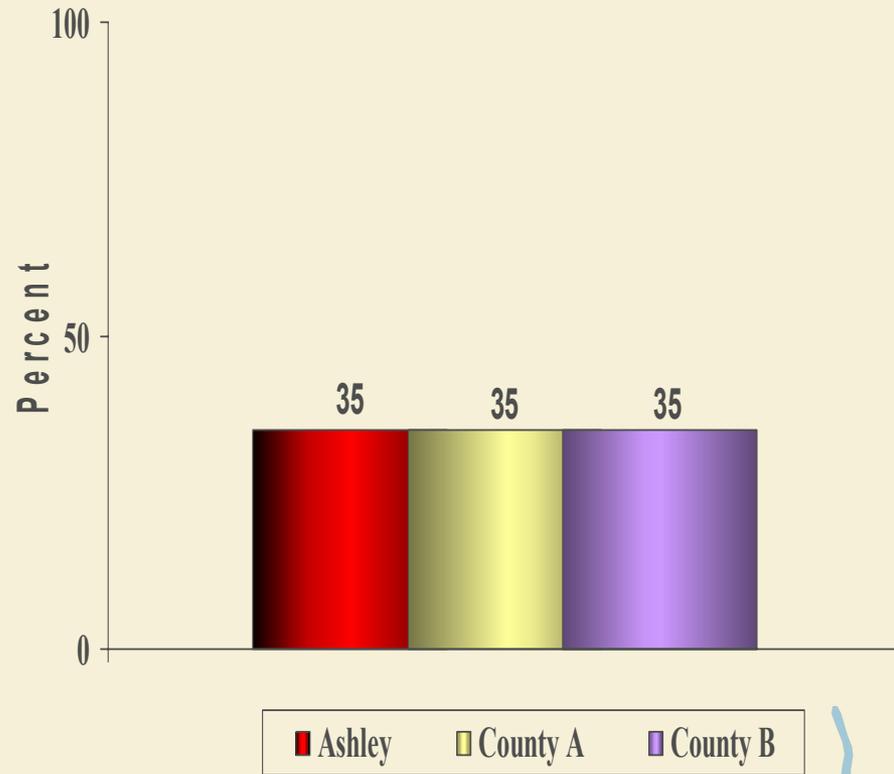
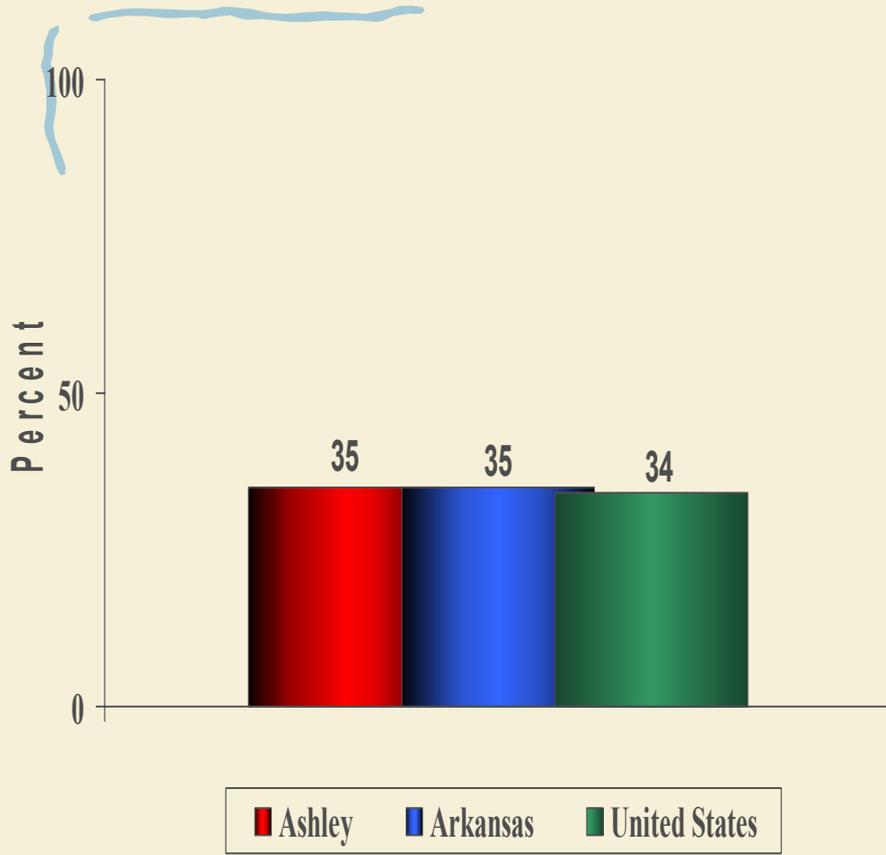
Physical Health

Persons who reported physical health as “not good” by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



Mental Health

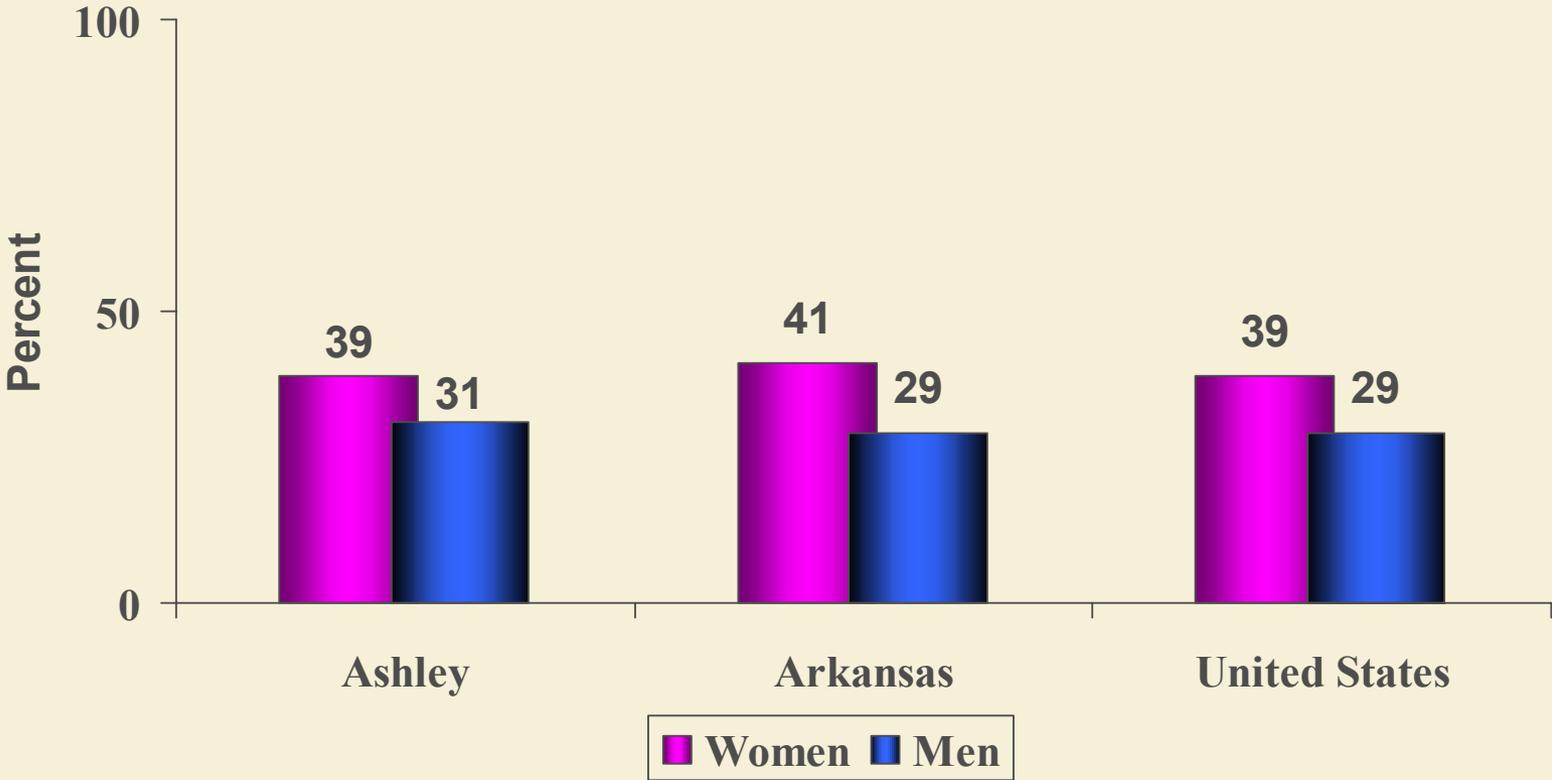
Persons who reported mental health as “not good”: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



Source: CAHS, BRFSS

Mental Health

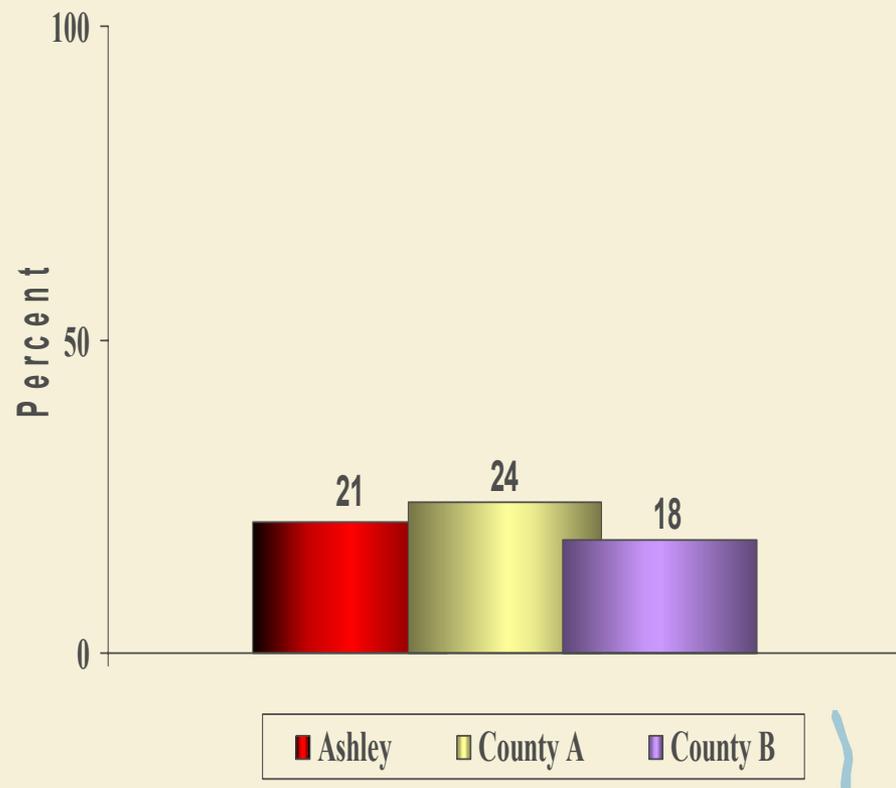
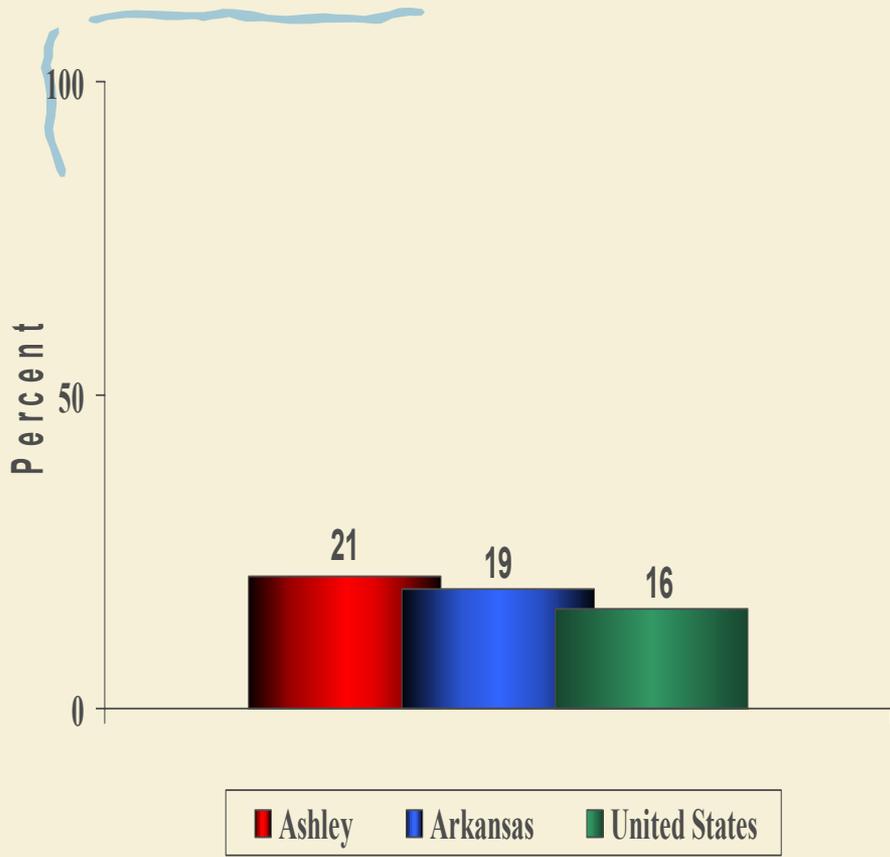
Persons who reported mental health as “not good” by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



Source: CAHS, BRFSS

Health Care Access

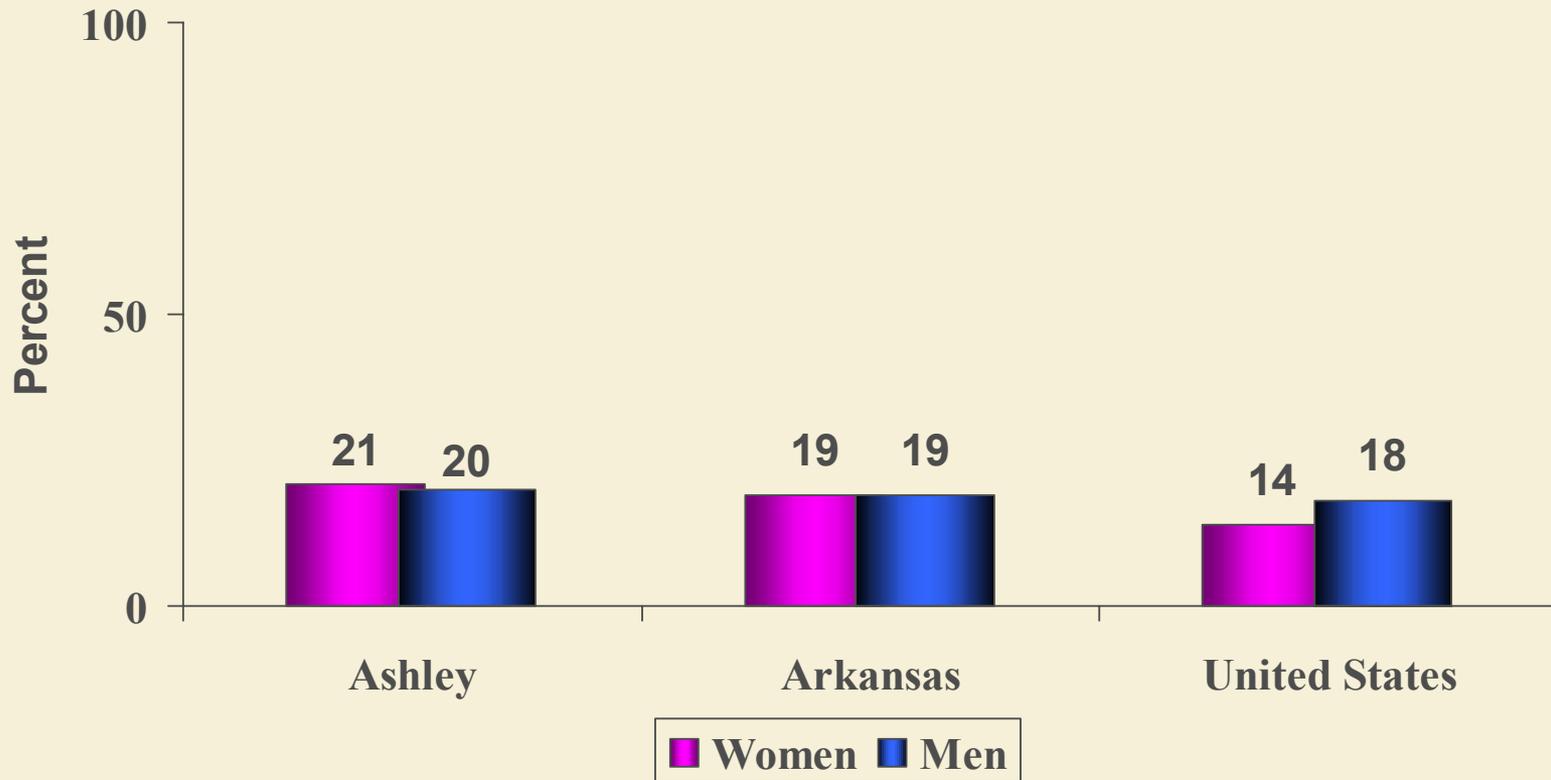
Persons who reported that they did not have health insurance: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



Source: CAHS, BRFSS

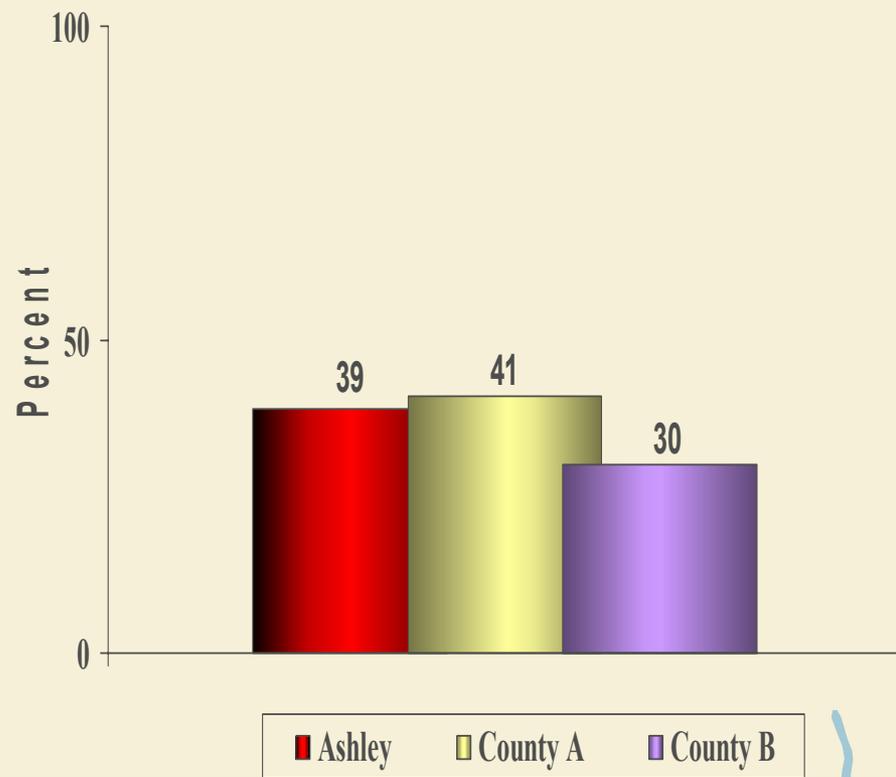
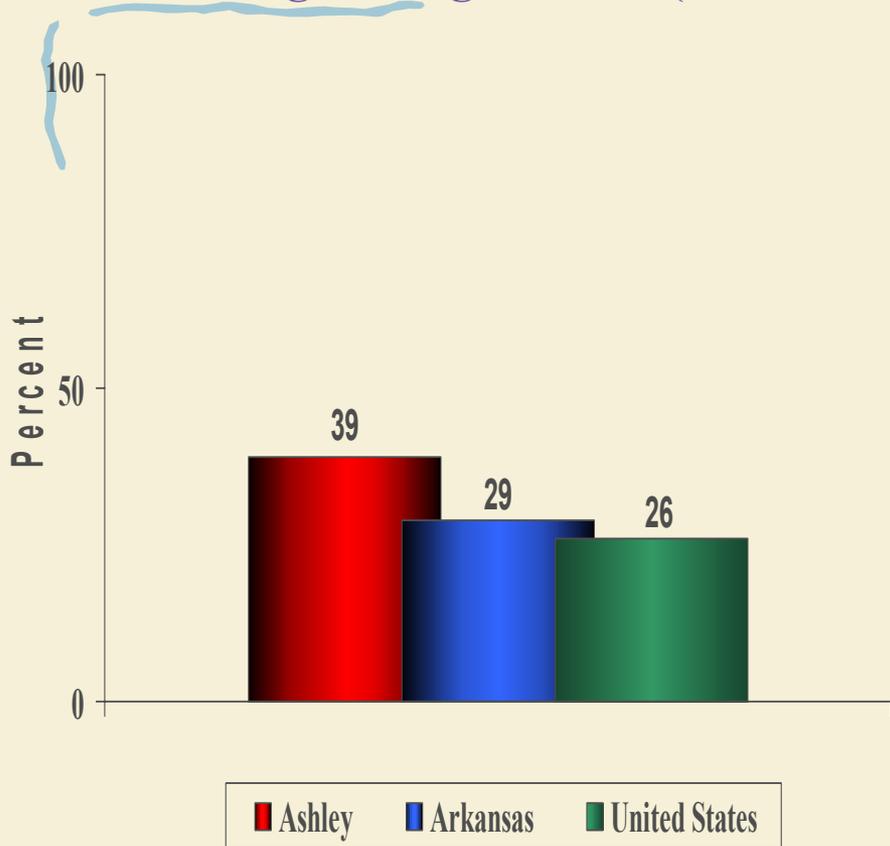
Health Care Access

Persons who reported that they did not have health insurance by gender:
Ashley County (2006), Arkansas (2005), and U.S. (2005).



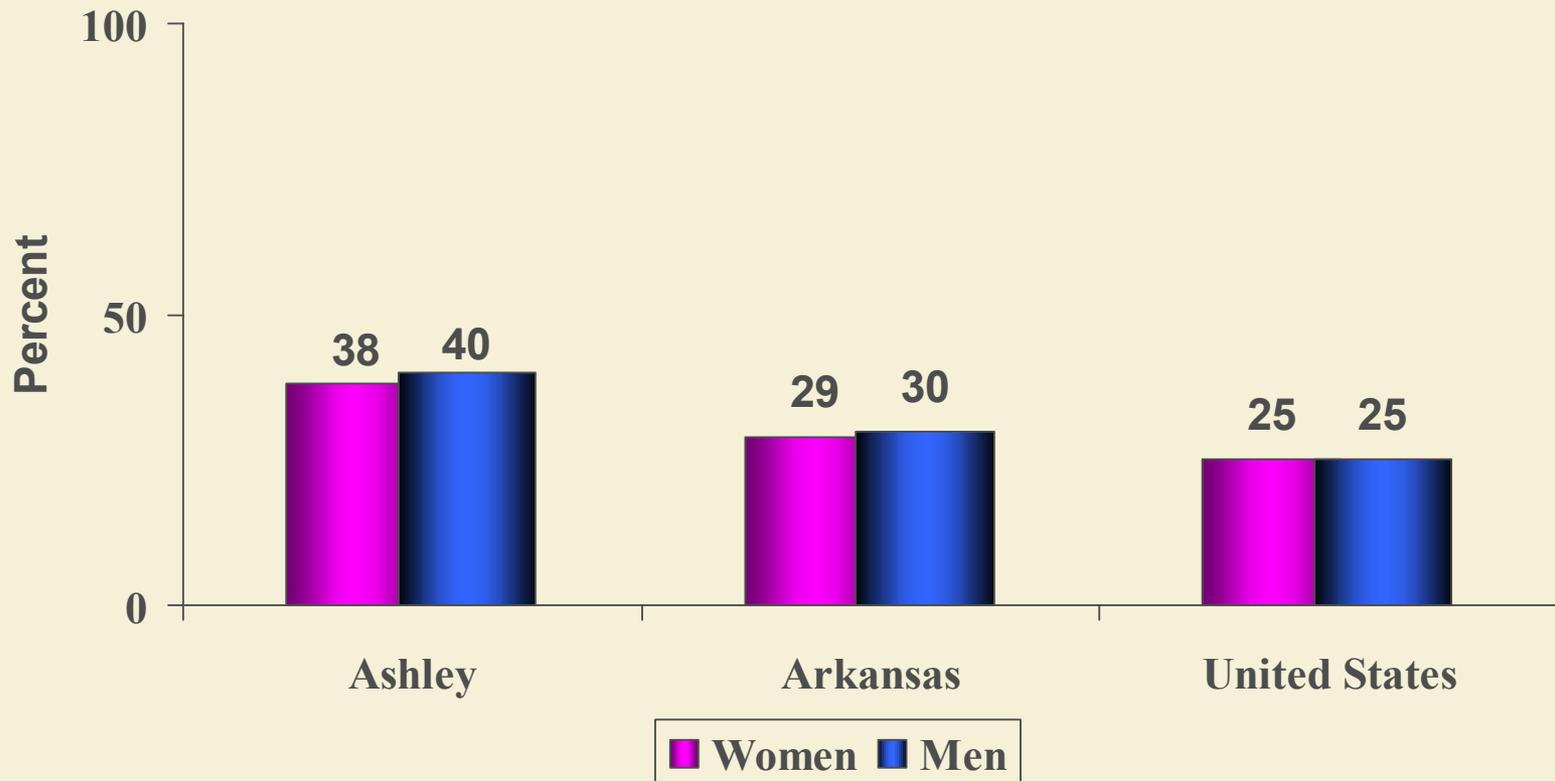
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



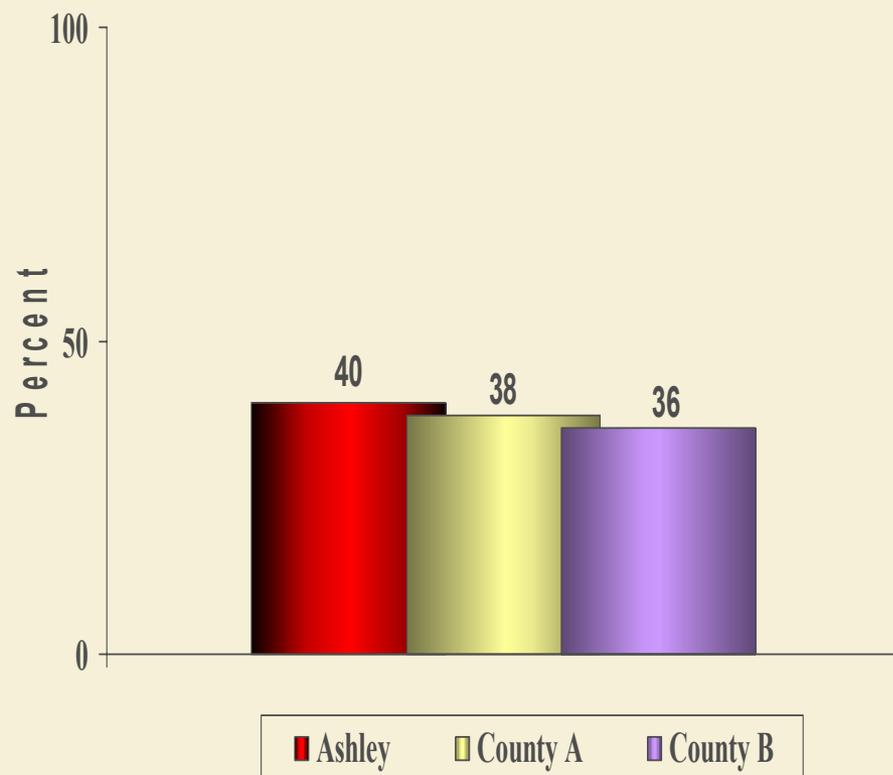
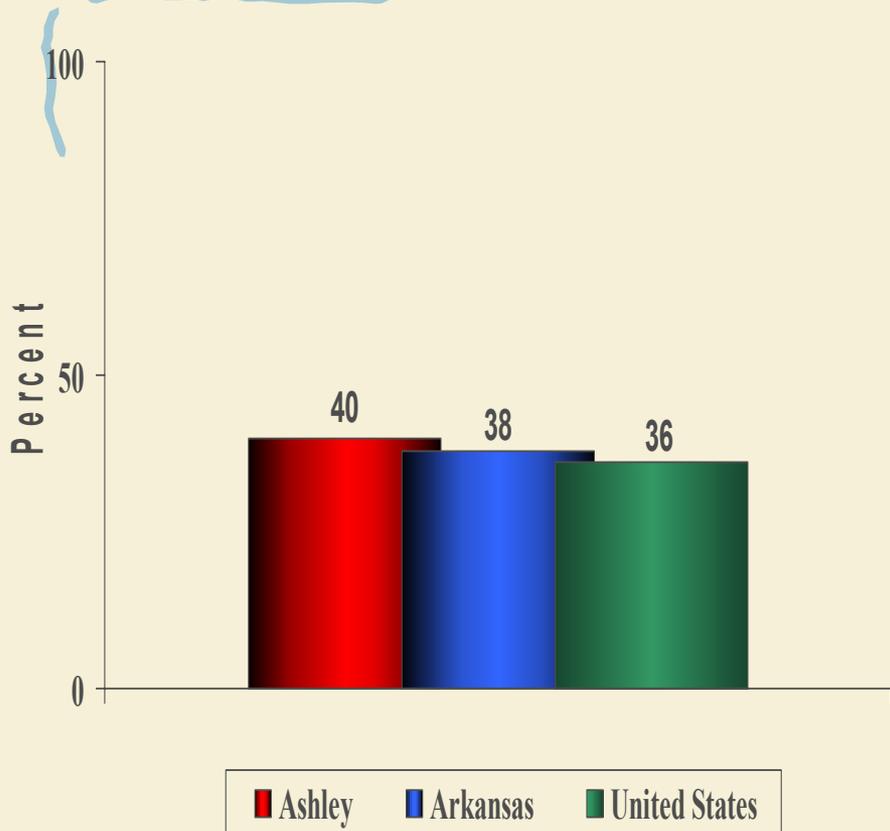
High Blood Pressure

Persons who reported that they have been diagnosed with high blood pressure by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



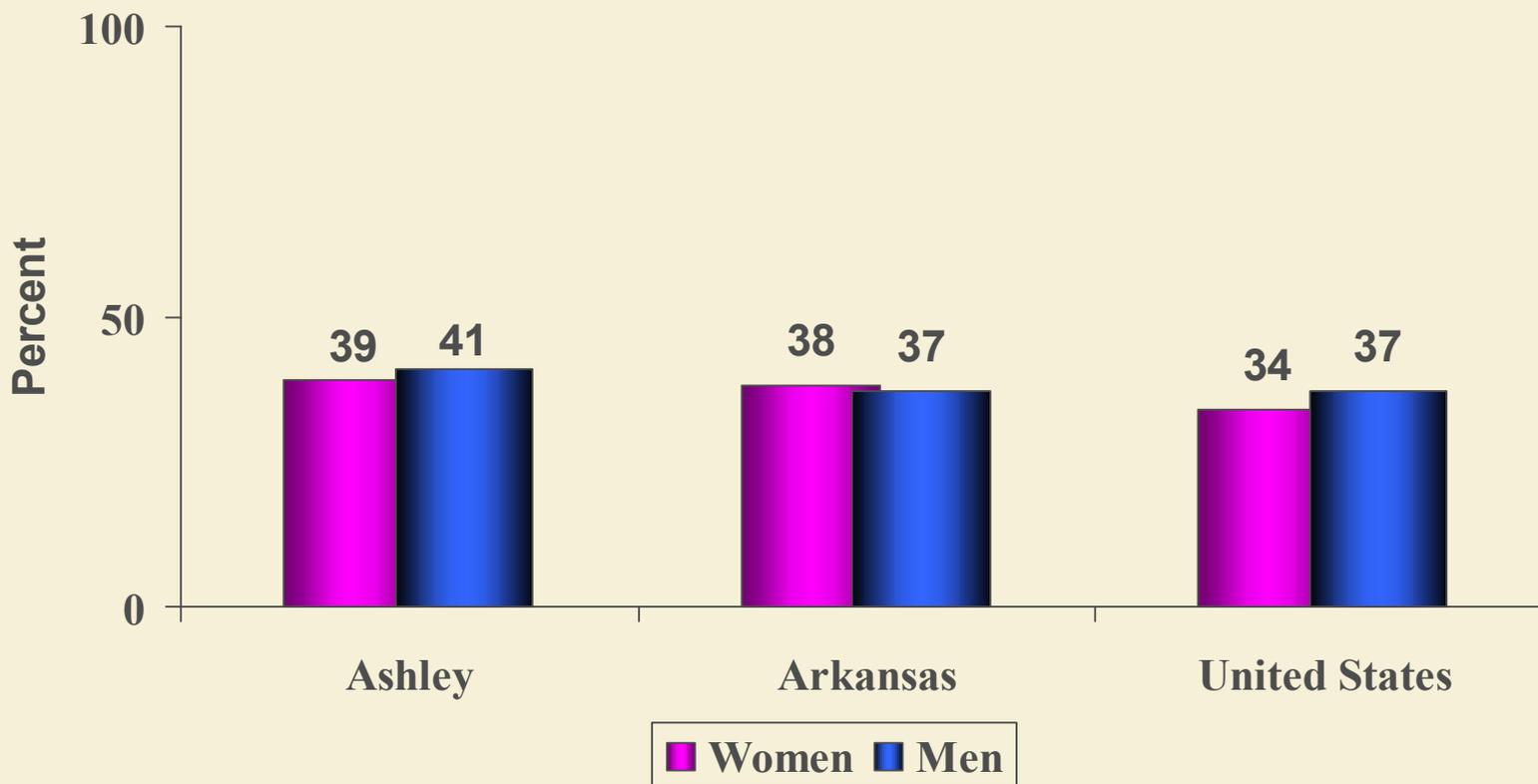
High Blood Cholesterol

Persons who reported that they have been diagnosed with high blood cholesterol: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



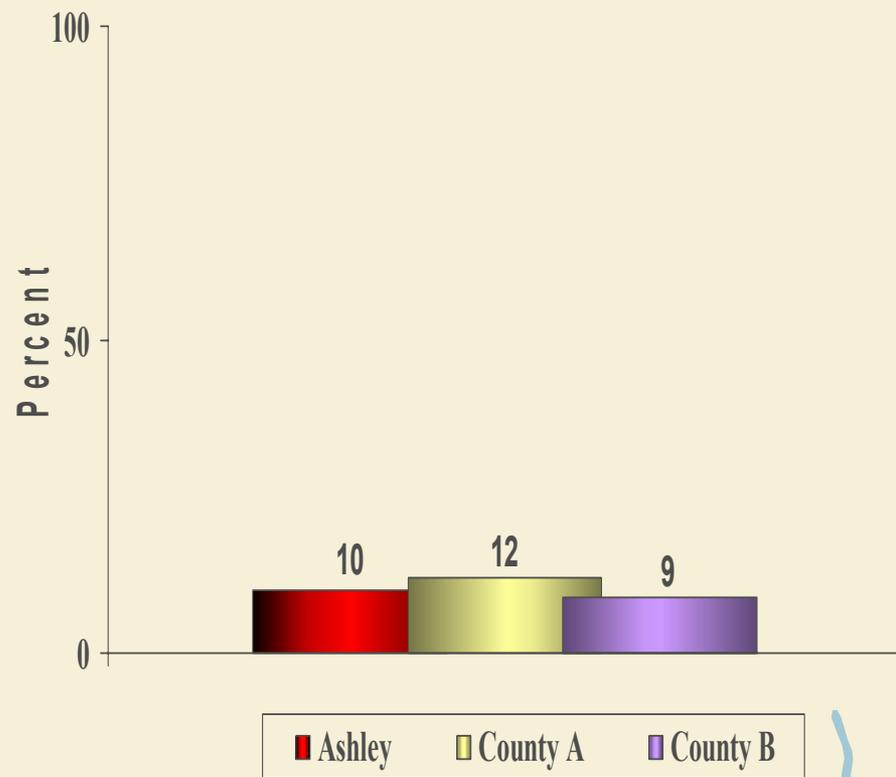
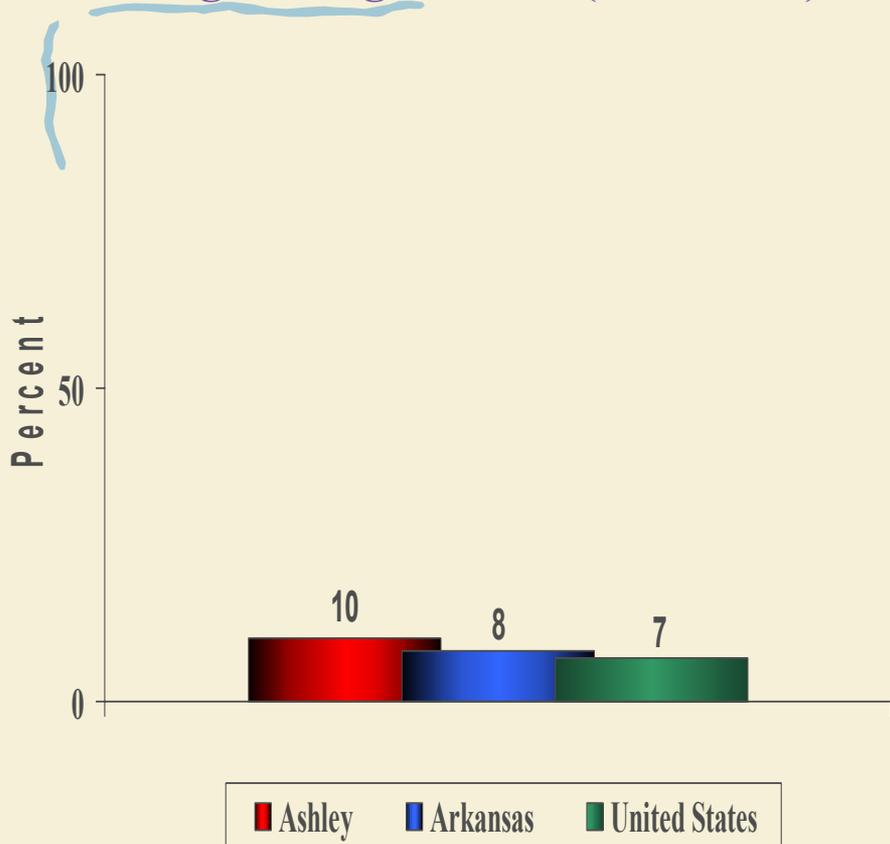
High Blood Cholesterol

Persons who reported that they have been diagnosed with high blood cholesterol by gender: Ashley County (2006), Arkansas (2005), and U.S. (2005).



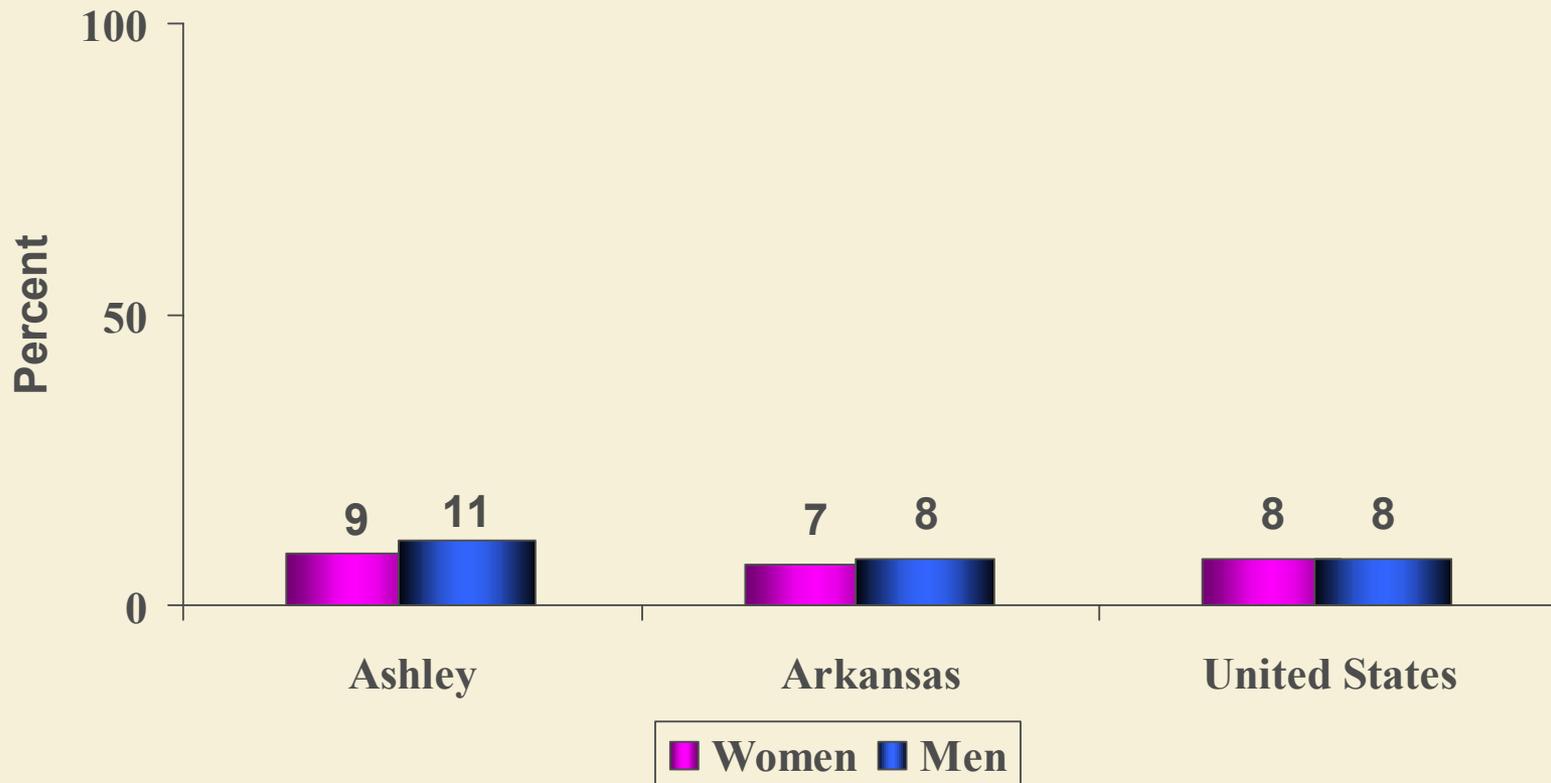
Diabetes

Persons who reported that they have been diagnosed with diabetes: Ashley County (2006), Arkansas (2005), and U.S. (2005) and comparison with two neighboring counties (2002-2003).



Diabetes

Persons who reported that they have been diagnosed with diabetes by gender:
Ashley County (2006), Arkansas (2005), and U.S. (2005).

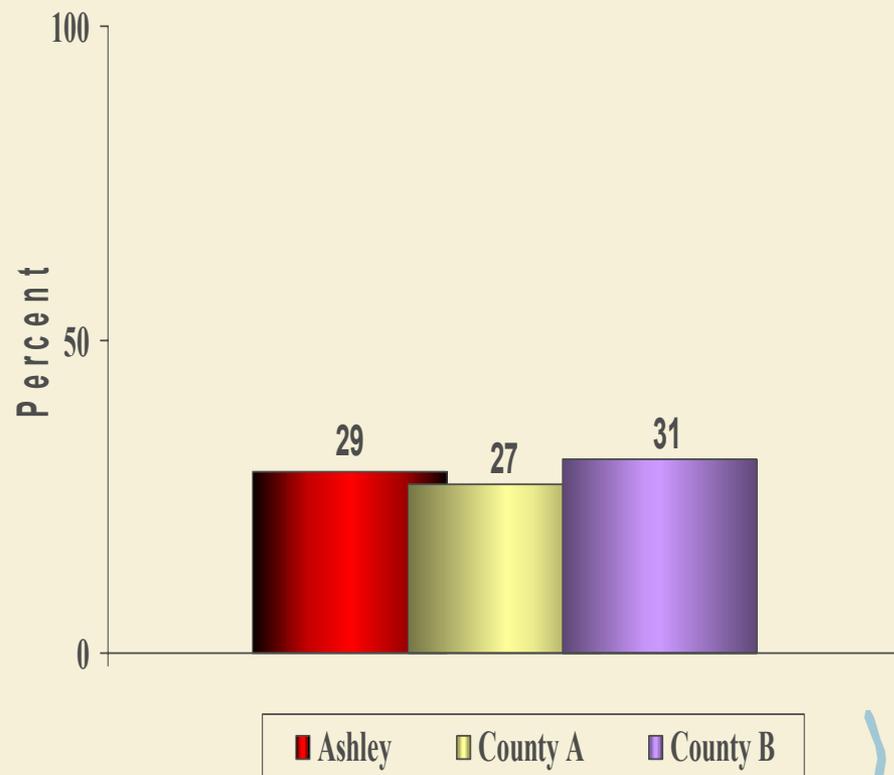
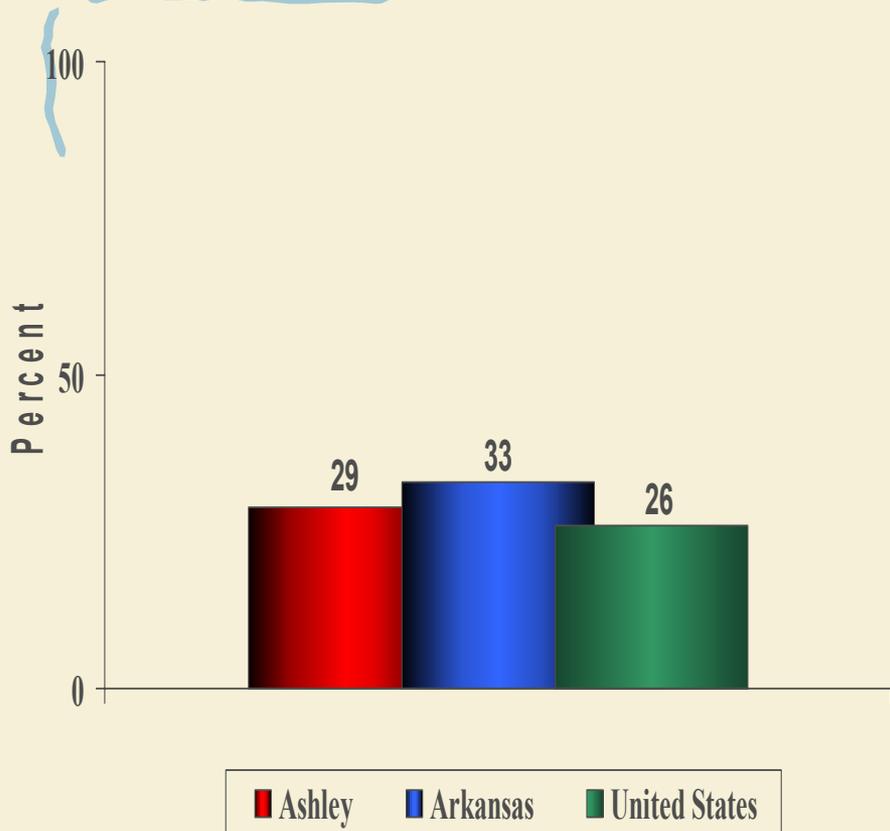


Women's Health

- These are compared to the most recent statewide and nationwide data
 - Mammogram data
 - Pap Smear data

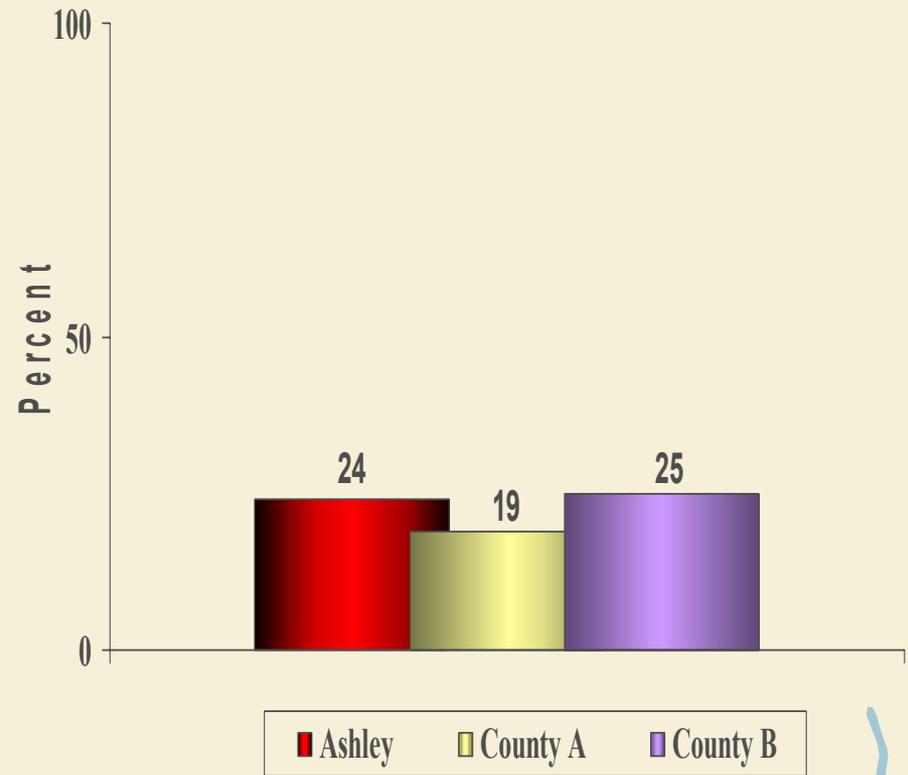
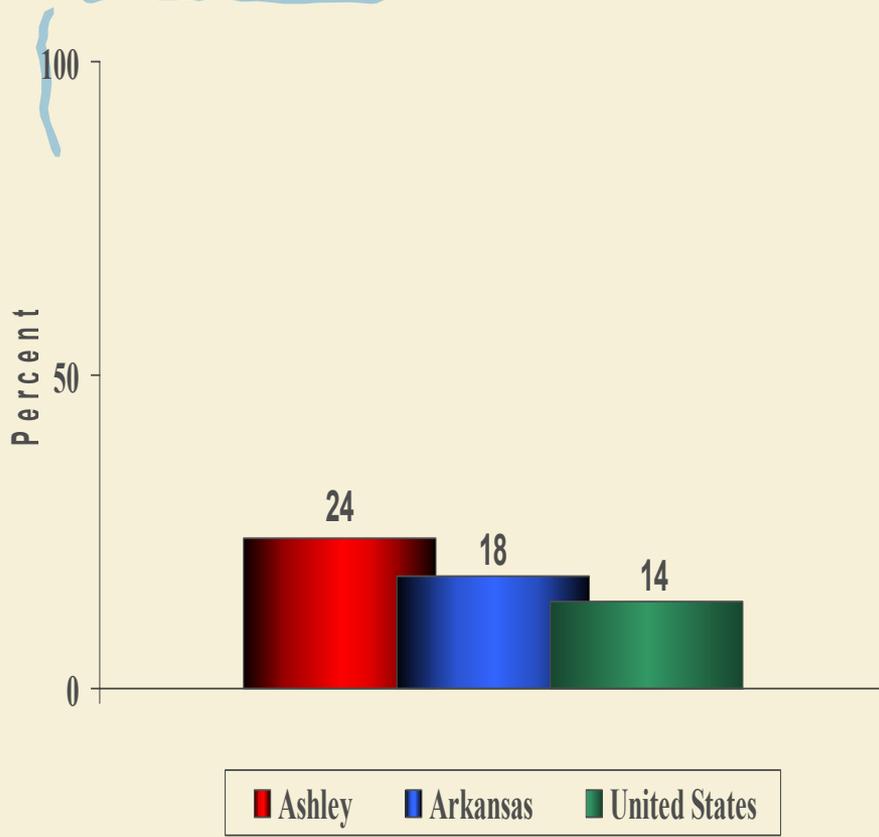
Mammogram

Women over 40 who reported that they had not had a mammogram in the past two years: Ashley County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2001-2003).



Pap Smear

Women who reported that they had not had a pap smear in the past three years: Ashley County (2006), Arkansas (2004), and U.S. (2004) and comparison with two neighboring counties (2001-2003).



What Can Your Hometown Health Coalition Do to Make a Difference?

- ▣ Assess
- ▣ Identify
- ▣ Develop
- ▣ Evaluate