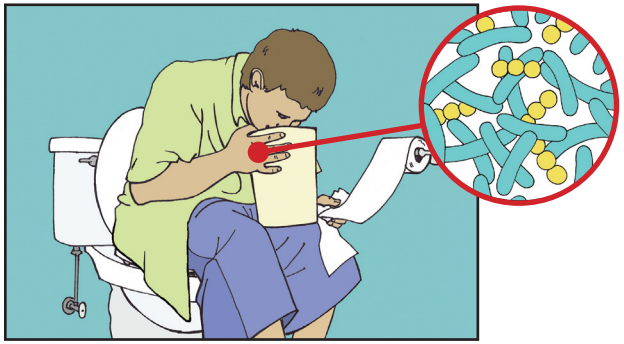
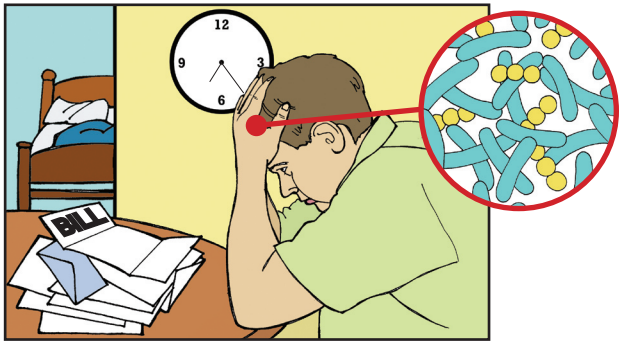
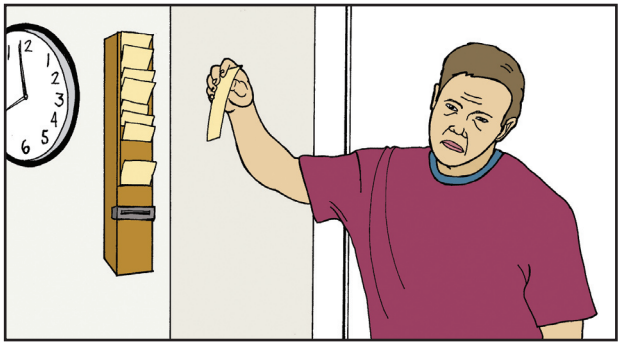
I Should Have Stayed Home



I woke up feeling awful. I had diarrhea and was sick at the same time.

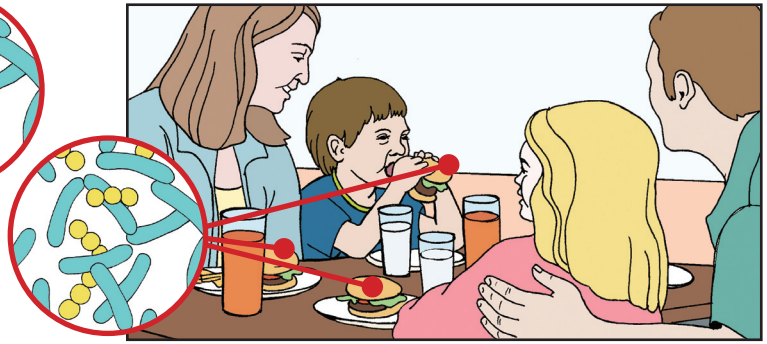


All I wanted to do was go back to bed, but with bills piling up, I couldn't afford to stay home.

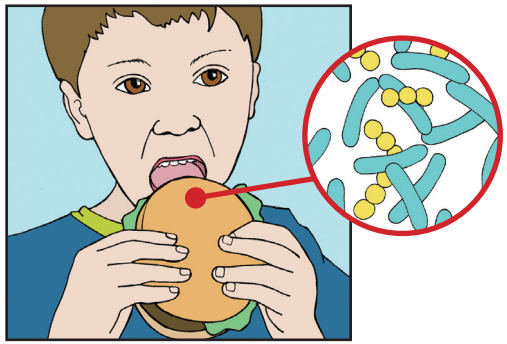


I got to work and punched in. I am sure I looked as bad as I felt. I knew I shouldn't be here.

Orders were stacking up, so I immediately began to prepare burgers.

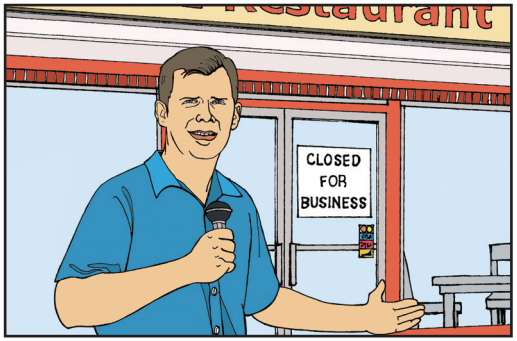


Carlos was having a great time with his family. This was his favorite restaurant.



When the food came, he dug right in and finished his burger and part of his sister's.

That night, Carlos doubled over with a stomach ache. He was so sick. He ended up being taken to the emergency room.



I found out 33 other people got ill from me handling their food when I was sick. The Health Department closed the restaurant.

I should have done what I knew was right and stayed home. I could have prevented all of this. Because the restaurant was closed for awhile, I lost income. I was also embarrassed.

Protect People Everywhere. Stay home if you are sick.