

## **Diabetes Advisory Council Meeting Minutes March 4, 2010**

**Members Present:** Frances Bauman, Mary Alice Blevins, Margaret Bogle, Bonnie Bradley, Michelle Brewer, Rhonda Bugg, Joy Carrington, Karen Cox, Vickie Eddlemon, Jessica Smith-Ellis, Misty Engler, Leo Hauser, Dan Hawkins, Carol Hendrickson, Jeff Jones, Lewis Leslie, Charity Lowdermilk, Rachel Luckett, Lauren Scott, Rick Selig, Kathryn Musholt, Sara Thuenemann, Deb Williamson, Bridgette Youngblood, Namvar Zohoori

**Via-Telephone:** Erin Aylor, Sandra Ballentine, Hanan Givens, and Jane Pelki

**Meeting Place and Time:**

4815 West Markham St. Little Rock, AR 72205

Located at the Arkansas Department of Health Lab Training Room 2508 from 11:30 am – 1:00 pm.

**Introductions:**

Call to order by Bonnie Bradley, Nutrition Consultant, Diabetes Interim Section Chief. Welcome and Introduction of members and guests introduced themselves in the room and on the conference call.

Everyone picked up lunch as we continued the meeting.

Bonnie Bradley introduced Dr. Namvar Zohoori, Chronic Disease Branch Chief from the Arkansas Department of Health.

- Dr Namvar shared how he used to see the same people at the past meetings and he is excited and well pleased to see new faces at the table with the Diabetes Advisory Council.
- He shared how we started about 5 years ago on the Chronic Disease State Plan. It was not much accomplished from the first state plan. In 2008, another State Chronic Disease Forum of action which brought all of the partners together in the Little Rock area.
- This would become the framework and the coalitions to take the plan and develop 6 common over arching goals.
- Chronic Disease forum created coordinating boards with section chiefs and other partners.
- The upcoming forums will be in 4 regions (Northeast, Southwest, Northwest, Southeast) and a State Chronic Disease Forum will be held in North Little Rock, AR on April 8, 2010.
- Funding came from the office of DHS of Healthy People of 2020. This funding will start the process of working with people towards 2020 goals. A guest speaker from CDC and state health officer of Arkansas will be speaking. The health coalitions will give reports at the forum.
- Dr. Zohoori shared with the council that our take home message for today is that you are not working alone. You are part of a larger group of people working on chronic disease issues in the state of Arkansas.

Bonnie Bradley thanked Dr. Zohoori for that cutting edge information. Bonnie Bradley introduced our next speaker Frances S. Bauman, Account Executive, Novo Nordisk, Inc.

- Frances S. Bauman presentation was on “Novo Nordisk is changing diabetes.”
- She shared information on the company history and background.
- She shared their vision- “Our aspiration is to defeat diabetes by finding better methods of diabetes prevention, detection, and treating diabetes.
- Frances shared the Novo Nordisk heritage and values to the council.
- She wanted us to remember if nothing else by 2015, 45% for those with Type II Diabetes will know how to take care of their diabetes.

Bonnie thanked Frances for sharing the information to the council.

**Action Items: Subcommittee Reports:**

Bonnie introduced our chairs for the subcommittee reports:

- Our chair for the Patient Education Subcommittee Charity Lowdermilk, gave a report of our last meeting. An update was given about who would be our Centers Excellence. Also, a toolkit was discussed to allow the council to use this as a project for everyone and make it available to educators. Joy Carrington is a part of the patient subcommittee recommended the toolkit would be developed for the diabetes support groups through the council. An update on disseminating information to support groups in and around the state of Arkansas to find out all resources available to the local health unit administrators to fill out.
- Mary Alice suggested partnering with the Cooperative Extension Service because they already have an infrastructure set up.

Bonnie introduced the chair for provider education Jeff Jones.

- Jeff Jones our chair for provider education reported from the last subcommittee meeting February 19, 2010 at 10 am. Jeff suggested we find an outlet on what providers need. In the December meeting Paula Smith brought in mind to use the school nurses to disseminate information through them. Jeff suggested we could help with school nurses to assist with how to help with newly diagnosed diabetes by educating the nurses on using the pumps. The Hippa communication will open other organizations. The provider education group decided this would be a good source to use the school nurses and later open up to other providers. A way to get good feed back through education programs. Also, open up with networking and how to disseminate information.
- Deb Williamson will assist with the pump companies.
- Charity suggested that Patient Education committee could work with the Provider Education committee to send out information to our local health community.

**No reports at this time from Public Education and Policy-Maker Education due to no meetings since December.**

**New Business:**

- The next meeting for the DAC will be held at June 3, 2010 meeting at the National Association of School Nurses conference. It will be held Thursday, June 3, 2010 at the Holiday Inn Airport 3201 Bankhead Drive Little Rock, AR 72206 (501) 490-1000.

**Questions and Comments from the floor:**

- Deb Williamson asked do Arkansas school nurses working with students with diabetes. Bonnie said yes they assist the students. Deb said she asked because Mississippi does not have access for the children in the schools.
- Dan asked about the school health prevention education in the school system.
- Bonnie shared the nominating committee report looking at people who are busy but not too busy. Dr. Dennis Moore is looking to be chair for the council hopefully by June meeting. We want to be able to move the DAC forward.
- Mary Alice Blevins reported of status of DSME (diabetes self-management education) program is \$800.00 for each AADE certification.
- Mary Alice shared all counties who are working toward DSME recognition and who are already recognized programs.
- Misty Engler shared the Arkansas Optometric conference will be May 21-22, 2010. Will be in town to share diabetes information.
- Frances wanted names of the DAC members.
- Joy Carrington invited everyone to Taste of the World the 1<sup>st</sup> week of April.
- Rachel Lockett and Joyce Eatmon from the diabetes section submitted an abstract to CDC Diabetes Conference. Rachel shared that it was accepted and they will be presenting in Kansas City, MO the 3<sup>rd</sup> week of April.

Meeting Adjourned by Bonnie Bradley.

**Regular scheduled meetings:**

(June 3, 2010 Holiday Inn Airport 3201 Bankhead Drive Little Rock, AR 72206)

3/8/10 RL

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