

Measuring BP In A Standing Position

(used to evaluate postural hypotension)

- Have the proper equipment for a standing BP such as a Mayo stand or some support that can be adjusted so the center of the cuff is at heart level.
- Follow your clinic procedure. If you do not have one, this is a sample procedure.
 - Have the patient rest seated or supine for 5 minutes prior to the reading.
 - Measure BP 2-3 times in that position then have subject stand.
 - For a series of readings will want to monitor the time intervals. Begin cuff inflation 30 sec. before reading is required. Measure and report readings (often at 1, 2 and 3 minute intervals.)

