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# Measuring the Ankle-Brachial Index

- The ankle-brachial index is a quick, non-invasive way to assess risk for peripheral artery disease, a condition in which arteries in the legs and ankles are narrowed.
- 2005 Clinical guidelines were published by AHA and the P.A.D. Coalition ([www.padcoalition.org](http://www.padcoalition.org))
- To view the procedure to measure the ankle-brachial index and an overview of the guidelines and resources see the video at

*<http://www.youtube.com/watch?v=CD3jIZap9LM>*

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