
Documenting the BP Reading

- Position: Supine, seated or standing.
 - Arm used: Left or right.
 - Size of cuff: Inform patient of cuff size. A common cause of over diagnosis of high blood pressure is using too small of a cuff.
 - Measure arm on the first visit and whenever there is a change in weight. Record in cm.
 - If a forearm BP estimate is necessary, record that and follow this procedure.
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