

## Arm Circumference and Acceptable Cuff Size

<u>Cuff Name</u>	<u>Bladder Width</u>	<u>Bladder Length</u>	<u>Mid-Arm Circumference</u>
Child	8	21	16 to <22 cm
Small Arm	10	24	22 to < 27 cm
Average Arm	13	30	27 to < 33 cm
Large Arm	16	38	33 to < 41 cm
Extra Large	17	43	41 to <52 cm

Do not rely on the marks by manufacturers!  
Measure your own cuffs and mark the range lines.

Bladder length to width should be at least 2:1