

# Provider Update



## Provider Re-Enrollment Update

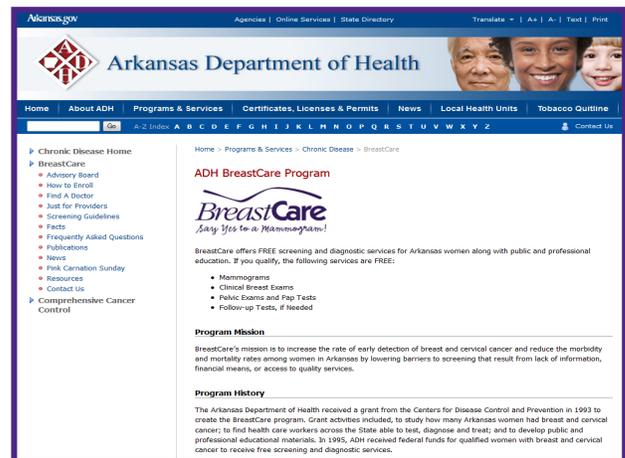
It is time to renew your Public Health Service Agreement (PHSA) with the Arkansas BreastCare Program. All current *BreastCare* provider PHSA's will end on June 30, 2013. You will be happy to know that *BreastCare*'s re-enrollment process will only involve electronically modifying your previously submitted agreement. For complete re-enrollment,

instructions please visit [ARBreastcare.com](http://ARBreastcare.com).

Should you require assistance, please contact BreastCare Provider Management at 1-800-462-0599 ext. 661-2836 or ext. 661-2947 or email [Shiela.Couch@arkansas.gov](mailto:Shiela.Couch@arkansas.gov) or [Wanda.Lungaho@arkansas.gov](mailto:Wanda.Lungaho@arkansas.gov).

### GETTING THE MOST OUT OF THE BREASTCARE WEBSITE

The *BreastCare* website is much more than a portal to program related new information. Links to Continuing Medical Education opportunities, updated forms and manuals, clinical guidelines and best practices are all accessible in the "Just for Providers" section of the website. Publications and resources are also available on the website. Patient education materials can be ordered from the website. Please take a few minutes to peruse and find out all the hidden assets on the *BreastCare* website. Go to [ARBreastCare.com](http://ARBreastCare.com) to begin your inspection of all that the site has to offer.



## 2012 UPDATED CONSENSUS GUIDELINES FOR THE MANAGEMENT OF ABNORMAL CERVICAL CANCER SCREENING TESTS AND CANCER PRECURSORS FROM THE AMERICAN SOCIETY FOR COLPOSCOPY AND CERVICAL PATHOLOGY (ASCCP)

In September of 2012, experts from national and international organizations met to update the 2006 ASCCP consensus guidelines. These provide revised evidence-based guidelines for managing women with abnormal cervical cancer screening tests, cervical intraepithelial neoplasia (CIN) and adenocarcinoma in situ (AIS). The tools used to supply the evidence included literature review and clinical data from over one million patients. Most of the guidelines from 2006

were reaffirmed. Selected highlights from the consensus updates include:

- Human papillomavirus (HPV) negative Atypical Squamous Cells of Undetermined Significance (ASCUS) results are followed by co-testing at 3 years before a return to routine screenings and are not sufficient to stop screening at age 65.

*Continued on following page.*

## Say Yes to a Mammogram!

Continued from previous page.

- Women 21-24 years of age need less invasive management, especially for minor abnormalities.
- Incorporating co-testing of cytology and HPV for post-colposcopy patients.
- Endocervical samples reported as CIN I should be managed as CIN I.
- Repeat unsatisfactory cytology in most cases, even if HPV testing is known.
  - ⇒ Most cases of negative cytology without (or with insufficient) endocervical cells or transformation zone can be managed without intensive follow up.

(2013, American Society for Colposcopy and Cervical Pathology, *Journal of Lower Genital Tract Disease*, Volume 17, Number 5, 2013, S1-S-27.)

Visit <http://www.asccp.org/ConsensusGuidelines/tabid/7436/Default.aspx> to access the full set of algorithms. (Used with permission of ASCCP)

## Encouraging Patients To Use The Arkansas Tobacco Quitline

Tobacco use is a risk factor for the development of cervical cancer, which is why clients are asked about smoking during the *BreastCare* health history. Providers should refer smokers to tobacco cessation counseling to reduce their risk of developing cancer and other chronic diseases.

A referral form can be downloaded from the Arkansas Department of Health Tobacco Quitline website at <http://www.healthy.arkansas.gov/programsServices/tobaccoprevent/Pages/TobaccoQuitline.aspx> and faxed to the Arkansas Tobacco Quitline at 1-888-827-7057. The fax referral allows the provider to have a HIPAA compliant way to get women engaged in tobacco cessation services.

A link to these forms and the Arkansas Tobacco Quitline can also be found in the "Just for Providers" section of the *BreastCare* website located at [ARBreastCare.com](http://ARBreastCare.com). Another way to access the Arkansas Tobacco Quitline is by having the client call the 24 hour/ seven day a week telephone service at **1-800-QUIT-NOW (1-800-784-8669)**. The hotline has assistance available in English, Spanish and a number of other languages, including Marshallese.

## PARTNERS IN SCREENING: THE UAMS MAMMOVAN

Early detection of breast cancer can improve outcomes for patients, and it is fortunate that there is a simple and effective screening test for the disease. But sometimes it is not so simple for women in the underserved populations in the State of Arkansas to receive screening for breast cancer. Many counties in the northeast and southwest parts of the state do not have access to a stationary mammography unit.

One solution for women in these counties is a mobile mammography unit. The UAMS Cancer Control and Population Sciences and the Department of Radiology operate a mobile mammography unit, called the MammoVan. The MammoVan is a three-room, handicap-accessible unit outfitted with the most advanced digital mammography equipment and staffed by a certified mammography technologist and technical assistant. For more information on the MammoVan, call 1-800-259-8794 or email [enochkimberlys@uams.edu](mailto:enochkimberlys@uams.edu) or [snjackson@uams.edu](mailto:snjackson@uams.edu).

### Help Your Patient Understand

Health literacy toolkits created by the American Medical Association (AMA) Foundation are available to order through [Meghan.Hunt@arkansas.gov](mailto:Meghan.Hunt@arkansas.gov) at no cost. The health literacy kit includes an instructional video on DVD and CD-ROM, an in-depth manual for clinicians, and additional resources for education and involvement. Quantities are limited. Additional patient educational materials can be ordered at [ARBreastCare.com](http://ARBreastCare.com), click on "Contact Us," to access the educational materials request form.

### THE COMMUNITY GUIDE: A RESOURCE TO INCREASE CANCER SCREENING

Cancer is the second leading cause of death in the United States and finding ways to expand the use of established screening tests could help to reduce the morbidity and mortality from these diseases. The Guide to Community Preventive Services is a free resource to help choose programs and policies to improve health and prevent disease in local communities.

The Community Guide answers questions about which interventions have proven efficacy and those interventions that might be right for a particular community. A brief summary of the findings related to cancer screening are as follows:

- Strong evidence supports sending **reminders to patients** to increase screening rates.
- **One-on-one education** provided by Healthcare Providers, lay health advisors or volunteers.
- **Reducing structural** barriers to screening, especially for breast cancer, has strong evidence to support this strategy. For example, offering flexible hours for screening appointments or using mobile mammography vans to make it easier for women to access the screening services.

For more information go to [www.thecommunityguide.org](http://www.thecommunityguide.org).



Arkansas Department of Health



#### Breastcare Program Director

Michelle Snortland  
501-661-2942

#### Breastcare Nursing Coordinators

Renee House  
501-661-2018

Joanne Jones  
501-671-1496

Cathy Buzbee  
501-661-2636

#### Breastcare Care Coordinators

Debby Harris, RN  
Northwest Region  
O: 479-498-4549  
M: 501-425-3054

Polly Lockett-Fox, RN  
Central Region  
O: 501-791-8551  
M: 501-944-2241

Vacant  
Southeast Region  
O: 870-633-6812

Lisa Martin, RN  
Northeast Region  
O: 870-236-9920  
M: 501-425-3031

Julie Huntley, RN  
Southwest Region  
O: 870-773-5009  
M: 903-748-8276