



HOW DO I LEARN MORE?

If you have any questions regarding the Arkansas WIC Program's exempt-special formulas or medical documentation requirements please call **1-800-235-0002**.



Medical Documentation

Starting September 28, 2009, WIC participants receiving an exempt-special formula are also eligible to receive supplemental foods up to the maximum amounts allowed for that participant category.

New medical documentation will be required for the Arkansas WIC Program to issue exempt-special formula and supplemental foods.

With the new supplemental food options, the prescribing health care professional will determine which WIC foods and their amounts each participant will be authorized to receive. Example: A child receiving PediaSure will also be eligible to receive a full child's food package.

WHAT IS REQUIRED ON THE PRESCRIPTION?

The WIC Program has updated the Request for Special Formula, WIC-51, to include any information changes. However, a written prescription including the following information may also be used:

- Name of formula
- Ounces of formula needed per day*
- Authorized supplemental foods *
- Prescribed amount of authorized supplemental foods*
- Length of time formula and supplemental foods are required
- Qualifying medical condition
- Signature, date, and contact information of prescribing health professional (prescriptive authority number required if prescription is written by an Advanced Practice Nurse)

**indicates new requirement*

The Request for Special Formula form or prescription can be submitted to the Local Health Unit either written or by FAX. Any verbal orders must be followed up with written documentation within one week.

Please note that exempt-special formula prescriptions written for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying medical condition will not be approved.