

Please fill in your State Agency name and the date.

State Agency: Arkansas

Date: 8-5-10

**Nutrition Risk Policy 98-9, Revision 10
State Plan Checklist for Fiscal Year 2011**

WIC State agencies will be expected to implement Revision 10 by October 1, 2010, and changes to policies and procedures must be submitted with your Fiscal Year 2011 State plan, due August 15, 2010. We ask WIC State agencies to complete and submit this checklist with your policy and procedure changes. If a State agency is unable to meet this implementation date, it must submit a request for an extension and a timeline for implementation to the appropriate Regional Office.

Risk Criterion Number	Description of the Changes to the Risk Criterion Or Required Information	If previously approved by the RO, indicate date of approval, page numbers, and attach two copies of the final policy. Yes/No, Date, Page #	If a new policy is being submitted for approval, indicate the page numbers and attach two copies of the proposed policy. Yes/No, Page #	If the provision is optional and will not be implemented, note "Not Implementing." If implementation will be delayed, note "Delay" and give time frames. Yes/No, Date, Page#
101 Underweight (Women)	The Definition, Justification and Reference sections were updated to incorporate the 2009 Institute of Medicine's revised recommendations for weight gain during pregnancy.	July, 2009 APP 35-90		
111 Overweight (Women)	The Definition, Justification and Reference sections were updated to incorporate the 2009 Institute of Medicine's revised recommendations for weight gain during pregnancy.	July, 2009 APP 35-90		

131 Low Maternal Weight Gain	The Definition, Justification and Reference sections were updated to incorporate the 2009 Institute of Medicine's revised recommendations for weight gain during pregnancy.	July, 2009 APP 35-90		
133 High Maternal Weight Gain	The Definition, Justification and Reference sections were updated to incorporate the 2009 Institute of Medicine's revised recommendations for weight gain during pregnancy.	July, 2009 APP 35-90	APP-35; APP-46: APP- 57	
302 Gestational Diabetes	The Definition, Justification and Reference sections were revised, updated and expanded. In addition, information was added to the Clarification section about the diagnosis of gestational diabetes and recommendations for its prevention.	July, 2009 APP 35-90		
303 History of Gestational Diabetes	The Justification and Reference sections were revised, updated and expanded. In addition, information was added to the Clarification section about glucose testing for postpartum women and recommendations for the prevention of gestational diabetes.	July, 2009 APP 35-90		
304 History of Preeclampsia	This criterion was evaluated and approved for inclusion as an allowable WIC nutrition risk criterion. Doctors James Roberts and Lisa Bodnar from the University of Pittsburgh, Graduate School of Public Health, conducted a literature review and prepared and presented to RISC, <i>Report on the WIC Nutrition Risk Criterion for Hypertension in Pregnancy</i> (attached). The cause of preeclampsia is unknown and the condition is resolved only upon delivery of the placenta; however, there is evidence to suggest that dietary and lifestyle choices may mitigate the harmful effects of preeclampsia.	July, 2009 APP 35-90		
335 Multi-fetal Gestation	The Definition, Justification and Reference sections were updated to incorporate the 2009 Institute of Medicine's revised recommendations for weight gain during pregnancy.	July, 2009 APP 35-90		
342	The Definition was revised to include post-bariatric surgery.	July, 2009		

Gastrointestinal Disorders	In addition, the Justification and Reference sections were revised, updated and expanded.	APP 35-90		
343 Diabetes Mellitus	The Definition, Justification and Reference sections were revised, updated and expanded. In addition, information was added to the Clarification section about the diagnosis of diabetes.	July, 2009 APP 35-90		
345 Hypertension and Prehypertension	The Title and Definition were revised to include prehypertension. In addition, the Justification and Reference sections were revised, updated and expanded.	July, 2009 APP 35-90		
350 Pyloric Stenosis	DESCRIPTION OF NOT-ALLOWED CRITERION This condition is generally diagnosed soon after birth (usually within the first three weeks of life) and treated immediately with surgery and a 2-3 day hospital stay. There is no long term nutrition complication associated with pyloric stenosis, once it is treated, so this condition will be removed from the list of allowable nutrition risks. However, a patient presenting in the WIC clinic with postoperative pyloric stenosis may be assigned Risk 359, Recent Major Surgery, Trauma, Burns.	July, 2009 APP 35-90		
363 Pre-Diabetes	This criterion was evaluated and approved for inclusion as an allowable WIC nutrition risk criterion. Pre-diabetes is a medical diagnosis, which has been found to increase significantly an individual's risk for type 2 diabetes. Dietary and physical activity modifications are recommended to prevent the progression to type 2 diabetes.	July, 2009 APP 35-90		
411 Inappropriate Nutrition Practices for Infants	The following revisions were made to this criterion: Undercooked or raw tofu was deleted from the list of potentially harmful foods (411.5) based on the revision to the sixth edition of the American Academy of Pediatrics (AAP), <i>Pediatric Nutrition Handbook</i> . The storage guidelines for formula in the Justification section of	July, 2009 APP 35-90		

	<p>411.9 were revised to reflect updated recommendations.</p> <p>Vitamin D was added to 411.11 as a necessary dietary supplement, as per the AAP Clinical Report: <i>Prevention of Rickets and Vitamin D deficiency in Infants, Children and Adolescents</i> (2008).</p> <p>The Reference section was updated and expanded.</p>			
<p>425 Inappropriate Nutrition Practices for Children</p>	<p>The following revisions were made to this criterion:</p> <p>The Justification section of 425.1 was revised to clarify that unfortified or inadequately fortified substitute milks are inappropriate as a primary milk source for children.</p> <p>Undercooked or raw tofu was deleted from the list of potentially harmful foods (425.5) based on the revision to the sixth edition of the American Academy of Pediatrics (AAP), <i>Pediatric Nutrition Handbook</i>.</p> <p>Vitamin D was added to 425.8 as a necessary dietary supplement, as per the AAP Clinical Report: <i>Prevention of Rickets and Vitamin D deficiency in Infants, Children and Adolescents</i> (2008).</p> <p>The Reference section was updated and expanded.</p>	<p>July, 2009 APP 35-90</p>		
<p>427 Inappropriate Nutrition Practices for Women</p>	<p>The following revisions were made to this criterion:</p> <p>The iron supplementation amount was revised to reflect the current Recommended Dietary Allowance of 27 mg/day.</p> <p>Iodine was included as a recommended supplement for pregnant and breastfeeding women.</p> <p>The Justification section was revised to include information about iron and iodine supplementation.</p> <p>The Reference section was updated and expanded.</p>	<p>July, 2009 APP 35-90</p>		
<p>All</p>	<p>Indicate timelines for implementation of Revision 10.</p>	<p>July, 2009 APP 35-90</p>		
<p>All</p>	<p>Include any updated assessment tools, forms, and questionnaires.</p>	<p>July, 2009 APP 35-90</p>		

All	Include a complete, updated listing of the State agency's allowed nutrition risk criteria.	July, 2009 APP 35-90		
All	Indicate when and what type of training will be provided for local agencies on the assessment smoking behaviors.	July, 2009 APP 35-90		
All	Provide a brief description of information system changes necessary to implement the policy revision.	July, 2009 APP 35-90		
Note:	State agencies may elect which nutrition risk criteria they will adopt. For those selected, implementation must meet the FNS definition and intended uses.	July, 2009 APP 35-90		